

AJR-Show-March-27th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We got a whole bunch of people that are joining us this evening. If you want to have a conversation with me, please come in at AskJulieRyanShow.com. If you're joining us on the YouTube live stream or at Ask Julie Ryan and we have the queen. We have Rachel with us this evening, who's going to be running the YouTube chat. If you have a question and you're on the live stream, just put your first name and where you're located into the chat and you can ask your question and Rachel's over there to help. Samantha, who usually does it for us, is on her honeymoon, you guys. For a couple of weeks she's in Italy. So, Rachel, god love you for helping us. Appreciate that. She's only got four kids and it's in the middle of bath time and bedtime and dinner and all that jazz. So we so appreciate all that you do for us, Rachel. And, of course, we have the king, Chris, over on the main dashboard and he's going to be helping those that are calling in and joining us via Zoom. So, askJulierianshow.com, if you want to have a conversation with me, we're at Ask Julie Ryan on the YouTube live stream.

Quick note, the Shift Network. I am partnering with them and I'm teaching a class just on medical intuition. That starts April 14th and it's going to be seven Mondays in a row for an hour and a half and if you can't come to all seven Mondays it's going to be recorded. You're going to be able to get it there. But it's going to be a lot of fun and we're going to do all kinds of fun things. You're going to learn how to do medical intuition. We're going to do practice in the sessions. We're going to have a lot of Q&A. So come join us there if you want. It's only 350 bucks, so it's a really good deal. If you want more information, just go to AskJulieRyan.com slash shift S-H-I-F-T. That's AskJulieRyan.com slash shift. We're only doing medical intuition and energy healing in that class.

My big class, my angelic attendant training class, is going to be in May, mid-may. If you want information on that. You learn the whole buffet of psychicness. You know, talk to spirit. Do the medical pets, past lives, angels, spirit guides, the whole nine yards tell how close to death somebody is? Just go to AskJulieRyan.com slash A-A-T and so all those trainings are at AskJulieRyan.com. All righty, Chris, who do we have first? Julia, Julia, Julia, I like your name, I'm Julie, but I'm named for my grandmother, who was Julia, Julia, Julia, I like your name, I'm Julie, but I'm named for my grandmother, who was Julia, like you. Hi, Julie, this is Julie from Indy, so we call you Julie too.

I've had trouble with brain fog caused by adrenal fatigue and autoimmune issues, insomnia, and she says and insomnia this last year. Do you have ideas or approaches to heal these? Yeah, absolutely, it's your gut, it all comes from the gut. Anything that's quote autoimmune which, by the way, the doctors like to say that your body is going to attack itself when you have autoimmune disease. I think that's total nonsense. Personally, after scanning tens of thousands of people because autoimmune, I've heard several doctors say that all autoimmune originates

in the gut. It's known as leaky gut and it's been my experience that the body's only programmed to heal. The body's never going to attack itself, ever, ever, ever, ever. So in my mind, that's just some name that the medical community came up with for stuff that they don't know. They don't know the answer to it, and it usually comes from the gut. So, Julie, I'm gonna get you on my radar. Let me check out your gut. We'll get you on the road to healing here with that.

How this works for those of you that are first time in joining us is I raise my vibrational level to level of spirit. I learned how to do all this stuff, you guys. That's what I teach. Everybody can do this. It's very easy when you know what you're doing. So I raise my vibrational level. I'm going to watch the laser beam come from my body here in Birmingham, Alabama. It's going to hook into Julie in Indianapolis, Indiana. I'm going to have a hologram of her in my mind's eye. I'm going to envision shooting energy from her feet up through the top of her head. I'm going to go to her gut and it'll be like I've got a x-ray or a CT scanner and MRI in my head and then there will be a healing that will occur. I'm going to describe it in detail. So, Julie, I want you to picture it, because when you do, it helps integrate the healing into your body. For those of you that are listening or watching, I want you guys to picture it too, because we're all going to do the healing on hurt together. When you envision what I'm describing, that's you sending healing energy to Julie.

A couple of benefits for that. First of all, if you have a similar situation going on, there have been many, many times where I've gotten emails saying hey, I was listening to you do a healing on somebody else whose symptoms were the same as mine and my symptoms went away. So I got a healing, too Perfect, that's how it works. And also, remember time doesn't exist in the spirit world. Time's a human creation. Doesn't exist in the spirit world. Time's a human creation. So whether you're listening to this live or you're listening to it tomorrow, next week, next month, next year, it doesn't matter. The healing is still going to take place. Okay, Julie, here we go. Here comes my laser beam from Sweet Home Alabama heading up to you in Indy. Got you shooting energy from your feet up through the top of your head.

Okay, you have what's known as leaky gut, and what that looks like to me, Julie, is imagine sausage casing that, like a sausage link is in. You know you get the ground up meat and they put it in the casing. So imagine that's what the casing is, what the intestinal wall looks like. It's only one cell membrane thick. And imagine if we took like a little knife and we made little slits in it. Then that allows microscopic particles of food and toxins to leak from the gut that's why we call it leaky gut into your bloodstream and your body says, oh no, we're under attack. That now matches. And when they do that, it makes the cell membranes tough, which is great because it keeps the invaders out, the viruses, the whatever and all the toxins from the gut, and at the same time it's causing malabsorption issues of your nutrients, your vitamins, your hormones, things like that. That's why you have adrenal fatigue, because all those nutrients can't get into your body, into the cells of your body.

So I've stitched up the leaky gut, clearing it out, and couple of suggestions. Number one get some beam minerals, b-e-a-m Beam Minerals. Go to AskJulieRyan.com, go on the sponsors page there's a link there and you'll get a 20% discount. Start using those. They're liquid, they have no flavor and just take them, because most of us are mineral deficient. That's number one. Number two you want to stay low on the food chain. If God made it, eat it. If man made it in a factory, do your best to avoid it. Stay away from sugar, stay away from processed foods, stay away from fermented foods, not for life, just till you get your gut healthy, and that's gonna help a lot along the way to healing your body and your adrenal fatigue. You just got malabsorption issues from your leaky gut, so heal your gut. The rest of this is gonna go away. Hope you feel better. Thanks, Julie Again.

If you wanna join me and have a conversation, ask Julieryanshow.com. If you're coming in on the live stream, then we're at. Ask Julie Ryan on YouTube. Remember to subscribe, remember to click the reminder bell. Click on the bell so you'll know when a new show comes up. And you want to subscribe and leave a comment anyways, because when you do that, you're automatically entered into a drawing for a free session with me and also a free class. So I do those each month give away a free class and a free session. Left comments either on YouTube, wherever you listen to podcasts, and also on Amazon, because I got seven books on Amazon so you can leave a message there too. Okay, Chris, who's next? Hi, Caroline, hello.

0:10:15 - Julie
How are you, my girl?

Caroline
I'm all right, thank you. I'm calling from Germany.

0:10:22 - Julie
Oh, perfect,

Caroline
and it's about my husband,

Julie
thank you for staying up so late. Thank you for calling me.

0:10:28 - Caroline
Yeah, my husband's sleeping right now, but he said that he's okay with you scanning him. He's suffering under some breathlessness and he has a diabetic as well, and I just hope your laser scan can help him and find some treatment for him, please.

0:10:55 - Julie
Yeah, yeah, so he's having trouble breathing. Is he using oxygen?

0:10:59 - Caroline
Sometimes not most of the time he has very good oxygen levels, but still, sometimes he just uses deoxygenator just to help him breathe and calm him down. Actually, that's what I see.

0:11:13 - Julie
How long has?

0:11:14 - Caroline
this been going on Quite some time, and he's got some water in his lungs as well, and he's in and out of hospital quite often.

0:11:23 - Julie
Oh, poor baby, I'm so sorry. What's his first name?

Caroline
Gerhard?

0:11:35 - Julie
Gerhard, that sounds German.

0:11:36 - Caroline

All right, he's German, he's German, that's how you got there, probably right, right, I'm from Singapore.

0:11:39 - Julie

Yeah, oh gosh. Okay, here we go, Caroline, here comes my latest dream. I'm going to hook into you and from you to Gerhard. So here we go, Caroline. Here comes my latest review. I'm gonna hook into you and from you to Gerhard. So here we go. We're heading across the ocean. It's going fast, heading across Europe. Okay, got you going to Gerhard. Okay, Gerhard, I'm talking to Caroline. He said I know it's fine. Okay, good, good job setting that up. I always ask for permission first, because I think it's an invasion of somebody's privacy to look inside their body, even if it's telepathically, without their permission. So, all right, going in. Okay, so I can see the fluid. So he's going periodically to get the fluid drained, so I'm watching that drain. He's got scar tissue in his lungs. Has he had a bunch of pneumonia or bronchitis or something throughout his lives or other kind of lung issues?

0:12:33 - Caroline

I do not know, but he was a smoker before, but he stopped when he was about 40.

0:12:39 - Julie

Okay, how young is he now?

Caroline

81.

0:12:43 - Julie

Okay.

0:12:44 - Julie

All right. So scar tissue in the lungs looks like imagine, a spider web, but the strands are thicker than, obviously, a spider web strand. So what I'm watching is I'm watching the scar tissue get cut, Caroline, because what it's doing is it's keeping his lungs from expanding all the way, and the lungs need to expand in order to function properly. So I'm cutting it out. Left lung looks worse than their right lung to me.

0:13:19 - Caroline

Absolutely correct yeah.

0:13:20 - Julie

Yeah, cutting out the scar tissue out of the right lung too. He's got something that looks suspicious to me in the right lung too, and it doesn't look malignant but it looks like mold. Did you have a water leak in your home or has he been exposed to mold?

0:13:41 - Caroline

that you know of? No, not that I know of, but we could check it out.

0:13:46 - Julie

Check that out I'm seeing sometimes. Sometimes it'll look like a lesion in the lungs and it's bald. That's what this looks like to me. So it's encapsulated, it's been removed, the fluid has been removed, going the bottom of his lungs, and this is how I can tell he was a smoker. You know those foot inserts that are charcoal and they're for people that have stinky feet and they put it in their shoes Over here, the Dr Scholl's product. Do you know what I'm talking about? It's like an insole that goes in the shoe but it's black.

That's what it looks like on the bottom of somebody's lungs. That is smoked and it's the tar that remains down there. So when I watch it get removed off of the bottom of the lungs, what happens is it's really tender tissue in there. So I'm using stem cell energy underneath it to help heal that tissue. Took it off of the right bottom of the lung, same off of the left bottom of the lungs. As soon as that happened, I watched him take a deep breath and be able to breathe all the way in with his lungs. So I hope that helps. He's not dying. His spirit is in his body. Yeah, you know, that's the most important thing I want you to hear. I know, I know, yeah, because that's really scary and I can't scan somebody if they're dying, caroline, because the spirit's the power source for the body, and so I mean I can talk to him and I can ask spirit, but I don't get a visual of it. So, yeah, he's not dying, he's, I think he'll be better. Looks like scar tissue, a scar tissue issue to me.

0:15:35 - Caroline

Okay, thank, you very, very much.

0:15:37 - Julie

You're welcome. Sweet dreams, thank you. Okay, Chris, who's next you?

0:15:44 - Julie

Hi, Cheryl, hi, how are you?

Cheryl

Can you hear me?

Julie

I can.

0:15:49 - Cheryl

I'm great.

0:15:56 - Julie

Please tell everybody where you are and then what your question is.

Cheryl

I'm Cheryl and I'm from Florida and I've been having issues with my right hip flexor for quite a while. Sometimes I can't even for quite a while. Sometimes I can't even step on my right foot because it hurts. It hurts all the way up there from my foot. Today's not a bad day, but last week was. I could barely walk. So I just want to know if maybe you can scan me and see what's going on in there.

0:16:24 - Julie

Yeah, so your right hip flexor hurts and when you try and take a step it hurts all the way up your leg and up to your hip.

0:16:33 - Cheryl

Yeah, yeah. And this past week I felt it from my hip to my right knee, but it was not a sharp pain, but it's a pain.

0:16:45 - Julie

Okay, all right, you've been doing anything wild like jumping hurdles.

0:16:54 - Cheryl

No, actually I was in bed for a couple of days because the grandkids gave me a cold.

0:16:59 - Julie
Oh, okay.

0:17:00 - Cheryl
Because they love me so much.

0:17:02 - Julie
There you go. They love you so much, they slimed you.

0:17:04 - Cheryl
Yeah.

0:17:05 - Julie
Comes with the territory. Here comes my laser beam from Sweet Home, Alabama, heading south. Got you All right going in. Yeah, you're really inflamed, okay. So have you been to see a chiropractor?

0:17:18 - Cheryl
Yes, and they adjusted it on Tuesday and that did help quite a bit.

0:17:24 - Julie
I just watched it get adjusted again.

0:17:26 - Cheryl
Yeah, it just keeps going back and forth and Um.

0:17:32 - Julie
So go get it adjusted again, because your muscles are trying to take it back to where it was when it was out of alignment and you've got to retrain the muscle memory to want to be in the spot where they are when it's in alignment. So that's why sometimes it can take a few times for that. I'm seeing that I've put anti-inflammatory energy on it. Red fog is what inflammation looks like. Anti-inflammatory energy is royal blue color. Think of royal blue fog, like the color that's inside an ice pack refreezing ice pack. Think of that royal blue color. So we've gotten that. I think of that royal blue color. So we've gotten that. So what's causing the misalignment? So it's a skeletal thing. Okay, I'm watching your right leg get elongated Is?

0:18:29 - Cheryl
your right leg shorter than your left when my spine is off? Yes, and that's usually the leg that's the shorter one. Okay, because I do have some sc. That's the shorter one. Okay, because I do have some scoliosis in my back.

0:18:40 - Julie
Okay, well, let's fix that. And what I'm watching is I'm watching your leg get elongated. So the femur is cut and there's stem cell energy that goes in there. It's adding like a quarter of an inch and so it's going to make that leg longer. So you're going to be balanced. That's what keeps throwing your hip out. Is your right leg shorter than your left leg? So let's fix the scoliosis too.

Imagine that there are two rods on either side of your spine, two metal rods. The spine gets heated with a laser to make it pliable. Think of a potter with clay. The clay has got to be moldable and then the rod on the right stays stationary. The one on the left is moving very slowly towards the right. It's straightening the spine. The spine is now straightened. When the moving rod gets into place it goes into a groove, something similar to a sliding glass door going out to a patio or a deck or something. So I can always see it and I can feel it when it goes into that groove. Now your spine's being heated again, similar to a potter again that

example. They've got to fire their creation to make it solid and then those rods just fall off and they just disappear. So your spine is straight. Now You've got a quarter of an inch added to your right leg. We use stem cell energy for that.

Cheryl Light amber colored gel sparkles. You know it's woo-woo, got to have sparkles and it reminds me of a watery gel called Dippity-Doo. That was a hair thing when I was growing up. You may remember it. I used it all the time you used it. And then there's a vortex that is spinning outside of your leg and that's making your leg longer. I've seen that healing many, many times and it works great. So if you are still having problems, you may want to look into one of those little lifts that can go in your shoe Okay, especially tennis shoes for when you're walking. You live in Florida, so you're probably wearing cute sandals most of the time shoes for when you're walking. You live in.

0:20:56 - Cheryl

Florida, so you're probably wearing cute sandals most of the time. Actually, I'm wearing. I wear tennis shoes a lot, just because it makes my foot more stable.

0:21:03 - Julie

Okay, you may want to look into talking to a podiatrist to get a little bit of a lift put in that right foot and it'll level out your legs, so hopefully that'll help. Okay, thanks for joining us.

0:21:16 - Cheryl

Thank you so much. Hope you feel better. Thank you, I'm sure I will Okay.

0:21:22 - Julie

Bye, Cheryl. Bye.

We're at AskJulieRyanShow.com. If you want to have a conversation with me, you can come in and Chris will help you with that, and Rachel is over on the YouTube live stream where it asks Julie Ryan and you can put a question in the chat. Just put your first name, where you're located and your question and she's over there to help if anybody needs it. So glad that you're joining us this evening.

It's always fun. I never know who's calling. They don't tell me who's waiting. It's always a surprise to me. Then it's always a surprise what the questions are and what Spirit has to say, which is what makes us so much fun every week. So remember to subscribe. Chris is sending me my message. Remember to subscribe. Click the bell so you're alerted when we have new shows. We release four shows a week. Three are interviews with amazing guests about all topics of woo-woo related to woo-woo, and then we do this live show every Thursday night, so that's available too. So we're giving you lots to watch, lots to learn from, lots to participate in. Okay, Chris, who's next? Linda? Hi, Julie, I'm in Virginia.

My son passed in 2023. Oh, I'm so sorry. Does he visit me often? I'm sure he's around you all the time. All you have to do to get in touch with him is just think of him, Linda, because our heads are like big satellite dishes that receive and transmit frequencies. And when you think of him, that tunes your satellite dish head to his frequency, because all spirits have a frequency they keep throughout all of their lifetimes and it doesn't matter if they've reincarnated, because they have the same frequency. So it's like tuning your satellite dish head to a specific satellite radio station or TV station and then you say something to your son and he's going to answer you. It's going to sound like, feel like a thought in your head and how you know it's coming from him is it happens in a second, fast, as you can snap your fingers, and that's how you'll know that's from him. You can also ask him to come visit you in your dreams. That's a really easy way to communicate with our loved ones in spirit, especially when we're grieving, because grief hurts. Grief's a low vibration and spirit vibrates at a really high frequency just

because it doesn't have the density of a body. So when we go to sleep at night, our vibrational level resets to the level of spirit every night and it's easier sometimes for spirit to communicate with us when we're sleeping. So hope that helps.

Also, if you haven't read my book *Angelic Attendance what Really Happens as we Transition From this Life Into the Next* just go to Julieryangift.com or you can get it off of my website, askJulieryan.com, and we'll send you a free digital and audio book download and it talks about what happens as we're transitioning, as we're dying, and it even has charts and graphs and things like that in there that show you where the angels are positioned, where our deceased loved ones' spirits and our pets' spirits are there as well. So anybody listening, if you want a free digital and audio book version of *Angelic Attendance what really happens as we transition from this life into the next* just go to Julieryangift.com and then we'll send you the link for a free download. We give away thousands of these every month and tens of thousands of them over the years, because I believe this information is so important and so it's going to help you if you've lost a loved one. I mean, certainly all of us are going to be in that position at some point in our lives. We all are going to be going through it as well, so hopefully it'll comfort you.

Thanks for your question. I'm so sorry about your son. All righty, let's see who's next. Hi, Christy.

0:25:59 - Christy

Hi, hi, Julie, thanks for calling on me, and it's great to be here. I always love your show.

0:26:05 - Julie

Oh, thanks for joining us and thanks for watching. Where are you? I'm in Florida. Okay, how may I help you?

0:26:23 - Christy

Florida. Okay, how may I help you? How may I help you? My mom died last summer and I just turned 40 last week, so I was just wondering if her or any other ancestors had any messages for me, because I'm going through a lot of life transitions.

0:26:32 - Julie

Yeah, All of our loved ones are around us, as I was just mentioning. All you have to do is just think of them and they immediately come in. They're always available. Every spirit's available to us. Whether it's attached to a body or not is irrelevant. All you have to do is think of them. Have you ever had a situation where you thought of somebody and then they called you or sent you a text or an email, or you ran into them? Oh yeah, you were thinking of them and they picked up your signal and that was your intuition working. So do you have something you want to say to your mom? Just to get the conversation started, I guess my relationships and self-love regarding that, your relationship with a romantic partner.

0:27:17 - Christy

Yeah, okay, so like my love life. Yeah, if she has any insight on that.

0:27:23 - Julie

You're taking advantage of. You need to stand up for yourself and set boundaries. You're being taken advantage of. So that's what she's saying. She's saying that you're a catch and you want to have somebody in your life that's gonna appreciate you and love you, and right now she's saying that your boundaries are not clearly defined. So set your boundaries about what feels good to you and what doesn't. If it doesn't, don't, do it. She's saying that you're more prone to do things for others than to receive. But when you don't have any boundaries, people can take advantage of you. So set boundaries, and we can. She's saying that that will help.

That will go a long way to helping you be happier, because you feel like you give, give, give, give and don't don't. It's not reciprocal. Does that make sense? Does that resonate?

0:28:27 - Christy

It does. So she's saying I should like maybe physically leave the situation I'm in, at least for now.

0:28:35 - Julie

Nope, she's saying set boundaries. Set boundaries what feels good to you, what doesn't feel good to you. So schedule an appointment with me or one of my graduates and we can do a deep dive on that, because I think this is going to be a longer conversation, but she's. But what you can start off in the first, at the beginning, is set boundaries. If it doesn't feel good to you, then don't do it for somebody else. Don't put yourself last to take care of somebody else in a relationship. Does that make sense? It does. All right, schedule an appointment with me and we'll do a deep, deep dive or one of my graduates they're all fabulous. There's four of them. You can usually get in to see them within a matter of days and they're all just terrific. Just go to AskJulieRyan.com, click on the schedule, an appointment button and you'll see all the calendars and what's available. So I hope that helps. Have you read the book yet, angelic?

0:29:38 - Christy

Attendance? I haven't, I just have. I started it, but I haven't read it. Yeah, listen to it.

0:29:44 - Julie

Listen to it, it'll be easier. You can listen to it when you're in the car or when you're on a walk or whatever, and I think that's going to give you a lot of comfort too, that's going to give you a lot of comfort too, with my mom, I hope that helps.

0:29:57 - Cheryl

Yeah, okay, yeah.

0:30:03 - Julie

Absolutely All right.

Thank you so much. Okay, thanks for joining us. Bye, bye, all righty. We're at AskJulieRyanShow.com if you want to have a conversation with me, and we're on the YouTube live stream at Ask Julie Ryan. So Rachel's there. Chris is on the main dashboard. He's got like 85 computers going and a soundboard and God only knows what else. It makes me break out in hives just to see his setup, but it's what it takes to do this. So appreciate all of them. All righty, Chris, who's next? Christy? Christy from Georgia.

I'd love to know what would help my pug. She's allergic to everything and is there something that would help her? We try everything and she just itches all the time. Okay, I just saw something. What was it that I saw? Collagen collagen for dogs. I just saw it advertised I think it was on Instagram or one of them and there was research. It's dog collagen, pet collagen, and it's liquid and you put it in with their food and it stops itching. So hopefully that will help, because when I am suggesting things like collagen for dogs or beam minerals for one of our early callers, that spirit putting those ideas in my head, I call those divine downloads. Or if I'm giving an example of something, perhaps from my life, that spirit telling me share this, in addition to when I'm seeing things in my mind's eye. So, Christy, I would try that.

The other thing that I'm getting is I'm going to go ahead and get her on my radar to see what's happening. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading over to you in Georgia. That's not far Quick, all right. Quick trip with the laser beam. Got you going to your pup, got her. Okay, what's going on? Yeah, it's like in between her paws it's all

red and inflamed. You know how the paws have those little pads on it and they got like those little nooks and crannies in between the pads. That looks all inflamed to me. So I'm using stem cell energy on there, Christy, to get that calm down and anti-inflammatory energy. The other thing I'm getting is pesticides and herbicides. You know it's springtime so a lot of people are spraying their yards and their grass and fertilizing them. So be careful with that, because you know the dog has got to go out and it gets on her paws. A lot of people will wipe off their dog's paws with the unscented organic baby wipes. So you may want to try that and see if that helps. But in the meantime, stem cell energy is in there and there's a vortex spinning above her head. Light amber color gel sparkles dippity-doo and hopefully that'll help heal. It looks like in between the pads of her paws are the worst part, so I hope that helps.

Thanks for joining us All. Righty askJulieryanshow.com. Remember to leave a comment. Subscribe. Click on the bell so you know when we're doing a show and releasing one, and that puts you into the drawing for a free session with me and or a free class, because we choose one every month. So that'll be fun too. Okay, let's see who's next, Suzanne. Hi Suzanne.

0:33:53 - Suzanne

I am so happy, Julie, to finally get to you..

Julie

Hi, honey, this is so wonderful. Where are you?

Suzanne

I'm coming to you from Chambersburg, Pennsylvania.

Julie

Perfect, where's that?

Suzanne

Well, it's not far from Gettysburg.

0:34:13 - Julie

Great, I hadn't heard of it so, so nice to see you. Help me, help you.

0:34:20 - Suzanne

Well, I've had Crohn's disease all my life, since I was very young, and I had a total colectomy. I don't have an ostomy, I have what was called a pull through and I have like a J patch. They reconfigured everything and reconstructed it, but they removed a great deal of my intestines and stuff, so I've had problems, as you can imagine, over the years, and I've actually died from this three times. I had a near-death experience. Oh heaven, yeah, I had a near-death experience. It was really amazing, though Tell us real fast Tell us about your near-death experience.

0:35:01 - Julie

You can't just tease us with that and then go on. I'll still do your healing, but tell us what happened?

0:35:08 - Suzanne

Well, I developed peritonitis. I got a blockage after one of my reconstructions. I had like four surgeries to reconstruct my colon and I developed peritonitis and it went unchecked all weekend. By the time the doctor came in that Monday morning he got me right to the OR but he couldn't give me any anesthesia because he said I would just be putting me to sleep like a dog kind of thing. So I had to withstand the surgery, you know being cut open like that and everything, and I died of I think of the pain and the peritonitis and everything. But yeah, it was

really amazing Because you know the lights in the OR they're very bright and they hurt your eyes, you know, but the room got like a thousand times brighter but it didn't hurt my eyes and I felt when I died, I felt like the most it's impossible to describe, there's just no adjectives to describe the feeling of the love and the acceptance and the just. I felt like I was going home, you know, kind of felt like I was, that's where I belonged and it was really amazing.

And they kept trying to put the respirator down my throat. Every time I came back I was in tremendous pain. I ripped the respirator out. I did it four times. They finally restrained me and they put me into an induced coma after that, but I saw three figures in like the distance. There was like clouds forming on the floor, kind of thing, and I was being drawn to them and then they just waved me back. But I remembered memories from it. Later on, after I was put into I was like three weeks later I remembered that they had told me that if you know, if I wanted to go home, I could go home and they would drop someone in to take my place to finish my assignment or something. And yeah, it was weird, but anyway I decided to come back, which is amazing to me because when I remember thinking about it I'm thinking, wow, I wouldn't have wanted to come back to this, but I guess you know, I know it was, you know for a reason, and I'm sure what it is now. Did it change your life?

0:37:36 - Julie
after that.

0:37:38 - Suzanne

Yeah, it changed me. Yeah, how Well I had it's hard to. I was so sick after they did the reconstruction and everything I was sick for you know, many in and out of the hospital constantly and but it really changed the whole direction of my. I mean, I really, I well, certainly I have no fear of dying, obviously at all. And yeah, I do know that there's a reason. I've been kept around and I'm just starting to realize what that is. I'm focusing on that now. But five years ago the doctors where I am now had told me I would die without immediate surgery. And I'm still here. My doctors can't explain why I'm still here. They can never explain it. But I have a lot of complications with, you know, my digestion obviously is a big issue and my skeletal system is very messed up because from all the steroids I was on over the years it's messed up my bones and they're very. You know, I've got rheumatoid arthritis, osteoporosis, all that, and I have four herniated discs in my lower back. Oh jeez.

And S1 and S2 too. So and I'm really concerned about my jaw because I'm having dental work done and my lower jaw is so deteriorated because I had some implants in before and they destroyed the lower jaw and we want to replace the implants but they'd have to do a lot of bone grafting and I'd like to avoid that if possible.

0:39:34 - Julie

So here's what we're going to do Suzanne, schedule an appointment with me or one of my graduates so that we can do a deep dive, because you've got a lot going on, I know I do. First of all, what we're doing is taking your we spirit, working through me and with me to help you heal yourself, because, remember, nobody heals anybody else. We all heal ourselves.

0:39:56 - Suzanne

That's right, and I've been trying to do that. As you can imagine, I've been working so hard.

0:40:03 - Julie

Imagine your skeletal systems being pulled out the top of your head and you won't miss it. I'll put it back in right away, I promise. And then it is going into a big vat of stem cell energy. Light amber color gel sparkles dippity-doo Do you remember dippity-doo, Suzanne? Oh, yes, back from the day, yeah. And then it's back in your body and there are vortices spinning above your head, beneath your feet, on either side of you, front and behind, all spinning concurrently.

That's going to regenerate bone in your whole skeletal system. Osteopenia looks like divots in the bone. Osteoporosis looks like holes in the bone. Think of sea coral with holes in it. That's what you got. You got osteoporosis. So the stem cell energy is filling up all of those holes in your bone and it's going to regenerate bone.

Do the BEAM minerals, b-e-a-m minerals? Go to AskJulieRyan.com, go on the sponsors page, you'll see the link and when you click on that link it's a 20% discount. When we have bone issues, we think, well, we just need to take calcium and magnesium. But actually there are 12 minerals that are needed to generate new bone. So I would do the beam minerals, and it comes in capsules and in liquid. The liquid doesn't have any flavor and it comes in capsules, if that's easier for you, to just swallow one of those, but I would get on that right away. Secondly, what we're going to do is we're going to use stem cell energy to regenerate your whole intestinal tract All right, thank you, I do have leaky gut too.

0:41:47 - Suzanne

I have leaky gut, as you can imagine too. Yeah, yeah.

0:41:50 - Julie

I'm seeing that. So the intestinal tract, what I'm watching. You know those, those Play-Doh little factories that they used to have I don't know if they still have them where you put the Play-Doh in and then you squeeze it and then it comes out in a tube.

Yeah, yeah, that's what I'm watching something that looks like that and the intestines, as I mentioned before, look like a sausage casing when you grind up the meat for sausage and you put it in that casing stuff. I don't even want to know where that comes from. I don't need those details. So what I'm watching is and it's feet of intestines in the human body. Yeah, it's crazy. I've been in surgery and seen them get taken out and put on a bag when they're operating around them and they get them out of the way. It's mind-boggling how many feet of intestines there are, which, in your case, is good, because they've done several procedures on you to remove them.

0:42:56 - Suzanne

They took a lot of feet out of me, a lot of feet, I can tell.

0:43:00 - Julie

So we're regenerating it right now. So what's happening is it's going inside of the intestines that you have now and it's elongating it back to a normal you know whole, all those feet, and so there's a vortex spinning outside of your belly Now this, obviously, is an analogy, it's a metaphor for the energetic healing that's happening. But that's what I'm watching, and these visuals that I get, Suzanne, give us a human frame of reference for this energy healing that's happening. So we're watching that and I don't care if it shows up on an MRI or a CT scan or an x-ray. I just want you to be, you know, working better.

0:43:51 - Suzanne

Yeah.

0:43:51 - Julie

So hopefully that will help Schedule an appointment with one of my graduates or me and we'll do a deep dive and we'll do the rest of your stuff during our time together.

0:44:01 - Suzanne

Oh, God bless you. I just love you so much and you're such a wonderful person and I want to study with you because I want to do what you do. I really do I really do.

0:44:16 - Julie

Okay, well, god bless you, thank you. Thanks, Suzanne. It's so fun to be able to do a lot of these healings. I mean, you know you can't pull somebody's skeleton out of their whole body in surgery, but we can do it with woo-woo, so what the heck

Might as well, Judy. Hi, Judy, love your show. Thank you so much for joining us.

I'm from Oregon, having neuropathy and cramps in both legs, sometimes unable to get up. Thanks for what you do. Okay, Miss Judy, here comes my laser beam from Sweet Home, Alabama, heading out to you. First thing Beam Minerals. This is a Beam Mineral night here. It's go to AskJulieRyan.com, go on the sponsors page. You'll see the link for Beam Minerals. As I just mentioned with Suzanne, you know when we need minerals, most of us are walking around with about 40% of the minerals that we need to be healthy and cramps and all of that are always lack of minerals, so we need those as a basic building block to go have a healthy life. So we've got that neuropathy. What we're going to do is I'm connected into you.

Imagine that your neurological system looks like a network of aquarium tubing, and you know how in aquarium tubing sometimes it gets gunk in. It gets like uneaten fish flakes and fish poop and minerals from the water, speaking of minerals, and you got to either irrigate that aquarium tubing or you got to change it out. That's what it looks like in the body to me. That's what the neurological and the vascular systems look like. The neurological system is the circumference Think of angel hair pasta. It's pretty thin. So imagine that all your neurological system looks like a network of aquarium tubing throughout your whole body Again, analogies from spirit, so that we can have a human frame of reference for this energy healing that's happening. And imagine that there are a bunch of corkscrews that are spinning through that tubing, Judy, and it's grinding up all those dead cells and other debris that's in there. I've come up with a medical term for that. I call it gunk. It's gunk, and so all the gunk is getting ground up, and then what we're doing is we're putting the irrigation fluid in and this is my favorite part, Judy, because it comes flying out the end of your toes. So imagine your feet look like sprinklers.

And now here comes the stem cell energy light, amber color, gel, sparkles, dippity-doo, you know that by now and there are vortices that are spinning above your head, beneath your feet, on either side of you, front and behind, all spinning concurrently, and that's gonna regenerate your neurological system. Why I always see vortices with stem cell energy, which by now you've figured out will fix anything. I mean, it'll regenerate any body part we need is because, if you think about it, if you go back to your sixth grade science lessons, we learned every cell has a nucleus. Every nucleus is surrounded by cytoplasm, which is a watery gel like dippity-doo, and our bodies have a centrifugal force in them that spins, that causes the cells to divide and replicate to the tune of billions of them a day. So in these healings with stem cells, there's always a vortex present and I believe what we're seeing is what our bodies do naturally on their own every day. We're just watching it in warp speed for the healing Because, remember, time doesn't exist in the spirit world.

Now, all these healings are gonna integrate into the body and that can happen instantly. It can take days, weeks, months may need some kind of complementary care, like minerals or change in diet or surgery or whatever, but certainly nobody heals anybody else. We all heal ourselves and it's always our spirit's prerogative to utilize a healing in a way that best facilitates whatever it is our spirit's exploring. So, judy, I hope that helps and I hope the cramps get better. All righty, I think we have time for another question. Chris, let's see who's next. Angel, hi Angel.

0:48:49 - Angel

Hello, I am joining you from South Carolina, south Carolina girl.

0:48:53 - Julie

Welcome Fellow Southern Belle. Hello, I am joining you from South Carolina. South Carolina girl. Welcome Fellow Southern Belle. Yeah.

0:48:57 - Angel

Yes, I am Thank you.

0:48:59 - Julie

You look like an angel. You're beautiful enough to be an angel, thank you, thank you so much.

0:49:04 - Angel

How may I help you? So I, my daughter, was diagnosed with schizophrenia, was diagnosed with schizophrenia and I would like to know well one if it's that or if it's potentially even something else. But whatever it is, if you could assist her with healing herself and clearing out potentially any negativity or whatever else might contribute to it.

0:49:28 - Julie

What's her first name? Toni, with a nine Toni. And how old is Toni? 22. 22. Okay, and so she on medication. How was she diagnosed? How did they come to this?

0:49:42 - Angel

She's not now. She was diagnosed and she was on medication, but it honestly wasn't doing, it wasn't helping. It wasn't really any different than it is when she's not on the medication. So that which is why I wonder if that's even what it was.

0:49:56 - Julie

but Okay, and, and so tell me about her behavior. What's going on with that? So?

0:50:03 - Angel

she definitely. Originally I couldn't tell if she was actually hearing a voice or if she is thinking aloud and remembering conversations and kind of reacting. It was hard to tell, but I think she has kind of clearly said she thinks people are talking. A particular person is talking to her and won't leave her alone when she doesn't want them to continue talking. It all started with an old at high school friend, a mean girl situation, and so it was real people that she was hearing and there were real things that had happened, I think probably some kind of trauma that she has not been able to open up about yet. That's just me guessing, but which is why I don't know if it's schizophrenia, if it's a real person and real things that have happened. I don't know if it's just memories.

0:50:59 - Julie

Okay, and she's working with a licensed professional.

0:51:01 - Angel

Now, she was, she has stopped, but she was, she did for about a year and a half she did and we actually tried a couple of those also. Yeah, and she's 22, couple of those also.

0:51:12 - Julie

Yeah, so, and she's 22, so you can't make her do anything because she's an adult. Okay, does she live with you? She does, okay, all right, How's her diet?

0:51:23 - Angel

Off and on, it depends. When she was on the medication, which was another thing she didn't like, it made her just eat ridiculously and she gained a lot of weight. When she's not on it, then she loses a lot of weight, so it fluctuates.

0:51:35 - Julie

Well, so that's her weight. What is she eating? Is she eating junk food? Is she eating healthy food?

0:51:41 - Angel

And that's the when she's on the medication a lot of junk food. She craves sweets and runnies and just stuff that she wouldn't normally eat. She actually enjoys fruits, vegetables, all the things that are good for her, so it kind of depends on what she's going through.

0:52:00 - Julie

Okay, all right, I'm going to connect to you, angel, and from you to Tony, and I'm going to ask her permission if I can scan her and then we'll go from there. If she says no, it's okay, because we can talk to her spirit and get information from there. If she says no, it's okay, because we can talk to her spirit and get information from her. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading east over to you in South Carolina. See, I can talk like him too, over there if I need to. All right, got you Going to Tony. Tony, I'm talking to your mom. He's saying no thanks. Before I even ask her, she goes no thanks. All right, that's all right. That just means that I'm not going to get a, you know, mri in my head. I'm a human MRI. I'm not going to get that, but we can talk to her spirit. Okay, so are you.

You know, a lot of psychics and mediums were taken to mental health professionals and people thought that they had an issue and they were just mediums and they were able to communicate with spirit. So is Tony a medium? Absolutely, I get that. Is she hearing spirits talking to her? Yes, is she obsessing over those and thinking that they are other voices of humans? Yes, does she even have the concept of a medium or a psychic?

0:53:26 - Angel

She does. I will be honest with you, that's what I've been thinking and wondering.

0:53:31 - Julie

So that's confirmation. I don't get. She's schizophrenic, okay.

0:53:36 - Angel

But then the fact that it's negative energy, though, then, is what bothers me, because I'm like well, if that's the case, then why is she only connecting to negative?

0:53:45 - Julie

Well, that's just how she's processing it, because in our Western society we're taught that if you're seeing the spirit or hearing from a spirit or all of that, it's scary and it's creepy and it's like a haunted house or a Halloween movie or something like that. So certainly I think it makes sense for her to continue to work with a licensed mental health professional, as she's exploring this mental health professional, as she's exploring this. And when we're in fear, you know, we lose clarity. We process information based on the fear, based on what our frame of reference is. So my guess is she probably hasn't had a lot of contact with what she would consider to be spirits that are benevolent, but all spirits are pure love. There aren't any. There's no such thing as an evil spirit. It doesn't exist. We're all made in the image and likeness of God. God's not evil. God's pure love, pure joy. It's how we perceive it. That's coming in. The other big thing that I'm getting for her is diet. Her diet is causing a lot of this anxiety and all of this stuff.

So there's a doctor at Harvard named Chris Palmer Angel. Chris Palmer MD. You want to do an internet search on him, because he talks about and he's treating the sickest of the sick. You know he's been in that position for 30 years and his patients are really, really sick, they're on disability, they haven't been able to function in normal society and he puts them on a ketogenic

diet and he says 90% of them, without any medication, not only do their symptoms go away but their brains heal and they're able to go back to work and they're able to function in normal society just with diet. And he talks about that.

There's a hundred years of ketogenic diet research because that's what's used to stop seizures in pediatric epileptics. So there's tons of research on it, about how healthy it is. And he talks about how not only do their symptoms go away but their brains heal. So I would look into that. Also, we did an episode with Dr Kelly Brogan, b-r-o-g-a-n-m-d and it's recent I think we just put it out last week. So I would watch that and see if you pick up some golden nuggets from that. She's a psychiatrist and also she does not prescribe medication for any of these symptoms. She deals with it with diet and the patients do great. So I think she's a medium, I think she's hearing spirit and I think her diet it needs help.

0:56:46 - Angel

It gets nonsense a lot, so that makes perfect sense as well.

0:56:50 - Julie

Yeah, yeah, and I'm also getting that the combination between the two. You know you may want to approach the medium thing with her in a gentle way, to let her know that all spirits are pure love and there's nothing to be afraid of. Every child can see spirits and communicate with spirit. Every child. Until an adult says oh honey, that's just your imagination, that's not really real. And then they shut it down and that can be a parent, it can be a grandparent, it can be a teacher, it can be their friends going I don't see anybody there, you're just weird. And then the child shuts it down. So I hope that helps. I would do the Chris Palmer book. I would talk to her about diet and I would talk to her about mediums, and I would still work with a licensed mental health professional.

0:57:44 - Angel

Thank, you so much, bless you, bless you You're welcome.

0:57:47 - Julie

Yeah, yeah, you're a sweet mama to be calling in and asking. Yeah, you're a sweet mama to be calling in and asking yeah, okay, thanks, angel, thank you, you bet you bet All righty everybody.

That's it this week. So much fun, such a wide range of questions tonight, which is always a delight. In the meantime, I hope you have a great weekend, wonderful week next week. See you back here next Thursday night, 8 Eastern, 7 Central, 5 Pacific. And in the meantime, sending you lots of love From Sweet Home, Alabama. We'll see you next week. Bye everybody.

0:58:21 - Ann-cr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

0:58:36 - Disclaimer

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