

AJR San Qing Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Son Ching with us on the show today. Son is a Taoist master and priest, and he's also a profound healer with more than 30 years experience guiding and teaching people how to realize their true potential. San says he's witnessed countless miracles in the work he does and loves showing people how the impossible is possible. Along with some basic inquiries regarding Taoism, I'll be asking San about his techniques and opinions about healing, manifesting and the energetic state of the world. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go talk with my dear friend, san San. Always a treat to be with you, my bud. Thanks so much for joining us again. You're a returning champion.

0:01:52 - San

Well, thank you. Thank you so much for bringing me back, welcoming me back. I'm always excited to spend time with you, my dear friend. It's not even it's effortless, it's just hanging out and I really love it. Thank you so much for bringing me here.

0:02:03 - Julie

Well, and when I'm with you or when I get to talk to you, I marvel at how you're one of those people in my life that when I met you I was like, oh, this guy's going to be a BFF going forward. And there are a handful of people I think we all meet in our lives where you're just with them and you're like, okay, I want this person in my life and you know, and they're going to be really a dear friend. And that's how I felt really the first time that I talked to you, within the first couple of minutes.

0:02:33 - San

So we created a bond and it suddenly got stronger. Every conscious minute we just it's just, it's effortless, it really is, it's just always just. Something I look forward to is hanging out and sharing with you, and we seem to have really mundane.

0:02:50 - Julie

Our past lives have been together, and what kind of you know what kind of things we were doing and what kind of stuff we were stirring up. So anyways, lovely.

0:03:12 - San

That's always something we can explore in the future if we want to, I know.

0:03:16 - Julie

Yeah, past lives are so much fun, I agree. All right, I have. I have legitimate questions for you, so we need to get serious. Are you ready?

0:03:24 - San
Yes, I'm ready, okay.

0:03:26 - Julie
What's the difference between Taoism and Taoism?

0:03:37 - San
Well, it comes down to the fundamental pronunciation. So T is actually D. So when you say anything with a T, it's actually pronounced duh within a pronunciation of like a Taoist Mandarin. Moreover, the pinyin that they use is sort of like a diluted alphabet or a way to pronounce the actual traditional language. So pinyin is there to sort of decipher, so you can have some idea or understanding of what it is that you're speaking of. So whenever you see a T, it's actually D, not T, but I always say Tao because it's just that's how I roll.

0:04:21 - Julie
All right. So does Taoism differ from other Eastern religions, like Buddhism? Is it just like a religion or a culture? Is it pretty much the same? What's that all?

0:04:36 - San
about to the point of Issa philosophy, which most people become familiar with, taoism in that sense. And then there's an element of that within Buddhism. But we both have our own strain of religion, and so I'm a Taoist, ordained Taoist, priest in two lineages of Taoism. But then, furthermore, you could delve into the philosophy and look at the scripture of Lao Tzu and go, wow, this is a great way to sort of frame my reality using the words within the incantations of the Tao Te Ching. So there is like two clear pathways within Taoism that people can identify with if they want to steer away from the religious aspect, where I'll teach people, deep within the canons of Taoism, all the lineages, all the immortals, the gods that come within the experience of a Taoist path. Or you just want to be a little bit more benign and feel a little fluffy inside by speaking and being intrigued by the words of the Tao Te Ching. So there's two paths Now. Buddhism is very clear. Buddhism is, I sort of they're very common Taoism and Buddhism is sort of like imagine Buddhists is like looking at life like a pile of dirt covered in diamonds, and every day they take another diamond off, looking for more dirt.

They want more suffering, more introspective, more shadows. That's really their true what my Taoists, my Buddhist monk friends, call it the dukkha, the distortion of reality. They're looking for the distortion. They want to get rid of it. They're looking for more, and so you know that to me is a way to look at reality, and you can spend your existence in this very fleeting moment of consciousness doing that, whereas the Taoists will look at life like a pile of diamonds covered in dirt. They dust off some more dirt and they discover another diamond, which is it's good to be me. So it comes right back to the simplicity of laws of attraction and understanding. Use your glass half empty or full and you can serve your reality up any way you want it. It can be pain and suffering, or it could be joy and bliss and complete, serendipitous, harmonistic sort of epiphanies, which is generally how a Taoist likes to look at their reality.

0:07:15 - Julie
Okay, I want to circle back around to that in a couple of minutes.

0:07:18 - San
Yeah, yeah.

0:07:20 - Julie
How we create our reality with our thoughts and all of that. So is Taoism a religion like Catholicism or Judaism or that kind?

0:07:32 - Julie
of. Thing.

0:07:32 - San

Absolutely, absolutely. We're looking to reconnect with what we consider the primordial mother, which is, moreover, within a Taoist path. We call it the Wu Ji. This is the center point of all existence. You find it in everything. There is no separation you are me, I am you, and within that you decipher your reality by looking at everything as a bellows. So the bellows is basically that's how we see reality Everything is contracting and expanding at the same time. You're all things and nothing at the same time. And then your Sherlock to your Watson is to decipher that and find that center point, which some people refer to as the vesica. And so the vesica is the center point of all existence, which would be God, source, source, energy, buddha, tao, universe. But you can find that within the simplicity of the yin and yang. So yin and yang is a deciphering code that is universal, that identifies the merging of the polarities, of what we consider this material.

As a physicist would say, a dimension, a three-dimensional experience is what we are per se experiencing from a physicist's perspective. So we're really standing in a fourth dimension if you use that model, but furthermore, as a Taoist, we look at it as yin and yang. It's not good and bad. There's a fundamental difference. We're not using that as an example, which would be more humanistic, using emotions, having an interpretation, having identity, having a belief system.

Whereas as a Taoist, everything is yin and yang. It's either a polarizing effect of yin, which is the clear evidence of primordial mother, which is the existence of all things, and the yang is a byproduct, it's birthed from the yin, so within the yin is the yang and that's the mirroring effect of these two oscillating electromagnetic potential which, as a physicist, you look at that and go there's electromagnetism in everything. This is the currency of this reality and that's how people look at it. And then you go deeper into it. You can, you know how do you perceive things, what is the simplicity of your life? How hard do you want to make it, or how easy do you want to make it? And that's where you get into the mastery of energy potential, which is where the seeker starts on their path. Through inquiry and intrigue, they come up with some perception of reality which gives them hope, and that hope merges into a belief system. That belief system then bears this sort of like growth and discovery of a knowing through their experiences, that makes it true to them.

0:10:32 - Julie

Right, okay, several thoughts on that. First of all, I love the first time you said to me you mentioned woo, because I say woo, woo all the time and I got a bunch of grief for that when I first started doing this woo-woo stuff and you said, well, woo is source. I said, well, I must have known that. Of course you did. I didn't know it cognitively until you told me that that was source. So I love that validation. I love when science catches up with woo-woo because woo-woo's been around so much longer. That's number one.

Number two I studied Kabbalistic healing 30 years ago and energy healing. I did energy healing first and then Kabbalistic healing. And they do the same thing in the ancient Kabbalistic healing, which is Jewish mysticism, and some scholars say that Jesus learned how to do Kabbalistic healing, which is Jewish mysticism. And some scholars say that Jesus learned how to do Kabbalistic healings. You know how the New Testament leaves off, like when Jesus is 12, and then picks up when he's 30. And we're thinking, okay, well, what was he doing during all that time? And so there are some scholars that believe that he studied that and they talk about the same thing. You want to get in the middle, you don't want to be on either side, it's the balance is in the middle.

Furthermore, I've recently read some research that talks about the human cell and the nucleus in the cell, and scientists have discovered that inside the nucleus of a cell is a black hole, which is the woo, which is source, which is how everything happens. And in the work that I do, I see black holes in a lot of stuff. You know, on the walk to heaven we go through a black hole to get to heaven. I see lots of vortices where it's almost like we're go through a black hole to get to heaven. I see lots of vortices where it's almost like we're going through a black hole. So I found that that really resonated with me when I learned that the scientists had found a black hole in the middle of a nucleus of a human cell, which I thought was pretty cool.

0:12:41 - San

It really is. It's remarkable because it brings me back to some of the alchemy practices that we perform within Taoism, and that is part of it. It's observing the death of a star, the rising of the red phoenix, which is the keeper and spirit energy of the center point of you, which would be considered your heart chakra. Moreover, we call it a dantian, and dantian means energy, elixir, energy field. And so that center point, that observation, that chill we just got right now is like aha, woo, woo moment and that recognizes that that center point is realized. So, within a Taoist seeker, they start to understand that the source of all things comes from the void which creates the seed of Yang within the womb of the primordial mother. That is the creation of all things. And, furthermore, everything exists within a nine cycle within a Taoist path. So all things are created and basically destroyed within the same path, but there is no limit. So everything will oscillate and contract and expand. Furthermore, the simplicity of that is you have to find that center point. So that would be more. You become the Luke Skywalker, finding the center point of the Death Star to open, expand. You have that one shot. So, as a Taoist, when you find that primordial mother between the breath in and the breath out. You hold. When you hold, you gather what we call the riches. The absorbing of the riches is the chi. It starts to accumulate within the physical flesh and then you're able to start playing with it like play-doh. You start to master that.

That is the zero point, the black hole energy Someone would refer, maybe perhaps a scalar wave. It's a frequency beyond the electromagnetic spectrum. So then you identify it as God, god, buddha, tao, prana, chi. This is a unified state, not a polarizing, dual state, which is what electromagnetism is. So when you move past the electric magnetic component, you are unified, you're a whole. Past the electric magnetic component, you are unified, you're a whole. So I just might call it singular, the oneness.

And when you exhibit that and you have access to that through the path of alchemy, you are able to create what they call wu-wei, which is effortless action, effortless effort. And then you stay within this frequency because, as a Taoist, we observe things frequently Everything is frequency. So when you would discover that from the energy potential, your creation of that energy has a vibration, that vibration has a frequency. If met with a holding of that resonance through your own cultivation, oh yes, it will be yours, oh yes it will. Which, furthermore, within a spiritual new age, manifesting teaching sort of perspective, this is the resonance that's necessary to replicate, because a lot of manifesting teachers these days will talk about well, you've got to find the frequency. If you can create the same frequency, you will draw it to you.

Well, what happens is you become it, and, from a Taoist perspective, that is the present moment. And so, all of a sudden, you are no place, no person, no thing. You are just now, and that will become evident. As you are now the maestro, you command the imperium of this present moment, this primordial fabric of perfection, which is the mother. You are then able to, with your attention, intention, create anything or anything, or any place, person or thing can be drawn to it. So, all of a sudden, you are not going to something, it is coming to you and it will instantly materialize. This is what we call the rite of passage, which is a path of no return, and once you access that, instantly you are there. You don't have to think about it, you don't have

to call your angels in, you don't have to get into a state of cultivation, you have merged to that, and some people will call it Brahman, they'll call it cosmic consciousness. There are levels where and you will be in command you will be the maestro, the master, keeper, creator of your reality, and it will be materialized instantly just through your attention and intention. So the truth of it comes from this substance that you acquire. This is like what we call a plasma. There is, and you're familiar with plasma, so that plasma will be evident.

So someone might rewind back to something as simplistic as astral projection, out-of-body experiences, things of that nature, where they can sort of separate the physical flesh from the spirit potential, right. So when you get into working with that practices, where we teach you the frequency, frequency and you can pop in and out of your physical body at will, is what we call Shen, which is the spirit, shen projection. And so you're now commanding not the external world, the internal world, through your attention, intention, and so the substance becomes very palpable. It's like it doesn't as you heighten your level of awareness, as you raise and ascend. It's not lighter, it's actually more dense.

And this is where a lot of people get this misconception that oh well, I heard that I'm just out of body, so I don't experience everything. Everything is being registered by this physical flesh as a form of validation of what you are connecting with. And so if you take a moment, it always comes in the form of a thought, emotion and a feeling that will be materialized. And what you do with it, of course, will determine whether you are a wisdom teacher or a wisdom seeker, and they're two of the same, but you always want to be in that effect at all times.

The second, you become the know-it-all, then you know nothing. And the second, you know nothing, you know everything. Brings us right back to the Bellows effect, and I get students going. That's just blowing my mind. I can't even comprehend that. First you must take the step and the path to the method of cultivating, so it's no longer a fleeting moment, a transitory, like a blip. You are able to make it permanency, which is the path of no return, where it's your very action. You are a thought, feeling and expression of divine.

0:19:47 - Julie

Now All right, we're going to need to unpack that because a lot of that was above my pay grades. I'm sure, funny, my peeps are going huh. Sometimes I have to rein you in. I'd say, okay, I'm feeling like Scooby-Doo here and I just want to go. What? Okay? So you say a thought, a feeling, what was the other one?

0:20:13 - San

Thought, feeling and emotion.

0:20:15 - Julie

Emotion, all right, and the thing about that is that when we control our thoughts because thoughts don't originate in our heads, they originate in the ethers and we pull them in base. Here's my understanding Pull them on based on the frequency of what we're thinking about, basically our attention, and then what our intention is with that attention, right, and so we're pulling in those thoughts. I talked to a woman this morning who was just obsessed with a medical test outcome on a virus that she had. But she still was showing the antibodies on her test. And I said are you having any symptoms? No, I wasn't seeing it. She had been to a couple of other healers who weren't seeing it. And she goes, but the antibodies are still showing up. You know that kind of stuff and all that. I said well, that doesn't mean anything, that's just the test.

I said remember during COVID, people that had COVID were told that the COVID test wouldn't work, it wasn't accurate. For a year afterwards it was going to have a false positive on it. I said that's what's going on here. Your body's just clearing the rest of the virus stuff. And when I got

her on my radar, son, this virus looked like those little squiggly wormies that you see in pond water under a microscope in the sixth grade you know it's glass.

0:21:44 - San
A little tadpoles.

0:21:46 - Julie
Yeah, well, they didn't have a. They just cook little wormy things and they're kind of squiggly. But when I watch a virus get healed, I watch the innards. That sounds Southern for you. I watch the insides evaporate but the carcasses left, and she had a bunch of evaporate but the carcasses left and she had a bunch of and you know my analogies are hilarious at times but she had a bunch of shrivelly looking carcasses in her energy field.

And I said your body's detoxing. They're still showing up and that test may not be accurate for a long time. So there's no reason for you to suffer over this test when you're not having any symptoms. I mean, why are you driving yourself nuts on this? And she goes well, because I just need to know. And I said don't do the test for another year. Pay attention to how you feel. Focus your thoughts on feeling good. Focus your thoughts on you have perfect health, all of that, instead of dreaming up all this stuff that makes you feel bad and makes you, you know, obsessed over it. So I'd love to hear your take on that.

0:22:54 - San
Well, yeah, I mean normally when I'm on the path of sharing the sort of like internal awareness of these types of things, how you're such a masterful medical intuitive and you can see these things very clearly For me I'll do a quick scan of somebody and look at the excess and deficiency of the energy centers, and then that will be my crumb as a Sherlock, to then go to the exact point that is inefficient or excess, which will present itself from an emotional state. You'll either get a virtual or emotional and that will then go deep into what we call a material manifestation. So then you'll sow evidence of an irregularity that may come from an organ being out of the ecosystem of the harmonious like frequency. So then you start to see these things and furthermore, you know when you start to go into it I will just charge an energy. So how I see it is someone will. You'll see them and then you know this is a funny part, like because this is sort of in the same realm of distant healing you're not really getting.

You know, I don't get into the weeds, You're very myopic and sometimes you're not, it depends you can really detail all these incredible things. I kind of like look at it and go, okay, this is off, there's an irregularity, and let's just, you know, torch it like with a flamethrower. So when I get there, when I get there, it's like, okay, so you see the deficiencies in their aura and it doesn't. People are like, well, do you need to know my friend's name and how old they are and what they're doing? And I'm no, not really, that doesn't. Once you're in my field, it doesn't matter, it could be Joe Blow, it could be the president, it doesn't matter, this will present itself. And so for them, you see their physical body and as they continue to be torched by the divinity of Tao, to be torched by the divinity of Tao, they become more phosphorus white, until all evidence of any deficiency or excess just dissipates into the ether. So they're just phosphorus white light.

And that normally comes from a numerical aspect where we will dive into the numbers, and through that, as I merge with that in that power, it becomes brighter and brighter and brighter and brighter. Until it has to hold that frequency and I normally give it a couple of seconds, I'm like, okay, boom, done. And so then you go, holy crap, I feel complete, I feel whole, and it's so strange because you have this happen to you all the time where you're seeing it. You're healing someone real time and you've got this beautiful smile. You're very jovial about it. You're making them very easy. They're not feeling uncomfortable because it's a very dramatic healing. What you're giving someone is changing that frequency that will alter them forever. You're returning

them to that state and it's sort of like the information is there and there's always an emotional component 100% of the time.

0:26:18 - Julie

So we normally do that at the end because there's an energy leak that's caused by some emotional event, either in this life or a past life. Once we illuminate it, it eradicates it. They're working on full power, helps the body regain and maintain health. So we're doing the same thing, just in a different way. But there's always a correlation between what that emotional event was whether somebody called you a bad name when you were three and it hurt your feelings and we look at that as an adult and we think, well, that was no big deal, but it was a big deal to your three-year-old self at the time or whether it's something really dramatic.

But as soon as we illuminate it, it eradicates that block which looks like a little kernel of unpopped popcorn to me. And then other life events, emotional energy piles on top of it and then causes enough pressure, causes a blowout in this membrane. That reminds me of really thin, stretchy saran wrap. And she was like, oh my God, because we came up with something that had happened when she was four, or something that was an emotional event. She said I haven't thought about that in decades. But once we illuminated it, boom, she was back working on full power and I've never seen that membrane rupture after it's been healed. And I've done this tens of thousands of times, as you know. I'm not saying it can't, but I've never seen it happen. So I'm saying it's highly unlikely that it won't.

0:27:47 - San

Well, yeah, I mean, it's always done immediately, like some of the most profound real-time evidence of physical healing are witnessed in seconds, if not, you know it's like, hang on a second. You're watching the flesh merge, you're watching things reset and when you're looking at it with the naked eye it has this wiggling effect, so it will wiggle and then it will reset, wiggle and reset and you literally cannot believe this is taking place. It's almost like this merging of these two seemingly separate components, which refers to the dualistic perspective. But then when you see it and it's like it's done. You know, hang on a second. There was a legion there before and it was really crusty and old and it'd be sitting there. For example, someone may have had diabetes and you watch it just shrink in front of your eyes until it disappears and you're like I can never get tired of this. This is so profound and I'm not going to use the words unreal, because it's not. It's very real, it's very supernatural, it's very super normal, as we would put it and you experience these things and when you do things that are such in a deep core, subatomic level, someone will go oh, my goodness, I feel so much better, and then they'll go off to their doctor, do their blood work and go, it's all gone. Which is the normal effect of hanging out with Julie is these types of things take place, but it's so profound to get that validation, whether it's an immediate surface level, physical thing or something that's so internal, at a subatomic level, that it presents itself through that seeker that wants to see the blood work, telling them that they're okay, even though they've never felt better in their life. It's like all of a sudden. It's like hang on a second. I was hanging out with you and it does permit.

You see, we have this thing called soul retrieval. I'm not a big fan of it. I kind of just sort of like we can go into the weeds of when grandma only gave you two cookies when you were five and then mommy spanked you when you were seven because you didn't clean your room. And you were five and then mommy spanked you when you were seven because you didn't clean your room. And this stuff presents itself. But it's energy potential and so I always remind people that's what it is and it's nothing more than a story. So once we heal, which is just adjusting the frequency back to its original primordial state, it will disappear and people freak out because you can still have the thought.

What's really masterful for this is have the thought as a wisdom that you can refer to in relation to a past experience, that you gain more information about your own journey, and we remove

the feeling and the emotion. That are the two things that create catalyst. So the emotion has this profile, energy profile that presents the feeling to you. It goes in that order thought, emotion and feeling. And people are like, oh, that makes sense and, yeah, that's kind of like a catalyst for how I feel this way.

When this emotion presents itself in the form of anger, I feel certain, I feel empowered, and that's generally when most people are delusional and they make bad decisions and then they deflate and that this cathartic release of spewing all their stuff out and they go I'm sorry, I didn't mean that, I was just having a moment, I had a little blip, please forgive me and it becomes more evident of how commandeered you are within that state, and this is where I always refer to people. When you're emotional, you're suggestible and that's something you need to identify as a seeker that these are the types of things that will commandeer your attention, intention and, furthermore, you can start to believe. Don't believe the hype. Start to believe the hype of what you perceive your reality is, which is a disservice to the seeker, it's a disservice to the environment, it's a disservice to so many elements that bring together this present moment, and you have to be able to decipher it. Be the Sherlock to your Watson and be clear on what that is, and I always find that the alchemy is always the fastest way to identify these things, rather than have fleeting moments of delusion where you're having these thoughts that you believe are yours until you discover someone like yourself or myself. Help you decipher this.

So there's a clear messaging and a path for you to return to who you really are, and that comes in that cultivational mastery where you cultivate the energy and you have imperium over it at will. That means you command it, you are able to move it in any direction at will, however you see fit. And that comes with identifying the frequency, and that frequency is the building block. So your light to wave to matter the particle realized by your attention. Intention creates this distortion, what we call the emotional content.

So perfection is the primordial mother. That's what we call the zero point, the black hole, energy. That is evidence of perfection. It's abundant, timeless, endless, limitless, infinite. Evidence of perfection. It's abundant, timeless, endless, limitless, infinite. And so, from that cloth of primordial mother, from a Taoist perspective, you distort it with your attention, intention, in your very present moment. Then you must return to that frequency by cultivational practices. So the emotion and the feeling is not as important, even so much the thought, quite frankly, because this is identifying as somebody, as a place, as a person, as a thing.

To acquire this imperium, this instant, now, you must be none of those things. Those things, so belief systems, will take you astray from your path and they will distort your reality even more. You have to be able to self-realize, you have to be able to experience and then, furthermore, transmute it into this space as a manifestation. Magic, healing, these are three categories that most people become most obsessed with to validate the currency of this reality. And that's fine, that's perfectly fine. And you get to certain parts where the energy, for me, is exciting, and I use that alchemy to help people realize and return to who they are. And then I have friends that are Buddhist monks, that want nothing to do with it, that, unlike energy potential, that want to sit there looking for more misery until they cannot find it. Hey, you say tomato, I say tomato. Whatever gives you a buzz or a high in your spiritual path, you must follow it. But furthermore, that is where you get down to the brass tacks. Is that present moment?

0:35:09 - Julie

All right, we're going to dissect that in length here in a second and first, how does a regular Australian white guy end up being an ordained priest and 66th generation lineage holder and 126th generation linear holder of Taoism?

0:35:31 - San

Funny, you asked that question. What a great question.

0:35:34 - Julie

Yeah, because you know you're not, you don't, you don't match the. You know, central casting Hollywood movie stereotype. Central casting Hollywood movie stereotype. Yeah, I mean, I'm waiting for you to throw something on the Barbie and your wife and your six kids and you know, and we think of, I think of the Dalai Lama, or somebody who's single who meditates on a mountaintop. You know all day, every day kind of a thing, and you are the exact opposite of that.

0:36:06 - San

And you know this is so incredible. My story is a great example of really the seekers advancing using intrigue and curiosity to create and find the truth of reality for themselves. My story is a great example of really the seekers advancing using intrigue and curiosity to create, embody really what nature of reality is is completely change the behavior or your idea of what reality is in every way, shape or form. So what does that mean? It means that, like right now, I want the audience to get up, take their clothes off and run down the street. And anyone that embodies that and thinks that's normal is probably on a closer path of self-realizing, because you're not being bound by judgments or perceptions of reality that determine who you are. And most people are still on that path the journey of self-realization, where they're very self-conscious. They're not going to do that. That sounds insane, that sounds ridiculous. Oh my goodness, I would never do that. And of course, you're now framed in a mindset that really controls and commandeers your attention, intention. Your inability to let go of limitations or belief systems may be problematic. That's the first side. That's a great one. It's like hang on a second. What that in of itself will give you a clear understanding of where you really stand on your own path and what you have to do to now move forward, to expand on that. And that's why energy is so exciting, because that's the currency of this reality.

So when I was a young boy, I would say I experienced a lot of adversity. I was raised by a single parent who was considered a radical feminist from the 70s. She had a perception of reality that was a little unhinged. Talking to her years later she was like, yeah, I was a little bit off center there, but she was part of the first revolution, of identifying that academia is commandeering your attention and intention. The mind-melting manipulation was already being planted in seeds of that. And that brings us right back to the culmination of Carl Jung and this guy named Sigmund Freud. A lot of Freud, my bad. Was that a Freudian slip? I think it was. But this guy was very much single-handedly responsible for some of the more deeper dives into mind manipulation, using his metaphors and his understanding of what psyche really is.

And psychology, which my deep passion with psychology is that it is a construct that's designed to separate you from your reality, because then you consider everything to be in your mind, that that's even a conversation, that the mind is separate from all things. So then we can go down that path. But, quite frankly, it's understanding that there's a there's this deep underlining tone that has been identified, probably in the early 1900s, if not earlier than that, right back to a guy named Mesmer who in the late 1800s was a practitioner of this thing called hypnosis. So mesmerized came from his last name. To be mesmerized is to be in a state of trance, as someone would put. It came from the last name of this hypnotist back in the 1800s. And so you start to this is a nonverbal trance that you would get into a state of, and so most people understand that this ancient practice of trance is part of the very foundation and seeds of all indigenous spiritual cultivational practices, which starts with something as simplistic as meditation, which is being aware.

0:40:36 - Julie

Were you exposed to that in Australia with the Aboriginal cultures?

0:40:42 - San

Well, yeah, I mean, what happened was when I was a kid, I was left to my own devices. Happened was when I was a kid, I was left to my own devices. My mother was a struggling single parent who, in all intensive purposes, was dealing with the idea that society was not accepting her as a productive part of society. There was still this undertone, sort of like discrimination against women, and that's why she gravitated to the whole women movement and being a radical feminist and all these types of things, and to liberate herself. She engaged in, at a very late stage in her life, academia, higher education. I need to go in and find myself and create some type of like respect from society by being educated. So she went back to what we call university in Australia. She got many degrees, discovered psychology and other things and she became a teacher and through that, you know, I was a latchkey kid where I was literally taking care of myself at the ripe old age of six, where I would go out on my you know, my paper run and I would be delivering papers to people. I look at some of my children and they're like, oh my goodness, do I have to get up and go and get water from the sink. Is that a that's a lot of energy. And then I'm like, oh my goodness, do I have to get up and go and get water from the sink? Is that? Is that that's a? That's a lot of energy. And then I'm like, back in my day, let me explain to you.

But that was a whole different world where you could. You could literally not feel as though your child was going to be abducted or thrown into some type of like nefarious sort of activity, ie things that I probably won't mention on YouTube, but this is going on right now and now. In those days that didn't happen. So I went from that. I started at six for the first job I had and by the time I was eight I was jumping on a bus, going into the city and watching movies by myself, and I really merged into the imagination and the curiosity of that and how exciting that was, because I would create my own reality. It's like my absence of a physical father turned into, you know, harrison Ford, sylvester Stallone, schwarzenegger, you know the magical golden age of Hollywood, when they were really making some incredible stuff. That is timeless and of course that has since come and gone, but to speak on that more was then my curiosity with Chinatown, so I was obsessed with Chinatown in Australia.

0:43:26 - Julie

The movie.

0:43:27 - San

No, no, the Chinatown itself. So I would always go to Chinatown. So when I went into the city as a child, I would always go to Chinatown and, you know, eat the food, immersion, the culture. I was like there's something about this. I just love it. It resonates with me a little.

I wasn't using those types of words when I was eight, but it was like I was obsessed. I had to be a part of this, I had to experience it at all times, and so that sort of led me on a path of then dealing with this social norm at the time called bullying, where I was being bullied and you know, my mother was a feminist who didn't give me much insight like go and kick the shit out of somebody, or something of that nature. I was more I'm a lover, not a fighter type of thing, and so I would eviscerate people with verbal interaction. I was, as you can see, I'm a little high gamma type of character where I can really merge words together and give you a very clear definition of what that is. So I use that as my super tool to wade through all this bullying that today would not be accepted at all. If the same thing happened to me today I would probably be a millionaire, being paid by certain states for the abuse of power, whether it be teachers or other students. It was just, it was absolutely. It was nonsense. But in any case, that led me more deeper into my intrigue, into creating my own reality.

And so, by the age of 10, I discovered this thing called Education of a Bodybuilder by Arnold Schwarzenegger, and this was a book that I started reading intensely and I decided that that was my lure. I wanted to become a bodybuilder by about 19 or 20, I had this voice in my head. At this point I was like a 300-pound gorilla, about 18, 20% body fat. This is the sort of terminology we talk in. You know the, the, the body fat. I was pulling numbers that were sort of insane. You know insane deadlifts and squats and all that type of stuff. But there was a voice in my head that I wasn't really clear on at this point. This was still new to me, but I let it guide me throughout my childhood, throughout all the imagination, all the creativity, the movies, and it said find meditation. And I'm like, okay, I don't know what that is, we didn't have the internet, I can't look it up. It's like all. I know that this idea of meditation goes right back to these very odd looking people that would walk through the local park in the city singing Hare Krishna, hare, hare. So you know I'm like that sounds really strange.

I'm a physical guy. I grab things, I crush things, I throw things. That's what I was familiar with, but I was very good at it. I mastered that skill and I could acquire some incredible feats that most people couldn't. And it all started from my mind and I was like, okay, so it keeps coming back to this. I'm feeling the effects of lifting heavy weight, like my body is saying please have mercy on me, my dear friend, because it's a lot of weight, even though it's muscle, it doesn't matter. You're like you're literally feeling the side effects of excessive weight on the body, and so I go looking for this.

0:46:59 - Julie

I find this meditation. What do you think that voice was that told you to look for meditation?

0:47:02 - San

Knowing it now was Latsu, my teacher.

0:47:05 - Julie

It was very clear and Latsu was.

0:47:07 - San

Latsu is my teacher right now, who is basically the origins of the first channeling of the Tao teaching came from Latsu. So Latsu was a wisdom teacher, a prophet within Taoism history and, furthermore, it went from. It went from you know the thought of his voice in my mind to very clearly hearing his voice and seeing him as I see you. But that's a clear sense and a development skill that came momentarily after this. So, you know, I find this, I'm looking for this class, this meditation thing. I'm like I don't do that type of stuff. I thought I was really like someone who couldn't sit down. I got to move around. I had no idea my ability to harness the present moment until I experienced it. So I found this class through newspapers. The good old days, you know guys, you know newspapers. There was newspapers. They used to print them up and you could find like the classifieds and look for things that you're looking for, services. You know odd things, people having like garage sales that's what used to exist, just for my kids' future reference when they go. What is a newspaper? I have no idea what that is. Anyway. So I came across this offering of a meditation class and I'm like, okay, well, this is better than a punch in the face. I mean, this is what they're telling me to do. I need to find this. And it was an unassuming sort of 50 pounds wet, you know, grandmaster, asian woman that was taking these classes in a rec facility that was sort of in a suburb outside of Sydney. And you go there and I'm like this is a ghetto. I don't know, you know, maybe this is a prank. I get there, this is bad, this is not a good neighborhood, and so I pull in and it's just like you get that feeling Something's going down here Now, literally, I know I was about to experience something more profound than anything I had ever experienced, but even though I look like a gorilla, it gives people more reason to gravitate to that said energy. So I'm like, even though I'm all soft and warm and fuzzy inside and people are quite intimidated by my presence, I'm none of, and warm and fuzzy inside and people are quite intimidated by my presence. I'm none of the above

things. So I was like, holy crap, what is going on? Okay, so the door's open, I pull into the car park and I walk in and I look around and it smells like some old sort of like convention or what would you call it? An event center. It was an old, dusty, would have been maybe a church in the past. Whatever, it's a youth center. They're using it as a public place to congregate and it smells old and dusty. And I look around the room and you know there's half a dozen misfits, just like me. Beggars can't be choosers. It's like, okay, they start sitting down and the grandmaster comes in and she walks to the front and I attempt to sit down in the lotus position. I look like an overgrown gorilla trying to grab my knee to form this lotus thing, whatever.

I was in a lot of pain, Julie. I was like this is not fun. What is this about? Oh, be at one with whatever Lotus thing, whatever. I was in back. I was in a lot of pain, Julie. I was like this is not fun. What is this about? Oh, be at one with whatever. That wasn't happening for me, so I'm sitting there. I'm all contorted. I'm like listening outside, where there's gathering of people, screaming dogs, barking ambulances. It's a ghetto. I'm just going to be honest with you. It's not a good place to be. And so I'm more concerned with holy shit, am I going to get stabbed and killed on my way back to the car. Is this going to happen? This is really my. That took my focus of attention, my back's aching, and then these misfits are getting all in their lotus position and I'm thinking this ain't going to work for me. This, yeah, it's not going to happen. And so she stands there and her standing is like coming up to me when I'm sitting in the largest position, like she's literally eye level standing. I'm like, okay, I'm going to do my equivalent of best. What's the worst thing that happens? Nothing. At this point, what have I got to lose? Take a deep breath and I'm just like I can't. I really can't focus on her. And then they're telling me eyes closed. When I close my eyes, I think of someone cutting my throat getting out from behind my car. This is not good stuff. None of this is good. So it's like I'm going to leave my eyes open right now and I'm listening to the noise and I'm focusing just on what she's saying. And she goes now I want you to listen to my voice and I'm like, okay, and then everything will fall away. I kid you not. For 15 minutes she was doing this and there was dead silence.

0:52:15 - Julie

So he was moving his mouth.

0:52:16 - San

for those of you that are listening and not watching, and so dead silence and I'm like I have never experienced this much incredible. I don't know what you call it power, whatever but I am in silence and that was not five seconds ago. I had all this and I'm like my eyes are open, my back pain disappeared, I just sort of hunched over, but I was just like this is unbelievable. I've never experienced anything like this. This is like I'm hooked.

Whatever it takes, I will find it. I will discover whatever it is that is giving me this messaging, and about 15 minutes collectively. Then her voice started to come back in and I was just like I'll have whatever you're having, sign me up, I'm done. And so that took me to discovering or looking for a teacher, and she wasn't really available and I found a couple of options and within that same week you go down the rabbit hole and you find these people that are offering all these weird things like you know, channeling and energy healing, and you're just like this is crazy stuff. Like I've never even thought conceptually in my mind that this stuff would even exist, other than my obsession with Hollywood movies.

At that point I'd already invested in things like point. I'd already invested in things like you know, let me see, I'd seen Karate Kid, the Last Dragon, Bruce Lee movies, all that kind of stuff. So I had a fundamental idea of what this mystical, magical stuff is and it was drawn to me. I get excited by it and I'm like, okay, I'm going to find these teachers. And it started with that, which was the first time I ever meditated, which, looking back at it now, through Latsu's teaching, this was something that was happening to me all the time. I could walk in and people would be

dumbfounded. I'd walk in and step under a 600 pound squat and squat it 20 times and then walk out and they're like you didn't warm up, you didn't do anything, I just know, that's just what I do. This is this now moment that we talk about this ability to be here, and so next minute I start channeling. Do this channeling class? I'm like what is that? It sounds right, whatever it is. And this guy was you know. He'd invested 60 years of his life channeling and teaching people channeling. And this big old gorilla rolls up and he's like you sure you're in the right place? Is this? Do you know what this is? I'm like this is a channeling class. From what I can see, it's like you channel things like energy, spirits or whatever, and for me that was conceptual, absolutely conceptual, but I was unassuming, I had no expectation.

This is one of the things I like to remind people when you're a child, like in your nature, when you accept things at face value, at the now moment, things become realized. So I'm sitting around the room and there's evidence of BO and people eating alfalfa sprouts and hairy armpits and all that kind of stuff long hair, dreads I'm definitely he's like are you sure you know you're in the right place? And I'm like, what the heck? I just had the most profound experience I ever had in my life. I'm up for it. And that's that part of just accepting now, or the old expression I'll try anything once. I think I think I will.

I don't know if that that's a broad, that's a broad statement, but I rolled up to this thing and they're like this guy is some bodybuilder, bodybuilder turning up to my class. I don't know what he's going to get out of it. I mean, he's about as enlightened as a tin can, I mean really? And so he's assuming nothing. Now, it shows how much this guy is not really in tune with this so-called channeling, how much this guy is not really in tune with this so-called channeling. He could access it and he was bringing an energy in that would guide us on this path, right. So I literally got, I sat down and got in position and they were priming us a little bit and he'd play some music and then he would give you the anticipated path of when you were going to connect with your guides, your guardians, your angels, and there would always be in a and I always even use that format today where I have at least two students, one receiving and one taking notes or questions, which is always a great way to start this type of stuff.

And I just sat there and a rocket went off, like an amount of energy that was beyond this planet Earth, and it went through my whole physical body. I had no control. I was reverberating and oscillating and contracting at a level that people thought I was having a stroke. And then Latsu came right through and started talking through me directly. And this guy you watched him go.

You, son of a bitch. Who are you? You come in out of nowhere, you're in the end of the fall, you are not on the enlightened path and you just hit dead center straight away. And you and I know past lives, past experiences. It happens when it's supposed to. You're in the right place at the right time and I had zero expectation. So it's like holy shit, and I'm not only just experiencing this whole.

It's like someone hooked me up electric cables and I was getting supercharged and for probably two years after that, any point, I would merge into Latsu's energy, I would break chairs and you know, and most of the time it's like, until you get that muscle down, you're going to have this bountiful amount of contraction and expansion that will, like, literally dissolve things. I'd sit in chairs and go off like a rocket and people are like I want whatever he's having. What's going on here? Am I doing something wrong? What is happening here? And you start to identify with these things and how it transmutes. But yeah, so that went off.

And the second day I was like, oh, we're going to learn clairvoyant stuff. I'm thinking, whoa, I've got this voice that's really more clearer in my head. And when I sort of sit into what they call channeling, I get all this charge of energy. People take sticks out, put marshmallows on the end of them and start cooking it. Just from the radiated emission. They're getting so excited and I'm like I'm not crazy. These people actually identify with this stuff. This is real. And I'm like

I didn't have any basis. I wasn't like I'd been on the path 20 years and this is the enlightenment, the breaking point. I've had a dark night of the soul, all this kind of business where people start identifying with your ascension, and so I just accepted it. I was just like it is what it is. They say that's what's going to happen.

0:59:39 - Julie

So I expect that's what's going to happen, and so you were being primed with your using your imagination, being led to go into Chinatown in Sydney and and assimilating into that community and getting more comfortable with some of its, its customs and all that kind of stuff, to reading Arnold's book, manifesting becoming a top bodybuilder, manifesting not only your body but also your ability to focus and focus the energy. But you didn't know what you were doing yet. And then you go to this little gal who teaches you how to meditate, and then a couple of days later you're with this guy and you're channeling Lao Tzu, and so then you've gone from there. But I'm listening to you tell this story and you're and I've heard it before, but I hear it, you know, you hear new stuff every time you hear the story.

Now you hear new stuff every time you hear the story, but it's very obvious to me how you were led, how all of us are led to, whatever it is we're wanting to explore and experience in this lifetime, and so now you've parlayed that into what. What would?

1:01:07 - San

you say. Within the same week I went from meditating for the first time, channeling Latsu and then, furthermore, getting into clairvoyant training from this same teacher. And he said well, this is what you do and you call in this and take a look at that. And he had his own system. I wouldn't use that and have never used that.

Once I was trained within Taoist rituals, I used very method-based realizations using ancient practices of the thousands of years old. His was kind of like a mishmash, but in any case he said oh, you channel this and you're getting this information, and if you look at something, this will happen. And you know you can resort that back to things like psychometry, where you take an object and you hold the object and you, from that object, you'll read the field and the information right down into the center core. And so psychometry was something more common to the center core, and so psychometry was something more common. So when I started reading him and he's the teacher he goes all right, well, you seem like you're gifted you piece of shit.

That channeled Lutz two days ago. He's like literally looking, giving me this attitude I've taught you a few things, now read my energy. And I was like okay, okay, so you and your girlfriend are in the business of commandeering people's energy and their minds through groupthink within this teaching your own benefit, feeding some entity that's telling you that you're you know you will achieve clear senses and other abilities like remote viewing and things of that nature. What is going on here? And this just came out. I was just like I wasn't even thinking about what the information was.

1:03:04 - Julie

You didn't get shot.

1:03:06 - San

Well, he freaked out and he goes well, okay, all right, let whoa. Okay, alright, let's go in the other room. And he's looking around and he's like listen, wow, first and foremost, he couldn't believe it. He's like wow, I've got to process this. Well, they're saying this energy that you, if you continue what you're doing, will die. And I'm sharing this. I'm like, I'm like not invested in it. This is what they're saying.

You know, I do have a few issues with this. I'm like is this confession time? I mean, is this real, because I didn't know? I'm like this is the first time. I mean is this real Because I didn't know? I'm like this is the first time I ever did it. It's like I'm not expecting anything. I'm not like oh yeah, I'm reading it. I have no idea. I was like I'm just there. He's like okay, all right, look, I've had an issue and you know I've been working with my girlfriend to stop this. But I've been working with my girlfriend to stop this.

But the energy gives me more superpowers, more insight. I'm able to read energies, I'm remote viewing, I'm doing all these other things and I'm like whoa, this stuff's real. I'm still like am I correct? Is this right? He's like whoa, whoa, whoa, whoa, whoa. Please just stop for a minute. Can you not share this with with the group? And I'm like wow, I'm just like this is unreal. And like he couldn't contain himself. He couldn't lie to me. He couldn't say, oh, you're full of shit. Like it was so off kiltering that I got it the first go, that it blew his mind and it was like a confession. It was like you know, it's like a verbal diarrhea. He couldn't believe it.

1:04:57 - Julie

So where did you go from there? So we've got like a half an hour left. So there's other stuff I want to cover when did you go from there. How did you get to where you are now?

1:05:07 - San

Right. So from that I gave him his prophecy of what was going to happen Within a couple of months. After that, I had him in my arms and he died from brain cancer, and that was another unbelievable situation. But through that I developed these psychic skills. Two days later, I witnessed the physical healing where physical, like literally, this woman's flesh was gangrenous and turned back to pink in color in 40 minutes under the tutelage of Latsu. And I mean, at this point, if I was batshit crazy, I'm in that category.

At that point, it's all happening at once, one after another, after another, and then, furthermore, after that event, I had what someone would coin within the spiritual world as a dark night of the soul, where I literally had every thought, every feeling, every emotion nonstop for five days. By the third day I wanted to kill myself. I'm like I'm good, I'm okay, like I'm ready to go, I'm like I can't do this anymore. Imagine being water, tortured and exposed to all this information coming at you nonstop, 24 hours a day. You go to sleep, you wake up, it's still there. No matter what you do, it's there. I mean, I would go to the movies trying to distract myself and something as benign as a naked woman walking out of the screen. I would vomit, I would throw up and I actually threw up on one guy that was sitting in front of me. I was like because it had an adverse effect within the core of me. It was part of this unraveling and transformation that was happening nonstop. It's like-

1:06:46 - Julie

So it was like a cleansing thing.

1:06:48 - San

Oh yeah, it was just an intense like I guess you would call it purification, whatever it was. I mean, I was like really Some naked chick is going to do that to me You're kidding me and it was like so visceral, it was so somatic. And you know, after I finished that because in those days we didn't have a cell phone to call someone up and like keep texting but return my text I saw you read it, you need to I was just having this complete overload of no return and basically by the time I got hold of that teacher, the result was oh my goodness, that's amazing. We call this a breaking. I'm like I don't give a shit what this is. I wouldn't put this on anybody, but it was a complete unraveling. It was absolutely everything. Now, from that arose psychic abilities, instantaneously, where everything I could see everything at once.

1:07:44 - Julie

So you're the shadow of the old for the new to be able to come in and for you to be able to hold that energy.

1:07:50 - San

Maybe. I mean, I wasn't really committed to any sort of like cycle. And then, furthermore, I went on the path. I found another teacher, I trained with them, I went over to China, I got ordained and that took me on a path of teaching people the alchemical process. So I did sort of jump a few moments where I went forward to go backwards. So I had all these abilities before I even merged into the ancient practice of Taoism.

But I can tell you this Taoism, alchemy, is second to none when you want to realize the power of this potential. So you know, furthermore, leading up to where we are now, those two lineages that I was trained in as ordained priest, they have great insight, but nothing beats the highest level of ascension for a daoist seeker is direct source channeling. That's it. You cannot beat it. There is nothing that comes even remotely close.

And from a seeker's perspective, I take people through nine stages of their own evolution starts with physical body, energetic body, spiritual body, spiritual body, sun body, earth body, moon body, oneness body, ultimate body, and then being with all things. And so through that methodology, through that cultivational practice, you become more affirmed on every path you take, as a self-realized, experiential now moment. That is not in this sort of like oh, it's what I call the spiritual being bitten by the spiritual dragon. They get a little taste, but they can't identify or understand how to harness that moment, said moment, like oh, I heard grandma, I had a vision, you know, I could see people's auras, or I knew something beforehand, I had insight into all these things, which of course you understand, these are variables of sensory perception and ultimately they could be in the category of manifestation, magic, healing. You know more identifiable clear senses. I mean, there's really no end to the clear senses.

If you have an imagination and then you can attach it to the substance, you can create anything, you can design any sort of like insight into anything at will, but there is a path of that realization. I think there is a problematic issue today with the space we're in, where people get insight and they get a little taste of it, like, oh, I'm an expert at reading people's palms or I could give someone a psychic reading, but they're deficient in so many other facets that it becomes sort of like more a path of disappointment for many, because they've got one little facet and they claim they have the answer to all things. They don't give it to someone, and so they get more disappointed and frustrated by the fact they didn't elevate their sensors. So they're all equal. That's part of energy potential. When you develop those, then you create the harmony which is identified within that center point as the Wu-Gji, the Wu, and when you're able to do that, all of a sudden you have access to everything at once, right.

1:11:08 - Julie

I call that my buffet of psychichness. Yes, yeah, Same thing. So when I was at your temple a couple of months ago, you were very gracious and you invited me to go to what do you call it? Your high altar or the altar of the emperors or whatever you call that.

1:11:26 - San

Well, I'm going to be. It's the temple, the altar of the three pure ones. I'm going to be very clear. I'm in love with you. You're like family to me, but I didn't invite you, they invited you. I don't get to make those decisions. You were invited by them into that space and that's a really, to me, a profound situation of being, because it's not shared with many and you have to go through a long path to deliver that type of experience. For many of my students and disciples they don't see that type of access for many years and you were given that.

1:12:04 - Julie

We walk up the stairs, we walk into this. What do you call it? Your altar?

1:12:10 - San

Your altar yeah. You guys, it was like I don't have any expectations.

1:12:17 - Julie

I thought, ok, this is going to be interesting. I'm a good Catholic girl, I'm going up to see this Chinese altar of these emperor guys. I'm like in this room behind you, and it felt like I was in the movie 40,000 Leagues Under the Sea, because I felt like I was submerged in a submarine that wasn't pressurized correctly. It felt I didn't have trouble breathing but, boy, I could feel it. It just didn't feel pressurized. And I was there and I said, wow, this is interesting because I can feel it in my breathing. It feels very dense, which you were talking about before, that everybody thinks that spirit's gonna be really light, and this was dense, dense, which you were talking about before, that everybody thinks that spirit's going to be really light, and this was dense, dense, dense, that feeling in there. And so you said you know, you're all right, you'll equalize. And I did in less than a minute I would say so. You're watching me.

And there's this big yin and yang symbol in the middle of the floor and I was just led to go stand on it and you go. Well, of course you're standing on it. It's a portal, I'm telling you, you guys, it was like I felt like Elsa in Frozen, because there was this geyser of energy that went flying up through my body and then, like in Frozen 2, she's got all these beams of light firing out of her. It was wild. It was like if you make a cross with an energy beam and then you do two diagonals to make a star. There was energy shooting out of me in that pattern that was going out until infinity, and I had these circles of energy that were going up and down my body and I was describing it to you and I was like, holy Moses, this is amazing.

And then your statues of your emperors that you have, they looked like they were smiling and I thought, am I imagining that? I mean, because when I came in the room, they were just like they didn't have an expression on their face, but they looked like they were smiling while they were watching all of this happen and I'm thinking okay, I'm getting a serious frequency upgrade here with this. It was one of the all-time most amazing experiences I've ever had in my whole life. So what was that? I mean, we've dissected it a little, but we had kids around us and your lovely wife, jade. So what was that?

1:14:57 - San

Well, you know, this is when you really get deep into the magic and the construct and you set up deep levels of energy potential that is realized through the ritual and so everything, everything is part of that communion, everything is part of that unity. And when you create a sacred space through the methods that I teach people, you experience that you will have that harnessing of that potential. And this is where I cast all the magic go deep into to commune with my teachers and they will guide me through specific incantations and talismans that I create. For, whatever the purpose is, it goes way beyond just the simplicity of, you know, oh, I want to manifest a happy life. No, it will go right down to the last hair in relation to the construct and you just layer that and that's through that union. Now, when you see the statues, they're actually living, they're not, they're the spirit and the energy is within them. So you're experiencing the presence of an immortal, and it's real time, visceral, somatic, at a subatomic level and it's happening to you and so there's no question about it. You're like holy moly, I'm in a whole nother space, a whole nother realm, a whole nother world, and that's kind of like what happens when you start to get deep into ancient ritual for the purpose of developing sacred spaces. You know that's something that's very much in the wheelhouse of a Taoist.

Alchemist is being able to be the embodiment of a Taoist, a Taoism tool where you can identify ley lines and power centers and vortices and construct a sacred space for ritual. So you know,

furthermore, that has been lost over the centuries within this human expression of what we call life now. But you know any really powerful places. If you go to a church or a synagogue or a mosque or somewhere, there's a place of worship, a temple you're going to experience. If the person that is guiding that congregation has any monocule amount of insight from a higher teacher, you're going to experience some level of divinity and it's going to be in that sacred form and so it really becomes encapsulated in so many people.

Right down to simple things like when people talk about you must really appreciate I'm going to use these realm of man words I don't really use them that often respect and value this sacred space. So things as simplistic as walking your shoes in from outside, you would never do that. Simplistic as walking your shoes in from outside, you would never do that. This is setting up a foundation, you're literally transferring other energy potential into a holy, sacred space and you want to value that and honor that as to its highest resonance. And so when you do things like that and you create the space and the charge we're getting right now, the aha moment you will be able to experience it and it becomes palpable.

So when you cultivate these energies this is not just, oh, I feel a little energy, no, you move it in any direction. You want, separating the electric from magnetic, and you experienced a sacred altar where you're in the presence of these immortals and they're there 24-7 and they show the presence through that charge that you get through your physical body. It's like it's second to none. There's no question you are in a whole nother world and it's like hang on, my eyes are open. I'm completely void of any sort of extra curricular additives, ie caffeine, alcohol, whatever. I'm sober and I am experiencing resonance that is crazy. This is how powerful it can become. I always tell people you should start with some simplistic altar I don't really normally move people straight into that but you start to merge and unify with your embodiment of your relationship and it's so sacred, it's so important that everyone has their relationship with, whatever it is that they believe in, and turn it into a knowing through that energy potential.

1:19:37 - Julie

Well, the thing that I took away from it, too, was that I've been doing this for 30 years, like you, so I was able to conduct the energy. I was able to hold the energy as it was flowing through me and I was. It felt like it lasted about five minutes I'm not sure it lasted that long, but it felt like I was standing on that portal. Honest to God, I felt like Elsie Elsa in Frozen 2 at the beginning, where she's going into the unknown and she's throwing like these beams of light and things are manifesting out of it.

I thought whoever wrote that screenplay knew they knew serious woo-woo. I mean, that's one of my favorite movies as far as woo-woo goes. But the other thing is that I found that was so interesting about it was I didn't have any knowledge of these guys. I mean, I didn't know any of the tradition, I didn't know any of this other stuff, and to me it's spirit source, coming through different modalities, methodologies, teachings, all the same thing, and it was so profound for me that I remember thinking about it flying home the next day and I remember thinking, okay, this is to show me how there are many, many, many ways to get to source. This was a way and I wasn't familiar with any of it, but it was confirmation for something that I had intellectualized before. But I really experienced and I think once we experience things we really get it, because we can read stuff, we can watch stuff, we can hear people talk about stuff, but until we really witness it, we don't really get it.

1:21:37 - San

Would you agree with that? Oh yeah, I mean. I always refer back to the simplicity of it. If you're thinking, you're not knowing. If you're knowing, you are feeling and that will present itself as the experience and that becomes the knowing.

And that's why the alchemist's path, as a Taoist seeker, is so powerful because you burn that in. It's a permanence, it's not something that's transitory or temporary. Once you activate the energetic potential, it gets stronger and stronger and stronger. So no longer are you doing something that is very limited and has a limited return, like the physicality where you exercise and you put time and attention to it. Doing something that is very limited and has a limited return, like the physicality where you exercise and you put time and attention to it, and you get said response oh, I lost some body fat, I got stronger, I'm better cardiovascular, but once you take your foot off the gas, all that regresses back to nothing. That's not what happens when you are on the path of the alchemist. When you alchemize these energies, what you experience is this only got stronger.

I have disciples that have been on this path 20 years and they're like Jufu. It's stronger now than it was the first time I ever experienced it. It never leaves you. No, it does not, and so this is sort of like a very different thing. What you teach, what I teach, is something that you can master and literally expand on on a daily basis and become more masterful at its execution. So, developing clear senses and things of that nature, become more and more solidified and fortified within your experience so that you can translate it, transmute it, show people. This is not just a fleeting moment. It comes in the form of physical, mental, emotional, spiritual healing, and that's the magic behind it that I love so much. I always tell people my job is imagine big trouble in little China and last airbender had a baby and this is what I share with you on your journey to finding yourself.

1:23:59 - Julie

Well, and it's a transfer of energy. That's what I teach my students. I say this is 10% technique, it's 90% a transfer of energy from me to my students and they're just kind of thinking what? But they can feel it, they can do it immediately with that transfer of energy and I know that that's what you're doing too.

When my dad was dying in the hospital, he was in intensive care. A couple of days before he passed. He was put in intensive care and was in a coma and one of his best friends was a priest who had left the priesthood at probably 30 years prior to this time when my dad was dying and he had a wife and kids at this point. And I called him, his name was Jim and I said, if you want to come say goodbye to my dad was dying and he had a wife and kids at this point. And I called him, his name was Jim and I said if you want to come say goodbye to my dad, you know, come on down.

It was like 11 o'clock at night in the hospital and so he came down and I think he still had his chaplain placard to go in the car windshield when he came down and he came in and we talked for a few minutes and then he did a blessing on my dad and I was watching the energy go from his hands to my dad's body. Now he hadn't been a priest in all those decades and I said to him I said you still have the power, don't you? And he said you bet I do. And that was that transfer of energy, because that's what happened with you happens with other priests and rabbis. It's the transfer of energy to them from you. Know others that are in like what you call the lineage, whether that be you know another person in a church or whatever. But I saw that and I always feel like it's a similar thing. All right, I could talk to you for a few more hours and to wrap this up, why do we incarnate?

1:25:53 - San

Why do we incarnate? Now that's interesting. From a Taoist path, it's quite simple. You are the ambassador to the planet Earth. Your purpose is to continue to re-up and raise the frequency, and so from that, you find that as you draw closer and closer to remembering who you are, that resonance will put you in a state of servitude and selflessness. And the main purpose and goal, from a Taoist perspective, walking the planet Earth is to continue to have the human condition remember empathy fall in line with that unconditional love and acceptance. That is the true

frequency and currency of planet Earth. Now, on a bigger scale, when we look at the cosmos, every planet has its own directive and so whatever is occupying another said planet will have its directive. That all come together for the unification of the now moment.

1:26:59 - Julie

Beautifully said. You're so extraordinary and I just learned so much from you and have so much fun when I'm around you, whether we're in person or whether we're, you know, talking on Zoom or talking on the phone or whatever and I just cherish you and appreciate you and just love you to pieces. So how can people learn more about you and your work?

1:27:27 - San

Well, the social sphere and the interweb are great entry levels and you know we can find that through inquiry and you'll find it on, you know, instagram and social media offerings, youtube and, of course, the old way126.com. You can find offerings in all different platforms and I welcome the seeker, I welcome the inquiry and wanting to return to who you are, and that's a mastery that everyone should be able to attune to, and most do. The ones that fall in my path. I help them, as their ambassador, to remember who they are. That is my sole purpose and journey to do just that and I honestly believe, with all those heartfelt words, kind words, sharing our relationship.

You had me at hello. I love you. Today, you are the most incredible being and I'm so grateful that you're in my life and I'm conscious of it, and I get to share incredible experiences and we have nothing but the mortality and time on this planet and we have so much of it. I'm so excited because I get a little sneak peek. So we got many, many decades, my friend, to enjoy this path. So I'm very, very grateful for that. And you know, just keep on inquiry, keep on curiosity, keep on finding whatever it is that does excite you that sparks the desire and you know creativity, which is really who we are as human beings. We're creators.

1:29:19 - Julie

I agree. And one last thing for those that are interested in learning more about you too is you have an app that's a phone app that a lot of people subscribe to, and it helps people raise their vibrational level and it's an easy way for people to kind of dip their toe into this whole energy thing.

1:29:44 - San

Thank you, yes, yes, you know it's a micro dosing, as we just mentioned Julie and I mentioned before. Most people are not like the human Pac-Man. Like Julie is. She consumes energy just easily, just brings it in it's so easy, brings it in, it's so easy. This is a mastery that she, as humble as she is, has taken a time to master and it can be at will.

You and I have a very similar philosophy in relation to this type of transmission and teaching.

You can realize what I've experienced consciously over a biological 30-year experience. You can realize that now, in the presence of that frequency that Julie and I transmit and maybe it's a little bit more inquiry, a little bit more curiosity it might take you a little bit longer than the now moment, but you will find yourself and it's all up to the individual. But within, that app is about microdosing and regulating the energies so that people are not you know the old expression getting high on your own supply at a five times ratio or a 10 times ratio. Because I had that personally, I can speak to my experience where, yes, it was everything is. There are no coincidences and we understand this. But there was that moment where I was absolutely convinced I can't continue this. It's just too much, and that does happen with transmission, but also if I do speak on Julie, you program it just to give people what they need when they need, how they need it, right there, and so that's also a mastery.

1:31:27 - Julie

Yeah, alrighty, alrighty. Everybody Sending you lots of love from Sweet Home Alabama, and from Nevada too, where Son is. We'll see you next time.

1:31:38 - San

We'll see you next time, guys.

1:31:40 - Anncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:31:54 - Disclaimer

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