

Perdita Finn Part 2 of 2 Transcript

0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan Hi everybody, welcome to the Ask Julie Ryan Show.

0:00:46 - Julie

It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have my dear friend Perdita Finn with us on the show today. You guys are going to love her. I'm excited for you to hear part two, where Perdita and I talk about the hidden history of women healers being burned as witches throughout Europe and the Americas, and then Perdita shares how praying to ancestors can help us create miracles in our own lives. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go chat with Perdita. I think these sacred sites certainly all of the ancient civilizations, they've seen them. They're everywhere, all over the world, and so my next question is did they originate, in some instances, from beings outside of the earth?

0:01:49 - Perdita

Oh, that's. You know this is above my pay grade, I don't know, but it's coming into my zeitgeist. I know it's a big topic right now. Like you know, we are stardust, right, stardust is part of what we are. That's what the song says. I know, right, and I mean sometimes I think it's like you know, those Russian nesting dolls. I love Russian nesting dolls, but they're really wise, right? You know, I don't know, I'm sure you know this, but we all began in our grandmother's bodies. When our mother was formed in our grandmother's body, we were eggs inside our mother's body. So we were Russian nesting dolls, right, we were already inside our grandmother's body. And I sometimes think, oh, the earth is held in the body of a bigger mother, right? Who's bigger than this? Who's the cosmos? And you know.

Interesting analogy, you know, sometimes I think you know my favorite painting of all time. Actually, it's mentioned in the Da Vinci Code, but it's by Da Vinci, and it shows Mary Madonna, but she's sitting in the lap of her mother. And it shows Mary the Donna, but she's sitting in the lap of her mother, who's like a great mountain, and it's St Anne. In Catholic folklore, anne is the mother of Mary, right, and she's like a mountain and Mary is sitting very playfully on her mother's lap and of course, then sitting in her lap is the child, and then the child is reaching up to wrap an arm around Anne, and it's like this beautiful circle of life.

What's the painting called? It's called Saint Anne and Mary. It is Virgin and her mother. I forget the official name. It's at the Louvre, I've seen it. There are very many different versions of it. It's so beautiful. But you know Saint Anne was also an old grandmother, goddess Anu in the Irish she was the sea. And you know Saint Anne goes all the way back in Celtic folklore, and so you know she a mashup of. But you know Mary also has to have a mother, doesn't she Everybody?

0:04:07 - Julie

needs a mother. Yeah, yeah, every paramecium, every whatever, yeah.

0:04:13 - Perdita

But then you know it's mothers all the way. But then I think there's, you know, that child reaching up to hold the mother too. Right, there's something really sacred about that in that circle.

0:04:27 - Julie

One of my favorite books, the Way of the Rose. I have about seven books on my desk that are up there all the time. This is one of them the Way of the Rose. Tell us about what inspired you to write this. You're one of the best storytellers on the planet as far as I'm concerned, and so tell us what really led you and Clark to write this book and to form the way of the rose fellowship.

0:05:04 - Perdita

I guess it was very selfish. Okay, so here I am, raised nothing ex-Buddhist, ex-episcopalian and I became devoted to the rosary and I loved the rosary and I kept imagining like I wish I could find other people who wanted to pray the rosary with me and didn't feel like you had to be Catholic. I love it. It's like my favorite prayer. It comforts me. I would pray it with my children. You just love it. If you pray the rosary, you know it. It's just a great thing to do, right? I pray it every night when I go to bed.

0:05:37 - Julie

It's the best sleep aid in the whole world. I use my 10 fingers because here's why I have my grandmother's rosaries. I have my mother's rosary. My first communion rosary came from Fatima. My great aunt gave it to me. But here's the way I do it on my fingers, and I think that's why they came up with 10 Hail.

Marys, and all that Because I think I'm gonna fall asleep and the crucifix is gonna I'm gonna sleep on it and it's gonna leave an imprint of the crucifix is going to. I'm going to sleep on it and it's going to leave an imprint of the crucifix in my cheek and it's going to be like a stigmata and I'm going to have this, you know, this imprint of the crucifix. So I think, well, if I just use my fingers, then if I fall asleep before I finish it, I don't have to worry about it. And my priest, father Fallon, always says if you don't finish the rosary, it's fine, because the angels finish it for you, I never finish the rosary.

0:06:28 - Perdita

It's one of the greatest sleep aids in the whole world. I go to sleep saying it. Sometimes Clark and I will say I think I'm going to take a rosary nap, which means I start praying the rosary, then I go off.

0:06:39 - Julie

Well, it's just because it's an ancient form of meditation with the beads, but it really calms you.

0:06:46 - Perdita

Yeah, yeah, why? Well, here's an example Beads are the oldest spiritual practice in the whole world. They found beads in Morocco that are 150,000 years old, and that's beads made of stone and shell 50,000 years old, and that's beads made of stone and shell, beads made of clay, or beads made of things that you know leather or things that would disappear we don't even have evidence of. But making a bead is really hard work. You know. To take a piece of stone and get a little hole through it is really hard. Why would you do this? And why would you do this, particularly when life was hard, why would you want to make a bead? And what I always say to people is if you're wearing some jewelry or you have a button on your shirt or you've got a necklace, find a bead and roll it between your thumb and your forefinger and see how it makes you feel.

It's soothing. Do you know why? Because that's our first gesture as a baby. We're born, we're put to our mother's breast and that's the gesture we make with our mother's nipple for her milk to let down and to feed us. And what happens when a baby begins to nurse is that the mother experiences the same hormone, as the baby does, flooding their bodies and it's a hormone called prolactin and it makes the mother flood with peace to be still. It makes the baby flood with peace, flood with peace to be still. It makes the baby flood with peace. It's the same hormone that lets down and allows birds to sit on their eggs and be still. And when we make that gesture with a bead they have done studies that hormone lets down in our bodies and so our ancestors were remembering the feeling of they needing their mother and wanting that feeling of comfort in their bodies.

All will be. You know what is it? Julian of Norwood says all will be well and all manner of things shall be well. That like oh, if I'm in my mother's arms, I'm going to be okay. You know, I was really sick this past winter, as in the hospital and I was too sick to pray, but I had 104 fever for 10 days and I was septic, but I wasn't too sick to hold on and I just held on to the beads and my family and my friends said the prayers for me. And that's what so sometimes when I say to people in the beginning is just get a string of beads, hold on to them and see how it makes you feel.

0:09:42 - Julie

So you think I should use an actual rosary at night.

0:09:45 - Perdita

I do use my fingers all the time. I used to use my fingers on the subway in New York because I didn't want to embarrass myself by the rosary in public. Now I embarrass myself all the time and I want people to ask me about my rosaries.

0:09:58 - Julie

Yeah, all right, I love it. And you're the one who brought the rosary, you and Clark, into the modern world, in my opinion, with no expectations of you. Got to be Catholic, you got to be devout, you got to be. You opened it up to everybody. And how many people do you have in your fellowship now, like from nothing, that you've put together?

0:10:31 - Perdita

Well, here's the thing. I was praying the rosary. I never thought Clark would pray the rosary with me. Then a lady started showing up and talking to him and said you know, if you rise to pray the rosary, no, if you rise to pray the rosary, it might be interesting, right? And so, Clark, it's the first rosary miracle that we experienced after our lady showed up was we were praying the rosary together.

And then how could we explain to people how an ex-Buddhist monk my husband used to be a Buddhist teacher and till he exposed all the sexual and financial crimes of all the Buddhist teachers how could two people who were not Catholic and what right do we have to pray the rosary? How can we invite other people to pray the rosary? And so Clark, in this kind of naive, cheerful way that he has, went on Facebook and said anyone want to pray the rosary and be devoted to what he said ecology, not theology, to be devoted to the earth and to let it. And you get to call the lady whatever name you want to call her. And people started showing up.

Julie, people have showed up from all over the world. Sometimes at our Rosary Shakers, we have people calling in from Russia, from South Africa, from Saudi Arabia, of course, from America and Europe and Australia and New Zealand. But people love their mother and they've been called, called to her, and a lot of people feel like they don't have a right to pray the rosary because they're not catholic. And you know, our lady has said in a number of her modern

apparitions that hard times are coming. Pray the rosary even if you're not cath, just pray the rosary.

0:12:26 - Julie

And so you have tens of thousands of people from around the world. I mean, last time I looked it was like 40,000 people or something.

0:12:35 - Perdita

And then we have the email list that's just on Facebook, so it's even bigger. Yeah, I guess, and Clark and I just wanted to have rosary friends.

0:12:48 - Julie

I know I joined you on New Year's Eve and brought a couple of best friends. I know it's just so nice, that one year.

0:12:54 - Perdita

It's nice to have rosary friends, and we do. On June 16th of every year, we have a big party and people come from all over the world to celebrate Our Lady of Woodstock and we all pray the rosary together. We do it online and in person.

0:13:08 - Julie

Yeah, I know you do. All right, let's change directions for a little bit. You're the first person who told me this was just this huge revelation to me, that it was women healers who were burned at the stake as witches. And I remember when you told me that and I remember saying what, and you said, oh yeah, and they were burned by some of the most well-educated, wealthy men in Europe and America. So I want you to. That was such a huge revelation to me. Maybe I live under a rock or something, but that was the first time it was a revelation for me.

0:13:50 - Perdita

You know it's. One of the things that's really amazing to me, Julie, is how few books there are about what happened under what we call, you know, call the witch times, and there's a lot of mythology and wrongheaded facts about the times. It didn't happen in some superstitious dark age. It actually happened from the 1500s through the 1700s. It was really what we call the modern world, the time of the printing press and education and the enlightenment that gave birth to this violence against women, against the land and against the old folk practices. You know I talked about those Madonna statues being burned in Europe, and a lot of them were burned in the Reformation, but actual women were also burned on both sides, and you know which followed the Inquisition right when it was kind of that was the first purging.

0:14:56 - Julie

Yeah, the Inquisition was you're getting ready.

0:14:58 - Perdita

Right, you're getting ready. I mean, it's really, it's so awful. You know there's a marvelous book I recommend. It's really, it's so awful. You know there's a marvelous book I recommend. It's called Witch Craze, by a scholar. Her name is Anne Barstow. It's very readable. She says in the beginning you know, she was, you know, a professor, a college professor. And she said you know, I want these women to have names, I want them to have stories and I want to document. You know, there were villages in Germany where, after the Inquisitors came through, not a single woman was left alive. Wow, and what were they so afraid of? Do you know what the crime was? Julian, I'm looking at you and I'm wrapping an arm around you because you know, talking to the dead, yeah, that was the thing they wanted to stop that.

0:15:46 - Julie

So did that come from the church? Did it come from academia? Was it a combo platter? Yeah, I think it was a wonderful thinker.

0:16:06 - Perdita

He was a neuroscientist and he noticed that innovations and I never can keep left and right brain straight because I'm probably the other kind of brain you're supposed to be, I never know which is which but he noticed that there were certain innovations in the world that made us more analytical, for instance phonetic spelling, and then the printing press, and then the internet, and after the invention of each of these new mediums of abstraction he calls them people become much more violent against the feminine. It's a book he wrote. His name was Leonard Schlain. It's a book called the Alphabet Versus the Goddess and it's kind of a revelation and what he says is what happens.

You know, when the printing press is invented in Europe, prior to the printing press, most people were illiterate. Your village priest he'd never read the Bible, he was illiterate. I read a wonderful book about preliterate Europe and it described this you know bishop coming into a town and he asked somebody. He said do you know who Jesus is? And he says oh, I know that bloke. He's the guy who hangs upside down from the tree every spring so his blood can renew the earth. And it's the story of Odin. You know, I mean people just had folklore. And then Gutenberg invents the printing press and what gets printed is the Bible and everybody, can you know people, some people can read or are reading the Bible and everybody, can you know people, some people can read or reading the Bible.

But the second most published book after the Bible was a book called the Malleus Maleficarum and it's a book about finding out witches and hunting them down and torturing them and killing them. Wow, and that's it unleashes. And even today it's the second. Well, no, it was. It was in in the in the 1400s, the late 1400s. It was a bestseller. Um, I was gonna say not now, but but what he says is it was really interesting is he says you get these innovations, these technological innovations, and they abstract us from the real world and they make us more violent. And so he would have said, like the Internet social, we see this in social media People have lost. I keep wanting to teach people manners again. You know, like you don't have to have an opinion about everything, you don't have to shoot your mouth off about everything. You know be nice, right, but people get more violent and inflamed with each other and we forget how to talk to each other and be together.

0:18:49 - Julie

So why Europe and America? Or did it happen in more places than I'm?

0:18:54 - Perdita

just telling you Well, it does happen, he does chart that, it happens in other places, and there's, you know. I mean, I think, why the Western world you know what You're going to love. My next book, Julie. Can I send it to you for an endorsement? Yeah, yeah, yeah, I know this is what it's about?

0:19:08 - Julie

It's about the mother.

0:19:09 - Perdita

So what happens? You know, here's what happens and it's a really big change. We used to be hunter-gatherers and that meant that we walked around and we ate whatever was available and we were like the geese and the deer and we followed the herds and we followed the seasons and we went where the food was and we walked. We walked a lot. People only worked for about two hours a day in hunter-gatherer culture. It was not hard. You could put

your hand in a stream and pull out a salmon the size of your head. You could put your hand in a stream and pull out a salmon the size of your head. You know it wasn't. And hunter-gatherers ate a significantly more varied diet than we eat. They ate a better diet than we ate and they lived longer. Now more children died that's true, right, because, but they weren't plagued by disease. Then a really interesting thing happens. Why it happens, we could talk about that for a whole show. But at a certain point, 10,000 years ago, we begin to stop being hunter-gatherers and we start noticing that grains crop up and grow. We start reseeding grains. One of the theories is that the first reason we started to farm was not to grow bread but to make beer that literally we got drunk. And it's really interesting. This happens all over the world. The four major grains rice, barley, corn and wheat all create civilization, and wheat all create civilization city-states.

What happens is, instead of walking across the land, instead of being part of the seasons and sort of living in this very maternal embrace of seasonal return, we start owning things. We start owning the land and from the very beginning of civilization it's only benefited the 1%. It's about wealth, hoarding wealth and in order. You know agriculture is back-breaking work. My son is a farmer, so I know of what I speak. You know he's out buying a special belt for his back right now because it's back-breaking work. But it gives you the illusion, some people, that we're not going to have to go hungry, right. But in fact, when agriculture begins, most people end up being malnourished. They're only getting bread right. They're not eating a varied diet anymore. The land gets exhausted. The land gets exhausted. And how do you convince people to be your farmers? Well, you give them a beer at the end of the day and you also enslave them. And then you also have to go get more land because the land gets destroyed, it gets too tired, so you have to go conquer another country and get another land. You know, that's what Europe was about. We had to come to America to get more land, right? And so civilization breeds a lot of violence.

And I always think that Jesus was trying to teach us how to be hunter-gatherers again. He says you know, consider the lilies of the field, how they grow. He was traveling around with his followers, trusting that the earth would feed them, and that's a really radical way of living. I mean, we can't live that way anymore. The earth isn't. We don't live on the same planet, right? Everything, you know. The forests are gone, everything has been changed, so, but that creates a lot of civilization, creates a lot of violence.

Civilization is dependent upon slavery and misogyny. And the other thing that happens in civilization is these indigenous cultures, these hunter-gatherer cultures. They're not matriarchy so much as they're mother-centered. Does that make sense? Grandmother-centered, you know, mother-centered. And then what happens is, just as the land has to produce food, women have to produce children to work in the fields. Women have to produce children to work in the fields. They're baby producers. And then the men want to own the land. You own the land and you only want to give it to your son. So you have to, you know, women have to. You have to own your women who will produce your children, who will inherit your land. So all of this misogyny and violence comes you, you know, in Jesus's day.

2000 years ago, it was still possible to imagine returning to that hunter-gatherer lifestyle. I think his world, you could still imagine it, leaving empire behind, leaving the Roman empire behind, trusting the fish. Right, he really, he really, you know. He said look, we're going to, we're going to figure out how to eat, we're going to figure out how to do this again. He, really, he really, you know, he said look, we're going to figure out how to eat, we're going to figure out how to do this again, you know. So interesting to me is in the new world, in America, you know, often women would run away to live with the indigenous peoples and they never wanted to go back to the pure tits. They never did. There are all these stories about it.

0:24:31 - Julie

Yeah, never did. There are all these stories about it, yeah, and the whole primogeniture thing is a really good point too, because women couldn't inherit things. I think Queen Elizabeth changed that before she died so that Princess Charlotte could assume the crown if need be and they wouldn't pass her over for her little brother. But God, how many eons has that been in place. Back to the women healers. What was the whole point of burning those healers at the stake? It's disempowering women. What was the whole point of burning those healers?

0:25:09 - Perdita

at the stake. It's disempowering women and you know we see this a lot. You know the midwives were. You know the men took over the birthing of babies and you know, decommissioned the midwives and I mean a lot of it was. You know this gets into some really complicated territory, but it was also wanting to control birth. And you know midwives had other lore too. They knew how to tell women how not to get pregnant. They knew how to tell them. You know there's really you know they knew how to tell them how to stop a pregnancy and this was lore that women needed. Right, they needed that and it was very. But men wanted to control women's bodies. They wanted to control the land and they wanted to control women's bodies.

0:25:55 - Julie

And they wanted their, their women, to continue to produce, because babies didn't survive. So they needed the work hands.

0:26:01 - Perdita

basically, exactly, you needed work hands and you needed and and it was. You know it was forced, you know it was forced labor. You, you know you had to produce children, to work in the fields and, um, so it's really, it's complicated stuff and you know we've seen such an advent, a return of the midwifery movement. You know I have a number of friends who are midwives, who've become in and because you know we've forgotten that some of these things can happen, you know there's a lot of loss.

You know my favorite television show, my most spiritual television show, is called the Midwife. Have you ever watched it on PBS? I haven't, but I've heard of it. Oh, Julie, if you need like something to bring your blood pressure down in every. It's about a group of young women. It's when national healthcare gets, you know, instituted in England after World War II, and so they, they commission all these young women to be midwives, who go into poor communities to be the midwives. But they're not just midwives, they're social workers and they're doctors and they're therapists and they live with a group of nuns in this poor community. It's based on a true story, a memoir, and it's all about these old women, nuns who are midwives, and these young women coming together to care for this community and it's just the most moving spiritual story and it makes me wish that every community had such a house, that had a group, a community of women who was caring for people like that.

0:27:32 - Julie

But I think that we've been taught, though, that you don't want to deliver at home, you want to be in the hospital, because if there's an emergency or something you know, you've got to be there, and I'm actually pro hospital that way.

0:27:47 - Perdita

You know, I have a daughter who you know has a lot of health conditions, and you know she'll have to give birth in a hospital. Do you know what I mean Like? And and you know, you gotta remember, women died too, and you know. But some, some women can give birth at home and some need to run to the hospital.

0:28:03 - Julie

but you can also and, and there's more, I think of an incidence where there are midwives and birth doulas that are in the hospital coaching them. That's what I had. Yeah, so well, you were progressive.

0:28:19 - Perdita

You were way ahead of that curve, you know. Can I tell you a secret? I did it my second child. I had a midwife, but my first child the insurance would only cover this old OBGYN. He was a guy, he was the best. I loved him. You know what I mean. Like I'm always telling young women, you don't need an Instagram-worthy birth plan, you just need a good, experienced guide, and it doesn't matter if it's an old. You know he was an old Park Avenue OBGYN and he was the best.

0:28:54 - Julie

I had Jonathan without any drugs because he came really fast. I remember saying to my OB at the time I don't want to do this anymore. She said yeah well, the train's kind of already left the station. And then I said I know bazillions of women have done this and survived. I can too, but I vividly remember saying I don't want to do this anymore.

0:29:22 - Perdita

And I was in the middle of labor, my Irish grandmother to come full circle. You know what she said when she went into labor with her first child. She turned to the doctor and said how does it come out?

0:29:38 - Julie

He thought her stomach was going to open up. Oh geez, can you imagine? Oh geez. One more question about the burning of the witches, because this just still blows my mind. You said that it was some of the most well-educated, wealthiest men that were behind all of this and they were kind of basically stirring up the frenzy and all of that you find the worst violence in the places with the most educated men, and you find the least violence where there is the least education.

0:30:07 - Perdita

So in Germany and Scotland and England and Northern France, you find the worst violence. In Germany the worst. And it's among you know, scholars and academics and PhD students. We see this again in you know. People talk about Salem a lot. By the way, that was not the only witch trial in America, there were lots. By the way, that was not the only witch trial in America, there were lots. There were 14 women hung in Hartford, Connecticut, years before.

0:30:37 - Julie

Really, but that was long after when it was happening in Europe, wasn't it?

0:30:42 - Perdita

No, it was still going on. Plenty wild in Europe, plenty wild. Oh, it was, it was absolutely, it came over to America.

Yeah, it really came over and there's been no single documentation of all of the witch violence in the Americas. And it's really interesting. There was so much of it and I've known a few people who've gone around and begun to collect this information and it's pretty astounding. The first woman killed in the Americas was in 1635, like a few years after the Puritans. Her name was Alice Young. There was a flu epidemic in Connecticut and the minister's children died and Alice nursed her children through it successfully and she was accused as a witch of being a witch, wow, and killed Craziness, crazy, right, and it's just but so anyway, in Salem, you know, we make children, teenagers, read the Crucible right Written by.

You know, I can't think of his name right now, married to Marilyn Monroe. We will remember Marilyn Monroe and not his name. His name right now married to Marilyn Monroe. We will remember Marilyn Monroe and not his name. But it pretends as if it's about a bunch of girls being hysterical and getting everybody killed, and that's not what happened. What happened is a group of Harvard intellectuals came up to Salem and got a lot of women killed, and they're the ones who set up the courts and built the gallows.

And we don't know why, though they they wanted to suppress folk practices in the new world. You see, you want you, they wanted to suppress, you know, and what you see is that and you also see this happening with the indigenous community and the enslaved african community they're bringing their indigenous wisdom to the new world, right, and it's being suppressed with tremendous violence and women are being taught. You only have to kill a couple of women to frighten a lot of women, right, and so you're not going to be talking to your dead grandmother, you're not going to be. You know, cooking up magic. You're going to be very frightened. You know, I write in the new book I just finished writing.

I had an ancestor. She came over at 15 by herself to Boston, right after the pilgrims. I don't know why she came by herself, except she left an area that was five miles from a place called Pendle Hill where 15 women were hung just a few years ago before she came. So she must have been horrified, right, must have been terrifying. And she comes to this country and she gets to Boston, and I don't know why again, but she goes down to join Roger Williams in Rhode Island because she wants to leave the Puritans behind. They're too scary. And then she's very close to Connecticut where Alice Young is killed. It's right there. It's all happening all around her and I think of her, this ancestress of mine, and what she's going to tell her daughters behave yourself, be a good girl, don't act up. Don't you be different? You dress like everybody else. You talk like everybody else. Do you know what I mean? Don't you do anything weird, because it can cost you your life. It costs you your life and then it creates. You know my wasp grandmothers.

0:34:25 - Julie

Well, and the other thing that's coming into my head too, Perdita, that I think that's really fascinating is they couldn't talk to their dead grandmothers, but it was okay to pray to the saints and the angels and Jesus, and whoever.

0:34:40 - Perdita

You couldn't pray to the saints if you were Puritan, I mean if you were Protestant. The saints got eliminated and Mary got eliminated. You know Protestantism. Let's call it what it is. It's an attempt to get rid of Mary and the saints. I never thought of it that way. It's really simple and it's really just an attempt to get rid of all of the faux practices and consolidate power in the men.

0:35:04 - Julie

Huh, interesting, that's another show.

0:35:09 - Perdita

And the real thing that happens with the Reformation is the getting rid of the idols, right, the getting rid of the statuary. You know we talked about these statues that are so powerful and you know people were devoted to them. They were more devoted to them often than they were the priests.

0:35:27 - Julie

Yes, Well, back to Jonathan. He's going to be mortified. I've mentioned him so. So my husband's there, Jonathan's in kindergarten, you know. He's got this beautiful bouquet of peonies out of my garden that I wrapped with a ribbon, and he's all dolled up and ready to go,

and so the little kids are processing in and they're singing these songs to Mary and leaving flowers. And my husband turned to me and he said and you wonder why people call this a cult.

0:36:19 - Perdita

Well, here's the thing, what you're describing, that May Day celebration yeah, it's ancient, the oldest spiritual tradition in the world.

0:36:29 - Julie

Yeah.

0:36:47 - Perdita

Precedes Christianity. By what the joy Children love it. You know we do at our feast day celebration. We make flower crowns and the kids love to make flower crowns, and then they love to go crown the lady and then they crown themselves and they crown their To be crowned with flowers. You know, we don't need. We've worn a crown of thorns for a long time. Right, right, yeah, we need the crowns of flowers back.

0:37:15 - Julie

Right, yeah, we need the crowns of flowers back. Yeah, but it was interesting because I was looking at it from his perspective of not having been exposed to it before, and from a male point of view, and I thought I understand what he's saying. Oh yeah, yeah, I get it. And at the same time I didn't think anything of it because I'd been raised with it. And then, when I did some research on it, I learned what you just mentioned, that it's just ancient way precedes Christianity Way, way, way. So a couple more questions as we're winding down. I could talk to you all day, as you know.

0:38:09 - Perdita

Why do we pray to spiritual beings like angels and saints and Jesus and the Mother Mary, and you receive a different present from people and it's a real treasure, like I found the apple butter in my cabinet that my nephew, my beloved sweet nephew, made and brought to me at Christmas and we finally had it this morning on our muffins this morning. It was so good and it was just that connection of intimacy that he had brought this gift to me, of intimacy that he had brought this gift to me. And I think that we live in a time when more helpers are better, not less right, but we also. I pray to all kinds of saints. Okay, I pray to everybody. I'm an equal opportunity. You know, Julie, I don't like to leave anybody out. You know, teach me a saint and I'll pray to them, and I mean it. I begin my morning with so many prayers to so many different beings and saints and angels, and they all have different gifts and they all arrive like the magi with different gifts and we get to know each other. I like having friends on the other side, just like we found a way to have friends to pray the rosary. I pray to all these saints.

So once we were about to have guests for the weekend and our toilet broke. You know it's a crisis and in Woodstock getting a plumber on the weekend is impossible, impossible. We're a tourist town. It's impossible. I said there must be a patron saint of plumbing. There must be. So I get on Google who's the patron? The patron saint of plumbing is a guy called St Vinnie Ferrer. Of course it is Vinnie Ferrer from the 12th century. He died in the sewer. Okay, so Vinnie Ferrer is the patron saint of Plum and he goes Vinnie, you get me a plumber and I will never forget you. I have his picture on the altar because I put a call out on Facebook and somebody told me about their cousin who I think had just got out of jail, who used to be a plumber, and he came right over and he wanted cash. He fixed the toilet and everything was fine. And I love Vinny and I always tell people about Vinny and I know so many people now who call on him.

I talk to all the dead. I talk to the saints. I also have secular saints. Elvis, I bet you Elvis had my kids have a genetic condition that makes their lives very complicated, called Ehlers-Danlos Syndrome, and Elvis probably died of Ehlers-Danlos Syndrome, and so I pray to Elvis every

morning. I wrote him a little prayer love me tender, love me sweet, help my kids get on their feet, for it's one for the body and two for the soul. Three to get healthy, go, get go. Every morning, Elvis and I check in about my kids and their Ehlers-Danlos. I pray to everybody, I pray to my grandmothers, I pray, I pray. You know you've told me about Pope Clement, so I pray to Pope Clement. You introduced me to him and we've gotten to know each other and I love having friends on the other side.

0:41:14 - Julie

Yeah, don't you? I do, and here's my take, and I love your opinion about this. My take is we're all a fractal of the divine. Yes, and it's God speaking source, speaking through all of these different fractals, because it gives us a better human frame of reference in order to connect, instead of, for me, the thought of speaking to God himself, you know, sounds like James Earl Jones or Morgan Freeman or somebody in an extra deep voice, I think, and I realized that it's all source, it's all coming from the divine working through, just like when I'm working with people. It's spirit communicating through me and with me to help heal people, to help communicate with people, whatever, and so that's my take on it. But you are the master of all the queens of you. I tell people about you all the time.

0:42:26 - Perdita

I tell you people about you all the time because you know you have the most important piece of information of all and I want to just talk about that. Which is the reason I talk about you all the time Is you said you know people are going to die when their mothers show up, and you talked about the importance of the mother. She runs the show. She runs the show and we need to be in relationship to our mothers on the other side. And I tell people, you know, get your house in order before that moment. You know I sometimes go, like you know, I was really, really thank goodness I didn't see my mother when I was really sick this winter, right, but at one point I thought, well, if my mom, you know, the other side is, I would have seen my mother and I love her.

0:43:11 - Julie

Well, I tell people about you because I say my friend Perdita has a checklist before she gets out of bed every morning and she's like okay, mom, I need you to do this. Dad, I need you to do that. Grandma, I need you to do this. St Anthony, I've lost my necklace. Can you find it for me?

0:43:28 - Perdita

St.

0:43:28 - Julie

Anthony is very busy in our household. You have this list of things that you ask for in your prayers before you get out of bed in the morning and you tell me they all come true. Yeah, so how do people?

0:43:42 - Perdita

do that? I say start simple. Ask one person you know on the other side for one specific thing. It could be a parking space, it could be a human being on the other end of the phone, it could be a parking space, it could be a human being on the other end of the phone, it could be a money issue, it could be something. But make it practical and tangible. So you know, if you pray for world peace, you don't know if you're going to get your answer or not in this lifetime. Right, so we'll get practical in this. Let your necessity so tell you a story.

I knew a woman who I gave this advice to her, and she lives in a place where there was a terrible drought and she just planted these trees and her trees were dying and she was told she had to mulch them with wood chips to keep them alive after she watered them during this terrible drought. But everybody got the same advice and none of the nurseries had wood

chips. They were all sold out and she couldn't find wood chips anymore. And she couldn't find wood chips in them and she said so she had an uncle who had been like in construction or something and she said and he used to bring her dines for candy bars when she was a little girl and she said uncle, get me some wood chips. And then she said I better find a photo of them. So she went and looked through her albums. She found a photo of them and she's just putting it on her bookcase.

When she hears the noise of a truck backing up outside and she runs outside and her next door neighbor is having a truckload of wood chips delivered and she says can you deliver me some wood chips? And he says, yeah, this guy only bought half a truck, you want the other half? Wow, Sat fast. And then she came and she was really shaken, she was scared, she was kind of freaked out and she said this is real right. And I said this is real, your uncle loves you. And she said well, now I'm going to ask him to help me find a husband. So did she?

0:45:34 - Julie
find a husband.

0:45:35 - Perdita
I don't know, I don't know, I don't know. Sometimes you need a big team. I got a team on my daughter. I don't know, we're working on it.

0:45:44 - Julie
So matchmaker team.

0:45:46 - Perdita
Start small, start small, start tangible, start small. And I tell a story in my newest book about we had this couch. It was an old couch and one Thanksgiving my niece sat on it and her butt went right down to the floor and that was it. It was over, and we just didn't have money for a new couch and my aspirations for couch and our financial resources were not meeting up. So I thought, you know, okay, we'll go to like, we'll look at Goodwill, we'll look at the Habitat for Humanity Restore, we'll look at, you know, we'll check the want ads. And I discovered that they're the ugliest couches in the world out there. And it got so bad Like I was like, oh my God, I wish I I could win the lottery so I could buy that slip-covered pottery barn couch I'm dreaming of, you know, in velvet.

And through this whole process my daughter had to go to the doctor in this town, the next town over, and she kept asking for me to take her to this junk shop because she loves to buy clothes and she has too many clothes. And the junk shop was out of our way and it was across the highway and you had to make a left turn, across traffic, which I hate and we were always in a hurry to go to the doctor and I always said no. And one day she got so angry. She said I've been with you to look for so many couches and you won't take me to buy jeans. Can we just go to the junk shop to look for jeans? Oh right.

And as we pull into the junk shop, a truck is coming in and in the back of the truck is a brand new velvet pottery barn couch. Wow. And I said to the guys is that for sale? They said, well, we're going to just donate it. But if you want us to donate it to you, we'll donate it to you. And they drove it over to my house. So who did you pray for for that? That was my mother. I asked my mother, I'm sorry, and your mother was a fashionista.

0:47:42 - Julie
She was a fashionista.

0:47:43 - Perdita

She had a wonderful couch and a beautiful home, and she understood that the couch was a mother's, where you sit with your kids and you. You know you have the family and so I have my couch and my miracle couch.

0:47:58 - Julie

Well, and you know, you have a book about all the miracles. That's my next book coming? Yeah, that's coming, all right. Last question why do we incarnate?

0:48:07 - Perdita

Oh, because we love each other so much. You know, there's not enough time for love when you fall in love, you know, and I'm not just talking about romantic love. Like you know, I made friends. I've got a good friend in my rosary circle. She's an 89-year-old woman who's shown up from California, who couldn't believe she discovered us, and she comes to pray the rosary and she's like my long-lost soul sister, right, and I just think like, and she's like my long lost soul sister, right, and I just think like, oh, I hope next time around we get to be friends who live next door to each other.

You know, and I, like you know, I don't get to see you very often and I think, oh my gosh, I would love to be, like you know, sisters with Julie in my next life. Look, think about the mischief we'd get into. Oh, I know, we'd have to alert the authorities. You know, my favorite movie about reincarnation is Groundhog Day, because we think that we don't want to be reborn. You know, Bill Murray in that movie doesn't want to be reborn. He doesn't want to wake up to the same town and the same day, but eventually he falls in love with where he is.

0:49:11 - Julie

Yeah, yeah, beautiful. You are so extraordinary. You are one of my favorite people on the planet, and I love Clark too, as you know, and so I just can't say enough good things about you. Everybody watch this episode. Obviously, you're watching it. We've come to this end. But then watch our other two interviews. We're going to put them in the show notes, because Clark's on the first one and he's just as charming as you are fabulous, and I love the story of how you met. And then in the second one we talk about ancestral healing and things like that, and I find that when I'm with you, whether it's on Zoom or in person, that there's just so much to talk about with you that we just can go on and on, and on.

0:50:04 - Perdita

So, thank you, well, I am so grateful for the work you're doing in the world, Julie. I really I just think you are such a, you're just such a force of goodness and love and joy in the world and you bring so much faith to people. I just you know. Thank you from the bottom of my soul Well thank you for those sweet words.

0:50:26 - Julie

How can people learn more about you and your work?

0:50:29 - Perdita

Takebackthemagic.com. That's my website, and there you'll find out what I'm up to about all my books and the workshops I teach If you want to learn more about praying the rosary www.wayoftherose.org and you have a sub stack because I belong to it, I do, and that's also called Take Back the Magic and Way of the Rose.

We're on Facebook, we're on Instagram and we're even going to be on Substack in the next month. So you know, we're all over the place, you can find us and we're not standoffish, so come pray the rolls with us. No, no, no, no, you're like a warm hug.

0:51:07 - Julie

Yeah, All right, everybody. Lots lots to think about here. We've raised all kinds of different conversation lines in our time together. In the meantime, sending you lots of love from Sweet Home, Alabama, and from New York to where Perdita is. We'll see you next time. Bye, everybody.

0:51:27 - Ann cr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

0:51:42 - Disclaimer

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