

AJR Show Oct 2nd Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:42 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We got a whole bunch of people that are waiting to get on. If you want to have a conversation with me, go to AskJulieRyanShow.com. If you're coming in and joining us on the YouTube live stream, we're at AskJulieRyan. Just put your first name, where you're located in the chat with your question, and Samantha's over there to help you. And we got Chris on the main dashboard, as usual. The gang's all here.

A couple of announcements you want to stay with us because I'm going to give away a free session with me, a free one-hour session Valued at \$750,. You guys, it's a big prize, and so you want to see who the winner is of that. And then also, we've got some spaces left. It's filling up for my angelic attendant training in Atlanta. We have discounted rooms on the hotel. Those are filling, really filling up, so you know you want to get one of those too, and just go to AskJulieRyan.com slash AAT if you want to come join us Learn the buffet of psychicness.

It's a blast, and you know there are practice groups that go with this for life and they're free and that's when your skills really ramp up. So you want to come join us and learn how to do all of this and just have a life-enhancing, fun, amazing weekend with us in Atlanta. Okay, remember to subscribe. Remember to leave a comment you know that's how we choose the winners is we get comments from the podcast side. We're on all the podcast networks and also on the YouTube side. So be sure and leave. Tell us what you think of the show.

Tell us you know whatever, and we will pick a winner out of that. Okay, Chris, let's go to the phones. Sue's first Hello, hi Sade, where are you? Miami, well, wonderful, welcome.

0:02:53 - Sade

How may I help you? I'm asking for a healing for my daughter Ava. Recently she's been having seizures and there's the causes undetermined. It's been mostly when she's been having viral infections and she has limited language. So I'm asking for a healing for her seizures and language capabilities. How old is she?

0:03:19 - Julie

She's eight years old. She's eight, and what kind of infections is she having?

0:03:24 - Sade

It's just like these seizures seem to be happening when she has viral infections or viruses and she doesn't have much language Like a flu virus kind of a thing. Most recently it occurred when she had the flu vaccination. It's been other viruses that it sparked this and it just started.

Viruses or vaccines. It's any seemingly contact with like a virus, I don't know. This was started like a year ago, so we've done a lot of medical testing. Nothing has resulted in that. So I'm just asking for healing for her and she doesn't speak much, so having her, that would be helpful.

0:04:16 - Julie

Okay. So how this works is I raised my vibrational level to level of spirit. I'm going to watch a laser beam come from my body here in Birmingham, Alabama. It's going to come down to Miami and hook into you, Sade, and then I'm going to go from you to Ava and I'm going to ask her permission if I can scan her, because even fetuses I won't scan without their permission. Because I think it's an invasion of their privacy. So I'm going to ask her permission. If she says yes, I will. If she says no, I won't, but we can still talk to her spirit, and so that'll give us some information that is normally helpful, and then I'll have a hologram of her in my mind's eye and then something will be identified and there'll be healing.

I'm going to describe it in detail, the healing. I want you to envision what I describe, because that's going to help. You're going to help send the healing to her. Everybody that's watching and listening please envision when I'm doing a healing, it's spirit working through me and with me to help that person heal themselves. And when we all envision what the healing is, it just sends that much more energy to the person to help them heal. Remember, nobody ever heals anybody else. No doctor, no medical provider, no healer like me. We all help the person heal themselves, and that's how all this works too. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading south to you in Miami. All right, got you. Going over to Ava. Ava, I'm talking to your mom, I know it's okay, this is what she told me right off the bat. Good job, did you set that up? Did you tell her that we were going to?

0:06:01 - Sade

do a healing on her.

0:06:08 - Julie

Yeah, good job. Okay. So shooting energy from her feet up through the top of her head, yeah, she's full of virus. Virus energy looks to me, Sade, like watery beef broth, and so I'm getting that removed out of her system right now, out the top of her head, and we'll see what's going on with that. I've got a hologram of her in my mind's eye and imagine I've got a laser beam in my hand and we're going back and forth on the hologram. That's her in the front and on the back and that's killing off that virus, those viruses.

I think she's got more than one in there. Doing a heavy metal detox two big U-shaped magnets. They're on either side of her body, they're joined in the middle. They're going up and down her body and then they turn a quarter of a turn, go up and down her body, turn a quarter of a turn until they get all the way removed, and then we're irrigating any kind of metallic dust out the bottom of her feet. There's a hole that's open on the bottom of each foot, the heavy metals. When they come out, Sade, they look like little sparkly pieces of glitter, little dull pieces of glitter, and they can look like a strand of steel wool from a steel wool scrubbing pad used in the kitchen, and so we've got that going on. All right, let me go into her head and see what's going on in her brain. So she's nonverbal.

0:07:45 - Sade

She been nonverbal her whole life or just recently, or what? Her whole life like, limitedly verbal.

0:07:49 - Julie

Okay. Did she have any other symptoms as a baby or did you notice a difference, like at a certain age or anything?

0:07:58 - Sade

I noticed when she was born. She may have had autism, but the seizures have just recently started within the past year.

0:08:08 - Julie

Okay, All right. So what I'm watching is brain matter. Looks like thick cooked oatmeal to me, and scar tissue in the brain looks like chicken cartilage the kind that's in a chicken breast with the bone in still. You know that white flexible stuff. She's got some scar tissue in her brain that are occluding neural pathways. Neural pathways to me in the brain look like laser beams as part of a security system that are crisscross in a room, and so scar tissue, when it occludes the neural pathways, different issues can happen. I normally see it in older people or somebody that's had a concussion. You know I see scar tissue in their brain and so I'm scooping that out.

When I say I, of course it's spirit working through me and with me. So imagine you take a big spoonful of oatmeal. It's going to leave a divot in the oatmeal inside the bowl, and so there's a divot happening where there's scar tissues being removed. She has several places of it. I see three primary ones and so there's stem cell energy that's going in those divots. Light amber colored gel has sparkles in it because it's a woo-woo, gotta have sparkles, and it reminds me of Dippity-Doo hair gel, which was a thing when I was in the 60s and 70s. You can still buy it on Amazon, even, and Spirit.

When I first started seeing stem cell energy Sade, I said, seriously, you want me to say Dippity-Doo? And I heard, yeah, because women your age know what it is. The young ones can look it up and it's funny and you're supposed to be having fun during these healings. So I said, all right, so Dippity-Doo it is. We've got that. There's a vortex spinning above each of those three areas that's going to regenerate brain matter. Got that going on and then, all right, neural pathways are lit up. You may want to look up. There's a woman named Susie Miller, s-u-z-y Miller. She was on the telepathy tape. She was also on my show. So if you look up, ask Julie Ryan, susie Miller, susie with a Z Y. You'll learn a lot from that episode.

0:10:29 - Sade

Yeah, yeah, did you listen to it already? I've seen her on Think on other things.

0:10:35 - Julie

Yeah, yeah, we have a great discussion. So just look up Susie Miller and Ask Julie Ryan and I think you'll learn a lot on that show that will be helpful. So I hope that helps her feel better.

0:10:46 - Sade

Thank you so much. I mean so much. You are welcome.

0:10:48 - Julie

Okay, sending you an energy boost too, girl, because I know you're exhausted. Thank you so much, and scared I know you are. I can feel it. Yeah, so we're all sending you a big hug and lots of love as you walk through this. Okay, thanks for calling in. Bye-bye, all righty. If you want to have a conversation with me, I'm at AskJulieRyanShow.com. If you're joining us on the YouTube live stream, we're at Ask Julie Ryan.

So hard when your kids are, you know, not feeling good or somebody you love and feeling good. I was getting weepy just looking at her, just looking at Sade. It's so hard, but hopefully that healing will help her, her daughter, feel better. Okay, Chris, who's next? Ruth from West Palm Beach, Florida. Hi, Julie, I've had rheumatoid arthritis for over 56 years Good heavens, my girl.

And been struggling with sciatic nerve pain right side for 15 years. Can you do your healing magic to alleviate Absolutely? Good heavens, all right, ruth, here we go. Here comes my laser beam Two Florida girls in a row here to West Palm Beach. All right, got you shooting energy from your feet up through the top of your head. Arthritis, ruth, looks like battery corrosion in a battery that's expired. Have you ever had a flashlight where you got to turn it on and it's not working. And you open up the compartment you see the battery's got all this white crunchy stuff on it. That's what arthritis looks like, and that's what it really looks like in surgery too, because you know, I'm an orthopedic surgical device inventor, so I've been in about a bazillion total joint scopes and I've seen it on the monitors. So of course that's my frame of reference. So what we're going to do is we're just going to remove all that arthritis.

Imagine that we're taking your skeleton out of the top of your head. It's almost Halloween, so you can picture a skeleton you get like at the dollar store and imagine that as it's getting near the top of your head, there are these two big turnstiles that have brushes on them and they remind me of what the car wash turnstiles used to look like before they put strips of fabric on them. They used to be brushes until they figured out that it scratched the paint on our cars and they changed it to fabric. So those brushes are turning as we're pulling your skeleton out of the top of your head. It's getting all that white crunchy arthritis stuff out of your joints. So we've got that going. Now your skeleton's being dipped into a big vat of stem cell energy. Think of one of those dunking tanks at the fair. A lot of times they'll put a coach on top of it and then somebody will throw a ball and like a baseball and hit the target and the coach will get dunked. That's what this reminds me of. So we've dunked you in there head to foot, head to toe, putting you back in your body. Vortices are forming above your head, beneath your feet, on either side of your front and behind all, spinning concurrently. That's going to regenerate all the cartilage in your joints from the arthritis.

Arthritis comes from the gut. Most people aren't aware of that. If you have a broken bone or a broken like ankle or knee or something, sometimes it'll come from that too. It'll be exacerbated by that, but it's primarily from the gut. And the most inflammatory thing you can eat, ms Ruth, is sugar and anything that's refined. So give that up. You can do like a ketogenic diet high fat, good fat, high protein and give up stuff that's refined. You're going to feel a whole lot better pretty quickly. Remember it comes from the gut. So we've got that All right.

Sciatic nerve pain right side. Let's go in there. Imagine that your nerve going down the back of your right leg looks like a piece of aquarium tubing, and sometimes it gets gunk in it. That's a medical term I invented gunk G-U-N-K. Gunk, and gunk is made up of dead cells and other debris that gets in there, especially when a nerve is injured. And so imagine there's a corkscrew, a little tiny corkscrew that's inside that tube. That's representing your nerve and it's cleaning all that gunk out. Think about it in an aquarium. You know the tubing in an aquarium gets gunk in it. Uneaten fish flakes, fish poop, minerals from the water, stuff like that. Same thing happens in the body, the nerve tubes. This happens in the cardiovascular system too. I clean that out all the time too. So we're cleaning that out, irrigating any of that ground up stuff and this is my favorite part, ruth, because the irrigation fluid comes flying out the end of your toes, makes your foot look like a sprinkler. It's hilarious. Spirit is so funny. All right, got that going. Now you know what's coming Stem cell energy.

Light, amber color, gel, sparkles, dippity-doo and there's a vortex spinning behind your thigh and that's going to regenerate that nerve. The interesting thing about the stem cell energy is it'll fix any body part we need, including regenerating whole organs. It's really a remarkable material, energetic material, and I equate it to. We learned in grade school that every cell has a nucleus. Every nucleus is surrounded by cytoplasm. Cytoplasm is a watery gel like dippity-doo, and our bodies have a centrifugal force in them that spins, that causes the cells to divide and replicate to the tune of billions of them a day. In these healings with stem cell energy, I believe

we're watching what the body does on its own. We're just watching it warp speed to help the body heal.

So, ruth, stay away from the sugar. Stay away from anything refined bread, pasta crackers, cookies, any of that stuff refined bread, pasta crackers, cookies, any of that stuff because it absorbs like sugar and it's just going to increase the pain and the inflammation. And if you can stay on a high protein, high fat diet and give up a bunch of the carbs, you're going to feel a lot better with that rheumatoid arthritis. I think you can heal it. I mean I have many clients who have. So give that a try. I hope you feel better. Thanks, ruth.

All right, if you want to have a question answer just come to Julieryanshow.com. If you want to have a conversation, if you're joining us on the YouTube live stream. We're at Ask Julie Ryan. Samantha is over there helping people. Put your first name where you're located in your question in the chat, like Ruth just did, and we'll be taking questions from over there. Remember to subscribe, remember to ring the bell so you know when a new episode is available, and stay with us, because we're going to announce the winner of our free session with me here in a little bit. Okay, Chris, who's up next? Hi, Jennifer, that's even easier to say.

0:18:33 - Jenifer

How are you, girl? Oh, I'm great, thank you. I surely am enjoying this. How are you, girl? Great Thank you, I surely am enjoying this. Where are you? I'm in Dallas, texas, and I would like some help. I have's now extended down into my upper shoulder, the front bicep of my right arm, down my right back and my right hip, so everything is so tight that it causes a problem all the way down, and I've gone to doctor after doctor to try to get help and it just keeps happening. I mean, it just is there, and so I've struggled with this for quite some time, many years.

0:19:28 - Julie

I'm so sorry Were you in a car accident or something.

0:19:32 - Jenifer

Um, I initially was in a skiing accident which caused a neck problem, and then it was a car accident that caused the back, which kind of went in a curve like this, and then I was playing pickleball and my hip went out. So it's just all the way down my right side.

0:19:54 - Julie

Okay so three episodes, not just the first injury from your neck yeah side. Okay so, three episodes, not just the the first injury from your neck yeah.

0:20:00 - Jenifer

Right right, but it just feels like something's caught in my neck. Mm-hmm, have you seen a chiropractor?

0:20:06 - Julie

I have Uh-huh and and what do they say?

0:20:10 - Jenifer

He, he has adjusted me and it works for about three or four days and then it goes back to, you know, either my neck or my hip, or, like now, I can't even lift my Yeti up because my muscle hurts so bad right here.

0:20:30 - Julie

Okay, all right, let me get you on my radar. Here we go. It comes to my laser beam from Sweet Home, Alabama. Radar. Here we go. Comes with my laser beam from Sweet Home, Alabama, heading out Interstate 20 West. If I leave my house and stay on 20, I'll end up at your house in

Dallas, all right, got you Shooting energy from your feet up through the top of your head, all right.

So, watching your neck get adjusted chiropractic adjustment I'm watching stem cell energy get put in the vertebrae, in between the vertebrae, to give you more padding, more like shock absorbers. You know in the discs Dippity-doo, light, amber color gel sparkles. You know that drill. And the cool thing when it's when stem cell energy is generating new discs, is there's this netting that is put in place, Jennifer, between the upper and the lower vertebrae and it holds the disc in place. And then when I scan somebody, sometimes years later, I don't remember what we do. I'll remember you, but I'm not going to remember everything that we did and I'm like, oh, did we do a healing on your back, on your discs?

And you'll say yes, and I'll say okay, good, because that bedding's in there.

0:21:42 - Pio

It's so fun that looks like my March.

0:21:43 - Julie

Huh, I know, I know and it's not in there originally, but once it goes in it stays in and it keeps that disc in place. So we're doing that Coming down your shoulder into your bicep. I watched your shoulder just get adjusted. I would be going to the chiropractor if you need to go once a week. Go once a week in the short run, because all those muscles have memory and they have memory to the wrong position. So when you get adjusted and then you're gonna last longer in the proper position, so you're retraining the muscles to be in the proper place, because, as twisted as that sounds, that's what happens is the muscles are going back to the painful place because that's just where their memory is. So retrain them. I would do that.

Your muscle fiber down your neck and down your arm into around your bicep looks like it's frayed a little bit. Think of a little girl with long hair and she's got split ends. You know how it frays down at the bottom. That's what it looks like to me. Or one of those big twisted ropes that they'll use to tie off a boat at the bottom. That's what it looks like to me. Or one of those big twisted ropes that they'll use to tie off a boat at the dock and the rope is sturdy but it's kind of fraying a little bit. That's what this looks like.

So, of course, stem cell energy my favorite thing and it's being slathered on those muscles. There's a vortex spinning outside of the upper part of your arm and that's going to regenerate that and then coming down to your hip. I'm watching another adjustment, another chiropractic adjustment happening, watching some stem cell energy get injected into that hip. You've got some arthritis in there, that white crunchy stuff I was just talking about. You know how arthritis looks like, what I was just doing, that healing on Ruth from West Palm Beach. So removing that, getting that irrigated out of their stem cell energy going in, it's being injected with a great big, huge needle and syringe, as what I'm watching happens, so it can pinpoint, go right in into where that joint is. But you're a twisted sister is what's?

0:24:02 - Jenifer

going on. Yes, I am. I've had difficulties.

0:24:06 - Julie

And I say that affectionately. I was at my chiropractor this morning and she goes how are you doing? I said I'm a twisted sister. She goes okay, I'll fix it.

0:24:15 - Jenifer

Yeah. I was like soul sisters.

0:24:19 - Julie

Exactly, I go once a month, just keep everything lined up, and it works great, I've seen going more regularly.

I would go once a week for you. Let your muscles get back, trained to how they're supposed to be. Let's fix your spine while we got you. So I'm looking at you from behind. Laser beam used to heat up your spine, similar to a potter. We need to have clay that's moldable in order for the potter to make whatever they're designing. And so there's a rod on the right and one on the left, and the rod on the right, stationary, Jennifer. The one on the left is moving very slowly towards the right. You curve to the left and so they're in place. Spine is heated again with that laser and the rods fall off and disappear. So your spine's just been straightened. That's a healing. I see a lot, a lot a lot.

Yeah, I bet, I bet so.

0:25:22 - Jennifer

Yeah, did you see it coming up into my jaw? Because I feel it in my jaw now.

0:25:29 - Julie

No, I didn't. But why don't you consider scheduling an appointment with one of my graduates or me and we can do a deep dive for an hour and really fix all your pieces and parts and we'll help you heal all of?

0:25:45 - Jennifer

that I'm kind of a mess.

0:25:47 - Julie

No.

I think you're doing good. This will help, hopefully, but I would go to the chiropractor maybe once a week in the short run and it's really going to help you heal.

Okay, thanks for joining us. Thank you so much.

Enjoying the show.

0:26:00 - Jennifer

This

0:26:00 - Julie

is my first time, so loving this, thank you.

Oh, wonderful, thanks for joining us. Thrilled to have you All righty. AskJulierianshow.com. If you want to have a conversation with me, we're at AskJulieRyan on the YouTube live stream. So Miss Samantha's over there, princess Samantha, who I've known since she was born since before she was born, you guys, I've known her. I got to hold her when she was like a week old, so cute. She's cute now and she's like old and married. Old, like 30 and married. But anyways, all right, let's see who's next. We're at Ask Julie Ryan on the YouTube live stream too. Hi, hoberley, nice to see you. How are you Nice to?

0:26:48 - Hoberley

see you. Where are you located? I'm in Pasadena, California. Where are you located? I'm in Pasadena, California. I'm here with my sister who's in hospice care. She's been in hospice care for a month and I wanted to know what phase of transition she's in. Okay, hopefully.

0:27:09 - Julie

what's her first name? Rochell. All right, here we go. It comes to my laser beam from sweet home, Alabama. I'm going to hook into you and then I'm going to go to Rochelle. All right, here we go. Here comes my laser beam from Sweet Home, Alabama. I'm going to hook into you and then I'm going to go to Rochelle from you.

She's in phase nine of the 12 phases of transition. So what we're talking about for those of you that haven't heard of the 12 phases of transition it's how we're surrounded by angels and the spirits of deceased loved ones and pets, and there are 12 of them, and we all go through it, regardless of if we die instantly, like in the case of a homicide or suicide, or over a prolonged period of time days, weeks, months, even years and so she's surrounded by angels, the vortex is starting to form above her head, which is going to help her spirit separate from her body, and then those angels on either side of her, her spirit bubble on top of her head, will escort it on to heaven. Then so does she. Have you told her about the 12 phases?

0:28:14 - Hoberley

of transition. She can't move, she's bed bound. She can only move her hands.

0:28:18 - Julie

Oh, God love her.

0:28:22 - Hoberley

She's going through a lot, and is there any idea of how much time there is?

0:28:31 - Julie

Well, everybody's different. Of course. There are three questions I always ask everybody, and so let's ask Rochelle Rochelle, are you ready to go? She says more than ready. She's more than ready to go. All right, Are you in pain? She said no, not really. What do you need for them just to let me go? So have you all told her that it's okay to go and she can watch over you from heaven.

0:29:01 - Hoberley

I'm the only family she has and I tell her quite frequently. Our parents passed in the 80s. And I tell her often you know, if you want to see mommy and daddy in heaven, you can go visit them when you go to sleep at night. And I tell her all the time that I would miss her, but I want her to be where she wants to be. So it's yeah. I basically put my life on hold for a while, just to spend as much time as I can with her.

0:29:31 - Julie

God bless you. Have you read my book Angelic Attendance?

0:29:35 - Hoberley

I've read part of it. I'm in the process of reading it. Yes, yeah.

0:29:39 - Julie

What happens as we transition from this life into the next, and it has diagrams in it that will show you how the angels are positioned and the loved one's spirits and the pet's spirits. Anybody that wants a free copy just go to Julieryangift.com. Julieryangift.com. We'll send you our free digital and audio book download, and it comes in Spanish too. In the meantime, what you may want to do is go to my website, askJulieryan.com. Go to the 12 phases tab. There's a chart of all of the 12 phases that you can download. It's free.

0:30:21 - Hoberley
Save it on your phone. Yeah.

0:30:23 - Julie
Save it on your phone and then just ask in your head or aloud what phase is Rochelle in, and you'll hear a number. It's the first thing that comes into your head and then you'll know if she's progressing. If she's kind of staying around at the same one, I don't get that. It's going to be much longer. I think the vortex has already started to form above her head and usually when the vortex is forming it's going to be, you know, soon. No way of knowing. I don't think we're supposed to know and just know that we all decide when we go, where we go, how we go, who's with us or not when we go. So if she decides to go in her sleep and you're not with her, that's her choice, because she thinks it's going to be easier on you, so I just want you to be aware of that, so that you can be okay with that too.

God bless you, honey, for everything that you're doing for her.

Oh, you bet All right, sending you a big hug. Thank you, thank you, thanks. It's so hard at the end of life. And this Angelica attendance you guys, whether you've gotten the book by buying it or whether you've got it for free, I give away tens of thousands of copies of it for free every month. Please leave a review on Amazon for Angelic Attendance. It really helps people in most need of comfort. Find this information and read some of the reviews. There's like 600 reviews and they're all saying things like oh my gosh, this has helped me get through this situation. You know, this has given me so much comfort.

Even after their loved ones have passed, nobody ever dies alone. We all are surrounded by angels and the spirits of deceased loved ones and pets, and that was really important for people to hear during COVID, when people couldn't get to their loved ones you know, during the pandemic they couldn't be with them in a nursing home or a hospital and to know that angels and the spirits of deceased loved ones were around them. And university-based research shows that 90% of people can see those spirits at the end of their lives. So don't you love it when science catches up with woo-woo, because woo-woo is better around a whole lot longer. So get your own angelic attendance. Go to Julieryangift.com, share it with all your family and friends. We're all going to lose a loved one, we're all going to be there ourselves someday, and I think this stuff should be taught in the schools, because people are so afraid and there's nothing to be afraid of. So there you go.

All righty, Chris. Who's next? Kelsey? Kelsey from Tampa, Florida. Hi girl, I have diabetic retinopathy in both eyes. Yikes, in my right eye majority of my vision is lost and my left is my good eye. Can you please scan me? Yeah, absolutely. All right, another Florida girl. This is, like you know, Florida night over here. Here we go. Here comes my laser beam from sweet home Alabama to you in Tampa. All right, got you Shooting. Energy is going to your right eye first, of course, although I say of course. Sometimes the energy goes to the side of the body that's doing the heavy lifting for the one that's more injured.

Okay, so, as I'm looking at you from behind, I'm looking out through your eyeballs, it looks like you've got some vision on the left side of your eye, and that's not even the whole left side of your eye. So let's see what spirit's going to do with that. I'm watching. I kind of thought there'd be a new lens put in, but that's not what I'm watching. I'm watching.

Imagine if your eyeball was jello, and you know these analogies. Come in from spirit like this so that we can have a human frame of reference. Come in from spirit like this so that we can have a human frame of reference, so we can envision what I'm describing and it's taking the form of the healing it's going to help integrate it into your body. So imagine your eyeballs made out of jello. And imagine I have a scoop like a melon ball scoop and I'm scooping out the inside of

your eye and then it's being irrigated and now there's a sounds like we're getting ready to have a party with your eye. Here there's a.

I'm watching a scalpel get the edges removed of where that scoop was. So it's going in even further to where the scoop was. The scoop, I think, was mainly used to go deep. Now this is cutting around the perimeter there and you know what's coming in it's being irrigated. You know what's coming stem cell energy, light, amber color gel, sparkles, dibbity-doo, vortex spinning in front of your eye.

Okay, let's go over to the left eye. See what's going on there, all right. So I'm not seeing a scoop happen over there. What I'm watching is I'm watching. This is interesting. I haven't seen this before. I'm watching like a almost like an air pressure device that's blowing these little holes out of your left eye and that's made out of let's say it's made out of Jell-O too, just for conversation's sake for the analogy. But it's a whole bunch of little holes different from glaucoma. When I see a glaucoma healing I'll see pinpoint laser holes put in the eyeball. This is coming from the backside out and then stem cell energy is going in where all of that was removed.

I love it when I get to see new healings, which is quite often actually, because that appeals to my inventor brain. It's so fun and it's so amazing the things that I get to see. And again, these are all metaphors for the healing that spirit's doing through me and with me to help you heal yourself. All right. So new eye tissue almost generated on the right. It's coming faster on the left because not as much of it was used. So the eye on the right, the stem cell energy is filling from the bottom up. It's got a little bit more to go to reach the top. All right, it's reached the top. It's being smooth, kind of like you're frosting a cake with a frosting on the cake. Oh gosh, spirit is so much fun. All right, got that going.

On Tightening the muscles behind your eyes, that's going to help you with near vision Vortices still spinning in front of both eyes. Both eyes are getting balanced so that they're level, are getting balanced so that they're level, and I see a construction leveler that's used on a two by four get put in between the eyes to level them and the eyeballs in the middle. They go right over that line. So got that happening. Okay, I hope that helps, Kelsey.

I think I don't think it's going to deteriorate anymore. I think that it's going to be. It's going to be able to heal and, of course, so much of that's what you're eating too. You know you can help it along with just high protein, high fat. Stay away from everything else, and it's really going to really gonna help your eyes heal and help your body heal too, and always remember that the body is really miraculous and it has an amazing capacity to heal absolutely anything and everything. So keep that in mind too. I hope it works for you. Thanks, Kelsey.

All right, remember to stay with us, because we're going to announce the winner of a free session with me here shortly and, in the meantime, if you want to have a conversation with me, we're at AskJulieRyanShow.com. If you're joining us on the YouTube live stream, we're at Ask Julie Ryan, and you can put your first name, where you're located and your question in the chat, and we'll be taking questions from there too. You know it's fun for me every week, because I never knew who's calling in or who's joining us on the live stream, and so it's always a surprise to me, and I never know what they're going to ask, and I never know what Spirit's going to say. So that's what makes doing this show so much fun every week. Okay, Chris, who's next? Every week? Okay, Chris, who's next?

I heard somebody.

Hi Carl.

0:39:26 - Karl
Hey

hi, you were on my show on my podcast about a month ago.

0:39:27 - Julie
I

know I was. It was such a delight.

Yeah, yeah, that's because we both grew up in Columbus, Ohio, I know it.

I know it Terrific. How are you doing?

0:39:38 - Karl
Oh, pretty good, you know I'm a real active runner and stuff and everything.

But you know and I love what you do and you were a great guest I had in the beginning of July I had an issue with my left ear. It started, the pressure started fluctuating and my eardrum actually started to audibly pound, almost like a heart, for a day at a time and it made it hard to sleep. It tested my sanity of a healer on and she said she put a healing patch and she had looked at my ear and said I had had a sinus infection that caused a small tear in my left eardrum which was causing this. So she put an energetic patch on it, she said, and this actually worked great until about three days ago and it started hurting again. It hurts, it's not as bad as it was, it's only periodically pounding a little bit and especially I'm very tired at the moment and I notice when I'm even more tired it is something, but I'm a little bit nervous that it's coming back, but it's not as bad as it was. I was wondering what you see and might think you might do with it.

0:41:03 - Julie
Yeah, yeah, here we go. You're in Columbus, right, Columbus, Ohio, city of my birth. You too, were you born in Columbus, or you?

0:41:12 - Karl
just lived there. I grew up in Cleveland, I came to Ohio State and just stayed the Ohio State Right, yeah, the Ohio State, and just stayed the Ohio State.

0:41:21 - Julie
Yeah, the Ohio State, buckeyes who are? The national champions in football and are still number one in football. We got to rub it in, Carl, while we can right, I see that, yeah, yeah.

So okay, all right, here we go. Here comes my laser beam from Sweet Home, Alabama, heading north up to you in Columbus, got you Shooting energy from your feet up through the top of your head. All right, I'm in that ear. I do see a hole. You probably had an ear infection as a child, whoever you worked with. I agree with her on that. We're going to do it a little differently. On the healing I've done this healing a bunch, a bunch a bunch. We're going to excise the area around your eardrum and take it out and then we're going to put stem cell energy in there. Light amber color gel sparkles dippity-doo Reminds me of dippity-doo hair gel. There's a vortex spinning outside of your ear. There's a vortex spinning outside of your ear that's going to regenerate that ear drum membrane. It's called a tympanic membrane and it reminds me of the membrane on a pair of bongo drums, if you can imagine that.

And how tightly it's pulled on the bongo drums will determine what the tone is. Animals like to come when we're doing healings, because it's picking up on the energy. For those of you that, watching his cat just walked across the screen, what's?

0:42:49 - Karl
your cat's name Maya.

0:42:52 - Julie
The 14-pound cat. She's darling, but it's very common that animals will come up even if we're not working on them, because they're attracted to the energy that they're receiving. So we've got that going on. There's a corkscrew spinning through your eustachian tube to clear that out. And what I'm watching now, coral, is I'm watching your eardrum get stretched Three o'clock position, two o'clock position, seven o'clock position and what's happening is it's being tested and I watch sound waves and also musical notes.

Energy bounce off the membrane, the eardrum membrane. And it's interesting, when I had this recording room built with all my red foam that I love because I think it's fun, the sound engineer who built it for me I said why do I see the sound waves and the musical notes separately? And he said because music can elicit an emotional response that's at a different frequency than regular sound. I thought that was interesting. I don't know if it's true or not, but it sounded good. So we're watching that. All right, now I'm watching it get tested again. So it gets adjusted. Those sound waves and the musical notes bounce off, gets adjusted a little bit more. All right, got that. Let me look at the other side too and see what's going on over there, see if there's anything. I'm just rotor-rootering out your station to where the eardrum looks okay, so hopefully that will help. Do you wear an earbud in that one ear, the side that hurts you more when you're?

0:44:41 - Karl
running Only. No, I don't wear earbuds when I'm running. Only when I'm doing my podcast do I have them in. Otherwise, I rarely ever wear them.

0:44:52 - Julie
Okay, and you have them on both sides, so it's not just one side.

0:44:56 - Karl
But I have noticed it's a little more sensitive to sound right now, definitely.

0:45:01 - Julie
Yeah, that makes sense. That's what I was seeing too. So it's kind of hard to adjust the different sides into different volumes, but that's way above my pay grade From an audio engineer standpoint. You've been around that a lot longer than I have. Tell everybody the name of your show.

0:45:23 - Karl
World Awakenings the Fast Track to Enlightenment. You were on about a month ago and I now have 222 episodes online. So, it's about spirituality, metaphysics and enlightenment. And where can people find it? Youtube or New Reality TV, and the audio is on Apple Podcasts and Spotify, you name it.

0:45:47 - Julie
Yeah, and Carl was a disc jockey you guys on radio stations in Columbus when I was growing up. Not that you were disc jockey then because we're about the same age Not that you were disc jockey then because we're about the same age but before we started recording the episode, I was singing the jingles that went with the call letters for the radio stations that I used

to listen to as a kid in Columbus. I think you were pretty surprised that I remembered those. Yeah, yeah, it was good. Well.

I hope you feel better. I hope that helps your ear. Yeah, it was good. Well, I hope you feel better. I hope that helps your ear.

0:46:21 - Karl

Yeah, it really is testing me, but I'll get through it. And thank you, Julie, you're a blessing, you too.

0:46:29 - Julie

All right, Carl, great to see you. Thanks for calling in. All right, let's take another caller real fast and then we'll announce the winner of the free session. So, Chris, who's the lucky next person?

Ah, Pio.

Hi girl,

0:46:46 - Pio

how are you Julie?

0:46:48 - Julie

I'm wonderful. How are you?

my dear,

0:46:51 - Pio

I am good. I want to thank you very much. After that session my hamstrings feel much more released. Wonderful, very quick, it happens very fast, good more released. Wonderful, very quick it happens very, very Good

0:47:03 - Julie

, good, wonderful.

Tell everybody where you are please.

0:47:06 - Pio

I am in Forest Church Virginia.

0:47:09 - Julie

Okay.

0:47:10 - Pio

Terrific what you got for me I always afraid of. I have a lot of fear inside me for no particular reason. I have very I had very steady job, I have good income and I retire and I think I live fairly comfortably. But inside me I always have a lot of fear, a lot of worry for myself for my kids, although they are all very established. But anyway, and something inside me I am afraid of water. Yeah, I grew up near the Pacific Ocean. I'm near water all the time.

0:47:53 - Julie

Tell everybody where you grew up. Please Tell everybody where you grew up. I grew up in Taiwan, right, yeah, okay. Yeah, okay, and so did you ever go in the ocean?

0:48:04 - Pio

Yes, but not like everyone enjoyed the water and jumping around. No, I was very cautious to walk on the edge of the Asian water. Yeah, and my closest memory I remember about the water encounter with the water is I was probably around seven or eight and I found myself was drowning, almost drowning, in a big iron pot or basket or something it's like after typhoon and the water is filled up with all the buckets and somehow I was in there and was holding the rim of the bucket and my sister was standing next to the bucket and somehow she got someone to rescue me, I think, because I don't remember how I got into there and what happened afterwards and that's the only memory I have about me and the water.

0:49:10 - Julie

But since then, Pio, that was a dream that you had, or that was something that really happened. It was real Yikes Okay. Something that really happened.

0:49:20 - Pio

It was real Yikes. Okay, and that sister, that sister very much disliked me and I don't know if she had anything to do with it, but anyway, and I don't know if since then I started to be afraid of water, or it has nothing to do with anything, I don't know, but that's the only encounter I remember with the water, and this must be. I don't know something with the past life.

0:49:52 - Julie

Yeah, that's what I'm getting to Probably a lot of past lives with that. Because you want to go to the water now, you want to go to the beach with your children and your grandchildren.

0:50:01 - Pio

Well, actually, tomorrow I'm going to an island. Where are you going? Where are you going, trinity? Trinity is a small island in Virginia. I need to cross the Maryland to be able to get there. Oh, my gosh, I never heard of it. All right, okay, are you going to be able to get there?

0:50:19 - Julie

Oh, my gosh, I never heard of it. All right, okay, are you going to be on a boat?

0:50:26 - Pio

We probably will be on the beach. But the house we rented has a boat and we can, you know, boating around. But that's something I'm always, always very afraid of. Put a life jacket on. I could do a lot of things, but every time I get on the boat or do anything with the water, I become very disoriented.

0:50:53 - Julie

Okay, all right, let's do the past life thing. See what we come up with. So you know, I do past lives different from everybody else because I'm an entrepreneur. You got to, you know, entrepreneurs, we got to do it our own way. And instead of doing a past life regression, which is what most people do, I envision, I just want to get to the. Let's get to the bottom line, cut to the chase, right? Oh, businesswoman, let's get the answer and move on. So I imagine myself in this endless hallway very narrow walls, very tall ceiling. On the walls are 12 inch by 12 inch square mirrors and they're lined up perfectly vertically and horizontally, because there's lots of order in the spirit world. So of course, it's lined up perfectly. Each mirror represents a different lifetime, pio. So our question is does Pio have any past lifetimes that are affecting her fear of water, being around the ocean or a pool Same thing with a pool or is it just the ocean, any water?

Any water Well you're not afraid of the bathtub or the shower.

0:52:06 - Pio

No.

0:52:07 - Julie

No, but swimming in the pool. I did a bit, okay. So her fear of water that people swim in. Let's do it that way. Okay, because spirit's real specific. Show me the lifetimes that correlate with PO being afraid of pools and bodies of water that people swim in or boat in or fish in. Okay, there's a bunch of them coming out from the wall. Each lifetime is represented by a different mirror and it's like they come out from the wall on a hydraulic arm. So show me the one that correlates the most.

It's way down on the left, po. So I see myself jogging down this hallway and it's up pretty high. So there just so happens to be a forklift there for me when I need it, and it's all sparkly. The forklift is beautiful, it's gold and it has sparkles on it. So I'm on the forklift, I'm being raised up to that mirror. I'm walking into the mirror to see what we get.

I get the year 1637, Egypt. Cool, all right. What is going on? You're a woman, all right. Are you near the Nile River? What's going on with that? Oh, you got pushed into the river and there was a. I see another woman push you into the river and there's a very strong current and you're getting carried away and you're trying to hold on to branches and rocks and stuff like that, but the current has put you out into the middle, so it's not like you and you, of course, don't know how to swim, so you're not able to grab onto anything and you died. You drowned 1637. Yikes, that's a long time ago.

But all those mirrors that I saw come out from the wall, those are all represent different lifetimes, and that's why I ask the question like that, Pio, because I want to see how many lifetimes are we really talking about where this has been an issue? And you've had many, many, many of them, and we only live lots and lots of lifetimes. Who knows how many thousands, I think, if not more than that. So it's been an issue for you in many, many lifetimes, and how past lives work by illuminating that we know. Okay, this is coming from a fear, from a past life primarily, and in this lifetime I'm safe because I can wear a life jacket. You can wear a life jacket. You can wear a life jacket in the boat. You wear a life jacket at the beach. You may think it's not that stylish, but who cares if it lets you feel better about going into the water with your grandbabies, when you're playing with them. You know you don't have to go in very far, but if it makes you feel more secure, do it. Do that. And so by illuminating that, it eradicates that fear, because you know where it's coming from.

And I'll see, in lifetimes there will be a semblance of a script that will repeat throughout multiple lifetimes and we're looking at things from a different perspective, different time, different place, different set of circumstances. So back in 1637, I had to look at the date 1637 in Egypt they didn't have life jackets back then, right, you have things that you can do. They have floaty belts, they got the little swimmy things that you can put on your arms that the kids wear, and there are lots of things you can do to help you feel more secure and not worry about the water. And then the more you go into the water with that protection on and you understand, okay, this isn't going to hurt me, and then you're going to get used to it and then it's all going to fade.

0:56:18 - Pio

So does that help? Yes, you know, I started to think that I can convince myself that with my physical strength and my, you know, I can convince myself I can learn to swim better.

0:56:37 - Julie

Do you swim now. Do you know how to swim?

0:56:40 - Pio

I taught myself how to swim, but you know I don't coordinate that well, but I can swim a little bit in the pool, go find some really stylish life jacket.

0:56:53 - Julie

You know I mean go in those?

Yes, find something that's stylish. They've got stylish ones. You don't have to wear one of those orange ones that you see on the ferries, on the boats, you know that are transporting you across the sound. But get something that's stylish and just wear it. Wear it when you're at the beach, wear it when you're in the boat, and then you don't have to worry about anything because you're going to float if you get in the water and you panic and you can't swim, and then that's going to take away the fear. So you got this. Send me a picture of you in your life jacket and I'll put it online.

0:57:28 - Pio

Okay, should I say whatever happened in the past? You know just very past. You know I don't need to carry it on.

0:57:43 - Julie

It's been removed energetically and when you were pushed into that river you didn't have any control. Now you have control. You're living in an age where you can get a life jacket. They have life jackets. You're in control because you can put the life jacket on whenever you're around water. You're in control because you know you're not going to go near the water unless you got your life jacket on and that's going to make you float. So there's nothing to be afraid of. Okay.

0:58:11 - Pio

Does that help? I'm going to get on.

0:58:13 - Julie

Amazon after this. Okay, you go find something with flowers or something on it that looks great, okay, okay, great, seeing you. Okay, bye-bye, alrighty, let's go to our winner here. Drum roll please, Chris. Here we go.

This is from somebody on YouTube that goes under K3Bear11,. K3bear11 said this was the best conversation. Four exclamation points I absolutely love Dr Northrup. Two exclamation points. Thank you, Julie and Dr Northrup, for this wonderful podcast and all that you both do. Two exclamation points you make a fantastic team and the way you converse is wonderful. Four exclamation points. So I think she enjoyed that episode with Dr Christiane Northrup and I think we released it a couple of weeks ago.

So, k3bear11, you are the winner of a free one-hour session with me, valued at \$750. And we can talk about whatever you want during that hour. The whole buffet of psychichness is yours. We can do healing, we can talk to your dead grandma, I can scan your cat, we can tell how close somebody is, I mean whatever, anything and everything, and that's usually what happens in an hour session with me. And remember, I've got five graduates that are all fabulous and you can usually get in to see them pretty quickly and they're less expensive than I am. So I recommend all of them and we can partake in the buffet of psychichness with any of us.

So send a note, go to AskJulieRyan.com. You'll see a section on the homepage that says Ask Julie a question. Just put a note in there K3, bear 11, and just say hey, I won the free session with Julie and my assistant, Rachel, will get you all the information. We'll find a date and time that works with both of our calendars and I look forward to having you all to myself for a whole

hour. Alrighty, everybody, that's it for this week, sending you lots of love from Sweet Home Alabama. Have a wonderful weekend, take care everybody.

1:00:38 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

1:00:53 - Disclaimer

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