

AJR Show Feb 20th Transcript

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Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:44 - Julie

Hey everybody, Welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We've got Chris on the main dashboard tonight. We've got Samantha on the YouTube live stream. If you want to have a conversation with me, If you want to have a conversation with me, join us at AskJulieRyanShow.com and we can have a conversation. And if you're on the YouTube live stream, you can put your question in the chat and just put your first name, where you're located and what your question is, and Samantha's over there to help us. So the gang's all here.

I have to tell you a funny story first. It's cold here in the deep South. I was talking to a dear friend yesterday in Nashville and there snowed and iced in. We're three hours South of them in Birmingham and it's just cold here. So this morning I go out for my walk early and I put all these layers on. I had a sweatshirt, Then I put a black hoodie on top of it and I put a hat on and I had my hood up and my sunglasses on. It was like 17 wind chill when I was on my walk this morning, so I was walking extra fast. So when I got in the house after my walk, Tim was in the kitchen and he said oh my God, I'm married to the Unabomber. He said I look like the Unabomber. He said I'm sure the neighbors were afraid of you when they saw you out walking around. I said gee, thanks, honey. I appreciate the kind words, but that cracked me up. I've been laughing about it all day. Didn't mean to look like the Unabomber, but I was warm. I guess that's all that mattered. So I hope you're surviving this cold and snow and, for those of you that don't have it, I hope you enjoy not having it. So I'll keep you posted on my get-ups when I'm out walking when it's cold. All righty, Chris, let's get our first caller on and see who that is. Oh, we got somebody from the YouTube live stream. Get my glasses on From Gita Hi Gita. She says Hello Julie, this is Gita from Jakarta, Indonesia. Well, hi, girl, Thanks for joining us from so far away.

My daughter, Gara transitioned in 2022 at 27. Oh, honey, I'm so sorry. Does she have any message for me? Hope she's happy on the other side writing and making music. Thank you, oh, my heart hurts for you. I am so sorry that that happened, All right.

So your daughter, what do you wanna tell your mama? I've connected into her already. I hooked into you first, Gita, and then I went to your daughter. What do you want to tell your mama? I've connected into her already. I hooked into you first, Gita, and then I went to your daughter. She's right there, she's on your right side. They always show up on the right side, Not sure why, but just where I see them. So what do you want to tell your mom? Mom, I know you're lonely. You can talk to me anytime she's talking. You can talk to me anytime she's talking.

She's showing me a bunch of flowers, like mixed flowers, in a bouquet. They look like perennials to me, Gita. I love cosmos flowers, the perennials that are pink and white and kind of a maroon color. She's showing me a bouquet of flowers that are what is she? She's got

them in her arms and she's saying she sends you flowers every day. You have to look for them, not only in nature, but everywhere you see flowers. You can see them on a dress, on somebody's clothing, on upholstery, on drapery, in a magazine, on TV, whatever. But she's saying every time you see flowers, she wants you to know that she's there with you. She's saying you love flowers. She's saying flowers make everything better flowers. She's saying flowers make everything better and she loved them too, but you really loved them, so I hope that helps.

If you haven't read my book Angelic Attendance what really happens as we transition from this life into the next. Please go to Julieryangift.com. We will send you a free audio book and digital copy. Anybody that's watching or listening. You just want to go to Julieryangift.com. We'll send you a free version and inside I talk about how we're all surrounded by angels and the spirits of deceased loved ones and pets. Here's an example of the illustrations, which is why I send the digital and the audio book so you can have the illustrations on the digital that you can see and hopefully that will give you some comfort to know that your baby girl was surrounded by angels and the spirits of deceased loved ones and pets and she is around you all the time.

Now you know how you talk to her. You say something, you think of her. That tunes your satellite dish head to her frequency. You say something to her. She's going to answer you. It's going to feel like a thought in your head. It's going to be instant, Fast as you can snap your fingers or before, and that's going to be instant, fast as you can snap your fingers or before. And that's going to be her answer coming into your head. And I know you're probably talking with her now and have then and we all question oh, we think, well, that's just my imagination, but no, it's not. It's the first thing that comes into your head.

This book will help you, hopefully, heal and give you a lot of information, a lot of comfort. So anybody that wants it, Julieryangift.com, and we'll send you a free copy. Share it with your family and friends. This information is so important. We're all going to lose somebody at some point, either a loved one, I mean heck. We're all going to be there ourselves someday. So it's good to know what's gonna happen. So, thanks so much, Gita, sending you lots of love, Appreciate you joining us.

We're at AskJulieRyanShow.com If you wanna have a conversation with me. We're on the YouTube live stream at AskJulieRyan. Remember to subscribe, Remember to leave a comment, because then you're entered into a drawing for a free session. I give that away the beginning of the month and then I also give away a free class every month, and that's going to be tonight. So before we started recording I told Chris. I said you better get your drum roll ready to play. That's his favorite, and so stay with us, because your name may be called for winning a free class. So we'll do that. Okay, let's see who's up next. Hi, Brenda.

0:07:35 - Brenda

Hi Julie, how are you? I'm good, I'm from Singapore and I just want to thank you for the opportunity to speak with you.

0:07:47 - Julie

You're welcome. What time is it there, Girl? It's the middle of the night, isn't it?

0:07:52 - Brenda

No, it's about 9.05.

0:07:54 - Julie

9.05. So we get to talk to you real time in the future. That's right. It's like a sci-fi movie Wonderful, well, terrific. You got a question for me.

0:08:05 - Brenda

Yes, Julie, I'm in a difficult situation right now. I lost my job about 15 months ago. Oh no, they cut me after I fell ill. I've been actively looking for work ever since. I've gotten interviews, just no firm offer. And life's just that much harder because I've pretty much used up my savings to pay for the dialysis cost. Is there anything in the way of me getting a job that would help me survive through this and save for my future? Yeah, I'm exhausted.

0:08:50 - Julie

I bet, I bet. What do you do for a living? What's your profession?

0:08:55 - Brenda

I've been working in the middle office for a long, long time in banking, in banking, okay, in operations.

0:09:03 - Julie

So do you want to stay in?

0:09:04 - Brenda

banking. It would be nice. A lot of jobs out there. Don't pay that well.

0:09:12 - Julie

I'm getting, Brenda. Have you looked at banks outside of Singapore? Not just the ones that are in the country, but other ones? I'm getting that there are international positions that you can do online that can maybe be easier for you to acquire because you speak several languages. Is that right? Yeah, yeah, I get that. Expand your search to the banking industry that's international and global, with you being in Singapore and speaking the native language, that there's stuff going on with that, that people are going to be looking for somebody to help, so expand your search on that. That people are gonna be looking for somebody to help, so expand your search on that. Is anything blocking you? What I hear, Brenda, is that it's just a numbers game. It's a numbers game, you know. Keep the faith, keep doing what you're doing. Is there a job that you can do in the meantime until you get a job in banking that will at least give you some income?

0:10:30 - Brenda

Oh, I've tried A lot of jobs, are you know, just like waitressing or service crew jobs? Mm-hmm, I can't stand for long hours, right, so because my feet will start to swell and I wouldn't be able to put them in a shoe. Yeah, and so you know, Julie, I really want to get a job so I can have an appointment with you, but this is tough.

0:10:59 - Julie

So what I'm getting to is look for jobs that are online, like customer service jobs that you can work from home and you can be online. Think of the hospitality industry, think of the airline industry, think of those kinds of industries, just to start off. But I get that there are a lot of customer service jobs that you can do from home, online that you can get to bring some income in. While you're looking in the banking sector and the other thing I'm getting from Spirit too, Brenda is to expand your search, like I mentioned, outside of just Singapore, I would say, not only for banking, but for customer service jobs as well. So I think those are things that you can do and look for something that can work in the short run and you never know where it's going to lead you. You may make a contact that can help you get back into banking, if that's where you want to be, but expand your search and look for jobs that you can do from home. Okay, thanks for joining us. Good luck, let us know how it's going. Okay, bye-bye, hope you feel better. Bye, we're at AskJulieRyanShow.com if you want to have a conversation with me. We're also on the YouTube live stream at Ask Julie Ryan, we've got Chris and Samantha with us. I'm going to be announcing a winner of my class here in a little bit, so you want to stay

tuned and see if you're the lucky winners, if your name is called. You know how you sign up for that is you just leave a review. Anywhere you watch or listen to the show and subscribe on YouTube as well. And I think it makes sense to go ahead and subscribe at AskJulieRyan.com, because that's another way to get a question answered. You know you can submit a question online and I choose one every week and answer it and it goes out in the form of an email and it has all the call-in information for the show on Thursday night and it's just a reminder. Hey, you got a question, you want to join us? Here's how you do it. So lots of ways.

I'm always trying to come up with new ways to get people's questions answered. With new ways to get people's questions answered, next Tuesday we're having the Ask Julie Ryan Live. I think it's the. Let me look and see what the date is on the calendar. I do that on the fourth Tuesday of every month. It's the 25th. So just go to askJulieryan.com, slash live and sign up for that I give away a free.

I give away usually two free classes at that and a free session every month and people join us. It's kind of like a relaxed slumber party. You can come in your jammies. It's lots of fun and there's lots of discussion and I answer people's questions. So it's \$25 to join. It's not guaranteed you'll get your question answered, but we blow through it fast. So we have two hours. We get a lot of people's questions answered.

So, bottom line, I'm doing my best to come up with ways where you can get your questions answered easily and inexpensively. I mean, the show's obviously free. Submit a question, that's free. We have other ways. And then I've got all these grads now that are working with me and you can usually get in to see one of them within a week or two and they're way less expensive too and they're all fabulous. You're going to love them. We have more and more people that are signing up for appointments with my Angelic Attendant Training graduates. That, by the way, is in May, the 18th and 19th. We're going to do it online over a weekend and then in October, the 24th through the 26th, we'll be in person in Atlanta. Again, we've rented out a hotel next to the airport again, and so that's always lots of fun too, so lots of ways you can get your questions answered. Okay, let's see who's next. Hi, Kristen. Hello there, how are you, my girl? I'm very good, terrific.

0:15:22 - Kirsten

Where are you? I am in Columbus.

0:15:25 - Julie

Wisconsin. Oh, the other, Columbus. Yes, I grew up in Columbus, Ohio. All right, yes, very easy to confuse. Yes, I know, and there's Columbus, Georgia too. There's probably Columbus's in probably every state, but those are the ones that I know. I haven't heard of Columbus, Wisconsin. Where is that?

0:15:45 - Kirsten

So the capital of Madison is about 30 miles north of here.

0:15:49 - Julie

Okay, I've been there to a football game. That's very fun. Yes, yes, I probably came through Columbus, I would imagine, because we came up from Chicago. Oh, okay, so maybe we drove through there. Yep, that would be the other drive, okay, oh yeah, all right.

0:16:07 - Kirsten

What do you have a question for me. I was hoping to get a little healing love sent to a dear friend of mine. He had a stroke after an open heart surgery.

0:16:22 - Julie

What's his name? Kristen. What's his name?

0:16:26 - Kirsten

Carl's his first and goes by David, though.

0:16:29 - Julie

Oh, he goes by, David. Yeah, okay, great, all right, is he near you in Wisconsin?

0:16:36 - Kirsten

Um, he um actually just got home from a rehab place, but he is um a few miles down the road. Yes, okay.

0:16:46 - Julie

All right, and he had a stroke. Yes, okay, and how's he doing?

0:16:51 - Kirsten

now. He just got home today from an intensive rehab facility. He is doing much better. He has some short-term memory loss at this time on a few things and such and he needs assistance with getting around a little bit, but he looks like he's doing amazing. But any improvement and continued healing would be fantastic.

0:17:27 - Julie

Okay, how this works is I raised my vibrational level to level of spirit. For those of you that are joining us for the first time, I'm going to watch a laser beam come from my body here in Birmingham, Alabama. It's going to hook into Kristen up in Wisconsin, and then I'm going to go from you. I'm going to watch a laser beam go from you to David and then I'm going to ask his permission if I can scan him and do a healing on him. I'll do that telepathically, but I'll do it out loud so that you can hear. And if he says yes, I will. If he says no, I won't, because it's against my ethics to scan or work on anybody without their permission. So we'll do that if he gives me permission. It's going to be as if I'm looking at a hologram or an x-ray or an MRI and energy will be shot through him. We'll see where it goes, Kristen, because we may think it's going to go to a certain area. And just for time's sake, I just want to see where it's going to go, because the most important area always shows up first, and when I have you for an hour on an appointment, I always go in blind. First you give me a list of everything you want me to scan, but I always go in blind first, because sometimes stuff shows up and it's asymptomatic, but we're heading off a problem at the pass before it becomes a huge problem. So we'll do that. I'm going to describe what the healings are that are happening in my mind's eye. I want you to envision them as well. Everybody listening or watching please envision what I'm describing. If David lets us do a healing on him, because it's all of us working together to send the healing to him and remember time doesn't exist in the spirit world. Time's a human creation. So it doesn't matter if you're watching this live or if you're watching it five years from now. David's still going to get the healing because time isn't an issue. So here we go. Here comes my laser beam from Sweet Home, Alabama. Got you going from you to David. David, I'm talking to Kristen May, I have your permission to speak. He goes yes, yes, yes, just like that. Yes, yes, yes. I don't know if you talked to him about it or maybe you've been sending him some. I talked to him twice. Yes, you talked to his wife and said tell him to say yes, okay, good job, good job, good job on the advanced crew there advanced team. Okay, so I'm shooting energy from his feet up to the top of his head. It's going to the left side of his brain. That's where it looks like he had the brain bleed to me. Left side of his brain. That's where it looks like he had the brain bleed to me. And, Kristen, you can play this back for him so he can hear it on his own. You know, you'll be able to send him the link once the show's up tomorrow morning, or even before. I mean it's on. It'll be up immediately as soon as this is over on YouTube, but it'll be on all the podcast networks tomorrow morning early.

So brain matter looks like thick cooked oatmeal to me, Kristen, and it has. It's soft and squishy, has the consistency of soft butter. You can imagine that. And when I see a brain bleed, it looks like dried blood in an area, kind of like when you were a kid maybe you skinned your knee and it wasn't really bleeding very badly, but it had like some blood droplets on it that dried and then. And so what I'm watching is I'm watching that get scooped out. And what can happen when there's brain injury is it can occlude neural pathways because scar tissue forms and scar tissue looks like chicken cartilage and a chicken breast with the bone in. You know that white flexible stuff and you know my analogies are just wild, but that is, honest to God, how they come into my head and I realized years ago that that was spirit, giving us a human frame of reference for this energy healing that we're participating in.

So scooping that out, it leaves a divot. Think you take a big spoonful of oatmeal out of a bowl. It's going to leave a divot in the bowl. Stem cell energy is going in. Light amber colored gel has sparkles in it because it's woo, woo got to have sparkles. And it reminds me of this hair gel called Dippity Doo. That was a thing when I was a kid in the 60s and 70s and they still sell it. So you can buy it on Amazon if you want, anyway. So that's filling up the divot and then there's a vortex spinning above that divot with the stem cell energy in it and it's that centrifugal force that transforms the stem cell energy into new body parts. It is the absolute coolest stuff. I see it used multiple times a day with my clients multiple issues in the same client. We can regenerate new organs. We can regenerate neural organs. We can regenerate, you know, neural pathways, muscles, whatever. It's amazing.

And so while that's spinning, I'm looking around the rest of his brain. He's got mold exposure. I can see that in his body. So imagine we're taking his brain out of his head. You can't do this in the operating room but I can do it with woo-woo. And imagine we're rolling out that oatmeal kind of consistency like cookie dough on a counter to make cutout cookies and I'm watching the mold spores that are in the crevices of his brain. You know, if you look at a diagram of the brain it's got like all these nooks and crannies and like creases in it. So that's all irrigated out his brain's back in his body. He didn't even miss it because it was just down for a couple seconds. So we've got that. There are a couple of other areas where he's got scar tissue, some in the front, some on the right side, a lot of it in the back. Do you know if he played sports in high school or college or if he's been in any car accidents or fallen? Or does he play sports now?

0:23:36 - Kirsten

No, not that I'm aware of any of those things. I can certainly ask, but yeah my ass.

0:23:49 - Julie

But yeah, he's had some stuff happen to his brain and even if we're in a fender bender and our head doesn't hit the windshield or a side window or anything, think about it the brain's not secure inside the head. So when that impact happens, the brain goes slamming up against the inside of the skull and then it kicks back just because of the gravity and the force. So we're removing all the scar tissue, we're probably gonna increase his IQ, so he's gonna be really happy by the time we're done with all of this. And each area there's a vortex spinning above it and the vortices remind me of back to your grade school science lessons.

Every cell is a nucleus. Every nucleus is surrounded by cytoplasm. Cytoplasm is a watery gel like tippity-doo, and our bodies have a centrifugal force in them that spins, that causes the cells to divide and replicate to the tune of billions of them a day. So hopefully that will help. His energy is lightening up. He just looks exhausted more than anything. So this will give him an energy boost. Yeah, yeah, you know, when you're in a physical therapy, rehab place oh my gosh or any hospital, it is exhausting.

So, hopefully that will help him heal. You are a sweetie to call and ask for some healing for him, oh of course, yes, he's very dear to me.

0:25:19 - Kirsten

I've known him for 36 years, so yeah.

0:25:23 - Julie

Oh my goodness, yeah, wow, you bet when you were two. You're right, exactly, yes, yeah, okay, well, I hope he feels better. Thanks so much for being such a good friend. Thank you so much. Take care, you bet. AskJuleryanshow.com.

If you want to have a conversation with me and we're on the YouTube live stream at Ask Julie Ryan, just put your question in the chat, put your first name, where you're located, and we will get a bunch of those on too. You know how I love Thursday nights, because I never know who's going to call. I never know which question's going to be. I mean, I don't even see the roster when people are waiting, because Chris handles that and Samantha I mean my team does. So it's always a surprise to me, which makes it so much fun. So let's see who's next.

Portia from Cuyahoga Falls oh girl, I lived in Stowe, Ohio as a little girl. Portia from Cuyahoga Falls oh girl, I lived in Stowe, Ohio as a little girl. My best friend has had knee pain for years. She's in Cuyahoga Falls also and gave me permission to ask you to scan and heal her knees. Thank you, Julie. God bless, okay, I'd love to know what her name is, but it doesn't matter because I'm going to hook into you and then I'll go to your friends, so you think of her and then that's where the energy will go. Cuyahoga Falls for those of you that don't know is kind of between Akron and Cleveland in the northern part of Ohio, and I lived there, I think, from the age of three to 10, something like that. So Cuyahoga Falls is right next to the little city that I lived in. Okay, here we go, comes my laser beam. I know right where you are, girl, I got you All right. Going to your friend, she's had knee pain, all right going in. So, kay, if I scan you energetically, yes, all right. So the energy went to her left knee first. Sometimes it goes to the knee that's hurting, sometimes it goes to the other knee that's doing the heavy lifting because she's favoring it, but the one on the left.

What I'm seeing is it looks to me like she's got. She had a torn meniscus at one point and I can see where it healed. So what I'm watching happen is I'm watching the area that healed get in size like we're cutting it out because it didn't heal, right. You know like when. I don't know if you ever took sewing lessons as a kid, I did, and you got to line both pieces of the fabric up perfectly in order for it to be strong when you're sewing a seam and this isn't lined up perfectly. This meniscal tear that she had, I get it was two years ago she had the meniscal tear, so she may have fallen or who knows what happened, and so I'm watching it get cut out. And then I'm watching stem cell energy that light amber colored gel with sparkles reminds me of Dippity Doo is getting put in that area to manufacture a new meniscal tissue. Got that going, vortex spinning above and that is regenerating her meniscus.

Okay, in the meantime I watched the leg get a chiropractic adjustment. If she's not seeing a chiropractor, I would suggest that she consider doing so. And I'm also watching the stem cell energy get injected into the left side of her left knee to provide some more padding in there to help. Is it in Portia's friend's best interest to have knee replacement surgery? And I heard no, not necessary from Spirit, so that may be some guidance for her. But hopefully this will help. I would say find a chiropractor that can get it lined up. I watched it get adjusted chiropractically, energetically, chiropractically that's kind of like a new combo of words there and hopefully that will help. You also are a sweetie to call in for your friend, so I hope she feels better. Let us know how she's doing. Thanks, portia.

Okay, askJulieryanshow.com. If you want to have a conversation with me, we're on Ask Julie Ryan on the YouTube live stream. I say this a lot of times throughout the show. You guys, because people join us mid-show and it just reminds them of what that information is. Remember to subscribe on YouTube wherever you listen to the show or on all the podcast networks. We're on Alexa and remember to leave a review, because that's how you win a free session with me and also free classes too. So come join us on the live. Next Tuesday it's from 8 to 10 Eastern askJulieryan.com forward slash show and on that show live sorry, blonde moment askJulieryan.com slash live and you can sign up for that and that's lots of fun too. All righty, who's next? Chris?

0:31:02 - Julie
Hi, Ginger.

Ginger
Hi, it's dark in here.

Julie
It is dark when are you? It's nighttime where you are. I need to scooch over there it goes.

Ginger
I'm in Salt Lake City, Utah.

Julie
Okay, terrific.

0:31:17 - Julie
Well, welcome. You got a question for me, I do.

0:31:21 - Ginger
We are. It's a little bit urgent but we are going to be moving away in the next couple of months. A year ago my top front tooth number nine got a new crown. There was nothing wrong with it. The one next to it that was getting an implant needed a crown. So he did both and since then, only periodically the tooth number nine gets sensitive and my dentist he's great. He's checked it at least a dozen times in the last year. I need to know. Sometimes it'll go a month and there's no problem, but I need to know if it can spontaneously heal, if you can help it, or if it's going to need a new crown or pull the tooth to get an implant. Like I said, it just happens now and then't. I would love to know if you can tell me what direction to take and if you can help it.

0:32:42 - Julie
Okay, I'm going to get you on my radar. Here comes my laser beam from Sweet Home, Alabama, so I can look inside your mouth and play dentist long distance here. So I'm going in. It looks like it's bruised. It looks like there's maybe in the crown that they did and the implant that's next to it. It's like it's knocking it and bruising it. The root looks fine, the tooth looks okay. I mean, you know what's left of it and do you need an implant in that tooth? No, do you need a root canal? No, do you need to have it pulled? I get a? No, I think it's all going to be fine, but what I'm getting is it looks black and blue, like it's bruised ginger and so yeah. So what I'm watching happen is I'm watching the crown. Next to the implant, there's this teeny, weeny little, skinny little like sander. It's straight and it's going in between the two teeth to sand it a little bit so that it's not knocking together. Okay, sanded a little bit so that it's not knocking together and causing bruising, which is why that hurts sometimes and it doesn't hurt other times is what I'm getting.

The other thing that I got too Ginger is when you mentioned that you're moving to Michigan and your favorite dentist has passed. They have plenty of really good dentists in Michigan.

They have plenty of really good dentists in Michigan. So what I'm watching is I'm watching stem cell energy get injected around the tooth, on the front in several places and in the back. Again, light amber color gel sparkles dippity-doo. That's going to help it heal so that it's not going to be bruised. Do that's going to help it heal so that it's not going to be bruised. But ask your dentist if there's something going on with the teeth, just kind of banging together. Banging is probably a little dramatic, you know, just like knocking together. Is there something that they can do that will still look good cosmetically?

0:34:57 - Ginger

that will help that do you think I wear at night? I wear an invisalign um thing to hold my teeth in place. Is that too tight, maybe?

0:35:09 - Julie

no, I don't get that. I get that it's. You may need to have a new one done if they, if they kind of sand it down and buff it down a little bit so that it's not knocking together. But I think you're going to be just fine and good luck with your move. Great.

0:35:25 - Ginger

And I'm going to make an appointment with you because I've had other larger health issues for years. But I love you, I just love you. I'm from the South, you may can tell with my voice, but thank you so much.

0:35:42 - Julie

You are most welcome. Good luck with good luck with the move.

0:35:45 - Ginger

Thanks, I need it Okay.

0:35:48 - Julie

Take care. Hope you feel better. Bye, ginger, bye Alrighty. Let's take another caller, askJulieryanshow.com, and we're on the YouTube live stream at Ask Julie Ryan. Miss Samantha's over there helping everybody and remember to subscribe. Remember to leave a review, just so that you can be entered. You're automatically entered into the drawing when you leave a review and it helps others find this material too, and most of the time it's when they're in most need of comfort or need of help.

It's interesting how I hear all the time a client will say oh my gosh, you just showed up on my YouTube feed and it's just. I know you're going to be able to help me and I do my best. Remember, nobody heals anybody else. The healings are going to happen on the energetic level. They're going to integrate into the body. That can happen instantly. It can take days, weeks, months may need some kind of complimentary care, like what we just talked to Ginger about, but the work that I do, the work that doctors do, the work that other medical providers and other healers do, we're helping you heal yourself, because nobody heals anybody else. We all heal ourselves.

All righty, let's see who's next, Donna. Hi, Donna, she's from Michigan, speaking of Michigan. Well, you can hook up with Ginger. She's moving to your fair state. There my daughter Chelsea has been going to a doctor for her heart. We both have genetic issues with our heart. Can you help her, both in Michigan? Sure, all right, donna, here we go, I'm going to hook into you and then I'm going to go from you to your daughter Chelsea. So here we go. Comes to my latest being from Sweet Home, Alabama, heading straight up north, going got you and then going from you to Chelsea. Got Chelsea, okay, shooting energy from her feet up to the top of her head. It's going to the left side of her heart.

The heart normally a healthy heart looks pink to me, Donna. Hers looks a little grayish, so she's got some blood flow stuff going on. What I'm getting? I get these divine downloads into my head. When I'm watching a healing in my mind's eye, something's identified and then the healing starts. So I'm watching it, I'm getting divine downloads and I'm talking with you. So good thing we're girls because we can multitask. You know it's a female superpower. We all know we're right on that.

So what I'm seeing is I'm seeing a valve issue going on, so heart valves. Look to me like you're going to love this. It looks to me like a doggy door. You know you put your dog and go in and out and can go outside on their own and then can come back into the house. But when it's a heart valve we only want it to go one way. And I know a little bit about this stuff because in my surgical devices we used what we called anti-reflux valves when we were dealing with blood. We only wanted it to go one direction. We didn't want it to back up in the line. So that's what I'm seeing get put in. It's basically a new valve like an anti-reflex valve, like I used in manufacturing, but for our purposes think of it as a doggy door and we only want it to flow downward.

And so there's clamps on either side of where the valve is. The old valve's getting removed, the new valve is getting put in, it's being stitched in place. Clamp on the bottoms released All right, that one's good Clamp on the tops released Needs one more little stitch Clamp released again. Okay, and that looks like that's going smoothly. It's interesting because I always watch these healings a lot of them, especially orthopedic, especially heart and vascular. I watch them get tested. It's like the new valve got put in and I watch a clamp get removed and make sure it's good, and then I'll watch the other side of the clamps get removed, and that's what they do in the operating room. So they're testing it before they, you know, close somebody up.

So, Donna, I hope that helps and maybe another time call in and we'll do a healing on you too. So thanks for calling in for your baby girl. Appreciate it. All righty. Chris, are you ready with your drums? Oh, cymbals too. I love that.

All right, so this is our Angels and Enlightenment training winner, and it's Barb Boyer. Barb Boyer, here's what she says in her review Julie, you've changed my life as I listen to all the call-ins and your special guests. Thank you. I made it on this show the first Tuesday in February and was luckily selected. You worked on my bladder cancer and my one kidney. I felt such emotional relief. I feel so supported on my spiritual journey by your show. Much love to you. So, barb Boyer, we're gonna continue to support you on your spiritual journey because you won a free scholarship to my Angels and Enlightenment training.

Now a little bit about that Online self-paced, you can get through it in two or three hours. It's going to teach you how to communicate with spirit, any spirit. It's going to teach you how to tell what phase of transition somebody's in. You'll learn about that Most important thing about either of my trainings angelic attendant training or angels and enlightenment training angelic attendant is live Angels and enlightenment is self-paced, but both of them have live practice groups. That is the key. You guys, you've got to practice this stuff. You can read a book, you can watch a movie, you can talk to somebody about it, but until you do it and you do it with some regularity it's going to come in. The more you do it, the easier it's going to be. It's just going to be second nature.

I have scanned tens of thousands of people in the last few years. I probably talk to around 3,000 people a year. So I can throw a football, but it doesn't mean that I'm going to be an NFL quarterback unless I throw that football tens of thousands or maybe hundreds of thousands of times. This is the same thing. Think about when you're driving a car, learning to drive a car. Right, you watch the video, you read the book, you're in the car with somebody else, but until you're behind the wheel you don't really get it.

Practice is the number one issue. So, barb Boyer, just go on AskJulieRyan.com, click on the Ask Julie button, send us a note, say, hey, I'm Barb, I won the free class on Thursday's show and my assistant, rachel, will get you all signed up and get you in the works. Anybody that wants to take the Angels in Enlightenment training, just go on askJulieryan.com, click on the training button and you'll see both of those classes offered and everybody can do this stuff. You guys, I learned how to do it. Everybody has the ability and it's a blast, obviously. So comes in really handy in all areas of your life, as you can tell. So congratulations, barb. Okay, I think we have time for a couple more questions.

Julie

Chris, who we got? Narda, hi, narda.

0:43:57 - Narda

Hi Julie, how are you?

0:43:59 - Julie

I'm terrific. How are you, my girl, doing well?

0:44:03 - Brenda

Doing well.

0:44:04 - Julie

Terrific. Please tell everybody where you're located.

0:44:07 - Narda

I am from Rockville, Maryland. Okay, you got a question for me. I do so I do not know if I pulled or if I tore a tendon, a ligament, in this right groin muscle. I can barely walk. I don't know if it's that. If it's that, no, it's. I think the hip is better, but it's that, or bursitis in the right hip or something. I don't know, but I'm having a really hard time walking.

0:44:36 - Julie

It's crazy, I'm sorry. Okay, so it's your right, groin. What did you follow, did you?

0:44:45 - Narda

were you working out? It's been doing this for 10 years and it's on and off, but now it's just constant. But everyone keeps saying I've done nothing to it, but I'm like it can't be hurting for this long. It's really.

0:45:00 - Julie

Okay, all right, let me get you on my radar. Here comes my laser beam from Sweet Home, Alabama, heading over to you in Maryland. All right, got you going in. You're a twisted sister, honey.

0:45:10 - Ginger

Oh, it feels, that way.

0:45:13 - Julie

Right. No, your pelvis is twisted. The right side of your pelvis is in front of the left side. If you look sideways in the mirror, you're not going to be able to detect that. But do you see a chiropractor? No, go talk to your friends and your family. Find out who has a chiropractor that they've gone to for a while and they really like them and it's going to be. You know, it may take a few sessions, but they're going to get your skeleton in alignment. I'm watching it get adjusted energetically right now. But you need your hips adjusted because you're twisted and so the

right side of your pelvis is in front of the left side and what I'm watching as energetically it's getting adjusted, it's evening it out, so the two are side by side and it's kind of like you're walking at an angle and it's pulling on everything. Feels like it.

0:46:13 - Susan

Yeah, it's weird. Yeah, yeah, yeah.

0:46:17 - Julie

Let me look at your hip joint. In there it looks all right. I mean, I'm not seeing anything that's giving me pause for pause there, putting a little bit of stem cell energy in there just to give you a little extra padding. You're just twisted, yeah, and they'll fix you and you're going to be amazed at how much better you're going to feel, really quickly.

0:46:36 - Narda

Okay, so just do I tell them I need the adjustment for the groin or for the hip or the pelvis. I would get your whole body, get your whole body done. Just do the adjustment, okay.

0:46:47 - Julie

Whole body You're going to get on the table and they're going to go. Holy Moses, how are you not in terrific shape? And you can say well, actually I am yes yes, okay Well, thank you. And I think it's going to be an easy fix for you. It may take several appointments because your muscles and your ligaments and stuff are so used to being in that it's so tight.

0:47:15 - Narda

I mean, I can just feel it Okay.

0:47:17 - Julie

Well, yeah, think about it, you know. When it's in its proper position, then they can act like they're supposed to instead of being pulled because your pelvis is out of whack. Okay, they'll fix you up.

0:47:30 - Susan

They'll fix you up easy and it's already happened. Okay, it's already happened on the energetic level Perfect.

0:47:37 - Julie

It'll integrate into your body. So when you go into the chiropractor, it's going to be a breeze. Oh, thank you so much.

0:47:42 - Narda

Julie is going to be a breeze. Aw, thank you so much, Julie, I really do appreciate it.

0:47:46 - Julie

You're welcome. Thank you, you are most welcome. Thanks for joining us. All righty AskJulieRyanShow.com and we're on the YouTube live stream at Ask Julie Ryan.

Julie

So let's see who Chris is going to put up next. Sylvia Hi, Sylvia, from Puerto Rico.

God, this is like the international show tonight. Singapore. Where else do we have Jakarta and now Puerto Rico? All right, I'm working on sending stem cells to my pancreas. I want to know if anything else I can do for putting my pancreas to work properly again. So, Sylvia, you're having diabetes, like sugar kind of stuff, I would imagine. So I'm going to connect into you. Girl, here we go. Here comes my laser beam from Sweet Home, Alabama, heading south, and got you

shooting energy from your feet up through the top of your head. I've got the hologram of you in my head. I'm looking at you from behind. I'm in the pancreas right now. What we're going to do is we're going to give you a tune-up, give you a pancreatic tune-up. How's that sound? So imagine that there's a spiral of energy Think of the Milky Way galaxy spiral and it's spinning in a clockwise direction as I'm looking at you from behind. And so, as that spiral comes down on the right, underneath the bottom and comes up on the left. It's throwing out this sludgy looking stuff, Sylvia. And as it clears out all that sludgy looking stuff, the pancreas is turning pink. When I see an organ that's stressed or is diseased, it can look gray. Yours looks kind of grayish brown, actually. Kind of looks like grayish brown pond water, think of that. And so, as it's getting cleaned out, what's happening is it's getting pink from the top and it's turning into pink throughout the whole thing. We're about three quarters of the way there.

This energetic healing stuff works fast. Obviously, these healings are amazing to watch and I'm always amazed at how quickly spirit works in our bodies to help us heal. So we have that going. Okay, it's done. And now what I'm watching is I'm watching just a whole flushing of your GI system to get that cleared out too. All right, that's happening, and the irrigation solution comes out the end of your toes. So, yeah, think of your feet looking like sprinklers and the water's coming out the end of your toes.

I love that part of the healing. Whenever I get to see it, it cracks me up every time. And we're supposed to have fun when we do this stuff, you guys. Spirit is all pure joy and love and we're supposed to have fun. So got that going on. I think that's part of why I get these crazy analogies in my head. Got that going on. All right, stay, do keto, do keto. Stay away from sugar and stay away from anything that's refined. Stay away from, you know, especially refined carbohydrates. But you can turn around your glucose stuff in, usually within a couple of weeks, just with diet.

There is a guy who's a scientist at Brigham Young in Utah and his name's Ben Bikman B-I-K-M-A-N. It's pronounced Bikman, I think. He says Beekman, but it's spelled B-I-K-M-A-N. It's pronounced Bickman, I think. He says Beakman, but it's spelled B-I-K-M-A-N. He's got wonderful books out. If you just do an internet search on his name, you'll see him on a bunch of different podcasts. You will learn a lot. So go find Dr Ben Bickman B-I-K-M-A-N and listen to what he has to say and you can turn this around and your pancreas is going to heal. Everything's healable, including your pancreas. So I hope that helps. Sylvia, Thanks for joining us. All righty, let's see who's next. Susan, hi, susan, hello, how are you, girl?

0:52:05 - Susan

I'm doing well. Where are you? I'm in Collins, Mississippi, not too far from you, oh you are close to me, wonderful, well welcome.

0:52:16 - Julie

How may I help you?

0:52:18 - Susan

Well, I had a little piece of cancer cut off of my calf. They got it all and I'm doing the post-op healing where I'm trying to stay off of it, and I've been visualizing, trying to visualize putting the stem cells in. Don't know if I'm doing it correctly. My main problem right now is the eczema that I have from the wrap that they put around my leg and it's got a lot of bumps and it's itchy. But I've had eczema for a while, so just a little scan to get rid of all the eczema would be great.

0:52:47 - Julie

That's coming from your gut. When we have rashes, they're always from the gut 100% of the time. They probably gave you antibiotics for when they did the procedure, which is going to mess up your gut even more. So what I'm doing is I'm going into your gut first, then we'll look

at your leg. Okay, all right, so getting that calmed down. You've got yeast overgrowth in your gut, so I'm clearing that out. You have what's known as leaky gut and you may have heard me say before, but it bears repeating.

Stay low on the food chain. If God made it, eat it. If man made it in a factory, do your best to avoid it. If you're going to eat fruit, peel it, because there's tons of yeast on the peel. And stay away from fermented things, because yeast loves anything fermented. It turns your gut into a fermentation factory. Never again for the rest of your life ever put a slice of lime or lemon in a drink, ever, okay, whether you're at home or especially if you're in a restaurant, because there's tons of yeast on the peel. And think about, in restaurants they slice that stuff up in the morning and it's sitting out room temperature. God only knows what's growing on it, you know. Think of any bar you've ever been in, even if it's in a fancy restaurant. They got all that fruit sitting up on the bar that they put in the drinks. That stuff's been out for hours. It's gross. So there's that. Freeze and reheat your food, because you skitz on food when it's left in the fridge overnight.

I would do the gut biome test. Go to viome.com V, as in Victor I-O-M-E.com and use Julie Ryan all one word at checkout and you'll get half off of the test. It's a fancy word for a poop test. You do it at home, Susan; you don't need a doctor's orders. It's gonna tell you what all the critters are in your gut because we have trillions of them that we need to be healthy and, more importantly, it's going to tell you, based on that, it's going to tell you here are your superfoods, here are the foods for you to avoid, here's everything else. Eat this a lot, eat this a little. So we'll do the Susan diet.

You want to get a hold of some Nystatin? Nystatin, n-y-s-t-a-t-i-n Nystatin. Call your doctor and say hey, you know I need some Nystatin for this rash. It's an antifungal Kills yeast on contact. It's what they give babies when they have thrush. No known side effects, and I would suggest doing a consult with Dr Maria. Dr Maria Amasanti, d-r-a-m-a-s-a-n-t-i. Chris has put the banner up on the screen so you can see it. Okay, she's the goddess of the gut. She will help you get your gut healthy and those rashes will be a thing of the past. So they'll go away. Eczema is always leaky gut. Any kind of rash, I mean, unless you've rolled around in a pile of poison ivy or poison oak. It's all from the gut. It's all from your gut. All right, let me look at your calf and see what's going on. All right, so they did. You have a Mohs procedure done on that, or they just kept taking another layer till it got?

0:56:04 - Susan

No, they just cut out about a nickel size. It was I forgot now what you called it, but it was a bump and they got it all. So I'm okay with that. I just want the healing they went deep.

0:56:16 - Julie

Yes, they did. I can see they went deep, yeah, yeah, so that's what it looks like to me, and sometimes that's what the mows look like, because I'll take a layer and then they'll test it and then I'll take another layer and go deep. So you got deep. We're filling it with stem cell energy. Okay, light amber color gel sparkles dippity-doo and there's a vortex spinning above it to regenerate that skin. They got. It looks to me like they got everything. I don't see anything.

0:56:42 - Susan

Yeah, they tested and said they did. Yeah, it's good. I have a little cough left over from the COVID that I had, so if you can do anything with my lungs, I'd appreciate it yeah yeah, I'll suck them out.

0:56:54 - Julie

There's these suction tubings that are in your lungs and we're just suctioning them out. When you get your gut healthy, that's going to help your immune system, because that's where most of the immune system is based is in the gut. So work with Dr Maria to get your gut healthy.

You're going to be a new woman. You're going to be like. You're going to be so healthy they're going to just think you're superwoman. So do work with Dr Maria and you will love her. She's terrific.

0:57:23 - Susan

I also have your book. I love it. Oh wonderful, Terrific. You will love her, she's terrific. I also had your book. I love it. Oh wonderful, Terrific. Thanks so much. I figured out how to put the review on it but there's your review.

0:57:39 - Julie

It's great, thank you. Just go to Amazon and type in Julie Ryan and it'll come up, and then you just put a thing and that helps other people find the information. Anybody that gets a free copy, please leave a review on Amazon too, whether you buy it or whether you get it for free, because it's usually people that are in most need of comfort that are looking for help, and this information is so comforting. So, again, anybody that wants a free copy of Angelic Attendance what really happens as we transition from this life into the next just go to Julieryan.com and we'll send you a free digital and audio book version. So, Susan, I hope you feel better. Thanks for joining us, thank you, okay, bye, appreciate it, you bet. Alrighty, everybody. That's it. I hope you have a wonderful weekend and I will see you here same time, same station next week, 8 Eastern, 7 Central, 5 Pacific and in the meantime, sending you lots of love from Sweet Home, Alabama. Bye everybody.

0:58:44 - Ann-cr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

0:58:58 - Disclaimer

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