AJR Deepa Liu Transcript

0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Deepa Liu with us on the show today. Deepa is a spiritual success mentor and she's a sacred artist. She combines her spiritual knowledge and intuitive gifts to help people connect with their spirit guides, unlock their heart's desire and manifest their soul's purpose. I'm gonna be asking her what makes her art sacred, about her techniques and how her guidance has helped her clients. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go talk with Deepa. Deepa, welcome to the show. I'm so thrilled you could join us today.

0:01:36 - Deepa

Oh, thank you, I'm so glad to be here. It's like an honor and a privilege to be here with you. Oh, it's my honor.

0:01:42 - Julie

Are you kidding? You work with the Divine Mother Energy to create art and portals that help people enhance their own spirituality?

0:01:52 - Deepa

Please tell us about that was a non-visual person for a long time and then I started taking art classes a while back and got this idea that I wanted to create Yogananda. I don't know if you know who Yogananda is, but yeah, and his, I paint him and with the idea of you know, I want him to feel like he's alive, that people feel like he's blessed. For those who don't know who that is, though, please tell us.

Oh, Yogananda is some common avatar. He's a spiritual Swami teacher from India who came to America to help bring East and West together, so to show the oneness of all. You know, spirituality, spiritual past spirituality. So I followed him for years and his teachings and everything, and I wanted to paint him. So I did and wanted it to feel like it was alive and just kind of kept it a secret and was doing it and at the time I finished the painting, you know, put it up to dry and somebody who I didn't even know came up to me and said you're the one who painted Yogananda. When I came back a week later and I said, oh yes, I am. And she said, oh well, I just have to tell you that when I look at this painting it feels like it's alive and I can feel his power and his blessings. It was like all the things I'd said I wanted infused into it were there. So that kind of opened up, like my ability to see things.

And then Mother Mary started appearing. So my wife is a big Mother Mary person and we had had incidences where she appeared in like some manifestation groups we had done and things we'd done in our home that she'd appeared and we were like, but we didn't completely know it was Mother Mary, we just knew, like, this is female presence. We were like, oh, there's this. I

saw this big female presence, you know scanning, and everyone kept going so did I, so did I, so did I, so did I. And we were like, oh my goodness. And then it started to come.

Well then, when I started to do the portals, the idea with Yogananda, she started to come to me and they would come in visions and meditation. And at first I was just like, oh, wow, I'm becoming this visual person. You know, I didn't used to be. And then it went from that to oh, they're giving me these intuitive downloads that are supposed to be infused into these portals, the doorways to help people connect with, you know, divine presence.

And she would come in different forms. Sometimes I see angels, sometimes, you know so, sometimes Mother Mary you can kind of see a little bit Like. The one at top is Our Lady of Guadalupe. The one below is a more mystical, not so, you know, realistic version of a Mother Mary that showed up for me and that's Mother Mary, unconditional love. And so they come in and they give me, like this, blessing of what they want to bring onto the planet to help people with. So it could be anything from self-love or, you know, persistence or healing that she's coming through and saying I want to bring this into the planet and bless people and help people connect with this vibration.

0:05:00 - Julie

Deepa, did you have any experience with the Virgin Mary? You know I'm Catholic, so of course she's the Virgin Mary to me, or Mother Mary, before she started appearing with you. Had you ever heard of her? Had you seen pictures or images of her?

0:05:16 - Deepa

Well, I mean, I had, you know, I knew Mother Mary from the Bible in the sense of I, you know, like I was baptized Methodist but grew up in a household that my parents never took us to church Never, you know. I mean, we celebrated Christmas, but we did it because my mom liked to give presents, not because Jesus Christ was born, and so I grew up with a very more like agnostic upbringing and thinking, questioning like is there a God? Is you know? You know what is there? Is there? So the only representation I had of Mother Mary was like what I saw in the movies. What was it called the Jesus of Nazareth. You know that that's it, but it wasn't like I had any relationship with her.

I started on the spiritual path as a Buddhist, just kind of like this works for me because I'm agnostic in the question, like is there a God? But after being Buddhist for many, many years, I realized, like you know what it's all the same. You know, there's this oneness. Whether you call it God, Buddha, Allah, mother Mary, divine, mother Spirit, it doesn't matter, it's this. You know this energy, this doesn't matter, it's this. You know this energy, this consciousness that exists, that we all give it different names and so yeah, but then she started coming to me so I was like, oh, I guess Mother Mary wants to make herself known to me because she started coming a lot in meditations.

0:06:38 - Julie

Uh-huh, and do you believe that it's really the spirit of the Virgin Mary who is Jesus's mother, or do you believe it's an image, that source or spirit or God, the main energy is working through so that we can have a human frame of reference? Do you have any thoughts on that?

0:07:03 - Deepa

Well, you know, we're all one. So if you really come back to the spiritual truth, we're all one. But what I have seen with my spirit guides is they show up in different forms for different people because that's what they need. So that's going to help them to grow to that next level of spiritual growth, to maybe overcome a challenge. Or maybe, you know, like my personal spirit guide portal is that I create for people. It's because, like, a lot of people come to me because they want to manifest a purpose.

You know they have some purpose. They either know what it is and want help with it, or they don't know what it is but they can feel, oh, I know there's something I'm supposed to be doing but I can't grab hold of it. You know there's a spirit guide to help you with that. And that spirit guide shows up in many different forms because it depends who's sitting in front of me. What they need, you know, because each individual form needs something different. So I've had, you know, mother Mary show up for people. I've had a flying horse show up for people. You know, angels, a fairy, you know all kinds of different spirit guides. Come because that's what they need to help with their next level of growth and to step it into that purpose, that's what your client needs, not necessarily the spirit.

0:08:19 - Julie

It's what your client needs Exactly.

0:08:20 - Deepa

It's what the client needs, what the person in front of me needs. So, so, yeah, so I think that it's we're all one, like there's not any separation. It's what the client needs, what the person in front of me needs. So, yeah, so I think that we're all one Like there's not any separation. It's not like, oh, here's the spirit guide and here's God, but it's the spirit guides coming in as a form of God, in the form that that person needs to help them.

0:08:39 - Julie

I agree, I find the same thing, and it's fun how they show up, isn't it? You just think really Can't make this stuff up. I had a spirit guide show up for a client a couple of days ago and I said he looks like the banker from Monopoly, the board game, like this little bald kind of portly guy with a three-piece suit and a pocket watch, and he just looked like the banker and it was perfect to your point, for we were talking about financial stuff. He was looking for financial guidance and so he got the banker from Monopoly.

0:09:16 - Deepa

Yeah, and isn't it funny, like when you say it, because sometimes I see things, you know, or I get this impression and I'm thinking because I always tell people I'm a translator like things are coming to me. They don't always come the same way for me. Sometimes they come in a vision, sometimes they come in an impression, a feeling inside of me and I, or and sometimes it comes in as like something right into my brain, you know, like here's the words that are coming in, but if it's something I have to like, it's an impression. I have to translate what I think this they're trying to tell me, and so I'll say something going well, this might be odd, blah, blah, blah, blah, you know, and then they'll totally relate to it, you know, and I still like well, that's why I always say it, because my answers seem like left field to me, but Exactly exactly Random stuff.

0:10:05 - Julie

I mean you think, ah. So I'll usually say, does that mean anything to you? And inevitably it does. I would say 99.99999% of the time it does, which is fun. So back to Mother Mary. That obviously is feminine goddess energy and there are people who believe that the patriarchal depiction of God is not really how the Bible was written initially, that there was way more feminine energy and references and all of that in there and then it was taken out. Have you done a deep dive or any kind of a dive into that? Do you have any thoughts about that?

0:10:47 - Deepa

Well, I haven't done a lot of like actual research to find out, you know, what was changed in the Bible, but I have had the opportunity. I used to live in an ashram for like six years, a spiritual community. I was based on Yogananda's teachings and I lived there for six years and, being there, I had the opportunity to meet like Swamis from India that you know and like people that

were with them, leading his disciples, that supported them and getting to have one-on-one conversations with those people. And, you know, they just opened my eyes to like, oh, this is like. You know, they talked about how, like Jesus, there's actually a place in India where Jesus was like brought and everything you know and there's like evidence there, you know, and these people are telling this, what's been more than one person saying these things. So I realized that, oh, the Bible isn't quite what people think it is. You know, and I'm not here to tell the Christian people that they're wrong, I just realize there's more to it than what they say and I do think that the patriarchy has kind of warped things out of their own fear of what's going on for them. Why, I don't understand why, because I'm not male in this body in this particular lifetime. But you know, but there's some fear, I mean, you know, going on and that's why they feel the need to, I think, hide things or control things and they want power and things like that. So I do think that there have been changes done to the Bible, lots of misinterpretations. You know, like, I've talked to people who are Christian, who are very open. You know they're not like right wing, like you know, trying to live what the Bible says to the, you know tea.

But I've had some say to me well, you know, like, well, they don't believe in reincarnation. And you know, I know enough about the Bible because I do read some of it. I've never read the whole Bible, but you know I said well then why did they say are you, elijah, come again? And every time I say that to a Christian there, I was like huh, I never thought about that, you know. Because if they're saying to him, are you, elijah, come again, it means they must have at one point believed in reincarnation. But they took it, you know. So now when I read the Bible, I see things that show me that, ah, here's the true meaning of that, especially since I've learned yoga and everything from Yogananda I didn't. Before that I couldn't understand a lot of the Bible. I'd read things and go what does that mean? And then I got an understanding doing yoga stuff and studying the yogic path, and then I went oh, now I understand what that means.

0:13:24 - Julie

Yeah, Well, and certainly things have been lost in translation.

There are many instances and I, like you, I'm not a scholar by any means, but I love hearing people who are talk about this and they'll say, well, in Aramaic this word means this, but when it's translated into Greek and then Latin and then English, and it's translated into Greek and then Latin and then English, and it's translated into Greek and then Latin and then English, and it's translated into Greek and then Latin and then English, and it's translated into Greek and then Latin and then English, and you got the, you know, the Council of Nicaea making changes and the St James Version or whatever you know, they all kind of have their own interpretations of a lot of it. Back to Jesus being in India and you hearing that when you were in the ashram in India I've heard that many times as well. And really back to the Bible, there's a big gap between Jesus being 12 in the temple and him being 30 and coming back into town. And you got to think okay, what was he doing during that time? And I've heard that he was in Egypt and India and learned healing techniques, learned the Kabbalah, learned other things the Kabbalah healing techniques and used those, combined with his obviously divine energies, to help heal people, which I find really fascinating.

0:14:44 - Deepa

Yeah, there's supposed to even be like a Mother Mary place that she was buried in over in India somewhere. Eventually, like after everything happened yeah, I don't remember where it is or anything, but I remember them telling me that that, oh, even Mother Mary, you know, is in India. I'm like she is and they're like, yeah, you know, like after he died and you know, like he didn't really die. They say because you know he, after being on the cross, is really the way I think they say it to me. You know he came to India and then she came, and so it just opened up my eyes that there's so much more to the Bible, you know, than yeah, and so, like, have you heard of Neville Goddard? I don, that there's so much more to the Bible you know than yeah exactly.

0:15:25 - Julie

And so, like Neville have you heard of Neville Goddard. I don't think so.

0:15:31 - Deepa

He's kind of in the like manifestation new thought world and he really believes like the Bible is more of just like allegories of stories that are representing the spiritual truths. He doesn't really believe that they're people. Now, I'm not saying I believe to that length that he does, that they aren't people at all, but I do think that they're really actually stories telling us the spiritual truths. I mean, when I read things I now see, oh, here's, you know, here's a truth that's in there, that's also in. You know the Bhagavad Gita and other teachings. You know the Bhagavad Gita and other teachings. You know the Bhagavad Gita and other teachings for those threads of truth because then I know it's true. You know, like when I see little tidbits in each path I go, ah, there's another truth, yeah, yeah.

0:16:19 - Julie

It's like they're parables, for your stories to convey a message is how I think of a lot of them too. How'd you even get into this? How did you? What's your background? You come from a, you said, not a very spiritual family, but what was the thing? Was there one catalyst in particular, or was it just you felt like you were on a journey to explore spirituality?

0:16:43 - Deepa

Well, when I was a teenager, I was always curious, like I would sometimes go with a friend to you know like what they went to, and it was usually a Christian or a Catholic church. But when I went to it I was like, oh, this is not for me, because I was, I grew up already feeling guilty about a lot of things, why I don't know, but I kind of came in that way or something you know, but I did. And so when I would go to something and it would make it like work on guilt, you know, like the Catholic church, you know it has a lot of guilt in there, right, and the Christian churches, you know, every time I'd go I'd be like, yeah, I don't want to go to anything that makes me feel more guilty than I would feel, you know, like, and I don't even do bad things, I just for some reason come in with this. So then I kept kind of searching and then when I was in my early 20s I had gone to other churches, you know, like other things, someone introduced me to Buddhism and I went to it and it just struck a chord like this is something I want to do. You know, it was very much about. It was a Buddhism that really believed that earthly desires brings you enlightenment. It was a Buddhism that really believed that earthly desires brings you enlightenment. So, by chanting and doing what you desire true hearts desires, not addictive desires, you know, because people sometimes confuse the two that they actually, you know, bring you to your enlightenment. And I found that through doing that it did. It made me all of a sudden more caring and giving money and things like that. That no one made me do, I just wanted to do them as I, you know, felt like my Buddha nature was coming out more.

And then when I met my wife, she was like really enamored with the fact that I did something every day, because I did my practice every morning, every evening, I meditated and chanted every morning, every evening. She's like how do you do that? And I said I just remember what she goes. Don't you ever feel like you don't want to do it? I go? Well, of course I feel that way sometimes. I'm human. I said, but what I do is I just remember and remind myself that every time you do it you feel better, you know. And then I would go say, just go sit down for five minutes, I go sit down than five minutes, because I always feel better. And so then you know I would continue. Well, she wanted to go to because I was so like consistent. She's like I want to find something I could be consistent.

And she started. She had already known about Yogananda, but she pulled the autobiography of yogi off the shelf again and started reading it, and then she wanted to go to this spiritual community for like a weekend thing. So she said, come with me, I go. Okay, I'll go with you. And I went and they did these sadhanas, which are spiritual practices, that in the morning and

evening I would go to them, and every time the leader that was up there would say something and it would be like they were speaking to me. It was real like, and then they would actually even look at me. It was like so funny, they would say this and they would look at me and I'd be like, huh, I feel like, and it was based on Yogananda, and so I felt like, oh, Yogananda is coming tapping me on the shoulder.

So by the end of the weekend I was talking to one of their ministers about it, cause I said, you know, I'm on the Buddhist path, and they said, well, you know I go and I don't look outside of myself for things. So what's this thing with the guru outside yourself? And they go. What's the guru within it's about? You know that guru, that higher self of you that's within. And I went, oh well, that I can relate to because I'm always looking to bring on my Buddha nature.

And so I started studying and doing a lot of the things that Yogananda did, became a disciple, but still always call myself a Buddhist yogi. The one thing that's great about Yogananda and his line of gurus they don't tell you you have to let go of this to do this. They give you these teachings to help you more in what you already believe. So I just kept doing my Buddhist chanting and studying, and then I became a yoga teacher and a meditation teacher and started really going deep on the yoga path and the Buddhist path together. Seeing it, and because my wife is Catholic, like you're entering, she always was bringing up the Bible, and so then I would periodically read little bits of the Bible because you know, and then I don't know if you noticed, but Yogananda has a book. What's it called? It's about showing the truth. And with the Bible and book, what's it called. It's about showing the truth and with the Bible and I think it's the Bhagavad Gita and he brings it together and shows you know where here's a similar truth.

0:20:52 - Julie

They're all parallel aren't they All of them, all the traditions? Yeah, it's fascinating.

0:20:58 - Deepa

That's how I kind of got on it and moved to the spiritual ashram for six years and then realized it's a microcosm of the macrocosm and said, well, let's move back out into the world.

0:21:08 - Julie

Yeah, all right. What is a spirit guide portal and what's a spirit guide? What's a spirit guide and what's a spirit guide portal? What's a spirit guide and what's a spirit guide portal?

0:21:24 - Deepa

Well, the spirit guide is the energy, the consciousness that comes, that I see. The portal is the painting Like you can kind of see I have four of them behind me but I think you can only see two of them that I take that vision and then I start to create what I call portal, doorway to that spirit guide, that vibration, that consciousness. And so what I do to create that portal is I like pray over the canvas, invite that spirit guide into the canvas. I own it. I, you know, have certain music playing that brings me into this certain kind of energy of the blessing that that spirit guide portal. So the spirit guides are the different forms that you could say God is coming to me in, that the universe is coming to me in to help people. So the portal is there to help you or anybody else who connects with the portal, in making that connection with the divine presence, depending on whatever that spirit guide is.

0:22:37 - Julie

Okay, so the spirit guide's energy let's see if I'm understanding this correctly the spirit guide's energy is infused through you into the painting and it helps the person who owns the painting get in touch with their spirit guide more easily. Am I on the right track? Okay, and when you say portal to me, I'm thinking okay, when I stare at that painting and she's got paintings of the Blessed Mother behind her for those of you that are listening and they're beautifully done, by

the way, just gorgeous I'm thinking, okay, if I stare at it, is there going to be like a black hole that opens up that I can go into a portal and be in a different reality with my spirit guide? Have you had any of that happen with any of your clients?

0:23:29 - Deepa

Yeah, the way I do it and I'm like when I am also a spiritual mentor, coach, and so in each of my with my coaching clients, I have a spirit guide that volunteers to give them guidance and then I give practical application of how you do it guidance and then I give practical application of how you do it. So when it's done in that format I do, I have my client like gaze into the image and I won't say a black hole opens up, but what I do is I guide them in to connect with the image, knowing that it's a blessing and guidance from that spirit guide. And I say, as they're gazing with relaxed eyes, just notice, notice. Is there any movement? Is there a color that jumps out at you? Are your eyes drawn to a particular area of the spirit guide or are you sensing something? And 99% of the time something comes in that they feel or sense and that's the guidance and the blessing that's leading them to what they need to do in their next step. So and I've done group things at like events where I've had like four of my spirit guide portals around and I tell people okay, I want you to pick the spirit guide portal that you feel drawn to and go, sit in front of it and everyone get up, run around, sit down with the ones they feel drawn to and then I guide them into that connection with it. And you know the blessings and I've they've all come back with amazing.

I saw it do this. You know what I've had. This problem that you know has been going on for years and I got this download by you know, connecting with a spirit guide, of to do this, this and this, and I can see it's the answer. I mean, I'm just, I'm like, you know, the first time I did that I was just like, oh, okay, great, it works. You know, because I've just done all this with the intention. You know, there's no book where someone said do this and do this and this will work. These are all intuitive downloads. I was getting that. I said, okay, I'm going to do it and we'll see what happens. And they work. So I just keep doing it because, going well, the guidance works. In fact, the first time I ever did a personal spirit guide portal, julie, I got the download to do this.

They said to offer to tune into someone's energy and you can see their spirit guide and you'll create it into a portal for them. And I'm like and they said, my mother is the one who said it. Mother Mary said put it on your website. So I'm like is that the right account? Well, put it on my website. But I didn't tell anybody for over a year because I was like well, put it on my website. But I didn't tell anybody for over a year because I was like well, put it on this. I was afraid. I was like well, I did what she said. I put it on my website. And it sat there for a year without nothing happening with it because I had no energy towards it.

And then we went to a business training and I said to her you know, I'm kind of in the closet about this spirit guide stuff. I need to come out of the closet about it. You know, I need to like just start talking about it. So when everybody got to come up and say something for a couple of minutes, I got up and talked about the spirit guides, not trying to get business, just trying to like I'm setting my you know flag on the ground, that I'm coming out of the closet about the spirit guides. And 24 hours later we went home and I opened up my email and there's an email saying I went to your site and I saw that you did this personal spirit guide portal and I think I want one. I almost fell over, you know. I was like what. So we connected and I explained exactly what Divine Mother told me of how I'm going to do it. You know, you're going to have two meetings and you're going to tune into their and you're going to have her state an intentional statement of what she wants help with, and this person wanted help with their purpose, and so we did that. And then we're going to go away. You're going to create the portal, you're going to write down whatever the blessing, guidance, message was, you know, and then you'll come back when you're done with it. So I did that.

So in this first appointment, this woman just talked about Mother Mary the whole time. Mother Mary, mother Mary, mother Mary, mother Mary. You know so. But the vision I had was not Mother Mary. So I went, you know, painted what I saw, you know, did everything and blessed it with and put the energies in of the blessings and the guidance that the Spirit God came in. But I was kind of worried, you know, because I'm like, well, we're going to do the second appointment and all she talked about was Mother Mary. I hope she's not expecting Mother Mary, because it's not what I saw, you know.

And so I hold up the spirit guide portal in the like the reveal appointment, and I said here's your spirit guide that came to help you with you know what you want to help with. And she looks at it and she stares and then all of a sudden I see a tear coming down her face and I went oh, I think this is good, you know in my mind. And she looks and she says you know, I never told you this, but I was told in the Akashic reading many years ago that I'm supposed to work with the fairy. What I saw was a fairy and I had painted a fairy. So that's when I went. It works, and I stopped having fear after that. You know, now I just trust it's going to always work. I'm not doing it, I just open up and receive it. You know it's God, the universe, spirit, coming in that form to help that person and I trust that Working through you.

0:29:01 - Julie

Yeah totally To help that person, absolutely.

0:29:04 - Deepa

I mean, you probably feel that way with your work, right it?

0:29:06 - Julie

is Absolutely. I have learned very early on I don't edit. I mean, you probably feel that way with your work. Right, it is Absolutely. I have learned very early on I don't edit anything I get, no matter how random it seems to me and how much it doesn't make sense to me. I've just learned over the years that it's just spirit working through me and with me to help that person heal themselves, because nobody heals anybody else. I love your meditation voice, how you got very, very soft and slow, and I was thinking, oh, that's really nice how she does that.

The other thing that's interesting too I was kind of chuckling to myself internally when I said I think of it as like this black hole or this portal that opens up, that gets the person into different realities so that they can communicate. I didn't read that anywhere. That just was a download that I got about your work and I don't know that I've ever heard anybody talk about that before and I'm wondering if some of I'm thinking especially of the master works that are out there, especially of religious figures Do they have a type of portal in them? Do you believe? Have you ever thought about that? Certainly some of the most famous portraits of Jesus or the Virgin Mary, or the Last Supper the Vinci, or the Last Supper the Vinci, the Last Supper, all of that. Do you believe that there's a possibility, or have you even thought about that? They are portals as well.

0:30:38 - Deepa

Well, I believe everything carries energy. You know, I have pictures of Yogananda that are like portals for me, even though no one said it was a portal. You know, when I look at his face and his eyes, sometimes he's kind of glaring at me in a positive way. You know, and also have you heard of like the Greek Orthodox, they actually create icons and they believe they're. Oh, yeah.

Oh yeah, I've been in their churches many times, yeah, yeah, yeah, in fact, there's one not too far from where we live that we've gone to in Pennsylvania, because I'm originally from California but we moved here, and so one of the things of being on the East Coast is there's more of these types of Greek Orthodox icons and things like that churches all over on this East

Coast side, which I don't. I mean, maybe they were there on the West Coast and I just didn't notice them, but it can be, you know.

0:31:26 - Julie

Yeah, Well, the immigrants most of them came to the East Coast and started their churches. Explain what an icon is and explain what they look like to those that are listening and watching, and then what the feeling is that you get from them that leads you to believe that they're portals.

0:31:45 - Deepa

Well, the Greek Orthodox icons are usually different forms of Mother Mary and Jesus and they have like specific ways they do them because they have like a story and a meaning with it in the way that they create it and they use ancient ways of creating it. Like they use. They don't use like paint, like I buy in the store. They use like egg and some of the you know like raw materials to mix the color and so it doesn't blend the same way like oil paint does. That's why they look. They look kind of flat when they paint them because there's no blending to create the 3D look.

But but they get prayed and blessed over and people what's the word? But they're like honored, you know, like they carried, like they're alive. And the reason why I've seen is there's some the one in Pennsylvania actually um, streams myrrh, like they carried. We went to it and they carried around singing this beautiful Mother Mary song. You know, it's just like heavenly and um, if you're lucky enough because there's lots of people there and we were lucky enough to have it happen twice they come by and they let the myrrh drip onto your hand. What's myrrh?

0:32:57 - Julie

It's like an essential oil, okay, like the three kings brought to the baby Jesus, exactly.

0:33:06 - Deepa

So it actually comes like out of the icon and drips down. Wow.

0:33:13 - Julie

Yeah, just when they're processing with it or all the time, do they have like a bowl or a bucket or something underneath that icon? Is that some kind of a miraculous kind of a thing that's with that one icon?

0:33:28 - Deepa

Well, there's more than one that does it. But yeah, what they do is because now I've seen it now is they put it in a case when they're not doing the procession, because it will still continue to let myrrh go is they'll put like cotton underneath it so that it just drips into the cotton, and they replace that cotton every so often and then they give the cotton to different people who come, because it's got the myrrh in it so you can bring it and put it on your altar. I never heard of that before. It's pretty amazing. We are like gone all over the country trying different things and going to different places and seeing all these different miraculous stuff you know not stuff, but miraculous things Because, like when you see it, it's just like wow.

0:34:16 - Julie

So there's miracles happening in every path, yeah Well, and you hear about the statues that cry or cry tears of blood or things like that. I've never personally seen them, but I know people who have my son's kindergarten teacher, who was just part of our family. She passed not too long ago. Sister Luke was her name. She was this just darling little portly nun and she saw one of the statues. I don't remember where it was, but it was crying tears of blood and it was actual liquid that was coming down the statue.

And you're just thinking, okay, what's that all about? And you hear about those. But back to you painting these portals of these spirit guides. What I'm getting as a I call them divine downloads, when I'm getting information put into my head deeper, what I'm getting is that, yes, that's true about the painters of long ago and down through the ages, and you're part of that lineage that has that ability that you've developed through your own skill and obviously with Spirit's help, to provide those portals of energy from a spiritual standpoint, to help people in their own spirituality, which is fascinating. I've never thought about it before.

0:35:44 - Deepa

Well, it wasn't something I thought about, it just kind of came to me, you know, and that I knew that I go. I want to be a blessing in the world. You know, like I want to help bring. I want to help bring people to being awake. You know, I want to be awake, you know, and I'm always looking to grow spiritually, to become even more awake. You know, and, and then it just can't.

I'm like if you'd asked more awake, you know, and, and then it just can't. I'm like if you'd asked me this, you know, 30 years, I would be doing this. I would have said, well, you're crazy, I don't even get visions. You know, like I have problems like seeing when they give a guided meditation, if they say, see a golden ball of light, I have problems seeing the golden ball of light. So when they start coming in in my meditations I was like, wow, you know, like even myself, you know, I would be like I'd watch the vision, because the vision moves for me. It doesn't. It's not static Obviously I can't make it move on the, on the canvas but it moves for me and it's doing things that helps me to understand, like, oh, the blessing they're wanting to give. And then sometimes, as the vision is there, it drops in of like, oh, the blessing is this.

And so I've tried different methods of how I capture the vision. The latest one I do now is I use my iPad and I procreate on there, and it's not the vision in great detail, but I get the colors and the message and the shape and form of what I saw. So that cause they come in faster than I can paint them, you know. So I just put them in there and then I, as I'm ready to do the next one, I go and I will ask who wants to be created now, and then I'll either look in my iPad or you know something else that needs to come, because sometimes it's a new one that comes in. It's not always something I've seen before. Right, right.

0:37:30 - Julie

But yeah, what I'm hearing in my head, Deepa, is that you're a new generation of master artisans who can infuse the energy into your artwork, and you're doing it in a new way, because less and less people are going into the churches, where that energy is, and so you're providing them the opportunity to have that energy in their homes with your artwork, and that would be comparable to the energy that they would get if they went into one of the great cathedrals of the world or one of the great temples not necessarily just Christianity, but the, you know, mosques and the Jewish temples and the Buddhist temples and the Taoist temples and all of that kind of stuff but you're giving people the opportunity to have that option in their own homes.

0:38:29 - Deepa

That's pretty big girl, thank you for saying that, because that is the intention I've had to have this portal in your home so that, one, it reminds you. Two, it gives you a doorway to help you. But you know, one of the biggest things I tell people on the spiritual path is we have to keep remembering. You know, we hear spiritual truth and what happens five minutes later? Something happens that yanks us right out of it. Then we got to remember so, but maybe you don't have that challenge. But you know, I find that I, you know I can sometimes have the greatest morning meditation and communion with the spirit guides and I'll go out into the world and then something will happen and I'll see myself go and I'm like, oh, no, no, no, everything's happening for you, relax.

0:39:14 - Julie

Oh, yeah, I tell myself to quit. I say Ryan, quit being such a drama queen. It's stuff like that happens. No, the world's not going to stop spinning because you're going to be late for an appointment yeah, so not going to stop spinning because you're going to be late for an appointment? Yeah, so we all got through that. That's the human experience. Totally yeah, and I think you got to keep your sense of humor about this too, because we get so serious about, oh my God, it feels like we're going to die if we don't make this appointment on time. Really, no, you're not. So, yeah, do we all have spirit guides and do we have more than one spirit guide?

0:39:51 - Deepa

Yes, I tell people that some of your spirit guides are here for you with this lifetime, but you have some that just drop in to help you with manifesting your purpose or overcoming a challenge. So not every spirit guide that maybe is in your energy field will be there for your whole entire life that you're in this body.

0:40:13 - Julie

Have you ever had a client sorry, chris, I got to move my mic for next time. Have you ever had a client come to you and say I believe I have multiple spirit guides. Can you do some more paintings of each of my spirit guides?

0:40:31 - Deepa

No, I've never had anybody come and say can you paint this spirit guide for me? I do that where I meditate with them and something comes forth, Mainly because one, I think most people don't really know which guide is actually going to help them, Because most people can't see what their own challenges are. Yeah, it's really easy for like for me as a coach, to see what my client's challenge is. Yeah, but it's more difficult for me to see my own. Yeah, I mean, don't you find that for yourself, Julie?

0:41:05 - Julie

I guess I've never really thought about it. I mean, certainly I ask for my friends and family members and people that I trust and love for input in things. But I know what you're talking about. Yeah, yeah, healing the energy healing. It's often a really good idea to get somebody else's opinion on that when you're close to somebody who's in trouble from a medical standpoint, or even ourselves, because there's so much fear attached to it and fear is a low vibration, so it's harder for people to communicate with spirit when there's a sense of fear happening.

0:41:46 - Deepa

Yeah, yeah, I mean that fear part. I tell people everybody has a blind spot and they go what is it? I say it's yourself. I said think about it. Can you see? Have you ever seen your own face? And some people say, well, yeah, in the mirror. And I go, but no, that's a reflection. The quality of the image you see depends on the quality of the mirror, the mirror. If the mirror is warped, you would have a warped vision of yourself that's a really good point.

0:42:11 - Julie

I guess I could cross my eyes and try and see my nose yeah, but you can't really see your face, you know.

0:42:16 - Deepa

So that's I just try to represent. You know, our eyeballs are in our head so we can't really see our own face, so that's why we have a blind spot with ourselves. 0:42:25 - Julie Oh, I love that I'm going to steal that one.

0:42:28 - Deepa

Go ahead, I want like I said I want, like people, to be awake.

So that's why I believe, like people need coaches or other people to help them, because we get caught in this thing where we can't really see the situation objectively, you know, not from spirit's eyes, because, like you said, julie, we have fear. That comes up and unless you can really be in that higher state all the time, then you drop into fear, like I've gone and done my Buddhist chanting and been totally crystal clear. Now I write it down because I don't want that clarity to go away. But, being the before I used to do it and then I'd be like, ah, I know exactly what I'm doing, you know. And I'd get out and then I'd be like what was it? You know, because I'm not in that Buddha nature at that point you know that higher self. So I'd be like what I said.

So now I'm like you know, because I want to hang on to it and I don't have the same struggle as I used to either. I hang on to it much better. But I've been practicing for years now, you know. But when I first started it was what happened. I was so clear when I was doing it Right Because of that blind spot we have with ourselves Exactly.

0:43:34 - Julie

What's the difference between a spirit guide, a deceased loved one who's guiding us, and a guardian angel or another type of angel advising us? Are they all the same entity and if so, why do we see them differently? Does that go back to what you were saying earlier about? It's how that person needs to perceive that spirit that the client needs to perceive.

0:44:00 - Deepa

It's what that person, I always say, is kind of needing now where they are in their current level of growth or, you know, spiritual enlightenment that they have at the point because everybody's in a different place. Also, what's going on with them physically, you know. That could be what's creating a different spirit guide to come forth, you know. So it's spiritually, emotionally, physically, mentally determines kind of what's going to show up for that person, mentally determines kind of what's going to show up for that person. So so, yeah, so I do believe that people have like angels, but I consider like a guardian angel also a spare guide and it could be that that quardian angel shows up because that's what you need at that point, you know. But but sometimes, like I've had people get spirit guides that come like one time a client, it was a spider and it was weaving a web, you know, and their whole message was, you know, I can't tell you everything, but it was about, you know, the web that that person was weaving and that she needed to weave a different web. You know, and but she says the spirit, the spider, is going to help you to understand how to weave a different web, because the spider knows how to weave a web in any situation where you know it's not always in the same building, so, or the same situation where we're there but the spider knows how to. I'm going to weave it from here to here to make you know that particular web. So so that that was the most kind of one of the most unusual ones.

It was when the spider so I tell people I can't tell you what's going to show up. It could be an angel, it could be, you know, mother Mary, but it also could be, you know, a spider. I've had it come up before, you know, but I've never, like I'm not. I tell people I'm not trying to reach your deceased ones for you, like I'm not going to paint your father. That's not why I'm going into the spirit realm of what's going to help you to grow into this purpose you want to manifest or a challenge that you're wanting to overcome. This purpose you want to manifest or challenge?

0:46:06 - Julie

that you're wanting to overcome. Why is it important for us to know that, to know what our purpose?

0:46:10 - Deepa

is. Oh, it is so important because, you know, the real reason we're all here on this planet is that we're all supposed to become whatever the word you use, whether it's enlightened, god-realized, self-realized, Buddha nature. You know, we're looking to, like, merge back into our oneness, in the sense of knowing that we're this oneness, okay, and in that our purpose helps us in that growth. Like, we all come here on the planet for a reason, like, and that reason is the purpose of why we're here Now, you may have more than one purpose because, like people who are parents, part of your purpose is to raise that child the best that you can.

You know, but when the child leaves, it's not your job anymore. They're adult now You're supposed to. You know, not that you throw them away, but you know I mean you got to let them be adults, and so then the purpose might then be something else, like, yeah, I don't know if you're a mom, but if you were, were now it's to be ask Julie Ryan, and spread the word of what you have to spread you know so and that purpose is going to help you grow spiritually.

0:47:20 - Julie

Do we have a main purpose that we come in with and then we can do lots of different things with it? For example, I'm a great example because I'm an entrepreneur and an inventor, so I've founded nine companies and five industries all different things, all different ways to help people. So would you look at somebody like me and then, with the work I'm doing now, my purpose was to help people by creating surgical devices or by creating other things with different companies. Do you find that? Or do you find that the purpose shifts with somebody as they're moving through their lifetime?

0:47:51 - Deepa

Bingo, I would say that you're a person that's very opening, and that's good. You're growing to the next level. Each time, you do another purpose. So, yeah, people, it could be. They come in with one purpose and that keeps expanding. You know the growth of that vision, and it's often, though, that, okay, you have this purpose for this period of time and then, as you grow and shift and change and grow in your spiritual awakening, you go ah, you know, now it's for me to do this. Now, the challenge for people is that some people go round and round and round and never really are that successful at anything, because they don't stick with anything long enough for it to actually be successful. That's not the same as I think. What you've done, you've like gotten the business, it's successful, and then you really feel, probably divinely guided, like this is the other step I'm supposed to take. Is that true? Yeah, yeah, yeah, yeah.

0:48:44 - Julie

People say, well, how do they relate in different industries? And I say, well, I took money from one and started the next company and, you know, parlayed that and it was looking for ways to help people that were maybe had a different twist on it or saw something that was new that could help people. And I agree with you, it's like different skill sets being picked up along the way and, at the same time, being a wife and a mother, and a friend and a daughter. So we have multiple roles that we're all playing, but perhaps just that one singular purpose that's always percolating underneath all of the different roles that we play. Does that make sense?

0:49:28 - Deepa

Yes, but sometimes, like what I find with a lot of people is they're trying to find that one purpose and they get stuck because they can't figure out what it is.

And I'm like you got to just do the purpose that's in front of you right now, because it's probably important for you to do that, to grow to the next level so that you're ready for the next one, right?

So there's levels that as we grow, you know, as you grow spiritually, you're not the same person 10 years later, you know, or even sometimes a year later, sometimes even a month later, depending on what's happened in your life, you know, and so that changes you and your ability to understand something on the spiritual path. So I tell people, you know, like, when you're on the spiritual path for a long time, it's not about new anymore, it's about deeper understanding of the truth. You know, people are always looking for the new thing, the new thing, the new thing, and I've been on the path a long time now, so I'm not looking for the new thing, the new thing, the new thing. I'm looking to what gives me deeper understanding of the spiritual truths that I know are here, because the deeper understanding is how I apply it better in my life and in the world.

0:50:48 - Julie

And I can do more and better work for people in the world. Yeah, and I think that we're all here to co-create and we're all here to serve. We're all here to serve each other, and that may be being a cook in a high school cafeteria or you know, or being a trash person, trash man driving the garbage truck, or being a teacher or whatever, but we're all here to serve in some way. And that's when people feel the most fulfilled has been. My experience is when they're isolated and they're not doing anything. It's really hard on people. So the most joy, I think, comes from us serving others. Would you agree with that?

0:51:28 - Deepa

Yeah, I mean, I think it's serving others in a way where you're doing your truth. Does that make sense? Because some people go out and serve and they do things that aren't really their truth and they wonder why they're not happy and I'm like, well, maybe you need to find a different way to serve. It's not just about serving because you should serve, it's about serving in a way that is true for you.

Correct you know, and I think that's the distinction that some people lose of like you really got to get in touch with what's true in your heart, and that's my thing is. I'm always like. Now, my thing is is it true, you know, like, is this true for me, like when I make a choice and I make sure I'm not doing it because I should do it? Or I think you know, like, it's the right thing to do, but is it true for me? Is it true that it speaks to my heart that this is for me to do?

0:52:20 - Julie

Yeah. Can you give us a couple of examples of changes that you've witnessed either when working with a client or they've told you about it afterwards?

0:52:33 - Deepa

So give me an example of like what kind of change you might be talking about.

0:52:36 - Julie

Well, you have a client that comes in and says, okay, I want one of these portals of my spirit guide, and then you do that and they have aha moments or they're able to ship their life into a way that it's a more joyful, productive, satisfying experience. Have you had stories like that that you can share?

0:53:02 - Deepa

give my clients names or anything, but I had a client that got a spirit guide portal that she actually I said you know, when you get this spirit guide portal, if you just hang it on the wall and ignore it, it's not going to help you. Like I say that to all my clients who get it. You know, like if you just hang it on the wall and you ignore it, it's not going to help you. It's about building the relationship with the spirit guide. The doorway is it. It's not going to help you. It's about building the relationship with the spirit guide, the doorways there.

This portal is a doorway so that it gives you the ability to start to develop your intuition, to trust your intuition, cause that's the biggest thing people don't have is the trust. And here's how you know whether you trust it or not Are you acting on it? Cause sometimes people will say, oh, I trust it, and I said, well, do you act on what you get? Well, well, if you don't act on it, then you don't trust it. At least that's how I look at it. If you don't act on it, you're not trusting it.

0:53:54 - Julie

Because if you really and no way to validate it Right exactly, you know.

0:53:58 - Deepa

So you have to act on it, and so the spirit guide portal is there to help you. So she started to bring hers like with her everywhere she went, like everyone in her family knew not to touch that If it's in this spot, you leave it in that spot, because I'm going to come get it, because I'm going to bring it to my next spot, you know. And she would commune with that spirit guide and it helped her to like really start to embrace the message of what she got, which was to kind of throw off the cloak of responsibility and to start, you know, being like trusting her spirit guide.

0:54:37 - Julie So yeah, did it change her life?

0:54:38 - Deepa

Yeah, it really helped her to like really be different from what she's told me. I haven't checked in with her lately, but she gave me a testimonial on it, on how it works, so yeah.

0:54:50 - Julie

Is that what statuary is all about, too? Like you see statues of icons and religious figures and holy figures in people's homes. Is that what they're giving people the opportunity to do as well, do you think?

0:55:05 - Deepa

Yes, I do think that a statue can do that. If somebody venerates it that's the word I was looking for before venerates the statue as if it's alive, you know, the more you can venerate it. Because what's alive is the energy. You know, like people think, oh, but it's not alive, it's this inanimate object, you know. But no, everything is energy, everything is alive. But we don't think so because we believe in the physical plane of, like this pen, you know, or something. But it's energy, it's a live energy and it can morph and change. And everything on the physical plane is morphing and changing all the time.

We just can't see it happening. You know, that's why everything physical breaks down eventually. You know trees out in the forest and it falls over and eventually starts to disintegrate, but you don't see it disintegrating before your eyes. All of a sudden you go by and you go, oh, look, you can push a hole in it. Now, you know, but you didn't see it really breaking down. So that's happening energetically. So the spirit guide portal, the doorway, is an alive energy. And the more that somebody treats it that way, like if it's a statue and like I've gone to Bali and they like, venerate their statues like they're alive, they dress them, they bring food to them. They do all these things, you know, like it's alive because what they're feeding is not the actual hard statue. Gets alive because what they're feeding is not the actual hard statue, it's the spiritual energy of that statue that they're venerating. Dressing feeding, you know, because nobody the statue doesn't eat the food. You know.

0:56:39 - Julie

Right, and those are ancient customs. They've been around since forever. When my son, jonathan, was in kindergarten, the Catholics do this thing called May crowning. Mother Mary is the month of May and you sing songs and you have a statue and somebody gets to crown the statue with a wreath of flowers and bring flowers and all of that. So Jonathan's five were at May Crowning at his school. He went to Catholic school and my husband, who wasn't Catholic, looked at me and he goes okay, you've got all these kids singing to this statue, bringing up flowers and putting a wreath on its head and you wonder why people call this a cult. Well, there's way more to this story. These are ancient customs and I'm seeing them in a new light today, talking with you, my dear friend Perdita Finn, who we've had on the show. She founded the Way of the Rose. She's got tens of thousands of people from around the world and they all come together to say the rosary. And they're not Catholic. All of them, a lot of them are, you know, not even they're agnostic or atheist, but it's just the ancient ritual of it.

And they found her husband found a black Madonna from France in a window. She tells this story and we'll have to look up what episode it was. She was on the. She and her husband Clark were on the show and she said we didn't have money to buy bread and milk. We had like a hundred dollars. I sent him to the store to get bread and milk and he comes back with no bread and milk but has this black Madonna statue that he saw in the window of a thrift store when he was driving by it at night, statue that he saw in the window of a thrift store when he was driving by it at night. And she said I wanted to just throttle him. And she said that Madonna statue has so much energy and has changed our lives in so many ways for the better that they'll both tell you that was the best hundred dollars they've ever spent.

And then they were able to find the provenance on it and where it came from. And it was in this like former car garage those old gas stations that would have a garage you know the mechanics garage thing in there and it was in a window and he was drawn to go buy it. And so she says, yeah, he's lucky I didn't divorce him when he brought it home. But you're having me see these icons in a different way and back to the Orthodox icons and the icons early and in the Byzantine, and in a lot of them you referenced that the paints are made with eggs and other natural elements. I see a lot of gold leaf. Oh, yeah, that too.

And I see that a lot of them are painted in the mosaic style. What's up with that? Do you think Is there a special kind of energy in the mosaics that are not in just the paintings that all go together?

0:59:46 - Deepa

I don't know anything about the mosaics. I mean, I've seen them in mosaics, but the icons I've seen have not been mosaics. They're actually the paintings where they've used.

0:59:53 - Julie

Yeah, yeah, Well, yeah, I've seen those too, but I've seen one of mosaics. No I agree, I have seen them but I don't know what that is, but I just heard from Spiritists we're all a fractal of the divine and that illustrates that.

1:00:10 - Deepa

Oh, well, I would agree with that. No work, okay, cool it's funny, you bring up. Perdita and Clark. My wife is, I wouldn't say good friends with them but connects with Perdita a lot, and actually I've met them. We went up to New York and met them last summer or the summer before One of the two. So yeah, they're great people.

1:00:33 - Julie

They are wonderful, and Clark's from not far from me here in Alabama, so we have that connection as well. Yeah, they're lovely. She's going to be on the show again, I think in a couple of weeks. Actually, she's one of my favorite guests, yeah.

1:00:47 - Deepa

So what's the? I'm just curious what's the community like in Alabama? I would think you would. You're kind of it would be like a fish out of water, but maybe you're not.

1:01:00 - Julie

I might be totally in the dark about what it's like in Alabama. Uh, very, I'm going to have people burning crosses in my front yard, you know, with white hoods on their heads, on horseback that is. I've not experienced that. It's been interesting because the people that are drawn to this find me. I don't really do anything in person here.

All my stuff's done internationally and primarily online and through books. I do have trainings that are in person, but I don't have a center or something like that. But it's been very well received at my Catholic parish and at my son when he was in school he's now in his early 30s, but when he was in school, at his Catholic schools, the nuns, when they would get sick, they would call me and want me to scan them and do a healing on them, and these were not stressed in the long habits with the big grocery beads and the veils and the whole nine yards. So I think the people that understand that it's all spirit guiding us. And in 2016, a lot of people are unaware the Pope issued a papal bull, kind of like a bulletin kind of a thing, and he said that he wanted his pastors to welcome psychics and healers because they were doing the work of the Holy Spirit.

1:02:18 - Deepa

Hi, I wonder if my wife knows, because my wife definitely keeps up with the Pope. You know Pope Francis. Yeah, I like this Pope. He says good things out in the world.

1:02:26 - Julie

Yeah, so I think that it's a matter of people find what they need on their spiritual journey. And there they come to me. I'm really not around anybody that gives me a hard time about everything that I am involved with for my mission and my purpose. So, yeah, they're just not attracted to me. A couple of other questions while we're winding down here. Is there an easy way for somebody to connect with their guides on their own?

1:03:02 - Deepa

I was going to say yes, but then some people might not think it's easy. I mean, I teach classes on it. You know where I teach people how to connect with it. People, when they do the class, find out how amazingly easy it is. I don't know. I've never really had anybody really try to like, like I don't have it on YouTube like, do this and this and this. Well, actually I do have one video like that on my YouTube channel that I give a few tips on how to do it. But I've never had anybody on YouTube tell me whether it was easy or not. But I don't think it's hard. It's really.

The first thing you have to do really is say I'm open to receiving messages from my spirit guide or I'm open to seeing my spirit guide. Yeah, like, really is that simple? At first you just start to be open, like you say, and state it out loud. I did a class once I did that and people started saying that they were getting something coming through, because you know we tend to be closed, not maybe not thinking we are, but that because we don't believe it. So if you really make an intentional statement, I am open to seeing and receiving messages from my spirit guide.

That's kind of the first step that I recommend people take and just then pay attention. You know, like, what starts to happen Now. You might not have a vision right away, but you might start to see, you know, repeating numbers someplace, that your spirit guide's trying to talk to you. So I tell people your spirit guide's always there with you communicating. It's just you're not noticing the messages and so I teach you how to notice the message. So is that making sense? Does that sound pretty easy? Because that's kind of how I get people going as far as it goes.

1:04:41 - Julie

That's a great jumpstart, I think, for that Last question why do we incarnate?

1:04:49 - Deepa

Well, I mean, you're going to reincarnate until you become like God, realized, you know, a Buddha, whatever term you use self-realized, and so you reincarnate to keep learning the lessons you need to learn, to keep growing spiritually. So this is really why we're on the planet, and each time you have a life, it's an opportunity to grow more, you know, and wherever you leave, this life is kind of where you're coming in the next, in the sense of how awake you are spiritually. Right, yeah, right. So so, yeah, that's why what I really truly believe, that why we're, you know we come on the planet and why we need to be progressing and what their true meaning of life is, is to grow.

1:05:31 - Julie

What a fascinating conversation. I've learned a lot from you here during this time that we've spent together. I love what you're doing the portal to a person's spirit guide as a way for them to really have a relationship with that spirit guide, to receive guidance, perhaps in a more palatable, easy to digest way, that can be really helpful for them. So thank you for the work that you're doing. I think it's just remarkable, and I do agree with the guidance that I got, which is that you're kind of the next generation of the master painters that were infusing these portals into these types of pieces of art. So how amazing.

1:06:20 - Deepa

Well, thank you so much. Good chosen, yeah, and thank you for the message, because, you know, I'm my own human self. Sometimes I get busy with other things and don't paint for a while, you know, and then my soul always starts gnawing at me like you need to get back to creating these spirit guides, you know, and I'll go back, of course. Obviously do it, you know, but the programming of you know I got to do practical things in the life can sometimes take over and I'll kind of forget for a moment how important this work is, you know. And so you just saying that to me is like, yeah, this is good for me to hear, to remind myself this is important work.

1:06:57 - Julie

Right, I think. I think you and Leonardo are running in the same pack of the artists. Even there'll be another Sistine Chapel place you can go work in, who knows? All right, how can people learn more about you and your art and all the work that you're doing?

1:07:16 - Deepa

Deepaliu.com. I think I gave that to you and if somebody's interested in connecting with me and wanting to find out more about a personal spirit guide portal or something else I do, you can feel free to go to Deepaliu.com. Forward slash gift and I have a complimentary connection call that I give people.

1:07:33 - Julie

Oh wonderful, alrighty, and we'll put all that in the show notes, so people, it'll be easy for them to find you. Thank you for taking the time to talk with us and share this amazing work that

you're doing with us today, and, in the meantime, everybody sending you lots of love from Sweet Home, Alabama, and from Pennsylvania too, where Deepa is. We'll see you next time. Bye, everybody.

1:07:58 - Anncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan To schedule an appointment or submit a question. Please visit AskJulieRyan and like her on Facebook at AskJulieRyan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

1:08:12 - Disclaimer

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