

AJR - Peter Panagore Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Peter Panagore with us on the show today. Peter's lived through not one, but two near-death experiences and he's here to tell us all about them. He's also the pastor of a Christian church, so, among other things, I'm eager to hear how, and even if, his ND experiences correlate with his theological education. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go chat with Peter. Peter, I'm so delighted to have you join us today. Thank you for making the time for all of us.

0:01:29 - Peter

Thank you for having me, Julie. It's a pleasure to meet you.

0:01:31 - Julie

You've had not one, but two near-death experiences. Please tell us what happened.

0:01:37 - Peter

In brief, when I was 20 years old, I was ice climbing in Alberta, Canada, and made a mistake. I was ice climbing in Alberta, Canada, and made a mistake and I died of exposure as we tried to fight our way down the mountain. And in 2015, I had a widowmaker heart attack a congenital thing in my family and it killed me on the way to in the ambulance, on the way to the catheterization lab.

0:02:01 - Julie

Well, so then what happened?

0:02:04 - Peter

Those are just the teases I totally teased, so in the first one is rather lengthy, the second one is rather brief, so I'll tell you the second one first, just because it's much briefer. So in 2015, I was in the ambulance on the way to the catheterization lab. I live about an hour and a half from the catheterization lab, and by the time I got into the ambulance I was already outside my golden hour, and so when I left the emergency room, the doctor told my family that I was going to die on the way, and I did. I wasn't on morphine, because I can't take morphine, so I was meditating.

I'm a 40-year meditator and one of the superpowers of long meditation is by concentration on pain, one can rise above it, and so I was meditating on my pain in my heart and was able to not suffer as much.

But then I heard the paramedic radio into the catheterization lab and saying we're losing him. So I opened my eyes and I looked at her, and I saw panic on her face, but the true professional

that she was, as soon as she saw me open my eyes, she dropped into professional face uh, as as EMTs should, and and I. But the pain came back immediately, and so I closed my eyes to go back into my meditation. And when I was inside my meditation, um well, I never really made it back in my meditation. I closed my eyes and I was outside of my body and my body was sort of concave, shaped a very deep, dark space that I had left, and I was outside my body and as I was floating, waiting and I should say that this was one of the happiest days of my life, maybe that should begin there. Okay, because of my first near-death experience. I've been waiting for my death for the whole of my life 40 years. I waited for this day. When I figured out that I was dying, I was like-

0:03:56 - Julie

You know that sounds twisted. I know it totally does. That's completely true. What you've done was the happiest experience of your life.

0:04:02 - Peter

I mean, I'm getting married and having kids. It was all wonderful stuff. But knowing that I was going back to what I am and where I'm from, I had zero fear and I tried to keep my jubilation under control for my family. But I was totally good with it. And so when I left my body, the angelic being.

I've had a relationship with this angelic being since I was five, and this time it came rushing toward me and spoke in the plural come to us. We've been waiting for you, because the last time I died, the first time I died, I chose to come back to this life and this. So I've been kind of waiting for this opportunity to get out of here and and I and I started to go. And then I thought, well, wait a second, I know what's going on. This time I wasn't snatched out of my body like, like projection of the eternal light, a part of and a reduction of, and I was just going along with it. And then I thought, well, wait a second, I should check out, because this was so sudden for my family, I should make sure everything's okay. So I kind of turned around and tucked back inside the dark cave of myself. And I looked around and the first I saw my son, who was in his late 20s at this point and he had met me at the ER and the doc had told him that I wasn't going to make it. Doc didn't tell me that Okay, this is after the fact I find that out but he leaned in and held my hand and looked me in the eye and said I love you, dad, and I totally read him. When he said this to me I was like, oh my God, this kid's not ready for me to go and he's totally shocked. And when I looked at him inside of the NDE, the New Death Experience, that was very powerful for me.

And then I looked over and I kind of saw my daughter. And my daughter had been her husband had gone to Afghanistan and come back with a moral injury and a very desperate situation and after a very long, too long a period they had, she left him with a brand new baby and we rescued our daughter essentially, and so now she's got a brand new baby and this man. I looked at my daughter and I was like, oh my God, she's not ready for me. And then I looked at my granddaughter, who was just a little bambino and I could see her life with me and without me. I saw these parallel tracks of her life and in one track I was the father's substitute and in the other track I wasn't there. And in the first track no-transcript talk privately if you need to. And it came rushing back to me and I said to it and this is all telepathic and non-linguistic, telepathically said if it's all the same to you, I'm sticking around until my body gives out. And without permission I just turned around and went back in and the first time I was running away from a desperate family situation of an estranged sister whose disappearance original disappearance she became estranged later when we found out she wasn't deceased. Her estrangement was a very big burden and so I was out west, not going home, and I was needing to prove to myself my own capabilities.

I'd been a mountain climber and a backpacker and winter sport enthusiast. Ski patrol Winter was my element and I was pretty good at it. I never ice climbed before. I'd done a lot of rock

climbing and mountain climbing, but not ice, and my partner had his certification in lead ice climbing and so I felt safe with him. But my mistake was that I chose to make this climb this is 1980, with an ax and a hammer. And I made this mistake.

And by the time we reached the top of the climb, the sun was setting and the temperature dropped about 30 degrees in minutes and hypothermia began immediately. And so now we're in the dark on the top of this cliff and we're side by side and we know the danger that we're in and we knew that we were going to die. I mean, it was pretty obvious we were going to die where we sat and maybe we're going to die if we start to try to move and get off. We were definitely going to die if we stayed where we were. So we decided to make this three pitch rappel. So traverse, rappel, traverse, rappel, traverse, get down to the bottom.

And we had a whole lot of trouble. I'll spare you all the trouble, but it was a seriously traumatic experience where the cold felt like fire. Every step I took was a mental effort of concentration for controlling of my freezing body. My brain was shutting down because of the cold, by which I mean I was losing my capacity for reason. And then there came this point at which I decided and understood that I was not going to get out of this. There was no way I was going to survive, because I was having advanced symptoms and I was in the National Ski Patrol at this point and we had just done a refresher training for extra cold weather because it was super cold in Montana that year and so I was very up on what we were going through.

And so, when I finally accepted my situation, I had this peace fold over me, and I should say that it was a peace that I had encountered before. I'd been driving my entire night with an instinctual level, animalistic necessity of my body for survival. But when I was a boy, my first encounter with this angelic being, when I was five, I had this out-of-body experience where I was brought with dying. Up until that point I was not. And so then I just settle in, I accept my situation, I start thinking about my family and I fell asleep and eventually I didn't wake up.

And when I didn't wake up, as I fell asleep this last time, I was conscious of my consciousness staying awake, I knew that my body was shutting down because my, my vision was tunnel vision, which is like the last thing that happens. And so, and and I and I went to darkness. And when I went to darkness, I thought, oh, I'm gonna lose consciousness again. But I didn't. And it went to darkness and I woke up and it was the weirdest thing. I was suddenly no longer in pain. I was sort of in front of my body and I had a solidity to me, but not a physical solidity. I was a shape and in front of me, where the mountain had been, was this huge dark expanse. And in the far distance of this huge dark expanse, a single star appeared. And this star rushed across this vast distance faster than the speed of light and filled my vision and communicated to me as it came you're coming with me, I'm taking you with me, you're done.

And I put up all my willpower, resistance of I'm not going anywhere yet because I'm not sure what's going on, but it just snatched me away like I was a dandelion, popped right up by a git, and I was separated. I felt the severing of my soul from my body and I'd been out of my body a bunch of times growing up, carried by the same angelic being into these other situations, but in this case case that silver cord was snipped, there was, there was no connection to my body anymore and I was inside this angelic being which was communicating to me intelligence and compassion and mercy, warmth, comfort, acceptance, welcome. And I was carried inside of this and I was. I had a body made of light. This is all metaphor that I'm talking about here. I'm trying to give descriptive, imaginative ways of communicating the thing that I can't ever say.

And so I had a shape, and this shape was humanoid and I was made of particles of light and I was inside this very large consciousness, traveling very fast back in the direction it carried me, and I could see through this consciousness. It was transparent. I had a second point of view. I wasn't just inside, looking outward, I was outside, looking at me, inside, and when I looked

with my light body, I couldn't see that, but inside myself I could see both perspectives and it was like the eye of God seeing me.

I was seeing me, and then I was rushed up to this edge of this dimensional change where this angelic being maybe and I don't really know how this worked unfolded, or I popped out and I was in this very vast womb of darkness that was the size of our universe and it was the only thing in it, and I no longer was even a light body, I was a gigantic consciousness. And this consciousness, in this conscious state, I understood that I had always been this consciousness and then I had only temporarily been this much lower down physical form and my thinking was my being, I was and I could see in every direction inside of this space at once, and I was not afraid and I was not alone and I was in contentment and I was not alone and I was in contentment and a self-understanding. But there was a point at which I could not see beyond. The darkness became infinitely dark and impenetrable even to my much more expanded mind. And as I floated there in contentment out of the deep darkness, a tearing open occurred where the light came pouring through. And I saw the light and it was the most seductive, luscious, desirous wand I'd ever experienced. And in the experience of wanting and desiring, I traveled immediately toward it and it was gigantic and in the presence of it it was solid one bright white color, but simultaneously, not like switching from A to B, but simultaneously it was also all these pixelizations of a septillion different colors, and not just like eyeball colors like I can see, but like x-rays and infrareds and a spectrum much larger, and they were all simultaneously single and many, and it was pouring out to me attraction, and so I touched it with my being and as I touched it with my being, it opened me and filled and inflated me, as it brought me inside itself.

And now I was in this ocean of light and I went through, and I tell this in a sequence, but it's non-chronological, because there is no time. This is, I'm in timelessness, and this I could call it nothingness, because there is no thing that is a thing in our universe that is anything like this Non-being, nothingness, darkness, but not negative whatsoever. So I'm inside of this light and it's inflating me and it becomes an eyeball, and this huge eyeball, out of this huge eyeball, is pouring light and it's looking, and now I'm kind of back to a humanoid shape made of light, but I'm denser. I'm not human, but I'm much more dense light and it's like the light is pouring into me and I can see that the light is my creator, making me that I am a creation, and as it sees me, I begin a life review. And the life review I'm made of light.

I've always been loved, I am beloved, I've always been this way, but there were some parts of me that I had done wrong in my life that were darkness and they were about the size of a thumb or a very large peanut, but they were deep and dark and I tried to hide them because I was ashamed of having this darkness in me and the light. And as soon as I tried to hide them, I was enfolded inside them and I became inside of this darkness. I was enfolded inside them and I became inside of this darkness and inside this darkness. I went through this hellish experience of self-judgment and I want to be clear that the divine never judged me. I judged myself in comparison to the unlimited purity of divine light and my lesser, cruder, more material life, my lesser, cruder, more material life.

And my hell I went through was that I experienced every wrongdoing I intended, from my own personal point of view, in like a movie. Only it wasn't a movie, it was like VR. I was the character, but I was also a secondary character. I was every single person that I had hurt inside of them, thinking their thoughts, feeling their emotions in this situation that we were in. So I was, I was bilocated, experiencing what I caused and experiencing the result, and and and.

It was this long sequence of of pain, and and I tried to give them pain. Pretty often you know it's your sister, it's your, it's your, it's your cousin and you're, and you get angry and you're like I'm going to you know, cause you're a kid, and um, I got to see all my reasoning and I got to see that in proportion to the pain that I caused, and it was disproportionate, and it was, it was

10% this and 90% the pain, and all of the pain that I caused accrued to me. It went to them initially, but there was this collective of pain that became a hellish burden of shame for me. No-transcript times, the length of hominids on the earth. All of us, all of us, were on one level in comparison to the unlimited and my radical understanding of the natural nature of my humanity being made material and causing pain wasn't my fault.

I didn't design the system. I was beloved in spite of the system and I'd always been beloved. And I could see that this was true for everyone and that, even though their level of suffering, from an earthly point of view, it might be, this person's a murderer. This person stole a loaf of bread. There's differences, but from where I was, there was no difference, because nothing compares to infinite light.

And as I turned to face this light, so I also carried with me all the love that I had been given in my life and all the love I had given away, that I had been given in my life and all the love I had given away. And as I listened to the voice of love speaking soundlessly welcome and mercy and love and belovedness and knowledge. And I've always known you through all the things that you've done, I've been loving you the entire time. And as I listened and turned, all of my suffering was gone, zero down to non-existence, not like written in a book and put away in the library. It's dematerialized, never existed.

And I was inflated and I became this inflated, gigantic combination of beauty, bliss, paradise, understanding heaven, awe, beauty, bliss, paradise, understanding heaven, awe, adoration, knowledge, wisdom, joy, bliss, all of truth, all of the great beauties of all of the world, all as one thing, this individuated light. And so there was this multiplicity of graces and the singularity of love and I became gigantic to the state at which I was on the edge of the infinite darkness itself, where I was in this communion state which felt a lot like a union state to me, because, even though I hadn't gone into the infinite itself. I was in my totality made of this, and then I shrunk down again, but I became the size of an individual photon and my whole consciousness was a single photon. And I was in front of this field of photons that went infinite depth, infinite height, infinite length, and I was entangled with them all and they were all entangled to each other and they were all separate but one and I was separate but one and, as I'm in this state of union, my attention was turned to this part of me that is like my soul self, my incarnating soul self.

So I'm this thing, and beneath me is this other part of me that emerged out of the darkness and was my soul, that was living in bodies and it was eons old and it had many, many lives in it. And these lives looked like little worlds inside of this long tube, and these little worlds they had like kebab spears poking into the darkness. So there was a little world, there was my soul self, this long thing, and then there was this kebab thing that was sticking into the darkness itself and the spirit, and I could see that inside of every molecule was this love, light that was being poured and created out of this infinite darkness and that all things of our universe were made of this self-same light and that out of this darkness were other universes and dimensions popping all the time, like one after the other after the other. I could see our flow and I was in this particular flow of this universe, but I could see all these others being continually created and my vision was then swept down to earth like a hologram. Only it was live time. I was like looking at the earth as it was, like a hologram only it was live time. I was like looking at the earth as it was, and there was night and day, and it's going around the sun, and I can see all seven at the time, 7 billion people individually, simultaneously, and inside of every single one of them was this golden fleck of light at the very core of their being, and what surrounded them was this impenetrable fog or gel that they couldn't see.

The light that I could see, and as I saw the light inside everyone, the immensity of love, of the space that I was still in. This universe-sized womb of darkness, of fullness and might, there was this infinite darkness itself pouring out all these universes in our universe. All of that

combined had this unconditional love that was aimed right at me, like the mass, the mass amount of all the love that ever was, will be in infinity, was, was pinpointed at my heart and I was, and I understood that nothing is ever lost. Everything, everything is enfolded back into the beloved one. And I like to use this line from James Joyce, from Ulysses, that love capital L loves to love. Love, this divine, unconditional love, is purity of love itself and it loves itself and all of its manifestations. And its manifestations are everything, everywhere, everyone, all the time. And as I saw this and understood this immense amount of love for me, I saw it radiate, the same through all the universe and all the people.

And then I saw my mom and my dad kind of lift up off earth and I saw parallel lives. I saw mom and dad A, mom and dad B, mom and dad A. I live, I go back. They have a terrible life in terms of their emotionality. They do fine, everything's okay, but there's a lot of pain. I don't go back and it's like nuclear destruction in their lives and because they little off, two kids and my mom would have just been like destroyed.

And so I saw at the same time that the length of my human life was a snap of the fingers. And so I said all telepathically no language data transferring, do I have to stay? And if I don't have to stay, can I come back here? Can I come back to the bliss and the light and the fullness and the being and the voices? It's time for you to come home, but you can go back if you want to. And yes, you can come back here.

And I say, okay, well then, since I can come back here, I choose to live my life. And it says you won't live your life and throws me out like a baseball and as I'm traveling away from this heaven, I'm inside of this baseball, this angelic being which is also in part superpositioned with the fullness of the divine, and I am traveling toward this a million doorways, and in the middle of the million doorways is one huge beam of light that fades to the edge of these million doorways, but very intense in the middle and fairly intense closer in, and I could see that this beam of light was coming out of heaven. I couldn't see back into this heaven, but I could see the beam of light emerge from the infinite darkness and the entity, the divine that I was inside of said to me choose light, choose a life. And in an instant I made all these choices and I didn't choose the fullness of the light, I chose off to the side of it and I went through this doorway and as I went down this tunnel I could see all these other doors in this tunnel that led to all these other probable lives. So there's this big, massive field of probability for me.

And I got to the end of my tunnel and I could see this body. I didn't me in like, shrunk me down to like an aluminum foil little and shoved me inside. And when I got inside I unfolded again, but only to the size of this container, and this container was already full of suffering. And so I could see out of this slit in this chest I could see the angelic being and I watched it as it closed. And as it closed and sealed, I felt my brain, this brain, come back online again, kind of start up, and I started feeling physical pain because everything hurt.

And I started to hear Tim crying and screaming and I started to feel the shaking he's trying to wake me up and screaming and screaming and screaming. And then it resolved into language and I heard him say don't die, don't die, don't die, don't die. And I opened my eyes and he's like eight inches from my face and it takes him. I took him a second and he's like his tears are falling down. He's totally freaking out. And I'm going to say this we were both super level-headed through this entire event. Okay, you panic, you die.

And he pulled me up and I didn't know who I was or where I was, what was going on. And eventually I kind of understood oh, I'm on the mountain, this is Tim. And he's like oh, oh, my God, if you were going to die, I was going to die. He's like you were going to die, I thought you were dead, I thought you were dead, I was going to die, I didn't want to die.

And then, finally, he comes down and I'm completely bewildered. I don't know where I've been. I don't understand where I've been. My brain can't comprehend it, but I know that I'm an entirely different person. And it's not. The sun hasn't come up yet and yet every single thing I see has its own light. So there's light. Light coming out of Tim, there's light coming out of my hands, there's light coming out of the rock in front of me and the ice behind me is just like illuminated and I didn't understand what was going on. But he's like pull the rope. I pulled the rope, it came free, we descended and we self-treated and I became an entirely different person.

0:29:28 - Julie

That's a lot to unpack, Sorry sister. I got a bunch of questions for you here. So the first one is you talked about in both instances that you had angels greet you and you described them as just like a big beam of light. And how'd you know they were angels and you described them as just like a big beam of light? How'd you know they were angels?

0:29:58 - Peter

Self-evident and they had characteristics. But the characteristics weren't physical. They were intelligence, all-powerful, unlimited capability, pouring love, welcome. They didn't have any physical characteristics. They were these other characteristics of well, all power, all power and intelligence, and love, love, love, love how they appear, or is that just the angels?

0:30:41 - Julie

is that like spirit guides god himself? You know, saints, whatever is that, or is that just like an angel thing in your mind?

0:30:46 - Peter

I think that it's god, god's self. For one thing, it's everything there is that has any that's less than infinite is made of the same light, and so the angelic being had this, and it's not the first time I experienced it with it. It began when I was a kid. It was in two places at once. It wasn't just itself, it was the totality of the fullness of the light of the divine, in some sort of reductive state that was a capacity to interact with me, but it was still the fullness of God. And I've met ghosts. They're different. I've met dark entities.

Well, ghosts are-. How so Are ghosts different. Ghosts are like people, ghosts are people. The ghosts that I've met, they were people. The angel was not, and it was an entirely different thing of a much higher order it was all of them together and then single ones, but they were the same thing.

0:32:05 - Julie

So you were able to see inside and outside, like great numbers of lights and colors and stuff like that, from both perspectives, like an individual. And then was it kind of like in a movie with a camera where you'll pan out and you can see a broader picture, was it? Can you explain that more? That's a fascinating thing that you mentioned several times.

0:32:24 - Peter

Sure, it was sort of like that with a pan with a wide pan out view, but it was also. It was a zoom in. So it's the crazy thing about all of this is it was a completely paradoxical in. So the crazy thing about all of this is it was a completely paradoxical. There'd be two things happening at the same time and they would be opposites in this world, but they're not opposites there. So I could see the depth and the breadth and the height of it, but also I was inside it because I was entangled to it.

So all of these individuated lights, they were the totality of the light itself as it was manifested for me. But beyond that, there was still this greater, infinite darkness. The light itself was

somehow a manifestation of what the Bhagavad Gita calls the supreme self and Meister Eckhart refers to as the Godhead. There was a deeper darkness, out of which even the light itself was emanating. So there was this unmanifested, unlimited, and then there was everything else. But the thing about everything else is it was still in the divine, it was somehow less than, but the totality was still present. And I can't explain this. All I know is that, in my return to life, that there is nowhere that I look and no one that I meet and no place I'd ever been doesn't have the same illumination in it, and sometimes more. It's plainer to see.

0:33:50 - Julie

But even when it's less plain to see. It's always the same. So you're still to this day and this is what, 30 years ago, this happened with your first NDE. 40 years ago, yeah 1980. Okay, so you're still seeing that light emanating from individuals. You talked about it coming like out of your fingers. It was coming from every. Sounds like every, every uh molecule of snow, every, every, everything. Right, every everything Is that? Is that a new phrase?

0:34:25 - Peter

I just I like it. Can I I'll quote you Um, yeah, every. And I found, I found that over. I was in such a desperate situation when this happened. There was no information about this, but I had been an English major and I'd been studying the Transcendentalists and I knew that they had exposure to the East, and so I started reading.

I was taking a pantomime class, I learned some yoga 1980, and I found that I came back with prana in a physical way that I could feel it, and so I read the yoga sutras, the Upanishads, the Bhagavad Gita, and I particularly ingested the yoga sutras, as light that I see with my hands and my eyes and my nose and my tongue and my skin has intensified. And so not only do I still see it, I see more of it, and the more I am, the less I am, the greater the light is inside of me, the more capacity I have to see it wherever I go and in everyone I meet. And so it's this negation of myself, my lower self, my attachment to my egoic self that has. I was afraid I was going to lose it. Julie, that's really what happened. When I came back, I thought I see all this light. It's so beautiful and I'm so alone in the world. If I lose that one thing, I'm going to be devastated, I'm going to be crazy, and so I decided that I would dive in.

0:36:05 - Julie

So you're walking down the street or you're in the grocery store or you're wherever, and when you're walking in a crowd of people, is everybody emanating the light that you're seeing or do you turn? Is it kind of like you can turn the abilities on and off, or is it just a constant thing all the time?

0:36:24 - Peter

It never goes away, ever, and I can look more intently, for sure, but it's always there, okay.

0:36:32 - Julie

But it's always there. Okay, you also mentioned that when you were a five-year-old, that you had what do you call it, an out-of-body experience or something where you saw your life's path. You saw some of the things that you knew were going to transpire, I'm assuming, in your life as you grew and aged. Can you tell us a little bit more about that?

0:36:59 - Peter

It wasn't so much that I saw events, as I saw my duty. I had a duty in this life, and when I, which is to be a messenger of light, and that's when I so I was five years old I had this I got pulled out of my body by the same angel, my first encounter and not the last, and my NDEs were not the last either. So I got pulled out of my body. I saw, as I ascended, that the little boy in the tree was not me, was not me. I got up, we got up, I could see. I could see the earth

below me, like my house and the county and the country. And then we get to this edge of the atmosphere where it transformed, transformed into this vast darkness.

And I was in this bubble, inside of this angelic being, in this vast darkness, and I was in a. I had a light body and I, I, I knew myself. I wasn't this big Orby Orby thing of, of, of, uh, disconnected to my body. I still was connected to my body. I still had this like tube or elevator shaft and um, and the, the entity opened this darkness, opened this bubble that I was in and I got sucked out and it closed up and I was floating in this infinite space of knowledge, of understanding, of trust, of truth.

And then I was put back in the bubble again and as I was back in the bubble again, the darkness itself entered into the bubble and there became a barrier between me and it, like a countertop sort of thing, and as it spoke to me it was transforming a thousand times at the speed of thought into all these different shapes and colors and forms. It was just like constantly changing. But its voice was steady and it said you work for me, you know now you work for me. And I was like, oh, yeah, yeah, that's right, I forgot. Now I remember I work for you. And I went back and I learned that time not to talk about it. I made a mistake and I learned to time not to talk about it. I made a mistake and I learned to keep my mouth shut about all of my mystical experiences, which I kept to myself until around 2003-ish, 2001-ish, when I finally came out about all. I began to come out about all of it.

0:39:32 - Julie

Do you think that your first NDE, when you were dying on the side of the icy mountain, prepared you for the second one? It sounds to me like the first one was way more involved than the second one.

0:39:47 - Peter

Every single one of the I had when I was a kid. So I had one at five, I had one at six. I had in high school. I took a triple hit of LSD and I had an end of duality experience. I then had another kind of an indwelling thing that happened. I was with Teens Encounter Christ in the Catholic Church and I had this event that happened there and then- I did that you did. I did that in the late 70s.

0:40:11 - Julie

Yeah, yeah, same deal.

0:40:12 - Peter

And so then-.

0:40:13 - Julie

As a senior in high school, yeah.

0:40:15 - Peter

Yeah, it was great, it was good community.

0:40:16 - Julie

Explain what that is.

0:40:18 - Peter

I was outside of Boston and it was a diocese in Boston, you got to remember it was. You know all of the terrible things that happened in the Catholic Church in Boston. I was in the diocese next to that and it was a collection of all of the youth and all of the churches. The Catholic churches would get together on weekends. Well, we would get together on small weekends, small groups of people, and have these retreats, and as a larger group there was lots of those

like 45 of these retreats, and so there was a large collection of youth who were all kind of in this thing together, deep spirituality in a Catholic church, and we had a coffee house and so we ran the coffee house and so all these kids would come to the coffee house on Friday nights. It was this big kind of love fest within the confines of Catholicism.

0:41:05 - Julie

I went in any coffee house on Friday nights because I was at the football games on Friday nights. But yeah, what we did was it was like a retreat for the weekend. And then there was a surprise at the end of the weekend and other people who'd been through it showed up and were there to greet the person. Yeah, that was like I don't know, 76-ish, something like that, 77-ish yeah.

0:41:31 - Peter

For me, yeah, it was 77, 80, for me 77, 79. Yeah, for me, yeah, it was 1977, 80, for me 77, 79.

0:41:38 - Julie

Yeah. So back to the, you were having these, these experiences that somebody could say were hallucinogenic type experiences, that you were having that as a child, and then when you were doing some religious things, and then you were doing your LSD thing, and then you had your NDE, first one, it sounds like. Was that the one that you considered to be your first one, or do you consider all of them to be NDEs?

0:42:07 - Peter

No, just the first one. And there was an event where I was backpacking the year before on the Appalachian Trail. In the same month, I had two other auto body experiences and I didn't fully understand them, this long sequence of them, until I died. And when I died and came back afterwards they all seemed to, each one of them prepared me for the next one, which all prepared me for my NDE. And then, after my first NDE, I had a whole series more of them, and each one to take classes across the university so that I could become versed in what had happened to me.

And so I went on this much deeper scholastic journey, combined with an understanding that scholarship of mysticism is secondary to practice of prayer. And so my primary motivation was find tools to help me find my way back and figure out a way to think about what happened to me. And then the dean talked me into becoming a minister, which I had never intended to be. After I had changed. I was going to be a professor, but she talked me into being a minister, and I became a United Church of Christ minister, practicing these things with a mask. I kept it masked, I kept it hidden. Well, except for that, I was eccentric and an unusual clergy person.

0:43:54 - Julie

So when you were in academia studying mysticism, how did that correlate with what your experiences had been Meaning? Sounds like you were brought up Catholic if you did the tech thing and it sounds like and tech, by the way, for anybody that didn't hear us say this before it stands for Teens Encounter Christ and it was like this retreat thing that they did all over the country. The church did so. Did you find that there were a lot of correlations that resonated with you? Did you find that there were a lot of differences that didn't resonate with you and you described them as just like a big beam of light? And about what? How did you? How did you get through academia, which I would assume would be different from some of the experience that you encountered when you had your NDEs?

0:44:52 - Peter

Well, the theological end of the school definitely what you say is different, but the mystical end of the-. Yeah, how? So? Well, because theology is a lot like philosophy in that it's thinking

about evidence and ideas without experience. Mysticism is 100% experience. And I had the great fortune I have the book right here.

I had the great fortune in my very first year to discover this book, mysticism by Evelyn Underhill, and in the very first, which was basically my guidebook for study of mysticism. In the very first page, in the very first paragraph, she describes that all through the history of the world and she was like a leading scholar in the early 1900s. She's brilliant of mysticism. And what I discovered was and my English degree helped me with this is that mystics always speak in metaphor, simile and symbol, because you can never speak about the ineffable, you can never say the unspeakable, you can't language this, and that was the first experience I had I couldn't talk about it and I couldn't think about it. So what I found is and I continue my studies, I'm still doing this is that each individual mystic is in the context of their culture and their time, their politics and their religion, and those influence the symbols and the language they use to express the inexpressible. And so, if we look at Julianna Norwich and we look at the Bhagavad Gita, we find similarities. If we look at Rumi and we look at John Rusebrook, we find similarities. Yes, we find differences, but the differences are all culturally, contextual and theological. They're not mystical. All of these mystics, all of the genius and I'm talking about the genius mystics here, I'm not talking about all the rest of the population. Many people have mystical experiences and they're fabulous, and I'm glad we do. But there are people who entered into the state of union, and in the state of union there is no self.

And so, whether you're a Sufi and you're using your dance as your meditation, or you're a Taoist and you're practicing the chi, or you're a rabbi and you're at the West Wall and you're rocking back and forth, or you're a nun with a rosary, it's all mind control and body and breath control that brings a person into a singular focus wherein the attachment to self stops, and so it's sort of like a practice. I was a stilt walker for a long time, and stilt walking is falling, so you're always falling and stilt walking, and what you're doing is you're passing through the center of balance, so I'm always passing through the center of balance. So I'm always passing through the center of balance and meditation, breath and body and mind focus passes through the center of balance as we control our thoughts and we get to the place of no thought. And so in these places of no thought they all have the same practice, different techniques, that's one thing, but in terms of the explanation of it. So you get in the Gospel of Thomas, Jesus is always talking about the singleness. You get over to the Bhagavad Gita and they're always talking about the oneness. Rumi's talking about the same thing. And so the similarities.

My area of expertise is the cross-cultural similarity of mystical experiences. And it's true, it's real. It's like everybody's saying it differently, but in this highest state it's only one thing differently, but in this highest state is only one thing. So when I went into the church I had to ignore all of the East in order to focus in the West. I couldn't talk about this, the similarities. Nobody wanted to hear it.

So I continued my studies independently and I found in the ancient texts the Gospel of Mary, the Gospel of Philip, the Gospel of Thomas. The canonical Gospels are so over-layered with theological perspective when they were written it's hard to suss out. But even in the canonical Gospels, if you peel away the editorial layers, as scholars have done, the Western scholars have done, you can get down to the bone of it. And then there's this book called the Peshitta. And back around the, she said, might've been the third or fifth century, the Syriac churches were using a Syriac gospel set. And Syriac is Aramaic, which is the kissing cousin of the language Jesus spoke and this is argued to be the earliest texts. And in those texts Jesus is 100% Mr Mystical. He's like, not theological at all. He's talking about breath and oneness and singleness, and he's not trying to start a church, he's just trying to convince people that if you look inside yourself, you're going to find what you're seeking. So to answer your question in brief, I found more similarities than differences.

0:50:04 - Julie

Okay, I want to back up a little bit to the mystics talking in symbols and languages and ideas that relate with their time. I'm a medical, intuitive and energy healer. When I'm working with somebody, regardless of what's going on from a medical standpoint, I connect into them energetically. Energy goes to a place I get to. I'm like a human MRI. I can see inside their body. I can see broken bones, torn ligaments, viral infections, bacterial infections, cancer, whatever, and then I watch an energetic healing happen. I believe it's spirit working through me and with me to help facilitate healing. The visions that I see in my mind's eye are sometimes really hilarious, but I'll watch all these different things happen. I'm an inventor of surgical devices sold throughout the world and a former manufacturer of them, so sometimes I'll see a healing that will utilize methodologies and devices that I saw in surgery for decades when I was developing products, testing prototypes. Sometimes like that. When I was developing products testing prototypes, sometimes like that. Sometimes I see things like today.

This afternoon I had two different clients that have cancer and I saw an adjunct or a new addition to healing, where I saw this iridescent energy come in and it reminded me of rinsing your mouth out with scope or Listerine, like with mouthwash. You know it was irrigating this area where the cancer was. In one case it was in the lung and it was irrigating the lung and it was we had removed the tumor. It's encapsulated, it's removed. Then I watched this iridescent energy come in and then we do a DNA healing and I'm watching the DNA get resequenced and I'm watching all this other stuff. But the thing that really piqued my interest when you were talking about symbols of the day, I worked with many people throughout the years where I watch a new organ get generated with stem cell energy. Early on when I first started doing this stuff 30 years ago, if somebody had a diseased kidney, I would watch what I saw in the operating room. I'd watch a donor patient come in. I'd watch the patient with the diseased kidney. I'd watch the diseased kidney get removed. I'd watch the donor patient kidney get implanted, you know, and all the plumbing hooked up and all that stuff. I haven't seen that in a long time. Now I see new organs get generated with stem cell energy. Well, when I started this 30 years ago, nobody ever heard of stem cells. When the stem cell energy started appearing, it was more becoming part of the zeitgeist. People had heard about it and so it made sense.

I also get these visuals that are hilarious, like I may tell you. Your elbow looks like whipped cream. But what I've been told by spirit is I get these visuals because it helps me convey something that my client can visualize, which in turn helps them integrate the healing into their body. So is that what you're talking about? These symbols and stuff? I mean, it's just cracks me up. A lot of the times I'll get like some visual and be like, oh, this is cool because it appeals to my inventor brain and it will be something that I haven't seen before, but then it will become a part of my bag of tricks Basically. You know, I'll see it be used on other clients in other situations that are similar, that need a healing for that particular ailment. What is that do you think that I'm seeing with these symbols and these analogies and I talk in analogies pretty much the whole time when I'm doing especially medical energy and medical intuitive stuff what is that?

0:54:03 - Peter

Well, it's the language of analogy, is the language of mysticism, because you can't say what you can't. You're seeing with your inner eye, but your inner eye is providing a tool for your brain to think about it. Let me ask this I'll ask it this way or I'll answer it this way when I was dead, I had no brain. I had all these experiences, and those experiences came back with me. In order for me to process them, I had to contextualize them, had to contextualize them, and so what I've seen to expand this a little bit what I've seen around other near-death experiencers, is that we all seem to be given what we need and that it turns out that God has this great compassion for us and gives us what we need and the tools we need to understand it. When I came back, I was told that I had this roaring Niagara Falls volume demand that I complete my job and really,

like you've wasted enough time in your life. Now is time and there's no escape from this. But it didn't give me any tools.

I had to find the tools myself, and I think that's what all mystics do. They find the tools. Their brain finds the tools. Their language think. That's what all mystics do they find the tools, their brain finds the tools, their language, the studies, their interactions. I mean St Francis of Assisi. His tools, they were simple, beautiful poetry, very simple language.

0:55:30 - Julie

I think that the Make me a channel of your peace. Yeah, that whole St Francis prayer Exactly, I can recite it. I used to play the flute in church to that music. It was said to music and I used to. In grade school I played. I mean I don't know that I could still play the flute now I couldn't but I was. I can't tell you how many times I was in the choir loft making playing that with the flute to that song. So yeah, I think great mystics.

0:55:59 - Peter

Is everybody a mystic? I think that most people have a potentiality for it, but I think that there's DNA involved. I think that there are people who are born mystics, that maybe they have better hearing it's like having better eyesight or better hearing. Maybe you're predisposed to this spiritual interaction. It doesn't mean that not everybody has the golden light inside them, that the core of their being. There's no escaping, that there is nothing that is not made of the divine. But I also know, because of a study done at the International Association for Near-Death Studies by a woman named Marjorie Willicott, a professor, that in the 350 people she surveyed of people who were grieving, 100% grievers 350 people 60% of them had after-death visitation 60%, which is a very high number in our population.

Because who doesn't grieve? Eventually, by the time you're 80, you're definitely grieving. And 60% of that population has a mystical experience. And you know that they had this experience because when the visitation happens, after it happens, their grief changes, the direction of their life changes, because they now know that their deceased loved one still loves them or isn't dead or forgives them, whatever it is, and so even if it's a single degree change on a compass point, it's still a major destination difference based research shows that 90% of people see their deceased loved ones spirits and pets deceased pet spirits as they're in the last days and hours and weeks of their life, and it's it ends up helping the loved ones that are there too, because they're.

0:57:52 - Julie

They're having a conversation with their mother, who's been dead for 80 years, and you know, and it's like she's standing there and they're talking, and they're talking about animals that have been pets you know early in their life that they've heard them talk about, and it's just so random there's. You know, why would they bring that in? So, yeah, I agree with you and research shows that the best way to grieve, the most effective way to grieve, is for the grieving person to have a communication with the deceased loved one. I had a client call yesterday and there were seven family members on the call and we were talking to their deceased mother, grandmother, wife on the phone and she was talking to their deceased mother, grandmother, wife on the phone and she was coming out with all of these things and they were just going.

Oh my God, it was all this stuff that really resonated with them. There's no way. I mean, it was just she went from everything, from recipes of how to cook some of the family's favorite foods, to Halloween costumes, to real estate you know, sell this house and a situation where there was somebody that was in rehab and she was giving advice about that. I mean, it was just all over the board. And she was giving advice about that. I mean it was just all over the board. And this family got so much comfort from knowing that these answers were from their mom, because they resonated so much with them first of all, but also knowing that she's still around

them and she was seeing stuff that they were doing because she was referencing it. So I was just the translator in that.

Okay, let's move forward for a second. I love the title of your book *Two Minutes for God Quick Fixes for the Spirit*, and in that book you tell stories about incorporating spirit into our life and the lives of others. Can you share a couple of examples with us, some couple of quick examples of what we may find in that book?

Oh sure I would think it would be a joyful read it is.

1:00:05 - Peter

It was a selection of the 1,700 scripts I wrote for my TV spot over 15 years, and the one that comes to mind is this story of truth. And all the stories are true, except for the parts that aren't, because I had to change the location to protect the guilty in incident and I live in a small town, so a lot of the stories are about the people around here, but they always end with a prayer and a thought for the day. And there was this old fellow named Everett Everett Trask. And Everett Trask was a lobsterman and he was a character.

Everett Trask was a lobsterman and he was a character and everybody loved Everett. He was very loud and didn't always wash well, but he was really pretty smart, but not uneducated, but very smart. And he had a lobster boat and one day he was wearing his, his waders and his, his oil skins they call them there's, there's, there's bibs and his in his, in his coat, and he fell overboard and he was in the cove but he couldn't swim because a lot of fishermen in those days, they didn't know how to swim, and so he sunk to the bottom and he was standing on the bottom looking up at the bottom of his boat and he thought what am I going to do? And he decided to jump. So he jumped up and caught a breath and he sunk down and jumped his way to shore. Like it took him like an hour, jumping up, catching his breath, sinking down. Jumping up, catching his breath and sinking down.

And he told me this story. And what he told me was I never gave up. I never gave up because I wanted to see my wife. I never gave up because I thought that I could do it to see my wife. I never gave up because I thought that I could do it. And so the thought for the day would be something like in your spiritual life when you feel underwater, like you're going to drown, take a clue from Everett jump up, catch your breath, you'll make your way out, that kind of thing. It was quite a fabulous gig I had. I really loved doing that.

1:02:01 - Julie

What's the most unexpected after effect that you've realized after all these mystical experiences that you've encountered in your young life?

1:02:14 - Peter

There are a lot of after effects, but I guess the one that was most troubling and most powerful it was your greatest gift is your deepest curse too sometimes was the radical increase of my capacity to see into people and to feel their emotions, and initially I couldn't tell where I began and they ended, and I still have this problem. I've learned to manage it much better, but there are times when I can't, when someone's emotions are so powerful that I have to step away in order to be myself again. And some of the ways I've learned to step away is physically kind of back off, but I've learned to step inside myself. Way is physically kind of back off, but I've learned to step inside myself. And so the deeper I go inside myself, the larger my capacity becomes for the presence of the peace. The more I rest inside the peace, the more I have back pressure against the emotive aspect of people's projection of themselves. And I became a super empathy person and I needed to figure out a way to manage that.

But also I tried shutting it off Early on. I was like shutting this thing off. You know I can't deal with this thing. I retreated, I went to the countryside, I stopped going to concerts I didn't go to. I just like became isolated because of this. But I found that when I shut it off I kind of shut off my third eye, like I my my capacity to see the light was still there, but my super sensitivity to understand it was not, and so I had to leave it open and then I had to figure out how to manage it and live with it. And it's been. I've used it. I'm a counselor, I've been doing counseling of all different kinds for lots of years, but I use it and I see into people. It's a superpower.

1:04:08 - Julie

What does that mean? When you say, you see into people, what does that mean?

1:04:11 - Peter

When I listen to them, I can't just like stare at some. Well, there are some people I can stare at and I can see that they've got a wall. There's some people who I stare at and I see they have darkness or sadness. But to understand this particular nuance about what there is troubling them, I will listen to them, talk and ask them questions for quite a while of time and I'll write down ideas and things and questions and then suddenly I'll get an understanding that I didn't really process in my head and I'll say something like so do you like maple syrup? What about that maple syrup idea? And they'll be like I didn't mention maple syrup, but the maple syrup was in my day to day, that kind of thing, and so it's not like I go hunting for it.

1:04:54 - Julie

I just, in the same way that I, listen to the voice of the divine, I listened with the ear of my heart and let it marinate on its own, Let it lead you. It sounds like.

1:05:08 - Peter

Oh, I'm a follower for sure.

1:05:09 - Julie

Couple more questions as we're winding down. Yeah, couple more questions as we're winding down here. You say that dying is just the beginning. What do you mean by that?

1:05:19 - Peter

This life is a tiny little thing. For me, it's evolution. Death is evolution, is personal evolution, it's advancement, it's expansion, it's opening. It's something that everybody's going to find out. Nobody's not, everybody's going to go, and it is much bigger on the other side. You are much bigger on the other side and it is eternal life over there. It's eternal life. It's so much better than here.

1:05:53 - Julie

Okay, so why do we incarnate?

1:06:14 - Peter

Okay. So why this happen to me? Why me? Why me? I don't want to be this thing, but I think it's much larger than us. It's chickadees and black bears and dolphins and shark and trees and the planet and Mars and our galaxy and all the other interstellar billions of years of evolution on all these other planets. It's not just us. Billions of years of evolution on all these other planets. It's not just us. The entire thing, the entire universe, is a manifestation of the divine being itself inside of all there is, and that my soul seems to be this subset of the divine self. That I know.

My purpose here, my purpose is my incarnated to be a channel of light. That's my job here, and so I can't speak for anybody else. But my job here is really my incarnation. My incarnations over lifetimes has been about the purification of my attachment to myself in each incarnation in order to be a clearer channel, and I think I screwed up when I came back and made the choice

not to go into the purest of the light itself when I had the opportunity and may. If I have to come back again, may I do that, because I think that for earth if we're just talking about Earth, humanity has expanded to every continent, we have all these different languages, but we share 99% of our DNA 99% I'm, 99% you, Julie, and you're 99% me and that I don't think that the I think that politics and finance and commerce, and economics and religion, and none of that has solved our basic, fundamental problem of our egoic attachment to ourselves as it's projected into our tribalism. And so I think that there's many of us now on the planet who are aiming to nudge the culture in a direction that's larger than our history. And so, in terms of being purposeful here in this life at this time, I think the more of us that aim toward the oneness of being, toward the light itself, towards helping others, serving others as you do, what you do is so helpful to so many people in this real, physical, present way that fills a need in their lives, the more we can be of service to others in these ways, the greater chance we have as a collective to nudge the planet toward a more equitable humanity.

And so people ask the individual question, though why am I here? Why is my life terrible and you get this terrible? I didn't read your contract. I don't know what's going on inside of you and why you're here in this particular life but I do know this is that if you look inside yourself, you'll find the thing that you are, and when you find the thing that you are, everything else gets better. Even though it's terrible, it still gets better. It is this I live in a bubble of heaven, even when my life is like this week I've had all sorts of tech problems, like tech problem, tech problem, tech problem and I'm trying to do other stuff and I'm like, and even in the middle of that, even when I'm like, oh my gosh, I've got to see Julie and I've got to solve this problem, even in the middle of that, there's still this presence and it gives me this eternal knowledge of the temporality of this life and the truth of my own limitless nature.

1:09:52 - Julie

Yeah, you are a fascinating guy, to say the least. Thank you for sharing your experiences and your wisdom and your journey with us. My goodness, I think I could talk to you for many more hours and cover some other topics. I think we've just scratched the surface here. You've given us a lot to ponder, certainly. So how can people learn more about you and your work? I'm at peterpanagorelove.

1:10:26 - Peter

peterpanagorelove, All my links are there. That's where you can connect to me.

1:10:31 - Julie

Okay, all righty, everybody. That's it for today, sending you lots of love from Sweet Home Alabama, and from Maine too, to where Peter is. We'll see you next time.

1:10:43 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan.

1:10:57 - Disclaimer

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