

AJR Show April 17th Transcript

0:00:00 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:42 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. And a couple of announcements on Tuesday, April 22nd, at 8 pm Eastern, we'll be doing the monthly live, and that is something that I do every month and it's just easier. It's way more relaxed. We do it for two hours. You come on, I choose people. I have a magic wand and I choose people off of my list and they get to ask a question and others can join in and it's kind of like a discussion. It's really fun and the best part is, you guys, I give away prizes. I give away a free session with me for an hour. I give away classes, I give away books. Never know what else I might give away, so that just makes it fun. It's kind of like a big pajama party, big slumber party, so you can come in your jammies if you want. So next Tuesday, April 22nd, 8 Eastern, if you want to join us, just go to AskJulieRyan.com slash live and you can sign up for it there and that will be a blast. Also, speaking of prizes, I'm going to be giving away a free angels and enlightenment training class this evening. You know, I give away one of those every month, usually on the fourth Thursday of the month, I think and so we're going to do that. And that's my class, where you learn how to communicate with spirit and you learn about the 12 phases of transition which we're all gonna be in someday and all of us are gonna lose a loved one, unfortunately, and we're gonna be there ourselves. So it's helpful to know how to be able to figure out what phase of transition your loved one's in and to be able to talk with them as well. So we'll be doing that too. So a little bit later in the show, Chris has been practicing his drum roll. He loves that part.

Alrighty, this is always fun. I never know who's calling in. I don't see the dashboard. We've got Chris on the main dashboard. We've got Samantha joining us on the YouTube live stream. If you're on YouTube and you wanna ask a question, just put your first name, where you're located and your question in the chat and Samantha will be over there to help you if you need it, and we'll be taking questions from there and questions from the callers. So, Chris, who's first? Oh, he's telling me remember to subscribe and ring the bell. He's giving me signs here, Ronald. Hi, Ronald, I'm asking if my son Ronnie, age 46, who just passed on March 25th oh no, I'm so sorry. If he has any messages for us. His mother, Johanna, passed on the same day nine years ago. Oh God, help you, Ronald. I am so, so, so sorry. Oh, my goodness. Okay. So first of all they're together. They're saying he showed me when I was first reading.

0:03:58 - Disclaimer

Does he have any messages for you.

0:04:00 - Julie

He's showing me an ice cream bar, you know, one of those thick ones that's covered in chocolate. You dip it in chocolate. And so often when we talk to our loved ones in spirit, we expect them to come in with some life-changing, earth-shattering thing that they want to tell us. And they usually come in with something that's fun or sweet just to get us to laugh, because they don't want us to be, you know, in such awful grief. But I don't know how you can

avoid it. We're human, we're here to have the human experience. All right, Ronnie, what else do you want to tell your dad? He's out of pain. He's saying I'm with mom, I'm with grandma. So one of the grandmas is with him and he's showing me a dog that's with them too. I don't know if it was his dog. It's black and white. It's got kind of a. You know, one of those feathery tails Looks like some kind of, has some spaniel mix or something in it. Maybe one of his dogs that he had as a kid, maybe somebody else's dog, but he's got the dog. He's calling the dog Charlie.

I don't know if that means anything to you, but have you read my book Angelic Attendance? What really happens as we transition from this life into the next. If not, please go do a download of it. It's free here, let me get this right. Comes with drawings that shows how angels and the spirits of deceased loved ones and pets are around us as we're transitioning. If you haven't read it yet or listened to it, just go to julieryangift.com. Julieryangift.com and you can download our free audio book and also digital version. Anybody else that hasn't read this yet or listened to it, go to JulieRyanGift.com and download a free copy. You can buy a paperback one if you want, and actually this is given as a gift to a lot of people who've lost a loved one, and also to family members who have a loved one at the end of their lives, and it brings them so much comfort, and so we're all going to be there at some point, either with the loved ones, and then certainly we all will be. So it's going to help you, Ronald, understand what's going on and understand that your wife and your son were surrounded by angels and the spirits of deceased loved ones and pets.

Also, for anybody that's read the book, please leave a review on Amazon. You can just put my name in Julie Ryan on Amazon and it'll pop up because it helps people find this information, usually when they're in most need of comfort. And that's how Amazon works. It's based on what the search words are, and then the algorithm suggests books. So please leave a review on Amazon. If you've bought the book or if you've gotten it for free, it doesn't matter. Just leave a review so others can find the information. Sending you a big hug, I am so sorry about your son and your wife, goodness, on the same day, wow, they wanted to make it easy for you to remember their heavenly birthdays, obviously. So sending you a big hug, all righty, let's see who's next.

0:07:22 - Julie
Karen. Hello, how are you?

0:07:23 - Karen
It's my first time.

Julie
Well, welcome,

Karen
very grateful, today to be chosen. Thank you so much.

Julie
You bet that would be Chris.

0:07:34 - Julie
I have no idea who's on the dashboard.

Karen
Thanks, Chris.

Julie
Where are you girl?

Karen
I'm in Vancouver, British Columbia.

Julie
Oh, wonderful, all right, and how may I help you?

0:07:46 - Karen

Well, I'm just sort of starting into a spiritual journey and I'm wondering if I have spirit guides that are close to me and like who they are. I can't quite get there.

0:07:58 - Julie

Yeah, yeah, yeah, yes, most of us and you do so. I've connected into you energetically. I watch a laser beam come from my body, Karen, in Sweet Home, Alabama, here in Birmingham, and it goes up to you, northwest from where I am, really far northwest from where I am, and you have spirit guides around you and they follow us around and they look to me when I'm looking at them, like they're in a horseshoe configuration behind you, and they follow us around and they look to me when I'm looking at them, like they're in a horseshoe configuration behind you, and there are various stages of they all look like a version of father time to me. Some are tall and skinny, some are just regular, some are short and pudgy, you know whatever and they all look like old men Think of Dumbledore from the Harry Potter movies and Gandalf from the Lord of the Rings movie.

Okay, that's how they show up to me to let me know that they're spirit guides, and then when we talk to them, then they morph into what they look like in the life that correlates most with what they're advising you about. So let's go to your main spirit guide, schedule an appointment with me or one of my graduates and we can go through all of them. We'll have more time to do that but your main spirit guide is calling himself Leroy. All right, Leroy has morphed into. He looks like a cowboy, Leroy the cowboy.

He's a poet and he doesn't know it All right. So what are you advising Karen on? New adventures? He's saying new adventures, thinking outside of the box, not doing what everybody thinks you need to do, but doing what you want to do at this point in your life. He's saying that, for most of your life, want to do at this point in your life. He's saying that for most of your life you've been very obedient and very good at following. You know what's expected of you and you're getting. He's calling it the itch. He's saying you're getting the itch to. He said be a wild child, but then he said well, not like don't get arrested or anything, but he's saying be a wild child in that, follow what you want to do, not necessarily what others want you to do. Does that make sense? It does yes, Thank you. Okay, how so? Tell us how so. Are you thinking about a new career or what?

0:10:20 - Karen

No, I'm just I'm getting to the end of my career. So, yes, I am thinking of what I'll do afterwards, okay, which I'm hoping to go into some energy work.

0:10:31 - Julie

So you know it's just off.

0:10:34 - Karen

Yeah, it's on my list. It's just a little off the charts for something that I've been, because I'm quite sort of practical and I think people would think that I'm practical, so they wouldn't think

that. So maybe that's adventurous, but I'm also doing some crazy amounts of traveling. So, um right, adventure, yeah, exactly.

0:10:54 - Julie

He's saying continue to think outside of the box, and when you do that that you will have unimaginable experiences. He's saying that that when we stay set in our cube of how we see our lives, he said, what happens is that we don't have these magical, amazing experiences because we want everything to be how we picture it, and when we let go of that and let it unfold naturally, we picture it. And when we let go of that and let it unfold naturally, we're having things that we can't imagine happen because we don't have it in our frame of reference.

0:11:32 - Karen

That sounds exciting, I'm excited.

0:11:34 - Julie

Yeah Well, good luck, let us know what happens. I will Thank you so much. Okay, you and LeBroy. I love it Sounds like a country song.

0:11:41 - Karen

I love it too.

0:11:43 - Julie

Thank you, okay, bye, Karen

. Oh, how fun, askjulieryanshow.com, if you want to have a conversation with me and we're on the YouTube live stream at Ask Julie Ryan. Samantha's over there to help and so we'll see who's next. Hi, Rebecca, well, hello, how are you? I'm wonderful Nice to see you. Where are you?

0:12:09 - Rebecca

Nice to see you, east Tennessee.

0:12:12 - Julie

East Tennessee.

0:12:13 - Rebecca

Okay, absolutely.

0:12:15 - Julie

May I help you? You got a question for me.

0:12:18 - Rebecca

I lost my little baby sister last year. She was 36. Yeah, and I would like to see if maybe there's anything coming through with her. What's her?

0:12:27 - Julie

name Rebecca.

0:12:28 - Rebecca

Crystal.

0:12:29 - Julie

Crystal. Do you have a question for Crystal? She's right next to you on your right. I just want to make sure she's okay. Oh yeah, she's in heaven. She's great. She's great. She's showing me

hanging clothes on a clothesline with clothespins. She's showing me hanging clothes on a clothesline with clothespins. What's that got to do with anything, did you guys do?

0:12:49 - Rebecca
that I have no clue.

0:12:51 - Julie
She's saying she's talking about hanging it out to dry. All right, crystal. What's that mean? You know, sometimes they come in with these messages and I don't. I don't edit anything.

0:13:04 - Rebecca
I get Rebecca because it may not make sense to us right now. I'll carry it with me. I'll put it in my pocket and maybe it'll will.

0:13:12 - Julie
That's it, or it may pertain to something that hasn't happened yet. You may be driving by somebody's house and see somebody hanging clothes on the line. I don't see that very much anymore. Yeah, I remember my grandmother and my mother used to do that when I was a kid, especially on a pretty spring day, because they said it made everything smell so good.

0:13:34 - Rebecca
Oh, actually wait, no, mom. Actually that does make sense. My mom asked us to. She's in a wheelchair and asked us if we could hang. Put a line out for her to hang things on. I know she's there, you go.

0:13:47 - Julie
Yeah. So that's what she's showing us, that. And they come in like I was telling Ronald, our first caller, it doesn't make sense to me, but they're going to give us information that's going to make sense to you Maybe not right at the moment, when you think about it for a little bit, like you just did, or it may pertain to something that hasn't happened yet. So she's saying do that for your mom. She's saying that hang it out to dry. She said that again, I know exactly what she's talking about?

0:14:21 - Rebecca
Nevermind, she just talked. I mean, something just hit my chest weird. What was that? What do you think that is? It's something that.

0:14:31 - Julie
I'm I'm indecisive on moving I think it helps. God, so Okay. So personally, hang on. She said that twice, so that's, that's like secret code for you.

0:14:39 - Rebecca
Yep, yeah, yeah, yeah yeah. I feel, like that's exactly what she's talking about. Yeah.

0:14:44 - Julie
And she's showing those wooden clothespins, not the plastic ones, not the wire ones. But the old-fashioned wooden ones and those you can get them on Amazon for like \$500, for five bucks or something.

0:15:00 - Rebecca
Yeah, oh yeah.

0:15:01 - Julie
Yeah, yeah, so I hope that helps.

0:15:04 - Rebecca

Yes ma'am, yeah, did you read?

0:15:05 - Julie

Angelica's sentence, yet.

0:15:07 - Rebecca

I have. Yes, I'm in the process of yes, ma'am, I downloaded it.

0:15:12 - Julie

Great. Give it to those that are grieving.

0:15:15 - Rebecca

Give it to your friends. You're wonderful. Bless you.

0:15:18 - Julie

Right back at you, babe. Thank you, thanks so much. Thanks for joining us. Yes, ma'am. Bye, Rebecca, All right, askjulieryanshow.com If you want to have a conversation with me it's always fun to see who is up next and then we're on. Ask Julie Ryan on the YouTube live stream and just put your question in the chat, put your first name, where you're located in your question, and we're going to be answering questions from both places. Remember to subscribe, remember to ring the bell so that you can be notified when we release a new show. Subscribe anywhere you listen to the show. We're on all the podcast networks. We've got five YouTube channels you guys English, Spanish, Portuguese, German and French. So if English isn't your first language and also Angelic Attendance is in Spanish as well we're getting it translated into German and French and Portuguese, so we'll have that be available soon too, but we've got it in English and Spanish so far for you, for free, free is always good.

I would say I'm free, but I'm not cheap. So there you go. All right, Chris, who's next? Okay? Hi Julie, this is Thomas from Fort Stockton, Texas. Hi, Thomas, I'm trying to become a firefighter cadet through a department near Austin, where I live, and I just wanted to make sure if it's the best route for me. Okay, so what I'm doing is we're asking the spirits and beyond my son. When he was a baby, he used to say mommy ask the spirits and beyond.

So that's God, the universe, your guides, Thomas, your angels, your deceased loved ones, I mean the whole group. So is it in Thomas? And here's how you get advice from spirit. You just ask is it in my best interest, is it in Thomas's best interest to become a firefighter cadet through the department near Austin? I'm hearing yes, absolutely apply to several.

I'm hearing don't put all your eggs in one basket. Perfect timing since Easter's this weekend. Don't put all your eggs in one basket and if you don't get accepted, then try again. You'll be doing way more EMT stuff than firefighting and that's going to be really your challenge. The other thing that I'm hearing is be sure you're in really good shape, because that can knock you out of the ballpark if you're not in great physical shape. Also, no smoking weed, because they're going to drug test you. So don't be doing any of that kind of stuff. You know, be in good shape, take it easy on you know anything that's bad for your body, like don't be drinking alcohol, don't be smoking weed, don't be doing any of that stuff, because that shows up in your blood tests when they do it. I came through really loud. So I don't be doing any of that stuff, because that shows up in your blood tests when they do it. I came through really loud, so I don't know if you do that, but spirit said, don't if you're not now. So I think that it's going to work out really well for you. But their big thing, too, is apply to multiple departments, and the thing that just came in to Thomas was that if you go to work for a smaller suburb, you can

always move to a larger suburb with more pay and more benefits. So don't be afraid to start off in a smaller community if need be. So I hope that helps.

Let us know what happens. Good luck, go get in shape. I'm sure he probably is. So how interesting. And thank you for being willing to. You know to be a firefighter. We're going to thank you for your service Once you get on board. I appreciate you just even thinking about it.

Julie

Okay, let's see who's next. Nella, hi, Nella.

0:19:28 - Nella

Hi Julie, how are you doing? I'm wonderful. How are you? I'm good. Thank you, I'm calling from England.

0:19:36 - Julie

Oh, my gosh, it's the middle of the night. Girl, thank you for staying up late for us. What is it 2 in the morning or something there? 121 right now. Yeah, I must be psychic or something. See, it's almost two in the morning. Well, you look so beautiful, my gosh, in the middle of the night. Look at you, you're just beautiful while you sleep too. Is that how that works?

0:20:01 - Nella

No, just after this show, I'm just going to wipe everything off and just go to bed.

0:20:08 - Val

That's my beauty.

0:20:10 - Julie

All right, there goes your beauty. I don't think so. How may I?

0:20:15 - Nella

help you. I'd like to ask if you could connect to my dad. I have very limited access to contact him and with the one that I have very limited access to contact him and with the one that I have, he's not answering on my messages. So I'm kind of worried. What's going on?

0:20:34 - Julie

If you could ask, please Does he live near you. He's not deceased, right. He's still alive, I hope so I really hope so.

0:20:44 - Nella

I think I would know he's in Slovakia, so he's not in England with me.

0:20:49 - Julie

All right, and he lives alone Nella.

0:20:51 - Nella

He lives with my mother, but my mother basically separated him from the friends and family, so we have no contact with him. For many, many years I kept in touch with him secretly through the emails, but right now he's not answering. It was two weeks now and it's not very like him, so I don't know what's going on.

0:21:16 - Julie

What I just heard Nella from Spirit is she took his phone. Does that sound right? Oh, he took his phone Very much so, yes, yeah, right, he took his phone Very much so, yes, yes. The other thing I'm hearing is is there anybody else in town that you know that can check on him or

stop by the house or see if he's, see, if they've seen him? Or you don't have any contacts like no other family or friends. That's still in town.

0:21:41 - Nella

They even moved away and, like I said, it's like 20 years since she completely forbid him from contacting anyone from family.

0:21:55 - Julie

Okay, what's your dad's first name? Milan, milan, like the city, or Mila.

0:22:01 - Nella

Milano is the city, so without the O. So it's just Milan, milan.

0:22:07 - Julie

Okay, all right. Yeah, we Westerners call it Milan. Yeah, without the O, it's just the Italians. Anyways, okay, milan, are you in good health? No, he's saying no. Are you aware of what's going on? He's saying that he's dependent on your mom, that your mom takes care of him and he's dependent on her. What does that mean? Is his health not good?

0:22:36 - Nella

They're both not very healthy. He had a heart valve replaced a couple of years ago and his health is, in general, very bad, so I don't know if it deteriorated so bad that he can't contact me through the phone or she, like you said that she took it she took the phone away.

0:22:57 - Julie

She took the phone away. He doesn't have a phone, but he says that he's very dependent on your mom for everything. So he's saying that he finds that it's easier just not to, you know, make her mad, it's just easier just to be passive on it. But he would love to talk to you. And what happens if you just show up?

0:23:20 - Nella

Oh, I can't even imagine that would be a drama. That would be Go see him. That's what that would be Go see him, that's what I'm hearing.

0:23:28 - Rebecca

Go see him.

0:23:29 - Julie

Can you ask if he's mobile? I get a no. No, I don't think he's mobile on his own. I think he needs help. Does he use a walker? Not that I know of. I'm hearing a yes, he does. So he's saying he's weak. He's saying that he relies on your mom for everything and he just doesn't want to upset her. He said upset the apple cart, which is a figure of speech. But I'm hearing from Spirit go see him. What have you got to lose? You don't have anything to lose.

0:24:06 - Nella

That's true. Yeah, okay, jill, thank you very much.

0:24:09 - Julie

Yeah, I hope that helps. And if you want to talk to him, Nella, you know whether a spirit's attached to a body or not is irrelevant. All you do is you think of them. That tunes your satellite dish head to their frequency, opens up like a two-way radio communication. You say something to him, he's going to answer you. It's going to feel like a thought in your head and it'll come in within a second so you can have a dialogue with him. This whole time I say what the heck go, sam, pretend you're a secret agent, show up, let us know how it goes. Okay, all

rightly, let us know how it goes. Okay, all righty. Thanks, honey, sweet dreams, good night, bye-bye, boy. I'd be doing that in a heartbeat.

0:24:52 - Julie
My husband Tim.

0:24:53 - Julie
God love him. He always goes if there's a sign that says keep out. He said my wife's the first one in there wanting to know what they don't want you to see. Funny story one time Christmas Eve we got to get to church really early because you know all the alumni show up, and so Tim was there early and he was saving seats. And Jonathan, our son, and I got there a little bit later. No, Jonathan went with Tim and then I just arrived later and drove my own car oh, Jonathan's riding with me back home.

And then we're going over to friends for dinner and he said did you make your own parking space? I said why would you say such a thing like that about your mother who birthed you? He goes you did, didn't you? And I said again why would you say such a thing? But what I did, you guys, was I parked outside of where the trash bins were on the loading dock. You know who's going to be picking up the trash on Christmas Eve. I thought it was pretty smart. I got there late, made my own parking space. It was great. So you know, that's all you have to do, Nella. Just think outside of the box, go do it and you'll get to see your dad. I know you will All right, Chris. Who's next?

0:26:07 - Christina
Hi Julie,

Julie
hi Christina.

0:26:13 - Julie
Hi Christina, how are you? I'm terrific. Where are you, girl? I'm in West Palm Beach, Florida, west Palm. I was just in Miami last weekend. It was lovely. Nice, perfect weather yeah, wonderful. I've been in West Palm many times. I have friends that live there. It's beautiful.

0:26:34 - Christina
How may I help you? So my cat has had she's had health issues recently like really bad. What's her name? Kika with a K, k-i-k-a.

0:26:46 - Julie
Kika. That's pretty Okay. What's going on with her?

0:26:50 - Christina
She had an ear infection that spread to her brain oh jeez and yeah, and she had to get surgery and she had to be on antibiotics for six weeks. Like it's been really rough for me because she's like my child, so I just wanted to see if, like, there's still an infection there or what's going on there.

0:27:09 - Julie
Okay, I just heard a yes. Before I even get somebody on my radar, Christina, I'm getting what I call divine downloads, which is information coming into my head. So I do get that there is still an infection there. She's still on antibiotics. No, no, okay, and you've taken her back in and they think that everything's okay. Yeah, yeah, okay.

So how this works is I raise my vibrational level. I'm going to watch a laser beam come from my body here in Birmingham. It's going to watch a laser beam come from my body here in Birmingham. It's going to head down to you in West Palm. I'm going to hook into you and I'm going to go from you to Kika. So here we go. Comes my laser beam from sweet home, Alabama, heading south. So funny because I watch it go behind my chair. That's the direction that you are. You know it's not going north. When something's heading south, it goes behind my chair. Oh, spirit's got such a great sense of humor. Okay, so got you. Got the cat. Okay, it's interesting because it doesn't really look inflamed, but it looks like it's gray. It's not viral infections. Look like watery beef broth to me, Christina, and bacterial infections get. There's this hot pink energy that goes on it. That's an antibiotic energy. This is just gray. What is this Leftover residual I'm getting? Is she acting okay? Is she acting like she's spacey?

0:28:44 - Christina

I mean she's okay. You know she still has balance issues because it did cause her, like blur to go and stuff like that.

0:28:54 - Julie

Yeah, that's what I'm getting, that she seems spacey. All right, so what we're going to do is we're going to scoop out that tissue in her brain and we're just going to put new tissue in there. All right, so you can't do this in the operating room, but we can do it with woo-woo. So what the heck? So imagine brain matter looks like the cooked oatmeal to me, Christina, and I'm scooping out the gray area. The rest of her brain looks good. It's kind of pink and healthy looking, but this one area looks like it's really been affected and stem cell energy is coming in light. Amber colored gel has sparkles in it. You know it's got to have sparkles and it reminds me of Dippity-Doo hair gel, which was a thing when I was a kid. You can look it up. They still sell it. There's a vortex spinning above her head and that's going to regenerate the stem cell energy into brain matter. Okay, that's having all right.

All her neural pathways lit up in her brain and those look like little laser beams that crisscross a room in a museum or a home or an office building. That's part of a security system. Have you ever seen a movie where somebody's trying to steal a painting in a museum and they're stepping over the laser beams or rolling under them or whatever, so those are all lit up. She just seemed like she was spacey is the word that came in. She looked like she was not functioning on all cylinders in her brain yet, so hopefully this will help. I'm not seeing an infection anymore, either viral or bacterial, so hopefully that will help. So I believe she'll make a recovery. She'll completely recover.

0:30:33 - Christina

Great Um, one of her eyes started watering. I don't know what that is. Yeah, it's like I can't get a break.

0:30:40 - Julie

I think it has to do. It's not pussy, though. It's clear. Yeah, that's what I'm seeing. When I say that's what I'm seeing, it's in my mind's eye. It's like I got a TV screen in my head and what I'm getting is that she's detoxing, and when we detox it comes out through all the fluids in our body. It can come out through sweat, through all the other bodily exit points, and sometimes watery eyes are a way to remove the allergens and the toxins. If somebody has really bad seasonal allergies and they go for a walk outside and their eyes start tearing, well, that's the body getting rid of the toxins. So I hope that helps.

0:31:23 - Christina

It's just one eye and she does have a nasopharyngeal cyst on that side, so I'm like wondering if that's what's causing it.

0:31:31 - Julie

I get it. It's a detox thing. Okay, cool. Yeah, I think she'll be good.

0:31:35 - Rebecca

I think she'll make a complete recovery. Thanks for joining us, hope she feels, better you bet.

0:31:41 - Julie

Bye-bye, bye. Askjulieryanshow.com. If you want to have a conversation with me, we're on the YouTube live stream at Ask Julie Ryan. I repeat this throughout the show because sometimes people join us mid-show and so I want them to have the ways to call in to ask a question. Remember, I'm going to give away a free class here in a little bit, so you want to stay tuned and see if you've won. That's always fun. See who the winner is. All righty, let's take another person. See who Chris has Deborah. Deborah, and I'm from Moston, Wisconsin. I probably butchered that, but M-A-U-S-T-O-N. Moston, Wisconsin, and I'm struggling with kidney failure and I was wondering if you could possibly help me. Yeah, absolutely, ms Deborah. Well, here comes my laser beam from Sweet Home, Alabama, heading north to you in Wisconsin, got you shooting energy from your feet up through the top of your head. The energy went to your left kidney first. Neither one of them look very good, so let's just generate some new kidneys for you.

Imagine there is a mold of the right kidney and a mold of the left kidney and they look like plastics. Molds right kidney in a mold of the left kidney and they look like plastics. Molds Think of any kind. I used to manufacture surgical devices that I invented and we used molds called blow molds and injection molds and it would form what the components were to my devices. Same thing with this a mold in the form of a left kidney, one of the right kidney. Think of a jello mold. You know a muffin tin? That's a mold in the form of a left kidney, one of the right kidney. Think of a jello mold. You know a muffin tin? That's a mold. An ice cube tray those are all molds. And, of course, stem cell energy. My favorite thing is going into those molds, Deborah, and they're being filled. Each has its own vortex spinning above it and that centrifugal force from the vortex is what creates the whatever body part we need out of stem cell energy.

So that's happening and what I'm watching is I'm watching we're gonna take your diseased kidneys out. We're gonna put your new kidneys in. So imagine that the plumbing is getting clamped above and below each kidney. The left kidney is coming out first. Removed it. The new left kidney is going in. It's getting stitched, the plumbing is getting stitched in. We're going to do the same thing with the right one. The right disease kidney is coming out, the left one's coming in, all right getting installed, and so the clamps on the left one are being released, up above that's holding. The one below Looks good when the organs start.

It's so funny, debra, because I always it sounds like a diesel motor starting up. Think of a Harley motorcycle or a diesel truck or a diesel car. You know they're loud. And so left kidney I just heard that sounds that baby's working. Let's do the right one, unclamping on the top. I'm clamping on the bottom. It's resealed. There's one little, a couple little areas that need to be restitched. I love how spirit always tests these things before we get off of the healing. All right, that's good. That one just cranked up too. So we've got that going.

I'm also doing a liver detox. We're just kind of roto-rootering your liver, Deborah, because your liver's been processing a lot of toxins, kind of overloaded. So imagine there's a spiral that's spinning inside your liver and it's going clockwise. As I look at you from behind, there's a hologram of you in my mind's eye and it's going clockwise and as it comes around on the right side, the left on the bottom and coming up on the left, it's throwing out this sludgy looking stuff. It looks like chocolate fudge candy when it's being made, but it's kind of globby, it's a liquid, you know, and then you pour it in a pan to let it cool off so you can cut it into squares. That's what it looks like. So hopefully that'll help, and I hope that helps you feel better.

The way that these healings work is it's done on the energetic level and then it's going to integrate into your body, and that can happen instantly. It can take days, weeks, months may need some kind of complementary care. Sometimes that's surgery and whatever it is, it's your spirit's choice of whether to integrate the healing or not, and also how to integrate the healing, whether it's fast or whether it's over days, weeks, months, even years and we just need to trust the wisdom of the body, because the body knows what it needs to heal. The body's programmed to heal. The other important thing to remember too, Deborah, is that nobody heals anybody else ever. No doctor, no medical provider, no shaman, no energy healer like me. It's spirit working through me and with me to help you heal yourself, and that's how all of this works too. So I hope it helps you feel better.

Thanks for joining us All righty, askjulieriyanshow.com. If you wanna talk to me, we're on the YouTube live stream at Ask Julie Ryan. Remember to subscribe, remember to hit the bell. That's a reminder to let you know when we release a new show. Same thing on all the podcast networks or even on Alexa. You say hey, Alexa, play, ask Julie Ryan and Alexa will do that. So we're trying to get all the bases covered.

Julie

All righty, let's see who's next. Hi pronounce your name. For me

Surudai

it's Suraj Day,

Julie

hi, Surudai. How may I help you? Where are you.

0:37:42 - Surudai

First of all, I'm in Ontario, Canada. Okay, terrific.

0:37:47 - Julie

How may I help you?

0:37:50 - Surudai

Julie. Recently I've been feeling like some pain in my bones, especially my two hands.

0:37:57 - Disclaimer

Okay.

0:37:57 - Surudai

So I was going to ask you can you please scan me and see what's going on with me at this time?

0:38:03 - Julie

Yeah, not like arthritis pain, more like it's inside the bones feels like, or when you, when you bend your fingers and your joints and stuff, do your joints hurt or is it more of an internal thing? Do?

0:38:17 - Surudai

your joints hurt or is it more of an internal thing? Well, I'm feeling like it's my bones, like hair, and inside Interesting.

0:38:24 - Julie

What does that feel like? How can you? Can you describe it? Just because I'm interested, I might get you on my radar anyways, but Sometimes it could be like nagging like it's there, but then I still kind of like ignore it and go doing my chores, yeah, so it feels just kind of an ache.

0:38:47 - Surudai

Yes, but it comes every little while, okay.

0:38:50 - Julie

All right, here we go. Here comes my laser beam from Sweet Home, Alabama, heading north, got you shooting energy from your feet up through the top of your head. Yeah, has anybody told you that you have osteoporosis? No, okay, that's what I'm seeing, serge Day. The osteoporosis looks like little holes in the bones, and think of sea coral. You know the sea coral that has little holes in the bones? And think of sea coral. You know the sea coral that has the holes in it. Versus osteopenia looks like divots in the bone to me.

So what we're going to do? And you look really tiny, you look like you're very petite, are you? Yeah, you look like it. So I'm pulling your skeleton out of your body, out of the top of your head, and we're going to dip it into a big vat of stem cell energy. Think a big dunking tank where, at the fair, they'll have a coach sit on it and you throw a baseball and hit the target and it dunks the coach into the dunking tank. So that just happened. We've pulled your skeleton back out, put it back in your body. There are vortices that are spinning above your head, beneath your feet, on either side of you, front and behind, all spinning concurrently and that's generating new bone and that's going to help a lot.

I would highly recommend that you consider two things. Number one BEAM minerals B-E-A-M minerals because most of us are mineral deficient. We're walking around with about 40% of the minerals that we need to be healthy and that's the building blocks of normal cell activity and replication of cells. Furthermore, when we need extra calcium, there are 12 other minerals that go into just not just magnesium that goes into the body being able to generate new bone, which you can use. Some help on. That's number one. Number two there's this grass-fed bone broth, protein and collagen powder Comes in five flavors. It's by a company called Paleo Valley, tastes great. I use it every day and you can find links for discounts for both of those products on AskJulieRyan.com. Go to the sponsors page and you'll see Beam Minerals and you'll see Paleo Valley. Click on those and I believe it's a 20% discount on both. So I would try both of those. Incorporate those into your regimen and that's going to help you feel better.

0:41:34 - Surudai

Thank you, Joy. Thank you so much, Elaine. You are so welcome. Thanks, Chris.

0:41:41 - Julie

You too. How sweet is that. Thanks, Chris. All right, Chris, should we do the drum roll? Should we give away our prize? Drum roll, please. There you go, okay.

So this is for angels and enlightenment training I was mentioning earlier. That is, learning how to communicate with spirit, learning the 12 phases of transition, learning to identify them, learning to ask the questions that we ask somebody that's dying. And the key with my classes, you guys, my angels and enlightenment training and my angelic attendant training, my big training for the whole buffet of psychichness, is they both come with practice groups and that's the most important part, because you can read a book, you can attend a class, you can go to a lecture, but until you do it and you have somebody validate that what you're getting is correct, it doesn't really step in for you as well. I mean, you can do it. I always say listen to this show, because see what the person's asking, see what my answer is. That's a really good way to

practice too. But the practice groups that come with my angels and enlightenment training and my angelic attendant training are the missing link. They are the most important part.

So, angels and enlightenment training, team ginger6359, you are the winner of angels in Enlightenment Training, also known as AET, and how to win. All you have to do is leave a review Anywhere you listen to the show on YouTube. You can even leave a book review for one of my seven books on Amazon. We choose from there as well. But Team Ginger says pull up a chair and enjoy this entertaining, fun show complete with dippity-doo and sparkles. Love you, Julie and Julie's team.

So, ginger6359, team Ginger6359, you are the winner. Just shoot us a note. Go to AskJulieRyan.com, click on the button that says ask Julie, and ask Julie a question and just say hey, I'm Ginger. Ginger, she's already up, she's on. Oh my God, I'm crying. I won, Okay, so she's on the YouTube live stream. Congrats, girl, you are gonna have such a ball. And go, go, go to the practice groups. There are multiple a week for both of my classes and they are key. So congratulations, all righty. Let's go to another caller. I think we have time for several more. Let's see what we got. That's fun. The ginger was on the show.

Hi, Amy, how are you doing this evening? I'm okay. I hope you guys are doing good,

hi, Amy.

0:44:38 - Amy

How are you doing this evening? I'm okay. I hope you guys are doing good. Yeah, well, where are you?

0:44:44 - Julie

Toronto,, all right, another Canadian Terrific Welcome. You got a question for me.

0:44:52 - Amy

Yeah, it's not. It sounds like a. It's not a very positive one, so I apologize. It sounds like a. It's not a very positive one, so I apologize. So my brother is currently in the ICU from an overdose. He's 44. And I hadn't spoken to him in a year, which my mom died a year ago, so he ended up in the ICU literally almost a year later. And tomorrow we have to go in and meet with the doctor, like kind of like a final, just for the next step.

And my nephew, who's 21, is the one who's supposed to make the decision, because he's the next of kin. And I guess I just even though you logically know what the doctors are saying and I understand it because for 41 days I've been reading about it, but it's almost like you don't, like I don't know, because he can't talk, he's like in a vegetative state, but he opens his eyes and like I just need to know. I don't know what he wants to do.

0:45:49 - Julie

What's his first name? Yeah, it's Adam. Adam, okay, all right. And he's been in intensive care for 40 days.

0:45:59 - Amy

Yeah, I feel like it's 42 days, I think today yeah.

0:46:03 - Julie

Oh God, bless him and all of you, goodness. Okay, and he's on a vent.

0:46:08 - Amy

He's on a ventilator. He's assisted.

0:46:10 - Amy

Well, it's assisted. So actually I think he can breathe on his own, but it's now like more vegetative state, so they say that the damage is irreversible. So we have to decide on like palliative or like a long-term, which I don't think is Okay.

0:46:28 - Julie

Does he have a living will?

0:46:30 - Amy

No, no, no, he was like. I said, he was 44. He was actually living at a shelter when this happened, and it's the fourth time this year and I haven't spoken to him. Yeah, since a year ago. Yeah, okay, yeah.

0:46:45 - Julie

All right. So I'm going to connect into you and then I'm going to go from you to Adam and we'll talk to him and see what's going on. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading north. Got you Going to Adam. Adam is in phase 11 of the 12 phases of transition. My book, what we talked about.

0:47:07 - Amy

I read it and I asked, and I heard the number 11 too.

0:47:10 - Julie

Good job and that's all you have to do, and there's a chart of these phases for any of you listening and Amy, you want to do this too. Go to AskJulieRyan.com, go to the 12 phases page and there's a chart that you can download for free and put it on your phone. Save it on your phone and then you just ask Perfect.

You just ask what phases. Add them in. You're going to hear a number and then you can refer to the chart. Anybody listening if you have somebody at the end of your life, do that it comes in really handy. Okay, so three questions. I always ask Are you ready to go? He's saying more than ready. Are you in pain? Not at all. He's saying not at all. What do you need just for them to let me go? That's what he's saying. What do you need just for them to let me go? That's what he's saying. Yeah, yeah.

He's asking if you will stay close to his son and help guide him. He's saying he's a good kid and he's really been through a lot and he doesn't understand any of it. So he's really grateful that you're there to help him. He's showing me this is really sweet, Amy he's showing me that his heart is just expanding. Really, when he just said he's so grateful and I saw his heart just go, whoa, you know the energy out of his heart, and the funny thing about the energy in the heart is it's green. You know we always think of hearts as being red and love energy being red. Well, in the chakras it's green. So it was this big lime green bunch of energy that came out of his heart area. So he's saying he's been trying to leave for a while and that this is his. He's calling it his ticket to ride. He's calling this his ticket to ride.

So, adam, do you see the angels around you? He says, oh, yes, they're glorious. Can you see other deceased loved ones? Yes, he says there's people in there. He doesn't know who they are and he said some of them are dressed really weird. And he said, kind of like Old Testament people. And that's because spirits come, you know, from all of our lifetimes to greet us and they are in period dress, as you read in the book, which is pretty funny. When we do that, he goes yeah, they look like they're from the Bible. All right, what else do you want your sister to know? He's saying he doesn't want any fuzz. He doesn't want, you know, he doesn't want, like, the big funeral and all that kind of stuff. He's saying if you want to, did you ever talk to him

about this? No, okay, he's saying what he would like is just that you guys like, just do some little something, something just with a family. He's saying there's, you know, nothing needs to be done for him with that.

0:50:05 - Amy

He's got to be cremated we never really discussed it, I assume because I did cremate my mom he's saying yes on that.

0:50:15 - Julie

He's saying I'll be cremated once his ashes spread in a park. He's saying so. Does that make sense to you? Is there a certain park that makes sense to you?

0:50:28 - Amy

I mean, he lived in a park for a little bit, but I don't know if he that park.

0:50:32 - Julie

he wants that park. He wants that park. As soon as you said that he wants his ashes spread in the park, he's saying that's when he felt the freest in his life that makes sense. Yeah, so he wants that. He says that will be the ultimate freedom. He's saying he won't last long once you take him off the vent.

That was my yeah, that was yeah, so I'm so sorry. Yeah, but he's saying that he's going to be around you guys. Use him to help you in whatever you need. Just ask for his help. This is cute. He's got a cute sense of humor, doesn't he? He goes. I'm going to have all kinds of magical powers.

0:51:20 - Amy

That makes sense. He would do something like that whenever he could to make himself known.

0:51:25 - Julie

I'm going to have all kinds of magical powers, is what he said. So he's saying you know, think of him as he says, think of me as the genie in the bottle that's been unleashed. And you just ask him, for you know what you need help on and he'll be happy to help. He's saying that he's sorry for the pain that he's caused in his life and that that soon will come to an end, and he doesn't want you to grieve. He wants you to be happy for him because he's released and he's free. He'll be released and free, is what he's saying, do you?

0:52:04 - Amy

have any other final questions for him, maybe, like just if he had a specific message for his son Because we have to do this tomorrow, let him go, is what I heard. Yeah, to do this tomorrow.

0:52:12 - Julie

Let him go is what I heard. Yeah, let him go. Let him go. Yeah, thank you so much. You are so welcome. I'm sending you the biggest hug ever.

0:52:22 - Val

I'm so sorry that you're going through this.

0:52:29 - Julie

But you know what a blessing you are to your nephew and to the rest of the family and being able to help him on this journey and he is very grateful for that. Thank you. Yeah, he's all about the genie thing. He's showing me the genie from Aladdin. You know the Robin Williams figure. I

do know the movie. Yeah, I do know the movie, the blue genie. He's saying he wants you to watch it. I want you to watch it.

0:52:54 - Amy
It makes sense.

0:52:54 - Julie
We do have quite a dark sense of humor and interesting sense of humor as a family, so it makes sense, yeah he's saying you know, when you picture him in heaven, picture him as the blue genie, like the Robin Williams character in Aladdin.

0:53:07 - Amy
I do have a picture of him where I put that, you know, purple mask to make purple hair like more, like less. I do have a picture of him where I put that purple mask to make purple hair less brassy and it's all over his hair, his beard. He literally looks like a blue genie. There you go. That's what he's talking about. Yeah, thank you so much I appreciate that.

0:53:25 - Julie
He's bringing you joy even before he leaves. Yes, yeah, that's what it's all about. Okay, all right, he's sending you a big hug, you bet? Thank you, bye, Amy. Bye, Amy, Chris. I think we have time for one more person. Let's see who that is. Hi, val.

0:53:41 - Val
Hi there,

Julie
where are you?

Val
I'm in San Diego, California.

0:53:45 - Julie
Oh, poor baby, I'm so sorry. Such an awful place, ha sorry, that's like the garden spot of the world, right? Right it doesn't get much better than San Diego.

0:53:57 - Val
How may I help you? Thank you so much for taking the time. I have been suffering with some skin issues which I feel are more like a reaction to stress than psoriasis. I've been using so many different natural healing things castor oil, friendly bacteria, you know, watching my diet and drinking a ton of water lemon water but basically, as I wrote in the chat, I went through several years of stress, along with my best friend, because we have a business which actually turns 29 on Monday, close to Earth Day. But our last two contracts we had challenges with our client. We unfortunately got legal, so that got very stressful.

So I ended up with this and I'm Sicilian and I've never had anything wrong with my skin and it is aggravating. I don't want to go to taking a pharmaceutical and I was just wondering if you had any insight on it. Could be a gut issue. Again, I'm trying to clear that up and I for the most part, cook for myself and eat healthy and I do think it was from several years of just being drained financially, spiritually, emotionally, creatively. But that's all in the past now. So I feel like I just would love to figure out how to heal.

0:55:23 - Julie
Yeah, yeah, all right, here we go. Here comes my laser beam from Sweet Home, Alabama, heading west to you in San Diego, got you shooting energy from your feet up through the top

of your head. You do have leaky gut, which you probably suspected. I am seeing yeast overgrowth, so, low on the food chain, while we're talking, I'm getting rid of all this stuff. You know, good thing we're girls because we can multitask right. It's a female superpower that we all have and you guys know I'm right when we say that. So getting all the yeast out, stitching up your leaky gut, so I'm doing the healing while we're talking. Stay low on the food chain.

If God made it, eat it. If man made it in a factory, do your best to avoid it. Stay away from fermented foods in a factory. Do your best to avoid it. Stay away from fermented foods wine, beer, alcohol, kimchi, sauerkraut, yogurt, vinegar, soy sauce, kombucha, all that jazz, not for life, just till you get your gut healthy, because when we have yeast overgrowth, it makes our gut a fermentation factory and it just is like pouring gasoline on a fire when we do that. Stay away from sugar and things that are refined, because yeast loves sugar and loves anything that's refined, because it absorbs like sugar.

Peel fruit before you eat it. I don't expect you to peel a blueberry or grape, but certainly an apple, a peach, a pear, a plum. Never, ever, for the rest of your life, ever put a slice of lemon or lime in a drink ever, because the peel's full of yeast. And if you're in a restaurant, they cut those fruit the lemons, the lemons and the limes up early in the morning and they're sitting out at room temperature. God only knows what's growing on them. You know, think about when you go to a bar and they got all that fruit sitting out. How many hours has it been sitting out? A long time, most likely. So don't ever do that again. Freeze and reheat leftovers.

And then there's a medicine called Nystatin, which is an antifungal. Kills yeast on contact. It's N-Y-S-T-A-T-I-N Nystatin. You want to have your doctor call you in a prescription for that. And then there's a physician that I always recommend who's the goddess of the gut. I nicknamed her that and her name's Maria Amasanti, and she is at D-R-A-M-A-S-A-N-T-I.com. She will work with you via Zoom. She works with people all over the world. She's very affordable. She is the queen of helping people get their guts healthy. So all of these different websites and stuff. You can find all this stuff, including Dr Armasanti. She's not a sponsor, but I recommend her so many times we put her on the sponsor page and all of that stuff is on the AskJulieRyan.com sponsor page. So if you ever think, okay, what was that website Julie was talking about, just go to my website, click on the sponsors page and all that stuff will be there, including Dr Maria's information.

One other thing, too, val, that I think can help, and I have this in my shower. It's a shower head called Eskin E-S-K-I-I-N. Oh my God, this shower head has this big filter in it and I feel like I'm showering in a spa or something. I mean it makes showering the most enjoyable I've ever felt in all of my life and it gets rid of all the minerals and impurities and that chlorine and all that junk that gets on our skin. Sometimes that exacerbates things and I notice my hair is thicker, my skin is softer and the other thing is when I squeegee the glass on my shower, there's no residue. You know how you can squeegee the glass and it's not as smooth Like mine, is just slick now because all those minerals and stuff are being filtered out. So just go to AskJulieRyan.com slash shower and I think it's 25% off Again. That's on the sponsors page AskJulieRyan.com sponsors and slash sponsor. Just go to the website and you can click on the tab. I would try those two things.

0:59:51 - Val

Okay, can I ask you one last question about the foods and some of the drinks you mentioned? Is it because they're too acidic or is it like didn't pay not to have fermented foods, which is everybody's promoting fermented foods but in my case not such a good idea?

1:00:05 - Julie

Not when you have yeast overgrowth, because when we have yeast overgrowth in our gut, it makes our gut a fermentation factory. That's why we have gas and bloating and discomfort,

and so when we eat something fermented, it just blows it up. It's just like let's just pour gasoline on a fire and it just exacerbates it. So you don't have to stay off of it for life, Just stay off of it till you get your gut healthy. So I would do that and I would get one of those shower heads. You're going to love it. You're going to be thinking about me in the shower. You're going to be going. Oh, you're going to be singing in the shower. I'm telling you it is, it's amazing. I give it as a gift. It's so amazing.

1:00:48 - Val

So, yeah, is it possible to ask what my spirit's name is If you have a second,

Julie
Fred,

Val
okay. Wow, fred,

1:00:58 - Julie

yeah. So I hope you feel better. I hope all that stuff helps, and thanks for joining us. Rich, appreciate your time. You are most welcome, all righty, everybody. That's it for this week. Always so much fun to be with all y'all, as they say here in the Deep South. For those of you that celebrated Passover last weekend, happy Passover. For those of you that celebrate Easter this weekend, happy Easter. Hope the Easter Bunny comes to visit you and hope you have a wonderful weekend with family and friends and loved ones. In the meantime, sending you lots of love from Sweet Home Alabama. See you next week, everybody, bye, thanks for joining us.

1:01:45 - Annncr

Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:01:58 - Disclaimer

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