

AJR Show May 1st 2025 Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan Hi everybody, welcome to the Ask Julie Ryan Show.

0:00:46 - Julie

It's where we blend spirituality and practicality to help you live a life of purpose and joy. You're going to want to stay tuned for the whole show tonight because I'm going to give away a free session with me. It's an hour and it's valued at \$750. So you want to listen all the way through the show because I'm going to announce it a little bit later and see if you are the lucky winner and if you want to enter the drawing. You know I give away a free session every month on the first Thursday of the month and then on the third Thursday of the month I give away a free class Angels and Enlightenment Training class Angels in Enlightenment Training and in order to be in the drawing, all you have to do is just leave a review. Anywhere you listen to the show we're on all the podcast networks and or on YouTube and just leave a review, let us know what you think about the show, and then we choose one, and so I give away lots of free stuff, give away a big class worth 2,500 bucks I think it was two weeks ago, and so you know it makes it fun, makes it worth doing the show and adds a little excitement to it.

We have a special guest this evening. Before I bring her in, for all of you that are joining us, if you want to ask me a question, have a conversation with me, come in at askJulieryanshow.com. We've got Chris on the main soundboard dashboard whatever askJulieryanshow.com main console you know. He works about five screens and about three different boards with lots of dials on it. So he's the magician, the man behind the curtain. And then we've got Samantha over on the YouTube live stream and we're at Ask Julie Ryan on YouTube. If you want to ask a question and you're on the live stream, just put your first name, where you're located and your question in the chat and we'll be taking questions from that all evening as well.

It's always so much fun to do this show every Thursday night. I really look forward to it each week, because I never know who's calling, I never know what the question's going to be, I never know what Spirit's going to say, and I don't even see who's waiting, because Chris and Samantha handle that. So it's as much of a surprise to me as it is to all of you, which makes it so much fun. So, Chris, can you bring in Johanna please, and I want to introduce Johanna Johanna hi honey, hi Julie, hi, I'm thrilled to be here.

Oh, I'm thrilled to be here. Oh, I'm thrilled to have you Everybody. I want you to meet Johanna, because she is a graduate of my angelic attendant training class, which I want to talk about in a minute here, Johanna, but also she is one of the practice facilitators for the Angels and Enlightenment Training, also known as AET, for us here at the Ask Julie Ryan Network, and she also does client calls now. So you've been working with a lot of clients from all over the world too right For the past couple of months now. Yes, Julie since January.

0:04:02 - Johannah

Yes, lots of times.

0:04:04 - Julie

Yeah, yeah. So you guys know that I'm just trying to always think of ways for you to get your questions answered and there are only so many hours in the day, I only have so much bandwidth. So I brought in Johanna and four of her fellow graduates of Angelica Attendant Training, also known as AAT, who are working with clients now and they're the whole buffet of psychicness, like I am, because that's what I teach in AAT. So, Johanna, tell us about what prompted you to do AAT.

0:04:40 - Johannah

Well, I heard you talk on Lisa Campion's radio show while I was driving one day and I listened to what you had to say and I was just so impressed that I set up an appointment with you and, through that conversation, decided to take your angelic attendant training and never look back. To take your angelic attendant training and never look back. It was way back in 2020. And I think I was your fifth class at the time and I so enjoyed it. I was on Zoom and made wonderful friendships and developed my skills, loved everything and still loving it.

0:05:23 - Julie

So when you took the class. Before you took it, did you think, oh, I'm going to learn how to do this, or did you ever have any reservations about that? You would be able to do this work, be able to communicate with spirit and do the medical and the past life and the pets, and tell how close to death somebody is, and the whole buffet of psychicness.

0:05:45 - Johannah

Oh, absolutely. I had many doubts along the way, Julie. I think I would be somebody you would refer to as having so many doubts. But that's what the practice sessions are about. You just keep plugging away and keep developing your abilities and I just developed such confidence in myself. It really more in spirit, you know, staying in the moment and allowing the energy to move through me and really recognizing that I'm a channel. I'm a channel for the divine energy to work through me. That's what made the difference. And you know, getting out of the ego and staying out of my mind. Like Jesus said, leave your stumps behind and walk on water. That was what I experienced, Really amazing.

0:06:41 - Julie

At the beginning, though, you guys, she kept saying, oh, I'm never going to be able to do this. Oh, I don't think I'm ever going to be able to do this. Oh, my goodness, I just don't. I just don't think. And look at her now. She does clients. She's the facilitator for the online self-paced training. The key with these classes and I'd love to hear your input on this Key in my mind is the practice groups. And for AAT, for Angelica Attendant Training, which we're gonna do in May, the 17th and 18th, over a weekend via Zoom. We already have several people that have signed up, several, several people that have signed up. But the key is it's the practice groups, because when you get to do it and you get validation that you can do this stuff, and then your confidence grows and then, over time, it's just second nature. Would you agree with that? Oh?

0:07:36 - Johannah

totally agree with that. And of course, your two-minute rule makes all the difference, Julie, because as soon as that fear comes in, you do the two-minute rule and you're right back on your pony in the alignment again. So yeah, the doubts come up and it's part of being human. Of course the doubts are going to come up, but the more you practice and there's so many choices throughout the week, it's remarkable you can attend so many practice sessions and the more you give to it, the more you get in return and you develop such lovely friendships.

0:08:16 - Julie

What do you mean? The more you give to it, the more you get in return. What do you mean by that?

0:08:21 - Johannah

Well, the more practice you do and the more commitment, the more you make a commitment to learning and practicing. And it's such a lovely environment. There's no judgment and no expectation of anybody, and it's really welcoming and safe, which is really conducive to learning and growing. And you grow the friendships, but you also grow your skills. And I think my heart will always be humble, though, because I don't feel I'll ever get to a place where I'm really, you know, doing. I love my sessions, but I feel like my heart keeps me humble always. Just, it's the gratitude of being the channel and allowing the energy to flow through me and the information that comes through me for people. And each session I do is so remarkable because they're all different, tailored to the needs of the people. So it's a great experience and my dreams are coming true for sure. I'm so grateful.

0:09:35 - Julie

The practice groups are free for life as far as my life, as long as I'm doing this which I don't have any plans to stop and there are nine choices a week and we have them on different days and different time zones to accommodate the people. So far, we've had people from 14 countries take AAT and from all walks of life. Wouldn't you agree, Johanna? And people use very few people do this for a living, but they take it back to their regular lives, whether they're teachers or moms or dads or farmers or plumbers or doctors or whatever professors, preschool teachers and these skills being able to communicate with spirit, skills being able to communicate with spirit get guidance. The medical stuff certainly is very handy, but I find that most people just take these skills back to whatever their life's journey is and they fit in with any scenario. Have you found that to be the case?

0:10:41 - Johannah

Oh, totally agree with that, Julie, totally agree, because I think for most people we've all had inklings of being able to connect to spirit from childhood. You know everybody will tell you there's different instances, but getting older for me was wonderful because I was able to pick up where I left off, having raised my daughter and then getting involved in all the things I loved. But yeah, I mean, it's not for everybody to make it your career, but it's so useful for connecting with children, connecting with loved ones in spirit that have passed. And, of course, the 12 phases of transition and the walk to heaven are amazing to bring such comfort to families. If they have a loved one who is in transition and afraid to pass, the walk to heaven can be amazing for them. So there's so many different skills you can learn and some people do it for fun, because they just enjoy it.

0:11:54 - Julie

So if you're interested, go to AskJulieRyan.com. Slash AAT for Angelic Attendant Training. Again, the class is going to be May 17th and 18th. It's going to be on Zoom, it's for the weekend and we're going to do it live. We've got several people signed up from all over the world already and it's just really an amazing community. And if you'd like to schedule a private session with Johanna, again AskJulieRyan.com and click on book your appointment and you'll see her beautiful picture there. Johanna obviously is from Ireland. You can tell by how her accent sounds and I always say she's magically delicious, like Lucky Charms. So, Johanna, anything else you want to tell everybody that's watching and listening before we let you go.

0:12:47 - Johannah

Just a couple of things. I love to work with the theories. As a child I would go in the woods and the fields and connect with them, be able to talk with them, and they were such a comfort in my childhood and then years later I reconnected. So when I do my healings they're very much a part of that. Not all the time, but sometimes they'll show up. They're so cute. And the other thing is that when I teach the Angelic Enlightenment course, that's really the highlight of my week because so many people come on, and to see and watch people develop their skills is

just remarkable to me and it just puts a spring in my step every time the class is ending. So I'm so grateful and delighted to be here. Thank you, Julie.

0:13:42 - Julie

You bet. So the fairies are helping spirit, working through you and with you to help people heal themselves, right, because nobody heals anybody else, we all heal ourselves. But speaking of magically delicious, when you work with Johanna, you got fairy energy in the mix as well, which I love. So, yeah, did people have psychic ability before the class? Karen wants to know. Most people do not that they know of Karen. Everybody has the ability. It's just a matter of developing and enhancing it.

We've all had circumstances where we think of somebody and then we run into them or they call us or text us or email us and we think, oh, what a coincidence. I was just thinking of you and that's your psychic ability at work, everybody's experienced that. Or you have like a premonition or a gut feeling about something. That's all intuition. It's super, super easy and everybody can do it. I've taught gosh now thousands of people. I think we're on class. I think the class in May is going to be number 23,. Johanna and you were in five. So everybody that takes the class within a weekend, within the first morning, you're able to do this stuff. So it's really.

I think people overcomplicate it and there's no reason to complicate it. It's super easy. And then, as Johanna mentioned, we have techniques to keep you out of fear, to keep you in the vibration of spirit, and the key, the key, the key is the practice groups, and they're free for life. And you got nine choices a week. So free for life and you got nine choices a week. So it's kind of like I use the analogy of if you're learning how to drive, you can read a book, you can ride in a car with somebody driving, you can watch a video, but until you're behind the wheel of the car and driving, you don't really get it. And this is the same way. Would you agree with that? Totally agree with that.

0:15:47 - Johannah

And that's where the commitment to the practice groups comes in. And if you can't make one or two of them, jump on the one that you can, and it doesn't have to be the same every week. There's so many options you can make at least maybe one or two a week, and the camaraderie and the connections you make with people is like an extra bonus. It's like having a tribe of people who are like-minded and soul sisters and brothers Just remarkable. I highly recommend it. But the practice groups are instrumental for your development.

0:16:28 - Julie

I agree. And you got to come to the live training in Atlanta last fall and got to be with a bunch of people that you'd been on the practice groups with for years and it was just like a class reunion, it was like old home week. It was a blast, wasn't it.

0:16:43 - Johannah

It was marvelous, and I had never even met you, Julie, so in person.

0:16:49 - Julie

That's right. That's right A bonus. Yeah, yeah, but you felt like you had, though right, oh yeah, because we get so close. Yes, yes, yes, great, okay. Well, thank you for joining us.

0:17:03 - Johannah

Sure.

0:17:04 - Julie

Yeah, go ahead the vibration.

0:17:07 - Johannah

The vibration of meeting, when you have an opportunity to get together with like-minded people from the training. The vibration is really like heaven on earth that's the only way I can describe it and it's like you're floating and it's real. It's not imaginary way I can describe it. And it's like you're floating and it's real, it's not imaginary, and everybody feels it. So that was a fabulous experience to go to Atlanta this past year and I'm going to go again this October, so I'm looking forward to it very much yeah.

0:17:42 - Julie

Alrighty. Well, thanks so much for joining us from Boston and thanks for the work that you're doing. Thanks for helping all these people with private consults and also in the practice groups as well. So everybody. Johanna AskJulieRyan.com. Just go on the schedule your appointment and you'll see Johanna's picture. You just click on it and you'll see Johanna's calendar, and usually you can get in within a week or less to see Johanna right now. So she's well worth it. Alrighty, thanks, honey, love you For having you.

0:18:13 - Johannah

Julie Bless you Bye, everybody.

0:18:17 - Julie

Alrighty. Okay, so AskJulieRyan.com got everything you need to know there. Again, we're going to give away a free session here in a little bit, so stay tuned for that. In the meantime, let's see who our first caller is. Okay, my computer's getting a little wonky because we have a big storm. I can hear it outside that's just coming in, so let's see. Hopefully it'll stay on. If I lose the internet, I'll log back on. This says hello, Julie.

This is Ken from New Jersey. I have your book, Angelica Tenants. It's very good. Thanks, Ken.

I'm asking about a friend's mom. She's 95. I think she's in stage six. Please ask her what she wants. Her name is Marion. Okay. So, Ken, here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to you in New Jersey and all right, got you Going from you to Miss Marion. All right, got Marion, I get good job, I get. She's in seven, so maybe when you scanned her she was in phase six.

What we're talking about for those of you that don't know is my book, Angelic Attendance, what really happens as we transition from this life into the next. You can get a free digital and audio book download. Just go to Julieryangift.com and we'll send it to you, and in here I talk about how we're surrounded by spirits and angels and deceased loved ones, deceased pets. There's diagrams in there that will show you what the different phases look like in the spirit world. And so we all go through 12 phases, and it doesn't matter if you die instantly, like in the case of a homicide or suicide, or die over a prolonged period of time days, weeks, months, even years. Everybody goes through the 12 phases of transition and they're glorious. You're surrounded by angels and your loved ones and the pets that are in heaven. So, Ken, back to your friend Ms Marion. What I'm getting is phase seven.

There are three questions I always ask somebody when they're in the phases of transition. Number one is Ms Marion, are you ready to go? She's saying of transition. Number one is Ms Marion, are you ready to go? She's saying absolutely. That's pretty emphatic. Yes, absolutely. Number two are you in pain? She's saying no, she's not. What do you need for them to let me go?

When I hear that, Ken, from somebody, it's usually with the reference of family members that haven't told the person who's dying it's okay for you to go. I find that people at the end of their

lives, they're hanging on for the family members to give them time to get used to the idea of them not being around. So you may wanna suggest to your friend that they and the other family members and people who are close to Marion say, Marion, it's okay, Watch over us from heaven, we're going to be fine, We'll miss you, but you just go. When you're okay with going, we're fine with you leaving, and that usually is what people that are hanging on are waiting to hear. So I hope that helps.

Ken, You're a wonderful guy to call and get that information for Ms Marion and her family. Also, send them the link Julieryangift.com. Send them that link and they can all download the digital and audiobook version of Angelic Attendance and that will give them information and comfort and hopefully help them on their journey. So thanks, Ken. All righty, let's see who's next. Hi, is it Hetal?

0:22:17 - Hetal

Yes, yes, when are you girl, I am in Darwin, Australia, oh my goodness.

0:22:25 - Julie

Well, it's already Friday. There we get to talk to you real time in the future.

0:22:30 - Hetal

Yes, wonderful.

0:22:32 - Julie

Yes, wonderful. How may I help you? Do you have a question for me?

0:22:37 - Hetal

Yes, I have taken your training online Angels Attendant. I can't find the time to you know, because the time difference is so hard, but anyway, I'll get around that the reason. Can you please scan my husband, Sure? He is suffering from epilepsy for more than 10 years now, Okay, and he's taking medicines, but they're not 100% working and he's getting lots of side effects from the medicines.

0:23:11 - Julie

Okay, can you?

0:23:11 - Hetal

please see what's going on in his Sure. What's his name? Hetal, it's Venkatesh.

0:23:22 - Julie

Pankaj. All right, what I'm going to do is I'm going to connect to you and from you, I'm going to go to Pankaj and I'm going to ask his permission if I can scan him. And does he know that we're going to be talking about him tonight? Did you tell him? Okay, yes, good girl, and he's ready? Yeah, so I don't ever scan anybody unless I have their permission, because I believe that it's an invasion of their privacy and it's an ethical thing with me.

So, everybody listening, what I want you to do is I want you to envision what I'm describing to Hedl, because when you do that, we're all sending him energy, healing energy, and it doesn't matter if you're watching this live or if you're watching this five years from now. It's still the same thing, because time doesn't exist in the spirit world. Time's a human creation, and so it's like the power of prayer, hetal, it's like we're all sending good thoughts and prayers and healing to your husband through you. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading down to Australia. Where are you in Australia? Darwin? Okay, where's that? What's that near?

0:24:35 - Hetal
North Australia Okay.

0:24:37 - Julie
Like on top. Okay, great, well, good, I don't have so far to travel with my laser beam, I'm going to get to you faster. Okay, it's still traveling. It'll take a second. All right, got you Going from you to your husband. All right, I'm talking to your lovely wife. May I ask any of you? He said oh, yes, yes, like that. Good job setting that up. Yeah, yes, yes, all right, shooting energy in there.

We're going to work on his brain and we'll see what we can do if we can fix some of the neural pathways in his brain. The first thing that came in when you were telling me about him, hedl, before you can get somebody on my radar, I'm starting to get what I call divine downloads. I'm getting information downloaded into my head and what I got was to feed him a ketogenic diet, having me ketogenic, cut out pretty much all of his carbs and go with protein and good fats, because there's a hundred years worth of research on how, with children, when they put them on a ketogenic diet, it stops their seizures. So it works the same with adults as well. And if you can just do an internet search on ketogenic diet epilepsy, you'll find tons of research on it and I think you'll notice a difference. Is he having seizures a lot or just if he's not medicated?

0:26:09 - Hetal
Yeah, when he misses the medicine straight away he gets it. But otherwise, even if he's on medicines, he gets it every now and then.

0:26:17 - Julie
Okay, so is he able to work, just not able to drive.

0:26:22 - Hetal
Yeah, well, he's okay that way.

0:26:27 - Julie
But you have to drive him around. It's probably not a good thing for him to drive.

0:26:31 - Hetal
Yeah.

0:26:32 - Julie
Yeah, yeah, okay, all right. There's a guy named Chris Palmer, p-a-l-m-e-r-m-d, and he is a psychiatrist at Harvard Hedl. He is a psychiatrist at Harvard Hedl and he uses this technique of the ketogenic diet with his patients who have brain situations and he's used it for decades with children with epilepsy to great you know great response for that with the diet. So there's that. So in the meantime I'm going in his head, brain matter looks like thick cooked oatmeal or porridge and the neural pathways in the brain look like laser beams that crisscross the brain. Think of watching a movie where somebody is in a museum and they're trying to rob a painting or something. There's a thief in there and they have to step over the laser beams you know that are part of the security system or roll under them or whatever. So that's what the neural pathways in the brain look like. So what we're doing is we're going to just use stem cell energy to generate new neural pathways and we're going to integrate them into his current neural pathways in his brain. So imagine that there's a mold, like a plastics mold, and imagine that stem cell energy is going in. It's the exact configuration of how the neural pathways are set up in your husband's brain, and stem cell energy is the coolest stuff ever. It'll regenerate any body part we need. It's a light amber color gel. It has sparkles in it, of course, because you got to have sparkles with woo-woo makes it fun. And then it reminds me of this hair gel called Dippity-Doo when I was a kid in the 60s and 70s. You can look it up if you don't know what it is. And so that's going into this mold of your husband's neural pathways and there's a vortex

spinning above it and that's going to transform this stem cell energy into the new neural pathways. All right, they're done. I'm pulling them out. And when I pull them out they look like have you ever seen that really thin rope like string licorice where it's on a roll and you can pull it off by the foot? You can buy it like by the foot in a candy store. They have it here. I don't know if they have it in Australia, but that's what it looks like. So that's going into the top of his head and it lays perfectly on top of the neural pathways in his brain and there's a vortex spinning above his head and what's happening is those are integrating into the current neural pathways of his brain and that's going to fix anything that's shorting out and causing the seizures. It's really cool.

It's a healing that's come in fairly recently for me, like in the past six months or so. I always get to see new healings, depending on what somebody needs, and then I'll see it used all the time. So it depends on what the person asks for and then Spirit sends me these healings. That Spirit works through me and with me and you and everybody listening and watching to help your husband heal. So those are all integrated into his neural pathways in his brain and they're all lit up. They look perfect.

So the healing has happened on the energetic level. It's going to integrate into his body and this goes with all energetic healings. That can happen instantly. It can take days, weeks, months may need some kind of complimentary care, like change in diet, and it's always our spirit's prerogative. So it's your husband's spirit's prerogative. It's his choice on how to integrate the healing. All we can do is send the healing to him and then his spirit decides how it's integrated, because we don't know what it came in to explore and experience in this lifetime. So, yeah, so he got a big old healing. Do you eat a certain kind of diet. Are you eating like an Indian diet or yeah, we are vegetarian, pretty much Vegetarian, but a lot of carbs probably yeah, we are vegetarian, pretty much Vegetarian, but a lot of carbs probably yes.

0:30:46 - Hetal
Yeah.

0:30:46 - Julie
So back off on the carbs. I would do high protein with him. I would do a lot of good fats olive oil, coconut oil, ghee butter, you know stuff like that and I think you'll see a difference and I hope it helps.

0:31:01 - Hetal
Okay, thank you. Thank you, sloma, sending you a big hug.

0:31:04 - Julie
Have you seen Johanna before? Have you been?

0:31:07 - Hetal
in one. Yes, yes, I have done her meditation as well. She is wonderful she is wonderful.

0:31:12 - Julie
Okay, well, thanks for taking the class. I'm thrilled you're part of the community. Take care. Thank you so much, all right, bye-bye, all right, askJulieryanshow.com. If you want to a conversation with me, if you're coming in on the YouTube live stream where it asks Julie Ryan Samantha's over there helping people, just put your first name and where you're located in the chat and your question and we'll take some of those. And then, if you want to have a conversation with me and be on camera, we're at AskJulieRyanShow.com. So let's see who Chris has next for us.

Anne. Hi, Anne, she says. Hi, Julie, I'm from New Hampshire. I have macular degeneration. Could you please help? Many thanks for all you do. Absolutely, girl. All right, here we go.

Here comes my laser beam from sweet home Alabama, heading up to you in New Hampshire. Got you shooting energy. So when I connect into somebody, I have a hologram of them in my mind's eye, and so I envision shooting energy from your feet up through the top of your head and it's going to your right eye first. I'm looking at you from behind. I have a hologram of you, as I mentioned, in my mind's eye. I'm going in from the back of your head. I'm looking, the energy went to your right eye first. So what I'm watching now is I'm watching the main part of your eye. Imagine if your eye was made out of Jell-O, or down here in the South they would call that a congealed salad. So I still call it Jell-O because I'm a Yankee.

So, scooping that out, that space is being filled with stem cell energy. Of course, my favorite light amber colored gel sparkles dippity-doo and there's a vortex spinning out in front of that eye. My guess is that eye is probably worse than the left. Let me go over to the left eye. Yeah, you got it in your left eye too, but it looks worse than the right eye. Same thing scooping that out. Imagine if you had like a big melon ball scooper or a small ice cream scooper, but it just scooped that inside of that eye tissue out and then again stem cell energy in there, vortex spinning out in front and that's regenerating your eyes. It's interesting when I'm watching it regenerate because it's coming from the outside. So your peripheral vision is going to be fixed first and then it works into the center. It always comes in from the outside into the center of the eye.

And now what I'm watching is I'm watching your eyes get balanced, similar to what a leveler looks like, that a construction person would use to make sure that the two by four is level. You know you get this bar thing and there's a bubble, that there's a line that goes through it to make sure that it's even. And what we're doing just because I can, because I'm in there, spirit and I are in there messing around, so pulling the muscles behind your eye and tightening them so that that will help you with close-up vision as well. And it reminds me of somebody on horseback when they're holding the reins from the right side of the horse's head and the left side of the horse's head and they're holding the reins from the right side of the horse's head and the left side of the horse's head and they're holding them in one hand. That's what it reminds me of. We're bringing those muscles in because that's what happens when we can't see things that are close up as easily, as the muscles get kind of lax. So if I'm in there doing healing, I'm always going to tighten those muscles too might as well. So I hope that helps and thanks for your question.

Thanks for joining us. We're at AskJulieRyanShow.com. If you want to have a conversation with me. We're at Ask Julie Ryan on the YouTube live stream. Remember to subscribe, leave a comment. You're entered into the drawings, then you know free sessions, free classes, free other stuff. I love giving away free stuff and it gives me lots of joy, so come join us. All right, let's see who Chris has lined up next. Hi Sally, hi Julie, how are you?

0:35:16 - Sally
It's great to see you again.

0:35:18 - Julie
Thank you, you as well.

0:35:19 - Sally
Please tell everybody where you're located. I'm in Northern Alberta, Canada. Okay, terrific, got a question for me. Yes, and I'm a proud student of your current class as well, which is really cool.

0:35:35 - Julie

The medical intuition class. Yeah, isn't it fun.

0:35:39 - Sally

Yeah, a couple of weeks in. Yeah, it's pretty cool. I'm excited to really get a grip on it.

0:35:45 - Julie

Buckle in, girl, it just ramps up from here. Honey, I'm telling you, you just wait.

0:35:51 - Sally

Yep. So I've been having some really bizarre things going on in my body for a while, but some of it I'm not sure if it's mine being a transmutter of energy I've had like crazy heart palpitations that I've even gone for an EKG like it got that scary. But I have an osteopath that said a lot of it is the vagus nerve that's going on, but it's just a lot of really weird things and I can't seem to get a handle on it. I can use my pendulum and muscle test for a lot of things, but I'm just not getting a read on what is going on in my body.

0:36:30 - Julie

Okay, all right. So since I limited to one question for everybody so we can get as many people on as possible, we're going to look at your heart, I'm going to go in and I'm going to look at your heart palpitations. I'm already getting divine downloads that it has to do with hormones. It's hormone related. How young are you?

0:36:48 - Sally

60 and a half 60 and a half.

0:36:58 - Julie

Oh, I like that. Sally, oh, that's great, it's like a three-year-old.

0:37:00 - Sally

I'm three and a half. Okay. I don't remember if I was 61 or not. You had to think about it. That's priceless, okay, so shoot energy. I already connected into you while you were talking.

0:37:04 - Julie

Shoot energy from. I don't remember if I was 61 or not. You had to think about it. That's priceless, okay, so shoot energy. I already connected into you while you were talking. Shoot energy from your feet up through the top of your head. You look like a wilting plant. You look like you need to be watered. When I see somebody that looks wilted, you need hormones. Bioidentical baby that is the key. Keeps your brain, your bones, your heart, your skin, all your body parts functioning healthy. I've been on them 21 years myself, and so they're the exact molecular composition of what our bodies make when we're young and fertile. Are you familiar with bioidentical hormones? Have you heard of them?

0:37:42 - Sally

Is that a pharmaceutical or is that a?

0:37:45 - Julie

It's a prescription. It's a prescription. The bioidentical are made specifically for you. Each individual prescription is made for the individual patient. The synthetic hormones are what Big Pharma makes and those have extra molecules added to their formulas so they can be patented. So research shows, Sally, that women that start on bioidentical hormones in their 40s and 50s have a 40% less likely chance of developing Alzheimer's or dementia. In my book that's worth taking them right there, because we're in such an epidemic of those diseases. So what you want to do is call a couple of compounding pharmacies. Do you know what that is? A

compounding pharmacy? They make prescriptions for the individuals instead of just pouring a bunch of pills from a big bottle into a smaller, you know container for the client and just ask them who's prescribing bioidentical hormones through them and then ask if any of those doctors are gynecologists. I mean you can check with your NHS and see if any of the doctors in your area are doing that. I would do that first, but then I would call a compounding pharmacy and see who they recommend and go see them.

It will be a quick fix. Those heart palp, your heart looks them. It will be a quick fix. Your heart looks fine. It's just lack of hormones. Those heart palpitations are from lack of hormones. Easy fix, girl. Within like 24, 48 hours, you're going to be a new woman. So you're going to be standing in the Wonder Woman pose all day long. So you're going to feel like a new person. And easy fix, your heart looks fine. Thank you very much. You bet I'll see you Monday in class.

0:39:33 - Sally

Yeah, have a beautiful day, thanks.

0:39:36 - Julie

Ellie, you too. Alrighty, how are we doing time-wise? I'm going to announce our free session winner here in a few minutes, so stay with us for that. See if your name is called. That's always fun when the person that wins is on either on the YouTube live stream or waiting in line to ask a question. So if you want to ask me a question, have a conversation with me, come to AskJulieRyanShow.com and then we can have a chat. If you're just coming in on the YouTube live stream, come join us at Ask Julie Ryan, and we're on all the YouTube channels. You know we've got five now. We've got English, Spanish, Portuguese, German and French, and so if you have family or friends that would prefer to watch the show in their native language, please let them know about that, and we'll be adding more in the future. So ask Julie Ryan. On all the social media, on YouTube, on all the podcast networks, it's easy to find us all.

Righty, Christopher, who do you have next? Tammy? Hi Hi, Tammy. She's from Southern Idaho. Her 86-year-old sweet mom, Lynn, is in declining health. She's a type 2 diabetic and has had two heart attacks. Oh God love her. Can you scan her? Yeah, absolutely so, Tammy. Here we go. Here comes my laser beam from sweet home, Alabama, up to you in Idaho, going from you to your mama. All right, miss Lynn, I'm talking with Tammy. May I scan you energetically? She said why? Sure Good, we're having good luck tonight. Every now and again people say nah, I don't want you to scan me. Usually it's kids, which is really funny. So, shooting energy from her feet up through the top of her head. She's not dying at the moment, Tammy. She's not in any of the phases of transition. And how I know that for sure is when somebody's dying and their spirit's hanging on to the top of their head in the spirit bubble configuration. That's the power source for the body. So I'm unable to see inside their body because it's like looking at an x-ray in a pitch black room with no electricity. I can talk to them, I can get divine downloads, but I'm not getting a visual on them. And I'm getting a visual on your mom. So we've got that, all right.

The diabetes we're working on her pancreas. When I first got her on my radar, Tammy, she looked like a gumdrop, you know, like one of those or one of those fruit slices that they have out at the holidays, and it's a different fruit flavors and they dip it in sugar and so it's just like covered in sugar. So she's got. I can see the diabetes with the sugar Pancreas. I'm looking at her from behind. There's a spiral of energy that's spinning in a clockwise direction. As I'm looking at her from behind, think of a spiral like the Milky Way galaxy spiral not necessarily a vortex, but just a spiral and as it comes down on the right and underneath and comes up on the left side, it's throwing off this sludgy looking junk, that gunk that's in her pancreas. And it reminds me of when you make chocolate fudge candy if you've ever made that Tammy and it's kind of globby and it's liquid before you put it in the pan to solidify so you can cut it into pieces. That's what this gunk looks like when we're roto-rootering out organs. So we've got that All right.

Let me look at her heart. I can see where the bypasses are and what it is is. It's an artery and then they'll take a vein and they'll do like a loop and they'll bypass. They'll go over where the blockage is in the artery. I've been in on several of those surgeries back in the day so I know what that looks like real time. So I've got those. Those look okay.

We're cleaning out those bypasses because those are a lot smaller than the arteries, because they're using veins to bypass so they can get clogged up faster. So we've got that going. That looks okay, all right. So the pancreas is cleared out. That looks good. Shooting energy into her heart. There's a vortex spinning outside of her heart. There's a vortex spinning outside of her heart. There's stem cell energy that's going in and around her heart. Especially as I'm looking at the back, the low right chamber is getting a healing. So we've got that going on. But I think she's going to be around for a while. She's not dying at the moment, so you're a sweetie to call in about her and I think she's going to be around for a while. She's not dying at the moment, so you're a sweetie to call in about her and I think she's going to be with you for a while. Alrighty, let's take another caller and then we'll do the free session announcement.

See who's next? Hi, Angela.

0:44:43 - Angela

Hi Julie, how are you? My girl, I'm good, and actually I was calling about my mother and she's in the gallery, but her vision is so bad she couldn't figure out how to raise her hand. Oh, okay, where are you located? I'm in Birch Bay, Washington, wonderful. Is your mom close by? No, she's in Fairfield Glade, Tennessee. Okay, what's that near? I haven't heard of that. It's halfway between Nashville and Knoxville on the Cumberland Plateau.

0:45:12 - Sally

Oh, I bet it's beautiful. Okay, it is.

0:45:15 - Angela

It's really pretty All right, great, what's going on with your mama? She has wet and dry macular in both of her eyes and she's suffering through those injections and she also has something geographical atrophy. I may not be saying that right, I don't remember that third part of her condition.

0:45:35 - Julie

Okay, I don't know about that. I haven't heard about that before.

0:45:38 - Angela

What is it? Do you know what it is? No, I don't.

0:45:39 - Julie

Okay, I'm going to have to look that one up. Not the only surgery that really gave me the willies when I was in that industry, Angela was the eye surgery and when they were injecting stuff in the eye it was like oh, so it's not surgery for her, it's just needles. I know, but even the surgery and the needles and stuff, it was just oh, I could take blood and guts easier than the eyeball.

Exactly, yeah, all right, same thing what I'm gonna do. I'm connecting to you in Washington. It's gonna ricochet back to my neck of the woods here in Tennessee. All right, got her so going in. It went into her right eye first, and so same thing what we did earlier on the macular degeneration. Imagine her eyeball. You know from Tennessee, it's like a congealed salad, that's what they call it here in the South.

And so getting that scooped out. Stem cell energy going in, light amber color gel sparkles, dippity-doo vortex spinning out in front left eye doing the same thing. Interesting on the left eye. Normally it's in the center of the eye, but on the left eye, Angela, what I'm seeing is it's a little off center to the left is where the loss of vision is. So scooping that out and then stem cell energy going in, vortex spinning out in front and leveling her eyes, like we did before with a contractor leveler you know, construction site leveler and then tightening the muscles behind her eye to make it easier for her to be able to see with the close-up vision Does she? She has peripheral vision now.

0:47:18 - Angela

That's the best part of the vision, yeah it's like a black dot in the middle of both eyes, and when she first got it she would say she couldn't see my face, she could only see around me. Yeah.

0:47:30 - Julie

Yeah, so hard. So that's what I'm looking through, that's what I'm seeing. I'm just seeing the peripheral, but on the left again it's more over on the left side, so hopefully that will help with that. So hopefully that healing will help.

0:47:47 - Angela

Yeah, thanks for joining us. Thank you so much Give your mama my love. I will.

0:47:52 - Julie

She's watching Mama, my love.

0:47:53 - Angela

Okay, mom, giving you my love, thank you. A million thank yous, you're so welcome.

0:47:59 - Julie

Okay, let's do the drum roll. Chris, your favorite thing, I love it. I keep wanting you to get a trumpet fanfare. You got to look for a trumpet fanfare, so we'll see if we can do that. All right, so this is what this person who's the winner? Again, it's a free session with me One hour.

We can talk about anything and everything that you want in the buffet of psychicness. We can do medical stuff for you other loved ones. We can do how close to death somebody is. We can scan your pets. We can talk to deceased loved ones. We can talk to your spirit guides and angels. We can do past life stuff. We can do all of the above within the hour that we have together. That's what most people do. It's usually a combo platter of what we're doing. So this is what this person says. She says Julie has the gift and is a gift to the world. So this is what this person says. She says Julie has the gift and is a gift to the world. How sweet is that?

I've listened to Angelic Attendance. That's my book, angelic Attendance what Really Happens as we transition from this life into the next. I've listened to Angelic Attendance maybe four times now, and when I finish I want to start it over, even though I have other books in the queue. She's down to earth and has a way of mixing spirituality with practicality and compassion. She's generous with her abilities and answering questions throughout the week. Listen to her show and you'll be hooked. So somebody named NC Yogi throughout the week. Listen to her show and you'll be hooked. So, somebody named NC Yogi, I'm assuming North Carolina Yogi, you have won a free session with me for an hour valued at \$750. So it's a really big prize and I will be delighted to spend an hour with you and have you all to myself and we will have a ball figuring out whatever it is. And I will be delighted to spend an hour with you and have you all to myself and we will have a ball figuring out whatever it is that you want to do from the buffet of psychicness.

So again, she's talking about my book, angelic Attendance what really happens as we transition from this life into the next. And if you want a free copy, we will send you one. That's how important this stuff is in my opinion, and it's a digital and an audio book download. So just go to Julieryangift.com, Julieryangift.com and we'll send you a free copy. Feel free to share it with all your family and friends Because, as you know, we all are going to have people that are going to die and we were heck. We're going to be there ourselves someday. So this just really takes the fear out of it, not today, but in the future. When we're all looking at that, we will know what to expect.

And, by the way, university-based research shows that 90% of people at the end of their lives see the spirits of deceased loved ones and pets in the last six months of their lives. As they're getting ready to pass, and Julia S says that's me and my review. Yay, Julia. So just go to AskJulieRyan.com Julia. So just go to AskJulieRyan.com Julia and you'll see. Ask Julie a question. Just send us an out, say hey, I'm the one that won the free session and my assistant, Rachel, will help you and we'll find a day that works with your calendar, with mine, and I'll get you for a whole hour. It's so fun the last several months. The person who wins is usually on the show, you know, either in the Zoom room or on the YouTube, but it's so fun when we have that happen. Every once in a while, I'll get an email from a winner and they'll say I was driving to work and I was listening to your show and I heard my name called and I was squealing driving down the freeway, which is fun too.

So back to what I was saying, that 90% of people university-based research shows that people see the spirits of deceased loved ones and pets, either in dreams or visions, as they're approaching their departure from the earthly plane. 90%, you guys, that's a big number. So when we think that grandma is hallucinating as she's dying because she's seeing her mother, who's been dead for 80 years, she's not. She's actually seeing her mother's spirit and, as Johanna and I were talking at the beginning of the show, those spirits come in and they're part of what I call the welcome to heaven committee and they're part of what I call the Welcome to Heaven Committee. So they're there welcoming the person who's in the process of departing our earthly plane and going to heaven. So very fun, congratulations. All right.

If you want to register, you know, or you have to register if you want to be considered in the drawing, just leave a review. Anywhere you listen to podcasts we're on all the networks or on any of my YouTube channels, or we even take winners from all my books. There are seven books. They're all on Amazon. Just leave an Amazon review, especially for any of you who've read or listened to Angelic Attendance, I would really appreciate it if you'd leave a review on Amazon, even if you got it for free, because it helps people in most need of comfort find this information. And that's how Amazon, that's how they recommend books is. It's all the algorithm of people leaving reviews, and I just think if it comforts you, if it informs you and it provides comfort for you and your family, pass it on. You know, give it to somebody that you love and leave a review so that people that you don't know can get this information. So I'd appreciate that a lot.

Okay, Chris, do we have time for one more person this evening? Ann Hi Ann. She lives in Boone, north Carolina. She's 74 years young. Her daughter's 57. Her name's Jennifer. When she was born, they didn't record her birth time. What was her birth time? Okay, and she lives in Birmingham. She lives near me, so, all right, I'm going to connect into you and then I'm going to connect from you to Jennifer, and so what's Jennifer's birth time? I got 4.37 AM. 4.37 AM is what came into my head. So I hope that helps.

You know, I have an interesting story about that. When I was born, way back in the late 50s, some rocket scientist in the state record department in Ohio decided that we didn't need to have birth times on our birth certificates. So there was like a 10-year period where everybody born in Ohio doesn't have a birth time. And so I was getting my astrological chart done and the

woman doing it said I need to know your birth time. Well, my mother was already deceased and so I asked my dad. My dad, of course, was clueless. He had no clue. He said when all four of you kids were born, I was in a waiting room with fluorescent lights for hours on end. I had no clue what time any of you were born.

So I just called my mom's spirit in and I said hey, mom, what time was I born? And she gave it to me instantly. And then I gave it to the astrologer and she said I'm going to ask you some questions and if these correlate, then that will be the correct time. And they correlated perfectly. So any kind of information that we need from Spirit on any topic past, present, future we can get just from asking and they will give us an instant answer and how you know that's from Spirit is it's the first thing, fast as you can snap your fingers, the first thing Fast as you can snap your fingers, the first thing that comes into your head, and then we go from that. I guess we got one more, sierra.

0:55:58 - Sierra

Hi Hi, where are you? I'm in San Francisco, okay, and I have been having a bunch of random health issues and are currently sent to a bunch of different specialists, and I was curious if you could do a body scan to see if I could get any sort of info on what's going on.

0:56:17 - Julie

Give, me one symptom, just because we just limited it to one question. If you schedule an appointment with me or one of my graduates, we can do a whole hour and do a deep dive, but for the show, just for time's sake, what's one symptom that you're having?

Fatigue for the show, just for time's sake, what's one symptom that you're having? Fatigue Fatigue, and has it come on fairly recently, or have you had it all your life, or Most of the past year? Most of the past year, but not before? Okay, all right, here we go. Here comes my laser beam from Sweet Home, Alabama, hooking into you, shooting energy from your feet up through the top of your head. What came into my head and what I'm seeing, even before I got you on my radar, was mold exposure. Are you in a new place? Have you had any water leaks, either at your home or where you work? What's going on with that? In a previous apartment. Yeah, Okay All right.

So it's mold and what I'm doing is I'm clearing it out of your system right now. And you probably have gut issues as well. You probably have leaky gut, and so just because I got you on my radar, we're gonna go ahead and stitch that up to clean out the yeast overgrowth. So we've got that going. I would get air purifiers in your current home, like sleep with one in your bedroom. If it's too noisy, run it during the day and so that you can turn it off at night, but it will have purified your air.

Stay low on the food chain, sierra. If God made it, eat it. If man made it in a factory, do your best to avoid it. Yeast loves any kind of sugar, anything that's refined, like bread, pasta, chips, cookies, cake, all that jazz. Stay away from that stuff, not for life, just till we get your gut healthy. Same thing with fermented foods Wine, beer, alcohol, kimchi, sauerkraut, yogurt, vinegar, soy sauce, kombucha. Stay away from that stuff, again, not for life, just in the short run. Because your gut's a fermentation factory from the yeast in the mold and when we add fermented foods or alcohol it just blows up. It's like pouring gasoline on a fire, so it exacerbates it If you're gonna eat fruit syrup or peel it because there's tons of yeast on the peel.

And never, ever again, for the rest of your life, ever, put a slice of lemon or lime in a drink, ever, because they're full of yeast. And if you're in a restaurant, think about this. They cut those things up early in the morning and they sit out room temperature all day and it's just disgusting what's growing on them. Think about walking into a bar and they got like that fruit salad

container thing with the jerrys and the lemons and all. They've been sitting out for 12 hours or something. Think about it. So avoid that.

Peel your fruit before you eat it. I don't expect you to peel a blueberry or a grape, but certainly an apple, a peach, a pear, a plum. Peel that stuff because there's tons of yeast on the peel. Freeze and reheat leftovers, because yeast gets on leftovers. And then there's a medicine called Nystatin you want to get a hold of and it's N-Y-S-T-A-T-I-N. Think of New York and Staten Island, but statin with an I-N instead of an E-N. That's how I remember Nystatin, think of New York and Staten Island, and that will help kill the yeast and that's what they give babies that have thrush, so you'll completely heal from this, but that's what's going on. You have mold exposure.

0:59:57 - Sierra

Thank you so much. Can you tell if I'm currently being exposed or if it was like a past exposure? I think it's both.

1:00:03 - Julie

I think you're still being exposed. I just heard a yes when you said I'm currently being exposed. Do you go into an office or do you work from home? All right, I would have air purifiers in the rooms where you are, at least in the short run, until you get a handle on it. Sounds good. Thank you so much. You bet. Thanks for joining us. Okay, everybody, sending you lots of love from Sweet Home Alabama. I will see you next week. Thanks for joining us. Have a great weekend, everybody. Bye.

1:00:32 - Ann cr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:00:46 - Disclaimer

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