

AJR Live Sept 4th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:44 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. I have several surprises for you guys this evening. First of all, I'm going to give away a free session with me, valued at \$750 for an hour. We can talk about anything you want from the Buffet of Psychicness. So you want to stay tuned because I'm going to announce that a little bit later in the show. Second surprise we're going to announce the winner to my Angelica attendant training. October 24th through the 26th in Atlanta, Georgia, all expenses paid. This is going to be the winner. We've gotten hundreds of scholarship applications in. It was open for a couple of weeks. We're going to announce the winner next week. So you want to be sure and be with us for when we do that. So we're going to fly in, we're going to pay for all your meals, your hotel and you'll get a scholarship to the class as well.

We got a whole bunch of callers on hold. If you want to have a conversation with me, join us at AskJulieRyanShow.com. If you're coming in on the YouTube live stream, we're at. Ask Julie Ryan Got Samatha over there from my team. She's going to be helping people. Put your first name, where you're located and your question in the chat, and then we've got Chris on the main dashboard and he will be bringing callers in too. So we'll be taking questions from both areas. Remember to subscribe, remember to ring the bell or ring the chime so you know when we've got a new show that's come out. But before we get to callers, I have a very, very special surprise for you this evening, and I just adore this guy. You're going to love him too. He's like a brother to me. He's like my brother from another mother. I call him my little brother and from Next Level. Soul, the man, the myth, the legend Alex Ferrari. Alex, welcome to the show.

0:02:46 - Alex

Thank you.

0:02:47 - Julie

Thank you for coming to join us. I asked Alex to join us this evening because he's got a summit coming up and I wanted him to let everybody know about it, and I wanted to let everybody know about his channel. So, Alex, inform us, enlighten us educate us.

0:03:07 - Alex

Well. Thank you so much for that, Julie. So what we did this? For everybody who doesn't know, my name is Alex Ferrari.

I run Next Level Soul, a popular podcast on YouTube and network, and all sorts of other cool things that we do in Next Level Soul helping people find their own enlightenment within themselves and I decided to put together a summit that's called Soul Mastery Summit, which is a virtual summit that Julie is part of. She is one of our amazing teachers. We have 16 teachers over the course of four weekends and we broke it down that every week, every weekend is a

new topic. So weekend one is, I think it's the yeah, I think near-death experiences in the afterlife, and then weekend two is ancient mysteries and lost history. Then we have channelers on weekend three, and weekend four is astrology and finding your purpose in life, and we have 16 of the most amazing teachers on the planet, and Julie was one of my very first calls to have her come be a part of this as well. And yeah, it's available if you are interested in getting it.

We just dropped the price down because we really wanted to make this as inclusive as possible for everybody, so you can buy a full pass, or you can buy a weekly pass, depending if, like, I just really want to see Julie, or I just want to look at the channelers, or I just want to get into the ancient mystery stuff. So each of those passes are 97 bucks for the weekend and you get four 90-minute sessions with Q&As so you get to ask questions of everybody, or you could do the entire pass for \$2.97. And you get a great deal and you get access to everything Plus, like I think, \$1,000, \$1,500 worth of free bonuses, meditations, courses, other things like that that we have included in the bundle which you have access to for over a year after the session. So that is the Soul Mastery Summit and the website that they can go to, Julie.

0:05:11 - Julie

We've got a special link for you. It's askJulieryan.com slash Alex, a-l-e-x. AskJulieryan.com slash Alex, and then you'll see the Next Level Soul Summit and all the information there. So I told Alex before I came on. I said we came up with something that would be easy to remember for people that are driving and they're listening to this. So askJulierinecom slash Alex, because you are, you're the guy. So I thought that would be the easiest way for people to remember it.

0:05:50 - Alex

I appreciate that.

0:05:52 - Julie

Tell us about your channel, what all you're doing with that, not only on YouTube, but you're streaming. I mean, he's like got his own network, you guys, so tell us about that.

0:06:03 - Alex

So I wanted to create a network, a streaming platform. That didn't exist. So it's 100% spirituality. We go deep, deep into the weeds of the esoteric spirituality, ancient mysteries, all of those things. But we wanted to have the technology be as easy to use as Netflix. But we wanted to have the technology be as easy to use as Netflix. So think if Netflix had a baby with Audible, and then you would throw Masterclass up top of that.

That's what you kind of get with next level soul TV and all of it's available on every platform, every app, all that kind of stuff, and you could buy it monthly or yearly and you get movies, tv shows, events, live events, recorded events, audio courses, audio books, regular courses and master classes as well All in one place, and meditations. We've got hundreds and hundreds of meditations and other packages and other things that you can watch. All of it's included in your membership. So it is kind of like my baby. It brings the world I come from, which is Hollywood and the filmmaking space where I originally started, and bring in spirituality and put it all together in that. So that's at nextlevelsoultv and you can go check that out.

And if you buy a ticket for the Soul Mastery Summit. We're offering a 50% off yearly coupon. So normally it's 200 bucks for the year, but you will get it for 99 bucks if you purchase a ticket for Soul Mastery Summit. You'll get a special coupon code for that. So if you're interested, but check it out, if you're into this stuff, there is no other place on the planet, really that has everything that we have to offer. We add new content every single day, every single week. We have new content coming in Almost every single day. We're adding new content shows, original shows, original series, original movies, courses and all that kind of stuff. So that is nextlevelsoultv.

0:08:07 - Julie

And I was privy to you when this was just an idea in your head and you were telling me about it, and it's been so fun to watch it all materialize and have you follow where you've been led by spirit to come up with this whole streaming network and really in a short period of time you did it in about a year, which was amazing in itself that you put all that together. So it's been fun watching you from afar and you know I'm so proud of you, my little brother, my brother from another mother, and it's fun watching it unfold in new ways that you hadn't even thought up yet. But you're continuing to follow your guidance from spirit as far as oh, maybe we should add that Maybe we should add this, that kind of thing.

So come join us on the summit. Go to AskJulieyan.com slash Alex Again, that's askJulieryan.com slash Alex. When is the summit? How long do they have to?

0:09:17 - Alex

sign up. So our first weekend starts September 20th. So it's coming up. Coming up Today is what? Today, the 4th, I think Something like that. Yes, we have a little bit over two weeks left to get tickets, and then every week, you will continue to sell tickets up until the very last week. But if you want a full pass for all of them, it's up until September 20th and it's. I mean, I haven't seen a summit like this before, where you get 25 hours plus of content with Q&As with some of the greatest teachers on the planet, and you get all these bonus materials included, and now you're getting 50% off into Next Level Soul TV as well. Thank you, pam. I appreciate you. I appreciate that, yeah.

0:10:15 - Julie

There's lots of them that are going to be coming up? Yeah, well, and the other thing too is will they be able to watch a recording of it afterwards? Alex, of course. Yeah thing too is will they be able to watch a?

0:10:26 - Alex

recording of it afterwards. Alex, Of course they have access to it for 12 months afterwards so they can log in, watch as many times as they want. And you know between you and me I say 12 months, but I'm not taking it down, It'll just stay up there until closed, but we just say 12 months, but yeah.

0:10:42 - Julie

So it's on demand, which I think is really important in this day and age, because people are busy and if they can't come to something live, you know they can watch the playback, the recording of it. So I don't know. I think you've thought of everything. I can't think of anything that you've missed. So typical you. You've thought of everything. So askJulieryan.com slash Alex. That's askJulieryan.com slash Alex. Come join us at Next Level, Soul the summit, All righty. Thanks so much for taking time to join us.

0:11:19 - Alex

Of course. Thank you so much for having me, thank you guys so much for everything, and I wish you all the blessing, all the blessings. So I appreciate it. Thanks, all right.

0:11:26 - Julie

Thanks Bye, Alex. All righty, let's go to some callers and then, as I mentioned, I'll announce a little bit later in the show who the winner of a free session is and we'll go from there. So, Chris, who's our first caller? Alma? Hi, Julie, I'm Alma from Spain.

My Uncle Antonio's only working eye has a rare problem and doctors don't know how to heal it. They say he will go blind due to a membrane issue. Can you heal him? No, I can't heal him,

but I can help him heal himself, because nobody ever heals anybody else. We all heal ourselves. No doctor, no medical provider, no shaman, no healer like me. We all help the person heal themselves.

So here we go. What I'm going to do is I'm going to raise my vibrational level to the level of the spirit. I'm going to watch a laser beam come from my body here in Birmingham, Alabama and it's going to come down, come over to you in Spain, and then I'm going to have a hologram of you in my mind sign. Then I'm going to go from you to your uncle Antonio and then I'm going to ask his permission if I can scan him, because I don't ever scan anybody without their permission. I think it's an invasion of their privacy and I'm just not going to do it. I can, but I won't. So I'll do that. I'll envision shooting energy from my feet, from their feet, up through the top of their head, his head and then I'll have a hologram of him in my mind's eye and it'll be as if I'm looking at an x-ray or a CT scan or an MRI, and then something will be identified and there will be a healing. I'm going to describe it to you in detail.

I want you and everybody listening, whether it's real time or whether it's. You know you're listening to the recording because you know we're on all the podcast networks and we're on. We got five YouTube channels English, spanish, portuguese, german and French. So whether you're listening on one of the YouTube channels or on one of the podcast networks, time doesn't exist in the spirit world. Time's a human creation. So it don't matter. We're all going to be sending healing to Uncle Antonio.

So here we go. Here comes my laser beam from Sweet Home, Alabama, head to you, alma, in Spain. All right, got you Going from you to Antonio. Antonio, I'm talking to Alma, your niece. May I scan you and do a healing on you? It's kind of like a prayer healing. Would that be okay? He said sure. So I don't know if you set that up ahead of time, but he's saying, yeah, that's a good thing. So here we go.

I'm shooting energy from his feet up through the top of his head. All right, it went to his left eye and so let me see what's going on with that. I just follow where the energy goes and he's got something going on with his membrane. All right, the membrane in the eye, let me see. It looks like there's a. It looks cloudy, like it's a cataract kind of a thing. Let's remove that. First Removing the lens it looks like a contact lens and then putting a new one in a new intraocular lens looks like a contact lens. One little stitch on the outside of his eye and we've got that All right membrane.

Let me see what I'm watching is. I'm watching it's almost like it's getting washed. His eyeball is getting washed and I'm trying to think there's a pool ball, like when you're playing pool, you know you got the eight ball and all those other numbered balls and different colors and they've got washers and like a golf ball washer on the golf course. That's what I'm watching happen. He looks like he's got some kind of acidic situation happening in his body. So what I'm watching is IVs go in through the top of his head there are two of them and what it's doing is it's neutralizing that acid. I'm getting that there's something to do with he's being exposed to something, some kind of a toxic chemical, and his eye is getting rinsed out to help it heal. I believe it's going to heal. You got to find out what's the toxin. Does he live near a golf course? Does he live near an area like maybe farmland or something where they're using pesticides or fertilizers that have toxic chemicals in them? That's what's causing the problem for his eye. So hopefully that healing will help. I think it makes sense for him to use a lot of irrigation drops to keep it cleaned out from whatever the toxins are. I hope that helps. I don't know that. I've ever seen that before, so it was interesting. It reminded me of one of those ball washers on the golf course. You put the golf ball in and then you move it up and down in the soapy water and it'll get the mud off your golf ball if you've hit it into the mud. So I hope that helps.

Alma, thanks for your question. If you want to have a conversation with me. I'm at askJulierianshow.com, if you're joining us on the YouTube live stream or at Ask Julie Ryan, Samatha's over there to help you, just put your first name, where you're located and your question in the chat and we'll be taking questions from there as well. So, Chris, who's next? Hi Nadine, hi Julie, how are you, girl?

0:17:16 - Nadine
I'm well, how are you?

0:17:18 - Julie
Terrific Thanks, great to see you. Thank you when are you?

0:17:22 - Nadine
Where are you located? I'm from Australia, byron Bay, which is the most easterly point. Well, happy Friday. It's already Friday there. Yes, absolutely, it's a beautiful day.

0:17:34 - Julie
So we get to talk to you real time in the future. It's like a sci-fi movie. This is true. Yeah, how may I help you?

0:17:41 - Nadine
So the issue that I've chosen is I've got a hernia above my belly button. Okay, sorry, I feel really buzzy and nervous talking to you.

0:17:54 - Julie
Please, it's just me. Nothing to be nervous about.

0:17:58 - Nadine
Yeah, so that came up during my pregnancy with my late son Rafael about 16 years ago. So it came in during the pregnancy and I think it was from exercise. So I've done a lot of work on it, like focused work and repair work, but chakra work, energy work nothing's really coming together and aside from having an operation, which I'd rather not do, I just wanted to explore whether there was something energetic because I'm an acupuncturist, I believe in energy as well energy work or even some sort of ancestral connection, because every woman along my maternal line and then my 12-year-old daughter has this distended abdomen. So anyway, I'll hand it over to you.

0:18:49 - Julie
Interesting, wow, all right. And does it hurt? Does it cause any problems? Or you just don't like the way it looks? No, can you push?

0:18:56 - Nadine
it back in.

0:18:58 - Julie
You just push it back in.

0:18:58 - Nadine
I can push it back in In the morning. It doesn't look too bad, but it's like this bump. Yeah, yeah, yeah.

0:19:05 - Julie
Okay, all right, here we go. Here comes my laser beam from Sweet Home Alabama. We're going to fix it first and then we'll do the emotional stuff that goes with it. So here we go, all

right, got you going in. Okay, I can see where it is. Okay, so pushing it back in and then stitching it up. I spirit working through man with me to help you heal yourself, of course. So got that pushed back in. Got it stitched Okay, there's a fiber mesh that's going on top of it, nadine, just to keep it in there.

It looks like imagine a four by four wound dressing. You can see the vertical and the horizontal threads in it. That's what it looks like. It's going on top, but it's more of a fine mesh, think of like a goldfish net and it's going into all your dermis and your epidermis and all that is integrating into your tissue and that's just going to hold it in place. All right, so let's go in and see if we can get information. I mean, that's so interesting that all the women in your family have that same situation going on.

0:20:21 - Nadine

It's kind of like it's a weak point Not necessarily a herniation, but yeah, definitely a weak point, a weak point.

0:20:27 - Julie

What's going in with that? Certainly the maternal line. So what I'm doing is I'm asking your spirit guides and they're the spirit guides, they're so much fun, nadine, they look like a bunch of old men. Think of Dumbledore, you know, in the Harry Potter movies. Or Gandalf in the Lord of the Rings movies Long hair, white, hair, white, know in the Harry Potter movies. Or Gandalf and the Lord of the Rings movies long hair, white hair, white, gown, all that. And they're in a huddle. They're kind of. I can hear them going, you know, it's like they're all conversing with one another. So, okay, guys, what's the scoop? What's this? Coming from the maternal line? Obviously, the maternal line, obviously. What is it?

Oh, that the maternal line has been like you guys come from, yeah, what are the female warriors? The Amazons. You know you come from the Amazons, strong female warriors back in the day, and you've been basically neutered. You know, you've been put in your place. You've been told look good, sound good, smell good, be good and live your life. And through the generations, I get 17 generations, the past 17 generations. Nadine, you've been, your feminine power has been I heard the word squelched, has been squelched. So, spirit guides, when we talk to them individually, they morph into what they look like in the life that they lived. You have an Amazon warrior woman who's one of your spirit guides and she's calling herself Shakira, like the singer. Shakira is what I heard. Shakira like that.

So she's saying that when you live your truth as far as that you are a smart, wonderful, powerful, vibrant woman and you don't need to squelch it down then all of this is going to go away and you're not only going to heal it for your past generations, but for your future generations, your daughter and your granddaughters as well. And she's saying that. You know, if you think about she used the word squelch. She's saying what's happening, it's being squelched and you're you know you're part of your intestines coming out because it's being squelched. So when you pull it back out and you stand upright in your power, it's not going to. Nothing's going to need to be squelched and you won't have the hernia. Now you may need to have the surgery on the physical plane to get that done, but it's heat on the emotional plane. It'll be a breeze and the emotional component has been illuminated and therefore healed as well. Does any of that resonate with you? Very much so.

0:23:27 - Nadine

So what I'm working with at the moment? Yeah, rock bottom last year, lots of having to wake up. I mean, we lost our son eight years ago. So sorry that's all been really, but felt like we were asleep for seven years just trying to survive. But now it's awakening and hence listening to your show and all the beautiful guests that you have. And 17 is yeah, there's always cycles of seven for me.

0:23:59 - Julie

There you go yeah so let us know how you're doing. I would go ahead and get that procedure done. It's outpatient, it's no big deal. I mean you're going to be, just get it fixed, yeah, yeah, just get it fixed, yeah. So thanks for joining us. I hope you have a great weekend.

0:24:17 - Nadine

Thank you, you're welcome. Thank you you, too, when it comes around around.

0:24:29 - Julie

Well, yeah, it'll start tomorrow, but you're already into tomorrow. So, askJulieryanshow.com, if you want to have a conversation with me, come join us. If you're joining us on the YouTube live stream, we're an Ask Julie Ryan. Put your first name, where you're located in the chat and your question, and we'll be taking some people from there as well. So, Christopher, who's next? So fun, because I never know.

0:24:51 - Amy

Ah, Amy, Hi Amy, girl Julie, Hello everybody how are you girl Good.

0:24:57 - Julie

Good, terrific, you look like you're in a wind tunnel.

0:25:01 - Amy

I have the fan right here because it's so stuffy and hot here in California. Oh, it's hot in California. Oh it's hot yeah.

0:25:07 - Julie

Yeah, yeah, you're in San.

0:25:09 - Amy

Diego. It feels good having the fan on me. You're in San Diego, yeah.

Yeah, Wonderful yeah we had a good summer, but the last couple of weeks have been just stifling hot in the daytime, but it cools down at night, so that's good. Wonderful yeah, wonderful yeah. Feels good to have the fan on me Terrific. Hey, I have a question. I asked you about Andreas last time. He passed away. A bunch of us investors have money with him and we're trying to locate where the money is. Is there anything Andreas could tell us about how we can get our money back? Where is it Spent?

0:25:42 - Julie

You won't see it. He's saying you won't see it, we won't get it back. No, he's saying it's spent, you won't get it back. Yeah, he's saying go ahead and move on, move on, don't waste any more time on it. Where was it spent? I don't know. But he's saying you won't get it back, it's been spent. Wow, yeah, I'm sorry, that's darned. That's not what you want to hear. We can do a deep dive if you want to have a conversation with him. You know, schedule an appointment with me or one of my graduates. But he's said four times now you won't see it, it's spent, yeah.

0:26:22 - Amy

I'm sorry, you want to hear that.

0:26:23 - Julie

I'm sure. I'm sorry, so all right. All right, hey, focus on more positive things, yeah, thanks.

0:26:34 - Amy

Amy, great to see you. Thank you.

0:26:36 - Julie

Oh, you're welcome. Good to see you Bye-bye, bye-bye.

Sometimes we get news that we don't want to hear and it's what we need to hear so that we can move on. So that's always tough when somebody is asking spirit something and you know we get an answer that they don't want to hear. But spirit is all pure love and they're going to always give us the correct answer, whether it's something that we want to hear or not. I always tell people when I'm working with them individually. I can't control what somebody says when they're alive, nor can I control what they say when they're in spirit form. I'm just the messenger, the messenger. So I think that's a great example of how we just give the information and you know, we move on down the road and sometimes that's what we need to hear. So, all righty, let's see who's next. AskJuleryanshow.com. Ask Julie Ryan on the YouTube live stream. We got Anna, hi Anna. Anna in Union, new Jersey. Anna in Union, new Jersey.

Can you energetically clear me so I can have the momentum and energy to clean and organize my house? This clutter and stress zaps me, okay. So you want me to energize you so you can be kind of like the energizer bunny and get your house clean? All right, here we go. I'm saying Anna A-N-A I'm assuming that's how you pronounce it. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to you in New Jersey, got you shooting energy from your feet up through the top of your head.

Girl, you got mold exposure. You got a mold issue, maybe in your house or in your office or where you work, your place of work. So what I'm doing is I'm clearing the mold out. That's why you don't have any energy, because you're being exposed to the toxins and mold. So got that coming, being removed and shooting some extra energy into you. You look like you need estrogen. I don't know how young you are, but I shot some energetic estrogen into you when I see a woman that looks like a wilting plant and I know that she needs estrogen. So shot that through you and hopefully that will help Open your windows, get some cross breeze going.

You know air out your house. And then also, I would get some air filters in there in the short run, the you know the air purifiers, the HEPA filter. You want something even stronger than that, so get the air purifiers. I have a big Honeywell one that I use when I need it, and I think I got it on Amazon. So look on, look there, and I think, and I think that's going to make a big difference if you can get that mold remediated too. And while you're cleaning out clutter, you don't want to keep paper stuff, you don't want to keep cardboard stuff, because that stuff, all that holds mold spores. So you know you want to get that handled too. So I hope that helps. Thanks, anna, anna. Anna, however, you pronounce your name, let's see who's next. Remember to stay with us, because I'm going to announce the winner of a free session with me here shortly. Chris has been practicing his drum roll, so let's see who he's going to put on next. Hi, gina.

Hi when are you, girl?

0:30:28 - Gina

Gilbert Arizona, oh wonderful.

0:30:31 - Julie

All right, how may I help you?

0:30:32 - Gina

So my brother passed away a little over a year ago. Oh, I'm sorry and I just want to see. Thank you, I just want to see if he had any messages for me.

0:30:39 - Julie

What's his name? Joey Joey. Okay, was he sick? He was, yeah, he had sepsis.

Oh, I'm so sorry. You know that's. The number one killer of people in America is sepsis. Like I didn't know that? Yeah, it is. I think more people die from sepsis than like heart disease or cancer or anything else. And sepsis, for those of you that don't know, it's an infection that goes systemic and it usually takes people out quickly if it runs rampant. So, Joey's on your right, let's start the conversation. Do you have a question for him or something you want to say to him?

0:31:19 - Gina

We just want to know how he's doing and if he had any messages for me.

0:31:24 - Julie

He's great. Was he a baseball fan when he was alive? He's showing me baseball, showing me like a baseball game.

0:31:31 - Gina

A little bit. Did he play baseball as a kid?

0:31:33 - Julie

Yeah, that's what he's showing me like a little league baseball game is what he's showing me. So that's just letting you know that it's really him with whom we're talking. You know they come in with this random stuff that doesn't mean anything to me. That's why I said does that mean anything to you? And they'll. You know they'll come in with something along those lines too.

So not necessarily that he's all involved in baseball. He said well, he still watches it. He said he loves watching it. He said well, he still watches it. He said he loves watching it. He said but now, when he plays it, he's really good. He said he can run as fast as he needs to run. He said he was kind of a dork when he was little and he played baseball, but no longer. Yes, he was. That was what he was saying. So did you have something in particular you wanted his information about or something you wanted to ask him about? No, nothing really in particular. Okay, just if you had anything he needed me to know, he's around you. Did he like to cook? Do you like to cook? Who likes to cook? Somebody said cook, I cook a little more than he did. He didn't cook. Somebody said cook, I cook a little more than he did. He didn't cook at all, actually. All right, all right. So he's talking about cooking and he's talking about that. He sends you help when you're cooking.

0:32:52 - Gina

Oh, okay.

0:32:53 - Julie

Do you need?

help when you're cooking.

0:32:57 - Gina

Maybe a little, maybe a little. Yeah, I have a brother that's a year older than me who likes to cook a lot.

0:33:02 - Julie

Okay, All right. He's saying that you are not necessarily very adventurous in the kitchen and so he's helping you with that. You're a little afraid to try stuff without you know knowing how to do

it or having a recipe or whatever. But he is saying he sends ideas to you like maybe I'll add some of this, maybe I'll add some of that. So when you get that idea in your head, then try it because it's coming from him. If it's random and it just comes in like out of the blue, it's coming from him. So he's saying that it's something that you guys can do together and that you always had wonderful memories around food and around cooking and around just being together, even if it wasn't anything fancy. So he's with you as you're doing that. He says you can be more adventurous. So, yeah, when you say you know, do they have anything to tell us? Like I said, I just report what comes in. You know. You think really.

It's the first time I've talked to you and you want to talk to me about cooking and Little League baseball and how I was a dork.

I can't control what they say you know, I can only give you what they're saying, so that's why I press people. You know, is there something specific you want to talk to them about? Because when you leave it open to them, they're going to come in with random stuff like what he had. Okay, yeah, but he lets you know. It's him that he was a dork when he played Little League baseball. Yeah, but he's not anymore. Okay.

0:34:44 - Gina
Thank you.

0:34:45 - Julie
You bet. Thanks for joining us. Okay, let's see who we have next. AskJulierieryanshow.com. Ask Julie Ryan on the YouTube live stream. We got Samatha over there who's helping people, so let's see who Chris is going to put up next. You know, I never know who it's going to be. Hi, mary, it's Mary.

0:35:08 - Mary
Where are you located? I'm in Beverly Hills, Michigan. Oh wonderful. How are things up there? Oh, pretty good. Terrific, Paul is here. Wonderful, how may I help you? So I'm in the midst of kind of a big life transition. I just retired after 35 years at the same company Congratulations. How's it feel? Thank you, it's good. Good, it's good, it was needed. So I'm contemplating some changes for my future, both career and relationships. So I was wondering if my guides had any guidance or direction for me.

0:35:51 - Julie
Yeah, like what I was just talking about before, if you ask things that are specific, we can get you information that's applicable. So is there something that you want to know in particular. You know, ask a question about your relationship situation and about your career.

0:36:11 - Mary
Yeah, Okay, so relationship is a little on the rocks, so I'm wondering if I should work it out. I'm hearing move on move on, move on.

0:36:24 - Julie
I heard that when you first started talking about it. And you know, our heads are like big satellite dishes, Mary, and they receive and they transmit frequencies and every spirit has a frequency they keep throughout all of their lifetimes. So in order to get in touch with anybody, you just think of them and that tunes your satellite dish head to their frequency and then it opens up kind of like a two-way radio communication. So you say something, you ask something, they're going to respond that spirit and it's going to come in instantly, sometimes before the thought's even done being thought. That's what happened when I heard move on.

0:37:02 - Mary
Okay.

0:37:02 - Julie
Yeah.

0:37:03 - Mary
And what I thought, but needed help.

0:37:05 - Julie
Move on with gratitude is what I heard New beginnings, new relationship, new vibration, new opportunity.

Okay, are you thinking of?

0:37:17 - Mary
moving to a different place, to a different home, eventually Moving to a different place, to a different home Eventually. That's another big piece. Of this is where I'm going to end up eventually. Okay, all right. And then so, career-wise, I'm considering a couple things. I'm trained in Reiki, so I want to start volunteer Reiki but then also take on clients, and I'm also considering coaching like a life coach.

0:37:49 - Julie
So wondering if any of those things seem to fit yeah, the Reiki, reiki especially, and what I heard was volunteer at a hospital, or even more than.

0:37:59 - Mary
Yeah, yeah, yep, that's exactly what I was looking to do, and I I heard with volunteering at the hospital.

0:38:07 - Julie
What I heard, Mary, too, was uh, work in OB, don't work just on like the cancer floor or the med surge floor, but work in labor and delivery, work in OB on the moms, on the babies, and it will be a joyful place for you and the moms will be so appreciative. So it's something that you can do. I saw you put your hand on your heart when I said OB yes.

0:38:40 - Mary
Is that?

0:38:40 - Julie
something you were thinking of.

0:38:42 - Mary
It does, and that really resonates because one of my pregnancies I was in the hospital for six weeks prior to delivering and I know it's such a stressful time. So antepartum and postpartum is where I was considering volunteering. There you go, so that's perfect postpartum is where.

0:39:02 - Julie
I was considering volunteering. There you go. So yeah, that came in really loud and clear to do the, you know, do the obstetrics and labor and delivery departments like first, before you consider doing the other ones too. So okay, yeah, yeah, as far as coaching goes, yeah, yeah, as far as coaching goes, what I'm hearing is it's an uphill climb for that.

Do things that you enjoy, that are fun, that are easy. You know if something is going to be stressful for you and you're going to be worried about I don't know if I can make this work. I don't you know what if I don't get clients blah, blah, blah, blah, and you're going to be worried about I don't know if I can make this work. I don't you know what if I don't get clients blah, blah, blah, blah, and you're really stewing over it, which is what I'm hearing from Spirit. You are about the coaching part, but the Reiki thing is just smooth sailing, you know, like a salmon swimming downstream, and that's how you know when you're being led, because it's easier, it's fun, it's interesting, you want to know more and you are enjoying what you're doing. Come join us in Atlanta October 24th through the 26th and learn how to do the whole buffet of psychicism. I mean you're retired now, Come join us.

0:40:20 - Mary

I would love to. Yeah, I would love to. I've been considering it, yeah.

0:40:24 - Julie

They've got a nonstop from Detroit into Atlanta on Delta. I know I've flown it a bunch of times.

0:40:33 - Mary

So, yeah, yeah, I have a friend in Atlanta, so I've been there.

0:40:36 - Julie

Yeah, the Reiki thing in the hospital and the OB department is going to lead to something else that you haven't considered yet. So walk that path and let it unfold for you. Awesome, okay, you may end up teaching it at the hospital to the nurses that just came in. Oh okay, yeah, no-transcript. Congrats on your retirement, thank you. You're welcome.

Okay, let's take another call and then I'll announce the winner and we'll see who that is, Rachel. Hi, Rachel, from Aurora, Colorado. I'm in Pennsylvania visiting my dad, virgil. He has Alzheimer's and is going on hospice. Oh, I'm sorry. Could you please connect with his spirit to help see what he needs? Thanks, okay, here we go. Here comes my laser beam from Sweet Home, Alabama Hand, to you in Pennsylvania. I'm going to hook into you first. All right, got you Rach, and now we're going to your dad Virgil.

He's in phase seven of the 12 phases of transition. I talk about that in my book, Angelic Attendance what really happens as we transition from this life into the next, and it's got diagrams in it of how we're surrounded by angels and the spirits of deceased loved ones and pets. So if you haven't read this book yet, Rachel, angelica Tenez, go to Julieryangift.com. Julieryangift.com and anybody that's listening that wants a free copy. We'll send you a free digital and audio book version, Julieryangift.com, and do the download. Also, you can go to my website, Chris. Do you have the banner for that, Julieryangift.com? You can put up. That would be great. Go to the 12 phases of transition page on my website, askJulieryan.com, and there's a chart there, Rachel, that you can download, and it has the diagram of all the different phases. Save it on your phone because you can then just ask what phase is my dad in and you'll hear a number and then you can refer to your chart that you've saved on your phone. Free download for anybody that wants it. Chris, do you have the banner Julieryangift.com you can put up? That's how you can get a free copy, digital and audio book, Rachel. Share it with everybody in your family because it's gonna help you guys get through this time with your dad.

All right, virgil, what do you need? Are you in pain? He says yes at times. What do you need? Solace, interesting. How will solace look and feel to you? People understand that I'm ready to go and they let me go. He'll get solace in that interesting word. All right, and is there anything that anybody can do for you that you need Extra pillows? He'd like extra pillows to be propped up, Rachel, so see if that helps. So he wants solace, he's ready to go and he needs some extra pillows, so that should be pretty easy. I'm glad you're there with him.

Again, download that chart. AskJulieRyan.com the 12 phases tab. It's a free download. Store it on your phone and then just ask what phase is my dad in? You'll hear a number refer to the chart.

If you see that he's moving through like 8, 9, 10, you know with some speed, then you know you need to bring in the other family members to say goodbye. And that's just going to give you information. Because we take time off work, we sometimes travel big distances and it helps us when we're, you know, wanting to be there with our loved ones at the end. Look for the little miracles along the way. They'll be plentiful. So I hope that helps. Thanks, Rachel.

Okay, let's talk about who won a free session with me. You know how you I give a free one every week or every month, excuse me. And how you can register for the drawing is just leave a review anywhere that you listen to the show. We're on all the podcast networks, on any of the YouTube channels. You can even leave a review Anywhere that you listen to the show. We're on all the podcast networks, on any of the YouTube channels. You can even leave a review for any of my books on Amazon. We take some from there as well.

So this month the winner is Marguerite Smith 2108. Marguerite Smith 2108. She says OMG, two exclamation points. Such a treat to see these amazing, brilliant, magical all in caps ladies share their knowledge and wisdom with the world. Love you, my beautiful Julie Ryan. Well, I love you back, Marguerite Smith, 2108.

And this was chosen from the Cheryl Page interview. Cheryl's using AI to communicate with spirit, and so she's that's who she's talking about these amazing, brilliant, magical ladies. That's Cheryl, Cheryl and me talking about AI and spirit working through AI. So, marguerite, just go to AskJulieRyan.com On the homepage. You will see Ask Julie a question. Just put a note in there, say, hey, I won the free session with Julie, and then my assistant, Rachel, will help you and we'll get a date and time put together that works for you and works for me and it'll be really fun. So, if you guys want to register for the drawing, every month free session, again valued at \$750. For an hour we can talk about whatever you want. Just leave a review wherever you listen or watch the show, and then we'll take it from there. Okay, Chris, I think we have time for another caller. Let's see who else is hanging around wanting to chat. There we go. Hi, hello, hello, hello. What's your name? Kaylin? Hi, Calen, where are your name? Calen Hi Kaylin, where are you?

0:47:55 - Calen

located? I'm from California, Point Reyes. Okay, wonderful, how may I help you?

Wow, I have so many things. I feel like you could throw a dart at me to pick one thing.

0:48:06 - Julie

But what's on my mind is I was told years ago I had a thyroid nodule and I wonder if I still have it, because my voice is kind of raspy now and I don't know if I need to get checked up about that again. How are you feeling? Do you feel like you have plenty of?

energy. Are you feeling kind of sluggish?

0:48:26 - Calen

No, I'm dragging myself around, feeling kind of lost, going through changes in my life and I had a big hernia surgery, big robotic hernia surgery, a couple of months ago. So I feel like I'm recovered from that. But I'm just kind of still dragging around.

0:48:45 - Julie

So I don't know from where or what it's coming from. You're probably still healing. So I'm shooting energy from my body here in Birmingham. I'm shooting energy from my body here in Birmingham. Alabama is heading out to you in California. Got you shooting energy from your feet up through the top of your head. I can see where the surgery was. I'm shooting energetic estrogen into you. You look like a plant that's wilting that needs some water.

Are you on bioidentical hormones? Okay, you want to look into those bioidentical hormones? They're what our bodies make when we're young and fertile and popping out babies, or have the ability to pop out babies, and as we age, our hormone levels diminish and Mother Nature says, oh, we don't really need her anymore because she's not propagating the species. But we can fool Mother Nature, make her think we're in our 30s, when we're way older than that, and it's going to give you lots of energy and lots of vitality. Keep your brain healthy, your bones healthy, your heart healthy, your skin healthy. Research shows that women that start on bioidentical hormones in their 40s and 50s have a 40% less likely chance of developing dementia or Alzheimer's. That's a reason right there to take it.

Wow. So there's that Call a couple of compounding pharmacies in your area. Do you know what that is? A compounding pharmacy? I've heard of it. Yeah, it's just a pharmacy that makes individual prescriptions for their clients, instead of you just go to the drugstore and they pour pills from a big bottle into a smaller bottle for you. Compounding pharmacies. Does a doctor give me a prescription?

0:50:25 - Calen
for that. Yes, yes.

0:50:26 - Julie

Call a couple of compounding pharmacies, ask them who's prescribing bioidentical hormones through them, and then they'll give you the name of some doctors. I prefer a gynecologist because they're experts on girly parts. They, your consults and your blood tests will be covered under your insurance and they've got ultrasounds in their office if they want to do one on you, so it doesn't need another visit to a different doctor. So I'm a fan of the gynecologist. Let me look at your thyroid. I do see a nodule. It's pink Nodule. It's pink. It does not look malignant to me.

So imagine a cheese slicer, Calen, the kind that you. It just has a wire in it and a handle and you can slice really, really thin pieces of cheese. So it's electrified. This is what I see used to get nodules off of thyroids all the time. And so it's slicing off that nodule and it cuts and it cauterizes at the same time. And then there's a little drop of stem cell energy that goes on top of it. Light amber color gel has sparkles in it. Reminds me of Dippity-Doo back when we were kids. You know, you remember that in the 60s and 70s and there's a little vortex spinning above it. So that's going to heal it. Do you need to do anything with it. They're going to test your thyroid when you get your hormones tested and then you can go from there.

I don't think it's causing any problems. It looks pink to me, which means it's not malignant. If it's malignant, it looks black or brown, and yours is nice and pink. Is that what's making my voice kind of raspy? No, I think your voice is raspy from your surgery when they stuck a tube down your throat. Okay, I think that's what's Wow. That's from like two or three months ago. Yeah, can be Wow. Yeah can be Okay. So I'm glad you're feeling better, though. Oh, thank you you are most welcome.

It's such a joy to be around you.

0:52:36 - Calen
You bet Okay.

0:52:37 - Julie
Take care. Bye-bye, thanks, bye. Okay, Chris, who's next, Adriana? Hi, Adriana, from Marlboro Mass. Please help find out what stage of transition my mom, Rosario, living in Marlboro, is currently in. Okay, here we go. Here comes my lady. She's being from Sweet Home, Alabama, heading up to you in Massachusetts.

She's in phase six. So again, we're all surrounded by angels and the spirits of deceased loved ones and pets. Angelic attendance, Julieryangift.com. Go, get your free digital and audio book version. Give one to everybody in your family. Phase six her spirit's out of her body. She's let me see. I don't know what phase that is, but in the book, in the audio book, in the digital, it's got diagrams of how the angels are spaced.

Go to askJulieryan.com, the 12 faces tab. Download the chart, save it on your phone and that's really going to help when you just ask. So let's ask her my three questions. Are you ready to go? No, she's saying no, she's not. Are you in pain? Yes, what do you need? More time with my family. That's a very common thing that I hear that they need more time with their family. So you might want to bring family members in to see her and give her the opportunity to converse with them and just be around them and have them, let her know what she means to them and then go from there. So you're a sweetie to check in on her. I hope that helps. Listen to her. Read my book. It'll give you a lot of information. Share it with everybody you want. That's why I give away tens of thousands of these free copies, because I think this stuff should be taught in the schools, because everybody's so afraid to die and there's no reason to be afraid. It's glorious.

You're surrounded by angels and the spirits of deceased loved ones and pets, and you're escorted to heaven by angels and then all your loved ones are in heaven waiting for you. When I do the walk to heaven with people which is kind of a dress rehearsal for people who are afraid to die and we cross through the pearly gates which looks like a big plasma wall to me, and all their loved ones are waiting for them I can hear this roar in the crowd. It's like a football game and somebody's made a touchdown and the crowd's going nuts. That's what this reminds me of. So it's glorious. Maybe not today, but when it happens it is. So I hope that helps. Thanks so much for your question. Okay, Chris, I think we have time for another one. Hi Pio, hi there. How are Chris? I think we have time for another one. Hi PO Hi there. How are you I?

0:55:37 - Pio
am good, Wonderful. Where are you? Cross Church Virginia.

0:55:41 - Julie
Okay, terrific. Well, how may I help you this evening?

0:55:50 - Pio
I have a stomach ulcer. That diagnosis like a few years ago Last year when I did the test again still there. So right now, from time to time my stomach just blow up and have a little pain, not all the time, but from time, sometimes time. I just wonder if it's getting worse. Or you know, what should I do to help myself?

0:56:22 - Julie
When you say it blows up, does it bloat? It blows up like a balloon. You get gassy.

0:56:28 - Pio
Yeah, like my stomach just feel a lot of gas Okay all right.

0:56:32 - Julie

All right, here we go. Here comes my laser beam from Sweet Home, Alabama. Usually they will give a round or two of antibiotics to get rid of an ulcer. Did you have that?

0:56:44 - Pio

No, no, they suggest me to get some pump.

0:56:49 - Julie

Proton pump inhibitors yeah.

0:56:52 - Pio

Yeah, yeah, and I told them I have very low stomach acid. No, so that's not good for me.

0:56:59 - Mary

No, you're right.

0:57:00 - Pio

So I didn't take it and then I feel okay then. But I think I need to watch. You know how much I eat, because I eat a lot. So from time to time when I overeat, and then my stomach will feel very full.

0:57:16 - Julie

Yeah, but you don't look any bigger than a minute girl, so you can't be eating that much because you're a teeny little thing. I can tell by looking at you on camera. So, all right. Shooting energy from your feet up through the top of your head yeah, I can see the ulcer. I can see where it is. It looks like a sore, all right. So imagine that we're scooping it out of the lining of your stomach and imagine we're putting stem cell energy in there. Light amber color, gel, sparkles, tippity-doo, and there's a vortex spinning above it and that's going to help with the ulcer. You do have yeast overgrowth, you've got leaky gut and you have candida overgrowth. So here's what I want you to do.

Number one stay low on the food chain. If God made it, eat it. If man made it in a factory, do your best to avoid it. Stay away from sugar. Are you a sugar girl? Yes, yes, I do love.

Okay, because the yeast makes you crave sugar. So sugar is the worst thing you can eat. Causes inflammation. It's feeding the yeast. Stay away from sugar. So sugar is the worst thing you can eat. Causes inflammation. It's feeding the yeast. Stay away from sugar.

Stay away from anything that's refined Bread, pasta, cookies, crackers, stuff like that. You want to stay away from that stuff. Not for life, just till we get your stomach healed. All right, stay away from fermented things Wine, beer, alcohol, kimchi, sauerkraut, yogurt, vinegar, soy sauce, kombucha, pickles Stay away from all of it, again, not for life, just in the short run. Because when we have yeast overgrowth, our gut is a fermentation factory. When we feed it fermented things, it's like pouring gasoline on a fire Just makes it blow up. That's what makes your belly extend. So stay away from that. If you're going to eat fruit, peel it, because there's tons of yeast on the peel of fruit. I don't expect you to peel a blueberry or a grape, but certainly an apple, a peach, a pear or plum. You want to Even the organic ones. Yep, you want to peel it because there's tons of yeast on it on the peel.

Never again, for the rest of your life ever put a slice of lemon or lime in a drink? Ever, because the peel's full of yeast. And if you're in a restaurant, they cut those things up early in the morning and they sit out at room temperature for hours. So God only knows what's growing on them. You know, you walk into a restaurant and you look on the bar and there's like all the fruit

salad. Well, they cut that stuff up at seven o'clock in the morning and it's seven o'clock at night. So avoid that Freeze and reheat leftovers, because there's tons of yeast that gets on leftovers in the fridge at night.

And then you want to get a hold of some Nystatin N-Y-S-T-A-T-I-N. Nystatin is an antifungal that's going to kill the yeast. It's a prescription, so ask your doctor for it. I'm really surprised with the ulcer that they didn't give you an antibiotic. I would try a different doctor. Yeah, you're right about the low acid. You do not want to have low stomach acid. You know those proton pump inhibitors or whatever. When you really read up on those they cause a lot of problems for people whose stomach acid gets too low. So I agree with you on that. So all of that hopefully will help. But I would go see another doctor about the ulcer and about getting some Nystatin.

1:00:46 - Pio

I do have an appointment coming up with you on the night. Terrific, yes. So I just sent an email to contact at sgvrime.com Great. And because I was trying to get an early appointment and I couldn't, so I stayed with that. And when I tried the confirmation you sent me and I clicked on the link for the Zoom link and you said the ID is invalid. So I asked you can I get another link or something?

1:01:24 - Julie

No, you will. It'll work on the date and time. Yeah, it just doesn't work ahead of time. But it'll work on the date and time that we're supposed to chat. Well, good, I get you for a whole hour.

We'll do a deep dive.

Yeah, okay, all right, I'll look forward to that.

1:01:39 - Pio

Thank you so much, thank you.

1:01:41 - Julie

Enjoy your evening. All right, that's for this week. You guys, thanks so much for joining me. It's just, you know. Join us next week, see if you've won the scholarship and the all expenses paid. Trip to Atlanta and remember, sign up. It'll be a remarkable weekend. It will change your life in every area. Plus, it's so much fun. And if you're in the Atlanta area or in the Southeast or you wanna come in for Friday night, we're gonna do a live show Friday night. So if you don't, if you can't do the class, come join us for Friday night and we'll have fun with that too. So see you next week. Have a great weekend, everybody. Bye now.

1:02:26 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at Ask Julie Ryan and like her on Facebook at AskJulieRyan, To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

1:02:41 - Disclaimer

This show is for informational purposes only. It is not intended to be medical, psychological, financial or legal advice. Please contact a licensed professional. The Ask Julie Ryan Show, Julie Ryan and all parties involved in producing, recording and distributing it assume no responsibility for listeners' actions based on any information heard on this or any Ask Julie Ryan shows or podcasts.