

AJR Donna Corso Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Donna Corso with us on the show today. In Donna's book, when the Wind Chimes Chime, ending the Greatest Fear of All, she shares the powerful story of a young boy with terminal cancer and his family's journey through the medical system to achieve a peaceful passing. Her book offers a profound guide to releasing our deepest fear death itself. If you have children or grandchildren, this is a conversation you're going to want to hear. I'm eager to explore this deeply spiritual and essential topic with Donna and learn how she brings comfort at the end of life. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go chat with Donna. Donna, welcome to the show. I'm so delighted you could join us today.

0:01:45 - Donna

Thank you, I'm delighted too. I've been looking forward to it.

0:01:48 - Julie

Me too, two Southern girls here talking, although you don't sound as Southern and I don't either because I'm not by birth, but you don't sound like you are either.

0:01:59 - Donna

No, I've only been here eight years. I'm really a Northern girl.

0:02:03 - Julie

Yeah yeah. But we can talk like him, darling, can't we, if we need to?

0:02:09 - Donna

Yeah.

0:02:10 - Julie

In your book, when the Wind Chimes Time, you talk about a little boy at the end of his life. Please tell us about him, his journey and what led you to write about him.

0:02:23 - Donna

Okay. Well, what led me to write about him, just to backtrack a little, is that many, many years ago I was told by Ruth Montgomery Do you know, Ruth Montgomery? She was an author and she's deceased now, but she told me that I would, in these times, be helping people to die without fear. And so I've always held that in my consciousness, like what am I supposed to do? So I happened to be at a meeting one time and a young man named Gordy stood up and told the story of losing his son to bone cancer, osteosarcoma, and I just knew I was supposed to write the book. I knew that there were things in there people needed to know and I don't know.

I just knew I was supposed to write it. So I wrote it and it's the story, the first part of the book. It's really a two-part book. The first part is Andreas. The little boy is Andreas. It's his life and death. And then the second part of my book is short stories of people I have known personally who came to the end of their life with peace. Now, I never met Andreas, but I met the parents, Gordy and his wife Joey, and they told me all the details of Andreas's life. So yeah, it's a long story, it's a sad story, but it's really a story that I think needs to be heard.

Because, well, for one thing, if a child is under 16, the law says you have to do whatever the doctor says. But they insisted. They were going to cut off his arm. It was in his arm. They were going to cut off his arm, they were going to cut off part of his ribs, part of his lungs, give him chemo and give him radiation, and he was already near the end of his life by that time. So Gordy said isn't there some alternative? Because they knew they were going to lose him. And the doctor said if you try anything like that, we will take him, we'll make him ward of the state and we will do all these things even without your permission, because if they're under 16, that's what they can do.

And Gordy had actually put his whole life on the back burner and did lots of research and he found about 300 other children who had gone through similar situations and they died a horrible death. And he just wanted to protect Andreas's dignity and give him more of a gentle closure at the end, you know, rather than put him through all that. So they had to be running from the law the whole last few months of Andreas's life because they had child protective services on their doorstep all the time and threatening to take him. They threatened to take their other two children because they said that these are not conscious parents. You know they're not. They needed to do what they were told to do. So I'm not sure how much of the story you want.

0:05:28 - Julie

Yeah, so what happened? So they left their home, and then what happened?

0:05:34 - Donna

Well, actually they found Gordy met someone who knew a doctor in China and that doctor had healed many people from the United States who went over there with terminal, different things terminal. And this doctor was a medical doctor but he also used Chinese medicine and he used Qigong. So Gordy got Andreas on an airplane and got him to China just in the nick of time when they were supposed to be checking into a hospital. His wife and the other two children stayed home because it was Christmas time. Gordy and Andreas flew to China, they met with this doctor and when they met with the doctor, the doctor had two men from a 6,000-year lineage of Qigong. They were old men and they had healed many people for being able to heal. Of course we heal ourselves, but they were able to facilitate many healings when people had been told there was no hope. So the Qigong masters and the doctor got around Andreas and said a few things and then they bowed to him and left. And Gordy went over to the interpreter and said well, what did they say? Can they help my little boy? And the interpreter said they have identified your son as one of the ancient ones, a very ancient soul, and that this disease is his way of leaving, and neither your Western medicine that would want to of leaving, and neither your Western medicine that would want to, you know, cut parts of his body off and give him chemo and radiation, nor our Eastern medicine of Qigong and Chinese herbs. None of that is going to keep him on the planet. This is his way of leaving. And so they stayed a couple of weeks and did some treatments with the Chinese herbs because they had already booked a flight or, you know, stayed there for a month. So when they got back home, child protective services were on their doorstep threatening them again. They did a few more alternative things, but at the end he was in the hospital and he was ready to die. He was in bed, he had an oxygen mask on and all of a sudden he took his oxygen mask off and Gordy went over to try to put it back on. And Andreas took his daddy's arm and he said Daddy, turn off my lungs, turn off my lungs. And then so Gordy decided I have to let Andreas be in charge of his own passing.

And he passed just a few minutes later. But the last thing he said Gordy heard him say when the wind chimes chime. And I asked Gordy well, what do you think that he meant by that? And Gordy said well, I guess he means when I hear wind chimes, think of me. And you know I should think of him, or maybe he's near me or something.

But I remembered Danny and Brinkley. Are you familiar with Danny and Brinkley? No, yeah, he's a best-selling author. He wrote *Saved by the Light* and several other things. There's movies about him.

Danny had been struck by lightning more than once, I think two or three times. He had near-death experiences. And I remembered in his book that he always talked about wind chimes. And so I had a conversation with Danny and I told him the situation and what Danny said is that when we are leaving our physical body and going through that energetic tunnel, that our frequency is acclimating to the frequency on the other side. And he said people hear music. Some people might hear angelic music. Danian always heard wind chimes and he said I believe that Andreas knew that the oxygen mask, that breathing, was holding him in his body and he needed to just be done and that he was already starting into that tunnel and hearing the wind chimes. And I thought, well, that's a good title for a book, so I named it, that the subtitle is *Ending the Greatest Fear of All*, which, of course, is the fear of death and dying.

0:09:40 - Julie
And how old was.

0:09:41 - Donna
Andreas. He was seven years old and he was a very old soul. He knew that he was dying. He knew that one day there was going to be a book written about him. I mean, I never met him, but he now somehow knew there was going to be a book written and he used to play with an imaginary laser like a light sword. *Star Wars*, yeah.

0:10:07 - Disclaimer
Star Wars with an imaginary laser like a light sword, like in *Star Wars*. Yeah, star.

0:10:10 - Donna
Wars Exactly. But he said I'm using this to heal all the children in the world who have cancer. And he also befriended his cancer. He wasn't afraid of it. He actually gave it a name and the name was Amokris, which is sarcoma spelled backwards. It's like he named it so he could reverse the sarcoma. He had osteosarcoma in his arm, that's bone cancer. But he was just extraordinary and I just knew that. I knew I wanted his story to be told.

But I also want people to know that if you have a child, you assume you're going to have some say in the treatment and you know, when they reach a point where all of the Western medical treatments are not going to help anyway, you might want to do some alternative things and you might find that you're not allowed. You might find that your child could be taken from you. In fact, Gordy found quite a few children who died in the hospital. Their parents were actually in prison because they wouldn't go along with those treatments. They were imprisoned. So when those children died they didn't even have mommy or daddy with them. It's kind of horrific what they're doing and I don't know if the laws have changed. I guess those are state laws, but I assume it's still the same.

0:11:33 - Julie
I want to take a deep dive on that in a moment. The reason why I wanted to have you on was because of this story and then also to talk in a few minutes about the dying with grace and with dignity and how we can help others, and all of that. A couple of years ago I was speaking at the Helping Parents Heal Conference in Arizona and I met a woman who told me this story

about and I'm not remembering this exactly, so it's what my memory is of talking with her and she said she had a little boy and I believe he was four and he was diagnosed with cancer and it was terminal and he was at the end of his life and the doctors wanted to do chemo and radiation and surgery and all that jazz similar to the Andreas story, and surgery and all that jazz similar to the Andreas story. And she said she just wanted to take him home on palliative care and then hospice because she was a single parent, she didn't have any other family, it was just her son and her, so she didn't have any support systems. And she said she said she was going to just take him home and you know home and nurse him and let him enjoy the rest of his life.

Well, the doctor called Child Protective Services that night. They came and got that child, took him away from his mother, would not let her see him or have anything to do with him, put him into foster care. Right, the court case for her case to be heard. I'm remembering that she said it was three months or so to come up on the docket and what they did was they let her see him once a week for an hour with supervision, oh my gosh. And they gave him chemo and all of that and she was not with him when he died. And when I heard that story I'd never heard anything even remotely close to that. And then I met you and was into your book and I thought, good heavens, people need to know that this is a possibility in the event God forbid that their child or grandchild got sick, if they didn't want to do the normal, what we say medical care. What are the options, what opportunities and what rights do the parents have in this situation where there is a terminally ill?

0:14:10 - Donna

child. I have no idea. I mean, my children are all in their 50s, I'm not worried about that anymore. But yeah, I just wanted people to know, so they're warned ahead of time, people to know, so they're warned ahead of time to really be careful about whether and a lot of things happened and the whole process of them taking Andreas to medical appointments. So many things happened. They would either drop the appointment they would get there, Gordy and Joey and Andreas would get there and sit for hours and hours in the waiting room and then someone would come out and say, oh well, we didn't even have this on the record today. I mean, this happened over and over and there were several other things the way. The doctor even announced it that he had cancer in front of the child. Not with compassion or anything, it was just a lot of stuff in there about how they were treated.

0:15:08 - Julie

Why were the appointments dropped?

0:15:10 - Donna

He never knew, but it happened many, many times over and over. And if cancer is such a, if it was so serious that it was important to get in right away, well then why did they keep dropping the importance, just forgetting to put it on the books or whatever? I have no idea, but they came across a lot of that stuff and, yeah, not sure what to say anymore about that. It's just a really sad case that we need to be aware of and get the laws changed. There's got to be more compassion.

0:15:43 - Julie

I think that at the end of life in our medical system, we've had Dr Chris Carr on the show and he is the head of Hospice of Buffalo and they take care of 1,200 patients a day. It may be more than that now. Wow, Big operation and he's an MD, PhD.

0:16:07 - Donna

Okay.

0:16:12 - Julie

And he calls end-of-life care an assembly line of the absurd, that's a good way to put it and he says that all these procedures when somebody's terminally ill, and they know they- are and the family knows they are, and you know all of this, and so we had a discussion about why.

Why are all these different procedures being recommended and suggested? And really I think the doctors are doing what they know to do. They're not taught how to deal with end-of-life care. They're taught to save lives, and so they're doing what they can, based on what their bag of tricks is and what all's involved with that and what their training is, and all of that, and I believe that there aren't malicious motives here. I believe it's just a disconnect.

0:17:09 - Donna

Absolutely. I think doctors go into the medical field to help people. I think my opinion only once they get into medical school they find out that their training is really only covering the pharmaceuticals and the surgeries and the chemo and all that. And my understanding is they really are not allowed to recommend alternative things or even diet. They don't get much training on a healthy diet and they could lose their license if they don't go along with the big three the surgery, the chemo, the radiation. And I have watched videos where even medical doctors, even oncologists, under the radar have said that if any of their loved ones had cancer or whatever, that they would never give them the chemo. But they have to do it with their patients. I don't know, I think it's a lot of follow the money, not on the doctors, not because of them, because I think they want to help people and also we have so much technology now that can keep people alive much longer than they want to be alive, and that's why I'm really an advocate for Compassion and Choices.

You're familiar with that organization, I'm sure. Right, please tell everybody about it. Oh well, you probably know more than I do. It's an organization that works with different states to allow doctors, if the doctor is okay with it, to give a medicine to a person who is already terminally ill. They have to be adult, they have to be mentally alert, they have to have a prognosis from two different sources that they have six months or less to live, and there are some other parameters in there. But I know Oregon.

When I was living in Oregon, that was the first state that sanctioned it and I even had a friend in my book. I wrote a letter, an email, that came from a friend of mine that I knew there and she announced to all of us that she was going to take advantage of that process and she thanked everyone for our thoughts and prayers and she said I'll be leaving my body on such and such a day. And she did and it was peaceful for her. I think she had cancer, but Oregon was the first and right now there's Oregon, there's Montana, Colorado, Washington State, California, Maine, new Mexico, Hawaii, new Jersey, Vermont and Washington DC, and there may be different stipulations in some of them and of course you have to find a doctor who is also willing to give you the prescription. And of course you have to find a doctor who is also willing to give you the prescription, you have to be able to ingest it yourself. Someone else cannot put it in your mouth. You have to be able to hold it and take it whatever it is, and really most people who do get that prescription, they never use it. It's a peace of mind of knowing that they have it in their medicine cabinet.

So usually, with most diseases, I think hospice and palliative care can really be enough to keep us comfortable. But there are some diseases maybe ALS, maybe certain types of bone cancer that might be really beyond what we want to suffer, and there's so many things to know that we don't want to think about, because people don't want to even think about death and dying. And that's why my passion is I want us to get to the point in our life where we can not look forward to it, but, yeah, kind of look forward to it, know that it's the next step and it's going to be wonderful and beautiful, maybe not the suffering before, but the process is. I think I've known, even since I was a little kid, my parents would take me to wakes. I never saw anybody

wake up, but they would take me to wakes and I just remember one time I would it was someone I didn't know, someone my parents knew, and I went up to the casket and I thought they're not even in there. I sort of felt like they're somewhere and I thought, wow, that must be the most exciting part of life, because as a child I believed we went to heaven. Now I have a different description of it now, but still about the same.

But I thought, why would we mourn for them? I mean, we mourn for them, I mean we mourn for ourselves because we're not going to see them again. But I thought, wow. And so I've always thought that and even more recently I've thought about writing a book called the Five Seasons of Life. I thought the first season, spring, would be like your first 20 years, and we always have things to look forward to. You know, you're a little kid. You look forward to going to school, or you look forward to becoming a teenager and maybe driving or whatever. And then the summer of life would be like the next 20 years or so, from 20 until 40. And you look forward to starting a career, getting married, starting college, having a family, all of those things. And then the next, the fall would be between 40 and 60, more or less, and you look forward to maybe getting a new spouse or a new job, a new career or traveling.

0:22:29 - Julie

Bring in your old spouse, get a new one, yeah.

0:22:33 - Donna

Or traveling or whatever, and then 60 on is the winter of life which I'm in, and maybe we look forward to traveling. But so many people they feel like there's nothing more to look forward to, and then they may become couch potatoes or you know, they're not feeling well and they just they don't find anything to look forward to and then they get depressed. I want us to be able to, even in these years, to look forward, not to want to rush it, but to look forward like there's something even more wonderful that comes.

0:23:13 - Julie

So yeah, I'm looking forward to the dying process, just not today, mm-hmm. Or aid in dying because a doctor will aid by giving you the prescription.

0:23:39 - Donna

It used to be called what was it called? Something suicide, but it's not suicide. People who commit suicide. They could continue to live, but in this case it's a person who doesn't have that choice. They know they're dying, they just want to be comfortable through the process.

0:23:58 - Julie

We had Leanne Hall on the show a couple of years ago and her son died by suicide and she encouraged me and everybody that listened to the episode to say died by suicide instead of committed suicide.

0:24:15 - Disclaimer

Oh yeah.

0:24:15 - Julie

Because, she said, committed makes it sound like it's a crime and it used to be, it's not any longer. But she said, died by suicide. There was some extenuating circumstance like died by cancer, died with cancer, died of cancer. So she taught me that and I've really tried to be cognizant of that. Died by suicide. I thought she brought up a really good point, that one I hadn't thought of, and so I just wanted to mention that too. How does our society perceive death?

0:24:52 - Donna

I think we've become so desensitized to it because we are constantly bombarded with the news or movies or all of the media that shows everybody getting all sun up and everything. So we're seeing it so much that I think for some people it's just not really very meaningful anymore. We're desensitized, really very meaningful anymore. We're desensitized. And there's some idea that the longer you can keep someone alive the better, and that's just not true. But we have technology now that can keep us alive and I think it's important to talk to our families and let them know what we would want, what we would not want at the end, so they don't have to make the decision and feel guilty. You know, if they pull the plug on you, then they have to live with that. But if you'd already told them I don't want to be kept alive on a machine, then that makes it a little bit easier.

0:25:49 - Julie

The medical directive at the end of life, you know what is it that you want? Yeah, and most people don't have that. It's called a living will, sometimes as well.

0:26:06 - Disclaimer

And it's a form you can get a boilerplate copy of it online yeah, that's true, and just fill it out.

0:26:08 - Julie

It's easy to do. Do you think that the desensitization to death is a new phenomenon with the advent of technology?

0:26:18 - Donna

Well, I know that death, like many decades ago, it was kind of expected. Well, I know that death, like many decades ago, it was kind of expected. You know, at one point, people who had a lot of children, they almost expected some of those children that you know they would die of consumption or whatever. They would die, and the family just kind of took it, took it not took it for granted. They still mourned, but they, they didn't get all the way we get now, I think. So I, I don't know, I don't know what the difference is. I just want people to know that it's a natural part of the life cycle, at least at this point. I think a time is coming when we won't be doing that anymore maybe.

0:27:05 - Julie

But that's just my personal belief studied other cultures and their thoughts and their traditions as far as how they work with their loved ones at the end of their lives, and does that differ from how we handle it here in the US?

0:27:27 - Donna

Well, I would say the Buddhists have a different. Just thinking about the Tibetan book of the dying or the dead, you know, they have a whole process of leading a soul through the bardos, which I guess are the different dimensions of the lower astral field and knowing how to be with the body and help them through that, and I kind of wish that we would spend more time with the body. I regret that I didn't with my mom. My mom was actually in the hospital.

My sister and I had visited her every day for that last week because I had flown home. I was going to fly home anyway to visit her, but before I got there she had some kind of a spell, whatever. She just kind of went in the hospital and went to sleep, but she was still alive, but it was like in the middle of the night was when she actually passed. And I remember my sister said you know, do you want to go to see her? And for some reason I said no, because I know she's not really in her body. But at the same time maybe it is better to sit with the body for three days, like some traditions do.

0:28:38 - Julie

But I find too that the different cultures are interesting. Like the Jews sit Shiva.

I have Jewish friends and went to many homes where one of their loved ones had passed, and in some instances they bring sweets. This was a home in LA and everybody brought sweets and at that point I was you know I'm a sugar addict, but I haven't had sugar in a bunch of years but I was like, oh my God, this is heaven, because there were 50 different kinds of desserts there. I thought that was great. And then other families that sit Shiva, you know it's just regular food, and then certainly there are lots of other cultures.

But I find in the families where nothing is done as far as ritual goes, the ritual I find comforting because we know what to do. We're kind of all walking around in a fog anyway and it's a way to give us closure. Whereas when I talk to people and I have many friends whose families didn't have any kind of a celebration of life or memorial service or funeral or whatever, and some of them seem to suffer down the road because they feel like they don't ever have any closure that their loved one's gone. Have you run into that?

0:30:06 - Donna

Yeah, I think that's true. I mean, there's so many different ways to have that. Closure, though, I had a friend when I was living in Boulder, Colorado. Part of my spiritual path at that time was doing dances of universal peace, which is Sufi dancing, but all the different spiritual traditions we would dance to, and it was really a spiritual path, not just dancing.

But anyway, one of the people who came there all the time, her name was Holly and she knew she was dying, and when she died she was living in a household with her sister and a couple other women and I thought she was still alive. And I went there one day, knocked on the door and her sister answered and I said well, I just wanted to say goodbye to Holly because I know she's getting near the end. And her sister said oh, you can go see her, she's up in her room. She died yesterday. They had dry ice, they had her propped up in like a bed not a bed like a chaise lounge or something facing the window so she could see the mountains. They had dry ice packed around her under the blanket and they invited people to come and sit and talk with her and say our goodbyes. But I mean, I was expecting a live body there.

0:31:20 - Julie

Wow, I've never heard of that.

0:31:22 - Donna

And then we had she wanted to be cremated or she had come up with a lot of photos through her life and she and her sister put together a beautiful little booklet with all these pictures and she wanted to be cremated, but she wanted her remains to be. She wanted them to build. I mean, plant a peach tree in the backyard and put the ashes in there. And so we had a big, huge circle doing the Dances of Universal Peace outside in the backyard with this tree in the middle and her ashes are in there. And as we were doing this dance, I was kind of asking for a sign and there was this one. I think it was a crow. There were no other birds around, but there was one bird and I think it was a crow or something, and he just kept coming through, you know, flying over us, and I just had a feeling like I wonder if that's her.

0:32:16 - Julie

Oh, or she sent the crow.

0:32:19 - Donna

Yeah, but anyway, that was a wonderful way of saying goodbye to her in a ritualistic way. And I think one of the stories in my book is about a man who wanted to die Jewishly. He was Jewish but he never practiced it. But when he was getting near the end he told his wife I want to die

Jewishly. And so they had a celebration of life with him there alive and, like you said, it's so much nicer when they can hear the things you say about them instead of waiting until they're dead and then everyone gets there and talks about them. You know, but why not celebrate while they're still alive? So that was kind of a nice thing.

0:33:01 - Julie

Is it possible for somebody to come to terms with their death?

0:33:06 - Donna

Well, I think so. That doesn't mean I think if we are given a prognosis that we're going to die, there's always going to be the five stages. Remember, Elizabeth Kubler-Ross identified five stages. You know that we are in denial and then we bargain with God and all these. I forget what they all five are, but eventually I think we can come to terms with it and, like I said in my second part of my book, the stories are about people who came to terms with it.

My grandmother was in a nursing home near the end of her life. She was diabetic and, I guess, old, she was just old. But anyway, yeah, when my mom went to see her one day, one morning, and my grandmother said, well, guess who came to see me this morning? And my mom figured it must have been the minister of our church, because who else would come that early in the morning. And my grandmother said, no, it was Jesus. He was standing right at the end of my bed and I think he was beckoning her to follow him. And my grandmother wasn't a particularly religious person, you know they went to church now and then, but I think that really comforted her at the end of her life, and I think lots of people. I think everyone has visions at the end of their life and that's got to me. That's enticement Like yeah, when I hear that someone died, I know you're supposed to say, oh, that's too bad.

I just can't make myself say're supposed to say oh, that's too bad. I just can't make myself say that. I say yeah, it's so lucky. But I try not to say that around other people because they don't understand that concept.

Even when my mom and dad both died, it's like you go, mom, I'm happy for you, and so I think it's possible. Go, mom, I'm happy for you, and so I think it's possible. But it depends on what our. You know, if we've been raised in a religion that tells us we might go to hell if we did something or didn't do something, that can be a fear that's really embedded in them that they might never come to terms with having it be a good experience. I think I believe in reincarnation, so I believe we've had many past lives where death was pretty horrific for us, and so we might be afraid unconsciously and we may have that cellular memory of a death that didn't go well, might hold on to that. There might be many reasons why people don't have a good death, but I think it's possible, once they let go of all the stuff that we've been indoctrinated with.

0:35:42 - Julie

My favorite priest, Donna, says wouldn't it be nice if we really knew whether we were going to fly or we were going to fry when?

0:35:52 - Donna

we die.

0:35:53 - Julie

He's the one that gives my angelic attendance book to everybody that comes in to plan a funeral at that church. And that's what I talk about, too, in my book, and that is that we% of people see the visions of deceased loved ones and spirits at the end of their lives and they find it comforting. And that's how you tell between grandma hallucinating. Well, hallucinations are upsetting. When you see visions of loved ones, perhaps people who've been gone for

decades, 80, 90 years, then it's comforting to them and it's something that I agree with you, that most people experience. We think grandma is just too much morphine, but it's not. It's that she's really seeing. How do you explain that? Do you think that it's like grandma has one foot in this reality and one foot in the spirit reality? What do you think's going on at the end of life when people are able to see angels and Jesus and Buddha and whomever, and Aunt Susie and Uncle Norman? You know what's going on there.

0:37:17 - Donna

Well, I think they're all right here anyway. See, we only see with our eyes at a certain frequency, but those who are at a higher frequency are right here around us. We don't see them until we raise our frequency, and so it's like the thinning of the bales. I mean, when you reach that point that you're beginning to have a higher frequency, you're able to see them and we might identify them by what we grew up learning. I mean someone. It might just be a glowing figure. If you were raised a Christian, you would identify that as Jesus, but a Buddhist might identify that as Buddha, or somebody else might say that was Moses or an angel or whatever else. Whatever you were expecting to see. I know in one of Neil's books he says something about that God will show up in whatever form you need to see it. I don't like to say him, because I don't think of God as a him, but yeah, so, yeah, I think, as we are in both sides, as we get to the last few moments or days of our life.

0:38:30 - Julie

You mentioned a really good point, one I hadn't thought of before, and that is, as somebody is dying, their frequency is raising, which allows them to see spirit. And that would make sense because the body is shutting down and the frequency of the spirit when it's attached to the body is lower simply because of the mass of the body. So as the body shutting down, that's a really big revelation there. I think that makes tons of sense. I never thought of it that way before. But as the body is shutting down, that density of the body is not interfering with the raising of the frequency of the person's spirit and that allows because I always say spirit don't communicate on the I feel crappy channels because the vibration's too low. You know, somebody feels bad and, wow, that's profound. Miss Donna, good job on that one. What does dying with grace look like?

0:39:34 - Donna

Dying with grace, with grace look like Dying with grace, being able to accept that you are leaving this world, that your family will be fine or whoever you leave behind, that they'll be okay and that there is something even better than what you have here. I know I have a friend who mentioned that when her father died, he just was fighting it all the way to the end and there's no grace. Then Grace is coming into peace and I think it's possible for us.

0:40:07 - Julie

Yeah, and I know you help people do that too. What's it feel like when nobody or when a person no longer equates fear with death? What have you noticed in the families and the loved ones with whom you've worked Well?

0:40:25 - Donna

I haven't really worked that much with dying people. I volunteered whenever I heard that from Ruth Montgomery and many, many years ago probably 40 or 40 some years ago um, and I didn't know what that meant, that I would be helping people die without fear. I had no clue. I thought, well, maybe when I die I will go through it consciously and that will help the people around me to let go of fear. So anyway, not knowing what else to do, I volunteered for hospice.

When I lived in Ohio, in the Cleveland area, we had a hospice up there and I volunteered for a couple of years there.

And then, when I lived in Colorado, I volunteered for hospice there and mostly as at that time I was a massage therapist. Of course they couldn't really handle massage too much, but I would, you know, light massage, a little bit of Reiki, things like that, and I did that for about a year, but I didn't have that many clients, I wasn't really with them at that moment of death. I would love that experience, to be with someone at that moment, but I think there's just a peace that comes near the end for most people when they finally have got it through their head that they're not going to get better and go back to work or whenever they finally have come to terms that they really are going to die and hopefully they know there really is no death. I mean, that's the whole point of all of this Death doesn't even exist. We just go on to another kind of life, or call it graduation or call it whatever you want to call it. It's not really death.

0:42:02 - Julie

So once a person can finally get really accept that, I think can just be peaceful. Well, you say there's a graduation. What do?

0:42:12 - Donna

you mean by that? What do you think happens? Well, okay, a lot of people think that this thing that we walk around in their body is who they are. But that's not who we are, because there's something that animates the body. We might call it spirit, we might call it soul, but that's really who we are. It's like when you put on a winter coat, you aren't that coat. In the springtime, you're going to take that coat off and get rid of it. That doesn't mean that you were the coat, no, that's just something that you were inside of.

And so these bodies are the only way that we can move around. We live in a 3D world, we live in a third dimensional frequency, and the only way we can get around and have our life experience is to have a vehicle, and the vehicles we were given are these bodies. And when we're finished with the vehicle, we leave the vehicle, but we go on, because who we are is what was animating the vehicle in the first place. So I know it's a hard concept for some people, but it's like I think of the eternity, and you know the symbol like a figure eight on the side. Eternity, whatever you call that. Like a figure eight on the side. You turn whatever you call that. We're in this physical world and then we cross over and we're back in the spiritual world and then we cross back over. This is reincarnation. We keep crossing back over, back and forth, between the physical and the spiritual, and so we've. My opinion, anyway, is that we've probably crossed through this pathway thousands of times.

0:43:48 - Julie

Yeah, I agree. Do you believe that we have the power to help somebody when they're passing with the power of prayer and the power of meditation? The power of prayer and the power of meditation, and what do you think happens when people are praying, let's say, for somebody who's at the end of their lives or suffering, or praying for whatever, praying for a touchdown at a football game, whatever. Do you think that that has power? The energy of prayer, the energy of meditation, of all of that? What's your take on that?

0:44:24 - Donna

prayer, the energy of meditation, of all of that. What's your take on that? I think prayer is very, very powerful and I think it's possible to help ease their mind and help them through that. And I know you're probably familiar with Raymond Moody and his book.

0:44:38 - Julie

He's been on a show.

0:44:39 - Donna

Yeah, yeah, where someone can actually accompany that person part way, where they actually find themselves going part way with them. But they can't go all the way, but that helps that

person to go. I know, a few years ago, my, my brother-in-law, was near the end of his life. He was still at home, he had signed up with hospice but he was still living at home and I had gone to visit them and as I was leaving I sat down on the footstool. He was in the chair and I talked to him. I said you know who I am? Right? He said sister, sister-in-law, really. So he knew who I was and I said I'm leaving but I'll see you again.

And I said you know, you're going to go on a beautiful journey, really, really soon and I just want you to really don't be afraid of it's going to be beautiful and you know your mom is going to be there, your dad, your I named just two brothers on the other side. They're all waiting for you and it's going to be such a beautiful experience. So just don't be afraid when you see that, that tunnel or that light. Just focus on the light. Don't worry about anything on the sides, just go for the light.

I don't know. I mean, I think he heard me on some level, maybe not consciously, and that's not necessarily his belief system either belief system either. But that evening after I left, they lived in Pennsylvania and after I left, I think he fell down and finally my sister and their son came over and they took him to the hospice building you know the hospital and he died the very next day. But I would like to think that maybe that helped him know that it's time for that journey and it's going to be beautiful. And if you can name some people on the other side that they might be happy to see, maybe that can help them with that transition too, gives them something to look forward to, so we can always look forward.

0:46:38 - Julie

Right, and in my Angelic Attendance book we do the walk to heaven, which is a dress rehearsal of what's going to happen. I have a story like that too, like yours. With your brother-in-law, my beloved Aunt Irene lived in Kansas City and she was dying and was in the hospital and hadn't spoken for a week and my schedule was nuts. So I flew in to Kansas City I think I was on the ground for like maybe 12 hours or something rented a car, went to the hospital. My uncle was there and when I walked he told her I was coming.

And when I walked in the room she grabbed my hand and I mean, this woman had a hotline to heaven. She was a prayer warrior and she was so afraid to die. And she was so afraid to die and she said she grabbed my hand, she woke up and she said I'm so afraid, I'm afraid Jesus has left me. You gotta tell me what's gonna happen. You've gotta, you know, tell me what's going on. And so I told her about her. Parents were there and I was describing who all was in the room and everything, and then stayed there for a couple of hours. She was awake. We had they brought lunch in for my uncle and for me and you know, talked about memory things when they were growing up and first dating and first married and all of that.

And then I left and went back to the airport and she didn't say another word and she passed the next morning and I, like you, believe she needed that reinsurance of really what was going to happen. And she knew that. I knew because I had told her what had happened when my mother was dying and so, and then others during that time in between when she died and my mom passed, which is what I talk about in the book too. So I think you make a really good point, Donna, in that if we can share this information with our loved ones at the end of their lives, it does help them not be so afraid and it helps them relax and it helps them. I don't know if enjoy is the right word, but you certainly gave your brother-in-law the opportunity to look at things from a different perspective and say, oh my gosh, what is this journey that we're going to, that I'm going to, you know, go through and how's it going to unfold? And you were the catalyst to have him look at something in it from a different perspective.

0:49:07 - Donna

It's also important to let people know that there's no judgment. We've been programmed to think that there is a judging God, and that's not my belief, but a lot of people it is. Yeah, and to

know that. You know, we judge ourselves, but we don't have to say that, yeah, you're not going to be judged, no matter what you did or didn't do in your lifetime right, everybody goes to heaven.

0:49:31 - Julie

The movie. Remember the movie in the 80s? All dogs go to heaven, all people go to heaven too is what I've experienced as well. Last question for you why do we incarnate?

0:49:41 - Donna

oh my, you would ask that question, wouldn't you? Well, for me, I mean. I believe we live many, many lifetimes and at the end of each lifetime we evaluate, we look back and say are there some things I could have done better? And so we decide to come back. But I also believe everything is frequency, in my opinion, everything. And when we my belief is when we go through that energetic tunnel that people see like a tunnel, that we can go so far and there is something called a ring pass knot I've heard some people call that which is like an energetic barrier where the frequency is higher, ring-pass-not I've heard some people call that which is like an energetic barrier where the frequency is higher and we are not of that frequency. We cannot go through it. So it's like an energetic barrier, that's all I could call it. And so we go through that tunnel so far, and then maybe we see some of our loved ones who have also not gone beyond that ring past knot, and so we hang out with them and we decide to come back into another lifetime, sometimes with those same people. We have a soul group, soul family, I believe, and but once we really are ready to, I see I believe in ascension.

I've been studying Ascended Masters for quite a few years. In the last five or six years I've had a couple groups of friends who come to my house and we've gone through several books about Ascended Masters and the ascension process and, I think, the ascension process. We are right now in the process of ascending into the fifth dimension, for those who want to. Right now we're living in third dimension and so in order to get there, we have to raise our frequency and that's really mostly about love, being a loving person and letting go of all of the lower frequency emotions and things, attachments, addictions, all of those things so that we can raise our frequency. And I think, for me, the earth herself, who is a living being, I believe, is going through this ascension process at this time and many of us will go with her.

0:52:01 - Julie

What is an ascended master to you?

0:52:07 - Donna

will go with her. What is an ascended master to you? Okay, an ascended master is a person who lived many lifetimes and eventually, they've learned all they need to learn on this planet and they've raised their frequencies and they can ascend to a higher frequency, like the fifth dimension is where most people are going right now. We've been taught that Jesus is the only one and he is one of them, but there are thousands of them who are already on higher levels, but they're no different than us. That's our path.

Jesus told us that we were going to be doing everything he did, in my opinion, and things, greater and greater things, of course, and so that means and things, greater and greater things and greater things of course and that means while we're here as well, but also the whole point of being here in this 3D world is to raise, is to get over it, to do what we, to have the experiences we wanted to have in this dimension and then be able to go home, which is higher dimensions, and that probably goes all the way up. I don't know. Some people say the 12th dimension is the highest. I don't know any of that.

I just know that these are the times that have always been prophesied that we would be possibly stepping off of the reincarnational cycle.

It was never meant to be the way we were supposed to be. We were supposed to come here and just live forever as long as we wanted to, but I think it was during the fall, what some people call the fall of humanity. We created this reincarnational cycle and we've been on this cycle, stuck on this cycle, because we didn't know we were supposed to get off of it. So these are the times because we're coming out of the Piscean Age, going into the Aquarian Age. This is the time when we are moving into what they call the Golden Age or Age of Peace, and there will be some people who decide not to do that, there will be some people who live at a lower frequency and then they're not ready to really move on to higher places, so they will reincarnate somewhere else, but the earth herself is going to be at a higher frequency. I know it's complicated. I don't know how to explain it any more than that.

0:54:23 - Julie

Well, I got a question for you. I hear all the time we're in the third dimension, we're going to the fifth dimension. What's the fourth dimension and why do we bypass it?

0:54:32 - Donna

Yeah, I used to wonder that too. A lot of us questioned that. My understanding is that's kind of just the bridge that takes us to the fifth and there are many levels in that fourth dimension. The lower levels of the fourth dimension would be what we might call hell, because it's a very low frequency and there may be people that get stuck there. It can be very dark, it can be scary. It could be what we call the astral field and there are souls that get stuck there for different reasons. They don't go to the light when they die. They might not know. For different reasons they don't go to the light when they die. They might not know they're dead, so they don't go to the light. They might be addicted to something. They might be in such fear that they are not going to be accepted into heaven that they just stay there. But yeah, the fourth dimension, my understanding is it's like a passageway that leads to the fifth dimension.

0:55:30 - Julie

I just think of the fifth dimension, the singing group in the 60s, absolutely.

0:55:33 - Donna

You know the age of Aquarius.

The age of Aquarius, and that's what we're going through right now, and that's really and that's also why there's so much dark stuff going on all over the planet, because there's more light coming onto the planet right now and so things that are dark you know all of the wars and the horrific things that are happening everywhere they have to come out so that the light can get rid of the darkness and get rid of the darkness. So, even though it seems like bad things are happening all over the planet, it's really good because they've been swept under the rug for too many millennia and now it's all coming out to be raised in the frequency, interesting topics we could spend a whole other hour or two on, but thank you for sharing them.

0:56:27 - Julie

You are so lovely and elegant and wise and knowledgeable about all of this, bringing to light especially this part about the laws with children who are ill, because I never knew about it. I think most people don't. So thank you for educating all of us about that. And if we don't, we can't improve. What we don't know needs improvement. So thank you for bringing that to the forefront. For those of us that now know it's kind of like once you know you can't go back to print it and that you don't know that's right, that's right kind of thing. Number one and number two thank you for also putting this information out about how we can help people at the end of their lives and to not be afraid of it, because there isn't really anything to fear, even though that's not what we've been taught. And what's the best way to control people with fear? Right,

exactly, yeah, yeah. So thank you for doing all that. How can people learn more about you and your work?

0:57:39 - Donna

Well, I don't have a website anymore. I have a Facebook page, if anyone wants to be on that. I mostly post cute kittens, but I put on if I'm speaking somewhere, that'll be on there. Or the workshop. I do have a workshop coming up April 26th here. I live in Waynesville, North Carolina, and so my workshop is called Life is Forever and it's really about starting the conversation. So people can start a conversation. I will be showing a film called Smiling at Death, which is interviews with hospice nurses and their experience of being with someone in the very final moments. So it's uplifting. And my Facebook page is DonnaCorso.39. And my Facebook page is donnacorso.39. If they want to email me, Corso donna at gmailcom.

0:58:32 - Julie

Okay, we'll put all of that in the show notes. Okay, yeah, wonderful. Is your workshop in person or is it online?

0:58:46 - Donna

It's in person. Yeah, and I live in a small town and I go to the Creative Thought Center, which is like a spiritual center. We're based on the teachings of Ernest Holmes. So, yeah, it won't be big, but if anyone wants to come, they're welcome to come. And I may do it again in Ohio when I visit my kids in the Cleveland area.

0:59:02 - Julie

So we'll see Sounds good. Well, everybody, lots for you to think about, and in the meantime, we're sending you lots and lots of love from Sweet Home, Alabama, and from North Carolina too, where Donna is. We'll see you next time.

0:59:20 - AnnCR

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at Ask Julie Ryan To schedule an appointment or submit a question.

0:59:30 - Disclaimer

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