

AJR Live Nov 6th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We got a whole bunch of people on hold. We got people over on the YouTube live stream. Samantha's over there helping. And if you're joining us on YouTube, just come to Ask Julie Ryan and just put your first name, where you are and where you're located and your question in the chat and Samantha's over there to help. And then, of course, we have Chris on the main board and he's gonna be the captain of the ship navigating who comes in and all that jazz. As you guys know, I never know who's calling, I never know what their question is. I never know what spirit's going to say, which is why Thursday nights are so much fun. If you want to have a conversation with me, come in at AskJulieRyanShow.com and we'll get as many of you on as we can. By the way, I'm giving away a free session tonight valued at 750 bucks. So free session with me. So you want to stay tuned and see if you're the lucky winner, if you want to put yourself in for the drawing. I give away a free session each month and I give away a free class each month on this show.

Just leave a review wherever you listen to the show or on all the podcast networks. And you can leave a review wherever you listen to the show or on all the podcast networks. And you can leave a review on YouTube as well. And you can leave a book review on Amazon. We take them from there too.

Okay, Chris, who's our first person? Here we go, hedl Hedl from Australia. Hi, hedl, can you please heal my husband? No, but I can help him heal himself because, remember, nobody ever heals anybody else. We all just heal ourselves. It's spirit working through me and with me to help the person heal themselves. He has epilepsy. You've done healing before. Can you please check to see if he's getting better? We will then ask doctor to reduce his dose. Okay, all right, terrific.

How this works for those of you who are just joining us for the first time is I raise my vibrational level to the level of spirit and I watch a laser beam come from my body here in Birmingham, Alabama, and it's going to hook into Heddle down in Australia. I'm going to hook into her husband and then I'm going to have a hologram of him in my mind's eye. It's going to be as if I'm looking at an x-ray or a CT scan or an MRI. Something will be identified and then there'll be a healing. I'm going to describe it to you in great detail. Heddle, I want you to picture it. Play this for your husband so he can picture it as well, and then everybody listening please picture what I'm describing, because then we're all working together to help Heddle's husband heal. It's like the power of prayer the more we work together on something, usually the better the outcome. And, by the way, there's lots of university-based research about that, about my friend Lynn McTaggart, who I've had on the show a couple of times. She talks about the power of eight and it's groups of eight people that work on this same purpose, and they've got university-based research to show that the outcome is really terrific.

So okay, here we go. Here comes my laser beam from Sweet Home, Alabama, heading down to you guys in Australia. I see my laser beam go underneath the globe because you know it's going down under right. So, from the US it's going down and the globe moves. I watch it go across oceans and continents. So, from the US is going down and the globe moves. I watch it go across oceans and continents and it's a riot spirit. These images that spirit gives us. All right, got it Going from you to your honey. Got it, may I scan you? He said yes, yes, all right. You know, I always ask because it's an ethical thing with me. I'm not going to scan somebody without their permission. I just don't think it's right. So shooting energy. Let's look at his brain. The neural pathways are regenerating, so they look good. I'm not seeing scar tissue in the brain. We probably removed that last time I worked with you guys. I remember you guys, but I don't. I remember my clients and people that. I remember you guys, but I don't. I remember my clients and people that call into the show, but I don't remember what we talk about because I probably scan 3,000 people a year. So my brain's only so big and can hold so much information, so I don't remember what we did, but I'm sure that we worked on his brain.

The best thing that you can do for epilepsy and there's over a hundred years worth of research on it is to eat a ketogenic diet. Eat a carnivore diet or a keto diet, because they have been able to control epilepsy in children for more than a hundred years by putting them on a keto diet and it gets them off all their meds. So I hope that helps. I think he looks good. His neural pathways are lit up. Brain matter, hedl, looks like the cooked oatmeal to me, and the scar tissue in the brain that can occlude neural pathways Looks like chicken cartilage, the kind you'd see in a chicken breast with the bone in. So I'm not seeing any of that. My guess is we've scooped it out last time and then the neural pathways look like laser beams as part of a security system crisscrossing a room in a museum or a building or a home, and his are all lit up. So I would be super strict on the ketogenic diet or carnivore diet, which is pretty similar, and see if that helps. Thanks for joining us. Keep us posted on how he's doing.

Alrighty, askjulieryanshow.com. If you want to have a conversation with me and we're at Ask Julie Ryan on the YouTube live stream, remember to subscribe, remember to leave a comment. Wherever you listen to or watch the show. You know we've got five languages on YouTube. We've got English, Spanish, Portuguese, french and German. So if you have family or friends that speak those languages, please share with them and share this episode with them, because we always have people that call in and then people who listen and they've got a similar situation and they get. They heal themselves from listening to the healing being done for a caller. So you know, be sure and share this with your family and friends. Okay, Chris, who's next? Yelena.

0:07:22 - Yelena

Hi girl, hi Julie, how are you Good? I actually emailed with you a few times about my son Dominic. Please tell everybody where you are.

0:07:33 - Julie

I'm in Naples, Florida, okay, and tell everybody what's going on with Dominic.

0:07:37 - Yelena

Well, Dominic had a detached retina after getting poked in the eye by accident at school and now he had four surgeries. And I know you've done a few healings on him, but we keep going into surgery after surgery. And then this last time they gave him an oil bubble, which means they're going to have to take it out. So that means another surgery. So two things. I was hoping you can maybe check and see how he's doing. Do another healing on him, sure, find out if he's actually going to get his whole vision back. And here's another crazy thing that happened. He was walking through his gym minding his own business and a stray basketball hit him in his good eye, oh for heaven's sakes.

I'm like is this is spirit trying to tell us something? Did it affect his vision in that eye? We went to the specialist that did a bunch of imaging. It looks like it's okay so far, but Dominic is very high risk for retinal detachments so I don't know if we'll be out of the woods or not. So you know, maybe you can do healing and see what's going on, and maybe there's this. Is there something we need to know? Is there something we're missing from spirit? Is there a message? Are we not paying attention to something? Because first it's one eye, now it's the other eye?

He can't lose his vision. I'm really really scared.

0:09:05 - Julie

All right, tell everybody how old Dominic is. He's 14. All right, and what we're going to do is I'm going to get him on my radar and then we're going to see what's happening in the last spirit. What's going on with all these injuries to his eyes, for goodness sakes. All right, here we go. I'm going to hook into you first, and then I'm going to go from you to Dominic, and I've worked on him. So every time he's out of surgery or before surgery, I've been working on him. So let's see what's going on. And then he does well, and then something happens which is bizarre. Has he had to lay face down with this bubble?

0:09:45 - Yelena

Yeah he did. He had to do that twice.

0:09:48 - Julie

He's got to be so sick of all of this.

0:09:51 - Yelena

I can't even imagine he's such a trooper and it's funny because he's not a believer but I believe he's got such a strong connection to spirit. I also had an appointment with Karen over the summer and she too confirmed that he's got a really strong connection. So something up there is happening. We just don't know what it is or why. I was hoping you might have an answer.

0:10:13 - Julie

Karen is one of my graduates. You guys, you know I have five graduates that do sessions and oftentimes you can get in much sooner and they're a lot less expensive than I am. A lot of times you can get in within a matter of days. So, and they're all terrific, all five of my graduates Karen's one of them. All right, here we go. Here comes my laser beam from Sweet Home, Alabama, heading south to Naples. Got you Dominic, okay, going in his right eye first.

That's the one with the bubble in it. Yes, yeah, that's what I'm seeing. So it looks good. It looks good. I'm watching a little bit of stem cell energy get put on the right side of the retina where it's been put back in place. But I'm looking from behind through his right eye and it's cloudy because he's got that bubble on there. But the bubble is what helps the retina heal. So let me remove the bubble. We'll just do this future and see. He's going to get his peripheral vision first and I think that all of his vision will come back, but it may take a little bit of time, but he'll have some vision in that eye and then it will improve.

Let me look at his left eye where it was injured with the basketball. That looks fine, he's fine, he's good. Yeah, he's good. All right, spirit, what's up with all these eye injuries with Dominic? There's things he doesn't want to see, all right, what doesn't he want to see? I get he's very sensitive and has a really big heart and it affects him when he sees people suffering. Does that resonate with you as his mama, like when he was little? You know how little kids will see somebody hurt and that'll be really upsetting to them.

0:12:08 - Yelena

He just has a lot of compassion in general, you know, towards me, towards his dad. He's very loving, caring. He wants to make you know if I'm upset. He wants to make me feel better. He I feel like he's the adult in the family a lot of the times. He's just special, he's very special.

0:12:26 - Julie

Right, right, that's what I'm getting. So teach him the two-minute rule. Is this going to kill me in the next two minutes? Yes or no? If it's a yes, change the conditions. Get out of the road before the truck runs you over. If the answer is no, it's a fake fear and that's going to help lessen his anxiety and it'll be easier for him to see things that are less than optimal in his opinion. So keep us posted on how he's doing. Thank you so much, Julie.

0:12:54 - Yelena

I really really appreciate it, you're welcome. Thank you for doing hope. Give him my love. You're incredible, thank you for everything you do.

0:13:02 - Julie

Bye-bye, askjulieriashow.com. If you want to have a conversation with me, we're at Ask Julie Ryan on the YouTube live stream. Samantha's over there. She's my YouTube queen. She is helping people with their questions. Put your first name, where you're located in the chat and your question and we'll be getting people from over there as well. Remember to stay tuned. I'm going to be announcing who our winner of a free session with me is, and I'll have the honor and the joy of getting to talk to somebody for an hour. Remember to subscribe. Remember to share this conversation with your family and friends. Share all of my stuff with your family and friends.

We have great guests on the show. It's so much fun for me to interview these experts from all over the world. My gosh, I learn so much and I'm hoping that you guys get lots of golden nuggets and tidbits from the interviews as well. But what a treat to get to meet all these amazing people, both as callers into the show and then also guests that we have on the show in an interview form as well. All righty, Chris. Who's next? Lindsay from Florida. Hi, Lindsay. Oh, here comes your question. She said Lindsay from Florida. I thought, okay, I'm psychic, but I don't know that I can read your mind and find out what your question. It just said Lindsay, from Florida. I thought, okay, I'm psychic, but I don't know that I can read your mind and find out what your question is.

Something led me here tonight. That would be spirit, as I didn't know anything about your work until two hours ago. That would be spirit. Would love to ask you if there's a message you have for me from somewhere beyond. I've been seeking guidance. Okay, Lindsay, while I'm talking for a minute, type in and Samantha help her. Please Type in what your specific question is and if there's somebody that you want to talk to in particular. If not, you don't have to. I can just get it from Spirit. But you know, does Spirit have guidance for you? Yeah, I can be here for three weeks and I won't get through all of it. So what's your? What would you like? Guidance about? Spirit's very, very literal.

When she was saying, something led me here tonight. I was interviewed on another show earlier this afternoon and told this story, which was my favorite. So I'm you know, I'm telling you a story while Lindsay is hopefully typing. My favorite recommendation came with a client who lived in Hawaii. He was a professional pilot and he said I said well, how did we get introduced? And he said my grandmother. And I said oh, do I know your grandmother? And he said no, she's been dead for 20 years.

I laughed and I said well, how'd that work? And he said she appeared to me in a dream and she said you need to talk and work with Julie Ryan. And he said who the hell's Julie Ryan? And that's exactly what he said to me. And he said so I looked you up online and that's what

brought me here was my grandmother. So I told him. I said you know, I love it when dead people are doing my marketing for me. It was great. I love that. Are you trying to connect with someone in particular? Okay, that's Samantha asking All right, let's come back to Lindsay. Chris, do you have another one you can put up? And Samantha, maybe you can get a question from her. Hi, MJ, how are you? You look fab.

MJ

I'm fantastic. How are you? I'm terrific. Please tell everybody where you're located. Okay, I'm in Brooklyn, new York. Okay, terrific, how may I help you this evening?

0:16:41 - MJ

My mom asked me to ask you something on her behalf. Okay, she's 80 years old. She has an older sister that's now experiencing her second blockage in her colon and she's having surgery. And my mom, getting up there in age, her digestion is changing, she's having bouts of constipation and she's just a little nervous. She wants you to check and just make sure everything is okay in that department and her, you know, with her digestion, particularly her intestines.

0:17:09 - Julie

Okay, Okay, what's your mom's first name? Mj Donnie. Donnie, all right. My mom's name was Mary Jo, and she used to sign everything MJ with her initials. I like that. Yeah, I love that. You're MJ too. Okay, here we go. Here comes my laser beam from Sweet Home Alabama up to you in Brooklyn. Do they have the Christmas decorations up yet? I know they don't have the tree up yet.

0:17:35 - Annncr

Yeah, they do.

0:17:37 - Julie

There's no place more gorgeous than New York City at Christmas time.

0:17:41 - MJ

Oh yeah, it's just so fabulous. They really do it up. Yeah, I at Christmas time, oh yeah.

0:17:44 - Julie

Yeah, yeah, oh, really do it up. Yeah, I got to be there last year. I've been there many times, but last year it's always so magical. Ok, got you going to your mama, donnie, and I'm still going to ask her Donnie, may I have your?

permission to scan you energetically. I'm talking to MJ. She said, of course, ok, good, all Of course. Okay, good, all right. So here we go. I'm shooting energy from her feet up through the top of her head. Okay, yeah, she's full of stuff. So we're just going to roto-rooter her intestines. Imagine there's a corkscrew in there and it's spinning really fast and it's just cleaning out, you know, the stuff that's in there. You really don't want to let that stuff sit in there because the body can reabsorb all those toxins that it's trying to get rid of. The best way, while I'm doing this healing, the best way to deal with that, mj, is to get some brain octane oil Brain octane oil.

It's a highly refined coconut oil. Yes, yes, the body cannot store this fat, which is what I love. It's like you're not going to take it and your thighs are going to get bigger. That doesn't work that way, and it's it creates ketones, but it's going to keep things moving for her. If you go to AskJulieRyan.com and click on the sponsors page, there's a link there for the Bulletproof products. It's Brain Octane Oil by Bulletproof and there's a discount on there.

Anything that I talk about on the show, that's a product. My team does a great job of getting discounts for us, and so AskJulieRyan.com sponsors page you'll see a link there and you can get a discount. I would start off with a half a teaspoon twice a day. It doesn't have any flavor, it doesn't have any color. I put it on food. I use it three times a day, and it's the number one way that I've been able to stay off sugar for six and a half years. Oh, that's great.

0:19:50 - MJ

Is she a sugar girl? No, not at all.

0:19:55 - Julie

No, okay, that's it. Yeah. So most people think that, in order to have your system be regular, that you need a lot of vegetables, and vegetables are good, but what you really need is more fat, more good fat olive oil, coconut oil, avocado oil, grass fed butter. You need more fat. Think you want to grease that so that things move.

All right, that's how you remember it. So other than that she looks pretty good, I'm shooting some energetic estrogen into her, because she kind of looks like a plant that's wilting from lack of estrogen. So she just perked right back up.

0:20:35 - MJ

And other than that, you bet Give her my love. Yeah, I will do, will do.

0:20:39 - Julie

Thank you, I appreciate it. Thanks, mj, bye, bye. Askjulieryanshow.com. If you want to have a conversation with me, if you're joining us on the YouTube live stream, we're at Ask Julie Ryan. Just put your first name and where you're located in the chat, along with your question, and we'll be taking all kinds of people from over there too. So let's see if the guy we were talking to before, let's see if she came in with another question, see if Samantha was able to get her to do another question. Here we go.

I've been unlucky in love, just ended a relationship and wondering if it was the right call. Absolutely, I got that in my head, girl, before the question was even read all the way, before the question was even read all the way. Okay, so I've had two shows. I want you to look these up, lindsay. The first one is look up Ask Julie Ryan, nancy Bruce, nancy Bruce, she's a dating expert and she has all kinds of amazing tips for anybody that wants to date. She found love midlife and has this whole strategy that she uses. The second one is you want to look up Ask Julie Ryan for the show Gloria Horsley, h-o-r-s-l-e-y. She and her partner Frank call themselves the golden dating doctors. Her partner, frank, call themselves the golden dating doctors and they're in their 80s, but they have great advice. They released a book oh I don't know six or eight months ago or something, and it is just amazing for anybody of any age looking for a partner or a mate. And the number one thing that stands out about what I learned from Gloria and Frank and Frank told me this and told everybody listening this he said if you're doing the dating sites, and that's really the best way to meet somebody because it expands your circle of acquaintances but the thing that really stuck with me, lindsay, was he said if you're talking to a man who just wants to text with you and doesn't want to meet you for a cup of coffee, move on. Because, he said, women tend to fantasize and create this relationship in their minds when they're texting with somebody and it's a total waste of time because it's not real. You want to text with somebody you know on the site and then and go back and forth a couple of times but then say, hey, let's meet for coffee or whatever, so that you can cut to the chase. If it's somebody that you feel a connection with, great. If not, you can move on and not waste your time. I thought that was really a great piece of advice, and both of those shows are loaded with advice for anybody that's wanting to find a partner, whether you're a male or a female. So Ask Julie Ryan, gloria Horsley PhD, and Ask Julie Ryan, nancy Bruce. If you do a Google search on

that, both of those episodes will show up and you'll learn so much stuff. So good luck. Let us know how it goes.

What I found over the years was spirit. When people say, well, do they have a message for me? Well, yeah, they have tons of messages for you, but spirits are really literal. So how applicable the information they send you is going to be predicated on how you ask the question. So you know, is my love life doomed? That's a pretty specific question. No, it's not.

You know, there's always a way for you to meet a partner. The one that I like to use is an example is hey, mom, who's spirits in heaven? Are we going to enjoy the movie? And you hear yes, and then later that night you're watching some movie and it's awful, and you're saying, mom, what's up with that? And what happened was the way that you asked the question could pertain to any movie you're going to watch throughout the rest of your life, whereas if you said, hey, mom, are we going to enjoy Frozen 2 on Disney Plus tonight? See how specific that is. Then you're going to get an answer. You're going to get guidance that's going to be applicable and usable. So you want to be really specific when you talk to spirit. Okay, Chris, who's next? Hi, annette.

0:25:07 - annette

Oh, hello, hello, how are you? I'm good. How are you Good? Where are you Good? Where are you? I'm in LA. Okay, great, and I got a pet question. Yes, ma'am, I have several cats, but I used to live in Austin, and when I was living there, I had a cat named Tiggy, and my mother left the door open and she jumped the balcony. Oh, she did. My mother left the door open and she jumped the balcony. So my question to you is can you tap in see if she's alive or dead? If she's alive, is she happy? Is she with the family, or does she want me to find her? If she's dead, how and when did she die? And if she has any final messages for me? So, do you live in LA now or you're just visiting LA? I live in LA now, yeah, so she jumped the balcony. I think it was around in 2020. And I've been in LA since 2023.

0:26:11 - Julie

Okay, yeah, she is still alive. She's with another family.

0:26:15 - annette

Oh good, I was hoping that.

0:26:17 - Julie

She's very happy they had children. They have children. She's gotten to grow up with the kids.

0:26:23 - annette

Yes, she's very happy. Okay, I was kind of hoping for that. My gut actually was telling me that, but I didn't expect it.

0:26:30 - Julie

She's good.

0:26:31 - annette

Thank you, I love her name yeah, yeah, she's good.

0:26:35 - Julie

Enjoy

0:26:35 - annette

LA. Thank you, you're welcome, thank you, bye-bye.

0:26:37 - Julie

Congratulations on your Dodgers winning the national the World.

0:26:43 - annette

Series.

0:26:44 - Julie

Yeah, earlier, I think it was last week or this like in the last few days.

0:26:48 - annette

Yeah, a few days ago, yeah, uh-huh. Yeah, I don't really follow the sports. My sport is volleyball, but yay for LA.

0:26:55 - Julie

Absolutely. Thanks so much.

0:26:58 - annette

Thank you.

0:27:00 - Julie

You bet. Oh, that's always fun and it's interesting how, when our pets run away or they, you know we think that they're lost. Oftentimes they're with another family and they're just happy as clams and their time with you has come to an end and they've given you all the guidance. I think all pets are spirit guides. Come to an end and they've given you all the guidance. I think all pets are spirit guides. When I have a healing done on me, my late dog Katie, who was half German Shepherd, half quiche hound, she's on her hind legs and she's got her little paws up on the table and she's participating in the healing with all my deceased loved ones and, of course, pope Clement. He's there too. So, yeah, they're always around us.

Okay, askjulieriashow.com, if you want to have a conversation with me. We're on the YouTube live stream at Ask Julie Ryan, and just put your first name and where you're located and your question in the chat, and we're taking questions from over there this evening as well.

Remember to stay tuned, because in a few minutes we're going to announce who's won a free session with me. Remember to well, remember to stay tuned, because in a few minutes we're going to announce who's won a free session with me. Remember to subscribe, remember to ring the bell so you know when a new episode is released, and then, hopefully, we'll continue to learn together. That's what the MO of this whole adventure is. On the Ask Julie Ryan show, I'm always looking for ways to combine practicality and spirituality Because, after all, we're here having the human experience. You know, spirituality is supposed to help us, but we're supposed to be having the human experience. How can we make it more joyful and easier and more of a fun adventure? Okay, who's next? Chris? Oh, kim, hi.

0:28:45 - Kim

Kim Hi, there. Hi, I'm calling from the Upper Peninsula of Michigan. Oh wonderful.

0:28:52 - Julie

Cool glasses. You guys that are listening, she's got on these fabulous aqua glasses. Very Mod Squad, I love them. Thank you, yes, keep Mod Squad, I love them Thank you? Yes, people tend to like these. My girlfriend Beth calls glasses eye jewelry. She says it's eye jewelry. Yeah, it really can be. You got the right pair Exactly.

0:29:15 - Kim

How may I help you? So I have. I'm going to be talking to you on New Year's Eve. I scheduled that maybe, yeah, a month or so ago, but in the meantime my cancer came back. Oh, and I

have a gastrointestinal stromal tumor, gist. I had a really big one, it was over 20 centimeters and I had that one removed a year ago and I have a new spot on my last CT scan. Okay, I'm taking a new approach and I've gone keto. I'm thinking about doing the Joe Tippins protocol that includes the dog dewormer, panic cure as well as maybe some CBD oil, curcumin stuff like that. Started exercising more and I don't know. I was wondering if there's any more guidance from my guides about if I'm going in the right direction. I did sign up for a functional medicine to get to my gut issues, which I've had since I had my first when I had a colonoscopy. I've had my gut spent off ever since then, when I was in my late forties.

0:30:43 - Julie

Okay, all right. Are you a nurse? You look like you have a nurse name badge on.

0:30:48 - Kim

Oh, yeah, yeah, I am an ultrasound tech at a hospital, yeah, okay.

0:30:52 - Julie

All right, all right, here we go. Here comes my laser beam from sweet home, Alabama, heading to you in Michigan, got you shooting energy from your feet up through the top of your head. Oh, I can see. What are your doctors suggesting?

0:31:08 - Kim

Well, they're suggesting that I get a PET scan to see if it's spread and then maybe just have that cut out again at Mayo Clinic. Okay, all right.

0:31:24 - Julie

So I can see where it is. It's encapsulated. So we're removing that. We're going to do a full cancer healing on you. Imagine there's a big vertical oval tube in front of your body and there are two holes, kim, that have opened on the bottom of your feet. So all your lymph fluids going inside that tube and it's spinning in a clockwise direction and all the toxins are coming out the bottom of your feet. It's kind of like reverse osmosis purification, like what we do with what plants do with purified drinking water. You know they'll say reverse osmosis purified. They keep the liquid, they get rid of the toxins. So we've got that. Now what we're doing is there's a big metal dome that's come down on top of your body. As it lifts off, it's removing your lymph nodes that have sequestered toxins. Those are doing their job. That's what they're supposed to do. And now you're being sprinkled with stem cell energy.

My favorite stuff on the planet Light amber color gel has sparkles in. It Reminds me of Dippity-Doo hair gel when I was a kid in the 60s and 70s. They still sell it on Amazon. You can find it if you want. And so we've got that going. There's a vortex spinning, kim, above your head, beneath your feet, on either side of your front and behind, all spinning concurrently. That's going to regenerate your lymph nodes. I just read a study earlier this week that said that when surgeons remove lymph nodes, that it's not a good thing. The latest research is showing that the lymph nodes are such a big part of the immune system that it really whacks the immune system when the lymph nodes are removed. See if you can find that online. You may want to look up that study and it's just I've just read it, like in the past week, I think.

So there's that, especially if you're going to have a PET scan and they're going to see where it's metastasized. I'm not seeing it metastasized, by the way, I'm seeing it just in your gut. When I see somebody that has cancer that's metastasized, kim, it reminds me of a dairy cow. Think of a white cow with black splotches on it. Looks like somebody threw wads of black paint on them, and that's what metastasized cancer looks like. I'm not seeing it with you.

0:33:52 - Kim

Thank you.

0:33:53 - Julie

So could be wrong, but I'm not seeing it right now. All right, and future events are fluid. You know, that's what I'm seeing at this moment in time could be different tomorrow, next week, next month, next year, but right now you're good. The other big thing is you're not dying, because I wouldn't be able to scan you if your spirit was out of your body, because the spirit's the power source for the body. So not that you thought you were dying, necessarily, but I'm just throwing that in there, you know. For you to know.

Yeah, yeah, you're not dying at the moment. Okay, so we've got that. Now heavy metal detox two big U-shaped magnets on either side of your body, those big silver and red U-shaped magnets. They're joined in the middle. They're going up and down your body. They're pulling out metallic particulates. They turn a quarter of a turn, go up and down your body, turn a quarter of a turn until they make a full revolution. The nanoparticles look like little sparkly and dull pieces of glitter, kim. And they also look like a strand of fiber from a steel wool scrubbing pad used to scrub pots and pans in the kitchen. I don't know if they still make those, but they used to. So, but you know what I'm talking about. So we've got that.

Now we're going to do a DNA healing. So DNA, of course, is the recipe that tells the cells how to behave. A strand of DNA looks like a piece of paper you'd see inside a fortune cookie with a fortune written on it. You know, spirit comes out with these crazy analogies just to give us a human frame or reference for this energy healing that we're doing. And DNA is comprised of four nucleic acids represented by four letters A-T-C-G. One strand can have 100,000 letters on. It can have up to a billion letters. I'm watching those letters get rearranged, resequenced, if you will, to go back into a normal sequence. You have eight strands of DNA that are getting resequenced and put back to a normal recipe.

It doesn't mean that it's a hereditary thing. Normally it's environmental. Normally it's epigenetics. It's something that you're exposed to in your environment. We've got that, okay. And mRNA did you have mRNA? No, no, okay, you've had people shed on you. So I'm watching that get removed and those letters just get taken off the strands. They just get nullified. So we've got that going. So now there's a vortex that's wrapping around you. You remember those slinky toys when we were kids? They were those spring things. That's what this looks like. It's a thin hairline thickness, blue spiral of vortex. I see lots of vortices in healings and when people are dying, you know, as they're going to heaven and a bunch of other areas. And I learned recently I think it was discovered in the past six months that scientists have found that inside every human cell's nucleus you know, the nucleus of a human cell is a black hole vortex.

0:37:07 - Kim

Oh wow, Isn't that wild.

0:37:09 - Julie

So that's why I see all those vortices in healing and you think about. I always think of black holes in outer space and apparently they're a real thing. So I see them a lot in the work that I do. I think there's a whole new area of physics called vortex mathematics that is really kind of coming on board, and I find that fascinating too. When I say science, science catches up with woo-woo, because woo-woo's been around a whole lot longer than the science. So well, I'm looking forward to getting you for a whole hour on New Year's Eve.

0:37:46 - Kim

Wear your party hat.

0:37:48 - Julie
Wear your party hat Okay.

0:37:50 - Kim
Will do. Thank you so much.

0:37:53 - Julie
One other thing, Kim if you want to get in earlier anybody that has an appointment with me or with any of my five grads that do appointments with me you can always check the reschedule button on your confirmation and when you do that, it'll show you earlier dates that have become available, because oftentimes people schedule and then something happens and they reschedule and then a date will open up perhaps much quicker.

0:38:22 - Kim
So you can do that with me. I wasn't sure how to do that. I tried to go on and look and I didn't see any dates. But I didn't know there was that button. So thank you.

0:38:30 - Julie
There's that button on your confirmation email. Same thing with all my grads. If you're trying to get in sooner, click the reschedule button and then see if there are earlier dates. It's not going to change what you have, but it'll give you the opportunity to perhaps see something that you can get in sooner.

0:38:48 - Jennifer
Okay.

0:38:50 - Julie
All right, thank you, hope you feel better.

0:38:53 - MJ
Thank you, you bet AskJulieRyanShow.com.

0:38:57 - Julie
If you got a question for me. We're at Ask Julie Ryan on the YouTube live stream with Miss Samantha over there and let's see who's next and then I'll announce who the winner is of our free session with me. Kimberly. Kimberly from Texas. Hi, girl, my very first live. Oh, I'm so thrilled to have you join us.

Can you please tell me my guardian angel's name, maxwell? I heard Maxwell Maxwell say you can call him Max if you want. Remember, spirits don't have a gender, but it's okay that we equate a name with a gender because, again, it's our human frame of reference and spirit's always wanting us to use our human frame of reference to help us feel more comfortable in talking with spirit. So, kim and Max, there you go. Maxwell, not Maximilian or Max, whatever, it's just Max, max or Maxwell. And you know how you talk to them, kimberly, you just say something. You think of them. Think of Max, your guardian angel, that tunes your satellite dish head to his frequency. Every spirit has a frequency. They keep throughout all their lifetimes. Every thought has a frequency too. Every animal has a frequency. And when you think of Max, your guardian angel, that tunes your satellite dish head to his frequency and it opens up, kind of like a two-way radio communication, and you just say something, either aloud or in your head, and Max is going to answer you. How you know that it's an answer from Max is it's that first thing boom, fast as you can snap your fingers, that comes into your head. It's going to feel like your thought, because that's how spirit communicates. And if it comes in before you've finished asking him something or saying something to him, that's okay Because, remember, time doesn't exist in the spirit world. Time's a human creation. So he's already got your

thought and he's answering you, sometimes before you've even finished thinking the whole thought. So let us know what Max has to say. Max the angel, I love that when I first started talking to guardian angels, when I first started this work, they'd come in with these names that were just crazy to try and pronounce.

They'd be 15 letters and they'd be all consonants. I'd say They'd be 15 letters and they'd be all consonants. I'd say how am I supposed to pronounce that? So I started asking for American English names that were easy to pronounce and since then they give me names like Max. So there you go. I don't know that they have a specific name. I think they give us a name that we can use, like my Pope, clement or you know whoever Moses. It's just a name that we can use, again from our human frame of reference, to help make it easier. Okay, Chris, let me get my glasses on and let's see who our winner is this month for our free session. That's his favorite part, you guys. He practices on that. All right, this is from somebody named Holistic Angel, who left this review on Apple Podcasts. And Holistic Angel, speaking of angels, that's good timing, says.

I started listening to the Ask Julie Ryan show this year and also her past episodes I think this is episode 709 tonight, so we got a bunch of them. Julie's always given holistic health advice that resonated with my integrative health approach. I was diagnosed with colitis a few years ago and was medically managing with medication. A few months ago, stressful life events left me suffering bloody stools daily. I took Julie's advice from an older episode about the gut and diet. I also started Beam Minerals and as julierinecom sponsors, you'll find the link there. In less than a week, my bleeding colitis stopped and my stools are normal. I really appreciate Julie sharing her gift with the world.

Oh, how sweet, holistic Angel, you have won a free session with me. We will have an hour to discuss whatever you want, whatever category you want, as many categories as you want. We'll be talking about anything from the buffet of psychic tests, anything spiritual, so we can do medical. We can talk to deceased loved ones, I can scan your pet. We can do past lives, we can get advice for you from spirit, your angels, you know whoever. And it's a blast. We have so much fun. The hour goes very fast, so just go to AskJulieRyan.com and send me a note. It'll say ask Julie a question. Just send us a note and say hey, I'm Holistic Angel, I want a free session with Julie on the show, and my assistant, Rachel, will find a date and a time that works great for both of us. So I look forward to getting you all to myself for a whole hour.

If you want to put yourself in the running for the drawing and with the chance to be chosen for a free session or a free class, just leave a review Anywhere you listen to the show, or on all the podcast networks, on any of my YouTube channels and also on Amazon for one of the books. So everything's at AskJulieRyan, askjulieryan.com, askjulieryan Podcast Network, askjulieryan on YouTube. You'll find me. Furthermore, any of you who want a free copy of Angelic Attendance what really happens as we transition from this life into the next just go to askjulieryangift.com or you can find it on my regular website and just say, hey, I'd love a free digital and audio book download and we'll sell it. We'll send it to you for free, and it has different diagrams in it of the positions of the angels as somebody is transitioning.

So if you ever think you're going to lose a loved one which we all are or if you ever think you're going to die yourself I mean, this is reading that is going to tell you what's going to happen. I think it should be taught in the schools. So AskJulieRyanGift.com will send you a free copy. And for those of you that have gotten free copies, or you've bought them or gotten them as a gift, please leave a review on Amazon under Angelic Attendance, because it helps others find this information when they're in most need of comfort. They've either just lost a loved one or they have somebody at the end of their lives for whom they're caring.

And that's how Amazon recommends books is based on the reviews. The more recent reviews, you know, make the algorithm work and it helps people find this information, which I haven't found anywhere else. I don't know of anybody else that talks about the phases of transition and what happens, although you know, university based research shows that 90% of people see the spirits of deceased loved ones and pets as they're transitioning, so it's very common. I just go into detail about what's happening. Okay, Chris, who's next? Hi, Jennifer, hi.

0:46:34 - Jennifer

How are you, my girl? Let's see if I can get in the camera. I recently had to have my lower right molar pulled and they said it was due to resorption, where my tooth was reabsorbed, and then a couple of weeks later my acupuncturist said I had long COVID. So I have a lot of exhaustion, and I have, since I've had COVID maybe five years ago. Okay, all right, where are you located? I'm in Fort Bragg, California.

0:47:00 - Julie

Okay, all right. Where are you located? I'm in Fort Bragg, California. Okay, all right, here we go. Here comes my laser beam. So you had your tooth pulled. Are you going to get an implant? What are you thinking?

0:47:09 - Jennifer

I had an implant prior and my body did not accept the titanium. Oh gosh. So what's plan B? I don't know. It's a very rear molar, so maybe I won't have a tooth, or I did hear that you could get a ceramic one as opposed to titanium.

0:47:28 - Julie

Okay, move over to your right, move over the other direction. You're like scooching off screen very slowly. So, yeah, you're good. Okay, now move back over. All right, stay, don't, move, don't move stay still Stay. Still, all right, here we go, because I want everybody to be able to see you. Here we go. Got you shooting energy from your feet up through the top of your head. All right, did you have a root canal in that tooth?

0:47:58 - Jennifer

Maybe I did see a filling in it, so perhaps that there was a root canal, I think it looks like there was.

0:48:04 - Julie

So what I'm doing is cleaning out that socket. Looks like, you know, when you have a fire with real wood and the wood gets all charred and before it turns to ash, you know it's kind of chunks of charred wood but then you touch it and then it just disintegrates into ash. That's what it looks like inside of your socket where your root was, which is what's leading me to believe that you've had a root canal done on that tooth. So, cleaning that out, watching an energetic spike that they I don't know what they call it the peg or the spike or whatever that they put in that they screw the tooth onto, I guess ceramic will work for you. I would try that. Try the ceramic tooth. Do you need to have that tooth replaced? I didn't hear a. Yes, I heard an absolutely. That's pretty definitive that I heard absolutely. So there's that. I think we lost her signal. She's not moving, but hopefully she'll hear this on the playback. Long COVID, you wanna go to wellnessmedicine.com, peter McCullough, dr Peter McCullough's site. You wanna look for the Long COVID Spike Protein Detox. It's a compilation of two enzymes, nanokinase and bromelain, along with curcumin, and there was research done by Dr McCullough and the University of Michigan that shows how effective that is. So look up wellness medicine I think it's the wellness company and McCullough, peter, mccullough, md and you'll find that that spike protein detox and that'll help you feel better.

Okay, Chris, I think we have time for somebody else. You want to put them through? Hi, John, Barbara from Ohio. Okay, John must be your husband or your boyfriend or somebody. I have sciatica in the left lower back. It's killing me. Oh honey, could you please send some healing? Thank you, Julie, love you well. Thanks, Ohio girl. I'm an Ohio girl too. My birth and growing up all right. Yeah, going in hooking into you in Ohio got you all right. Yeah, I can see where it is.

So imagine that sciatica nerve is a tube, Barbara. Imagine that it looks like a piece of aquarium tubing. Imagine that there's a little corkscrew inside of that tubing that's spinning and it's grinding up any kind of gunk that's in there. Gunk is a medical term I invented. It stands for dead cells, any other kind of debris that's inside either the vascular system or the neurological system. In this case neurological for you. So we're roto-rootering out your nerve. For those of you that aren't, in America, roto-rootering is a term for a company called Roto-Rooter. That's a plumbing company that's national here and everybody knows the jingle Roto-Rooter that's the name. You guys can finish the jingle.

Anyways, I digress, going that corkscrew's spinning, okay, all the way down and it looks pretty thick in the back of your thigh. I know you said lower back, but back of your thigh is kind of like when you have an auger and you're digging in soil to plant bulbs or a tree or something and you run into clay and it kind of is hard to get through that dirt. That's what this is reminding me of. Okay, just broke through, going all the way down your left leg and now we're irrigating it. That's my favorite part, Barbara, because the irrigation fluid comes flying out the end of your toes and it makes your feet look like a sprinkler, makes your foot look like a sprinkler. You're just doing it on the left side. Here comes stem cell energy light, amber color, gels, sparkles, dippity-doo. There's a vortex spinning behind your left thigh. That's gonna regenerate that nerve.

In the meantime you've got a bulging disc. So what I'm watching is little tile spacers that a tile mason would use when they're laying tile on a floor or a countertop or in a shower. They'll put the tiles in before they put the grout in, and they use these little spacers, and so I'm watching those prep up your vertebrae. I'm watching the disc get shoved back in. Discs in the back look to me like half-filled water balloons that are royal blue color. You know, these are just the images I get you guys, sorry, can't edit it. And then there's this little netting, Barbara, that's put from the upper to the lower vertebrae and think of a goldfish net. How finely woven a goldfish net is that gets put from the upper to the lower vertebrae to hold that disc in place.

Your spine's kind of crooked too. You're a little bit of a twisted sister, so I just watched a chiropractic adjustment happen and you're curving a little bit to the left in your spine. So imagine two rods put on either side of your spine. Your spine's been heated with a laser to make it pliable, and then what's happening is those rods are moving very slowly towards the center. They go into a groove like a sliding glass door groove, and then your spine is lasered again to make it stay put, kind of like a potter needs clay that's moldable to make a vase or a bowl or whatever, and then they're going to fire their creation to make it solid. That's what we're doing with your spine, so hopefully that helps. You'll heal from this. It'll be all right, you'll be okay.

Thanks for joining us. Go Buckeyes. Number one college football team in the land national championships last year. I have bragging rights. I am a third generation female graduate of the Ohio State University and my nephews went there, so four generations of Ryans, you guys? I mean we're pretty in scones, but I do love Bama, too, being down here, so they're both in the hunt. All right, Chris, do we have time for one more person? I think we do. Let's take one more. Hi, Gina, hi.

0:54:35 - Gina

How are you? Thank you for getting me in at the end there. Where are you? Thank you for getting me in at the end there. Where are you? I am in Orange County, California.

0:54:44 - Julie

Okay terrific.

0:54:45 - Gina

How may I help you? I'm just dealing with a bunch of different things. I don't know what's going on. I'm usually pretty healthy, but it's like I've got eczema, a sinus infection, a pink eye that's almost healed. Inflammation in my body, I have pelvic floor pain. I don't know what's going on. It's just a bunch of different things.

0:55:09 - Julie

Okay, all right. So I'm going to get you on my radar and we're going to do an overview. I think it would make sense for you to schedule an appointment with either one of my graduates or me an appointment with either one of my graduates or me and we can do a full, deep dive over an hour and just address each thing individually. But when I, even before I get somebody on my radar, gina, I'm getting what I call divine downloads. I'm getting information coming into my head. And as soon as you said eczema, that's leaky gut, that's your gut being messed up and that's where your immune system is based. So here comes my latest from Sweet Home Alabama. We'll work on that first and then schedule an appointment with one of my grads or me and we'll do a deep dive. All right, got you? Yeah, you got yeast overgrowth, leaky gut. So I'm removing that and stitching up your leaky gut. And here's some things you can do in the short run Stay low on the food chain.

If God made it, eat it. If man made it in a factory, do your best to avoid it. Yeast loves anything that has sugar in it. Loves anything that's processed, because it just absorbs in the body like sugar. So that's number one. Number two stay away from anything fermented Wine, alcohol, kimchi, sauerkraut, yogurt, vinegar, soy sauce, pickles, kombucha. Stay away from all of it, not for life, just till we get your gut healthy, because your gut's a fermentation factory right now, and when you pour fermented things into your gut, it's like pouring gasoline on a fire. Bad news If you're going to eat fruit, peel it.

There's tons of yeast on the peel and so you want to peel an apple, a peach, pear or plum. I don't expect you to peel a blueberry or a grape, but certainly buy organic as much as you can. Never again for the rest of your life ever put a slice of lemon or lime in a drink ever, because they're full of yeast and if you get them in a restaurant, they've been sitting out for hours. God only knows what's growing on them, so it's like a toxic drink of water. I always ask for water without lemon in it when I'm in a restaurant. Freeze and reheat leftovers, because tons of yeast gets on leftovers when they're in the fridge overnight, and I designed this little technique that I use, gina, and it works great. When the food is cooled, I'll put it in a Ziploc bag and I'll use a Sharpie and write what it is on the front of the bag.

And then I'll get all the air out of it and I'll seal it and I'll lay it flat inside my freezer and then, when it's frozen, I'll stack the packages upright like files in a file cabinet. You're going to save so much food and so much room in your freezer versus just put like a blob of food in there that you can't do it. So then when you get that flat package out, what I do is I'll just slam it on my countertop and it breaks into pieces, and then I'll take it out and I'll heat up whatever we want to eat. Or if it's really frozen and it doesn't break on my countertop, then I'll take it out in my garage and I'll slam it on the garage floor. I'll just like, let it drop and it works great. So breaks into pieces. You know just practical stuff, right.

And then the last thing is you want some Nystatin N-Y-S-T-A-T-I-N Nystatin and Nystatin is an antifungal that kills yeast on contact. It's a prescription, so find somebody that will write you a script for that. It comes in tablets. You want the tablets. You don't want the liquid. That's for babies. But what it'll do is it'll kill off the yeast and it stays in the GI tract. No known side effects. The other thing that you can do too.

Gina is beamminerals.com or go to my askjulieryan.com sponsors page on my website and order B-minerals. Order the minerals, order the electrolytes and take those, because the B-minerals not only give us all the minerals we need to be healthy, but they're a wonderful detox in the body. That's very gentle way, better than bentonite, clay or charcoal. A lot of people use that to detox. It's too hard on the body. So beminerals.com, or get the link off of my website. And if you go straight into their website, just use Julie Ryan, all one word at checkout. You get 20% off Beminerals.com, okay, and then we'll get you for a whole hour, either one of my grads or me, and we'll, you know, get you all straightened out, okay. All right, awesome. Thank you so much.

Hope you feel better. Thanks. Deena you bet All righty everybody, that was fast Boy. I felt like a motor mouth tonight, Like I was talking fast, trying to get as many people in as possible, Sending you lots of love from Sweet Home, Alabama. Have a great weekend, a great week. See you back here next week Thursday 8 pm Eastern, 7, Central and 5 Pacific. Bye everybody.

1:00:38 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:00:53 - Disclaimer

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