

## AJR Show Oct 17th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan Show. It's so fun to have you here with us this evening. We've got Chris that's going to be bringing everybody in. We've got people on the YouTube live. We're at Ask Julie Ryan and we've got people calling in and we're at AskJulieRyanShow.com. So if you're joining us from the YouTube live stream, we've got Samantha helping us from my team that's helping us this evening. Please put your question in the chat and put your first name and where you live, where you're located, and then your question, and then we'll be taking people from both places.

Okay, so a couple of announcements. We still have people signing up for the Angelic Attendant Training. It's in less than two weeks, you guys. It's November 1st through the 3rd and actually it's about two weeks I think it's two weeks from tomorrow is when it starts, and so we've got two people that signed up today. So we still have room. So come join us. Atlanta, Georgia, November 1st through the 3rd. If you can't spend the whole weekend with us for the training, but you want to come just for the live show on Friday night, you can do that. You can sign up just for that. Just go to AskJulieRyanc.om and click on the Angelica Tendon Trading and all the details are there. We're going to be at the Kimpton Hotel adjacent to the airport. We've got a free shuttle. Atlanta is the busiest airport in the world, you guys, so everybody can fly into Atlanta. We have people coming in from other countries too, so it should be really fun. That's number one.

Number two please subscribe to YouTube. I need your help. I'd like to get the subscription numbers up so we can get this information out to as many people as possible. That's how the YouTube algorithm works, is it spreads it, and people tell me all the time that they listen to the show and whatever's ailing them. A lot of the time, they'll get it healed just from listening to the caller and to the healing that happens. So please remember to subscribe at Ask Julie Ryan on YouTube. If you're on podcasts, listen to us on podcasts, subscribe there too. Now, next week, on Thursday, I'm going to be giving away a free class and you have to be a YouTube subscriber and leave a comment about the show or anything you wanna talk about. Usually, we'll choose somebody that leaves a comment about the show and you may be the lucky winner, but you've gotta subscribe on YouTube and ask Julie Ryan. So okay, chris, I'm ready for my first caller or questioner, youtuber or somebody calling in.

0:03:34 - Amy

Hi Julie, hey Amy, how are you Good? I'm in San Diego and that's California for people around the world. And that's California for people around the world. Yeah, what's going on? It's cooler. I'm not into the winter gloom, I'm not ready for winter. I have to be honest, I love my sun, but today was pretty nice, you know, terrific, yeah, great. Well, you got a question for me. Yeah, we're working on the colon and I haven't gotten the colonoscopy. I'm scheduled Tuesday and I may postpone it. I like that. They want to do more calling. Like you know, I've really prepped

my mind to do it. It may be a few weeks, but what's going in my column? What are those masses about on my belly?

0:04:18 - Julie

Okay, you have masses on your belly and you're going to get a colonoscopy, so you want me to scan your colon and your belly.

0:04:23 - Amy

Yeah, yeah, scan my. What is this?

0:04:28 - Julie

All right. So you have, you can feel them from the outside, or it's just showing up on scans. Oh yeah, I can see them. They're lumps. Okay, you got lumps in your lower abdomen, yeah.

0:04:38 - Amy

One on the right, on the left, the one on the right is larger.

0:04:42 - Julie

Okay, all right, let me get you on my radar. For those of you that are just joining us for the first time. How this works is I raise my vibrational level to level of spirit. I'm going to watch a laser beam come from my body here in Birmingham, Alabama. It's going to hook into Amy out in San Diego, and then I'm going to have a hologram of her in my mind's eye and it's going to be as if I'm looking at an x-ray or a CT scan or an MRI. Something's going to be identified and then, immediately thereafter, I will talk about what I'm seeing.

As far as the healing goes, amy and the healing happens on the energetic level it's going to integrate into your body. That can happen instantly. It can take days, weeks, months may need some kind of complementary care, like a colonoscopy or some other kind of procedure or medication or something like that. But I think it's always important to remember that nobody heals anybody else. We all heal ourselves, and so what I'm doing is I'm in these energetic healings. I'm raising the vibration for you, helping you raise the vibration to complete health, and it works really well, as you know. I know you've listened to the show for a while awesome, so we're gonna do that. Yeah, sometimes my analogies are hilarious and they I don't try for them to be funny, that's just how they come into my head. And the reason why I use so many analogies and visuals for what I'm seeing in my mind's eye is because, if you can picture it, it's going to help integrate the healing into your body, because the body is always going to follow what the brain tells it, even if the brain doesn't believe it to be true. And I think a great example of that is think of a time when you were watching a sad movie or a sad scene and you found yourself crying watching the movie, even though your brain knew it was pretend, but the body was reacting. And that's how this works.

One last point everybody that's listening or watching please envision what I describe, especially in a healing, because then we're all sending healing energy to the person who's calling in. And, as I mentioned earlier, a lot of people email me and say, oh my gosh, you know Amy called in, she had this thing going on. It was just like what I did and I received a healing just from listening. So so that's how it works. All right, here comes my laser beam from sweet old Alabama heading out to you and San Diego got you All right. The hologram of you that's in my mind's eye has been turned around to the back so I can see what's going on from behind. It looks ovarian. On the right to me it doesn't look like it's in your colon, it looks like it's in your ovary. You still have your girly parts, it looks like to me.

0:07:40 - Amy  
Yeah, yeah.

0:07:41 - Julie

Yeah, so I'm encapsulating it. When I say I, it's spirit working through me and with me to help facilitate healing. So whenever I see a tumor, it looks pink. It doesn't look malignant. It looks pink. Malignant looks either brown or black and it doesn't have a constant circumference to it. Think of a head of cauliflower. It looks kind of lumpy is what cancer looks like to me, and these are smooth and they're pink on the right side. So you're growing some stuff on your ovary, but it does not look malignant to me. Now I still want you to get it checked. But it does not look malignant to me. Now I still want you to get it checked. Yeah, but it doesn't look malignant.

I'm watching a plastic bag encapsulate the tumor and it's being removed. I always watch tumors get encapsulated, whether they're malignant or not, because we're trying to contain those cells there. So I'm watching that get removed. Okay, let's go over to the other side. Looks like the left ovary is affected as well. Again, that one looks more suspicious to me, amy, that one's got some discoloration on it. So I'm watching again, watching it get encapsulated. The left side of it is discolored. That one would give me cause for pause. I think you need to absolutely get these taken care of and so, encapsulated, removed, let's do a lymph cleanse, let's do a lymph node cleanse, let's do a DNA healing. So lymph cleanse. Big pneumatic tube looks like a vertical oval. It's inside your body, it's on the front side of your body, all your lymph fluids going in there. Lymph fluid looks like an amber color to me, it's kind of globby Reminds me of the fluid inside a lava lamp back in the day and so it's spinning in a clockwise direction and there's a hole that's open on the bottom of each of your feet, amy. So all the toxins are coming out the bottom of your feet. It's like we're doing our reverse osmosis purification procedure on your lymph fluid, like what they do with purified drinking water in a bottle. Now there's a big metal dome that's come down on your body. It's pulled. When it pulls off, it's pulling out all of the lymph nodes that have sequestered toxins. Lymph nodes look like little D3 capsules, vitamin capsules, and when they've sequestered toxins they can either be brown or black inside of them maybe, so as that dome think of a metal dome that goes on a plate of room service food in a hotel like a fancy hotel right, and when that comes off, it pulls out those lymph nodes that have sequestered toxins and they're doing their job. So you're being sprinkled with stem cell energy now light amber colored gel sparkles reminds me of Dippity Doo hair gel from the 60s and 70s and we're regenerating new lymph nodes with the stem cell energy. And you have vortices now above your head, beneath your feet, on either side of you front and behind all spinning concurrently. That's generating new lymph nodes.

Last thing we're doing is we're doing a DNA healing. Dna is, of course, the recipe that tells the cells how to behave. It's comprised of four nucleic acids. The letters that represent those acids are A, t, c and G, like green, and one strand can have 100,000 letters on it can have a billion letters. And the strands of DNA, amy, look like pieces of paper. You'd see inside a fortune cookie with a fortune written on it. So I'm watching those letters get rearranged, like moved up and over to resequence. You have seven strands that have come out that are being resequenced and then, once it's resequenced, it snaps back into an X chromosome Because, remember, girls have two Xs and boys have an X and a Y. So, all right, those are all done. The seventh one just went back in. It's very common that I'll see seven strands come out of an X chromosome when cancer is an issue. So I think this warrants you getting checked and I believe you'll make a complete recovery from anything that you have done.

Well, thanks, I hope you feel better and let us know how you're doing. Thanks, Amy, all righty. Askjulierianshow.com. If you want to have a conversation with me, if you're coming in on the YouTube live stream, we're at AskJulieRyan. Just put your question in the chat. Samantha will help you put your first name and where you're located, because we always love to hear where

you guys are joining us from. It makes it extra fun. Remember to subscribe. Share this with your family and friends. So let's see who's next.

All right, we got a question from YouTube. Let's see. This is from Terry and Terry says Hi, Julie, terry, from Duluth, Minnesota, can you scan and see if something's going on in my brain? I'm getting way too many headaches and ringing. Thank you, I give permission. Okay, terry, what Terry's talking about is that if I'm going to scan somebody else, like if Terry wanted me to scan a friend or a family member, I would always ask that other person for permission to scan them. I assume you give me permission if you're calling in or submitting a question. That's really cute. Okay, here we go. Here comes my laser beam from sweet old Alabama heading up to you in Duluth. Okay, got you Shooting energy from your feet up through the top of your head going into your brain.

I'm looking at you from behind. The brain looks like thick cooked oatmeal to me and you've got scar tissue in there which looks like chicken cartilage, the kind that you'd see inside a chicken breast, with the bone in that white flexible stuff. And so I'm scooping that out. You've got it in several places. Imagine when you take a big spoonful of oatmeal, it leaves a divot in the cereal itself, and so that's being filled with stem cell energy to replace that brain matter.

And have you been in a car accident? Did you play sports? Have you fallen? Were you a cheerleader? What's going on with the scar tissue? Even if we're in a car accident and we don't hit our head on something, just think about the impact. You know right, the impact happens. The brain's not solid inside the skull, so it slams up against the bony skull and then it kicks back. Well, even if you don't have a headache or something that can cause a concussion.

That causes scar tissue, and the reason why we always remove scar tissue is because it can occlude neural pathways. Neural pathways in the brain look like laser beams as part of a security system that crisscross a room, like in a museum or in a home or an office building. You know, if you think of like the Ocean's Eleven movies, you know what do they do when they're trying to rob something. So they're crawling under the laser beams and jumping over them and all that kind of stuff. Those laser beams can get occluded by the scar tissue. So I'm getting that removed and, all right, your neural pathways are all lit up in your brain. I am seeing a little bit of mold exposure in there too, Terry. So I'm taking your brain. I am seeing a little bit of mold exposure in there too, Terry. So I'm taking your brain again, spirit working through me and with me, taking your brain out of your body, putting it on a countertop like I'm rolling out sugar cookie dough and irrigating the mold out of those little nooks and crannies in the brain. If you look at a model of the brain, it's got lots of little crevices and stuff and then your brain's back in your body. We can't do that in the operating room, but I can do it with woo-woo. So there you go. So I hope that helps. I hope you feel better.

Thanks for your question, askjulieryanshow.com, if you want to have a conversation with me, and we're at Ask Julie Ryan on the YouTube live stream. So let's see who the next lucky person is.

Hi, Wayne,

Wayne  
hi, how are you?

Julie  
I'm wonderful. How are you, sir?

Wayne  
I'm so good, terrific.

Julie  
Where are you? Where are you located?

Wayne  
I am in Dallas, Texas,

Julie  
oh, the big D.

Wayne  
Yeah, I was curious if you could scan my mom, who actually lives in Toronto, Canada. Yeah, she's going through her cancer stuff and it would just be interesting to know kind of what state she's at if you were able to see that.

Julie  
Sure, what's her first name?

Wayne  
Marti,, m-a-r-t-i., her legal name was Martha, but she goes by Marty.

Julie  
Yeah, I had an Aunt Martha who went by Marty when she was young and then when she got older they called her Martha. I don't know that she liked it so much that's what they called her.

Okay, here we go. I'm going to hook into you, Wayne, in Dallas, and then I'm going to go from you and I'll watch my laser beam go up to your mom, Marti, in Toronto. So here we go, comes my laser beam Head west on Interstate 20. I jump on Interstate 20 at my house and be at your house in about six or seven or eight hours, depending on where you live in the Metroplex. So got you, okay, heading northeast a long way up to Toronto. Got her.

She's in phase eight of the 12 phases of transition. So what we're talking about for those of you that don't know, as we're nearing the end of our lives, we're surrounded by angels and the spirits of deceased loved ones and pets, and the configuration as the person's getting closer to death starts out in a circle around the person, then it opens into a horseshoe and then eventually a straight line across. Let's say, if somebody's in a bed, and so phase eight is she's, you know she's two-thirds of the way through and she's surrounded by angels. We've got the horseshoe going. Her spirit's out of her body. It looks like a cartoon caption bubble that you'd see in a speech bubble, with the cartoon character's thoughts or words are.

So there are three things I always ask people when they're in the phases of transition, Wayne. The first thing is are you ready to go? She's saying, yes, she is. Has she told you guys that, that she's ready to go? Okay, are you in? She's at peace with it? Okay, are you in pain? She's saying at times she's in pain. Is hospice involved? Yeah, palliative care, yeah, and hospice, all right. Is she in a facility or is she at home? She's still at home right now. Yeah, okay, good, wonderful, okay.

And then, Marti, what do you need for my kids to gather around? Do you need them there in person? She's saying that would be nice, but she understands if you can't be there in person but come in on a Zoom or on a FaceTime. So, do you have siblings? Yeah, one who lives close to her. So, yeah, okay, are you planning to go up? Yeah, I've been going about once a month,

so I might need to get up again. Yeah, I think sooner than later I would go up, just to you know. She said, to gather around. That's really sweet that she's doing that and it's a glorious thing.

Has she talked about seeing deceased loved ones' spirits or seeing angels or anything? No, is she able to talk? Is she able to converse with you guys? She is, yeah, it would be interesting to ask her about that. I'm not sure if she would say that, if she would tell me out of the blue, but it'd be interesting to have that talk. Yeah Well, hearing is the last thing to go. So I have a suggestion for you. She's probably not going to read a book, but Angelic Attendance, my book. What happens as somebody transitions from this life in the next. I'm always trying to figure out how to put this so people can see it. Anyways, if you go to [julieryangift.com](http://julieryangift.com), you can download anybody listening julieryangift, or go on on [AskJulieRyanc.om](http://AskJulieRyanc.om). On the homepage there's a button and you'll see. You know, get a copy of Julie's book. It's a free download. It's digital and audio book. You may want to send that link to your sister and have your sister play the audio book for her. Beautiful.

And have your sister play the audio book for her. Okay, beautiful, because there are many families that read Angelic Attendance to their loved one at the end of their lives or play the audio version audio book version and it just gives everybody so much comfort, including that person who's dying. So how are you holding up? I can tell this is really hard. Yeah, yeah, yeah. What can we do to comfort you? Have you read or listened to Angelic Attendance? No, I will. Yeah, listen.

The audio book's like only three hours and I wrote the book so that it'd be short because you know you're going through that with a loved one. You don't have time to read a 700-page book, but it's got drawings in it of the different phases and you know throughout, and so you'll see what's going on. You'll see what's going on. The other thing too, Wayne, you may want to do is if you go back on my website, [askjulieryan.com](http://askjulieryan.com), there's a free download of the 12 Phases of Transition chart. It's an illustration. Download that, save it on your phone in the pictures and then just ask in your head what phase is mom in, and you'll hear a number fast as you can snap your fingers and then you can refer to the chart and it'll give you an idea of what's going on. And people use that all the time and find it so helpful, especially when they live far away, like you and you know, have to travel and take time off, work and all of that. So I hope that all helps. It helps very much, thank you. Thank you, you are most welcome. Good luck with all of it. Look for little miracles along the way, because they'll be plentiful.

Wayne  
Okay, take care.

Julie  
Thanks, Wayne. We're at [AskJulieRyanShow.com](http://AskJulieRyanShow.com) If you want to have a conversation with me. We're at Ask Julie Ryan on the YouTube live stream so you can put a question in there. I just need your first name and where you're located and what your question is, and we'll be taking questions from YouTube as well. We have Miss Samantha, who's going to be a bride next month. You guys and I get to go to her wedding, so that will be really fun, looking forward to that. And Chris has already been married. He's got three groomed kids, so he doesn't get to be a groom anytime soon, so let's see who's next. All right, we got another YouTube question. This is from Chris. Listen to you on Amelia's show today, loved it so much.

May I ask my guardian angel's name. Okay, what I heard, Chris, was Bertha B-E-R-T-H-A Bertha. Right when I was reading it I heard Bertha in my head, and you know I always say it's that first thing that comes into your head as fast as you can snap your fingers, or sometimes even before. So, Bertha, is that really your guardian angel's name? That's what your guardian angel told us, that it wanted you to call it. Remember, angels and no spirit has a gender, it's just energy.

And long ago, when I'd ask guardian angel names, they'd give me these names that were like 15 letters and they were all consonants. I'd say, how am I supposed to pronounce that? There are no vowels here? And so I asked them if they could just give me an easy English name to pronounce and remember. So your guardian angel's name's Bertha.

I would look up the meaning of Bertha too. It's really fun to do that when we get our angel's names because you know, every name has a significance and a lot of times that's kind of a hidden clue that we can have there. So she goes, she's saying oh my gosh, so funny Will do. She'll look up Bertha, look it up and then, or Samantha, look it up and put it in the chat so we can see what the spiritual significance is of Bertha. That's always fun to do too. So keep in mind, too, that our guardian angel stays with us throughout all of our lifetimes and also when we're in heaven in between lifetimes, which I think is really cool. So you know, they know a lot about us because they're with our spirit through all our lifetimes. So I hope that helps. All righty, let's see who's next. Hi Ashley, hello, how are you? I'm wonderful. How are you? Good thanks. Terrific. Where are you? I'm calling from Ottawa.

Ottawa. All righty, Canada, terrific, you had a question for me.

0:26:32 - Ashley

Yep. So our father is in sedative palliative care at the hospital and we're just wondering if he needs something to be able to cross over. You know.

0:26:42 - Julie

Okay. Like what stage he's in, or whatever you think. Yeah, what's his first name? Jim, jim. All right, and is he there in Ottawa with you? He's in Ottawa at the hospital. Yeah. Okay, all right. Is he able to communicate with you guys? Is he verbal still? He makes little noises here and there, but not really.

Okay, all right, here comes my laser beam from Sweet Home, Alabama heading up to you in Ottawa. All right, got you Going over to Jim, got Jim. He's in phase nine of the 12 phases of transition, what I was just describing with Wayne, our last caller. So, like what I was saying with him, have you read Angelic Attendance yet? Not yet. No, my book, okay, askjulieregift.com Anybody listening? Askjulieregift.com. Or go to AskJulieRyan.com it's on the homepage and just click on. You know, receive a free copy and it's a digital audio book and digital. It's a free, digital and audio book is what I'm trying to say, and download and then listen to that will help.

I think it would make a lot of sense to play it for your dad, like we talked about for Wayne to do with his mom, Marti, and it's going to give the family so much peace and comfort knowing that he's surrounded by angels and deceased loved ones and all of that.

Phase nine is interesting because between phase nine and phase 10, that bubble, that spirit bubble that I was talking about with Wayne, the spirit exits through the top of the head and it hangs onto the top of the head in a cartoon caption bubble or a spirit bubble, a speech bubble how about that? And then, around phase nine or around phase six, there are extra angels that come in and they're on either side of that spirit bubble and then, between phase nine and phase 10, their wings have started moving since phase six and they create a vortex that helps the spirit evacuate from the body. And this vortex, it's really interesting, Ashley, because we can see it, we can hear it, we can feel it, and it reminds me of driving through the car wash at the end, you know, when they turn the dryers on and it sucks all the water up off of your car. That's what it feels like. And then those two angels on either side of the spirit bubble are going to escort your dad to heaven.

0:29:21 - Ashley

So Can you tell me, like, if he needs anything before to help him pass over?

0:29:26 - Julie

Yeah, let's ask him the three questions Jim, are you ready to go? He says absolutely. He said that's pretty definitive, absolutely. Are you in pain? Not at all. So they're managing his pain. Well, what do you need Just for them to let me go? Okay, so who hasn't told them that it's okay for him to go on to heaven? Think about that. Ask around in the family and you guys all say, hey, dad, you know it's fine, is your mom still living? Yeah, my mom, my two sisters my brother.

Hey, dad, it's fine for you to go on and go to heaven. We're going to take care of mom and you know, please visit us, let us know you're around us and all of that. He's waiting. He's waiting for permission to go from some of you, or maybe, maybe just one of you, so make sure everybody says that to him. You're going to be surprised at how often that's the case at the end, okay, yeah, so look for little miracles along the way, because they're always there and they help us get through this. So I hope that helps. Thank you so much, you bet. Share the book with you. Know, share the link with all your family members.

Okay, all righty, bye Ashley. I really appreciate your time. Take care.

Oh, you're so welcome. Yeah, absolutely, all righty, askjulieryanshow.com. We're at Ask Julie Ryan on the YouTube live stream as well. So, okay, what's we got, Chris?

Spiritual significance of the name Bertha oh, I love this. Deriving from the Germanic element Beret, meaning bright or shining, the name Bertha carries a strong symbolic. Okay, Chris, let's see what the rest is. Significance of radiance and enlightenment oh my God, how perfect is that for a guardian angel name. When I heard Bertha I was kind of laughing, but how perfect is that. You know somebody that's radiating enlightenment and you know, and probably grace and everything else. I love it.

So, your guardian angel's Bertha, whatever name we come up with for your guardian angel, always look it up, because there's oftentimes more significance than meets the eye. And same thing with symbols. You know, if you are seeing bluebirds or cardinals or strawberries or whatever, that's often there are more meanings to it Different flowers, butterflies, whatever. Just look up what the significance of it is. And oftentimes there's even another message there for you, because spirits communicate in signs and symbols, and words too. You know, when you've taken one of my classes and you get really good at this, which everybody has the ability to do, you know, you just ask your loved ones something, and then it's the first thing that comes in your head. Just trust it. There's no reason why anybody can't do this. Everybody can. We all come in with the ability to do this. Okay, let's see who's next. Hi Krishna, how are you,

Krishna  
Hi Julie.

Julie  
How are you doing, girl?

Krishna  
I'm okay. How about you?

Julie  
I'm terrific. Thanks. Where are you



0:33:02 - Krishna  
Fresno, California, Fresno

Julie  
Okay, terrific, you got a question for me.

0:33:05 - Krishna  
Yeah, do you have any messages from the other side?

0:33:09 - Julie  
Yeah, who do you want to talk to?

0:33:11 - Krishna  
Either my dog or my husband.

0:33:13 - Julie  
Okay. Well, what's your husband's name? Let's take him first.

0:33:17 - Krishna  
Richard.

0:33:18 - Julie  
Richard? How long has he been gone, Krishna?

0:33:21 - Krishna  
Four years almost.

0:33:23 - Julie  
Oh, what's his name? His name's Richard. What's your dog's name?

Krishna  
Lollipop,.

Julie  
Lollipop  
Oh, how cute is that, aren't you creative?

Krishna  
Thank you,

Julie  
Okay, lollipop is with him. He's showing me, you know, like in the circus they have dogs that jump through rings that look like hula hoops. He's showing me Lollipop jumping through rings, me lollipop jumping through rings, like a rings down and lollipop jumps through it and then turns around and he puts the ring ring back down. He raises it up and then he puts it back down and lollipops jumping through their rings. How, I don't know, did lollipop do that? Was lollipop a girl? Did she do that when she was alive? Did she? She like to jump? I don't think Jump on things.

0:34:14 - Krishna  
She would jump on his lap when he was standing.

0:34:16 - Julie

Yeah, yeah, he's teaching her tricks. I'm sure she didn't perform in the circus, but that's what it reminds me of. How fun is that. Okay, is there something you want to say to Richard? Just to start the conversation for a minute or two.

0:34:30 - Krishna

Were they in a lot of pain.

0:34:33 - Julie

Who's they? He and the dog.

0:34:35 - Krishna

Yeah.

0:34:37 - Julie

Were they in a lot of pain? The dog was not. He was, yeah, he was. Was he ill at the end?

0:34:47 - Krishna

Yeah, so was she Both of them.

0:34:49 - Julie

Okay, yeah, he's saying that he was in pain, but she wasn't that much at the end, and is there anything that I could have done to help them? Absolutely not, absolutely not. He's saying you're not that powerful. Nobody is Nobody's that powerful. We all decide where we're born, when we're born, to whom we're born, the circumstances into which we're born, same thing. When we exit, when we go where we go, who's with us or not? What those circumstances are. Did he have cancer?

0:35:25 - Krishna

Yeah.

0:35:26 - Julie

Yeah, that's what he's telling me. He's saying it was really painful, but he's saying that it wasn't your fault, it was that he just wasn't medicated enough. And he's saying it was a catch-22, because he's saying he didn't want to be so medicated that he was incoherent and so he didn't really want to be in pain either, but he didn't want to be knocked out. So he's saying that you know it was good. But he's talking about how, when he was going through the vortex, Krishna, he's saying he's talking about the colors that were in the vortex. And he said that they, it looked like he was in a kaleidoscope that was twirling around him. It looked like he was in a kaleidoscope that was twirling around him. He was, you know, he was not twirling, he was going straight.

But the vortex that helps the spirit evacuate from the body and he's talking about that there were more colors than he ever imagined before. And he's saying you know what a kaleidoscope is? You know, you look in that and you can twist the end of it and they're like little tiny mosaics of different colors in it. He said that's what it looked like little mosaics of color that were small. And then he said, as he got near the top of the vortex that the colors were starting to swirl. They were, oh you know, like rainbow sherbet, where they'll take the colors and they'll swirl it through the sherbet. Or if you put the food coloring and icing and you swirl it, you know, you can make swirls of colors. He's saying that's what was so cool, because when he was in it swirls of colors. He's saying that's what was so cool because when he was in it, was he an engineer or something? I mean, he's very, very detailed about this.

He was smart, but not an engineer. What did he do?

0:37:23 - Krishna

All kinds of stuff. I mean he was very techie but he never got the education for it.

0:37:29 - Julie

Okay. So techie that's the word I'm looking for, because he's describing it in detail. He's saying the colors are these little like mosaic pieces, and then, as he got further in the vortex, that they started swirling together and it was just beautiful. So he's around you all the time and he's saying that you need to take a sweater with you when you go to restaurants because you get cold. Is that true?

0:37:57 - Krishna

I do get cold, but I don't go to restaurants.

0:38:00 - Julie

All right. Well, maybe you're going to be going to restaurants Because, remember, when we get information from spirit, it may make sense to us at the time, it may make sense to us at a later date when we think about it, and sometimes it pertains to things that haven't happened yet. So my bet, as a betting woman I'm just kidding is you're going to be going to a restaurant and you want to take a sweater with you because you may get cold from the air conditioning. So I hope that helps.

0:38:29 - Krishna

Well, thank you, Julie, I so appreciate your help.

0:38:32 - Julie

You are so welcome. Read my book Angelic Attendance, [julieryengift.com](http://julieryengift.com). Go get a free copy of it. Let's see if we can get another caller on.

All right, Charlene, hi Charlene.

0:38:46 - Julie

How are you?

Charlene

I'm good, how are you

Julie

Perfect. Where are you?

Charlene

I'm in Alberta, Canada.

0:38:53 - Julie

Gosh this is like a Canadian show tonight. Welcome, thank you. How may I help you?

0:38:59 - Charlene

Oh, Julie, I could go on, I could ask you a bazillion questions. This stuff fascinates me. I kind of got first open last year.

0:39:11 - Julie

Well, schedule an hour. I have, yay, but I'm not in until next August. I scheduled it today actually. So you know the drill right. You get on my calendar whenever and then in your

confirmation email there's a reschedule button. Click on that periodically when you think about it, and oftentimes you can get in in a matter of days or, you know, get in way sooner. So I.

0:39:30 - Charlene

I think everything happens for a reason, because the date that was open actually happened to be my birthday and I thought okay, this is really meant to be. Oh, my gosh, I love it.

0:39:37 - Julie

Yeah, all right okay great well in the meantime, you got a question for me um.

0:39:43 - Charlene

I have three things and I'm gonna let you pick um no, you pick you pick okay, let's just go with myself then, since I'm on here with you. I've been struggling with bladder urgency forever and constipation, and I think they kind of go hand in hand.

0:40:00 - Julie

I agree, okay, so it doesn't hurt when you urinate. It's just just like you got to go a lot. Yeah, when I got to go.

0:40:09 - Charlene

I got to go.

0:40:10 - Julie

Do you have any discomfort in your bladder area? No, no, okay, all right, let me connect into you. Here we go, because my laser beam from sweet old Alabama heading back up to Canada it knows the way already this evening, because we've had so many Canadians on All right Got you Shooting energy from your feet up through the top of your head. All right, yeast overgrowth is what I'm seeing in the bladder. Kind of looks like you got a bunch of flour, so I'm clearing that out. And then let's so if you get yeast overgrowth, that's what's causing the constipation too. Couple of pointers with that is, and I'm clearing it out of your body, cause you know when I'm. I say this a lot, but while I'm watching the healing in my mind's eye, I'm getting divine downloads, information into my head and we're chit-chatting. So good thing we're girls because we could multitask, because you know it's a female superpower to be able to multitask. I always remind my husband of that, he agrees. So what I'm watching while I'm watching the healing. Couple of pointers.

Number one there's a product called Brain Octane Oil. Brain Octane Oil. You can get it on Amazon. It's a highly refined coconut oil. Charlene, it will unstop you in no time flat and it's going to help your brain work really well. It produces ketones in the body. Rain work really well. It produces ketones in the body. There's no junk in it, it's just highly refined coconut oil. So that's number one. I would take a tablespoon of that several times a day until you're regular and then that'll help a lot. I recommend that to people all the time when they're having surgery, because after surgery, between the opioids and all that jazz and the anesthesia, you can get stopped up and I say, as soon as you're eating any kind of food, start on the brain octane oil. You can pour it on your food too. So that'll help.

Number one. And then number two I would work with Dr Maria and her website is [dramasanti.com](http://dramasanti.com). She's in London, Charlene, and she'll work with people all over the world via Zoom and she is just the goddess of the gut. She helps people get their guts healthy better than anybody I know. She's affordable, she's brilliant. She's Oxford educated, she's a general practitioner MD. She does functional medicine, holistic medicine. She's a graduate of my class. She does energy medicine. So I would do an appointment with Dr Amasanti. In the meantime, stay low on the food chain. If God made it, eat it If man made it. In fact, you do your best to avoid it. You're probably doing that now. Are you doing that now?

0:43:19 - Charlene  
Yes.

0:43:20 - Julie  
Are you a sugar girl?

0:43:22 - Charlene  
I don't crave it. Are you a sugar girl? I don't crave it.

0:43:24 - Julie  
Okay, all right. So yeast loves sugar. Yeast loves anything that is refined, so try and stay away from that stuff. Stay away from fermented foods in the short run. You like fermented foods? She's smiling for those of you that are listening.

0:43:39 - Charlene  
I make my own kombucha. I actually listened to a podcast of yours earlier and this is the advice you were giving to someone.

0:43:44 - Julie  
Yeah, yeah. So for those that are listening that haven't heard it stay away from wine, beer, alcohol, kimchi, sauerkraut, yogurt, vinegar, soy sauce, pickles, all that kind of stuff. Not for life, just in the short run, because that's what's helping your gut to be a fermentation factory and that's what's causing the discomfort in your frequency of having to go a lot and also in your bladder. If you're going to eat fruit, peel it. There's tons of yeast on the peel. Never, ever, for the rest of your life, ever put a slice of lemon or lime in water or any other drink. There's tons of yeast on the peel.

And if you're in a restaurant, you guys think about this. They cut those lemons up early in the morning. They don't wash them. God only knows how long they set outside, set out, you know, on the bar or in the back of the kitchen A lot of times 10 or 12 hours and who knows what's growing on them, and then you put them in your drink and then you're just drinking a toxic drink. So never do that. I always ask for water without lemon. And if I'm in a restaurant, freeze and reheat your food, because there's tons of yeast gets on the food when we keep it in the fridge overnight. Get a hold of some nice statin N-Y-S-T-A-T-I-N it's an antifungal, it's a prescription in Canada and then work with Dr Maria and she'll help you clear all that up. In the meantime, I would stop with the fermented stuff. Yeah, okay, all right, it's like pouring gas on a fire when we drink or eat fermented stuff when we get yeast overgrowth. So I hope that helps. I will look forward to talking to you on your birthday.

0:45:32 - Charlene  
Hopefully before, because that's until next August.

0:45:35 - Julie  
I'll wear a party hat. How about?

0:45:37 - Melissa  
that Okay. All right, thanks a lot. Thanks, Charlene. I hope you feel better.

0:45:42 - Julie  
Thank you. You bet AskJulieRyanShow.com. We're on Ask Julie Ryan on the YouTube live stream. Remember to subscribe, you guys. You're automatically entered into a free drawing for a or a drawing for a free class. I was going to say free drawing. Of course, the drawing is free, but the class is free too. So you want to remember to do that, and I would really appreciate

your help because that's going to help YouTube. If you subscribe, it's going to help YouTube share all of this with more people and it'll help them in their lives too. So I appreciate your assistance. Okay, Chris, who's next? Okay, we've got somebody from YouTube Speaking of YouTube and subscribing.

Hi, Julie, this is Gita from Jakarta. Oh, wow, Indonesia. Can you please connect me with my daughter, gara in heaven? She was only 27 when she transitioned. Thank you, yes, absolutely so, Gita. I'm going to connect into you and Jakarta and then we're going to get your baby girl on the line. All right, got you Going to her.

Okay, what do you want to tell your mama? She's around you all the time. She's showing me orchids and they're the big ones and they're yellow with white. So I would imagine you probably have a lot of those, probably growing naturally. She's saying when you see the yellow and white ones to think of her. The yellow and white ones to think of her she's saying that they're plentiful. You can bring them in, always keep some in a vase and know that she's around you. I would look up the again. I'd look up the spiritual significance of orchids and see what that is. And, Samantha, you may want to do that for us, and then Chris can put it up in the banner.

I just think it's really fun when we get information from our loved ones in heaven and it's got some other significance to it. So I get to do that a lot with clients. Is there anything else that you want to tell your mom? I'm sorry to put you through such a tragic event. So when we have more time, if you schedule an appointment, we can do a deep dive on all of that and have a conversation with your baby girl. It's really fun to do that and very comforting.

I was on the phone yesterday with seven people. There was a family who lost their mom, wife, grandmother, and they just were. The information that their mom in heaven was giving us was just hilarious and there were many, many items that everybody was going. Oh my gosh, yeah, that's mom, with things that she was saying. So I'll be delighted to help you with that. And the thing that I find, too, when we talk to our loved ones in spirit, is that they number one. They want us to be happy, they want us to know that they're happy, healthy and whole, and they want us to live a life of joy. So oftentimes they'll say things to make us laugh and it just kind of lightens the load and lightens the mood and it ends up being really a fun conversation which I think surprises a lot of people. So I'll be delighted to help you with that anytime. Thanks for joining us this evening. Okay, let's see if we can take another person here and see what their question is.

Hi, Melissa, how are you?

0:49:40 - Melissa

I'm good. I'm hoping you can do a little health scan and maybe do a deeper dive.

Julie

What's going on? Please tell everybody where you're located.

Melissa

I'm from Manitoba, Canada.

0:49:56 - Julie

Of course you are, because tonight's Canadian night, I think, out of all of our callers and people who've submitted online, I think like I don't have to count it up, but I would say all but about two are from Canada and Wayne, when he called in, his mom was in Canada, in Toronto. I know, I love it. I love it, yeah, okay. So tell us what's going on.

0:50:22 - Melissa

So just a lot of gut issues, like literally from esophagus down, but it's like weird kind of pain, sometimes underneath the left rib going down into the groin, but not constant. It's just, you know, depending on if you know that sort of thing.

0:50:40 - Julie

If you've eaten, and probably what you've eaten, yeah, is going to determine that. So I've got you on my radar. You've got yeast overgrowth, so what? You've heard me talking about Nystatin, the antifungal, dr Maria D-R-A-M-A-S-A-N-T-I.com. You want to work with Dr Maria? She'll help you get your gut healthy.

The reason why the pain moves and what I'm doing is I'm clearing out some yeast out of your system, melissa, but I'm also putting an anti-inflammatory energy in there. Inflammation looks like red fog on body parts. Anti-inflammatory energy is a royal blue color, as I see it in my mind's eye. But the reason why the pain doesn't seem to be always in the same place and it moves around is think about being in a bubble bath. Right, you got bubbles that can go up. You got bubbles that can go down, that can move sideways. You know, if you move like you're moving your body, what can happen. The bubbles can move around and those are gas bubbles that can cause a lot of pain.

Our grandson Max Ryan that's his middle name, named after the wicked step-grandmother that would be me. That was a score, don't you think? I was so honored. And he's now a senior in high school. He's big and bossy, but when he was two, he was having horrible stomach pains and he'd been on a lot of antibiotics. So he had a lot of yeast in his system and we took him to the.

His mom took him to the emergency room. We met her down there, tim and I my husband and I held that baby on a stretcher. You know he fell asleep on my arms but he was in so much pain. When we got there and they did an x-ray of his belly, it looked like soap bubbles in his belly. It looked like there was a bubble bath happening in his belly and so I kept saying you got to get this kid on an antifungal, you got to get him on an antifungal. And finally the ER doctor listened, they put him on an antifungal and he got better. But that's why you're having the pain move around and it doesn't seem to be consistent.

0:52:53 - Melissa

And yeah, yeah, I often I thought, oh, did I do? Is there something in the, you know, the bottom of the esophagus, like like? Is it something that's like loops, or is there a knot, or you know? Is there something structurally wrong with the bowel?

0:53:08 - Julie

you know Nope nope, nope, nope, nope. Now, reflux is an issue when you have yeast overgrowth. Heartburn is an issue. Indigestion is an issue. You know, gas bloating, itchy rear end. I call that itchy butt syndrome.

You have to say it really fast itchy butt syndrome, and that's another term for you know, that's another IBS and those are all symptoms and so lots of other symptoms, because you're in an immune response and you got leaky gut and the body's going oh no, we're under attack Because these little separations happen in the intestinal wall and you know, you think about, the intestines are the sewer of the body, so microscopic particles of food and toxins from the intestines get into the bloodstream. I always say the body is going oh crap, literally because it's coming from the intestines. We're under attack, battling down the hatches and it makes the cell membranes tough and in doing so it keeps out the goodies, keeps out the invaders, but it also keeps out the goodies and hormones and vitamins and nutrients and stuff like that. So you get

this whole plethora of symptoms. You get your gut healthy. You're not going to have any symptoms anymore. They're going to go away.

0:54:32 - Melissa

So how many bubbles do you see? A lot, really A lot, yeah, yeah.

0:54:40 - Julie

So think of my grandson, Max Ryan, and you know his whole abdominal cavity, you know his stomach. He had bubbles in the whole thing. It was crazy when we saw that it was I that made a big impression. So he's 18 now. That was 16 years ago and I can still see the x-ray. Yeah. So, dr Maria, nice statin, low on the food chain. What I was just talking about was Charlene, low on the food chain. Are you a sugar girl?

0:55:14 - Melissa

I was, but I've cut it out completely.

0:55:17 - Julie

Great. How about refined things, bread, pasta, chips, any of that? Jazz, I've started to cut that out too. Good girl, yeah, and you're not going to have to stay up for that stuff for life, just in the short run, and that's going to help, yeah.

0:55:33 - Melissa

So I hope you feel better. Thank you so much, Julie I appreciate you.

0:55:36 - Julie

You're welcome. You are so welcome. Thanks for calling in. Alrighty, everybody, that's it. Oh, I guess not.

We've got Luna. Luna, you got in by the wire girl.

0:55:49 - Luna

Oh, I'm so excited. I'm actually so nervous because I'm such a fan.

0:55:53 - Julie

Oh, please, it's just me. Where are you?

0:55:56 - Luna

I'm in South Australia.

0:55:58 - Julie

Oh my gosh, so it's already Friday. There. We get to talk to you real time in the future. It's like a sci-fi movie. I love it. Great. You got a question for me.

0:56:09 - Luna

Yes, so I'm more, after some maybe confirmation, possibly from my guides or from my higher self. So I've been learning mediumship for ages now and I've done courses and done practice sessions and stuff. And then my mum passed away last year and since then I feel like all of my clairs have opened like I see her, I hear her, I feel her, we have full conversations. It's like she hasn't even left, but I don't know if I'm making it all up, yeah, and and also I've been attuned to Reiki master level and all of a sudden, when I'm doing sessions on friends and family, I'm seeing like this energy and what it's doing in their bodies.

And even when I was doing Reiki on my car the other day, because it was squeaking and I just saw this like liquid energy, like lubricating it, and the squeak stopped as I was driving and I was



like, am I going crazy or is this? Do I actually have access to all of these players? Yeah, yeah, you're doing what I'm doing. Maybe I'll just ask to, yeah, if, oh, my two-year-old daughter's here as well. So I'm so sorry. I tried to give him the. I think I can give it this way.

0:57:22 - Julie

No, no, let us see her, she's twirling.

0:57:25 - Julie

What's your name?

Luna

Ella.

Julie

Hi, Ella, hi, sweetie.

0:57:31 - Julie

You are beautiful like your mama. I know You're right on. Yeah, it's that first thing that comes into your head, Ella. Yeah, fast as you can snap your fingers or before. Sometimes the thought's going to come into your head before you even have made a statement or asked a question, because time doesn't exist in the spirit world. Time's a human creation, and so your mom, or whomever is gonna, she's gonna answer you before you can even get the question or the statement out all the way, and so that'll that'll happen too, and and it does work with cars if my internet's messed up and I'm on an important call or I'm I'm doing an interview or something, I'll ask my spirit guy, pope Clement, to help with the internet and it'll clear up, I would say most of the time, if not all of the time.

So, yeah, it's just, the more you do it, the more you're going to trust it. All of that. Consider doing one of my trainings. You can do one of my online trainings, because they all have practice groups and the practice groups are going to help you validate and get used to trusting the information that you're getting.

Last night I went out in my garage and there was a big old snake out there and it was like four feet long and he was just hodidon, hanging out in my garage and so I said, buddy, you really need to go on your way because you don't need to be in my garage. And he did. He left, which I thought, oh, that's pretty good, you know. I mean, I knew he could hear me and he was cold, he was looking to get some warmth. So, yeah, you're doing it, trust it. It's that first thing that comes in your head. Yeah, the other thing is spirits are always going to tell you something. I can't hear you. You got to unmute, unmute now you got to unmute, but spirits are always going to tell you something, either neutral or positive. They're never going to say anything derogatory or abusive. So if you hear something abusive, that's your brain, that's not spirit, spirit's pure love. So keep that in mind too, thank you. Thank you, you are so welcome. Give that baby girl a hug from us.

0:59:57 - Luna

I will Thank you so much.

1:00:01 - Julie

Take care, bye-bye. Take care, bye-bye, all righty. That's it for this week. Everybody, sending you lots of love from sweet home Alabama. We'll see you next time. Have a great weekend everybody.

1:00:16 - Annncr

Bye now thanks for joining us. Be sure to follow Julie on instagram and youtube at ask julieRyan, and like her on Facebook at AskJulieRyan, to schedule an appointment or submit a question please visit AskJulieRyan.com.

1:00:32 - Disclaimer

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