

AJR - Lisa Wetsel Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:44 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Lisa Wetsel with us on the show today. Lisa channels the Akashic Records and I have lots of questions for her about what kind of information can be found there and how they can assist a person on their spiritual path. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go talk with Lisa. Lisa, welcome to the show. I'm so excited to have you join us today.

0:01:23 - Lisa

I'm so excited to be here. Thank you so much for having me.

0:01:26 - Julie

You bet. What are the Akashic Records?

0:01:31 - Lisa

So I like to answer this question in two ways. If you don't mind, sure, I'm going to give you a brief breakdown and then, if you don't mind, I would like I have my records open. I would like to have the guides give their explanation, if that's okay with you, sure, because they explain it a lot better than I can. I don't have a good definition, that's elaborate, mine's very basic, but what the Akashic Record field is is a field of energy that holds the memory of all things and it's every thought that we've had, every experience, everything that is and it is within the realm of all things.

It's not just limited to the humans, it's the history or the experience of a drop of water All animals, it can be a tree, it can be a blade of water All animals, it can be a tree, it can be a blade of grass and we don't really recognize the magnitude of what is all in this field of energy. It helps to coordinate and create the synchronicities of all things, you know. It helps to plan and lay out and make sure that all of our helpers understand what the next step is, where we're going from this particular moment and how everybody needs everybody, all of the guides, all of our helpers come together to create the outcome of what certain situations need to be and how everything works together as a whole, and so that's what my version is of the Akashic Records, and again, it's very limited, but I'm going to ask the Akashic Masters if they'll give their explanation, if you don't mind.

That'd be great. Yeah, and I want to let you guys know, because sometimes people don't understand how I channel, because I'm a little bit different when I provide information. You're either going to notice that I close my eyes or else I look to the side. When I look to the side, basically I'm just trying to shut my brain off and I just kind of go into a zone. So if I look odd, that's why I'm zoning out Okay, but what we want you to understand is that the Akashic field

and the masters that serve all are provided in order to create the consistency and the understanding of life as it's meant to be.

What we want you to understand is that the guidance that's provided by the Akashic field is provided to all, and what we want you to know is that the simple question can provide a simple answer.

If the human choose to ask, then we provide the information that is needed in order for the human to move forward in their footsteps.

But what we also want you to understand is that we hold the records to all things, which also consists of the soul's contracts, the soul's agreements, and what the universal plans are that create the future and what is to become. We also want you to understand that our information is provided to all levels of consciousness, in all dimensions and all existences. We want you to understand that there is no stone left unturned. We want you to recognize that we are the ability to hold all things, all knowledge, all wisdom, all experiences. And we provide this information for you today so that you can recognize that the magnitude of your life is more than just what the human process is. It's a magnitude that is much grander than what the human can conceive of, and this is what we want you to understand today. So I don't know if that explained much more than what the human can conceive of, and this is what we want you to understand today. So I don't know if that explained much more than what I said.

0:05:30 - Julie

Yeah, yeah, it just kind of expanded on it a little bit.

0:05:35 - Lisa

Yeah, I would say yeah, and I also, I just want to kind of, you know, expand on also that. You know we as humans, expand on also that. You know we as humans, we also don't recognize the roles that the Akashic Records masters play and in the way that they assist us in our everyday life and when we can get down to really truly understanding that. You know, my soul, that resides within me, has a specific plan and it also, it also is used as a tool to create the outcome for many individuals. It's not just about me, and when we understand that the Akashic field has has a team that understands that, okay, on January 15th at five o'clock, this specific event has to happen. So, hey, you guys down there, all of you, all of you guides, you know, get yourself in gear because we have to create this event to happen. And then we as humans don't recognize that. You know, maybe it's in November, before January, and then all of a sudden I feel a little tap on my shoulder that takes me down a direction and may introduce me to something new that I wasn't aware of. That created a certain interaction that would become a grander thing in the outcome of what is meant to be on this January date.

Whatever I said, I think it was the 15th. So we don't always recognize that our guides work in a much grander way than just for me and just for you. It works on this huge for you. It works on this huge scale that is beyond what any of us can understand and how things have to be set up in order to have that certain outcome. But what we also may not always understand is that when we hear that little voice in our ear that says everything's going to be okay, or you need to go to the left, or you need to get up and move now, all of these little signals and these little things that we are told and that we hear, if we really truly pay attention, we'll recognize that it's all in the grand plan, the grand scheme and how the Akashic Records and all of our guides work together to create what is.

0:08:10 - Julie

All right, that's a lot to unpack. I have about 15 questions.

0:08:14 - Lisa

Yeah, and of course I have about 20 years of being able to grasp this.

0:08:20 - Julie

Yeah, yeah, that have been spawned. I guess is that the word that have come out of you know what you just mentioned. First of all, are the Akashic guides different from the regular spirit guides, different from you know, like our main spirit guide, our guardian angels, other guides, deceased loved ones and other spirits that are guiding us, god himself, and you know other spirits that are guiding us, god himself and you know whatever you believe. As far as that goes, are the Akashic guardians kind of like librarians?

0:08:52 - Lisa

Well and again, yes and no, yes, but to answer your question, they are separate, it is separate. And so the way that I've always, and so the way that I've always the way they tell it, they explain it to me, is that the masters of the Akashic field are basically, I always see it like a control tower, you know, like all of those little masters. You know, because obviously they break it down to put it in the way that we silly humans can understand things, right, right, right, they break it down to put it in the way that we silly humans can understand things Right, right, right.

So I always see it more or less like the structure of running a business and in the sense that you have, you know, you have the masters, the ascended masters, the great ones, and you know these that are kind of overseeing the whole program, and then we have different levels of understanding.

So then you have somebody, you know somebody. I always call them some buddies, the masters, the guides that recognize. Okay, I'm sitting in front of my little monitor here and I see that this has to happen. So, hey, angel Bob, you need to make this happen. So I'm connecting you and giving you guys all of the information you need to help this little soul out, make sure that it knows what it's supposed to be doing and it's calling for help. So you guys get down there and start helping the human recognize that there's a specific plan. Now, obviously that's very humanized description, but it's not that necessarily those masters are the ones that are tapping us on the shoulders, but the masters are basically what is coordinating and helping to lay out how and what needs to happen, with all of the other guides that assist in this grand scheme of things, so that we can make sure that what we're supposed to do is we'll stay on track.

0:10:48 - Julie

Almost like a director in a movie too, making sure all of the stars and the extras and the props and the stunt guys and all that stuff are there to shoot a scene. Yeah, and I love the air traffic control analogy. I think that's perfect too, which leads me to ask I've got something going on. You've got something going on. We're going to interact today in this chat that we're having. So are the Akashic Masters then sending information to me, to my guides, to you, to your guides? So that's scheduled on this day, at this time, to talk about these different things. When I was prepping for this talk, were they guiding me on what some of the questions were to ask? Absolutely.

0:11:44 - Lisa

And recognize that we are always with you.

What we want you to understand is that this specific conversation that the two of you are having is creating the consciousness and the understanding for the individuals to listen, to hear the magnificence of who they are.

What we want you to understand is that this specific message is being given to all that are to hear so that they can see the truth that is, of our words and not of the man-made words. So it's very intentional. Whenever I open my records, I say a protection prayer before I open it and then I have a prayer that I open the records with specifically for me. But I always try to get in that place and I'm sure you understand. We got to quiet our minds a little bit and I could feel the connection with you very clearly and I have the ability to trust that my guides are going to guide us to what they need to have said and to have heard. And that's where the part of you and I come together, to where we have this little bit of understanding, of surrender and allowing the words to come through us that need to be heard. Right, we become the mouthpieces.

0:13:09 - Julie

When you say you open the records, what does that mean? Is there a procedure that you do? Is it instant? Does it just stay open until you close it? What's? How's that work All of that?

0:13:21 - Lisa

All of the above? Yes, all of the above. Um, well, so when I started, you know the basic, the basic way you know, for the way that I learned how to open the akashic records, because there's different ways like edgar casey would go into a trance, you know there's different ways that people access the records, but the way that I was taught was by saying a specific prayer and this prayer, you know it has a little bit of a history. It started in Mexico and then was brought into the United States and then my teacher the teacher of the teacher, of the teacher, you know was handed down this specific prayer and so when I learned how to open or access the Akashic Records, I used that specific prayer to open them up.

0:14:12 - Julie

Now I still use the prayer and if I'm so you say the prayer, and then you can feel your energy shift in your body, absolutely, and so is the prayer short. Is it long? Well, it's not too long, it depends. And so is the prayer.

0:14:24 - Lisa

short Is it long, is it? Well, it's not too long, it depends. You know, there's two different prayers one for opening my own records and one for opening somebody else's records, and the one for opening other people's is a little bit longer than it is for myself. But, yes, whenever I say the prayer, then and there's a procedure to it it's not just saying the prayer, but whenever I, when I start saying it, I can feel the energy. I'm very sensitive and I feel the energy start to spin and then basically, it ends up in my heart area and I can feel it around my heart, and so I can recognize when I'm in the records, because I can feel that energy.

0:15:02 - Julie

So if you're working with multiple clients throughout a day or doing multiple interviews or whatever, do you say the prayer every time before you start the conversation with each individual person. So it's a prayer that's just specific for that person Every time. Okay, and then when you're done talking with them, then do you close the records. Do they close on their own? No, I close them specifically.

0:15:30 - Lisa

So you know, like I do private sessions and I do, I do oh my gosh can't talk. I do sessions every day, six days a week and or sometimes seven. But it is the point of where if I'm getting into your records, specifically Julie Ryan's records, then I'm going to say the prayer to open your records specifically and then as we end the session, then I'm definitely going to close your records and make sure that your energy is out of my field and I go through the extra cleansing process because I don't want to open. You know the next person that's after you, you know we need to make sure that I'm not giving them your information or you know the person that was before you.

You know, we want to make sure that it's an open and a close and an open and a close and an open and a closing. It's an opening and a closing and an opening and a closing, and an opening and a closing.

0:16:25 - Julie

Okay, yeah, all right. You talk about the synchronicities of all things. Where does free will come into play?

0:16:37 - Lisa

Recognize that free will is a significant part of the human nature. We want you to understand that all humans have the ability to make the choices and decisions that are regarded as the mind's thoughts, but what we want you to understand is that the ability that the human has to listen to the truth of who they are and what is to transpire is a significant one. We want you to understand that free will is typically created due to the constructs that have been put within the human's construct so that they would make choices or decisions from the experiences, the fears or the examples that they'd been given throughout their lifetime. But what we want you to know is that the ability to follow the synchronicities or the paths that are meant for the specific individual is pushed and guided by the synchronicities of the universe, and also the ability for the guides to help walk or show the individual the path that is needed.

0:17:40 - Julie

And is that roadmap drawn out before we incarnate, before we're born?

0:17:47 - Lisa

It recognizes it. The path of the human is synchronized centuries before the existence of what the current life would be. And that's a good question, because a lot of people don't really get that. We're here right now, so we have a tendency to think you know, this life was created, you know, at the point of conception or the point that I was born and then it's going to end at that time.

But if you really truly think about all the experiences that we have, how would I be born to my parents if my great, great-great-great-great-great-great-great-great-grandparents never met? And you know, if you really look at the magnitude of how, where we are at this moment had to be created. It had to be created lifetimes, lifetimes ago. And the plans have been there, you know, for specific outcomes to happen and to transpire, to create the life that we're living in this particular moment. So, again, you know my parents had to meet, they had to be born grandparents, and it goes down that you know our lineage to get us to this point, to where we are today. And they're laughing.

I'm hearing them laughing at me and saying except for when that thing called free will comes in. So yeah, but what the point is is that the plans have been made, but because of our free will and we understand this you know we hear all the time about the different timelines, of the way that we can maneuver around. You know, with the different choices that we make, you know then there's different outcomes that can happen, that can change the course. But basically, what the main goal is for our guides is to have the completion done the way that it's needed to be done. We just might take some detours along the way.

0:19:50 - Julie

That's what I was going to ask. A lot of the time we'll get the same outcome, but perhaps through a circuitous route that wasn't originally planned, but we still get there, and it's all about what the soul wants to explore and experience in this lifetime. Is what I've been told. Absolutely. So I get that our current lifetime was arranged centuries ago. I understand that. So does that mean that all of our past lives also were arranged centuries ago and then they led to

the current lifetime, with all of the players in all those past lifetimes? Am I understanding that correctly? Recognize this as so? Okay, so then there are schools of thought that believe that we live multiple lifetimes concurrently. How does that come into play, and is that true? Do we live lifetimes, multiple lifetimes, concurrently?

0:20:47 - Lisa

Okay, I'm going to start this question with saying I am not saying that I have all the answers. I am not saying that anybody's right or wrong, because we all have experiences, oh yeah, Absolutely.

But what we want you to know that, as you recognize who you are as a human being, at this particular time you are living the life and the existence that is meant for your specific soul to be here to have. What I'm seeing is like this big explosion, so to see the whole picture of what is meant for this particular lifetime in this particular realm. But what we want you to understand is that there's many different dimensions of consciousness and we also want you to recognize that there's many different planes and realms that can be created at the same specific time. But what we want you to understand is that your soul's existence to understand is that your soul's existence on the earth at this particular time is what is, is what is of the most importance, as the experience in different timelines and experiences that are not within this particular dimension are not, are not relevant to you as a human being at this particular time.

0:22:02 - Julie

Okay, and again I'm just repeating the let's say we're having a lifetime in a galaxy far, far away, and I would think that perception of that lifetime would be what our focus would be on in that incarnation, even if it's happening concurrently with the human one. So whatever lifetime is happening, even if there are multiples happening concurrently, which makes my brain want to explode because I don't understand it from a human frame of reference, but it's going to be.

you know you're in some galaxy far away. That's going to be what your spirit or your soul wants to experience and explore in that lifetime too.

0:22:52 - Lisa

Thank you for understanding that.

0:22:55 - Julie

Yeah, well, yeah, just trying to get clear on that. Okay, Fascinating. Okay. So you've mentioned that, since they're air traffic controllers and they're bringing together all of the different variables that are needed to achieve an outcome of something that our spirit wants to explore, I use soul and spirit interchangeably. I use spirit more than soul. Soul to me sounds religious, like a Catholic girl, you know, with 12 years of Catholic schools. So I do use spirit more than soul. But if that's the case and I tend to believe that it is because that's what you're channeling does that mean that the Akashic records are not just past things that have happened? Do they involve present things as well and future events? Absolutely.

0:23:47 - Lisa

Okay, yeah, yeah, and that's another thing that you know. A lot of people only, they think about the records only happening from the second into the past, but they also hold what is the projected future. They hold the records of all things and you know what they're saying. What we want you to understand is that the idea and the thought of what needs to occur is the idea of understanding how to project into the days to come so that all relevant events will happen and transpire in a way that is of congruent nature to have that specific outcome. And so you know again, when we talk about the records being able to provide the information for all things, you know it is. It's not like they're just holding everything, it's like they hold the records to what this is, what is supposed to happen, the you know, these are the events that are occurring and

we have to have this specific situation happen at this particular time in order to create the certain outcome.

So, with that being said, is that, yes, they hold the records to what is the past, present and future, but we all know that the future can change. And so they have they're laughing, I'm hearing they have the blueprint and they understand it's all laid out and it's like they understand. You know what needs to happen in order to create the outcome, but sometimes there's, you know, like I'm again. I'm looking at the building, a building and all of the ins and outs that can happen to delay a building or, you know, prevent it from actually being constructed. So there are things that happen that are planned out there for the future but may change.

0:25:36 - Julie

What's the best way that we can follow our guidance, recognize its guidance, follow our guidance, recognize its guidance and then follow it, so that we are on the path or are on the blueprint of what we've wanted to come in and explore, getting out of the mind.

0:25:59 - Lisa

Getting out of the mind.

We're so stuck in our heads and we're such decision makers that you know that we have to look at a situation and evaluate and then make the most logical answer or follow the easiest path and sometimes it may not be the easiest, it may be the hardest that our mind creates us to take, creates us to take.

And so when we when my guides are jumping in again when we begin to recognize, you know, when we as humans can allow those minds, thoughts, to be set aside and we can start hearing that inner voice, that inner knowing, you know, start begin to be more aware of when we feel a touch on the shoulder that's trying to push you in a different direction or show us a different side, when we're repeatedly seeing, you know, like numbers and symbols and things that are trying to get our attention.

When you get out of your head and you really learn how to kind of go more with the flow and allow things to transpire the way that they're meant to, without trying to push and change and force, you'll begin to find that you become more connected and in tune with the truth of who you are. And you know I always use this channeling, this channeling thing, which you are aware of as well. You know how do we channel the second, that we start feeling something come in. We shut that mind off and allow it to flow through us, and if we could learn how to do that on a daily basis, you'll stay more in alignment with who you are and you'd receive the messages from your guides and you would recognize and you'd learn how to tell the difference between the mind and what's being said to you or what's guiding you between the mind and what's being said to you or what's guiding you.

0:27:51 - Julie

Well, in my experiences, I can hear communication coming into my head and I'm well aware of what's going on. It's not like I'm in a trance or something Obviously you're not either but we hear guidance coming in and I think we, especially in the Western world, perhaps throughout the whole entire world maybe not in indigenous cultures that are living in the Amazon or someplace like that but we're taught to be analytical thinkers, absolutely. We're taught to be critical thinkers they call it in the schools and we're taught to turn off that intuitive voice that we all have, and I think that it's probably I would go so far as to say most likely come down through all the civilizations and religions and great cultures of the world as a way to control the masses. You know, don't follow your gut. Follow what we're telling you that you need to do in order to have a certain outcome of whoever's the leadership, whoever's in charge.

0:28:53 - Lisa

I agree, 100,000 percent. Everything that you just said, yeah, absolutely yeah. And you know the thing, and you know, know, and we keep talking about this fifth dimensional thing and you know, moving in from, you know, going from the 3D world to the fifth dimensional world.

0:29:09 - Julie

And this is exactly what that means to people that have no clue.

0:29:13 - Lisa

Okay, so the 3D world is basically more of the mind's construct existence, basically more of the mind's construct existence. It's more of this heavy, denser energy that we're existing within that creates the fear and the anxiety, power struggles, you know, the living in the trauma, the things that bring us down and that are heavy. And as we're shifting into this newer dimension of consciousness, which is the fifth dimension, it's helping to break down those old constructs so that we can live more free in the truth of who we are. But exactly what you said we've been so conditioned as human beings to live certain ways, and for thousands and thousands of years. I mean you look at the idea of slavery and the control and the power struggles just around that specific thing, just slavery, and how being a slave takes away your identity, how you become subservient to another master, you know, and how the master is the person that's in the power and the control, and how you belittle a human life. So if you take this construct, just this simple idea, and you begin to recognize just how those basic factors get ingrained in our brain, that there's a difference between you and me because I have this and you don't.

And so when you look at these little bitty things that have been passed down through centuries of the way that we treat each other and the way that we look at each other and the way that we live our lives, because this is the way that society says.

This is how it's supposed to be.

It's created that brain construct that is totally living from our minds, it's living from the head. So the choices and the decisions that we're making are either because I'm living my life like this, because I want to be accepted by society and this is what they say I have to do. It may not be that it's making me happy, it may not be that it's fulfilling my purpose in my life, but this is what society says. So this is what I'm going to do. And so by breaking down those constructs, that conformity that we've all been put in, then we find a freer way of being, which is moving us into this fifth dimensional construct that allows us to live in a way that is the more natural, pure way of who we actually are as human beings, and not living under the umbrella of all of these other individuals, societies, all of the religions and all of that stuff that has put labels on us and basically pushed us in a way of being so that we would fit their constructs and not the truth of who we are.

0:32:17 - Julie

Well said, and I'm thinking too when it comes to slavery. I live in the Deep South, so you know, my first thing I'm thinking of is the slaves on the plantations. But in reality, slavery has been around since the beginning of time. In all of the ancient cultures there were slaves, and then we get Moses freeing his people, you know from Egypt and we've got all these things throughout the millennia, and even today we're all slaves in some way, because to a government or to a religion I'm thinking of the whole COVID stuff. You know, you had to stand six feet apart, you had to wear a mask. In certain places you had to do this kind of a thing. In some countries they weren't allowed outside of their homes, and so is that a form of slavery? You bet it is, but in the mask it's the government?

0:33:17 - Lisa

Yeah, but I mean, let's just break it down to the everyday. Yeah, but I mean, let's just break it down to the everyday. Are you in a relationship and in that relationship are you sacrificing yourself for the wants and the desires of somebody else? Are you living your life trying to keep somebody else happy when you may not be specifically, really truly happy, but you're trying. Okay, make sure that Bob is happy, you know, and he wants to do this. I don't really want to go, but I'm going to do it anyway because this is what he wants. He doesn't ever give back to me, but I'm going to make sure that he stays happy because I'm insecure in this relationship and I feel like I have to have it to give myself security and meaning and purpose, you know.

So it's the most basic things that we make, the choices and decisions that we make every day. If you really start breaking down to, you know where I'm making this decision because, you know, my mother told me that this is the way that I'm supposed to be. You know, when I was two years old, my mother said don't say those things or don't talk like that, because people don't like it. And so I'm constantly at 60 years old, I'm looking at. I have to be careful about what I say because I don't want to disrupt anybody, I don't want to make anybody unhappy. And so when we really look at the magnitude of breaking these things down, it's the everyday life, it's the choices and decisions that you make throughout the day that if you really look at why am I making these choices and decisions, then you'll begin to recognize I'm making this choice and decisions because the pastor said that I needed to, or else I'm going to hell, or that my mother said I won't be accepted if I tell anybody that I needed to, or else I'm going to hell, or that my mother said I won't be accepted if I tell anybody that I talk to dead people.

You know all of these little things that we really truly don't think about, that it really dictates our lives, and so where we are today is looking at ourselves and beginning to really recognize that we're being put in these situations and these things are starting to come up. This old conditioning is coming up to us for us to really look at and recognize. Maybe I don't really believe this, maybe I've always looked at the situation this way because my mom, my dad or my teachers or somebody put that idea in my head and so I just thought that way it was. Maybe I need to shake this up a little bit and recognize that that's not really who I am and it doesn't make me happy. So now I'm going to make some changes, and so what?

The interesting part about all of this is going back to you know who we are as spiritual beings is that the more that we can deprogram that conditioning, the more that we come into this natural state of who we are as a spiritual being and our mind becomes more open and receptive to becoming more intuitive and listening to our guides and recognizing when all those signs and symbols are being presented to us, because we're not living in our heads anymore, we're more open and that channel of communication can come to us more freely.

0:36:31 - Julie

You're making examples and I'm hearing examples coming into my head and I'm thinking, okay, I can change that ingrained thing in my brain not to wear white after Labor Day. That ingrained thing in my brain not to wear white after Labor Day. Still, it's still. I still don't do it. But I know it's stupid, yeah, but I still don't do it and I don't carry a white purse after Labor Day. You know if I'm dolled up or something.

But on the other hand, I pay my taxes and I just renewed my car registration to get the little sticker for my license plate yesterday online. Yeah, because I know if I don't do that, I'm going to, you know, get pulled over and then it's going to be a problem. Yeah, for me, yeah. So it's interesting when I heard you say well, you know we can make decisions, whether we want to do something or not. Yeah, and there are still things that we're expected to do to live in our day-to-day societies, like renewing my car registration. I was just thrilled that I can do it online and I don't have to go stand in line at the DMV to. You know to go pay for that, and I appreciate that they've become technologically savvy.

0:37:46 - Lisa

You know, in my county and in my state yeah, but I'm sorry I'm going to interrupt you and I didn't mean to, because I've had this come up before and it's like well, okay, you're giving us a scenario that how is the world going to turn? Well, we're still going to have a brain. You know, we're still going to think, we still have to follow the rules. I mean we can't go drive on the wrong side of the road. I mean you still have to stop at the red lights. I mean you still have to function.

But what the difference is is the way that we present information, the way that we see and the way we view things, and because we will become more connected to one another and recognize that, you know, maybe there's not a separateness between you and me, because you and I are from the South, and it's being from the South you understand that term being a Yankee, do you know? People in the South don't like Yankees, you know? Well, okay, well, I love the New Yorkers. Okay, so it's like, okay so, maybe, and I am a Yankee.

0:38:46 - Julie

I grew up in Ohio. Okay, you just live in the South. I lived in the South for a long time, but yeah, I am a Yankee.

0:38:53 - Lisa

But you understand that. You know it's breaking down these constructs that keep us separate, keep us in. You know, in this idea of smallness, the idea of just being controlled in the, in the everyday, you know it's this thing of you know being ingrained that I'm inferior because my, you know, maybe I had a childhood that was, I was bullied as a child and so I have this belief system or this feeling now that keeps me small because of the way that I was treated. Those are the types of things that we're talking about breaking.

0:39:27 - Julie

Right, and when we do that, we change our perspective Absolutely, which changes what we attract, which changes the path that we're going to take. Yeah, which perhaps is more like the blueprint that we've figured out. I loved this centuries ago. I never heard that before, but it makes sense if you think about all the little strands of the spider web that have to come together in order to give you the experience that we want to have in this incarnation. It's fascinating. Yeah, it is All of it. So when people look at Akashic Records and they get guidance from Akashic Records, I've heard people say well, how is that different from the Bible or from other holy texts?

0:40:17 - Lisa

That's not anything the same.

0:40:19 - Julie

I know, but I've had that question asked to me have you Okay, yeah, okay, spiritual texts, or the Torah, or the Bible, or, you know, the Quran or things like that? How, how? I guess a better question is how does that information guide us in a perhaps a more elegant manner than reading the holy texts that give guidance to?

0:40:48 - Lisa

Yeah, they're laughing and saying again because those texts are man-made. They say we are not, but what we want you to understand is the difference between the creation of the written book is the regurgitation of words, thoughts and concepts that men created, that did not come from us. But what we want you to understand is that the concept of the universe and all that resides within the universe is much different than the human realm, and this is what we want you to understand.

0:41:25 - Julie

But are there nuggets of wisdom found in those books, as in pretty much every kind of whatever we're going to read? Absolutely.

0:41:35 - Lisa

Yeah, no, there is, but the thing about it is, though, is just the way that it's interpreted, and, again, you know, it's the understanding that men are one is what the truth is, and what we want you to understand is that, when there is any form of separateness or division that is created between one man and another, there is false.

0:42:01 - Julie

False or false?

0:42:07 - Lisa

Big statement there, yeah, yeah. But the main thing is is that you know, we understand that. You know there's so many things that are out there and again I mean going back thousands and thousands of years that separate one human from another, that cause division, when in the universal construct we're all the same, we're all one. And this crazy saying we're all one, it's this intertwining.

And again, you talked about the web, the web between my soul and your soul, the web that is between the soul that is between you and me and the person that lives in Georgia or France or Arabia, or wherever it may be.

Just because that our lifestyles may be different, or because our experiences are different, or because our skin colors are different, or even if our religions are different, underneath the core we're all one and the universe created us to be this intersecting huge web of oneness. We are all connected. That crazy, crazy saying that you know that the universe keeps saying and we say you know so many people say, but they really don't truly understand the concept of this energetic pattern that is between soul to soul, to soul to soul, and it doesn't matter if you're a human or if you're an animal, or if you're a plant or what it is. We're all connected with this grand scheme of this energetic pattern that holds us together as one, and so if we can really truly understand that concept, instead of the words that say I'm better than you or you're less than me, then they're saying then you'll begin to recognize what the truth is.

0:43:54 - Julie

Back to the air traffic controller example that you mentioned earlier. When somebody experiences something horrific earlier, when somebody experiences something horrific loss of a loved one, horrible car accident, hurricanes and floods and tornadoes and all that that we've been through here in America and the Southeast in the last couple of weeks are they orchestrating those events as well to help the individual you or I or whomever explore and experience, whatever their spirit came in to explore and experience?

0:44:33 - Lisa

Is that recognized we are, and what we want you to understand is that, on the spiritual realm, that the truth and the consistency of the human is the soul that lies within. And so what we want you to understand is that there are many experiences that souls need to have in order to shift and change the consciousness of the human being that they reside within. We want you to understand that there are many, many cases of turmoil that individuals have to go through in order to create the understanding of what is needed or what is to be the end result. So what we want you to understand is that, although the human mind can't fully understand or develop the concept of what is happening, we want you to understand that all souls know and are exactly in alignment with who they're meant to be.

0:45:25 - Julie

Okay, all right. How about our exit points? Do we have that ahead of time? Is that in our blueprint that some people talk about? There are multiple exit points we can choose. Others say my philosophy is happy, healthy, dead. That's how I want to go out happy, healthy, dead. Well, and I say that all the time, I mean that's how I want to go, and is it something that is predestined and then we can choose not to do it? Do we have exit points that are kind of like you know, you go in a stadium or you're on an airplane and you're looking to see where are the exits in case something happens and I need to parachute out of this plane? How does that work?

0:46:13 - Lisa

What we want you to understand is that an exit point is the opportunity for the human to leave the physical realm. But what we want you to understand is that the soul's desire to stay on the earth or within its specific human in order for it to live its fullest capacity, which is needed for the growth, is given the opportunity to complete the transition, but basically meaning that the soul is meant to be here to have its experiences and go through what it needs to go. So if it's time for, like, the soul has completed its mission, then okay, well, it doesn't need the human body anymore. So there's the opportunity to leave or to expire. But what we want you to understand is that there's also many times where there are accidents, that things can happen in the human realm that create an existence that can transpire sooner than what is planned, and this is also the opportunity that the human has. So the other thing you know, people have the tendency of that old saying there are no accidents. Well, yes, there are, because, again, we have free will and you know everything that is inside of us could be saying you know, don't, don't, don't, go behind that truck, don't drive behind the truck. You need to pass where you need to go down and you're just going oh, I'm fine. And then something falls off the truck and hits you. And you're just going, oh, I'm fine, and then something falls off the truck and hits you you know it's. You know how many times that we've had that inner voice that says to do something and we ignore it and then something happens that wasn't a fun result. You know how many times have we heard the stories that you know something tragic happened 9-11. And how many stories did we hear about somebody didn't go to the office that day because they didn't feel good, or they had an inner voice that you know delayed them or did something that they didn't show up. You know, if we choose to continue to not listen to all of these signs and we make these choices through our mind, our rational reasoning then we can put ourselves in situations that can hurt our physical bodies, and the physical body may not be able to survive or it may damage it in a way that wasn't necessarily in the plan and it just changed the outcome of what our human design or plan was at the time that we came into the world. We're saying so. However, we want you to recognize that the human has the opportunity to continue on in the way that the soul is required, or else they can choose a way to leave if they want to. So we still have the free will to leave if you choose to.

Maybe you're in such a frame of mind that you have convinced yourself that you don't want to continue to live and so you take your own life. Was that destiny, or was it meant to be, or was it a choice that I made from my mind? Obviously, we would have to look at that whole scenario. But if it was a choice that I made for mine, I just took an exit. It really wasn't planned, but it was an exit. And so, again, what I keep hearing if I haven't made it clear yet, is that there is a plan for the soul, and the soul is going to do everything that it can to continue on its journey in the specific vessel that it can, to continue on its journey in the specific vessel that it chooses to. If it's time for that contract to end, then the soul will allow that to end.

0:49:52 - Julie

If that makes sense, it does. And do souls or spirits choose to leave, kind of like I'm volunteering for duty because my loved ones are going to be able to explore and experience what it's like to lose a child? You know, lose a loved one very unexpectedly, somebody having

like a car accident, and they don't make it kind of a thing. Are there situations like that where somebody kind of volunteers for the good of multiple other loved ones? Absolutely.

0:50:31 - Lisa

Absolutely. And again, it's so hard to understand when you're grieving. You know you can't see that specific picture. But you know, I have it said all the time, the time, whenever I'm doing readings for people, whatever the situation is, it's this whole scenario, it's whole contracts and as we make these agreements for these specific things to happen so that we have these experiences, it's also the way that we handle it as humans. You know, my brother passed away when I was 29 years old and it was tragic. But I also saw that his death was the greatest gift that I could have ever had. It changed my life. It brought me to where I am sitting here right now. It changed my understanding about what happens after we die.

You know, I can either look at it in that way and see the grander, bigger picture of it, or else I could have sat in my misery and my sorrow and kind of be stuck into what was me. And I know that that sounds very blasé because that's not what I mean. That sounds very blasé because that's not what I mean, but you know it's so hard when people's minds take them to this place of darkness. I don't like the word pity, but maybe it's self-pity or victimhood, because it's not a compassionate word, because I'm trying to say this with all the compassion that I can, because I understand what it's like to be the person that loses somebody and these horrific things that happen. But our mind can take us to very dark places when it's not meant to be that way and when we can understand how to separate from the mind and see that spiritual perspective of what has happened and why, then it can change our whole viewpoint and who we are as human beings, to become more whole and compassionate as that spiritual being.

0:52:33 - Julie

Well, and I think the most important word that you just said was perspective. Yeah, we can change our perspective on something. And how you know that at least what I teach how you know that it's a, it's an accurate perspective, or it's a perspective and a higher vibration is it feels better. Yeah, you know there feels neutral or it feels like okay, you know it's feasible, even if I don't understand it. Is it feasible? Yeah, will I understand it when I get back to heaven? Yeah, okay. Another question about the guides Were they human at one point? All of them, no. Or have they ever been human?

0:53:18 - Lisa

Recognize that some have been, but most have not.

What we want you to understand is that the existence of the masters within the Akashic field are simply energetic beings that have existed in this way for eons.

What we want you to understand is that, as the Akashic field was formed at the beginning of time, so were the masters, and this is who they are and what they reside as, and so what I've always seen them as is that you know, it's basically you know when the, when the universe was formed, these energetic bodies were created, and how I always see it is it's like when these dust particles came into the universe, they started spinning and created this, this electromagnetic body, you know, this little energy body, and then the bodies created a consciousness, and that's how I see our masters. I see them as this energetic body that was created at the beginning of time, and so they're saying the majority most significantly the understanding of the masters of the Akashic field have not been human. But what we also want you to understand is that there are some souls that were created to be in the human field and then elevate up to higher levels of consciousness with that within the akashic realm, that serve as different sources of guides and support. Okay so.

0:54:44 - Julie

Go ahead. Yeah, I got a question for you on that, but go ahead.

0:54:47 - Lisa

Different types of. There's different types of guides and masters that are within that Akashic field. And so, again, if we look at, you know the original description of, you know you have the guides that are basically the CEOs of the company, and then, when you start looking downward and for the different missions, you know it's like the, the lower they're calling it the lower realm, and so, like, the Akashic field has different dimensions within it as well, and the lower realm is more of that and the of the guide nature. Well, and the lower realm is more of that of the guide nature. So it's more of those things that have lived in different forms, because it doesn't have to be just human, but different forms that transition up, they're saying they graduate up to becoming these guides within the field.

0:55:37 - Julie

So it's kind of like a spiritual organizational chart. It's me and a company right. Yeah, yeah, it's like an org chart. You got CEO, you got the president, you got the COOs, cfo's, tmo, all that other stuff.

0:55:51 - Lisa

Yeah, and you have the people that put the data entry in, and you have the supervisors that make sure that everything's done, and so it's.

0:55:59 - Julie

yeah, that's the easiest way to describe it, but one's not better than the other, absolutely not they just have different roles.

0:56:08 - Lisa

Absolutely, they understand it.

0:56:09 - Julie

Yeah, absolutely yeah. So the Akashic guys are advising my main spirit guide, pope Clement VI, to advise me and helping him. So when he showed up, that was probably in my blueprint and again I'm going to. I'm going to, you know, ask you to give me more information here in a second, but that's how I'm understanding it. That they're, you know, let's say he's an EVP, but they're, they're like at the level above him going hey, clement, go advise Julie.

0:56:43 - Lisa

Yeah, yeah, yeah. But they're saying but we also want you to recognize that there's other entities that can come to you without our supervision, Such as Galactic Beans.

0:56:56 - Julie

All right, we'll get to that in a minute.

0:57:01 - Lisa

This is a neat question. I wasn't expecting that answer, right.

0:57:05 - Julie

Well, you know why? Because I have a question on my sheet for you about collecting beings. Oh, okay, yes, I was going to ask you about them anyways, and they already knew that. So let's back up for a minute. Have you always been able to access the Akashic Records? You said that you trained, but did you have some of this as a little girl? Do you come from a spiritual family? What's?

0:57:33 - Lisa

the trajectory that's gotten you to this point. No, no, no, no, no and no, I'm actually. I'm a little bit different than a lot of people Because as a child I didn't realize anything. I don't remember. At 16 years old, I had a spiritual experience driving down a highway, I saw Jesus in the sky and I was 16. I didn't go to church, I wasn't a religious person and it had to do with my parents and some religious trauma. So we didn't do that, so I wasn't go to church. I wasn't a religious person and it had to do with my parents and some religious trauma. So we we didn't do that, so I wasn't raised in that.

Is there a country music?

0:58:06 - Julie

song about Jesus take the wheel or something.

0:58:11 - Lisa

Oh, yeah, yeah, this is the same, but, but anyway. So at that point I didn't recognize. All I knew was that for some reason something was trying to get my attention, but I just ignored it. I never told anybody about it, and you know. So it happened and it was one of those moments it's like, oh, like you know, so it was this crazy experience, but I, it's like I was too embarrassed, I didn't want to tell anybody that I had this experience, and so I just kind of forgot about it. And then, when I was 20, I had an experience with my grandfather passing and he came into the room and I recognized him in the room and had a couple of instances like that, but it still wasn't like, oh my gosh, I have this strange power and you know, it was just kind of like these weird things that just kind of happened and then just ignore it Because, again, I wasn't exposed to anything like this, so I didn't know it was a thing.

Well then I went to massage therapy school in 1996. And the way that I was taught to do massage therapy was to become more intuitive and listen, shut your mind off and you know, and start listening to those words that come to you to help you to figure out how you're supposed to treat this body, and so at that point I started having these experiences. And then I ran across a lady that taught. I actually became the director of the massage therapy school and one of my instructors taught the Akashic records, and I'd never even heard of them before. And so I just kind of thought, almost this will be fun, we'll just do this just because and so you know, we, I took the class and here I am. That was in 2003. So 21 years later, here I sit. So, but I know I didn't, I didn't. I'm not like the normal people. This, I think, it was always there. I just didn't know what was happening and I wasn't having so many experiences that I could say, huh, I'm different.

1:00:06 - Julie

Yeah Well, and I think you bring up a really good point. And I'm the same way. I learned how to do woo-woo. I didn't have people chasing me as a child, or if I did, I wouldn't have known what to do with that. And now I teach people how to do it. We all come in with the ability. It's just a matter of developing and enhancing it.

And I was led to this work 30 years ago to study it, and my family and friends were saying why are you doing this? And I'd say I don't know. And they'd say, well, what are you going to do with it? I'd say I don't know, it's just interesting. And then with it, I'd say I don't know, it's just interesting. And then you know, here we are all these decades later and I swim in it every day and I love it. But that was a long time coming for me to get to this place. Sounds like it was for you too, although you were getting little inklings along the way. I don't know that I did get inklings along the way. One, maybe my girlfriend was injured in the Oklahoma bombing.

Oh okay, and so I saw it on the news. I was living in LA at the time. I saw it on the news and I had this immediate reaction that Patty was injured. We've been friends since we were 10. We

grew up together and I knew she was injured and I ran downstairs bawling and I told my husband I said well, have you talked to her? Have you tried to reach her? I said no and he said okay, you're nuts, just go and call her. And I did, and she didn't answer her phone, and neither did her husband, who also worked downtown and got a hold of the nanny, and she hadn't heard from him either. So then I really knew something was up. Yeah, so yeah, that's the only thing that I can think of that. I just had a gut feeling that she was injured, and she was.

She had dozens of stitches in the back of her head, and the interesting thing, though, Lisa was she was on the national news that night being interviewed, and she's a lawyer, so of course she's eloquent and she looked beautiful. She had on a skirt, I mean, the front of her looked amazing and she's been, yeah, but if you would have seen the back of me, there were these blood streaks all the way down the back of my pink suit, jacket and um, but she was on most of the networks and I got to see her from LA, which made me feel better, you know, because that was before we had cameras that we could use on our phones or FaceTime and stuff like that. Yeah, okay, I want to talk about the galactic beings and then I want you to give me any information. So, galactic beings you channeled a message about galactic beings and a new grid surrounding the Earth. Give us the cliff notes on that please.

1:02:55 - Lisa

Yeah, so we're going through this crazy change, and so what I and actually I saw this grid. It was, I think it was, in 2016 or 17. I was doing a journey with somebody and I saw this grid that was being formed at that time and it looked like I used to always call it. It was like a fishnet. It was just this free-flowing net looking thing that was around the earth. And they told me then that it was being formed and at that time, that it was starting to enclose on the Earth and at that time it was trying to help to push the negative dark energy out so that it wouldn't get trapped.

And so then, you know, I kind of actually had forgot about it. You know, I was kind of like, yeah, whatever, Okay, you know, I try not to hold on to anything that's going to happen in the future because it just, you know, I just kind of let it set it aside. But then, all of a sudden, the stuff starts coming up about this grit thing coming back up again, thing coming back up again, and something told me that I needed to just ask what was happening. So now I remember, let me go back and refresh. So I think it was back in March I got a message that the Akashic Records gave me a message that something was going to happen on September the 23rd and my guides never give me specific dates. You know they'll give me like a roundabout time but they won't say specifically. And they said September the 23rd and I was like that's weird, why a specific?

1:04:34 - Julie
day.

1:04:35 - Lisa

Yeah, I was yeah, but I thought it was just interesting because it was very specific and they said something significant was going to happen, and so, okay. So then it starts getting closer and closer to you know we're in August and it's like, okay, something's going to happen. And you know, we've had so many things happening with these solar flares and the energy this year has just been unbelievably crazy, all of this stuff. And so it's like, okay, they said September, the 23rd. I'm just going to ask them, you know, give me a message on what, you know what, what's supposed to happen on the 23rd? And I was actually kind of tested to see what they'd say, and they gave me an answer. I wasn't expecting, but, but basically what?

What was happening was that original grid or the net that I saw in 2016,. It firmed up. It's no longer a net, but it's a solid grid, and so the way that I was seeing it, when they were providing the message, was that it's basically working in conjunction with the Earth grid and we

understand it lay lines in the grid, that's, within the Earth system. This grid is in the atmosphere, and so the way that I see it is like, okay, it's like here's the Earth grid, and then here's this grid that's in the atmosphere and it's causing a. I kept seeing it like a magnet, and so it's like an electromagnetic field that's between the Earth grid and this particular new atmospheric grid and what it's doing is that the magnetism of this grid is basically in place to pull up this heavy, denser, low 3D energy and anything that's of that negative nature up to this atmospheric grid and they're going to jump in. They're saying what we want you to understand is that this grid was put in place in order to create a more harmonious atmosphere for all humans to live in. We want you to understand that the meaning and the purpose of this particular grid is to change the atmosphere of the earth so that it can become more harmonious and balanced with all things. We want you to understand that the human nature is being sacrificed in order to create more love and peace, so that there can be more harmony that exists within all things and the spiritual consciousness will become more paramount in the human mind than that is.

That, that is, of the disillusion. So basically, what they're saying is that you know, we're, we're sitting as humans are living in a in an illusion. Disillusion is the way that they said it, basically meaning that it's not real. It's just in this thing that we've created and which, again, is all of this heavy dark energy, the 3D energy that's staying within us, and so, as this grid has been put in place, it's helping to pull out all of this old, heavy 3D stuff so that we can begin to see more clearly all of this old, heavy 3D stuff, so that we can begin to see more clearly All of that old distortion and everything that we've already been talking about.

These old belief systems and things are getting removed from our system because of their heavy, denser energy, and it's allowing for this lighter, more balanced 5D energy to be penetrated within us. It's almost like it's opening more space for us to receive this love and compassion that's within this 5D energy. So there you go. I mean, that was the explanation of what I understood, and so if anybody has felt that they're feeling a little bit lighter, you know, since I think it actually actually they said it locked in on September the 22nd so if you feel like you may be a little bit lighter in your energy field, it's probably why that's helping anyway.

1:08:32 - Julie

And where do galactic beings come into play, or do they? Or is are they just using galactic as a term because it's an earth thing netting outside of the earth?

1:08:43 - Lisa

No, the galactic beings are who and what created this particular field. They're saying it's primarily the Lemurians that need to be recognized at this particular time, so that the humans understand that the Lemurians are also walking on the earth in order to create more balance and help to construct this particular grid and put it in place.

1:09:08 - Julie

Galactic stuff keeps coming up in my world in the last like 10 days, I mean, almost every day there's something galactic and I'm not an outer space kind of a gal that has been interested in it.

I mean, you know, I watch the movies and stuff but it's not my wheelhouse but it keeps coming up and coming up and coming up. I'm going, what is going on with that? Maybe I'm getting caught in the net of the galactic beings or something, even to the point where we did a regression, a past life regression, on the show earlier a couple of months ago, and my question was where did my interest in healing begin? And it was in a galaxy far, far away over a hundred billion years ago. And I mean, you know I was on this star and all this stuff and then that kind of started this galactic thing that keeps coming into my my uh, uh focus here of there's more to

the equation and I know I'm being led to someplace around there and I don't know that I'm going to wear a tinfoil hat anytime soon, but certainly there's something going on with that.

1:10:27 - Lisa

Yeah, because I'm the same way. I've never been interested in the galactic stuff and, like you said, I mean just really over about the last eight months again, it just keeps coming out and keeps and I'm going this is not me, I don't know what all this stuff is coming from, and that's really why I'm paying attention to it, because I know this is, this isn't my frame of reference, it's not, it's not how I. I'm more of that. Let's just love one another kind of thing. I'm more of that spiritual type and not really of that galactic nature. But it has been coming up a whole lot and so I really do pay attention to it because it's not something that I would normally think about Now.

1:11:10 - Julie

I would like a tour of Area 51. Yeah, you know, it's just off limits and it has the alien ships and stuff like that supposedly in it. I have a friend who's a retired Air Force colonel and flew in the Vietnam era and I asked him one time and he was a big deal in the Air Force, and I said did you ever fly over Area 51? Did you ever get a tour? And he goes no, and he said we know, if we fly over that and we don't have clearance, they'll shoot us down. And I said what? They're going to shoot down their own plane? He goes, you bet they are. And I said well, at least they're threatening it. And he said no, it's just, it is totally off limits, which I find fascinating. Now that I find fascinating, yeah, yeah, all right.

If it's that off limits, you want to see what it is. They don't want me to sting Always, but it drives my husband and my son nuts. They're like you're going to get shot. What are these? I said I'm not going to get shot, I'm just. I just want to know. So do they have a message for me and also, in addition, one for everybody that's listening or watching today?

1:12:26 - Lisa

They're saying recognize that, we'll give the message as a whole. So what we want you to understand is that the human race is going through a transition and a change that is elevating consciousness to a new way of being. We want you to understand that there's a rapid transition that is occurring at this particular time and we want you to understand that all is moving well. We understand that the human concern of the chaos and the destruction is of monumental concern to many, but what we want you to understand is that as the humans evolve in a way that is more congruent with who we are, you'll begin to find more peace and love. If you truly stand in the truth of who you are as a human being, that is, of the love and the compassion, you'll begin to recognize how the chaos will settle and it will not be a part of who you are as an individual.

But what we want you to understand is that the understanding of who you are must be broken down and the old ways must be destructed.

Understand that many of the old paradigms and the old ways of thinking are falling down in a rapid manner, and what I'm seeing is a bunch of brick walls that are just collapsing, and so what we want you to understand is that, as these walls begin to collapse, it can cause chaos within the human being. We want you to understand that this is the normal procedure, as the human begins to feel lost and confused in who they are, in which direction to go. But what we want you to know is that all is well and we will guide you into the path that is of least resistance and the fullest capacity of love. Life is changing in the human realm, and what we want you to understand is that all is well. Continue to move forward and gain the understanding and the confidence that the past can be set free and a new beginning is in store. Simply open the door and recognize that there is the field of love and harmony that awaits you if you simply let go of the past, pain and sorrow.

1:14:39 - Julie

Wonderful, that's beautiful. Yeah, well, and you got to shatter the old in order for the new to come in.

1:14:46 - Lisa

Yeah, and it's scary for a lot of people to do that. Let it go of the only thing they know.

1:14:50 - Julie

Yeah, it's kind of like when I was in my mid twenties. I had a friend that was 25 years older and I'd be dating somebody and she'd say he's Kool-Aid. And I'd say what's that mean? He's Kool-Aid. He looks good, he tastes good, he's you know, he smells good. Kool-aid's enjoyable, but you got to empty your bucket of Kool-Aid in order for champagne to come in. Yeah, because champagne's even better. Yeah, so yeah, we laugh about that. I'll tell my little sorority girls I was an advisor for many years and I used to say, yeah, he's Kool-Aid, what, all right? Last question why do we incarnate?

1:15:34 - Lisa

What we want you to understand is that the ability to incarnate in numerous different ways, shapes and forms is of the specific nature of the soul's experience. What we want you to know is that the soul must experience all different dimensions and levels of understanding so that it can become whole and complete in a way that is needed for it to transition and graduate to a different level of being. What we want you to understand is that all of the significant experiences that the soul goes through is much more than what the human mind can conceive of. But what we want you to know is that the soul soul is relevant in a way that must it must need, must need and have the ability to transition into different forms of life and existence so that it can complete its specific path and become the master that is needed. And so, again, you know. The other thing is is that we always we don't really think about you know the soul being in so many different things. You know, like being an animal or a plant, or living in different, you know on different planets and being in, you know, a grain of sand and all of these different things that the soul experiences and for it to become a master, or that it's really what the master is is basically the teacher or the guides, can graduate to become a supervisor as well. Become a supervisor as well.

You know some as a spiritual entity that creates the understanding and the oneness of all things as well, and so they're saying so by having the different experiences they have to have the good and the bad, the positive and the negative. They have to see all the different perspectives and different ideas of what life as a whole is. And so you know, when we talk about, you know having tragic endings to life, you know, or having the human being, that is just malicious and horrible. But then you have the other person that you know is living the ideal life and has the perfect transition. You transition. The soul has to know every single aspect of existence in order for it to be able to continue to move on its journey as well.

1:17:52 - Julie

Beautifully said Dead. You're a fascinating woman. What a great conversation. My goodness, I have probably another hour at least full of questions for you, so we're going to have to have you back. You do such a magnificent job of simplifying complex thoughts and questions, and you know different ideas, not only through what you're channeling from the Akashic Masters, but also how you're able to then translate that into understandable languaging. So bravo on that. You really just excellent. Thank you Wonderful. How can people learn more about you and your work?

1:18:38 - Lisa

You can go to my website it's lisawetzel.com and I do have a YouTube channel which is Lisa Wetzel, akashic Records Consultant, and there's videos and all kinds of stuff on both. I do have a membership platform that you can join on my website and I have monthly classes and provide all kinds of fun information.

1:19:03 - Julie

So that's the best way to get a hold of me. Okay, and we'll have all of that in the show notes as well. Alrighty, everybody, that's lots for you to ponder from this conversation today. In the meantime, sending you lots of love from Sweet Home, Alabama, and from Oklahoma too, where Lisa is. We'll see you next time.

1:19:24 - Ann cr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.