

AJR Live Show Nov 20th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody. Welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We got a whole bunch of people joining us this evening, both at AskJulieRyanShow.com. If you want to have a conversation with me, you want to come in through AskJulieRyanShow.com and then, if you're on the YouTube live stream, we're at Ask Julie Ryan. We've got Samantha over there from my team who is there to help anybody joining us via YouTube. Just put your first name and where you're located and your question in the comments and know what your question is, and then we'll be taking people from over there too.

A couple of announcements. First of all, I'm going to be doing my live on next Tuesday, November 25th, and that's kind of like the show, but it lasts two hours, it doesn't have any breaks, no commercials. So just go to askJulieryan.com slash live if you want to join me. For that I say it's kind of like a woo-woo pajama party. You can join us, you can have your jammies on, I don't care, you can have sweats, whatever, and it's really relaxed and it's really fun. And, of course, you can ask any question from the buffet of psychicness. We can talk to your dead grandma, we can scan your cat, we can scan you for medical stuff, we can do past life stuff. We can tell how close to death somebody is, we can talk to your angels and your spirit guides, whatever. So that again is AskJulieRyan.com slash live. Go there to sign up. It's next Tuesday, November 25th, and it's from 8 to 10 pm Eastern. We are going to be giving away a free class this evening to some lucky person who left a review, so you want to stay tuned and see if that's you. I get great emails from people who've won and they tell me I was driving to work and I was listening to your show and I heard my name called and I was squealing in the car. It felt like a maniac, but it was fun.

And then a reminder next week is Thanksgiving here in the US, so we're not gonna do a live show, but we will be releasing a show on Friday, the day after Thanksgiving, for you to stay up on whether we're doing a live show or not, which we usually do every Thursday at 8 Eastern, just follow me on any of the social media platforms Instagram, facebook, x, whatever and I'm at AskJulieRyan, so just follow me there and we always post a note on show day hey, we're doing a live show, call in. Here are the numbers, here are the websites, and then if we're not going to do a live show, you'll find that out there too. We also put that announcement out on my weekly newsletter, which is a blog that somebody submits a question online, and you know you can always submit a question online and I pick one each week and answer it, so that you can sign up for that askJulieryan.com, and we'll always put a note on there. Okay, live show tonight. Join us. No live show. See you next week. So with that, Chris, who's our first caller? Let's see. It looks like it's from YouTube. Hi, Julie, it's Carrie from Arborndale, florida. My stomach's been very bloated and painful. Could you please scan me? Thank you so much. Absolutely, ms Carrie from Florida.

How this works for those of you that are joining us for the first time is I raise my vibrational level to the level of spirit, because we're all attached to a body, having a human experience, and when we're attached to a body, we vibrate more slowly, simply because the body has mass. So I raise my vibrational spirit, I'm going to hook into Carrie in Florida and then I'm going to have a hologram of her in my mind's eye and I'm going to envision shooting energy from her feet up through the top of her head and it's going to be as if I'm looking at an x-ray or a CT scan or an MRI. Something will be identified immediately. Thereafter there will be some type of energetic healing that will begin. I'm going to describe it in detail. I want you guys to all picture Carrie you too, obviously, but everybody listening and watching. I want you to picture what I'm describing because then we're all going to send the healing to Carrie or whoever the person is asking the question. And remember, time doesn't exist in the spirit world. Time's a human creation. So it's irrelevant whether you're listening to the show real time with us this evening or you're listening five years from now. Carrie's still going to get the benefit of the healing from all of us.

Here we go, Carrie. Here comes my laser beam from Sweet Home, Alabama, heading south. It's so funny because I watch it go behind my chair as it's going south. You know if it's going east, west, north, whatever, it goes in that direction. So got you shooting energy from your feet up through the top of your head? You have yeast overgrowth. You look like somebody sprinkled flour inside your GI tract.

And you've got a lot of it because it's kind of globby.

It looks like you know Thanksgiving's next week, so we'll be making a roux to make gravy. We mix flour and water together to make a paste, to make gravy or a sauce, and so that's what it looks like inside your GI tract. So I'm clearing it out energetically. You have what's known as leaky gut and that looks like if you've ever pictured carrying a sausage link, it's ground up meat of some kind and it's inside a casing and it looks like a really thin membrane. That's what the inside of the intestinal wall looks like. It's only one cell membrane thick, and so if we took a box cutter and we made little slits in it, that's what leaky gut looks like to me.

So I'm stitching it up and of course you guys all know when I'm saying I, it's spirit working through me and with me to help Carrie heal herself, because nobody ever heals anybody else no medical provider, no physician, no healer like me, no shaman we all heal ourselves. And you get it cut. Well, nobody's going to make your skin grow back but you. That's how that works. So, stitching up your leaky gut, Carrie, I'm getting divine downloads in my head while I'm watching the healing and talking with you. So it's a good thing I'm a girl because I can multitask. It's a female superpower. We all know that. All of us females know that. All right, so we've got that. Here's some practical things you can do to help the healing on the human side. Stay away from anything that's sugar.

Human side Stay away from anything that's sugar anything that's refined, any kind of pasta, bread, crackers, cookies, whatever. I know it's the holidays, have a big time on Thanksgiving, have a big time, you know, in Christmas and New Year's, but go back on the wagon after those days. So stay away from anything that's refined. If God made it, eat it. If man made it in a factory, do your best to avoid it. That's number one. Number two stay away from anything fermented. Wine, beer, alcohol, kimchi, sauerkraut, yogurt, vinegar, soy sauce, kombucha, pickles. Your guts are fermentation factory right now. When you eat or drink fermented things, it just is like pouring gas on a fire just exacerbates it. If you're going to eat fruit, peel it. There's tons of yeast on the peel. I don't expect you to peel a blueberry or grape, but certainly an apple, a peach, a pear, a plum. And if never, ever again for the rest of your life. Miss Carrie, ever put a slice of lemon or lime in a drink because it's full of yeast? It's on the peel of lemon or lime in a drink because it's fully yeast. It's on the peel. And if you're in a restaurant, they slice that fruit up early in the morning. You may be having it in your water at eight o'clock at night. God only knows what's been growing on it all day. Just avoid it. Keep it out of your water, Keep

it out of your tea or any kind of mixed drink. What else? Freeze and re-heat leftovers leftovers, because there's tons of yeast on leftovers that are in the fridge overnight and you want to get a hold of some Nystatin N-Y-S-T-A-T-I-N. It's an antifungal that kills yeast on contact. It's a prescription here in the US, so ask your doctor about it. It's tablets and you want to take that and that's going to help your gut heal and that's going to help you feel better. So thanks for your question. Happy Thanksgiving, All righty, Chris.

Let's see who's next. We're at AskJulieRyanShow.com If you want to have a conversation with me. We're at AskJulieRyan on the YouTube live stream. Remember to subscribe. Remember to share this show with your family and your friends. If you hear something on the show that makes sense for a friend or other colleague or sibling or somebody to hear, send them a link to the show, because people have healings all the time when they hear a healing happen on the show and they've got a similar symptom. I've lost count of how many emails I get from people saying oh my gosh, I had the same symptoms and I listened to the healing and now whatever my symptom is is gone. So be sure and share it with your family and friends. All right, let's see who's next. Hello, Miss Lori.

0:10:31 - Laurie

Hi, you look surprised girl. Well, I kind of was.

0:10:37 - Julie

I'm surprised too, Lori, because I never know who Chris is going to put on. I never know what your questions are going to be. I never know what spirit's going to say.

0:10:49 - Laurie

That's what makes this so much fun every Thursday night, Right? How may I help you? First of all, where are you? I'm in Santa Clarita, California, and I took your medical intuitive class earlier this year. Oh good, I hope you enjoyed it. I did, I did and I learned a lot of things. I'm not you, Brian, but it took you you know how many years to get to this yourself Long time.

0:11:13 - Julie

Yeah, yeah, and lots and lots and lots of scans. I talked to, probably, Lori. I probably talked to about 3,000 people a year between the show and appointments and my lives and my blog and stuff like that. So, yeah, lots of practice. You know, you just got to practice it.

0:11:29 - Laurie

Right, but anyway, I had a few things that I was thinking of. I did send you an email a week or two ago. I had had a dream and in it I think I was astral planning, because I was in a place that I've been before in dreams. It's a big green expanse and my husky that had passed last year was there and I could feel him. I could, you know, he was just there and I realized it was kind of weird, but I realized that I needed to feed him. So all of a sudden I was in this place and they gave me like light, blue and dark blue crystals to feed him.

And what was funny was I looked around the corner and my Dalmatian, who is still alive, was peeking at me around the corner. This is still in your dream, yeah, still in my dream. And he was with a lady and I knew in my dream I was not able to touch him. It wasn't frustrating, it's just a knowing. I knew that I couldn't touch him, but he was just looking at me and I kind of weighed back at him and I was just wondering does that mean he's close to death or was he just kind of astral planing with me but we couldn't be together. And who was the lady that was with him? Was the?

0:12:56 - Julie

Dalmatian close to death, or was the husky? The husky was already gone.

0:13:01 - Laurie

My husky's gone, and that was just really a wonderful visitation.

0:13:06 - Julie

Yeah, I know I could see you getting a little teary even talking about it. Yeah, I could tell your heart's on your sleeve, okay. So you're wondering if that was a message that your Dalmatian is getting ready to pass. I'm getting a big no on that. I'm getting a divine download. No, what's your Dalmatian's name? Ripley, ripley. So I'm going to connect into you and I'm going to go from you to the dog, the dog's spirit's in his body. He's not dying. Ripley's isn't Okay.

Who was the woman? I guess the woman was a vet, was a veterinarian in the dream, but a spirit vet, like you know, a vet that was dead. And she was a spirit in the dream. And why were you there with Ripley? What's the woman's name? The woman's calling herself Madeline.

Why were you there with Ripley? To keep him at bay, to keep him from being confused. She was saying because he would have wanted to be. What was your husky's name? Banjo, banjo. Ripley would have wanted to be with Banjo and she's showing me this scene, lori, who's just cracking me up and he would have. Ripley would have gone towards Banjo and he would have gone right through him, because Banjo is just energy. You know, he's a hologram. So he would have just like gone through him and Ripley would be going. What the heck? Speaking of Ripley, believe it or not? Right, ripley is, believe it or not, he would have gone right through it. Oh, how cute is that, okay. So the thing about dreams oh, how cute is that, okay.

So the thing about dreams they're symbolic. Number one, they're visits. When you remember them with the detail that you're remembering, this one, that's a visit. Yes, dreams are very muted and they're kind of murky and you don't remember the details. The other thing, too, is keep in mind that we're always going to interpret the dream through our human frame of reference, and it's in a different reality for which we don't have a frame of reference because we haven't had that experience. So when that information comes in and we interpret it from our human perspective, that's one way to do it.

But but always ask spirit. Hey, you know, what does this mean? What are you trying to convey to me? And um and so what your Husky is saying about the food? Cause I was asking about the food. So you know. Back to the. I'm a girl, I can multitask. I'm getting information, I'm hearing in my head and I'm talking to you and I'm thinking with my regular brain, my human brain, and what I heard on the blue crystals was it was to let him, it was to let you know, him, letting you know that he doesn't need kibble because it's all energy. And so that's why it was crystal, because crystals, you know, they represent energy.

0:16:16 - Laurie

Did the blue colors have any significance, or just the?

0:16:19 - Julie

blue blue. Significant serenity is what I heard. Okay, serenity, how sweet is that. So he wants you to know he's around you all the time. Are you getting another dog for Ripley? No, no, okay, he thinks you need to. He thinks Ripley's lonely, yeah.

0:16:38 - Laurie

Okay, well, Riley's going to be 14 in February, so he won't be long.

0:16:47 - Julie

Get another dog and then you've got a dog when Ripley goes to heaven to meet his buddy. So I hope that helps. Thanks for calling in.

0:16:55 - Laurie

Yeah, Thank you so much. And you know what you bet Great to see you. Anytime I go on the show, right before the show starts, I don't know if you're doing anything I get chills from all the way up, from my feet, all the way up. It's like when the show starts I can feel the energy.

0:17:14 - Julie

You know what that is, Lori, and thank you for bringing that up, because that's really a great point. What happens is my vibrational level is jacked up so high when I do the show because I'm bebopping, you know, all over the world talking to people and I got it cranked before we even come on, so you're picking up on my vibration. I have people all the time tell me I listen to your show while I'm at work or when I'm doing laundry or whatever, and sometimes I'm not even paying attention to what's being said, but it makes me feel good and that's because it's such a high vibe. So congratulations that you're tapping into that and you can feel it. Good job, good job. Thank you very much. You're welcome. Thanks, lori. Take care.

If you want to have a conversation with me, we're at AskJululierieryanshow.com, and if you're coming in and joining us on the YouTube live stream, we're at Ask Julie Ryan. Please put your first name and your location in the chat and then your question, and Samantha's over there to help anybody that needs it. Chris is on the main dashboard, so he's the captain of the ship, and between the two of them they're you know, they're steering me where they want me to go, because I never know which is what makes it so much fun each week. So let's see who's next. Hello, miss Melissa.

0:18:44 - Melissa

Where are you, girl? I am in Nova Scotia, Canada.

0:18:48 - Julie

Nova Scotia, wonderful. Well, thanks for joining us. How may I help you this?

0:18:55 - Melissa

evening. Well, this evening I'm actually calling to ask a question about my grams. So my gram's name is Pat, she's back in BC in Fairmont Hot Springs. Name is Pat, she's in, she's back in BC in Fairmont Hot Springs, and she's been. She's 85. And she's I mean, she's still, like, got so much energy. She doesn't really have any health issues, but her memory has been going downhill for the last probably three years and I'm hoping it's not Alzheimer's or dementia or anything. I really don't think that it is, because it all started after my aunt tragically passed away.

0:19:31 - Julie

Oh, no, a few years ago and then.

0:19:35 - Melissa

So it kind of started then. And then my grandpa was telling me you know, I'm kind of worried about your grandma's memory and then my grandpa passed away like a year and a half after that and then since then it's just been getting worse and worse and worse. So I asked her if she wouldn't mind if I asked you to scan her, because maybe it's just something that you can help her with.

0:19:55 - Julie

Yeah, absolutely Okay. Is she on statins by any chance? Is she on a cholesterol medicine? No, I don't think she takes anything. Okay, that's good, because cholesterol medicine a lot of it can cause dementia and when elderly people come off of it they get so much better. So there's lots of research out there about that. You may want to research that and be sure that she's not on any statins and if she is, do some research, do your due diligence, so you can have an adult

conversation with the doctor. What's your grandmother's first name? Melissa, pat? Say that again.

0:20:37 - Melissa
Pat.

0:20:38 - Julie
Pat like.

0:20:38 - Melissa
Patricia.

0:20:39 - Julie
Okay.

0:20:40 - Melissa
Like Patricia, patricia, yeah.

0:20:42 - Julie
I thought you said hat. I thought, well, maybe Hattie, or something like that. Okay, here we go. Here goes my laser beam from Sweet Home Alabama heading up to you. I'm going to go from you to Pat and then I'm going to ask her permission if I can scan her, because you know I'm never going to scan anybody without their permission because I think it's unethical to do that and I'm just I can, but I'm never going to do it. So don't ask me, because the answer is no up front.

0:21:10 - Melissa
Oh, it's okay. I asked her and she said let her do it.

0:21:20 - Julie
Good, perfect, all right, got you. Go into Pat, got Pat. Okay, pat's got some scar tissue in her brain and you know my analogies are sometimes really hilarious and I don't mean for them to be Melissa, it's just how they come in from spirit to give us a human frame of reference for the body parts we're looking into. Here comes one of them Brain matter looks like the cooked oatmeal to me. Scar tissue in the brain looks like chicken cartilage, the kind you'd see in a chicken breast with the bone in. And has she been in car accidents? Has she fallen? Did she fall off a horse? Did she play sports? What's going on with this scar tissue in her brain?

0:21:58 - Melissa
I think I feel she fell off a ladder some years ago. I don't recall any car accidents or anything like that.

0:22:06 - Julie
Okay and she doesn't have to have even hit her head. But you think about that. You know that bang, when you fall and you hit, the brain is not secure inside the skull and the skull's got all these bony prominences inside of it. So the brain goes slamming up against the inside of the skull and it causes brain injury. Really, you know it causes a concussion and then you think about it slams and then it kicks back. So you're kind of getting double whammied in the brain. That's why they say never throw babies in the air and catch them, because their brains are hitting the inside of their skulls and it can cause some concussion issues in babies.

So what I'm doing, Melissa, is I'm scooping it out Again, spirit working through man with me to help her heal herself. Scooping it out, and then there's stem cell energy coming into the divot where that scar tissue's been removed. Stem cell energy is the coolest stuff ever because it'll

regenerate any body part we need. It's a light amber color gel. It has sparkles in it, of course, because it's woo-woo, gotta have sparkles. And it reminds me of this hair gel when I was a kid in the 60s and 70s called Dippity-Doo. But they still sell it on Amazon, you can find it if you want. And so there's a vortex above each area where the stem cell energy is generating new brain matter.

The reason why we remove scar tissue in the brain is because it can occlude neural pathways. Neural pathways inside the brain look to me like laser beams as part of a security system in a museum or a building or a home that crisscrossed the room. Did you ever see like Ocean's Eleven or one of those movies where they want to steal a painting and they're diving over the laser beams and under the laser beams and all of that? That's what it looks like. So we've got one more area to regenerate. The reason why I asked if she was in an accident or she had a fall the back left quadrant of her brain had a bunch of scar tissue in it. So that's what leads me. When I see little bits and pieces around the brain, you know that's just regular living. But when I see a pretty good size area where the scar tissue is, which is what I'm seeing in Pat, that tells me something happened. I don't think she played for professional football or soccer right.

0:24:37 - Melissa

I don't think she ever played any sports, but I'll ask her. She's had quite the life. Yeah, okay, she's probably had falls, I don't even remember she probably doesn't even remember them herself.

0:24:47 - Julie

All right, so neuropathic ways are all lit up. She looks great. I think she's going to be just fine. I would increase her omega-3s, like fish oil, coconut oil, refined coconut oils, things like that. Does she live by herself?

0:25:05 - Melissa

No, she lives with her new fiance. Actually Excuse me, Good for her Getting married again. I know it's a big deal for them because they both lost their spouses around the same time. They were both very depressed and sad.

0:25:21 - Julie

Perfect.

0:25:22 - Melissa

Now they're living together and getting married.

0:25:23 - Julie

Perfect, perfect, thank you so much.

0:25:25 - Melissa

I can't tell you what this means to me.

0:25:27 - Julie

Yeah, yeah, yeah, yeah. And you know what? By her getting married, she's prolonging her life and his life by a lot. The number one killer of elderly people is loneliness, more so than any kind of medical condition.

0:25:41 - Melissa

Yeah well, she was saying she was telling me things like she didn't want to wake up and it was awful, it was awful.

0:25:49 - Julie

So now I'm like, oh my goodness, yeah, that's part of the grieving process that a lot of people go through, especially when they've been married a long time, and that you know my sister-in-law's mom, her dad, had Parkinson's and Alzheimer's and as his brain was not functioning, he's getting worse and worse. They put him in an assisted living facility and so I could talk to him telepathically and I said why are you hanging on? He hung on for a long time, like eight or nine years, and I said why are you hanging on? And he said because my wife has never lived alone. She lived at home and then we got married when we graduated from college and we've been married for 60 years. She's never lived alone. I want to give her time to adjust to being alone. So she comes and she spends the days with me, but she's home alone at night. Is that the sweetest thing ever?

So a lot of, I think, a lot of older people when they've been married for so long, they just, they're just not used to being alone, and loneliness is the number one killer of elderly people. So you're going to be your bridesmaid. Maybe, I love it, we'll see. I love it.

0:27:02 - Melissa

I've been away from her for the last five months but I'm going home on Sunday and I'm so excited she says thank goodness, you're coming home. I feel like I've been missing a body part.

0:27:10 - Julie

Okay, so I'm seeing you carrying violets. Take her violets and look up the spiritual meaning of violets, and they're the purple violets. Okay, okay. So take her they may be your favorite flower or something I don't know, or maybe it'll have some spiritual meaning, but she wants you to. What I'm seeing is you're taking her a pot of purple violets when you go see her.

0:27:35 - Melissa

On her wedding or when I get home.

0:27:37 - Julie

When you get home and then maybe on her wedding too. But look up the spiritual meaning of purple violets.

0:27:41 - Melissa

Okay, I'll do that. I'm seeing her. The very next day, so I can't wait.

Perfect. Thanks for helping.

Thanks for coming in.

0:27:49 - Julie

Alrighty, take care. Bye-bye, you too.

0:27:52 - Melissa

Bye.

0:28:00 - Julie

Oh, it's so fun when Spirit gives us these messages to give to our loved ones. And I like to say that sometimes they send us on a treasure hunt, like purple violets. Okay, why purple violets? Well, there's a meaning there. They want us to look it up and I always said, well, can't you just tell us? And it reminds me of when I was a little kid and I'd ask my parents what a word meant and they'd say, well, go look it up. You know, we didn't have the internet yet. I said can't you just tell me? They said, no, you've got to go look it up. And then I would remember it better because I would read it. Same thing with Melissa Go look up the meaning of purple violets,

you'll remember it better. Okay, let's see. Oh, Samantha's got it. Oh, you're on the job tonight, girl.

Spiritually, violets represent spirituality, imagination and intuition, while the color violet is often associated with humility, modesty and piety. Thanks, Samantha. They symbolize a connection between the physical and spiritual worlds. There you go Balance and creative thinking. Thanks, Samantha. Appreciate your help on that. It's really. Spirit puts us on these treasure hunts. They're so fun to see what the meaning of this stuff is. Alrighty, remember to stay tuned because I'm going to be announcing a winner to the Angels in Enlightenment training here in a little bit. Chris has been working on his drumming here in advance of the prize announcement and I think that's his favorite part of the show when I get to announce a prize. He loves it. So just stay with us and you may be the lucky winner to that.

If you want to have a conversation with me, I'm at AskJulieRyanShow.com. If you're joining us on the YouTube live stream, we're at AskJulieRyan. Put your first name, where you're located in your question in the chat and I will be taking people from over there too. Samantha's over there helping people. Remember to subscribe, remember to ring that little bell thing so you know when a new episode is posted.

We release three a week. You know this call-in show and then two interviews. I'm so excited, you guys. Tomorrow I get to interview a guy who's a scholar on Christmas and when I was preparing for that interview I had the biggest smile on my face. I had so much fun prepping for that interview. And then we're going to release it on Christmas Day, which is a Thursday. So you want to be sure and get that. But I have all kinds of questions for him about traditions and stories and everything. This guy's a scholar. I think he has two doctorates, and so he's going to be on the show. We're going to record it tomorrow morning. I'm so excited so you want to put that in your memory bank that you want to listen to the Christmas show. I thought that would be fun to release on Christmas Day.

Chris, who you got next Speaking of Chris and Kris Kringle and Christmas. Hi there, I'm Maria from New Jersey. Hi, Maria from New Jersey. My son passed away this year. Oh honey, I'm so sorry. So any message or connection is appreciated.

All right, he's showing me white lilies. So, Samantha, please look up the significance of white lilies and let us know what that is. And so your son, all right, he's standing next to you on your right. What does he want you to? He's talking about lumber. He's showing me lumber, like two by fours, that you use to build a house. There's lumber there. What do you want your mom to know about the lumber? He's saying but use it to build. It's a spiritual meaning. He's saying but use it to build it. It's a spiritual meaning. He's saying use it to build a new life. Knowing that he's always around you. You can talk to him at any time. It's just going to be like living in a different house with him being gone.

So how this works, Maria, is our heads are big satellite dishes. They receive and they transmit frequencies. Every spirit has a frequency. They keep throughout all their lifetimes In order to get in touch with your son or any spirit. It's regardless whether you know them or not, it's regardless whether they're in heaven or whether they're still attached to a body. You think of them because every spirit has a frequency. They keep throughout all their lifetime. So think of your son. That tunes your satellite dish head to his frequency and it opens up something similar to a two-way radio communication. You say something to him, either louder in your head. He's going to answer you instantly. How you know that's him answering you is it's going to answer you instantly. How you know that's him answering you is it's going to come in your head like a thought in your head, as fast as you can snap your fingers, sometimes even before you've finished your thought. Now, if you think about it for more than a couple of seconds, that's going to be your brain talking to you. So ask the question again or make the statement again.

You can have all kinds of conversations with your sweet son. So he's talking about lumber, he's talking about white lilies. I hope that helps If you haven't read my book yet Angelic Attendance what Really Happens as we Transition From this Life Into the Next.

Just go to askJulieryan.com or Julieryangift.com. We'll send you a free digital and or audio book download. We've got it in Spanish as well and it has diagrams in it that are going to show you where angels and the deceased loved ones and spirits are as somebody's transitioning. We're all surrounded by angels. We're all surrounded by loved ones, spirits and the spirits of deceased pets, regardless of how we go, regardless of if we go instantly, like in the case of a homicide or suicide, or we die over a prolonged period of time days, weeks, months, even years. So anybody that wants a free copy. Chris, can you put that banner up please for everybody? It's Julieryangift.com and we'll put that. Just go there and we'll give you the link for a free digital and audio book download. Share it with everybody in your family, maria, all his friends. It'll bring them so much comfort, and there are many churches of all denominations and synagogues and hospice agencies that give this book to families who come in to plan a funeral or families who've just lost a loved one, and they get a lot of comfort from it. So Julieryangift.com and we'll send you a free copy. I think this stuff should be taught in the schools, because we're all going to lose a loved one. We're all going to be there ourselves one day, so it helps people get through that.

By the way, university-based research shows that 90% of people at the end of their lives see the spirits of deceased loved ones and pets as they're transitioning. It can go from six months prior to when they actually pass or any time in between there. So if you have a loved one at the end of their lives and they're talking about seeing a deceased relative or a pet In the past, we all thought, oh, that's just the morphine that hospice is giving them. They're hallucinating. No, they're not. 90% of people see the deceased loved ones in spirits. Your grandmother is seeing her mother, who died perhaps 50 years sooner or earlier, and she's able to communicate with her, and it's very comforting, not only for the person who's dying but also the family. So just go to Julieryengift.com and we'll send you a free copy. Okay, Chris, who's next? Here we go.

Just wanted to report my recent PET CT scan result. This is Kim. The GIST tumor has no increased metabolic activity. A normal CT. Yay, thanks for the healing, Julie. Oh, kim, how wonderful. Thank you so much for letting us know, congratulations. So keep up the good work. I'm just spirit working through me and with me to help you heal yourself. So congratulations to you, because you're healing yourself and that's what we all do. Anybody that's doing any kind of healing work, whether it's Eastern medicine, western medicine or, you know, a shaman or a healer like me, an energetic healer, whatever, anybody who's a doctor of acupuncture, a chiropractor, whatever we're all helping you heal yourself. So thanks, kim, for letting us know. AskJulieryanshow.com If you want to have a conversation with me, we're at AskJulieRyan on the YouTube live stream. Put your first name and where you're located and your question in the chat and we'll be taking questions. Some more questions from over there too. All right, let's see who's next. Hello, Karen.

0:37:17 - Karen

Hi Julie, thank you for taking my call. Wow, well, you are most welcome. Where are you? I live in Stony Plain, Alberta, Canada.

0:37:29 - Julie

Okay, terrific, this is my Canadian night tonight.

0:37:33 - Karen

Apparently so. Yes, yeah, I love to listen to you. You know what, if I've had a rough day, I listen to repeat podcasts. They just make me feel good. Lots of optimism.

0:37:46 - Julie

Thank you, oh wonderful. Plus, you're tuning into my high vibe that everybody's in when you listen to the show. I mean you don't have to do anything, just thank you for saying that. I was talking about that earlier. And you just listen to it and you're in a high vibe and remember, when you smile, your brain thinks you're happy, so Okay. And you're in a high vibe and remember, when you smile, your brain thinks you're happy. So, even if you're not, it's true, it's true. Okay, what you got for me, girl.

0:38:12 - Karen

You know what Our nephew this summer. He was on a trampoline. He's 35 years old and he was really good on his tramp when he was a kid and he did a flip that he's done a hundred times before and he landed wrong Immediately. He knew he landed on his stomach and I think it was a C3, 4, and 5. And they rushed him into the hospital and they had to stabilize surgically his neck and he's been in there ever since.

He was in intensive care for a long time. He's so positive and he just he really wants to push his body to be the best that he can be in this situation. He keeps getting infections in the hospital. He's just had some horrible, horrible bed sores, like right to the spine bed sores, and we go to visit him and it's incredible for what he's going through. He and his young wife, I mean. She's there from 7 in the morning till 9 at night every day. You leave that room feeling energized from his energy. He's so optimistic and I just thought if you could scan him and see if there's anything that you know that you think could be done for him. Yeah, is he?

0:39:38 - Julie

paralyzed from the neck down or His chest, his chest.

0:39:43 - Karen

Yeah, that's what I'm getting. You know, he, when he gets these periods where he can go in for therapy like I said, he's been plagued with all sorts of infections he seems to progress and he's really positive, like at the beginning he couldn't even hold a fork. Now he can. So whether there's any hope, you know, for him long term.

0:40:09 - Julie

What's his name, Karen? His name is Cole Cole C-O-L-E. That's right. Yeah, does he know we're going to scan him tonight? Did you talk to him about it? I did, okay, so I'm going to connect to you. Is he close by you?

0:40:25 - Karen

He's in Edmonton, which is close to me. It's 20 minutes.

0:40:28 - Julie

All right, here comes my laser beam from Sweet Home, Alabama, heading north. Got you going over to Cole. I always ask permission before I scan somebody, you know that, and if he says yes, I will, if he says no, I won't. However, we can talk to a spirit and we can get information that way. So, cole, I'm talking to your Aunt, karen. May I scan you energetically? He's going yes, yes, please, okay, perfect, all right, here we go Shooting energy from his feet up through the top of his head, all right. So it's like from the base of his neck as it goes into his back down. It's dark, it's like the energy isn't in there. So what we're going to do is we're going to shoot energy in there. It's like a backup generator when your power goes off. And it runs the power, let's say there's a electrical line down and it's affecting your neighborhood. Your neighborhood has a blackout, but you have a backup generator and that's what's happening.

I've hooked him in hi spirit and I'm watching the show here. We've hooked him into a backup generator to illuminate what's going on in his back. I'm looking at him from behind, karen, so

going in, I can see where the injury is. Okay, so what? I'm watching, and I see this quite often now. I'm watching all those bones come apart, like if we're watching an animation of the bones coming apart, they're floating in the air and then they're going to go back in in a proper position. Does that make sense? Yeah, so that just happened. It came out, they went back in in their proper position. Okay, he lit up on his own. With that, I watched the energy go down, and so he's lit up on his own. With that, I watched the energy go down and so he's lit up on his own. The backup generators aren't needed anymore. And then what I'm watching is I'm watching his whole skeletal system, karen, get taken out of his body, out of the top of his head.

Again, these are analogies for the energy healing that's happening. So we can have a human frame of reference to just picture something. It's the same frequency healing that's happening. So we can have a human frame of reference to just picture something. It's the same frequency as what's happening. It's just a way that we can interpret it from our human perspective. So a skeleton's been taken out of the top of his head. It's being dipped into a big vat of stem cell energy. Again, light amber colored gel sparkles, dippity-doo hair gelles dippity-doo hair gel.

0:43:05 - Karen

I remember dippity-doo. My sister and I used it.

0:43:08 - Julie

I had a babysitter that used it. I never got to use it. I probably need to buy some of that stuff and try it. I talk about it all the time. It was sticky. It was sticky, yeah, gooey, all right, but it probably held the curl well. So did you use those great, big, huge plastic rollers, or did you use no, those big sponge ones, the sponge ones.

I had to sleep on those as a kid. Gosh, that was crazy. Anything for vanity, right? Well, I was little, we were going to church the next morning and our hair needed to be curled, but no, like we were having penance from my mother making us sleep on those plastic. You know, spongy rollers, my sister and I. Anyway, we digress.

So his skeleton's gone back into his body. There's a vortex spinning, Karen, above his head, beneath his feet, on either side of his body and that's going to regenerate all those bones and everything. Now what I'm doing is I'm watching stem cell energy go in all those muscles and ligaments and everything, because they atrophy when they're not used. Oh, absolutely, we want to keep them in good shape. Those spirals, those vortices are still spinning all around his body. Got that All right.

So I see him in PT, I see him holding on to the bars. He's got to be strong enough to do that. I believe he'll learn, he'll relearn how to walk. I believe he'll completely heal. I do, yeah, and I know. And in the meantime, I always watch orthopedic healings always get tested. It's so funny, you know, it's like a knee's worked on, or a shoulder or an elbow, and they're tested to make sure it's working spirit is. But I see him walking holding on to the parallel bars in physical therapy. I think it's going to take some time for him but I believe he will completely recover.

In the meantime, let's fill up that bed sore. So, again, stem cell energy. It's the coolest stuff ever. It'll fix any body part we need. It'll even seal leaking breast implants. That's what I use as a temporary seal till my client can get them explanted and you know new ones or get them out all the way. So stem cell energy is filling that pressure sore and it's what it's doing. Is there's a vortex above it. It's healing. I can see it generating tissue from the bottom up and that's how those things heal. So it's pink, healthy tissue coming from the bottom up. Remind him that everything that he wants to happen to be focused on envisioning that, Because the body is going to follow what the brain tells it, even if the brain doesn't believe it to be true.

So there's an episode that we did. I want to say the woman's name was Brandy Gilmore Samantha, can you look that up please? Gilmore G-I-L. I think it's L-M-O-R-E or L-L-M-O-R-E. See if you can find the episode number. I had her on the show a couple of years ago, Karen, and she was in a wheelchair for six years and in tremendous pain. She'd been in a car accident and the doctors just couldn't do anything. She was on serious you know Oxy and other pain meds and she learned about the placebo effect and she was able to heal her body with her mind. So hopefully Samantha can find that episode number, but I believe it's Brandy Gilmore, G-I-L-M-O-R-E.

If you do an internet search, ask Julie Ryan, Brandy Gilmore and I would have him listen to that episode and have his wife listen to it and she's amazing what she was able to accomplish. So I believe he's going to make a full recovery. I think it's going to take some time. I think it'll take some time but I believe he'll have him focus on himself doing what he wants to do Podcast 475. Thanks, Samantha. So ask Julieryan.com slash podcast, slash 475. That's the link and have him listen to that. But have him picture what he wants to do, Because the body is going to follow with the brain showing it. It's kind of like Tiger Woods see the ball be the ball, you know, in golf.

0:47:45 - Karen

Well, last time we were in to visit he said Auntie, I'm getting out of here, I have a new, he's a horseback rider. He said I have a new little mare. And he said I want a rider, perfect, he will.

0:47:56 - Julie

I believe he will Thank you so much. Oh, I appreciate that so much. Yeah, thank you, give him a hug from us, absolutely.

0:48:04 - Karen

Thank you so much. Bye-bye, thank you.

0:48:06 - Julie

You bet. All right, let's take one more caller, Chris, and then we'll announce our winner, so you can warm up the percussion section. In the meantime, let's see who else we've got that has a question this evening. Hello, Jason.

0:48:22 - Jason

Hello, how are you, sir? Awesome Thanks for picking me for a spirit, you bet, sitting one in the same, you bet. Where are you? Yep, I'm in Montreal.

0:48:34 - Julie

I'm telling you, it's Canada night here.

0:48:37 - Jason

It is Canada night. That's why it's yeah, that's the theme this is. I was put onto your show a couple of weeks ago and I've been absolutely binging a little bit on the channel and absolutely loving it. So it's fun You're going to be awesome.

0:48:53 - Julie

This is show 715 tonight, episode 715, Jason, that blows my mind. I can't believe we've been.

0:49:01 - Jason

There's still a lot more for you to check out. A lot more for you to check out. A lot more for you to check out. Yeah, absolutely, it's going to be awesome. I was put onto your show by my mom so I thought I'd request a healing for her. Sure, she has a few issues that she's curious about. Okay, pick one To get a little bit of info. Pick one For context. She recently overcame a little bit

of cancer, oh boy, which wasn't too heavy, but she nipped it in the butt a little bit early, but she overcame that. And recently just I think a week or so ago she found out she had a little bit of glaucoma that's cropping up in her system. She also has diverticulosis.

0:49:45 - Julie

Okay, pick one, pick what.

0:49:47 - Jason

Let's go with glaucoma the latest. That's what I was getting to.

0:49:52 - Julie

Let's do that. Yeah, I just limit it to one on the show because we can get lots of people.

0:49:56 - Jason

Yeah, yeah, totally get it for sure.

0:49:58 - Julie

Suggest that she schedule an appointment with one of my graduates or me, and then we'll have a whole hour and we can do a deep dive on all of these things with her. My graduates are all fabulous and you can usually get in to see them easier and quicker than you can with me. I'm booked out a little bit and they're less expensive, but they're all absolutely wonderful. And just ask Julierinecom schedule your appointment, it'll all come up. So what's your mom's first name? Jason.

0:50:28 - Jason

It is Fiona.

0:50:29 - Julie

Fiona. Okay, and she knows we're going to be talking about her tonight, huh.

0:50:34 - Jason

Yep, yep, probably watching the YouTube live.

0:50:36 - Julie

Perfect, hi Fiona. All right, here we go, and she lives close to you.

0:50:41 - Jason

Yes.

0:50:42 - Julie

Okay, here we go. Here comes my laser beam from Sweet Home, Alabama, heading north again. Knows the path by now. All right, got you going to Fiona. I'm still going to ask her, fiona, I'm talking to your son, jace, and she goes. I know, I know, it's fine.

Okay, good, all right, shooting energy from her feet up through the top of her head. It's going to her left eye first. Interesting, the left eye looks like it's clearer than the right eye. Sometimes the energy goes to the side of the body that's doing the heavy lifting, Jason, and it's going to basically do some kind of a healing on it to strengthen it, while the other eye is healing and having work done on it. So what I'm watching happen.

She's got some pressure in that eye, but it's worse than their right eye. So there's a little tiny pinpoint laser that's lasering little tiny holes in her eyeball and it's leaving the pressure out of her eyeballs. So we've got that. Let's go over to the right eye. See what's going on. It'll be interesting. When you ask her if her right eye is worse than her left. Looks to me like the right

eye is worse vision-wise, because I'm looking at her through the back of her head. I'm looking, I'm looking through her eyeballs, through the back of her head, and so it looks like she's got a cataract on that eye too, as she talked about that, because it looks really.

0:52:09 - Jason

It looks really cloudy, so that's what I think the glaucoma was on the left, but uh yeah yeah, so that's where I saw the laser beams go in the right eye.

0:52:17 - Julie

the vision looks worse though, so I'm watching. You know what a contact lens looks like. I'm watching that lens get removed from her eye the cloudy one. A new one's going in. It's called an intraocular lens. That's what they use in surgery One little stitch on the outside of her eye. I'm not seeing the lasers work on the right eye like they did on the left. So what I'm also watching happen, Jason, is I'm watching the muscles in the back of the eye get pulled together.

Karen was just talking about her nephew that wants to ride his new horse. Think of a horseback rider, how they hold both reins from both sides of the horse's head in one hand. That's what I'm watching happen, then. That'll help her for close-up vision with that. What I'm also watching happen is behind that left eye her vascular system's getting cleared out. So there's a think of a corkscrew inside a tube that would be the vascular supply to the back of her eye, and it's getting cleaned out, if you will, so that she doesn't have the pressure in that eye. It's kind of like you know you have a hose, a water hose for the garden, and you squeeze it and the pressure is higher when you squeeze it and you know it can be stronger. So, like the nozzle, you make the nozzle thinner and the water comes out with more force. That's a similar example here, so got that going on. Hopefully that'll help with her. I think she's going to be fine.

Yeah she's going to be fine and have her schedule an appointment with one of my graduates or me, and then we'll just do a deep dive on her. We'll get all of that stuff taken care of. You're a great son. Okay, awesome Call in for your mama.

0:54:12 - Jason

She's a great mama. There we go.

0:54:14 - Julie

Wonderful. Thank you for listening, awesome Thank you so much.

0:54:16 - Jason

I know she's going to love this, you bet. Thanks, Jason. Awesome, thanks, take care, bye-bye.

0:54:21 - Julie

Okay, Chris, percussion please. Okay, I told you he loves his part. All right, this in order to register for the drawing. You know I give away a free session every month, or \$750 with me for an hour, so that's a big prize. And then I give away a free class every month and that's worth \$300. It's my online self-paced angels and enlightenment training and it has practice sessions that are live, that go with it and there are multiples a week. They're all moderated by graduates of my big angelic attendant training class where you learn the whole buffet of psychichness. And you know I only teach that twice a year once online in May, live, and then in Atlanta, live in the fall. Just did it last month in Atlanta. So the winner of the angels and enlightenment training class is it's an Apple review and she calls she calls herself Awesome and Awesome says. What a great name to put for your review. I love this podcast.

Julie Ryan is nurturing, compassionate and her life wisdom shines through as she uses her laser beam to hone in on each person's particular situation. She does listen. She takes

everything into account, spiritual and material. What a gift. Oh you, sweet thing. Thank you for that wonderful review. All you need to do awesome is just go to AskJulieRyan.com and on the homepage you'll see Ask Julie a Question. Just send us a note, say hey, I'm awesome, I won the free class, and my assistant, Rachel, will help you with all of the sign-in details and all of that. Congratulations. Now, if you want to register for these drawings, I give one away every month and, by the way, I give away a free session and a free class every live, which is the fourth Tuesday of the month. So, as I was saying, November 25th, askJulieryan.com slash live that's where you register for that AskJulieRyan.com slash live. You may win a free class or a free session with me there too, and then I give away other prizes too. So it makes it really fun for our woo-woo pajama party together. So awesome, congratulations.

Just leave a review and you'll automatically be entered into the drawing, and that can be on YouTube, it can be anywhere you listen to the podcast we're on all the channels and also on Amazon for any of my books. And you know, just leave a review. Those of you that have listened to or read Angelica Attendance, please leave a review on Amazon. Even if you got it for free, you can still leave a review, because it helps people in most need of comfort when they've lost a loved one, and it also how Amazon recommends books. It's predicated on the word that somebody puts in in the search and if there's a review that's been recent, it helps Amazon send that book to them. So please leave a review on Amazon. I would so appreciate it, and so would the people that are gonna find the book and get comfort from it.

All right, Chris, let's take one more caller and see who that is. Okay, this is from Kathy. I'll ask properly. Okay, hi, Julie and gang Kathy in Port Townsend, Washington. Here Julie hington, here Julie. Hi, Kathy, please. Well, a lot of e's.

Scan me what is happening, what the blank is happening with my left thumb. Let's heal it. Thank you. Okay, here we go.

So here comes my laser Kath, up to you in Washington. Got you it looks like it's jammed. Go see a chiropractor. They're going to pull it out and they're going to get it back in position. You've jammed it some way, and so I'm putting anti-inflammatory energy on it. Inflammation looks like red fog on body parts. Anti-inflammatory energy is a royal blue color. Think of those refreezable ice packs. That's what it looks like. It's kind of like a royal blue fog that goes over the part that's inflamed.

And what I'm getting, what I'm hearing from Spirit is, and what I watched happen was that thumb get pulled out to get it back in the proper alignment, kind of like a dislocated shoulder, a dislocated other body part. You know they'll adjust it and put it back in the socket. That's what I'm seeing, kathy. I think it's going to be pretty simple for you, but in the meantime, ice it and then find, if you don't have a chiropractor, ask around and find somebody that you know and trust, who's gone to a chiropractor for a while and they really like them, and then go see them.

So easy peasy. It's already been done energetically, so it's going to integrate into your body. You just got to get it done on the human side and it's all part of the healing equation and you're going to be just fine. So thanks for joining us this evening, Kathy, and I hope your thumb feels better. Okay, everybody Wishing you lots of love from Sweet Home Alabama, sending you kisses, and also happy Thanksgiving to everybody in the US. Enjoy time with your family and friends or in a restaurant or whatever, and we will see you week after next We'll have a show we'll release, but it won't be live. See you in a couple of weeks.

1:00:33 - Annncr

Bye everybody. Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at Ask Julie Ryan, and like her on Facebook at Ask Julie Ryan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:00:43 - Disclaimer

This show is for informational purposes only. It is not intended to be medical, psychological, financial or legal advice. Please contact a licensed professional. The Ask Julie Ryan Show, Julie Ryan and all parties involved in producing, recording and distributing it assume no responsibility for listeners' actions based on any information heard on this or any Ask Julie Ryan shows or podcasts.

Transcribed by <https://podium.page>