

AJR Show July 25 - Transcript

0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan. Hi, everybody.

0:00:45 - Julie

Welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We've got Chris manning the phones. If you want to have a conversation with me, please come in at AskJulieRyanShow.com. That will hook you into the phones. You'll need to be on camera and then we'll get you on. Get as many of you on as we can and then, if you're coming in on the YouTube live stream, we're at Ask Julie Ryan. Samantha is handling the chat there this evening, and so you can put your first name and where you're located in your question in the chat, and we'll be answering lots of questions from the YouTube live stream as well. When we call on you, if you're not in front of your camera, you're going to lose your place, and so stay in front of your camera until we get you on and please stay in the center of your screen, if you can.

A couple of announcements Ask Julie Ryan Español launched this week a few days ago so if you have any Spanish-speaking friends or family, please let them know. Our shows are all being dubbed in Spanish, so we're getting great comments. We're getting a bunch of people watching it, so subscribe, leave a comment and share with your Spanish speaking friends and family. I've got a winner for the Angels in Enlightenment training class tonight. I'm going to announce here a little bit later in the show. So you want to stay tuned and see if you're the lucky winner of a free class, and in order to be in the drawing, all you have to do is just leave a review on YouTube and subscribe, and also anywhere you listen to podcasts.

We're on all the networks and on Alexa, and if you want to win a free session with me, then just leave a review anywhere you see the show and you'll be entered into a drawing for our free session and we'll have an hour Talk about whatever you want. So, Chris, let's bring in the first caller and see who it is, first caller or first person coming in on the YouTube live stream. Let's see what we come up with and who it is. It's always fun because I never know who's calling in. Ah, we have a caller.

0:03:18 - Rhonda

Hi Julie.

Julie

How are you? My girl,

Rhonda

I'm so excited to talk to you.

Julie

I'm excited to talk to you as well. Where are you?

Rhonda
I'm in Indianapolis.

0:03:29 - Julie
Terrific, well wonderful, well, welcome. Do you have a question for me?

0:03:33 - Rhonda
I do. I was on the Zoom call I think it was on Tuesday night and I was going to ask you to do a scan on my best friend, Paula. She's been diagnosed with an aggressive breast cancer on her left breast. So I was going to ask for actually an energy healing. I guess I should say yeah, okay, absolutely All right.

0:03:59 - Julie
Where is Paula? Is she in India with you?

0:04:02 - Rhonda
She will be. She is living. She lives in Memphis, outside of Memphis right now, and they will be relocating to Indianapolis in August. Oh well, that's nice for you. Wonderful, I just wanted to get some energy healing on her.

0:04:21 - Julie
Yeah, and how wonderful that she's going to be close by and you can help support her. We had been best friends from fourth grade. Oh my gosh, I have friends like that Fifth grade and you can almost complete each other's sentences. Huh, definitely, yeah, yeah and talk, talk, shorthand, because they know all the family history and they know all the players.

0:04:43 - Rhonda
And it just takes that one glance, that one look and you know what she's thinking.

0:04:47 - Julie
I know Exactly. I have friends like that too. Okay, so what I'm going to do is I'll connect into you and then from you, I'll connect into Paula and we'll see what's going on with her. How this works for those of you that are new to this show is I raise my vibrational level to level of spirit. I learned how to do all this stuff. This is what I teach in my classes, and I'm going to watch a laser beam come from my body here in Birmingham, Alabama. It's going to hook into you, to Paula, and then I'm going to ask her permission if I can scan her, because you know, I don't scan anybody without their permission, because I think it's like an unethical thing to do.

0:05:36 - Rhonda
I just don't think it's right, a lot of respect for that.

0:05:38 - Julie
Yeah, it's. You know, it's none of my business, it's an invasion of their privacy and I don't really. I just don't feel good about it. So if somebody is asking me to scan somebody else, I always ask their permission telepathically, and sometimes they say no, but we can still talk to her spirit. I don't know if you set it up with her, but we'll see what she says.

0:05:58 - Rhonda
I mentioned it to her. Yes, I did.

0:06:01 - Julie
Good, good, okay, so here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to you, and Indy got you going to Paula in Memphis. Okay, Paula, I'm talking to Rhonda. May I scan you energetically? She said, of course, just like that's what I heard in my

head, of course, all right, shooting energy from her feet up through the top of her head. It is going to her left breast. Just because of time, you know, I'm always going to go to the area that you asked me to scan. If I have you for a whole hour, I always go in blind first.

0:06:35 - Rhonda

You will. Oh, great, great February, yes, wonderful. Well, you know.

0:06:41 - Julie

I'm glad you brought that up, because the key is get on my schedule and then periodically check back on your confirmation email and click the reschedule button. And people reschedule all the time. Oftentimes it's more than one a week and oftentimes you can get in, sometimes within a matter of days.

0:07:03 - Rhonda

Thank you, I've been looking for that. I would like to get in sooner, but I'll take what I can get. I can wait, yeah, whenever you think about it.

0:07:10 - Julie

Just click on that reschedule button. Something may come up. That's sooner. Okay, so got that.

Her left breast looks very inflamed, and so have they started doing any treatment on her yet. Did they do a biopsy already? Yes, they've done the biopsy. That's why it looks so inflamed. Okay, that makes sense to me. So I've got that and I can see where the tumor is. I'm encapsulating it. It's not very big, only one, it's. I'm not, yeah, I only see one, the one that I'm seeing, the one that they biopsied. It looks like got a little chunk taken out of it and from the needle they did a needle biopsy, I'm sure. And so we've got that. I'm encapsulating it. Imagine putting a plastic bag over it and then putting it inside. Have you ever picked up something with a plastic bag and you turn it inside out, your hands inside, and you pick something up. There was a bird that ran into one of our windows must have been yesterday, and I found it this morning. So I got a baggie and I put it over my hand and I, you know, threw it in the garden, back in the trees.

0:08:22 - Rhonda

I did the same thing.

0:08:24 - Julie

Yeah. So I'm doing that spirit working through me and with me, certainly to help facilitate healing. Let's do the full cancer healing on her. It does look like it's metastasized some. So let's clean her out. Let's give her just a big old tune-up and do that. So imagine that all her lymph fluid, Rhonda, is in a big vertical oval tube and lymph fluid looks to me like an amber liquid, but it's gloppy. Do you remember lava lamps back in the day?

0:09:03 - Rhonda

Oh, yes, I know how.

0:09:05 - Julie

That fluid was kind of gloppy in there and so it's spinning in a clockwise direction. We're looking at her from the front, everybody listening. I want you to picture what I'm describing, because we're all sending Paula healing. It's like the power of prayer. You get a lot of people praying for the same thing. It's the same with this. We're sending lots of energy.

So there's a hole that's open on the bottom of each of her feet and as that lymph fluid is spinning, Rhonda, it's getting the toxins out of her lymph fluid, because that's how the cancer

spreads is in the lymph fluid and in the bloodstream. And so those toxins come out the bottom of her feet and then we're going to do a lymph node cleanse, which is imagine there's a big metal dome that's come down on top of her body. Picture a metal dome that goes over a plate of room service food in a hotel, yes, yeah. And then pulling that back off of her body and it sucks the lymph nodes out that have sequestered toxins. And so lymph nodes look like little D3 vitamin capsules to me Didn't picture those and when they've sequestered toxins which is what they're supposed to do then they look brown or black inside. So we've gotten those out. She's being sprinkled with stem cell energy and, of course, the sprinkler Catholic girl you know 12 years of Catholic schools the priest. At Easter and at other holidays they'll put holy water in there and then they'll sprinkle the whole congregation with the holy water. That's what it looks like. That I get to see used is that sprinkler thing? I don't know what it's called, I'm sure they have a name for it. And then there are vortices that are spinning above her head, beneath her feet, on either side of her front and behind all spinning concurrently. That's going to regenerate new lymph nodes. That lymph fluid cleanse is still happening.

And I equate that to reverse osmosis purification like bottled water. You know it'll say reverse osmosis, purified and microfiltered. So that's what we're doing. We're saving the liquid, we're getting the toxins out. So it's a healing reverse osmosis purification. And then there's a big. There are two big metal U-shaped magnets that are on either side of her and they're joined in the middle and they're going up and down her body and they pull out metallic particulates. Now these particulates look like little specks of glitter. They can be sparkly glitter, they can be dull glitter and they also remind me of a strand of metal out of a steel wool scrubbing pad used in the kitchen on pots and pans. I don't even know if they still make those.

They do, I've got one in there right now. There you go. So if you took a pair of tweezers and you pulled one out, that's what that looks like, and so those magnets joined in the middle are going around her body and they turn a quarter of a turn until they've got all of the metallic particulates removed. All right, let's do a DNA healing on her now. DNA, of course, is the recipe that tells the cells how to behave, and when somebody has cancer or some other you know genetic kind of a thing, there's a mutation that happens, and so what we're going to do is we're going to restore her DNA back to a normal recipe. DNA comes out of an X chromosome. I'm going to take you back to your fourth grade science lessons here for a second. I need it, okay.

So X chromosome everybody's got one. You know, girls have two Xs, boys have an X and a Y, and a strand of DNA looks like a piece of paper that you'd see inside a fortune cookie with a fortune written on it, that you'd see inside a fortune cookie with a fortune written on it, and it's comprised of four nucleic acids represented by four letters A-T-C-G, as in green. One strand can have 100,000 letters on. It can have a billion letters on it and I'm watching those letters get moved up and over because we're watching the recipe get resequenced really fast, in warp speed. She has seven strands of DNA that have come out that are getting resequenced and that's when it's resequenced, it snaps back into the X chromosome. Do you have one of those tape measures, maybe in a sewing kit, where you pull it out and then you push the button and the tape comes flying back in? That's what it reminds me of, because as soon as it's done it snaps back in fast. So I'm watching that happen.

So this is going to help a lot with her healing. She's not dying at the moment. I get that she has the ability to completely heal from this. The key is going to be for her diet do keto, no sugar, nothing refined. Have her do protein, fruits and vegetables.

One other thing, Rhonda, that I recommend is there's a book called Radical Remission. Have you ever heard of that book? I don't think I have. Okay, you may want to get a copy of it and give it to her, because it's about how patients that were given like two weeks to live from all around the world and sent home to get their affairs in order, they're up walking around 10 years later, cancer free, and so the gal that wrote the book has compiled what I believe it's 13 or 14

common denominators are that these people use to heal. That's number one thing I would recommend. Number two is there's a researcher at Boston College named Thomas Seyfried, s-e-y-f-r-i-e-d, who is somebody that is just very commonsensical about cancer. He's researched it for 30 years and he has some great suggestions that maybe are a little different from what you'll hear from a doctor, but they're more holistic to use with standard therapy. So you know, bring in all the stops like look at all the different modalities to help her heal, because healing is a multi-pronged approach.

0:16:26 - Rhonda

I think it will be, and they are wanting to remove the breast. So I just feel like this is a jump start on healing from everything, right.

0:16:38 - Julie

Right, yeah Well, and she's got to just follow her gut. Tell her if what they're suggesting doesn't feel right, have her get a second or third opinion and pay attention to how it feels, because standard protocol is one thing, but if she's going into a procedure and she doesn't believe it's going to help her, it's not going to help her. So much of it is mindset. So work with her doctors, work with all these other methodologies and use the multi-pronged approach. I believe she has the potential to completely heal from this and I don't think it's a coincidence that she's moving back to Indy, close to you.

0:17:19 - Rhonda

I don't think so either. Thank you, Julie, this is it's more than I hoped for, and thank you to everybody else for their energy input as well. Thank you so much.

0:17:30 - Julie

Yeah, you bet. Keep us posted. Let us know how she's doing.

0:17:34 - Rhonda

I'll talk to you in February, alrighty, if not before. Thanks, Rhonda. Okay, bye, bye.

0:17:41 - Julie

Okay, bye. Yeah, you know that's. The thing is that not all procedures are right for everybody, so you got to pay attention to how it feels to you. Certainly Western and Eastern medicine, as we know it makes tons of sense and is the way that a lot of people choose to go and a lot of people choose to add other things to the equation to help those different forms of treatment. So it's really paying attention to what feels the best for the patient themselves. So keep that in mind.

All right, we're at AskJulieRyanShow.com if you want to have a conversation with me. If you're coming in on the YouTube live stream, we're at AskJulieRyan. Remember to subscribe, remember to share this episode with your family and friends and let's see who our next caller is. Oh, we got a question from YouTube. Here we go. Hi, Julie, my name's Tamara. I'm from Key Spill, new York. I'd love to know my spirit guides. Also, would really love a scan. I'm 65. Okay, I do one question, Tamara, you can come in again on another show and we'll get your scan.

But your spirit guides I get your first spirit guide that's showing up as Michael. I get Michael, Helen, Rebecca, Roberta, Marcus, Nathan. Those are your main spirit guides, and is that what their names really are? Well, that's what they're telling me their names are Because, remember, spirits don't have a gender. Spirit's just energy, and spirit's going to give us a name that's easy for us to understand. So, when you think of Nathan, that's going to tune your satellite dish head, you know, remember, our heads are all like big satellite dishes and they receive and transmit frequencies. Every spirit has a frequency they keep throughout all their lifetimes and

so you just say, hey, Nathan, and that's going to connect your satellite dish head to his spirit. It's okay if we use gender, you know, when we're talking about them, because it helps us understand it easier. And then just say what you want to say, ask a question, make a statement and how you'll know it's his response is it's that first thing, fast as you can snap your fingers, it's the first thing that's going to come into your head and you'll know that that's from Nathan. So I hope that helps. Most of us have seven main spirit guides that are around us at any given moment and they kind of follow us around. When I scan them, they look like they're in a horseshoe configuration behind us and they'll move around as we move around. So hope that helps. That's always fun,

Olivia. Hi Olivia. She says she's in Warren, Ohio. Okay, ask a question. She told me she wants to ask a question tonight and here we go.

I had a terminal heart failure for nine years. She's from Warren, Ohio, by the way. I had cousins that lived in Warren. They all went to Kennedy High School and I know Warren right where that is. This year I was healed from everything, but still on one diuretic a day because I don't know if I can go off of it completely. Yet I went fully healed.

Okay, let's go in and see what's going on. So before you go off any medicine, talk to your doctor about it, certainly, and then you can make a decision with your doctor and see what's going on. Here comes my laser beam from Sweet Home, Alabama, heading up to you, and Warren got you shooting energy from your feet up through the top of your head. Yeah, you do look like you're still retaining water. So let's see what's going on.

Did you have a heart valve situation happening? That's what I'm being led to work on is a heart valve and the heart valves when they're not working properly. Think of a doggy door. How a doggy door opens. The flap opens both frontwards and backwards so the dog can go in and out of the door.

Well, on the heart, we only want it to go one way and I'm familiar with that because some of my medical device, surgical device inventions used what's called an anti-reflux valve, which meant that it only went one direction. So that's what I see in my mind's eye because, of course, that's my frame of reference. So I'm watching that get replaced in a valve in your heart. I'm watching a spiral of energy Think of the Milky Way galaxy spiral that's spinning on top of your heart. As I'm looking at you from the front, it's spinning in a clockwise direction and that's just giving your heart a tune up. I don't get that. It's a good idea for you to go off to any medicine at the moment. Talk to your doctors, certainly before you make those kinds of decisions. So I'm watching that. As that spiral is spinning, your heart looks it's getting more vibrant in color, so I believe it's going to operate better.

It was a valve thing is what I was seeing. So I hope that helps and I, in the meantime, as soon as the valve the anti-reflux valve was installed in your heart, all that extra fluid drained out of the bottom of your feet, like I was talking about before with Rhonda, that there's a hole that's open on the bottom of each foot and yours just drained that extra fluid, so you'll heal from this. Patience is a virtue. I don't know who said that, but I've heard it my whole life and I think that's the case in this situation too. So I hope that helps. Okay, thanks for your question.

If you're joining us on YouTube live on the live stream, we're at Ask Julie Ryan. Just put in your question, put your first name and where you're located, please, and if you're calling in, then it's AskJulieRyanShow/com and Chris is the captain of this ship, so he is bringing in the questions off of the live stream and also from the callers.

So, Chris, who's next Angel? You look like an angel, hi, Julie. Oh, my God, you guys that are listening. She's got this gorgeous white hair that looks like a halo around her head.

0:24:43 - Angel

My sister talked me into letting it grow. It's beautiful, gorgeous. Thank you, yeah, I'm from Ocala, Florida. Okay, great, I found you about three weeks ago and I love your show and your interviews. So grateful for you. Thank you, we're delighted to have you. Thank you, my father passed transitioned a year and a half ago and my mom is just really struggling.

0:25:09 - Julie

Okay.

0:25:10 - Angel

I wanted to see if you could speak to him and see if he has anything to say how we could help her more, yeah, and very hard. They were together right at 60 years, so you can imagine what she's going through, but more than she even thought. She keeps saying I thought I was stronger than this. That doesn't have anything to do with being strong.

0:25:29 - Julie

She's just grieving and my gosh, you're with somebody for that long of a period of time. She probably feels like she lost her right hand, or something.

0:25:38 - Angel

Yes, they were so close. It was beautiful. Still, I would love to show you know, show her your show.

0:25:46 - Julie

Yeah, please do. What's your dad's first name? Larry, all right, Larry is on your right. As soon as we think of them, they come right in. As I was mentioning, our heads are a big satellite dish. He's saying that he's going to come visit her in her dreams and he's saying he wants you to prepare her for that. Have her, ask him to come visit her in her dreams. Have her tell him where she wants to meet him, so it can be a place that would be familiar to both of them. It could be in their home, it could be in Tahiti, it could be wherever she wants it to be.

When we're grieving, we're in a low vibration, angel, and spirit is a high vibration because it doesn't have the density of a body anymore to slow down the vibration and spirit doesn't communicate on the I feel crappy channels, like the grief channel, because the vibration is too low. So when we sleep, what happens is our brains rest and our vibration level goes back to the factory preset level, which is spirit, which is a high vibration, and oftentimes it's easier for spirit to communicate with her or with any of us. When we're grieving, when we're asleep, tell her the difference between a dream and a visit is. The visit will feel very vibrant. The colors will be almost like they're in high def, the senses will be heightened. She will remember lots of aspects of it versus dreams are kind of murky sometimes and you remember parts.

0:27:25 - Angel

Okay, she did say she finally had one dream, but he was far from her in the dream.

0:27:31 - Julie

Yeah, Good, good. So she's already doing it. So tell her every night before she goes to bed to ask him if he'll come meet her. And if she doesn't remember him showing up, he's saying he's in the bed snuggled up behind her. He's saying he spoons her, so she may feel him and she may think, oh, I'm losing my ever loving mind. She's not. She can, she probably can feel him at some point. She will be able to eventually. So, larry, what can we? What message can we give? What's your mom's first name? Jerry? Jerry. What message can we give, jerry? He's talking

about a soda fountain. Did they go to a soda fountain when they were young? Yeah, and get malts and stuff like that? Yeah, what's the cream? Something Cream, something Malt cream.

0:28:24 - Angel

There's a root beer float he used to love, or there's a cream something, vanilla cream, vanilla cream something.

0:28:31 - Julie

Maybe a cream soda, cream soda. He's talking about that. I don't know if he used to drink those, but he's talking about the soda fountain and he's saying he'll meet her at the soda fountain tonight in her dreams. Oh, I love that. Did they go to a soda fountain when they were dating?

0:28:47 - Angel

Maybe when they were yeah, I do remember them talking about a soda fountain, roller skating and a football game.

0:28:54 - Julie

Yeah, yeah. So that hopefully will bring her some comfort, because that's pretty random your dad's talking to her about meet me at the soda fountain and talking about the soda fountain so sweet. So, yeah, yeah, has she read my book yet? Angelica Attendance.

0:29:10 - Angel

No, she hasn't, but I'll send it to her because I downloaded it. I listened to most of it.

0:29:15 - Julie

Okay, yeah, send it to her. Maybe get her a paperback copy. I've got one. I got one right here. So angelic attendance, what really happens as we transition from this life into the next, and it's about how we're all surrounded by angels and the spirits of deceased loved ones and pets. I believe it'll give her a lot of comfort and it has illustrations in it which I think will help too. So give her the audio book version and then send her the paperback version too, and I believe it's going to help a lot. So you're a sweetie to call in.

0:29:54 - Angel

Yeah, how are you doing? I'm doing good. I am wanting to talk to him more, so I'm trying. Come join us in Atlanta for my training, I know.

0:30:04 - Julie

Maybe we'll see. Yeah, November 1st through the 3rd, Atlanta, Georgia. Live in living color in person. And if you want to do it online, my just communicating with spirit and the 12 phases of transition is angels and enlightenment training, and you can do that online anytime. It's kind of like my baby. It's like my baby training, okay, and then the big training is going to be in Atlanta November 1st through 3rd. So take one or both. Give your mama our love and she'll get through this. Oh, give your mama our love and she'll get through this. One last thing too, angel is talk to her about how grief is like waves of the ocean, and this is good for you and the rest of the family to know too.

When I'm grieving something, I always picture waves of the ocean, because if you think about the ocean is disruption repair, calm, right, calm, disruption repair, calm, disruption repair, and that's how grief is. So think of crashing waves. The crashing waves of grief come in and like if there's a storm. You know, waves from the ocean can knock you over. They can be really strong, as grief can be, but when you're in the middle of it, feeling the pain, know that it's like waves of the ocean. It's going to recede, and then it's going to be calm, and then she's going to have another wave come crashing in. But when she's in the middle of it she knows it's going

to recede eventually and that really helps, especially in the early phases of grief, when it's so strong. Yeah, so good, yeah. So hopefully that'll help too

0:31:44 - Angel

Thank you so much. Have a good night.

0:31:47 - Julie

You bet you too, take care. Bye, angel, all righty, let's see who's next. All righty, let's see who's next.

Okay, Ka, from California. Ka from CA. Oh, that's pretty cool.

I have an autistic son who's 18 years old. His name is Ryan. He must be extra cool if his name's Ryan. He's always taking things out on his mom, getting mad at her for any issue he has with me and his siblings. Why, all right? Let's ask him. Probably because he knows you love him and he knows he can get away with it.

Ryan, why are you being snarky with your mama and with your siblings? He's saying that there are times when he feels like he can't help it. He says it's like he feels this anger energy that rises up in his body and it's almost like it's like a runaway freight train is what I heard in my head and he needs to get the energy out. He said please don't take it personally, he doesn't mean it. He's just saying that it's something that he's trying to figure out how to control. He says it's kind of like somebody that has a cough and they're trying to stop the cough and they just keep coughing. He says he's got to get it out. It's something that he's having trouble controlling. So let's ask your spirit guides what you can do to help Ryan with this.

Keto diet is a biggie with autistic and ADD kids and adults too, for that matter. There's a guy who's head of psychiatry at Harvard named Chris Palmer Dr Chris Palmer, Harvard named Chris Palmer. Dr Chris Palmer. I do an internet search on him and he talks about how a ketogenic diet so really low carb, you know, no sugar, nothing refined, basically vegetables, fruit and protein good protein and that's going to help him with his anger management. There are lots of studies that show that diet plays a huge role in ADD and autism and with kids especially that are on the spectrum and a lot of those kids our favorite food groups are Twinkies and chicken nuggets, but when you change what they're eating, it really has a great impact on their behavior. The other thing is there have been many studies done on prisoners that when they feed them a ketogenic diet and get these and stuff like that that's all refined, that's in the cafeteria line, that that is gonna help with their anger management as well, and they find that the violence diminishes dramatically inside the jails just by changing their diets. And it changes quickly after a couple of weeks, so you may want to research that as well. I hope that helps with your son and with your family and you for heaven's sakes. Yeah, it's tough.

Okay, let's see who's next Sue.

Sue from Orland Park, Illinois, hoping you can scan my son's dog, Max. He has a problem with his left shoulder. He's had x-rays but it's not showing anything. He's been limping badly for months. All right, here we go. Here comes my laser beam from Sweet Home, Alabama, up to Illinois. Let's get Max, the dog, on the radar here.

All right, Max, what's going on with your left shoulder? It does look inflamed. Check it really good. I got a picture, Sue, of that. I don't know if it's Aesop's Fables or whoever wrote it Hans Christian Andersen, I don't know but the lion that has a thorn in its paw and it's suffering and nobody can figure out what the heck's wrong with it.

I get that he had something, that he was either bitten or he's got a burr in there or he's got something. He's got something that's in his shoulder. So I would look him over really good. I'm sure you probably have. You've probably given him a bath since this has started, but I get that I'm watching stem cell energy go into his shoulder joint just to kind of lube it up a little bit. Stem cell energy light amber color gel has sparkles in it because it's whoa whoa, you know, we got to have sparkles and it reminds me of Dippity Doo hair gel when I was a kid in the 60s and 70s. So I'm watching that get injected into the joint. It's got a little bit of arthritis in there which looks like that white crunchy stuff that you get on a battery that's expired, like, say, you left a battery in a flashlight or something and you go in there and it's got all that white junk all over it, that white crunchy stuff. So I'm removing that from that joint. But initially he was stung or bitten or there was some kind of a burr or a thorn or something. For me to get that visual of the lion with the thorn in its paw, there's something to that. So I hope that helps, Sue, and I hope he's feeling better and can walk better.

Thanks for your question, all right, askJulieryanshow.com. Ask Julie Ryan on the live stream. Let's see who's next.

Penu
Hi Julie,

Julie
hi Penu, how are you? Where are you?

Penu
I'm in Montgomery, Texas.

Julie
Okay, terrific. Well, so nice to see you.

Penu
Yeah, you too.

0:38:07 - Penu
I'm here to ask a question about my nephew who is in India. Yeah, what's his name? His name is Vikas V-I-K-A-S. Vikas. Okay, so he has pulmonary hypertension and his lung capacity has reduced quite a bit, so his oxygen level goes down, and you worked on him last month for his hole in his heart. I think that was the main reason.

0:38:35 - Julie
Yeah.

0:38:36 - Julie
So he's got breathing issues. Now is the big thing.

0:38:41 - Penu
Yeah, his oxygen level goes down, so he has to use external oxygen.

Julie
Okay, all right. How old is he?

Penu
He's 44.

0:38:49 - Julie

Okay, All right, Let me connect into you in Texas and then I'm going to head down to Vikas in India. Here we go. Here comes my laser beam from Sweet Home, Alabama. I know he's going to let me scan him. I'm going to ask him anyways, but since I've already done it Usually they always I have yet to have one say no, you can't come back in once. I've scanned them. All right, got you. Now it's heading way far south to go to India. I watched the laser beam go across continents and oceans and hook in. All right, still moving. All right, Vikas, I'm talking to Renu. She wants me to scan your lungs. He said that would be helpful. To scan your lungs. He said that would be helpful.

0:39:38 - Penu

How sweet is that that would be helpful. Yeah, he's going in and out of ICU for last few months. He's having a lot of issues with that.

0:39:45 - Julie

Okay, let's see what's going on with the lungs. His heart looks good, Penu. It looks good, really good. Thank you, yeah, yeah, okay, I don't remember the healings that we do. I think part of it is because I talk to about 3,000 people a year. That's number one, but number two I'm in and out of different realities and so it doesn't really stay in my brain. Now if I listen to a show and I hear the recorded show, then I'll remember it more. But when I'm talking to clients, I remember you, but I don't remember necessarily what we discussed. Yeah, which is a good thing from a privacy standpoint. I can't disclose anything private because I just, honest to God, don't remember it. Okay, let's see what's going on with the lungs. It's like does he have fluid in his lungs too? Are they having to remove fluid? Yeah, that's what it looks like to me. Penu is like, if you imagine, the lung is a sack and it looks like the bottom third of it has a bunch of liquid in it. So I'm watching a drain get put in and it just looks like a tube on both sides put in each lung and I'm watching it remove the fluid out through the tube into a piece of tubing and then it's going into an evacuation bag. Think of a catheter bag bag. Think of a catheter bag. You know, you've probably seen somebody in the hospital that has a urinary catheter and then the urine comes into a bag. That's what this is looking like. But I just heard a motor start, kind of like a pump that's pulling. It's got suction on it so I'm watching it get suctioned out of his lungs. It looks to me like the right side's worse than the left, but we're draining both sides. Why does the fluid keep building his lungs? Because his heart isn't operating properly. All right, of course, because the heart's like a pump. So let's do a tune-up of the heart that.

I watched this healing before. There's a spiral of energy that looks like the Milky Way galaxy and it's spinning in a clockwise direction as we're looking at the front of his heart. So I'm watching that and this is interesting because it's like the heart almost his heart almost looks like a mosaic, renu, and there are parts of the mosaic that make up his heart that are lighting up as this spiral is spinning. It's like if there were different sections of the heart that were lighting up as it's cleaning out the debris in his heart. So we got that going.

I'm watching stem cell energy get injected into his heart with a needle and a big needle and syringe and it's getting injected in different areas of his heart, which is interesting, because normally I'll just see stem cell energy go into an organ, but this is being injected in certain places. Looks like his lower left chamber of his heart is the one that's malfunctioning the most to me, because that one's getting the most stem cell energy injected into it. And it's interesting because it gets injected and then it's full again on its automatically and it gets injected again. So you know, like on a regular needle and syringe, you got to stick it in the bottle and then pull back on the plunger to draw more of the medicine up. This is just, but you know it's heaven, I don't need to plunge anything, they just keep filling up that syringe. And, of course, these are all analogies for the energy healing that's taking place, just to give us a frame of reference from our human perspective about this stuff.

Okay, most of his heart is lit up now and I can see that it's draining the fluid out of his lungs. It's pumping. It's like the heart is his pump station to keep the fluid from building up in his lungs. All right, one more area, and that's that lower left part of the heart, is where it's diseased, and so I'm watching the stem cell energy go in there. It has its own vortex in front of it that's spinning, and in the meantime I watched that portion of his heart get removed. Imagine if his heart was made out of jello and we just took a spoon and we just cut that part of the heart off and then stem cell energy that's why so much of it went in there to regenerate that part of the heart.

The heart can regenerate itself. I know several people that have experienced that themselves with their own hearts. So most people don't think that that's possible, but I know it's possible and so I hope that helps and his lungs and his lungs can go. His lungs are drained from the fluid and by working on the heart that's going to help pump the fluid out and keep it from building up. Now remember, nobody heals anybody else. We all heal ourselves. So you, me, everybody else that's working on your nephew, we're all sending the healing to him. He is the one that decides whether he's going to integrate it or not into his body. So that's what's happening, so I hope that helps. It will help.

0:45:32 - Penu

Yeah, sure, thank you so much.

0:45:34 - Julie

Okay, you're a sweetie to call in a forum again. Take care, bye. Bye.

Let's do the announcement of our winner of a free Angels in Enlightenment training class, which is online and you can do it anytime you want, and this is somebody named Angel Cox. Angel Cox has won a free Angels in Enlightenment training class.

She says I so appreciate the practical approach that Julie has. Having been in the professional world, she is so good with people. Oh, sweet, thank you. Sometimes the subject of spirits and the afterlife can seem a bit too much, so it helps to hear from someone so grounded and trustworthy. Thank you, Julie, for sharing such wonderful insights and having a genuine desire to help others. Angel Cox. Angel Cox, send me a note. Go on AskJulieRyan.com. At the top of the homepage you'll see a button that says ask Julie a question. Just say hey, I'm Angel, I want a free class and we will send you all the information so that you can access it.

The key with all my classes, you guys the online one and also the in-person one is the practice groups. You got to go to the practice groups. They are essential. They are essential reason being you can read something, you can hear something, you can attend a conference or a lecture or something like that, but until you do it, you don't really understand it or get it. So that's what the practice groups are about. When you work with spirit, and you'll learn how to do all of this stuff and you'll be able to do it in the classes.

When you work with spirit, then you need somebody to validate what you're getting is accurate. The more you do it, the more validation you get, the easier it is to trust the information that you're receiving, and then it's just second nature. So the practice groups are key. We have four a week with the online training. We've got nine a week with the in-person training. That's how important they are. They are the most essential thing about the training, and I learned how to do all this stuff. You guys can too. Everybody has the ability. So congratulations, angel. Thanks for your kind words.

Angel

Julie, that's me,

Julie
that's you. Oh, my goodness, no kidding.

0:48:07 - Angel
I think it was my dad. I think my dad was helping me. I was praying that maybe somehow I could be able to take a class.

0:48:15 - Julie
Oh, and there you are. Oh, you guys, it's Angel

Angel
Thank you so much.

0:48:19 - Angel
I'm so excited,

0:48:22 - Julie
Angel who we talked to her dad. You know the soda fountain guy. Oh my gosh, how fun. Oh, you are going to love it. You'll love it and you'll love all my facilitators. They're all graduates of my big class and they're all so lovely and so talented and so kind and they will hold your hand. You're going to be able to have full-on conversations with your daddy.

0:48:44 - Angel
I'm so happy. I'm sorry, I don't want to take up any more time. No, no, I'm glad you came back on.

0:48:48 - Julie
Thank, you Congratulations, okay, so still come in on the. You know, go to AskJulieRyan.com, send an email where it says Ask Julie. Just say hey, it's me, angel. I need to know how to access the class and we'll send you the information. Any of you that want to take the Angels Enlightenment training, all you have to do is askJulierine.com and you'll see a button for training. So the Angels Enlightenment training is online. The Angelic Attendant training is the whole buffet of psychichness and that's the one we do in person, and both of them have live practice groups multiple times a week. So, yeah, come join us in those.

Okay, Chris, good job on that. Getting her back on.

Julie
Hi MJ,

0:49:34 - MJ
I'm so tickled to be on your show. I've been like obsessed with your compassion and your care with everyone. It's just so inspiring.

Julie
Oh you sweet thing?

0:49:45 - Julie
You look like a movie star. Where are you?

0:49:50 - MJ
I'm in Brooklyn, New York.

0:49:51 - Julie
Okay, you're a New York movie star.

0:49:54 - MJ
Yes, yeah, I'm here for my mom who's in North Carolina.

Julie
Okay, what's your first name?

MJ
Oh, her name is Donnie.

0:50:02 - Julie
Donnie D-O-N-N-I-E

0:50:04 - MJ
Yes, yes, that's correct.

Julie
All right. What's going on with Donnie?

MJ
She's experiencing pain in her upper right leg. It's been happening for the last few years. It seems like it might be a little progressive. She really hasn't invested any time with seeking any focused medical attention regarding it. She's just kind of like managing on her own. She says she feels better when she exercises, so she's just basically making do with the situation and we really don't know what the root cause is. So I really like to know what the cause is so we can arrange for targeted treatment.

0:50:42 - Julie
Is it her whole leg, MJ? Is it the back of her leg?

0:50:46 - MJ
Her thigh like the front part of her thigh.

0:50:50 - Julie
Front part of her thigh. Okay, all right, I'm going to connect into her and I'm going to ask her permission if I can scan her and we'll see what she says. Have you cleared this with her yet, by any chance? No, I did not. I did not. Okay, all right. Well, if she tells me no, then that's okay, because we can talk to her spirit and see what's going on. So here we go. I'm hooking into you in Brooklyn, then I'm going to shoot down to North Carolina. So laser beam heading to you from sweet home Alabama, sweet Home Alabama Got you ricocheting down south to North Carolina. Donnie, I'm talking to MJ. May I scan you energetically. She said well, what's that mean? Well, what's that mean Exactly? That's what I heard in that tone of voice. Oh goodness, I love it. Okay. So I'm like a human MRI. I'm going to see if I can do an energy.

0:51:47 - MJ
She goes. Is that connected with the devil? Yeah, that's my mom. Tell her it's Monica who's reached out to you.

0:51:59 - Julie

Okay, it's Monica. No, it's not connected with the devil. It's the Holy Spirit working through me and with me to help facilitate healing. I just want to check your upper right leg and see if we can figure out what's going on with that and give you a healing, like a spiritual healing that you get in church sometimes. You know you can be in a healing circle and she's looking at me like I don't know about that. All right, I don't have to scan you, let's just talk to her spirit. So what's going on with her leg? I get that. Has she ever been to a chiropractor? No, she has not.

All right, I would get her to go to a chiropractor, first of all because she's a twisted sister. She's a bit of a twisted sister. Her pelvis is twisted, it's not level. That's the first thing I would do, because what it's doing is it's her skeletons not properly aligned, so it's pulling on the muscles and tendons and stuff. I believe if you, if she can ask around to friends and maybe family members of somebody that knows a chiropractor that they've used for a long time and they really like that, they're going to be able to get her lined up and I think in maybe a couple of sessions they're going to be able to relieve the pain.

Her pelvis is twisted. Wow, not twisted like a rope, but it's like her left hip is in front of her right hip, so her right hip. Imagine that if her left hip is out a little bit in front of her right hip, she's not going to see it in a mirror, yeah, but imagine that that's pulling on all those muscles and tendons and stuff and the body's trying to fix it and her skeleton's out of whack Right. So it's a pretty, it's an easy fix, wow, Thank you so much yeah.

0:53:54 - MJ

Thank you Find her a chiropractor, and I have an appointment for myself to speak with you in August, so I'm really looking forward to that.

0:54:02 - Julie

Yay, I'm looking forward to getting you for a whole hour I'm going to tell you. Anything you want. Anything on my buffet of psychichness multiple topics. We cover a lot in that hour. We cram as much as you want. Different people scan you scan pets, talk to deceased loved ones, do past life stuff. I mean, it's a blast and we're going and blowing and just covering as much as we can. So I'll look forward to having you all to myself for an hour.

MJ

Thank you so much, okay.

0:54:35 - Julie

Hope your mom feels better.

MJ

Thanks, I appreciate it. Bye Okay.

0:54:39 - Julie

Bye,

I think we have time for one more caller, Chris, or question from the YouTube live stream Zach.

Hi Julie, Zach, from New York. Have you ever worked with neurodegenerative disorders like ALS all the time? One of my business partners and one of my best friends passed from ALS, and one of my best friends passed from ALS, and so we worked on him a lot.

You know, again, the healing. All we can do is send it to the person and it's spirit working through me and with me and all of you guys that are envisioning what we're talking about. And then the person to whom we're sending the healing, they decide if they're going to integrate it. And if they decide yes, then how, when you know in what manner all we can do? It's kind of

like sending a gift. You send a gift or you give a gift to somebody, but that doesn't necessarily mean that they're going to love it or even use it. All you can do is give the gift. And that's how all of this works. Because, remember, nobody heals anybody else.

We all heal ourselves. So I like to use the analogy of if you're having surgery or you go to the emergency room because you got a big, big old, nasty cut and they're stitching up the wound or the incision with sutures. Well, the doctor, don't make your skin grow back. You make your own skin grow back, and I think that's a great example of how all this works. But yes, the answer is yes, I work with ALS people all the time. Have them schedule an appointment with me and then we'll have an hour to do a deep dive, and that'll be terrific. I'll be delighted to help, and if they want to give me a fake name, that's fine too. So there's that

All right, Chris, do we have somebody else that we can put on in the time we have left? Here we go, hi, hi.

0:56:35 - Suneca

I feel I'm lucky today to see you and talking to you. I was watching you and enjoy it.

0:56:41 - Julie

Oh, what's your name?

Suneca

My name's Suneca. I'm living in a blockade in Mercado, Minnesota..

0:56:47 - Julie

Okay,. Hi, wonderful to have you got a question for me.

Suneca

Yes, I'm feeling lately.

0:56:56 - Suneca

I don't even want to get up to go working. I feel tired, exhausted, even though I don't do that much thing. So if you have time, please can you sky me and see what energy or what's going on?

0:57:11 - Julie

Yeah, absolutely. What a gorgeous smile.

0:57:14 - Suneca

Thank you, I appreciate you as well.

0:57:17 - Julie

I need to get my sunglasses on. It's so blightingly bright, it's so beautiful, so bright, it's so beautiful.

All right, here we go. Here comes my laser beam from Sweet Home, Alabama heading to you in Minnesota, got you shooting energy from your feet up through the top of your head. You need hormones, honey. You look like a plant that needs to be watered, and that's what a woman that needs hormones looks like to me. And so how young are you? I'm 44. Okay, all right, I think you're going into perimenopause. Girl, welcome to the club. And perimenopause can last a long time.

So bioidentical hormones are what our bodies make when we're young and fertile and have the ability to pop out babies. As we age, our hormone levels diminish and Mother Nature says, ah,

she's not propagating the species anymore, so we don't really even need her. And we can fool Mother Nature, make her think we're 30 when we're 65, like me, 30 when we're 65, like me. And so bioidentical hormones are the exact molecular composition of what our bodies make when we're young and fertile. They protect your heart, they protect your skin, your bones, your brain. I mean, it's really amazing. I've been on them 20 years myself. I wouldn't be without them. So here's how you find a doctor. Call a couple of compounding pharmacies. Do you know what that is? Have you ever heard that term?

0:58:49 - Suneca

I hear from YouTube, from your video, but I don't know it.

0:58:55 - Julie

Yeah, I can figure it out. A compounding pharmacy is just a pharmacy, unlike a Walgreens or a CVS or a chain pharmacy. But a compounding pharmacy is going to make a prescription just for you, okay, they compound, or they are sometimes called formulary pharmacies. But if you just do an internet search on compounding pharmacies, okay, and put your zip code in the pharmacies in your area that are compounding pharmacies will show up. That's number one. Call a couple of them, ask them who's prescribing bioidentical hormones. Through them, they'll give you a list of doctors and then ask them if any of those doctors are gynecologists. Because, if you can, I always prefer that you go to a gynecologist. That's what I do for a number of reasons. Number one they're experts on girly parts. Gynecologists are experts on girly parts, yeah. Number two, when you go to the doctor, your consult and your tests, your blood tests and stuff will be covered under your insurance. And number three, if they want to do an ultrasound on you, they got the equipment right there in their office, yes, so you don't have to go to a different place. So I would do that.

Number one. Number two Dr Christiane Northrup. Go to this website, drnorthrup.com Dr Christiane Northrup and she is a women's health expert. She is the queen, she's the fairy godmother of women's health. I'd say she's been on my show three times. So if you just do an internet search on Ask Julie Ryan, Christiane Northrup, dr Northrup, and you'll be able to watch those videos. But go to her website and you'll get educated really quickly. Oh well, thank you.

I appreciate that, yeah, yeah, so you get on those. That's going to give you energy, it's going to help keep you healthy, keep your bones healthy, your brain, your heart. Because one last thing, think about this who are the women that we hear about that have heart disease and cancer? They're postmenopausal women who haven't seen estrogen in decades. Those are the ones that have osteoporosis and heart disease and cancer and stuff like that. Estrogen's protective, not the synthetic estrogen made by big pharma, but the bioidentical estrogen. So you're going to be a new woman really fast. I was.

1:01:38 - Suneca

That was like, I think, and I said what is going on my energy, and I will know what, my what it was.

1:01:48 - Suneca

I have other question what it was? Who is my guardian angel? How I know what I meditate?

1:02:00 - Suneca

I try spiritual things. I walk in so many questions I have maybe next time.

1:02:06 - Julie

Yeah, so your guardian angel is telling me its name is Michaela,, huh, yeah, so you can say hey, Michaela, I need a parking spot.

1:02:15 - Suneca

I will Thank you. I appreciate that. I'm so happy and honored to see you and talking to you today. I'm so lucky today. Oh, I'm so happy and honored to see you and talking to you today. I'm so lucky today.

1:02:24 - Julie

Oh, I'm the lucky one, but enjoy your evening, bless you.

1:02:29 - Suneca

Thank you. I appreciate that you too. Thank you and your team.

1:02:33 - Julie

Bye-bye, bye, all righty, everybody. How fun is that? Sending you lots of love from Sweet Home Alabama. Hope you have an amazing weekend and remember, ask Julie. Ryan Espanol is live, so send it to your family and friends that speak Spanish and I'll see you next time. Bye, everybody.

1:02:58 - Ann cr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at Ask Julie Ryan and like her on Facebook at AskJulieRyan, To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

1:03:12 - Disclaimer

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