

AJR Show Nov 14th Transcript

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Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We've got Chris helping out on the side where people want to call in. We're at AskJulieRyanShow.com and on YouTube, we're at Ask Julie Ryan. So if you're joining us on the live stream on YouTube, we're at AskJulieRyan. So if you're joining us on the live stream on YouTube, just put your question inside the chat box and put your first name and where you're located and what your question is. And we've got Samantha who's helping us there.

It's a week before Samantha's wedding, you guys, so we're not going to have her next week, so we have to enjoy her this week while we got her. So we all wish you Samantha lots of love and best wishes and may all your dreams come true, you and Tom. So, Chris, I'm ready for our first person. It looks like we've got a question from YouTube here. Put on my glasses like see what the heck I'm reading here. Zulema, hi, Zulema, hi, dear Julie, I'm Zulema from Dallas, Texas. I hope I'm saying your name right. I'm praying this time. You can scan my dear sister Letty Letty's eyes. She started losing her vision a while ago. Doctors haven't been able. I'll see the rest of it to probably to help her to figure it out, I would imagine Okay, so, Zulema, what I'm going to do is I'm going to connect from me here in Sweet Home, Alabama, and it's going to connect into you in Dallas, and then I'm going to have a hologram of you in my mind's eye and I'm going to go from you to your sister, Lettie, and then I'm going to ask her permission if I can scan her, and if she says yes, I will, and if she says no, I won't, because it's an ethical thing with me.

I could, but I won't. Oh, here's the rest of her note here. Maybe Nope, I thought that was the end of her question on the YouTube chat, but anyways. So everybody that's listening, whether you're listening live or whether you're listening in the future I want you to envision what I'm describing, because spirit sends descriptions of the healing to me in a way that I can convey it, so that we'll have a human understanding of this energy, healing that's happening. So when we all think of the same thing, then we're all sending healing to Leti and it's just like the power of prayer. So just magnifies it. All right, Zulema, here we go.

Here comes my laser beam from Sweet Home Alabama heading out to you in Dallas. Got you Going from you to your sister Letty. I'm talking to your sister. May I have permission to scan you energetically and see if we can help with your eyes? He said yes, absolutely so. Good job setting that up.

So I have a hologram of Leti in my mind's eye and I'm shooting energy from her feet up through the top of her head. It's going to her left eye first and let's see, it looks like she's got some vision on the periphery of the left eye, but the main part of her eye does not have vision. Let me look in the right eye. So I'm looking at her from behind. It's like I'm looking from behind

her head, through her eyeballs, going into the right eye Same thing. So macular degeneration is my guess that's going on with her, based on what I'm seeing. So imagine those eyes are made out of jello and imagine that I'm scooping the middle of Lettie's eyeballs out at the same time we're going to do it at the same time just for time's consideration's sake and then it's leaving a divot in the eyeball itself.

So here comes stem cell energy. Light amber color gel has sparkles in. It reminds me of dippity-doo hair gel from the 60s and 70s when I was a kid, and so I'm watching both eyeballs get filled with that. And then there's a vortex out spinning in front of each of her eyes and that's regenerating that eye tissue. In the meantime I'm in back of her eyes and I'm watching all the muscles of her eyes get tightened. Think of somebody riding a horse and they've got the horse's reins in both hands and they pull them together and hold them with one hand. They pull them tighter. That's what I'm watching happen to the muscles behind her eyes. I'm watching them get tightened because as we age our muscles get loose. So I'm watching that.

All right, now the vortices are done spinning, so now I'm looking through her eyes. I'm watching like a plastic cover it peeled off of the front of both eyes. It reminds me of when you get a new cell phone and it's got that plastic cover over the face of the cell phone and you pull it off. So those were just removed Again. These are all analogies for the healing that's happening. Now I'm watching her eyes get balanced, like with a leveler that a construction worker uses to make sure the two by four is level and they're balanced, so I hope that helps. You are a sweet sissy to call in for your sister who's having these eye issues, so I sure hope that it helps her vision.

Remember, these healings are done on the energetic level and so it's already completed in energy and then it's going to integrate into her body and that can happen instantly. It can take days, weeks, months may need some kind of complimentary care like surgery or something like that, but certainly it's always our spirit's prerogative to utilize a healing in a way that best facilitates whatever it is. We're exploring in this lifetime what our spirit's exploring, and always remember too we're exploring in this lifetime what our spirit's exploring, and always remember, too that nobody heals anybody else no doctor, no medical provider, no healer like me or any other kind of healer. We all help the person heal themselves. So I hope that helps.

Thanks for joining us. All right, askJulieryanshow.com. If you want to have a conversation with me and we're on, ask Julie Ryan. On the YouTube live stream, remember to subscribe. If you're listening via podcast, be sure. Any of the podcast networks we're on all of them. Be sure and subscribe so we can let you know when new episodes are available. And also on YouTube, be sure and subscribe and leave a review.

And also on YouTube, be sure and subscribe and leave a review, and then you're entered into a drawing for a free session with me for an hour. And also we do that once a month. And then once a month, we also are doing a drawing for a free class, one of my classes. So both of them are, you know, are terrific, and so just leave a review. Let us know what you know, let us know what you think about the show. Also, if you ever have any suggestions on who you'd like to see as a guest on the show because you know, we release three interview shows a week If you have any suggestions on guests, I love to hear those. So please put those in too. Okay, Chris, who's next? It's always fun for me to see Manuela.

0:08:50 - Manuela

Hi girl, it's a pleasure Julie. You too.

0:08:55 - Julie

How are you?

0:08:57 - Manuela
I'm okay. Thank you for asking.

0:08:59 - Julie
I'm calling in from Toronto, Canada, oh terrific, okay, well, thank you for joining us. You got a question for me.

0:09:07 - Manuela
I owe this to a good friend who actually told me weeks ago that I should try it. So yeah, I'm happy I've followed your podcast for a while, so it's terrific.

0:09:18 - Julie
Oh, thank you?

0:09:20 - Manuela
Yeah, you're pretty amazing.

0:09:23 - Julie
You too. Please thank your friend for recommending I will.

0:09:27 - Manuela
She'll be ecstatic that I made it tonight. It's my first attempt, so thank you for having me. You bet. I have a question and I would love some help from your side. I've had issues with my spine. I worked as a photographer for many years and I feel there's compression, there's arthritis and my neck in particular has been really problematic for the last maybe four years. So that's one thing, and then anything else you may see I'll love to hear.

0:10:00 - Julie
Okay, all right. Well, because it's the show and we're trying to get as many people on as possible, I only answer one question. So we're going to go to your spine, because you brought that up first. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to you in Toronto. All right, got you.

The hologram that's you in my mind's eye has been turned around. So, Manuela, I'm looking at you from behind. I'm shooting energy from your feet up through the top of your head. Okay, yeah, your spine's a little curvy, curves to the left a little bit. So imagine that there are two metal rods placed on either side of your spine and your spine's being heated with a laser to make it pliable, like a potter has clay that needs to be moldable in order to make whatever they want to make a bowl or a vase or whatever. And imagine that those two rods on either side of your spine are moving very slowly towards the middle and the one on the right now is stationary. The one on the left is moving further towards the right to get it your spine, lined up properly. Okay, it's in place. Now there's a laser that is being used to set the healing. Like, again the example of a potter with clay after they're done warming their creation, they're gonna fire it to make it solid. So there's that being done. Now I'm looking at you from the side, from your left side, and what I'm watching is I'm watching a mold that's going underneath your chin and it's pushing your head back a little bit, and then there's one that has a curve for the back part of you. So I'm watching those two molds form your neck so that that's going to be properly positioned as well. All right, heat it up those are compressing to get those and then heat it again to solidify them. Looks to me like you've got some vertebral collapse on the left side of your back. So what I'm watching are these little spacers that a tile mason would use to set tile before they pour the grout in, and I'm watching that.

You got a little bit of disc. That's degeneration happening, and so when the disc isn't fluffy, it can come out and push on nerves, which causes pain. So push that disc back in, adding a little

stem cell energy. Light amber color gel sparkles, because it's what we've got to have. Sparkles and reminds me of a watery hair gel called Dippity Doo when I was a kid. So that's happening. There's a vortex spinning outside of it, manuela, and then there's this little fine netting that's put from the upper to the lower vertebrae and that will hold that disc in place. Think of the netting that you'd use to get a goldfish out of a fishbowl or out of an aquarium. You know that really fine fishnet. So I hope that helps With that. I would continue to go to see a chiropractor. Do you see a chiropractor now?

0:13:15 - Manuela

No, I've been so afraid of any manipulations because they have been damaging in the past.

0:13:21 - Julie

Oh they have. Okay, all right, because I just watched a chiropractic adjustment happen to get everything all lined up again. So ask around, ask your family and friends and ask who has a chiropractor that they've used for a long time and that they really like and they trust, and you may want to go see them because I believe they can help. So I hope that helps you feel better.

0:13:45 - Manuela

I think so I appreciate this gift you're sharing with us all you bet.

0:13:52 - Julie

Take care, bye-bye.

Take care you too. Bye, bye, askJulieryanshow.com. If you want to have a conversation with me and we're at Ask Julie Ryan on the YouTube live stream Just put your question in the comments, put your first name, where you're located and your question, and then Chris is going to be taking from both Samantha's on the YouTube live stream to help you if you have any questions. She's our bride. Our bride is helping tonight, so, all righty, I get to go to her wedding next weekend too, so that'll be really fun. I'll have a report for you when I get back. Just saying so. Her mom's one of my best friends. Her mom and I were born in the same hospital on two days apart, and so we were in the nursery together in those plastic baskets and so, and then we met in college and she's been one of my best friends ever since. So I've known Samantha since before she was born, so it'll be really fun to watch her walk down the aisle. Okay, Chris, who's next?

0:15:04 - Julie

Hi Julie.

Julie T

Hello Julie, Thank you so much for letting me be on your show and get my questions answered.

0:15:11 - Julie

I really appreciate it, you are more than welcome, my girl. I love your name. Yeah, it's a beautiful name, it is. I'm named for my meemaw. Are you named for somebody or your parents, just like that A bumper sticker on an old truck.

0:15:28 - Julie T

There's 10 of us in the family. I think they were running out of names 10 kids.

0:15:34 - Julie

Yes, wow, wow.

0:15:41 - Julie T

I think a lot of us were named for Julie Andrews, although my Meemaw was Julia, something to do with it. That's not glamorous than my story.

0:15:47 - Julie

Exactly. I think you can change it All righty. Well, where are you, Julie? I'm in Iowa, okay, terrific. What's your question?

0:15:57 - Julie T

I've been experiencing a lot of death. You know, I don't know if I'm being asked to make friends with death or what, but I've had like eight major deaths in the last seven years, and just in the last six months I lost my husband. And then just last week, my brother-in-law and my sister had their funerals last week. They died three days apart. Oh honey. Goodness.

So it's been a lot. I guess, and I just, you know, I just wonder why you know, especially the last six months, why they went, you know, so close together and what's the message in all that? Is there a message they have for us?

0:16:55 - Julie

Yeah, absolutely. There's an old wives' tale I don't know where it originated that deaths come in threes. Have you heard?

0:17:01 - Julie T

that? Yes, I've heard that, yeah, it comes in threes. Have you heard that? Yes, I've heard that. Yeah, it comes in threes, comes in threes.

0:17:06 - Julie

And it seems to, based on my life experience, it certainly. This is an example of it. Is it your brother-in-law and your sister? Were they married or were they married to other people? Not, no.

0:17:19 - Julie T

Okay, all right, but yeah, my sisters are all very close. So you know, for my sister and I, you know, just losing our husband six months apart and then our sister, you know, and in all that, A lot.

0:17:35 - Julie

They're having a big old party in heaven. Let me tell you they're having a party in heaven together, all of them, goodness. Okay, have you read my book, angelic Attendance?

0:17:46 - Julie T

No, but someone. Just that's the reason that I checked you out. Somebody just told me about you and one thing that my husband said I was with my husband when he passed. I was thankful that I got to take care of him at home, and one of the things he said at one point was he said it's crowded. And then I found out later by someone else David Kessler, his grief work that that's a very common thing for people to say that there are a lot of people that come to meet them, and he mentioned his mother, and so it's really an honor that I was able to be there and to experience. There's just a lot of things that went along with that.

0:18:37 - Julie

Yeah Well, my book Angelic Attendance what really happens I always have fun trying to hold this in front of the camera here what really happens as we transition from this life into the next. It talks about how we're surrounded by the spirits of deceased loved ones and pets as we're transitioning. I'm trying to see and it has illustrations in it that talk about you know what the

configuration is of the angels and everybody. So if you or anybody listening wants a free copy, just go to Julieryangift.com, Julieryangift.com, and we'll send you a free digital and audio book download and please share it with all of your family members, all 10 of you, all the spouses you know, all the kids, all of them, because I believe it's going to give them a lot of comfort and a lot of information and it's going to validate the fact that your husband was talking about his mom and was saying it's really crowded, because it is crowded, there are thousands of spirits that come and are with them as they're transitioning and then they're there when they cross through the pearly gates to heaven and they're their welcome committee, welcome to heaven committee is what I call them. So I think you'll enjoy that and it's lots of wonderful stories of families with whom I've worked, and so I think it'll give you a lot of comfort.

The thing about this, too, is back in the day, I think, really until fairly recently, if your husband had told you that he was seeing his mother, most people would think, oh, it's just the morphine, he's hallucinating. But he's not. He can actually. They actually see spirits. It's like they got one foot in the spirit world and one foot in the human world. So what's your husband's name? Julie,

Julie,
Dennis,

Julie

all right.

So let's just ask Dennis. Dennis, what's up with all these people transitioning? He's saying that you all came in around the same time and so they're just done exploring whatever it is they wanted to explore. He's saying there's no big, huge explanation other than they were ready to go back to heaven. They had completed what they wanted to explore and experience. As far as a message for you and your family, with all these deaths all around this same time, is, it's giving you an opportunity to explore the spiritual side of death, about what I talk about in my book, about how we're surrounded by angels and the spirits of deceased loved ones and pets as we're transitioning, and also that they're always still around us in spirit and we can communicate with them. Have you gotten any messages or signs or anything from your husband, Dennis Like what? Give us an example, if you would.

0:21:49 - Julie T

Well, there was just like a month after he passed away. I went into a bookstore and I was really missing him that day and I walked in and there was a typewriter there and they were they would write poems for you like in 15 minutes for a donation to the Humane Society. And they gave you topics that you could pick from. And I looked at it and I said my topic is in here. I really want a poem from my husband who passed away a month ago. And the gentleman said I'll do that. He had lost his partner a few years ago, and so the woman that was with him said this one's for you. And so, anyway, he wrote this beautiful poem from my husband and I don't know why.

It didn't occur to me right away, but it was like when I was driving home.

I was like, oh my gosh, one of the things that he did when I was sitting by his bedside, when he was kind of in and out, he got up and there was like a hospital table next to his bed and and he started like he was typing and I mean like looked like he was looking at those keys, like he was so focused and typing and I said what are you doing, honey? And he was. He didn't look at me or anything, he just kept looking at what he was doing and he said I've got to get this printed off what he was doing. And he said I've got to get this printed off, and anyway. So I just know that that was somehow channeled to me and it's. It's a beautiful poem. It's just talks about,

yeah, the how every day my steps are getting lighter, that you know we just love in a different way, that you know we just love in a different way and you know we take each other with us in our hearts and that, yeah, that there's always that connection.

0:23:50 - Julie

That's making me weepy, it's making me teary. So he was typing that out to you in advance and it was kind of hanging in the ethers so that when you were led to walk into that bookstore, you know no, nothing's a coincidence when you were led to walk into that bookstore and led to ask for a poem to be written oh, my goodness, isn't that extraordinary. How wonderful.

0:24:20 - Julie T

It was quite a gift and it's just been. I don't know. There's been other things where I've just yeah, have felt like, yeah, it was a message.

0:24:34 - Julie

Yeah, absolutely it passed away.

0:24:38 - Julie T

One of the things we always did was, when it was the time was 11-11, we would always make a wish of some sort. And I remember I was walking through the kitchen and you know, just feeling that you know fog, and I just threw my hands up in the air and said I wish you well wherever you are. And I looked at the clock and it was 1111.

0:25:09 - Julie

And no, there's just, there's been several things Right, so that those are all signs, and spirits communicate in signs and symbols very easily because it's a universal language. You know, you think about, if you're in another country and you're in the airport and you don't speak the language and you're looking for the ladies room, what are you doing? You're looking for a sign of a toilet or of that universal sign of a ladies figure to go to the ladies room Same thing. So we'll get that a lot. When you said there was a typewriter, I thought, well, there are probably a lot of kids that don't even know what that is. You know, yeah, yeah, I learned to type on a typewriter in high school. I mean, I took typing in high school and it's come in so handy with all this computer stuff. Did you as well?

0:25:52 - Manuela

Yes.

0:25:52 - Julie

I did as well. Yeah, yeah. Well, he's saying he's around you. He's saying that for you to talk to him, he wants you to give him things to do, ask for his assistance, and he's saying he has lots of. He says he has lots of superpowers now that he's in heaven, so he'll be able to help you with things. And the other thing that I heard I don't know if it was from him, he's saying no is to consider framing that poem. It is framed on my wall. There you go. Perfect, Okay, yeah, Well, get my book, share it with all your family members. Julieryangift.com. Julieryangift.com and anybody listening. Please do the same. Just say you heard it on this show and Samantha will put it up in the chat. Julieryangift.com. There she goes. See, she must be psychic too. She just put that up, so I hope you enjoy it.

0:26:52 - Julie T

I will, I'm sure. Thank you so much, I really appreciate it.

0:26:56 - Julie

You're welcome. Bye, Julie, bye-bye AskJulieRyanShow.com, if you want to have a conversation with me, and we're at Ask Julie Ryan on the YouTube live stream those stories of

people, everybody that's lost a loved one. If they really think about it, they have something that happens and then they just discount it. They think, oh, that's just my imagination, I'm just being nuts. Well, no, you're not that spirit communicating with you and how you know it's coming from them is it's that first thing that comes into your head, like you see something you say, oh, that's from my grandmother or that's from my dog or whoever, and go with that first thought that comes into your head, because our loved ones and our pet spirits are always available and how we connect with them is we just think of them and that tunes our satellite dish head to their frequency and then it opens up a two-way radio communication where we can talk with them and it provides so much comfort. So, Julie, thanks for sharing those stories with us. Alrighty, let's see who's next. Jeff. Hi, Julie, karen, from Alberta Canada. It says jet, sorry, I have Hashimoto's hypothyroidism and wanted to know if you see any nodules or not. If so, are they benign? Thanks a bunch. Okay, karen, here we go, here comes my laser beam from sweet home, Alabama, heading up to Canada, heading up to you in Alberta. All right, got you, got the hologram of you in my mind's eye. I've turned it around. I'm looking at you from behind, looking at your thyroid from behind.

Hashimoto's is curable with diet Curable with diet. Most people don't know that, because most people get put on medication and they're told they have to stay on it for the rest of their life. That is not true in most cases, unless you've had your thyroid removed, obviously. But if you still have your thyroid, you can control this with diet. There's a woman named Isabella Wentz, w-e-n-t-z, I believe, and she has her doctorate in pharmacy and she's written a book about this. So look her up online, read her book. It's going to help you a lot. That's number one.

Number two what I'm watching is I'm watching a healing where there's a spiral that's spinning inside your thyroid and we're just cleaning it out. Imagine a spiral like the Milky Way galaxy spiral not a vortex, but just a spiral and I'm watching it from the top and as it comes around on the right, goes underneath the left, comes up underneath the bottom, comes up on the left side, it's throwing off this sludgy looking stuff. It looks like fudge candy when it's heated and cooked before you put it in a pan for it to solidify. That's what it looks like to me, or you could say sewer sludge, but I like the fudge candy better. And so, as that gets removed from your thyroid, your thyroid's looking pink and healthy. I can see the nodules. I see four nodules. All of them are benign. They're all pink. So I'm watching a hot wire Think of a cheese slicer, the kind that just has the handle and a wire and you can cut really, really thin slices of cheese. That's what this looks like to me. It's electrified, so it cuts and it cauterizes the same time. I always see that instrument used to remove nodules on the thyroid. I don't know why. It's just how spirit sends it to me for thyroid nodules. So watching those get removed Got that going on. Okay, I would look up Isabella Wentz.

This again is all fixable with diet. There's lots of information out there available. It's basically whole foods. Stay away from sugar, stay away from refined stuff. God made it eat it If man made it in a factory. Do your best to avoid it and your body is going to be able to heal itself and heal your thyroid when we have a situation going on that's chronic in our bodies. Once we start feeding our bodies the healthy food, then the body can concentrate its efforts on healing whatever needs it. Because when we're eating crap, you know we're eating stuff with a lot of chemicals and sugar and seed oils and junk like that. In there the body's working so hard to get rid of that stuff that doesn't have time to go after the other things that are happening. So your thyroid's been cranked back up. And if you're on medication, karen, your thyroid's been cranked back up. And if you're on medication, karen, pay attention to how you feel, because if you start feeling kind of jittery, then talk to your doctor about maybe getting your thyroid medication lowered. So I hope that helps. I hope you feel better.

Thanks for your question, chet. Wonderful. Thank you so much, Julie. I'll look her up. Blessings Right back at you, babe. Okay, askJulierianshow.com. And we're at Ask Julie Ryan on the YouTube channels. By the way, we've got Ask Julie Ryan English on YouTube. We've got Ask

Julie Ryan Spanish on YouTube Espanol. We've got Ask Julie Ryan Portuguese and in another week or so we're going to have Ask Julie Ryan German and then next month we'll have Ask Julie Ryan French. So if you have friends or family members that speak any of those languages and prefer to watch the show in another language that is maybe their native language, then we'll have those available here very shortly. But Spanish and Portuguese and English are up right now. So just trying to get this information out to help people around the world. All righty, let's see where our next lucky question asker is. Hi Tina, hi Julie, how are you? I'm terrific. How are you, my girl?

0:33:23 - Tina
I'm good, I am from Yalnai Canada. Wow, this is.

0:33:27 - Julie
Canadian night here, my gosh. I love it Wonderful.

0:33:35 - Tina
Yes, my question is can you tell me what I should be doing for a living? I'm kind of stuck. I want to do something that makes me want to be happy to get up in the morning, and I'm struggling to decide what I should be doing.

0:33:52 - Julie
Okay, so let me ask you this question, tina. It's one of my favorite questions to ask when it comes to careers, and that is if you were a trust fund baby and you had more money than you could ever spend in your whole life, what would you do for fun?

0:34:08 - Tina
I would stay home and create art all day, okay.

0:34:13 - Julie
So that's your clue of where you're being led. Okay, because when we're being led, then what happens is things are fun, they're interesting. You look forward to getting up. Before you even get out of bed, you're getting divine downloads into your head of something you want to create. So in the meantime, do you have a job now?

0:34:35 - Tina
Yes, I work for an airline. I do tech records.

0:34:39 - Julie
Okay, so keep your day job and start working on your art, and you're going to be led every step of the way. None of us are going to get a map downloaded for us Like, okay, you do this, then you do that, then you do this, then you do that. That's called a business plan and nobody ever sticks with them, no matter how big the company is or how small, because life happens. So it's kind of a waste of time. It's just for the bankers and the people that are investing, the investors and the bankers. So what you want to do is what kind of art do you do? Are you a painter or a illustrator or what?

0:35:17 - Tina
no, actually I, I can create, I can make mobiles, that type of thing, things that hang and move, cool. What do you?

0:35:26 - Julie
make them out of.

0:35:27 - Tina

One of them I did. I made them out of little corks. Another one I use CDs, I use marbles, I take trees and hang things off them and they spin and just something that's visually pleasing. You know, yeah, it's fun. It's fun, okay.

0:35:43 - Julie

So make a bunch of them, all right, so you've got a stockpile of them, and then you're, so I'm getting make 25. Make 25 to start, while you still have your regular job. So this is information coming from spirit. And then you're going to be led who to go to to market it. So you want to have samples available, you want to take pictures of them, and then you want to start going after distributors. So maybe it's somebody online, maybe it's an art gallery, maybe it's you're're saying Corks. I'm thinking I would go to one of the wine companies, one of the vineyards.

0:36:27 - Manuela

Yeah, I saw that.

0:36:28 - Julie

Yeah, and have that be part, because a lot of the times those vineyards, like in Napa and elsewhere, they'll have their wine for sale online, but they also have towels and, you know, little paintings and jazz like that and something that would be a mobile with corks would be so cool to somebody that has a wine cellar and is a, you know, a wine aficionado or wine, a wine person, and so yeah, and and like, don't stay focused on just one industry, like the marbles, I think would be fun for, like, a toy store, maybe for a kid's room, and the CDs maybe in a record store or, you know, online for people that are really into music. So, yeah, okay, so make make 25 and then go where you're led next. As long as it's fun, it's interesting, you want to know more, you want to do more. That's where you're being led. When you get an idea of who to call or who to contact about selling them, then you got to take action.

Okay, Because chances are good. Nobody's going to knock on your front door and go hey, tina, I hear you make mobiles out of corks, out of wine bottles. Yeah, I hope that helps. Look at how you're smiling now you have this big old smile on your face.

Yeah, yeah, yeah, go where you're led and how we know we're being led. Is it's interesting? It's fun? You want to know more? Yeah, awesome, thank you so much. You're welcome. Thanks for calling in. Bye, tina, okay, bye.

You know, that's so fun, and when I ask that question for people with their careers, they look at me like I'm nuts. They look at me like I'm nuts, but it always works, because if we can focus on something that we enjoy doing, then the money follows. But don't give up your day job in the meantime. You know, do it on the side while you're getting it ramped up, and then you're going to be surprised how the magic is going to unfold for you once you do that. Just stay focused on is it fun? Is it interesting? Do you want to know more? All righty, askJulieryanshow.com.

If you want to talk with me and we're on Ask Julie Ryan on the YouTube live. Remember to subscribe. We're on all the podcast networks. If you're listening on a podcast, you want to. When you get in front of your computer, go to Ask Julie Ryan on YouTube and subscribe there too and leave a review, and then you'll be entered into the drawing for a free session and the drawing for a free class and I give one of each away every month, so there's always a lucky winner. It's always fun to see who that is, so there's always a lucky winner. It's always fun to see who that is Okay let's see who's coming up next.

0:39:27 - Tina

Hi Kim, hi Kim.

0:39:31 - Kim

Thursdays have been quickly become my favorite day of the week.

0:39:36 - Kim

I look so forward to your show

Julie

oh, I'm so honored, thank you. Thank you, please tell everybody where you're located.

Kim

I'm in Vernon, Alabama really close to you.

0:39:47 - Julie

I know it.

Kim

I have an update and a question.

Julie

Yes, ma'am update.

0:39:54 - Kim

I had talked to you a few weeks ago about my friend Lee, who had you call her a twisted sister. Her hips were out of line and you recommended that she make an appointment with your chiropractor, dr Witt. He had an appointment scheduled for Monday but it was a holiday and they ended up calling and rescheduling. But she's on the calendar, so we're headed that way. As soon as they can get her in, she'll love her. She'll love her. She's wonderful. Oh, and when you did your thing to her that night she had immediate relief. She lives in a three-story house. She could go up and down the steps with no pain, for well, ever since the call so it's been fantastic,

Julie

wonderful, oh, perfect, perfect.

0:40:34 - Julie

Tell her to tell my doctor that I sent her.

0:40:37 - Kim

Oh, she is, she will. Oh, I think she actually told him when she made the appointment too. Okay, so the request I have this time is from our grandson. He'll be 10 in January. His name is Brody and he lives really close to us. He is in a little small town called. It's spelled like Detroit, but everyone around here calls it Detroit, so it's Detroit, Alabama, and he has. They've done a scan and said that it's a sludgy gallbladder. He doesn't have stones, but they said there's some kind of sludge in his gallbladder.

0:41:15 - Julie

I've never heard of that before, but I'm not a doctor. He has pain every time he eats.

0:41:24 - Kim

He's a small boy, you know. He's not like underweight, but he's definitely not overweight. He'll get so hungry and then he'll take a few bites and he's just in pain and he has to go lay down and he'll say he'll just cry, sometimes saying he's hungry, but it hurts too bad. And you know, we just kind of wanted to know can you do a scan on him? I've talked to him about you so he knows my friend Julie may be coming to check him out and just just to kind of direct us. Do

you see that it's his gallbladder? Is it an ulcer? Is it a hernia? What's going on? Because I understand, you know, when they did the scan he had just turned nine and they don't want to do surgery or anything. I don't want him to have to go through surgery if it's not necessary, but it was just basically oh, it's a sludgy gallbladder, pat on the back and send them home. But a nine year old should not be in pain every day and not be able to eat.

0:42:18 - Julie

Correct. Yes, I agree. Okay, so I do have a question for you before I connect into Brody, and that is did you start having babies when you were five? You guys those of you that are listening oh my God, she looks like she's about 20. Oh my gosh, I'm 54. Oh, wow, Whatever you're doing, I want some of it. Goodness.

0:42:43 - Kim

I have a 14-year-old granddaughter also.

0:42:47 - Kim

Oh my goodness, She'll be 14 next month. Yeah.

0:42:49 - Kim

Yeah, wonderful, you start young.

0:42:59 - Julie

You get an empty nest early and it's All right. So here we go. Here comes my laser beam. I'm going to hook into you, first from Sweet Home Alabama to Sweet Home Alabama here Got you and then going to Brody. All right, I got Brody. What does he call you? Nana, nana, nana, that's what he told me, all right. So Nana, nana, that's what he told me, all right. So I'm talking to your Nana, he goes. I know it's okay, not that he's thrilled, but he's 10 and he's a boy, right. So he's like whatever. Yeah, all right, let me get that. His belly looks like it's full of bubbles to me, so that's gas. Does he seem to have bloating and gas?

0:43:38 - Kim

When his mom gives him the pink stuff, pepto-bismol. Yes, that seems to calm it down a little bit and that was kind of what was making me think it might be an ulcer or something he's got yeast overgrowth.

0:43:47 - Julie

That's the bubbles. He's got a fermentation factory happening in his gut. So has he been on antibiotics? Has he had? No, nothing, give him anything. Do they have a mold issue in their home? No, they had any water leaks or anything. Okay, it may be. At school he's got some mold in him. I'm clearing that up. But he's got bubbles in his gut, which is yeast overgrowth. So I'm watching that get removed, because when we have yeast in our GI tract it ferments food in our guts and then it just hurts. I'm clearing out his gallbladder. What does he eat when he eats?

0:44:29 - Kim

He likes meat. You know, he's like a kid. He's going to eat chicken fingers. He's going to eat. He likes cheese, he likes meat, but that's nothing wet.

0:44:39 - Julie

No, no, no, that's good Meat is good, just be sure it's grass-fed so it doesn't have a bunch of chemicals in it. I would stay away from the cheese. I would try him on a keto diet without dairy. I would put him on a keto diet Without dairy. I would put him on a keto diet. I would do protein and fat, basically, and low carbs, because that's going to help get rid of the yeast.

The other thing is there's a medicine called Nystatin Kim N-Y-S-T-A-T-I N. It's an antifungal that kills yeast on contact stays in the GI tract. Is there no known side effects for it? Doctors don't really recommend that very often because it's an old medicine and nobody makes any money off of it anymore and they want to use like the diflucans and the fluconazole. But those are really heavy duty medicines and a lot of times they'll detox too fast and the body can't handle. So, like in Brody's case, he'll take two steps forward and five steps back and so it's from the crummy American diet and you know other factors that he's been exposed to. But he can heal from that. I think his gallbladder. He doesn't need to be scoped or anything. This is all from food.

0:46:05 - Kim

So he can, but you don't see any issues with the gallbladder.

0:46:10 - Julie

It's got some, you know, some of that sludgy stuff in it that I was talking about. It looks like fudge candy but it's still hot before it solidifies and so there's that spiral of energy that I say looks like the Milky Way galaxy that's spinning and that's getting rid of the sludge. And no, his gallbladder's fine, this is all diet related. It's all diet related. So what does he drink? Water. He loves water. Chocolate, milk and apple juice. Okay, stay away from the apple juice, stay away from the chocolate milk. No sweet tea, okay, because it's just all sugar is going to feed the yeast, all of those things. And then just have him drink water.

I would purify the water. I would get get purified water, get a purified. I use a product called aqua. True, that is reverse osmosis purification. It sits on a countertop and I'll pour tap water in there and it gets out all the chemicals and fluoride and all that other jazz that's in there. And I would have him drink purified water. I would have him do a keto diet, stay low on the food chain, and he'll heal from this.

0:47:29 - Kim

All right, great, thank you so much, I just hate to see him. We sit down for a meal, a couple bites and he's done. And he's, you know, laying on the couch in the other room. That's not the way a nine-year-old should be.

0:47:41 - Julie

No, no, the Nystatin is going to be the key. Okay, so, the Nystatin, it's just over-the-counter, it's a prescription. Yeah, that's a prescription. Yeah, okay so, and his doctor will help you. Okay, thanks, Kim. I hope he feels better.

Kim

Thank you,

Julie

you bet.

Kim

Appreciate it.

Julie

Bye, alrighty. AskJulierianshow.com. Ask Julie Ryan on the YouTube live stream, where we have the bride. So if you want to talk to Samantha, the bride can converse with her on the YouTube chat. Hi, Julie, this is from a shady. It looks like I'm probably butchering your name. And how can I win for a question? I'm new and just subscribe? Will you just type your question in the chat and I'll answer it, and then you've won? See, you're an instant winner. Ding ding, ding, ding ding, just kidding. You just put your question in the chat and then we'll have Chris

come back to you and Samantha will help you. All righty, enter to win a free session with me. Oh, leave a review of what you think of the show and then we choose. We choose somebody to leave a review.

Leave multiple reviews and then you have multiple chances to win, then we'll give away a free show and a free training. Here we go, Melinda Mel from Queensland, Australia. Hi Mel, we get to talk to you real time tomorrow, because it's already Friday. There Can you read my cocker spaniel, bonnie. She always seems to be having ear infections. We can't get on top of it. Is she happy? It's so hard to tell. Thanks, okay, I'm going to hook into you and then I'm going to hook into Bonnie. Miss Bonnie, how cute is that for a name for a Cocker Spinning those dogs with those long ears they always get.

They always get ear infections. I've had dogs like that too, and it stinks that stuff. Gosh, you got to use tissue to clean out all that stuff and then put medicine in there. All right, got you. Okay, Melinda, got you. Got Bonnie? Yeah, it went to her right ear first. Okay, I'm watching that dark stuff get cleaned out of there. I'm watching that dark stuff get cleaned out of there On her right ear. I'm watching some drops go in.

And then I just heard white vinegar. I don't know, Melinda, if that's a thing, but if it is, it's probably like a fungal infection that's in her ears. I would check with your vet and or look online for holistic ear infections for dogs. Dr Mal, my daughter-in-law today's her birthday, by the way, so everybody wish Dr Mal a happy birthday. I will ask her about that and let you know. But I just heard use a white vinegar and water solution. I heard that from Spirit. So check it out, see if that's going to help and just use an eye drop or put a couple drops in there after you clean it out and then kind of wipe it out so that it's not. You know, you don't want her ears to be wet, and then I'm watching this same thing on the left side. So let us know what you find out. White vinegar and water I heard equal parts, but just like a teeny little, I get not more than three drops in each ear.

So the Great Spirit Pharmacy in the sky is giving us a prescription for Bonnie the dog for her ears. Does she swim? If she's in water, be sure, and dry out her ears? Really good, but it's the dogs with the long ears that have a problem with that, and I know it's so hard for them. Is she happy? Yeah, she's thrilled. She loves you guys? Yeah, so if she's not sleeping in the bed with you, she'd like to be sleeping in the bed with you and if you don't want her under the blankies, let her sleep at the end of the bed. That's doable for you, but she's saying she wants to sleep in the bed with you. So if she's doing it now, she wants to continue. If she's not doing it, she wants you to let her. So I hope that helps. Thanks so much for your question. Enjoy your Friday and your weekend. Since it's already Friday down there, I think we have time for one more question, Chris. Let's say hi, Sheridan.

0:52:42 - Sheridan

Hi, Julie, long time no see. I know how are you, my girl. Well, today's a little bit of a heavy day, I'm sorry. You know, I have a lovely set of neighbors who I've known for quite some time, and Donald passed away at 1130 this morning. No, it was his wife's transport to the facility, you know, at an emergency bolt to get there. So we did get her there and she's struggling. She's alone, she doesn't have any kids, and I was just wondering if you might be able to see if he has a message for her.

0:53:33 - Julie

Sure, sure, yeah, what's her name?

0:53:36 - Sheridan

Sheridan, her name is Gina and his name is Donald.

0:53:40 - Julie

Donald. Yeah, I got the Donald. Please tell everybody where you're located.

0:53:46 - Sheridan

I'm in the San Francisco Bay Area in Castro Valley, California.

0:53:49 - Julie

Right, right, okay. So I'm gonna hook into you and I'm gonna hook from you to Donald. All right, so here we go. Here comes my laser beam from Sweet Home, Alabama, out to you. What a sweetie you are to be there for Gina and for that family. Okay, got you, Donald. So he's right next to you on your right. Donald, what do you want to tell Gina? She's the perfect wife, always, was, always will be. How sweet is that? He knows it's going to be tough. He wants her to know that he's around her. Get her a copy of my book, angelic Attendance. You know, I don't know how young she is, but she may enjoy the paper book. If you want the um, if you want the audio book and digital free copy, Julierangift.com. He's saying that's going to help her a lot. Uh, he's saying that she loves red roses and red tulips. Do you know that?

0:54:52 - Sheridan

Okay, so good to know.

0:54:55 - Julie

Yeah, good to know. He's saying if you want to do something, for do that. He's saying just your presence with her is really the biggest comfort. And she's saying that she's never going to ask for anything. So he's saying that's just not her personality. You're shaking your head, so you agree with that Absolutely Okay. So he's saying that's just not her personality. You're shaking your head, so you agree with that Absolutely Okay.

So he's saying that if you can just be there with her, just sit there. You don't even have to say anything, just be there, just hold her hand if she wants you to hold her hand. You know most people want to bring funeral food over, and how much food can we really eat and how much room is really in our freezers and our refrigerators? So you know, just ask her to go with you to do things, get her out of the house. When we ask our friends and family who've lost a loved one, what can I do for you, they don't even know what you can do for them. So just if you think of something to do for her, do it, because that's going to be divine guidance there.

0:56:08 - Sheridan

You're a triangle of neighbors who were sort of just. You know we've moved in, we have a text going to where we are in communication about how to surround her and how to support her, because we all know she won't ask. Yeah.

0:56:26 - Julie

He's telling me there's a song called Rock-A-Bye Baby. I don't know what that song is. I said, like you know the lullaby, you know baby, rockabye Baby. That lullaby he's going. No, he's saying it's like a rock song. How old was Donald when he passed?

0:56:50 - Sheridan

He is early 80s. I think he was 82. Uh, he is early 80s.

0:56:54 - Julie

I think he was 82. So like a like a 50s rock song rock, you know Elvis rock and roll, that kind of thing.

0:57:00 - Sheridan

Look it up he's saying Gene Autry, maybe, or because she was telling me. I asked her, I said are you playing music for him or you know something soothing? And she said well, I took, you know Gene Autry and you know his music that he really loved. So that's what she was playing in the room. So I don't know. Maybe that will mean something to her, maybe she will know.

0:57:24 - Sheridan

So that's you know. That'll be conformational for her, I'm sure.

0:57:28 - Julie

Confirmational for her. So look it up and see what it is, and then you know how. You can look on YouTube or whatever, and they'll have a version of it that you can download. And you can download it on your phone and just say he's sending that, he's also sending you red roses and red tulips to, and look up the meaning of those. You know what's the spiritual significance of those. But anticipate her needs, he's saying don't let her stay in the house by herself, because she's going to want to isolate, because she doesn't want to impose on anybody. So he's saying, even if you're going to the grocery store, make her go with you.

0:58:14 - Sheridan

You don't make her do anything, but I'll suggest. You know we've done a couple of outings, so yeah.

0:58:20 - Julie

Yeah, yeah, suggest that he's saying. He's saying that's the biggest thing is companionship, because she's gonna, she's gonna isolate and it's not going to be good for her. Are they going to do a memorial service of some kind for him?

0:58:34 - Sheridan

You know I asked her this morning. She she's recently been in touch with a new rabbi. They were sort of you know, a little bit removed, but she's reconnected and so I'm I'm hoping that she touched face with him today on the car ride over. I said I'll be called your rabbi and she said no. And I said it's okay, first time Go ahead and call him.

0:59:00 - Julie

And he's saying that if you guys like the neighbors and maybe another couple of close acquaintances or family members or others, just do something small, because he's saying she's not a big whoop-dee-doo kind of his words, exactly, she's not a big whoop-dee-doo kind of gal. Is that true?

0:59:21 - Sheridan

Yeah, yeah, that she's going to be. They were in a pod. It was just the two of them. They didn't have children. Her family's in LA, so yeah, we're worried.

0:59:34 - Julie

Yeah, yeah, so just be around her. Yep, that's the big thing.

0:59:41 - Manuela

Can do?

0:59:42 - Julie

And invite her if she doesn't want to do something. He says she'd rather do something during the day than at night. Yeah, so do something during the day, and it doesn't even have to be taking her out to lunch. She's very chatty, by the way. Tell her he's very chatty.

0:59:59 - Sheridan

Oh no, I know that.

1:00:02 - Julie

Yeah, yeah, yeah. Well, spirit's still really chatty, and so he's saying that you don't have to take her out to lunch, where you're just sitting across each other and trying to get her to engage in a conversation. He's saying take her to a movie, take her to a play, take her to some kind of a concert or an outing where you can just go and be with her and she doesn't really even have to talk if she doesn't want to. Yeah, so I hope that helps, yeah.

1:00:38 - Sheridan

Now I'm going to show her this, and I'm sure it will, because I think you know, like everybody, she just, she needs confirmation, she needs to know that he is just and he's just wave. Now he's not particle, he's wave, he's in his energetic signature.

1:00:58 - Julie

There's an analogy that I heard from Spirit a long time ago and it's coming to my mind right now, Sheridan, and I'd love to share it with you. Explain to her like in the old-fashioned emergency rooms when they'd have a whole bunch of beds and they'd have those drapes that would go around the bed, and when the drape was open you could see the patient that was on the gurney next to you. But when they pulled the drape you couldn't see the patient anymore. But the patient was still there. You just couldn't see them.

Tell her that's how Dennis is now. He's there. She just can't see him like she did when he was alive. She may see him out of the corner of her eye or she may see him in her dreams, and that's another thing you can suggest to her is to ask him to visit her in her dreams, because when we're in deep grief it's a low vibration and spirit doesn't communicate on the I feel crappy channels. You've heard me say that before. So ask him to come to her and her dreams, because when we sleep our brains rest a little bit and we're not overanalyzing the daylights out of everything, and also we all go back to the factory preset frequency level of spirit every night when we sleep, so you can suggest that to her as well.

1:02:24 - Sheridan

I just want to tell you that I was led to you today because I was thinking. I thought, Donald, you know, give me a sign, Tell me what to do. Let me know, you know, give me a sign, Tell me what to do, Let me know. You know how to convey to her that you're okay. And then it popped into my head instantly Julie Lyon's show is tonight.

1:02:43 - Julie

I'm calling in, oh, and you got on With all the people that are trying to get on. You got on, so no coincidence.

I've been led. You've been led. Darling, you're talking like a southerner. Now Donald's got you with the accent in the whole nine yards. Yeah, you're a sweetie, for her. You're welcome, honey. You're a good girl to be giving her that kind of comfort.

Sheridan

God bless you for doing that. We're all together.

Julie

I agree, absolutely, get her my book

Sheridan

Will do.

Julie
Alrighty Bye, Sheridan.

Okay, everybody. That's it for this week. Always go so fast and we try and get as many people on as possible. So if you wanted to get on and we didn't get you on, call back in next week or join us on the YouTube live and I will get as many questions answered as I can. In the meantime, have a wonderful weekend, terrific week, sending you lots of love from Sweet Home Alabama. We'll see you next time. Bye, everybody.

1:03:47 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at Ask Julie Ryan and like her on Facebook at AskJulieRyan, To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

1:04:02 - Disclaimer

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