## AJR Show Dec 5th Transcript

### 0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan. Hi, everybody.

### 0:00:45 - Julie

Welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. It is the beginning of December and I have three really big, big, big announcements tonight that I'm going to share with all y'all. You know, that's what they say down here in the Deep South. First of all, we're going to give away a free session with me, valued at \$750. You know, I give a free one away every month on my live and also on my show, which is what I'll do tonight. And then I have two other big announcements that I'm going to share later in the show. So stay with us for the whole show so you can hear how this is going to benefit all of you. And always so much fun. It's the holidays, so let's give away some gifts and some free stuff. So that's what we're going to be doing. Okay, Chris, let's just go to the phones. And also we're on YouTube on the live stream. We've got Samantha, and so she's gonna be helping us on YouTube where it asks Julie Ryan. Just put your question in the chat, put your first name and where you're located and your question. We'll be taking questions from YouTube. And then we've got Chris that's manning the big board and we have callers that are lined up too. So if you want to have a conversation with me, go to AskJulieRyanShow.com and we will get as many of you on from both directions during our show tonight. So, Chris, who's our first person?

Okay, Terry, hi, Terry from Minnesota. I hardly sleep at all and I've tried everything. My deceased mother told a channeler it's something that has to do with my stomach. Can you scan me? Absolutely, Terry, from Minnesota. Okay, so what I'm gonna do for those of you that are joining us for the first time, how this works is I raise my vibrational level. I watch laser beam come from my body here in Birmingham, Alabama. It's going to hook into Terry up in Minnesota and then I'm going to have a hologram of her in my mind's eye and it's going to be as if I'm looking at an x-ray or a CT scan or an MRI. Something will be identified, there will be a healing.

I'm going to describe what I'm seeing in my mind's eye. I may tell you, terry, that your elbow looks like whipped cream or something crazy like that. Sometimes my analogies get really funny, but they're intended to give you a frame of reference so that you can envision what I'm talking about as I'm watching the healing happen. It's spirit working through me and with me to help you heal yourself. Nobody heals anybody else. We all heal ourselves. No doctor, no shaman. No doctor, no shaman, no, any kind of medical provider, no healer like me. Nobody heals anybody else. We all heal ourselves. We just help you heal yourself. Everybody listening and watching. I want you to envision what I described as well, because then we're all sending healing energy to Miss Terry and that helps her with just it's just magnified, it's like the power of prayer.

So, Terry, here I come, here comes my laser beam from Sweet Home Alabama heading up to you in Minnesota. All right, got you Shooting energy from your feet up through the top of your head. What I was getting, even before I got you on my radar, Terry, I get what I call divine

downloads and that's information coming into my head of things to check, and what I heard before I even got you on my radar was that you're low in magnesium. So try magnesium. Beamminerals.com. Go to beamminerals.com. Go to beam. B-e-a-m minerals plural com and you can use Julie Ryan at checkout and that will give you 20% off. But you want to get the minerals and you want to get the electrolytes formula. Liquid doesn't have any flavor. It's going to give you all the minerals that you need, because most of us are mineral deficient. So you've got what's known as leaky gut and what I'm doing is I'm stitching that up. So you've got a malabsorption issue. So it's really important that you get the minerals that can be absorbed, and I did a show about this with the founder of Beam Minerals called Caroline Allen. I don't remember what the number is, but if you just do an internet search ask Julie Ryan, Caroline Allen, it'll come up and you can listen to that and she talks about that. About 40% of us are walking, or about 40% of the minerals we need in our bodies are what most of us walk around with, and it's just because our soil is so depleted. So that's what I'm doing In the meantime, try and stay low on the food chain.

Eat keto as much as you can. Stay away from processed food. If God made it, eat it. If man made it. In effect, you do your best to avoid it. Also, you want to avoid fermented food in the short run. So, beam minerals, keto. You've just had a healing, so that'll integrate into your body, and that may happen instantly. It may take days, weeks, months. May need some complementary care, like change in diet, be minerals, but you'll heal from this. I hope that helps. Thanks for your question. If you want to have a conversation with me, askJulieryan.com. If you're joining us on the YouTube live stream, we're at Ask Julie Ryan. Just put your question in the chat, put your first name, where you're located and your question, and we'll get a bunch of those answered too. So let's see who's next.

0:06:52 - Julie Hi Deirdre,

Deirdre Hi Julie,

Julie how are you girl?

Deirdre I'm good, I'm good.

0:07:00 - Julie Wonderful. Where are you located?

0:07:04 - Deirdre Carolina South.

0:07:06 - Julie Carolina girl.

0:07:08 - Deirdre

South Carolina girl Yep, and I've talked with you several times on the phone.

0:07:13 - Julie

I know you have. So it's so wonderful to get to see your beautiful, your beautiful face. You got a question for me.

## 0:07:21 - Deirdre

I do, if I can make it through it. Okay, it's from a grandmother's heart asking a question. Okay, my granddaughter broke her leg three weeks ago today.

0:07:32 - Julie What's her name? Deirdre

Deirdre Quinley,

Julie Okay.

### 0:07:37 - Deirdre

And my daughter told me she didn't want to talk about it till today, didn't want to talk about it till today, and she told me it was actually in the is it the fibula? It's the the um below the knee, it's the shin bone essentially. And you know, all I knew at that point was that it was a fracture. And he said today actually that there is, there was a tumor. Oh no, and it weakened the bone and they are hoping in two weeks she gets the cast off and they are going to do a another, I guess, x-ray MRI I'm not sure what they're going to do then X-ray MRI I'm not sure what they're going to do then and they're hoping that wearing the cast for four weeks will actually heal the bone and make the tumor go away.

And I'm actually I'm so shocked I don't even know how to process it because I'm like I knew something was serious when she went from the Sarasota urgent Care to Children's Hospital in Tampa. That's pretty serious. So I always felt like something wasn't right. But if you could give any healing energy see what's going on, possibly I would so appreciate it.

Julie

Okay, you got it.

Julie

How old is Quinley?

Deirdre

Quinley is seven. She just turned seven on November 10th

.lulie

All right, here we go.

0:09:05 - Julie

I'm going to connect into you first, and then I'm going to go from you to Quinley. Is seven, she just turned seven on November 10th. All right, here we go. I'm going to connect into you first, and then I'm going to go from you to Quinley. So here comes my laser beam from sweet home Alabama, heading over to you in South Carolina. All right, got you Shooting from you to Quinley. Quinley, I'm talking to your. What does she call you?

Deirdre Mimsy,

Julie

mimsy, how sweet is that.

I'm talking to your Mimsy Sounds like a British. You know name from Downton Abbey or something.

#### 0:09:41 - Julie

I love it. Okay, mimsy, do I have your permission to scan you? She goes, yeah, yeah, sure, cute, she's darling. Okay, all right, I'm going in. Okay. So what I'm watching is I'm watching that section of her bone get removed, Deirdre and then organ that generate new bone with stem cell energy there. So stem cell energy. Light amber color gel has sparkles in it. Reminds me of dippity-doo hair gel when I was a kid. I remember it.

### 0:10:14 - Deirdre

Yeah, you're too young to remember it All. Right, now I'm not.

### 0:10:18 - Julie

And so what I'm watching is I'm watching like a mold of her bone and it's the stem cell energy is going in there and then there's a vortex that's spinning above it and it's that centrifugal force is generating new bone in there. So, going in, okay, and I'm getting there's a really good chance that it's malignant. Okay, I'm also getting that she's gonna survive this and she's gonna be okay with this. So we're just gonna go ahead and do the whole malignant healing protocol right now. So imagine that there's a vertical oval tube that's in the front of her body. All her lymph nodes, all her lymph fluids excuse me is going in there, deidre, it looks like a light amber color gel to me and there's a hole that's open on the bottom of each of her feet. So, as that lymph fluid's spinning, the toxins are coming out the bottom of her feet. Picture that Now there's this big metal dome that's come down on top of her. As it lifts off, what it's doing is it's removing the lymph nodes that have sequestered toxins, because that's what they're supposed to do, all right. So we've got that, and lymph nodes look like little D3 vitamin capsules to me, but they can look brown or black when they've sequestered toxins. Those are being pulled out. She's being sprinkled with stem cell energy. Light amber color gel sparkles dippity-doo. There's a vortex spinning above her head, beneath her feet, on either side front and behind all spinning concurrently. That's regenerating those lymph nodes. We're doing a heavy metal detox on her. Imagine two big U-shaped magnets on either side of her joint in the middle, going up and down her body, pulling out metallic particulates. They can look like little sparkly pieces of glitter or dull pieces of glitter. They can look like a little strand out of a pad of steel wall. So we've got that.

Now we're doing a DNA healing on her DNA. Of course is the recipe that tells the cells how to behave. It's comprised of four nucleic acids represented by four letters ATCG. She has six strands of DNA that have come out of an X chromosome. You know girls have two Xs, boys have an X and a Y. You're getting your sixth grade science lesson review here real fast. So I'm watching those letters get rearranged. So we're resequencing her DNA that's mutated and we're getting it back to a normal recipe, if you will. So that's happened. Three of the strands are already back in. We've got three more going. All right, so really important get her on off of sugar, get her off of refined things, get her off of fermented things. Okay, because if it is a cancer diagnosis, cancer needs sugar and it needs fermentation to grow, yep.

So does she eat a bunch of junk food? Oh, yes, yes, okay, she does All right. So tell her mama, get her off that stuff in the short run. I know, okay, okay and do that. And you know I don't edit anything because everything's always fixable, it's always healable. The body has tremendous capacity to heal.

0:13:54 - Julie Number one, and number two who am I?

## 0:13:56 - Julie

to decide what you need to hear. You know that's not. My role is as a messenger. So I believe that she'll make a full recovery from this and I believe that you're going to look back at this and her family will, and they'll see that this is a blessing in disguise, that they've found this and that they can take care of it.

### 0:14:15 - Deirdre

Essentially, what they're saying right now is if it is the tumor, if it is still there when they go in for surgery, they will go in for surgery and they will have to do a bone graft. So I am just hoping and praying that it does not get that far. Let's just let it heal and, you know, go about her seven-year-old Mary way you know that's all I hope for.

#### 0:14:41 - Julie

Well, stem cell energy is amazing. I know that's why I called you, yeah, yeah. So focus on what you want, focus on her running through a field she heals, completely Focus on all of that and send her that energy and then keep us posted.

### 0:15:03 - Deirdre

I will, you know. I will Thank you, Julie. I appreciate you and I love you so much, love you back.

#### 0:15:09 - Julie

Okay, bye. Oh goodness, what a worry that is, but everything's healable. So always remember that Everything's healable. Okay, first big announcement. Okay, first big announcement. I have been noodling my brain trying to come up with a way to help more people, because you know my whole goal here, with all of this endeavor that's asked Julie Ryan. Stuff is to serve and I'm booked out for months, as some of you know who've tried to schedule an appointment with me. So what we are doing and it started today, we've already had people schedule is I'm going to have graduates of my Angelic Attendant training class on my website and we're scheduling appointments with them. So they're fabulous.

We're starting off with three. Their names are Karen, Johanna and Laura, and they're all fabulous. They're wonderful healers, they're wonderful mediums. They do my whole buffet of psychicness. They can do past life, they can scan your cat, they can talk to your dead grandmother, they can scan you medically, they can tell how close to death somebody is the whole buffet of psychicness and other skills too, because they've all had a lot of training in addition to mine, and so they all come approved by me. You can get in to see them quickly, like in the next week or so and they're way less expensive than I am. And my goal is for you who need to be seen quickly, and you know you can always call into the show but we can't take everybody that calls in because there's only so much time. But you can work with my graduates. So just go to askJulieryan.com and go to the book appointment page, book your appointment page and you'll see all the different opportunities here. So let me run through them real fast.

You can do a regular appointment with me. I think I'm scheduling next summer right now. Get on my schedule if you want to talk to me in a regular appointment. Check the confirmation button, the reschedule button, in your confirmation email. People reschedule all the time. Oftentimes you can get in earlier. That's number one. Number two you can do a graduate appointment. I just talked about that. Number three you can do a priority appointment with me. It's kind of like a fast pass at Disney. You buy a regular ticket and stand in line. You can get a fast pass. You don't have to stand in line. I have priority appointments available for next week. If you need to talk to me and you want to talk to me quickly, that's the best way. Number three you can come to my live.

I do a monthly live. It's usually on the fourth Tuesday of the month, because Christmas Eve is the fourth Tuesday. This month. We're going to do it on December 17th, 8 pm, eastern, and people join me. It's two hours. It's a blast. We do the whole buffet of psychicness and it's way more casual because it's give and take. We all talk and it's wonderful, and I give away a free session on every live and I give away a free class on every live, plus extra prizes. So I give away 24 free sessions a year and lots of classes. So come to the live, it's a blast.

You may be chosen to ask a question. I have a magic wand I use and that's how I pick people. I twirl my magic wand pen and it lands on somebody's name on my list. So we do that. And then, of course, we've got the show every Thursday night. That's free. And then you can submit a question online and we choose one every week and I write a blog on it. So those are all options.

Go to AskJulieRyan.com, schedule your appointment that button and you'll see all of these choices. The calendars are open for me. They're open for my graduates. You can schedule, get a ticket for the live, all of that information. So I hope to be adding more graduates. My goal is to get as many of you in as quickly as possible, either with me or with one of my graduates of my Angelic Attendant training class, and do it all quickly. So I'm really excited. We've worked very hard in setting all this up and I'm eager to hear what you think. So askJulieryan.com. Okay, Chris, let's go back. And then I've got two more exciting messages, two more exciting announcements. So stay tuned for those.

Let's see who's next. We've got Judy Ann. Hi, Judy Ann. She says hello, Julie, hoping you might tune in with my daughter, Brianna, who lives in London. She's struggling with having a baby, because you tune in to see what's happening. She's had multiple miscarriages, had multiple miscarriages. Okay, what I'm going to do is I'm going to connect into you, first, Judy Ann, and then I'm going to connect into your daughter.

Okay, so here we go. Here comes my laser beam from Sweet Home, Alabama, and it's cooking into you, all right. And then I'm going over to Brianna in London. So my laser beams crossing the ocean, crossing the Atlantic, warp speed. You know they're bringing back the Concorde with supersonic flights to Europe. So my laser beams even faster because it's just a couple seconds. So I've got that All right, Brianna, I'm talking to your mama.

Is it all right if I scan you energetically? She said yes. She gave me a yes, so I'm shooting energy from her feet up through the top of her head. The hologram that's her in my mind's eye is being turned around to the back, so I'm looking at her girly parts from the back. I'm looking at her ovaries. They're being drenched in stem cell energy. Light amber color gel sparkles, dippity-doo and there are vortices that are spinning above each ovary to help regenerate those and it'll give her more good quality eggs.

By the way, I've got two clients who we did this healing on. They'd had infertility issues for a long, long time. I watched their ovaries get regenerated it's all your DNA right and both of them had babies within a year. So I love that and their babies are thriving and they're doing great. So again, it's spirit working through me and with me to help facilitate healing. So I've got that where I've got corkscrews going through her fallopian tubes just to clean them out, make sure they're good going into the uterus. Her uterus looks tilted, but that's all right. There's plenty of women that have tilted uteruses that get pregnant. What I'm watching is I'm watching her uterus get kind of straightened out so it doesn't tilt as much. That's always fun to see. I've only seen that another a couple of times in tens of thousands of scans, so that's fun to see that.

There is a woman I've had her on the show Her name is Saskia Rowell and she works with women who want to be moms and if you do an internet search on, just do Ask Julie Ryan Saskia S-A-S-K-I-A. You'll see the episode. Share that with your daughter. You probably want

to watch it too and it'll give you a lot of information. But she has an amazing success rate with helping women get pregnant like 95% or something just off the charts and her website is getpregnantnow.com getpregnantnow.com and she's an energy healer so she can look and see what's going on. Not only so I've just done it medically. She looks good medically, but now there's some other emotional stuff going on, and how could there not be if she's had miscarriages? Of course she's scared and so Saskia will help her work through that. So send her to getpregnantNow and then look up AskJulieRyan - Saskia S-A-S-K-I-A and watch that episode or listen to it, and that'll give you a lot of information. So let us know when she gets pregnant. Oh, let me check real fast and see if she's got. She's got two baby's energies above her right shoulder. They look like little orbs that attach to the mom's energy field and so, yeah, she's got one, maybe two babies on the way. So Saskia will help.

Thanks for your question. Send us a picture of the baby. When the baby arrives, she'll have a baby. Hope that helps. Okay, let's see who's next. AskJulieryanshow.com. Ask Julie Ryan on the YouTube live stream.

Julie Hi Brooke,

Brooke hi Julie.

0:24:35 - Julie How are you, girl?

**Brooke** 

I'm doing well. How are you?

Julie

I'm wonderful. Thanks, where are you?

**Brooke** 

I am in Derry, New Hampshire, right now.

Julie

Okay, terrific, how are things up there?

0:24:46 - Brooke

Good, we had a little bit of our first snowfall today.

0:24:50 - Julie

Oh boy, I love to watch Hallmark movies at Christmas time. They're so sweet and they're happy and the scenery is usually great and I always think a lot of those towns look like New Hampshire, they look like New England out in the boonies and they're just sweet little towns that you know that the girl always gets kissed at the end and it's always a good ending, so that's probably why I like them. But it's funny that I get to talk to you from New Hampshire, because we just watched one last night. It looks like it takes place in New Hampshire or someplace up there. Probably yeah, probably yeah. So all right, well, great you got a question for me.

0:25:30 - Brooke

Yeah, actually, my grandmother. She's today's her birthday, oh great.

0:25:35 - Julie

She just turned 80. 80. Great.

### 0:25:39 - Brooke

And she got diagnosed with dementia about four or five years ago. Diagnosed with dementia about four or five years ago, but just a few weeks ago almost actually a month now she fell and broke her back, and so they the plan was to go to the hospital, fix her back and then put her in a facility that would really help with dementia, because she's gotten to the point where it's really not safe for family to care for her. But they haven't been able to release her from the hospital because her potassium at one point wasn't safe and then other types of electrolytes weren't safe. There's just a bunch of things. So she's on like a really restricted diet, but I've never seen her at this point and her body's dwindled, but like there's kind of just nothing there and I think I can tell that she is transitioning for sure, but I don't know what level she's at and I was hoping to get some insight on that to better understand where like where she's she is and how we should be prepared.

# 0:26:46 - Julie

Okay, what do you call her? I call her Nana, nana, okay. So, Brooke, what I'm going to do is I'm going to connect into you and then I'm going to connect into your Nana. So she did have the back surgery, but she hasn't been well enough for them to transfer her to a memory care facility. Is that what I'm understanding?

# 0:27:07 - Brooke

Yeah, so she didn't even need back surgery, they just she got put in the hospital cause she fell and they were like, oh, she broke her back, um, but she wasn't able to like recover from medical, to go to like a nursing home or anything, because everything's so wacky.

## 0:27:24 - Julie

Okay, all right, and she's close by. She's in New Hampshire with you, you she's in um Lowell, Massachusetts.

It's about 40 minutes yeah, so not that far. All right, here we go. Comes my laser beam from Sweet Home, Alabama, heading up to you in that Hallmark Christmas movie town. All right, got you. And then going to your Nana, got your Nana. Okay, I'm talking with Brooke. Is it all right if I schedule you? She's not dying because her spirit's in her body. For those of you that are first time joining this show, when somebody's dying, their spirit exits their body through the top of the head. It hangs on kind of like in a speech bubble or a cartoon caption bubble. She's not in any of the phases right now. Brooke, when you told me that her dementia seemed worse, I got that that was from medication.

#### 0:28:23 - Brooke

They said that her delirium actually could be from an increase in one of her medications, and they removed that.

# 0:28:32 - Julie

Yeah, yeah, that's what I'm seeing. It looks like she has a gray cloud in front of her head and so I'm removing that. When I see that gray cloud Brooke and it has an oily ring around it, it looks like if you took a Q-tip and you dipped it in baby oil and ran a ring around a cloud, ran around the perimeter of a cloud. That's what it looks like and that's how it always looks if there's some kind of medicine involved that's causing the brain fog or the delirium. And so I've removed that and I'm looking at her back. I want to see what's going on with her back. Okay, so this, I love this when this happens. I know you've seen those animations where it's you'll see bones and there's a break and then the bones all come apart and then they go back into the proper position. That's what I just saw happen with her back. Yeah, it was like it all came apart and

then all of the bones went back into proper position and they all lined up properly. So that's cool, all right.

What I'm watching is stem cell energy get put on that whole area. It's like imagine a rack of baby back ribs and it was just the bones with all the you know the meat and stuff in them. But you took like a gel and you slathered it on the whole rack of ribs, let's say like a gel barbecue sauce. You know my analogies are crazy, but yeah, I like them, but you're used to it. So we've just slathered that on. There's a vortex spinning behind her back to help her with that. All right, I'm seeing her sit up straight in the bed pain-free, so I believe that's going to happen. Her medication, I believe, needs to be tweaked because that's what's causing the delirium. But what I'm hearing from Spirit right now is that it may be better for her because she's not recognizing the pain from the broken back. Are you in pain, nana? She's saying no, not at all.

### 0:30:45 - Brooke

So when I was just there earlier today and she was like on the verge of a breakdown because of the pain, so they gave her like a few pills while I was there, lotioned her up with some pain lotion and threw a lidocaine patch on her as well, right before I left. That's great, that made it work.

# 0:31:04 - Julie

She's not in pain. Back to B-minerals, who I talked about a couple of minutes ago B-E-A-M-minerals.com. Minerals plural. Go there. They have this electrolyte spray for pain and it's minerals, and you spray it on the area that is hurting. This stuff is magic. I'm telling you on anything if you got a boo-boo, if you got a broken back, if you got cramps, whatever, you just spray the minerals. I think it's called Instalites, Instalites, Spray it on her back and then wait five minutes. If she's still in pain, spray it again. You know, as she's recovering and for any kind of pain, BeMinerals.com. Julie Ryan, at checkout you'll get 20% off. This stuff is amazing. So, yeah, give that a try, and that may help too. Yeah, God, I love you, she's not dying at the moment.

0:32:08 - Brooke Wow.

## 0:32:09 - Brooke

All right, she had such a blaze over her and she earlier today she was like just let me go, Let me go, and we're like let you go where, when.

### 0:32:18 - Julie

Tell her it's okay if she wants to go, if she wants to go into heaven, it's okay. Has she talked about seeing deceased loved ones or spirits in the room?

#### 0:32:27 - Brooke

No, she hasn't brought up any of that yet, but she did like, uh, caress my face the other day and she like got lost in my eyes and just was talking about how beautiful I am, and that was after they took her off like the medicine that's supposed to be confusing her. So I just didn't know if she was like maybe I don't know. So I just didn't know if she was like maybe I don't know. I just felt like she was like beyond me.

### 0:32:51 - Julie

You are beautiful. She's just letting you know how much she loves you and how beautiful you are. So take it as a compliment, Let yourself feel that love, because what a gift. You need to remember that that she said that to you. I mean cement that in your memory. Have you read Angelic Attendance, my book?

0:33:12 - Brooke

Yeah, I did. It was what got me through, like it really helped with my father's transition.

0:33:19 - Julie

Good, good. Anybody that wants a copy just go to Julieryangift.com or you can go to askJulieryan.com. It's on the homepage. It's called Angelica Tenants, what Really Happens as we Transition From this Life Into the Next, and it's going to help. You know, Brooke right, how we're all surrounded by angels and the spirits of deceased loved ones and pets, and university-based research corroborates that, says that 90% of people at the end of their lives see deceased loved ones and pets spirits and we think, oh, they're just hallucinating because it's the drugs, but they're not. Yeah, so you know that. Yeah, okay, honey, well, good luck with that. I hope she feels better.

Thank you so much. You bet Hope the healing helps too.

0:34:06 - Brooke Thank you.

0:34:07 - Julie

Okay, all righty, askJulieryanshow.com, if you want to have a conversation with me. If you're on the YouTube live stream, we're at. Ask Julie, Ryan and Samantha, our new married lady, will help you with that, and Chris is helping people that are calling in. Remember to subscribe, remember to share this show with your family and friends, and then let's take another question, and then I will give our next big announcement. How about that? Okay, Chris, who you got? Nancy? Hello, Julie, what's the cause and remedy for my flaking, peeling skin all over my body? From Oklahoma City? Okay, Nancy, from OKC. Let's see, I'm going to connect into you. Here we go. Here comes my laser beam from Sweet Home, Alabama, going out there. Go look at the Christmas lights in Nichols Hills. They're some of the best I've seen anywhere in the country. Any of you that are near Oklahoma City if you haven't seen the Christmas lights in Nichols Hills? Oh my goodness, they're amazing. And so got that All right, got you Shooting energy from your feet up through the top of your head.

It's gut, it's what you're eating. Go keto. Give up any kind of refined anything. Any kind of skin condition. 99% of the time originates from the gut, unless you roll in a patch of poison ivy or poison oak or something, but it's all gut related, it's all food. So stay low on the food chain, nance. Just if God made it, eat it, if man made it in a factory, do your best to avoid it. Stay away from anything that's processed and your gut's gonna heal and this is gonna go away. So, in the meantime, of course, any kind of really good lotion I know that the Gold Bond is what doctors recommend and I really like for stuff that's really a problem, like, especially if it's on your face. I love Lanolips ointment. You can get it on Amazon and it's this pure lanolin ointment and if I have really bad chapped lips or I've got some kind of irritation, especially if it's on my face or my lips, I'll put some of that stuff on it. Oh my gosh, it's gone within a day. So Lano Lips, get the ointment. I think it's Lano Lips 101 or something is the ointment. It comes in this little pink tube and it's been around for a bazillion years and it works great. So I hope that helps. Okay, announcement number two here we go.

Our newest book, my newest book, is being released here this week. It's called Angel Messages for your Life's Journey. Angel Messages for your Life's Journey and it is a book that has stories that are true stories. They're all from my angelic attendant training graduates and they're about serendipitous things. They are wonderful stories that you know about serendipitous things, about angelic things, about people showing up and helping and then they disappear. They're all true stories. You are going to just love, love, love it. And the key with this book, the reason why we did it, was to get this information out about how this happens to everybody. You know we're all going to have visits and serendipitous things that occur in our

lives and this will help you recognize the things that happen in your life. Number one. Number two all of the proceeds from this are going to go to a scholarship for my angelic attendant training and we're going to give away as many scholarships as this funds. And all of the recipients of the scholarship will be chosen by my graduates. I'm not going to choose them, my graduates are going to choose them. So we'll have a portal where you could submit your application for a scholarship and this book's gonna go help fund that. So, angel Messages for your Life's Journey go to askJulieryan.com slash books and you can see all my books. They are great.

Christmas gifts, angel Messages, the Children's Series. There's four of them. We've got Angelic Attendance, we've got the Two Minute roll. Now we've got angel messages for your life's journey. So we've got seven books now and they make wonderful, wonderful Christmas gifts. So, Chris, do you have that picture you can put up for the books for Christmas gifts? I know he had a picture back there in his little workroom when he was showing me earlier. Just go to askJulieryan.com, go to books, and there you go. There's the Christmas slide angelic attendance, angel messages for your life's journey in the two-minute rule. And then there are four angel messages children's books that are illustrated children's books, angel messages for kids, for dogs, for cats and for truth, and they are just darling. So put that on your Christmas list of things you want to get for people.

Okay, one more announcement before we finish. You want to stay tuned to see who the winner of our free session is. I love it when somebody wins and they'll send me an email and they'll say I was driving in the car and I heard you call my name and I about drove off the road. Don't be driving off the road. And then others will say, yeah, I was squealing, I was screaming in my car or in my office or whatever. So yeah, we've got that coming up too. Okay, who's next? Let's see who's next.

0:40:05 - Julie Hi Jeannie,

Jeannie hi Julie,

Julie

how are you, girl?

### Jeannie

I'm great, great to see you and so excited about your new book.

0:40:12 - Julie

So congrats, Thanks so much. Oh, the stories are just. Oh, they're so wonderful. Tell everybody where you are, please. Your tree looks pretty in the background.

0:40:21 - Jeannie

Oh, thank you, I'm in Battle Creek Michigan.

0:40:25 - Julie

Okay, terrific, you got a question for me.

### Jeannie

Yes, so I had a neck injury after a chiropractic adjustment in April of 2018. Yeah, it was unfortunate. It was a sprain is what they told me, but I had a lot of pain for well over a year and what happened like pretty immediately after this sprain was buzzing in my hands and my feet. I don't know if it's peripheral neuropathy, but it has never stopped and it feels like I'm vibrating,

and at night, if I. You know, if I lie on my hands, they tend to get numb. I've had them looked at and I was also told that maybe I have carpal tunnel, but somebody else looked at my my hands and didn't think that was what it was.

So I'm just curious because this has been ongoing. You know, I know, like you say, everything can can be, everything is healable. Right, and I've and I do. Do you hope that that's the case for this? Cause it does. It's just uncomfortable. And I hope that that's the case for this, because it's just uncomfortable and I hope that it's not lifelong and not that old. And I'm just wondering, if you have any, if you can do anything to help the healing process.

### 0:41:39 - Julie

Absolutely. Let me get you on my radar, we'll see what's going on. Here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to Michigan. Who beat the Buckeyes a couple of weeks ago? Here we go. Here comes my laser beam from sweet home, Alabama, heading up to Michigan. Who beat the Buckeyes a couple of weeks ago? Well, yeah, last weekend that was tragic, but anyways, I digress. Okay, got you Shooting energy from your feet up through the top of your head. Got that Okay? So what we're going to do is we're going to roto-rooter your neurological system.

Imagine that your neurological system looks like a network of aquarium tubing clear aquarium tubing. And imagine in an aquarium there are times when the tubing gets gunk in it Uneaten fish flakes, fish poop, minerals from the water right, and it looks gunky inside. So you've got to either replace it or irrigate it. Same thing happens in the body. You get dead cells in there, you get gunk, you get other debris in there. So imagine that there are a bunch of corkscrews that are spinning in that tubing that makes up your whole neurological system, from the tip top of your head down to the bottom of your feet and out through your toes, and they're multiplying. So there's lots of them, lots of little corkscrews that are just grinding up anything that's in there. When I see debris in neurological tubing, if you will, in my mind's eye it reminds me of a like a lamp cord, an electrical cord. If it has a break in it, it's going to impede the electrical flow right, and the lamp isn't going to work. So in the case of neurological stuff going on, that's what I see the electrical current that is our neurological system gets impeded. It doesn't flow easily because there's dead cells in there and other kinds of gunk.

I made that word up. It's a new medical term, g-u-n-k. So that's spinning. It's down to about your hips. Now you know, while I'm talking to you, I'm getting divine downloads and we're chitchatting. So good thing we're girls because we can multitask. It's a superpower for females.

And got that Okay down to your knees. Then we'll do the rest of your legs, and then what we're going to do is we're going to irrigate it here in a minute. Okay, it's irrigating All that ground up debris is coming out the end of your toes. Imagine you've got fluid flying out the end of your toes and your feet look like sprinklers. All right, and now what we're watching is stem cell energy. Go into that tubing, light amber color gel sparkles, dippity-doo and that's going down your whole body and then vortices above your head, beneath your feet, on either side of you, front and behind all spinning concurrently and that's going to regenerate your neurological system. Now I've seen stem cell energy heal every kind of body part. It can even generate new organs that show up on subsequent scans. That I've seen that doctors freaks them out. It's hilarious when that happens, but it's really miraculous. What I want you to envision is you laying in bed. You're cozy. There's no electrical current. You probably feel like a radio receiver or something.

0:45:07 - Jeannie I do, I do. Like picking up Like I'm vibrating.

## 0:45:12 - Julie

Yeah, yeah, so do that. The other thing that I'm getting to and what I'm watching while this healing is being finalized is I'm watching you ground, so I watch these two poles come out of the bottom of your feet and go into the core of the earth to ground you. I would highly recommend that you get grounding sheets on your bed. They've got fitted sheets. I sleep with them every night. It's a fitted sheet and I'm grounded for hours when I'm in the bed. That's going to help you a lot. And then, lastly, get your phone out of your bedroom, turn it off, turn off the Wi-Fi. I would even suggest turning off the Wi-Fi in your home and see if that helps too, because I think all of those things are contributing to what you've got going on.

### 0:46:07 - Jeannie

Yeah, you're not in pain with your neck anymore, you've just got the no, it's just this ongoing buzz, but it just, you know, it's kind of driving me crazy because it doesn't stop.

# 0:46:20 - Julie

Yeah, oh geez, how do you sleep?

### 0:46:23 - Jeannie

I don't sleep very well. That's been another issue, you know. Yeah, yeah, yeah. But I know grounding can help with that too. So I'm a big believer. I actually have a grounding mat that you know I do use, but the sheets, I think would be great too.

## 0:46:39 - Julie

With the sheets. You got to have skin on the sheets, though. So you know, don't wear like flannel footed jammies. Right, you got to have skin on the sheets. Don't wear like flannel footed jammies.

## 0:46:46 - Deirdre

Right, you gotta have contact.

### 0:46:47 - Julie

Gotta have skin on the sheets, but it's just easy. You just ground all night while you're sleeping. I would do the beam minerals too. I've got a lot of beam mineral application tonight. Beaminerals.com. Use Julie Ryan at checkout. Get the electrolytes, get the minerals. They're liquid, they don't have any flavor. They're amazing.

### 0:47:09 - Jeannie

They're amazing. Is this like multiple B minerals? Not a, it's a liquid.

### 0:47:15 - Julie

Okay, it's just a blend, it's a liquid. Yeah, it's got all the essential and, as I mentioned earlier, do an internet search, ask Julie Ryan and Caroline Allen, and you can watch that episode or listen to it, and you'll learn a lot from it. So that'll help too. I hope you feel better.

## 0:47:34 - Jeannie

Thanks a million. I really appreciate it. Great to see you.

### 0:47:37 - Julie

You, too, take care. Bye, all right, we're at AskJulieRyanShow.com and we're at Ask Julie Ryan on the YouTube live stream, so let's see who Chris has up next and then we'll we'll announce the winner of our free session this month. I always love doing that. See who? See who the winner is? Okay.

Julie hi, amy,

Amy hey Julie, yeah,

Julie

where are you In?

0:48:07 - Amy

the hospital. I'm in the hospital in San Diego, mercy, I'm in Grand Old Time.

Julie

What happened? What are you doing there?

Amy

Oh, I got hit on my bicycle and I got rammed in my shin bone. What happened to your shin? I got hit by a car and my shin got infected, and so now they're taking good care of me. You've gotten hit twice on your bike. Then I know, I know, I know, and the guy got too close to me so I almost could put I literally could put my hand on his car and I went out of balance and we collided. And I'm lucky because it was only my shin bone, but anyhow, yeah, so pain and suffering, but they're. And I'm lucky because it was only my shin bone, but anyhow, yeah. So pain and suffering, but they're doing IV drips, so I have to stay in here and get it under control and I'll be all better.

### 0:48:55 - Julie

All right. So I've got an antibiotic energy on it. I'm already on it already and it looks like you've got a boo-boo on your nose too. Yeah, oh goodness. Okay, so got that and I'm using stem cell energy. You know, spirit working through a man with me when I say I spirit working through a man with me and what we're doing is re, um, getting that, getting that, uh shin bone to heal, all right. Vortex spinning outside of it, all right. Yeah, you did a number on it, girl, holy Moses.

0:49:33 - Amy

I'm lucky I got angels all around me. Okay, all right.

## 0:49:38 - Julie

I want to check your head too, because you're going to have a concussion, even if it's not showing up on the scans. So I'm in your head. Yeah, you've got some scar tissue already starting to form, so I'm getting that removed. Brain matter looks like the cooked oatmeal. Scar tissue looks like chicken cartilage, the kind you'd see in a chicken breast with the bone in. Scooping that out leaves a divot in the oatmeal. That's the brain matter, stem cell energy going in there. Light amber colored gel sparkles dippity-doo vortex above it. I see three places that the scar tissue's just been removed out of your brain. So how long are they going to keep you, do you think?

## 0:50:21 - Amy

They say I need six more days of IV, but they're trying to see if they could do home care. But they said it's really important. So I'm hoping I could go home and just have a nurse come out and do the IV treatments. Other than that, you know, I'm pretty lucky. I'm mobile, I'm, you know, pain, but I can. I can get around, I could take care of me, but it would help because I could eat better. But I didn't get. I did not get that guy's ID. That hit me, you know when you're frazzled and he came out of his car, they got me out of my bike, but I don't know if there's any way I could get a camera. Maybe it was showing because it was on the main drive of San

Diego University. But is there any way I could find that guy and say, hey, you know, this was not just a bump, this was serious, you know. Hey, you know this was not just a bump.

### 0:51:08 - Julie

This was serious, you know. Yeah, I would call the police department and ask them about if they have that on camera. Did you file a police report? Did the police come?

### 0:51:17 - Amy

No, another person helped me get on my feet and I'm foolish. You know when you're frazzled you aren't thinking straight. I get back on my bike and I start riding and then I'm like, wow, my left shin really hurts and I picked it up and it was just saturated in blood and the skin was ripped off of it.

0:51:31 - Julie And then I was.

### 0:51:32 - Amy

Just then you realize how miserable you are. You know like oh, but it doesn't hit you. I cannot explain. You're just so. You're not thinking straight. You're in shock.

### 0:51:43 - Julie

Yeah, sure, yeah, okay, all right, I would call the police department and ask if they have a traffic cam I bet they do and see if you can get that recording In the meantime. Lots of vitamin C, lots of zinc, if somebody can bring that to you. If the infection starts going systemic, you want to use Dr Paul Merrick's protocol. You can look that up online, Amy, it's Merrick M-A-R-I-K. He's the most published critical care doctor in America and his protocol is vitamin C IVs, thiamine which is B vitamins, and steroids and he has a huge heal rate. Off of that Huge heal rate, I think he did a study and out of 350 patients he lost two. And sepsis is a huge killer in American hospitals. So I don't think you're going to go septic, but if it does, I want you to remember that, merrick M-A-R-I-K. You may want to look that up in the meantime, just to have it in your back pocket.

## 0:52:55 - Amy

Yeah, thank you, your info is outstanding. Number one B-minerals. I haven't taken them yet, but I hear rave reviews about them. They're wonderful. Yeah and yeah, mark, my hope is on him. Good news I don't have any cancer, so that whole cancer thing went away. They didn't detect anything, amen. So bless everybody. You guys. We're so lucky to have Julie. Honest to God, you have awesome information. I've done that little miniature training, the \$250 or \$300 course. I highly recommend anybody do it to get the juju going, Because you really you have a gift and I really honor you. So I just wish it wasn't so hard to get a real appointment with you.

#### 0:53:34 - Julie

Well, now it's easier. Now it's easier, it's easier, yeah, so go on my appointment page and you can get one with one of my graduates too, and they're quick and they're affordable, and so, yeah, check that out. I hope you feel better, hope you go home soon, you bet.

#### Amy

Thank you. Thank you, Chris you're handsome.

#### Julie

Bye, bye, Chris, you're handsome. Oh, he loves that. Oh, my gosh. All right, Chris, drum roll please. We're going to announce the winner for this month. Oh, I love that, he loves it too.

Okay, so how you can register for the free drawing that I give away every month is you go to AskJulieRyan.com. You sign up for my newsletter. I release it every week. It's a question somebody submitted. I answer it online. Sign up for my newsletter, number one. Number two you gotta subscribe to YouTube. Just go to Ask Julie Ryan on YouTube subscribe. And number three, you gotta leave a review. You can leave it on YouTube, you can leave it anywhere you listen to podcasts. You can give a review on one of my books. You could put it on my website, I don't care, we just choose from all of those places. And here's the winner this month, for December of 2024.

Her name's Claudia Puentes. So, ms Claudia, you are the winner of a free session with me, valued at \$750. And here's what Claudia said for her review. She said I was able to hear and feel spirits when I was little, which made me terrified. That all changed when I found Julie. Hearing her say that spirit is pure love changed my life forever. I began to look back to childhood memories of those spirits with love and compassion, and I'm now educating myself about the spirit world. She went on to say I read Julie's book and watch her YouTube show. The love and good energy she transmits are amazing. She really has changed my life and for that I'm very grateful. Thank you, Julie.

So, Claudia Puentes, you are the winner of a free session with me. We will have an hour together. I'll have you all to myself for an hour, which I love, and we can talk about anything and everything you want. We can do past life stuff, we can do medical stuff, we can talk to deceased loved ones, we can scan pets, we can tell how close to death somebody is, we can talk to your spirit guides, your angels, whatever Most our appointments for me and now for my graduates. We do a multitude of things. So we'll cram as much into that time together as we can and it'll be a blast for both of us. So thank you for your sweet words, your kind comments and for reading Angelic Attendance, my book. Again.

Anybody that wants a free copy go to askJulieryan.com, click on the free book and we'll send you a digital and audio book version. I think this stuff needs to be in all of the schools, because everybody's afraid to die and it's glorious. You know. You're surrounded by angels and spirits of deceased loved ones and pets. There's nothing to be afraid of. Everybody goes to heaven. All dogs go to heaven. All people go to heaven too, so anybody that wants a free copy just askJulieryan.com. Okay, Chris, do we have time for one more person? I think we do. It looks like we do.

Julie Hi Hi Mary, where are you?

0:57:11 - Mary I'm in Bakersfield, California.

Julie
Oh, terrific, okay, great, well welcome.

Mary Thank you,

Julie got a question for me.

Mary Yes, it's about my sister, my little sister. She's been fighting cancer for at least a decade now. She had breast cancer in her 30s. She had mastectomy but she was cancer-free and now it came back as metastasized it's in her whole body. She's been fighting it for years and the chemo isn't working anymore. So she's off on that and they've been giving her some infusions but her numbers skyrocketed and the doctor has pretty much said we could keep doing this but it's not helping her. And we made an appointment with hospice and she doesn't really want to get up anymore out of bed and she's confused, not all the time, but more and more, and I wondered if there are angels around her, if she started. I just finished listening to your book on Angelica Chen. It's on tape and if you want to scan her, that would be great. I just I don't know where she is. I don't want to lump the gun and make her feel like she has to die now. You know.

0:58:32 - Julie

No, no no, no, no. What's her? What's her name? Marion, where is she?

0:58:35 - Speaker 3

Her name's Julie and she's she's in Bakersfield too Great.

0:58:41 - Julie

I love her name. Okay, all right, what I'm going to do and give her an audio book copy of that too. Let her listen to it. People sometimes are afraid to give people that may be dying the book. It gives them so much comfort because many, many, many people are afraid, they're afraid to let go, and when they know that all their family, deceased family and loved ones and angels and pet spirits are all waiting for them and they're going to be surrounding them, it lets them relax and it takes the fear out of the situation, both for the family and for the person who's dying. And that's why the audio book is so good for people at the end of their lives, because sometimes they don't even have the strength to hold up a book to read it. But they can listen to it and that'll be helpful too.

Okay, so I'm going to hook into you, Mary, and then I'm going to go from you to Julie. Here we go, comes my laser beam from Sweet Home, Alabama, heading west. All right, it's got you, got you. Okay, going to Julie she's in phase seven of the 12 phases of transition. Really she is, yeah, so she's surrounded by angels and deceased loved ones and pets. And let's ask her my three questions, which is Julie, are you ready to go? She's saying not quite yet, not quite yet. What are you in pain? She says all the time. Does she seem to be in a lot of pain? Oh, much, yeah, all the time. And what do you need? Pain relief. She needs pain relief.

I hope that you do bring in hospice, because they'll be able to manage her pain as much as anything. They also will help you with the equipment that you need, like a hospital bed and things like that. They'll help you with people to come in to help care for her. And then the other thing too that you may want to consider, Mary, is there's a kind of a new trend with caregivers and they're called death doulas, death doulas, and I've had a couple on the show. So again, if you just do an internet search on Ask Julie Ryan, death Doula, and you'll get those episodes that'll come up and they are a liaison between the family and hospice, because everybody thinks hospice is going to be there a lot. They're not. If they're there a couple of times a week, that's a lot, but they're going to help you with all the equipment and the pain management and things like that. But the death doula really is the one that can help give you extra care and help the family care for your sister too.

1:01:35 - Mary Thank you. Thank you so much.

1:01:38 - Julie You're so welcome, thank you. Look for the little miracles along the way. They will be plentiful and show her the illustrations in the book about how the angels are going to surround her, Because when she starts seeing spirits and remember 90 plus percent of people see spirits at the end of their lives She'll be more. She'll be comforted by that number one. Number two, she'll know that she's not losing her mind and she can talk about it, and it's going to give you guys comfort too to know that you know all those loved ones are there with her. So look for the little miracles along the way. They're always plentiful if you look for them. I hope that helps. You're most welcome. Sending you a big hug, Mary. God bless you and your sister.

Okay, Alrighty, everybody, that's it for this week. Sending you lots of love from Sweet Home, Alabama. We'll see you next week. Sign up for the November 17th live at Julieryn.com slash live, and I'll see you next week. Sign up for the November 17th live at AskJulieRyan.com slash live, and I'll see you there too, in addition to the show. Have a great weekend and a good week, everybody, See you next time.

### 1:02:57 - Anncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan, To schedule an appointment or submit a question. Please visit AskJulieRyan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

### 1:03:12 - Disclaimer

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