## AJR Show June 26th Transcript

### 0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

### 0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We got a whole bunch of people waiting online with their questions on the YouTube live stream. If you want to join us there, just go to Ask Julie Ryan on YouTube. If you're coming in and you want to have a question and a conversation with me, come to AskJulieRyanShow.com. We've got Samantha on the YouTube side of the equation helping people, and we've got Chris on the main dashboard.

So between all of us the three of us we will get as many people on and get as many questions answered as possible you want to stay tuned because later in the show I'm going to announce the winner of the Angelic Angels and Enlightenment Training A-E-T Angels and Enlightenment Training and we give away a free training every month on the show. And we give away a free training every month on the show and if you want to just be in the drawing for it, we pick random people who've left a review. You got to leave a review on YouTube or anywhere you listen to the podcast or on all the podcast networks, and you can leave a review for any one of my seven books on Amazon too. We take some from there as well. So you want to stay tuned and see if you're the lucky winner of the Angels and Enlightenment training class this evening.

So, Chris, who's our first caller? Mary, hi, Mary. Mary is from Draper, Utah. I have something serious going on in my liver. Can you check it and heal it? I'm gathering all my faith here to heal from unspeakable abuse. Oh honey, I'm so sorry. Don't know what's going on but how this works for those of you that are joining us for the first time. As I raise my vibrational level to the level of spirit, I'm going to watch a laser beam come from my body here in Birmingham, Alabama, and it's going to hook into Mary in Utah, and then I'm going to have a hologram of her in my mind's eye and it's going to be as if I'm looking at an x-ray or a CT scan or an MRI, and so something will be identified and then there'll be a healing, and I'm gonna describe it in detail For all of you that are watching or listening, either real time this evening or anytime five years from now, it doesn't matter. Please picture what I'm describing in these healings, because we're all gonna send healings to Mary or to whoever the next caller is or the next person asking a question, and it's kind of like the power of prayer. We all work together to help somebody heal. And the other thing to remember is that nobody heals anybody else. It's spirit working through me, through all of you, as you envision what I'm describing in the healings, and we're sending the healing to Mary, and then Mary's spirit decides how, when or even if she's going to integrate the healing into her body, because nobody ever heals anybody else no doctor, no shaman, no medical provider, I don't, you don't. It's all the person healing themselves. We just help them heal themselves.

Okay, so Mary, here we go. Here comes my laser beam from Sweet Home, Alabama, heading out to you in Utah. Got you, so I have a hologram of you in my mind's eye and I've turned you around so I can look at your liver from behind. Going in there, it looks bad. It looks bad in that it's very dark. So what I'm watching happening when I say bad, that just means that it looks

diseased. It looks like it's not healthy. A healthy liver looks pink. To me, this is very dark, so there's a spiral of energy that's spinning in the middle of it and it's cleaning it out. It's kind of like here in America we would say it's roto-rootering your liver. I'm watching it spin and so as it comes around on the right side and down underneath and up the left, so it's sprinting in a clockwise direction. What I'm watching happen is I'm watching it clean out your liver, and your liver is disintegrating honey. So I think there's a really good chance that there's some malignancy in there from what I'm seeing.

I hope you're working with a doctor. If not, please go see one and so what we're going to do is we're just going to generate a new liver for you. We're just going to do that. Just you know, because it's Thursday night, what the heck. So imagine that there's a mold Think of a plastics mold, an ice cube tray mold, a jello mold and it's in the shape of your liver and there's stem cell energy going in there. Light amber colored gel has sparkles in it, because it's where we've got to have sparkles Reminds me of dippity-doo hair gel and that's going in and there's a vortex spinning above it and that vortex is what transforms the stem cell energy into whatever body part we need.

In this case it's going to be a new liver. So I'm watching that. As that's happening, Mary, I'm watching all the plumbing get clamped off inside your body for your diseased liver and then I'm watching that get removed. So then the new liver's generated. I'm watching that get placed in your body. I'm watching all of the plumbing get sewn into place and then those clamps will be released here in a minute and you'll have a new, energetic liver. By the way, I've seen this many, many, many times over the years, and there have been several times where the new organ whether it be a liver or a kidney or a spleen or whatever it shows up on subsequent scans at the doctor's office or at the hospital. So don't be surprised if that happens. It's totally possible and it has happened several times in my experience.

Okay, clamps are being removed just to check to make sure everything's stitched in there properly. Okay, I think it looks good. Now there's a spiral of energy that's spinning around your whole body and that's's gonna give you a tune-up. If you're not working with a doctor, I really want you to go see one, because this looks really, really serious to me. So I hope that helps and I want you to remember that everything is healable. The body has an amazing capacity to heal, so keep that in mind as you go through healing your body. Thanks, Mary.

Okay, askjulieryanshow.com. If you wanna have a conversation with me and we're on Ask Julie Ryan on the YouTube live stream. You can just put your question in the chat, put your first name, where you're located, and your question. Samantha's over there to help you if you need some assistance, and we'll be taking questions from both places. So remember to subscribe Wherever you listen to podcasts on the YouTube channel. We've got five channels, you guys. We've got English, Spanish, Portuguese, german and French, and so all of the shows are dubbed in those languages. And just trying to make it easy for you to communicate with spirit and get this information in your native language. Okay, let's see who's next. It's always a surprise. Ara, hi girl, hi, julie, nice to meet you.

0:08:44 - Aura

I'm in Cleveland, Ohio. Hi girl, Hi Julie, Nice to meet you. I'm in Cleveland, Ohio, oh.

0:08:49 - Julie

I grew up in Columbus, so not too far.

0:08:54 - Aura

How may I help you? My mother in law passed away May 30th and we were all there with her and I just wanted to know if we did a good job of sending her off.

#### 0:09:08 - Julie

She said superb. She's right next to you on your right, honey. She's saying superb. She's saying it couldn't have been more perfect. She's saying that there were times when you guys were really worried about if she was suffering. She says she was not near the end. She says she was not. Even though it may have looked like she was, she was not. She could see the angels. She said they were bigger than she expected. And that's cute. When I see them they're big. They're like six, seven feet tall. I mean they're big, big old angels with big wings. But you know, I'm a Catholic girl so of course that's what I was taught they look like. But she's saying she could see the angels. She's talking about a dog. She's showing me a dog like a little dog. Did she have a little dog? She had many.

0:10:01 - Aura Yeah.

# 0:10:02 - Julie

Yeah, yeah, there's one that's little like a lap dog, like a she-she-foo-foo dog. That's with her, so she's thrilled that maybe that was her favorite dog. Did you have a question you wanted to ask her other than you guys did everything. You did a superb job. She's saying Good.

### 0:10:22 - Aura

Yeah, anything else you want to know? I know at the end we were telling her to say hi to all our family members and have passed, yeah, yeah, including my late husband.

### 0:10:35 - Julie

Oh okay, I'm so sorry it's so hard. Have you read Angelica Tendence yet?

## 0:10:43 - Aura

I have my book you have Good A week before she passed. I called in because I thought she might have been like five, six or maybe eight, nine. Right, that was the Thursday in the week before she passed, on Friday. Oh good, so she was right there.

### 0:11:03 - Julie

Yeah, yeah, I hope that helped you guys get through that.

# 0:11:07 - Aura

It should, at least me, since I read it and I just finished doing an end-of-life doula course with Hospice of the Western Reserve. So yeah, everything was to a T.

#### 0:11:21 - Julie

The body knows how to be born and the body knows how to die and we've got to remember that.

## 0:11:26 - Aura

Yeah, yeah, and we're all so afraid, but there's nothing to be afraid of yeah, I mean, we truly felt like we took her to the edge and they picked her up.

#### 0:11:38 - Julie

Yep, yeah, you did, absolutely. You delivered her. You delivered the package to, you know, to the angels, so they could deliver her on to heaven. How wonderful, yeah, wonderful. Well, thank you for letting us know. You bet I'm sending you the biggest hug ever, and you and your family, angelic attendance.

You guys, anybody that hasn't read it, here's a free offer for a free download. Just go to julieryangift.com, julieryangift.com, and then we'll send you a free digital and audio book download, and it has illustrations in it to show what the different phases are and how they. You know how the angels line up and the different family members and the pets. I call that the dog pound, where the pets are, even though it's other than just dogs, and so it gives you a lot of information that will help you, as you're with somebody at the end of their lives and you know, let's face it, we're all going to be there one day. So when we're going through it with a loved one, not only are we concerned for them but we're concerned for ourselves, because we're thinking, holy Moses, we're going to be here one day. And it talks about how we're all surrounded by angels and the spirits of deceased loved ones and pets and what happens and there are several stories in it of families with whom I have worked and they're just heartwarming. I mean, they're just miraculous, they're heartwarming, they're funny in some cases. So, julieryengift.com, go there and get your free copy and share it with your family and friends as well.

Okay, thanks so much. Two bereaved girls here calling in tonight. This is the place to come, because we're going to give you lots of love when you're in grief or suffering in any way. All righty, chris. Who's next, please? Hi, Julian.

### 0:13:45 - Darlene

Hi Darlene. How are you sir? Yes, very good, Very good you, sir, Terrific Thanks. Where are you? I'm actually currently in Thailand, but originally I'm from Poland.

### 0:13:57 - Julie

Poland. Okay, terrific. What time is it in Thailand? It's 7, just 7 am, 7.17. Oh, okay, good, good, well, thank you for getting up to join us, and it's already Friday there, so you're Exactly. We're going to talk to you in the future. Yeah, how may I help you?

# 0:14:17 - Darlene

Yeah, so what? I have an issue or sensation with my legs. It's been going on for for good 15 years or more. There seems to be some kind of sensation happening which I do not understand what that is and the way I feel it. There's some kind of message from my legs to my body and, and I believe, where there's message, where there's a problem, whatever it is. I'm just trying to figure this out. So I'm just wondering where there is possibility to guide me, what that might be or what that is really.

# 0:14:59 - Julie

Sure, Julian, does it hurt? Do your legs hurt? Do they feel like they're tingling? What are the symptoms that you're feeling in your leg?

### 0:15:08 - Darlene

The way I perceive is like energy start from my waist down to feet and it is moving up and down, up and down. It's like a sensation. It's like a burning sensation. Okay, all right, that's nerves. That's nerves, all right here we go.

### 0:15:24 - Julie

All right, that's nerves. That's nerves. All right, here we go. Here comes my laser beam from Sweet Home, Alabama, way far west, to come hook into you in Thailand. All right, got you Shooting energy from your feet up through the top of your head. The hologram that's you in my mind's eye, Julian, has been turned around to the back. So what we're doing is we're going from your low back into your nerves Nerves.

Imagine they look like clear aquarium tubing and imagine that sometimes, when our nerves get injured for whatever reason, you know you can tweak something, you can have a bulging disc,

whatever and imagine that they get dead cells and other gunk in them. I call it. So what I'm watching is I'm watching these corkscrews go through those nerves, those tubes. Imagine like aquarium tubing and they're spinning and they're grinding up the gunk that's in there and then we're going to irrigate them out and then we'll use stem cell energy to regenerate them. So I'm watching that happen. They're down to your upper thighs now and going through. It's a bunch of nerves too. It's not just your sciatica, you've got several that are in play here. So I'm watching that and in the meantime I'm going up your back to see if you've got. Do you have any back pain at all, or have you?

## 0:16:53 - Darlene

Very minor, but normally this is from long sitting but I this is under control. Like I said, this is saying she seems to start it in the last two years but overall leg kind of general problem fatigue type thing that been happening for those 17 years plus. So it's really there. So always I try to feel that the legs trying to tell me something and my logical mind doesn't know what that is.

### 0:17:24 - Julie

Yeah. So we're doing a healing on them. We'll ask them if they have something to tell you. So I'm watching that.

I'm going up your back, I'm straightening out your spine. Your spine's a little windy, like a windy road. So imagine there are two rods metal rods, on both sides of your spine. Your spine's been heated with a laser to make it pliable, Julian, and then those rods are moving very slowly towards the metal to straighten out your spine. And that's happened. So it's lasered again to put it in place.

It's kind of like a potter needs to have multiple clay in order to make whatever they're making a bowl or a vase or whatever their art is and then they fire it afterwards. That's the analogy that I use on this stuff. So I'm watching that. All right, so those nerves are getting irrigated. Now this is my favorite part, Julian, because the fluid comes flying out the end of your toes and it makes your feet look like sprinklers. That's watering the garden or the lawn. So got that. Here comes the stem cell energy light, amber color, gel, sparkles, dippity-doo vortices spinning behind each thigh, and that's regenerating those nerves. So we've got that going. What are the legs trying to tell you? You got to get up and move more and you need a different chair and you've got to. Have you ever worked with a chiropractor?

0:18:56 - Darlene Yeah, I did or an osteopath.

### 0:18:59 - Julie

Long time is not something that worked for me Very recent and this is very long for me but I think it's deep rooted somewhere from child to brother, schedule an appointment with me and we can do a deep dive over an hour and we can do your energy field membrane healing and all of that and find out, you know what the emotional stuff is that we can do. We'll have way more time to work on it, but in the meantime what I'm getting is that a chiropractor can help because your skeleton needs to be adjusted. I watched a chiropractic adjustment happen on your back and your pelvis, so I think that can help in the short run too. So I hope that helps you feel better. Yes, definitely.

0:19:47 - Darlene Thank you very much.

0:19:48 - Julie

Thank you for waking up for us. Have a wonderful day.

0:19:52 - Darlene

There was wolf flowers. Thank you very much.

0:19:54 - Julie

Oh, you bet. Bye, Julian, askjulieryanshow.com. If you want to have a conversation with me, we're at Ask Julie Ryan on the YouTube live stream. Remember to stay with us, because I'm going to announce the winner of the Angels in Enlightenment training here pretty soon. And that's my online class. That's self-paced, you guys, and then it has practice sessions that go with it, and those are \$10 a piece, and that \$10 goes to my facilitators, who are all graduates of my big class, the Angelic Attendant Training Class, and what they do is they help you verify that the information that you're getting from Spirit is what they're getting too and what the rest of the graduates in the class are getting. So once we get some validation that what we're receiving is accurate and other people are getting the same, it really gives us confidence. And then the more you do it, the more validation you get. The more validation you get, the easier it is, and then it's just second nature and you just do it on your own. So angels and enlightenment training is a great place to start.

I think the practice groups are the most important part of a training, because you know you can go to a seminar, you can watch a video, you can read a book, but until you're doing it you don't really get it. It's kind of like driving a car. You know you can watch a video, you can be in the car with somebody who's driving, you can do whatever. But until you're behind the wheel and you get some practice, that's when it really becomes ingrained. And it's the same with all of this energy, healings, spiritual woo-woo stuff, communicating with spirits, past lives. You know all that jazz. You just got to do it and then you'll get really good at it quickly, because everybody can do it. I mean, I learned how to do it. So, okay, who's next? Chris, Jen, hi, Julie, Jennifer in Texas, can you help me figure out my source of fatigue? I've had blood work done and everything is in good range, including hormones. Please help, thank you, okay, here we go.

Here comes my laser beam from Sweet Home, Alabama, heading to you in Texas. Got you, you've got you. Is it mold? You look kind of gray. Is it mold? You look kind of gray. Your whole body looks gray, so I'm looking to see. Let me go inside. The outside of your body looks gray, so let me see what's going.

You're being exposed to some toxins. I'm not. I'm not getting that. It's mold, but it's some other kind of toxins like almost looks like gray ash from the fireplace. Jen, I'm sure you're not burning fires in Texas in the middle of the summer, but are you in an agricultural area? Are you near a lot of exhaust, like from cars, from a main road or something You've got? That's what I'm clearing out of your body. You're being exposed to something that's toxic for you and I get it's environmental.

So give that some thought, see what comes up in your mind and schedule an appointment with either one of my graduates. I got five graduates that work with me and they're all amazing, amazing, amazing. You can usually get in to see them within a week or so. They're way less expensive than I am and you can get in to see them way sooner than with me, although I do have priority appointments too. So I'd like to do a deep dive with you.

In the meantime, what I'm watching happen is a heavy metal detox. Jen, imagine two big U-shaped magnets on either side of your body. They're joined in the middle, they're going up and down your body and they turn a quarter of a turn until they've made a full rotation and they're pulling out the metallic particulates. You're being exposed to something that's got a lot of heavy metals in it and then any kind of metallic dust just being irrigated out. So I hope that helps, but I'd like to do a deep dive with you, so hope you feel better.

Thanks, Jen, askjulieryanshow.com. If you want to have a conversation with me, we're at Ask Julie Ryan on the YouTube live stream so you can put in your question, put your first name, where you're located, and your question, and we'll be taking more people from both places, from people who have called in, from people who are joining us on the YouTube live stream. So let's see who's next. Debbie, hi, girl, oh hi. How are you? Hi, good, so nice to see you. I know we've been trying to get together. I'm so glad to see you.

0:24:53 - Devi

Yeah, if all I could say is just thank you. Thank you for this moment, and just shouting out to your support system who've enabled this, it's thank you.

0:25:03 - Julie

You bet Tell everybody where you are, please. I'm in Singapore.

0:25:10 - Devi

Tell everybody where you are, please. I'm in Singapore and it's 8.30, coming up to 8.30.

0:25:17 - Julie

And you look so fabulous, so early.

0:25:19 - Devi

Look at you. Oh, thank you. I'm an early bird, so, oh good, how may I help you? So, in 21, I had a lumpectomy on the right breast. Seems like it's coming back, I feel it, it's there, but I refuse to go to the mainstream because I don't want my. I just think it's such a beautiful body that we have and I don't want to be subjected to their, you know, I mean they do great work. I just don't see it yeah, okay, okay, I just don't see it. Yeah, okay.

I've also got quite a lot of back marks around my body, particularly around my breast and my left knee, just behind the knee, at the back of the leg, and so I get cramps and stuff like that yeah.

### 0:26:07 - Julie

Okay, all right, here we go. Here comes my laser beam from Sweet Home Alabama heading out to you in Singapore, got you shooting energy from your feet up to the top of your head, going to your right breast, because that's what you mentioned first. Let's see what's going on there. I do see a spot. It does look dark to me, so it does look suspicious, and I think you already know that even before you joined us. So what I'm watching is I'm watching it get encapsulated and I'm watching it get removed. So I always see a capsule form around it. Think of like covering it in a plastic bag and sealing it and then removing it so that the cells don't disperse. So I've got that going. Let's just do the full healing on you that I do when somebody has malignancy in their body. Imagine there's a vertical oval tube and imagine that all your lymph fluid is going inside of it. This tube is inside your body, but it's on the front side of your body and there are two holes that have opened on the bottom of each of your feet. One hole on each foot, two holes open, one on the bottom of each foot. So inside that tube is all your lymph fluid, and lymph fluid looks to me like an amber-colored liquid, but it's kind of globby, it's kind of thick Think of the fluid inside a lava lamp and so I'm watching that spin and all the toxins are coming out the bottom of your feet. So we're doing a reverse osmosis purification of your lymph fluid. In the meantime, there's a big metal dome that's come down on top of your lymph fluid. In the meantime, there's a big metal dome that's come down on top of your whole body and as it lifts off, it's pulling out any lymph nodes that have sequestered toxins. And that's what they're supposed to do, right, lymph nodes look like little D3 vitamin capsules to me, and when they've sequestered toxins they can look brown or black inside of them, and so now you're being sprinkled with stem cell energy and there are vortices that are spinning above your head. beneath your feet, on either side of your front and behind all spinning concurrently that's gonna regenerate new lymph nodes that are pure and don't have any toxins in them. So we've got that going.

Now what we're doing is the heavy metal detox that I just did with our person that asked the question before, and so two big U-shaped magnets that are joined in the middle. They're going up and down your body. They're pulling out metallic particulates. They rotate a quarter of a turn until they make a full rotation around your whole body. All right, that just happened, they just finished, and then they just disappear. They pop off and they disappear. Now what I'm watching is your body get irrigated from your head down through your tip of your toes, and it's getting ready, getting rid of any metallic dust that's left over from that heavy metal detox.

And so now what we're doing is we're going to do a DNA healing. Dna, of course, is the recipe that tells the cells how to behave. It's comprised of four nucleic acids represented by four letters A, t, c and G. One strand can have from 100,000 letters up to a billion letters, and the strands of DNA look to me like a piece of paper you'd see inside a fortune cookie with a fortune written on it, at least here in America I don't know about. In Asia I hear they don't have those in Asia. Have you ever seen?

0:29:55 - Devi one Fortune cookies.

0:29:57 - Julie

yes, very much Chinese thing, yeah do they have a fortune paper inside of it? Yes, absolutely.

0:30:03 - Devi

I thought it was Chinese origin.

## 0:30:06 - Julie

It is Chinese, but I hear people all the time tell me that they only have them in America, that they don't see them anywhere else. So I don't know. Anyways, so I'm watching those strands of DNA get resequenced, and you have seven of them that are getting resequenced back to a normal recipe, and so those letters get moved up and around. So your cells are going to behave in the way they're supposed to. Once they're reconfigured, resequenced, they snap back into an X chromosome because you know, you remember, girls have two Xs, boys have an X and a Y. This is, like you know, 10-year-old science lessons we're reviewing here. I had to go back and relearn all this stuff. When I first started seeing it, when Spirit was doing it in healings, I was like, okay, I know, this is DNA but I'm not sure what all this means, so I had to go give myself a refresher course.

### 0:31:14 - Devi

So we've got that going. There read Thomas Lee Freed, or rather, I've contacted him as well and he's replied to me just two days ago. The thing about this is that you know, once we leave off you or anything else, the community is not there. So it becomes very difficult to, because I've done that in 21.

### 0:31:31 - Julie

Yeah, thomas Lee Freed is a great guy. He's great resource. He's at Boston College. For those of you that are listening, I'm talking about Radical Remission, the Radical Remission book, and Kelly Turner and I did a show with Carla Mann's Giroux and there are support groups with that. So if you look up Carla Manns M-A-N-N-S Carla with a K Manns-Giroux and ask Julie Ryan, you'll see that and it's called the Radical Remission Project and I know they do have groups of people that work together and support one another and I know that there'll be information there on their website to help you with that.

0:32:20 - Devi

Just one last guestion what's with all the black marks on the body?

0:32:25 - Julie

It's a vascular thing is what I'm getting. I'm not getting it's leukemia, but you've got a vascular situation going on.

0:32:33 - Devi

And should I be going to mainstream or should I just manage it myself? Because that's what I really.

0:32:40 - Julie

I think you're the only one that can make that decision. I think it makes sense to explore all of your options. I would absolutely go explore the Western medicine and see what they have to say, and then you can combine you know, do what feels best for you, follow your gut, follow your intuition.

That show that I did with Carla from the Radical Remission Project has lots of information in it that will help, and most of their people do a combination of the Western medicine, eastern medicine and even just the holistic stuff too. So it's all part of the healing equation. The work that I do, I believe, is part of the healing equation too, so I hope that helps and I hope that helps you on your journey. I'm glad we finally connected. Thank you, you are most welcome. Enjoy your weekend, thank you.

0:33:40 - Devi Thank you, Rachel.

0:33:41 - Julie

Yeah, I'll thank Rachel. I will do that. All right, askjulieryanshow.com. And we're at Ask Julie Ryan on the YouTube live stream. Just put your first name, where you're located and your question in there and we'll be getting some of those answered as well. I might take another call and then I'll announce the winner of the Angels in Enlightenment training for this month. So let's see who Chris has up next for us. Monica, hi Monica. Who are you? I'm wonderful you look like you're on Mars.

Yeah, when are you?

0:34:18 - Monica I am in

Brooklyn, new York.

0:34:20 - Julie

Oh wonderful. Well, to some people that's kind of like Mars, no kidding. Yeah, well, wonderful.

How may I help you?

# 0:34:27 - Monica

I am contacting you to ask about myself. I haven't been feeling, you know, well lately and I'm just not sure what the symptoms, what's going on? My partner wasn't feeling well on Sunday. He thought he had a virus. He felt better on Sunday evening. Then I start feeling not so well on Monday evening and then I'm like, okay, a couple of days I'll be okay. But now I'm having digestive issues. I'm thinking like right shoulder pain, upper right side pain warning, is my gallbladder. So just trying to. I want some answers of what's on that.

#### 0:35:04 - Julie

Okay, let me get you on my radar. Here we go. Comes to my laser beam from Sweet Home, Alabama, up to you in Brooklyn. All right, got you shooting energy from your feet up to the top of your head. Before you even mention something about a virus I'm getting, she's got a virus.

I get these divine downloads into my head, Monica, and that's what I heard right off the bat. So viruses look like really watery beef broth to me when they're inside the body. So Spirit and I are forcing it out from the bottom of your feet, out through the top of your head. Imagine there's like this really watery beef broth, kind of in a fountain, coming out the top of your head. That's what I'm watching there. And now what I'm Monica is I'm replenishing that with be sure and stay hydrated. Replenishing that with be sure and stay hydrated. I'm getting that you're not getting enough fluid to help flush this out. So pound the water. You know drink lots and lots of purified water, and so I'm watching this. It looks like an IV fluid. It's not stem cell energy, but it looks like an IV fluid with sparkles in it that's going in to hydrate your body. And I'm also. You got a bunch of inflammation. Inflammation looks like red fog on body parts and anti-inflammatory energy, Monica, looks like a royal blue color, like that blue behind you. Think of the blue in a refreezable ice pack and that's going to help.

I would do vitamin C and zinc in the short run. Do a thousand milligrams of C I like the esterC because it's buffered, it's easy on your stomach and add 50 milligrams of zinc. I would try that three times a day. It's an amazing antiviral and the zinc is what really boosts it. So I would try that. I would give that to your husband as well, and it's viral. You'll feel better. You'll feel better soon. You're so welcome. I hope you feel better.

#### 0:37:12 - Monica

Thank you, and thank you so much for all the love that you share with us. It's just amazing. I really appreciate you.

## 0:37:17 - Julie

Thank you, you are most welcome. Thanks for calling in from your sickbed. Appreciate it, okay. All right, Chris, we're getting ready, so get your drum rolls ready here. Okay, there he goes. Okay, this is from Kitty's K-Log. Kitty's K-Log is what it says 986. K-i-t-t-y-s-k-l-o-g-986.

So, kitty, you have won the Angels and Enlightenment training class this month. You are our winner. And Kitty says I've been listening to you religiously for the past six months. There are so many people in this world with so much pain and disability and this work you're doing is very important. I've worked as a nurse for 33 years and I've always believed in the powers of healing that you bring to this world. I'm at such a crossroads in this precious life of mine, 61 years young, and need to find a way to carry on healings outside of the hospital. I would love to learn from you. Please continue to inspire and create natural healing. Loving you from Sunset Beach, California, So, kitty, girl, you have won the Angels and Enlightenment training class. You are gonna get to study with me. You're gonna get to do the practice groups with my graduates of my big angelic attendant training class and this is gonna help you communicate with spirit and then, once you can do that. You can take it anywhere you want, because it's kind of like learning to read. You know, I always think we can do anything that our little heart desires if we can read, because we can read about it. And especially in this day and age, with the internet, for heaven's sakes, and YouTube, and you know my gosh, anything you want to know and you know my gosh, anything you want to know, you can look it up. So, ms Kitty, just go to AskJulieRyan.com and go to the Ask Julie question. You'll see a link on there. It says Ask Julie and let us know. Hey, I've won, and my assistant, Rachel, will help you with all of the details. So congratulations, we're thrilled that you're coming to join the community.

Speaking of trainings, angelic, attendant Training, we do a live one once a year. It's in Atlanta, and this year it is October 24th through the 26th. We've rented out a hotel same hotel. It's fabulous and it's right adjacent to the runway of the Atlanta airport, which is the busiest airport in the world. So you can get to Atlanta from anywhere and it's a free shuttle. We've got a reduced rate on the rooms. We've got the block of rooms all ready to go, and so come join us and you'll learn how to do everything that I do in a weekend. It will be the most life enhancing thing that you do. Number one and number two it's a blast, you guys. We have so much fun down there and the energy vibe is so high that every year people say, oh my God, I can't believe we're not blowing the roof off of this hotel. But I think we come close sometimes. So come join us and information on that just go to AskJulieRyan.com slash A-A-T. Askjulieryan.com, slash A-A-T and come join us. It's got several people that have signed up already. October 24th through the 26th in Atlanta, georgia. Okay, chris, who's next Jesse? Hi, jesse, calling from North Carolina.

I asked about healing for my 40-year-old friend, Eddie in West Virginia with liver, heart issues. He has a little girl that loves him, so healing is much appreciated. Okay, I'm going to go from you, jesse, to Eddie and I'm going to ask his permission if I can scan him and do a healing on him. If he says yes, I will. If he says no, I won't, because it's an ethical thing with me and I think it's an invasion of somebody's privacy to look inside their body without their permission. So I'm going to ask him telepathically. Here we go. Comes my laser beam from sweet home, Alabama, head and east over to you in North Carolina. Got you All right, going to Eddie. It's going up to West Virginia.

Got Eddie, eddie, I'm talking with Jesse, west Virginia. Got Eddie, Eddie, I'm talking with Jesse. May I scan you energetically? He's saying well, what does that mean? Okay, so, Eddie, I'm like a human MRI. I can see inside people's bodies, with their permission of course, and help facilitate healing.

So, and help facilitate healing, so your sweet friend Jesse wants to know if I can help you heal. He said maybe some other time. So, Jesse, I'm sorry, we can talk to his spirit. Though let's ask his spirit. What do you, what can Jesse do? I don't have a problem talking to somebody's spirit, because it's kind of like they're going to tell us what they want us to know, but I'm not looking at their x-ray without their permission. So, what do you want? What can Jesse do to help you? Say prayers, he wants you to come visit him. He's saying he'll, he would like to have you come visit. Say Pray for him, and come visit is what he's saying. So if you talk to him, Justine, he changes his mind. Call back in and we'll scan him then another time. Thanks for trying, though, alrighty. Askjulieryanshow.com and AskJulieRyan on the YouTube live stream, so let's see who's next.

#### 0:43:18 - Kathy

Hi Kathy, hi Julie, how are you? My girl, oh, good, good, I'm so glad to talk to you, thank you. Please tell everybody where you're located. I'm from South Florida, delray.

# 0:43:30 - Julie

Beach. Okay, terrific, you got a question for me.

# 0:43:34 - Kathy

I do, julie, so I wanted you to scan me if you could. I have been dealing with for eight weeks this crazy. I don't know what is going on. The doctor thinks it's contact dermatitis. I think I was exposed to something, a couple of things, um, it started with, uh, I went to a hairdresser and they changed shampoos, so it started with that, and then I had a couple of things I was exposed to and then I ended up going on an antibiotic which I think I had a reaction to. Um, and I've been to all these doctors and nobody could figure it out. So I finally ended up back at another dermatologist two days ago and he thinks that it's a. I'm definitely having an allergic

reaction with my skin. What's happening is my skin is like burning everywhere and it's just really, really bad. And I went to a neurologist, you know, to think, see if it's a nerve problem. He said it wasn't, so right now he wants me to take antihistamines and to get this inflammation down, so, but he's still not 100% sure that's what it is.

### 0:44:52 - Julie

Yeah, before you even told me, I heard she's got a rash. I'm hearing it in my mouth she's got a rash. I'm hearing it in divine download she's got a rash. So here we go. Here comes my laser beam from Sweet Home Alabama heading down to you in Florida. All right, got you Shooting energy from your feet up through the top of your head. You've got yeast overgrowth. That's what's going on with that. You've got a fungal infection and it's systemic. Is what's happening? Fungal? So you want to get on some Nystatin? Okay, n-y-s-t-i-t, n-y-s-t-a-t-i-n Nystatin.

0:45:33 - Kathy Okay.

## 0:45:33 - Julie

It's an antifungal. You've got a yeast overgrowth tin. It's an antifungal. You've got a yeast overgrowth. What I heard was contact dermatitis, even before you said it, and what I was thinking was did you plant something, did you come into contact with some kind of a plant or something like you know poison, ivy poison, oak poison, something, something.

## 0:45:54 - Kathy

Yeah, no, the only thing I did was I had a reaction to this hair dye and then I also had a reaction to this cream that I put on. It was a homeopathic cream and then I took antibiotic, which I never take pills at all. I took an antibiotic and I had a reaction to that.

## 0:46:17 - Julie

I think it was a combination of everything you know, something in the homeopathic cream was from a plant that you're allergic to. That's where that's coming in from. That's what.

0:46:27 - Kathy

I'm getting on that yeah.

# 0:46:30 - Julie

So I don't think they had poison ivy in the cream but it was something that would be similar to poison IV for you and then it just went. It went systemic and then when, when they gave you the antibiotics, it's just that's where our immune system is in our gut and then it's just kind of, you know, been a rollercoaster ride since then. So I would do the antifungal. Tell the doctor that you want Nystatin. I get for a minimum of three to four weeks for that.

It's going to help clear that out of your system, has anybody? What I'm hearing is the old fashioned oatmeal baths.

0:47:10 - Kathy

Yes, yes, that helps a lot.

I stopped doing it because of my UTI helps a lot.

0:47:20 - Julie I stopped well.

0:47:20 - Kathy

I stopped doing it because of my UTI. But I'm clear, my UTI is cleared now you know. Okay, yeah, but so, Julie, when you say yeast, it's yeast inside. I have a yeast overgrowth inside. Is that what you're?

0:47:29 - Julie

saying yeah, it's GI tract, it's systemic and that's what's causing the rash. You know, you think about diaper rash and thrush and stuff like that. That's all yeast overgrowth. Doctors aren't trained to look for it, but it's very, very common. And the Nystatin the reason why I like Nystatin is because I use it myself and was on it for many years to get my systemic yeast overgrowth cleared up and it stays in the GI tract, kathy. And it's a gentle antifungal because when the body detoxes too fast with some of these really strong antifungals or you do like a yeast cleanse or something, you take three steps forward and five steps back because your body can't detox that fast, but this will clear up.

In the meantime, I'm getting oatmeal baths.

0:48:21 - Kathy Oatmeal baths.

0:48:22 - Julie

Okay, oatmeal baths in cool water, not hot, water cool water.

0:48:26 - Kathy

Yes, yes. So when you say fungal, that's fungal. The yeast is creating a fungal that's internal, it's a fungal. The yeast right, yeah, yeah internal. It's a fungal, the yeast, right, yeah, yeah, you've got a systemic yeast overgrowth situation. So the burning, my skin that's burning, that's a reaction to this.

0:48:46 - Julie It's all the same. Is that right?

0:48:48 - Kathy Yeah.

0:48:49 - Julie Wow.

0:48:49 - Kathy

Yeah, so the antihistamines won't help. Well, I think they will.

0:48:54 - Julie

I think they will, but they're going to take care of your symptoms. They're not going to clear it up.

0:48:58 - Kathy Right, right, right Okay, okay.

0:49:01 - Julie

So I hope that helps.

0:49:03 - Kathy

Yes, okay well, thank you so much, it's crazy that no doctor figured this out. You know there's no money in it.

#### 0:49:11 - Julie

Yeah, so they're not trained for it. Yeah, because you know there's like not tests and stuff that they can do and so they're just not trained. It's just old-fashioned medicine that whenever there's a rash or eczema or a skin thing, most of the time it's a gut thing and it's yeast overgrowth, yeah, and that's going to help restore your gut back after taking the antibiotics too. Right, exactly so it's just decimate your gut, yeah, so I hope you feel better. Thank you.

0:49:45 - Kathy Thanks for calling. Thank you.

0:49:47 - Julie You're so welcome.

0:49:49 - Kathy Take care, thank you, bye-bye.

## 0:49:50 - Julie

You're most welcome. All right, we've got. Jesse says All right, we've got. Jesse says this is Jesse with her friend. I'd asked him and after you said he said another time, I looked to see if he answered and he said yeah, thanks, but I'm okay. So you hit the nail on the head. Thank you for trying. So, basically, what Jesse's saying is he didn't want me to scan him and that's what he was telling me. The guy that's having heart issues in West Virginia, he's gone. Yeah, I'm okay. And so that's what he told her. I probably in a text. So thanks, Jesse, for that update. Appreciate that.

Okay, Kim, Julie, my mother-in-law, Joyce, is in the hospital in Vero Beach, Florida. She's 84 and we have been told she has oh my goodness, that's a big word rhabdomyelosis. I have no idea what that is Sounds serious, though, because that's a lot of letters in that word and her kidneys are failing. Please, can you tell me what stage she's in? Okay, here we go, Kim, I'm going to come to you down in Barrow Beach. Here comes my laser beam. All right, got you Going to your mom, Joyce in the hospital.

Okay, got. She's in phase seven of the 12 phases of transition, so her spirit is out of her body. It's attached to the top of her head. It looks like I call it a spirit bubble. It looks like a cartoon caption bubble or speech bubble and there are angels that are in a horseshoe around her. There are angels on either side of her spirit bubble. She is a little more than halfway through. Again, angelic attendance. It's all in the book.

You want a free copy? Just go to julieryangift.com. Julieryangift.com will send you a free digital audio book version, and so let's ask her my three questions. Joyce, are you ready to go? No, not yet. Are you in pain at times? What do you need? Help, okay, what kind of help? I need somebody to figure out how to make me well, all right. So let's see if we can get any information from Spirit on that. I get that the medicines that they have her on are not working. See, you may want to talk to her doctors and see if there are other options. What I'm hearing right now is the medicines aren't working. So see if there are other options. When somebody spirits out of their body and they're dying, I'm unable to get a visual read on them because it's kind of like I'm trying to look at an x-ray in a pitch black room without any electricity, and so I'm not able to do that. But I'm getting that the medicines are not right. So do some research on that condition, with all those letters that you sent to me, and see what the other medications are that are a possibility, and then I would talk to her doctors about that. Sounds like she's not ready to go yet.

And just because somebody is in one of the phases of transition, it doesn't mean that they're going to transition. It doesn't mean that they're gonna transition. It means that they're in the process of it. But they can move up and back in those phases. They can come all the way out. You know there are lots of different scenarios for that.

When you see somebody that's doing like phase six, seven, eight, nine, and it's in a row and it's happening fairly quickly, you'll know that they're very likely going to transition soon. And that's when you want to call the family in. By the way, these phases of transition, there's a free chart that illustrates all of them. Just go to AskJulieRyan.com, click on the phases of transition page. You'll see it. You can download it. And what I suggest is download the PDF and put it on your phone and then just ask. Just ask in your head or ask aloud, what phase of transition is Joyce in, and you'll hear a number in your head. It's that first thing you hear when you snap your fingers and that's going to give you a reference, like, say, you hear phase eight or you hear six, and then you can refer to the chart that's on your phone and that works really well to help us.

When they get to be in about, I would say, phase nine-ish, I think it makes sense to call in the family and give them the opportunity to come and be there if they want to be. Or let's say, she rallies and she gets well, well, okay, they're coming to visit her. But if they want to be there to see her in the event that she transitions and passes, you're going to want to give them some leeway, because so many people take time off work and they're traveling sometimes and have to get childcare and pet care and all that other jazz. So hopefully that'll help. Good luck to you and your family. Look for the little miracles along the way, because they'll be plentiful. Okay, chris, do we have time for one more person? It looks like Purvaja. Hi, julie.

0:55:33 - Aura

Hi there, how are you? I'm good. I'm calling from Marysville Washington.

0:55:39 - Julie

Okay, terrific, you got a question for me.

0:55:42 - Aura

Yeah, julie, I've just been feeling very low emotionally for a very long time now. So can you just do a general body scan and see what's going on and how I can fix it?

0:55:54 - Julie

Yeah, I'm already in there. I've already shot energy from your feet up the top of your room, top of your head, the room in your head. Are you on an antidepressant? No, I'm not. Okay, all right, Don't go on one until you watch. You know my episode about that with Kelly Brogan. Kelly Brogan is a psychiatrist who, just you know, is very opinionated about that. So what am I getting? First thing I heard was you got to get some sunshine. You're not getting any sunshine, so go out in the morning, if you can go for a walk, get some sunshine. Be sure you're hydrated, be sure that you stay away from processed foods, sugar, you know, anything that's refined. The first thing that came in was sunshine. Are you going outside much, no Other than just going to the car? Do you work?

0:56:53 - Kathy from home no.

0:56:54 - Aura I'm unemployed right now.

### 0:56:56 - Julie

Okay, yeah, well, that would make you, you know, be less than optimal. But go for a walk in the morning and get sunshine, get the sun on your skin, and that's going to help you a lot right off the bat. It's free and it's easy, and I know in Washington state sometimes it's gloomy, but even go out when it's easy. And I know in Washington State sometimes it's gloomy, yeah, but even go out when it's gloomy, because you'll get some of the rays of the sun that way as well. Okay, so you can do that. Okay, I hope you feel better.

## 0:57:28 - Kathy

Good luck with your job, hunt. Oh, thank you, Julie.

## 0:57:32 - Julie

Okay, bye-bye. Bye, all righty everybody. That's it for this week. I love getting to talk to whoever calls in or joins us on the YouTube live stream. Remember, you can always submit a question on the website AskJulieRyan.com, and we choose one of those each week too, and that's in my blog. So be sure you're signed up for my weekly blog and your question may be answered there too. So, sending you lots of love from Sweet Home Alabama. Bye everybody, have a great week.

### 0:58:04 - Anncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

### 0:58:18 - Disclaimer

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