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0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan. Hi, everybody.

0:00:45 - Julie

Welcome, welcome, welcome to yes, Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We got a bunch of people calling in, so we'll have a conversation with them. If you want to have a conversation with me, it's AskJulieRyanShow.com. Call in there. You got to be on camera if you do that. And then we got a whole bunch of people on YouTube live that are joining us and that's at AskJulieRyan. So those of you on YouTube, if you have a question you want to ask, just put it in the chat, but please put your first name and where you're located, because everybody listening always loves to hear where you're located and where you're calling in from. And we've got Chris on the studio side, we've got Samantha on the YouTube side, you got me in the middle, so it's going to be fun. A couple of quick announcements. Stay with us. Throughout the show, we're going to be announcing a free class. Somebody's going to win a free class, free Ask Julie Ryan class, which will be a ball. And if you want to be considered for a free class, just subscribe on YouTube. That's all you have to do. If you're listening on a podcast network because we're on all of them. Then when you get in front of a computer you get a minute. Go your phone, go to ask Julie ryan on youtube and subscribe, and then you're entered into the drawing for a free class. Also, if you leave a review anywhere on any of the podcast networks or on youtube or on amazon, then you're automatically enrolled in a drawing for a free session with me, and we gave that away last week. So this is like prize heaven here this week.

Angelic Attendant Training November 1st through the 3rd, Atlanta Georgia. It's live in person. It's going to be a blast. We have several people signing up that have already signed up. We've got a discounted rate on hotels. The hotel's fabulous. It's right next to the Atlanta airport, so you get free shuttle. It will be a magical weekend. Come join us and just go to AskJulieRyan.com and click on Angelic Attendant Training.

Okay, Chris, let's go ahead and go to our first caller, please. Okay, this is from Christine, please. Okay, this is from Christine. Hi, Julie, this is Christine from Long Beach, California. My dog hurt his back right leg a couple of days ago and it's pretty swollen. Can you scan him and do an energetic healing on him? His name is Jax. Absolutely, Christine. Christine's a graduate of my Angelica Tendon training. By the way, she's joining us from the YouTube live. All right, Christine, here we go.

Here comes my laser beam from Sweet Home, Alabama to you. I'm going to hook into you in Long Beach and then from you to your dog, jax. For those of you that are first-time listeners,

how this works is I raise my vibrational level to the level of spirit I'm going to watch a laser beam come from my body here in Birmingham, Alabama. It's going to hook into Christine. Then I'm going to watch a laser beam go from her to her dog, and then it's going to be as if I've got a hologram in my mind's eye and I'm looking at an MRI or CT scan or an x-ray, and then something will be identified. There'll immediately be a healing right afterwards, and so I want you to picture what I'm describing, and sometimes my analogies are hilarious, you guys. So get ready. But that is, honest to God, just how they come into my head.

So here we go, Christine laser beam sweet home Alabama to you in Long Beach. Got you going from you to Jax? Okay, I've got it, yeah, okay, what's he doing? He's, he's having trouble walking on it and he's he's pulled something in there. I don't see any broken bones, I see torn ligaments and when I see that it looks like a imagine, a piece of fibrous tissue. Think of a little girl with split ends in her hair and you see the hair follicle. You see all those little wispies coming off. That's what a torn ligament or a muscle looks like to me. So, Christina, I'm putting stem cell energy on Jax's leg, and stem cell energy is a light amber color gel. It sparkles in. It reminds me of Dippity-Doo hair gel from the 60s and 70s and there's a vortex spinning outside of his leg and that centrifugal force is what transforms the stem cell energy into new body parts. So that's going to help him heal.

If you haven't taken him to the vet yet, I think it would be a good idea to do so. So just to double check everything. But he'll heal and this will help him. So thanks for calling in. Hope he feels better. All right. AskJulieryanshow.com. If you wanna have a conversation with me, we're on Ask Julie Ryan on the YouTube Live and you can ask a question there as well. Remember to subscribe and then you're automatically entered into a drawing for a free class. Subscribe on YouTube, subscribe on the podcast too, but the drawing is for YouTube subscriptions. Okay, let's see who's next.

0:06:15 - Ramie

Hi, rami. Hi, how are you? You got a question for me. Yes, I'm calling on behalf of my son. Okay, where are you? Where are you located, Kansas? Behalf of my son. Okay, where are you? Where are you located, Kansas City?

0:06:28 - Julie

Kansas City. Okay, great, and what's going on with your son?

0:06:34 - Ramie

He's angry. He's always angry, and I think I'm sure it's me if you could do anything. I think his central nervous system might help. Something visible, because I think he hurt himself in football his lower back. What's his?

0:06:51 - Julie

first name Ramey Zeke Zeke. Okay, all right, and how old is Zeke? He's 46. Oh, he's a grown-up, does he live in Kansas City too, he's in. Minnesota, Minnesota. Okay, and he's been cranky since he was a little kid.

Yeah he's got a short temper, okay, all right. Well, I hate to break your bubble, but it's probably not you, it probably has very little to do with you. We don't have the ability to control somebody else's thoughts and therefore we cannot control their actions. And the thing when we're talking at the beginning, I always get information downloaded into my head. I call those divine downloads Rami. And what I got right off the bat was his diet has been atrocious, that he eats, you know, really grummy food and that can really cause, you know, people to be grumpy, because the body needs nutrients and vitamins and minerals in order to be able to function properly. So let me see if I can scan him and then we'll go from there. So here comes my laser beam from Sweet Home, Alabama, heading to you in Kansas City, and then I'm going to go

from you to Minnesota. Okay, going up to Minnesota Got him All right, zeke, I'm talking to your mom.

May I scan you? He's saying what's that mean? All right, I'm like a human MRI. I can see inside your body and help you heal. He's saying I'm fine, I don't have anything that needs healing. All right, so I don't scan anybody if I don't have their permission to do so. But we could talk to his spirit and get information that way, and I don't believe that that's a violation of their privacy, because their spirit's going to tell us what it wants us to know. But we're not looking at his x-rays without his permission.

So, zeke, what is going on with your anger? Are you mad at your mom? He's saying he's mad at the world. He's saying he just wakes up mad and he goes to bed mad. What? That's miserable. All right, do you want to change that? He's saying he doesn't know any differently. He doesn't know how to feel any differently. He feels like everybody's out to get him and then he needs to be protective because everybody's out to get him. Do you have you had a concussion? He's saying several.

Are you willing to eat a healthier diet? Not really, because the food makes me feel better. So he's getting a dopamine hit off of the junk food that he's eating and that's usually why we eat it, and it doesn't ever let us be satiated. You know, it's like you could eat a whole bag of chips, because there's no nutrition involved in that and the brain's not recognizing it. So I think the big takeaway for this, for you, is this isn't you. This doesn't have anything to do with you. So you know you're powerful, but not that powerful, just to let you know. Okay, All righty, well, good luck. I hope he figures out what's going on.

There are so many books and podcasts and things about this, and probably the best one that I can think of is Chris Palmer MD, who's head of psychiatry at Harvard, and he found that people his patients with everything from depression and anxiety to really serious mental illnesses, that they do really well on a keto diet and they in most instances, get off their medication and their brains can heal, including those that have been out of work and on disability for decades. They can heal, so hopefully that will help. Maybe you can send them that book. Thanks for calling. Thank you, you bet. Bye, rami. AskJulierianshow.com. If you want to have a conversation with me or join us on the YouTube Live at Ask Julie Ryan and you can type in your your question, just remember to put your first name and put where you're located so we we can tell where you're calling in from. That's always fun. Let's see who's next. Hi, clay, I was just thinking of you.

0:11:45 - Clay
I wonder that.

0:11:47 - Julie
Like in the last 24 hours. Well, what were you thinking about? Well, because you came to my Ask Julie Ryan Live in Atlanta last year and I was thinking I wonder if Clay's going to come this year again.

0:12:03 - Clay
Oh, we would love to. We. Actually the reason that I'm calling so it's funny I'm going to end up asking, if you do, other locations, and here's why. So the reason that I slash, we are calling tonight is because we have kind of like this potential opportunity to move down to the Tampa, st Petersburg area of Florida and so we want to know, like kind of what that looks like to you. But also that's going to lead me to what are your other locations? Because we could easily fly to Atlanta, but I was just wondering if you'd be down there too.

0:12:43 - Julie

Well, first of all, tell everybody where you're located, please.

0:12:47 - Clay

We are currently in Greer, South Carolina.

0:12:50 - Julie

Okay, all right, I got a yes on Tampa, st Pete for you guys, when you were in the middle of telling me about it. I'm hearing a yes, so that's coming in before you even finished asking the question. So that's a big green light on that. Did you get a job offer down there?

0:13:09 - Clay

Um, so I have a job offer, um, Hannah has an interview in the morning and something like that three or four next week, um, and so we feel pretty like pretty good about where it's going. I obviously needed your confirmation. But so what we're struggling with now is finding housing. I don't see us being able to buy as quickly as we need to be there, because we literally need to be there in like a month from today, so I don't really see the buying a house process going quite that expeditedly. But so I guess we're trying to figure out like housing and just if she's going to get a job. It's a little bit of a risk. I have to sign my contract by Monday if I want to take that job, and so we're kind of skating a fine line of like. She doesn't have an offer yet, but as soon as I contract I have to go.

0:14:10 - Julie

Okay, all right, here's what I'm getting. First of all, Hannah will have a pick of more than one job from which to choose. Hi, Hannah, girl, and you're going to have your choice of more than one job, so that I think that's a done deal. Your choice of more than one job, so that I think that's a done deal. When you were talking about buying a house, clay, what I got was that would be good because you can go down there and scope out the territory, you know, get like even an Airbnb if you need to in the short run, just for a place for you guys to stay. But the city that came in the suburb was Lakeland, which is a suburb of Tampa. She's laughing. Why are you laughing?

0:14:51 - Clay

Oh Julie, you never fail to disappoint us. You never fail to disappoint. You, really don't. First of all, she has family in Lakeland. Second, that is actually very literally the next town to where the school is. So the school that I have a job offer in is in Bradenton.

0:15:08 - Laura

Yeah.

0:15:08 - Clay

And so, if I mean, obviously you're familiar at least a little bit with the area and so that it's literally the right the next town, right next to it, I'm going to be teaching third grade, which is the very first time that I will have ever gone to elementary school for teaching. The very first time that I will have ever gone to elementary school for teaching. I'm beyond myself, excited, like little boy at Christmas type excited, but then I'm also nervous. Is there anything that, like I need to be hesitant of?

0:15:37 - Julie

I really liked the administrative team, but All good, all good, full speed ahead, yeah. And when you were talking about finding a house, I'm hearing have them check in Lakeland. You know those divine downloads coming into my head. So, no, all systems go, I get. Go down and scope out the area and if you don't have a place to buy right away, that's good, because you can kind of take a little bit of time. I heard, get an Airbnb or get a VRBO, you know, rent

someplace. Don't stay in a hotel that whole time, but rent someplace that you can stay in and then look around and you're not going to be so panicked to find a place to live. What I'm interested to find out for those of you that perhaps listened to some of the calls when Clay called in before, they have a spirit of a deceased loved one in their spare bathroom right in your apartment. Yeah, yeah, that's right. And you found out he was a relative, right, like a distant relative a relative right, like a distant relative.

0:16:50 - Clay

Yes, so through you and through Ancestry DNA, we went back and fact checked, because you told us to fact check you. Yeah, so we had my fourth or fifth grade uncle. His name was Martin. You said and so, and that way he's a spirit guide of mine. And so we went and checked and he was that exact generation I'm just forgetting off the top of my head and his name was Martin Martin. He's got to be Martin Martin. That was his first and last name.

0:17:17 - Julie

Oh, why would his parents do that to him? That's, that's just cruel. I don't know. They should be ashamed Exactly. But it's going to be fun to see if he goes with you guys to Florida first of all. Secondly, to answer your second question and I love that, I just thought of you and here you are Again, I must be psychic or something. Seems like it. Seems like it, so I am going to do the in-person training in Atlanta. That will be the only in-person training I do. I did an online one in May. We'll probably stick with that schedule in the short run. It seems to be working well. So, no, I'm not coming to Tampa, but you're welcome to come to Atlanta.

0:18:00 - Clay

So yeah, Well, we've been saving up our dollars for it, so we should be at this one Wonderful.

0:18:06 - Julie

Well, we'll look forward to that. Well, good luck with everything, and call back in when you get settled. Let us know how it's all going. You'll love it down there. Your class is going to be great. You're going to. You're going to love all of it and Hannah will have. She'll have a job waiting for her as well.

0:18:20 - Clay

Awesome, awesome. Thanks so much, Julie. We love you.

0:18:23 - Julie

Okay, take care, love you back. Bye Clay, bye Hannah. Oh, what is that? You guys, in their spare bathroom, in their apartment, they kept seeing in the steam this outline, if I'm remembering correctly, of a man's head, and so they called in. They said who is this spirit? And we got this name. They called in. They said who is this spirit? And we got this name, and I had this name come in and I said he's a fourth generation great uncle or something. And then they checked it out and, sure enough, there was Martin Martin as a fourth generation great uncle. So I said I can't make this stuff up, it's just too random which makes it so much fun. Okay, let's go to the next caller and see what their question is.

Okay, Melinda. Hi, this is Melinda from Queensland, Australia. Oh, we get to talk to you real time in the future, girl, because it's Friday over there already. I'm loving your angelic attendance book. Oh, thank you. Can you help me heal from ulcerative colitis and work out if there's a root cause for it? Thank you, yes, root cause is leaky gut, 100% leaky gut. I'm going to connect into you. We'll do a healing on you.

Please leave a review for Angelica Tendon. So I'm connecting to not at this moment, but at some point. Everybody listening, that's ready. Angelica Tendon's. Just please leave a review on Amazon because it helps others find this information and it's usually when they're in most need

of comfort. Either they have a loved one who's dying or they've just lost a loved one. And the way that Amazon suggests books is on the reviews. If people are leaving reviews, they'll suggest books. So please leave a review. And if you want a free copy, just go to Julieryangift.com. Julieryangift.com will send you a free digital and audio book version of *Angelic Attendance*, because it's just reading that it's going to help everybody. We're all going to lose a loved one. We're all going to die ourselves someday, so that's why I give thousands of them away for free, because I think this information is so important.

Okay, got you Shooting energy from your feet up through the top of your head? Yeah, your whole intestinal tract looks like it had parts of it. Look like it's starting to get shredded like it had parts of it. Looked like it's starting to get shredded Like if you took a bear claw or a dog's paw with sharp nails and you just scratched on it. That's what it looks like to me. So we're rinsing it out. We spirit. Spirit works through me and with me to help you heal yourself. And so irrigated out.

Now here comes the Stem Cell Energy. Light Amber Color Gel Sparkles because it's woo-woo, gotta have sparkles and watery consistency. There's a vortex spinning outside of your tummy and that's going to help you heal.

By the way, we have a lot of different links in the show notes and also with all the stuff that I talk about, the links I give. If you go to AskJulieRyan.com, my main website, you can link it off in the show notes. All my sponsors, everything that I recommend, is all listed there, so it's really easy. I have sponsors because it helps me pay to produce this show and it keeps it free for all you guys. So they're all there. Please consider using their products and it's an easy reference for you. So thanks, Melinda. I hope you feel better. Who's next? AskJulieryanshow.com? AskJulieryan on YouTube.

Kelly Johnson Hi Kel Chronic cough. Hi Julie Kelly from Spring, Texas, north of Houston. I've had sessions with you before. Yes, you have. I've had a chronic cough since January 2023. Please do a medical scan. All right, here we go. Comes my laser beam from Sweet Home, Alabama, heading over to you in Texas, got you shooting energy from your feet up through the top of your head.

Right before I'm going to tell you it looks like allergies to me. I sneeze on cue. Oh gosh, spirit has a great sense of humor. And so that's what I'm doing is I'm getting the inflammation calmed down. Inflammation looks like red fog on body parts. Anti-inflammatory energy, cal looks like a royal blue energy, and when I see an allergic reaction in the sinuses or in the chest, the lungs or anywhere else on the body, in your case, what I'm seeing is a lot of pollen and a lot of ragweed stuff and things like that. So that's what lets me know that it's an allergic reaction.

believe it or not, when we have allergies, it means that our gut's out of whack because we're already in an inflamed state and then when there's some little stimuli, that happens stimulus stimuli what's the plural? Stimulus, I think and when it happens, it makes our bucket overflow of inflammation and it causes all these symptoms. So when you get your gut healthy, normally those symptoms go away. I used to have seasonal allergies when I was still eating sugar and when I had leaky gut. Since my gut's healed and I'm not eating sugar anymore, I don't have any allergies. They just went away. It's amazing. So it's really that simple. So I hope that helps.

Alrighty, stay with us because I'm going to announce the winner of my free class here in a couple of minutes. If you want to see if it's you. I get these great emails from people saying oh my gosh, I was driving to work and I heard my name and I started screaming in the car by myself. I was glad I was alone, because I look like a ninny. So remember to subscribe on YouTube and you'll be entered into the free drawing. Okay, let's see who's next. Hi, Chris.

0:25:32 - Chris

Hi, are you? Uh, I'm from Florida. Actually interesting, I live about an hour south of Bradenton, so go figure, oh how about that?

0:25:43 - Julie

Well, you, you can have a new friend in Clay and Hannah when they move down there.

0:25:48 - Chris

Wonderful, well, terrific you got a question for me. Yes, I'm actually calling on behalf of my mom and uh'm like Chris's. You're Chris, I'm her technical consultant, basically.

0:26:00 - Julie

Oh good, yeah, Chris is my producer. That's who this other Chris is talking about.

0:26:07 - Chris

So I didn't want to take up your live stream, but my mom had just like a quick technical question. She scheduled a medical intuitive consultant call with you for tomorrow and it was a little bit of news on how exactly does that work. Is that a Zoom call like this? Is it a phone call?

0:26:27 - Julie

It's a phone call, unless she's out of the country, and then I'll do Zoom so they don't have to pay, you know, an out of country charge. But no, it's audio. So, yeah, she just calls in to the number that's on her confirmation email.

0:26:41 - Chris

She didn't get a confirmation email. That might be why she's kind of curious.

0:26:45 - Julie

She did. It's in her spam most likely.

0:26:49 - Chris

Okay, all right, and is it pretty self-explanatory? Should I help her walk through that, because she's not very technical.

0:26:58 - Julie

She just dials a number and then puts in the code.

0:27:00 - Chris

Okay.

0:27:01 - Julie

And it'll hook her right in.

0:27:03 - Chris

Yeah.

0:27:03 - Julie

Yeah, and if she hasn't gotten an email confirmation, they're sent out like there's three of them the day before the appointment and they start out three days prior. So if you check her spam folder you'll probably have a bunch of them in there. But if you want to go ahead and email us, go on AskJulieRyan.com, ask a question and my assistant, Rachel, will send you another. Why don't you try your email and tell Rachel what's going on, and then we'll come back with you to your email, because perhaps it's just getting put in spam with a filter from your mom. Okay, great, from her email.

0:27:41 - Chris

Okay, thank you so much.

0:27:42 - Julie

Okay, I'll let her know Terrific, tell her I look forward to talking with her. I will.

0:27:46 - Chris

I will Thank you.

0:27:48 - Julie

And tell her we can talk about anything she wants out of the buffet of psychicness. You know we can do medical and we can talk to deceased loved ones and we can scan a pet and we can do past lives. We cram as much into an hour as we can A whole bag and it's really fun. So, yeah, thank you for helping her. Okay, Thank you, you bet Bye, Chris. Oh, how fun is that. Yeah, I do audio because I don't want to sit in front of a computer screen all day long. So I get up and walk around and I tell people. You know, if I was on camera talking to you during the private appointments, you'd be seasick. So I'm walking around my house the whole time I'm talking to you. I don't want to sit there all day. Let's see who Chris is going to. My Chris is going to put up next. Hi, Laura.

Hi Hi Laura.

0:28:40 - Laura

Hi, how are you, my girl? I am good. I am in Uruguay, in South America.

0:28:48 - Julie

Oh, wonderful, Well welcome.

0:28:51 - Laura

Yeah, I just met you through the Next Level Soul podcast.

0:28:56 - Julie

Alex, my buddy.

0:28:58 - Laura

Yeah, the amazing work you do and your service is just beautiful. I'm delighted. Thank you, sweet Laura. Yeah, and I want to ask you if you can scan me and you know heal or do advice, because I've got problem with my teeth. When I was two years old I was getting these antibiotics that were later forbidden, and since then, well, my first teeth were brown and then it's. It's a lot of problems and also I've had hair loss since I'm a teenager and it's consistent, and you know, with menopause and everything, it got worse and I had COVID and after COVID I lost, you know, almost you know a lot of hair.

0:29:57 - Julie

COVID, I lost, you know, almost you know a lot of hair. Huh, okay, All right, let me get you on my radar and let's see what's going on. So here comes my laser beam from Sweet Home, Alabama, heading south, and I'm going to hook into you in Uruguay. Okay, got you shooting energy from your feet up to the top of your head. So I'm watching. Have you ever seen a baby doll with hair and they've got the little hair like stuck into its head? You know there are little hair follicles almost that come out of a baby doll's head. Have you ever seen that? That's what I'm watching happen. I watch stem cell energy get slathered all over your head, all over your scalp, and I'm watching like, like we're, like we're putting little hair plugs in there, like we're planting in a garden. We're putting little hair plugs in there and there are vortices that are spinning above

your head, on either side and behind your head, all spinning concurrently to help your hair grow.

When you were telling me about it at first, Laura, your hair grow. When you were telling me about it at first, Laura, I was getting that it had to do with your thyroid. Do you find that you're and I'm going to look at your thyroid in a second. But do you find that you're cold or you're tired or you feel clammy at times? Yeah, very cold, low energy. But my thyroid analysis are good nothing that shows there. They're testing like just one kind of thyroid. I think there's T3 and T4.

I'm not that familiar, but I've heard many times that it has to do with a combination of different thyroid panels. And the other thing to remember about those tests in the labs is that they're gonna give you a level that's a normal level. Well, it's a normal level based on your age.

I also shot some energetic estrogen into you when our hormones, when our sex hormones, are off a lot of the time other hormones are off because they work together as a symphony. So it's kind of like when you make chicken noodle soup and you forget to put the chicken in. You're going to have noodle soup, but it's not going to taste like chicken noodle soup, so it's an ingredient that's left out. Bioidentical hormones are you familiar with those?

0:32:39 - Laura

I've heard you talk about this in previous shows. I have to do research here in my country because I'm not sure how that goes.

0:32:48 - Julie

So bioidentical hormones, Laura, are the exact molecular composition that our bodies make when we're young and fertile. Synthetic hormones are usually made from pregnant horse mare urine and they have extra molecules added to them so that they can be patented. Unless you're a horse, your favorite food group, horse mare urine is probably not something your body is going to go. Oh, yee-haw, we've got horseberry urine in our bodies. So yeah, I don't. I'm not a fan. I am a big fan of the bioidenticals.

So a couple of things. Go to Dr Northrup, d-r-n-o-r-t-h-r-u-pcom, and she is the fairy godmother of women's health. I just interviewed her this afternoon for the show, so we'll have her on in the next few weeks and we have a great conversation. You guys are going to love it and everything you need to know is going to be on her site. And if you don't want to use the prescription bioidenticals, she has a product line called the prescription bioidenticals. She has a product line called Amata, a-m-a-t-a I think it's amatalifecom and it's primarily an herb called prairie myrica and I believe it's been used in Thailand for 700 years for women that are peri and post-menopausal. So look at those two things, drnorthrupcom and then amadalifecom. You can get there off of her website and I think both of those will help. But in the meantime I shot energetic estrogen into you. This is hormonal.

0:34:36 - Laura

Thank you yeah.

0:34:37 - Julie

You're welcome.

0:34:38 - Laura

But I'm guessing, do you get anything about my teeth? What could I do?

0:34:44 - Julie

Your teeth. So are they rotting or they're just discolored?

0:34:48 - Laura

Well, they were discolored. They don't have much calcium, you know the kind of yellowish, and then I get a lot of cavities and I need to, you know. Yeah.

0:35:00 - Julie

Yeah, okay. So stem cell energy is being applied, being brushed on with this little brush, like a makeup brush that you'd put powder on with. It's being brushed on the front and on the back and there's a vortex spinning inside of your mouth. So that will help with the calcium levels

In the meantime, beam Minerals, b-e-a-m mineralscom Beam Minerals get the fulvic minerals, the blue bottle, and get the. I think they're called electrolytes or something like that. It's in a green bottle and you take like half a capful. I take it in a big glass of water. My husband just chugs it like a shot of tequila out of the cap and I drink mine out of a glass of water just because I use that to take the rest of my vitamins and minerals. But B-minerals can help as well with the calcium. So all those things. Thanks so much for calling in. It's such a delight to meet you.

0:36:12 - Laura

Thank you everyone, yeah, thanks.

0:36:15 - Julie

You bet, take care. Bye, Laura, bye, oh fun. AskJulierianshow.com. If you want to have a conversation with me and we're at Ask Julie Ryan on YouTube Remember to subscribe and leave a comment and then you're entered into both of the drawings for our free class and our free session with me. So I get you for a whole hour. It's so much fun when we get to do that. So let's see who's next. All right, sunny, hi, sunny.

I've had two major abdominal surgeries in one year. Now I've got a hernia from it. Do you see it being a successful surgery? I'm so stressed over yet another surgery. I'm in rural Manitoba, Canada. Okay, let's get that handled so that when you have that procedure done it's just a cakewalk and it'll be a breeze. So, going in, hook it up to you in Canada, got you, miss Sunny I love your name Going in, pushing that hernia back in, all right, stitching up the intestines, where that little break is, okay, going in.

The big concern with this is the anesthesia. So we're doing a heavy metal detox. Imagine there are two big U-shaped magnets on either side of you. They're joined in the middle, sunny, and they're going up and down your body and they're pulling out metallic particulates and those look like little specks of glitter. Some of them are glittery, they're kind of sparkly, and some of them are dull. Can look like little strands of metal, like you'd see on a Brillo pad or a pad of steel wool, and then also little shards, and so those are being removed, irrigating any dust that's left over, and then getting the anesthesia that's residual out the top of your head and then getting the anesthesia that's residual out the top of your head. So it just comes out and it's got little metallic sparkles in it, because there are heavy metals in anesthesia. I don't know why, I just know there are, and so that's the big thing. But you're going to be fine. Go breeze through this. It'll be the easiest one that you've done, you'll see. So good luck. Let us know how you do. Thanks, sunny.

All right, let's see who's next, Jessica. Jessica from Atlanta, Georgia. Hey, girl, I have a question about my best friend that passed away years ago, Joshua Cinco, and I would love to know where he is and if he has any messages for me or his family. Okay, best friend. Okay. So, Jessica, how you connect with Joshua is you just think of him, because our heads are big satellite dishes and they receive and they transmit frequencies. Every spirit has a frequency they keep throughout all their lifetimes and in order to get in touch with them, all you have to

do is just think of them and that immediately connects you to their frequency. So, josh, do you have anything you want Jessica to know?

He's talking about dill pickles. He liked dill pickles. What's with the dill pickles? He's saying remember the dill pickles. And he wants you to smile and laugh every time you think of or see a dill pickle. And it's the ones that are the like the ice. I think they call them iceberg ones or ice something. They're like the oh, they're like a long, almost a triangular cut, and not the gherkin kinds, but I think those are sweet baby gherkins, but the dill pickles that are in that jar, but they're sliced and they're long.

My son, jonathan, when he was a baby and in the high chair, he loved dill pickles and I'd give him one and he'd just suck on it. His whole little body would shudder. It was so cute. So every time I think of dill pickles I laugh too. So, jessica, I hope that helps. That's a sign from him and these spirits give us these random signs. You guys, dill pickles, I mean really, oh my gosh. So I had somebody today their deceased husband said to look for an owl, and then we looked up the significance of an owl and there was all this spiritual meaning. So it's really fun, you know when we get those.

Okay, let's announce who the winner is of the free class. I have to do a drum roll. Okay, this is from Kim Dorney 7714. Kim Dorney 7714 on YouTube, you are the winner of a free Angels and Enlightenment training class. And here's what Kim said. Julie, this was another fantastic show.

Even though I didn't call into the show for a healing, I'll take the information you passed on to callers to help me heal ongoing health issues. You're such a blessing to all the humans here on earth from your amazing book that teaches people not to fear death that we all have angels and loved ones on the other side waiting for us and helping us when the time comes. I also appreciate the healings you perform to help and the suffering of those who contact you. I also appreciate the healings you perform to help and the suffering of those who contact you. I look forward to Thursday nights and your live show. How sweet is that? All right, kim Dorney 7714.

Girl, you have won a free Angels and Enlightenment training class. What that is is that's my online self-paced class and there's lecture and stuff to read, and then the key is there are live practice groups multiple times a week. That's the key. You do the training. It's a transfer of energy from me to my students because, remember, time doesn't exist in the spirit world. I would say that about the show when you're picturing a healing, it doesn't matter if you're listening to this real time or if you're listening to it in three years or five years. It doesn't matter, because time doesn't exist. But that energy of you focusing on what I'm describing goes to the person who's calling in or asking a question on YouTube. Same thing with the class 90% transfer of energy at the high vibe, where I swim, so you get used to sitting in that high vibe and then 10% technique.

The key is practice groups, live practice groups. They're all facilitated by graduates of my big class, my angelic attendant training. That's the one that's in person, and they're amazing and they can all do this stuff. All you guys can do all this stuff that I do too. It's just a matter of learning it. And then that's when your skills really come in, because in the practice groups, you get validation for the information you're receiving, and then the more you do it, the more validation you get, the more you trust it, the more. It's just second nature that you turn it on and off in an instant. So don't need to meditate for an hour, don't need to twirl four times and raise your right hand and jump on your left foot. Yeah, just turn it on and off, and that's what you learn how to do in both of my classes too. So congratulations, kim, hope you enjoy it.

Okay, let's see who's next. We've got time for a couple more questions. Oh, what a pretty backdrop. Hi, cheryl. Hi, how are you? She's got a gorgeous backdrop for those of you that are listening. What are those lilies? They look like.

0:44:05 - Cheryl

Easter lilies or some type of flower. I took a picture of it. I'm not sure what it is, it's fabulous. Yeah, well, where are you located? We're in Laytonsville, which is outside of Gaithersburg, Maryland. Okay.

0:44:21 - Julie

Terrific, Well welcome. You got a question for me yeah, it's a medical one.

0:44:27 - Cheryl

okay, over over the last year and a half I've had six nocturnal seizures where I'm asleep and then I just spaz out totally unaware of it, and then until my husband or someone tells me that I just had a seizure, and I've been to three neurologists who want to drug me which I'm not in favor of, and saw a couple Ayurvedic doctors, naturopaths, you know, on and on. So I would like to get to the root of it and have them stop.

0:44:55 - Julie

And it's only at night, yeah, when I'm asleep, yeah, okay, do you have any ramifications, like when you started having them? Have they affected, say, your blood pressure, any of your vitals? Have you had a sleep study done as well?

0:45:15 - Cheryl

I had a sleep study prior to that. Like you know, years before that I do have sleep apnea, but now I wear a tongue stabilizing device that holds my tongue out when I sleep and it prevents me from snoring.

0:45:27 - Julie

You may need a CPAP to help you with that I got one of those too.

0:45:31 - Cheryl

I hate it. Yeah, I hate it. It add up too.

0:45:35 - Julie

Right, they've got new ones, supposedly. I have a friend that's in that business and he says you know they're a little in their way easier to use. And he says you know, they're little and they're way easier to use. So let me get you on my radar and let's see what's going on. All right, here comes my laser beam from Sweet Home, Alabama, heading up to Maryland.

All right, got you shooting energy from your feet up through the top of your head. Have you had any falls or have you been in any car accidents? Even if you didn't hit your head, any fender benders, anything like that, you haven't had any falls, did you as a kid? Were you an athlete? Have you ever been in a car accident? Not that I can remember. Wow, congratulations. That's pretty rare Goodness, because you've got scar tissue in the back of your head and that's normally from some kind of a fault and you may remember it later, when you're thinking about it tonight or tomorrow, you may say, oh, I remember falling on the snow or I remember, you know something along those lines. Doesn't have to be super dramatic.

0:46:37 - Cheryl

I did just remember hanging out of a tree when I was like about eight years old, hanging from my legs, my, and then pull up down on the ground.

0:46:45 - Julie

Yeah, okay, that's usually how it works. You just, you know, you say no I'm in any falls, and then all of a sudden it comes to you. So when I see scar tissue in the brain, the brain matter

looks like the cooked oatmeal to me and it has the consistency of soft butter. The brain is not attached inside the skull. So when we fall, whether we hit our heads or not, if we're in an accident, if we play sports, whether we hit our head or not is irrelevant, because any kind of an impact is going to force that brain matter to go slam it against the inside of the bony skull, which is not smooth like the outside of the skull, you know. It's got all kinds of bony prominences in it and then it kicks back. So scar tissue in the brain looks to me like chicken cartilage, the kind you'd see in a chicken breast with a bone in that white, flexible part of the chicken breast. So I'm scooping that out and imagine, when you take a spoonful of oatmeal, it leaves a divot in the oatmeal itself. In the bowl Taking that divot, here comes stem cell energy, light, amber colored gel sparkles, dippity-doo. There's a vortex spinning on top of it. So got that going on. I don't get. These are grand mal seizures. Is that what the doctors have told you? There's a vortex spinning on top of it. So got that going on. I don't get. These are grand mal seizures. Is that what the doctors have told you? Did they use that phrase? No, no, yeah, yeah, they're another kind of seizures that aren't as dramatic as the grand mal seizures. So I've got that. I've had them on the show.

Actually, dr Amen, a-m-e-n like Amen hallelujah at the end of a prayer, you know it's spelled the same way and he has clinics all over the country. I don't know if he's got one in DC. I know he's got one in Atlanta and one in New York and then, I think, 11 other cities. So if you go to Dr, if you go to Amen Clinics A-M-E-N Clinics dot com Amen Clinics dot com, they do a scan called a SPECT scan S-P-E-C-T scan and it looks at how your brain works. It shows how your brain lights up with different activities, versus a CT scan is going to show the structure of your brain from a physiological, skeletal standpoint and it's going to look and see. You know they're looking for tumors and things like that, but it doesn't show how the brain lights up. I would talk to Amen Clinics and see if you can get a spec scan there and talk to them, because they'll help you heal your brain.

The other thing in the short run is lots of omega-3s, lots of fish oil like lots of it, 3,000 milligrams a day or more. And I would get the purified and the burpless because you don't want to taste like fish all day, fish oil all day. That's obnoxious. One time I forgot to buy the burpless. I was like, oh heavens, this is awful, so I threw them out. I bought another bottle it it was bad. So be sure, and get the purified, because they you want to get the mercury out of it and uh, and then you want to. You want to be sure it's purpulous and that'll help too, because that those omega-3s help heal the brain because the brain's mostly fat. So I I get that you'll be able to heal those.

But Amen Clinics, I think, is going to be your best bet in the short run. Good luck, I hope you feel better. Thank you, you're welcome. Bye, bye. AskJulierianshow.com. Ask Julie Ryan on YouTube Live and in living color on YouTube. Okay, let's see who's next. Hi, lydia, please tell everybody where you are New.

0:51:01 - Lydia
Jersey.

0:51:02 - Cheryl
Okay.

0:51:03 - Lydia
Great and we have spoken before privately but to me calling my daughter. She was born congenitally missing four teeth. She had three implants done very uneventfully. The last one was done last August and the reason why we postponed it because it was a little more involved. She needed a sinus lift and bone integrated in. That was placed. It's like a little screw that goes into the bone. That was placed last August.

The bone that was placed last August and it went uneventfully. But her gum tissue split. But you said, oh, it's going to be okay, and it was. She just had the crayon put in about a month ago. It looks beautiful. She called a few days ago and I think that the implant is failing. She has I didn't look at the photo because it's my daughter. I'm a dental hygienist but I just can't look when it's my own. She has pus coming and my husband called the oral surgeon and he's saying it's failing and it has to be removed. And she's very strong and been really tough through this whole process. She never cries. She's crying. My husband feels terrible. Can you offer any advice? We have an appointment tomorrow. I believe it's got to be taken out. So I don't even know what happened. It's very unusual. Doesn't happen that often.

0:52:48 - Julie

When you were talking about it, I went ahead and I connected into you and then into Lauren because I'd scanned her before and I knew she'd let me in. So I did and what it looks like to me is that the bone graft that they did it has a split in it, Like sometimes you'll put a nail into a piece of wood and it will separate out. It'll make like a crack out from where the nail is, you know, horizontally. That's what it looks like, and she's got necrotic tissue in there. So she's got dead cells in the bone graft that they put in when they put the plug in for the implant and then it's gotten infected. So what I've been doing is basically tunneling that out, like scooping it out.

Imagine the. Do you remember those old fashioned cuticle removers they used to have that were kind of a channel and they came up on the side and you could buy them in the drugstore and you could run it around your cuticles. Now they use cuticle scissors at the manicurist. That's what it reminded me of. It was a device that reminded me of that and it was just scooping out that necrotic material, that black dead cell material. And then I watched stem cell energy go in there. I watched the plug come out and it's got on the end of it. That's what they screw the new tooth on, and so I watched that get removed. I watched antibiotic energy get put around that, which is a really bright fuchsia color Think of more pink than purple in fuchsia. So that's going to help. I believe she's going to need to get it out and then they'll probably do another bone graft to get that in.

0:54:43 - Lydia

That's what he said.

0:54:45 - Julie

Yeah, and then they'll do another post and once that bone graft heals. But the stem cell energy that was put in the bone that was added previously is going to heal. That she's going to heal quickly and I'm so sorry she's going through this, but the end result is going to be good. Yeah, yeah. She's going to be good, yeah, yeah, she's going to be fine, you know the two points of teeth.

0:55:08 - Lydia

It's the one right next to it and it's visible.

0:55:12 - Julie

Bottom line is she's going to heal, so get her on an antithongal like a Nystatin.

0:55:18 - Lydia

Nystatin.

0:55:19 - Julie

Mm-hmm, n-y-s-t-a-t-i-n. Your husband can write her a script for it. Get her on Nystatin, because that antibiotic is going to whack her gut and so she's going to want a strong immune system. So have her get on Nystatin. She's going to completely heal from this. So go hold her hand and she's going to be wonderful. Call back in, let us know how she does.

0:55:42 - Lydia

Thank you so much. You're welcome. Thank you, Julie.

0:55:45 - Julie

Bye, bye, all righty, everybody. That's it for this week. So sending you lots of love from Sweet Home, Alabama, hope you have a wonderful weekend and a terrific early part of next week. And then remember, subscribe on YouTube, ask Julie Ryan, leave a review anywhere you listen to podcasts on Amazon for any of my books and also on YouTube, and you'll be entered into drawings for free stuff. So also come to my live the end of the month, last Tuesday of the month at Julieryan.com forward slash live and I'll see you there. Bye, everybody.

0:56:28 - Anncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

0:56:43 - Disclaimer

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