

AJR Show - May 8th Transcript

0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. Momentous, historic day here in the world, especially here in America, because the first American Pope, pope Leo, was elected today. Pope Leo XIV. He was born and raised in Chicago and worked a lot in Peru and has been in Italy at the Vatican for the last several years, and I loved his message because it was all about love and respect and working together as a community, as a global community, and that's the thing that I hear from Spirit all the time, every time I talk to him, and I talk to him every day with clients and on my own, and that's the one thing that comes through is it's all about love at the end of the day. So I really enjoyed hearing his message. Congratulations to him. I hope you join me in those congratulations, and whether you're Catholic or not is irrelevant. He's a world leader. He's a religious world leader, you know. Let's send him lots of prayers and love as he embarks on this journey as Pope Leo XIV.

Very exciting we have a whole bunch of guests that are waiting to get on. If you want to talk to me and have a conversation. Join us at AskJulieRyanShow.com, and if you're coming in on the YouTube live stream, we're at Ask Julie Ryan, we've got Samantha on the YouTube side of the equation. We've got Chris running everything. So you know, I never know who's calling, I never know what they're going to ask, I never know what Spirit's going to say. So it makes every Thursday night such a ball. I really enjoy it and I hope you do too. First, we have a graduate of my class, my angelic attendant training class, Jocelin Sisto, with us. Jocelyn, are you close by there?

0:02:52 - Jocelin
you are, I'm here.

0:02:53 - Julie
Hi girl.

0:02:53 - Jocelin
Hi, how are you?

0:02:55 - Julie
Welcome, I'm wonderful. Thank you, she's in Chicago, where the new pope is from, and she was on a field trip with her fifth grade daughter. And she was on a field trip with her fifth grade daughter and they were visiting with a priest who's a friend of the new Pope's, correct?

0:03:11 - Jocelin
Yes, yeah, it's an Augustinian school and the kids went to go visit the shrine there. It was St Rita High School and Father Tom gave us a wonderful tour of all the relics they have there and

then gave some lessons to the kids about the enclave and what it means, and then, you know, said his connection because he was the former leader of the Augustinian order. I couldn't think of the word.

The Pope was the Pope was the Pope, yeah, yes. And so he had put Father Tom in his position as principal of St Rita. And so he said you know, we've never had a sinion, and this would be amazing. And he's in the running. And so we were there with him when the white smoke came up. Someone came in the room and said the smoke's going, it's white, it's white. And so she was so excited and he stopped what he was doing and he said well, this is it, we're going to find out. And like, wouldn't it be great if it was him? And so, while the kids were eating lunch, it got announced and he heard the name in Latin, as they were he's like, it's him, it's him. I heard him say his name and then his phone started blowing out. So it was so cool, yeah, I have goosebumps just hearing about it.

0:04:25 - Julie

You know what a historic icing on the cake for you to be there with his dear friend. And didn't he show you an email that he had just gotten from the new Pope on Saturday before they went into the conclave?

0:04:40 - Jocelin

Yes, he shared with us. He's like I sent him good luck, you know, and I'll be praying for you. And he's like here's what he sent back. So I'm like can I take a picture of that? Because that's so cool. So I have a picture of his communication with the now Pope.

0:04:55 - Julie

Very, very, very fun. All right, why did you decide? Why did you want to take Angelica attendant training, and what really was the catalyst that made you decide to enroll in the class?

0:05:09 - Jocelin

Well, I was pretty much led to you.

I had some health issues that were pretty severe and that led me down the path of looking for answers, and when I found you and I did a session with you, it was like, oh, I need to do more of this. It was like all these light bulbs in my head were going off. Like this is a path to healing is how I approached it and I took the course and it was probably six or seven months after we had our first session it was in January and so that came. That session came. It was amazing because my dad was actually transitioning through that and it helped me so much and the timing of it was all orchestrated so well and I think we were talking about maybe I was going to do the October class and then when we finally decided on where I was going to end up, it was in the January and it was the beginning of me learning to trust more and to help discern these little messages. So it was truly an amazing experience. It's changed so much in every aspect of my life.

0:06:20 - Julie

You've been in the medical industry for a long time and you teach kids and students how to become physician assistants. Do you use this in addition to your everyday life? Do you use it in the work that you do in the medical industry?

0:06:36 - Jocelin

I do, and what I realized with AET or AAT excuse me was that I was using it all along and never realized it. Me was that I was using it all along and never realized it. So when I was seeing patients and there was something that was puzzling or it didn't fit the textbook definition of what should be, I would get something that would pop into my head and I would think, okay, maybe we should check this. And then invariably I caught some blood clots. I caught some

rare things because I followed that and I had a surgeon that I worked with. It was a great mentor and teacher and he always said if you have a thought about something, just do the test and rule it out. And so when I took AAT I think it was when one of the former grads came on and was sharing some information with us it's when everything kind of clicked for me, because even during the class I kind of struggled a little bit, like I'm like, okay, I got to see what Julie sees, I got to see this, I got to see that. And then all of a sudden, when your grad came on I believe it was Don came on and spoke with us. All of a sudden it was like, no, this is how. What have I been doing? Oh wait, he's been doing that. I've been doing this and didn't realize it, like all those little nudges that I would get or those thoughts that would come in.

And then everything gelled and clicked and I went I get it. Now. This is what I'm supposed to listen to, this is the divine guidance to help me, either in my care of others because for me, medicine is a service Teaching is also a service, you know. And how can I help our students be the best PA that they can be? How can I help them, you know, if they're struggling or things like that? And so for me, going in prepared with you know, please, god, give me the words I need. That'll be the best for this information, or for this person that I'm working with, or the student that I'm here with, or whatever they need for their healing. That has been something that I've now instituted in almost every interaction I have, whether it's with students at work or with patients, or even in my personal life, trying to figure out stuff for the family or kids or what to do with this situation or that situation. So it's a wonderful life skill, I would say More than a work tool. It's more of a life skill.

0:08:41 - Julie

And when you started receiving information in the way that you receive it instead of comparing yourself to others, did you find that your skills ramped up during that time as well?

0:08:52 - Jocelin

They did, but only because of the practice.

And I think this is true for anything, whether it's surgery, whether it's energetic work. The more we do something, the more we refine it, the more we shape it, the easier things become for us. Like I would want a surgeon that does 100 breast productions a year than one that only does two. Right, because just that repetition, you get more refined in that skill set and that's what kind of levels you up. You get more refined in that skill set and that's what kind of levels you up.

And with the practice sessions, you know, I find that that is where, first of all, you get the validation from others. So if you're, you know, hesitant, not sure how do we do this, you learn from other people what works for them, and then you kind of integrate and say, okay, that worked for them, let me try that. Well, that didn't work, but now let me try this, because now I'm getting guided to do that. And so you get these little refinements, I guess is the word I'm looking for. And doing that. Practice is really what helped with my discernment and also with hearing and the frequency of the messages too. There's not a day that goes by that I'm not getting some kind of nudge from spirit or some guidance in some way, shape or form, and I'm so grateful for it. Like that's, I'm just filled with so much love and gratitude for the whole process.

0:10:12 - Julie

And we have nine practice groups a week that are all free for life. Once somebody graduates from Angelic Attendant Training, also known as AAT for us, have you found the community to be supportive for you?

0:10:25 - Jocelin

The community is I don't even know if I have the words to describe it To have so many people together that are on the same journey and we're all at different stages of our spiritual development. I kind of think of it like life skills development. Some people are babies, some people are riding a bike, other people are flying a plane right. But to have this community and to have access to these wonderful people they have become so many, have become dear friends and just to be on this journey together, it is such a blessing I could cry.

0:11:01 - Julie

Yeah, yeah, I think it's really the differentiator of taking a class and going to a seminar or something and then really integrating what you learn into your abilities. Have your abilities changed since you took the class and started participating in the graduate groups?

0:11:22 - Jocelin

Definitely. I think when I first started, I would get what I call nudges, and I don't necessarily think I saw pictures in the beginning, but I would get a pull towards something or I would be drawn to some aspect. Now I will get images, I will get words, I will get feelings. I kind of started getting the whole smorgasbord, so I feel like those other images came in to use your yeah, I say buffet of psychicness, but smorgasbord works great too.

0:11:55 - Julie

And we're doing the next Angelica Attendant training everybody in a couple of weeks May 17th and 18th and it's going to be online, it's live. It's a Saturday and Sunday. You will be able to do everything that I do and then your skills are really going to ramp up with the practice groups, and the practice groups are key. We have nine of them a week. They're free for life and when you go on as a newbie, you got all these veterans who were where you were that are now going to be welcoming and help you, and all of your skills are going to come in. It's just a matter of using them. Also, I wanted you all to meet Jocelyn, because she is working with clients now and if you want to schedule an appointment with her, just go to AskJulieRyan.com book an appointment, and she's one of our five graduates who has gotten so good at all this stuff that I do all the woo-woo stuff that she sees clients and you can usually get in within a week or less, and you even do some appointments on weekends, correct?

0:13:05 - Jocelin

Yes, I have Saturday mornings available.

0:13:08 - Julie

Saturday mornings and you get in to see her way sooner than you can get in to see me, and she's way less expensive, way more affordable and I know you're really telling me that you're enjoying talking with clients.

0:13:23 - Jocelin

It's amazing. It's truly enjoying talking with clients. It's amazing, it's truly, it's magical I don't know if I have another word for it because just to be able to receive that information and share it with someone in a way that resonates so deeply with them, it's truly a gift.

0:13:39 - Julie

Well, and you've developed it. It's a muscle that you've developed and you do the whole buffet of psychicness you can talk to deceased loved ones, you can scan pets, you scan people, you can do past life stuff, you can tell how close to death somebody is, all of those things. So if you're thinking about doing an appointment schedule with Jocelyn, just go to AskJulieRyan.com, click on that, make an appointment and you'll see her beautiful picture there and you just click on it and then you'll get her calendar. So thank you for taking the time to join us this evening. She's on her way to her daughter's softball game, so I hope they win. And thanks so much for joining us this evening, sending you tons of love.

0:14:24 - Jocelin

Thank you so much. Good to see you and be on with you. Thank you, alrighty. Thanks, Jocelin.

0:14:29 - Julie

Bye-bye. I'm introducing these different graduates who are doing appointments. You guys, they're all amazing, and the reason why I'm doing that is there are only so many hours in the day and we have so many requests and people that have questions and want help. That's why I decided to bring in five graduates who are doing client appointments, and you can usually get in to see them within a week or less, and a lot of them are doing appointments on the weekends too, if that's easier for you. Okay, let's go to the phones. Chris, who you got for us? We've got Kate. Kate from Houston.

Hi, Kate, would you please scan my mom, Kathy, age 80. Chronic back pain started with a paralyzing polonial cyst in her sacrum at age 21. Her sacrum at age 21. Oh, two surgeries, pain ever since, goodness, from 21 to 80. Well, that's crazy, okay. So, Kate, what I'm going to do is I'm going to hook into you and then I'm going to ask your mom's permission if I can scan her. How this works for those of you that are joining us for the first time is I raise my vibrational level to the level of spirit. I'm going to watch a laser beam come from my body and it's going to hook into Kate and then I'm going to watch a laser beam go from Kate over to her mom. Then I'm going to ask her mom's permission if I can scan her. If she says yes, I will. If she says no, I won't, because I think it's unethical to do that, to scan somebody without their permission. But we can always get information because we can talk to her spirit. So here we go, Kate. Here comes my laser beam from sweet home, Alabama, heading west to you in Houston and got you all right, got your mom. Okay, Kathy, I'm talking to your baby girl. She goes yeah, yeah, it's fine, good job setting that up. Okay. So I'm shooting energy. I have a hologram of her in my mind. I am shooting energy from her feet up through the toe of her head.

She's got a bunch of scar tissue in her back and I believe what's happening is it's limiting her mobility. Scar tissue looks like Kate, looks like a fibrous spider web, if you can imagine that, and so I'm watching that get cut out. This is the healing part. I'm watching that scar tissue get cut out. What it does is it restricts movement, and the back is supposed to move, the skeleton's supposed to move. You know all those discs and everything. They're like shock absorbers because they're supposed to move, like a car moves, and so that's what I'm watching happen, and it reminds me of when a team wins a basketball team wins a championship game they're cutting the net off of the rim of the basketball hoop. That's what it reminds me of.

All right, putting stem cell energy in there. She's got some mangled discs too, Kate. What I'm watching is I'm watching these little spacers like imagine a tile mason would use to lay tile. You know, propping up the vertebrae. She's got two on her left side in particular. You know they look mangled, they look like a dog chewed on them or something. So I'm watching stem cell energy get put on them. Light amber color gel sparkles reminds me of Dippity Doo. You know it's woo-woo, you got to have sparkles.

And then I'm watching this little netting get placed from the upper to the lower vertebrae and that's going to keep those discs in place. The stem cell energy is going to be regenerating the disc material. There's a vortex spinning outside of those two discs and that's going to help her regenerate those discs by putting them in there. What's happened is it's brought her back up so that she's straight and she's not leaning and causing more compression on the discs. So I hope that helps.

I'd love to either have you schedule an appointment with me or with one of my graduates and really do a deep dive on her. We can do a. We'll do the fall Monty, healing on her and her whole

back. So I hope that helps in this short run. Thanks for your question. If you want to have a conversation with me, we're at AskJulieRyanShow.com. If you're coming in and joining us on the YouTube live stream where it asks Julie Ryan, just put your first name and where you're located in the chat with your question, and Ms Samantha is over there helping people with their questions too. So we got you covered on all fronts here. Okay, Chris, who's next? Hi Stephanie, hi Julie, how are you? I'm great.

0:19:37 - Stephanie

How are you doing? I'm just fine, just fine.

0:19:40 - Beth

Terrific.

0:19:42 - Stephanie

Please tell everybody where you are. I'm in Westchester, pennsylvania, west of Philadelphia, terrific. You got a question for me. Yes, I have many broken bones and injuries and one of them is my right occipital. It has a hairline fracture from 2009, when I was thrown across the room when my defibrillator went off. My internal defibrillator went off. What happens, I didn't know. I was totally unconscious. My heart started to beat on its own and when it did that, it threw the whole rhythm that the pacemaker and defibrillator were doing. This is early in my heart Adventure. Yeah, my heart Adventure. Yeah, my heart adventure.

0:20:28 - Beth

So yeah.

0:20:31 - Stephanie

I would like to know and I had a concussion from that. I don't really know how long I was unconscious and then I came to. I have no idea what happened. And so my question is that there are reports that possibly concussions can cause dementia and that kind of thing, and I'm wondering if I can get a whole lot of stem cell therapy in my brain.

0:20:58 - Julie

Yeah, absolutely You're counteracting. But your fracture healed since 2019.

0:21:05 - Stephanie

I still have constant pain back there. It's always painful. I also in 2000,. I was hit and run at 40 miles an hour.

0:21:16 - Beth

Oh, good heavens.

0:21:18 - Annncr

That was in 2000.

0:21:19 - Stephanie

You're a miracle how I'm still here. I don't know when that happened. I got thrown against the seatbelt and my head and neck, like wrapped, just flew around and I had a screaming headache all on this side of the head for about a year. But I still have pain down in the bottom.

0:21:41 - Julie

Okay, all right, I'm already connected into you, stephanie, and what I'm watching is I'm watching a grid kind of like. Imagine a tomato cage, a metal tomato cage. You know that you'd put around a tomato plant so it'll hold up the limbs, and it's made with these really hair-thin blue lines and they're generating a structure around your neck to give support to your neck. It's

not going all the way around your neck, but it's going across the back of your neck, kind of like you know those pillows that you'll see people have when they travel and they put it

just around their neck when they're on that plane. That's what it looks like, and so these hair thin blue lines are creating a grid that's going in and it's just assimilating into your neck. That's going to help a lot to help support your neck. That's number one. So we're going to go up into your neck. That's going to help a lot to help support your neck. That's number one. So we're going to go up into your brain. Now let's look and see about that.

You're right about the scar tissue in the brain. Brain matter looks like thick, cooked oatmeal to me and it has the consistency of soft butter. All right, you know my analogies are hilarious, but that is, honest to God, how they come in from spirit and they're designed to give us a human frame of reference for this energy healing that we're doing. So I want you to envision that your brain's like oatmeal, like really thick, that Irish oatmeal, thick Irish oatmeal and the scar tissue that's in there and you do have quite a bit. And the scar tissue that's in there and you do have quite a bit comes from not even hitting your head. Whenever we have an impact of something, the brain is not secured inside the bony skull, so it slams up against the inside of the skull and then it kicks back. So what scar tissue looks like inside the brain is chicken cartilage inside a chicken breast with the bone in. You know that white, flexible stuff that you'll see inside a chicken breast.

So imagine I'm scooping it out. You have quite a bit of it, so I'm scooping it out and it leaves a divot in the brain matter. That oatmeal so imagine you're eating a bowl of oatmeal, you take a big spoonful. It's going to leave a divot in the cereal itself. So here comes stem cell energy.

My favorite thing Light amber colored gel has sparkles in it reminds me of dippity-doo hair gel. If those of you listening don't know what the heck I'm talking about, look it up. You can still get it on Amazon. You remember it. I know those of us have a certain period of time, right, we remember. And so there are vortices that are spinning above each area that's being regenerated. We're probably going to increase your IQ because you're going to have all this new brain matter in your head. So the reason why I remove scar tissue when I see it in the brain and you're very wise to ask about it is because it can occlude neural pathways in the brain and if I'm working with somebody that has dementia, their brains are full of scar tissue and we remove it and then those neural pathways can light back up and they can work properly.

0:24:54 - Beth
They look like.

0:24:56 - Julie
that's right. They look like little and we lay new neural pathways all the time, all the time for new things, like Jocelyn was saying. You know, when you practice doing this energy healing or talking to deceased loved ones or whatever, what's happening is we're laying new pathways to allow us to do it with ease. We don't even have to think about it. And so these neural pathways, stephanie, look like laser beams as part of a security system, like in a museum or a home or an office. Did you see Ocean's Eleven, the movie where they're robbing something out of a museum and they're stepping over the laser beams and rolling under them and all of that? That's what they look like. And so yours are now lit up.

The scar tissue is removed from your brain, that all the neural pathways are lit up and they look great. So that healing's happened on the energetic level. It's going to integrate into your body. How it integrates is up to you. It's all determined by the person's spirit. It can integrate instantly. Take days, weeks, months, need complimentary care. I'm hearing in my head, as a divine download, for you to use a lot of omega-3s to help your brain heal. So get the purified

fish oil, get it burpless and purified and what I'm hearing is about 3,000 milligrams a day. You want to take that and that's going to help your brain heal.

0:26:32 - Stephanie

So currently you don't see any dementia or anything like that. Nope, no, we removed all the scar tissue. Yeah, Great, great, great. When the healing is done on the etheric level I'm sorry, the energetic level do you have to consciously call it in to the physical?

0:26:50 - Julie

or your intelligence just does that. That's what you're doing when you're picturing it. Okay, it's integrating into your body. That's why I get those hilarious visuals is, when you picture what I'm describing, your body's going to follow what your brain's telling it, so it's effortless and you need to help it on the physical side. What I got from Spirit was for you to use fish oil to help you with that.

0:27:18 - Stephanie

Thank you.

0:27:19 - Julie

So I hope you feel better you bet, I do too.

Thanks, Stephanie. Okay, thank you. Bye. Askjulierieryanshow.com. If you got a question for me and you want to have a conversation, and we're at Ask Julie Ryan on the YouTube live stream, so you can get us either place. If you're coming in on the live stream, put your first name, where you're located and your question, and then we will answer that. Remember to subscribe wherever you listen to podcasts. We're on all the networks and subscribe on YouTube, and you know, when you subscribe and you leave a review, leave a comment about the show, you are automatically entered into a drawing for a free session with me, valued at 750 bucks, and a free class valued at \$300. And I give one of those away every month, so you're automatically enrolled in the drawing when you do that. So remember to subscribe and leave a comment. And also we take comments off of Amazon for any one of the books, any one of my seven books. You can leave a comment there too, and we choose winners from there as well. So okay, Chris, who's up next, Karen? Hi, Karen.

0:28:34 - Karen

Hello.

0:28:42 - Karen

Hi Karen, hello, Hi Karen, hello, how are you, my girl? I'm doing pretty well. Thank you, super happy, terrific. Where are you? I'm in Vancouver, British Columbia. Oh, you look like a beach girl, you look tan and blonde. Oh, I just had a little bit of a holiday in Mexico not too long ago, so I'm a little bit oh yeah, you look great.

Yeah, got a question for me. Yeah, I'm wondering if you can zoom in and maybe have a look at my Let me just think Left hand, my Achilles tendon is really swollen and it's sort of morphing into a heel pain. Sometimes I can hardly walk. My chiropractor thinks maybe it's coming from my pelvis being out, but also I've noticed my ankle has been swollen lately. So I'm trying some lymph node like tapping stuff to try and get my lymph system going. But I don't know what's up with my Achilles. It's been hurting me since about September. I've had lots of needles and everything, but something's not getting fixed.

0:29:36 - Julie

Did you get a new pair of shoes back in September, like a new pair of tennis shoes or other shoes that you've been wearing a lot? Not that I know.

0:29:45 - Karen

I change my shoes a lot. I have a bit of a shoe problem.

0:29:48 - Julie

Okay, all right, that's what I'm hearing before I even get you on my radar.

Yeah, shoes, and tennis shoes in particular. Okay, so that there's something going on with your tennis shoes. But let me get you on my radar and let's see what's going on. Here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to you in Vancouver. Got you, it's gone to your left leg. That's the one that's hurting.

Okay, lots of inflammation. That's hurting. Okay, lots of inflammation.

Inflammation looks like red fog on body parts, Karen. So we're getting it calmed down. We spirit working through me and with me to help you heal yourself, remember. So there's a royal blue energy that gets put on inflamed body parts. Think of those refreezable ice packs. Yeah, that blue color, and it just calms it down when you're in pain. Envision that. Envision that there's that royal blue gel and it's really cold and it's coming down on the part that hurts and your body's going to follow what your brain's telling it, even if your brain doesn't believe it to be true. If your brain's going, oh, this is nonsense, she's pretending. Your body doesn't know whether you're pretending or not. Right, yeah, right. So envision that.

I do think that you have an Achilles injury and what I'm watching is I'm watching stem cell energy get put on it. Imagine when I see a tendon or a ligament or a muscle or something and it's been injured. It reminds me of a little girl with long hair and split ends. You know, you see the hair. Then you see all these little wispy things off of the hair. That's what it looks like and you notice I didn't say your hair, I said a little girl's hair.

So I'm watching stem cell energy get slathered on it and there's a vortex spinning outside of the back of your leg and that's gonna regenerate your Achilles. It's not torn, but it's had some wear and tear on it and I'm getting it's from your tennis shoes. Okay, I'm going to check out all my shoes. So check out your shoes and see if there's you may need shoes with some more padding in them, right, okay, yeah, and I'm getting to wear your tennis shoes in the short run. You know, wear tennis shoes with padding in them, but wear them in the short run instead of all the cute shoes that you wore when you were on vacation that just exacerbated the pain.

Mm-hmm, right, yep, yeah, so without padding. You know all those cute sandals and stuff we wear in the summertime, and then our feet are going. What are you doing Exactly? All right, so find some sandals with padding in them Okay, you know, with a cushy sole on it, but in the meantime, I would find some tennis shoes that are going to give you some support and a lot of padding. I hope that helps. Thank you very much.

0:32:50 - Beth

Okay, thanks for joining us.

0:32:52 - Julie

Thank you, you bet Bye, Karen, askjulieriashow.com. If you want to have a conversation with me and we're at Ask Julie Ryan on the YouTube live stream, so come join the fun. We'd love to have a question from you. It's always fun to see what the questions are. So who's next? Who's the next lucky person? Karen? Hi, Karen, I love Karen. I know Karen. Karen, she's been on my show.

Karen, here from Ireland. She says can you scan our dog Shelby? She was paralyzed in her back legs and has gotten stronger, but still wobbly. Can you see what caused it and do a healing please? Absolutely so, Karen. I'm assuming you're in Ireland instead of in Mexico, because I know you spend a lot of time in Mexico Going in, connected to you, going from you to Shelby.

It looks like she has a tumor that's causing her back legs to have problems. So imagine, and I'm getting its malignant. So what I'm watching is I'm watching it get encapsulated. Imagine we're putting it in a plastic bag so that none of the cells will move and we're removing it. When I see something that's malignant, Karen, it looks to me like, reminds me of hot tar that's used when a road is being paved, when new asphalt is being laid. That's what this reminds me of and that's what I'm seeing with Shelby, and so we're removing it, putting a little stem cell energy. It works on dogs and animals too. The stem cell energy is amazing, low vortex spinning above her.

I see her running. I think she's going to heal from this. Her spirit's in her body. She's not dying because otherwise I wouldn't be able to scan her, and that's because the spirit's the power source for the body. When the spirit's out of somebody's body and attached on to the top of the head, even an animal, it's like I'm looking at an X-ray in a pitch black room without any electricity. So we've got that going on. So, shelby, let's talk to her for a minute.

Shelby, do you want to have treatment for your tumor? She's saying yes, so you may want to check with her doctor and see what they come up with. Do you want to have surgery? If it'll help, there's some guidance for you on that. So I hope that helps. But I do see her running. So I think whatever you decide to do with her, it's going to be very successful. Healing's already happened on the energetic level. It's going to integrate into her body and hopefully that'll help along those lines and hopefully, by the time you get her to the vet, the malignancy has gone and or so is the tumor. That would be fabulous. I love it when that happens, when she integrates it right away, which humans do all the time. Alrighty Thanks, Karen. Sending you love All righty. Askjulieryanshow.com or on Ask Julie Ryan on the YouTube Live stream. Remember to subscribe. Ring the bell, ring my chimes. There used to be a show called Laughing On and there was a comedian named Flip Wilson.

0:36:26 - Beth

He'd say ring my chimes which was hysterical.

0:36:29 - Julie

All right, I'm dating myself. Who's next? Chris Molly?

0:36:34 - Beth

girl, hi Paul, hi Julie, how are you? I'm wonderful.

0:36:39 - Molly

How are you? I'm pretty good. It's great to see you.

0:36:44 - Julie

You too. I met Molly because she comes to my lives a lot of time the fourth Tuesday of the month. You've come to a bunch of those, and so that's where I met Miss Molly girl.

0:36:55 - Molly

Tell everybody where you are. Yeah, the lives are always really fun. I am in Northern Virginia, right outside Washington DC.

0:37:03 - Julie

Okay, are you keeping them all straight down?

0:37:05 - Molly

there. Oh, you know that's a huge job, but I'm doing my best, Okay, good.

0:37:11 - Julie

What's your question for me?

0:37:13 - Molly

Yeah. So I talked to you a few months ago about a career change that I want to make, and I wasn't ready to do it at the time, to pull the trigger, just because there were a few milestones I had to get past and just wait for the right time. But now I feel like I'm ready to move forward with this and change careers. A few things, a few circumstances have kind of changed with my plan, though Part of my plan was to just work part-time for the job that I'm currently working at, because I want to leave this career and do something different. I've had a lot of health issues over the years I've talked to you about, and I think that this career field, which is very high stress, may have contributed to them, but I do like some parts of it. So you and I talked about maybe working just like part-time, like a few hours a week for them, and I do need extra money, so it would be nice to keep doing a little bit of work for them.

They've lost a lot of business in the last few months because they are a government contractor, so that has changed. When I talked to you in February, they were still really busy and then my plan has been to go back to working in restaurants just like as a transition job while I figure out my long-term career. My sister has been telling me, because she works in restaurants and hotels, she's like the restaurant market's not supposed to be good this year and things are supposed to be changing. So now that I'm ready to pull the trigger on this, I just wanted to check in with you and see if you could have a spirit of this plan to go back to working at restaurants full time and trying to work at my current job just part time as a contractor. If this is still in my best interest, if this is still a good plan for me for as a career move, I'm here and go full speed ahead.

0:38:58 - Julie

Where you live, there's lots and lots of people that go to lots and lots of restaurants and you know there's always going to be people in restaurants in the DC area, northern Virginia. So, absolutely on that, as far as working part-time at your current job, try it and see how it goes. If it ends up being too stressful and too much for you, you'll be led to something else. But you're going to make way more money in way less hours working in a restaurant, and there are some fancy ones there. There are some that are kind of middle of the road and some lesser ones. I'm getting go middle of the road.

0:39:39 - Molly

Okay, and with my health issues, is this still something I can do? I've healed a lot. I'm not completely better, so that's kind of part of my concern too is like is my health good enough to go back to a job where I'm on my feet all the time, don't have sick days like I do?

0:39:56 - Julie

now I got yes, and then I heard try it, you'll like it, try it, you'll like it. So yeah, I mean if it doesn't work out, you can always do something else. It's not like it's set in stone. So, yeah, absolutely, you're going to know, you'll know, but I heard full speed ahead on both fronts.

0:40:19 - Beth

Don't wait.

0:40:19 - Julie

Don't pass through, don't collect \$200 in Monopoly, just full speed ahead, go for it.

0:40:24 - Molly

I've had a lot of fear about making this transition, but I really, really want to, because I know that what I'm doing right now is not good for me. It's so high stress, it's just it's not been good. So I know I need to do it and just jump.

0:40:39 - Julie

And when we're in fear, we overanalyze the daylights out of everything that we're being guided to do. Number one and number two we don't have clarity when that thought comes in first. That thought comes into your head if it feels neutral or good, which it did with you because you've been thinking about it for months now. Go with it, try it. If it doesn't work, you'll find something else and trust that something else will come up and it will be your most recent podcast with I think his name is Amrit or Amrit.

0:41:08 - Molly

Your most recent podcast with I think his name is Amrit or Amrit really resonated with me too on this issue. Good, I listened to about half of that. I'm excited to listen to the rest Terrific.

0:41:21 - Julie

Terrific.

0:41:22 - Julia

All right.

0:41:22 - Julie

Well, good luck with all of it.

0:41:24 - Stephanie

Okay, thanks so much. Thanks, Paul. Thanks for joining us.

0:41:28 - Julie

You too. All righty, it's always fun when I see a familiar face. All righty, it's always fun when I see a familiar face and, as I mentioned, I do my Ask. Julie Ryan Live on the fourth Tuesday of every month and it's kind of like the show, but we do it for two hours. I normally get about 20 people's questions answered and I give away a class and I give away training or trainings and a free session and other prizes. It's kind of like a big pajama party. It's really fun. Yeah, so anybody that's interested in that, you can join us. JulieRyan.com forward slash live and come join us. It's a blast. All righty, let's see who's next.

Hi, Beth, please tell everybody where you're located

Beth

In Georgia. In Georgia, that's right, and you came to my Angelica Tannen Room in Atlanta. We're doing another one next fall in October.

0:42:27 - Beth

Oh, I'm going to be there. Remember, I told you I would be. Wonderful we got cut off. I was on the live Zoom two weeks ago and you called my name and we got cut off. But I'm so happy that I got picked tonight and I just wanted you to do a medical scan of me, because I just had a few little issues come up lately and I just want to know that everything's okay. And that's all I want.

0:42:55 - Julie

Okay, pick one thing, just on this show. We only have time for one thing. Schedule an appointment with me or one of my grads if you want to do a whole body scan. But pick, just pick one thing.

0:43:05 - Beth

Okay, let's see. Okay, how about my lymph nodes in my areas? Can you check those out for me?

0:43:12 - Julie

Lymph nodes in your areas.

0:43:15 - Beth

Yeah, in lymph areas.

0:43:18 - Stephanie

Oh, you're so funny.

0:43:19 - Beth

Especially under my right one.

0:43:21 - Julie

Under your right arm or under your right breast. Well, kind of that area right there. Okay, all right. Are you feeling like one of them's, like they're swollen under there?

0:43:31 - Beth

Yeah, Like kind of feeling like there's a little swollen piece. So yeah yeah.

0:43:37 - Julie

I'm seeing that. Yeah, absolutely Okay. It's not malignant. You don't have any malignancy in there. It's just sequestered some kind of toxins. Lymph nodes look like little D3 vitamin capsules and they can blow up to be big, and when they have toxins in them they can look brown or black, and so what I'm doing is I'm removing that. I'm watching it get removed. You've got one that's gotten pretty big. You have some other ones that are enlarged there, so we're taking out a whole cluster of them. We're sprinkling stem cell energy in that area. There's a vortex spinning outside that's going to regenerate your lymph nodes. Have you been feeling punky? Have you? What's been going on?

0:44:24 - Beth

I've been feeling great. It's just, you know. But I'm going to go get checked out and I'm also going to schedule an appointment with you. I'm going to do that.

0:44:35 - Julie

Let me do it. Let's do a deep dive, find out what's going on and see what's going on. But I don't see malignancy there. I don't see malignancy in that breast either. So let's just ask. Spirit. Is there any malignancy at all? I'm not seeing it. I don't think it's an issue.

0:44:52 - Beth

Okay, all right, great to see you both, great to see you again, and I'll be seeing you soon. I promise you that.

0:45:00 - Julie

Okay, All righty, Bye, Bye girls. Oh, how fun. Yeah, they came to my training in Atlanta and I do one online. You know, the 17th and 18th Angelic Attendant Training. I do that online. One online you know, the 17th and 18th Angelic Attendant Training. I do that online here in May for the weekend, and then I do a live one in Atlanta and that's going to be the 24th through the 26th of October, and that's a blast too when it's in person. And then I'm doing the Shift Medical Intuition Training too.

So if you didn't get a chance to join that, you can sign up for that anytime and everything's recorded and you can just take it at your own pace. And that's been really fun too. We have over 600 people in that class. It's been really a remarkable experience. So we got we're going into week five, so we've got three more classes of that, but all of the previous classes have been recorded and so you can watch those at your leisure. All righty, Chris.

Who's next? Beatrix? Beatrix, Well, Beatrix is calling herself Michelle. Hi, I'm Michelle from Illinois. What are you? A Beatrix Potter fan or something?

Peter Rabbit, can you please tell me about one of my past lives? Yeah, oh, past lives are so much fun. So how I do past lives is, of course, different from anybody else, because I'm an entrepreneur and I just have to do it my way. I envision myself, Michelle, in this endless hallway very narrow walls, very tall ceiling like 40 feet up, and on the walls are these columns of 12 inch by 12 inch square mirrors, and they're lined up perfectly in vertical and horizontal columns and each mirror represents a different lifetime. And so when we ask a question which I'm just going to come up with one, unless you can write in the chat real fast what your question is you want me to ask about I'll say does Michelle have any past lives? That, and then the lifetimes that pertain to that question will come out from the wall as if they're on a hydraulic arm. And then I'll say that pertain to that question will come out from the wall as if they're on a hydraulic arm, and then I'll say show me the one that pertains the most. That one will come out the farthest and I'm going to envision walking into it and we'll get information. So I'm just going to ask I'm in the Michelle hallway, this is the Akashic Records, is what this is, but I'm in the Michelle Hall. Sounds very important, doesn't it? It is of all of your lifetimes and it goes like forever. The mirrors down far look like specks on the horizon to me. And then there are some I just can't see because they're too far away. The farther out they are, the farther away the year is from our human understanding. So I'm in the Michelle hallway. Show me the lifetime that pertains the most to what Michelle has happening in her life in this lifetime. All right, so there's one that came out from the wall because, you know, I didn't say I didn't have a generalized question. So the one that pertains the most has come out. It's on the left, it's down a little ways. I see myself jogging down the hallway. It's kind of in the middle. So I envision myself walking into this mirror. It's as if I'm walking into a movie scene and I get that the year is 1739.

Ah, you live in Omaha, Nebraska. Interesting. I don't even know if Nebraska was a state yet. Probably not, Because America wasn't America yet. But you're living in Omaha, Okay, and you're not a Native American, You're a white man.

Your name is Johnny. You call yourself Johnny. All right. What do you do? You're a trapper. You're a trapper. You're like Daniel Bone, you got the coonskin cap on and you know, and you're trapping fox and stuff like that to sell to you. You are friends with the Native Americans. That's soup country down there where the Indians are the Native American Indians, and you're a trapper and you barter and sell with them.

How does that relate with what Michelle has going on in this life? I get that you're an adventurer number one. I get that you're a really good negotiator. You like to barter for things, and I get that you, when you're not doing some kind of an adventure whether it involves travel or just something with your career or your family or something you just get bored out of your mind because that's a special something you just get bored out of your mind because that's a

special skill. You know to be that much of an adventurer, to be kind of like a Daniel Boone. So, Johnny, there you go. Johnny is what your name was in that lifetime. Thanks for such a great question. Past lives are so much fun because oftentimes we can get information that we can validate and corroborate with historic documentation online. I say you can't make this stuff up, it's just, it's too much fun. So thanks, Michelle.

Alrighty, Chris, who's next? Hi Julia.

0:50:35 - Julie

How are you, girl. Good to see you again.?

0:50:35 - Julia

Good to see you too.

Julie

Tell everybody where we met.

Julia

We met at the medical intuitive class through the shift class through the shift network, and I actually signed on for that the day that it started. I just saw it and I'm sure I was led there, and so I just said I'm going to do this. And then I started following and listening to your podcast because you recommended it. And then I said to myself okay, Julia, if this is something and I do my whole life, you're going to do this, You're going to call together what you need and you're going to do that angelic training. So I've signed up for that too.

0:51:17 - Julie

Fabulous, Fabulous. So how I recognize you is in the shift classes and all of the classes we have a practice session and your beautiful face showed up on the screen and you asked a question when we were doing class on Monday. So that's how. I recognize you yeah.

0:51:35 - Julia

Please tell everybody where you are. I'm in Las Vegas. Beautiful Las Vegas, such beautiful weather here. We love the weather, my husband and I. We've just lived here for four years, so it's still new, wonderful, wonderful. You got a question for me, I do, and so I'm waiting. For which one, I should ask? It's either leaky gut or kidney stones, and I can't decide. I'll have to pick one Kidney stones. I was going to go with kidney stones. That's what I'm getting to.

0:52:05 - Julie

I'm hearing kidney stones. Yeah, yeah, yeah, yeah, all right. Here comes my laser beam from Sweet Home, Alabama, heading out to you in Vegas. Got you All right? I have a hologram of you, Julia, in my mind's eye. I'm looking at you from the back. I'm going in. Yeah, you got kidney stones, all right. So have you ever seen a jackhammer that's digging up asphalt or cement? They'll, sometimes they'll, put a plate on the bottom of it and they pound it to, you know, to get it to to, to release the asphalt or the cement or whatever they're doing. So that's what I'm watching happen. I'm watching this jackhammer-like thing that's just pummeling the daylight out of those kidney stones right now. And have you had pain from them?

0:52:58 - Julia

No, but two years ago I had an episode and then I kept working with it and then it went away. The pain went away and I stopped eating the things. But I do take calcium and I have a little regimen of things. And then recently I started going no pain. But I thought this isn't moving the way it should be. There seems to be an obstruction, but there's no pain. But I want to be proactive before it gets to that point. And yeah, that's why I'm here and I'm so grateful you've picked me, thank you.

0:53:40 - Julie

Yeah, well, that would be Chris. Thank Chris. So it's coming down into the tubes. You know the ureters and stuff is what's happening, and so those are being pummeled as well and so irrigating them out, you're just going to urinate them out is what? They're powder now they're dust. It's not going to be a problem. What I'm hearing is stay away from oxalates, spinach, kale, almonds, things with oxalates. Almonds. The skin of almonds have lots of oxalates.

0:54:18 - Julia

What about skinned almonds that don't have the skin? Still a problem.

0:54:23 - Julie

Yeah, I'd switch to pecans. I'm allergic to walnuts.

0:54:27 - Julia

I'm allergic slightly.

0:54:30 - Beth

It doesn't matter, I'll find something.

0:54:32 - Julia

Also, my tongue gets a little bumpy Walnuts, pecans Okay, try organic ones.

0:54:40 - Julie

Okay, it may be that you're allergic to the chemicals sprayed on them.

0:54:44 - Julia

Okay, I will.

0:54:46 - Julie

Try that, and so I'm seeing that I'm also getting for you to use the BEAM minerals, b-e-a-m minerals. I'm so glad. Yeah, just go to AskJulieRyan.com, go on the sponsors page, you'll see it. I think it's 20 or 25% off your order. They are just amazing to help our bodies stay healthy. My family and I have all been on them going on two years now. Oh, my goodness, what a difference. Because the minerals are what's the basic building blocks for healthy cells, and most of us are running around with about 40% of the minerals that we need, just because our soil is depleted. And so I'm hearing for you to do the BEAM minerals, b-e-a-m minerals, and askjulieryan.com, click on the sponsors page and you'll see that and you'll get 20% off. So there's that too. But yeah, you look good, you look good. You are so welcome. I will see you Monday in the shift class and I'll see you on the 17th and 18th in the AAT class. I'm so thrilled.

0:56:00 - Julia

I've been teaching this to my kids. I teach, I'm teaching, and some of them don't know Superwoman, so I say that I can do it, pose to the younger kids, and then I also used identifying the learning skills with all my students and I'm helping them. You need to listen. When you want to learn something, you need to look more, but you're going to be better with looking and learning. I've been. It's been so great, thank you.

0:56:27 - Julie

You're welcome, so she's. So she's speaking secret code. You, guys of the stuff that she's learning in my shift class. No, it's fine. I love your classes. Oh, thank you, I love having you in them. But the thing about about my classes in particular is, yeah, we learn how to do woo-woo, but it enhances your life in every area of your life.

0:56:50 - Julia

Yeah, and you're transferring energy. You're transferring energy.

0:56:54 - Julie

That's right.

0:56:55 - Julia

That's the big component, and that is the big thing I want people to understand about taking your classes is that I can already tell.

0:57:04 - Julie

And you can feel it. Can you feel it? Yes, during the classes, yeah, afterwards more, afterwards more. Do you think they're just fun? They're fun, I agree, yeah, yeah, and I'm allergic to homework, so you know there's nothing to worry about, right? Okay, I'm so glad to see you. Thank you, and I'll see you on Monday and then I'll see you on the 17th and 8th. Can't wait, okay. Thanks, bye, hope you feel better. Thank you, bye-bye.

0:57:31 - Julia

Thank you.

0:57:32 - Julie

Chris, let's take one more person. Hi, Rihanna.

0:57:36 - Julia

How are you, my girl?

Rihanna

I'm also in your class.

0:57:41 - Julie

In my shift class.

0:57:44 - Rihanna

Yes, uh-huh In my medical intuition class.

Julie

Good, I hope you're enjoying it. I am very, very much. Yes, good, good, you look like a star lady. You look like you travel the galaxies with that background. For those of you that are listening and not watching, she's got like this star. You know, stars in the heavens background. It's beautiful. I danced in the stars. It's very nice, wonderful. You're going to be dancing in the stars way more after you're done with all my class. So, anyways, where are you? Please tell everybody where you're located Sacramento, California. Okay, terrific. You got a question for me.

0:58:23 - Rihanna

Yes, I do. I have a friend, Loretta, who is tabastable and her bones are disintegrating in her body.

0:58:30 - Julie

Oh boy, okay, All right. So what I'm going to do is I'm going to connect into you, Rihanna, and then we're going to go from you to Loretta and then. So we're all gonna work on her together. You know, everybody listening pay attention to these descriptions, because I want you to envision them too, because everything we're all gonna be doing this together, we're all gonna be sending healing energy together, and it doesn't matter, Rihanna, whether it's live,

somebody's listening to it live, or whether somebody's listening to it five years from now. Time doesn't exist in the spirit world, so the healing still happens. And I've lost count of how many people tell me that I was listening to your show and somebody had something going on that I had going on and I listened to the healing and I healed just from listening. That's how it works, yeah, so here we go. You ready, raise your vibrational level. You know how to do that from the class. So here we go. Here comes my laser beam from Sweet Home, Alabama, and your laser beam from Sacramento. We're going to two-time her here and going in got Loretta.

Loretta, may I scan you? I'm talking to Rihanna. She said, of course, okay, good, so I'm looking at her from behind. Yeah, she's got osteoporosis. I can see the bones. When somebody has osteoporosis, Rihanna, what they look like to me is sea coral with holes in them, and osteopenia just looks like divots in the bone.

So what we're doing is we're taking her skeleton out of her body, out of the top of her head. Imagine it's Halloween and we got one of those plastic skeletons. It's coming out the top of her head and we're dipping it into a big vat of stem cell energy. Think of one of those dunking tanks at the fair. You know where. They got a coach on it and you throw the baseball and it dunks the coach. That's how big these things are, these dunking tanks, and I see people's skeletons go into.

We put her into a tank of stem cell energy. Light amber colored gel sparkles. Of course reminds me of dippity doo hair gel Coming back out. It's going back into her body and there are vortices spinning simultaneously above her head, beneath her feet, on either side of her front and behind, all spinning concurrently. That's going to help regenerate the bone in her body. In the meantime. I was just talking about B-E-A-M Minerals. You can go to beamminerals.com . Use Julie Ryan all one word at checkout, you get 20% off. Or you can go on askjulieryan.com to my sponsors page and look for B-minerals, and that link is there too. I would suggest that she get on those right away, because that's going to help her rebuild bone.

1:01:24 - Rihanna

I did suggest that she take some calcium cell salt, calcium phosphate. Do you get that's good for her? I get that it is.

1:01:32 - Julie

Yeah, I think the beam minerals are going to be even better though, because when we want to generate calcium, it takes 10 to 12 different minerals to help us generate calcium in our bones, and so the beam minerals have everything and they're liquid, they taste like water, they're so easy to take. They even come in capsule form. So I use the capsule form when I travel because I don't want to take any extra liquid, because I always carry on my luggage. But I'm telling you the B-minerals for anybody that wants to be healthy. That's just a basic thing, and especially if somebody's got osteoporosis and men get osteoporosis too, it's not just women that get it so the healing has happened on the energetic level. It's gonna integrate into her body. She can help her body with that.

The other thing when you're on my sponsors page at AskJulieRyan.com, there's a product called Paleo Valley Bone Broth Protein from grass-fed bones, and that is going to help with the collagen. They've got it in five or six different flavors. I use it every day. I like the chocolate one. Don't have any sugar, don't have any junk in it, and I put it in with full fat Greek yogurt and mix it in there. It's like a chocolate mousse. It's amazing, and then I'll throw some pecans in there and it's like I'm eating dessert with no sugar and it's really healthy for me.

But that will help her a lot too. She can mix it with water and use it as a hot chocolate. It comes in a bunch of different flavors. It even comes in unflavored, and I think that will help her a lot too. And if you again go on my website, askjulieryan.com, on the sponsors page, she clicks

that link. There's a discount. I forget how much it is. I think 15 or 20%, and so if I'm recommending something, we go to the company, we go hey, we need a discount for my peeps, and so that's why I want you to use those links. So I hope that helps. You're so sweet to call in for her.

1:03:38 - Julia

Oh my goodness Well see yeah, I guess here it's just fall apart.

1:03:43 - Karen

Oh, I'm so sorry, I'm just loving the class. Thank you so much. I feel like. I'm coming back home. I started a long time ago on this journey and then left it, and then so I'm you're hoping they come back.

1:03:57 - Julia

Okay.

1:03:58 - Julie

Wonderful. My honor and delight to to be doing this. So thank you so much for joining us. Thanks for calling in tonight. I look forward to seeing you Monday. All right, I'll see you Monday, all righty, thanks, okay, everybody, fun, fun as always. Just sending you lots of love from Sweet Home, Alabama. Enjoy your weekend, enjoy your week. I'll see you next Thursday. 8 Eastern, 7 Central, 5 Pacific, and come with your questions, because it's always a blast. Bye, everybody, thanks for joining us.

1:04:36 - Ann cr

Be sure to follow Julie on Instagram and YouTube at AskJulieRyan and like her on Facebook at AskJulie Ryan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:04:49 - Disclaimer

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