

AJR Show Feb 6th Transcript

0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We got a whole bunch of people waiting to have a conversation with me. If you want to just come in to ask askjulierianshow.com and Chris is going to be handling the main switchboard tonight, so he'll be putting people through. And then, if you're joining us on the live stream on YouTube, we're at Ask Julie Ryan and we have our Samantha over there that's going to be helping people. If you want to ask a question on the live stream, just put your first name, where you're located and your question in the chat. Just put your first name, where you're located and your question in the chat and we'll be answering questions from there too. You want to stay with us for the whole show because I'm giving away a free session with me, valued at \$750, to a lucky winner. So it's always fun. I'll hear notes, I'll get an email or when I get to talk to the personnel, he'll hear that they'll say well, I was driving to work and I heard my name called and it was so exciting, so hopefully it'll be your name called tonight, so you want to listen in for that. So always a delight to be with you and always fun to see who's going to be joining us and what their questions are and what Spirit has to say. So you want to have a conversation with me? Come in at AskJulieRyanShow.com. If you're joining us on the YouTube live stream, come in at Ask Julie Ryan and you can put your question in the chat with your first name and where you're located. So let's see who's next. All right, this is from YouTube.

Hi, Julie, I'm Ken from New Jersey. I have your book *Angelic Attendance* and I like it. It's very interesting. I have sleep apnea. It's causing me to have breathing problems. Can you help me? Absolutely, ken from New Jersey. What I'm going to do is I'm going to connect into you and then we will see what's going on with your sleep apnea. How this works for those of you that are first time callers is I raise my vibrational level to the level of spirit. Turn it on and off and on. Turn it on and off. In a nanosecond I'm going to close my eyes for a second. I'll watch a laser beam come from my body here in Birmingham, Alabama. It's going to hook into Ken up in Jersey and then I'm going to have a hologram of him in my mind's eye and it'll be as if I'm looking in an x-ray or a CT scanner or an MRI. I'll shoot energy into him and something will be identified and then there'll be a healing.

Now I'm gonna describe the healing in detail, ken. So I want you to picture what I'm describing, because it's gonna help integrate the healing into your body. Everybody that's listening or watching. Please imagine use your imagination to envision what I'm describing too, and that all of us are sending a healing to Ken. It's kind of like the power of prayer when we all think of the same thing. Magical things, miraculous things can happen. Also, remember, since time doesn't exist in the spirit world, it doesn't matter whether you're listening to this real time or you're listening to it five years from now. The energy still goes to Ken.

Lastly, ken, the healing will happen on the energetic level. It'll integrate into your body and that can be noticeable instantly. It can take days, weeks, months, may need some kind of

complimentary care, like change in diet, physical therapy, surgery, whatever, but I'll get that information too. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to Ken in New Jersey. All right, got you Shooting energy from your feet up through the top of your head. Okay, I'm in your windpipe, basically I'm blanking on it. It's not the esophagus, it's the trachea. It's there, and what I'm watching is it looks like you've got some scar tissue in there. So imagine there's a corkscrew that's spinning inside of there, ken, and it's just creating some space. Looks like scar tissue, looks like kind of spider web material, but thicker, so that corkscrew is just cutting all of that out. Also, looks to me like you have a tummy on you. So oftentimes when we lose weight, that will help with the sleep apnea.

If you're on a CPAP, that's great. If you're not, you probably wanna get tested for one. And if you're not on a CPAP, what I've read a lot is that if you tape your mouth shut which feels like it's kind of counterintuitive to do that if you're having trouble breathing but if you tape your mouth shut, what's gonna happen is it's gonna force you to breathe through your nose and you'll get more oxygen. There's a product called SomnaFix that I know is terrific. It's a hypoallergenic tape. You put it on your lips and it keeps your mouth closed for the duration of your sleeping. But if you haven't been tested. I would go to a sleep apnea clinic and be sure that you can get on a CPAP. In the meantime, weight loss will help a lot and we've cleared out the scar tissue in your trachea, so I hope that that works better.

Thanks so much for your question. Hope you sleep better. Alrighty, let's see who's next. AskJulieryanshow.com. And we're at Ask Julie Ryan on the YouTube live stream, so let's see who we've got next. Hi Amy, hi Julie, how are you, my girl?

0:06:51 - Aimee

Very excited to be here. Terrific, when are you? I'm in Richmond.

0:06:55 - Julie

BC in Canada, Richmond in Canada. Okay, terrific. Well, how may I help you this evening?

0:07:02 - Aimee

Yeah, so I have a daughter Her name is Sophie and she is G-tube fed and last year she actually was starting to eat and suddenly she's like I'm not going to start, I'm not going to eat anymore, she won't eat anymore. So just wondering if there is something that you know. Did she feel anything while she was eating before? Why she stopped? I don't know anything right now. She would just like try and taste, but, like you know, or sometimes if it goes to her, she would spit it out. So she's about three years old, so just wondering how we can help to yeah, how we can help to get her to start eating again. She's also not like talking, so that's why it's hard to tell if her tummy is hurting or anything.

0:07:48 - Julie

Okay, so a G-tube for those of you that don't know is a tube that goes into the stomach and there's a liquid that goes in there to feed someone. An NG tube is a nasogastro tube and gastric and that goes in through the nose and down into the stomach. That way, why was Sophia ever on a G tube to begin with?

0:08:14 - Aimee

Okay, just a lot of issues. So first she was I think you actually talked to my mom about it, but she had left palate so she wasn't able to feed. She was also in the NICU for a breathing problem. She was nasal tube fed before, but because she had the pierobend sequence, all of that stuff, we opted to put the G-tube in because she couldn't breathe and she has like that tube. So we started with the G-tube for her. So now that's where we're at. She also has hearing problems as well. She has hard of hearing, so all sorts of stuff. So we can't tell, or she can't tell us as of yet. She's not talking yet If she's like why she stopped eating? Because before she

would see a bowl of like food and she's going to start, you know, sitting down and eat, bowl of like food, and she's going to start, you know, sitting down and eat, and suddenly she's like nope, one day. So we're just trying to figure out how to make her eat again.

0:09:10 - Julie

So you're trying to wean her off. The G-tube is what I'm hearing. Yes, okay, and she's been on it since she was how old? I think a month old, oh goodness, so that's all she really knows. So she's just learning to eat regular food, okay, so what I'm going to do, amy, is we'll connect into you and then I'm going to connect from you to Sophia and we'll have a little chat with the princess Sophia and see what she has to say for herself. So here comes my laser beam from Sweet Home Alabama heading up to you in Canada.

All right, have you Going to Sophie? Sophie, I'm talking to your mommy. She says I know how cute is she. I know it's like you can't pull one over on me. Why is it that you don't want to eat? Because it's easier through the tube. She's saying Does your tummy hurt when you eat food? She says that she finds it exhausting to chew. She says it wears her out. She thinks it's hard to chew. She's saying if you feed her softer food, that she doesn't have to chew, that it may be easier. So that makes sense to me. Are you like trying to feed her a steak, or what are you trying to?

0:10:25 - Aimee

feed her, Sometimes banana, sometimes like apple juice. I've started, you know, with like applesauce to try and like get her back to eating because she had left that before, but right now she's like no. So I'm like what do you want to eat?

0:10:41 - Julie

Yeah, yeah, she's saying soft food, she'd like the soft food first. I think it's just going to take. She's saying soft food, she'd like the soft food first. I think it's just going to take time for her to get used to it. She's saying that she just doesn't like to chew, because what I'm hearing from spirit on that amy is she's just not used to it. It's like well, this is a lot of effort. Why do I want to do that? If I just get get my food through my tube, then I don't have to mess with it. So it's a matter of retraining. Is there an occupational therapist for pediatrics with whom you can work?

0:11:15 - Aimee

Yeah, she is working with her. But we stopped working on like feeding because, again, she was not eating and we don't know how to make her eat for the occupational therapist too. She was not eating it. We don't know how to make her eat for the occupational therapist too. But it's true that she's lazy to chew, because what she would do is anything if she ate before like a biscuit, she would let it melt in her mouth Like no chew but she just lets it melt.

0:11:38 - Julie

It's a learned skill. We don't think about it, but really babies do that over an extended period of time. You feed them the soft food when you're introducing it and then you're introducing stuff once they start getting some teeth that they choose. So I think it's what I'm hearing from Spirit Amy is it's somewhat unreasonable to think that she's going to want to start chewing, because if you had started feeding her soft food as a toddler, she would have had time to get used to it. So treat her like she's a toddler. Introduce the soft food, then eventually introduce stuff. That's going to take some chewing and she'll be fine. She'll be fine. So I hope that helps.

Yeah, thanks for calling in. Give your mom all my love. I do remember talking to her. Yeah, that helps.

0:12:26 - Aimee

Yeah, thanks for calling in.

0:12:28 - Julie

Give your mom all my love. I do remember talking to her. Yeah, okay, thanks, amy. Bye. AskJulieryanshow.com. If you want to have a conversation with me and we're on the YouTube live stream, ask Julie Ryan. Remember, we do this show every Thursday night at 8 Eastern, 7 Central, 5 Pacific, and it's always fun to see who's going to be joining us. Remember to subscribe wherever you listen to shows or watch shows and if you're coming in on YouTube, subscribe on YouTube and put that little bell thing so you get a notice when we post a new show. We release a bunch of them. We release about four a week. Three are interviews and then, of course, this one that's the call-in show, which is so much fun. So, yeah, join us. All, righty, let's see who's next.

Julie

Hi, Eileen.

Eileen

Hello Julie, how are you?

Julie

I'm well. How are you, my dear?

Eileen

I'm well, thank you,

0:13:27 - Julie

Terrific. Where are you?

Eileen

I am right outside of New Orleans, so we're getting ready for the Super Bowl. Yeah, yeah, in Mandeville.

0:13:36 - Julie

Wonderful, I know, Mandeville,

Eileen

oh you do?

0:13:39 - Julie

I've been to New Orleans a bazillion times.

0:13:42 - Eileen

Yeah, I love it. I used to live in Birmingham, so I know Birmingham too.

0:13:46 - Julie

Yeah, yeah, I actually had my 40th birthday party in New Orleans and nine of my best girlfriends that was a few years ago, like 25, but nine of my best girlfriends flew in from all over the country and it was before 9-11. So one would fly in and then we'd go get the next one and the next one. So we had this group and we just go meet the planes. They were coming in from East Coast, west Coast, north and South. It was just a ball that sounds like a lot of fun and none of us got arrested. It was really a good thing, well done.

Yeah, exactly. Well, Eileen, how may I help you?

0:14:22 - Eileen

I So I would like to request a healing from my mom. She's got Alzheimer's and you know it's in the stages where she's still aware, but she's getting to the point of agitation and anger and it's really it's challenging for everybody, you know, to care for her, but I, you know I feel so bad for her because you know you just are aware enough to know that something is very wrong and I don't think she understands when she starts getting verbally abusive and, you know, acting out and things like that. So any healing that you can do to bring her some peace. that would be great, and I would accept any healing as well.

0:15:18 - Julie

It's been a journey, I bet. Is she with you in your home, Eileen, or is she in a facility? She is not. She's in a assisted living facility with some sitters oh good, who are fantastic, yeah, terrific. Okay, I'm going to hook into you what's your mom's first name Marilyn, Marilyn, okay, I'm going to hook into you and I'm going to hook into Mama Marilyn here in a second.

All right, she's a pestle. Here comes my laser beam from Sweet Home, Alabama, heading south. I know the road, I've driven it many times. All right, coming in, picking up the 10 down there, heading into New Orleans, coming across the bridge and all of that. All right, got you going to your mom. Your mom is in phase four of the 12 phases of transition. Do you know what that is?

0:16:10 - Eileen

I do, I've read your book I am familiar, yes.

0:16:14 - Julie

Okay, great. So for those of you that don't know, as we're dying, what happens is our spirit exits through the top of the head, hangs on, looks like a speech bubble in a cartoon and we're surrounded by angels and the spirits of deceased loved ones and pets. There's a horse's spirit there, Eileen, did your mom have a horse, or do you have a horse, or what's up with the horse? No, okay, all right, I don't know. You need to ask around because there's a horse there. So maybe she had a friend who had a horse, or she something to do with a horse. You'll find out.

I was doing this recently with a client and and her I think it was her mom we saw her mom's spirit and she was she was dying and her and there was a monkey spirit in the room. And I said to her there's a monkey spirit and I thought that was wild, because I'll see farm animals but not monkeys very often Never. I think that was the only time. And she said my mom and her siblings growing up used to go next door to this woman, her house next door, and she had a pet monkey and they've talked about the pet monkey their whole lives, and so the monkey is long gone, you know, of course, but the monkey's spirit was in their room. Isn't that the sweetest thing. So there's a story behind that horse with your mom? We'll ask.

We can ask her.

0:17:40 - Eileen

Okay.

0:17:40 - Julie

Okay, yeah. So, Marilyn, are you ready? I always ask three questions, Marilyn, are you ready to go? Not quite yet. Are you in pain? She says sometimes, if she's propped up and her legs are straight, she's saying that if somebody could put a pillow underneath her knees, that would be helpful, just because it'll keep her legs from cramping. So she's saying that, so that she's telling us what she needs. She's saying she's going to stay around. Is she a chocolate girl? She wants you to bring her some chocolate.

Yeah, she'd like some chocolate is what she's saying. It's been my experience, Eileen, that when people have Alzheimer's or dementia, oftentimes they'll say that it's a slow goodbye, and what I hear so often from the person who's in the phases of transition is they want you to get used to the idea of her not being around.

0:18:54 - Eileen

I feel like I'm already mourning it and I'm taking this time to try to heal our relationship as well as, just to you know, bring her a lot of love and light, for you know what time she has left.

0:19:05 - Julie

So remember, our heads are big satellite dishes. They receive and transmit frequencies and you can talk to her at any time, because we can talk to any spirit, whether it's attached to a body or not. So just think of your mom whether you're with her or not is irrelevant, and then that's going to connect into her frequency. It's kind of like a radio station, because every spirit has a frequency they keep throughout all their lifetimes. And then just talk to her, just say hey, mom, yeah, yeah, la, la, la, la, whatever. And she's going to respond.

And if you hear something that sounds snarky in your head, that's your head. Re-ask the question, be more specific, because all spirits are pure love. They're never gonna say anything derogatory, demeaning or nasty ever, even when they're still attached to a body. So you can have a conversation with her that way. The other thing that you can do too, if you want to you know, work on healing your relationship is write out everything you want to say to her pen and paper. It's very cathartic. Write it out and then take it to a local park with grills, like that you can cook a steak or hamburger on and burn it in the grill and watch that smoke go skyward and what that does is that releases the energy from you and she'll get that as well, so it purifies it kind of. I don't want you doing it near your house, especially if there's you know, seriously, if there's negative you know, negative emotions and stuff. That's why I want you to take it and I don't want you burning it on the lawn. You don't need to be starting a forest fire, but just go find a grill in a park and set it ablaze. A couple last things.

Eileen, download the 12 Phases of Transition chart off of my website, askJulieryan.com, on the 12 Phases page. Download it and save it on your phone. The picture of each of the phases. It's all in a big chart. It's for free. And then Chris just put the banner up Thanks Chris. And then just ask what phase is my mom in? You'll hear seven, five, whatever, and then you can refer to the chart and that will help you navigate this. So she can go back and forth between the phases. You know she could be eight, come back to two, go up to nine. You know, move around, but four she's. You know she's a little more than a quarter of the way through out of the 12 phases, so I hope that helps.

0:21:49 - Eileen

It does. I mean the timing part is hard to know. You know, I mean for her. She said she's ready. You know, as you said, I think there's always a little piece that pulls back.

0:22:03 - Julie

But yeah, I know, it's just a journey. Exactly, is she afraid to go? Do you think is she afraid to die? I asked her.

0:22:11 - Eileen

She said no, yeah, I've asked her and I know she's got her mother and father and people around her. Yeah.

0:22:20 - Julie

Yeah, has she talked about them? Can she see them? Oh, yeah, yeah, yeah, 90% of people can at the end of their lives. That's what the research shows. So that's comforting, I think.

Yeah, yeah, absolutely yeah, yeah. All right, anybody that wants a free copy of Angelica Attendance what really happens as we transition from this life into the next just go to Julieryangift.com and we'll send you a free digital and audio book version. Share it with your family and friends. Everybody needs to have this information. I give away thousands of these because I believe the information is so important for us to know. So just want to go to Julieryangift.com and just to request it and we'll send you a free copy. So thanks, Eileen Good luck with all of that you bet.

Bye, bye, askJulieryanshow.com if you want to have a conversation with me, and we're also at Ask Julie Ryan on the YouTube live stream. Remember, I do lots of private appointments and now I have all these graduates of my angelic attendant training class that are doing appointments too. So when you go on AskJulieRyan.com to schedule your private appointment, you'll see the page where you can schedule with one of my graduates. They're all fabulous. I'm getting wonderful emails from people who have worked with them and they're saying, oh my gosh, you're not kidding. You know, so-and-so was terrific. I'm like, yeah, you think I'm gonna have somebody that isn't on there.

So it's a. You can get in to see them usually way faster and way less expensively. So I'm trying to cover as many bases as I can. You know we go from free to not free, but you got lots of steps along the way to try and help you get questions answered. Okay, Chris, who else you got Barbara? Hi, Julie Barber from Denver. Thanks for my session with you. It was great. Thanks, Barbara, I loved it too, sending you a big hug. Oh, that was fun. What a surprise. Gwendolyn. Hi, Gwen, this is Jamie. I'm thinking I'm going. Gwendolyn. I looked at your last name. Yeah, her secret agent name is Gwendolyn. She really goes by Jamie. Jamie from AAT.

You did some healing on my left eye. It's better and the doctor says I need to have the excess skin relaxed so I stop the bleeding. Can you check me out? Hugs, okay, Jamie.

Jamie emailed me or left me a voicemail or something a few days ago and she's got bleeding in her eyes and so I did a healing on her and what I saw was the blood. You know the vascular system coming into the back of her eye was reminded me of crepe paper. You know those little rolls of crepe paper. Have you ever decorated a float, maybe for a neighborhood 4th of July parade, or those little rolls of crepe paper. You could decorate a room for a party with those. That's what it looked like and it was starting to for a party with those. That's what it looked like and it was starting to. It was very thin. It looked like it was in jeopardy of disintegrating. So we did a healing on that, used some stem cell energy, all of that. And then Jamie sent me a note and she said I went to the doctor a couple of days ago and he said that area behind your eye looks like it's cauterized, it's so. She-mailed me, she goes. Thanks, Julie. Yeah, I saw that happen in the healing. So that was funny that it was showing up at the doctor's office a couple of days later. Not funny. I mean, that's how it works. A lot of the time it'll show up. So what I'm doing is I'm checking and seeing it's holding. You're doing good. Okay, the excess skin. What I'm watching is I'm watching that corkscrew that we used with Ken with the sleep apnea and uh, and so it's spinning and it's just removing the excess skin. You're going to completely heal from this, jamie. You're going to be just fine. This is all good and you know your doctor's going to be flabbergasted because they don't expect that, but we have the ability to do that, so I hope that helps. Thanks for joining us, sending you a big hug.

I love it when my AAT grads come in, and my Angels and Enlightenment training grads too. I'm like a proud mama bear. These guys are doing amazing things. If you're interested in doing one of my trainings, the Angelic Attendant Training is where you learn the whole buffet of psychicness, and we're gonna do the next one online live online and that will be May 18th and 19th, the weekend of May 18th and 19th, so that'll be online via Zoom. And then we're going to do the live in-person one in Atlanta again, and that's going to be October 24th through the 26th, and we've rented out a hotel again. It's right next to the Atlanta airport. It will be a blast,

so join us for either one of those and then, if you want to do the online self-paced training angels and enlightenment training you can do that anytime.

And also both of those trainings come with practice groups multiple times a week. That is the key you got to do the practice groups. It is the most important part of any training because you can read a book, you can attend a workshop, you can watch a video but until you do it, you don't really get it. It's like when you learn to drive a car you know you could do all that read a book, watch a video, ride in the car with somebody else but until you're behind the wheel you don't. You could do all that read a book, watch a video, ride in the car with somebody else but until you're behind the wheel you don't really get it. And that's how this works too. So come join us for one of our trainings.

Okay, who's next? Hi, betsy, where are you? Hi, betsy. where are you?

Betsy

Lawrence County, Tennessee.

Julie

Okay, terrific, you got a question for me.

Betsy

My mother is 75. Her name is Betty, she's got stage four brain cancer and she has had a stroke, and I was wondering what phase of transition she might be in. Okay, all right, what I'm going to do is I'm going to hook into you and then from you, betsy and Betsy. I love that. My mother's name is Betty and mine is Betty, so I go by Betsy. Oh, they could call you Betty. One, two and three.

Julie

Oh, my gosh, I love it. Okay, here we go. Comes my laser beam not very far, heading up interstate 65, heading north to you, girl, all right, got you All right.

Going to your mom, she's in phase seven of the 12 phases of transition. So the angels that surround your mom are there. They've started to open up into a horseshoe configuration. Eventually they'll be in a straight line across, you know, the bottom of her bed. Have you read Angelic Attendance yet? Yeah, you have. Okay, all right.

So what I was mentioning earlier is download that chart. Mentioning earlier is download that chart of the 12 phases from AskJulieRyan.com, the 12 phases page. Save it on your phone, betsy, just in the photographs, and then just ask what phases is my mom in. So let's ask her three questions, okay. So, miss Betty, are you ready to go? Oh, yes, I am.

Is what she said. Oh, yes, I am Okay, all right. Are you in pain? She's saying not really. She's saying sometimes she gets low back pain. But she said they turn her in the bed and that helps with the pain. So that's good. She would like to be propped up a little more. So you know those beds. I don't know, do they have a hospital bed in there or is it just a regular bed? It's a hospital bed, so you know how you can prop up the back a little bit. She'd like to be propped up a little bit with that.

She's asking for 7-Up. Does she like 7-Up the soda pop? She's asking for 7-Up. Does she like 7-Up the soda pop? She's asking for it. She'd like some 7-Up. She's showing me a glass with a straw. You know one of those bendy straws. She'd like that too. Is there anything else that Betsy can do for you? She's saying bring me my shawl. Does she have a shawl or a blanket or something that's a wrap that she uses? She says sometimes she gets chilly. Yeah, she hits her with. I won't let her at me. Okay, that's what she's talking about. Okay, can you take her a non-

electric one that she can maybe just throw? They can throw around her shoulders or something. Yeah, she's saying she gets a little chilly in there and she's showing me that it's kind of hard for her to maneuver in the bed. Is that what you're finding too?

They've got it low because she had fallen when she had her stroke and they didn't want her to fall off the bed. But they don't have the rails and so they've got her down low. So that would make sense that she wants to sit up, go to the store and get some of those baby rails. You know that they put on a big boy bed when the baby goes out big boy or big girl bed when the baby goes out of the crib. And I would ask them first see if they'll let you bring them in, but can't they switch her to a bed that has rails on it? I mean, or can't you get that brought in from hospice or I'm not sure what they're thinking of behind it? Yeah, okay, she's going to be more comfortable if you can sit her up a little bit and then that will. That makes sense because she's saying it's hard for her to maneuver in the bed. So if there's like a little extra blanket or throw or something that you can put on her, that would be great and something really soft, because you know those industrial linens are not the softest on the planet that they have. So I hope that helps. Yeah, you know, just ask what phases my mom in about that and it was said phase five. And when I opened up your book on my Kindle it said it was on phase five, perfect, yeah, perfect. And remember they can go back and forth, so it's not like they're, you know, at five and then they automatically go to six. They may go five, eight, three, they can move around, but when you see them going, when you see her excuse me, betsy going like six, seven, eight in a row, then that's when you really want to pay attention to it.

Okay, all right, good luck. Thanks for calling. Bye, excuse me, askJulieryanshow.com. If you want to have a conversation with me, we're at Ask Julie Ryan on the YouTube live stream. Let's take another call and then I'll announce our free session winner. See who? That is Okay, let's see who this. Hi, Julie, my name is Naneth.

In Las Vegas, I'm currently in my awakening. I find myself in a place. I feel energy blocks. Please help, okay, what I would suggest is schedule an appointment with me or one of my graduates, because when there's an energy block, it's always precipitated by some emotional event that causes a little energy block, like in Eastern medicine acupressure, acupuncture, clear the block, get the chi to move. That whole concept and it reminds me of a little kernel of unpopped popcorn is what it looks like. And then other emotional events in life pile, pile, pile on top of it. Eventually, causing enough pressure causes a blowout in this energy field membrane, which is the container that holds the energy that makes up our body and our spirit, which is the container that holds the energy that makes up our body and our spirit.

So what we'll do is we'll dive into that hole and we'll have a conversation about what shows up. As soon as we illuminate it, it eradicates it. It allows the energy field membrane to heal, helps you regain and maintain health. Even if you're healthy now, it'll help you maintain health. So schedule an appointment either with me or with one of my graduates and we'll help you with that.

And then the thing that's so cool about it is, once you find where that energy block originated, then all of it is removed in one fell swoop. And it doesn't need to be something dramatic or traumatic. It can be somebody called you a bad name when you were little and it hurt your feelings. Well, we look at that as adults and we think no big deal. And yet it's a big deal to your three-year-old self when that happens. So that's where the energy block begins. It's not where the energy field membrane ruptures, but it's where the block begins, and so we'll go in and we'll get it out all in one fell swoop. So looking forward to talking with you or having you talk with one of my grads, who are all fabulous. So let's see who's next. Let's take one more, Chris, and then I'll okay, another tease. I'll take one more, and then we'll announce it. Okay, hi, another tease. I'll take one more and then we'll announce it.

Julie
Okay, hi, Charlene.

Charlene looks like she just won the lottery, discovered you on Alex Ferrari's Next Level Soul and I just think you're awesome. Yeah, I love him. Well, thank you, I think you're awesome. Right back, where are you?

0:36:39 - Charlene
Near Austin, Texas

Julie
okay, terrific.

0:36:44 - Julie
That's where Alex is.

0:36:45 - Charlene
Yes, this is for my husband. A long time ago, when he was in the Army, he was in the Army, I don't know battle conditions and he suffered a major concussion, and so he's a mess head to toe. But one of the things that would bring him sweet relief is the nonstop headache and tinnitus that he's had for over 40 years.

0:37:20 - Julie
So how he has been gone insane is unbelievable. So I'm sure his brain looks like that thick cooked oatmeal you talk about from time to time.

Yeah yeah, yeah, okay, all right. So I'm going to go from you, Charlene, to your husband. Tell me his first name, please Patrick,, Patrick. Does he go by Patrick or Pat? Either one? What do you call him, Patrick? You call him Patrick, okay. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading over to you in Austin. Got you Going to Patrick, Patrick? I'm talking to your lovely bride, isn't she lovely? Yes, she is Okay. She wants me to check out your head, see if we can help with the headache and the tinnitus. Will that be okay with you? He said, yeah, bring it on anything that can help. He said, yeah, bring it on like that, okay. So I'm shooting energy from his speed up through the top of his head. I have a hologram of him in my mind's eye, Charlene, and so it's going to his head. It's going to the back of his head. Where was he stationed in the Army? Where was he and what was he doing?

0:38:34 - Charlene
Well, he was with the Green Berets, or Special Forces if they call it.

0:38:38 - Julie
Oh wow, oh, so, fort Serious, Jackson, fort Bliss, fort Sale Fort, okay, okay. Was he ever deployed? Yeah, okay, overseas? Yes, he's been around explosions. That's why I'm asking those questions, because he's got a bunch of scar tissue in his brain.

Yeah, he was in a tank, that got hit and so the pressure concussion, just I'm sure it blew out his eardrums and just all kind of things. Okay, what I'm seeing in his brain, the brain you've been listening to me, thank you the brain looks like the cooked oatmeal. To me, scar tissue in the brain looks like chicken cartilage, the kind that you'd see in the chicken breast with the bone in, and so what we're doing is he's got a bunch of it, so I'm scooping out. You know, I spirit working through man with me to help facilitate healing. I'm watching it get scooped out. So if we divided his brain into quadrants, he's got some in all the quadrants. That's how much scar tissue he's got. I mean, it's amazing that he's functional. Frankly, with all this scar tissue that he

has, has he been able to work since he got out of the military? Yes, but it's difficult. Okay, I bet, I bet. Okay, how young is he? Charlene, he's a young, 65. Okay, great, all right.

So what I'm doing, as I'm watching this scar tissue get scooped out, leaves a divot, like if you took a big spoonful of oatmeal. Leaves a divot in the oatmeal. All the stem cell energy is filling it now, and stem cell energy Light Amber Color Gel has sparkles in it because it's woo-woo Gotta have sparkles. Reminds me of Dippity-Doo hair gel when I was a kid in the 60s and the 70s. Yeah, so you know what I'm talking about. And then there's a vortex that's spinning above each of those areas where it's been scooped out and so he's got a bunch of it in the back of his head, like almost the whole back of his head is scar tissue.

When I see scar tissue in somebody's head, Charlene, it can occlude neural pathways not all the way, I mean sometimes it does but when it includes neural pathways it can mess up how the brain's working. It impedes those electrical impulses going through the brain. This is my lay person. What I'm watching is as that brain tissue's getting replaced and getting regenerated, those neural pathways are starting to light up and they remind me of a laser beam as part of a security system in a museum. Perhaps If you saw Ocean's Eleven, the movie, did you see that? Yeah, where they're trying to steal diamonds or a painting or something, and they got this little guy and he's jumping over and rolling under the laser beams. That's what it looks like inside of the brain. So those are all lit up for him now, probably for the first time in a while for him. That's going to help a lot. He'll probably turn into a rocket scientist and, you know, help him down there where you are in Austin.

So let's look at his ears. Okay, yeah, his ears. It went to his left ear first. Does he have hearing issues? Does he use hearing aids? He doesn't.

0:42:06 - Charlene

But kind of recently he's like okay, well, I really can't hear anything out of and I don't know which ear.

0:42:12 - Julie

He said Maybe it was the left. Okay, the energy. I always follow where the energy goes first, even if it's asymptomatic. So it went to his left ear and his eardrum looks like it has a bunch of scar tissue on it. So I agree with you, it was probably blown out. That must have hurt like a son of a gun when that happened.

So what I'm watching happen, Charlene, is I'm watching that eardrum get cut, the incisions going all around the perimeter of the eardrum, and we're going to use stem cell energy to make a new eardrum, because this stem cell energy is the coolest stuff. It'll regenerate any body part we need. It is so amazing. And so imagine there's like a temporary metal plate that's put there and the stem cell energy is going in and then there's a vortex spinning in front of it that's regenerating the eardrum. Right, that plate is there. That plate was just removed. It was just to kind of make a backing so the eardrum could be formed. Most of the time I'll see a mold, like a plastics mold or a jello mold or a butt cake mold. You know, those are all molds Like if we're remaking a kidney or a liver or something, but eardrums I always just see, kind of like a plate that's put back there and then the stem cell energy is put on there. So that's happening. Plate's been removed.

Now I'm watching the eardrum get tightened, different areas being pulled, and then I'm watching musical notes and energy frequency waves bouncing off his eardrum. It's getting adjusted. Reminds me of a pair of bongo drums. You know, the membrane that's on the top, how tightly it's pulled will determine the tonality of that drum. Same thing with the ears, all right, cleaning out his eustachian tubes in there. Roto-rooter in it, just corkscrew in there cleaning that out.

I just watched a puff of air go from his eardrum into the middle of his head through his eustachian tube. It was like a puff of air, it just like got any kind of junk that was in there. All right, let's look at his right ear. His right ear isn't as badly damaged to me, it doesn't look like it is as his left ear. It does have a couple of areas that I'm watching get cut out. Stem cell energy is going in to regenerate those areas, vortex outside of it. And now the eardrums getting pulled like I talked about. I always see it get tested with the musical notes and the energy waves like sound waves. So, like you see on Chris's dashboard, where he's got lots of sound waves going and got that going Okay, eustachian tubes being cleaned out that puff of air just went through.

So I hope that helps. You may want to try turning off the Wi-Fi in your home when you go to bed at night, because sometimes that can really exacerbate the tinnitus. So try turning that off and try turning off his phone when he sleeps, because sometimes that can have a really positive effect. So I hope that helps. I'd love to have an appointment with him and do a deep dive. We can go through all of his injuries and body parts and stuff.

0:45:44 - Charlene

He needs one desperately at the toe.

0:45:47 - Julie

You just scratched the surface, okay, alrighty. Well, thanks, Charlene, you're a sweetie to call in for him. Thank you so much. You are most welcome. Enjoy your evening.

Okay, here we go. Chris Drum roll, please. This is his favorite part, you guys, of doing this show. He gets to do it twice a month. You know he loves it. All. Right, Carol Skinner, you are our February winner.

Carol Skinner she says Julie Wright has been my guiding light. I listen to her shows and interviews on Spotify on my daily commute to and from work. I have now incorporated many of her suggestions into my daily routine and I'm feeling better and better. My vibration level has definitely been rising above the quote. I feel crappy. Channel end quote Love the good vibes from all.

So, Carol Skinner, girlfriend, you have won a free one hour session with me and that's valued at \$750. You know, you guys, I give away two of these every month one on my show, one on my live, which is the fourth Tuesday of the month, and so we can talk. Carol, we can talk about anything you want from the buffet of psychicness. We can scan your cat. We can talk to your dead grandma. We can do a healing on you or on a loved one. We can do past life stuff. We can talk to your spirit, guides and angels. It's a blast. It is so much fun when I get you for an hour and we will cram as many things as we can into one session.

So, Carol, just go to AskJulieRyan.com. Go to the Ask Julie tab on the top of the homepage. Say hey, it's Carol, I want a free session and my assistant, Rachel, will coordinate our calendars and I look forward to having you all to myself for a whole hour. If you want to sign up for this drawing, that we do I give away a free class and a free session every month. All you have to do is subscribe on YouTube, leave a review on YouTube or anywhere you listen to the show she left this on Spotify and sign up for my weekly newsletter, which is a blog. Somebody submits a question online and I answer it Another free way to get your question answered.

So each week we get lots of people submitting questions. One is chosen, I answer. It comes out as a weekly email on Thursday mornings. It's got all the hey, remember, we're doing the show here with the call-in information and the you know if you want to join us, and here's the YouTube stuff too. So sign up for that and you may be the next winner. Okay, congratulations.

All right, Chris. Who's next? Melinda? Hi, I'm Mel from Queensland, Australia. I just talked to a gal earlier, interviewed her for the show from Queensland.

All right, our dog Chifley. Chifley passed away last week and we don't know what happened. Can you shed any light on what happened to him and is he okay? We miss him so much. Okay, Chifley, it looks like C-H-I-F-L-E-Y. All right.

So what I'm going to do, mel, is I'm going to connect into you down in Queensland and then we'll talk to Chifley. All right, got you? Got Chifley, Chifley. What happened?

He said I'm hearing a heart attack. I heard a heart attack, so very sudden, no pain, yes, he's around you. You're going to think you see him out of the corner of your eye. You are and you can talk to him. He can hear you. He's saying he's talking about his bed, that he loved his bed. He said you made him a bed and he loved it because it made him feel very nurtured his word and taken care of. So I don't know if it was a dog bed, if you just put a blanket on the floor, if he had a blanket on the couch or whatever, but he loved it and it made him feel special. So I hope that helps.

Mel, you can talk to him anytime you want. Same thing with pets as with you know, spirits that were human in heaven. You just think of them, say something, they're gonna answer you and it'll be the first thing that comes in your head as fast as you can snap your fingers. So I hope that helps. Thanks for your question. AskJulieryanshow.com. Ask Julie Ryan on the YouTube live stream. I say that throughout the show because sometimes people join us in the middle of the show, so that's why I say it so much, so we'll catch everybody, regardless of when they're tuning in.

Julie

All right, Chris, who's next?

Julie

Lori, hi, lori girl, hey. How are you?

0:51:08 - Lori

I'm doing good. How are you, Julie?

Julie

I'm terrific. Thanks, where are you?

Lori

I am in Minnesota.

0:51:15 - Julie

Minnesota All right.

0:51:17 - Lori

What's happening up there?

0:51:18 - Julie

Do you have snow?

0:51:20 - Lori

Oh yeah, yeah, Saturday, both four to six inches should be blowing in.

0:51:25 - Julie

Oh my Okay, hurry, get on a plane and come to my house Pass.

0:51:29 - Lori

I would love to.

0:51:34 - Julie

And then you can get out of there. I should just say and I was walking in shorts and a t-shirt last weekend, but that was, that was beautiful, it was a little unseasonably warm, but it was like low 70s, but it was perfect. So, anyways, my dear friend Mary, who lives in Minneapolis, if there's a big storm coming in, I'll send her a text. I'll say hurry, get on a plane, get out of there, come to my house before that snow hits. And you know what she says to me Lori. She says J. And you know what she says to me Lori. She says Jules, some people like the snow. I'm like, yeah, okay, open invitation. Anyways, I digress. How may I help you?

0:52:09 - Lori

Julie, I have been dealing with pain in my private areas, in my vagina area and kind of my anus, kind of the peridium area, I would say. Okay, kind of the peridium area, I would say. I've done several different things as far as seeing if it's a diet, a food sensitivity down there, or I've done exercises to try to strengthen the muscles in that area. I've gone to physicians and they've said that, as a female, that area of the skin is just getting thinner and I'm more sensitive. But there's something in me that says it's more than hormones. I'm just not quite sure. But yeah, so I'd love you to take a peek and give me some insight.

0:52:52 - Julie

Yeah, In healing, Let me get you on my radar. You're not on hormones now, no, okay, all right. Did they do a scan so that they know if your bladder's dropping or your uterus is dropping or any of that? I get divine downloads, lori, in my head before I even get you on my radar to see in my mind's eye what's going on. That's what I'm hearing from Spirit is. I'm going to check all your girly parts in your bladder once I get you on my radar, but those all seem to be okay. Is it pain that's internal, like it feels like an ache, or is it external, in the skin, or what or both?

0:53:34 - Lori

It's like on the outside of the opening it's like a burning. I was kind of like a burning and a pressure. So when I sit, even when I lay down on that area and there's any pressure in that area, it just feels like like a burning, like an aching, like you would like a hemorrhoid, a throbbing and a burning.

0:53:53 - Julie

Um, so yeah, okay, all right, here we go. Here comes my laser beam from sweet home Alabama heading up to you in Minnesota. All right, got you shooting energy. Yeah, it's inflamed, all right, okay. So the tissue looks inflamed to me so I'm using anti-inflammatory energy. Inflamed tissue just looks like tissue with red fog on it. Red energy is what inflammation looks like to me, and then the blue fog it's kind of a royal blue color is what anti-inflammatory energy looks like. So I'm applying that. I'm going in to see you've got yeast overgrowth. First of all, get them to get you an antifungal. You know monostat you can buy over the counter. Have you tried?

0:54:41 - Lori

that I've had tests for yeast infection and bacteria infection has come back negative, so it's I would do it anyways.

0:54:49 - Julie

I would do it anyways. I would do the monostat that you can buy over the counter and I would do. I'm getting two rounds of that. Do two rounds of that over the counter. So what I'm doing is I'm going in to see. It looks like your things are starting to gravity, be affected by gravity. So I'm watching your uterus and your bladder get propped up and stitched up and it's so fun when I get to watch. This Cracks me up every time because it's like the bladder and the uterus get put up and it reminds me of hanging sheets on the clothesline with old-fashioned clothespins. We used to do that when I was a kid. My grandmother and my mother would say oh they smell so fresh.

So it gets propped up, like in three places, and then the rest of it gets propped up and it all gets stitched back into place. But I always think, okay, we've got Lori's uterus hanging out on a clothesline here to prop it up, so got that going. Okay, that is coming in, because when it was propped up it was kind of like it was elongating, you know, like it was stretchy, so we're getting it back up where it needs to be and in the shape that it needs to be. How about that? You know, I'm thinking of is you know those cartoons where they've got some old woman and she's got saggy boobs and they're down like to her knees. That's kind of your uterus looked like it was sagging and so, yeah, I just use some stem cell energy to make it more, make it more bouncy, more youthful. How about that? Alright, now bladder, same thing. Tacking that up same thing. It looks like a clothesline.

You know, spirit is so funny, lori, and we're supposed to have fun when we're doing this stuff, because we get so serious, because we get scared and it's painful and all that, and when we supposed to have fun when we're doing this stuff, because we get so serious because we get scared and it's painful and all that. And when we have fun, when we're doing it, you know spirit's pure love and pure joy, so we're supposed to have fun. That's why they send me these crazy analogies, just to make us laugh as much as anything. So got the bladder tacked up. Okay, you've got yeast. You've got yeast overgrowth going on. So I would use that. I would use the monostat.

Hopefully that will help. If it doesn't, I would get a second opinion on if you need to have your bladder and your uterus tacked up to see if that helps, because it looks to me like there's a lot of pressure on it from the inside because they're starting to drop. And I've been in surgeries like that and I've even seen women where their uteruses are coming out, you know, through their vaginal area, and so, yeah, they normally will give them a hysterectomy at that point. You're not to that stage, but they may need to tack a few things up in there for you. So I hope that helps. Yes, very good, thank you so much you bet.

Thank you, take care.

0:58:12 - Lori

Thank you, bye.

0:58:16 - Julie

All righty everybody. That's it. I'm sending you lots of love from Sweet Home Alabama. Have a great week, enjoy the Super Bowl. It will be fun on Sunday in New Orleans and I'll see you next week. Bye.

0:58:34 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

0:58:48 - Disclaimer

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