

AJR Show June 5th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan hey everybody, welcome to the Ask Julie Ryan Show.

0:00:47 - Julie

It's where we blend spirituality and practicality to help you live a life of purpose and joy. We got a whole bunch of people waiting to ask their questions this evening. If you want to have a conversation with me, please join us at AskJulieRyanShow.com and if you're coming in on the live stream on YouTube, we're at Ask Julie Ryan Got Samantha over there helping you. Please put your first name, where you're located and your question in the chat and then, if you're calling in and you're joining us on AskJulieRyanShow.com, then we'll have a conversation and I'll find out where you are there. Also, you want to stay tuned for the whole show because I'm giving away a free session, you guys, tonight and it's valued at \$750. So it's a big prize and I give away a free one the first Thursday of each month. You know we do this show every Thursday at 8 Eastern, 7 Central and 5 Pacific and in order to be considered for the prize, we do a drawing and you just leave a review on YouTube and also on anywhere that you listen to the podcast or on all the podcast networks. And we even take winners from the Amazon book reviews, because there are seven books up there. Just type in the search, Julie Ryan, and you'll see all the books and leave a review for one of my books, and we take winners from there too. So leave a review on podcasts, leave a review on YouTube or on Amazon and you may win a prize. Remember to subscribe. Remember to ring the bell if you're doing YouTube. Remember to subscribe if you're listening to the show on podcasts. To the show on podcast.

Okay, Chris, who's first? Okay, Maria, hi, Maria, I love what you're doing. Well, thanks, could you scan my 70-year-old sister Velma? She has severe glaucoma and cataracts in both eyes. In 2021, she had eye smoke in the left eye. She lives in Pomona, California. Okay, Maria, here we go. We will scan your sister Velma.

All right, how this works for those of you who are joining the show for the first time is I raise my vibrational level to level of spirit, because we're all spirits attached to a body, having a human experience, and when we're attached to a body, we vibrate more slowly, simply because the body has mass. So I'm going to watch a laser beam come from my body. It's going to hook into Maria and then I'm going to go from Maria to her sister, Vilma and I'm going to ask Vilma for permission if I can scan her, Maria, because I don't scan anybody without their permission. So I'm going to ask her telepathically. If she says yes, I will. If she says no, I won't. But all is not lost, because we can talk to her spirit. The reason why I do it that way is because I think it's an ethical situation when I am scanning somebody without their permission and I really work hard on my ethics and you know staying ethical in everything that I do and you know providing spirit working through me and with me. If I'm a criminal, spirit's not going to work through me anymore because my vibration will be too low, or if I'm unethical. So, anyways, that's just kind of a little standard that I use.

So I'm going to describe the healing. Something will be identified. I'm going to describe the healing. I want all of you listening and watching. Whether it's real time tonight or whether it's five years from now or anytime in between, it doesn't matter. I want you to envision what I'm

discussing and what I'm describing, because when we do that, it's like we're all sending Vilma this healing energy. It's kind of like the power of prayer. When we all are focused on one thing, miracles happen and it's spirit working through me and with me to help the person heal themselves, because, remember, nobody heals anybody else. We all heal ourselves. It's just we're sending the healing to her and then she'll integrate that into her body and she'll do it in a way that's best suited for her, based on what her spirit wants to explore and experience in this lifetime.

Okay enough, let's go to Maria. Here comes my laser beam from Sweet Home, Alabama, heading out to you in Pomona. I know Pomona. I used to call it Pomona Valley Hospital a million years ago when I was a sales rep selling hospital supplies in LA. All right, got you Going from you to your sister. Okay, got her.

So, velma, I'm talking to Marish. She said I know it's fine. Okay, good job setting that up, Maria. And I'm shooting energy from her feet up through the top of her head. It's going to her right eye first, Maria, and what I'm watching happen is I'm watching.

First of all, the lens of the cataract is getting removed from her eye and there's a new lens called an intraocular lens that's getting put in and there's one little stitch on the outer corner of her right eye. We're going to do the same thing on the left eye. So here we go, removing the lens. It looks like a contact lens and then there's an intraocular lens going in one little stitch on the left side. All right, now the eyes are getting balanced so that they're looking out. I'm looking through her eyes from behind her head and they get balanced, kind of like when I was a kid sometimes the headlights on your car were balanced right. So I remember my parents going into the dealership and they had to balance the car lights. That's what this reminds me of.

And to treat the glaucoma, what I'm watching is this pinpoint laser is just lasering a few little pinpoint holes in her eye, in the front of her eye. Same thing on the left eye. The right eye looks worse to me than the left and that's going to let the pressure out from the glaucoma. Is she diabetic? My guess is she looks like she may be and that I know can really cause problems with the glaucoma. And I'm checking the vascular system behind her eyes, roto-rootering that out a little bit. There's a corkscrew in there and it's spinning to clean out any kind of debris to get better vascular flow into her eyes. And we're also tightening the muscles in the back of the eyes and they get pulled together. It reminds me of a horse's reins, when you'll see the rider take the reins from both sides of the horse's head and they'll hold them in one hand. That's what this reminds me. So, Maria, you're a sweetie to call in for your sister and hopefully this is all going to help her see more clearly. If she's going to get the cataract surgery done it's normally a breeze. She'll be in the operating room for maybe 15 minutes, and it's just. They've done billions of these surgeries for decades and it's really successful. So I hope everything goes well for her and I hope this helps her see better, or see better. Thanks, Maria.

We're at AskJulieRyan.com AskJulieRyanShow.com and we're on the YouTube live stream at Ask Julie Ryan. Samantha's over there to help you and Chris is running everything from behind the curtain. I call him the Wizard of Oz. He's like the man behind the curtain that makes all this stuff work. It's way beyond my pay grade, this techno stuff, so I thank God for them all the time. All righty, who's next? Angie? Hi girl.

0:09:17 - Angie

How are you? I'm doing great. How are?

0:09:20 - Julie

you. I'm terrific. Angie's a graduate of my Angelic Attended Training class. Like were you in class one or something. Oh gee, oh my gosh. We just finished 23. We're going to have 24 in

the fall in Atlanta. That's absolutely insane. You are the first one, my girl. You look fabulous. How are?

0:09:41 - Angie

you, I'm well, thank you. Well, I'm calling in because I back in 2019, my last C-section. I had the surgery and when they had me open they found a hernia. So they kind of like just moved the hernia, they took off some lesions from my intestinal tract and basically for the last almost six years I've just been. It just has gotten progressively worse to the point now where I mean I look like I'm nine months pregnant and I have a hard time keeping food down sometimes and I feel like there's more going on than the hernia. But just curious if you can take a look and help me out.

0:10:21 - Julie

Yeah, what are your doctors saying? Do they want to take you back into surgery and correct the hernia?

0:10:27 - Angie

They haven't. I have an appointment this next week. They haven't really nothing yet, Okay.

0:10:32 - Julie

All right, here we go. Tell everybody where you're located, please. Cooperstown, new York. She's in New York, baseball capital of the world, right? Yes, ma'am.

0:10:42 - Annette

And that where the.

0:10:42 - Julie

Baseball Hall of Fame is yeah, yes, all right, I knew that, but I wanted you to tell everybody else where you were located. All right, here we go. Here comes my last laser beam from Sweet Home, Alabama Even people who are graduates of my class. When it comes to ourselves, it's really helpful to have somebody else review us and do healings on us, because we lose perspective. You know, we lose clarity when it's our own stuff. So my guess is and I know you're very good at helping others and working on others, but you're smart to get you know, kind of like a second opinion in addition to what you're getting, as well as your doctor's opinion as well, so got you going in. Okay, yeah, so you're having trouble holding food down. You look like you're pregnant, I see that. So there, I'm seeing a growth in there. I'm seeing a growth in there, ang. It looks like it's benign. To me, it does not look malignant. It may be a big fibroid, have you?

0:11:54 - Angie

considered that, yes, I was thinking a fibroid or cyst might be pushing on the hernia and just complicating things. I think it's a fibroid. I've had diverticulitis so I'm wondering if you know the lesions that were in there previously could be from that. Or, you know, maybe I've exacerbated it more over time.

0:12:17 - Julie

So diverticulitis, what I'm watching with that in your intestinal tract, I think this is a fibroid that's pushing on it. That's gotten big. So what I've done is I, you know spirit working through me and with me to help you heal yourself. So I'm watching the fibroid get clipped. It's got a stem on it that's called pedunculated Think of a mushroom stem, you know. And then you got the head of the mushroom. So I'm watching that get cut and cauterized. So you've got some other fibroids in there too. I'm watching those get removed as well.

And then when we get fibroids, we have too much fibrin in our system. Fibrin in our system and fibrin is a protein that acts as part of the clotting cascade in our blood. When we have a cut, we want the cut to clot. We don't want to bleed out from some cut. But sometimes when there's too much fibrin, it can cause fibroids has been my experience. It can cause fibroids has been my experience. And so what I'm watching fibrin looks to me like these tiny strands, really less than a hair thin strands. Think of a silkworm strand. Silkworms when they drool, they create, they have a protein called fibroin. Humans have fibrin, silkworms have fibroin and that drool turns into those silk threads and that's what they make silk fabric out of. So picture that like a cobweb almost inside your uterus, and so I'm watching them all get wound around each other, kind of like we're making a cocoon. You know that a worm would make to, a caterpillar would make to before it turns into a butterfly. So we're watching that. So we're doing a healing on several levels. We're going to layer them.

There's a corkscrew going through your intestinal wall and it's spinning really fast and diverticulitis is when these little pockets form inside the intestinal wall and food particles get stuck in there and then they get, you know, infected and jazz like that. So this corkscrew that's going through there is sanding out all of that. It's not only clearing the debris that's in there but it's making it smooth. So where there's this, it's not really a pocket, it looks like a flap. Think of an envelope flap that kind of opens and closes, depending on what you're doing, and sometimes food gets stuck in there. So those little flaps are getting removed. That's how it looks to me anyways. So we've got that going. On Hernia, yes, so bringing that back in, stitching that up. So got that. I think the fibroid is really your. That's your biggest issue right now. Are you going to see a general surgeon? Are you seeing your GYN? Who are you seeing?

0:15:31 - Angie
Just a primary doctor.

0:15:33 - Julie
Primary doctor. Okay, yeah, you know, you got to start there and then go out from there.

0:15:39 - Angie
So do they usually remove fibroids or they have something that like dissolves it?

0:15:43 - Julie
Yeah, no, no, no no, you'll need to get them removed. Yeah, and then we're doing a DNA healing on you right now, so that a strand of DNA looks like a piece of paper you'd see inside a fortune cookie with a fortune written on it You've heard me say this many times and it has letters on it A's, t's, c's and G's. They stand for nucleic acids that make up DNA. One strand can have between 100,000 letters up to a billion letters. I'm watching those letters get rearranged on a strand of DNA. So that's going to get your fibrin back to a normal recipe. With that You're going to be fine on this. It looks like a big fibroid to me is kind of the root cause of all of this. So, yeah, you'll do great.

0:16:33 - Angie
All right, that pans out, that makes sense. Yeah, all right, thank you so much.

0:16:38 - Julie
Would you share the quick story with everybody? I love this story about what your little girl said to you before you got pregnant with your last baby girl.

0:16:48 - Angie
Oh, when we were coloring. When you were coloring yeah, yep, we were coloring and she's like she just turned five, okay. And she's like, oh, grandma's going to come back as your

daughter. And I had no idea that I was pregnant at that point, so I have no idea where any of that came from, but we were coloring in the coloring book and just out of she just blurted it out.

0:17:09 - Julie

Yeah, you call me. You're like what the heck? I don't even think I'm pregnant and you weren't at the time. Yet I don't think.

0:17:15 - Angie

And your mother-in-law was still alive, nope that was like after she had passed, but I had not. I was pregnant and didn't know it.

0:17:23 - Julie

Okay, all right, and that was what five years ago, almost six. So in August. I love that story Out of the mouths of babes. Right, absolutely, yeah, all right. Well, keep me posted on what's going on. You'll do great. Thank you so much, love you.

You're welcome, love you too. Oh, how fun. Yeah, I remember when that happened and she's going what. And you know, little kids have intuitive abilities. You guys have heard me say that a lot of times. And then we shut them down at the age of about six or seven because our grownups say, oh, that's not real, that's just your imagination. But oftentimes it ends up being real. And I should have asked Ange that. You know she said her youngest girl acts just like her mother-in-law did. I thought that was hilarious. All righty, Chris. Who's next? Hi, peggy.

0:18:22 - Peggie

Hi, thank you so much. How are you girl? Yeah, where are you? I'm in Simi Valley, california.

0:18:30 - Julie

I know where that is. I used to live in Westlake Village. Yes, I was just there on Sunday. Close by. Yes, right next door. Well, terrific. How may I help you?

0:18:41 - Peggie

Well, I was recently diagnosed with a tumor on my parathyroid and they want to do surgery. I'm just wondering if that's the right thing.

0:18:53 - Julie

Okay, how do you? What's your gut feeling about it?

0:18:55 - Peggie

I do a lot of muscle testing on myself and I'm getting a.

0:18:59 - Julie

yes, I got a yes too, I got a yes too, but let's you know, let's go in and heal it energetically. So when you have the surgery it's going to be a breeze. Okay, here we go. Here comes my laser beam from Sweet Home, Alabama, out to Simi Valley, california which is in Southern California for those of you that don't know on the northern edge of LA County, heading into Ventura County. All right, got you Shooting energy from your feet up through the top of your head. It looks benign to me, it looks pink when I see a growth or a tumor or a nodule. When I see cancer, peggy, it looks brown or black and it reminds me of tar that's used when asphalt's being laid to repave a street or to lay asphalt in a new road, and it's kind of sticky. And yours is pink, which just tells me it's benign. So I'm watching it with a hot knife, hot scalpel gets sliced off, so it's cut and cauterized at the same time, and it's going to be a breeze and you're going to do just great, wonderful yeah.

0:20:13 - Peggie

Okay.

0:20:15 - Julie

I hope it goes smoothly for you and let us know how you're doing.

0:20:20 - Peggie

Thank you so much.

0:20:21 - Julie

Thank you, you're most welcome. Thanks for calling in. Thank you so much. Thank you, you're most welcome. Thanks for calling in. If you want to have a conversation with me, please join us at AskJulieRyanShow.com. If you are joining us on the YouTube live stream or at Ask Julie Ryan, please put your first name, where you're located, in your question in the chat and we will be taking questions from there as well. Samantha's over there to help you. Okay, who's next? Dina? Hi, dina, she says from Sydney, australia. Oh, my gosh girl, it's already tomorrow and we're talking here real time. Can you please help?

I have bulging discs, lower back difficulty, walking also, almost on a daily basis experience a kind of paralysis. Yikes, girl, okay, all right, many blessings, okay. So here we go. Here comes my laser beam from sweet home, Alabama, head down to you in Australia. All right, got you Shooting energy from your feet up through the top of your head. I'm looking at a hologram of you from behind and it looks to me like you've got some bulging discs on the left side. So what I'm watching happen is I'm watching these spacers get put in. They remind me of spacers that are used by tile masons to lay the tile before they put the grout in and I see them used all the time.

I watch this healing usually several times a week and I'm watching it get spaced and then I'm watching the disc get put back in. You've got some disc degenerative disease is what it looks like to me. So we're going to use a little stem cell energy light amber colored gel sparkles reminds me of dippity-doo hair gel in the 60s and 70s when I was a kid. There's a little dollop. You've got three discs in a row that look like they're problematic row that look like they're problematic. So that's going to pump up, fluff up those discs, if you will, to keep those vertebrae spaced out properly.

And then this is my favorite part there's this little netting that gets installed from the upper to the lower vertebrae and it looks like goldfish netting and it keeps the discs in place. So there's a vortex spinning on the outside of your back and it's regenerating those discs and it's going to hold everything in place. The funny thing about this netting is when I go back and scan somebody many years later, or even a year later, the netting is still there and it's not there originally. It's put there in the healing and I a lot of times won't remember the healings that we did. I'll remember you, but I won't remember the healings that we did and I'll say, did we work on your back, did you have a disc thing going on? And the person with whom I'm conversing will say yeah, and I say, okay, I can see the netting that was installed and it's still there. So I hope that helps. Hope you feel better. Thanks for joining us. AskJulieryanshow.com. Ask Julie Ryan on the YouTube live stream. Come join the fun. Who's up next?

Hi Kat, how are you? I'm good. Thanks. How are you? I'm great. Where are you?

0:23:51 - Kat

I'm up in Canada, maybe like about an hour and a half outside Toronto. Okay, Terrific, how may I help you? So I have MS and the first therapy that I did, the DMT that I did, was not successful. And then the second one I did Luna, please, I had a side effect of it that caused me to get the thyroid eye disease. So I had the bulging eye and then I had an ophthalmologist do a surgery where he took a skin graft from the top of my mouth and put it in here to like lift the

eyelid a little bit. But ever since he did it it's like very much protruding still there and I get a lot of dryness and buildup. I keep getting eye infections. So I'd like to try and see if we could get that skin graft piece that he put there to, I don't know, shrink heal, something.

0:24:51 - Julie
I get that it will.

0:24:53 - Kat
It's healing.

0:24:55 - Julie
But I'm going to look at it. I also want to look at the MS. Can I just do a full body scan on you on the MS stuff? That's way more of an issue. Obviously I'll work on the eye too, but the MS stuff.

0:25:06 - Kat
I do have an infusion coming up next Friday for the MS, so for that to go well, because I usually get an allergic reaction as well.

0:25:16 - Julie
Oh boy, okay, here we go. Here comes my laser beam from sweet home Alabama, hooking into you and outside of Toronto, got you shooting energy from your feet up through the top of your head. It's your hologram of you that's in my mind's eyes. Turned around to the back, I see a couple of lesions in your spine. I see one in your brain as well, and they look like ulcers to me. They look like a if you've ever seen a bed sore. So what I'm watching happen, kat, is I'm watching them get scooped out of your spine and then we'll go up in your brain and we'll do that one. And where it's been scooped out, it's left a divot in your spine. So stem cell energy is being placed in the divot. Light, amber color gel sparkles, dippity-doo. There's a vortex spinning above it in those two places in your spine. That's going to regenerate that tissue and remove those lesions. All right, let's do the brain Brain matter. Looks like thick cooked oatmeal to me, kat, and it has the consistency of soft butter. And so again scooping that out and stem cell energy going in, vortex spinning above it, and that's going to regenerate the brain matter.

Okay, let's look at the DNA real fast, like what we just did with Angie earlier Looks like a piece of paper coming out of fortune cookie. I'm watching the letters get rearranged. What happens when we get these big diseases like this is sometimes there's a mutation in the recipe. So we're taking in the healing, we're taking the recipe back to a normal recipe, so the cells will behave the way that we want them to. So we've got that going. Okay, let me see your eye. What I'm watching is I'm watching it get loosened on the upper side and down and trimmed a little bit, and then I'm watching it get stitched back in with energetic sutures. Got that stem cell energy, of course, is being spread all over it. That's going to help it go back in, and it's going to. I think you're going to be really happy with it, thank you so much.

All that stem cell energy girl, you're going to be like the bionic babe here.

0:27:48 - Kat
I feel like I deserve it. It's been a while, so thank you so much.

0:27:52 - Julie
Yeah, you're so welcome. Thanks for joining us.

I hope you feel better.

Thank you, bye, bye us. I hope you feel better. Thank you, bye, bye. AskJulierianshow.com. If you want to have a conversation with me, we're at Ask Julie Ryan on the YouTube live stream. By the way, I am a buffet of psychicness, so you know a lot of the questions that come in are healing questions. But we can talk to your dead grandma, I can scan your cat, we can do past life stuff. We can tell how close to death somebody is, we can talk to your spirit guides, your angels, whoever. So you know, I love it when we get a whole plethora of questions in different topics that are all related to woo-woo, so just bring them on. Okay, Chris? Who's next, sherry? Hi, sherry.

0:28:40 - Peggie

Hi Chris. Who's next Sherry? Hi Sherry. Hi Julie, I'm so delighted to meet you, sherry. Hi Sherry. Hi Julie, I'm so delighted to meet you. Thank you, you as well. Where are you? I'm up in the Pioneer Valley in Massachusetts, okay terrific.

0:29:01 - Julie

Well welcome, how may. Where are you? I'm up in the Pioneer Valley in Massachusetts, Okay terrific, well welcome.

0:29:05 - Peggie

How may I help you? I am sort of at this. You know, midpoint in my life. I've had one career. I've moved in to a second one that I really enjoy, but I have been called for a long time to work in energetic healing and I think I am my own biggest block and I think, what I'd love to get from you. I do connect with my guides, but I feel like I haven't been the clearest channel for myself lately and I overthink everything, and so I think you know, if I was to leave my job and be my own boss and start my own, how am I going to make the money that I make now? And I just need some guidance. I need a little guidance and a path forward towards what I feel like I should be doing and what will give me joy, but all the practical stuff is cluttering up my ability to actually go for it.

0:30:03 - Julie

Well, and that's what my show's all about is blending the spirituality and the practicality, because you still got to pay the bills. So we're here having the human experience. What I did and what I would recommend, is you just start off doing it part-time, with family and friends and perhaps acquaintances, and then, when you feel like you have the ability, that's ramped up enough, I mean, of course, come take my class, come join us in Atlanta. October 24th through the 26th. You'll learn how to do the whole buffet of psychicness and it is life-changing, life-enhancing and it's a blast, sherry, it will be one of the most fun weekends of your life. You can just get a nonstop from Logan right down into Atlanta and we've got a hotel reserved right on the Atlanta airport runway, literally reserved right on the Atlanta airport runway, literally with a free shuttle.

So come, do that. That's going to help you with getting some you know, just some validation. And we have practice groups nine of them a week where you really ramp up your skills, and they're free for life as long as my life, anyways, as long as I'm doing this. So that's when you really get validation, is you know that your skills have really ramped up, and then you'll know when it's time to make the leap. You're obviously being led. And have you heard me talk about the two-minute rule? Yeah, For those of you that don't know what we're talking about, it sounds like we're speaking in secret code, but the two-minute rule goes like this Whenever we have a thought that feels badly, it's always based in fear, and there's two kinds of fear.

There's rational fear Something's going to harm you or kill you. There's irrational fear, and that's not going to harm you or kill you. There's irrational fear and that's not going to kill you or harm you, but it feels like it is, and what happens is when we're in fear, we go into fight or flight

and we lose clarity. So what we want to do is we want to be able to discern is this a real fear? Is this a fake fear? Fake fears are 99.9% of the thoughts. We think that feel bad.

So when you have a thought that comes in like, oh my God, if I decide that I want to go into this, this, this, this, this could happen and that will be bad, and that will be bad and that will be bad. So you want to knock that off with the first thought and you ask yourself is this going to kill me in the next two minutes? It's a yes or no answer. You know, if I decide to do this, even part time and put myself out there, you're thinking what and you ask yourself is this going to kill me in the next two minutes? The answer is no, it's not. So it keeps you out of fight or flight. It helps you think, clearly, keeps your clarity about your thinking and then you'll be led step by step.

The beauty with the two-minute rule is it's free, it's convenient, it works anywhere your brain is and your brain's usually with you wherever you are, and it's applicable in every situation. You can use at unlimited times a day. So you want to keep yourself out of that black hole of what ifs that are negative and change it to what if this is really good? What if? I really enjoy this? What if? And think of good things for the what ifs? Just change your thoughts, because thoughts don't have a meaning until we give them a meaning. Thoughts are neutral.

0:33:37 - Peggie

Does that help? It does, and hand in hand with this, I'm wondering if there's anything my guides have been like yelling at me that I am just not getting.

0:33:47 - Julie

Yeah, take a step, do it. Don't try, just do it, you know you can try and pick up a pen, which means you're never gonna hold the pen because you're trying to pick it up. You wanna pick it up, you want to pick it up, so just go Move through it. Use the two-minute rule.

0:34:03 - Peggie

Move through the fear. I'm aiming for Atlanta, Julie. Come on, girl.

0:34:07 - Julie

It'll be a ball. Yeah, you bet.

0:34:11 - Peggie

We'll see you down there.

0:34:13 - Julie

Okay, thanks for joining us. I was talking to a guy this morning on a business call and he said well, how do you communicate with spirit? I mean, what do you need to do? He said, do you need to be in a certain place? Or like, do you need to be sitting in a lotus position or something? You know, what do you need? And I said my brain. It takes me a nanosecond to hook into spirit wherever, and that's, of course, what I teach too. Now, having said that, if you want to meditate for an hour and twirl three times and jump on your left foot and raise your right hand before you try and connect with spirit, if that works for you, great, but I don't have time for that, so it's just on and off in a nanosecond. I find that to be the most convenient and the easiest way to connect with spirit. And then, once you're connected with spirit, you can do all of it the medical, the talking to deceased loved ones, talking to spirits that are still connected to bodies. You know that people that are still in human form, like if somebody has dementia or Alzheimer's and they can't communicate, or somebody's in a coma, or you have a baby that's in distress, that's crying and you can't figure out what's going on. And the baby doesn't speak yet. You know it's pre-verbal. You communicate with them telepathically. It's really convenient and helpful. Okay, Chris, who's next? Remember, stay with us because we're gonna announce the winner to the free session here in a little bit.

Kate. Hi, kate, from Utah, will you check on my cat, chloe? She's close to transitioning and I feel like she's trying to tell me something, not sure what. Can you tell me how close she is? Yeah, absolutely so. Kate, here comes my laser beam from Sweet Home Alabama heading out to you, and then we're gonna go from you to Chloe. Got Chloe Her spirit's outside of her body. When a human's dying, the spirit exits through the top of the head and hangs on to the top of the head in a cartoon speech bubble configuration. And I see the same thing with animals. In humans, I'll see the 12 phases of transition, which is how angels and deceased loved ones and the spirits of deceased pets are around us. With animals, I don't see that, kate. I don't see their litter mates or their mom or dad. You know cat with them, but she's, or she is definitely dying, all right.

So, chloe, are you ready to go? Not quite. What do you need? Are you in pain? No, what do you need? She's saying, just to sleep. So what do you want Kate to know? She's willing to stay until you're ready to let her go. So, chloe, how are you going to know You're going to love this? She goes. I'm a cat, I know these things, I'll know.

So, kate, I think she's hanging around to help you get used to the idea of her being in spirit form. She'll continue to be around you, but in spirit form. And she wants you to get two kittens not just one, but two kittens when she passes. And she wants you to get them within a month of her passing because it's going to help you with your grieving. They'll keep each other company and you're going to be so happy with them because they'll make you laugh and smile and they'll be darling. So she's saying adopt them. If you can find two kittens from the same litter, that would be great. So keep your eyes out on the animal shelters when she does pass. So I hope that helps. Thanks, kate, all right, cb.

Oh, another one of my grads from Angelica Tendon Training CB says CB lives in Atlanta. By the way, outside of Atlanta, hello, beautiful soul, hello, beautiful soul Right back at you, I'm catching you live in a rare moment. Thank you for all you do for so many. Dear friend, taking your AAT course changed my life forever. Love and gratitude from Georgia.

What you sweet thing.

Thank you for letting us know that. We just finished the online Angelica attendant training class. A couple of weeks ago, maybe three weeks ago, we had a bunch of people from all over. It was a blast. It was over a weekend via Zoom, but you really want to raise your vibrational level when we're all together. Oh my word, it is just phenomenal. And we have a bunch of graduates that come join us too, and so they just raise the roof on the hotel as well. So come join us October 24th through the 26th. Just go to askJulieryan.com slash AAT and you'll see all the details for the weekend. Come join us. Thanks, cb, that was a nice surprise.

Okay, who else is with us? Chris, rachel, Hi, rachel, from Aurora, colorado. I have family there, my husband's sister and her family. Julie, could you please scan? My friend Looks like Joni, from Colorado. She has been trying to get pregnant for three years, including doing IVF, with no success yet. Thank you, yes, absolutely, I'm gonna ask her permission. So, rachel, here we go. Here comes my laser beam from Sweet Home Alabama heading out to ask her permission. So, rachel, here we go. Here comes my laser beam from Sweet Home Alabama, heading out to you in Colorado. Got you going to Joni? Joni, may I scan you energetically? Rachel's asking. She said by all means, there you go. Good job setting that up if you did, okay.

She's got two baby spirits above her right shoulder. They look like little orbs of energy and I always see baby spirits attached to the mom's energy field before they're conceived. And I see baby spirits that are adopted attached to the mom's energy field as well, baby spirits that are adopted attached to the mom's energy field as well. So it's not just birth babies, but our

adopted babies choose the mom before they're conceived. The birth mom is the portal to get them into human form, to get to the adopted parents. So I'm going to look at her girly parts going in from behind Again, hologram of her in my girly parts. Going in from behind Again. Hologram of her in my mind's eye, going in from behind Her left ovary and right ovary.

I don't know how old she is. She looks like she's not super young. So left ovary looks like it doesn't have a whole bunch of extra eggs in it. So I'm watching stem cell energy generate a new ovary. Imagine we've got a mold. Think of a plastic mold or a jello mold or a muffin tin, you know any kind of mold and it's in the shape of the left ovary. We're gonna do one in the right as well. And there's stem cell energy going into these molds and light amber color gel sparkles, dippity-doo vortices spinning above each mold.

We're watching the old her current ovaries get clamped off. The new ovaries are getting put in. They're getting stitched in, the plumbing's all getting stitched in. And the cool thing about these new ovaries are getting put in, they're getting stitched in the plumbing's all getting stitched in. And the cool thing about these new ovaries and I've watched this healing many times is they have all her DNA in it in the eggs. But it's a whole bunch of eggs. It's like a 15-year-old's ovaries and I have two clients so far that that healing's happened on. And we watched new ovaries get installed. Both of them had babies and both of them had long-term infertility things. So it's really cool when we get to see that. So got that In the meantime double barrel corkscrews going down her fallopian tubes just to clean them out.

We're just roto-rootering those. I think they're called villae. They're like little fingers at the end of the fallopian tubes that grab the egg when the ovary ovulates. Those are being elongated Stem cell energy is getting put on those so they'll be longer. They remind me of seaweed. If you've ever seen a documentary or movie where somebody is on the bottom of the ocean and you can see the seaweed just kind of floating in the water. That's what those fingers little look like on the end of the fallopian tubes. Okay, coming down in her uterine cavity, lining looks a little sparse. She may have just had a period, so watching a spiral of energy in there just kind of energize things and clean it out.

I'm checking her cervix, cervix. I watch this healing a lot with women who are trying to conceive or in the process of conceiving and the cervix gets these fibers put in them and they form kind of a crisscross pattern. The fibers look like those fibers in packing tape. That makes the tape extra strong. If you're shipping a package someplace you can use that extra strong packing tape. That's what the fibers look like and they go vertical and horizontal so it forms a patch around the cervix just to strengthen that and then it just integrates into the cervical wall. So that's a major tune-up for her with the pregnancy thing.

Will she conceive? Yes, will she deliver a baby? I get a, yes. Will she deliver two babies? I get good chance that she'll deliver. They're not twins. They will be different pregnancies, and with the caveat always future events are fluid. So that's what I'm getting at this moment in time. Maybe different tomorrow, next week, next month, next year, but that's what I'm getting at this moment in time. So you're a sweetie, Rachel, to call in for your friend and keep us posted, send us pics when the babies are born, or at least the first one, and remember too to remind her that she can be a mom too. There are babies, spirits that could be adopted, babies too that have attached to her body. So keep an open mind about that as well. Okay, let's take another call and then we'll do the great reveal of who's won a free session with me. Chris is getting all his orchestra ready for that. Okay, who's next? Hi, Christine, hi.

0:45:35 - Christine

How are you, girl? I love your energy. Oh, thank you. Where are you? Where are you?

0:45:42 - Julie

located? I'm in Yuccas, puerto Rico. Oh terrific, you guys that are listening and not watching. She has these fabulous glasses on. They're clear and they're big and they are so stylish. I love them.

0:45:59 - Christine

I was just wondering if you could do a body scan on me, because I've been going through some health issues and I've been to doctors in the past and no one has been able to give me a diagnosis and things are kind of getting worse. So I'm just trying to and I'm taking supplements right now to try to heal myself. So I'm trying to see if those are working or if you know if I should be doing something else, to see if those are working, or if you know if I should be doing something else.

0:46:30 - Julie

Yeah Well, for a full body scan, like a full deep dive, schedule an appointment with me or one of my graduates, because then we'll have an hour to do that. So for this, just because we're limited by time, is there a symptom that you want me to check out?

0:46:39 - Christine

Yes, it's mostly in my stomach. It's like my digestive system. That's the issue. So it's like my stomach and then up to my throat and mouth. But if you could look in the stomach area or anything that you could see would be helpful so I can try to understand what's going on.

0:46:57 - Julie

Yeah. Do you have pain or bloating or gas or reflux or all the above? Pain or bloating or gas or reflux, or all the?

0:47:02 - Christine

above, pretty much all of the above. It's pain that happens sporadically and, yeah, it's mostly the pain that's kind of an issue. And then, yes, there's bloating as well.

0:47:15 - Julie

Okay, All right, here we go. Here comes my laser beam from Sweet Home, Alabama, heading south to you in Puerto Rico. All right, Got you Shooting energy from your feet up through the top of your head. You have yeast overgrowth. You've got so much yeast that it looks like if we mix flour and water together to make a roux, to make a base, to make a gravy or a sauce. That's what it looks like. So I'm clearing that out right now, Christine, and you have what's known as leaky gut, which is when the intestinal wall is only one cell membrane thick and when it gets these little separations in it it looks like somebody took a box cutter and made little slits in the intestinal wall and so microscopic particles of food and toxins get into the bloodstream and the body goes oh no, we're under attack, batten down the hatches and it makes the cell membranes tough and so we get malabsorption issues.

What I would recommend is stay low on the food chain. If God made it eat it, If man made it in a factory, do your best to avoid it. Yeast loves sugar, loves anything processed Pasta, bread, crackers, cookies it all processes like sugar and it feeds the yeast. So avoid that stuff, not for life just in the short run, till we get your gut healthy. And then stay away from fermented foods wine, beer, alcohol, kimchi, sauerkraut, yogurt, vinegar, soy sauce, kombucha Because when we have yeast overgrowth, it makes our guts a fermentation factory, and when we use fermented foods or alcohol it's just like pouring gasoline on a fire just exacerbates it. So stay away from that.

If you're gonna eat fruit, Christine, you wanna peel it, because there's tons of yeast on the peel of fruit. And I don't expect you to peel a blueberry or a grape, but certainly an apple, a peach, a pear, a plum. You have amazing fruit down there. So just peel it. And then never, ever, for the

rest of your life, put a slice of lemon or lime or any other fruit or vegetable in your drinks. Because, yeah, you know how.

You go to a restaurant and they'll put like a lemon in your water. You don't want that. Ask them for water without lemon, because there's a lot of yeast on the peel. And if you're in a restaurant, think about this they're going to cut up that lemon early in the morning and it's going to sit out at room temperature for God only knows how long and who knows what's going to be growing on it. So you're just drinking like a toxic drink. So always keep that stuff out. Think about walking into a restaurant that has a bar. You know they got all those fruit slices on the bar and they're sitting out for hours on end. So you want to avoid that.

Freeze and reheat leftovers, because there's tons of yeast that gets on leftovers in the fridge overnight. And then you want to get a hold of some Nystatin and it's spelled N-Y-S-T-A-T-I-N. It's an antifungal. It kills yeast on contact, comes in tablet form and it's what they give babies the oral version for babies. It's what they give babies who have thrush. No known side effects, stays in the GI tract. It'll help you get your yeasties under control in short order.

One last thing there's a gut biome test called Viome V-I-O-M-E and if you go on AskJulieRyan.com go on the sponsors page, Christine You'll see a link to Biome and it's a big discount. I forget what it is, but it's a lot. If you click on that link, the gut Biome test will tell you here's the status of your gut and, based on that, here are your superfoods. Incorporate these into your diet. Here are the foods for you to avoid, Some of which may be healthy but they're not good for you right now. And here's everything else. Eat this a lot, eat this a little. So askJulieRyan.com slash sponsors page and you'll find it there and that will help you. This is all healable. No, no, it won't cause permanent damage. It's all healable.

0:51:41 - Christine

And let me ask you you said about the lemon, because what I do well, what I was doing every day was putting lemon juice or lime juice in my water. Do I have to stay away from the juice as well, or is it just the skin, Just?

0:51:56 - Julie

the peel. Yeah, stay away from the peel. I saw a thing online actually and I haven't tried this yet, but I'm going to try it where somebody I think I saw it on Instagram somebody rolled a lemon, you know, to get kind of juicy, and then took a bamboo skewer in the end and poked it and kind of twirled it around a little bit and then just squeezed the lemon juice right into the water or the drink without even slicing the lemon, and I thought that's brilliant. Have you ever seen that? I never thought about it or heard it, but I thought, ooh, I'm going to give that a try. So, yeah, yeah, you want to do that and you want to use a fresh lemon when you do that. You know, don't like reuse the same lemon for all day long because then it's going to get yeasties growing on it. Think of mold and yeast as nature's disposal. All right, that's how food disintegrates is through mold and yeast, so we want to limit that. I hope that helps it does. Thank you very much. Thanks for joining us. Appreciate it. Hope you feel better. Okay, Chris, I'm ready for the drum roll. Thanks, Chris.

All right, this is what Rose from Desert Sage had to say. Rose, you are the winner of a free session with me, valued at \$750. We'll have an hour to talk about anything and everything you want from the Buffet of Psychicness and most appointments we cover medical stuff, pet stuff, talk to deceased loved ones stuff, spirit guides, career advice, whatever and it makes it so much fun, okay? So Rose Desert Sage said I thought this was hilarious. You guys, Julie, is one of the kindest people I ever met. If I had a mother-in-law, I'd like her to be just like Julie a mother-in-law, not a mother, a mother-in-law. I laughed so hard when I read that. Thank you, Julie, for your delightful shows. So, rose Desert Sage, you are the winner, my girl, and what I want you to do is go to AskJulieRyan.com, click on the Ask Julie button and say hey, I'm Rose,

I want a free session and my assistant, Rachel, will help you coordinate your calendar and mine and we'll get to chat for an hour and it will be my absolute delight to help you in any way I can and get to talk with you. So thanks for your kind words, mother-in-law.

My favorite review so far in all the years I've been doing this and this shows we're pushing 650 episodes. Well, my favorite one so far is Julie's like a 1960s TV housewife, TV mom. Julie's like a 1960s TV mom who wears pearls and makes everything all better. I thought that was hilarious too. So, Rose, this is pretty good though the mother-in-law comment. Thanks for submitting it. Again, if you want to be entered into this drawing, I'm going to give away a free class later in the month. Just leave a review anywhere you watch the show or listen to it YouTube, any of the podcast networks. Leave a review on Amazon for one of the books and we'll choose a winner from all of those reviews.

Speaking of Amazon and books, any of you that don't have a copy of Angelic Attendance what really happens as we transition from this life into the next we will be delighted to send you a free digital and audiobook download. Just go to AskJulieRyan.com there's a button there or, if you want to go to JulieRyanGift.com both places, JulieRyanGift.com You'll get it there and share this with your family and friends, because it talks about what happens when we're dying and it has graphics in it. You know. It has illustrations of how angels and deceased loved ones and pets are positioned during the different phases, and I just think this stuff's really important. I think it should be taught in the schools because everybody's so afraid of death and there's nothing to be afraid of. It's glorious, not today, but when the time comes, and all of us are gonna face this For those we love.

Nobody gets out of this For those we love. Nobody gets out of this, for those we love and for ourselves, and when we're with somebody who's dying, it makes us face our own mortality. So, when you're prepared of what to expect, these angels and loved ones and pet spirits all in the room and pet spirits all in the room and 90% of people you guys at the end of their lives report seeing the spirits of deceased loved ones and pets as they're transitioning. University-based research shows that. So, askJulieRyan.com, just click on, send me a free book and we will. Okay, Chris, let's take one more. See who this is. Hi, Annette, oh, I've been wanting to talk to will. Okay, Chris, let's take one more. See who this is.

0:57:24 - Annette

Hi, Annette, oh, I've been wanting to talk to you. Okay, how are you? Okay, I'm here in LA in my car. Okay, I got off work and just for you.

0:57:32 - Julie

Oh, I'm so honored. Thank you, say hi to my son. My son and daughter-in-law are out there so you can give them a hug. Yeah, yeah, you can find them in the 11 million people in the LA area.

0:57:43 - Annette

Yeah right, how may I help?

0:57:45 - Julie

you.

0:57:47 - Annette

Okay, this one's a tough one for me right now. Okay. So I recently got a mammogram and it's showing they want to do a biopsy. It's scheduled for August and it's just made me so nervous until then. So the mammogram says that it has that it. I have pleomorphic calcifications in the duct, Okay, On the right side, and then it. Then I went. They also sent me to do an ultrasound and the ultrasound showed I have a hypoechoic mass, also in the right breast, Okay. So no matter what it is, I want to try to heal it. I've been doing some things myself getting vitamin D,

grounding, castor oil, but I wouldn't mind having a healing and you know, kind of want to know if it's something serious or not. If you're able to do that, Okay.

0:58:53 - Julie

All right, everything is healable. Always remember that.

0:58:56 - Annette

I have been. Yeah, that's what I'm hoping for and that's what I've been trying to focus on.

0:59:01 - Julie

Yeah, Everything's healable.

I have seen so many miracles over the years I've been praying for a miracle too, and I've scanned tens of thousands of people, you know, in my time in doing this woo-woo stuff and, oh my gosh, everything is healable. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading out to you on the left coast. Okay, got you Shooting energy from your feet up through the top of your head. I can see it in your right breast. What I'm watching is I'm watching it get removed, encapsulated and then removed, and we're putting stem cell energy. Light amber color gel in there. Sparkles, dippity-doo vortex spinning out front. Got that going. That's regenerating the tissue. I want to look through that whole breast. I want to look at your other breast as well. We're going to check out both girls while.

0:59:57 - Annette

I got you on my radar, okay, thank you, thank you.

0:59:59 - Julie

Let's see what's going on. I'm looking at you from behind, so, going in, you have what they call dense breasts. It looks like to me. Yeah, I can see that. So do you wear an underwire bra? Yes, okay, stop, stop doing that, because I can see some little calcification things along where the wire is. You know that goes up under your arm and then comes down on the other. So have you ever seen, or maybe on yourself had, little tiny blisters from a sunburn, maybe?

1:00:37 - Annette

I mean, I have had a pack.

1:00:39 - Julie

Yeah, you can just kind of run your fingernail on them and pop them. That's what I'm watching happen along those lines. They do have technology, that they have bras that don't use the underwire, that are really supportive.

1:00:52 - Annette

Right, that's my issue.

1:00:54 - Julie

Yeah, when you can wear a sports bra.

1:00:57 - Annette

Okay.

1:00:58 - Julie

And that'll you know, that'll keep the girls in high cotton and high esteem there.

1:01:05 - Annette

Okay.

1:01:06 - Julie

Okay, got that going. Left breast looks okay. Right breast is where the suspicious stuff is. So we've got that. Looking at your lymph nodes Seeing a couple of lymph nodes on the right side that have sequestered toxins in them those are being removed and then you're being sprinkled with stem cell energy. Light amber color gel sparkles, dippity-doo and there's a vortex spinning outside of your arm that's regenerating those Lymph nodes look like little D3 vitamin capsules to me, and so now they're cleared, I think you're going to be just fine. Lymph nodes look like little D3 vitamin capsules to me.

1:01:48 - Annette

And so now they're cleared, I think you're going to be just fine. Okay, I've been praying.

1:01:50 - Christine

I've been doing.

1:01:50 - Julie

Yeah, I believe you're going to be just fine yeah.

1:01:54 - Annette

Oh great. I'm in your medical treatment class, so I'm like you can heal yourself. Yes, you can.

1:01:59 - Julie

Yeah, oh, thank you for doing that. I hope you enjoyed it. Yeah, terrific, terrific. I think you're going to be just fine. Stay in touch with me. Let me know how you're doing. I will Thank you. Okay, thanks for calling. Thank you, bye-bye. Bye-bye, all righty, everybody, it for this week Always fun to see who calls in and what their questions are. And, rose, I'll be so eager to talk to you, my winner. In the meantime, sending you lots of love from sweet home Alabama. Have a great weekend, everybody, a great week. We'll see you next Thursday right back here. 8 Eastern, 7 Central, 5 Pacific. Bye, everybody.

1:02:46 - Annrc

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:02:58 - Disclaimer

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