

AJR Live Show Oct 16th Transcript

0:00:01 - AnnCR

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We got a bunch of callers on hold and we'll get them on. We also have people that are going to be joining us from the YouTube live stream. We're at Ask Julie Ryan and Samantha from my team is over there. She'll be helping people. Just put your first name, where you're located, in the chat and we'll get a bunch of your questions answered and then, if you're calling in, we're at AskJulieRyanShow.com and you can have a conversation with me. You'll be on camera then, so do that.

Right before I came on air, I got an email from somebody in Paris, France, who wants to come to the Angelic Attendant Training October 24th through the 26th. So that's weekend from next. It's coming up fast. We have a few spots left. If you want to come join us and do something spontaneous, come on. It will be one of the most enlightening, fun weekends of your life. So be sure to just let us know and we'll make a space for you. Just go to askJulieRyan.com slash AAT to enroll. That's askJulieRyan.com slash AAT. Okay, Chris, who's our first caller? Let's see. Okay, I got to change my screen so I can read this. Here we go. Okay, I got to change my screen so I can read this. Here we go.

Hi, Julie, my name's Jen, from Austin, Texas. Can you scan my husband, Sam? We think he may have long COVID, shortness of breath and the sweats. Yeah, absolutely so. How this works for those of you that are joining us for the first time is I raise my vibrational level. It's a level of spirit. We're all attached to spirits having a human experience, and when we're attached to spirits, we vibrate more slowly, simply because the body has mass.

So I'm going to watch a laser beam in my mind's eye. Go to Austin, Jen. I'm going to hook into you and then I'm going to go from you to Sam. I'm going to ask his permission if I can scan him, because I never scan anybody without their permission and then I'll envision shooting energy from his feet up through the top of his head and it will be as if I'm looking at an x-ray or a CT scan or an MRI. Something will be identified immediately. Thereafter, there will be some type of energetic healing that will begin. Please pay attention to what I'm describing, because you're going to be my helper and all of you that are listening and watching, whether it's real time or whether it's in the future you pay attention to and envision what I'm describing, because we're all going to be sending healing to Sam, and that's what really makes it fun about doing this show every week is we all can work together.

So here we go. Here comes my laser beam from Sweet Home, Alabama, heading to Austin. All right, Jen, got you going from you to Sam. Sam, may I have your permission? He's saying yes already before I even get the question out. All right, what's going on?

He does have a viral thing going on. Viruses, Jen., look to me like watery beef broth, and so what we're doing we Spirit Working Through man with me, me to help Sam heal himself is we're forcing that viral infection out through the top of his head and it comes out. It looks like a fountain. Reminds me of the Pebbles hairdo. You know where. She's got a little ponytail on top of her head. It looks like a fountain. So got that going on, okay. Getting the inflammation down. He's very inflamed Inflammation, looks like red fog on body parts and we use kind of a royal blue color energy to get the inflammation down. So got that going on All right. Now there's a blue thin hair, thin blue line that's wrapping around him like a big slinky, like a big vortex, and that's helping with the healing as well.

A couple of things that I would suggest. Number one there is a spike protein detox that you can use and it's from the Wellness Company. Just go to [wellness.com](https://www.wellness.com), look for the spike protein detox. It's over the counter, it's a capsule and it's two enzymes, jen, it's nanokinase and bromelain, and then it has curcumin in it, the spice, and that helps the body detox the spike protein. There was a research project that was done at the University of Michigan showing that those two enzymes and that spice, used together, really helped people gain their health back after the long COVID.

The other thing that I would suggest is doses of vitamin C. I would do a thousand milligrams of C. I like Ester C E-S-T-E-R because it's buffered, it's easier on the stomach because vitamin C is real acidic. So I would do Ester C thousand milligrams and I would add 50 milligrams of zinc to that. So vitamin C and zinc. Do it three times a day until he's feeling better. That's an amazing immune booster. So I hope that helps and I hope he feels better.

Thanks for your question. All righty, we're at [AskJulieRyanShow.com](https://www.AskJulieRyanShow.com). If you want to have a conversation with me. We're at Ask Julie Ryan on the YouTube live stream. Put your first name, where you're located and your question in the chat. Samantha's over there to help and we will get those answered too. Remember to subscribe wherever you listen to the show we're on all the podcast networks and subscribe on YouTube. Remember to leave a review, too, wherever you listen or watch the show, because that's where we choose our winners for free sessions with me and free classes and all kinds of fun things is from the reviews. So be sure and leave a review. We've got Chris over on the main dashboard and, as you guys know, I never know who's calling in. I never know what their questions are going to be. I never know what Spirit's going to say, so that's what makes this so much fun every Thursday night, at 8 Eastern, 7 Central and 5 Pacific, by the way. So, all right, who's next, Chris?

0:07:47 - Mary

Hi Mary, Hi Julie, how are you? My girl, I'm okay. How are you? Terrific. Tell everybody where you are, please. I am in Michigan.

0:07:55 - Julie

Michigan. All right, speaking of Beverly Hills, Michigan. Do you love that? I love that. How may I help you this?

0:08:03 - Mary

evening. Well, similar to the last question, I also suspect I have long COVID. I'm not sure, but I've had an illness going on for about five years and really struggling. I'm so sorry I was wondering if you could scan.

0:08:22 - Julie

Yeah, yeah, okay, yes, you do Same thing that I just mentioned to Jen, our caller. I would do the spike protein detox. I would do the C and zinc and that's going to help you a lot. Yeah, you know grass-fed beef broth. I would do that Bone broth. Make sure it's organic. That's going to help you with that.

If you've had it going on for five years, Mary, schedule an appointment with one of my graduates or me and let's do a deep dive. We can really get all that stuff out of you and see what else is going on, help regenerate your immune system. If you just go to AskJulieRyan.com and it'll say book your appointment and you'll see I have five graduates that work with me. They're all fabulous, they're all amazing at the buffet of psychickness handpicked by me and they're all lovely. You will enjoy talking with them and then, of course, I'd be delighted to talk to you as well. So, yeah, consider that we'll do a deep time, see what's going on and help help you get well. Thank you, you bet. Hope you feel better. Thanks for calling in.

All right, we're at ask Julie ryan show.com and ask Julie ryan on the youtube live stream. Remember to subscribe, ring the bell if you're doing it on YouTube so you know when a new episode is posted. We just posted last week our 700th episode. You guys, 700, that was amazing when I saw that number. Time flies when you're having fun. So we've got lots of stuff for you to listen to.

I talked to a woman today that told me that she's listened to every one of my shows, from the first, first one. She says I've listened to all of your shows. She lives in Albuquerque. You know who you are if you're listening, and I was so honored when she told me that. Thank you so much. Thanks to all of you who are listening and watching. Remember to share these episodes with your family and friends, and remember we've got the YouTube channels and other languages too. We've got English, Spanish, Portuguese, French and German. So if your friends are global and international, be sure to share this show with them as well.

Alrighty, let's see who's next. Hetal Hi, Julie. Hetal from Darwin, Australia. Hi, girl, it's already Friday over there. We lost our son and now thinking of adopting oh, honey, I am so sorry Adopting, slash fostering. Can you please scan and check if this will be possible? Thank you so much for your wonderful work. Oh God, love you honey. All right, yeah, I'm going to hook into you.

I want to see if there's a baby spirit attached to your energy field, because adopted baby spirits do. They attach to the mom's energy field, the adopted mom and the birth mom. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading south, really far south from me. I love when I get to talk to you guys down there because it's like a sci-fi movie, talking to you real time in the future. All right, got you.

You not only have one baby spirit, you have a baby spirit on either side of your shoulder, on top of each shoulder. Usually it's above the right shoulder, the same space. What am I trying to say? They're not spaced out. So I think there's a really good chance that you're going to be adopting and or fostering twins or two children that are about the same age, or two children that are about the same age. When I see that it looks like it's a multiple birth, or perhaps two children from different families that are around the same age, when I see baby spirits that touch the mom's energy field that aren't multiple births, I'll see them spaced out. Think of when you go by an airport at night and you can see the planes with their landing lights on and they're stacked out in the distance waiting for clearance to land. That's what I normally see.

Fun, quick story. The first time I saw a baby's energy attached to an adopted mom's energy field, Tim, my husband and I were at a party here in the neighborhood and the hostess had a friend who I hadn't met before and she said she's not feeling well. Can you scan her and do your woo-woo stuff? And I said sure. So I got this woman on my radar and I'm standing with her. And again, I hadn't met her before with her, and again I hadn't met her before. And I said to her are you pregnant with twins? She didn't look pregnant and I said are you pregnant with twins? Because I'm seeing two babies' energies and they're pretty close in. And she burst into tears and I thought, oh Lord, have mercy, I've offended this woman in some way, I didn't know

how. And she said no, this was a Saturday night. She said on Wednesday or Thursday we're flying to Guatemala because we're adopting twins and they're gonna be born by C-section on Friday and we get to be there when they're born. So that was the first time I saw adopted baby's energy.

I touched the mom's energy field. That was probably 20 years ago, so I've seen it many times since, and I see it with foster children and I see it with stepchildren. I had a client earlier this week who has five stepchildren no children that she birthed, but five stepchildren and they were attached to her energy field because I did an instant replay of her before she married their dad. It's remarkable how we choose who's going to raise us. I've just seen so much evidence of it. So good luck with that. Keep us posted and sending you lots of love, all righty, let's see who's next. And you have lots of love, all righty, let's see who's next. It's so fun when I get to tell somebody oh, there's a baby's energy attached to your energy field. Hi there.

0:14:55 - Denise

Hi, denise, I sent you an email this week and you answered me back. It was about my husband had a stroke and his left side is weak. Okay, he's, you know, he's still a strong guy and everything except that he has that left side is just not completely workable.

0:15:21 - Julie

Okay, so tell us both of your names again and tell us where you are.

0:15:25 - Denise

I'm Denise and this is my husband, dick, and we're near Syracuse New.

0:15:30 - Julie

York. Terrific Denise and Dick. It sounds like a sitcom I know, doesn't it?

0:15:35 - Denise

though we're D, d and K. Yeah, it does. Between the show we're D, d and K.

0:15:40 - Julie

I love that Okay, all right, here we go. So, Dick, I'm assuming it's okay for me to scan you.

0:15:47 - Dick

Oh, absolutely.

0:15:49 - Julie

Okay, all right, here comes my laser beam from Sweet Home, Alabama, heading north to New York. All right, got you, I'm going right into you, dick.

0:15:58 - Dick

By the way, I lived in Alabama for a while.

0:16:01 - Julie

You did. Where'd you live? Athens, Alabama? Yeah, between Birmingham and Atlanta. So got you and it's a stroke on your left side, dick. Yes yes. Yeah, that's where the energy went.

0:16:17 - Dick

Yeah, I had an issue when I was in the service. It was Agent Orange and I had a stroke about four years ago.

0:16:29 - Denise

They determined that was probably the reason. No kidding.

0:16:34 - Julie

I hadn't heard that. Wow, yeah, all right, let's get that nonsense out of you and we're going to work on your DNA and we're going to read your neurological system and your muscular system. How about that? So, first of all, getting the agent orange out, and we've got two big magnets on either side of you, Dick, and they're joined in the middle. They're going up and down your body. You're pulling out metallic particulates, deep heavy metals and that poison. So they go up and down your body. They turn a quarter of a turn up and down your body, turn a quarter of a turn and do that.

And then what we're doing is we're going to do a lymph cleanse. So imagine there's a big oval tube that's vertical, that's in front of your body, it's inside your body, but it's on the front side of your body and all your lymph fluid is going in there. Now lymph fluid is an amber color and it's kind of globby. Think of a lava lamp and the fluid inside a lava lamp. So that's coming out, the toxins coming out the bottom of your feet. There's a hole that's open on the bottom of each foot.

So we're doing reverse osmosis purification of your lymph fluid, like what they do with purified drinking water. So he's going to be so pure Denise, you're not going to know what to do with him. So we've got that. Now there's a big metal dome that's come down on top of your body. As it lifts off, it's pulling out your lymph nodes out of sequestered toxins. They've been working overtime and lymph nodes look like little D3 vitamin capsules to me, and when they've sequestered toxins they can look brown or black inside. So those have been extracted. We're sprinkling you with stem cell energy. My favorite stuff, light amber color gel, has sparkles in it because it's woo-woo and reminds me of dippity-doo.

0:18:34 - Denise

Dippity-doo, I told him about that.

0:18:37 - Julie

Yep, yep, that stuff will fix anything. It's amazing. It's amazing. It'll fix anything. It's kind of like you know they used to say that about crazy glue and other things. It'll fix anything. So, dippity-doo, that's reductate, right. So got that going on.

Let's work on your DNA. DNA looks like a little strip of paper that you'd see inside a fortune cookie with the fortune written on it, and it has four nucleic acids that make up DNA, represented by four letters. They are A, T, C and G. One strand can have 100,000 letters on it. It can have up to a billion letters. I'm watching those letters get rearranged. So we're taking your DNA back to a normal sequence and we've got that going on. You have three strands of DNA that have been refigured and those have snapped back in.

All right, I want to look at the neurological stuff going up in your brain and brain matter. You know my analogies are hilarious, Denise. Hopefully told you that. Right, Denise, they are intended to give us a human frame of reference, so you're going to love this. One brain matter looks like thick cooked oatmeal to me, and scar tissue inside the brain looks like chicken cartilage that white flexible stuff in a chicken breast with the bone in.

So I'm scooping out the scar tissue. I can see where the stroke was in your brain. It looks like red blood. That's how it shows up to me in my mind's eye. So, clearing all that out, scooping that out. Imagine you take a spoonful of oatmeal. It's going to leave a divot in the oatmeal.

Yeah, here comes stem cell energy again. Light amber color, gel, sparkles, dippity-doo, vortex spinning above it. It's always a vortex that regenerates it. So regenerating your brain matter, excuse me. And so now what we're going to do is we're going to work on your neurological

system, do the whole body? Imagine that your neurological system looks like a network of tubing, aquarium tubing and imagine sometimes it gets gunk inside of it like dead cells and other debris. So imagine there are a bunch of little tiny corkscrews that are spinning through that tubing and it's grinding up and it kind of gunk in there. Now we're irrigating that out and guess what? Here comes the cell energy again. Light, amber color, gels, sparkles, dibbity-doo. He's going to be like the bionic man by the time we're done with him, Denise, he's going to want to put on a cape and leotards and run around tights, run around the house like Superman, all right. So we've got that going on too, so hopefully that'll help with all of that and regenerating the right side of your body.

0:21:34 - Dick

Thank you, Julie, you are so welcome.

0:21:37 - Julie

This was great yeah you bet, sending you guys a big hug.

0:21:43 - Denise

Yeah, sending hugs to you too, okay.

0:21:45 - Julie

Bye.

0:21:45 - Denise

Bye, Bye sending hugs to you too. Oh I appreciate it, okay, bye, bye, bye-bye.

0:21:50 - Julie

Bye-bye. All right, we're at AskJulieRyanShow.com. If you want to have a conversation with me, if you're joining us on the YouTube live stream, we're at AskJulieRyan. Put your first name, where you're located in the chat along with your question. Samantha's over there to help you if you need it. She is the queen of our live streams, among way more things too. She's amazing part of my team and we'll get your questions answered. So, all right, Chris, who's next? Hey, wendy, hi Jolie, how are you doing? I'm great, thanks. How are you doing?

I'm great thanks, where are you?

I'm great thanks. Where are you? I'm in Australia. Oh my gosh, this is our Australia night Wonderful.

0:22:41 - Wendy

How may I help you? I have a friend that's a little bit concerned. Wonderful, how may I help you? I have a friend that's a little bit concerned. He has diabetes, but I'm not sure if it's to do with that. He had a very high, apparently, blood result with markers in his body and he's wondering whether maybe he has bowel cancer. Oh, there's three of them now my brain's gone Bowel cancer, abdominal cancer, or there was one other one. Where am I? And yeah, so he sort of his research sort of showed him that it wasn't looking good. So we just sort of want to know if you can confirm anything regarding that.

0:23:32 - Julie

So they did scans on him, but they haven't given him a prognosis yet or a diagnosis.

0:23:38 - Wendy

He's booked in. I heard yesterday he's booked in for an MRI a week. He's actually in Thailand at the moment for a week. Okay, my friend, what's his first name?

0:23:51 - Julie

Jeff, Jeff, all right, all right, I'm going to connect down to you and then go from you to Jeff in Thailand. This is like an international call here, girl, and we'll see what's going on. Absolutely, what time is it where you?

0:24:07 - Wendy

are 11.27 on Friday On.

0:24:11 - Julie

Friday. Don't you just love that. I just think that is so fun. All right, here we go. Comes my laser beam from Sweet Home, Alabama, heading back down to Australia to hook into you. Got you All right. Going to Thailand to Jeff. All right, Jeff, I'm talking with Wendy. May I scan you energetically? Yes, he said yes, all right, so I'm shooting energy from his feet. He does look like he's got malignancies. It looks like it's in more than one place. When I see somebody that has metastasized cancer, Wendy, it reminds me of a dairy cow. Think of a white dairy cow with black splotches on them, almost like somebody threw black paint on them. That's what it looks like, and so let's just do a healing on him and see what we can accomplish. You'll be my helper here. The good news is he's in his body. He's not dying at the moment. Okay.

Yeah, that's what he was concerned about. Yeah, no, he's not dying at the moment, because otherwise I wouldn't be able to scan him, because the spirit separates from the body, goes out through the top of the head and the spirit is the power source for the body. So when I'm scanning somebody who's in one of the phases of transition, what I talk about in my book Angelic Attendance- what really happens talk about in my book, angelic Attendance, what really happens when somebody's in that one of the phases of transition?

it's almost like they're not plugged into any electricity. They're still living, but I can't get a visual on them and I equate it to being in a in a room, pitch black room, without any electricity, trying to read an x-ray. You know, in the pitch black, dark, it just doesn't work for me. So got that going on.

Let's do what I just described with Dick the lymph cleanse. We'll do it fast. You know, the lymph cleanse all his lymph fluids in there. That's spinning toxins coming out the bottom of his feet. Lymph node cleanse pulling the lymph nodes out, sprinkling them with stem cell energy to get new lymph nodes generated. Vortices above his head, beneath his feet, on either side of him, front and behind, all spinning concurrently. Heavy metal detoxes two big U-shaped magnets joined in the middle, going up and down. The body turns a quarter of a turn, up and down the body quarter of a turn until it makes a full revolution around Jeff's whole body DNA healing he has eight strands of DNA that have come out of an X chromosome.

You know, you remember when you were 10 and we were in science class and we learned everybody has an X chromosome, girls have two Xs and boys have an X and a Y. By the way, I didn't remember any of this stuff. I mean, I'd see this stuff in my mind's eye in these healings and I'd have to go look it up to re-educate myself because I didn't remember this DNA stuff. But I figured I know how to read, so I figure it out. So that's what I did.

Somebody said, well, yeah, but you had all that biology training. I said, yeah, but I don't remember any of it. That was decades ago, I don't know that. I remembered it after I took the exams. I was like that's bad, that's out. So got that going All right, yeah, I think that he's going to. I think he's going to be okay with this. I would encourage him to schedule an appointment with one of my graduates or me and let's, you know, let's really do a full hour long, you know, healing and medical intuition stuff with him. Let's really do the whole thing with him and my graduates. You can usually get in within a week or so to see them. There's five of them and then I'm scheduled out a bit and I also have priority appointments. Some people can get in

same day. So check and see what makes the most sense for him. You're a sweetie to call in for him.

0:28:31 - Wendy

Oh, that's okay. Anything to help somebody yeah.

0:28:34 - Disclaimer

Okay, thank you so much, Julie.

0:28:36 - Julie

I really appreciate that you bet Great to see you Thanks, bye-bye, bye Anybody that wants angelic attendance what really happens as we transition from this life into the next, what happens how we're surrounded by angels and the spirits of deceased loved ones and pets. You know we got lots of drawings in there that show how the angels are positioned and the spirits and the pets. Just go to Julieryangift.com. Julieryangift.com and we'll send you a free digital and audio book version, and we have it in Spanish as well. We're working on getting it into a bunch of other languages to give away.

When my spirit guide, pope Clement, asked me to do this, he said you got to teach the world what happens when somebody dies, and I turned him down for several years. I'm like I'm not doing that. People will think I'm nuts. And he's like yeah, yeah, yeah, yeah, just get on with it. So I think he's got to be thrilled because I give away thousands of these a year and you're welcome to buy the paperback and the audio book and all of that, but we'll send you the digital and the audio book for free if you want. Share it with all of your family and friends. It's a really great gift to people who've just lost a loved one and also to people who have a loved one at the end of their lives Really helps them get through that. Many churches of all denominations and synagogues give this to families that come in to plan a funeral. This book, my book and also many hospice organizations throughout the country give it away too. So, yeah, hopefully it'll help you and your loved ones when the time comes and it's needed. So, Julieryangift.com.

Okay, let's see who's next. Marion, so happy to see you. I'm from Toronto. Hi Marion from Toronto. Can you help me with this dry mouth symptoms that's getting worse, so uncontrollable. Any help would be appreciated. Thanks, marion. All right, marion, here comes my laser beam from Sweet Home, Alabama, heading north to you in Toronto, northeast. All right, caught you shooting energy. I'm shooting some energetic estrogen into you. Girl, you kind of look like a wilting plant. That's what women who need some bioidentical hormones look like. Best thing to do is call a compounding pharmacy in your area and ask who's prescribing bioidentical hormones through them. If you don't want to go the pharmacy route, go to askJulieryan.com slash hormones and you will be led to Dr Christiane Northrup's site. She has over-the-counter medication that's helpful for menopause symptoms and they are using an herb that's been used in Thailand for 700 years and a lot of people get relief from that. It's less expensive and it's very effective. If you don't want to do the prescription route, so just go to AskJulieRyan.com. Slash hormones that's the first thing that came up. Marion with that.

The other thing that's come up is to use salt, but use good salt sea salt, redmond salt, my favorite's Oryx salt and it's from the Kalahari Desert in Africa. If you go to my website AskJulieRyan.com and go to the sponsors page, there's a link there for a discount and that salt tastes amazing and it works really well, which is kind of interesting. Most of us think well, you know, salt's going to make us even drier. What if it's real salt? Now, you know the sodium that we get for table salt. You don't want that. You want real salt, celtic salt. You know the Oryx salt. The reason you want that is because when the body is dry, it's not getting enough salt to retain water. And even when you're swollen and you're retaining water, normally you're eating too much sodium. You want to go to real salt. There's all kinds of research out there about that, but give that a try. I would do the hormones, Marianne, and I would use the Oryx salt. Just go to

askJulieryan.com sponsors page. You'll see it on there, and you'll see Dr Northrup's stuff too on there too. So hope that helps. Thanks for joining us. AskJulieryanshow.com.

If you want to have a conversation with me, we're at Ask Julie Ryan on the YouTube live stream. By the way, on the 28th of October had to picture the calendar in my head there for a minute we'll be doing my live, and so if you want to join us, that's like it's like my show, but we don't have any commercials and you can come in your jammies. It's from 8 to 10 Eastern and it's really fun. It's relaxed. I can usually get 20 or more people on and get their questions answered, and so you want to go to askJulieryan.com slash live. That's askJulieryan.com slash live, and that'll be October 28th, Tuesday, and that'll be the day I get back from Atlanta from my training, so I'll have lots of tales to tell.

We're going to have a crowd. It's going to be an amazing weekend, not too big of a crowd, it'll be just perfect. And again, we've got a few spots left. So if you're thinking about it, just come join us. It will enhance your life in every area, and Chris is going to be down there too, so you'll get to meet him in person. Chris, you're going to be like a celebrity down there. All right, let's see who's next.

0:34:55 - Dick
Hi Julie, hi Giovanna,

0:34:55 - Giovana
hey

there, how's it going? Good to see you, good to see you too. Thank you, Julie. You helped me with my glucose about a year ago and I truly appreciate it. That problem has been completely solved with following the glucose, goddess. So thank you so much Good job.

0:35:10 - Julie
I'm so proud of you. Great job, thank you.

Please tell everybody where you are

0:35:15 - Giovana
In

Saladat, California.

0:35:16 - Julie
Okay great.

0:35:17 - Giovana
Yes, All right, and I'm back today because I have been having some problems with my right foot. I've been having some pain on the inside of my ankle and I have quite a few problems with this right foot. It's completely different from my left foot. That is very beautiful and this one's like the beast beating the beast. But as a child I did break my outside ankle on this same leg and I have a couple of other things going on with my toenails. So I try to sit with this and see, okay, you know, what does spirit want me to heal in order to work on to heal this problem. But I couldn't really quite get something and I'm curious to see if it has something to do with my past life. So just kind of wanted to run it with you and see what we can get from spirit.

0:36:07 - Julie
Sure, all right, here we go. Here goes my laser beam from Sweet Home Alabama heading out to you in California. Got you Right ankle. What I'm watching happen, Giovanna, is I'm

watching, like, imagine if we've got a bunch of shoelaces and we're doing kind of a basket weave with them, I'm watching shoelaces get crisscrossed, a bunch of them underneath your foot and they're coming up on either side of your ankle and they're going through the inside of your foot and they're crisscrossing inside your ankle. So it's like we're tethering the ankle. It reminds me of a basketball net. I haven't seen this healing before. So this is fun.

It's always fun when I get to see new healings. You know, you know me, oh cool. I get to see a new healing that appeals to my inventor brain, but it's crisscrossing and it reminds me of a basketball net. Now I'm watching it get pulled. Those, they look like shoelaces. I'm watching them get pulled. Those, they look like shoelaces. I'm watching them get pulled. And then I'm watching them get wrapped around the ankle. So it's like your ankles being supported with a system that goes underneath the heel of your foot. Does that make sense from a visual standpoint? So that's what I'm seeing Now. I'm seeing it get wrapped around. All right.

Now what I'm watching is you know what gauze looks like If you look at, if you look at like a four by four gauze dressing, you can see the vertical and the horizontal threads in there and you know, sometimes it'll be in a roll and you can wrap it around the foot. I'm watching that happen. It's energetic and it's wrapping around your foot like what you would do with an A-spandage You'd wrap it around your ankle and underneath your heel and then back around and then that's going into your ankle and your foot. What it's reminding me of is scaffolding being laid like a structure in there because stem cell energy is coming, but it's almost like a grid for the stem cell energy to hook into, if that makes sense.

Sense, think of chicken wire, where sometimes people use that in their gardens to support beans or something that are growing. It gives them kind of a framework to grow in and out. Of. That's what I'm watching happen. And speaking of beans, that's exactly what's happening. Stem cell energy was utilized in there and this scene reminds me of Jack and the Beanstalk. You know where the beanstalks are growing and they're going in and out of all of these little support systems that are in there and then that turns into new tissue. I get that this has to do with ligaments, ligaments- I figured, I figured yeah.

So that structure's in there. Now what I'm watching on the ligaments the ones on the left side look like they're fraying a little bit. You've injured them.

0:39:25 - Giovana

I want to say I did part of it running, yes.

0:39:28 - Julie

Yeah, so a little girl with long hair and split ends. You know, you see the hair and you see little split ends coming off the bottom. That's what a tear in a ligament or a muscle or a tendon looks like to me. So again, stem cell energy on that, getting that calm down, getting that healed. Vortex spinning outside of your foot. Let's go down to your toenails. You got fungus on your toenails. Is that what's going on?

Unfortunately yes, yeah, that's what I'm seeing. So what I'm watching is I'm watching your toenails lift off from your toes. You know, you know. These visuals are analogies for the healing that's happening.

0:40:10 - Giovana

Yes, but they look pretty. I keep them pretty, sure.

0:40:14 - Julie

Polish will cover them. However, these analogies, these visuals that I get, are intended to help us have a frame of reference for this energy healing that we're doing. So I watched all your

toenails lift off, especially your big toenail looks really lovely. And then I'm watching an antifungal get put on that and then you've got a systemic yeast infection that's causing that. That's why the topical stuff isn't working.

0:40:46 - Disclaimer

So you want to get your doctor to prescribe Nystatin N-Y-S-T-A-T-I-N.

0:40:50 - Julie

Think of New York and Staten Island. That's how I remember Nystatin N-Y-S-T-A-T-I-N. Think of New York and Staten Island. That's how I remember Nystatin. Nystatin Because you need a systemic antifungal. That's the missing link for people that have toenail fungus and it lasts for years. And I've talked to so many people and they say I've used every cream known to mankind and it just hasn't helped. Every cream known to mankind and it just hasn't helped. I go that's because it's internal. So you want to get an antifungal for that. Let's do the left. You got some of it on your left foot too. So toenails yeah, especially the big toe. You got some growing under there. So big toes being lifted off. Got that and the antifungal. It's almost like clear nail polish. That's the antifungals. It's getting painted on your toe and then the toenail gets put back in place.

So yeah, so I hope that helps.

0:41:48 - Dick

Yes, thank you very much, Julie. I truly appreciate you. Thank you.

0:41:52 - Julie

I'm so proud of you with the diabetes. Good job girl, thank you. Thank you very much, Julie. I truly appreciate you. Thank you, I'm so proud of you with the diabetes. Good job girl. Yes, thank you, thank you Julie. Okay, take care. Great to see you, you too. Bye-bye.

Bye-bye you too, askJulieryanshow.com, and we're on the YouTube live stream at Ask JulieRyan, so come join us. We've got time for some more questions and let's see who our next person is, Amy. Hi, Amy, Amy, from San Diego, we know you. Can you please scan me for the bloated belly and how to heal this? I have lots of lumps and bumps in the intestines and colon for a long, long time. Thanks, that's yeast overgrowth, Amy. We've talked about that before. You've still got it.

I'm already connected into you and so, clearing it out again. And it's diet. You want to get ahold of some Nystatin? Get your doctor to prescribe Nystatin, the antifungal N-Y-S-T-A-T-I-N. Think of New York and Staten Island. That's how I always remember it.

And just remember the eating program. Stay low on the food chain. If God made it, eat it. If man made it in a factory, do your best to avoid it. Stay away from anything fermented, not for life, just till we get your gut healthy, because your gut's already a fermentation factory and when we eat or drink fermented foods it's just like pouring gasoline on the fire.

If you're going to eat fruit, Amy, peel it, because there's tons of yeast on the peel. Never again in the rest of your life ever put a slice of lemon or lime in a drink. This goes for everybody, not just Amy that stuff's full of yeast and if you're in a restaurant, they cut those slices early in the morning and God only knows what's growing on them by the time you're drinking water with a lemon slice in it at eight o'clock at night. So there's all kinds of toxins on there. You just tell them you want water without lemon. Just don't do it and don't put it in a mixed drink either. Or iced tea, just avoid it altogether. So there's that. If you need lemon in your water or your tea, squeeze it, which is an optimal in a restaurant. Put, squeeze it, but just never put the slice in there. And freeze and reheat leftovers, because lots of yeast gets on food when it's left over in

the fridge overnight and then you want to do a nice statin. So, Amy, I hope you feel better. Thanks for joining us. Alrighty Christina. Hi Julie from Dayton Ohio. Hi, girl, love your channel and your recent guests. Oh, thank you so much. Thanks for joining us. Leave that review online too.

Also, you guys while I'm thinking of reviews please leave a review for Angelica Attendance on Amazon. Even if you've gotten it for free, you can leave a review. And here's why when you leave a review, when somebody is doing a search usually when they're in most need of comfort they've got somebody in their family who's dying, or a loved one who's dying or they've just lost somebody and they're putting in some search words. When we have reviews and they're recent, the algorithm on Amazon will bring up angelic attendance, and there's nothing like it out there. You know, there's lots of information about what happens in the afterlife, what's happening as far as near-death experiences, how to grieve, but not much, if any, about what happens when somebody's actually dying. And that's where angelic attendance comes in and people are so afraid because they don't know what to expect. And when we have a loved one who's dying, not only are we grieving the loss of that loved one, but we're thinking I'm going to be there one day. What the heck is going on. So please leave a review on Amazon for Angelica AtTendence and it'll help others find this information, especially when they're in most need of comfort. So thank you so much for doing that for me.

Okay, let's see who's next. Chris, hi, how are you? Hello, I'm back. Hi. What is your first name? Michelle? Sorry about that. Hi, Michelle, that's all right.

0:46:20 - Michelle
Old

Skype account. Yeah, I'm in Tennessee, terrific, not far from you. I guess. Where in Tennessee, in the Memphis area? Yeah, yeah, yeah, west Tennessee.

0:46:31 - Julie
Right, right, I just go up. I just go up. What is it? The corridor, the X corridor, or something to get to Memphis from Birmingham? So how may I help you?

0:46:42 - Michelle
Well, thank you for spiritual, psychological, energetic, medical, all of it. It's not resolving and I'm getting more limited in what I can do, especially the things I love to do, and what I can do, especially the things I love to do, and I'm just wondering if there's anything you can do insight-wise or healing-wise. Maybe there's something I'm missing, I don't know. Oh my gosh.

0:47:22 - Julie
Did you injure yourself, Michelle, or is it just kind of a chronic thing that's been going on for a long time?

0:47:28 - Michelle
Well, I finally got it checked and it was just a diagnosis of a couple of bulging discs.

0:47:35 - Julie
That's what I'm seeing, but I'm already connected into you. Yeah, left side is where I'm seeing it. So, all right, I'm already hooked in. Spacers are being used. You've got some disc degeneration is what it looks like to me Discs. Here comes a fun analogy. Discs look like a royal blue half-filled water balloon. That's squishy how about that? And they're like shock absorbers. They're royal blue. So spacers that are used by a tile mason are being put into place to get those vertebrae back in position. Because when you have degenerating discs, the vertebrae aren't being held in their proper position because the discs aren't fluffy enough. So God blows

in place. There's two discs in play that look the worst to me on the left side. So those are being propped up and then stem cell energies being put, dollop of light, amber colored gel, sparkles, dippity-doo being put on those discs. There's a vortex spinning outside of them, in front of your back. So is that what I want to say? Outside of your back.

0:48:54 - Michelle

Right outside of it right.

0:49:02 - Julie

And so those are spinning. That's regenerating the discs. And there's this little netting that gets applied Michelle Think of a goldfish net, how finely woven that is and it can stretch from the upper to the lower vertebrae and it keeps those discs in place. You're leaning to the left. You got a little bit of scoliosis in that area of your spine too. I don't know if anybody's told you that, but you're curving a little bit.

So imagine we're going to work on that. Imagine we have two metal rods that are on either side of your spine and imagine we're using a laser to heat up your spine to make it pliable like a butter with their clay. The clay needs to be moldable in order to make a bowl or a vase or whatever they're designing. So imagine that the rods on either side are moving very slowly towards the middle and they're straightening your spine and when they get in place which they just did I can see that and I can hear it and I can feel it and it reminds me of that groove in a sliding glass door going out to the patio or the porch or the deck. So those are in place, your spine's being lasered again to fire it, basically like a potter needs to fire their creation in order for it to be solid, and then those rods just fall off. They just fall down to the sides and they immediately disappear. So we just straightened up your spine on that.

I'm watching your cervical spine get worked on as well and there's a mold that goes underneath your chin and it goes on the back. It has the curve, the cervical curve, and it's almost like think of a plastic mold where it has two pieces and then they come together. So heating up that part of your spine and that mold's in place, spine's heated again to fire it. So we've got that going on. So that's what I'm seeing happen. I don't get that. You need surgery. Fusion is really hard because that's a slippery slope. Once you go start on that, the ones above and below need surgery. Fusion is really hard because that's a slippery slope. Once you go start on that, the ones above and below need it. And I've lost count of how many people I've talked to who said I wish my surgeon would have told me that because I've had four or five surgeries, because everything above and below that fusion has had to you know, had to happen.

Yeah, I'm not interested in no, that's a slippery slope. What can you do to relieve pain in the short run? I'm sure you've been given stretches by your doctors. I see you laying on your back and bringing your knees, one at a time, up to your chest to stretch, and then you extend that leg and then you bring the other one up and doing that kind of thing. I also see you and this sounds crazy, but I see you with your legs up the wall the yoga pose, legs up the wall and I also see you laying on your bed and like, from the waist down you're hanging down off the side of the bed. So it's kind of like a traction thing to help elongate that. So I hope that works. Do you see a?

0:52:24 - Michelle

chiropractor. Yes, I've done all of it. Yeah, PT doctor.

0:52:31 - Julie

Yeah, yeah, all of it. And what did the doctors say?

0:52:36 - Michelle

They did one injection of a steroid injection just to get the inflammation down. And then I've been in PT, I've stopped yoga, which I loved, I'm almost stopped gardening, which is my passion, and it just seems like it just even they say I should be further along. It's been eight months now.

0:52:57 - Julie

Motion is lotion. Remember that. Don't be stationary. Yeah, so you know, do what you can. The other thing that just came in, Michelle, is beamminerals, b-e-a-m, minerals.com. I think it would make tons of sense for you to use those. Use Julie Ryan all one word at checkout for 20% off beminerals.com. Julie Ryan is a coupon code. All together one word. I would get on the minerals, I would get on the electrolytes and they have a spray called Instalites and it's a mineral spray that you can spray on the outside of your body anywhere. It's miraculous for helping relieve pain. I mean, it's amazing. Triathletes use it, all kinds of athletes use it, just regular people that have pain. Whenever I have something in pain on my body, I'll spray it on there and I promise you, in five minutes it's greatly reduced. And if it's not gone all the way, I'll spray it again. And it is amazing stuff. It's really super impressive. So, instalight Spray beamminerals.com. Use Julie Ryan at checkout.

0:54:09 - Michelle

Okay, okay, I hope that helped. Thank you so much you are most welcome.

0:54:14 - Julie

I hope you feel better. Okay, thanks, Michelle. Thank you, you bet, alrighty, everybody. That's it for this week. That went fast. Remember to sign up for my AskJulieRyan.com slash live and come join me on the 28th and if you're thinking about coming to Atlanta, come on, go ahead and sign up, askJulieryan.com slash AAT, and we'll be delighted to have you join the fun. In the meantime, sending you lots of love from Sweet Home Alabama. Bye, everybody, have a great week.

0:54:50 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

0:55:05 - Disclaimer

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