

AJR Mich Carpenter Transcript

0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, Welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Mich Carpenter with us on the show today. Mich channels guides, elementals and shamans, and I plan to ask her to channel her guides real time to get their perspective on how we can heal things we may not even know are an issue. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go talk with Mich and her guides. Mich, welcome to the show. I'm so delighted that you got up early to talk to us because we can talk to you real time tomorrow, I know.

0:01:30 - Mich

I know Exactly so. It's the 19th of November here today and it's just such an uncanny existence of how you are right here but behind us in time.

0:01:42 - Julie

I know. Thank you for having me so I get to talk to you real time in the future. I always feel like I'm in a sci-fi movie. Yes, you might work doing that and you could have shown up in your jammies. That would have been fine Well secret.

0:01:55 - Mich

I do have my slippers on and I do have jeans on, because normally that's the great thing about Zoom I love it.

I love it. I love it. What's the council of eight gosh? They are ascended masters and angelic beings of light, uh, who hold um. I'm discovering more and more and more that they hold such wisdom and share such wisdom with us as human beings. They have once walked the earth planes and they share truth. So, as an example, they would share something to a client about something that is either that is going on in the person's world or, energetically, what they've come in with what they would call, or we would call, an imprint, you know. So let's say, for example, abandonment, the abandonment wound. And what I so love about them is not only are they very direct, but they're very funny. They laugh at us as humans a lot and they remind us to have fun. They remind us about the childlike essence of actually who we are.

Yet what I feel incredibly blessed and honored is over these last sort of. We've been living in this town for three and a half, almost four years. About the last five years, six years, they were starting to open up my throat portal, so they were getting me to sing to like Lady Gaga songs. I was like, yes, I'm a Lady Gaga, I can do this, but I just no, but they kept saying sing. You know, when I had in-person clients sing and I was trying to get to these notes and they kept saying your throat's opening, your throat's opening. And they bring these different frequencies through, Julie, which blow me away Because I'm a clear channel. There's a lot of the sessions and the information I do not remember. Yet if I listen back I think, wow, that came through me,

because it's just so. They may, as an example, say to a client you're holding on to guilt, the energy of guilt. And they'll say to the client bring focus to your lower back, energy of guilt. And they'll say to the client bring focus to your lower back. Or they feel into a person's body and field and they will bring attention to the specific part in the body. And then, when we go in the out, is what's bringing change to us on a cellular like? I look at it as a cellular space or soulful space. But the frequencies that come through are like directing into the cell of a human being or cells of human beings, and the only way I know that they bring in change is through the tonings and through the frequencies, sound frequencies, because we know that that is a huge amount of who we are. We're a body of water.

I could talk about them for hours and hours and hours, because they just I hear back from clients where I don't know they'll just say wow, because there's a lot of information that they will share. And a client will go wow, and I'll say, just allow yourself to integrate. But what I love is people will feel the buzz. They'll feel they'll say, oh, I feel I feel like like literally, like this, you know, and I'll say just allow it to integrate. And it's kind of like a buzz.

That happens, I think, when you're perhaps at a concert. You know, you just feel this lightness and they really, really are for me, bringing such change to humanity, to human beings individually but collectively, and they're reminding us of who we are and how we are powerful as humans. But they sort of zone in, they're very specific. They bring up Akashic records, they bring up what they call past timelines, because we, you know, as you and I were discussing the future and where you're at right now, like I'm in the future. But here we are and they'll say this is what's happening in the simulation of who we are, because we know our souls. I believe our souls are huge and captivating. And so they, like I said, I could talk about them for hours and I feel incredibly blessed because they're here to share love, compassion.

And I'm smiling because there's one story with a client that I had once who she was moaning, and she was moaning in our community group and they apparently stopped her and went blah, blah, blah, blah, and she stopped and she emailed me like quite perturbed, Michelle, I thought they were beings of light and love. And I said, well, did they stop you? Did they make you think? And she goes yes, they told me to stop being a victim and she said so it kind of went.

It's almost like that's part of the truth that we don't want to hear as human beings, but it made her rephrase and rethink every time she was moaning, because they were trying to get her to stop moaning about her life and about where she's come from. So those are the. You know, when I hear that I kind of take offense. I'm like guys seriously, like you hear about love, you're supposed to teach compassion, like I have negotiations with them a lot and then they're just like, well, we've shared truth and that's what they want to kind of bring us into a sense of wholeness once again, if that makes sense.

0:07:31 - Julie

Yeah, that's a lot to unpack, so let's just sell that down.

0:07:37 - Mich

I get so excited. Michelle shut up, Come back.

0:07:40 - Julie

It's all good, but when you give me a lot of information, there's a lot of questions that come up in my mind. I'm going okay, well, what about this? What about that? How does that work? Okay, so let's back up a second. So, first of all, I want you, if you're willing, to channel for us later I'd love to hear you sing like Lady Gaga. That would be great. No pressure, no pressure. Great, no pressure, no pressure. But this council of eight are angels, they're spirit guides, they're what. What are they in particular, as you understand it?

0:08:20 - Mich

Okay. So the way I've come to understand them in the beginning, when I first started to channel, was they had come through the essence or the energies of Gandhi, mother Teresa, lady Diana, nelson Mandela. That's how I was sort of seeing them and sensing them. Yet at the same time, when I've and now this is where we go into the woo-woo side of life is I literally have met them as individual energy. So I've seen them as Palladian, I've seen them as Octarian, I've seen them as this plasma, and they shift and change all the time. A few months ago, when I was in meditation, I saw this being with this beautiful, massive big head, with this beautiful white and gold. It was almost like you know when you want to touch somebody and you're like that's how I was feeling into the energy and I said, well, who are you? And I got shown I'm Ektan. And I said, well, who are you? And I become very quizzical and curious when I meet different beings and they say, well, we are part of your team and we shift and change just as you.

People shift and change all the time. We shift and change we are. The way they describe themselves is we are everything, yet we are nothing. And it made sense to me, because those are, you know, lady Diana, nelson Mandela. It made sense at that time to me because that's what I wanted them to be, you know. It's like, oh well, of course. And they said well, we are nothing, we are the essence of everything, we are consciousness, we are connection, we are source, we are divine. Whatever it is you want us to be, we will be that. Yet, what they've been very clear in sharing is it doesn't matter how we perceive them to be, it doesn't matter how we perceive them to be. What matters is the messages that are coming through to help the energy of a human, to help us re-see our light, to be in the space of our eternal light again.

0:10:52 - Julie

So that's does that, and that's been my experience as well. Mich is that spirit comes through in a way that we can grasp it from a human perspective, and so the best example of this is I was in Ireland a few months ago and I met my girlfriend's little granddaughter, who's five. Her name's Willow, and she wanted to know her guardian angel's name. And so it was whatever it was, I don't remember and she said well, does she have a middle name? And so I asked her guardian angel and she said well, if she wants me to, I will, I can. And she gave us a name. So I thought that was perfect, because they're going to, to your point, shape shift to be in a format that we can understand.

Back to these council members. Are they angels? Are they spirit guides who've lived a human life? Are they spirit guides who've never lived a human life? Maybe they've lived a life on a planet in a galaxy far, far away, or are they a combination of a bunch of different entities? What kind of entities make up your spirit council, and does that even matter? What kind of entities make up your spirit council? My guess is probably not.

0:12:06 - Mich

I was going to say all of the above and I thought that perhaps, if you would like me to channel, ask them that question, because they'll give a great answer. They speak very much in the now, in the present, and I know earlier on you'd asked me the question about Nelson Mandela and Lady Diana and the energy, the essence of who they are, and you know it's so interesting. Every time I mention essence I get this goosebumps, and that's how I know the connections are really starting to happen and I think that would be a great question to ask them, because for me, I was initially trying to, because I didn't believe I could channel in the beginning and it was kind of like, well, just give me the clarification, who are you? So when they mentioned the Council of Age, in my mind's eye, in my head, I was like, oh, these are a bunch of beings sitting around the table on a spaceship. No, like I said earlier on, they've come to me in different ways and there's so many beings out there and I think that for me personally, again, it's like what could I gravitate, what could I share? Because this is the way I said okay, well, how can

humans understand who they are? And this is how they had shared in terms of we are ascended masters, angelic beings of light who have once walked the earth planes. Now I have five different interpretations of that, because I know that when I'm in meditation or when I'm out there in the field, I see so much. I see beyond the veil.

And to try and articulate myself over these last few years about who they are with that question you've just asked, to be honest, has been really challenging for me because sometimes I would share the energy like this and sometimes I'd share and I'd say, Michelle, just get your act together, because I know it's important, humans want to know and, again, what they've shared is they are the essence of everything.

So I could put my attention on a butterfly and say, wow, just feel the vibration. This morning I had my cat funny enough, you mentioned this your little five-year-old that you had met in Ireland. My cat's name is Willow and she's just loved the energy this morning because she never sits on my lap, and this morning, when I was having my coffee, she sat on my lap and she was kneading and I could literally feel her vibration through my body. I could literally feel her vibration through my body and that's what my hope is is that, over time, that, as we are letting go of our filters, of who we are as human beings, that we all could feel the essence of so much, because we are vibration, we are frequency, and I sense that that's possibly what they want to share with us today. I never know, but I get this rush of goosebumps and I can just feel my hands get cold, but I do take a few breaths. So let me know when you would like to bring them through and ask them those questions.

0:15:19 - Julie

Yeah yeah, before we do that, Mich, I want to find out how this come into you. Have you been doing this since you were a kid, or is there somebody else in your family that does this? Did you have a grandmother that taught you how to do this? How did this all originate?

0:15:43 - Mich

Oh gosh, Julie, I'll grew up in a family where I had very chaotic trauma which I didn't know until I was 33 years old and my ex-husband had an affair. I don't know how much you would like me to share, but there are some very big moments in my life where I just suppressed, I just took it on and basically just lived in fight or flight for most of my life until the age of 33, which I would call my ex. Having an affair was kind of my wake-up call to go. I'm so angry at life. Something has to change. So at the age of 24, I'd knocked over and killed a young girl. Has to change. So at the age of 24, I'd knocked over and killed a young girl. I was a sales rep in my previous life. I'd looked down to put a straw into a cool drink and she had misjudged my car and run across and I didn't know what I'd hit because I was in farm territory. That was meant to be a wake-up call. It wasn't. I've met her in a hypnosis session and it was a sole contract that we had. It took me. It still does. I still have moments where talking about her, sorry, sorry. The beauty of her story is that her mom phoned me. She got my number off the accident report sheet and her mom's name was Mary. So I just feel so fulfilled. It's like these moments where I've been guided to wake up, guided to wake up.

I was sexually abused at the age of five. My dad was a Rhodesian soldier, was a weekend alcoholic. My mom was a very angry woman and projected a lot of her anger onto myself and my siblings. I had bulimia. I was a dancer. I lost my best friend at 16 in hospice in South Africa. But there were all the links in my puzzle, my journey. Sorry, these are, believe it or not, happy tears, because when I share it's like wow, they always had my back. But the human experience has been one of such. I want to say my soul's knowing in this lifetime and at the same time you know there was.

I went to church, I went to Pentecostal. There was always a connection to something out there. But the learning for me was working through myself and my trauma as a human being, working

through layers of forgiveness, huge amounts of layers of forgiveness with masculine energy of forgiveness, huge amounts of layers of forgiveness with masculine energy. And as I have let go, I started to connect. More and more I've come to realize that we all have the gift. We are all born with it. I just shut it down. Interesting enough, my mom, over many years, had said to me she sees things, but she was a reborn Christian so she never kind of wanted to. The word that comes to me is exposed that there was or even look at that there was more. She was connected to her Bible and that was her belief system. But I grew up with a lot of trauma that I was led to work through and there was always these connections. Because even when my friend died at 16, I was in hospice and I watched her family go for counseling and I remember looking at the counselor thinking how is she not devastated? She's surrounded by death.

Now, when my ex had an affair, I was guided to go on a weekend retreat. Funny enough, I went to first go see a clairvoyant and he said to me you just don't know how to love yourself. And I remember in that moment wanting to throat punch him because I was like, just help me with my anger, just like duh, like I didn't want to come here to hear that. And he said why don't you go on this weekend which was led by hospice, and I then became a hospice caregiver, a part-time, voluntary caregiver, and it was all these moments of reconnecting back into myself and that's the essence of who we are I just forgotten because of my human journey in this lifetime. Yet it's been a great journey of learning about showing up in compassion, showing up in love, because for me that's how they show up. They show up in compassion, they show up in love.

And how many times I've said to a friend yep, or my husband, tell me the truth, just tell me the truth. And when he tells me the truth, I don't like hearing the truth. Yep, or my husband, tell me the truth, just tell me the truth. And when he tells me the truth, I don't like hearing the truth. And that's what the Council of Eight have absolutely. They've always been in my journey and they've shown me in moments of hypnosis sessions or meditation, where they've been there from the very beginning. I just see this white light, like I've seen them around my crib. I've seen this white light and I've seen them around my crib. I've seen this white light. And you know, yes, my interpretation would be like they've got these beautiful big wings, but they're in the clouds. They're in the vibration of everything. You know, like I said, my cat Willow. She very, very rarely sits on my lap in the morning and this morning she came and she was right there, like almost giving me the love that I think she was trying to ground me.

0:21:53 - Julie

So did this council of eight then just start sending messages to you, or how did you hook in with them where you could have a dialogue?

0:22:05 - Mich

Great question. Over the years of having counseling one of my very first mentors and teachers, who also had worked part-time for hospice, she'd had a very similar journey to mine. Interestingly enough, it's like we were walking parallel lives. And when she was teaching me about connection to the universe and energy, and when she was teaching me about connection to the universe and energy, I was listening to Wayne Dyer CDs and Louise Hay CDs and Abraham. And when she was teaching me I would hear different, different voices, but I'd never, ever, shared it with her because I was led to believe that everybody else knew better than me. Everybody else knew more than me. And I used to drive her mad because you know, like I said, I was a sales rep and I would be driving listening to Wayne Dyer, and then I would get home that night and phone her and say I don't understand what does he mean by this or what does he mean by that? And she'd say Michelle, you're in your head, Mich, get out of your head and drop into your body, drop into your heart. And these voices were always there, but I never chose to listen to them. It's kind of like driving and you get to a stop street and the voice says your intuition says turn left, but you turn right because your left brain has been taught to turn right. And then ah, ah, ah, okay. So that's how I started to hear them.

When I really, really, really look back on my journey, they'd always been there. I just was here, here, here, like my, my head was what was in control all the time, because I didn't even know half the the stuff that I'd been through, the abuse, my dad having affairs. I remember so much about my parents and the arguing and the fighting. I didn't realize that that had affected me so deeply. You know, tonsillitis, bronchitis so they were always there. I just wasn't ready, for whatever reason, to listen to, really really listen to the vibration, to tune in. So my experience has been through experiential. My experience has been through doing different courses but then not again listening, not listening into the frequency that is always, always in tune, because when we're calm, you know, as I mentioned, I've always been in fight or flight.

I've done things quickly and my body has, slowly but surely, has helped me annoyingly so, like my knees. My knees just caved, they just gave in and I had to learn how to stand again. I could walk, but I had to walk, I had to shuffle because my knees were always swollen, which knees are connected to kidneys, my adrenals, and it was kind of like I had to bump my head, bump my head and eventually, when I found that space, it's interesting, reconnecting, if you think about it. This is the simplicity, or the symbolic, the symbolism of this morning reconnecting, reconnecting.

I had to put my earplugs in, pull them out, put them in until I found a space of calm and as soon as I was like, ah, the frequency that I could listen to what the messages were about for me. So they just got me to slowly but surely start doing figure eights over clients and I was like, oh, why am I doing this? Don't worry about the, why Just be. And it's a continuous learning for me, Julie, as you may have picked up, it takes me a while to really just drop in. I can most certainly connect very easily, but dropping into that space of calm in my physical form is a practice for me still, because I still am working through moments of fight or flight.

0:26:03 - Julie

Well, that's a learned skill to be able to relax on a moment's notice.

And furthermore, there's lots of research out there that shows that children that grow up in abusive homes or you know some kind of drama and trauma always going on, that they lay different neural pathways in their brains and so they get triggered more easily than somebody that grows up in a safe, just kind of normal if that even is a thing I'm using air quotes normal environment where they don't immediately go into fight or flight.

And my guess is, after hearing a little bit about some of the awful things you've been through, when something happens that somebody else would say, well, that's no big deal, we'll just do this, you're already in fight or flight, thinking, oh Lord, how are we going to get out of this situation? And it's really not even anything that's that critical, but it's just an autonomic nervous system response because of what you were exposed to as a child. So back to when you connect with your council of eight now, do you do something in particular to get in touch with them? Do you meditate first? Do you like twirl three times and jump on your left foot?

0:27:27 - Mich

What are you doing to?

0:27:27 - Julie

connect with them.

0:27:29 - Mich

So I take a few breaths. There's always a connection. My practice has been just to take a few breaths Like I can sense they're ready here. But I just take a few breaths just to calm my body down and then I have a little moment where I go are you ready? And they're like yawn, we're always ready. That's what I heard.

0:27:56 - Julie

When you said that I heard them say we're always ready.

0:28:02 - Mich

So I just want to please say thank you, Julie, for just allowing me the space to come back into myself. So thank you to both you and Chris for just helping me to reconnect and reconnect, Because that must suit me just as it's, like you know. So thank you for allowing and just holding the space for me. You bet so would you like me to bring them through.

0:28:27 - Julie

Sure, yeah, if they have something that they want to say to everybody that's watching and listening, that would be great, wonderful.

0:28:36 - Mich

The connection is quick. The connection is quick, is it not? And we say to everyone that is here today, on this earthly plane, we are beings of light. We hold an essence of knowing, of knowing. As we are connected to this one, we are connected to yourself, we are connected to everyone that is in the orchestra of life.

May we say that for humanity, at this moment in time, there is an undisclosed amount of change. And notice these words, beloved Julie, we say thank you for you, thank you for your team, thank you for your sharings, thank you for you, thank you for your team, thank you for your sharings, thank you for your wisdom. Yet, as the time is now, as there is only now, in this moment, this is where we see that many, many humans are here for the now, for this time in change, for this change in time, you have all been gifted your truth. You have all been gifted to be here.

Notice how we say this. It is a true and rare gift for you and you and you and you and you and many of the millions and billions that are here. Yet we say that, as humans are learning to be in this space of truth, there is an opening of the human portals, the voices, the voice box. Many have been muzzled, many have wondered what truth is. We are excited for this journey with you and we say thank you for you. Do you have any questions for us please?

0:31:15 - Julie

What's the big overreaching goal of the human experience? Why do we incarnate?

0:31:24 - Mich

This is a great question, hmm. There is no why. In reincarnation, you are here to hear, to hear notice how we say this. It may not make sense, yet we know that it does. You are here to be here. You are here for your existence, in your walking of your evolution, for growth. It is simple, as we see it, if you were to take a sunflower seed and plant it and water it, you wait eagerly for it to grow. Some sprout out quickly, some do not. So in the reincarnation, you are here to bring change. You are here to reincarnate for the change, for the upgrade in your cellular system. How many are going through upgrades right now, at this moment in time? How many are learning that?

They have held on to notice how we say this, please? They have held on to so much that does not serve them no longer. Hence we talk about voice box. That does not serve them no longer. Hence we talk about voice box, your energetic system, as that is what you are correct. You are a system. How are you choosing? Your soul has its knowing in the choosing before you come into this form of who you are. Have we made sense?

0:33:23 - Julie

Yes, yeah, absolutely. May I ask some more questions? Please go ahead While you're here, let's take advantage of you being here. You talk about Mich. You talk about and I assume you get this from your Council of Eight that we all come in with a blueprint. Can you say more about how does that originate? Do we figure that out when we're in between lifetimes and we say, okay, I want to explore this and this and this and this, and then we incarnate and that's kind of our roadmap? And, if so, where does free will come in to the equation?

0:34:08 - Mich

We really and truly love your truth, beloved Julie. You are here, as you are here to help many, many, many, many human beings. So, once again, we say to you it is the ultimate when one is in gratitude. And we say to you that, in this question of what you are sharing right now, it is important, within the blueprint of your soul's knowing, to bring change. You are correct, you have free will. As we see it, you have a playground.

Do you not Yet think of the term, or think of the way in which children play once they are on the playground, some of them may be on the swing, some of them may be on the slides, some of them may be pushed on the playground. The blueprint that you have within yourself, within Michelle, within many millions of human beings that are here right now to bring change, how many of you have woken up, as you would declare? How many of you have said to yourself when is this going to change? Well, you are the free will, you are to be the change. Yet, in your blueprint, think of it like this as we are holding Michelle's hands right now, she is able to turn this way, and she is able to turn this way Yet as we are coming through her once again, she is able to turn this way, and she's able to turn this way, which gives a different viewpoint, does it not? So the connection is always within the blueprint, yet it is your soul's knowing to be the change.

This is a very open question, is it not? This is a very open question, is it not so? As Michelle was sharing parts of her journey in this physical form. At times she turned this way and at times she turned this way. Different humans have come into her space. The connection has been there from when Way out, in the Milky Way Way, as per yourself too, you are vastly connected to so many different beings, so many different humans, same same, out, in, in, in, in, in, in. The energy the transformation is in, in, in, in, out, out, out, out, out is birthed, and you come in to this physical form, and then your free will is to decide for yourself are you wanting to be in the space of love? Are you wanting to?

hear differently when one is hearing differently. It is as simple as taking a strand of hair and knowing that one strand of hair holds so much vibration, so much memory, memory. Many of you have been told this is a time for disclosure, this is a time of the querious space of change, and we say it with a big smile on Michelle's face, as you are all here for one truth love. Nothing else exists in that space, in this space, in this space and in this space, you are all blessed with free will. You are all blessed with free will. Many choose not to be the change and we see this as as simple as breath. Yet many are here. Relearning, earth is a space of relearning, is it not? And it is as again, we share with you. Would you like to be the seed that has been planted? And when the seed grows, it brings a different newness, not only to your garden. It brings a freshness, it brings a cellular change, an energetic shift within the memory of the imprint. We hope this makes sense.

0:39:36 - Julie

It does. And then to piggyback on that question does the change that one of us experiences, does that impact the collective consciousness, and does it serve everyone, both who's currently living, who's going to live, and does it serve somebody who's lived in the past? Does it serve everything? Does it serve everyone? When we make a decision or go through any kind

of experience, my thought is that it benefits everybody, even though we're the ones going through with it. Can you say more about that? Am I thinking clearly on that?

0:40:23 - Mich

You most certainly are, as we see, and we see, and we know the human challenges that exist for humanity. Yet if you were not to know the challenges, how would you know to come back into your knowing? So you are correct In vibration, in frequency, the body knows, yet the soul has a knowing. It is different, is it not? And it is. It is as simple as as we were hanging out and waiting and we had said to Michelle, do not worry, we have you, and she still has doubts this one. And we hang out and we wait, and we hang out and we wait, and we hang out and we wait. She is funny, this one. Yet as you held space, were patient do you see how everything is about connection? And you were able to say to her we are on time, or you were able to say to her we do not have enough time. It is a very different way of sharing a statement and the sharing of the statement is going to bring a rapid change to this system, which you are well aware of. You were well aware of. So when humans learn that the heart vibration is beyond anything that the head can make as a statement or the mouth can share, it is all within the heart, it is all within the heart and when one sees one, when one hears one, when one is only in the space of connection, you are able to change the frequency. You are able to sense, see, feel, hear, think of it like this a blind person who is able to hear differently as they do not have this sense of seeing Yet someone who is deaf is able to see visually very differently to someone who sees all the time. And notice how we are using Michelle's head right now, when humans see all the time, take away the sight and everything else becomes more opened. It is about fine-tuning. Beloved Julie, you are learning through nature all the time, are you not? Nature knows. Do you have to tell birds to migrate? Do you have to tell animals that there is a flood coming? They are well aware. They finally are attuned into vibration. So, yes, when one brings change, another, another, another, another, another, another, another, another brings a new formation in the mathematical equation and, as many of you may we say are rocking. Would you say this is backwards or forwards, or would you say this is sideways? It does not make a difference to us, it's when one is rocking. It is about finding your space of connection.

Many of you humans talk about belonging to a tribe. Many of you humans wonder who is your tribe? Where have you come from? Think of it like this how many times have human beings tried to figure out how the pyramids have been built? And yet there is a new discovery, and a new discovery, and a new discovery, and a new discovery, and a new discovery. Yawn, what about this? What about that? How about? Does it really matter? What matters is the vibration that humans feel. History is forever changing, is it not? It is forever. In every specific micro, macro, cosmic space of knowing. There is always, in all ways, change. Brilliant, we think you humans are brilliant, you are miraculous, you are powerful. You know this, do you not? Beloved Julie.

0:45:53 - Julie

Yep, I do. May I ask a couple more questions? Please go ahead.

0:45:59 - Mich

We are loving our connection. Thank you.

0:46:01 - Julie

Me too. This is great because it's so unexpected. So thank you to you and thanks to Mich for being willing to allow us to have this conversation today. I do a lot of work with energy frequencies to help people heal themselves. All these different analogies to represent the energy frequency that is flowing through me to the person with whom I'm working, whether that be somebody who's a private client or somebody who's called into my show. Why are analogies used in the way? Sometimes they're really funny and it's been my experience that spirit's hilarious a lot of the time great sense of humor, lots of joy and all of that. But how does

that work when spirit is sending vibrations from me and through me to the person with whom I'm conversing? Can you say more about what's going on there, please? We most certainly can.

0:47:19 - Mich

It is only in the connection of one. So it is simple you were picking up on Michelle's vibration, she was picking up on your vibration, and the vibration, the connection had already happened, way beyond the two of you, connecting with what you humans call email systems technology. So do you see how there was connection, connection, connection, connection, connection, connection, connection in the physical form. So the connection was happening way out there and may we say that it was brought in to your existence. And the connection was happening way out there with Michelle, and the connection was brought in to the human existence. So this was already designed long, long, long, long, long, long, long, long, long, long time ago.

Think of it like morse code. So, for yourself, the way that you are open, and that is the soul, a soul is open, open, there is always connection, there is always vibration, there is always frequency. It is about the fine tuning. You are finely attuned, as is Michelle, and your team are finely attuned for their different roles in how they are helping you to play. So you see through people, do you not, beloved Julie, correct?

0:49:04 - Julie

And this is what we, I see inside of them, inside their human bodies, correct.

0:49:09 - Mich

Well, same saying, yet different. Right, as you see through them, you see inside of them, as you know the physical form, you know exactly what the body looks like. You know exactly, as you have become a master of what the physical form looks like. Yet the mastery is out there. You were born to be the master that you are. You were born to be the master that you are. So the seed was planted and you brought it into formation through different ways of your learning, your learning, your learning, your learning. And it is about the human's learning. So your connection is to and it is about the human's learning. So your connection is to everything. Yet your physical knowing, your abilities, is to fine tune. Think of it as taking an arrow and you are shooting the arrow and you reach the target every time, the middle of the target or the outer of the target. Notice how we said that, when we said you take the arrow and you shoot and you reach the target, how many people would have thought to themselves ah, the bull's eye. How many people would have thought to themselves ah, the bull's eye. You have the bull's eye, you have the knowing, and your connection is continuously in flow, as may we say, and we thank you once again. You are highly attuned, and when one is highly attuned, one is not stuck with the cogs, the spiderwebs. One is wanting knowing that humans are wholesome, humans are all miracles. Humans have a design, and this is where you are helping them to find a redesign within the architecture of who they are. Think of it like this, and we, once again, are very highly attuned into the pyramids, into the pyramids we would be able to. That is the vibration of one of the pyramids. Yet if we were to take a part of the pyramid away from the bottom, it would fall. It would re-find a new way, yet the vibration would be different. Find a new way, yet the vibration would be different. And this is where people like yourself, people like Michelle, people like your team you are all a part of an investigating team, are you not? You are investigating human beings and, as you are helping humans to bring healing, you are helping humans to reconnect into the healing energy that is always, always, always, always, here, right now.

Yet humans become heavy in their formation. Do they not Notice how we are bending Michelle's head right now? How many humans keep saying no, we can't, we cannot, we do not, we are not sure we are not worthy. This has been happening for far too long. Too many slaves. Slavery is something that we have known. You have wondered who we are. We know slavery. We know the polar opposites of both the dark and the light, the dark and the light and

the light. The light, always, always, always, always, always, always, always, always. In all ways supersedes the light. So you are a light, everyone is light.

0:53:49 - Julie

I agree, and everybody can learn how to do this. We all come in with the ability to do it, would you agree?

0:53:56 - Mich

Correct, yeah, you are all miracles.

0:54:01 - Julie

And so is there one last piece of guidance that you can give to all of us to help us tap in with that ability to communicate with spirit and receive guidance in a way that everybody can do, that's simple, that's effective, that can just be universal, regardless of someone's age or background or training or beliefs. Is there a step or two that you can recommend to all of us? We most certainly can.

0:54:37 - Mich

We have said this in the simplest of simplest ways Reconnect into your breath. It is simple Hold your hands onto your hearts. And we said it earlier on and we'll say it again it is about knowing, and when one has a knowing, which you all do, connecting to a space of gratitude. We know that there is huge amount of disruption on the earth planes at this moment in time and there are many out there that will watch and say well, it's easy for you to say, it is easy for you to say it is easy for you to say it is easy, it is easy. So do you see how, even when humans are saying it is easy, it is easy, it is easy, it is easy Well, it is. Bring yourself back to simplicity, bring yourself back to connection. How many humans look down all the time on their screens, on their screens, on their screens, on their screens, how many humans are losing connection with themselves? So, once again, find a space of the connection to nature and, for those who live in high-rise buildings, grow a seed, nurture the seed, nurture the plant, and as you are nurturing plant, you are nurturing yourself.

Breath is key for life, is it not? You come in with your breath. How many of you, as mothers, as fathers, want to hear the first cry of a baby? You want to know the beat. The heartbeat is what you want to hear within the womb. The heartbeat is what you want to hear within the womb. So when one says to oneself I am grateful for my beat, I am grateful for the connection to the beat of the solar system, your solar system, you are the solar system. Your solar system, you are the solar system, she is a solar system. When one sees the Sun in someone else, which is the light, nothing else exists. There is only happiness, there is only joy.

Did Michelle not say that she was excited and nervous all at once? It's the same vibration, is it not? The body? The body, the body is a sensory space of change and when one is sensing, it is in a space of calm that one is finally attuned into the all that is. May we please end off with a blessing of light. Please allow your breath to flow through you. We are grateful for this connection. We say thank you, thank you, thank you, namaste, everyone.

0:58:57 - Julie

Wow, okay, what's to talk about there? Girl, holy, just remember my hands doing this.

0:59:26 - Mich

No, I'm so cold and I know this happens when I meet people like yourself who work in a different field and like I want to say stratosphere and that's what's happened. It's kind of like I get to a different, like it's like I'm there and I'm slowly but surely coming back in again. So I'm just a clear channel.

0:59:50 - Julie

What's a clear channel versus a regular channel? That's true, I don't know. Great question, you're the second person in a couple of weeks I've heard say clear channel and I want to say what are they like? Murky channels or muddy?

1:00:03 - Mich

channels. What's the difference? That sounded very egotistical. Thank you for calling me out on that.

1:00:08 - Julie

No, I don't mean it that way, but I just mean you're the second person I've heard say that.

1:00:17 - Mich

Yeah, but I just mean you're the second person I've heard say that. Yeah, but I'm thinking to myself. I was like that's actually an egotistical comment because I've never, ever really looked into it. So that's what I was like. Actually, that sounded very egotistical. What's the difference? Well, there is no difference if you think about it. That's just something I've been told and I took on.

So thank you for making that clear yeah, yeah, I think if you're channeling, you're channeling yeah, well, I've said to friends, um you know, that they paint, they they're channeling, they're bringing through.

1:00:46 - Julie

I I can draw stick men, so um you do good to decide to, you know, have a decent, legible signature, let alone drawing some kind of artwork thing, exactly. They used an analogy that I love because one of the questions they allowed me to ask a whole bunch of questions. I thought what the heck they're on the line and they're letting me ask questions. I might as well take advantage of it, right? But one of the questions was, if we have a blueprint and we come in with a blueprint, where does free will come in? And they used the analogy, which I thought was really good. No surprise that it was masterful, you know, coming from your spirits. But they said think about a playground full of children One kid's on the swing, somebody else is on the teeter-totter, somebody else is playing with the ball, somebody else is doing something else, but they're all playing on the playground. And I thought that's a really good analogy that they gave us.

The other thing is we got to witness the sound, vibrations and stuff, like they were doing interesting things with tones and with like beep, beep, beep, beep, beep, and then they mentioned Morse code and it sounded like Morse code when they were doing it. And then at one point they were making these interesting noises and I'm thinking okay, what's this? And so what I did was I tuned into the frequency of it and I just assumed that by using those sound frequencies they were giving us a different way to understand it, that perhaps, from a human perspective, we wouldn't be able to grasp it from a cognitive direction, but we would be able to grasp it from an energetic connection within our bodies and our spirits. Am I assuming that correctly?

1:03:00 - Mich

I love the way you've said that. So they have. I've had shamanic energy come through which I, as an example I don't know if you've ever heard of Castle Hill Rocks here in New Zealand, so I always relate them to think of Stonehenge and they're massive, massive, massive, big, gigantic rocks and the Dalai Lama is actually called at the center of the universe because there's I don't know if you've heard of Freddie Silver, but he's come here, he goes to all these megalithic sites and he connects to the elders, so he's connected to the Waitaha, which were here prior to the Maori, I believe. But there's massive, gigantic stones and they have faces on them. And then

you see a different kind of. You see a snake. You see every time I go there and it's this, there's just this. It's like this, like kind of being spiritual on steroids and, as an example, when I go there I was actually looking at this last night on my phone but I bring through different chants from the land and again, it's just kind of the way I think about it is when we get out of our own way. There's such a deep tuning to everything and the frequencies that come through are never the same, like ever the same.

I had somebody measure them the once on a podcast I was on and I was quite amazed. The one was about working through grief and trauma, like the self-adjust frequency forks which I have you on my desk and I don't know what the resonance was, but it was something. And then they'd offered to share a frequency of love and somebody had measured them and said, oh, this is the frequency of love. And I was like, wow, wow, that's coming through me. But it's not me, I'm just the voice. So I got to see how they wanted to expand my throat so that I could, so that this could come through, and I just really had to get out of my own way.

And even an OM which is so beautiful and universal I'm currently very blessed to be collaborating with her. She was an ordained Buddhist nun working in the Thai jungle. They basically put, I want to say, they throw the outcasts, the murderers, the rapists, and they were AIDS patients. And I am currently collaborating with her and I've brought through well, they've brought through OMS and she's worked in different monasteries. And she said, Michelle, I've never heard an OM like that. And I just go, wow, wow. So I think there's this dolphin energy that comes through. They do a clicking in the back of my voice and if you really really listen and I've only just come to discover this when you know, it's kind of like having my mouth that's dry. I can hear like my mouth's dry right now, but when I'm bringing the energy through, there's a clicking that happens in the back of my and somebody again. I just don't know. Julie, I don't have all the answers.

1:06:19 - Julie

You could have spoken to them for hours. At one point they were doing this like chirping thing, and when they started doing that I thought what is this like a light language of the bird people or something? I mean it sounded like birds. That was the first thing that came into my head. This sounds like a light language of bird people. Wow, I don't know what that is. I don't know if there even are bird people. I go to the bird food store to buy bird food for my bird feeders that I have in my garden. My son goes. I said I gotta go get bird food. He goes say hi to the bird people when you're in there. He's in this shop that only sells bird food it's called Wild Birds Unlimited and I go get my bird food there, and so he's ever since he was little. He's like mommy, you gotta go visit the bird people. And I thought I'm listening to Mich's guides channeling the bird people here.

1:07:18 - Mich

I love that, because how many times are we happy when we whistle? They were whistling just think of that. You talk about the bird people and I'm like, oh my gosh, of course you're going to go get bird food and the birds bring us joy, and you know, there's just so much that comes through that I, if you had to ask me to do it as me the person like I can, like I'm not trying to make, I'm trying to whistle.

1:07:49 - Julie

Oh yeah, you were whistling Well on the bird people. I laughed to myself because when I was a kid my mother and my grandmothers all had bird feeders and stuff and I thought, God, that must just be something that old people do. And now I'm one of those old people because I got bird feeders, I guess for a really long time.

I've had them for probably 20 some years here, at least at this house, so I guess that makes me an old person. I too think that it's interesting how, when they asked if they could do a final

blessing and what was interesting was I was going to thank them to end the channeling thing so they picked up on that before I said anything and they said, all right, we're going to do you know, can we offer a final blessing? And it was a really high frequency. I was waiting for my glass to shatter, but it was interesting because it sounded very operatic and it was at a super high soprano that it would be interesting to see if operatic sopranos really do reach that vibration and what's transpiring in the. This was the first thing I thought of. I thought, if this is where these top sopranos in the world can reach this note, where is the note, in what pieces and what is it trying to convey?

1:09:38 - Mich

pieces and what is it trying to convey? That's a great, great way of thinking. And Robert Edward Grant, who I don't know if you've heard of him, but he's a quantum physicist and then he's also he's very connected into the different notes of music and vibration and what you're sharing is it's kind of like I can feel my body's because it is. It's a different tune, it's a different. You know, like I'm cold right now and that's what's been like. I really have to find a different space after we've, you know, finished my interview, but the different space is coming. It's almost like I know I'm here but I'm still out there, and I think that that's for me most certainly and I hope this helps anybody who's listening that we're all connected into that. You said it earlier on.

I always related to the sperm and the egg. Sperm and the egg, and I mean one sperm out of millions chose Julie, chose Michelle, chose, you know, Chris, because he's a part of our team right now here, and it's like one sperm out of millions was going. No, no, no, that's mine. And then we were created, but we didn't ever once, as mothers have to go okay, baby, get eyes. Oh, my God, Julie, Julie, did you forget the lungs. Did you remember the lungs? Because we are blah, blah, blah, blah. We just grew from this knowing, from this sourceful, incredible intelligence, which I think is so. I don't think we'll ever, ever, ever tap into everything, because the universe is so vast.

And the other day I saw the difference between the. There's the two. What are they called, gosh, those big things that go up into this, not rockets, you know, when you look through a, yes, there's the older one and the newer one, and I, for the life of me, can't think of the names, but the old one was kind of like murky. You look at the new one and what it can see. The colors are there, but what it can finally tune into is miraculous. And that's what I always say to anybody, no matter what we've been through, we are walking, talking miracles, and I've been very blessed to recently connect telepathically with autistic, nonverbal autistic children and adults, and they are so vastly connected, they are so gifted, and that's what I think my learning in life has been is to stop talking as much as I do, which is still a learning. I haven't got that right yet. Michelle. You need more silence, okay, and then I chirp like a bird. There you go, and if we just took those you know those, and just brought ourself into a space of calm we would be so finely attuned into so much because we would hear things differently. And I believe that that's the world that I'm looking at, with different filters.

I came from a lot of anger, a lot of resentment, a lot of deep, deep, deep sadness that was so affecting me and it was affecting my psychological way of thinking but also just affecting my heart. I just blocked, I blocked, I put protection after protection, and I'm South African. So you know, I've come from a background which I didn't realize, that most of us, a lot of us, have PTSD because we're always on, you know, looking over your shoulder, always just, you know, just, and we've been affected by crime, a lot of the, a lot. So when we came to New Zealand, it's like my soul guided us to come here to regulate our nervous system, because they have a very chilled way of life and we're so connected to nature here. I don't know, have you ever been to New Zealand, Julie? I haven't yet, but I'd love to come. Please come, you're welcome anytime and you're welcome to come and stay. It's a beautiful country that just, I see so often

people just kind of go ah, but also ah, you know, because you take in the beauty of everything, and I know that the universe is that.

But I'm still learning to just slow myself down. And it really is a big learning because when you just I've just been like go, go, go, you know, push against the grain, push against the grain, and the grain is what? The grain is something that we eat, you know, a grain of wheat. And when we're trying to push against it, well, it's pushing us, it would push me back. It's like a centrifugal force, you know, and we are that like being on a roller coaster and it's like whew, this is the ride of life. And sometimes I just go, oh my God, and it's like an infomercial. There's more. There's more that I've got to work through in my nervous system. There's more that I've got to learn to just breathe and when we're in the calm, we can be the calm in the eye of the storm. Exactly, I hope I get it right at some stage.

1:15:22 - Julie

Oh, you know, and then when you're done exploring it, then you're dead and then you go back to heaven and you choose what you want to come back and experience next time. So it's all about creating A couple of points and then, as we're wrapping this, I've got a couple last questions for you. When you talked about being so cold while you were just talking now, I was grounding you and so my guess is you're probably feeling warmer and less jittery because I was grounding you the whole time that you were talking. Secondly, when you talked about how, when you're channeling, you get cold, here's my take on what's happening.

I don't know that I've heard too many other channels say this, but it made total sense to me because you're getting your human psyche out of the way, and anything that's human has density and warmth. You know when somebody dies what happens the body gets cold, right. So you're in, you're getting and see if this resonates with you. You're getting your humanness not all the way, but somewhat out of the way to allow the guides to come in and fill you, so that they can communicate through your human mouth and sound and brain and you know and all of that stuff, and so that when they stop and you still feel like you're cold. It's like you've been submerged into really cold water to put your human part, of your human energy, kind of on ice to allow spirit to come in. And spirit doesn't have warmth like a human body does, because it's all just pure energy, it's like vapor. Yes, yes, right, does that make?

1:17:22 - Mich

sense, oh gosh, I love the way you have described that. I would be glad to share that with you. Thank you, because often, gosh, for many years when I was going into the healing field, I believe we're all healers, it's what we do as moms. We put our hands if our kids have got a headache or rub their stomachs. But my hands would always get cold, especially with in-person clients, and they would say to me you're so cold and healers are supposed to have warm hands. And at first I go, I'm doing it wrong. That was my programming.

1:17:55 - Julie

And then I realized actually no, no, yeah, they're coming in and they're using your body as a container to get energy and information and vibrations and frequencies out through your body. So it's like if you have something that you want to fill, for instance, if you have, like, a planter, and you put dirt in the planter, well, you have to dig a hole in order for the plant to come in, to be planted, but the dirt's all around that hole, but the hole is where the plant goes in. So we've got to make space for that plant to come in, in the same way that you're making space in your human body, with its warmth, for a spirit to come in, and the spirit is just pure energy, so it doesn't have the same warmth feeling as something else.

1:19:05 - Mich
Okay. Two last questions.

1:19:07 - Julie
Why do we incarnate from your perspective? Your guides gave us their perspective. What's your perspective?

1:19:21 - Mich
For learning. I can only also gain from my perspective. Look at my journey in this lifetime, in this human body. I was in such resistance for such a long time and if we were to call it wake-up calls, my wake-up call has been. Well, there's been many. I just wasn't wanting to listen. And when I look back on my journey of going deep within my dark night of the soul which pops, it, rears its head, that shadow's there, like really, you're still there. And then I, okay, I'm in resistance again, but it's for me, it's been. It's about the learning. How can we bring change? Not only because when we bring change to ourself, it's kind of like if you've got a calm lake and you throw a pebble in the lake, we know where the pebble's dropping, but we don't know what the depth it's going to. You know we might be able to see at the bottom and then the ripple affects. Reincarnate is to bring change for our lineage, for our ancestral, to shift the intergenerational.

1:20:47 - Julie
It's just navigating our North Star To piggyback along that thought that you just shared. The council of Eight. It's interesting that you use eight as the number because in the Bible this is what eight signifies. There's lots of numbers in the Bible. They're called Bible numbers and they're part of numerology, which is way above my pay grade. I don't know that much about it. I mean I can do the basic math of you add three and seven and 15 and you get whatever the root number is. But that's about as far as I go. But in the Bible they use numbers because throughout the millennium most people were illiterate and to keep the oral history with some kind of specificity. You know the old telephone game you tell somebody something, they tell somebody something, and that story may be totally different by the time it gets to the fourth or fifth person. They wanted to try and keep some consistency in the stories that were in the Bible and so they used a lot of numbers in the Bible.

And eight stands for regeneration, which you just talked about, with reincarnating. Eighth is a new first. Eight people on the ark. Eighth day is when the circumcision happens. Eight covenants with Abraham, number of new beginnings and salvation is what eight signifies, which I thought that was interesting. Also, we had a gal named Lynn McTaggart on the show who's an investigative journalist and she's done much research with some of the top universities around the world thinking about the same thing. They have the power to affect change, whether that be in someone's healing that needs it, or in helping plants grow more quickly, more abundantly, or in helping with weather patterns and things like that, and her research is really remarkable. So when I was first preparing for our chat today and I saw your Council of Eight, I thought, okay, there we go. There's that eight number again. Not to mention, eight is the universal symbol for yin and yang right, and also for a never ending cycle is the figure eight. So I thought that was really remarkable. Do you have any thoughts about that?

1:23:27 - Mich
brought forth to our conversation. I have questioned them. I'm actually quite surprised that they're still part of my team and that I'm still here, because I'm like, oh, but why, like, people are channeling? Because I often have heard that there's the council of nine, there's the council of light, there's the, and they said, Michelle, this is who we are, you know, and it's kind of like this energy is like this is who we are, you know, and it's it's kind of like this energy, it's like this is who we are. Like, here, we are on a platter, here we are for everyone. And I've had people say, Michelle, the council of eight woke me up in the middle of the night and and I didn't know

who they were and I go, that's amazing, you know. Or hey, I channel the council of eight and I go, that's beautiful because exactly that, they are for everyone. I might be the voice. I have had moments where I'm like, oh, but you're my team.

1:24:27 - Julie

But you're introducing them to the masses through podcasts and other shows and your work, through podcasts and other shows and your work, and so they're using you as the conduit to let people know that, hey, this is a real thing and hey, you can access us and you're the one who's been chosen to help get that information distributed. Really is how I look at it, yeah.

1:24:53 - Mich

It's been nothing short of miraculous and, and you know it's a, it's a bridge, which for me it's. You know, if you look at I just got the. Do you remember electric cars? Do you remember our kids? Like we used to have those little and I always remember they, you know, and if you go too fast they zoom off. And that's how I feel at times is that, wow, I'm so blessed and everything's just like we're going at a beautiful pace and I really just love the connection because it embodies everything and about everything. So thank you for sharing what you had shared. I didn't know that about the Bible and it's balanced, it's very much balanced for me.

1:25:40 - Julie

Well, in those cars, what's the most standard track that those little Hot Wheels and Matchbox cars have? A figure of eight right, a figure eight.

You are remarkable, my girl, my goodness, wow, I've shed enough tears today, I'm just going to cry. You've come through some massive storms to get yourself to the place where you've, in doing that and surviving that, you've raised your vibration, obviously to a really high level where you can tune to the channel where this Council of Eight is broadcasting and aware of it, and we can learn from it and learn through you and with you, from these spirit beings that are just imparting so much wisdom on all of us.

How can people learn more about you and your work?

1:26:50 - Mich

So I have a website, www.Michcarpenter.com, and it's M-I-C-H, and they're welcome to go on there. As I mentioned earlier on, it was a body of work, a lot of frustration. You know, technical stuff isn't my game, but my husband and I learned a new way of communicating because he had developed it. But everybody can go on VPs and just go and have a look at what I do. There's a few offerings. We have a winter solstice coming up soon, which I'm putting something out online too. I'm on Instagram and it's [Michcarpenterco8](https://www.instagram.com/Michcarpenterco8). And that's what I love. It's kind of like this oxygen. I always think of CO₂, you know, but the CO₈, they just give us that life force. Yeah, absolutely yeah, and thank you for everything you do. Thank you.

1:27:44 - Julie

Judy, oh, you're welcome. We have given you lots to think about here from this conversation, so enjoy unpacking it all and, until next time, sending you lots of love from Sweet Home, Alabama, and from New Zealand to where Mich is. We'll see you soon. Bye.

1:28:03 - Ann cr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

1:28:17 - Disclaimer

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