

Mary Rodwell Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Mary Rodwell with us on the show today. Mary's a former nurse, counselor, reiki master and hypnotherapist who's internationally recognized for her work and research with thousands of families who've experienced encounters with non-human intelligences. Now you know I'm going to have a bunch of questions for Mary, all about her research and what she believes is behind these UFO encounters. Please remember to subscribe. Behind these UFO encounters. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go chat with Mary. Mary, welcome to the show. I'm so delighted that you could join us today.

0:01:38 - Mary

It's an absolute pleasure, Julie, and thank you for inviting me.

0:01:42 - Julie

Oh, my honor, my honor, let's just get into it. What are star and crystal children?

0:01:49 - Mary

Well, let's put it like this Star children have been coming to this planet, I think, for maybe over 100, 200 years, in smaller numbers, but have started to incarnate a lot more and very much more rapidly in the last few generations. With that goes what are given different names to these star children, and it's often due to their mission, their purpose. So we've got indigos, crystals, rainbow children, golden children and whatever, and every one of those different types have come in, as I say, with a different agenda. Some are healers, the indigos are the warriors, for example. So each some of the crystal children are working with that kind of frequency. So they're all different frequencies that have come from all over the cosmos, not just in our physical universe, but interdimensionally as well and extradimensionally. So we've got some of these wonderful avatars coming onto our planet at this time to help with what I believe is the shift of human consciousness, as people are waking up. They're waking up to who they really are and their mission on this planet at this time.

0:03:03 - Julie

I want to get into that in a minute their mission on this planet at this time. I want to get into that in a minute. But can you more succinctly define what a star child is? How do we know that a child perhaps one of our children or grandchildren, or one of their friends how do we know that this is a star child? This would be something that would give us some of the you know, the anomalies or the specifics of what makes somebody a star child. How can we tell? I guess is what I'm trying to ask.

0:03:36 - Mary

And Julie. It's a good question. I've got a questionnaire which I send to people when they get in touch with me. But some of the simple things are that many, especially the new upgrades of human, are very aware that they've come in with a mission and a purpose. You'll have six, five, six, seven-year-olds saying I come here from whatever other place, like a 10-year-old told me that he came through a portal in the sun, for example. You've got someone else saying that they've come from another, you know another planet and this is their first incarnation.

So some of them are telling you that, um, which there's no way they would know to make that up well, some of it is in quite, quite incredible in some of the things they they say to their parents, the other ways of knowing the older generations that are perhaps not quite activated.

That side of themselves will often say I don't like this planet, it's not home. I want to go home, don't like it here, I don't feel I belong, feel like that I've been adopted, feel like I got a mission or a purpose. They will feel very and I use the word loosely alienated at being in a planet, on a planet that they don't understand the way you know humans operate. They'll say that you know, it just feels, doesn't feel normal to me, it doesn't feel right, it feels very barbaric. Um, they often have a sense, they've got a mission or a purpose and will say I'm not really sure why I'm here.

But you know, I find that many of them are multidimensionally aware. You know many of them sense presences, you know, see different energy fields, and so they open up to that. But they are very confronted by how we live on this planet and find it very, very difficult and always feel like they're a stranger here. And that's often what comes up and they'll say this. Even kids have said this I want to go home, but it isn't planet Earth, you know. So the questionnaire really covers a lot of that, because many people think it's just them and they'll say to me you know, I can't talk about this to anyone, nobody understands, they just think I'm crazy. They don't realize that out there on this planet are not just, I think, thousands of millions, but billions of people that are having experiences and feel different, but never feel safe enough to say that they're different and feel different because of the way that they're, the way they feel is treated or not understood. And yet they're out there in, as I say, their millions, probably their billions.

0:06:14 - Julie

Do you ever see star children who don't say those things, but perhaps they seem more advanced, like right out of the chute. They seem more mature. They seem like they're more knowledgeable about things that there's no way they would know. You talk to them about something and they have a rational part of their mind that goes far beyond what their chronological years are. Would those be examples of star children as well, perhaps?

0:06:48 - Mary

years are. Would those be examples of star children as well? Perhaps Absolutely, and some of them even call themselves hybrids. I was talking to a seven-year-old that was explaining to me that she was part Blue Abian, part human. She's come here with healing abilities and that when she does healing she's actually activating not only the healing in someone but activating them to do their own healing, for example, but very clear that her real family is on another planet. A 10 year old explained to me that it was.

This was his first incarnation. He came from a planet where he was in a humanoid, blue form. He was a center seed, which means that he can connect to the center of this planet and his mission here primarily is to help with the pollution of the planet and to actually help heal it. I mean he was able to see interdimensionally with his eyes open, for example. Many of them talk about their we would say imaginary but not imaginary beings that support them, that tell them things.

I remember a lovely 12-year-old explaining to me that when she's in her schoolroom and when the teacher's saying something inaccurate, the being that's with her her guide, if you like, her spirit guide is saying that's not accurate. This is what you need to know. They are very aware of dimensions. I remember a seven-year-old explaining that he goes interdimensionally to other planets and I said well, how do you do that? And he said I use the runes and I go through a portal in the runes, but I have to know the mathematical number of the planet so that I can actually connect to its frequency. These are things that are way beyond anything they would ever see or read and, given their age as well and their understanding, it's quite mind-blowing.

0:08:39 - Julie

All right, I want to come back. I'm making a note. The ruins in the mathematical frequencies. I want to come back to that. That's really interesting. Do you back on? And again in a minute? I want to get into the.

I want to do a deep dive on the changes to humanity and all of that. Can we mere mortals, so like from Bewitched right the TV show, can we learn to do the telepathic, the go interdimensionally, the communicating with spirits and spirit guides and all of that? Can I know we can do it because I teach people how to do it. I learned how to do this. Does that mean that everybody that learns how to do that as a human is a star seed or is a crystal child? Or does it just mean that the human entity has the ability to learn this stuff that perhaps is just more at the forefront because it's more innate and understood from entities coming from other solar systems and other planets? Does that make sense? I mean, does it mean that everybody that can do the woo-woo stuff that I do and that I teach my graduates and students how to do, does that mean that we're all crystal children or star children? Or does that mean we're humans and we've learned how to do things that those other entities can do.

0:10:10 - Mary

Julia, it's a good question. What I believe and I've found that in myself is that I believe we all inherently have these abilities.

0:10:21 - Julie

I do too.

0:10:23 - Mary

That it was put there or in our DNA by the number of different species that created Homo sapiens sapiens. And I go into how. We were created from the indigenous upright species, whether it's Cro-Magnon or Neanderthal or whatever and there was the missing link and homo sapiens sapiens then developed twice the brain size and there were at least, apparently, 12 different species involved in that. Some say even as many as 22. But what did happen was that they hadn't activated all our DNA. We only have about 5% of the 100% that we know what our DNA does. The rest of it was considered dormant or junk DNA that is being activated and as it's being activated, more of these abilities are being activated with it. Some of these children are born with more activated DNA. That's why they're naturally intuitive, working multidimensionally and whatever intuitive working multidimensionally and whatever. We all have the ability to activate that and it may be activated through a sighting of a UFO or going up on a craft. It may be activated by a near-death experience, out-of-body experience, remote viewing or shamanic experience. It could be activated, depending on what the soul's journey is will depend on how they're activated. But everyone, everyone can do this.

This is not and I surprised myself because you know, I was a nurse and a midwife and very practical and down to earth, and so I thought until I joined a group for three years where I also learned how to open up that side of myself, and I was very skeptical to start with until certain things happened that I couldn't really quantify in any other way, that it was real and, like yourself, I help a lot of individuals to work with that because as they get activated, they can be

very frightened, as you well know. They don't know how to deal with it, they don't know whether to trust it and all this kind of thing, and all they need is a few tools, often to know how to qualify it and validate it sufficiently to trust it and have confidence in it. And I know you do wonderful work doing that, and it's something I often get asked to do, because sometimes it's not just through hypnosis. People want to connect the dots. Sometimes they're having all this phenomena going on.

That's happened, often very quickly. They may have just had something activate them and then they find their sensing presences, seeing orbs, getting downloads of information and thinking what's going on? Where is it coming from? You know, who am I connected to and what does this all mean. So you know it's often my work is about helping them to manage that, and bring it in a way that they can have confidence in it.

But we all have those abilities. I'm absolutely certain of that, and I think part of the idea now that we're being activated is because we're being prepared to create a new reality, a new world that is far, far more holistic, loving and connected than we've got at the moment.

0:13:37 - Julie

I've never heard it described quite that way. That was fabulous how you said there can be different occurrences that can activate our abilities. I took classes for several years at a genetics genomics institute here in Alabama, in Huntsville, Alabama, and these guys are all top geneticists from around the world and I heard in one of the lectures that there was a bunch of junk DNA in everybody and I heard spirit in my head say that's nonsense, Just like that. But I mean, why would there be junk DNA? There's always a purpose for it and you so eloquently put it's maybe laying dormant, but there's a purpose for all of it. It's not junk. That's number one.

The other thing that I love what you just said was how different events can activate our intuitive and psychic and mediumship abilities, even on their own. And that's what I do in my classes is I say it's a transfer of energy from me to you at a super high level. 10% of it is technique, Most of it's a transfer of energy. So that in essence is an activation kind of an event, and I never thought about it that way. Mary, that was beautiful how you put that. Well done. How'd you get interested in all this UFO and contact, ET contact phenomenon. I mean, you go from being a nurse. Did you see an ET in the hospital when you're in the hospital, or what? How did that all come about?

0:15:23 - Mary

Well, let's preempt that by saying I've always been interested in the weird and the wonderful. I always say that it's weird and wonderful. I've got a book on it because I was always intrigued by the big questions, even as a small child. But I went into nursing and from that was a midwife for a number of years.

0:15:41 - Julie

Was that in the UK or was that after you got to Australia?

0:15:46 - Mary

of years. Was that in the UK or was that after you got to Australia? Oh, that was before I came to Australia. I trained in the UK, both as an SRN and then as a midwife, got married, had three kids, and then it was. I was invited to learn counseling at a local medical practice and I didn't even really know what counseling was at the time, because it was very new 40 years ago, 35, 40 years ago. But what I found fascinating about counseling was we were looking at a way to stop illness because I could see that a lot of emotional trauma was often leading into illness and I liked that. I liked the idea that we could look at prevention rather than cure and I stayed with counseling. When we the idea that we could look at prevention rather than cure, and I

stayed with counseling. When we moved to Australia and worked in grief and bereavement hospice.

And when people are dying or have you know their mortality, whether or not they've lost someone or they're dying, all the big questions come up and I'd be asked do you believe in life after death? You know, or they'd have an experience where they would believe you know granddad or mom still communicating with them and they've passed on. I'd never had a problem with believing that there was a life after our physical life, that are. You know that we had a soul and that continued. I always believed that, always fully accepted that. But I always thought it was something that gifted people were able to tap into and most of us did not have that. But what I discovered was when I was invited to look into that side of things. I was invited to a group and what was interesting about the group was two of them were clinical psychologists, by the way, and one was a nursing sister. So I thought, well, if I'm going crazy, I'm going crazy in good company. You know what I mean. It was a bit like that. I spent three years and we did the gamut of all of it. You know, you name it. We did it really Absent, healing, all those different things. Things that happened there convinced me absolutely that this was tangible and this was real. But I'd just done all of that when Aliens and I picked it up at the bookshop and also the one by Whitley Streber Communion. So here was the experimenter, here was the professional deciding what this was, that was going on, and he was absolutely convinced. Dr John Mack was that this was real.

Within a few weeks a gentleman walks through the door and says to me Mary, I've heard you're open-minded For this. They just think you're. There's no support groups For this. They think you're just crazy. And told me about waking up with marks on his body, shaved areas. His partner was having experiences. The children were having experiences. He said nobody will come to the house because they think it's demons. And can you help? I just read those books thinking this was a very strange and unusual experience. And there is my first one walking through the door telling me this. His story. He was absolutely believable and in fact he's become a really good friend and an author himself. And from that that was me starting going down the rabbit hole and I still thought it was rare. Two weeks later, another lady walks in. She's having experiences. I start up a support group, 12 people turned up and from that three and a half thousand.

Down the track I've worked with families, children, what have you? There's no question, there is absolutely no question in my mind of its reality and I've had it. You know my biggest issue and why I think it's so wonderful to do interviews like this. Julie is giving people back the understanding and the awareness that what they're experiencing is real, and the only reason it's not being considered real is because of a truth embargo, where they don't want people to understand that we're being visited, have been visited all through history and that many of those that believed that there were gods visiting us well, a lot of them, I'm afraid, as far as I'm concerned weren't gods. They were certainly our progenitors, but they were, in fact, non-human intelligences, but was deemed as gods simply because of their technology and their abilities. But that's another aspect of this that I looked into.

0:20:16 - Julie

Don't you think that that makes sense to me? Because in those ancient Egyptian caves and way BC stuff they were showing star beings for lack of a better word and they were showing these spaceship looking things. Well, how in the heck would that? Would they know that those people, for the most part, were illiterate? Why would they be drawing those things on the sides of cave walls?

And that's one of the main reasons why I wanted to have you on, because I know how extensive your research has been and I know you're just a regular person who is a linear thinker, who's seen the research, who's talked to thousands of families and people, and you

know you have credibility in my mind. You're not just somebody with no research background and no formal training not that you've been formally trained on ETs and on other planets and things, but the work that you've done is so conclusive from what I've read. So I was tickled when you accepted our invitation to be on the show because I really wanted to do a deep dive with you on this. So you got into that. Do you think you were being led when you read those two books? And then the guy walked in Duh, the team.

0:21:41 - Mary

I call it the team. Yeah, so you think you're going down this track, Mary? No, you're not. You're going to go down this one. You know exactly what I mean. So I just say, all right, whatever you know, yeah, I'll just go. I've just told them that keep it interesting and I'll hang around because I don't like being bored. So that's the priMary deal. Just keep me interested and I'll hang around.

0:22:07 - Julie

You know Well and how our lives unfold when we follow where we're led like you did, like I have is, it will unfold in ways that are unimaginable. We can't imagine it because there's no frame of reference for it, and it normally ends up being way more enjoyable and way more fascinating than we ever could have imagined. Would you agree with that?

0:22:31 - Mary

I can't believe what's happened since I came down this trajectory and where it's led me and some of the most amazing people that I've been introduced to, and I say the gift is that I've met some of the most aware people on the planet. Who could want more than that Right?

0:22:49 - Julie

Back to the. This information's been hidden since the beginning of time, by whom and why.

0:23:05 - Mary

Well, that's an interesting one, I think. Without doubt, these progenitors and the different species that have been involved with us have been keeping an eye on us all through history and, as I say, I believe that I would say perhaps all of them are really non-human intelligences of various sorts. I certainly wouldn't have seen them as gods. The bottom line is that they've been monitoring our civilizations, our cultures over many, many hundreds of thousands of years and what have you. And it was interesting because a little eight-year-old confirmed something to me about the agendas, because she told me she was so excited. Her mom talked to me from the US. She'd had an experience two days previously where she'd been taken up on a craft she remembers all of it, quite consciously Taken to a planet to learn more about levitation and using her third eye. I said do you know, Mary? She said and then they took me and showed me how they do genetic engineering with different species and they seed other planets. So she was being shown all of this and she couldn't wait to tell me how exciting it all was and that she was being shown this. I mean, this is an eight-year-old we're talking about, okay, and this is what they do and some of the master geneticists, of the mantis beings, for example. They're very ancient and very, very wise and they're often the master geneticists. But this is what they do they seed other planets with the right combination of intelligence and then see the species evolve from that and they are part of that evolution. They guide and that's why some of them come in. They may be seen as gods, but they have their various mandates and some, I think, have got a more loving agenda perhaps than others, and I won't go into that now. But there's certainly some that have got their own agendas and whatever. But ultimately the some that have got their own agendas and whatever, but ultimately the ones that have been interacting with those that I talk to, because you know there's so many things, you know who's self-serving, who's not.

One of the things that has been really useful is I was part of the founders of the Dr Edgar Mitchell Free Foundation and with that we did this survey of 4,200 people globally, 600

questions in depth, all conscious recall, and what we discovered was this that 85% of those that had encounters had a psycho-spiritual transformation.

So if we want to look at the outcome of most of the interactions, 85% saw it as positive and transformative and that's really important, given everybody says, well, they're all out to get us and they're all evil. There was about 15% that were very traumatized, but that links in sometimes to some of the human orchestrated abductions, and that's a whole other story. What is also interesting, and an important one for anyone having experiences, is that we discovered that 75% of encounters were out-of-body consciousness, not physical 75%. What does that mean? What do you mean by that? I mean that many of the encounters that people have, their body stays put but their consciousness is taken on board craft and they may be doing things on board craft or learning things on board craft in their consciousness state, their soul state or spirit state. So they're not always leaving and being taken physically. So it's like astral travel.

0:26:55 - Julie

Yeah, that supposedly we all do, that when we dream we go to different realities and things like that.

0:27:02 - Mary

And when people say well, I had a dream that I was on a spacecraft and what have you? And I've always wondered about it and what have you? I said well, it wasn't a dream and I'll tell you for how you know, because in a normal dream you forget it within seconds or minutes. If you still remember 10 years later about that dream, that was not a dream and it indicates that something very real happens.

0:27:25 - Julie

I add to that too, Mary. I add to that when it's a visit or a journey or a trip, it's as if everything's in high definition. The colors are more vibrant, the senses are heightened. The memory thing is very much the case when we wake up from those types of visits or visions or whatever you want to call them. Sometimes the hair on the back of our neck is standing up or on our arms, and I talk to people a lot who say, oh my God, it was so real. I said, well, it's because it was, it was just in a different reality. But you were picking it up.

And when we sleep, our vibration. It's been my experience and I'd love to hear your take on this, Mary. It's been my experience that we all go back to the factory, preset level of spirit with a high vibration. Our brain rests, we go back to that setting and then during the day we're busy, we're stressed, we're working, we're taking care of kids, we're doing whatever. But do most of those encounters happen in the nighttime, when somebody is sleeping? Do you see a correlation with that?

0:28:37 - Mary

Not necessarily, although some will say. I got home and it was only about 2 o'clock in the afternoon, but suddenly I just was so exhausted and so tired I just had to go to sleep and I slept for three hours. I never do that. Yeah, interesting, and that's because they were putting something into the consciousness of that individual, because they wanted them on board craft for some purpose or some reason.

0:29:05 - Julie

All right, okay, my brain. I got so many questions for you. It's firing on all cylinders here, so let's back up a little bit on that. You mentioned Edgar Mitchell and, for those who don't know, he was a US Navy pilot. He had an aeronautical engineering degree from MIT. I mean, that's pretty serious. He was a NASA astronaut on Apollo 14, and he walked on the moon.

So this guy was a serious, brilliant, linear thinker and I know you did research with him and he was one of the pioneers in getting this information out to the masses and a lot of people just thought he'd lost his mind and thought he was a kook. There was nothing kooky about that guy, he was brilliant. So tell us more about what he did and how he brought legitimacy, if you will, to this whole conversation. He seems to be one of the first ones, from what I could read, just very cursory overview. Tell us about what he did and how it changed the zeitgeist of people thinking about these you know these aliens, if you will for lack of a better word- Well, how that came about was, you know, people don't realize.

0:30:28 - Mary

He had quite a transformative experience when he was in space. Anyway, as many of them did. There was certainly something that happened there. A gentleman called Ray Hernandez, a lawyer, who had this incredible experience with his wife where he had a sick dog and in the early morning hours they heard the dog and they went downstairs and saw this energy being which apparently was doing something with the dog and then disappeared and the dog was healed. There's a lot more that went on with that, but it completely changed this gentleman's understanding of reality. He was atheistic, basically, and didn't believe in anything, although his wife was very religious.

He wrote to me and it was a lot, I'll make it short. When I finally connected with him, he said I've been given this information that I've got to do something around all of this and I've got to do research and I've got to look at it from a scientific point of view. And what have you? He said. And I said well, I know Dr Rudy Shield, who's an astrophysicist, is a friend of mine.

I said I can connect you to him and literally within 24 hours they connected and Dr Rudy Shield said I can connect you to him and literally within 24 hours they connected and Dr Rudy Shields said I know Dr Edgar Mitchell Would you like to meet him? And that's how we created and because Ray had spoken to Dr Edgar Mitchell about his information, that was in his head about creating a scientific study and one that would be credible Immediately, dr Mitchell invited him to meet him and from that Free was actually born. And we brought in academics. We brought in a whole range of different, not just academia but specialists and researchers in this field and ended up doing this survey, which took a number of years and ended up all in this particular book and I can actually send you a PDF of it, it's just trying to remember it.

Beyond UFOs, the science of consciousness and contact with non-human intelligence is the book's this thick, with all the questions and all the understanding that came, and what people don't know is that the priMarry interactions with these intelligence is humanoids not the gray little Zetas at all, but the humanoids top the list of those that people see. What's a humanoid? A humanoid is one that looks like us, but it's an ET. They're walking around amongst us anyway, by the way, and I'm sure you know that, that they walk amongst us and you would not know the difference.

0:33:22 - Julie

Well, the thing that fascinates me about the ET and the StarCraft and I want to do a deep dive into that in a minute but the thing that fascinates me about the ET and the StarCraft and I want to do a deep dive into that in a minute but the thing that fascinates me is so many of the things that I get to witness in my work that I do the healing, the telepathic communication, being able to do past lives, future lives, lives on other planets get I call them divine now loads from spirit In the little bit that I've read about this. This is all stuff that's being done by these entities that are supposedly non-human, that are coming to visit us here on earth, and I find that fascinating that we're able to develop those skills. These guys are already doing it. So what's the correlation there? Is that that junk DNA that we touched on a minute ago that we're able to develop? Or that fascinates me that I know that there's more to the story than meets the eye, certainly in the skills that my graduates and I have been able to develop in others, and then

that they're very similar to these other entities that are coming in from supposedly other planets.

Back to Dr Mitchell, did he ever share with you what his spiritual experience was in space? Did he experience something with another being from another planet that got him on this trajectory? I mean, was there a catalyst in particular that got him to want to start researching this stuff instead of just I would think and this is a big assumption that most people in the scientific communities, if they think that there's something going on with entities from other galaxies and all of that, they're not going to risk their career in, you know, in their scientific roles to talk about it. What was the catalyst to get him in particular to talk about this and want to do something with it?

0:35:35 - Mary

Yeah, I mean, he created IONS as part of an organization that looked at consciousness, and I think he had a kind of consciousness shift, although I don't know the actual details of that.

0:35:47 - Julie

But IONS is near-death experiences right. Yeah, yeah, I've spoken with them. I mean, I've been a speaker for them.

0:35:54 - Mary

Yeah, the bottom line was that what it was tying together and what he understood was we all have a different way of being activated, depending on what the soul chooses. So for some it might be through a near-death experience, where that changes their awareness and they start to see non-human intelligences along with angelic beings, for example, or other interdimensional beings ascended masters you know a whole range of different types of intelligences after that and non-human intelligences are part of that. For others it may be a different way that their consciousness shifted a gateway, something like ayahuasca or a shamanic experience could very well be the catalyst for that. Or someone else that finds themselves going out of body and astral traveling might be the way that they become introduced to the greater reality. It's all in the same bucket. It's not separate. Because when I talk to someone, depending on their programming and belief system will depend on how they interpret their experience. For example, if they're very religious, they may say, well, I've been seeing angels. For someone else who's not religious, they'll say, oh, I saw light beings or an energy being. Often it's the same intelligence. It's just the perspective and programming of that particular individual.

What has been happening and what a lot of people don't understand is like the star seeds and we're all part of that is many of them are being taught things on board craft as well as what they're learning to be human. And, as I remember talking to an eight-year-old, it's describing going up on board craft. And he said and we're in a group and there are some children that weren't the same. And I said what do you mean? He said, well, they weren't human because their eyes were different. And he's in this group and I said what do you do? And he said well, we're talking and working with our mind. We're being taught things how to manipulate matter and energy and get information. And he said and we're taught many complex things. And I said well, can you tell me some of those complex things? And he said no, because it's too complex for you. Now, this is an eight-year-old, you know, putting me back in my place.

But what's also interesting, Julie, and really important for people, when they say, well, how can we prove that this is a reality? I said it's very, very simple, because it completely changes the person's perspective on their lives and philosophy. They become more ecologically conscious, they become more aware of everything being connected. They change their lifestyle, they become less materialistic. All of this happens after their experiences, and this in itself not only that, many of them start to download concepts, find they have knowledge in their head that

they didn't consciously learn. They may start finding out they're writing symbols, strange symbols, and what have you? Or coming out if they're writing symbols strange symbols, and what have you? Or coming out if they're going into healing, coming out with strange languages, light languages, for example. All of this happens after their activation, or awakening, if you want to see a proof, that is proof. Something very tangible and very real has occurred to change the way that they look at life on every level and the way they see their reality and experience. What also is really interesting with all of that and I mean some of the artwork, some of the frequencies that are coming in in the music and what have you, they'll say, it was just there in my head.

All of this, I believe, is part of activating the DNA within us and to give people a bit of a factual nub of information that may help them understand about the DNA. One gram of DNA can contain enough information of all the information on the internet, one gram. Now. Just think about what's in our DNA that we haven't yet realized and can access. I believe what's happening is slowly that, as we are progressing, that more and more of our DNA is being activated and we become more and more aware, particularly more multidimensionally aware, so that we're starting to see more and sense more Often these new human upgrades.

They have five times more sensitivity to touch, to smell, to sight, to hearing, and that's why they're hypersensitive. Many of them are hugely empathic, but they also have all the more multidimensional aspects of themselves activated, which means that they can see far more than visual spectrum. So they're seeing orbs of light, they're communicating with them, they're quite aware, consciously, of going up on craft and one of the interesting things too and I'm not sure how your listeners are going to feel about that if they're going with their consciousness. I remember this eight-year-old saying to me that his ancestors were the mantis beings and when he dies he's going back to being a mantis. And he explained that when he goes on board craft, sometimes he evaporates into a mantis form, so he's actually being in that form for a time on board craft, and then comes back, if you like, as a consciousness, into his human container, his human body. So we're looking at something very fundamental here, which is consciousness itself.

0:41:30 - Julie

Sounds like a scene out of Men in Black. It's a movie where they get somebody in there and morph it into some other critic.

0:41:38 - Mary

Well he's not the only one, Julie, and he's eight. So you think, how does this kid know this stuff? Yeah Well, I've met a number of adults that have told me, and one of them was a lovely young lady who was a healer, who said that when she goes on board craft, she's seeing herself in a Zeta body, which is a gray body, as a scientist working on board craft. So I said well, where's your human body? She said, oh, it's just over there, almost like it's waiting for her. And I said well, how do you get back from your ET aspect that you're seeing yourself in back to your human self? And she describes this ball of light that leaves the ET body and, if you like, reanimates a human self.

0:42:24 - Julie

So it's her spirit. That's her spirit. Yeah, wow, wow, wow, wow, wow. Okay, as an aside, on the DNA thing, I've read articles about synthetic DNA is being developed. They already have the wherewithal to do it to act as a storage unit for information. Back to your point about how DNA can store so much information and that they're talking about using these synthetic strands of DNA that can store like all the information that's available on the internet now in a fraction of one strand. To your point earlier.

And the interesting thing about that too, Mary, is when I watch healings happen with my clients and people that call into my show, I watch strands of DNA and they have letters on them. They're made up. The human DNA is made up of four nucleic acids. It's represented by four letters A-T-C-G. One strand can have 100,000 letters on it, have up to a billion letters, and I never thought about it in that context before. You just mentioned that. And then it triggered my memory about reading about the synthetic DNA. But I watched those letters get rearranged, resequenced, almost as if we're watching the DNA get returned back to a normal recipe so that cells behave in a certain way, so that it creates health. But it's fascinating to me that one strand of DNA can have up to a billion letters on it. That's like mind-blowing for me, fascinating. Let's kind of change directions for a second.

You keep mentioning craft. Tell us about the crafts. Do they look like Star Wars, star Trek crafts? Did George Lucas, did he channel all that stuff? Is he an alien in a human body? And he just had all that experience on that? What the crafts that our fighter pilots see that don't seem to use? What I have heard? We had Tom Palladino, the late Tom Palladino on the show and he said they're using plasma energy and we're restricted with our gravitational energy that we utilize here in our human existence. But talk to us about these crafts that you keep mentioning.

0:44:59 - Mary

Well, there's many, many different kinds, because we are being visited by perhaps not just a few, but hundreds of different intelligences with different forms of transport and what have you, from plasma ships right through to solid saucer-shaped, from plasma ships right through to solid saucer-shaped and what have you as well? So, all different kinds, from diamond-shaped, pyramid-shaped, egg-shaped again, depending on the different intelligences that are visiting us and their mode of travel, and what have you? And some it's pure consciousness itself, and that's how they travel, Like the little young lad was explaining about, you know, going through the runes, knowing the mathematical number and going with his consciousness. And what have you, which we're all capable of doing, of course as well, but the different ones, how many? Well, let me give you some idea.

I was talking to a family not so long ago where the lady had eight children. Every one of them had had experiences and the eldest daughter, when I first talked to her, had drawn, I think, something like 260 different intelligences that she's interacting with. I think there's more now that she's been drawing. And what have you? When we talk about the greys, one lady told me you can't say this is a grey and they're all the same. She says I'm aware of 165 species of grey. So, once again, we are a bit of a way station. We're a bit of a tourist trap for many of these different intelligences that are visiting us, and many, many of them look like us.

0:46:39 - Julie

For those who don't know what's a gray Okay.

0:46:43 - Mary

Well, a gray, or it's called a zeta, because some of them come from zeta reticuli, so they're called zetas or whatever, or extraterrestrial biological entities by the military, but they are ones, often about four foot tall, obviously, have a grayish type skin, big black eyes the one that you see primarily on most of the scary ones to do with extraterrestrials or whatever and what have you? Gray is one of the names for that. But there are a number of those that have spoken to me that say in their past incarnation they were one of that species. And I talked to a seven-year-old. This is going to be really hard for some of your listeners to hear, but he told his parent that he was from the future and in the future he had a gray body, big black eyes and four digits. But he'd come back into this time and explained a little bit of why he did that.

So we're not only talking about past lives. What we're talking about potentially future lives, but time we've discovered is not linear anyway. Actually future lives, but time we've discovered is

not linear anyway. So it is really hard for our brains to work this one out, of course, but for me, I'm not here to censor information just because it doesn't fit with my paradigm. Someone's reality is someone's reality and they have their rights to that reality. I'm trying to, at least most of the time. It's so important to give them the respect that, for them, this is how they understand reality and they've got every right to have that reality, as I have to mine, and that's really where I come from.

0:48:33 - Julie

It's honoring your experience which is really, really vital with all of this. Well, and certainly, your research has shown a lot of commonalities in what these people say, and they don't know each other and they haven't spoken to one another. So you think, how in the heck could they be saying the same thing that they've experienced with no contact with one another? And it's not just one or two, it's thousands of them that have done it. We had Philip Kinsella on the show and he's delightful. Do you know, Philip?

0:49:13 - Mary

I haven't met him. He's delightful. Do you know, Philip? I?

0:49:15 - Julie

haven't met him. Yeah, he's just delightful. I'll send you the link to that show, I think you'll get a kick out of it. And he talked about that. He said there's no way that these commonalities could exist because these people haven't ever had any interaction with one another. My other question about that? I have two. You brought up that some of the shapes of the ships are pyramid-like. There's an archaeologist that has done lots of work on the Bosnian pyramids and he Dr Sam Agalovich or something. He's got a Russian name and I've read a lot of his information too, which fascinates me, about the healing chambers in the pyramids, and many of them have water in their energy generators. And it's his belief that, based on the commonalities of how these pyramids are positioned from a latitude and a longitudinal standpoint, those coordinates are very similar, if not the same, in a lot of the pyramids all over the world. He believes that it's been some kind of like a space internet kind of communication channel. Have you run into any of that? Do you know anything about that?

0:50:37 - Mary

I've always been fascinated by the pyramids, so I've gone into that a great deal and looked at his work in the Bosnian pyramids. Absolutely, I do think there's a great deal, apart from the fact that I think they generate energy. I think they were probably rejuvenating type what should I say? Machines, for want of a better word, and what have you? Ago was a little boy. He was five years old and his mom was talking about the pyramids being built and all the slaves, apparently, that were building the pyramids and whatever. And he got very irate with her and said no, you've got it wrong. He said that's not how it happened. He said because I was there and they changed the density structure of objects, large and small, and they levitated them into place.

0:51:39 - Julie

Wow.

0:51:48 - Mary

So that sort of always intrigued me around the pyramids that's what we're hearing is that there is. You know, it couldn't have been built even with machinery today the pyramids couldn't possibly have been built and that they have certain properties that we're only getting you know, starting to understand and people I've heard anecdotally of so many people that have been in the pyramids when they shouldn't have been they've managed to stay there overnight and seeing beings coming through and all sorts of unusual phenomena, when they've actually stayed there overnight, and I know a couple of people that were able to do that. I think there's

so much more to the pyramids. We're only just beginning to understand what they're there for and how ancient they probably are. Well, and it fascinates me too that they're there for and how ancient they probably are.

0:52:37 - Julie

Well, and it fascinates me too that they're all over the world, because I just thought they were in Egypt and then I found out we have some here in America, you have some. They've got them all over the world and they maybe are in a different form, perhaps in China and in Asia, than they are, certainly with the Aztec pyramids, but they're all pyramids, they're all, and they're all lined up with those same latitude and longitude coordinates which there there's no way. That's a coincidence, not a chance, not a chance. So there's that as you're, as you're describing all this stuff, Mary and I could talk to you for hours, so I've just got a couple more questions as we're winding down.

But as I'm listening to you, especially in the last couple of minutes, I'm seeing this scene in my head. I call those divine downloads, where I see a person that's been activated, activating the people around them, not from a conscious standpoint, but it's like you're in a group of people and the person who's been activated is bright, their energy is really high, and then the other people around them, it's like they have a spark to the next person, and then all these other people around them are lighting up. I'm seeing a scene of this happening? Does that make sense to you? Is that what you've heard from some of your research, that that can be one of the ways, how it's going to happen or how it is happening? Perhaps?

0:54:11 - Mary

Let me just give you how it came to me to see something like that. Because I I tap in, as you know, and I I remember getting all these symbols, all these pages of codes and whatever. And I sort of said to my team what am I supposed to do with them? I can't show all of these on a presentation. I mean, it's, it's you know, I've got all of this stuff. What am I? You know what's the point of it if I can't show it to people, because there's not enough time in a presentation to show these reams and reams and reams. And they said but, Mary, once you viewed it, it's on your hard drive, your energetic hard drive. And I said so what does that mean? And they said well, anyone that is around you or when you're talking will get those frequencies because it's on your energetic heart. So I said, well, I'll tell you what guys, you're gonna have to prove that one to me, because I'm finding it's really hard to swallow.

You know, within a week I was at a conscious living expo and I was in a panel and I actually wasn't saying a lot at the time, and there was a lady in the audience who stood up and said Mary, I've got to tell you this. She said you're sitting there and you're not actually saying a great deal, but you're beaming out all these frequencies that we're all getting in the audience. I just needed to tell you that and I thought so there it is. So there it is. But what I'm realizing is everybody's doing that. Everyone who is activated is actually activating others, and you're unconscious of it, you're not aware of it, but those that are ready to be activated are tapping into those frequencies and that's how it's being spread.

0:55:48 - Julie

The whole activation is being spread, and it's not something that somebody's pushing, it's just happening. And I have lost count of the number of people that call in, especially to my Thursday night shows. And they call in from all over the world and my vibration level's off the charts because I'm bebopping around scanning somebody's liver and talking to somebody else's dead grandma and somebody's pet dog and whatever. And I have lost count, Mary, of how many people have written to me over the years and said well, somebody called in and they had the same medical situation going on than I did. And by listening to your show and envisioning what you were describing for the caller, my symptoms are gone.

I don't have a problem anymore, or I feel so much better when I listen to your show because it's such a high vibration, it puts me in a good mood for the rest of the day.

And I have people tell me all the time I've got it playing in the background when I'm doing work, whether for their job or whether they're cleaning the kitchen or folding laundry or whatever, and I'll say, a lot of the time I'm not really even paying attention to what's being said, but it just makes me feel good and so I've often thought well, it's the high vibration with which they're resonating and that will parallel what you were just mentioning. So that makes sense. That that was the vision that I was seeing that somebody that was activated, to use your word, is activating others around them. Most of the time, I would think, not even consciously, yeah, without being aware of it or focusing on wanting to do it. Yeah, okay, when you lecture and you've lectured at some big fancy places, what Oxford, Cambridge, I mean all these big scientific and academic institutions around the world how is this information received?

0:57:56 - Mary

Well, I kind of keep it to the level of where I think that they're okay with, I mean-

0:58:03 - Julie

So you're dumbing it down for some of the smartest people in the world.

0:58:07 - Mary

It's about language, isn't it? Yeah, language is really important, depending on who you're speaking to. And as a counselor I was told you know you speak the language of your client. If it's a tradie, you speak like a tradie. If it's an academic, you speak like an academic, and so things like the word, even psychic, brings in a lot of oh my God, that's weird. You know, that's one of the weirdos or whatever.

So I don't say that. I say a lot of people are intuitive and they sense things and they have a knowing and a feeling and that's fine for everybody. You can use that and nobody's going to find that abnormal or weird or whatever. I don't use clairvoyant or clairaudient for people like that. I would just say some people are able to see beyond the visual spectrum and they're able to see, you know, other energies and this kind of thing, and it may appear like colors or whatever.

So I normalize in my language. Depending if it's mainstream news, I normalize that. I normalize the language because I think in a way that can put a lot of people off, because there's so many connotations to some of the metaphysical terms, it's no good saying to somebody in mainstream news oh well, they were in their Merkabah. No well, we've all got a kind of energy body and that's what we can travel in. So again, I'm dumbing down the language but normalizing it at the same time so people don't then get confronted by it. And I think that's really important in what we do is that we meet people where they're at. Otherwise people switch off and shut down.

0:59:37 - Julie

But they're vibrating with your frequency as you're normalizing the verbiage really in the languaging, fascinating Last question, miss Mary.

0:59:52 - Mary

Why do we incarnate? To have an experience, to learn and to grow as a soul. So this is a human adventure, you know, and so, if you don't like it, you're going to have to talk to your higher self and say, you know, this maybe wasn't such a good idea, because this is what we're all incarnated for, I believe, is to learn, to grow and to stretch ourselves and to learn from what we call our mistakes and not see them as mistakes but great learning tools to understand more of ourself and more of our greater reality.

1:00:21 - Julie

Do you think we live multiple lifetimes concurrently? I?

1:00:25 - Mary

think that's quite possible, because I asked the question, because some people see themselves in other realities, parallel universes, other timelines, saying, well, how can that be? And I was sort of shown my hand as my oversoul and these aspects of me all having experiences, and when we go into our dream state, often we tap into the other aspects of ourselves and what have you? And goodness knows what else we do, I mean probably would blow our minds and whatever. But I do believe that we have the capacity to experience multiple things in multiple timelines, multiple realities, whatever it is, and I don't see why that shouldn't be the case.

1:01:08 - Julie

I go to. Is it feasible? And I get a? Yes, I don't understand it. I don't understand how it works, but is it feasible? Yes, you are as lovely as you are fascinating my girl. Goodness, what a fascinating conversation and wide ranging and informative and interesting, and all of that. I'm running out of adjectives here to describe our conversation. How can people learn more about you and your work?

1:01:38 - Mary

Well, I have a website, ascern.com.au or Maryrodwell.com.au. I'm on Facebook and Telegram and I do lots of presentations, so there's plenty of information out there about my work and my books. Of course, awakening and the New Human give people a more in-depth understanding of what I've been up to, the mischief that I've been causing on this planet.

1:02:02 - Julie

Oh, that's an understatement. Oh goodness, all right, everybody. Lots for you to think about here in the meantime. Sending you lots of love from Sweet Home Alabama here in the meantime. Sending you lots of love from Sweet Home Alabama, and from Australia too where Mary is.

1:02:23 - Ann cr

We'll see you next time. Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com a question, please visit AskJulieRyan.com.

1:02:39 - Disclaimer

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