

## AJR Show - June 27th - Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

All right, everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy, and we've got lots of callers. If you want to talk to me in a conversation, go to [AskJulieRyanShow.com](http://AskJulieRyanShow.com). Or if you're joining us on the YouTube live stream, just put your question in the chat. We've got Samantha joining us. She's on my team. Chris is going to man the Zoom part, where people are calling in for our conversation. So you get three of us tonight.

Remember to leave a review. Let us know what you think of the show, how we can make it better. If there are any guests you want me to have on, we'll reach out to them and we'll check them out. So just leave a review. Anywhere you listen to podcasts and also on YouTube.

So, Chris, let's just bring in our first caller, Carol. Hi, Carol, I'm from Ohio. Me too, I'm concerned about my health and wondering about past life. Okay, what in particular about your health would you like to know and what particularly would you like to know about a past life? So if you could type that in and then we'll come back to you. That would be great. If you guys are typing in a question on the YouTube live stream, just from a time standpoint, so I can get as many people on as possible, if you'd be really succinct in what your question is and then we'll get right to it. So I'd love to scan your whole body, I'd love to talk to you at length, but that would be a private session. So just come back with a question, let's see if we have another question. There we go, Monique.

Hello, Monique, from Rotterfield in England, I would like to know why my mom is living in hospital. She was resuscitated twice and given a DNR, but seems to have gotten stable, but not better. Well, Monique, my gosh, I know that's a slog, I know it's really emotional when that happens and I know that it's exhausting. And then you feel guilty because you don't want your mom to go. But then it's like, why is she hanging on? So she's hanging on because she's not ready to go, but let's talk to her and see what's going on. So I'm connecting to you, Monique, in England, and then I'm going to connect from you to your mama. Okay, why are you ready to go? Let's ask her that question. Are you ready to go? By the way, she's in phase seven of the 12 phases of transition and you can read all about that in my book. Actually, since I'm in my office tonight, I can show you one. I have props. I always feel like a game show host when I do this. Angelic attendance what really happens as we transition from this life into the next. I'm trying to figure out how to get the glare off of it. If you want a free copy, go to [julieryangift.com](http://julieryangift.com) and we'll send you one. A free digital and audio book download. All right. So, Monique, your mama, she's in phase seven of the 12 phases of transition. That means that she's surrounded by angels and the spirits of deceased loved ones and pets.

I always ask somebody at the end of their lives three questions. So let's ask your mom are you ready to go? She's saying absolutely. Are you in pain at times? What do you need just for them to let me go? Who's them? My family and the doctors, okay, so, even though you have a do

not resuscitate, also known as a DNR, you know they're feeding her and they're giving her water and maybe IVs and things like that, and if she's really ready to go, I think it's worth having a conversation with her doctors about that and calling in hospice. So I hope that helps.

Monique, if you ever read my book, read it, because it'll help you navigate through this tough time at the end of your mom's life. Thanks for your question. Okay, if you want to have a conversation with me, askjulieriyanshow.com, coming in on YouTube we're at Ask Julie Ryan and just put a question in the chat. Remember to subscribe, remember to share this episode with your family and friends, and if you want to put a question in the chat, just put your first name, put where you're located and a concise question, something that's really specific, and we'll get your questions answered.

Okay, chris, who's next? Hi, Marina.

0:05:28 - Marina

Hi, can I ask my question?

0:05:32 - Julie

Yes, where are you located?

0:05:35 - Marina

I'm located in New York City, terrific. Yes, what's your question? My question was about my cat.

0:05:43 - Julie

Okay, what's your cat's name?

Marina

Lisa,

Julie

Lisa, oh, how cute is that? All right, what's going on with Lisa?

0:05:53 - Marina

We took her to the vet in the beginning of April and they took it from me and did some kind of test. They didn't allow me in. After that we brought her home and it was like a completely different animal. She lives with us for 14 years and all of a sudden she starts I'm sorry peeing outside of her box all over the house. She's sleeping nonstop. She doesn't go upstairs when she used to go. Every day she ate everything without change and she was very picky about what she eats. But that time she ate everything, she sleeps, then she goes to eat, then she goes to sleep again and then goes to eat and she's like and her meow changed so drastically. It's like completely different. We didn't recognize our case. We changed the way. They took like three or four different tests. First it was suspicion diabetes, then kidney stones, then they don't know what is wrong with her. And all of a sudden, two months later, I gave her a bus Like I pour water on her. She likes it when it's hot in summer.

0:07:08 - Julie

And 15 minutes later our cat is back. Wow, just by giving her a bath she came back it's not.

0:07:12 - Marina

It was not even the best. I just pour water like this on her, like I used to do. All for three years already. Every day she likes this she, and after that everything is back. But I'm afraid it will be back to her condition when she was. She gained so much weight I cannot even lift her.

0:07:32 - Julie

Huh, it's almost like she was in a depression or something. Yeah, that she was traumatized by those tests. Almost so let's talk to her, let me get her on my radar and let's see what's going on and see how she's doing so. A couple of days ago you said you poured the water on her, or it was a while ago.

0:07:54 - Marina

It was Tuesday.

0:07:57 - Julie

Okay, all right. So I'm connecting to you. How this works is I raise my vibrational level to level of spirit and I'm going to watch a laser beam come from my body here in Birmingham Alabama. It's going to hook into you in New York and then I'm going to go from you to Lisa and then we'll we'll talk to her and see what she has to say. So here comes my laser beam from Sweet Home Alabama heading up to you. All right, got you going to Lisa? Lisa, what's up with your behavior before? That's what I was getting. When she was traumatized. She said it was like the water. She said it's kind of like when somebody is having a mental breakdown and you'll see in the movies, sometimes they'll throw cold water in somebody's face and it's like they snap out of it. She said she snapped out of it. She's not dying at the moment. I'm not getting that. All I'm getting is she was traumatized. Has she had tests before?

0:09:02 - Marina

They did it in front of me, but this time they took it from me. They took her and I'm trying to insert something into her and she like this. But we managed to do it. But how they managed I don't know. And besides, she's taking my grief, Because she used to come to me and take my grief. We lost our son 10 months ago, so she's trying to take my grief, I'm so sorry.

0:09:31 - Julie

Yeah, yeah, yeah, I think she's going to be fine. She's not dying. I get she was traumatized when you were saying those other things she was being tested for. I was getting no, no, no, no, no, like no, diabetes, no, whatever. So enjoy her, you know, treat her like normal and when she seems to kind of freak out now, now you know what to do Pour water on her and that'll bring her back. Yeah, thanks for calling. Thank you so much, you're welcome. Have you read my book about your son? Have you read my book? That will help you with your son's great, with your grieving.

0:10:05 - Marina

No, I haven't. I found that I tried to read books that were recommended to me. I tried.

0:10:11 - Julie

Well, download the audio book and listen to it. And that might be easier. So just go to [julieryangift.com](http://julieryangift.com) and we'll have it in the show notes and then download the free audio book version and listen to it, and then that that will help you, Marina.

0:10:29 - Marina

Thank you so much.

0:10:30 - Julie

You're welcome. Thanks for calling. Okay, if you want to talk to me, ask [julieryanshow.com](http://julieryanshow.com). You're coming in on YouTube where it asks Julie Ryan, just put your question in the in the little chat box. Samantha's running it for us from my team and we will get your question answered. Just put your first name and where you're located and what your specific question is, and we'll take some of those too.

So let's see who's next.  
Hi, Joanne,

Joanne  
hi,

Julie  
how are you my girl?

Joanne  
, okay?

Julie  
Well, yeah, that doesn't sound convincing. Where are you? Let's go there first.

Joanne  
New Jersey.

Julie  
Okay, what's going on? How may I help you?

0:11:14 - Tara  
I just recently lost someone and I was wondering if you would be able to get any messages to me.

0:11:22 - Julie  
Yeah, what's the person's name?

Joanne  
Greg,

Julie  
Greg. Okay, all right, when we want to talk to any spirit, whether it's attached to a body or not, we just think of them. That tunes our satellite dish head to their frequency. Every spirit has a frequency they keep throughout all of their lifetimes, and then when we're tuned to Greg's frequency, it opens up a two-way communication and you just say something to him and he'll answer you. And how? You know that's coming from Greg, Joanne

It's that first thing that snaps into your head, first thought that comes in your head. Sometimes it comes in before we've even finished asking the question or making this statement. So is there something that you want to say to him? I want to know if he's okay. Yeah, he's great, he's in heaven, yeah, yeah, he's in great, he's great. And does he have a deal with this? Okay, so what he's saying is talk to him. That's the best way I do. Good, good. And now you know it's that first answer that comes in your head.

When we're in deep grief, though, a lot of times it's hard to get an answer, because grief is a low vibration and spirit's pure love and joy. So they're on a high vibration and it's like you're listening to different radio stations. So the easiest way to do this is to talk to Greg and just say hey, come visit me in my dreams, because when you're asleep your brain can rest and at night we all go back to the factory preset vibration of spirit. So we can do that and he'll come visit you in your dreams. How you know, the difference between a regular dream and a dream and a visit from a loved one is the visits feel like they're in high def. It's like the colors are more

vibrant, the senses are heightened, you're going to remember nuances and you're going to remember the visit in detail. And so that's how you can do that.

He's showing me being in a tropical place. Did he live in the tropics? Did he like the tropics? Did he visit the tropics? He's showing me a tropical place. He's showing me a beach, but it's deserted and it looks like it's uninhabited. You know what I mean. It looks like there's a jungle behind it. So he's saying that life's a beach. Now he's at the beach, and so he's showing me him at the beach.

What he's doing is he's saying this is great because I think of something and it materializes. So he says he thought and he just showed me how it works. He says I think of a lounge chair. The lounge chair showed up. He says I think of an umbrella. The umbrella shows up. I think of a table.

Next with, you know, with snack, he's got a bowl with shrimp on it, like shrimp cocktail, almost, you know, like peeled big shrimp, and he's got what I would affectionately call an umbrella drink. You know, it looks like a big margarita kind of a drink and it's got an umbrella. And he said this is great. He said I just think of something and it immediately materializes. So he is happy, he's healthy, he's whole. So he is happy, he's healthy, he's whole, he's doing great.

Okay, yeah, have you read my book yet? Angelic Attendance? Yeah, great, great. Well, hopefully that will help you, you know, be able to move along in your grief journey.

One other thing too, Joanne, that I find that helps when I've been in grief and I've said this to thousands of people over the years is when you feel that wave of grief coming in, think of it as a wave of the ocean and remember that there are three phases to waves in the ocean there's calm, there's disruption. When the wave comes in and hits the shore hits the beach and then there's repair when the wave recedes. So when you're feeling that wave of grief coming in, just picture the waves of the ocean. Know it's going to recede, let it wash over you. Sometimes waves are really. They're really strong, like waves of grief are really strong. Waves in the ocean are really strong. They can be strong if there's a storm or it's high tide. So just picture the waves of the ocean and hopefully that will help. I laughed, I was telling.

I was interviewed this afternoon on another show and I was saying we, most of us, when we first talked to Odysseus, we want some like big philosophical to see someone. We want some like big philosophical, theological, like deep meaning message. They never come in with that ever. It's always like hey, I'm on a beach or hey, you know here's a daisy, or you know they're showing me a dog or they're showing me a trade set or something that seems very benign, but it's them letting us know that it's them with whom we're talking. So I hope that helps.

Ask him to visit you in your dreams. Keep doing it every night. He'll come,

Joanne  
okay, thank you.

Julie  
Thanks for calling All righty AskJulieRyanShow.com. If you're on YouTube, we're at Ask Julie Ryan, remember to subscribe on YouTube. We're at AskJulieRyan. Remember to subscribe, share with a friend or a family member or whomever, and if you're on YouTube, put your question in the chat. Give us your name, your first name and where you're located, and then what your question is.

Okay, let's see who's next.

Hi, Gerald, does your show come on any radio stations? We are not on radio anymore. We used to be. We used to broadcast. My home station was in Chicago, but we went to YouTube and we're on all the podcast networks and we're on Alexa, so anywhere you can reach podcasts. If you get the little podcast app on your phone, usually it's purple and it looks like a radio tower, and so you can find us there. Thanks for your question. Okay, let's see who else me.

A quick past life scan to see who I was in my most recent past life, please. Sure, past lives are really fun because how they work is or how I do it is. I envision myself in this endless hallway and it has very narrow walls, very tall ceiling, and on the walls are these 12 inch by 12 inch square mirrors and they're lined up perfectly, both vertically and horizontally, in columns and each square represents a different lifetime. So what we're going to do is we're going to ask a question and then the lifetimes that pertain to that will come out from the wall and then I'll say show me the one that pertains the most is how I normally do it In David's case. Since he just wants to know what's his most recent past life, we'll just go there. So here we go, I'm in the David hallway and I think this is the Akashic records is what we're accessing. So show me David's most recent past life. It's right in. The further out I go in the hallway, it seems like from a linear time, the farther away the year is. So this one's really close in.

I get 1902. Oh, in Singapore, interesting, all right, what were you doing in Singapore, 1902. You're a man in that lifetime. You look like a banker. You look like a banker because, not that you physically look like the banker in Monopoly, but you dress like the banker in Monopoly. You know three-piece suit, pocket watch I can see the chain hanging down in that. I get.

You were in international finance you had ties with, especially. I get the Rothschilds in London, in the UK. I know there are Rothschilds all over, I know that some of them are in America too. But I get that you were involved with them. You were primarily working with bonds, so it'd be interesting to see if you're a banker in this lifetime or you're doing something in the financial services sector. But, David, that's what I get, that you were in finance more so even than a bank. You are more in money management and bonds and working with the big wealthy families from around the world, so I hope that is intriguing. It's interesting.

Sometimes we'll get especially when I have you on a consult for an hour we'll get enough information that we can check it out with Historic Records Online and that's so much fun when that happens, so we'll check that out too. Okay, let's see who's next. Askjulieryanshowcom. Oh, Gerald, he's back. Oh, I get it now. I remembered whenever I used to listen to this show on two Dallas radio stations. Oh, Gerald asked about the radio stations before last year. Thanks for telling me why it never comes on the radio. Yeah, we decided to focus on YouTube and on the podcast because we reach a much bigger audience. But thank you for listening when we were on the radio show and I'm thrilled that you found us on YouTube.

I'm Gary from Hendersonville, North Carolina. I want to know why I got Parkinson's and what to do to rid myself of it.

Okay, Gary, why did you get Parkinson's? I get you were exposed to chemicals. Don't know where they were, but you were exposed to chemicals that gave you the Parkinson's like fertilizer chemicals. Did you live near a golf course or did you live out in the country where they were spraying with chemicals? I get that. That's what caused your Parkinson's.

Let's do a healing on you. I'm going to connect into you energetically Again. I raised my vibrational level. I'm going to watch a laser beam come in and hook into you in North Carolina. So here we go. I'm going to have a hologram of you in my mind's eye and then something will be identified and then we'll have a healing off of it. So here we go. Here comes my laser beam from sweet old Alabama Head up to you in North Carolina.

All right, got you Shoot energy from your feet up through the top of your head. Okay, your energy field, Gary, looks like snow or static on a malfunctioning TV or computer screen. I don't know if you're old enough to remember when the TV stations used to sign off at night. They would just leave this kind of snowy stuff on the screen when the station would tune off. So I've got that. I'm grounding you. When I see somebody get grounded and again when I say I, it's spirit working through me and with me to help facilitate healings. So I'm watching you get grounded by. There are these stakes that come out of the bottom of your feet and they hook into the core of the earth and that's what grounds you by doing that. That static or that snow just stopped, and I can. I can see clearly now. I think that's a song. I can see clearly now their pain is gone. So I can see clearly now in your body.

And what I'm watching is I'm watching an IV of glutathione. You want to look into that. There's a guy in Florida named David Perlmutter, p-e-r-l-m-u-t-t-e-r. He's a neurologist. You want to do an internet search on him, find his YouTube video, because he has patients where he's filmed them and they're really struggling. They have Parkinson's. He gives them a glutathione IV and then 20 minutes later they're walking fine, they have no tremors. It's pretty remarkable. So the glutathione will help. And then let's do a DNA healing on you. So the glutathione will help, and then let's do a DNA healing on you while I gotcha.

So DNA is the recipe that tells the cells how to behave. It looks to me like a piece of paper you'd see in a fortune cookie with the fortune written on it. Dna is comprised of four nucleic acids. They're represented by four letters A-T-C-G. I'm watching the letters. Of course DNA is the recipe that tells the cells how to behave. I'm watching the letters get rearranged in the DNA strand so we're restoring it back to a normal recipe. There's been a mutation that's causing your Parkinson's symptoms. So when it's done, one strand can have 100,000 letters, can have a billion letters on it, and so imagine I'm watching those letters get rearranged and once it's done getting resequenced, it snaps back into an X chromosome. You know everybody has an X. Girls have two Xs, an X and a Y. So I always see the strands of DNA come out of an X chromosome. So I hope that helps. Thanks for your question. Okay, let's see who's next.

0:24:51 - Julie  
Hi Tara

Tara  
Hi, how are you?

Julie  
I'm terrific. How are you?

Tara  
I'm doing okay. I mean I could be better, but I'm happy to see you.

0:25:05 - Julie  
Thank you. You too, you look like you got a mask around your chin.

Tara  
Yeah, I do, all right.

0:25:12 - Julie  
Well, where are you located?

Tara  
I'm in Oxnard, California,

Julie

oh yes, I know, Oxnard Terrific.

0:25:20 - Julie

You got a question for me.

0:25:21 - Tara

I do. I spoke to you I don't know a few weeks ago and we had talked about doing I was having my breast implants removed for surgery and so forth to see if it would help with my condition. Yes, and I did have it done Right. Surgery went beautiful, good, Great. What has happened since then, which I had it on June 6th, is I'm having I think it's like mass cell activity or histamine intolerance. I literally cannot eat food. The only thing I'm able to eat right now is white rice and I am getting major histamine flushes. I am working with an allergist but I feel like he just wants to dump me on medication. For some reason I can't take over-the-counter Benadryl Zortec. I get the same major flushing and it's just ongoing. So I don't want to know, from a psychic end, if you can help me either figure out what to do. I don't know if it's mold in me. I'm ordering a mold test. I don't know. I'm at a loss, but I'm scared.

0:26:31 - Julie

Yeah, I bet. And did you have a mold problem in your home as well? Am I remembering that correctly?

0:26:37 - Tara

Back in November we did, and we did go ahead and take care of it and they put in these laminate floors and I feel like since the flooring went in, I had these issues but I never did a mold test for myself because I was getting the breast implants out and I just had so much going on with my health condition that I kept saying, okay, I'm going to order it, and I just never got to. So I'm actually picking it up tonight from a functional medicine and I'm going to order it and I just never got to. So I'm actually picking it up tonight from a functional medicine and I'm going to do it, but I'm just scared. I'm at a loss. We keep going to ER. I'm a nurse, so I'm testing my blood sugars dropping. I don't know what to do.

0:27:19 - Julie

Okay, let me get you on my radar and see what's going on. But the surgery went well. I'm delighted to hear that because you went out of state for it, didn't you go to Kansas or someplace?

0:27:27 - Tara

I went to Oklahoma and it did go good. I had major reactions there but I got in and out and we flew back to California. But I did it, I did it.

0:27:39 - Julie

Yeah, good girl. Wonderful Deb, you talked to your surgeon's office about this too.

0:27:46 - Tara

I have. They don't really, I don't think, want to put their hands in it. You know, he kind of just took care of the surgery and that was really it.

0:27:55 - Julie

Yeah, yeah, not his wheelhouse. Okay, what I'm getting is that your body's detoxing. I agree with you being in a mass cell response, most likely. Let me get you on my radar and I can see that. So here we go. Here comes my laser beam from Sweet Home, Alabama. Okay, got you shooting energy from your feet up through the top of your head. You're in a major mass cell

response. Mass cells look to me like a clear cell, tara, and they have a red dot in the middle of them. That's what mast cells look like to me. Your whole body's covered in them. So what we're doing is adding anti-inflammatory energy, which is a royal blue color. This is the energetic healing that's happening. Got that going on. Let's just do the full detox system. I think your body's trying to detox and it's just overloaded by all the detoxification that's happening.

So two big U-shaped magnets are on either side of your body. They're going up and down your body. They're joined in the middle. They're going up and down your body. They're pulling out metallic particulates. They look like little specks of glitter, both shiny, sparkly and also dull. And then there are these little fibers of metal that remind me of the metal that you'd see inside a steel wool pad that you use in the kitchen. Do you remember those back in the day? I don't know if they still make them. They might, but that's what I'm seeing.

Okay, lymph cleanse. There's a big tube that's a vertical oval. It's inside your body but it's on the front side of your body. All your lymph fluid is going in there. It's spinning as I'm looking at you. It's spinning in a clockwise direction and there's a hole that's open on the bottom of each of your feet and that's where the toxins are coming out of your body, down through the bottom of your feet. And then there's a big dome that's come down on top of you. That's metal and it's pulling out lymph nodes that have sequestered toxins. You've got a bunch of them. Lymph nodes look like little D3 capsules that you take just with your regular vitamins, and the ones that have sequestered toxins can look brown or black inside of them. So those are being removed. You're being sprinkled with stem cell energy light amber color gel sparkles reminds me of Dippitydoo. And then there are vortices above your head, beneath your feet, on either side of you, front and behind. They're all spinning concurrently. That's going to regenerate your lymph nodes and get that going. Okay. So irrigating the lymph system, it's like reverse osmosis purification for your lymph fluid, which is where all those toxins are going.

Let's go ahead and do your liver and your kidneys, because they're working really hard to detoxify too. So imagine that there's a spiral that's inside your liver. I'm looking at you from behind. It's spinning in a clockwise direction. As I'm looking at you from behind. It's spinning in a clockwise direction. As I'm looking at you from behind, and as that spiral comes down around the right side and on the bottom and up the left, it's throwing off sludge. The sludge looks to me like have you ever made fudge candy? Yeah, where you know you cook it and then, before you put it in whatever the mold is for it to solidify, then that's what it looks like. It looks like hot fudge candy not hot fudge you put on ice cream, but the candy that you make. And then I'm watching that in your liver and both kidneys. You're going to get through this, but your body's just detoxing from a lot, not only from the surgery, but from all the other toxins, from those implants and also from the mold exposure and everything else.

thank you,

Julie

you're welcome. Congratulations, I'm so delighted that it's over for you. You're on the downhill slide, girl.

0:32:38 - Tara

So blessed that I got through to you because I've been so scared and I have the mask because I'm reacting to perfumes, laundry soap, just I feel like I need to be in a bubble, so I'm glad to hear that you see me on the other side somehow.

0:32:52 - Julie

Oh, yeah, yeah, yeah, yeah. Your book it's just full, you know, of detox, and then one little stimulus is gonna, you know, it's just gonna make you bucket overflow, right, okay, girl, keep us posted. I hope you feel better.

Tara

Thank you very much.

Julie

You're welcome. Bye, [askjulieriyanshow.com](http://askjulieriyanshow.com).

If you want to have a conversation, if you're joining us on YouTube, just put your chat in the or put your question in the chat box. Put your first name and where you're located and what your specific question is, and we're taking questions from both.

So let's see who Chris has lined up next for us. You know, I never know who's going to be calling.

Julie

Hi, Nella, because it's always a surprise for me.

And one other thing I forgot to mention is for those of you that are listening, if you're listening real time or if you're listening in the future, it doesn't matter how far in the future. Once we release the show, I want you to envision what the healings look like, as I'm describing them, because it's spirit working through me and through all of you to help somebody heal. It's like the power of prayer or the power of meditation, where we're all meditating for one specific cause. All that energy goes in and I get emails all the time from people who say I didn't call in. I was listening to your show a year later and I had the same issue as a caller, and whatever the issue was in me got healed too, just from listening to the show, cause that's, it's all that healing energy.

0:34:29 - Julie

So, nella, hi girl,

Nella

hi Julie, thank you for accepting my call.

0:34:34 - Julie

You're welcome. Well, we thank Chris. Where are you in England?

0:34:38 - Nella

Yes, In England Close to Birmingham.

0:34:42 - Julie

Oh yeah, but you say it Birmingham over there, we say it Birmingham here. Yeah, but you guys have it right, because you were speaking English before. We were even a country long before. That's how I feel, like okay, you win, you get it. Oh good. Well, thanks for staying up so late. What time is it there? It's probably like two in the morning or something. Yeah, 40 minutes past one. Oh goodness girl, what's going on? How may I help?

0:35:11 - Nella

you. I have also a question about the cat. Her name is Jemma. Yeah, and she is pulling her hair and we don't know why.

0:35:24 - Julie

Yeah, she's got allergies, allergies she's got allergies that came in. You know, before I even get a person or an animal on my radar, I'm starting to get what I call divine downloads. Just

listening to you, spirit's given me information. So allergies Did you change a rug? Have you changed anything in your home that she would lay on or walk on? Is she an indoor cat? Does she go outside?

0:35:54 - Nella

She's an indoor cat but, she can go outside to the garden only, which is up through. So that's her environment on the garden, the house. I don't remember changing any type of chemical washing with nothing like that. Do you get any answer about both allergies or is it some chemicals allergies?

0:36:20 - Julie

No, I'm connected into her right now. I connected into you and then from you to her. I don't ask permission with pets or animals, but I do with people. If somebody wants me to scan somebody else, I mean I'm like, okay, but the pets, I don't ask permission. They all say yes anyways. All right, Nella, what's causing it? I'm getting outdoor toxins and it's chemicals. Some kind of chemicals Are there. Do you have a chemical fertilizer that you put in the garden or on your lawn, on your grass or anything like that? And it's just. Has it started recently or has it been going on for a while? Anything?

0:37:04 - Nella

like that and it's just. Has it started recently or has it been going on for a while? For a while, nearly from the beginning, when she was a kitten? So it's a month, a month, yeah, so she's young. She's young. Yeah, she doesn't even have a woman here, she's very young.

0:37:19 - Julie

I get environmental toxins and I get it's outside, it's not inside, and something outside that she's having an allergic reaction to. So let's just redo her little cat DNA how about that? And see if we can reprogram that. Yeah, so it looks really little. You know, the human DNA looks like a piece of paper in a fortune cookie. Cat DNA looks really little. I'm going to have to talk to my daughter-in-law, Dr Mal, about this, who's a veterinarian. I'm going to say I saw cat DNA. Okay, so I'm watching these teeny little letters get rearranged on there and I watched it just snap back in. There was one strand that came out. Yeah, I get that.

She was exposed before she was born, when she was in utero. So her mom was exposed to something and that carried through with her. That was an environmental something, something. And now her system thinks that it is. Let's rewire her neurological system too, because sometimes it's just like a loop that's spinning. There's not really an allergen that's affecting it long-term, but it's like a loop that the brain tape plays over and over again.

So I'm watching that. Oh, this is interesting. I haven't seen this before. This is before you were born, but we used to have this thing called cassette tapes or audio tapes where it was on actually like a ribbon Cassette tapes, yeah, and you could wind it. Hers was really loose. So I watched it get wound tighter and it looked like it reminded me of a cassette tape where you could put your finger in the middle and you could use your fingernail to twist it when the tape came out if it got loose. Hers was loose Interesting. I haven't seen that before. So yeah, it's kind of like it wasn't. Her immune system was loosey-goosey, for a different for a way to describe it. But hopefully that helps. But I get it's an external irritant. So see if that helps and I hope she feels better. Thank you, Julie. Thank you very much. You're welcome. Thanks for staying up so late to be with us. We get to talk to you real time in the future. That's always fun. Thanks, Nella.

Take care,

Nella

bye,

Julie

bye All righty, you want to have a conversation with me? Askjulieriyanshow.com, if you're coming in on YouTube on the live stream where it asks Julie Ryan, just put your question in the chat, put your first name and where you're located, and we'll be taking some more questions from YouTube. It's always fun to see who calls in and who's joining us from YouTube,

so let's see who Chris has picked next.

Julie

Hi Vanessa,

Vanessa

hey Julie, how are you?

0:40:22 - Vanessa

I'm terrific.

Julie

How are you, my girl?

Vanessa

Good, I'm excited.

0:40:28 - Julie

Me too. Where are you, where are you located?

0:40:31 - Vanessa

I'm calling from Nashville, Tennessee, Nashville.

Julie

What part?

Vanessa

Antioch? I actually had a reading done from you in May. I did an urgent call reading with you. You helped me with my concussion symptoms that I was having. You did a healing. Right now I'm calling because I've been having excessive thirst and blurry vision. These are all random symptoms but I don't know if they're related related and I got a little worried because I went into an endocrinologist and that kind of had a hard time sticking me because I've been like really thirsty and I've noticed that a lot and then I've been urinating like frequently. They told me that blood cells were elevated and my testosterone is high as well. I don't know if it's all connected and my testosterone is high as well. I don't know if it's all connected, but I'm a little worried.

0:41:25 - Julie

Yeah, and you're a nurse, if I remember correctly, are you a nurse or a medical provider? Yeah, yeah, see, I remember you. I remember you. All right, let me get you on my radar. I'm so thrilled that you're at least feeling better from when I got to talk to you a month ago.

0:41:50 - Vanessa

Yeah, actually I was going to ask you well, how do you help the healings integrate? Because I don't know if it's integrated yet, but I want to help it integrate.

0:41:54 - Julie

Yeah, yeah, yeah. Okay, let me get you on my radar let's see what's going on. The reason they had trouble sticking you to get the blood tests and stuff is because you're dehydrated and that's why you're so thirsty. Is what I'm getting. I also get that. You're detoxing. We worked on your brain to get the scar tissue out of there and use stem cell energy to regenerate those parts of your brain. So we've got that going on. I'm looking at that. Your brain looks good, brain looks really good.

Yeah, all the neural pathways are lit up. For those of you that don't know what we're talking about, brain matter looks like thick cooked oatmeal to me and scar tissue it has a consistency of soft butter. And then scar tissue in the brain looks like chicken cartilage the kind you'd see in a chicken breast with the bone in and so we remove that. We use stem cell energy to regenerate your brain. Your brain looks great. When I see scar tissue in the brain, it can include neural pathways, and neural pathways look like little laser beams that crisscross a room as part of a security system in a museum or in a home or a building. I know you've seen a movie on TV where some thieves are trying to steal artwork out of a museum perhaps, and they're stepping over the laser beams or rolling under them. Ocean's Eleven. They brought in a little gymnast and he was doing somersaults over and under the laser beams. So your laser beams are all lit up. Your head looks good. So let's see what's going on.

The symptoms you were describing to me sounded like classic diabetes symptoms, but your endocrinologist should have picked up on that. If that was going on and I'm not getting that you have diabetes. Are you craving sugar? I am, I am actually. Yeah, yeah, that's what I'm getting.

0:43:51 - Vanessa

The labs were all normal, so it's not diabetes. They did some more tests to look at the testosterone and the increased red blood cells. They might put me on hormones that's what they said like birth control or something.

0:44:07 - Julie

The testosterone levels are going to go up when your body's in an immune response, having an immune response, inflammation response. So I'm getting that calmed down with the anti-inflammatory energy, which is a royal blue color. I didn't get that you were a diabetic, but I got that you were craving sugar. So what I'm thinking is happening is that your blood sugar levels are not stable and you know, whenever our blood sugar level elevates, we release insulin. Insulin causes inflammation and I think that's all what's going on. How are you doing food wise? Can you stay real low on the food chain? And if God made it, eat it. If man made it in a factory, you're best to avoid it.

0:44:55 - Vanessa

In the past I used to be really like healthy, but lately with the concussion I've just kind of like let myself go a little yeah.

0:45:05 - Julie

Well, you're getting a dopamine hit off of the junk food, so it makes you feel better temporarily, but it's causing a lot of inflammation.

What I'm getting is that's the cause of the response, the inflammatory response that they're picking up. So try and get off the sugar. The thing that's helped me stay off sugar for five years, Vanessa, is the brain octane oil from Bulletproof and you can get it on Amazon. It comes in capsules, it comes in a liquid form, it comes in little purse packs that I'll carry in my purse and

I'll put it on a salad. It is the number one thing that helps me stay off sugar and has for five years.

0:45:45 - Vanessa

So, like the high blood sugar you think has to do with the vision problems and the thirst, and if I kind of cut down on it it'll help some.

0:45:52 - Julie

I think if you eliminate it, stay low on the food chain, if God. Yeah, look at her. You guys that are listening you know her eyebrows are raised, raised to the top of her hairline, and she's like sugar. I have to give up sugar. I know I've lived with that for 60 years. I get you on that. But give up the sugar, give up anything. Process because it absorbs, like sugar, causes an insulin response. Insulin's released. Every time insulin's released it can cause an inflammatory response.

I think you get your gut healthy, you eat healthy, you get some good fats, get a lot of protein and all this stuff is going to heal on its own.

One other trick too, Vanessa, is how you eat, the sequence in which you eat your food.

So try and eat veggies first, because the fiber in them lines the intestinal, the GI tract, with kind of a fibery. It looks to me like a net, like a fishnet and then you wanna eat your protein and fat because that coats that fishnet. So then, if you wanna eat carbs like fruit, eat them at the end of your meal, eat them as dessert, and they're not going to have as big of a glucose spike in your body. And there's a gal who has wonderful graphics of this and she's the one who taught me this. She's called the Glucose Goddess on Instagram and also, if you just do an internet search on Glucose Goddess and you'll be able to see just these charts that'll say okay, you eat a bagel by itself for breakfast and your blood sugar spikes almost off the chart. You eat bacon and eggs and then a bagel and there's just this little tiny hump and it's not an insulin release hardly at all. So try that too. Then you're going to completely heal from all this stuff.

0:48:07 - Vanessa

Sorry, even like the head concussion, you think.

0:48:10 - Julie

Yeah, yep, lots of omega-3s, like we talked about when we did our session. Yeah, okay, thanks for calling. Hope you feel better.

Vanessa

Bye,

Julie

bye, honey. I think we have time for one more question.

Chris, you want to put somebody else through? Maybe two, if it's a YouTube one. Here's a YouTube one. A YouTube and a caller, if we've got that.

Hi, Myra, and she's from Dothan, Alabama, that's just south of me a couple of hours. My brother, Bobby, was found in bed Sunday morning, dead. Oh, I'm so sorry and I want to know what happened and if he has a message for me, please let him know. I love him. Oh, god bless you.

Read my book or listen to the audio book for Angelica Attendant's [julieryangift.com](http://julieryangift.com) Anybody that's listening. You want a copy? [Julieryangift.com](http://Julieryangift.com), anybody that's listening. You want to copy

juleryangift.com? Or just go on askjuleryangift.com and it's right at the top of the homepage and you can put a note there. So, Myra, download it and share it with all your family and friends who knew Bobby.

I get there was an aneurysm. He had an aneurysm and I get that it was a cerebral aneurysm. So he's saying he didn't suffer. What a way to go. He was in his bed, he was asleep and he's saying it was smooth, interesting comment to make for somebody who's just passed, but I get it was a cerebral aneurysm, neurological aneurysm, and he went in his sleep. So the thing to remember, too, is we all decide when we go, where we go, how we go, who's with us or not when we go, and it's hard for those of us that are left behind to understand why anybody, would you know, go like that suddenly. But we don't know what his spirit came in to explore and experience. We also don't know what all of his past lives have been. So you know he's doing what his spirit wanted to experience in this lifetime. And I know my Meemaw who died six weeks shy of 100, she prayed for 20 years that she would go in her sleep and she got her wish. She passed in her sleep. So you know how wonderful is that, what a way to go. So I hope that helps.

Listen to or read my book. I believe it'll bring you some comfort and peace as well.

All righty, Chris, I think let's take one more caller or question

Julie

Hi, Louise, hi, I got lucky. You guys that are listening. You should have seen her face. It was so cute. She was like oh, they chose me.

Hi, Louise, where are you

Louise

Hi. I'm in Canada.

Julie

Okay, terrific. Well, thanks for joining us. You got a question for me.

Lousie

Yeah, it's for my husband today.

0:51:11 - Louise

Can you read him? I wanted to know, to help him out, what's happening with his prostate.

0:51:17 - Julie

Yeah, sure your husband today. Do you have a different husband every day of the week?

0:51:23 - Louise

No, I'm like that. He's very calm and peaceful.

0:51:29 - Julie

You said it's for my husband today.

0:51:31 - Louise

Well, today and me another day Me another day.

0:51:34 - Julie

Yeah, yeah, yeah, you have been a scan of your husband today. That was really cute. I thought, oh okay, maybe she's got a harem of husbands or something up there. All right, what's his first name? Louise,

Louise  
David,

Julie  
David. Okay, so he knows we're going to be talking about him.

0:51:51 - Louise  
Yes, I asked his permission he would never come on, so I asked his permission.

0:51:55 - Julie  
Well yeah, Since we're talking about his nether regions, two girls talking about his nether regions.

0:52:01 - Louise  
I know, with my face on here I tried everything to cover it up, but here you go, okay.

0:52:06 - Julie  
All right, you could have called him Harvey or something. Anyways.

0:52:10 - Julie  
All right, here we go.

0:52:11 - Julie  
I'm going to connect into you, I'm going to connect into you and then from you to David, here we go. Here comes my laser beam from Sweet Home, Alabama, because my ladies are being from sweet home Alabama, heading really far north from me. Okay, got you going to David. David, I'm talking to your lovely wife. He's like yeah, yeah, it's fine. Yeah, yeah, it's fine. Okay, all right, going and looking at the prostate. Okay, so it's enlarged, obviously, is he having to go to the bathroom a lot? Yeah, yeah, and I probably is. Especially, okay, I'm looking at there's a couple of areas on it that look, they don't look malignant, Louise, but they look. They look like they've had a lot of weird hair on them, kind of like a. They remind me of a sunspot. You know when we, when we can get those brown spots as we age and they usually are on our face. Yeah, thanks a lot for you know, sun for that.

Can we have them someplace that isn't visible to everybody else? So what I'm watching is imagine a cross between You're going to love this. He'll be mortified when he hears this. Imagine a cross between a potato peeler and a cheese slicer the kind that just has the handle with the wire and you can slice a really thin piece of cheese. So what I'm watching is I'm watching that get his prostate get sliced with, like a you know that cheese slicer or a potato peeler, and it comes off in like when you're peeling a potato, like the skin.

You know when you're using the potato peeler it just comes off in those really thin strips of the peel. That's what I'm watching, and what happens is it's going to make the prostate smaller so that it's not going to be pressing on the urethra and that he has to get up and go to the bathroom a lot and we're telling him we're peeling off his sunspots on his prostate. It'll make him happy.

0:54:21 - Louise  
Because when he had his last exam he said she went in too deep and hurt him. Like this started happening after that. I wonder if she had nails.

0:54:31 - Julie

Those spots? Yeah, I wonder they may have been bruises at one point, interesting. Wow, yeah, I think you're onto something. Okay, so were they going in to do a biopsy? No, she was going in just to test his prostate all right, I don't know what that means, but sounds good okay unfortunately never had it done.

Yeah, yeah, we don't have those parts, okay. So we have lots of other fun parts though too, as women Love them. Got that going All right. So what I'm watching is I'm watching the urine void through his prostate. Prostate doesn't look inflamed, it just looks enlarged. How young is he? 75. Okay. So it's had a lot of wear and tear in those 75 years, all right, so making it smaller.

They do a surgery with a laser. They also some urologists will call it a TURP, t-u-r-p, and they'll go in and they'll shave parts of the prostate off,

Louise

He's heard of that.

0:55:38 - Julie

Yeah, turp, and they'll shave parts of the prostate off. He's heard of that.

0:55:40 - Julie

He's heard of that. Yeah, Terp, it's like transurethral resectioning of the prostate or something like that. Terp, T-U-R-P. As in Peter. If you look that up online you'll see that. So hopefully that will help him with that. So tell him he's a trooper to let us all work on his prostate.

0:56:01 - Louise

I will. He just knocked on the door. I said I would.

0:56:05 - Julie

He's eager to hear what we came up with. Right, tell him that it's smaller. Tell him he's got the prostate of like a 35-year-old now. Oh, I'll tell him that. Yeah, yeah, he'll like that. Okay, thank you very much. Thanks for calling.

All right, thanks. All right, all righty everybody. That's it for this week. How fun was that last call with Louise? So remember to like, subscribe, leave a review. We'll announce a winner. We'll choose a review that somebody has laughed. We'll announce the winner of a free session with me valued at \$250, and we'll announce that next week. So sending you lots of love from Sweet Home Alabama. Bye everybody, have a great weekend.

0:56:56 - AnnCR

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at Ask Julie Ryan and like her on Facebook at AskJulieRyan, To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

0:57:10 - Disclaimer

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