

AJR Show Sept 25th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan. Hi, everybody.

0:00:44 - Julie

Welcome to the Ask Julie Ryan Show. It's always a thrill to have you join us each week. This is where we blend spirituality and practicality to help you live a life of purpose and joy, and we got a bunch of callers that are waiting to get on screen. And if you want to call in and have a conversation with me, you want to come to AskJulieRyanShow.com. If you're joining us on the YouTube live stream or at Ask Julie Ryan, just put your first name, where you're located and your question in the chat and we'll be taking questions from both places. Not much to report, just getting everything ready for Angelic attendant training in Atlanta, October 24th through the 26th. We still have some spaces available, so go ahead and sign up. People are coming in from all over America and abroad, and I've got more than two dozen graduates that are coming in, too, to help with the students, and that says a lot, because they're coming in on their own dime and they want to be a part of this. So come join us. It will enhance your life in every area and it's so much fun. And it includes practice sessions, multiple practice sessions a week for free, for life, and that's where your skills really ramp up. You can go to a webinar. You know, like a Zoom I'm dating myself. You can go to a Zoom call. You can read a book, you can watch a documentary or something, but until you're doing it you don't really get it. So come join us, angelica.

Tendent Training October 24th through 26th in Hotlanta and we'll be there. Okay, Chris, who do we have with us this evening? Who's our first caller? Oh, our first YouTuber, Jeff in Virginia. I have kidney stones who would appreciate anything you could do for me to get rid of them. You poor baby Goodness. Those things are supposed to be so painful. I ain't never had them, but my husband has, and the doctors say, yeah, it's the male equivalent of labor pain. So I wouldn't wish that on anybody. Here we go.

For those of you that are first time joining us, how this works is I raise my vibrational level to the level of spirit. I'm going to watch a laser beam come from my body here in Birmingham, Alabama. It's going to hook into Jeff in Virginia and then I'm going to have a hologram of him in my mind's eye. I'm going to envision shooting energy from your feet up through the top of your head, jeff, and then we're going to go right to your kidneys, kidneys and there will be a healing that will happen energetically. It's spirit working through me and with me to help you heal yourself. Because always remember, nobody heals anybody else, ever, ever, ever, ever. No doctor, no medical provider, no shaman, no healer like me. We all heal ourselves and we just help you heal yourself. It's part of the healing equation. Everybody that's listening and watching. I want you to envision what I'm describing to Jeff. Jeff, you especially envision it, please, because that helps integrate the healing into your body and everybody that's listening and watching. I want you to do the same thing, because it's going to help. When we all send Jeff this energy, it's going to help him heal.

All right, jeff, here we go. Here comes my laser beam from sweet home Alabama, heading to you in Virginia, got you shooting energy from your feet up through the top of your head. It's

going to your left kidney first. I'll check the right one too, but I always follow where the energy goes. I can see the stones You've got. It looks like gravel. You've got several of them in there. Some of them are little, some of them are larger, and I see this healing many, many times and the stones get pummeled.

It reminds me of that attachment that you'll see construction guys put on a jackhammer and it's a flat plate when they're trying to grind up asphalt or something. That's what I'm watching happen. They're getting pummeled and then we're irrigating them out of your kidneys. It's just dust now and irrigating them out. Oh, you got a pretty good size one on your right kidney, holy Moses.

All right, let's get that one that one has not only that plate is pummeling it, but it has these. Almost looks like a drill that's going in and it's pummeling it from the side. I haven't seen that before, jeff Interesting. That's why this is so much fun, because I get to see all this new stuff all the time and you know that appeals to my inventor brain Like, oh cool, I haven't seen this before. So, yeah, you've got it coming in from about three or four sides and then you've got that flat plate pummeling that and then it's going to get the smaller stones that are in there. They're probably going to want to do a laser procedure on you with that one on the right if it's still there after this healing. Remember, the healing is going to integrate into your body and that can happen instantly. It can take days, weeks, months may need complementary care like a procedure, but it's always our spirit's prerogative of how the healing is gonna integrate into our body Because, again, nobody ever heals anybody else. All right, that's all done.

The little dust, the kidney stone dust, is coming out. Stay away from stuff with oxalates in it. Spinach is one of the big ones, almonds, I think, has oxalates. That's a mineral, I guess, that causes kidney stones. That's in certain foods and if you do an internet search, jeff, I'm sure your doctors talk to you about it If you do an internet search, you'll see which foods cause kidney stones and then you want to avoid them. So I hope that helps. I hope you feel better.

Thanks for joining us. If you want to have a conversation with me, I'm at AskJulieRyanShow.com. If you're coming in on the YouTube live stream where I'd ask Julie Ryan, remember to subscribe, remember to ring the bell, remember to leave a review, because you know when you leave a review wherever you listen to the show we're on all the podcast networks, wherever you listen to the show, and if you leave a review on YouTube, that's where we get our winners for free classes and free sessions with me. So just leave a review, let us know what you think about the show and you're automatically entered into the drawing and I give those away every month. A free session and a free class. Gave away a free Angelic Attendant Training All Expenses Paid trip last Thursday night.

So if you haven't listened to that show, it's really fun. We have Mary from the Boston area that's coming in to join us and all expenses paid her airfare, her meals, her hotel, her scholarship to the class. So it makes it fun and people that want to join us and money's a little tight. You know that's why we do that, that's why I do that kind of thing and my graduates do that kind of thing. All together, all righty, Chris. Who's next? It's Mary.

0:08:15 - Mary

Hi Mary, how are you Good? I'm from Heckman's Island, Nova Scotia, Canada. Oh, terrific. Well welcome, Thank you for joining us. Well, this is the first time I've ever done anything like this.

0:08:30 - Julie

And look at you you're a movie star already.

0:08:35 - Mary

Yeah, good for you, yeah, so my question is about my dog. I have a standard poodle named Loki. Okay, loki. He was just diagnosed with dilated cardiomyopathy, something like that, and mitral valve regurgitation Okay, hard stuff, yeah. Regurgitation Okay, hard stuff, yeah. So what I'm worried about is my mom is 88 years old. She is totally attached to this dog and I don't want him to pass away before her.

0:09:20 - Julie

How young is the?

0:09:21 - Mary

dog, he's only seven.

0:09:24 - Julie

Okay, and what precipitated you taking him to the vet to get these tests? Was he acting like he didn't feel well, or what was going?

0:09:33 - Mary

on. No, it was his annual checkup and they said he had a heart murmur. So they sent me to a cardiologist and he found these two heart issues.

0:09:47 - Julie

Oh my.

0:09:47 - Mary

So what are they saying for treatment? Well, I give him 14 pills a day. Oh, good heavens, and I'm so. My mom is so attached to him that it's going to break her heart if anything happens.

0:09:59 - Julie

Well, he's not dying at the moment. I'm already connected to you and then from you to him and his spirit's in his body. Let's see if we can fix that heart stuff going on. I do that all the time with humans. So it's Loki is his name. Yeah, loki. What color is he? Is he white? Is he black?

0:10:18 - Mary

He's black with white on his chest and a white goatee. I bet he's beautiful.

0:10:25 - Cricket

He is, and they're so smart.

0:10:27 - Julie

They're so smart, too smart, these dogs Too smart yeah, oh wonderful.

All right. So, mary, I've already connected into you, going from you to Loki, Got Loki, I don't ask pets permission to scan them, they're all fine with it. So I'm going in. And heart, they're all fine with it. So I'm going in. And heart valves on pets look the same to me as they do on humans. And here's my analogy for it. To simplify it, think of a doggy door. You know the doggy door will swing open and close depending on the dog can go in or can go out.

Well, the heart valves are only supposed to go one direction. Well, the heart valves are only supposed to go one direction. So what I'm watching happen is I'm watching his cardiovascular system get clamped on either side of that valve. I'm watching the valve get removed. I'm watching a new valve get put in, made with stem cell energy. I'm watching it get stitched in again and then I'm watching the clamps remove and that valves only go in one direction. We don't want that valve going backwards, we only want the blood to flow in one direction. So I'm

watching that. Oh, this is cool. I just watched, like a Tinkerbell, you know, when she uses her magic wand and she'll kind of make a couple of circles. I just watched that happen with him and the heart lit up. And the heart looks like it's operating perfectly.

0:11:55 - Mary
Good, perfect.

0:11:57 - Julie
Did the vet say that they wanted to do surgery on him, or what did? They tell you other than the 14 pills.

0:12:03 - Mary
No, I go for my recheck on October 1st and hopefully all the medication I've been giving him is working. Okay, he's been a good dog, I know, I know, and he hates taking pills. How do you get him to take them? Wrap them in wet dog food.

There you go, make little pockets of dog food and give it to him. But you know, I've trained him since a puppy when my mom got sick and then I ended up with a brain tumor and he helped me tremendously walking, you know, and I owe this dog so much I don't want to see anything bad happen to him.

0:12:50 - Julie
So you just focus on he's going to be around for a really long time and that healing on his heart just worked and he's going to be just fine. I don't think he's going to check out anytime soon.

0:13:01 - Mary
Well, thank you very much, Julie. I appreciate it, Mary thanks for joining us yes.

0:13:07 - Julie
I'm glad I did. Bye, alrighty, everybody, if you want to have a conversation with me, I'm at askjulieryanChris. If you're joining us from the YouTube live stream, you can put your question in the chat. Just put your first name, where you're located and your question, and we will get to a bunch of them as well. Askjulieryanshow.com is if you want to have a conversation with me, and then you know the drill. I just we get your name and we get where you are. People love to hear where the people are coming in from all over the world, which is fun. I just talked to somebody in the Hague in Brussels, did an interview with him for this show, and it was late at night there. It was 10 pm and you know the wonders of modern technology. Okay, Chris, who's next? Hi, angela.

0:14:06 - Angela
Hello Julie. I'm calling from Japan.

0:14:08 - Julie
Good morning, it's 9 am, oh my gosh, we're getting to talk to you real time in the future, girl. Yes, it's like a sci-fi movie.

0:14:19 - Angela
My internet's a little slow, it seems I've been having a lot of a little slow. It seems. I've been having a lot of bone loss in the jaw causing all kinds of problems and tried lots of energy things. And yeah, just wonder if you have any.

0:14:36 - Julie

Yeah, yeah. Well, you know my favorite thing stem cell energy. So we'll use that, and then I'll have a couple of other things that I can recommend, Angela. So here we go. Here comes my laser beam from Sweet Home, Alabama. Where are you in Japan?

0:14:51 - Angela

Niigata Prefecture, Gosen City. Okay, what's that in there? It's on the Japan Sea coast. Oh, I bet it's beautiful. Closer to Korea, yeah, I bet it's gorgeous.

0:15:02 - Julie

Well good, All right. I bet it's beautiful. Closer to the tereaa. Yeah, I bet it's gorgeous. Well good, All right. Got you shooting energy from your feet up through the top of your head so you've got bone loss in your palate. It's going to your upper palate first, Angela. So imagine I'm watching. Is that where it's worse, on the upper? Is that what you're?

finding so imagine that there's a scalpel and it's straight up and down, but it's coming from the top and what it's doing is it's cutting the gum in the U of your upper palate and then the gum tissue is folded down. Think of the flap on an envelope and then that's getting irrigated out. And now here comes stem cell energy light amber color gel, sparkles, dippity-doo. You know it reminds me of dippity-doo when I was a kid in the 60s and 70s. So that's going in. And whenever the stem cell energy is used in the mouth, Angela, it cracks me up.

It's administered in a crazy glue applicator, like that really tiny little nozzle. It's administered in a crazy glue applicator, like that really tiny little nozzle. It's squeezed in there it's not. It doesn't have the crazy glue label on it, but that's the size of the nozzle and it's getting squirted in. And then that flap is put back up. That was folded down and then the stem cell energies. It's like it's sealing the flap. I've seen this healing many, many, many times over the years. And then, of course, there's a vortex spinning inside your mouth and that's going to regenerate the bone matter there and it's also going to help regenerate the gum tissue where it's needed. Are they talking about doing bone grafts?

0:16:44 - Angela

I've tried a couple of different routes with dental and ended up thinking it's just not what's, it doesn't feel right. So I feel like some people like negative, harmful organisms that need to go.

0:17:03 - Julie

I'm not seeing that. What I'm seeing is bone loss. Yeah, yeah, bone loss. So a couple of things. Number one I would get some BEAM minerals B-E-A-M minerals. Go on AskJulieRyanc.com, go on my sponsors page. There's a link there and it's 20% off. Are you using them already? The bean minerals.

They come in capsules too, if you prefer the capsules over the liquid. I think that's a great idea for you to do daily. The other thing is, when you're on my AskJulieRyanc.com sponsors page, there's a link for Paleo Valley and they have a protein powder, Angela, and it's made from grass fed beef. It's got lots of collagen in it. I'm getting that. That's going to help a lot. That's going to help restore the bone and it's also going to help with the protein help your tissues heal, protein, help your tissues heal. And then, lastly, the Amada products and again on the sponsors page ashjulierine.com sponsors page and the Amada products are from Dr. Christiane Northrup and click on that link. All those links are discounts. So you want to go through the ashjulierine.com sponsors page and it's for a product that's made from prairie myrica, which is a I think it's an herb, it's a plant that's been used for peri and post-menopausal symptoms for 700 years in Thailand 700 years and I think that can help a lot, because bone loss usually starts to happen in perimenopause and then menopause. Menopause is when you haven't had a period for a year. So you know, yeah, so welcome to the club, right?

But I would try the Amada products, I would try the protein powder from Paleo Valley. I really like that a lot because it doesn't have any junk in it and it's got collagen and all kinds of other goodies that I think are going to help a lot with your bone loss. And then you're already on the beam minerals, so that makes sense too. I hope that helps. Let me check the bottom palate while I got you on there and just see what's going on. You got a little bit of gum erosion on your bottom palate in the front is what I'm seeing. So again, that scalpel's used. It's cutting straight down, folding a flap out of the gum tissue, irrigating. I'm not seeing any infection in either the upper or the lower. Is that what your dentist is saying?

0:19:49 - Angela

No, no, I've been using Dr Ellie's protocol of like four different rinses for a couple of years now and maybe that's keeping things, but I've lost several teeth already and lots of shifting going on.

0:20:05 - Julie

Yeah, I don't see infection. This is bone loss and this is from lack of hormones. The Amada products are going to help you with that. You should be able to get those online. So, yeah, just all that stuff's in my sponsors page. Look at you with your heart. She's got these floating hearts. You guys that are listening. How cute is that. I hope you feel better. I hope that helps, thank you. Thank you, you're welcome. Enjoy your day. Bye-bye.

It's so fun to get to talk to somebody that's you know, real time in the future, because it's already Friday in Japan. How cool is that. If you want to join me, we're at AskJulieRyanShow.com. If you're coming in on the YouTube live stream, we're at Ask Julie Ryan. Just put your first name, where you're located, in your question in the chat and we'll be taking questions from there as well. I never know who's going to be up next, because Chris is in control, so it's as much of a surprise to me as it is to you guys. So, Chris, who's next? Here we go. Hi, Julie, Chrissy in Henderson Nevada. I've no Henderson Nevada. Been there many times outside of Vegas.

My husband, Michael, passed away two and a half years ago. Oh, I'm so sorry. Is he okay? Yeah, he's in heaven, he's fabulous. Is my decision to move the right one? I heard absolutely, Chrissy. I didn't hear. Yes, I heard absolutely. After 46 years together, I find it difficult to make decisions alone. I understand that. I'd love to know where you're going, but what I'm hearing is new adventures for you. It makes sense for you to downsize. He's with you.

Our heads are big satellite dishes and they receive and transmit frequencies. Every spirit has a frequency they keep throughout all their lifetimes. So in order to get in touch with anybody, whether it be your husband or somebody you knew or somebody you didn't know, it doesn't matter you just think of them. That tunes your satellite dish head to their frequency and it opens up something similar to a two-way radio communication. Then you say something and you're going to hear an answer, and how. You know it's from the spirit with whom you're talking. It's that first thing. Boom, fast as you can snap your fingers. It's going to come into your head, sometimes before you've even finished the thought. So try that, Chrissy. I'm sure he's sending you information and sending you signs. Just ask him. Sure, he's sending you information and sending you signs. Just ask him for them. And if you still aren't receiving them. You know you can always ask him to come visit you in your dreams and sometimes that's the easiest way for spirit to communicate with us, because our brains have a little bit of a rest and every night when we sleep, our vibrational level goes back to the factory preset level of spirit, which is really high vibe. So I love that the factory preset channels. And if you think about it, you know we're all hardwired for joy, which is a high frequency. Look at babies. Babies are happy all the time, unless they need to be changed or fed or need to go to sleep or they're in pain. That's our natural state. So I hope that helps.

Chrissy, good luck with your move. Askjulieriashow.com. Youtube live stream. Ask Julie Ryan. Put your first name, where you're located and your question in the chat and we'll be taking some more questions from over there. Okay, let's see who's next. Hello, cricket.

0:23:52 - Cricket

How are you girl? I'm good. How are you?

0:23:55 - Julie

Terrific, great to see you. Please tell everybody where you are.

0:24:09 - Cricket

Yeah, I am in North Carolina. Okay, terrific, yes, so thank you so much. I have been dealing with a skin dermatitis or at least that's what I think it is for a little bit that I can't figure out or get to go away. So I'm just trying to figure out the root cause if it's like internal or external, and how I can fix it.

0:24:23 - Julie

Really, Rashes are always. I mean, unless you've rolled around in a pile of poison ivy or poison oak or something like that, which I'm assuming you haven't done Skin rashes and breakouts always come from the gut. Always it's your gut being messed up. How is your gut? Do you have any pain? Discomfort, gas bloating, any of that jazz?

0:24:46 - Cricket

No, I wouldn't say so.

0:24:49 - Julie

No, okay, how long have you had?

0:24:51 - Cricket

the rash. So it happened once several months ago and it lasted a couple months, and then the recent one about a month a little more than that.

0:25:01 - Julie

Okay, yeah, and it's itchy, yeah, all right. So let me get you on my radar let's see what's going on with your gut. It's always gut. It's always leaky gut, always, always, always, always. So here we go, unless, of course, like I said, you're rolling around in something that's you're getting an allergic reaction.

I had a gal one time do a facial on me and we were talking about different products. I said, yeah, but that product's all natural. She goes, yeah, so is poison ivy, but you're not going to put it on your face. I was like, yeah, good point. I thought that was hilarious and very astute on her part. All right, got you shoot energy. Yeah, you get yeast overgrowth. You got some yeast in your GI tract, so I'm getting that out, stitching up your leaky gut.

When I see leaky gut cricket, what it looks like is you know what sausage links look like the casing that they put the ground meat in to make the sausage link. If you imagine that casing and you took a box cutter or a little paring knife and you made little slits in it, that's what leaky gut looks like to me. Now they're not actual lacerations, they're separations in the intestinal wall which is only one cell thick in that membrane and microscopic particles of food and toxins from the gut get into the bloodstream and the body goes, oh crap, we're being invaded. Oh crap, literally, because it's coming from your intestines. Right, we're being invaded and it makes the cell membranes tough and that's great to keep out the invaders, but it also keeps out the vitamins and the nutrients and all the goodies that we need to be healthy. So when you

get your gut fixed and you get your gut healthy, then the rest of that goes away. So tell me a little bit about what you're eating. What do you like to eat? You look like you're about 18. Are you 18?

0:26:59 - Cricket

I'm at about 10 years, is that right? Are you 28?

0:27:03 - Mary

Yeah, yeah, you look really young.

0:27:06 - Julie

So is your diet good, or is it just kind of junky?

0:27:09 - Cricket

Typically it is good. Recently it has not been good Okay.

0:27:13 - Julie

So get back on the wagon. If God made it, eat it. If man made it in a factory, do your best to avoid it. Anything that's sugar related, anything that's refined, acts like sugar in the body. It's going to feed the yeast, which is going to feed the rash, and so you want to avoid that. Avoid fermented things. Wine, beer, alcohol, kimchi, sauerkraut, yogurt, vinegar, soy sauce, pickles, kombucha, stuff like that Sourkraut.

0:27:40 - Cricket

I've been drinking a lot of kombucha because I thought that was good for my gut.

0:27:44 - Julie

No, not when you have yeast overgrowth. So stop that, stop, so, stop that. And yeah, people always say, well, I thought fermented stuff was really good for me. Yeah, just not when you have yeast overgrowth, because it feeds yeast. It's like pouring gasoline on a fire it's just going to exacerbate it. So you want to do that? Peel fruit if you're eating fruit. Tons of yeast on the peel. Never again for the rest of your life.

Put a slice of lemon or lime in your drink water or whatever. You're drinking iced tea or you know, like an alcoholic drink and freeze and reheat leftovers. And then get a hold of some Nystatin N-Y-S-T-A-T-I-N. Think of New York and Staten Island Nystatin and that's an antifungal that kills yeast on contact. It's a prescription. So do you have a doctor that will do a prescription for you? Yeah, tell them you want nice statin tablets and that's going to. You got a systemic yeast infection, systemic fungal infection that's causing that. You get your gut healthy. Those rashes are going to go away and not come back. Okay, awesome. So hopefully that'll help you. Thanks for joining us. Thank you so much, you bet. Take care. Hope you feel better.

All righty, if you want to join us, we're at AskJulieRyanShow.com, coming in on the YouTube live stream. We're at AskJulieRyan. Put your first name where you're located in your question in the chat and I'll be taking questions from there too. Christopher, who's next when he comes on? If we're doing an interview, he always comes on early. I always go.

Christopher, Rachel, from Huntsville, Alabama, you're just right up the road from me, girl, a couple hours. I have an old dog named Koozie. How cute is that? Girl couple hours, I have an old dog named Koozie. How cute is that? I have an old dog named Koozie. How cute is that. What stage of death has she had and how can we help her? All right, I'm going to hook into you. I don't have to go very far. Just shoot straight up Interstate 65 North. So going up there to Rocket City that's where all the NASA developments made. You guys is in Huntsville. It's an amazing place. There are more PhDs per capita in Huntsville, Alabama than any other city in all

of America, which is amazing. But you got all those rocket scientists, a lot of biotech up there too. It's expanding like crazy. Okay, got you. Go into Koozie. Koozie's spirit is out of her body.

Koozie, is Koozie a boy? I think Koozie might be a boy. So, koozie, are you ready to go? No, not yet. What do you need? More time with my family. Anything else that you need? He's showing me a dog bed. He's showing me that he wants to lay on stuff that's comfortable, because I think he's in some pain and it's more comfortable instead of like laying on a wooden floor or a tile floor. Some dogs like to do that to stay cool, but he's looking for something comfortable to lay on. So if he has a doggy bed, great, be sure he's got one in the rooms that you're in with him. I think he's going to be around for a while. Do you want to be euthanized? No, not now. That's what Koozie's saying. So I hope that helps. Rachel, enjoy your time with Koozie. What a great name. Thanks for your question. All righty, let's see what else we got coming in. Chris is working hard to get people on. Hi there, hi, clay.

0:31:40 - Clay
Hello.

0:31:41 - Cricket
How are you sir?

0:31:44 - Clay
I'm very well. I actually received the question asking me if I had a question and nothing had occurred to me until you just had that last conversation had occurred to me until you just had that last conversation. I suppose what's just sort of popped into my head is I had a cat for while we're on animals for almost 18 years. Oh, what is his name? His name was Mervyn M-E-R-V-Y-N. Okay, and for whatever reason, just sitting here enjoying this broadcast, he just kind of popped in and I've never asked about his. He's been non-physical for 12 years now.

0:32:36 - Julie
Oh, my God.

0:32:37 - Clay
And I dream about him fairly regularly. He was such a huge part of my life, so I don't have a heavy or specific question, but I would be so fascinated to hear you connect with him.

0:32:52 - Julie
He appears to you. Well, he's already here. Where are you, clay?

0:32:55 - Clay
I'm in Oakland are you, clay?

0:33:02 - Julie
Where are you located? I'm in Oakland, california. Oh, terrific. Okay, so he's saying that he comes to you in your dreams because your brain is so busy during the day that he can't get through. Do you have a busy brain, clay?

Oh, yes, yeah yeah, and that's very common I mentioned that earlier, especially when somebody is in grief that it's easier for spirit to communicate in our dreams. And spirit's always communicating with us, whether it be your cat, whether it be a deceased loved one, whether it be a spirit guide, angels, god, whomever. Angels, god, whomever. And the situation is when we're busy during the day, we're not tuned to that high frequency channel, that radio station or that satellite TV station. So they're still broadcasting but we're just not hearing it because we're so busy thinking of other things, living our human existence, and that's what we're supposed to do. So whenever you want to talk to Mervyn, you just think of him, as I mentioned earlier,

and that tunes your satellite dish head to his frequency and then you can have a conversation with him.

And the thing that's so cool about this, clay, is that you don't have to have known the person or the animal, or it can be. You can have a communication with somebody whose spirit still attached to their body, or somebody whose spirit's in heaven, or any animal. You know you want to talk to the original Lassie. You could talk to the original Lassie Speaking of animals. I'm trying to think of other famous animals Rin, tin Tin, you know Siegfried and Roy's white tiger. Do you remember that when that happened in Vegas?

Oh yes, the white tiger, yeah pulled Roy off the stage and everybody thought the tiger attacked. I didn't get that at all. I talked to the tiger and what I got was that Roy had some kind of a medical event going on and the tiger wanted to get him off stage and get him seen. And so the tiger drug him by the throat, because that's how they take care of their babies, right, you know, they grab them and carry them.

0:35:20 - Clay

So yeah, I had a conversation with that white tiger back in the day with that Well, that's why it's like the message for me right now might be make time to chill out.

0:35:33 - Julie

Well, or ask your loved ones to come visit you in a dream whether that be Mervyn or a deceased loved one that was a human and just say, hey, come visit me in my dreams, and then you get the best of all worlds.

0:35:48 - Cricket

So thanks for joining us.

0:35:50 - Clay

Oh, appreciate you Thanks.

0:35:53 - Julie

Appreciate you back. Alrighty, enjoy your evening. Askjulieriyanshow.com. If you want to have a conversation with me, we're at Ask Julie Ryan on the YouTube live stream, so let's see who's up next. Always fun, it's like a crapshoot. Hi Kathy, I think she's as surprised as I am how are you girl?

0:36:17 - Cricket

I'm terrific. I've been listening to you for a long time, but it's the first time. I've gotten through Because I've been nudged that there's a message that you might have for me, or I don't know if I'm making that up, but I just thought, okay, I'll show up and try and ask yeah, where are you? I'm in the Pacific Northwest, on the border of Canada and Washington State.

0:36:42 - Julie

Oh, terrific. Okay, so are you on the Canada side or the Washington side?

0:36:44 - Cricket

Washington side. I'm in a little town near the San Juan Islands.

0:36:49 - Julie

Oh, I bet it's beautiful, doesn't that sound great? Sounds fabulous. Yes, absolutely, and you have. There's a message for you from anybody in particular that you want me to tune into or Well, I have no idea.

0:37:03 - Cricket

I mean, I recently lost my sister Lori, but I don't know if it's from her or anybody, or an animal.

0:37:11 - Julie

Guardian angel it's calling itself. Muriel. Okay, now remember, spirits don't have a gender, but we equate a gender with a name, and that's fine. And so Muriel is your guardian angel. By the way, Kathy, we keep the same guardian angel throughout all of our lifetimes, which I think is pretty cool, yeah, yeah. So, Muriel, what do you want Kathy to know? She has your sister. Nice, she says. Tell her I have her sister, all right, what else do you want her to know? Get outside more. Are you not outside very much?

0:37:51 - Cricket

I've been working really hard inside. You're right I need to get outside more. Thank you.

0:37:56 - Julie

She wants you to get outside more and she wants you to get sunlight. And she said even if it's a cloudy day, go outside, let your skin be exposed so that you can get some of that good vitamin D that comes in from the sun. Even if it's not a sunny day, you're still going to get the sun's rays. But that's the big message Get outside more. That's big for us out here.

0:38:20 - Cricket

Thank you, You're welcome. That's the message. Okay, Thanks Juli. Thanks everybody.

0:38:29 - Julie

The thing that's so funny about Spirit is oftentimes we think they're going to come in with some profound, life-altering you know something, something they're going to tell us and they're like get outside more. Or we had one I had one with a client and I forget who it was I think it was his mother or somebody, his grandmother or somebody, and she's talking about strawberry jam and this is the first time he'd ever talked to a spirit. He's like strawberry jam.

0:38:59 - Mary

What's up?

0:39:00 - Julie

with that and I said I don't know. She says she used to make you peanut butter sandwiches and you didn't like crepe jelly, you only liked strawberry jam on them. And he started laughing and he was like in his 60s. He goes she's right, that's true, and so they're going to tell us stuff that's going to let us know that it's really them with whom we're conversing.

0:39:20 - Cricket

It's weird, you just said that, because I'm also a strawberry jam peanut butter kid. Is that right? Thank you very much.

0:39:28 - Julie

Kelly.

0:39:28 - Cricket

Yeah.

0:39:30 - Julie

Have you read Angelic Attendance, my book? No, what really happens as we transition from this life into the next? Let me get it on the screen here. No, but now I want to read this since you lost your sister, and if you want a free copy, just go to julieryangift.com. Oh thanks, julieryangift.com will send you a free digital and audio book version and it's in.

Spanish too. If you want that, Share it with your family and your friends. And it's going to talk about how we are surrounded by angels and the spirits of deceased loved ones and pets. It's got drawings in it.

0:40:07 - Cricket

That's a great cozy winter read. Thank you, yeah, absolutely.

0:40:11 - Julie

I think it'll give you a lot of comfort and it'll really give you a lot of information too, so get outside girl Okay. You're welcome.

0:40:20 - Cricket

Thanks for outside girl.

0:40:21 - Julie

Okay, I will, you're welcome. Bye right now. Thanks for calling, take care, bye-bye, bye, askjulieriyanshow.com. You just never know what spirit's going to say. You guys, it's hilarious, some of the stuff they come in with. So if you want to have a conversation with me, askjulieriyancom, we're. So if you want to have a conversation with me, askjulieriyancom, or at AskJulieRyan on the YouTube live stream, remember to subscribe, remember to ring the bell so that you know when a new episode comes out.

Please, speaking of angelic attendance, please remember to leave a review on Amazon. Even if you got a free book, you can leave a review because it helps others find this information. Usually when they're in most need of comfort, they either have somebody at the end of their lives for whom they're caring, or for whom they you know they love a lot and are distressed about that, and or they've just lost a loved one. So please leave a review, because that's how Amazon recommends other books and it'll show up in the feed for them. I think they should teach this stuff in the schools. That's why I give away so many thousands of free ones every year. So get yours, julierydengiftcom, and share it with your family and friends.

Okay, Christopher Irma, Irma in Pennsylvania, wondering if I've been a healer in a past life. I hear a yes and if there's a way to tap into it now to help me find my way back to what I believe is my purpose. Do I have a guide for this? Yes, absolutely so. How you find your way back into it is take one of my classes. I got online classes. I got in-person classes. Look at those. That's the best way to do it, because not only because the information's you know really valuable and really usable you're doing this stuff within the first hour that you're in the class. Everybody's amazed. I mean, it's not hard, it's super simple. And that's number one. And number two, the practice groups. That's the key. That's when your skills really really, really come in, because, similar to learning to drive a car, you can read a book, you can watch a video, you can ride in a car with somebody else driving, but until you're behind the wheel, until you're behind the wheel for a while, you don't really feel comfortable and it's not second nature. These practice groups are the key, you guys, to learning not just to be a healer, but learning how to communicate with spirit, how to do past lives, how to communicate with pets, how to tell how close to death somebody is. You know the whole buffet of psychicness. Everybody has the ability. It's just a matter of developing and enhancing it. So I get 1337 is the year that's coming up.

Irma, Irma, in Pennsylvania, where were you? You were living in Egypt in 1337. You were a man in that lifetime and you were a healer and you were using not only herbs and things like that, but you were using energy to help heal too. And remember, in Egypt. The interesting thing about Egypt is with the pyramids, and there are pyramids all over the world. The interesting thing about the pyramids is they're energy conductors. Most of them have water flowing through the bottom of them and even today people can go inside pyramids, spend a couple of

hours. Let's say they're diabetic or something. When they come out they don't have diabetes anymore because those pyramids are such great energy generators. And that's what we turn our bodies into when we learn how to be healers, and that's what I teach Turn your body into an energy generator. You can help somebody heal themselves with that energy, as spirit works through us and with us to help that person heal themselves. So, irma, I hope that answers your question.

Take one of my classes, askjulieryancom, that's the best way to do it. And your guide's name? Your spirit guide for medical? I'm hearing Norma N-O-R-M-A. Norma is your spirit guide. So remember, spirits don't have a gender, but it's okay if we think of them with a gender based on what the name is they give us.

So I learned early on, when I was doing this work, especially talking to angels, I said, okay, you guys, you've given me your name. It has 15 letters in it, it's all consonants. How in the heck am I supposed to pronounce that? And so I started asking them can you just give me an English, like an American English name that's easy to pronounce? And so they started coming in with very common names, because I think a lot of the times the names that we get for angels and spirit guides maybe from a lost language or a dead language, maybe from a language in a galaxy far, far away where we're not familiar with that language. And it may be, you know something, that just is a language that we're never going to understand and they don't care what we call them. That's why they give us these names. They could care less, because it's all about frequency, all about vibration. So, irma, I hope that helps, come join us in Atlanta. All righty, Chris, who you got next?

0:45:59 - jeannie

Oh, jeannie, look at you. How are you, my girl? Oh, I'm awesome. You know it's, I think so. You've talked to us a few times, and Teddy, I think he just heard your voice. I was going to ask you a question about Spirit Guide's name, but now I feel like maybe we need to change direction. Oh, we can do that, we can do that.

0:46:25 - Julie

You guys that are listening. Teddy is just. He just looks like you know something out of the movies. What kind of dog is he?

0:46:33 - jeannie

Oh he's. You know, I call him my Humane Society special because he is just like a mix of a mix of a mix. He's got a mix of a mix. He's got a lot of different things he's like a big Benji almost yeah.

He's my little earth angel. So when I talked to you one of the first times I talked to you, it was shortly after my vet had told me to put him down because he got really sick and it was like it was. It was not good, he was not doing well and I we were kind of on a day-to-day basis but something told me to just kind of stay with him and don't make any rash decisions. And then when I talked to you you said you know, I think he's going to be around a while.

And here he is around for about a year and a half, I think, since that time.

0:47:21 - Julie

I love that. He'll tell us if they want to be euthanized or not. The animal will tell us.

0:47:28 - jeannie

Yeah.

0:47:28 - Julie

Yeah, he must have said no.

0:47:31 - jeannie

No, it wasn't time, and so I don't know. Maybe, instead of finding out what my spirit guide's name is, I've just been curious.

0:47:41 - Julie

But I heard Rufus. I heard Rufus.

0:47:46 - jeannie

Oh, really Okay.

0:47:48 - Julie

Interesting. You want to find out about Rufus.

0:47:51 - jeannie

Well, that would be interesting, but maybe there's some way we can incorporate. Teddy is maybe, if there's something that he wants me to know, might be interesting.

0:48:03 - Julie

Yeah, if there's something Teddy wants you to know he's indebted to you for the rest of his life is what he said he's here to guide you. He's here to show you unconditional love. We get that from animals, but he's saying that he's he's the recipient of your love, but you're the recipient of his love because it's easy for you to receive love from him. It's easier for you to receive love from him than it is for you to receive love from humans.

0:48:36 - jeannie

That's true. I'm single and I have been for a while.

0:48:41 - Julie

Yeah, so he's saying that he's, that's part of his mission. He is so darling. You guys that aren't watching that are listening. I'm telling you he is just the cutest thing.

0:48:54 - Clay

He's so sweetie.

0:48:56 - Julie

He's saying he's helping you learn how to receive love instead of just give it. Yeah, love instead of just give it. He says that it's easier for you to receive love from him because you know he's not going to hurt you, so the fear factor isn't there, but it's just to get you conditioned to receive love. And what a gift that he came back from the brink of death.

0:49:26 - jeannie

I'm grateful every minute honestly, because it really has been. I mean, he's just been a best friend for 12 years now and you know it's always hard to face that. But there was another move and you helped me with that too. I'm down near the Columbus area, like we we'd talked about. I know you kind of helped me guide a decision there and I've just been so happy here, yeah.

0:49:51 - Angela

You know, great.

0:49:53 - Mary

Yeah, it's kind of the next step. Where are you?

0:49:56 - Julie

Yeah, I forgot to ask you where you are.

0:49:58 - jeannie

Yes, Sunbury Ohio, Sunbury Ohio.

0:50:00 - Julie

And Barry, right, it's a suburb now. It was the boonies when I was growing up.

0:50:05 - jeannie

Yeah.

0:50:05 - Cricket

I love it, though I mean we both love it.

0:50:08 - jeannie

He loves it too.

0:50:15 - Julie

Terrific, wonderful. Well, I'm so delighted to get to see you and Teddy. Good job, my dog. Yes, you keep it up.

0:50:17 - jeannie

Yeah, I hope to see you in Atlanta too. I've been going there a lot for my new job and I'm just trying to see if I can line it up so that I can attend your class.

0:50:30 - Julie

I'm hoping to make that happen. That would be great. I would love that. I would love that we still have some rooms left in the special rate block, so you want to get in on that. And for those of you that can't spend the whole weekend with us, if you're in the Atlanta area or you're in the vicinity and you can drive for a couple of hours, come join us Friday night, because we're going to be doing a live show there and there's a dessert reception afterwards and it's really lovely. So if you can't spend the whole weekend with us, come Friday night and join us. We have several people that are just coming to that as well. So, yeah, Columbus to Atlanta, it's like an hour and a half flight. Girl, I know no big deal, right? That's right, all right. Hope to see you.

0:51:11 - jeannie

Okay, sounds good. Thanks a million. Much love to you.

0:51:14 - Julie

Bye-bye, Bye, All righty, let's see who's next. Let's see, Hi Julie Chicana Espiritual how cute is that? Hi Julie, You've helped me with my glucose about a year ago and I thank you so much again. Wonderful, Terrific, Good job. It's so fun to get to hear from people with whom I've worked and you know, remember, I've got five graduates that are working with me now and they do the whole buffet of psychicness too. So anything you need, you can usually get in to see them sooner than you can me, and they're a lot less expensive and they're all just lovely and they're amazing at this woo-woo buffet of psychicness stuff. So it's all at AskJulieRyancom, Just click on the book, your Appointment, and you'll see all of their beautiful faces and lots of choices there, from free to, you know, to paying some money for an appointment. But I'm working really hard to give you lots of choices of how to get your questions answered and you know you can always submit a question online and I answer that every week in my blog. You want to sign up for my newsletter AskJulieRyancom? On the homepage you'll see that and it's a question somebody submitted online and then I answer it.

And actually this week is about a dog named Shadow. So it's a pet question. Okay, let's see who's next. Who we got Chris. Oh, okay.

Hi, I'm Namyal from New York City. I probably butchered your name, Sorry about that. Could you please scan me? I have low AMH and low egg quality and I'm hoping to conceive a second child with IVF. Do you think it's worth trying again? I get a yes that I believe it's worth. You know, I get these divine downloads in my head before I even get you on my radar. Spirit's talking to me. I'm on the Spirit Channel and so when we're chit-chatting or I'm reading your questions, Spirit's already answering it. So I'm getting a yes, it's worth trying again. I'm going to get you on my radar.

Here we come From Sweet Home Alabama up to New York. Got you All right? Shooting energy from your feet up through the top of your head. Okay, got that. There's a baby spirit there, but it's kind of. It's not real solid Baby spirits look like an orb and it's over the mom's shoulder, usually the right shoulder, and this one's kind of fading in and out, Like if you have satellite TV and there's a storm blowing and the picture gets a little fuzzy. So there's something that's not in the proper form for you to conceive at 47. So that's a stretch just because of the. You know the age situation. But listen, there have been women who've had babies in their 50s. So we've got that.

Is it in your best interest to continue to try IVF? I heard no. But other means and you know baby spirits that are adopted babies are. They attach to the mom's energy field before they're conceived as well. I would recommend that you go get a copy of the Better Baby Book by Dave Asprey, A-S-P-R-E-Y, and Lana Asprey, his ex-wife she's an MD the Better Baby Book and that gives you all kinds of information of how to get your body in the best shape to conceive. I'm getting that. You'll have another baby, but the one that I'm seeing that's attached to your energy field right now is not real solid. So at this point you're missing something. So I hope that helps.

In the meantime, let's go ahead and give you some more eggs. So eggs look like blonde caviar to me and we're going to put some new ones with stem cell energy into your ovaries left ovary. I'm watching the whole left ovary get removed and a whole new ovary getting generated with stem cell energy. That's full of eggs, blonde caviar, lots of them. All right, that's left. One's been removed. Right, the left one's being installed the new one. All right, let me look on the right side. You got some viable eggs on the right side. What I'm watching is like a suction dryer at the car wash when you go at the end and it sucks all the water off your car. When they turn their dryer on, it's sucking all the eggs that aren't viable out and leaving just the ones that aren't. You got plenty of eggs. It just takes one, but I'm not getting to use IVF at this moment. That could be different tomorrow, but that's what I'm getting right now With that schedule an appointment with me let's do a deep dive, or with one of my graduates, let's do a deep dive and see what we can do to help you get that baby you're looking for.

Askjulierancom just book your appointment so you can do that. Thanks for your question, though. Okay, I think we have time for one more, Chris. Let's see who the lucky winner is of the last question. Oh, there we go, Hi, Megan.

0:57:02 - Megan

You win. Where are you? I'm in Illinois, illinois. Terrific Welcome. How may I help you? I'm hoping you can have maybe a little chat with my bunny. Your bunny, yes, is his name Peter Rabbit, no, it's Babar. Like the cartoon elephant.

0:57:17 - Julie

Okay, did you get confused that it's really a bunny instead of an elephant? What?

0:57:21 - Megan

do you call the Babar? The shelter named him and I thought it was a cute name.

0:57:26 - Julie

It's really cute, is he gray? No, he's a copper color. Ah, great, all right. What's going on with Babar?

0:57:35 - Megan

So he's a very good boy, except for this one thing, which is that he likes to pee on my bed and under my bed. He likes to pee on my bed and under my bed and I use, like a you know, like an enzyme, you know, pet pee spray and an enzyme like laundry detergent that's designed for this to try and make sure you get up the scent. So he's not like drawn to keep doing it, but he keeps doing it. You know he goes in his litter box, just fine. He just also wants to mark his territory on my bed and under the bed.

It's a pretty common thing for house rabbits to do, because they think that the bed is the human's litter box. Because we spend so much time here it smells like us. So it's a way to say that. You know, I'm the top bun of the apartment kind of thing, and I've, I've tried to, you know um ask for, you know, like his little, you know like guardian fairy, to maybe intervene on my behalf and try and explain to him like this is. This is really difficult for her. She's doing laundry all the time and she's disabled and she can't keep up with it. Please just use your litter box, and it's not working.

0:58:50 - Julie

I just asked him if he'd stop, you know, peeing outside of the litter box. I said can you stop peeing on the bed? And he said no, just like that, like, no, like a two-year-old. So he doesn't have a crate that you keep him in like if you leave the house or something. Is he just doing it at night when you're asleep?

0:59:13 - Megan

He usually does it either while I'm sleeping or when I'm not in the room. Yeah, yeah, he's from in my room.

0:59:24 - Julie

That's the only place that he roams is in the room.

0:59:26 - Megan

Yeah, yeah, he's from in my room.

0:59:28 - Julie

That's the only place that he roams is in your room At the moment. Yes, okay, the first thing I heard was put a diaper on him. I don't know that that would work. I don't know if they make bunny diapers. The other thing that I got was put him in a crate when you're sleeping and when you're not with him when you're sleeping and when you're not with them.

0:59:49 - Megan

Yeah, I mean, their active times are late at night and early in the morning, so it's like during those times it's just natural they need to move around and run around. So I wouldn't try and confine him or restrain him overnight, because know, like overnight, Because you know at some point it's just kind of instinct that that's when they need to. You know, move around and hop about and stuff.

1:00:10 - Julie

Well, I guess that depends on how much you want him to pee on your bed, Because if I had a rabbit peeing on my bed, I'd put it in a crate at night. So he's not knowing it. You may want to try that. That came in from spirit. You may want to try that that came in from spirit. You may want to try it for a couple of nights, a few nights, and maybe you can train him out of it. That's what I'm getting. He just said no, he's not going to stop. So I think you go to plan B, whatever that is.

1:00:39 - Cricket
And if you.

1:00:42 - Megan
I was going to say I tried to some type of like behavioral modification where I temporarily restrict his access to the bed and he got so depressed that he stopped eating and almost died. So at that point I was I just I promised him like I will never restrict your access to the bed again. I'm so sorry.

1:01:02 - Julie
I'm so sorry, no-transcript, that he's doing it while you're asleep and you said or if you're out of the room, so it's you know you're not paying attention to him.

It's what's going on, but you need your sleep. So that's what I would do You're way more patient than I am, girl. I'd have him restricted from that bed and I wouldn't be cleaning that up Not a chance, especially if it's going on and on and on, you know behavior modification and or remove him from the bed, especially if that's the only place he's going is on the bed or under the bed. So those are the suggestions I'm getting from Spirit on the bed or under the bed. So those are the suggestions I'm getting from Spirit. So something to consider. Appreciate it, you bet. Good luck. Thanks for joining us. Okay, everybody, that's it. It's week. Fun questions always, and sending you lots of love from Sweet Home, Alabama. Hope you have a great weekend everybody. See you here next Thursday, 8 Eastern, 7 Central and 5 Pacific, and we'll get your questions answered. Bye, everybody.

1:02:35 - Annncr
Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:02:50 - Disclaimer
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