

AJR Danielle MacKinnon transcript

0:00:01 - AnnCR

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan Hi everybody, welcome to the Ask Julie Ryan Show.

0:00:46 - Julie

It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Danielle MacKinnon on the show with us today. Danielle is an animal communicator who believes our pets aren't just loyal companions. They're spiritual teachers here to guide us towards unconditional love. I have so many questions for Danielle, like do our pets choose us? Do they reincarnate and return to us? And what are some simple, powerful ways we can all start communicating with the animals we love? Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go talk with Danielle. Danielle, welcome to the show. I'm so delighted you could join us today. Thanks for having me, Julie. I'm happy to be here. Oh, my honor. You say our animals are mirrors for our soul lessons. What do you mean by that?

0:01:49 - Danielle

What do I mean by that? Well, and they're more than mirrors. They're mirrors, they're models. They are very aware of our soul lessons. They know exactly what our soul needs to help us become the most conscious, happy, healthy people that we can be, and they use their bodies, they use their behavior and they use their great love for us to help us discover that. So sometimes they're going to use mirroring meaning. If I have a soul lesson in this lifetime to learn how to be like calm and zen and I need to chill out and I can't because I'm always worried and hypervigilant and going crazy, right? Well, maybe my dog is going to mirror that by being really, really crazy and hyper and out there, and so much so that I notice what's up with my dog, what's going on with my dog. How many people are more willing to change for their pets than they are willing to change for themselves. So this whole mirroring thing really really works for the animals to get us in line.

0:03:05 - Julie

I just talked to a woman this morning and I told her she brought this up and she was saying she was so full of stress and anxiety. And then we get to her dog, who's a dachshund, pit bull, collie, lab, something mixed, and I'm saying I don't even want to know the logistics of how that happened. I mean, you know, try and imagine that. And she said my dog is just like so anxious and so stressed out all the time. And I said, well, let's look what happened. I'm going to be talking with Danielle this afternoon and she says that our pets are a mirror for our souls and what we're going through. Mirror for our souls and what we're going through. So it's so interesting that of course, I had a client with that exact issue this morning. You know they can also model right.

0:03:55 - Danielle

So maybe she, your person you're talking to, your client is very, very anxious. She is, and she ends up with a dog who's like, hey, oh, it's dinner time. And then you can kind of learn from the dog, because the dog is modeling the behavior.

0:04:13 - Julie
I see the difference.

0:04:14 - Danielle
Yeah, what the animal thinks will work best for that human to get them to do the work.

0:04:22 - Julie
Ooh, what the animal thinks best for the human. Because this gal and her pet were both stressed out, yeah, and to your point earlier, she was thinking how can I help my pet not be so stressed and said how can I help myself? Exactly what you're talking about. So the pet decides what's needed. Their spirit does.

0:04:45 - Danielle
Say more about that In my experience, right, I don't know everything. I only know what I know from all the readings I've done and talking to all the animals. The animals have shared that their connection to I don't know what to really call it the universe, the purpose spirit, whatever word is going to work is so strong, unlike ours, where we have to develop it, cultivate it, make sure we're managing our energy and we lose it sometimes. They don't lose it. Not only do they have it for themselves, they have it for humans. So it's so strong that they know this is what Julie's client needs. This is what's going to work the best, this is what's going to get her goat, or this is what's going to make her finally take that step, or this is what's going to make her so discombobulated that she finally makes whatever change. It is and a lot of the time Julie's client thinks she's making the change for her dog, but it's really actually benefiting Julie's client.

0:05:53 - Julie
Interesting.

0:05:55 - Danielle
Which then benefits the dog.

0:05:57 - Julie
Yeah, yeah, well, and I love that you say that the dog comes in with all of these abilities, because there have been bazillions of times and I know you've heard this too where the family will be watching TV in the evening and the dog's on the floor and the dog's head is just moving from side to side like he's watching somebody walk across the room and none of the humans can see that there's anybody there, but the dog can see the spirit. Yeah, I know you've run into that.

0:06:33 - Danielle
Yeah, in fact, I think that's one of the coolest things the connection that our animals that are alive have to all of the other stuff that, like you and your podcast and your work and my work are all trying to help people see and understand and feel and live animals are like in it all the time. It's not a big deal for a dog to see a deceased loved one it is a big deal for us right, yeah, and they don't seem.

0:07:00 - Julie
It's been my experience. I'd love to hear your take on this. They don't seem. It's been my experience and I'd love to hear your take on this. They don't seem to be upset by it. It's not like they're barking and they're upset like if a stranger walks in the room in human form or somebody knocks on the door or rings the doorbell or something. They just very calmly, just watch them, you know, as they're walking around the room and when I see that I turn on my radar to see who's there. It's like they're alerting me to hey, you know, grandpa Joe's here or somebody like that. Have you found that to be the same? I?

0:07:36 - Danielle

have. The only time I've seen barking or alert type behavior happen is when the person's not getting it. You know the animal's like hey, hello, look what's going on here, and you know the humans aren't understanding, and so animals will resort to whatever they have to do to get that message through. But it's very much a normal part of their existence to be in connection with the other side, with the spirit world and with the big picture, like the reasoning behind why we're all here and what we're all doing and what we're all looking to achieve. That's just part of who they are, that they are in touch with all the time.

0:08:22 - Julie

Does that go for all animals, pets, wild animals, whomever it goes?

0:08:28 - Danielle

for pets, wild animals, zoo animals, fish, birds, bugs, ticks, mosquitoes, everybody. They're all here, and this is something that I say a lot and some people will say, well, you're just, you're being too human centric. But I'm not being too human centric in a good way. I'm kind of being too human centric in a bad way, because what the animals have shared with me is that they're all incarnating here to help us get ourselves together, like they've mastered unconditional love. They hold this for us. It doesn't mean they don't eat each other and everything. That's not not loving, that's survival. But we haven't. So here they are just trying to do what they need to do to get us to wake up and become conscious, and they're doing that through our love for them.

0:09:28 - Julie

Along those lines? Does that pertain to the animals that we eat as food as well? Do they kind of like volunteer to be slaughtered so that we can eat them and survive, whether that be out on the range or whether that be in a meat processing plant or whatever it does it?

0:09:48 - Danielle

applied to every single animal here.

0:09:52 - Julie

And so people that say, god, I can't eat meat, or I can't eat animals because I just can't do it, because I don't think they're supposed to be slaughtered for food for us, do you have a response for them? Oh, they're more evolved?

0:10:07 - Danielle

No, I'm joking, no, we're joking. Who's more evolved? The ones who don't eat meat? No, I'm totally joking. Everybody's on their own journey with that. That's a total joke. And everybody's going to figure out what works for them and what doesn't. Yeah, but part of like like for somebody who's cluing into the pain of the animals that are going to be slaughtered, that's part of that person's journey to becoming conscious. Somebody else is going to have that journey with animals in a different way. So for some people there's a really big focus on eating or not eating animals, etc. And so that's part of it for them, but it's not part of it for everybody. Other people are going to be with animals and become conscious through having animals in their life in a different way, like through having this incredible love with one specific animal.

0:11:00 - Julie

But all of the animals have contracted, according to what they've shared with me, to come here and help us like feel and be more compassionate and empathic and kind of let go of this push-pull survival thing that goes on and find balance that the natural world has that we don't have interesting. Do the animals in our lives choose us or do we choose them?

0:11:39 - Danielle

or is it a kind of like a combo platter? We choose each other. Well, it depends on what the timeline is that you're talking about. So if it's the timeline of the past 30, 40, 50 years, we think we're choosing the animal, but we're not. We are not choosing the animal the way we think we're choosing the animal.

So, from connecting with the animals, what they've shared with me is that before we incarnate, it's already decided what animals are going to play a role in our life and it's decided by our soul. And our soul kind of goes around as like, okay, who in my soul family is going to come and help me in this lifetime? And a whole bunch of animal souls. They're usually like yeah, I'll help, I'll help, I'll help. So it's already in place before incarnation and then during. So now I've incarnated here and these animals are going to do whatever they can from that soul level place to show up in my life and to help me grow and evolve and do the work that I came here to do. So they're kind of like maneuvering things around to end up showing up in our lives.

So we think I found this one on Pet Finder right. There's so much more going on behind the scenes than that. It is not about a website. It is about the connection between the two and the fact that this animal is supposed to come into your life. Whether for a short time or a long time, that's not decided beforehand, but the animal's supposed to be in your life. So how do you say who chose who?

0:13:20 - Julie

Combo platter.

0:13:21 - Danielle

Yeah.

0:13:22 - Julie

Yeah, but it's not the us choosing the way we think Does that pertain also to dogs that we take care of, perhaps for a loved one who's going on vacation and their dog comes to stay with us for a couple of weeks, and or dogs that belong to other family members and friends and we see them a couple of times a year when we go visit them, or if we visit them a couple of times a year when we go visit them, or if we visit them more often, or do you think that just pertains to our animals that we have that live with us?

0:13:54 - Danielle

It's a great question and, from what I understand, it depends on the connection that you feel with that animal. So an animal could come into my life and I only meet that animal one day, but that animal made an impact on me. That's the connection. Or an animal can be in my life and I never know and it doesn't matter. I mean, that's never happened but it depends on that level of connection. So if you are watching your father's cat all the time, and this is somebody who you absolutely love or who you absolutely hate, it could be also an animal that you absolutely hate, because that could be a way you're learning from this animal. When the emotions are big, positive or negative, that's a sign that this is one you're meant to learn from.

0:14:48 - Julie

Interesting. Can we use soul contracts to address our pet's behavioral issues?

0:14:56 - Danielle

Kind of if. So. The way that I understand it is that when a pet is having a behavioral issue and it's bugging me, it's upsetting me, it's getting to me, it's a thing for me, that behavioral issue is usually related to whatever they're teaching me. So when I start learning, mastering whatever the thing they're wanting me to master, that's going to affect their behavioral issue, because

they're no longer going to need to do it at the same level in order to get me to notice and do the work on myself. Does that make sense?

0:15:37 - Julie

It does. But how does one discern what's this behavioral issue trying to show me?

0:15:43 - Danielle

So this is kind of cool. If you look at, you know you have that voice in your head that kind of maybe doesn't always talk so nicely to you or kind of says stuff. So if you look at what's happening when the behavior thing is going on, the thing that's bugging you, and you start walking it back to what are the words you're saying to yourself about this. So, for example, I had a dog that used to jump up and down on everybody and I was embarrassed.

I was starting out as an animal communicator and I was like I should be able to tell her to stop. I am no good at this stuff because she and so her jumping up and down really brought out my belief that I didn't, that I wasn't good, that I wasn't good enough as an animal communicator or even as a human. And as I started to understand that and work with it wait, this has nothing to do with that and I and I started looking at my own um has nothing to do with that and I started looking at my own beliefs in myself, she started not jumping like that as much and as our relationship progressed, by the time she passed when somebody would come over, she would just bring them her teddy bear. I know it was so cute, but it's because I had learned enough of hey, I am good enough not 100% there, but I'd learned enough and shifted the belief enough that she was able to be like all right, I don't need to keep bringing this up for her.

0:17:22 - Julie

I love that. My brother and sister-in-law's dog Murphy, who's a medium golden doodle and she's just darling, I mean, she's just what a great dog. Every time I see her she wants to paw and she's got these nails and she scratches the crap out of my legs. And so I'll grab her paw and I'll say Murphy, and I'll say no paws, no paws, legs. And so I'll grab her paw and I'll say Murphy, and I'll say no paws, no paws.

0:17:48 - Danielle

She's like seven or eight years old now and she still does it, and so does it bring up in you any feelings about yourself or anything that you're telling yourself about yourself, or is it just like, oh, that's annoying, but it's not a big deal, and you'd like it to change the latter it's annoying, it's not a big deal and you'd like it to change the latter.

0:18:06 - Julie

It's annoying.

0:18:07 - Anncr

It's not a big deal. What's not a lesson for you, nah?

0:18:09 - Julie

She brings her toys to me and I love her. If I'm on the couch, she's on my lap or she's walking over me to snuggle up next to me and that kind of thing. But, boy, if I've got shorts on and it's the summertime, I really have to watch it, because it looks like I've been tortured. I have these scratch marks down my legs and sometimes it's pretty hard and sometimes it'll even bruise.

0:18:35 - Danielle

It could be a lesson, for I think you said at your brother's house my brother and sister-in-law's dog. Yeah, Could be a lesson for them.

0:18:41 - Julie

Yeah, when an animal passes and their human is thinking about getting another pet, the humans oftentimes will feel like, oh gosh, I just I'm not ready for another pet. I feel like I'm betraying the memory of my pet that died. And the pets are in heaven going no, go get another dog or another cat or whatever, and I'll help you find them. Have you found that to be the case, that the animals in heaven are like no, get another dog, get another pet. It's going to help you grieve and it's going to bring joy back into your life.

0:19:16 - Danielle

I have never encountered an animal on the other side who was like she better not replace me, Like they don't know she either. That's like a human thing that we humans have decided and we get all bundled up in our head with all this stuff. No animal is saying that.

0:19:34 - Julie

No.

0:19:35 - Danielle

They're like oh, do the thing that's going to make you happy, exactly, and they're on the other side working with the pet that's coming in to help make this all happen. There's like a whole big orchestration going on and a lot of the time the pet on the other side is actually working with the pet that's coming to help them, like pick up the baton for that soul level lesson that's happening. So there's like you kind of can't make a mistake with that.

0:20:03 - Julie

But I feel like with animals, we humans we just get all up in our head, right, exactly, we get so judgy of ourselves around that Yep Speaking of which, do you find that our pets reincarnate, first of all, and secondly, do they reincarnate back to us in a new pet?

0:20:27 - Danielle

So this is such a popular question, I think, especially because when somebody's missing their pet on the other side that's- all they want.

Just come back to me. Just come back to me. So I have talked with plenty of animals about this. They tell me they absolutely reincarnate. They're part of our soul family. They reincarnate when the time is right, based on the lessons, based on what's happening. When I first started doing this 20-a years ago, they would talk to me about reincarnating and I kind of kept it quiet at first because of the part that people get upset about. And the part that people get upset about is the animals are reincarnating but because they're choosing the time that's the best for the soul's growth and becoming conscious and for this big game we're playing as souls. That doesn't necessarily mean and I haven't run into it meaning in the same lifetime.

0:21:40 - Julie

I found the same thing.

0:21:42 - Danielle

I agree Right and so all these people are like but he needs to come back, and how am I going to find him? And I'm going to go on Pet Finder and what I'm finding is that and this is what I was talking about when I first started doing this this was happening in a less common way, but now it's like almost all the time when animals are crossing over, they're crossing over to continue the relationship with us from the other side, because now they can help us almost like a guide not an official guide, but like a guide while not having a body to get in the way, because sometimes we get a little dependent on our animals that are here and so they want to be sure that we continue the work while they're on the other side, and then we reincarnate, they reincarnate. That's how I know it.

0:22:30 - Julie

Yeah, I've got the same thing.

0:22:32 - Danielle

I'm still glad you're the first person who agreed.

0:22:36 - Julie

Yeah, yeah. So let's change directions. For a minute. You left a traditional corporate career to do animal communication. I want to hear about your journey. Did you come from an animal communication family? What's the story there?

0:22:53 - Danielle

It was a very easy transition for me, no problems, that ever Very smooth. I didn't resist it at all. I'm joking, I definitely resisted the whole thing. As a kid I was very, very sensitive and I was very connected to the animals and that wasn't exactly embraced. I can look back now and be like, oh, it's because I was connecting to the animals. They were my friends, they were the safe ones. I knew what they thought, I knew what they wanted, I knew what they felt, but at the time I didn't know any of that. I just felt awkward and odd and tall and skinny and just not like everybody else. I ended up by college. I was kind of checking out various meditation stuff, but also doing typical college stuff, so I didn't know who I was at all. And then I was at my corporate job. I actually left my MBA. I had four classes left and I was not into it at all.

And my dog got sick and very sick, so much so that we had to have her at the vet for several days and nobody could figure out what was going on. We did all the tests and a friend said take her to the pet psychic. And I was like what A pet psychic Because I'd always been interested, but it wasn't in any way okay in my family. I was too sensitive already I wasn't going to go see a pet psychic, and so the experience with a pet psychic opened my eyes. The pet psychic was able to talk with my dog, find out that she'd eaten corn cobs. She did end up passing the corn cob when she was okay but and knew as well, because she told him that we'd been fighting about my mother and and we'd been fighting about my mother-in-law Didn't matter to me. That was close enough to me. You know my dog ate corn cobs and that my husband and I have been fighting for a week about my mother. I'll take it. And that was kind of like the break it all open moment where a whole bunch of things started falling into place. That made me realize I know more than I thought and I've been doing stuff that everybody's been telling me I haven't been doing.

So then it was a bit of a long road to get me to go full time in this work because I had I still had the MBA salary, I still was in the corporate world, I was still doing all of that and I was very good at it and very successful, but it didn't feed my heart, it didn't make me, it just didn't. I didn't, I wasn't helping anyone. I was figuring out marketing and events and bloobity blah. It just wasn't. It wasn't what I was meant to do. So I eventually, after ignoring a ton of guidance so much guidance decided, all right, I'm going full-time, because I went part-time right away.

But I, I, I eventually, um, the day we moved into our new house was the day I got laid off at a at um, at one corporate job, and I said, all right, I'm going full-time, this is it, this, this, this is it. And uh, that was not easy as well. Each step, I am the best resistor, I am the best. You give me guidance and I'm like, oh, I don't think that guidance is big enough, you know. And I just keep going on my plan until you know, I finally have no choice. So that's how I can look back and be like, oh, that path all makes so much sense. But dealing with it and going through it, I resisted every step of the way, even though I really wanted it.

0:26:48 - Julie

Yeah, I understand that Well, and it takes courage to put yourself out there, Not only for you and your family, but for all the people that know you too, and they're going. What is she doing

and really what's up with this? I didn't know this part about her or things like that. Perhaps your family and friends knew that you were doing all of this, but I'm sure you surprised a few people. Did you get any blowback from family members or friends?

0:27:20 - Danielle

Oh yeah, I mean I was more okay putting myself out there to people I didn't know. I mean I was more okay putting myself out there to people I didn't know I'd go to do an event and I wouldn't let my husband come, and you know, nobody come. That I know only because they're seeing me in a different light. You know, I'm not doing spreadsheets, I'm actually connecting in and being the emotional, intuitive person I naturally am and it felt like they would see me like I was making it up or I was pretending or something, even though I felt more myself doing an event in front of however many people and doing readings and all of that than I did sitting at a desk and figuring out the timeline and that stuff.

I remember when I first started this was a long this is like I don't know, 2002 maybe and I was sending out emails in a newsletter, which is a very normal thing to do. Now I didn't have very many people on the newsletter list and my mom said you didn't send that to anyone but me, did you? Now she's come around more since then. When she had dogs in her life. She would call me to ask me, to ask them things, but at that time she didn't want anyone in the family knowing. For her it was a failure. I think that I wasn't doing the corporate stuff and I wasn't pursuing all of that and a waste of money that I spent all of that money on that MBA and left without finishing because my family has that education and those types of jobs and stuff and it just wasn't for me.

0:29:05 - Julie

What do you say to people who are in that position, who just are wanting to make a change and they are being held back because they don't want to disappoint their loved ones, who have this vision for their life, but it's different from what they envision for their own life? Do you have some wisdom or some guidance that you can offer for them?

0:29:29 - Danielle

Yeah, the thing that I always say, because I run into this a lot with the classes that I teach and people wanting to move into this realm instead of the other stuff that they're doing I feel like our guides, our angels, all of our higher help, will often communicate with us through excitement and passion. And so I tell people, instead of kind of looking at these fears that you're having and the wondering and the what ifs, where is the excitement, where is the passion? Because that's where you're going to be safe, supported and protected, that's where you're being guided and if you can stay with that passion, it's going to be an easier road. Did I do that myself? No, I resisted the whole time, but I have learned through experience that when I'm truly excited about something, when I'm like, and I feel it in my body and I have the butterflies, I'm like, yeah, I know that's the right thing, I know it, and that is the guidance coming through. If we follow the passion, that's the guidance.

0:30:36 - Julie

Yeah, the joy, the excitement, the curiosity, I find the same thing. When our pets and our loved animals pass, are they in the same reality as our deceased loved ones and the angels and the spirits and our you know and God himself and you know, all the saints and angels and all of them, or are they in like dog heaven and cat heaven and guinea pig heaven and hamster heaven? How does that work?

0:31:08 - Danielle

From what I see and experience in my readings with them, it seems like everybody's just over there. You know, they all become souls, souls over there. And I say over there. But where is over there? There's not over there. It's not over there. We know it's not over there, but it's the

easiest way for, I think, my human brain to talk about it is to say over over there. Um, but a weird thing is that it's almost like all the animal souls look like this kind of light. It doesn't matter if it was a dog, a cat, a horse, a turtle, whatever, and they're this kind of soul. And then there's the human souls which kind of have a little bit of a different look. And I'm not, I've not seen. And how about you? Have you seen? I've not seen a dog soul become a human soul or a human soul. Like I don't see cross-polymerism.

0:32:02 - Julie

I don't either. Yeah, no, I don't either. It's not like a schnauzer is, you know, gonna become a horse, or a schnauzer is gonna become a human. And I use the exact and same with angels. Angels are their own species. Angels don't become humans. Humans don't become angels. It's like I say, it's like comparing a schnauzer to a daffodil. They're different species of things.

0:32:26 - Danielle

But a dog could reincarnate as a cat and could reincarnate as a horse, like it seems like from what they've shared. They're just choosing whatever animal form is going to accomplish their mission in this incarnation, and it's never a human, because that's going backwards.

0:32:43 - Julie

I've seen the same thing. I will see. I mean I can I see holograms of dogs and cats and animals and spirits, you know, like humans that were humans and angels and all that jazz. And the thing that's really interesting to Danielle and this and people get a lot of comfort from this is their spirits are all there. When somebody's dying, when they're going through their transitions, all their pets that they had in their lifetime, their spirits are there and it can be dogs and cats and lizards and guinea pigs and stuff like that. It can also be farm animals. I'll see horses and cows and pigs and goats and chicks and stuff like that in the room of somebody that has either lived on a farm, perhaps in their childhood, or live now on a farm as they're transitioning. And I'll say to the family does your grandmother live on a farm or did she? And they'll say, oh yeah.

And there's one gentleman in particular. We were talking with him. His daughter is a client of mine and there was a white I believe it was an Arabian stallion white horse that he had and I think his name let's say his name was Charlie and Charlie was in the room with him when he was dying and he kept talking to Charlie and he kept saying Charlie, I'm not ready to go yet. I know you're here to get me, but I'm not ready yet. And then his mother's spirit came in and he was able to see and communicate with other loved ones' spirits at the time, with other loved ones' spirits at the time. So it was really sweet that his family knew and they said we stood there and we watched him. He had this conversation, this two-way conversation with Charlie, his white stallion, who he loved to pieces, and Charlie's spirit was there.

0:34:39 - Danielle

It's an interesting thing that I've seen happen where it's all the animal souls and human souls that are there when somebody crosses over are not even necessarily all related to this lifetime. They're related to all the lifetimes of that soul and everybody's in the same soul. It's like, yeah, we're all together when we think it's so important, this important, this lifetime doesn't seem to be and 1960s miniskirts and go-go boots and you know whatever.

0:35:24 - Julie

And yeah, very much so. And I call them the Welcome to Heaven Committee. And they're there with the person as they're transitioning, as they're dying, and then, once they get to heaven, they're all there again. And I have a client whose dad, Spirit, said to us it was great, it was like a magic trick. He said it's like, you know, the magician puts the girl in the box and spins it and taps it with his magic wand and she disappears. And then he does it again and he taps it with his magic wand and she reappears. He said it was the same thing. It was amazing, it was so funny.

But I've heard that a lot too and I can see it because I can see it telepathically. When all the spirits are in the room and we can describe those loved ones' spirits what they look like, we can describe the animals and they'll say, oh, that was my dog Fluffy when I was seven, and that was my horse Trigger when I was 14, and all of that. And then all those spirits are waiting for them once they get over to heaven. I don't see, right when they cross through the pearly gates, which looks like this big whitish, yellowish plasma wall to me. I don't see animals there right when they cross, it's more the human spirits. But then the animals show up once they're there. Yeah, which is interesting. I don't know what's about that. I never thought about it before.

0:36:46 - Danielle

Well, I think, from what I understand and I only understand what I understand until I understand some more right that there's this little bit of like an adjustment period that the animal souls are going through. So there's this like it's almost like a little bit of a drop off, a little bit of a moment where they're less available and I, it seems to be, I'm adjusting to this thing that just happened. Not that they're discombobulated or something. I hear you hear people say they got stuck or they didn't know where they were, they were lost.

I don't find that no no, no, but it's more like I'm taking a moment to adjust and it's a different. It seems to be a different adjustment that an animal soul goes through than a human soul, but I don't know what it is. I don't know more than that. There just seems some difference in the two.

0:37:47 - Julie

I just heard a yes on that. They do, so let's see if we can get some information on that. Why is it a different adjustment? Because the human soul is more evolved is what I heard. The human soul is more evolved, so the process is different.

0:38:06 - Danielle

So what I heard was the human soul is more connected to the physical than the animal soul.

0:38:17 - Julie

Yeah, so let's see if we can get some clarity on the more evolved which you know, obviously on the food chain right On the food chain yes, you've got the paramecium and then the bugs, but not on the artificial love chain and everybody plays their part, certainly, but we like to think that the humans are the most evolved species that have a human existence, and that's what I'm hearing.

Humans are the most evolved species that have a human existence, and that's what I'm hearing. So I'm hearing that the downloads that the humans go through as they're transitioning are more completed than the animals. The animals it's more esoteric, more I heard the word more fuzzy. Does that make sense? I never thought about it before. It's perhaps a more concise transition, maybe with humans than with animals.

0:39:14 - Danielle

It looks like with humans boomp, boomp and then animals more of a slow swoop versus a boomp boomp. What does that mean? I don't know, but it does feel like I've actually never really spent time looking at this either.

0:39:35 - Julie

I haven't either. No, yeah, I've never thought about it. No, but it does. Or compare notes.

0:39:40 - Danielle

Yeah Well, I've not also had somebody agree with so many of the weird things that nobody else agrees with. That I say so it's really cool.

0:39:48 - Julie

I haven't heard anything that you've said that I don't agree with.

0:39:51 - Danielle

It's awesome.

0:39:53 - Julie

Yeah, no, I've witnessed the same thing, that you're witnessing Same thing. So let's talk about euthanizing pets. That's so excruciating. I've done it. It's awful, awful, awful, awful. Have you been through that as well? Yeah, and when I'm working with a person whose pet is dying and the pet I can tell like humans the spirit exits through the top of the head. It kind of hangs on as they're dying, as a speech bubble kind of a configuration, and we'll ask the pet are you ready to go? You know, do you want to be euthanized? That kind of thing. And it's just heart-wrenching. And many times the pet has said to me I'm staying alive because she's not ready for me to go yet, or he's not ready for me to go yet. And then we can say you know, this really is about you being able to let your pet go. Talk to us about what your experience has been with the euthanizing of pets.

0:41:01 - Danielle

I just want to ask. I want clarity on so, when an animal is going to pass, you see their spirit coming out of the top.

0:41:10 - Julie

I do. I'm just having a little bum no for me, and same with humans. It's like a it looks like a cartoon caption bubble where the words or the thoughts are, and whether it's a pet or whether it's a raccoon, yeah, you know, don't matter Like wild in the woods Interesting.

0:41:31 - Danielle

For me, the spirit starts to leave the body out of the bum and it's like the body gets less and less colored, less and less full of the spirit until it fully leaves out of the body, like basically the root chakra. So interesting that you see it so differently?

So, yeah, I've worked with plenty of animals. Are you getting ready to go? Yes, I am. How do you want to go? I want to go this way. I want to go that way. I want euthanasia. They absolutely have said many times that they want euthanasia. My belief, because of the readings that I've done, is that when we choose euthanasia, we're not truly choosing it on our own. We are being guided to choose it because that is what this animal wants.

0:42:22 - Julie

I agree.

0:42:23 - Danielle

It's not, and I mean so many people feel so terribly about it. And yet then I'll go and talk to the animal and the animal's like well, I made it pretty obvious, you know. So she had to choose it because my time had come and it was time for me to go to choose it, because my time had come and it was time for me to go. But again we get all bunged up in our heads about it and then we throw all this other emotion and guilt and everything else in there and it doesn't allow for what could be a peaceful experience Sometimes. Sometimes it's not. But what could be a peaceful experience? Because sometimes it's not, but what could be a peaceful experience? Because we're giving them what they're asking for to be able to happen.

It's really really hard for the human versus the um, the animal.

I haven't witnessed it being hard for the animal other than I haven't either.

The piece that's hard for the that seems hard for the animal other than I haven't either. The piece that's hard for the that seems hard for the animal is that in euthanasia sometimes, when the animal seems to fight at the shot and there's that last fight, and that happens sometimes. What animals have shared with me is that that's the last burst of energy needed to separate the spirit from the physical body, and it is not what we perceive of. I'm making a mistake, I'm doing the wrong thing, but we think it is, and it's very hard to see so many people beating themselves up about this decision that they made with love. You know they just, oh, I have to do this, this is the right choice, and in that moment you decided that this is what had to be done, and then later go back on all that and spend all this time in guilt and, you know, kind of miss their pet loss journey because they're feeling so guilty miss their pet loss journey because they're feeling so guilty.

0:44:28 - Julie

Well, in humans it's called the rally, and every hospice worker and every critical care medical provider knows about the rally, and what you just described is what I believe is the rally in the pet, and oftentimes the pets will rally like humans do, maybe the day before they're due to be euthanized, and so humans are saying, oh well, maybe I need to cancel that appointment. And then they wake up the next morning, the morning that they're supposed to be euthanized, and they're just. You know, it's kind of like one last hurrah that they give them before they depart.

0:45:03 - Danielle

I look at that moment like it's almost like a gift. You made the decision, I agree. Now I don't have to spend the energy to show you I can be free for a moment, I can be energetic, I could be present, we could have a few last moments because you made this decision. I've called it the rally as well, and it's a great term to help people understand what's really going on. But sometimes somebody's so much in their grief and their guilt really not the grief but the guilt that they can't even hear that. So I hope that you bringing it up and me bringing it up helps them.

0:45:41 - Julie

I have a thought about when you see the spirit, when a pet is dying, coming out their rear end and I see it out the top of the head, because you said you see their body start to disintegrate. Yeah, it gets so gruey, yeah, and that's what happens. And so the spirit, then the body's disintegrating, so the spirit is coming out. We're seeing the same thing, we're just talking about it in a different way.

0:46:07 - Danielle

We are I'm focusing on this end Right the same thing that you're and you're focusing up here, but we're literally seeing the same thing.

0:46:15 - Julie

That's right.

0:46:16 - Danielle

That is so cool because everybody makes fun of me when I'm like it comes out the bum. Yeah, that is so cool because everybody makes fun of me when I'm like it comes out the bum yeah, that is so cool, right, right.

0:46:24 - Julie

And then what happens is the spirit detaches from the body. You're just watching the body disintegrate.

0:46:34 - Danielle

And there's this little, I see a little string between the two and finally, when the two separate, it goes ding and then that's the full separation. Do you see that?

0:46:40 - Julie

I don't see the string. I just see that the spirit goes up like a helium balloon goes upright, but I do watch it as it goes up, the body then just immediately disintegrates.

0:46:55 - Danielle

And I see it go up too, and very often the animal has shown me, like in euthanasia, the bird's eye view of the people and what happened, et cetera, because the spirit went up. That is so cool, yeah, cool.

0:47:09 - Julie

We're seeing the same thing. We are, yeah, yeah, I pets has taught me, so my dog Tuka she's not a hugger.

0:47:28 - Danielle

What kind of dog is she? She is a Great Pyrenees Bulldog. Bull Terrier. Chinese Crested Beagle mix. Good heavens.

0:47:37 - Julie

Wow, that's a mouthful.

0:47:46 - Danielle

Good heavens, wow, that's a mouthful. And she's not a hugger. She loves to be loved, but only loves to be loved the way she wants to be loved. And so my husband and I both struggled with this for a bit, and it was that I wanted to be able to hug her. I wanted to be able to hug her. I wanted to be able to touch her and hold her and do the things with her that to me, makes it feel like she loves me. I'm worthy of being loved.

We have this relationship in this way, and the more I tried that, the less she was into it and the more she's going off and, you know, growling at me and going in the other room. And I really had to understand I can't make someone love me in a way that doesn't work for them, and I can't give love to somebody who doesn't want the love in that way. So I had to start to really understand this idea around what love is and what. Just because she doesn't want the love that I want to do the love doesn't mean I'm not lovable, does that?

0:48:55 - Julie

make sense. So what did you figure out? How does she want to?

0:48:57 - Danielle

be loved. So now she'll be 11 in a few days, so she'll come over and she'll sit. She's 75 pounds and she'll sit her butt on my lap and I don't and I scratch her butt and that's her version of a hug. And if we stay like that, she will stay like that as long as possible. And I have learned all right. This is what our connection is, and just because she doesn't want me to then put my arms around her because she's in my lap doesn't mean she doesn't like me, she doesn't love me. I'm doing something wrong. So she's really taught me about love and when you think about it, you can't get anybody to love you the way you want them to love you. It doesn't work that way.

0:49:43 - Julie

And I had to learn that it's kind of like the love languages you know are you do you feel loved from a hug? Do you feel loved by gifts? Do you feel loved by sentiments that are verbal or whatever? So how did you figure out she just wanted to have her butt rubbed.

0:49:58 - Danielle

I had to back off. I had to step back and be like this is not about me not being lovable, this is not a comment on me, this is her needing love the way she needs it. So as I backed up on that, as I tried less to make me the way I thought it should be, she started coming to me, giving me her butt, putting her butt on me, like all of that started happening. But I had to stop pushing for what I wanted, the way I wanted it, so I could see what was really there.

0:50:32 - Julie

Yeah, is there a common theme of what animals know about us that we don't know about ourselves? Like, do you see a lot of one specific emotion thing that people work on, or are there five things that you see most of the time?

0:50:50 - Danielle

Yeah, so if they're, they're always teaching us. They're always teaching us some version of unconditional love and we we haven't mastered unconditional love and none of us have right. I still have that voice in my head that says you're not good enough. You shouldn't have said that, you shouldn't have made that joke Julie made a face, you know all of those things right. So that little voice is going off and that little voice is related to negative beliefs that I have about myself.

So what I've found is that there's four kind of general negative beliefs that they're working with us to help us turn positive. So the negative beliefs they're working on helping us turn positive are that we're not safe, supported and protected, that we're not deserving and worthy, that we're not lovable or that we're not good enough. And an animal will come into your life and will be like, hey, I'm working with Julie on this one and they kind of that's their purpose, they're going to help you with that one. So my dog, bella, the one who jumped up and down, was helping me come to believe that I was good enough, or make progress on the way to believing that I was good enough and not spend so much time on the not good enough. And what I found is that, even when you look at a specific lesson, it always falls under the umbrella of unconditional love, and then you can figure out which one of those four it's really related to.

0:52:17 - Julie

Interesting. Do you ever see a day where animal communicators will teach in vet schools and or be part of a veterinary practice?

0:52:26 - Danielle

I've done that. You have Tell us about that her veterinarians, animal communication, to talk about the connection between the two. And yeah, I did a week-long sorry, weekend-long workshop with them. It was very cool. And then I had a vet call me from the operating table hey, I don't know if I should continue working on this dog or not. And so right there we did the reading and figured out that that dog did not want her to continue and it was time for that dog. So when you open up the idea of, hey, there's extra help here, it can help somebody in their job and I'm not saying she didn't finish the surgery, she did, but she knew then what was going to happen from that surgery.

0:53:24 - Julie

Yeah, so how can people communicate with their animals in the meantime? Before they take a class from you about how to communicate with their animals, do you have an easy to implement way that everybody can do in the short run?

0:53:47 - Danielle

What I would say is that people who are very connected to their animals and love their animals are actually already communicating.

So I would encourage people to look at the things where they think they just know their pet really really well and consider could that be not that you know your pet really really well, that you can anticipate their needs like that? But could there be an intuitive connection here? You know your dog walks in the room. You're like, oh, he needs to eat. Well, walking in the room, does that really tell you that? Is that really because you know him so well, or are you receiving other information? I think a lot of people mistake a close relationship. They think it's a close relationship, they think they're really smart, they think they've taken all the data and they're figuring it all out, but really there's intuition going on there. And starting yourself thinking that maybe some of this is intuition can be the first step to starting to trust and not think that everything is a coincidence, so it's already happening. But you have to get your brain to start thinking that way before you can even take a class to. Hey, maybe this is really going on.

0:54:58 - Julie

Are you finding that fear is really the impediment to being able to communicate with their pets or their deceased loved ones' spirits in general?

0:55:09 - Danielle

I would call it fear, maybe trust, trusting themselves. When I'm going to hold a class, a lot of the emails that I'm getting are I'm so worried everybody's going to be able to do it, but me I'm so worried I don't have the gift. I'm so worried what other people are going to say. So there's fear in there. I'm so worried I'm going to not know that.

What it's in my head versus the animal, that's a huge one that people think they're not going to be able to differentiate between the animal and the human. And so much of it comes down to just try it, just try it out. You can't like stand back here and evaluate and try to figure it out in your head and not share what's really going on, because you're never going to know, because now you're in censoring energy. So I, I, it's fear, it's trust, it's confidence. And then it's also you know, I'm sure you've been through this this idea of doing something that's just so different. And if you do something that's so different and you're not immediately good at it, well then you might be a fool, you know. But if you can do it and be immediately an expert at it, then you're going to have the confidence. But that doesn't happen.

0:56:25 - Julie

No, not with pretty much anything. You got to do it for a while to get confident on it.

0:56:32 - Danielle

Yeah, taking that risk.

I think that, being comfortable to say all right, I'm going to take the risk, I'm just going to try this thing and not going to worry, I'm going to say all right, I'm going to take the risk, I'm just going to try this thing and not going to worry, I'm going to say all right, you know what I knew, he wanted dinner. I'm going to chop that up to think that was intuition. And then it starts being like all right, maybe there's another one of those moments and you can kind of start growing it that way to open your mind to this idea.

0:56:56 - Julie

A question I get a lot from pets is do they like the food I'm giving them? A question I get a lot from pets is do they like the food I'm giving them? Yes, I have heard everything from my two favorite. Are cats really like little friskies? I'd really like little friskies and the pet parents buying

some really expensive something, something from the bed. And then the other one was recently I heard this Danielle that it was a woman was she had brought in a stray cat from the neighborhood and she wanted to know if her cat, her new cat, was enjoying the food she was giving over. The cat said oh, it's great, because mice are really overrated. I thought that was hilarious. Mice are really overrated.

0:57:40 - Danielle

I love when you ask a dog like a dog who's really into food, or a dog who has humans who are going to do whatever that dog says hey, do you like your food? No, I don't like my food, I'm not getting enough and I need more. And they start listing off all this stuff and I have to stop the reading for a second and say, listen, just because your dog is saying all this stuff doesn't mean you have to do it.

0:58:04 - Julie

Right. They always say they want more treats. I hear that a lot. I'd like more treats, please. Hilarious, oh my gosh. All right. Last question why do we incarnate? Oh my.

0:58:20 - Danielle

Why do we incarnate, we humans? I've asked myself that question a lot because, according to the animals, they're here helping us because we're we're we have a mastered unconditional love and they have. So the best answer I can give is to learn in the 3D world how to master unconditional love.

0:58:46 - Julie

Great answer, all right, you are just darling, smart, wonderful. I understand why these pets love you and why their humans love you as well, and just what a delight to get to compare notes and talk with you and find out what you're doing and how it works for you, and a little bit about what you teach. How can people learn more about you and your?

0:59:10 - Danielle

work. My website is daniellemckinnoncom and it's all there. Spell McKinnon for everybody.

0:59:17 - Julie

Oh yeah.

0:59:18 - Danielle

M-A-C-K-I-N-N-O-N.

0:59:21 - Julie

That's the Scottish husband right there, m-a-c, not just M-C, yeah, m-a-c, all right. Well, thanks so much for joining us. What a great, fun conversation, enlightening and just a delight the whole way through. Everybody in the meantime, we're sending you lots of love from Sweet Home, Alabama, and from Maine to where Danielle is. We'll see you next time. Bye, everybody.

0:59:49 - AnnCR

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question.

0:59:59 - Disclaimer

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