

AJR Show April 3rd Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. Got a whole bunch of callers that are joining us and a bunch of people on the YouTube live stream, so we'll be taking questions from both. If you want to have a conversation with me, join us at AskJulieRyanShow.com and we'll get a bunch of them on, and then, if you're coming in on the YouTube live stream, just go to Ask Julie Ryan on YouTube. You can put a question in the chat. Just put your first name, where you're located and your question, and then we'll be taking questions from there too.

We've got Rachel, who's helping us tonight, over on the live stream. Samantha, who usually helps, is on her honeymoon. She's on her second week of her honeymoon. So Rachel, who has four kids, two of which are little and need help with their baths and their bedtime, so I appreciate her joining us when she's normally reading bedtime stories to her boys. By the way, a lot of people think Rachel is my daughter, Rachel Ryan, and although I love her like a daughter, she is my niece-in-law. She is married to my nephew, Jason, so she is family, but she's not my daughter. She's my niece-in-law. I don't even know if that's a real term, but I made it up and it works. And then, of course, we have Chris over on the main dashboard and he'll be putting people in all evening. You know, I never know who's waiting, I never know who calls in and I never know who's joining us on the live stream. So that makes it really fun because it's always a surprise Couple of announcements.

First of all, you want to stay on for the whole show because I'm going to be announcing a free session winner with me, valued at \$750. And we'll be doing that later in the show. I do this every month. If you want to register, just leave a review wherever you listen to the show or on YouTube, and we choose one each month for that and also for a free class. Speaking of classes, my medical intuition simplified class begins April 14th on the Shift Network and it's going to be just medical intuition and energy healing and it's only \$349. So it's a really good deal for seven weeks. Hour and a half on Mondays at 1 pm for seven weeks in a row and we'll have practice sessions with all the classes and we're going to have lots of Q&A and stuff like that. It's going to be a blast. So if you think you ever want to be able to do the stuff that I do, everybody can do this. You guys, I learned how to do it. It's super easy. And if you ever want the ability to find out what's going on with you with a health thing or a loved one, come join us. And if you want more information, just go to AskJulieRyan.com, and there's lots of information there. On the training page. We've got a pop up. You'll see the shift thing comes up right away. So just go to AskJulieRyan.com.

Okay, Chris, who's first? Who do we get to talk to first tonight? Tricia? Hi, Tricia, coming in from the YouTube live stream. Hi, Julie, I'm Tricia in Myrtle Beach, south Carolina. What a wonderful place. Would you please scan my dog Grayson? He's in pain from IVDD. I have no idea what IVDD is, but, Tricia, I will be delighted to scan your dog Grayson.

How this works for those of you who are joining us for the first time is I raise my vibrational level to level of spirit. I'm going to watch a laser beam come from my body here in Birmingham, Alabama. It's going to head east over to Myrtle Beach and hook into Tricia, and then I'm going to go from Tricia to Grayson and I'll watch a laser beam go from her to her dog, and then I'm going to envision shooting energy into him and something will appear in my mind's eye. I'm like a human MRI. I'm getting what I call divine downloads in my head as well at the same time, and it's spirit communicating with me. So something will be identified and then, immediately thereafter, there will be some type of energetic healing that will begin, and I'm going to describe it in detail. Whether it's for a pet or for a human, it doesn't matter, because when we all envision what I'm describing, we're all sending healing to Grayson and to the person with whom I'm talking. So, no matter whether you're watching this live or whether you're watching it five years from now, just picture what I'm describing, and then that's going to have you help send the healing to whoever the person or the pet is with whom we're working. All right, here we go. Tricia, here comes my laser beam from Sweet Home, Alabama, heading over to you in Myrtle. Got you shooting energy from your feet up to the top of your legs, top of your head, excuse me. Here goes my laser beam over to Grayson. All right, got him.

I don't ask pets if I can scan them, because I don't care if I can scan them because I don't care. But I always ask humans if I can scan them. If it's somebody other than the person with whom I'm talking, all right. Grayson, what's going on with him? Grayson looks really inflamed.

Grayson looks like he has that thing shingles comes into my head. I don't know if dogs get shingles. My daughter-in-law, dr Mal, is a vet. I'll have to ask her. But he looks like he's got something going on that's affecting his not only his skin but also his just whole GI tract. So what I'm watching is I'm watching his GI tract get cleaned out and it looks like it's not really a rash. It looks more like energetic sores that are on his body. I think he's really uncomfortable from what I'm seeing. So I'm watching a healing happen where we're clearing out his GI tract and putting stem cell energy in there. Trisha's stem cell energy looks like a light amber colored gel, has sparkles in. It reminds me of a hair gel called Dippity Doo when I was a kid back in the 60s and 70s. You can look it up and then there's a vortex spinning above his head. So whatever, ivdd is his head. So whatever IVDD is, I have no clue. That's how it's showing up to me and it's causing inflammation, and I think he's a sick dog. So I'm glad you're working with your vet and this healing will hopefully help him as the stem cell energy is going in. What I'm watching happen is those sores that are all over his body that are caused by inflammation are just disappearing. So I hope that helps.

Thanks for your question. Let us know how he's doing. If you want to have a conversation with me, come to AskJulieRyanShow.com and we'll get you on for your question. If you're joining us from the YouTube live stream, come in at Ask Julie Ryan on YouTube and you can put your question in the chat. Rachel's over there helping people and just put your first name, where you're located in your question and then we'll get a bunch of questions from there too. So let's see who's next.

Claudia
Hi, it's Claudia.

0:08:52 - Julie
Claudia Okay.

0:08:54 - Claudia
I'm in Switzerland.

0:08:55 - Julie

Oh my gosh, god bless you. You're up late, girl. What time is it there? Two o'clock in the morning. Oh, god bless you. Thank you for calling in, Claudia. How may I help you? Thank you for everything you do.

0:09:11 - Claudia

I'm calling you actually more for my dad who was almost 90 years old and he's got like hydrocephalus it's called. He's got water in his head, oh boy, yeah. And he went to the doctor yesterday and the doctor said the only way was really if we can get you know, either an operation to get rid of that water or I don't know if you can, if there's anything, maybe you can scan him, if there's anything you can help him with, because right now he's really not walking.

It's been a few years already that he's really not walking.

0:09:43 - Julie

Was he in an accident or something? I mean, has this been going on for a while or it's something new?

0:09:49 - Claudia

Yeah, it's been quite a while, actually Years, quite a few years. He was diagnosed already with that, but he was always afraid to do the operation because they were talking about some kind of a tube coming out of his head afterwards right, that they would have to leave in and that. So he never really wanted to do it. Yeah, and now I guess.

I don't know now he's a little bit now. It seems like he'd be interested to do it, but he is almost he's 89 years old, right so I don't know if it would be worth it either to go through such an operation.

0:10:21 - Julie

I'm going to hook into you and from you to your dad, what's your dad's first name. I'm going to hook into you and from you to your dad.

0:10:28 - Claudia

What's your dad's first name? Claude Claude? Oh, I wonder who you were named for. What a coincidence right. Wow, he lives like down the road from me not very far.

0:10:36 - Julie

I don't need to be a rocket scientist to figure that one out. All right, so here comes my laser beam from Sweet Home, Alabama, heading over to you in Switzerland. All right, got you Going to your dad. Claude, I'm talking to Claudia. May I scan you energetically? He's saying yes, he's giving me permission to do so. So that's good. He's not dying, because I wouldn't be able to scan him if he was. The spirit would be out of his head and hanging on to the top of his head like a speech bubble. But that's not what I'm seeing. So, going in, I'm watching two tubes get put in the back of his head going through his skull. The tubes are going to be drain tubes. Tubes are going to be drain tubes and they have little like corkscrews on them just to be able to screw into the back of his head, if that makes sense. Kind of like a drill bit, almost. Yeah, okay, yeah.

I see what you mean, so got that on there. This is interesting. I haven't seen this before.

Claudia, those drill bits went off to the side once the tube was inserted and then they were removed. So the tube, it was just there for the insertion of the tubes and the tubes are draining and we're getting that fluid removed. Is it in Claude's best interest? Is he? I know you said he can't walk. Is he in pain? Is he yeah, but more in the lower, he? I know you said he can't walk. Is he in pain? Is he yeah?

0:12:06 - Claudia

But more in the lower back. I think he has more pain. It's not really in the head, I think it's in his back. All right, he's always sitting like he really has difficulty walking.

0:12:17 - Julie

Yeah, is it in Claude's best interest to have the procedure done to drain the water from his brain? I didn't hear a yes, Claudia, I heard an absolutely. Ah, okay, okay, like you know, wow, okay, just get it done. Okay, that's interesting yeah, he's going to feel a lot better and it's going to help him a lot. Yeah, ah, yeah.

0:12:42 - Claudia

Okay, so it would be worth it really to try. Will he be walking? I don't know if there's any signs of or walk better.

0:12:49 - Julie

anyhow, I think he'll walk better. He may need some physical therapy to help him remember how to walk, because he hasn't done it on his own for a while, where you know he's been tenderly walking, you know. But that muscle memory is there, it'll come back. But I'm getting absolutely for him to get the procedure done. So try then. Okay, good luck convincing him.

0:13:13 - Claudia

Thank you very much for that, yeah, okay, that's good.

0:13:16 - Julie

Thanks for staying up so late.

0:13:18 - Claudia

No, thank you also.

0:13:19 - Julie

Sweet dreams.

0:13:21 - Claudia

All righty Thanks, Claudia.

0:13:23 - Julie

Bye, Bye-bye. If you want to have a conversation with me, we're at AskJulieRyanShow.com. If you want to come in and join us on the YouTube live stream, we're at Ask Julie Ryan. You can put a question in the comments. Put your first name, where you're located and your question, and we'll be answering questions from there as well. So let's see who's next, Chris, who you got for us. Oh, we have a man named Andrew. Hi, Andrew.

0:13:53 - Andrew

Hi Julie.

0:13:54 - Julie

How are you sir?

0:13:57 - Andrew

I'm well otherwise. Thank you, terrific. I'm hoping you can just give me some kind of insight. My question is really around. I sense that I have an active resistance to abundance, to allowing things to enter into my life.

0:14:17 - Julie
Yeah.

0:14:21 - Andrew
And that is prosperity, it's connection with others. It's been a while I've sensed it and I'm just wondering if something within me that's blocking that, that's stopping it.

0:14:32 - Julie
Okay, what I'm getting is it's a past life that it makes sense for us to do a past life Scan on you, Andrew. Andrew, where are you located?

0:14:40 - Andrew
Australia.

0:14:41 - Julie
Australia. God, this is international nights and I hear Fabulous. Okay so, but it's tomorrow where you are, so we're talking to you real time in the future. I love that.

0:14:52 - Andrew
Correct.

0:14:53 - Julie
It's like we're in a sci-fi movie real time Because it's in the evening here in America and it's in the morning there. What time is it there?

0:15:03 - Andrew
It's a quarter past 11.

0:15:05 - Julie
Okay, all right. Yeah, it's bright sunshine on, Andrew, for those of you that are listening and not watching. So what we're going to do is we're going to do a past life scan on you, Andrew, and how I do those is I envision myself in this endless hallway. I'm in the Andrew hallway and I believe it's the Andrew hallway in the Hall of Records the Akashic Records which is all of our lifetimes, all our past lives and even future lives. A lot of people believe that. So on the walls, which are very narrow, very tall ceiling, are columns of 12 inch by 12 inch square mirrors lined up perfectly horizontally and vertically, and they go as far as the eye can see and beyond. Each mirror represents a different lifetime. So I'm in the hallway and I'm going to ask does Andrew have any past lives that are correlated with him? Feeling like he's blocking abundance in this life, not allowing abundance in this life? There are a bunch of mirrors that are coming out from the wall, on a hydraulic arm, Andrew. So those represent that question. Show me the one that correlates the most. That one's come out the farthest. It's down a ways on the right. So I see myself jogging down this hallway, jogging down the Andrew hallway and what I'm getting is here's a mirror. It's kind of it's probably five feet up. So I happen to have a hydraulic lift that's always in the hallway there. I just jump on it and it lifts me up.

And so, going in, walking into the mirror, I get that you were a monk in 1785 in France. It was, I hear it was a contemplative order Catholic monk. I get that. I get you were. I heard Brother Ralph. Brother Ralph, I don't know that's what I'm getting. You weren't a priest, you're a brother. You were a contemplative monk. So you talked about an hour a day. The rest of the time was in silence. You would do your, you know all of your chores and stuff in silence. I get that. You.

Also, you know those guys that are monks and nuns. They take the vow of poverty, chastity and obedience. So, whatever the rector or whoever the head monk, what do you call them? I

don't know the abbot, I guess, in the abbey, whatever they say, you do. So it's not like you had the opportunity back then to be a social butterfly and to allow abundance into your life.

And when I see past lives that are correlating with a current life, Andrew, there's always a semblance of a script that's repeated throughout multiple lifetimes and you're looking at it from different perspectives. Certainly, a monk in the 1700s is very different from your life today, but some of those things that you're still exploring, to look at it from a different perspective, different time, different place, different set of circumstances gives you the opportunity to create out from there. So when you know that what you're blocking, what seems like you're blocking, doesn't pertain in this lifetime because it's from hundreds of years ago when you were a monk, then that's released and you can go. Well, I don't have to act like a monk in this lifetime. Yeah, does that make sense?

0:18:56 - Andrew

It does so, just so I'm clear. You're saying that once that's been located, that kind of the source energy, then it dissolves.

0:19:08 - Julie

It dissolves, but it also lets you know from a cognizant standpoint this is past stuff that doesn't pertain in this lifetime. You know it's kind of like you've got the same record playing but you have the ability to change the record to whatever you want it to be and when we bring in. And all of our lifetimes affect our current lifetimes, but it's really fun to see a semblance of where the lifetimes were that affect this. So let's say, maybe you had a lifetime after your monk lifetime where you were really wealthy and you explored that, and then you had another lifetime where you were struggling for money but you had a family. And another lifetime you were struggling for connection and for financial abundance and you were a banker or you were a financial advisor or you were a tax collector or whatever.

You know, there are a bazillion different things that we can explore and each time we do it expands our spirit. And then we go back to heaven and we evaluate okay, we've tried this, we've learned all these things. How about if I come back as Andrew and I live in Australia and I am feeling the lack of abundance and the lack of connection from a personal standpoint, but I want to create all of that. What are my opportunities there? Does that make sense?

Yeah, I guess, so we look at it from a different perspective. My analogy I like to use on past lives, Andrew, is think of Hamlet. How many times has Hamlet been performed since Shakespeare wrote it in 1602? Who knows? But certainly same script, but different time, different location. What was the language? Who was in the play? Was it inside, was it outside? Who was the set designer? Who was the director? All those different variables giving us a different perspective on the same script. And that's what you're doing with this stuff. So go create what you want.

0:21:27 - Andrew

So, Julie, can I just ask quickly that it's not an energetic block, it's not a kind of you know something within me, it is just a different permutation.

0:21:36 - Julie

We have memory in our DNA from all of our lifetimes, so there's a loop that's playing in yours that you weren't aware of. Now you're aware of it, so you can create out of it. And as far as blocks go, George Lucas, the Star Wars creator I love this he says we all live in cages with the door open. Right, right, our blocks are blocks that we believe we have. If we believe we don't have any blocks, then we don't, because you're living in a cage with the door open. So go create what you want. Does that help? You're so welcome, brother Ralph. I love that. All right, thanks, Andrew. Enjoy your day.

0:22:25 - Andrew

Thank you. Thank you, bye-bye.

0:22:28 - Julie

Oh, that's fun. Past lives are so much fun, you guys, oh my goodness. And oftentimes we can get all kinds of historic documentation online that will validate the information that we get from Spirit. It is one of the most fun things I get to do is past lives, and about 40% of the time it's been my experience in doing tens of thousands of scans on people throughout the years that if there's a past life thing that's affecting an energy block, about 40% of the time it's from past lives. About 40% of the time it's from past lives. 60% of the time it's something that's happened in this lifetime, but about 40% it's past lives. So it makes it really fun.

Alrighty, thanks, Andrew. I'm glad he didn't have to stay up all night. All right, if you want a conversation with me, askJulierianshow.com. If you're coming in on the YouTube live stream, we're at Ask Julie Ryan. Remember to stay tuned because we are going to give away. I'm going to give away a free session to some lucky winner who left a review.

Anywhere you listen to podcasts, anywhere you watch on YouTube, you know we got five channels now. We've got English, Spanish, Portuguese, German and French, so Chris is doing a great job of translating all the shows into those different languages, and so if you have family or friend that speaks one of those languages, let them know that. Ask Julie Ryan. On YouTube has all those different languages available now and we're releasing our shows that have all been dubbed into different languages, which is very exciting. So, okay, Chris, who you?

At home with Jen from Texas, at home with Jen from Texas, can you send energetic healing to my dad, Alex? He lives in California. He had a car accident and fractured three ribs and is in pain. I'm so sorry. Also, is his spirit intact, meaning, is it in his body? All right, Jen, what I'm going to do is I'm going to connect from Birmingham to you in Texas and then we'll go back out to California to your dad. Here we go, comes my laser beam from Sweet Home, Alabama, heading across Interstate 20 to Texas, heading west. All right, got you All right going to your dad. All right, got your dad. His spirit's in his body. He's not dying. So we've got that.

Okay, I can see the ribs, so they've just got him taped up. There's not a lot you can do for broken ribs. They've just got to kind of heal. But what I'm watching is I'm watching a kind of like a mold that's on the ribs that it fits into. You know, like the football mouth guard or what those of us that have had braces we wear at night as a retainer. You know those clear trays that have the indentation of all of our teeth in it. I wear those at night too, our teeth in it. I wear those at night too. And so the ribs are going into this mold, all the ribs that are broken.

And then there's stem cell energy, Jen. That's being put in the mold light amber color, gel sparkles, dippity-doo my favorite thing, because it'll regenerate any body part we need and that's going in. And then what's happening is there's a vortex spinning outside of the front of his body, outside of his ribs, and that's regenerating the ribs, it's regenerating the bones, so it'll heal quickly. As far as the pain goes, I'm putting anti-inflammatory energy over that area of his body. I mean, he's pretty bruised up anyways, his whole body and when somebody's inflamed they look red Think of red fog and anti-inflammatory energy is blue. It's like a royal blue color, and when I put that on then the inflammation goes away. So I've got that. I know it hurts for him to move, but if he can like get up throughout the day maybe not every hour, let's say maybe every hour and a half and just walk a little bit. That blood flow from him walking to his ribs is gonna help him heal better. So hopefully that will help speed up the healing.

This stem cell energy stuff, you guys, is so cool because, as I said, it'll regenerate any body part we need. And if you go back to your fourth or fifth grade science lessons, what did we

learn? Every cell has a nucleus. Every nucleus is surrounded by cytoplasm, which is a watery gel like dippity-doo, and our bodies have a centrifugal force in them that spins, that causes the cells to divide and replicate to the tune of billions of them a day. In these healings with the stem cell energy, what I believe we're seeing is just the body healing in warp speed and that spirit working through me and with me, of course, to help the person heal themselves. Because, remember, nobody ever heals anybody else. We all heal ourselves. So, Jen, I hope your daddy feels better. You're a sweetie to call in for him or join on the live stream, so we'll do that, okay, hope he's feeling better. Who's next? We've got Jeannie. Jeannie from Missouri. Hi, Jeannie from Missouri.

I had a thyroid biopsy today and a scan would be much appreciated. Thank you, Julie and team. All right, here we go. Here comes my laser beam, jeannie, from Sweet Home, Alabama, heading to you. All right, got you Okay. So I don't edit anything I get, because everything's healable. And who am I to decide what you're supposed to hear? You know it's spirit working through men with me to help you heal yourself.

The left side of your thyroid, as I'm looking at you from behind, looks suspicious to me. So what I'm watching is imagine your thyroid's made out of jello I'll just have for an analogy and imagine that I'm watching the area that looks suspicious get scooped out and it's leaving a divot in the thyroid. Here comes the stem cell energy, light, amber colored gel sparkles, dippity-doo, and there's a vortex spinning above it that's going to regenerate the thyroid tissue. So we've got that. You've got a couple of nodules on there as well. They're pink, they're not malignant, they're on the right side, upper right side. So imagine a cheese slicer, the kind with just the wire and the handle, and imagine it's electrified and so that cheese slicer is going just right along the top and it cuts and it cauterizes those nodules right off, and so that'll be helpful.

All right, thyroid's almost immediately reconfigured. Got that Okay. Now it's starting. It's cranking back up, so it'll be working on full power. That's the funniest thing about the thyroid is when it cranks up it sounds like a diesel engine to me. I hear it in my head. I was like you know somebody's starting a Harley or a diesel truck or something. So your thyroid is running perfectly and even if there is something that you need done, it's going to be a breeze because the healing's already happened on the energetic level. So you're good to go, my girl, I hope that helps.

These really fun analogies that I get from spirit are to give us a human frame of reference for this energy healing that we're doing, because we don't have one, and it just helps us envision what the healing is. That's happening and, honest to God, that's just what comes into my head. I mean I'm talking about a cheese slicer to take nodules off of a thyroid. How crazy does that sound? And yet you can picture it. So the other thing is we're supposed to have fun when we're doing this stuff, because spirit is pure love and joy, and pure love and joy is a high vibration. So when you're picturing what I'm describing, like in Jean's case.

What we can do is understand that, if we can envision it, it helps the healing integrate into our body, because the body is always going to follow what the brain tells it, even if the brain doesn't believe it to be true. Think of a time when you watched an animated movie on TV. Let's say you watched Bambi or Cinderella or something, and it was really sad and you found yourself feeling a little weepy, or maybe even getting weepy. And then you have to think wait a minute, this is pretend and it's animated on top of that. But yet your body was following what your brain was showing you and the emotions that were resulting. So that's how all this works.

When I first started doing this and I get these analogies in my head it was embarrassing. I thought oh my God, people are just going to think I'm nuts. But now people tell me all the time you explain body parts better than any doctor I've ever gone to. I say that's because your

doctor isn't telling you that your elbow looks like whipped cream or something crazy, but you can picture it All right. Enough pontificating here, Chris. Who's next?

0:32:15 - Kathy
Hi Marina.

0:32:17 - Marina
Hi, how are you girl? I'm fine. Thank you, Julie. I have a question for you that might be interesting for everyone. On this show you always mention I'm activating stem cell energy and then you said everyone can heal themselves. So how I, as an average person, can activate my stem cell energy, and I think it will be helpful for everyone.

0:32:50 - Julie
That's a great question. Please tell everybody where you're located. I'm in New York City, new York City. Great question how this works, is the work that I do, the work that any medical provider does, the work that, like a physical therapist or a chiropractor or a dentist or whatever, we're helping the person heal themselves, because nobody heals anybody else. We all heal ourselves.

If you think about, let's say, for example, you get a big cut on your leg and you go to the emergency room and you need stitches, well, the doctor is going to stitch it up, but the doctor doesn't make your skin grow back. You make your own skin grow back. Same thing with all of this what we do, what I do, what you're helping me do. So we, collectively, what we're doing is we're sending the healing to the person. It's happened on the energetic level, and then that person's spirit decides how it's going to integrate the healing or even if it's going to integrate the healing, because the integration process can happen instantly. It can take days, weeks, months, may need complimentary care like surgery or physical therapy or change in diet or whatever. But it's always our spirit's prerogative, the person's spirit's choice of how to integrate a healing or even if to integrate a healing based on what their spirit wants to explore and experience in this lifetime. Because nobody can affect anybody else. Even if somebody, let's say, gets shot God forbid and we talk about the person, who's the shooter? You know they killed that person. Well, there are plenty of people that have been shot that didn't die. We all decide that. We decide how the healing integrates, we decide when we die, where we die, how we die. Who's with us or not? So nobody can control anybody else. We only can control ourselves, and that goes for the energy healing too. So great question. Thanks for asking it. Hope that goes for the energy healing too. So great question. Thanks for asking it. Hope that makes sense. And to help integrate it in yourself is you can, if you call in and we're doing a healing on you, listen to the playback, if you've got something going on and you hear somebody else who's called in picture, what I'm describing as the healing for that person Just listening to the show or watching the show every Thursday night, you're in a really high vibe and it's going to help you heal. It's going to help you feel better too, even if what we're talking about doesn't pertain to you in particular. I have people all the time that say to me oh my gosh, I listen to your show all the time and I don't even really pay attention to what's being said, but it just makes me feel better. It's because the vibration is so high. I've got mine cranked up because I'm beep-bopping all over the world scanning people. All right To learn more about the Shift Network course.

Go to AskJulieRyan.com slash shift and to learn more about angelic attendant training. That's my class that I teach and we'll be doing that the end of May. That's the whole buffet of psychicness. You guys, you talk to spirit. You do pets. You do heal healings. You can do past life stuff. You can what else? Tell how close to death somebody is? Talk to your spirit guides, your angels, any spirit. Go to Julieryan.com slash aat and if you just go to my main website, ask Julieryan.com, all that stuff's available there. It'll pop up once you, once on.

So that's something that we're just trying to make it easy on you if you want to learn this stuff and remember, I learned this stuff. I didn't walk around with dead people chasing me as a kid, no way. I wouldn't even know what to do with that information. I learned how to do all this stuff. I started learning it in my mid-30s and that was 30 years ago. So if I can learn it, you guys can learn it, and I've made it super easy. So, plus, it's really fun, so come join us. Okay, who's next? Let's see. Hi Dawn, how are you doing Pretty well.

0:37:22 - Dawn

Terrific. Where are you? Central Pennsylvania, okay, kind of where State College is.

0:37:28 - Julie

Yeah, yeah, I have been to games there. How about Penn State games? They were really fun, terrific. How may I?

0:37:37 - Dawn

help you. Well, I put the question in to ask if you could do a scan of my lungs and let me know what you're seeing, and if you could maybe do one of your adipity-do healings, because I think I might be kind of a mess.

0:37:58 - Julie

Okay, what's going on with your lungs? I can tell you were coughing a little and clearing them, but Well, I've got bronchiectasis. Okay, which is what? For those who don't know, Well it's.

0:38:11 - Dawn

I mean, I barely know what, you barely know what it is.

0:38:15 - Julie

Oh no, we lost her. She froze, oh gosh, all right, so I'm just going to go ahead and connect into her in Pennsylvania, into Dawn. Here we go, dawn. You can listen to this on the recording. Here comes my laser beam from Sweet Home, Alabama, heading up to you in State College. Got you All right, shooting energy from your feet up through the top of your head.

I don't know if you've had a whole lot of bronchitis bouts with bronchitis and pneumonia, but you've got a whole bunch of scar tissue in your lungs. The energy went to the left one first. So scar tissue in the body looks like imagine a spider web but thicker strands, and what it does is it keeps the lungs from being able to expand all the way when you take a deep breath. And then we need to be able to take deep breaths to get all the junk out of our lungs, you know, to make it move. So what I'm watching is I'm watching the scar tissue get cut inside your left lung. You've got it in your right lung too it's not as bad. So I'm watching that get cut too, so that your lungs can expand all the way and expel, you know, any kind of mucus and stuff that's in there.

When I see excessive scar tissue, I always do a DNA healing Dawn, because there's a protein that we all have and it's a part of the clotting cascade and it's called fibrin F-I-B-R-I-N. You can look it up and the clotting cascade is when we're bleeding. We want the blood to clot because we don't want to bleed out, but when we generate too much fibrin it can cause excess scar tissue. It also, based on what I've seen, can cause fibroids. Think about it, fibrin fibroids, and it reminds me of little silkworms. When they want to make their cocoon, they drool and their drool is a protein called fibroin. So add an O in there and when the drool hardens, it hardens into the threads that they make silk out of, silk thread out of, and that's what they use to wind around a cocoon, so they can be in there and then they can emerge as a butterfly. So imagine that those strands, the fibrin strands, are being generated in excess in the human body. So I'm in your DNA right now.

Dna looks like a strip of paper that you'd see inside a fortune cookie, with the fortune written on it. It's comprised of four nucleic acids. They're represented by four letters, and those letters are A, t, c and G. One strand can have 100,000 letters on it, can have up to a billion letters on it. I'm watching those letters get rearranged on so that it's going back to a normal recipe. It's come out of an X chromosome because, remember, girls have two Xs, boys have an X and a Y. You guys are all getting like a sixth grade science review tonight with all this stuff. So once the strand is reconfigured back to a normal recipe, it snaps back in and so hopefully that will help with the scar tissue that's being made.

I don't see an infection in your lungs right now. I just am seeing the scar tissue that's keeping your lungs kind of tethered, if you will, and not able to expand all the way. So I hope that helps. Sorry we lost you, sorry you froze on us, but hopefully you'll listen to this and hear about the healing that just happened with you. Remember to stay tuned, because in a few minutes I'm going to announce who's won a free session with me. Stay tuned, because in a few minutes I'm going to announce who's won a free session with me, and so you know, Chris has been practicing on his drum roll. That's his favorite thing, so we'll have him do that too. Okay, who's next? Hi Ingrid, hi Julie, how are you, my girl?

0:42:30 - Ingrid

I'm good. How are you? Terrific? Where are you? I'm in Australia, so I got bright sunlight around me.

0:42:36 - Julie

Oh, you sure do. Happy Friday, thank you. Good to talk to you in the future too. What a treat it is. Yeah, it is. You got a question for me.

0:42:48 - Ingrid

Yes, my mom is 91. She's in aged care and she's got Alzheimer's and she can't talk or walk anymore and she's also having swallowing issues. But what I'm calling about is she's got a fear of dying. I believe she, like her body is like not going so well and yet she's hanging on and I'm just wondering if there's anything that we can do to help her with that or whether that's something she wants to experience. I don't know.

0:43:25 - Julie

Yeah, my experience in working with really thousands of Alzheimer's and dementia patients over the years primarily with their families, you know, to help is that one of the things that they all say and we'll ask your mom is that they want to give the family time to get used to them not being around, and so that's why it takes so long for them to go ahead and go on, versus being hit by a car and dying instantly or something like that, and it's what they're choosing to do out of love for the family. So when you look at it like that, it gives us a different perspective about that. I just was being led to add that. All right, so I'm going to connect into you in Australia. Where are you? Are you in Melbourne, Perth? Sorry, it's 8.45 in the morning. Oh gosh, god bless you. Okay, here we go. Comes my laser beam from Sweet Home, Alabama, all the way down. It goes behind me and then I see the globe spinning. I see my laser beam going down to you in Australia. All right, got you Going from you to your mom.

What's her first name? Ingrid,

Ingrid
Jenny,

Julie

Jenny, she is in phase seven of the 12 phases of transition. Do you know what that means? Have you read my book Angelic Attendance. Here. It is no Angelic Attendance, here it is

Angelic Attendance what really happens as we transition from this life into the next. Anybody that wants a free copy, including you, Ingrid, just go to Julieryangift.com and we'll send you a free digital and audio book version.

Okay, so this is phase nine. Let me find phase seven here. Phase seven so here's a diagram of what it looks like. Your mom's spirit is out of the top of her head, it's hanging on. It looks like a bubble, like a speech bubble in a cartoon, and then she has deceased loved ones spirits all around her and a bunch of angels as well. They start off in a circle around her body. Her parents' spirits are the anchor to the circle and then they bring in the angels. Your grandmother is the one that's running the show from the spirit world and she brings in the angels and the other deceased loved one spirits and the spirits of deceased pets as well, and so she's about a little over halfway through.

There are 12 phases and you can go on my website, askJulieryan.com, and you'll see a button for the 12 phases of transition and there's a chart there, Ingrid, that you can download. It's a free download, put it on your phone and then just ask what phase of transition is my mom in? And you'll ask either louder in your head and you'll hear an answer, and it'll come in as fast as you can snap your fingers and you'll hear seven answer and it'll come in as fast as you can snap your fingers and you'll hear seven or 10 or whatever. And then you can refer to the chart and it'll help you see how close she is to her departure. Also, everybody, when they're dying 90% of people, according to university-based research, sees the spirits of deceased loved ones and pets as they're approaching death 90%. So if she talks about seeing her mother or other loved ones that have been dead a really long time, she's not hallucinating, she's actually seeing them. It's like they got one foot in this world and one foot in the spirit world as we're transitioning.

0:47:18 - Ingrid

Yeah, she's not able to talk, but I can ask her a question. I said are you seeing angels? Because sometimes she'll look to the side and not at me and I'm going, oh, she's seeing something, but I didn't know what it was.

0:47:30 - Julie

Yeah, so she's seeing her loved ones. You can ask her questions and she'll probably shake her head. Does she shake her head? Yes and no. She says yes or no.

0:47:40 - Ingrid

I think yeah, sometimes.

0:47:41 - Julie

Yeah. So ask her, which is so comforting that you know that she's surrounded by angels and the spirits of deceased loved ones and pets I call that the welcome to heaven committee. And they're there to greet her and they'll be there when she gets to heaven as well. I always ask the person three questions, Ingrid, and the first one is are you ready to go, Jenny., are you ready to go? She says more than ready. More than ready. Okay, are you in pain?

At times she says that when you move her, it's like she gets stiff from laying in the same position. So when you or the caregivers move her, that helps. And then what do you need just for them to let me go? Who's them? My family, what do you need to hear from your family? Just that they love me and send me on my way, family, just that they love me and send me on my way.

So the family members that haven't been to see her and if some live really far away, I always suggest get them on the FaceTime, get them on the Zoom, you know, just so she can hear them or see them. They don't have to be there in person, but have your family members say

okay, mom, grandma, whatever you want to. Whatever they call her, please watch over us from heaven. It's okay for you to go, we're going to be okay, you know, just go, go to go on to heaven and she'll be escorted by angels. So, Julieryangift.com for angelic attendance For you, ingrid, for anybody watching that wants a free digital and audio book version, just go to Julieryangift.com and we'll send you a free copy. Share it with your family as well, so that you guys will know and it's a fast read and you'll get the audio book too, and it's like two and a half hours or something. It'll help you get through this.

0:49:40 - Ingrid

Just like on that, like I don't need to do anything regarding her fear, or it's just about her getting support from us to say she's waiting to hear from you guys that you love her and it's okay for her to go.

0:49:55 - Kathy

Thank, you so much.

0:49:57 - Julie

You're welcome. Enjoy your day. Thanks for joining us. Okay, Chris, should we do it? I think we should announce our winner of a free session with me valued at 750 bucks. You guys, See, Chris loves that. He loves that during the month when he gets to do that. See, Chris loves that. He loves that during the month when he gets to do that.

This is from Angel Cox. Angel, you are the winner of a free session with me for an hour. We can talk about whatever you want from the buffet of psychichness. We can talk to deceased loved ones and I can scan you and we can scan your pet and we can do past life stuff. I mean, whatever we can cram into. An hour is what we do. When people schedule with me, they always have lots of different things they want to cover and we get them. For the most part, we get everything done. So Angel wrote. I so appreciate the practical approach that Julie has. Having been in the professional world. She's so good with people. Oh how sweet. Thank you. Sometimes the subject of spirits and the afterlife can seem a bit too much, so it helps to hear from someone so grounded and trustworthy. Thank you again. Thank you, Julie, for sharing such wonderful insights and for having a genuine desire to help others. You are most welcome. So, Angel Cox, as soon as you hear this, send me an email, go to AskJulieRyan.com, go to the Ask Julie button and say hey, it's Angel. I want a free session with you and Rachel will help you with your calendar and my calendar and we'll get you in and we'll have a ball talking for an hour Again. If you want to register and be considered for a free session and or a free class, just go to AskJulieRyan.com.

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Alrighty, Chris, let's get somebody else on, Elizabeth, Liz from California.

Hi, Liz from California.

I really need advice about oral surgery coming up.

Should I stay with the current place or switch?

There's been so many odd delays and I don't feel safe, Thank you. So here's how you ask and I'm going to ask out loud. So whenever we're looking for advice from Spirit, just preface whatever your question is with. Is it in my best interest to dot, dot, dot, fill in the blank? So is it in Elizabeth's best interest to stay with her oral surgeon or to switch to a different practice? I heard switch, switch to a different practice. It came in halfway through the question. Elizabeth switched to a different practice. It came in halfway through the question.

Elizabeth so, or Liz? She's calling herself Liz, so, yeah, that's what I'm getting. Is it in Liz's best interest to have oral surgery with her current practice where she's scheduled? I heard absolutely not. So you're being led. That's your intuition at work, Liz. And what I'm getting is ask around, ask people that you know who've had some kind of oral surgery done, and I would even call a couple of dentists and or orthodontists and ask who they recommend, and you'll probably hear the same name bantied about. But yeah, follow your intuition. You're being led correctly, I believe. So I hope that helps. All righty, I think we could take one more, Chris. Hi, Kathy, Welcome. Where are you? I'm in Delray Beach, Florida. Oh, perfect, I love your yellow walls. I got a lot of yellow walls in my house.

0:54:23 - Kathy

Thank you. Well, I've talked to you several times, Julie. You are the best. I love you. I love everything about you.

0:54:31 - Julie

Well, thank you. Right back at you, babe. You got a question for me.

0:54:35 - Kathy

Yes, a quick question. So I've had issues with my neck for at least 10 years. I've been to orthopedic, I've been to chiropractors the whole nine yards. So I've been working on that. Plus, I have some issues with my back and spine and so over the last couple of weeks I've been getting really lightheaded and I don't know if it's a neck problem or if it's. Sometimes I'm so busy during the day that I don't eat. You know, I wait really. I eat breakfast super early and then I don't eat lunch till like two o'clock and I'm not sure if I'm getting lightheaded because of my neck or if it's because I wait too long and I don't eat.

0:55:23 - Julie

It's food lack of food. So there's a product that I love that I just started using not too long ago, and it's a protein powder that has collagen in it and it's made from bone broth. It's grass-fed beef, bones, bone broth, and it comes in five different flavors, and so if you go to AskJulieRyan.com and go to the sponsors page, look for Paleo Valley, and if you click on that link, there's a discount. But what I do and you can do this at work it's super easy. I will mix a scoop of chocolate and a scoop of the caramel together, Kath, okay, oh my God, in hot water it makes the best hot chocolate, and it gives you like 25 or 30 grams of protein, and then it's got fat in it too, so it's going to help you stay satiated.

If you don't have time to eat, I would do that in the morning, okay, and then take some to work with you. You can even mix it up. You can drink a cold if you want. I just like it hot. And the other thing that's really good that I do is I'll mix it in full fat Greek yogurt, oh, okay, and I'll mix a scoop of the chocolate protein powder in there and mix it all together and put a few pecans in there and maybe some blueberries. It is the best sugar-free dessert. That's got tons of protein in it. It's got fat in it. It's going to keep you satiated.

0:56:56 - Kathy

That's awesome. I talked to you before about my blood sugar because you recommended me to get the look on the. I can't remember her name. It's the Instagram goddess glucose goddess. So I actually got her book and I've been following her, yeah.

0:57:15 - Julie

So I wasn't sure if it. I've been following her yeah.

0:57:17 - Kathy

So, I wasn't sure if it was a blood sugar problem or if it was a neck problem, because I felt like it was my neck. You know it's something. You know they adjusted it funny or whatever. I wasn't sure it's blood sugar.

0:57:29 - Julie

Blood sugar, yeah, it's blood sugar. So those are a couple of hacks. I haven't had sugar in six years. It was six years April 1st for me, wow. And so I look at things that taste like dessert but don't have any sugar in them and I'm telling you that yogurt with that Paleo Valley chocolate bone broth protein powder oh my God, it's like chocolate mousse, it's the best. Yeah, so you can mix that up and then take it to work with you, right, right, and then just throw some pecans or something else in there. I like it crunchy, and that it will hold you for hours. It's amazing. And it'll take you a minute to fix it and it'll take you five minutes to eat it and you're going to be good to go.

0:58:19 - Kathy

Wow, wow, that's great.

Julie

So I hope that helped.

Kathy

Thank you, Julie, I appreciate that.

0:58:25 - Kathy

Great to see you.

Julie

Good to see you too.

0:58:27 - Julie

Alrighty Bye, Kathy Bye. So for all the different links that I talk about, just go to AskJulieRyan.com, click on the sponsors page, the sponsors tab, and all those links are in there and all of them. We negotiate discounts. If I'm going to talk about a product on the show, we say, look, yeah, I'll talk about it, but you got to give us a big discount, and normally they do. Normally it's usually around 20%. So just go to AskJulieRyan.com on the sponsors page and you'll find all kinds of good stuff. So that's easy to do. All righty, everybody. That's it for this week. That went fast, God. It was like an international show. We had all these people calling from far, far away, which makes it fun too. In the meantime, sending you lots of love from Sweet Home, Alabama. I hope you have a great weekend. We'll see you back here next Thursday at 8 Eastern, 7 Central and 5 Pacific. And, Angel, let us know We'll get your free session scheduled. Bye, everybody.

0:59:32 - Anncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

0:59:46 - Disclaimer

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