

AJR Show Jan 2nd 2025 Transcript

0:00:01 - ANNCR

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and Ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. Happy 2025. Good heavens, that sounds like it's so futuristic and yet here we are. So what a delight to be with you the day after New Year's Always fun. I have to show you guys something so cute.

I just came into my studio here, haven't been in for a couple of weeks. Look what Jonathan left me. You know, my son, Jonathan, was home for 10 days and as a surprise, he left me this note. Then he says have a good show, love Jonathan. Is that the sweetest thing ever? Oh, my gosh. So I just texted him. I said thank you for my note. How sweet was that? And he just said love you too. So what a joy, so fun to have him home. And then Dr Mal's wife came in a few days later and stayed a few days longer, but it's great because she's from here too. They were high school sweethearts, so he stays with us and she stays with her family, so it's great when they're home.

I feel bad for those of you that have married children and they switch years going to different in-laws' homes. We get them both. So it's been really great. Love and prayers out to everybody in New Orleans that's been affected by the tragedy there, oh my gosh. So we're sending you lots of hugs and lots of prayers.

And then one other thing you guys thank you for making the Angel Messages for your Life's Journey, the new book that just came out and it was number one on the Amazon list in spirituality. Oh my gosh, what a great surprise. So, for those of you that haven't gotten your copy yet, it's real life stories from graduates of my angelic attendant training about serendipitous, angelic, miraculous things that have happened to them in their lives, and it's just such a wonderful, uplifting, fun, amazing book full of true stories. So, angel messages for your life's journey. Just go to AskJulieRyan.com, go to the book section and you can find it. You can also find it on Amazon and anywhere books are sold, but it's just easier if you're just going through my website. Go to AskJulieRyan.com, slash books and you'll be able to see it there. So thank you so much for that. I would love it if you guys would leave a review on that book, on any of my books. It helps other people find it, usually when they're in most need of comfort. So just go on Amazon and leave a review, and I would appreciate that.

All righty, Chris, we've got let's see who's next. We've got Chris that's manning the phones and the main switchboard, the main whatever production board. We've got Samantha with us on the YouTube and to join the show, just go to AskJulieRyanShow.com and you can have a conversation. We'll have a conversation if you join us that way, askJulieRyanShow.com, and if you're joining us on the YouTube live stream, come in at Ask Julie Ryan and we've got Samantha there that's helping us on that end. Be sure, if you're putting a question in the chat on the YouTube live stream, put your first name, where you're located and your question, and then we'll answer a bunch of questions from there too. So the fun thing about this is you guys I

never know who and your question, and then we'll answer a bunch of questions from there too. So the fun thing about this is you guys, I never know who's gonna call, I never know what their questions are gonna be and I certainly don't know what Spirit's gonna say. So it's always fun because it's always new and different. This is fun for me, as it is, hopefully, for you guys to listen to it. So, all right, Chris. Who's first? Okay, this is Hi, Julie.

I'm Elena from Amsterdam in the Netherlands. I have had cervical cancer for four years now, had two remissions, but it keeps coming back stronger. Can you do a healing and is there something I can do better? Yeah, absolutely Okay, elena, thanks for joining us. It's the middle of the night there, so I know you're up late to join us. So thanks so much. All right, here we go.

How this works for those of you that are just joining us for the first time is I raise my vibrational level to level of spirit, because we're all spirits attached to a body, having a human experience. When we're attached to a body, we vibrate more slowly, simply because the body has mass. So I raise my vibrational level. I'm going to watch a laser beam come from my body here in Birmingham, Alabama. It's going to hook into Elena in the Netherlands and then I'm going to have a hologram of her in my mind's eye and it's going to be as if I'm looking at an x-ray or a CT scan or an MRI. I'm going to envision shooting energy from her feet up through the top of her head. Since we're trying to get as many people on it as possible, I'm going to go right to her cervix. We're going to see what's going on and I'm going to describe the healing.

And I always get these visuals and sometimes they're really hilarious. You guys those of you that have listened for a while you know that. But, honest to God, that's just how spirit communicates it to me, and it's intended for us to have a frame of reference from a human perspective. So everybody listening when I'm describing a healing, I want you to envision what I'm talking about, because when you do that, it's going to be the equivalent of all of us sending healing to Elena or whoever the person is with whom we're working at that moment. It's kind of like the power of prayer. You know. You get a bunch of people praying for something or a bunch of people meditating on something, and then it helps the person with whom we're working. That's how this works too. So here we go, Elena. Here comes my laser beam from Sweet Home, Alabama, heading across the ocean to you. All right, got you Shooting energy from your feet up through the top of your head, okay, so it looks to me like you've had a hysterectomy, which I would imagine.

So what I'm doing is I can see where the cancer is Looks like it has metastasized. When I see cancer that's metastasized, it reminds me of a dairy cow. You know how a dairy cow is white and it's got black splotches of color on its body. Looks like somebody threw like a glob of black paint on them. That's what metastasized cancer looks like to me. So I can see that what we're doing is we're gonna do a lymph cleanse first Easy for me to say Imagine a big vertical pneumatic tube.

It's on the front side of your body, it's inside your body, but it's on the front. All your lymph fluids going in there. Lymph fluid is an amber color. It's kind of globby. Think of the fluid inside a lava lamp that's what it reminds me of. And there's a hole that's open on the bottom of each of your feet so that fluid's spinning in a clockwise direction inside that tube and the toxins are coming out the bottom of your feet. So we're doing a reverse osmosis purification on your lymph fluid and that's how the cancer moves around is in the lymph. So we're doing a reverse osmosis purification on your lymph fluid and that's how the cancer moves around is in the lymph system. So that's number one. Number two there's a big metallic dome that's come down on top of your body and as it lifts off, think of a dome that you'd see on a plate full of room service food in a fancy hotel, and if you haven't experienced that, think of seeing it in a movie. And as it lifts off, it's removing the lymph nodes that have sequestered toxins. Lymph nodes look like D3 vitamin capsules to me, and when they have toxins sequestered they can be brown or black inside. So we've removed all of those and now what we're doing is we're

regenerating new lymph nodes. So you're being sprinkled with stem cell energy and there are vortices spinning above your head, beneath your feet, on either side of your front and behind all spinning concurrently. That's going to regenerate new lymph nodes, so we'll help your body heal that way.

Lastly, we're going to do a DNA healing. Dna, of course, is the recipe that tells the cells how to behave, comprised of four nucleic acids represented by four letters A-T-C-G. One strand can have anywhere from 100,000 to a billion letters on it. And these strands, Elena, look to me like a piece of paper you'd see inside an American fortune cookie with a fortune written on it. I've learned over the years that it's an American thing, with fortune cookies. In other parts of the world they don't do that. So imagine those strands are getting resequenced. Think of playing Scrabble and Warp Speed. We're moving letters up and over.

You have eight strands of DNA that are getting resequenced. They've come out of an X chromosome. Everybody has Xs. Boys have an X and a Y, girls have two Xs. You didn't think you're going to get a sixth grade science update tonight, probably, but that's how it's explained. All right, we have three strands left to go. The other five I've resequenced already. Okay, six is in. Seven just went in. Eight's getting close. I can tell when it's getting close because the resequencing slows down and it reminds me of a train coming into a station. You know how it's slowing down before it reaches the platform. Okay, that's in too. So I hope that helps. I would suggest, Elena, that you look up a scientist at Boston College named Thomas Seyfried S-E-Y-F-R-I-E-D. He's been studying cancer for 30 years. He makes tons of sense to me and he says that cancer needs sugar and fermentation to proliferate. So remove anything that's processed, including sugar, and remove anything that's fermented in your body, and that's gonna help a lot. So I hope you feel better.

Thanks for staying up late to join us. Okay, askJulierianshow.com, if you wanna have a conversation with me and if you're coming in on the YouTube live stream, come in at AskJulieRyan. I'm gonna be giving away a free session a little bit later in the show. The first of the month, I always give away a free session. I also do it on my monthly lives, which is the fourth Tuesday of the month, and also I have a note from a gal that called in a couple of months ago with an update that's just hilarious that I printed off to read to you in a little bit. So you want to stay with us and see if you're going to win a free session with me for an hour, which will be a ball. Okay, Chris, who's next? Hi, is it Anil Anil?

0:12:18 - Anil
Anil, that's correct, yes.

0:12:20 - Julie
Hi Anil.

0:12:21 - Anil
Nice to talk to you? I'm good. How, neil? How are you, nice to talk to you? I'm good. How are you?

0:12:24 - Julie
Terrific, thank you. Happy New Year.

0:12:27 - Anil
Happy New Year, thank you.

0:12:29 - Julie
How may I help you? Where are you? First of all, when are you?

0:12:32 - Anil
I'm in New Jersey.

Okay, I'm located in New Jersey. I saw you on the Next Soul podcast so I've been following you since then. Oh, my buddy, alex level soul, he's awesome. Yeah, yeah, wonderful. So I've gone through my healing journey over the last few years. I've become spiritually awakened and all that, and I've cured my diabetes. The only thing that I can't do is that I've lost hearing in my right ear. I have tendonitis constantly for the last three, four years and wondering if you could look at it and see like I know it's not medical because I've gone through all MRIs, all tests, everything. Doctors can't figure it out, so it'd be great if you could see what's going on there.

0:13:12 - Julie
Yeah, it just all of a sudden. It came on after four years.

0:13:15 - Anil
Yeah, I just woke up on in October 2019. My ear was hurting. I went back to sleep. I woke up and the hearing was gone, 99% gone.

0:13:24 - Julie
Good heavens Wow.

0:13:25 - Anil
Yeah.

0:13:26 - Julie
Okay, all right, here comes my laser beam from Sweet Home Alabama up to. Joy-z. I'm coming to you in Joy-Z, all right, got you Shooting energy from your feet up through the top of your head, going to your right ear, going in there. Okay, obviously, this is a new thing that I've started seeing just in the past few weeks. Anil, and you know what?

0:13:50 - Leah
Stonehenge looks like in England. I haven't been there but I've seen many pictures of it.

0:13:54 - Julie
You know they have those stones. It reminds me of the inner workings of the ear. It has all these little tiny bones in it and yours look like Stonehenge, where some of the parts of it are falling over. How's that for a crazy analogy. Nevertheless, spirit gives me these visuals so that we can have a human frame of reference, and I want you to picture what I'm describing, because it's going to help integrate the healing into your body. It's kind of like the body is always going to follow with the brain's showing it, even if it doesn't believe it to be true. Think of a time you watched a movie and it was sad, and you found yourself feeling sad and you thought wait a minute, this is pretend, but your brain, your body, was following what your brain was showing it. So what I've got is I'm watching all of those little teeny bones separate. Think of an animated movie where they're all separating and now they're all coming back together in the proper form, and so we're watching that happen and it's all stem cell energy energies going on top of it.

Stem cell energy is the coolest of ever, ever, anil, because it'll fix any body part we need. It looks like a light amber color gel has sparkles in it, because it's woo-woo Got to have sparkles Reminds me of this hair gel called Dippity-Doo. That was a thing in the 60s and 70s when I was growing up. You can look it up. And so there's that there's a vortex spinning outside of your ear and that's regenerating the inner workings of your ear. Picture that. And you've got some perforations in that eardrum. Have you had ear infections, perhaps as a child? Okay, I can see that. So I'm watching the eardrum get cut, get excised like with a scalpel, like in surgery. Get

cut, get excised like with a scalpel, like in surgery, around the edge of it. And then I'm watching. There's a flat plate that's put behind your eardrum and stem cell energy is laying on that flat plate. And then there's that vortex still spinning outside of yours. So we're generating a new eardrum for you.

0:16:25 - Patricia
Wow.

0:16:25 - Julie
And it's going to go in place to do that. In the meantime, I'm watching your eustachian tube get rotor-rooted, get cleaned out. Imagine there's a spiral of energy that's spinning and it just cleans out everything.

Yeah, cleans it out. Yeah, all right. So I'm watching the eardrum get adjusted Back to the bongo drums. You know, depending on how tightly that membrane is pulled, that's going to determine the tone of the drum, and I'm watching energetic sound waves and musical notes bouncing off your eardrum and it's getting pulled in different directions to get that correct. Okay, got that going.

The other thing that I'm getting I get, in addition to the things that I see. I get what I call divine downloads, anil, and so that's just thoughts that are coming into my head, and what I'm getting is for you to try turning off your Wi-Fi at night in your home and see if that helps. Number one, because Wi-Fi can cause problems with that. And number two, I get that it would be helpful for you to use Beam Minerals B-E-A-M Minerals. Go to beam B-E-A-M minerals.com and use Julie Ryan at checkout. You want to get the minerals and get the electrolytes. They're liquid, they taste like water, they're amazing, because most of us are walking around with about 40% of the minerals that we need to be healthy, around with about 40% of the minerals that we need to be healthy, and I get you're lacking in minerals, especially magnesium.

0:18:11 - Dennis
Interesting Okay.

0:18:12 - Julie
So that's going to just take care of all of it easily, inexpensively, just do it. Everybody in my family is on them. They're amazing.

0:18:19 - Anil
Amazing. Okay, I'll get those.

0:18:21 - Julie
That's the foundation of building new cells to heal things. So I believe this will come back for you.

0:18:30 - Anil
Come back. Yeah, yes, yeah, so do.

0:18:32 - Julie
I yeah.

0:18:32 - Leah
So I hope it helps.

0:18:33 - Julie
Absolutely yeah.

0:18:34 - ANNCR

Update us. Thank you so much. Let us know how you're doing, yeah.

0:18:37 - Anil

Yeah, and I'm going to sign up for the practitioner program. That really excites me.

0:18:42 - Julie

My class program. That really excites me. My class Fabulous, yeah, wonderful, intelligent Attendant Training. We're doing an online one in May, and then we're doing a one-person one in Atlanta, and so, yeah, so we'd love to have you join us.

0:18:59 - Anil

It's an amazing amazing adventure Okay. Yeah, thank you so much. Thank you Take care.

0:19:07 - Julie

Bye, all righty, if you want to have a conversation with me, come in at AskJulieRyanShow.com. If you're joining us from the YouTube live stream, what you want to do is go to Ask Julie Ryan and put your question in the chat. If you have one, put your first name, where you're located in your question, and we'll be taking questions from there as well. So we'll do that. Oh, I got to read you this note. This was a follow-up. Anybody that's got a follow-up that's called into the show, please email me the follow-up. Just go on my website, askJulieryan.com and ask Julie a question. Just put it in there and I'll get it. This was so funny, you guys. I just cracked up when this came in.

This gal called in a few months ago and she said hi, Julie, I have to tell you this. I lost my engagement ring and when I called you, my first question was where is this ring? You said quote, spirits, telling me it's in the bathroom. End quote. And she said I immediately thought quote, oh man, she didn't know what she's talking about. Talking about me, because that's impossible. And so and she says oh my God, guess where it was finally found two months later the bathroom, with about 10 exclamation points after it.

So I think it's fun I hear from those of you that watch and listen to the show. Every once in a while you'll say, hey, whatever happened to that person. So if you've called into the show and had a healing or something's been going on that you can give us an update. I'm going to start reading those when they come in, because I think they're so much fun to read. So thank you for sending that in, and I'm so glad you found your engagement ring in the bathroom where Spirit was telling us it was the whole time. I'm eager to hear where she found it. So if you're listening, let me know and I'll tell everybody. Okay, Chris, who you got next? Patricia Hi Hi. Happy New Year you too. Thank you, where are you? I'm in Arizona.

0:21:20 - Patricia

Thank you. Where are you? I'm in Arizona. Okay, terrific, got a question for me. So I've been having some gut issues for the last few months, and years ago I had a gynecologist that had told me that I had a cyst on my ovary and he was watching it closely. So I don't know if it's that or if it's even related, but for years I'd always been visualizing that that had fallen off, but he had been watching it and I could never make it back to the doctor to take care of it. It wasn't a while. I do get the pain, but mainly it's got issues.

0:22:01 - Julie

Okay, what kind of issues Like gas bloating Pain.

0:22:04 - Patricia

A little bit of pain on the ovary. Okay, what kind of issues like gas bloating pain, a little bit of pain on the ovary.

0:22:08 - Julie

Okay, all right, let me get you on my radar, let's see what's going on. Here we go. Here comes my laser beam from Sweet Home, Alabama, heading out to that other A state, Arizona. All right, got you Shooting energy from your feet up through the top of your head. You said it's your left ovary. My right Right Energy went to your left ovary, all right, so I always, if it's going someplace other than where it is that we're talking about, I'm going to check it out. So let me see what's going on with that. Doesn't look malignant, but it doesn't look right either. It looks charred to me. Did you have any procedures done that would have involved cautery or radiation or anything like that?

0:22:58 - Patricia

Yes, I had a tumor when I was 32 and my tubes were clubbed, so he left them. He removed one, he left one, but he sliced them, okay.

0:23:12 - Julie

So he used cautery in that. Probably he was prone and stuff. Imagine what chicken breast that you leave on the grill because you forget it. You know how it can get charred on that. So what I'm watching is I'm watching that ovary get encapsulated and get removed and there's a new one going in its place. You won't get pregnant, you don't have to worry about that, but let's just use stem cell energy on that and light amber color gel sparkles dippity-doo. There's a vortex spinning above it hooking the plumbing back up so that it's in its proper place. Got that going on.

As far as the gut goes, it looks inflamed. It looks like I'm not seeing yeast, which I'm surprised about that. Patricia, what I'm seeing is I think you've got some kind of little viral infection going on in your gut and viral infections look to me like watery beef broth, if you can picture that, whereas a bacterial infection. I'll see hot pink energy like a fuchsia color, more pink than purple. So what I'm doing is forcing that viral infection out.

I would recommend that you consider doing vitamin C and zinc together. It's an amazing antiviral combo. Platter and get the Ester-C. I like the ester C, e-s-t-e-r C, because it's buffered. It's going to be easier on your stomach and you want to do a thousand milligrams of C and 50 of zinc. I would try it three times a day, see if that can happen. And then the other thing I would recommend is working with Dr Maria Amasanti and her website Patricia is dramasanti.com. She is the goddess of the gut. She is an Oxford-educ educated MD, general practitioner. She does naturopathic medicine, functional medicine, I don't know what all. She's graduated my class so she does energy medicine too and she will help you get your gut healthy in short order.

But it looks to me like a viral infection that you've got. That's just been going on. I'm also getting that you've got some parasite activity happening, so we're going to zap those. And you know you get parasites from eating lettuce. For heaven's sakes, you don't have to go out of the country. That makes sense. So I love doing parasite cleanses because it makes me feel like Princess Leia with a lightsaber of doing parasite cleanses because it makes me feel like Princess Leia with a lightsaber. And so remember, I got a hologram of you in my mind's eye and the lightsaber is like a laser and it goes back and forth on your body in the front. Then I turn the hologram of you around. It's going back and forth again and it's so funny when I watch this, because parasites look like those little squiggly paramecium things. Did you remember looking at pond water under a microscope when you were in school?

And they're squiggly and they look like little wormy things in there. Well, this healing obliterates the inside of them, but it leaves their carcasses and those look like a vitamin capsule without anything in it to me. So those are all sucked out of the top of your head. So you just got a big old parasite cleanse too. Oh, thank you, that'll help. So the healing's already happened on the energetic level. That's how all these work. It's already done. Now we have to help integrate it into your body with things that you can do to help your body along. So I would do the C, the zinc. I would talk to Dr Maria. She's going to help you get your gut healthy.

0:27:12 - Anil

Beautiful Thank you so much.

0:27:14 - Julie

You bet. Hope you feel better. Thanks for calling Patricia. AskJulieryanshow.com. If you're joining us on the YouTube live stream, we're at AskJulieRyan. See how much fun this is.

Healing is supposed to be fun, you guys. Spirit is hilarious and gives us all these just funny, funny visuals and joy, everything's joy. You know all spirits, pure joy, pure love. So we're supposed to have fun when we're doing this stuff. So, yeah, I obviously have fun. I love doing it and love talking to spirits in heaven. Love talking to pets. Love gosh, what else? Doing past life stuff, telling how close to death somebody is, communicating with somebody at the end of their lives what an honor that is too. So all of these things that we get to do are fun. So come join Anil and me and whoever else is taking my classes. We have people signing up for it already. AskJulieryan.com. Slash training the online, in-person or the online live class where you learn to do the buffet of psychichness is gonna be May I believe it's 17th and 18th that weekend and then we're gonna do one the end of October in person in Atlanta again. So people are signing up for both already. Come join us. Alrighty, let's see who's next. Teresa, hi Teresa, teresa, hi Teresa, hi Julie. I'm Teresa from Atlanta. Speaking of Atlanta, teresa, come join us for my class.

I have recurrent dreams that are always in the same house. Are these due to a past life? Is my soul trying to answer some questions left unanswered? I just heard a yes in my head. What I'm going to do, teresa, is I'm going to hook into you and then we're going to do an instant replay of your dreams and see what we can glean from what we can do. Instant replay, kind of like you're watching a football game and you want to watch the touchdown scored again, and they'll do an instant replay. It's the same concept here. So here we go. I don't have to go very far because you're only two hours east of me in Atlanta. Laser beam, hooked into you, got you All right.

Show me the dreams that she keeps having with the same house. I can see the house. It looks like it's two-story to me. You're walking in Okay, in this version there's people in the house. It looks like it's two story to me. You're walking in Okay, in this version there's people in the back. Looks to me like there's a hallway that goes from the front of the house to the back of the house. Looks like there's maybe a kitchen on the left and a family room, kind of a thing, on the right side. There's a bunch of people back in the family room. You walk in and nobody notices you. Okay, why aren't they noticing you? Because they can't see you. Because you're a spirit in the dream, all right.

So what's that conveying to Teresa? What's the big message here with this? That your family is waiting for you. I'm hearing your family is waiting for you and will always be there for you, whether they can see you or not, whether you're a spirit or not. Because you know our loved ones are around us as we're transitioning and they're also with us when we get to heaven. They're waiting for us. I call them the welcome to heaven committee.

I talk about that in my book, angelic Attendance what really happens as we transition from this life into the next. If you haven't read it yet, teresa anybody watching that hasn't read it yet just go to Julieriangift.com. Julieriangift.com. You can also get it on the homepage of my website. It's going to tell you what happens when somebody dies, how we're surrounded by angels and the spirits of deceased loved ones and pets. So the big overall message that I'm getting here for you is that you are surrounded by loved ones, whether they act like it or not. Whether you're in spirit form or in human form, you're always gonna be surrounded by loved ones. How sweet is that? So yeah, read my book. We'll send you a free digital and audio book download, Julieriangift.com. You're welcome to buy the paperback if you want, but I give away thousands of the digital and audio book versions because I think this information is so important, so I'm happy if you share it with your family and friends as well. So I hope that helps. See, send us a note, let us know if that resonates with you in any way. Helps, see, send us a note, let us know if that resonates with you in any way. Thanks for your question.

AskJulierianshow.com and Ask Julie Ryan on the YouTube live stream. I'm going to be again. I'll be announcing a winner for a free session in just a little bit and then, whoever the lucky winner is, we'll have an hour together. We can talk about anything you want from the buffet of psychicness, anything and everything. We can scan you energetically. I can talk to your dead grandma. We can scan your pets. We can do a past life thing. We cram a lot into an hour, and so remember to subscribe. Subscribe everywhere you listen to podcasts. We're on all the networks. Subscribe to YouTube as well. Okay, let's see who's up next. Another YouTube from Beatrice Hi, beatrice, she's in Stockholm.

Another girl who's up late at night. God bless you. All right, what an honor. Love your work. Is there anything special I should think of that could be beneficial for me at the moment, except sleeping? Yeah, because it's the middle of the night. Well, what I got was you need minerals, you need minerals. You're lacking in minerals. I get that. I get reduced sugar. Give it up if you can. And granted, it's the holidays, so most people have had a lot of extra sugar, but I'm getting. Get your minerals up to speed and lighten up on the sugar and have sweet dreams. So thanks for staying up late with us. I love it. People. Gosh, what an honor. You know people are staying up late at night to come in to talk to us. Good heavens, I love it. All right, let's see who's next. Hi, Dennis, how are you, sir?

0:34:24 - Dennis

Um, I'm okay, I'm in Boston by Boston, mass Moonenburg, mass, Massachusetts.

0:34:33 - Julie

All right. So for those of you that are listening and not watching, Dennis looks like Santa. He's got a big, white, fluffy beard. So are you really Santa, Dennis, and you're just taking a break and joining us?

0:34:49 - Dennis

Yeah, we got to keep that under wraps.

0:34:53 - Julie

I'm relaxing right now, okay, good, terrific, how may I help you sir?

0:35:00 - Dennis

My tinnitus is driving me crazy.

0:35:05 - Julie

All right, and we just did a tinnitus healing on Anil. All right, let me get you going. Is it your left ear that's bothering you the most? The most.

0:35:18 - Dennis
Now it's the loudest.

0:35:20 - Julie
Yeah, that's where the energy went first. So I'm in there. Same thing with what we just did with Anil, our second caller. So the little bones, I'm seeing these little bones and I don't understand why, all of a sudden, we're seeing a lot of tinnitus, tinnitus, tinnitus. Same thing. And, as I mentioned to him, think of Stonehenge excuse me in the UK and England and all those stones. Some of them are knocked over and some of them are standing up straight. So imagine, all those little tiny bones in your ear are coming apart like in an animated film, and then they're coming all back together again and I'm seeing perforations in your eardrum, like I did with him. Did you have ear infections as a child? Perhaps that you remember?

0:36:13 - Dennis
Not many, I think a few times I remember my dad blowing smoke in my ears.

0:36:21 - Julie
Yeah, Back then that's right Out of cigarette smoke too, right.

0:36:27 - Dennis
Yep, cigarette, pipe, cigar, didn't matter. Whatever they were, smoking Isn't that crazy, I know. I never had a lot of them that I remember.

0:36:38 - Julie
More sinus infections I'm than ear infections.

0:36:43 - Dennis
Yeah, I'm just fighting off a sinus infection now. Yeah.

0:36:47 - Julie
Yeah, that's what I'm getting. It's more sinus infection for you. But you know, sometimes when you have a sinus infection there's so much pressure in the ears and in that eustachian tube from the sinus infection that can affect it. So same thing as I did for a nail excising that tympanic membrane, which is also known as the eardrum. There's a plate behind it, there's stem cell energy going on top of it. Light amber color gel sparkles dippity-doo and there's a vortex spinning outside of your ear that's gonna regenerate that eardrum there, got that going, cleaning out your eustachian tube. Imagine there's a little corkscrew in there that's spinning and it's cleaning out any kind of congestion or debris in there. I'm going to do a snotectomy on you too, if that's okay, because you got a sinus infection going. So what I'm watching is this little suction tube get put in your sinuses and it's sucking out all the snot that's in there. Are you irrigating your sinuses now, Dennis?

0:38:01 - Dennis
No, just evacuating them as much as I can.

0:38:05 - Julie
Yeah, yeah, blowing your nose. Well, there's a thing called a neti pot. There are other devices that are battery powered that you can put up one nostril and then put saline in there and it'll get all that junk out of your sinuses. That's going to help you so much because when that snot gets stuck up there it has a tendency to get infected. So you want to get that out of there and rinse it. You're going to feel a lot better. That's going to help. So go to your local drug store and ask them what they have to help irrigate sinuses and then get something there Again.

The vitamin C. The zinc is huge. What I talked about earlier. You want to do a thousand milligrams of buffered C I like ester C, e-s-t-e-r-c and 50 of zinc, zinc and C together make an amazing antiviral, and so we're getting that. Are you on antibiotics now? Okay, it looks like a viral infection to me more than a bacterial infection at this point. So, removing that, do that three times a day. The C and zinc do that three times a day and that'll help. So also, I suggest turning off the Wi-Fi at night. See if that helps. And what I said to Anil, too, is the Beam Minerals B-E-A-M minerals.com. Use Julie Ryan at checkout. You'll get a 20% discount. You want to take those? There's a big bottle with a blue label, a big bottle with a green label. You want to do those? They taste like water. They're liquid. That's going to help. I always am seeing a lack of magnesium for people that have tinnitus. I don't know why, but it seems to.

0:40:05 - Dennis

They haven't had it for a long time, do they?

0:40:07 - Julie

Yeah, so try that and see if that helps. Beminerals.com and all of these recommendations that I make. They're all on my website under sponsors askJulieryan.com. If you just go to the sponsors page, all those links are there, All those discount codes are there, and that can help too. So I hope you feel better.

0:40:30 - Dennis

Thank you very much.

0:40:31 - Julie

Tell Rudolph. We said hi, I will Okay. Thanks, Dennis, hope you feel better.

0:40:37 - Dennis

Bye.

0:40:39 - Julie

Bye, askJulieryanshow.com. If you want to have a conversation with me, remember to subscribe on YouTube, subscribe anywhere. You'll listen to podcasts. Everything's at Ask Julie Ryan. If you're joining us on the YouTube live stream, we're at Ask Julie Ryan. You can put your question in the chat. Just put your first name, where you're located, us on the YouTube live stream, where it asks Julie Ryan, you can put your question in the chat. Just put your first name, where you're located and your question and we'll be answering a lot of those as well. So got that.

Remember too, everybody, that first of the year we started this new thing. First of the year, that's today, yesterday, and today you can have an appointment with me. I'm booked out for a little bit. Get on my calendar and then check the reschedule button periodically, because people reschedule all the time. But also I have graduates now of my class that are doing private appointments. They're all fabulous. You're going to love them. You usually can get in quickly with them. They're way less expensive than I am and they do the whole buffet of psychicness too. So we've got three. We've got another one that's joining us now, so we'll have four graduates. So just go to AskJulieRyan.com where it says schedule your appointment and you can schedule a private appointment with me, or you can do one with one of my grads, and they're all fabulous. You guys are gonna love them, so consider doing that as well. Okay, let's see who's next. Chloe girl. Hey, happy new year.

0:42:20 - Chloe

You too, hi Julie. Good, how are you Terrific. Please tell everybody where you are.

0:42:26 - Julie

I'm in Helena Montana, Montana. Do you have snow? Not very much, it's just cold. Oh, for those of you that don't know about Chloe, Chloe called in when her granddad passed and we got an amazing message from him for her grandmother how is your?

0:42:46 - Chloe

Grandmother, she's doing really good. She was actually just here for Christmas, and so she's she's doing good now, oh terrific she the song that he told us was a daisy a day.

0:42:57 - Julie

What did she say about that? Did she recognize the song?

0:43:00 - Chloe

She did. I think it was more of a reference to me, though, because, like that's a song that he used to sing to me and my sister growing up. He was very much like he would make up stories and like sing songs. He was really fun and silly. So I think it was it was sweet for all of us. I feel like, exactly, yeah, to let them know.

0:43:21 - Julie

I was talking to a client this morning and her daughter's spirit in heaven gave us a message and she said why is she giving me that message? And I heard from the daughter's spirit because she wants you to really know it's her. And the mom started laughing and she said yeah, I heard that. As soon as you're telling me that she wanted you know. She gave us some random thing because for those of you that didn't see that show, I don't even remember what the episode was. When you called in and I said your granddad's being very emphatic that he only wants you to give your grandmother one daisy. He doesn't want a bouquet, he wants one daisy. And I think it was in the fall. So I remember saying good luck with that. Yeah, yeah, I think it was fall. We figured out that he was referring to an old song from the 50s I'll give you a daisy a day, dear. How sweet is that? One of my favorite stories. So how may I help you, girl?

0:44:19 - Chloe

So I'm actually calling today for one of my friends. She was going to try to get on, but her daughter, who I'm actually calling about, is she is having like constant seizures and so she actually couldn't get on the call because she's having to attend to her. But so what happened was a few months ago I think it was in October she went into our local hospital here with mono and they are having all kinds of problems with malpractice right now, and they overdosed her on Dilaudid and didn't give her Narcan or anything and gave her a brain injury. So she's 11 years old and she hasn't been able to walk for months. She just went to this really extensive treatment in Denver for three weeks where they got her walking again, but that only lasted for like four days and then so she's having these constant seizures, like up to like 300 a day, just like constantly in and out of consciousness and also regressing behaviorally, like when she wakes up from the seizure. It's like she is like four years old, not 11.

And so it's been really really hard on the whole family. Obviously she's been out of school. My friend has two other little boys and so it's just been, you know, constant chaos for her and the doctors are giving them basically no answers, saying there is no cure and that there's nothing they can do, like they just have to live with this now. And so I went to lunch with her today and I was like you know, you should really call Julie tonight, like she's really helped us a lot. So I told her I'd get on for her, since she couldn't come on. What's the little?

0:45:49 - Julie

girl's name? Her name's Chandler, chandler. And where does she live? She lives there in Montana with you. Yeah, she lives in Helena as well. And what's your friend's first name? Katie, Katie.

All right, what I'm going to do is I'm going to connect into you. I'm going to go from you to Katie, Katie to Chandler, all right, and then we'll ask Chandler's permission if we can scan her. If she says, yes, you know this. But for those listening that don't know this, if for those listening that don't know this, if I'm doing a healing on somebody else than the person who's asking for it on the show, I always ask their permission telepathically, because I believe that it's unethical to scan somebody or do a healing on them without their permission. I just don't think it's right. And so if she says no, we can still get information from her. But if she says yes, then I'll go in and we'll do a healing on her. So here we go.

Here comes my laser beam from sweet home Alabama. I'm heading out to you in Montana. Do you have snow in Montana? Not really, not a lot, but not too much in Helena. Did you have some for Santa? No, we didn't. Did you have some for Santa? No, we didn't. Okay, got that. I remember as a little kid fretting if we didn't have snow and saying, oh, but how is Santa gonna land the sleigh if we don't have snow? And in Ohio we had snow most of the time but sometimes we didn't. I can remember being little and fretting about that.

Okay, so got you going to Katie, got Katie going to Chandler. Chandler, I'm talking to your mom and I'm talking to Chloe, your mom's friend. So she knows you, Chandler knows you. Yeah, yeah, she's shaking her head. Okay, can I do? May I do an energetic healing on you? She said, yes, please. She didn't even hesitate. Good job setting that up. So tell Katie good job setting that up, all right. So I'm shooting energy from her feet up through the top of her head. Okay, brain matter.

To me, Chloe looks like thick cooked oatmeal, has the consistency of soft butter. The left side of her brain, as I'm looking at her from behind, looks shrivelly, looks shriveled. The other part of her brain looks okay. So what we're doing is we're going to imagine taking a scoop of oatmeal out of a bowl. It's going to leave a divot. So what I'm watching is I'm watching all of those injured parts of her brain. If you will get removed Again. Thick cooked oatmeal. Think of those big vats of oatmeal in a buffet in a restaurant with a breakfast bar. I mean that stuff's so thick you can put it in a bowl it's going to stand up on its own. I mean that stuff's so thick you can put in a bowl it's going to stand up on its own. So I'm removing that and then we're going to use stem cell energy to regenerate it.

Neural pathways in the brain, Chloe, look to me like laser beams that are part of a security system in a building or a home or a museum. Have you ever seen a movie where there are thieves trying to steal something out of a museum and the laser beams are trying to roll under them or step over them or whatever? So I'm watching that. So stem cell energy light, amber color gel sparkles reminds me of Dippity-Doo hair gel. There's a vortex spinning above her head. Most of the damage looks to me like it's on the left side of her brain. She's got a little bit in the front right quadrant as well, scooping that. Each of those areas have their own vortex spinning. There's always a vortex involved when a body part's being regenerated always for a lot of vortices in this woo-woo stuff that I get to see, not just healing, but when somebody's dying, all kinds of stuff, for there's a lot of vortices, so that's happening all right. So now the neural pathways are starting to come online again and you know, like when you're you've probably seen, maybe in person person, where something's starting to start back up and it kind of sparks a little bit and then it will while the electricity is going through it and then it starts to come back up. So that's coming back into place. Okay, we're going to do her whole neurological system. Let's just rotor-rooter the whole thing.

Imagine that it looks like a network of aquarium tubing. Got a picture of that in your head and you know how aquarium tubing sometimes gets gunk in it that's a medical term I invented gunk, and in the aquarium sometimes it could be uneaten fish flakes, fish poop, minerals from the water. So imagine there are a bunch of vortices that are spinning, little corkscrews that are

spinning through that tubing. That's what the tubing looks like inside the body and it doesn't have uneaten fish flakes inside the body, but it has dead cells and other things that make up gunk inside the body. But it has dead cells and other things that make up gunk inside the body. So imagine a bunch of little corkscrews that are spinning through that whole network of tubing of neurological the nerves throughout the whole body, and it has the circumference of maybe angel hair pasta. That's what it looks like to me, but it's clear. Got that, yeah. So that's spinning. All right, we're irrigating it. The irrigation fluid's flying out the end of her toes. Imagine her feet look like sprinklers. Now here comes stem cell energy again Light amber color gel sparkles, dippity-doo going in vortices, spinning above her head, beneath her feet, in front of her, behind her, on either side of her, all spinning concurrently and that's going to regenerate all those neural pathways.

With that, okay, can her brain heal? Yes, it can. What's going to be the best thing for Chandler to do? Lots of omega-3s I'm getting. That's going to help her brain heal. Look up Dave Asprey A-S-P-R-E-Y concussion. Do an internet search on that. He's got a great protocol. He's done several shows on this and the number one thing that is useful to help regenerate brain matter is omega-3s High, super high doses, like yeah, and so I think it's going to make sense to work with somebody who knows what they're doing to heal concussions. Doctors are missing it because every time she has a seizure it's causing more injury to her brain. So let's get her brain healthy to help her heal from this. God bless her. God bless Katie and the whole family Goodness.

0:52:55 - Chloe

Would it be in her best interest to go back to the Denver clinic she was at?

0:53:01 - Julie

I could have yes on that, because they're considering doing yeah okay.

0:53:03 - Julie

Yeah, they're considering going back. Yeah, well, I hope that all helps. Keep us posted.

0:53:08 - Chloe

I will Thank you so much, Julie.

0:53:10 - Julie

You bet. Happy New Year. Give our love to your grandmother, I will, okay, bye, Chloe.

0:53:18 - Chloe

Bye.

0:53:19 - Julie

AskJulieRyanShow.com if you want to have a conversation with me, and we're at Ask Julie Ryan on the YouTube live stream Because Samantha helping us on YouTube. We got Chris handling everything, so he's the main pilot every week and Samantha's co-pilot. I'm just a passenger, so let's see who's next and then, after our next person, I'll announce who the winner is. Okay, this is another YouTube from Hillary. Hi, Hillary. She says hi, Julie, you may have helped save my life. Wow, okay, do you advise that?

The first voice is God Heard, a voice say two times don't get on that plane Now, sitting in the airport, flight canceled, mechanical problem Ah, don't you love that? Well, Hillary, good for you. When you have a voice like that in your head, a voice like that in your head, that's always spirit communicating with you, and spirit is, you know, god, the universe, your loved ones, your angels. Your spirit guides the whole nine yards and when you hear that in your head, that's

guidance. A lot of people will say it's intuition or it's a gut feeling on something. Yeah, all of the above, so follow it. I'm glad you didn't get on the plane, so I'm also glad that you could join us.

So thanks for joining us. Good luck getting to wherever you want to go. My son had his flight canceled on his way back to Los Angeles after Christmas and he was mad and I said, honey, you know, really, if that's all that there is to be upset about, give it up. You're in a place, you have food, it's warm, it's sheltered, you're good, and you weren't supposed to be on that plane.

Whenever I hear of a plane situation like that, I always think of Elizabeth Taylor, the late actress, because one of her husbands she had a bunch of them, I don't remember how many, and I think his name was Mike Todd, and she had a really bad feeling about him going on a business trip and she begged him not to go, begged him, begged him, begged him. He got on the plane, the plane crashed and he died, left her with several kids. So when you have a, you know a strong feeling about something like that, that's spirit, communicating with you, pay attention to it, and then we go into oh, that's just my imagination, I'm just imagining that. Well, you know my two-minute rule. If I miss this plane and take a later plane, is it going to kill me in the next two minutes? Nope, it's not. Remember. It's a false fear. If you get a no answer in the two-minute rule, if you get a yes, if you do this, it could kill you in the next two minutes. Change the conditions, get out of this situation. But in a case like this, Hillary, you know, take a later flight, you're good. Okay, let's see who our winner is this week. Chris has a drum roll. He loves to play it. All right, Chris, there it is. I love it.

Okay, this is from Debbie Homer Left this on YouTube. She said Dear Julie, it's been such a revelation to discover you. To know that the skills you've developed are ones that we can all work to acquire is life-changing. I'm fairly certain that I've watched, listened to every interview that you've posted on YouTube. Thank you very much. I'm honored Many of them several times. I can't adequately express my appreciation for your tireless efforts to uplift, educate and provide hope for those who dearly need it. Truly, being stuck on the I Feel Crappie channel for years on end has never been my soul's intention. I despise the Debbie Downer moniker, so I hope soon to be able to sign up for a session with you. Until then, I'll continue to be a dedicated listener. Thank you, Julie from Debbie Homer.

So, Debbie, if you're listening, girl, you need to go to AskJulieRyan.com. Go to the Ask Julie tab and send us your information and then we will get you on my schedule. It's worth \$750. You just want a \$750 appointment with me just by leaving a review. So if any of you wanna join this drawing remember I do it every month the first Thursday of the month All you have to do is go to AskJulieRyan.com, sign up for my newsletter. It's a blog. Each week, somebody submits a question and I answer it. So you'll get and it's got a reminder in there of hey, we're gonna do a live show tonight. Call in. So that's number one. Number two subscribe to the YouTube channel. And number three leave a review, tell us what you think of the show, and then you'll just automatically be entered into a free drawing for a \$750 free hour with me. And it's such a blast when I get you for a whole hour, so we'll do that.

So, Debbie Homer, h-o-l-m-e-r, you are the January 2025. You're the first winner of the year, girl. Now, also, when you do that, you subscribe to my newsletter, you leave a review and you subscribe to my YouTube channel. What happens is you're also entered into a free drawing or for a drawing for a free class that I give away each month as well. So I give away two free sessions with me each month and I give away a free class on the show, and I give away a free class in my monthly live, which again is the fourth Tuesday of the month, and that's really fun because people call in and they ask questions and it's just, it's faster and we have more of a conversation. It's fun, but I give away a whole bunch of great prizes on that too. So a couple of ways you can win. Debbie, look forward to having you for a whole hour, girl. Thanks for your

sweet comments. Okay, Chris, let's do one more. One more question, please. Hi Leah, hi Julie, you're the lucky last caller.

1:00:07 - Leah

I can't believe it, I'm great. This is my first time tuning in, so I feel very blessed to be on. I'm so excited, wonderful. I'm an Alabama native but I'm in Atlanta, Atlanta, Georgia. You're in Atlanta. What native. Well, Alabama native Mobile area, oh wonderful.

1:00:27 - Julie

Terrific Sweet home baby yes.

1:00:30 - Leah

All right you got a question for me. I do. I am really calling to see if there's any information on. I've been doing a lot of energetic healing over the last two years and I feel like there's a lot of shadow work that I'm having a hard time processing. I'm wondering if there are any memories or any energetic holes that you see, any guidance you can give and maybe just an energetic healing overall.

1:01:03 - Julie

Yeah, yeah, energy field membrane. I'm going to look at that. So what that is, Leah, is, have you heard me talk about the energy field membrane? I haven't. Okay, the energy field membrane is the container that holds the energy that makes up our body and our spirit. So every kind of energy, whether it be water or natural gas or electricity, you know it's got to be in a container. The electricity and wires, the natural gas and pipes water's in pipes as well. So in the body, the main part of us is our spirit and the body is inside of the spirit. The spirit's the power source for the body. The main part of us is our spirit and the body is inside of the spirit. The spirit's the power source for the body, and it's all enclosed. It's all contained in what I call the energy-filled membrane, which looks like this plastic bag of really thin, stretchy saran wrap. Okay, kind of like if you get a tray of chicken breast from the grocery store, they're going to wrap it in that really thin, stretchy saran wrap.

When there's a tear or a hole in that energy-filled membrane, it's causing an energy leak. Energy leaks always precede any kind of medical condition and they're caused by an emotional event, either in this life or a past life. Eventually enough, pressure is formed by all of these events that are dramatic or traumatic or any kind of an emotional event that we would perceive to be negative. It builds up and it causes a blowout in the membrane. So I'm going to go into that tear or hole and I'm going to be negative. It builds up and it causes a blow up in the membrane. So I'm going to go into that tear or hole and I'm going to be looking to see where it began, because we don't need to rehash every drama and trauma. If we go to where did the first energy block begin? Could be somebody called you a poop head when you were three and it hurt your feelings, and we look at that as adults and we think, well, that was no big deal, but when you were three it was a big deal to your three-year-old little self. Or it could be something dramatic. Doesn't matter what it was, but it's past life. We'll get where it was when it was. Soon, as we illuminate it, Leah, it eradicates it, allows the energy-filled membrane to heal, allows the body to go back and working on full power. Here we go. You have a hole. It looks like a vertical oval. It stretches from your neck like your throat goes down to about the middle of your chest. It's narrow, it's like a narrow, narrow, vertical oval. So I'm going in. I get the year's 1964. So this is past life. We'll see how this correlates with what's going on in your current life. So 1964, Cleveland, Ohio.

Okay, what were you doing in Cleveland? Your name was Mary Heffernan, h-e-f-e-r-n-a-n-n is what I'm seeing spelled. Mary Heffernan, what's Mary doing? Mary is a librarian, Mary's a librarian and she's at Case Western Reserve in Cleveland University. All right, what's going in there? What's happening with Marion? And then I'll explain how all this ties together here in a

second. I get that Marion is sequestered in a research library where there really isn't much to do and she wants to be more involved in overall library functions. But she feels like she keeps getting passed over and not recognized for her work. She feels like she's just kind of been pigeonholed and they've stuck her back in this research part of the library that nobody visits and nobody really pays that much attention to. Okay, so how does that correlate with what Leah's going through in this life? How does it correlate to you? And then I'll tell you what I'm getting.

1:05:10 - Leah

Well, I, definitely I have a lot of chest tightness. I feel that frequently. Tightness, I feel that frequently. I mean obviously I have. I mean there have been instances where I have been passed over at work and it was very traumatic for me and I like ended up changing not jobs but departments because it was very like it just didn't. It felt more traumatic than I understood. That was several years ago, but I am dealing with a lot of chest tightness now still Okay.

1:05:46 - Julie

So what happens when we illuminate? That is, it eradicates that energy block. Energy blocks look like a little kernel on popcorn to me. They get stuck in the energy field. I'm not going for the most dramatic thing that's happened in your life. I'm going for where did that begin? Because if we can eradicate it at the core, at the seed, then it gets rid of all the other energy, emotional energy that's piled, piled, piled on top of it. Causing enough pressure causes a blowout. There's always room for psychotherapy, but when it comes to healing, I'm a businesswoman. Let's just cut to the chase. You know I want to get all that out in one fell swoop and it's been my experience doing this tens of thousands of time that it works great. So your energy-filled membrane is back intact. I've shot energy from your feet up through the top of your head. You're lit up like the North Star that's removed.

How this correlates with past lives is we come in with scripts of things we want to explore and experience each lifetime. We've got like scripts, subscripts, things like that. We've got like scripts, subscripts, things like that. When we come in multiple lifetimes, I'll see a semblance of a script that will repeat and we want to look at that. Whatever that issue is, from different perspectives, each lifetime, different time, different gender, different place, different language, different set of circumstances, same basic script, and my analogy for this is think of Hamlet. How many times has Hamlet been performed since Shakespeare wrote it in 1602? Who knows? But think about all the different variables, Leah You've got. Where was it performed, when? In what language? Who were the actors? Who was the director? What was happening in the world? What was the interpretation? Based on all those variables, you're going to look at it from a different perspective. That's what our spirits do. We come in, we will look at objects through multiple lifetimes and we'll look at it from a different perspective.

You may be the one getting passed over in this lifetime. You may be, in a past lifetime, the one who was passing somebody over. You may be the spouse of the child, of the friend, of the sister, of the parent of right we can play a bunch of different scenarios the parent of right. We can play a bunch of different scenarios and each time we go through playing a scenario, our spirit expands and what happens is that's a one-time event. It's the only time that you are going to experience this event, at this moment in time with this set of circumstances. So not only does that benefit your spirit, benefits everybody's spirit into the collective consciousness.

Does that make sense? Yes, it does. Okay, so energy's been put through your body. You're lit up like a supernova. If anybody at home is around you, tell them to go get their sunglasses, because you're going to be blindingly brilliant for the rest of the evening and know that this is just something that your spirit's exploring and you don't need to relive all that drama and trauma.

It serves no purpose. You're already fixed, girl. Right, it's already happened. Yeah, I hope that helps. Does that make sense? How I explained it? It does. It does Absolutely All right. Okay, it's already happened. Yeah, I hope that helps. Does that make sense how I explained it? It does. It does Absolutely All right. Okay, no reason to suffer anymore over this stuff. It's already been cleared. Perfect, thank you. Go forth and prosper, my girl. Thank you In the new year. Okay, all righty. Thanks for calling Leah. Okay, everybody, that's it for this week. We got a lot of fun questions on and I hope you have a wonderful weekend. Come join us next week and we'll get your questions answered In the meantime, send any lots of love from Sweet Home Alabama. Again, happy new year. Bye everybody.

1:09:58 - ANNCR

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:10:12 - Disclaimer

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