

AJR Hope Fitzgerald Transcript

AnnCr [00:00:00]:

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal, and get the answers you've been longing to hear. Do you have a question for someone who's transitioned to do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening. Are you on the path to fulfill your life's purpose no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

Julie [00:00:42]:

Hi everybody. Welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life where of purpose and joy. What if the universe itself was whispering to you through waves of light, emotion, and energy? My guest, Hope Fitzgerald, is a teacher, healer, and founder of the Infinity Wave. And she's going to share practical ways to help us stay spiritually aligned. So join me as we learn how energy, intention, and consciousness work. And they all come together to create peace within us and around us. Please remember to subscribe, leave a comment and share this episode with your family and friends.

Julie [00:01:32]:

Now let's go chat with Hope.

Julie [00:01:35]:

Hope, welcome to the show. I'm so delighted you could join us today.

Hope [00:01:39]:

Thank you, Julie. It's pleasure to finally meet you.

Julie [00:01:43]:

I know we've been trying to do this for a while.

Julie [00:01:47]:

What's the Infinity Wave and how did it make itself known to you?

Hope [00:01:53]:

The Infinity Wave is an energy. It's infinite love and compassion. And it showed up for me 15 years ago now as I was walking across my living room.

Hope [00:02:10]:

Yes, there were three visions that one followed the next. So I was walking and all of a sudden there was a giant wave that I could see. Now, it's hard to say whether it was my eyeballs or a projection some other way I was seeing, but I was aware of it, very cleanly aware. Giant wave. And there seemed to be kind of a ticker tape on the bottom, you know, like you'd see in a news channel, something like that. Yeah, sure. And it said, this wave represents a push of evolution that is coming to the planet and it will be anchoring in. This was in late 2010.

Hope [00:02:54]:

It'll be anchoring in at the end of 2011. And if you choose to swim with it or surf it, things are going to go much better for you than if you resist. I'm paraphrasing. And then the wave turned on its side and it became, you know, that giant letter C where you expect the surfer to come

through the barrel. And in that curling form, the message on the bottom was as the water moves away from the shore and deepens into the seabed to create the crest, which is how the physics of a wave works. So should you leave everything on the shore, leave all your book learning all your so called knowledge on the shore and go to the earth, go to the wisdom keepers of the earth for your knowledge and then. And mix it with whatever this incoming thing was. And then instead of the water just falling back down into the ocean, it turned into this, a figure eight of flowing water.

Hope [00:04:02]:

And that was out in front of my face by about 18 inches. About 18 inches out. And it just hung there and it didn't go away. And there was no explanation.

Julie [00:04:13]:

And it was moving. Like doing a figure eight.

Hope [00:04:16]:

Yeah. Wow. And I could see through it, but I was aware of it wherever I went. And so after about three days, I sat down with my dowsing rods. Having three days.

Julie [00:04:28]:

Well, it wasn't just like an instant vision thing. It lasted for three days.

Hope [00:04:33]:

Yeah, it did.

Julie [00:04:34]:

Good heavens.

Hope [00:04:36]:

I finally sat down with my dowsing rods and I'd been dowsing for, I don't know, 18 years or so by then. And I, and I asked like, what the heck is this thing? Because I'd really like it to go away.

Hope [00:04:48]:

And. And that's when I started to learn about what it was. And so when I say it's infinite love and compassion, that is accurate. But it's not just any infinite love and compassion. The symbol of the Infinity wave is like any symbol represents something much bigger. Right. And what the level of infinite love and compassion that we're talking about is 10th dimensional. So really.

Hope [00:05:22]:

And we don't have to get into the weeds about all the different dimensions, but just to say that we're in 3D and that's 2D. So when you begin to bring that frequency down here, wow. Things start to change dramatically and quickly. So that is what we were. I was told this is a, basically a gift from a loving universe for the times that we're ahead, which we've now been going through for some time. And now I know why we got a little advance to work on it and to start spreading the word of it. And now, you know, in the beginning it was not that easy to teach because it was kind of new and not that love and compassion is new. It isn't, but this level is new.

Hope [00:06:10]:

We have not had this level on the planet before.

Hope [00:06:17]:

So we're ready for it. And so we had some time to work with it and start the morphogenetic field building of it, and now it's been 15 years. So now people get it so quickly now. I mean, before you had to run, you know, grind it out, but now it's like, oh, yeah, I can do that.

Julie [00:06:39]:

Boom.

Hope [00:06:39]:

You know, Oh, I felt that. Oh, boom. You know, it's just available. It's fantastic.

Julie [00:06:45]:

Okay, I've been talking to you for about five minutes, and I have about a bazillion questions from what you just said. So, first of all, the infinity symbol is ancient.

Hope [00:06:57]:

Yes.

Julie [00:06:57]:

Do you know where it originated? I have no idea. I'm going to look it up if you don't know.

Hope [00:07:02]:

No, I. I don't know.

Julie [00:07:04]:

Okay.

Hope [00:07:04]:

And. And the beautiful thing about it, and. And so there's actually.

Hope [00:07:10]:

The actual mathematical infinity is not evenly spaced like this. It's got. One side is bigger than the other side, but the figure 8 and what we call the lemniscate. This is the lemnisket. These don't touch here in the middle. So it's always flowing. That's why it's infinite. That's why it's the sign of infinity, because it's never ending.

Hope [00:07:39]:

So that part of it, that geometry of it, is already incredibly potent. Incredibly potent. And, I mean, I have somebody who planted a garden in the shape of that, and she had a lot of other gardens, too. The produce from that garden outshone every other plant.

Julie [00:08:02]:

Interesting. Yeah.

Hope [00:08:04]:

It's used for healing, for working things out. I mean, there's so many applications of the geometry alone. And so I have. You know, I love that. But this is taking it another step further because we're adding the element of water. And the consciousness in water is something extraordinary. So now you have this symbol that is so vibrant, so powerful in the geometry and the water. And.

Hope [00:08:36]:

And the water is to remind us to stay in a fluid state, to stay in flow, basically, when we're in a state of infinite love and compassion, we are in a state of flow and vice versa. So how do we. How do we kick ourselves into that state so we're in it more often, which is what is being called

for in the times that we're in? Well, we have this wonderful tool. We have something that works quickly. Can't go to a cave. Well, there, your navel for a long time anymore. You Know, we need something that works on the fly.

Julie [00:09:10]:

I agree. And it's been my experience that all spirit communication is numerical. It's numbers, and that's the universal language. And you referenced that just a minute ago. The other hit that I got when you were talking about water was, water is something that we know is on Earth and we don't think it's on any other planets in our solar system. We think it might have been on Mars at one point. Who knows about the other solar systems? But I got a hit on that hope, and I'd love to hear your take on that. That it's not only is keeping us in flow, but also keeping us grounded to the Earth, which is what you said earlier, where lots of infinite intelligence and communication.

Julie [00:09:58]:

Can, I guess, originate from.

Hope [00:10:01]:

Well, it's probably going to surprise you to know that water is all over space.

Julie [00:10:07]:

Oh, is it? Okay. And a bunch of different planets and all that.

Hope [00:10:10]:

Oh, yes. And we get spaceballs come into our atmosphere every single day. Ice. What's a space. I don't mean a spaceball. Ice balls. Okay, so there's. There's water everywhere.

Julie [00:10:24]:

Good point. Moisture that freezes when it's coming in.

Hope [00:10:29]:

Huh.

Julie [00:10:29]:

Interesting. All right, let's back up a minute. Are you a.

Julie [00:10:34]:

A physicist or a marine biologist or like a, you know.

Hope [00:10:40]:

You know.

Julie [00:10:40]:

Did you work at JPL on the astronomy crew?

Hope [00:10:45]:

What.

Julie [00:10:45]:

What is your background that you know all this stuff?

Hope [00:10:48]:

Well, I. I've studied it. I am not a. I'm not an astronaut. I'm not a scientist. I'm none of those things. However, I have a keen interest, and I have for decades. I mean, I really.

Hope [00:11:02]:

In terms of my spiritual path, I started as a child and went from there, and I was exposed, thanks to my dear mother, who was an opener of all windows. And she just, you know, in a time when you didn't do that, she did that. And I think I chose wisely because I needed that. So on a spiritual level, I was exploring a lot of things. But at some point, I became. Well, I guess I was always very interested in science. And so at some point, they kind of started to come together. And then I was very drawn to anybody who was doing that pulling.

Hope [00:11:44]:

Pulling these things in, because I already had the spiritual base, and I had certain things that were. Yeah, I knew that. So when they started to be proven scientifically, I'm like, yes, yes, here we go. Here we go. So.

Hope [00:12:00]:

I've gone down many rabbit holes. That's all I can say.

Julie [00:12:04]:

Well, and the bottom line is, you know how to read. And anybody that can read or hear or feel can learn this stuff because it's. We all have the ability. It's just a matter of developing and enhancing it. Certainly it's interesting to me, too, with water, because when you first started talking about the wave, I was picturing a wave, like a sound wave. And then when you started talking about a wave of the ocean, and look at all this stuff that's connected to the lunar cycles and all of that, with the tides and the high tides and the waves and all that jazz. Where's that connection?

Hope [00:12:48]:

Does the moon.

Julie [00:12:49]:

Do other planets play a role in this? Other solar systems that are affecting what we're experiencing here on Earth with this wave frequency?

Hope [00:12:59]:

Okay, well, you ready to go out to the outer limits?

Julie [00:13:06]:

We'll go to a wormhole. Yeah, we'll go down the black hole.

Hope [00:13:09]:

Sure.

Julie [00:13:11]:

All righty.

Hope [00:13:15]:

I was told when the wave came in and I sat down with my dowsing rods to start to figure this out, I was told, oh, by the way, you need to start teaching this. And I said, no way am I going to be teaching this. I have been a teacher on several topics in the past. I am a buttoned up teacher. I know what I've got my curriculum. I've got everything lined up. I know what I'm doing. And now I'm being told to teach something that I don't even know what it is.

Hope [00:13:49]:

Who ever heard of the Infinity Wave? They gave me the name, you know.

Hope [00:13:55]:

So. But as it happens, I had just been to a sound healing retreat and had had quite an experience there. And on the very last practice of the last day, I had basically in gratitude for some understanding that had come to me during the last practice in my mind's eye, gone prostrate on the ground and said. And out popped these words, I am a willing vessel. Do with me what you will. Be careful what you wish for. I don't recommend people saying that unless you're really, really. You really mean it? Ready?

Julie [00:14:30]:

Yeah. Oh, gosh.

Hope [00:14:32]:

Three days later, the wave comes in. And I told teach, and I said no. And they said, you said you were a willing vessel. Yes. Said, do with you what you will. Here we go. So anyway, of course, I had to say yes, but I didn't want to. I was very nervous about it.

Hope [00:14:50]:

And because my spirituality was my own private little Idaho, you know, and it was just that. And to be in the front of the room, to be even not in a student role, which I always feel that I am.

Hope [00:15:07]:

And it turns out oh, you can be both things. You can be the student and the teacher. What do you know? So anyway, was very uncomfortable and, but I, I, I do tend to follow my guidance. So the.

Hope [00:15:23]:

The reason I'm saying all this is because I want you to understand the levels of believability in myself. Even after a lifetime of study and practice and exploration, I still was, My mind was going, are you sure? Are you sure? I'm very insecure. So it took a lot to make the leap into surrendering completely because I didn't know what I was doing. And I was standing up in front of people and actually charging them money. And I had to figure it out. So I would sit down with my dowsing rods and every week and all of a sudden these entire practices would come through. My voice would get very deep and low. You know, I never channeled before.

Hope [00:16:12]:

And all of a sudden I was into a whole different world. And these practices came and I would play my crystal balls in the workshops. And anyway, people loved it and their lives started to change.

Julie [00:16:26]:

Can you give us an example of how?

Hope [00:16:29]:

Oh, yeah, I mean, I had in that first group and I always seemed to have 12 people, so. Interesting.

Julie [00:16:35]:

Well, divine perfection, two plus one is three in the Bible. It's divine perfection. That makes total sense.

Hope [00:16:42]:

So I had a woman who was about to divorce her husband, did not end up staying married for many more years. I had people who were out of jobs, got jobs. I had people who were not well, got better. You know, just people's faces changed the way they laid the course out. It was one weekend a month for three months. That was the full course. And that was because it took so much time to get this new thing into our fields. So by the end each week I would sit down and I would receive a practice.

Hope [00:17:20]:

So I had three practices by the last weekend of the month. And that's how it went for three months. And the things that would come out of my mouth during these sessions, I'm like, does that even make sense? But then I would do it, and it made total sense. And when I got to the end, I looked back over the nine practices that had come and I was, oh my gosh. This is a step by step process for making a leap of your own spiritual evolution. It's laid out like stepping stones across a river. I would never have thought of it myself. You release from gravity.

Hope [00:17:56]:

Next one. You release from time. Next one. You know, it just. They were beautiful. They were beautiful. And then I repeated it two more times. By the ninth month, I'm like, okay.

Hope [00:18:08]:

I think because people's faces were changing and they were coming, like, coming into their skin and looking more beautiful and glowing and in a state of love sustained, they could sustain it. That's what matters. You know, everybody feels good after the weekend, but how do you feel, you know, in a week? And so I started to think, okay, maybe this is a real thing. And okay, I'm going to Fast forward to May 2012. So 2011 was when I did the nine months of workshops, and then in a year, six months after I was in England, told by spirit to go to England. That's a whole story. Came back from England and having successfully done the thing I was told to do, and I was just, you know, arrived at night. You know, you're all jangly with your time.

Hope [00:19:09]:

Woke up at 5, went in to brush my teeth, and my laptop was open on my bathroom counter, which had never been really ever was. And what was there was my Facebook page, which also never really was. But anyway, there it was. And you know, on the feed, there is a little tiny picture like this little, little, little postage stamp, and it's a purple.

Hope [00:19:33]:

Eight going up and down. Purple on a black background. I'm like, oh, I wonder what that is. So I click into it, and it is a video of a scientist named Paul Laviolette being interviewed on CNN. And he is talking about the fact that NASA's cameras had, for the first time been able to perceive the center of our galaxy.

Hope [00:20:04]:

Because there were all these clouds that they couldn't see through. So finally they could perceive. And what they saw was this big purple eight.

Julie [00:20:14]:

Oh, my goodness.

Hope [00:20:15]:

Coming out of it. So you have the plate. So if you think of the universe, and it's not the universe, the galaxy and its spiral, like, Right. But if you turn it on its side, it's going to be like the thin side of a pancake. Right, right. And it's all lit up so you could see that in the middle. And then this big purple blob. And this big purple blob emanating from the center like balloons growing out.

Hope [00:20:41]:

Okay. And Paula Violet is explaining this on CNN. And by the way, I'm seeing it in May 2012, but the date of the broadcast was early November 2010, which is when the wave came in to me.

Julie [00:21:00]:

Oh, my goodness.

Hope [00:21:02]:

So all of a sudden I'm going, what? What is this? And he's explaining that every so often the galactic center kind of does a burp and it's like a burst of microwave energy. And that that energy you know, takes time to flower out above and below the line of the galaxy.

Hope [00:21:30]:

And he was explaining that it had already been traveling and that this microwave heating up has the effect of turning a yellow sun into a red giant or a red giant into a brown dwarf. It accentuates the evolution. Now, I also knew at that time, I had been reading some studies that these Russian scientists were doing where they took when I might get this wrong, but I'll try to remember. They had chicken eggs.

Hope [00:22:07]:

In the back chamber, and they had a duck in the forward chamber. And then they sent a non, lethal, you know, low dose of microwave through the whole thing, through this box. And when the eggs hatched, they had webbed feet, the chickens had webbed feet, and the duck bill, oh, my goodness.

Julie [00:22:30]:

Wow.

Hope [00:22:31]:

The rest of them were chicken. So the effect was that this microwave had changed the evolution of the chicken. It had imprinted on the chicken. Right. So that was the effect of the microwave that happened to them. So I'm. Now I'm listening to Paula Violette talk about this effect of this galactic bubble, and we're way out on the edge. Right.

Hope [00:23:02]:

The other thing is that I knew. Well, actually, after that number of years after that, this woman scientist proved that when energy comes from the galactic center, it's not coming in a flat plane like this. It comes like corrugated metal, like a metal roof. It comes in waves.

Julie [00:23:25]:

Those waves I was seeing when you first started describing the exact.

Hope [00:23:29]:

Yeah, now we think, okay, we have the infinity, we have the eight, we have it here, and it is traveling in waves throughout the galaxy. So now I'm. I'm kind of. I'm going around my bedroom going, oh, my God. Oh, my God. Because until that moment, it was just an energy. It was a spiritual energy, for lack of a better word. Now I'm seeing.

Hope [00:23:58]:

It's a real thing. It's in the shape of the figure 8, and it is moving in a waveform throughout the galaxy. And they said this wave represents a push of evolution that is coming to the planet. So all these things started to fall into place. Place. Now, our solar system, you know, when we

were growing up, our solar system was very quiet. The planets, there was nothing happening on them. They were just orbs hanging out in space.

Hope [00:24:29]:

But in the last 20 years, for sure, there has been increasing weather on the planets because everything's been heating up. It's not just Earth. The whole thing is heating up. We. We are getting the lower waves on the shore of this galactic burst. Furthermore, I read the work of Tom Hartman, and he talked about he was doing studies on the ADHD gene. And in the process of that, he was looking at geology and he was looking at the ice cores and the way that through. You can track through time when different things have occurred on the planet.

Hope [00:25:16]:

Cold spells, hot spells, et cetera, et cetera. And there have been some times where there have been these leaps of evolution that have happened. For instance, an animal with an ecto skeleton skeleton on the outside, suddenly, they're now internal. It's now an internal skeleton skeleton. But you don't see the slow process in between. It's been a leap.

Hope [00:25:45]:

So Paul La Violette is saying this occasionally happens, that this burp.

Hope [00:25:54]:

Comes out of galactic center and kind of pushes the whole thing up a notch.

Hope [00:26:01]:

So I'm pulling together. I've, you know, been piecing this whole thing together for a while now. Obviously, it's been 15 years, but.

Hope [00:26:13]:

It's. It's. So when you ask, you know, yes, it is a real thing. It is a real energy, and we've had forewarning of it. And at the same time, it's a. It's a. It is a spiritual energy. It is a way to work with our systems, and it is a way to stay on our surfboard and not be in resistance to the changes that are coming and have been coming.

Julie [00:26:40]:

Okay, that's a lot to unpack. What's the center of our galaxy? What's the center of the Milky Way galaxy? The universe? Is it, like between Mars and Jupiter? Or is it. Where is it? Do we know?

Hope [00:26:55]:

Oh, yeah. Oh, yeah.

Julie [00:26:57]:

It's.

Julie [00:27:02]:

Is it, like between Mars and Jupiter? Or is it. Where is it? Do we know?

Hope [00:27:07]:

Oh, yeah. Oh, yeah. It's. Well, you know, the galaxy is. It's that big spiral. You know, that's what it looks like right in the center of it. Some scientists say it's a black hole. Some people say that makes sense.

Hope [00:27:23]:

Yeah. And some people say it's actually not just one. And some people say there's a central sun. And some people say the central sun is figurative. It's not literal. So.

Julie [00:27:37]:

Is the central sun. Source is a God? Is it the universe? I just got that hit. Interesting, huh?

Hope [00:27:45]:

Wow.

Julie [00:27:46]:

Well, and black holes are everywhere. And in all the healing work that I do, I'm like a human MRI. And I can see inside people's bodies. And when there's a healing happening with spirit working through me and with me to help that person heal themselves, there is always a vortex, hope. Always, always. Always 100% of the time.

Hope [00:28:06]:

Wow. Interesting.

Julie [00:28:07]:

And so and back to mathematics. Vortex mathematics is a huge part of the healing equation and so many other things. When the body's transitioning, when the person is dying and they're transitioning, they go through a vortex and it has an upward pull to it and then the spirit goes to what I call heaven. As a educated 12 year Catholic schoolgirl, you know, non physical spirit is heaven to me. But there are vortices in all of this stuff which I find so fascinating that it seems to be the creator in a lot of ways, of different energy frequencies. Does that make sense to you?

Hope [00:29:01]:

Yeah, I don't know.

Hope [00:29:06]:

I don't know if it's.

Hope [00:29:09]:

Vortices can go both directions, right? They can go down and they can spin out. And I think it's an essential aspect of our reality. When you go to the ancient sites, which I love to take people to every year, you see a lot of spirals all over the world because they're trying to, I think they're trying to communicate that this is the flow of life, that this is how it all works. It also happens to be the spiral of evolution. I mean it's so many things. And as a dowser, you know, I could go and locate them and they can be little and they can be small. You want to find out if they're beneficial or not or, you know, da da da, da, da da. So many it's hard to kind of characterize it.

Hope [00:29:55]:

And I don't know enough about them to say any more than that, but. But I do like to find them and ask questions of them.

Julie [00:30:04]:

Yeah, you've mentioned being a dowser a couple of times. For those who aren't aware what that means, can you please explain it and tell us how you use it? How does it fit into the current work that you're doing?

Hope [00:30:17]:

Sure. Dowsing is otherwise known as divination, is a way to ask questions of the field. Now the field is the non local infinite field, but it's also the earth. You can ask questions of anything. You can even ask a question of the sun if you want to.

Hope [00:30:38]:

There are many, many dowsing tools. Pendulums, people's bodies. I use L rods. They look like this and. Yeah, aren't they fancy?

Julie [00:30:50]:

So what do you. So give us an idea of what you do. You ask a question and then it spins in a certain direction, gives you a yes or a no.

Hope [00:30:58]:

So. So for me now everybody's. Some people have their no, is is going a different direction than mine. But I'll show you what mine looks like. Please show Me a yes and they cross in. Please show me a no and they cross out. Wow. But what's really.

Julie [00:31:15]:

For those of you that are listening and not watching, you need to watch this on YouTube. This is amazing.

Hope [00:31:21]:

Okay, well, what dowsing is so good for? I mean, there's so many things. How many questions do we have? Right. We could ask forever. But I like using pendulums for healing and clearing space. But I like using the dowsing rods for questions about.

Hope [00:31:40]:

Gosh, anything of an esoteric nature, anything of a practical nature beyond yes and no. In a way, I will always be able to have a yes and a no. But for instance, if I ask a question and it only gives me 50% like that, then I need to ask follow up questions. Or if I get a very slow yes, then there's usually a timing issue. So I, and because, you know, I'm intuitive like you are, when I start to douse, I, you know, a little window pops open and I start to hear words and see things. So that takes us down out of the structure of yes and no, because I'll say I'm hearing this word that means we go this way and that way and so on, and then more and more comes out. So it's, it's a combination. But people don't have to have that intuitive window open in order to use dowsing.

Hope [00:32:39]:

You can use it to find things like water. That's one of its oldest uses.

Julie [00:32:43]:

Water, oil, natural gas.

Hope [00:32:47]:

Yep.

Julie [00:32:47]:

Minerals, things like that. Is, are they ever used? I picture these people from long ago. Oh, no, still, they're still being used. Oh, yeah, okay. Because you got the geologists that have all these fancy pieces of machinery and stuff. And by the way, those of you that are listening and not watching her, dowsing rods are very fancy. They're beautiful, they're gold. And they, those are the fanciest ones I've ever seen.

Julie [00:33:14]:

I think people have used sticks and twigs over the time.

Hope [00:33:18]:

Look, they, they retract, they go out, lay really long.

Julie [00:33:22]:

It's like a pointer that your teacher.

Hope [00:33:24]:

Used with the blackboard back in the day to retract in here. But this one isn't doing it. So you can travel them easily.

Julie [00:33:31]:

Interesting.

Hope [00:33:32]:

Yeah, but you have to have. I learned on coat hangers so, you know, it doesn't have to be fancy.

Julie [00:33:40]:

So you used coat hangers. Well, there you go. That's a riot. Does the universe or consciousness itself communicate with each of us personally? And if so, how can we learn to recognize the signs?

Hope [00:33:57]:

Well, I think yes, I agree.

Julie [00:34:03]:

Yeah.

Hope [00:34:03]:

Because that's my experience. How do we recognize? Well, this is another reason why I like to recommend dowsing to people. Because it took me a while to realize that the voices way back here in the back of my head were actually that voice. Those voices that, that were my guide team, my universe, creator, whatever.

Hope [00:34:27]:

And I realized I had not been paying attention to that. I had a whole lot of voices going on in the front. And so when I finally, I was like, oh my gosh, I've been hearing those voices forever. Okay, a little embarrassed. But when we have a dowsing tool or we have a divination tool, could be tarot, could be I Ching, it could be any number of things. And we get comfortable with that tool, then we start to.

Hope [00:35:01]:

Maybe if we're asking a question and getting an answer, and we actually follow through in action on what we've been told, now we're beginning to build a relationship of trust. And as that builds, you're trusting the information you're getting. You are. And then you. But you're not going to trust a stranger. You're going to trust something. It builds over time. And the more that happens and the more these signs become available and you start to recognize them, the whole thing starts to get very juicy.

Hope [00:35:35]:

So, you know, if people say to me a lot, you know, oh, I don't get any messages. I don't hear anything. Well, I think you do. You're just not recognizing it. Right.

Julie [00:35:46]:

I agree. What's one truth hope about the awakening process that you wish more people would accept?

Hope [00:35:54]:

Well.

Hope [00:35:58]:

It depends on how awake you want to be. There's.

Hope [00:36:04]:

If you want to live your life as.

Hope [00:36:10]:

Closely aligned with spirit, with source, as you possibly can be. Because not everybody wants that. Right.

Hope [00:36:20]:

But if that's your desire. That was my desire. My desire was to move from believing to knowing. And when I say knowing, I mean gnosis. I don't mean being a smarty pants. I mean that inner. Yes, you know, that, that gnosis.

Hope [00:36:38]:

And that would be equivalent to Buddha saying, the longest walk is from the head to the heart. We go from believing to that gnosis. Right. So I desperately wanted that and I got it through the Infinity Wave. But it wasn't just the Infinity Wave. It was through saying yes to a very uncomfortable position of teaching something I didn't know anything about. It put me into a state of not knowing, which we are not conditioned to be in. Happily, we are conditioned to know things and label them and all of that.

Hope [00:37:19]:

And being in the not knowing state is kind of not. It's unsettling, to say the least. To teach in a not knowing state is, for somebody like me, was very, very hard to do. I only had one choice, and that was to completely surrender.

Hope [00:37:43]:

Surrender means. So I was that person at the cliff edge with my toes curled around the edge, teetering, teetering, teetering. Oh, I want this. I want this, I want this. And I needed that push. Because when you. When you do surrender, when you let yourself fall into the not knowing, is when the universe can catch you. It's not until then.

Hope [00:38:12]:

So if that's the level of awakening that somebody wants, that is what's required. And that means letting go of everything you think you know.

Hope [00:38:25]:

Everything. And being willing to.

Hope [00:38:31]:

Make room for new information.

Hope [00:38:34]:

And then you walk hand in hand with some kind of guidance.

Hope [00:38:41]:
And you have to trust it 100%.

Julie [00:38:44]:
Is there a relationship between compassion and creation?

Hope [00:38:51]:
That's a good question.

Hope [00:38:56]:
I don't know the answer to that, actually, because my experience with creation is.

Hope [00:39:05]:
So, for lack of a better word, creator is not creator. Creator is a force, like a big fountain of. Of creation bubbling out all the time. Can't help itself. Let's try. Let's try this. Let's try that.

Julie [00:39:24]:
Right?

Hope [00:39:25]:
And it's coming out into a field that I believe is love. Right. Is a frequency of love.

Hope [00:39:38]:
The compassion is interesting if it's sandwiched in with that or not. You know what I'm going to do? I'm going to get out my dowsing rod. Oh, cool. Yeah. Can I. May I.

Julie [00:39:49]:
She's got her rods, you guys, that are not watching. She's got her fancy rods out.

Hope [00:39:54]:
Let's see if we can get an answer to this. So ask your question again, Julie, please.

Julie [00:39:59]:
Okay. Is there a relationship between compassion and creation?

Hope [00:40:05]:
And so we've got an interesting answer. We've got a partial. We've got a 50% on the left side and we've got a 75% on this side. So that means yes. But there's more to the story than that. And I get a full yes on that. So let me just listen because maybe I'm going to hear something that's more accurate.

Julie [00:40:31]:
Ask. What does it matter what we're being compassionate about?

Hope [00:40:38]:
Well, you're.

Julie [00:40:43]:
Or you can rephrase that if you want.

Hope [00:40:44]:
You know what it is? I think? I think that compassion spools out of love.

Hope [00:40:51]:

It's a. It's a. And compassion, let's ask, is compassion. I think I know the answer, but I don't want to say it. Is compassion unique to human Beings. No.

Hope [00:41:04]:

It'S compassion. Something that is as available to us in the ethers as love is.

Hope [00:41:15]:

I get the same answer. There's something about the relationship. It's like it has to be turned on. It's not automatic. Let me see if this is right. Right. It's not automatic. It.

Hope [00:41:29]:

It develops. Okay? That's what it is. It develops. So we can't ask a overarching question like that. So, I mean, we can, but we've. We are now finding out that it's not that simple.

Julie [00:41:43]:

There's some nuances there in the equation.

Hope [00:41:46]:

Yeah.

Julie [00:41:46]:

Interesting. That was great. That was fun watching, Watching your rods move. It almost sounds like it's, you know. Oh, little, A little spicy there. But. What do you mean?

Hope [00:41:58]:

Right?

Julie [00:41:59]:

But it was. Well, I mean, you know, watching your rods move sounds like it's something that.

Hope [00:42:05]:

Sorry, missed that.

Julie [00:42:06]:

X rated booty or something. What are some common mistakes that people make when they're trying to manifest or stay in a high vibration?

Hope [00:42:16]:

Oh, well, those are two different things. So.

Hope [00:42:22]:

Manifesting is.

Hope [00:42:31]:

Manifesting is interesting because what, what I have found is that sometimes our, what we set as our goal.

Hope [00:42:42]:

Is.

Hope [00:42:44]:

Not even the best picture that we could have. There's often something even better that we don't even know to ask for. So when I move into that modality, I picture.

Hope [00:42:59]:
A loose scenario.

Hope [00:43:05]:
I imbibe it with emotion of how it's going to feel. But I leave tons and tons of space. Space for an even more ideal situation. And well, you're staying open to being.

Julie [00:43:21]:
To where you're being led on the adventure, right? Yeah, yeah.

Hope [00:43:25]:
And then the other question was, how do you.

Julie [00:43:27]:
So, so would that be when you're trying to control the outcome and it's gotta unfold in a certain way? You're basically shooting yourself in the foot when you're trying to create something.

Hope [00:43:39]:
Well, I think, I mean, I got this lesson one day when I was using the wave. I was helping a friend through surgery and she was just about ready to go into the surgical theater. And we were waiting for the anesthesiologist and she, my friend had written out some things on a beautiful piece of Italian paper to have the anesthesiologist say to her. She's going under and coming out. Programming the stage. Subconscious mind. So she was very nervous. It was a challenging surgery.

Hope [00:44:14]:
One slip, she would be paralyzed, that kind of thing. So justifiably nervous. And in comes this doctor with a very odd.

Hope [00:44:26]:
Surgical cap. It. You know, usually they're just kind of like a beanie thing that comes down. This was like a mini pizza hat. It puffed out, and it had a band like this, and it had brittle red flecks on it. And it was really unusual. But anyway, this woman was very.

Hope [00:44:45]:
Cold.

Hope [00:44:48]:
Like she was in a phone booth all by herself. You know, she had a clipboard. Made no contact with my friend. Didn't matter. She didn't. She didn't make contact with me, but my, you know, my friends. So I'm.

Julie [00:45:01]:
You're talking about the anesthesiologist.

Hope [00:45:03]:
Yeah, yeah. She was just like. She had a clipboard. She said, but we're going to be working on this and that and the other thing today and blah, blah, blah, blah, medical ease. And I'm looking at this and I'm looking at my friend, and she. My friend is starting to get teared up, like, oh, gosh, this is not going to work. And so I thought, okay, I don't really like this. This was after the first year of doing the classes, the workshops.

Hope [00:45:31]:

So I had changed dramatically. A year before. I would have probably said, hey, doctor, would you mind? My friend's very nervous. Could you please. Yeah, I would have done something like that to soften things up, but I wasn't that person anymore. And I just looked at him. I don't like this picture. I want a different picture, like Tabitha, you know? And out of my mouth came the words, I like your hat with no spin, just, I like you.

Hope [00:45:57]:

I didn't even plan on saying it because I really didn't like her hat, but that's what came out of my mouth. But at the same time, out of my solar plexus, I felt this pop and boom and her head spun up like this. She turns to my friend, she goes, hey, babe, how are you doing? I'm going to take such good care of you today. Oh, what do you have for me? It looks like a recipe I loved. Oh, I love doing this. She went from. She went from frozen in ice to chatty cappy in a nan faster than you can imagine. And both of our mouths, when, you know, dick went.

Hope [00:46:34]:

Because it was so different. And what I realized about this topic of manifesting is that that turned in the wave knew what to do. The wave knew how powerful it had to be for that situation. I didn't control. Just went to town and took care of everything and raised everybody up to their highest and best.

Julie [00:47:00]:

I love that story. That's great. Let's change directions for a minute. You are an end of life doula. I want to hear about that. Can you tell us what that is? How do you help people and, and give us an example of an experience that you've had where it just completely shifted the frequency of the person who was transitioning and. Or their family.

Hope [00:47:33]:

Sure. So just to. I call myself an end of life midwife, but the other term that is much more common is death doula.

Julie [00:47:43]:

Okay.

Hope [00:47:44]:

I just prefer.

Julie [00:47:44]:

Is it the same thing?

Hope [00:47:46]:

It. They're the same thing. I just call myself the other one because I. Because to me it is like birthing.

Hope [00:47:55]:

In the other direction.

Julie [00:47:59]:

It's softer, it's more positive. I like it way better. Yeah, yeah, I get that why you're doing that. Okay.

Hope [00:48:06]:

But I'm going to stick with death doula for the moment because that people have heard about that more because you can go get trained to be a death doula. And I think it's a wonderful

thing for anybody to have as a skill because we're all going to die and we're probably all going to help people die. So becoming a death doula not only educates us on the process and what some things we couldn't expect, but also it opens the field to being really, really helpful to people when they're in their end stages. So what it is, it's a way to help both the person who's transitioning and maybe even more the family, the friends, the loved ones of that person to come to terms with what's happening. We in our culture really love to look the other way on the whole topic. We are the. Why?

Julie [00:49:11]:

Why is that?

Hope [00:49:13]:

Well, we're the ever.

Julie [00:49:14]:

It is fairly recent, don't you think? It's like the last 100 years.

Hope [00:49:18]:

The last hundred years? Yeah. 100 years, yeah. Since they figured out that, you know, it's the youthful generation. I mean, think of all the advertising back in the 60s, Pepsi Generation. It's the young. It's this, that and the other thing. It's just. And I think when people stopped dying so much in homes and instead died in the hospital, people used to die in homes all the time.

Hope [00:49:43]:

There were funerals and wakes and this and that all the time. So death was in your face. You had to deal with it. But that stopped with hospitalization and then hospice and all of that. I mean, hospice, I think is a wonderful thing. So.

Hope [00:50:02]:

Anyway, so yeah, we were able to look away, have it happen somewhere else. And it's a shame. You know, there are indigenous cultures all over the world that treat death very differently. And the Buddhists, you know that you die every day, every night, and you, you get born every day. Death is a part of life, and death should be a part of life because it makes life that much more rich and precious. So when we live with the end in mind, we make decisions based on that backstop that are going to be different than not thinking about that backstop. You know, how do I want to feel when I'm at that place? Do I want to feel like I've accomplished what I've accomplished? Accomplished? Have I treated everybody the way I want to treat people? Like all the things when we know, when we face the fact that we have this end built in. So a death doula gets trained in some of these hospice themes.

Hope [00:51:10]:

And also the physicality, you know, what does it look like? You know, what does the body look like? And what can a person expect who is tending to that person who's transitioning? But they also really help to open the conversation. So that. Because as I was saying, you know, we're so in denial about this thing that if the person who is dying is not accepting that they're dying and they're in denial, then nobody else dares to talk truth, talk turkey with that person. And it means that everybody then is stuck not being truthful. And it doesn't feel good walking around with that thing in your throat, the elephant in the room. You know, it's just very, very uncomfortable when it's possible to have what we call a good death. And that's different for everyone, of course, but a good death would be coming to terms with it and then being able to express all the feelings, close up the loose ends, make sure that everybody feels that they've been seen and heard and there's nothing left to do. Then the person who's dying is unburdened and can be free.

Hope [00:52:37]:

And those around that person can understand that. And I know this through my mediumship, that they don't want us to be in heavy energy. That doesn't help them leave. What helps them leave is love is go, release. We love you. You've done a great job. Bon voyage. See, on the other side, that kind of energy, that kind of loving support is what they can ride out on.

Hope [00:53:12]:

And that's a beautiful, beautiful thing. So we coach the person who's dying, we coach the family. Because sometimes it's the family who's in denial. Oh, my gosh. I've had a. So I'll give you an example. I had a dear friend who went through a cancer situation, went into remission, had a wonderful five years or so, fell in love Tasted the fruits of life, you know, really beautiful, beautiful thing. And then, you know, sure enough, back comes the cancer.

Hope [00:53:47]:

And by the time I saw her, she was in the hospital with her dearest friends and one of her daughters. And she was a very touchy feely person. So everybody took turns getting in the bed with her and just, you know, snuggling with her and talking. She had a little things in her nose, her oxygen, she's having a hard time breathing, but she was able to talk and laugh and participate in kind of a whispery voice. And they were all planning her birthday the following week. And so I got in the bed, it was my turn and I got in the bed with her and she turned her face towards me and I had told her already a long time before, you know, when push comes to shove, I want you to know I'm going to be there for you.

Hope [00:54:36]:

I'll be honest with you. We'll, you know, go through this thing as we can. So she turned to me and she said, they all think I'm going to have a party. I don't know, I don't know. I just want to hang on. Because her second daughter was flying in that night from London. She said, I just want to hang on. And I said, I think you're right, I think you're right, it's time.

Hope [00:55:04]:

And she said, yeah, I think so too. And I said, yeah, all you gotta do is, you know, walk through the door. She said, yeah, I think you're right. And the friends were kind of listening, like, what are they talking about? What are they talking about? Because they just weren't seeing it because we don't want to see it, right? We don't want to face this horrible pain of the loss of a loved one.

Hope [00:55:28]:

Her daughter came in that night and she left at 4 o' clock in the morning. She just walked through the door as the magnificent soul that she was. Sometimes people just need permission and off they go, you know, and the thing is, I really, you know, I'm sure you do too, believe that we been here before. So we've done this before and we kind of know what to do when we get to that point.

Hope [00:56:02]:

Kind of go, okay, I think I remember this. I think I can, yeah, I think I can do this. And release. So let's go back to one of your first questions, which is about allowing.

Hope [00:56:14]:

If we can learn to be in allowing, allowing assistance from other places, allowing guidance, allowing divination, direction, allowing something other than our little engine that could. Then when the time comes for us to leave. We are going to be much more prepared for allowing ourselves to exit. It all works together.

Julie [00:56:41]:

Well. And I've heard, I've had several death doulas and hospice practitioners on this show and they say that the body knows how to be born and the body knows how to die.

Hope [00:56:56]:

Exactly.

Julie [00:56:57]:

And I think you just gave us a great example of that. And I will take it a step further and say we're all in control of when we go, where we go, how we go, who's with us or not when we go, and what the circumstances are that surround our passing on a soul level.

Hope [00:57:16]:

I think that's really important because.

Hope [00:57:20]:

I'm sure you've run across this too, that people will be carrying a lot of grief that they weren't at the bedside in time and so on and so forth. And I need to let them know, no, everything was perfect and there's a reason you weren't there. I don't know what it is necessarily, and we can douse about it, but there's a reason. And it was all set up by the person who was leaving.

Julie [00:57:46]:

Yeah. And nobody ever dies alone. We're all surrounded by angels and the spirits of deceased loved ones and pets. And university based research says that 90% of people can see these spirits that are in the room with them. I'm sure you've experienced that.

Hope [00:58:01]:

Oh yes. Oh yes. Oh yes.

Julie [00:58:03]:

It's fascinating. I love that. All right, one more pivot here on a question and then we'll wind down. I could talk to you for hours. I have lots of questions I haven't gotten to, so we're going to have to have you back. You lead groups. You mentioned this earlier. You lead groups to, I'm going to say, potent sacred sites.

Julie [00:58:24]:

Not just perceived Satan's sacred sites, but ones that you know are truly high energy sites. And you speak of alchemy occurring between the human heart and the land. When you're at these sites, can you give us an example of where one or more of those sites are? Of these sites that are potent sacred sites? And also give us an example of what happened when you were there.

Hope [00:58:54]:

Okay, sure. Well, these potent sites are all over the globe. And they. They sometimes change, sometimes they. Because they're. What makes them potent are two things. Probably more than two things. Let's say at least two things.

Hope [00:59:14]:

One is the way that the land itself is configured. So where there are fissures deep under the soil, where the rocks maybe have little gaps, energy can flow up. So that will create a highly charged spot. Often, like the Christian churches in the Old World, in Europe and England, have been placed on top of what were already understood to be pagan sacred sites. They're capturing that telluric energy that is coming up out of the earth because it's measurable. You can walk in and dowse it. You'd know. Also, they built those cathedrals in certain geometries to capture them the most efficiently. Right.

Hope [01:00:07]:
And potentize them right at the altar.

Julie [01:00:10]:
And does that have to do with latitude and longitude? Like, all those pyramids have similar latitude and longitudinal coordinates. Because I know that a lot of cathedrals have that aspect.

Hope [01:00:22]:
We would call them ley lines. Okay? So there are. And a ley line is whenever there are four or more of these anomalies in a row. Like, literally in a row. So you might have a spring, you might have a well, you might have a. A standing stone, you might have a cathedral, you might have. But they. They start to pile up now.

Hope [01:00:52]:
Now you have way more than four. Like, there's one that's running straight through the middle of. Of England and Scotland, straight down to the Isle of Wight. Then you have a very famous one, the Mary line and the Michael Line, running from Cornwall, England, on the southwest tip, the boot of England, or on a diagonal directly northeast. And along that there are dozens of. And it's actually two lines that every now and then cross. So you have the Michael line, which is the masculine line, which, don't think of it in terms of gender, but think of it in terms of electricity. Like, you have a positive and a negative in your plug, right? So Michael goes high on the ridges, and all the churches and things for Michael are up on the mountains or the hills.

Hope [01:01:46]:
And then the Mary line goes down to the water, goes down to the. Into the valleys, goes down to the wells, goes down, and it's fascinating. And then they cross now and then. And where they cross is a very charged site. So Glastonbury, the. The tor in Glastonbury, Avebury.

Hope [01:02:04]:
Huge, you know, megalithic circle stone circle, one of the biggest ones in Europe, if not the biggest, and so on and so forth. So when they put these stones in the earth in these places, it acts like an acupuncture needle in the earth, and it's tapping into that Turkic energy, and then the stone is broadcasting it. So if you have a single stone in a field, it is broadcasting this supercharged energy, and you're going to have better quality crops in that field. And in the old days, young women would go there to become more fertile themselves. So this is a vast topic. Books and books and books have been written about it. I use my dowsing rods to inquire every year after a trip, should I go next year? When should I go? Where should I go? And it's ranged from South Africa to Scotland to Easter Island to Peru to southwest to Ireland, Scotland, like so many places, southwestern France. And I ask if I really want to go to.

Hope [01:03:18]:
Let's say I want to go back to England. And I'll say, please, can I go to England? I go, no, you have to go to Peru. Okay, so, you know, I, I, I do what I'm told at this point, but.

Julie [01:03:28]:
And you do a tour a year. And how many people normally join you?

Hope [01:03:33]:
Anywhere between 12 and 20. I had about 30 in Sedona in Mount Shasta for the, for the Lionsgate of 2024. But generally, it's a hand. You know, you can manage somewhere between 12 and 15, 16 pretty well, you know, size of the bus and that kind of thing, it makes it a little easier. And then we go, and I douse for the itinerary.

Hope [01:04:06]:

You know, if I'm going to England or Wales or something like that, you know, which megalithic sites do we go to and in what order, and all of that kind of thing. And then I always leave space because something can come up spontaneously, oh, we need to go here. We need to go to these woods. We need, you know, and the last thing I'll say about it is that.

Hope [01:04:29]:

There often, I don't always know. I often don't know why I'm going to that particular place in that particular year. But as the journey unfolds, it becomes evident what the trip is about and, and how we as a group are to be of service. And then we show up and we do our thing and we are of service. And then, you know, we get many gifts back. So it is, it's absolutely phenomenal. It's, it's, it's a complete pleasure and joy to do these trips.

Julie [01:05:05]:

And they last how long?

Hope [01:05:07]:

Usually? Yeah, it's usually 10 days, depending on how far away it is.

Julie [01:05:14]:

Fabulous. All right, last question. Why do we incarnate?

Hope [01:05:19]:

Oh, well, that's the easiest question of all.

Hope [01:05:26]:

We want to be polishing our souls. We want to come in one way and we want to go out another way, looking better. So, so we map it all out. We set the bar high here, there, and everywhere, our little hurdles, we set them up, cheering ourselves on. We're gonna make it around the game of Life board this time. We're gonna get her done. And that's the goal. To meet the challenges, to feel the pain, to experience it all.

Hope [01:06:04]:

Creator said to me one time, I love humans because of the way they choose. And I said, well, don't other beings get to choose? He goes, yes, but not from as many keys on the keyboard. We have 88. 88 keys. So we get two infinity signs, right?

Julie [01:06:25]:

Yeah.

Hope [01:06:26]:

So we have the low notes, we have the high. We get to make and 1 in.

Julie [01:06:30]:

6, 8 and 8. 16. 1 and 6 is 7, which is spiritual perfection.

Hope [01:06:37]:

So there you go. So we get to really compose our lives in a way that by the time we go, we have accomplished what we set out to accomplish and we're ready for our next evolution.

Julie [01:06:55]:

Beautifully said. You are worth the wait, girl. My goodness. We've been messing around with this for, I think, a year, trying to get together, and you are every bit as fabulous and lovely and fascinating as I had hoped that you would be. You exceeded my best expectations, and they were very, very large. So thank you for sharing your wisdom with us and your. Your sense of joy

and my gosh. And in the meantime, you know, you're helping dying people and you're leading these tours to sacred sites and all of that.

Julie [01:07:35]:

I'm. I'm just sorry you're such an underachiever.

Julie [01:07:40]:

And at the same time, you know what a gift to the humanity you are. My goodness. Well, how can people learn more about you and your work?

Hope [01:07:50]:

My website and all the things are all the same, so it's super easy. It's spreadinfinithope.com, facebook, blah, blah, blah. Spread infinite hope. Because it's not all about me spreading the hope. It's everybody's gotta do it.

Julie [01:08:07]:

Wonderful. And we'll have that in all the show notes. In the meantime, sending you lots of love from Sweet Hope, Alabama, and from Massachusetts too, where Hope is. We'll see you next time. Bye, everybody.

AnnCr [01:08:22]:

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube @AskJuly Ryan and like her on Facebook @AskJuly Ryan. To schedule an appointment or submit a question, please visit askjulyryan.com.

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