

AJR Maureen Hancock Transcript

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Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. Maureen Hancock is with us on the show today. You guys are going to love her. She's a world-renowned medium teacher, holistic healer and author of the bestselling book *the Medium Next Door Adventures of a Real-Life Ghost Whisperer*. Don't you love that title? It's going to be fun to hear Maureen's thoughts about unknown psychics among us, how to recognize them and how to develop our own abilities. I'm also going to be asking her about the ghost thing. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go chat with Maureen. Maureen, I'm so thrilled to have you on the show. Welcome, welcome.

0:01:37 - Maureen

Thank you, I'm so excited. Thanks for having me.

0:01:40 - Julie

You bet we met at the Helping Parents Heal Conference last summer in Arizona and it was so much fun watching you on stage, talking to everybody and bringing in spirit, and you just had everybody in stitches. But I know you're a comedian by training, right? Yes?

0:02:01 - Maureen

I used to do stand-up in Boston, if you can tell the wicked awesome accent. But I do like to bring levity to such an overwhelming subject matter.

0:02:11 - Julie

Yeah, because that was a room, big ballroom, full of people who've lost a child and you were providing so much comfort when you say, okay, here's a kid who's wearing like a red sweater with a bicycle on it, and he's, you know, so excited and he's given some piece of information that the parents knew exactly that was their child, and everybody was just howling when you were up there helping all of those parents.

0:02:48 - Maureen

Yeah, because when they laugh, like their aura extends and then it opens up the lines of communication. Because most people think like, oh, I can't laugh and I can't have joy, and it's the opposite. They want you to feel that because it actually brings you closer to them.

0:03:01 - Julie

Well, I find that too when I'm working with families who have a loved one in spirit. And I don't know about you, but my families are always expecting some earth shattering, esoteric, life-changing commentary from their loved one in heaven and they're like hey, I miss strawberries, something that's just hilarious. They'll come up with something hilarious that's very vanilla, you

know nothing, earth shattering, and it'll get it. They'll get them laughing pretty quickly. Do you find that the same?

0:03:35 - Maureen

thing, oh yeah, totally Like, and I'll take on their personality so and say things that they would say and just kind of act like them, like hey, what's up, what's up, what's up. And just they're like, oh yeah, that's him or that's her. And right now I feel like and you must feel this the veil is very thin between here and the other side, so it literally is like a telephone line Hello, collect call from heaven. Exactly. Why is it thinner now? Do you think?

0:04:01 - Julie

Exactly. Why is it thinner now, do you think?

0:04:04 - Maureen

Well, a few things, I feel like, because we've had so many solar geomagnetic storms and that's why I'm in the Boston area, as I mentioned, and we saw the aurora, borealis, the Northern Lights and all along the East Coast because these magnetic storms are at the highest level they've been in years. So that's doing it. And then the Schumann resonance, which is like the earth's vibration is, uh, which is usually really positive. It's kind of taken a little bit of a turn, so it's like the collective, you know, and but we can turn this frown upside down and you can collect. I'm teaching people you do too to connect directly that you don't need me, you are the overseas operator, you hold the key.

0:04:53 - Julie

Exactly, yeah, and I think we all come in with the ability. Would you agree with that?

0:04:58 - Maureen

Yes, and then life gets in the way and we talk ourselves out of it and we try too hard or we're so heavy in our grief that we need to learn how to remove layers. And I have a wellness studio and I teach yoga and Tai Chi and Qigong and nervous system reset and I think it really does take some work for you, if you're stuck in your head, to lead with your heart and not your head.

0:05:24 - Julie

Well, especially when somebody's in grief because it's such a low vibration and I always say spirit doesn't communicate on the I feel crappy channels because the vibration's too low, yeah, yeah. So it's like they're listening to the country music station when they're in grief and they're whining about mama, the truck and the dog grief than they're whining about mama, the truck and the dog. They need to be on the disco station or the. You know you can't listen to disco music and not be in a good mood. It's just not possible.

0:05:53 - Maureen

Celebrate good times come on.

0:05:55 - Julie

Exactly, even you know, even our kids who roll their eyes with the disco stuff they I go. I challenge you to listen to two disco songs in a row and be in a bad mood. It's not possible, you're right.

0:06:10 - Maureen

Yeah, and they speak to us through music. So those words are very poignant when it comes on unexpectedly and it's like wait, are they trying to tell me something?

0:06:20 - Julie

Yeah, yeah. Well, you think about all lyrics and all music and all books and all movies and screenplays and all that stuff's all channeled anyways. So I use lyrics and songs a lot in my training because there's so much amazing information in the lyrics of the song, not to mention the musical notes, but the lyrics as well. Do you find that? Oh, totally and just different vibrations.

0:06:50 - Maureen

So you know, tuning into different frequencies and not just like just music, and I'll put on when I can't sleep, like a certain frequency to help me calm the nervous system, and music does that. But when you smile and laugh and your aura extends outside of like right here, you're opening up to more possibilities.

0:07:13 - Julie

Yeah, back to disco funniest side. I was a sorority advisor at the University of Alabama for a dozen years and they have date parties with fraternities and stuff where they dress up. And I happened to be at the house one night and there's 450 girls in the chapter. They were having disco night so they were all dolled up. You know, going to this party dressed up as disco. And I said I lived during the disco era. We didn't dress like that. You guys. I don't know where you're getting your information. And then when they, when I saw him a couple of days later, a lot of them said you were right about the music. I said you guys are going to have such a ball because the music is so fun to dance to and it just puts you in a good mood.

0:07:58 - Maureen

Yeah, yeah, yeah.

0:08:00 - Julie

Speaking of good moods. Speaking of good moods, I love the name of your book.

0:08:20 - Maureen

I laughed so hard when I read it. It's the Medium Next Door Adventures of a Real Life Ghost Whisperer. That is hilarious, just like hanging out with me. I'm just like the gal next door, you know, a regular down to earth person. And then my producers on the pilot that I had on TV at that time were the Ghost Whisperer producers, so it kind of like I was like this will go together, especially the pilot was called Psychic in Suburbia. Together, especially the pilot was called Psychic in Suburbia. So but um, so yeah, and and we could talk about that in a little bit but they tried to make me into Melinda from the Ghost Whisperer and that just didn't work.

0:08:57 - Julie

You remember that show I've never seen that show, so I don't know anything about her.

0:09:01 - Maureen

Okay, yeah, it was on for probably 10 years. Yeah, James Van Praagh was an executive producer. He came up with the idea and then it was on ABC, oh wow.

0:09:12 - Julie

Wow, I remember the Good Witch, which I loved. Did you ever see that? I don't know what channel that was on. We watched it on Netflix with the reruns and stuff, but that's the only one that we binge watched of that, but I haven't seen any of the other ones. So are there really psychics next door, in neighborhoods? If everybody can communicate with spirits, do you think there are closet people like us that haven't come out in the open yet?

0:09:42 - Maureen

They're coming out of the woodwork. So for that title it was me. I was the psychic in suburbia just going around and you know, reading people and this was before, like Lisa Williams and Teresa Caputo and all that way back in the day, and so and I don't do attack readings, but they would have me just walk up to somebody in the street and, oh, you know you're grumbling. But now that I am in menopause and have a stronger voice, I say no to things. Now I'm like no, that's not authentic for me and that doesn't work for me. So it feels empowering.

0:10:22 - Julie

I saw one of those shows it was a clip, it must have been on social media and one of those psychics was driving through McDonald's and said oh, your grandma, your dead grandmother, is behind you and she's got a message for you. And somebody said to me is that how it works for you? And I said no, that's TV magic. You know, I don't think people do that. Is that what you're talking about with the attack psychics? I, you know, I don't think people do that. Is that what you're talking about with the attack psychics? I've never heard it called that way. Do you turn your abilities on and off, or do you? Do? You walk around and you can see dead people everywhere? Oh, no, no, no.

0:10:55 - Maureen

I turn it off. And so it's been 28 years now and at first I didn't know how to turn it off and it was all the time and when my kids were young, you know I say I was raising children and raising the dead, and I'd be at a soccer game and I'd look over and like I'm her mother and I'm like no, no, no, no, I'm not doing that. And so I learned how to zip up and turn it on and off. And now it's very natural, where you know I have to flip the switch, yeah.

0:11:25 - Julie

Yeah, I turn mine on and off too. I don't walk around scanning people, I just. I just want to live a regular life, and in a crowd of people, how obnoxious would that be? Well, this one's got that going on, this one's got this going on, and and all of that, how do you turn your abilities on and off?

0:11:48 - Maureen

and all of that. How do you turn your abilities on and off? So, you know, in the beginning, when I didn't know how I, you know, I would actually say like, set my intention, like I am closed, I need sleep, I need you all to leave me alone and go away and God bless you. And then, when I want to turn it on, I'd be like I'm welcoming, you know, the spirits of the highest white light and pure and to assist this person. And now it's just natural, I don't do or say anything. It's just when I'm a regular gal, I'm just a regular gal and that's it, you know. But when I'm out with my husband, um, people do come up to us quite a bit and he's used to it, but I have had to learn boundaries and just say very nicely, like you know, we're eating, or this is dinner, and thank you so much, but you know, get lost.

0:12:39 - Julie

Well, or go here's my website, you know schedule an appointment if you want. Yeah, kind of a thing. Me too it's. I turn it on and off in a nanosecond. I always say it's attention intention.

It's another AI acronym in artificial intelligence, but attention, where my attention goes and what my intention is. I'm going to scan you medically and see what's going on. Or you want to talk to your dead grandmother in heaven, or you want me to scan one of your dogs, or something like that. It's where I put my attention intention and then, as soon as my attention is off of that, shuts it off in a nanosecond. So that works really well too, and I think it's important for people to know that their techniques are going to come in and they're going to be perfect for them, because what works for you may not work for somebody else. What works for me

may not work for somebody else, but we're all going to come up with our own methodologies that make it easy for us.

0:13:42 - Maureen

Yeah, yeah and having our strong points. And in the beginning I only thought I was clairaudient and I could just hear and that's it. And just, you know a shaman I was working with. He's like you know, you have all the abilities and all the clairs and you can tune in and I'm like, oh no, I just hear. So over the years I realized you know, it's a little bit of everything, but my strong point is clear audience.

0:14:09 - Julie

Yeah Well, I have found that it comes in the easiest for us in the way that we learn anything. I'm a visual learner, so I see things, I hear things, I feel things, I know things, all of that. And it's been my experience too with my students that everybody has the ability to do it all. But we're always going to get the easiest way for spirit to communicate with us first, and then the other stuff is there as well. So I think it's kind of fun. All right back to the ghost whisperer stuff. What is a ghost, and are they different from a spirit or a soul?

0:14:47 - Maureen

Well, I don't really believe that houses are so much haunted as there is an imprint of energy and so I don't subscribe to like ghosts. I don't use that in my language and you know, spirit is your spirit loved one and spirit is your spirit loved one. So this spiritual being having a human experience that has slipped out of the leased vehicle and the lease is up but the driver continues, and that is spirit. And an interesting question my sister asked me because her son passed suddenly and tragically at 19. She's like what is the difference between the spirit and the soul? And I'm like well, I feel cause. She said, what if we all get there and he's reincarnated or come back? And I know I'm jumping ahead here, but I said you know that spirit imprint is always there in that experience, right, and that love and that connection, and then I feel like the soul can keep coming back to learn and grow and reincarnate again. And so that's where I'm coming from. What do you think?

0:15:57 - Julie

Well, for me, a ghost is a spirit. I use the word spirit and soul to mean the same thing. Spirit feels less religious to me because I went through 12 years of Catholic school, so soul to me is religious, it feels religious. Spirit feels more universal to me, although when a plane goes down with passengers, they'll talk about how many souls are on board, not how many people, which I think is interesting, did you know that.

Yeah, yeah, and I forget what the reason is why, but it's souls instead of people it may have to do with. Like maybe there's a casket with somebody's body in there or something Cause a lot of times those used to be transported in the cargo section of planes if somebody died in the way. One of my best friends this is funny now, I mean it wasn't funny at the time, but her dad died in Florida. They had his casket with his body in it shipped back to Ohio. The airline lost it for two weeks Now, honest to.

God, honest to God. They had to keep pushing the funeral back because the casket was lost. How do you lose a casket?

0:17:14 - Maureen

Like find Waldo in the casket, like what that's when you need a psychic to come in, I know.

0:17:21 - Julie

So you know we laugh now about it. She's those little devices that Apple has that you can put in your luggage and you can monitor where it is. And I just said she said, oh, we needed one of those for my dad. I said, yeah, I guess. But I digress.

Ghosts for me is it's a spirit that has gone to heaven and they want to continue exploring that past lifetime kind of, with one foot in the spirit world and one foot in the human world. So like when we come in, you know, we forget a lot of the spirit stuff so we can have the human experience. Well, it's been my experience that they do the same thing. Because I've seen ghosts, I've talked to them, I've worked with them, I'll normally bring in another deceased loved one of theirs that will help them go on into the light and go okay, no, really you're dead and really here's your loved one. Fun story One of my dear friends one time had she told me she called me.

She said I had an evil spirit come through my front door. And she knows I don't believe in evil spirits. I say all spirits are pure love. So I said, well, what'd you do? And she said I got a golf club out of the umbrella stand and I was getting ready to hit it and I said well, did you really think it was going to work with a spirit that you know kind of, if you swung the golf club, it'd go right through them, don't you think? And she said well, yeah, I didn't think about that at the time and so I said let's do an instant replay. And we did.

And it was this guy who was a Civil War fatality. He was a Confederate soldier who died in the war. We got his name, we got where he was from, we got all that stuff we were able to corroborate with historic documentation online. And he was looking for his daughter. His daughter had reincarnated as my friend's daughter and we got her name and we got you know all this stuff. So I pulled in the daughter's spirit, got them reconnected. He went out into the light and he was fine and I've watched that happen several times. So that then leads to the conversation of do we live multiple realities concurrently and is part of our spirit, like in our current bodies and living on a planet far, far away and living in a past life, and is it all at the same time? Yeah, and does that make your head want to explode? Yes, explode.

0:20:06 - Maureen

Yes, yeah, you're the first one that has ever said that to me. That's in the same line. You know as me the work with yeah, it's all happening simultaneously and I'm still trying to figure that out. You probably are too, but you know the past present. The future is all happening right now, which, on some deep level, makes sense to me, but I just still need to like wrap my brain around it, because I spent so many years teaching, you know, doing past life regressions and, yes, that was all part of the experience, but it, collectively, is all right here right.

0:20:42 - Julie

Yeah, yeah, there was somebody that submitted a question online and I'll choose a question each week and do a blog about it and this person stayed in a haunted hotel in someplace in Nevada like out in the old Western town, someplace one of the most haunted hotels supposedly in the country and she saw a figure of two people come in, dressed in like early 20th century clothing and all of that, and she said what was that? Who were they? What was going on? And so we got the information about them and she said well, so why was I seeing it now? And I said the thought that I got see if this resonates with you was that it's kind of like you can watch a movie on Netflix that was filmed 40 years ago and it's current, but you're watching it, you know in the future, of something that happened in the past, but it seems like it's still current. And so that's what was going on.

And it was the hotel manager and his assistant and she was holding a clipboard and she had on a long skirt and one of those high collar blouses you know that they wore like at the end of the 1800s. Her hair was in a Gibson girl hairdo on top of her head and we got their names and

stuff and we were able to. She was able to locate that that was a past manager of the hotel. Wow, I don't know. Does that make sense? As far as a oh, a hundred percent.

0:22:23 - Maureen

An explanation sense as far as a hundred percent and an explanation, yeah, that's a great um analogy and explanation and I've I've never put it that way myself, but that just makes a lot of sense.

0:22:33 - Julie

Yeah and so how do we tell the difference between a ghost and a spirit?

0:22:41 - Maureen

so I I don't use the term ghosts, but I know that you do so. Um, I, I just feel I don't use the term ghosts, but I know that you do. So I just feel I don't feel that anyone gets stuck. That's where I come in. I don't either. Okay, good.

0:22:53 - Julie

I don't either. Okay, good, no, I think the ghost is experiencing this not in a bad way, but in a way that they've chosen, much like we decide what we want to do in our next lifetime.

0:23:06 - Maureen

So I'll have to explore that more. But you know, I've just always do. I see, you know figures and shadows and whatnot, and you know, maybe that is the ghost, but I've just always used the term spirit, Spirit, spirit, yeah, yeah.

0:23:24 - Julie

Why do you use spirit instead of soul? Why do you use spirit instead of soul.

0:23:33 - Maureen

well, I mean, I'll use soul too, but sometimes I might, like somebody has said to me um, so you know what, if they reincarnate? And then I get to the other side, heaven, whatever you want to call it, and they're not there. And then I say, yeah, but that energy right, if you talk in terms of like quantum physics, and energy cannot die, be destroyed, and that energy exists. And then I liken that to the spirit, right, and then the soul. This is just my thinking, but can come back and go through some more learning and growth and trying to reach enlightenment and learn all these lessons.

But and then, when I teach my yoga and my qigong and I say, okay, you know, I've studied Chinese medicine, oh, the gallbladder, oh, I don't have one, somebody says I said yeah, but the energy still exists. So it's almost like the spirit of the gallbladder. Like people with you know, an amputee can still feel their leg. So the energy continues and exists. So that's that's why I talk a lot about spirit and energy, but I feel the soul is the ultimate, you know, is the driver right, yeah, that's called phantom pain, when people have pain in their, in the limbs that have been amputated and we think what?

0:24:56 - Julie

But there's tons of research on that that. That's a real thing.

0:25:00 - Maureen

And I say, hey, just like your spirit loved ones, that energy still exists. It's just taken a different form, but the energy is still there, but the physical isn't there.

0:25:11 - Julie

Mm-hmm. Yeah, I agree. How do spirits communicate?

0:25:17 - Maureen

With me personally, or everybody, yeah, yeah with you, so with me. So clear audience is my strong point. So they will just talk to me and then I feel on my body like clairsentience, how did you pass? And I feel it, or they'll show me, or maybe you know, today I had a connection where you know it was Alzheimer's. So they're saying like, oh, I kept saying how'd you pass, how'd you pass? Let me feel it. So I don't know what that feels like, so I couldn't decipher it until they said I'm whole again, I'm whole again, I'm whole again. And then they understood like, yeah, they had Alzheimer's, I can understand that.

And then, um, and then I'll see things in my database. So it'll be, uh, you know, like a Navy ship, or I'll see all my symbols and everybody has a card catalog, right, that they can pull out and draw from. So I'm mostly hearing I have medium friends that can describe them to a T and that's not how. It's not my strong point, although dogs come in and I can be like this is a Weimaraner, this is it, because I studied small animal science, I trained dogs, I was a vet technician, so see how that's like in my database, right. So that's how I communicate.

0:26:38 - Julie

Yeah, and I heard you say many times okay, slow down, slow down, because the spirit is talking to you and they're so excited that they can communicate with you and you can then, in turn, communicate with their loved ones who haven't learned how to do it directly, with their, perhaps their child in heaven. And and I've heard you say many times okay, okay, okay, calm down, slow down. What's going on?

0:27:06 - Maureen

Right. And so what I teach everybody to say to spirit is this slow down your energy. Everybody to say to spirit is this slow down your energy, come closer, make it more obvious so that they don't realize like we can coach them a little bit. They don't, especially in the beginning. They don't know they're too fast outside of the physical body. So I will help them and I teach a lot of folks like tell them to slow down because they don't know they go like this and slow down.

0:27:35 - Julie

Oh, my name's Michael you know and slow down. Why do you think that is that they go so much faster?

0:27:42 - Maureen

Yeah, when we come out of the physical body because it's so dense and it's so heavy and it's so third dimension, suddenly they're catapulted out of their body and it's light in the light body and it's fast and beautiful and amazing. And you know, I do, I've been doing hospice work for many years and witnessed so many passings where you know they're so heavy in the body and then they and they come out and they, they're like I feel free, and then it's like trying to tune into an AM radio, like because they're so much lighter.

0:28:18 - Julie

Now, right, Right, right, I do a lot of medical, intuitive and energy healing work and when I've got somebody on my radar, I'm like a human MRI and when I have somebody on my radar, the information is coming in so fast and I'm watching the healing in my mind's eye and I'm getting information downloaded into my head. I call those divine downloads and I'm talking with my client to describe it and I always say, good thing, I'm a girl because I can multitask, because the information does come so fast that I find myself and I talk fast most of the time anyways, but I really talk fast when I'm scanning somebody.

So, you're the first person that I've heard talk about that that the information comes in super fast and you almost have to kind of slow down the speed a little bit on getting it in. So

sometimes I'll tell people that you know, hang in there. If you need me to clarify something, I will. Also, I've found that too when I'm working with a family. I worked with a family yesterday whose husband, slash father, had passed recently, and it was the wife and three daughters. And I always tell families OK, we're going to start the conversation, and it's like pumping a water well on the farm. Once you pump it and the water starts flowing, then they get really chatty. But we just start the conversation and then they're just like off to their races. Do you find the same thing? I love that you said that.

0:30:01 - Maureen

Gosh, that's amazing Because it is like you know, first they have to get to know the medium. Are you the right fit for me? Do I want you to be my voice? And then we have to get on the same page of how my symbols come in. Or I might just hear words or conversation and we are the ceiling fan and they are the helicopter propeller. So I teach how do you raise your vibration so that you can meet in the middle and you know, through all kinds of things. You know walking, tree bathing, grounding, doing some Qigong, conscious breathing, all the things so that you can raise it up. And then I tell them slow it down, and then we click, probably right when you get that water flow.

0:30:50 - Julie

And I love that Great analogy and I find too that they all have ADD Because they're talking about stuff that's like all these different topics, and they're just coming in with stuff. And you know, this, who's Henry, who's? You know? They're showing me this bass player in a bluegrass band and then the next thing they're talking about playing basketball, and the next thing. And so I tell the families I go just, you know, it's like, just consider, they don't have any constraints. It's like they all have serious cases of ADD and they're just going to come in with the stuff that won't necessarily be in order, according to how we think of it from a human perspective. But do you find that the same thing?

0:31:37 - Maureen

I want to borrow that. That's amazing. Can I borrow that? Yeah, yeah, it's very ADD and some of them are ADHD, right, mention deficit heaven disorder. Yeah, it's just boom, bang, boom, yes, oh, 100%. It's like oh you know, blah blah, and I had an antique car. Oh, you just got a job offer. Oh, blah blah. Oh, did the puppy? The puppy died? Oh, he's right here. Yeah, and I'll try to get some sense of order where it's going to come in all choppy. But I'm going to quickly put the piece of the puzzle and I need help from you know this sitter and um and have it be, make sense and come together. And now I'm to the point where I, okay, I know this means that this means that this means that, and then we can help it flow better, right?

0:32:27 - Julie

Right, I met somebody a couple of days ago and when I work with private clients I say I'm a buffet of psychichness. So we can talk to your dead grandma, I can scan you medically, we can talk to your cat. You know, I mean fast life, whatever, and we cram as much into the time we have together as possible. And so I had done a medical scan and then we'd done this gal's dog. You know her dog had something going on. And then we get to her her deceased grandmother, I think and and I said she's talking about Aunt Edna, who's Aunt Edna? And she said, well, yeah, that was my grandmother's sister and all of that. And all I could think of was Bewitched and Aunt Agnes, or who was the who was the aunt in Bewitched that she'd call him in Aunt Agatha, Esmeralda, Was that who it was? I think it was it's Esmeralda. She was kind of had a little dementia or something. She got confused, Do you?

0:33:25 - Maureen

remember that aunt. It might be Esmeralda.

0:33:28 - Julie

I'm going to look it up, yeah, but there are shows like that and without your show that you did I want to talk about that in a second that I find that some of these screenwriters they're psychics, because there's they get so many things right in their TV shows of things that I've experienced and things that I know you've and you've experienced and our colleagues have experienced, and I think, okay, they got somebody who's really a medium that's writing the screenplay to this. Have you found that too?

0:34:04 - Maureen

Yeah, and, and I was brought in on a couple of projects where, um, you know where the person was going to play a medium, so they would hire me to consult with them. And I did that with um, oh my God, some big celebrity, and he was going to play a medium. And um, jack, um, oh my God, anyway, he's pretty famous, and um, and so he would. I would teach him. This is what it's like, this is what you have to do. Oh, should I do this? Don't do that, that's not right. So they will get medium consultants for sure.

0:34:43 - Julie

Yeah, all right, so tell us about your journey in becoming a psychic medium. Have you always been able to do this as a little kid? What's the story behind the comedian that turned into a psychic medium?

0:34:58 - Maureen

Right. So as a child I had lead paint poisoning and this was back in the day when everything was lead paint based. And so I'm one of nine, grew up just outside of Boston and chewed the windowsills watching my siblings play outside and everything was lead paint. So I slipped into a coma. I was in children's hospital in Boston for three years. For how long? Three years? It's terrible Non-stop. No, I was in for one year. I was in a coma for a few months. I had brain shunts and encephalitis and then they created at Boston Children's and this was in 1969. So I went in at no, it was 67, 1969.

I was two years old when I went in Chelation, you know, removing heavy metals. So Dr Grafe, boston Children's Hospital, worked with scientists and doctors and they started to remove the lead from my blood. But so I was in for a year and then I would be. I'd get to go home a little bit at a time. Then I came home at five years old and I saw spirits walking around the house, going through the walls dressed as what I can only describe as pilgrims. So they had that kind of garabon and it was scary and my home very old. It was, you know, on the historic, you know, colonial, it was very old. And then they would say like, oh, it's just the medication. Because I'd be yelling and like, oh, and I'll never forget that dogs, wild dogs, would surround my bed and be like barking, like crazy. That's when they thought like I was imagining it, and but then I started to say things to like my mother, like, oh, you know, the statue is in the back closet, or this how do you know that as a teenager? So I shut it off like most do, around six years old and as a teenager with hormones, I noticed that it started to come back like around 17, 18 years old. I noticed that it started to come back like around 17, 18 years old.

And then in my 20s my grandmother had passed and she lived with us and then I had a car accident. So I fell asleep at the wheel coming home from Boston and it was a quick one of these and I broke every bone in my face and I felt and heard my grandmother. So I literally felt this rush of energy. I yelled out, oh, maureen, and I just was like Graham and it was my grandmother. The woman who called 911, said that she was shaken out of a sound sleep and she heard go downstairs to the kitchen now and wait. Then she heard the impact and the crash and I was taken to a local hospital where they did a CAT scan. Everything was broken from fractured skull, cheeks, nose, jaw, 30 stitches down. The middle had a near death and I was transferred to Boston to Mass General and then they did a second CAT scan the next day and everything was healed. But they couldn't understand it because I should have had emergency

surgery. I had a cerebral hemorrhage and a hole and all this crazy stuff and I didn't need anything done.

And then I started to hear. So instead of seeing them as a and then I started to hear, so instead of seeing them as a child, I started to hear and it caused a lot of anxiety. I had terrible panic attacks. I wanted no part of it. And then I started to work with a shaman and started doing all my holistic studies and went to Boston Shiatsu School and the New England School of Acupuncture and I opened. I was getting ahead of myself.

So then I was working at Logan Airport when 9-11 happened. So that was the turning point for me. I couldn't take it. I was just I would walk down next to the tarmac and just the feeling it was just so heavy and I started. I went out on a limb because I was hiding my abilities. Oh, I couldn't tell people. And I started a widow's group for 9-11, for people around Massachusetts, and then I was litigation manager there and I quit my job. I started my dream I you know, to do healing. I started a cancer foundation, manifest a Miracle and working with children with cancer, but working with end stage, any kind of end stage, not just cancer, and my mom was the head of hospice so I brought not alternative but complementary healing into hospice when it wasn't there. So Reiki and meditation and, you know, just helping people not be so afraid to physically leave Right.

0:40:08 - Julie

Right, okay, that's a lot to unpack. First of all, I want to know who your plastic surgeon is, because you look amazing.

0:40:15 - Maureen

Thank you, none, I had none. I mean, if I go like that, you can see my scar here, but it was. Yeah, I've never been to plastic surgery. It was miraculous. Yeah, and I'm almost 60 and I have had nothing done, and I don't mean, and I have had nothing done and I don't mean but, but, but, but, you know, I feel like energy work and you look young and amazing. Energy work, you know, it keeps us young and vibrant, do you agree?

0:40:42 - Julie

Yeah, because the cause we're swimming in the high vibe all the time. Yeah, yeah, absolutely, I agree, yeah. So NDE, what happened?

0:40:55 - Maureen

So this is interesting because it's not like your typical, like I didn't see the big white light, but what happened was I saw. So my grandmother came to me but we were in a thatched cottage in Ireland which was her farm, and all these people were around her in her bed and she was speaking in tongues, which she didn't do here, and I just remember, and they all and I was like, what is this? And then she said, maureen, there's somebody here for you, Jesus, oh, wow. And then the Blessed Mother was at the foot of the bed and all of a sudden she's. My grandma was like, are you ready? And now my fiancée at the time said you know, I was dead.

And then all of a sudden and I do remember this part that I was thrust. I was like this, like so the blessed mother came through my body. And I remember going like that, like I was thrust. I was like this, like so the blessed mother came through my body. And I remember going like that, like I was thrust back into my body and it hurt. I remember that it hurt. It was like no, and I remember that, that guilt feeling of like it just felt so amazing and I, you know that's when I was working. After that, with cancer patients passing and every single one of them would be like it's amazing, and then they would pass and that's what I felt like. It's just like the best feeling ever.

0:42:30 - Julie

Yeah, did your grandmother say the rosary a lot. Yes, she's standing there. When you were telling the story and she had a rosary in her hands.

0:42:38 - Maureen

Oh, always.

0:42:39 - Julie

Yeah, I call it the bead squeezer. You can borrow. Yeah, yeah, she's got a rosary in her hand. Yeah, oh, you were so close to her and still are, but with all those kids are you named after her or something what's?

0:42:58 - Maureen

going on there. It's Margaret, mary, mary, margaret, and I'm Maureen, derivative of Mary, so yeah, so kind of sort of like, and I'm one of nine, so there's a lot of Mary and Margaret.

0:43:21 - Julie

Yeah, yeah, that sounds. It's funny. You say that that's a Boston thing because that's a Southern thing. A lot of two first names down here. You got Mary Margaret and Susie, Susie Leo, Susie Lee and and Catherine Maybelline, and yeah, I mean hilarious, Some of these names. Yeah, Anna Kate grew up next door to us and there are a lot of that. So I think it's interesting. You know that that's a Boston thing and a Southern thing, but the South is very historic, like Boston too. I always talk to people about Charleston when they'll say, well, what do you think of Charleston? And I'll say it's like it's as historic as Boston, but it has better weather and manners. Oh right, yeah, and it's true because you know the Southern manner thing. So there's that. Oh my right, yeah, and it's true because you know the Southern Manor thing, so there's that. Oh my gosh, you talk about that. We need to unblock the clutter. I'm using air quotes in order to communicate with spirit. What do you mean by that?

0:44:29 - Maureen

So I think so many people want to connect and create their own non-physical relationship with their loves and spirit and they get in their own way.

So we're over thinkers and our nervous system is shot and we tend to eat like crap and there's a lot of variables to open up to spirit and it will be. You know, doing the work where you're, you're leading with your heart and not your head. You know how many people do you know say like please, I need a sign, I want a sign, show me, help me. I need and I say change the language, change your language and you'll change your energy. So so that if you change the language and you say, hey, if you can, you can Come in, if you can, instead of demanding there's no on-demand button to the beyond. And so doing the work to get uncluttered and eating clean and trying to cut out dairy, cut down on sugar and inflammation in the body and trying to take better care of your gut health, and when that all comes together and the energy is flowing right and you're doing your walking or meditation, then you are a clearer channel to receive because you have raised your vibration, doing all that backup work.

0:45:49 - Julie

This is the first time I've ever heard anybody say that about physical health being an important component of being able to communicate with spirit.

But it makes tons of sense because the inflammation in the body. Sometimes I'll get somebody on my radar and I'm like a human MRI, maureen and I'll I'll. The first thing I'll see when I get them on my radar is they look like snow on a malfunctioning TV or computer monitor screen. Do you remember back in the day when the TV stations would turn off at the end of the night and they'd play the national anthem and then there'd just be snow on the screen? That's what

some people's energy field looks like when I first get them on my radar, and so I'll ground them first so that I can get the snow removed or the static, and then I can go in and I can see body parts and organs and bones and jazz like that. But it's interesting because I would say in most cases there is a gut thing going on where their diet is less than optimal, they don't exercise, they don't really, they aren't taking care of their body and yeah.

0:47:09 - Maureen

So your rhythm off and think about, like, because we are vibrating pieces of energy, I guess, right? So everything that isn't sort of going well in that whole picture we just talked about is lowering your vibration so that you want to be at the highest you can be, to be like oh, here's my antenna, I'm ready. Yeah, you see, yeah.

0:47:34 - Julie

You guys, she's got these three dogs and what kind are they? Tell everybody.

0:47:40 - Maureen

I have. This is my lab. A rescue. He was 140 pounds. He lived in a cage for three years.

0:47:47 - Julie

Oh, my what's his name?

0:47:48 - Maureen

This is Baxter Mando. And this is Mando. He was dumped behind a Mexican restaurant at three weeks old and survived for six months. And this is Lily, my queen. Lil Lil, can you see her?

0:48:02 - Julie

Oh, isn't she beautiful.

0:48:04 - Maureen

And my son. So he has a liver disease and he wanted a dog. And he said I said what do you want? And he said a dog from Game of Thrones. So I couldn't find a wolf, but I found a husky.

0:48:19 - Julie

So oh, I love that. We had a pet psychic on a couple of weeks ago and she had a wolf husky mix. I think it was a wolf husky and she had a coyote no, it was a wolf German shepherd mix and a coyote German shepherd mix and she said that coyote was okay but the wolf was just.

It was too much wild too much wild energy and in the bloodline and stuff. She said he never attacked anybody but it was close a couple of times and so good decision to forego the wolf, at least you know, in the situation and I was a dog trainer and you know, like I said earlier, vet tech and like dogs are better than a lot of people. Honestly, listen to you All right, listen to you All right. What is it about your abilities and about your life so far that's drawn you to working with people at?

0:49:27 - Maureen

the end of their lives. So when I was five years old, when I came home from the hospital, my mom, before she passed, would always tell the story that since you were five years old, everyone would ask you what do you want to be when you grew up? And you said I want to work with people with cancer. So even at five years old, I knew so I had to have come into this experience, just wanting to touch people and help them not be afraid of death and to lay my hands on them and to help the families left behind. And I'm finally writing my second book, and so sort of a working title is what to Expect when Expecting Death, because we have the what to Expect series to bring life in. What about that guidebook? To help right the before, during

and after of death, right the process, hospice, all of it, and just to assist people. Because so many reach out to me and they're like what do I do? What do I do?

And so I go and I help them to understand the dying process, what's going to happen, what to expect, but also maybe setting up signs or making a beautiful celebration of life before the party, after they go you know, putting on beautiful music, teaching them how to give massage and light touch and aromatherapies, and just not fighting and creating a space that they can slip out peacefully instead of everybody yelling and they can hear and da, da, da, like we want to create just a beautiful space so that so they can physically step out, because it's hard when they have a strong heart. People always say, like, how come we're telling them it's okay to go and they're not going? I'm like, well, they really have left already.

And it's the physical catching up, because it takes a lot for that super strong heart to finally, you know, shut down so they can slip out.

0:51:22 - Julie

Yeah, when somebody was in that position, when my mother was still alive, we used to joke and we'd say you need to go light one of those killer candles in church. And she'd go light one of the votive candles you know, in front of the Virgin Mary altar, st Joseph's altar, and inevitably they'd go with them the next couple of days. So he said you know, you got something going on there. And what my experience and what my first book, angelica Attendance what happens as we transition from this life into the next is all about, is how we're surrounded by angels and the spirits of deceased loved ones and pets as we're transitioning. And there's university-based research that corroborates all of that now and says that 90% of people at the end of their lives do see deceased loved ones in the spirits of pets. Did you run into any of that?

0:52:21 - Maureen

Every single time, every single time, and you know, especially if they're not already in a comatose state. But you know, usually two or three weeks before, oh, I keep seeing my husband in the corner and I'll be like, is he Bill? Yeah, and like I'm seeing my German shepherd over here and I'm seeing my mother and all the time. And so, even if they can't vocalize it to you everybody, they do come to take them home. That's right, they do. And even if they can't say you know, but they'll hold their hands out and they reach up right, because they're absolutely seeing them. So I imagine, yeah, you already know that.

0:53:03 - Julie

Well, and it used to be that we all thought that Aunt Betty was just hallucinating and it was the morphine. And it's not. They're actually seeing them. And it's so comforting to the person who's transitioning number one. So comforting to the person who's transitioning number one. But I find, to the family as well, because when they know that they're surrounded by their loved ones and their beloved pets, it makes it a little bit easier for them to let go of their loved one. And also, when we're with somebody at the end of their lives, whether we're cognizant of it or not, we're thinking oh God, I'm going to be there one day. You know what's going to happen next. And I think it makes us face our own mortality when we're with a loved one at the end of their lives. You have any thoughts on that?

0:53:57 - Maureen

I do, and this is a little side angle, but I also feel like when we have a significant loss, sometimes our friends sort of fall off and your true core friends stay and they'll stand in the fire with you and they'll come because the others they're facing their own mortality. And I've seen that a lot with child loss and my sister when she physically lost her son, sean, that a lot of her friend group, you know, would dissipate it and then the true core stayed with her because it was too hard for them to deal with watching her and her loss. Because what if that happens to me? So I know it kind of went a left turn there, but right.

0:54:45 - Julie

So what do we say to somebody like your sister when they've lost a child? Or what do we say to somebody who's lost a loved one, perhaps very suddenly and unexpectedly? Have you found that there are things that we can say that are more comforting than others?

0:55:05 - Maureen

Well, I'll tell you what I say, but I'll give advice of what to say or not to say. Is what not to say is like, oh well, you know God needed him more. Or you know, oh, they were so good they had to go. And my word of advice is keep their spirit alive, keep talking about them. Go and sit and just be with somebody, especially with new loss, and don't be afraid to talk about them.

They always say, like, talk about me, tell your best stories, like keep my memory alive, because I'm right here, I'm not dead, I'm just different. And so be with them, listen, check on them, bring them a meal. Don't ask, because if you ask, like, can I do anything for you? They're not going to tell you what to do. So just do these light little things where you what to do. So just do these light little things where you, you know, leave a meal, leave some flowers, write a note and something like these are my best stories about Ryan. This is what I remember most about little Kate, you know, or even your husband used to make me laugh with this, this and this. And so keep their memory alive.

0:56:16 - Julie

That father slash husband that we talked to yesterday my client and her three daughters and I. He asked them to make a toast to him at the Christmas dinner table and he said please save my chair for me. And his wife said, yeah, I always sat at the head of the table, you know he loved being the boss. And he said please leave my chair for me, because I will be there sitting with all of you and make a toast, which was so sweet and they loved it. They loved when he heard that.

And then he started talking about cookies. You know, back to that ADD thing, like later in the conversation he was talking about cookies and I said all right, what's with the cookies? Was he the cookie monster? Were there certain cookies that he liked? And they said he started making cookies the last year of his life and the problem was he would eat most of them before any of the rest of us could get to them. So he was saying to them you know, make the cookies and you know, and I won't eat them all before you can get to them now because I don't need them anymore. But he was just cracking them up the whole time.

The other thing that he said that I thought was really profound was it was obvious that he had changed his opinion about something being in heaven now versus when he was alive and he was talking about being a basketball coach for his kids and his grandkids.

His kids are all grown, so now, lately, he had been the basketball coach for the little grandchildren and he said the most important thing was for them to have fun. And his family said does he have anything to say about basketball? And of course he came up with a couple of plays that you know they could implement. But he said the most important thing was for them to have fun, because if the coach was stressing the kids out, the kids couldn't perform. But when they were having fun and they were loose and they were easy and having a ball, you know, then they'd make all kinds of baskets and they all, pretty much the same time, were laughing his family, because they said he was the most uptight, stressed out, getting the kids stressed coach that there ever was in little kids sport. But that was his message from heaven to them was the most important thing for the kids was for them to have fun. Aw, see, I thought that was really profound. Have you come across something like that as well.

0:58:50 - Maureen

Yeah, because they see more clearly. So they often say like you know, I've done this life review and I've sat in the shoulda coulda wouldas. Or you know, I've done this life review and I've sat in the shoulda coulda wouldas. Or you know, I wish I did this differently or this better. And a lot of folks here are now breaking the ancestral trauma and they're doing that for their children so they don't have to go through the lessons that we went through. But when you said that, he said you know, we just want you to have fun because it's like I can see clearly now, right, so that they know, like, the true meaning of the experience here.

0:59:25 - Julie

Right, right Say more about the ancestral healing thing. I find that fascinating and I don't know much about it.

0:59:33 - Maureen

So when a lot of for me spirits come through and they'll hold on, let me start over here. He's diabetic, so I'll have to go in about five minutes to give him his insulin. No, no, no, no, that's okay. I can do the question now because I have to bring him. No, no, no, so okay, let me pass it over.

So I deal with a lot of folks who have had a lot of traumatic experiences and you know I work also with the police and FBI on different cases, and I was just sitting with a mom and the only readings I do are free for parents who have lost children, but my wait list is full. But this woman, her daughter, was murdered and she's like I don't understand, and you know I said she's like, but why did that happen? What was I supposed to learn? So I feel like there's always like this lesson, even if it's like super hard, and I said, well, those guys had free will and they went against like God will, and so it changed the course of things because she's like I did not agree to this. So this is the whole other.

I always go down a side lane, right, Julie, and so, but incestual trauma, like I just did a big group last night and I said to this guy your dad's here and you know you were separated for many years and he wants to say sorry. But he said I'm your teacher. We came into this incarnation that we agreed to go through really hard lessons so that your kids don't have to do it. So you decided I'm not going to be like him and I'm going to say I love you and I'm going to be supportive and I'm not going to drink and I'm going to take what I witness and I'm going to turn it into a learning lesson and I'm going to break that trauma so that we don't keep repeating patterns and my kids don't have to experience to the level that we did or I did. Right.

1:01:35 - Julie

Yeah, so does that go back and heal the generations that had lived previously and heal future generations? I understand the future generations, but I've heard several people say that it goes back and it heals those from past generations or ancestors as well. It does.

1:01:55 - Maureen

And it really ties back into what we were talking about with the past, present, future all happening simultaneously, so that what you heal right now in this experience has no past, present future. Yeah, it's healed on many levels and it could even go to higher dimensions or lower vibrations and heal that, yeah.

1:02:21 - Julie

Yeah, I think it has to do with the DNA too. I think that the DNA has memory from ancestors and goes forwards and backwards too. There's a DNA component there Big time. Yes, yeah, I agree. Okay, a couple more questions as we're winding down. Why did we incarnate?

1:02:43 - Maureen

So you know, we for me personally, I can recognize now that I have done a lot of work to get to a place where I can recognize patterns that I probably have taken in from other experiences, past lives, whatever and we keep coming back to learn and grow and to reach closer to whatever your language is, everybody, to God or to enlightenment and just you know, to really marinate in forgiveness and coming back to love and joy. And it's not always puppies and butterflies, but you can create a better experience with words like what do you need? I need purpose, I need clarity, I need more joy and wisdom. And so we keep coming back to try to, I guess, be more grateful and learn these deep, deep lessons. So we don't keep repeating and I say like I agree to the triple whammy coming into this experience that they were like hey, we're going to send you back, and I was like you know what? Just give it all to me at once because I'm not going to keep doing this. And then it was like I went in.

1:04:01 - Julie

Goodness that whole being in the hospital for three years as a child. My goodness the fact that you were able to survive. That is amazing in itself, and still here to tell the tale, and seemingly healthy now. Yeah, don't be chewing on those windowsills with lead paint anymore.

1:04:20 - Maureen

It tasted like candy. That is a true fact. And my little Irish mother decided to do something about it while I was in children's hospital in a coma, and she wrote up the lead paint poisoning preventable and got it passed on. The state and federal level went to Washington. We had no money. You know we were the state cheese powder, milk spam family collected her \$99 flight money, testified at the congressional lead paint hearing. Ted Kennedy stood up and said we don't have time for you, Mrs Dalton. He told her off. I mean she told him off and then he passed the bill. I mean she told him off and then he passed the bill.

1:05:00 - Julie

So my mother's the reason why you can't sell your house. Wow, what a great story. God bless her. Wow, wow, she got things done. Yeah, and God bless you for all the work that you do. You're just extraordinary. Extraordinary and the way that you present this spiritual stuff to families and to who've lost children and who are at the end of their lives because of disease, or just in your normal hospice work. You bring so much comfort and enlightenment to people from all over and you know, through your TV shows and your books and stuff. I think you're just remarkable. So thank you for the work that you're doing.

1:05:43 - Maureen

And right back at you. I think you're awesome.

1:05:46 - Julie

Thank you, Alrighty everybody. How can you learn more? How can people learn more about you and your work so they can?

1:05:55 - Maureen

go to maureenhancock.com and I have an online university where you can learn about all things soul and spirit related. And I'm on Instagram Media Maureen Hancock. On Facebook, the Maureen Hancock fan page, and I'm on TikTok Carol Baskin. What's happening? Maureen Hancock? Yeah, and I do a lot of retreats around the world. I'm heading out to Portugal in a couple of days and I'm going to be in Sedona in April and May one with James Van Praag, so I love that smaller, intimate time when I get to do fun things too.

1:06:32 - Julie

Yeah, because it's all about having fun when spirit's working through us and with us. I find it's a yeah, it's all pure joy and love and fun. Okay, sending you lots of love, everybody from Sweet Home, Alabama, and from Boston too. We'll see you next time.

1:06:52 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at Ask Julie Ryan and like her on Facebook at AskJulieRyan, To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

1:07:06 - Disclaimer

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