

AJR - Kimberly Montgomery Transcript

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Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Kimberly Montgomery on the show with us today. On Kimberly's YouTube channel Journey to the New Earth, she interviews fascinating people engaged in all forms of woo-woo. I'm eager to hear about what she's learned from her guests and if she actually believes we're creating a new Earth. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go talk with Kimberly. Hi, Kimberly, welcome to the show.

0:01:25 - Kimberly

I'm so thrilled to have you join us today. Oh Julie, it's so fun to spend time with you. Thank you for having me. I'm just thrilled to be here.

0:01:32 - Julie

Oh, my gosh, my honor. What was the inspiration behind your YouTube channel? Journey to the New Earth.

0:01:41 - Kimberly

Well, first of all, it was not my idea. Oh, you'll understand this. I actually have a bit of a long story in the spiritual space and if you'll give me a couple of minutes, I'll lay it out for you, because I think that it's very connected to that little voice that we all pay attention to, sometimes maybe not as much as we should. I actually had a YouTube channel years ago where I interviewed mediums, and it was an absolute passion for me because I was so fascinated with the whole world of mediumship and multidimensionality and that we never die and this and that. So I had this show called Interview with a Medium, and I interviewed a lot of really wonderful mediums and learned a lot.

However, the channel went literally nowhere, just nowhere, and so I thought, well, I kind of like this YouTube gig, but this isn't going anywhere. I think still today that channel has like 600 subscribers or something, and so I thought you know what? I think I'll pivot and I actually started a skincare and beauty channel for over 50 women. It's been about five years now and that channel has done really, really well. I have over what's it called it's called Pretty Over 50.

0:03:03 - Julie

I love it.

0:03:04 - Kimberly

And I have like 300,000 subscribers over there. You know it's a pretty good audience for the over 50 women and I've done it for five years and about a year ago I started getting that nigggle, nigggle, nigggle, that little push, push, push, start a spiritual channel. Start a spiritual channel,

start a spiritual channel. I'm like no, no, no, I'm busy, I got plenty to do, I don't need another gig and that sort of thing. And it wouldn't stop.

And so finally I said all right, and I launched in and, Julie, honestly, what I believe today and maybe I'm making it up, you know, but I truly think they kind of gave me that beauty channel so that I could get comfortable in front of a camera, learn how to do it, feel really confident in my abilities. And then I launched this channel and it's just been probably one of the most rewarding things I've done in my adult years. So it's an interesting story and it wasn't my idea honestly. It was like that little niggling voice and the minute I said, okay, fine, and started in, it shut up. So I have a lot more quiet in my head right now.

0:04:18 - Julie

Well, here in Alabama, darling, they would say you were being led. Yeah, you were being led to do that. Well, were you a spiritual gal in your younger years, as a child? Do you come from a spiritual family? I mean, just out of the blue, I do a channel on mediums.

0:04:36 - Kimberly

Yeah, kind of interesting. Huh, the answer is sort of I was raised by hippies way back when, and my mother had. She had abilities, you know she had dreams, premonitions, you know. She'd get up in the morning and describe what she saw, and then of course it would happen throughout the day. So I was very, very open to the possibility that what we see and hear with our physical senses wasn't all there was.

But there came a time in my 20s where I just became absolutely fascinated with mediumship and near-death experiences. And I'm telling you what I read every book that came out twice or three times and would talk about them and follow that whole genre. It just really really fascinated me for a few decades prior to starting my channel. So I definitely think that there was something inside of me that knew the direction that I was going to be headed. I didn't understand the fascination, but I kind of do now, because when I launched the channel I already knew so much about the NDEs and the mediumship that it was really easy for me to be able to have those conversations on a topic that maybe isn't at the forefront of most people's lives.

0:05:59 - Julie

And what did you do before that? What was your career before?

0:06:02 - Kimberly

that I actually worked as an illustrator. I worked in the gift and paper products industry for about 25 years, so I would just sit in my little studio in my house and color all day long, and that was my career and design wrapping paper and cards and stuff like that, or what?

Yeah, you probably bought a product with my image on it. I worked in that industry for a long, long time. So I did greeting cards, gift bag, gift wrap any kind of items sold at retail that had an image on it, from rugs to kitchen towels to sheets to. I had a huge line of fabric in Walmart for years. So, yeah, it was a very, very fun career.

It was something I just built up out of my own little house all on my own and I built it into something that you know made a nice living for me and I eventually started an agency where I represented myself and other artists into the industry. So it was a fun journey, but I did get used to the discipline of working for myself, by myself, directed by myself. So I've always pretty much worked for myself. I've never had a real job anywhere, even right out of school. You know, I started out of college. I started my own little graphic design firm locally in a community. I was living in Southern California, in Palm Springs at that time. So I opened up a little studio and did that, and then just one thing led to another.

0:07:42 - Julie

Wow. Well, isn't that fun to look back on all of that and see how those different skill sets that you developed along the way are serving you now and serving you in a broader brushstroke, certainly with being online and being on YouTube, but also in what you mentioned before the discipline, the creativity, the vision all of that kind of thing has come into play as well.

0:08:10 - Kimberly

Yeah, it is interesting, and I do think I look back and realize that I have learned so much about myself, about the world, how the world works, how people work, just from the fact that I was responsible for my income. I was responsible for the projects I took on. There wasn't anybody really telling me what to do, so I think that there's a lot of you know, confidence building and skillset building when you're in that situation.

0:08:38 - Julie

You get to interview. I know all kinds of people. I've had the honor to be on your show. I was so thrilled to be asked and had a great time talking with you. Is there a certain type of guest that you look for, and how do you vet the guests that you ask on, because certainly there are charlatans out there, and do you have a vetting process? Do you just go by gut feeling or how do you do that?

0:09:08 - Kimberly

You know that's such a good question, because what I can say is I have on guests, you know, a couple of times a week. Do I agree with everything? Every guest says no, I don't and I don't. I don't see things the way a lot of my guests see things However they do. That's how they see it, and one of the premises of what I am wanting to offer is a whole lot of viewpoints.

I am looking at someone as a potential guest. What I'm looking for, first of all, is a sense of integrity. That does not mean that their belief system is the same as mine, but if they're doing work from their heart in an effort to get information out into the world, in my mind there's a reason. There's someone that they're connecting with, there's a group of people they're connecting with. So I am really looking at people who are working from the heart. They're coming at it with a passion. It's something that they almost have to do, and those are the people that I want to talk to.

It does not mean that I agree with everything they say, but I want to be able to introduce my viewers into a lot of different thought processes, because you never know who it's going to help. What one person is going to need to hear that one little thing. The premise of my channel is uncovering the true nature of our reality, because my position is that what we've been told is not really the whole story and it might not even be the real story at all. And understanding what the truth is about, who we really are, what we're doing here, what this experience is for, how we can get the most out of this experience that's the important thing. So I'm bringing on people like yourself who are fascinating, who are good at what they do, who are passionate and committed to getting that information out, and that's who I want to talk to.

0:11:25 - Julie

Great point. A couple of questions have arisen in my little brain from what you just mentioned. First of all, when you say that our reality is not what we've been taught, have you changed your beliefs about that or how you feel about that based on what you've learned from listening to all these different guests and reading and watching certainly other people's shows and listening to other people's shows? That's question number one. Question number two is, I think, that your whole point about people have different views.

At the end of the day, all of the great literature, all of the great religions, all of the holy texts, it's all about love, it's all about following the golden rule. So there are many ways to portray the same concept, just in a way that different people can hear it. So what you mentioned before I think has broader application in is that a way for us to really help us live a life of joy when we're open to other people's viewpoints and see how they resonate with what we believe? So that's a lot of that's a couple of long questions but you can attack them however you want.

0:12:50 - Kimberly

Okay, the answer is I don't know that my belief systems have changed, but they definitely deepened, or my understanding has deepened and it for me it's kind of in like that whole onion thing where it just peels, you know, the onion, the layers of the onion peel away and I feel like I get closer and closer and closer to core beliefs or core understanding. And this is a very interesting reality system. It's different, it's unique in the universe, this reality system. It's very dense. It's unique in the universe, this reality system. It's very dense, it's very polarized.

That's why we learn so many incredible lessons here and how we navigate. That, I think, has a great deal to do with our understanding of it. So that whole, you know the whole dark and light thing, you know you can't have the great aha moments if you don't have a whole lot of oh instances pushing you in a particular direction. In other words, you know wisdom is often born of pain or conflict or challenge. So we can get really wise on this planet because there's certainly a lot of challenges to be had. And then the second part of your question is it is absolutely every. It always, always comes down to love. It always comes down to love. It always comes down to being your authentic self, being true to yourself.

But the interesting thing is is that, because this is such a dense reality system and we have such, a, you know, dark and light difference, that finding that love can be challenging when you're in the middle of a whole lot of drama in any given time, because that drama can feel so important and if we get engaged in it, then we're engaged in the drama. We've forgotten about the love. We've forgotten about what is I really want out of this experience? What is that I really need out of this experience? What am I learning from this experience?

So I think that those kind of realizations to be honest with you, I don't know any other way to get them other than just time on this planet, and I'm sure that you would agree it's like look at the sense of perspective I have now is so much greater than when I was in my 20s and 30s. Just because you go through all this stuff we call it stuff you know drama and you learn. You learn that most of it's not very important. What's really important is our relationships, not only with other people, but with ourselves, with our you know that higher calling within ourselves, with our guides. So I think it's just this is not an easy reality system to figure out.

0:15:46 - Julie

It's just this is not an easy reality system to figure out, but once you do, I think it gets a little bit easier. I agree, and I think too that the interesting thing with all of this is we choose where we're born, when we're born, to whom we're born, the circumstances into which we're born. And I'm listening to you talk and I'm thinking well, no wonder you chose hippies as your parents. Would you live in Topanga Canyon or something in LA? Growing up? Actually, I lived in Northern California, okay, yeah. And the fact that you were born into people that had these thoughts, that let you explore them without being chastised for them, and I'm assuming that you weren't given a hard time when you were interested in this, what I'll call woo-woo stuff.

0:16:37 - Kimberly

Yeah, my mother was much more out there than I was, and so it was. You know, it was always interesting to be around her. She was ahead of her time in the sense that, you know, we never had sugar in the house, we never had desserts or sodas I mean, I don't think I had a soda until I was know the last thing she was going to do is get me a commercial. You know, feminine, I

just like that was the whole thing. She was just totally a little bit anti-mainstream at that at a time when it wasn't really that common to come across people like that. And so, you know, definitely I learned a lot from her and it really instilled in me an understanding that you don't have to follow you know the herd kind of thing you know, or you don't necessarily have to feel like you fit in with everybody to be just fine. So I've been pretty much fine being a little bit outside. You know that whole thing.

0:17:43 - Julie

Yeah, and I grew up in a very traditional home and our pantry was the favorite pantry in the neighborhood because I think we were all weaned on Twinkies and my family. It's just a good cup, Kimberly. I mean I'm telling you anything you wanted, it was just.

0:18:00 - Kimberly

It was there, I would have been over there like, hey, give me one of those Twinkies. I want to see what's going on with that Exactly, and you know now we know Twinkies have a you know, unlimited shelf life.

0:18:09 - Julie

So probably the Twinkies that we were eating in the 60s are probably still edible today, which is frightening. But yeah, my friends that grew up in the neighborhood still say, oh my God, the Ryan's Pantry was the best on the block. Yeah, which is why I'm a sugar addict and I've been sugar sober for six, for five and a half years now, going on six years because you know I mean that was Twinkies, ho-hos, ding Dongs, you know all that stuff with all those chemicals in it that were all coming into the food supply in the 60s and 70s that now we know are just so detrimental to health and we're really finding out more and more about it, which I think is such a wonderful thing.

0:18:58 - Kimberly

I mean, everything's opening up now on the planet. So much is becoming uncovered, and for me it's like bring it on.

0:19:06 - Julie

I'm ready, exactly, yeah. When my son was little probably about third grade or so I said you just got to start drinking water if you're thirsty, I'm not buying pop anymore. Oh my God, you would have thought it was the end of the earth. And then Doritos forget it. I said I'm not buying them anymore because I got all these chemicals in there and excitotoxins that mess up your brain cells and stuff like that. And I am by no means a chemist, but he didn't like that either. But I found a substitute that had maybe three or four ingredients in it that I could pronounce, that I knew were okay, and substituted for that. So, yeah, I think a lot of us are becoming way more aware of that. So good job, mama, that she was teaching all of that early on.

Back to the new earth thing. Do you think that we're really on a journey to the new earth? That's such a great name, but do you find that things are changing? Maybe just learning more about nutrition is an example of that. But what do you see? What are you feeling? What are you hearing from your guests?

0:20:14 - Kimberly

Well, I should probably just ask you You're, you know, uber connected with people who are no longer in the physical, so you probably hear a lot.

0:20:22 - Julie

Well, I think that the vibration of the planet is raising and I think certainly people are more open to spirituality instead of organized religion. I think that spirituality is the root and then religions came in to help people and they've gotten sometimes they've gotten off the path of doing that.

But I think a great example is when we were growing up. When I was growing up in Columbus, Ohio, people that did yoga were just weirdos Isn't that funny? And the people that were meditating you know the Maharishi, all of that when the Beatles went down and were meditating with the Maharishi. Now you can't go very far without seeing a yoga studio and meditation, which is what prayer is. It's all the same thing. You know, that's very much part of the zeitgeist now, and my nephew does yoga a couple times a week. He's 30 years old and he's way cool, but he does yoga with his buddies. I mean, that would have been unheard of when we were growing up.

0:21:26 - Kimberly
Yeah, that's true.

0:21:27 - Julie
Anyway we were in California. It was a little different.

0:21:32 - Kimberly
You know it's interesting when I look at women. My age and I'm older. Clearly the women who do yoga are so unbelievably healthy looking and fit and I keep telling myself someday I'm going to get there. You know, it's like I do work out and I lift weights and that sort of thing, but yoga is still, you know, it's still an elusive element in my life. But there's got to be something wonderful to it, because I don't know a single woman who's an avid yoga practitioner who isn't just like stunningly fit and gorgeous and I'm not talking about, you know, perfect hair, perfect skin, that sort of thing, but just really vitally alive.

0:22:11 - Julie
Yeah, I have a girlfriend who lives in Palm Beach in Florida and her yoga teacher is 94.

0:22:19 - Kimberly
Wow, see, right there, Julie, we got to do yoga. We got to do yoga.

0:22:23 - Julie
She's on no medication. She's just incredible. Apparently I haven't met her, but my girlfriend's been working with her, I think, for over 20 years and she said this woman acts like she's 30 and same thing. So there's not only the fitness thing, but it combines with the spiritual and the energetic and all of that. And I think that the ancient cultures, like yoga have you know, they've had a handle on that for a really long time and it's come back around because people are starting to see the benefits of something that I remember priests that said oh, yoga is evil, why would it?

0:23:10 - Kimberly
be evil. I know, isn't that funny. That's funny to think about.

0:23:14 - Julie
I know Nuts, nuts. You talk about exploring the nature of our reality. What do you mean by that? You talk about exploring the nature of our reality. What do you mean by that?

0:23:31 - Kimberly
Well, I think that we have been raised in a paradigm that has limited our understanding of who we really are on the spiritual level and, like you said, you know yoga people used to be, you know, evil within some church philosophies or something, and I think that the reason that the yoga ladies are so incredibly vital is because they're working with their energy field constantly and we are energy, we're 100% energy, and we're walking around in these human meat suits that are made healthy through vibration and energy and frequency, and so if you're working with that, you're going to have a much different experience than, let's say, somebody who

maybe just, oh, go to the doctor and gets a whole lot of prescription medications to try to solve problems. You know, I think it's a different philosophy and it's much truer to what we are. So I do think that the reality that's been constructed around us has more to do with keeping us in a lane than really evolving who we are as spiritual beings on this planet, and I think that some of the reasons have been, oh, maybe not to the best interest of humanity. You know that there are choices that have been made to keep us a little more narrow and a little less connected with our spiritual selves and I do think that that is changing. So, as we, you know, get back to, are we really moving to a new earth?

Oh, I 100% believe that and you know, particularly the channelers that I've interviewed and I follow. You know we're on an interesting path right now to awakening. So humanity is becoming much more aware and you've probably even seen it, not only in your own skill set but in the people around you. I think humans in general are waking up to their spiritual gifts. You know they're a little bit more telepathic, the veil is a little bit thinner, you can connect with those no longer in physical a little bit easier. And I guess I have a question for you, julia, is have you noticed a difference in the frequency of the communication that you're having with those no longer in physical and the ease with which you connect and the ease with which you connect.

0:26:10 - Julie

For me, where I notice the difference is in the healing work that I do, and it seems to me that I am reaching higher and higher frequencies of healing energy. Some of that has to do with me being able to have a human frame of reference for what the healing is that's coming in. For example, when I was first starting to do this work, there were many times when I'd watch a transplant happen, like a kidney transplant, and I'd see a scene of now my background's in the operating room as an inventor of surgical devices. So I'd see the donor patient, I'd see the recipient, I'd see the organ get harvested, I'd see the diseased organ get removed. This is all like I'm watching a movie in my head and I'd watch the donor organ get all the plumbing attached and everything you know. Donor organ, get all the plumbing attached and everything you know inside the body. And that went on for many years. Well, in the past, I would say seven or eight years. I don't see that anymore.

What I see now in these healings is stem cell energy being used to generate a new organ and it's like a mold, like a plastics mold. I used to use plastics molds in my manufacturing company and I'll see stem cell energy fill this mold of a kidney and I'll watch the diseased kidney get removed. I'll see all the plumbing get clamped. I'll watch the new kidney that's been generated get put in. I'll watch the you know the plumbing get hooked back up, the clamp being released. Well, 20 years ago I hadn't heard of stem cell energy. Probably 15 years ago I may not have even heard of it. But now it's part of the zeitgeist so I can understand it from my human perspective. And so I tease my clients, I warn them. Sometimes I say you may hear me say, oh, this is cool, I haven't seen this before. What's happening?

0:28:14 - Kimberly

Because you haven't.

0:28:16 - Julie

Well, there's something that's presented that's some kind of an illness or disease or condition of which I'm not familiar, and so I'm on that channel for the healing to come in. For whatever that you know name of that condition is that nobody can pronounce except the doctor that they did, and then I'll watch that, and then that's part of my toolkit. So inevitably, I'll have somebody else show up and they'll have that situation. Well, I've already got that healing frequency. That's already in my bag of tricks, and then we can use that. So that's where I see it the most.

What I'm finding, though, Kimberly, is that we all have the ability to do all of this stuff. Everything that I do, I teach. Nobody needs to have any kind of prior skills to come in. You just got to be alive, because we all come in with the hardware. It's a matter of booting up the software and utilizing it and then trusting what we get. So connecting with people. I think more and more people are open to it, and not necessarily that the frequency is higher. Maybe it is because people are more aware of it and they're more willing to try it and it's not so taboo. So maybe there is a frequency thing I'm hearing from Spirit. No frequencies bend the same. What we're seeing happen is we're seeing more and more people being led to investigate and explore it. Does that make sense? It?

0:29:55 - Kimberly

makes total sense and I have a question is it would seem that it has more to do with the belief system of humans than the frequency not being available of humans, than the frequency not being available, in other words, the human believing that the frequency is the answer. So then I want to ask you, because you've had such a long history in the medical field do you think that we're moving in the direction of frequency medicine across the board? Absolutely.

0:30:28 - Julie

Well, they're using it in traditional medicine lithotripsy, you know to break up kidney stones. What do they do? They use sound waves. They put the patient in water and they break it up with sound waves. What are sound waves? They're a frequency, they're energy. What's an EKG? What's an EEG? It's seeing what the energy is outside of the brain and outside of the heart and they can detect what's going on in the heart or the brain, outside of the body, with some electrodes. I think those are very standard medical devices that have been used for a long time, but nobody really it makes that connection between the energy and you know what really is showing up.

I think, too, that we've all been healers since the beginning of time. You know certainly many of the primarily women who were sacrificed in the witch trials, both here and in Europe primarily, and in Europe primarily. That came about with healers. These guys, these women were healers and they had basic skill sets that they'd been taught by their mothers and grandmothers and others. And then, when allopathic medicine came in, they didn't want that competition, they wanted everything to be the same. You know, you treat with medicine or surgery or whatever. Certainly there's always application for that.

But my husband's grandmother, his paternal grandmother, had some Indian in her, some Cherokee, and she grew up in Alabama and this woman was illiterate. She was born in like I don't know the 1890s or 1880s or something and they called her granny and I never met her because she was gone before I met Tim. But she would go out into the woods and she would gather plants when the kids were sick and she would come back and she would make a broth and she would make them drink it and they hated it because it tasted awful. But the main reason why they really hated it was because it got them well overnight and they had to go back to school.

Yeah, yeah. But you know, you think about all those people who were illiterate, but they knew what plants, what mushrooms, what whatever to get to help heal. So again, is that a raised vibration or are we going back to our roots? And I think it's. We're going back to our roots.

0:33:02 - Kimberly

Yeah, yeah, and I think we're getting closer to the truth on a lot of different levels Truth in food, you know, healthy food. Truth in what really heals the body. Truth in what makes a human feel centered and authentic and alive. So we're dropping a lot of the things that maybe did not service and kind of got us off track and are starting to move into something that feels a little bit more real.

0:33:32 - Julie

Well, and the other thing to your point earlier about spirits I think most people have had an experience with spirits but they don't want to talk about it. And then I find that most people are interested in discussing it if they know that I or somebody else you know has some kind of experience with it, because they've been taught that that's evil. And I love to always when somebody it's very rare these days, but in the past people have said to me well, I just don't think you know that's real and I think that's evil. And I was like, okay, well, you know, we don't have to talk about that. We can talk about football or a new recipe or whatever you want, doesn't matter.

But I'll ask them well, do you pray? And they'll say of course I pray. And I'll say great, to whom are you praying? They'll say Jesus, mother Mary, you know, buddha, whomever, I'll say great. So when you're talking to Jesus let's take as an example do you get answers? Do you get your prayers answered? I'll say yeah, all the time. And I'll say well, do you follow what you receive? Yeah, and it always works out great. Say okay. So if you're talking to Jesus and you're getting answers, is Jesus sitting on the couch next to you in your family room. They'll say, well, of course not. I say, oh, you're talking with Jesus's spirit. And they you can just see their head, you know start to short out a little bit their brain and they'll say well, I never thought about it that way, isn't it funny? It's the same thing.

0:35:13 - Kimberly

Isn't it funny? It's the same thing. Yeah, yeah, you know, I've had Julie, the same experience sort of in it on a different topic. I have channelers on my channel. I enjoy channelers. I feel like it's kind of like the secret information you know that we can get a hold of. And then I also had a woman come on who is a full contact, full memory experiencer of a lifelong of ET experiences and she's fascinating because you can tell that the information that she has she didn't get on her, this was somewhere else and people really have a hard time with it.

And I think, well, who do you think the channelers are channeling People from other reality systems? You know they don't connect it. It's like, well, if we're hearing from someone from the Pleiades, then that means that there are ETs out there, because that's who's talking through this channel, and it's the same thing. It's like we're not connecting it and I think that that's the direction we're going in is all of a sudden, like the fellow that prays to Jesus. He's all of a sudden realizing, oh my gosh, the fellow that prays to Jesus, he's all of a sudden realizing, oh my gosh, that vibration, that frequency set of Jesus is right here and available for me, just like the frequency set of you know grandma who died in 70, and you know that sort of thing. So we're waking up to those truths.

0:36:45 - Julie

Well, it's been my experience that it's all source, whether it's Jesus or Elvis or, you know, a deceased loved one or an alien from a different planet. We're all a fractal of the divine and we come in a bunch of different flavors and colors and spacesuits and bodysuits and all of that, but it's all the divine that's coming through to deliver the message, and I'd love to hear your take on this. What I mentioned to people who ask about this is why do I believe my deceased grandmother's spirit more than I believe somebody that I didn't know, let's say, George Washington or Napoleon or somebody, and I say it's all the same thing. I believe that spirit source, god, whatever you want to call it comes through those different loved ones or different characters that we knew, because it helps us process it more easily. From our human perspective, it's all the same thing and our feelings are an internal GPS system that we have.

If something feels good or at least neutral, and you don't feel agitated when you hear it, okay, well, that's coming from spirit, which is pure love. Spirit's never going to say anything derogatory or offensive or abusive, ever. If you hear that, that's your brain talking to you. That's

not spirit, and I think it's a really easy way to differentiate between the two. Do you have any thoughts on that?

0:38:31 - Kimberly

Yeah, you know, I definitely feel like, because everything starts with thought, and consciousness is how we exist in any realm, including this realm consciousness in a physical body, in a physical body and I do know because I've talked to so many NDEers and have been interested in that whole topic for a long time I think that we get information packaged up in a way that we will more easily understand it, and so you know that the Christian is going to see Jesus and another religion is going to see Buddha and a Native American might see someone else, so that I think the spirit world is very accommodating and clever in providing for us the imagery that's going to lead us along the path of information that they want to share.

And I don't know if it's the spirits, if it's the frequency of you know grandma, or if it's just the fact that our brain turns that packet of information into imagery that then we can work with. I'm not sure which it is, but it's definitely tailored to what we're familiar with and what we can integrate and then use the information, Because it's not going to do us any good if we're getting that packet of information in a format that we're so unfamiliar with that we can't really learn from it Right?

0:40:10 - Julie

I think it's a combination of both, because it's been my experience that every spirit has a frequency they keep throughout all their lifetimes. You've heard me say our heads are big satellite dishes, so to connect with any spirit, all we have to do is just think of them. That just points our satellite dish head to that frequency and then, since we're all a fractal of the divine, it's all the same thing, it's all the divine, it's all God, coming through those different channels. The thing that I can compare it to is like a satellite TV frequency. Right, it's all a frequency, but there are different channels that we can turn to to get different programming. But it's all frequency. A lot of people like to use the ocean as a metaphor. It's all the ocean and we're but a drop of water in the ocean. So we're separate and yet we're all part of the whole.

0:41:14 - Kimberly

So I have a question for you about when you very first started connecting, did you? Was it difficult for you to understand the difference in the frequencies compared to your understanding now? Was it kind of like learning a backhand in tennis? You just had to keep doing it and doing it and then all of a sudden it just felt super smooth, or did it start out smooth for you?

0:41:40 - Julie

Started out smooth because I was interested in the medical stuff, since I was in the medical hospital supply industry and was for 30 plus years. So I was interested in learning about the energy healing. But what I learned was, as soon as I connected to spirit, to God, then you can access anything you want. And that's what I call my buffet of psychicness. And I find it fascinating that in this woo-woo space that you got the mediums and you got the pet psychics and you got the healers and you got the channelers and you got the past life regressionists and all that. There's no reason why you can't do it all. That's what I do, that's what I teach, it's all the same thing, it's all connecting into spirit. Why do you want to silo it? I don't understand that.

0:42:27 - Kimberly

Thank you. Thank you, I have thought the same thing. It's like I have friends in that space and someone's an intuitive healer and someone's a medium and someone's like, oh, I don't do that. It's like, yeah, I think you do, because it's all understanding that information, and some of it is information about healing, some of it's information from a loved one, some of it's

information from you know some other source. I agree with you. I think that if you, if you, once you learn to make that connection, you're golden. You can go and get whatever you want.

0:43:04 - Julie

You jump on the information highway and you can go in any direction and get off at any exit and get any information. And that's part of the beauty of learning these skills that we all have. It's just a matter of developing and enhancing them and it's just a matter of we have access to really any kind of information that we want, anytime we want it. So it's really convenient. Now I don't walk around doing woo-woo. I mean I live a normal life. I cook dinner and go to the grocery store and do laundry and, you know, go for a walk in the morning and I'm just doing

Kimberly

Do your neighbors know what you do.

Julie

My neighbors all know what I do.

0:43:47 - Kimberly

Yes, and are they coming over saying you know, I've got this ache in my side.

0:43:50 - Julie

No, but you know, I live in the deep South. I thought when I first started this I thought somebody's gonna show up on horseback with a white hood on and they're gonna burn a cross in my front yard. So please, nobody get any ideas. But no, everybody's been fascinated. And the ones that aren't, they talk to me about my garden or my you know, my family or what's going on. Yeah, it's really been interesting. I was afraid that that could happen, but no, no, people are fascinated by it. Of this is that the more that we do this, the more we communicate with spirit, the more we pay attention to our intuition when something's going on that needs to be healed, or when we're trying to communicate with a deceased loved one. The more we do it, the more validation we're going to get. The more validation we get, the more we trust it, and then it's just second nature. I turn it on and off in a nanosecond.

0:44:54 - Kimberly

Yeah, but my opinion about you, Julie, is that you've done this many, many lifetimes. Maybe, yeah, because the ease with which you went from a very, you know, buttoned down industry the medical profession and you just slid right into this intuitive healing thing, that tells me that you were just waiting to bring that skill set in that you, you know, honed over multiple lifetimes.

0:45:23 - Julie

Yeah, perhaps, but I've always been a live wire. You know, entrepreneur, think outside of the box. When I sold my surgical device company, there were several companies that we had, you know, that were vying for it, and every one of them said how'd you come up with this business model? We've never seen this before. I was like I don't know, just came to me.

0:45:47 - Kimberly

Just figured it out.

0:45:48 - Julie

Yeah, so we all have the ability. We all get that information downloaded into our heads. It's a matter of acting on it.

0:45:58 - Kimberly

Yeah, and that's it. It's a matter of acting on it.

0:46:00 - Julie

Yeah, most of us say, oh, that's not going to work, and we got 50 million reasons why it's not going to work, instead of taking that first step and trusting that the next step is going to be shown to us and we're going to be led to the next step and the next step and the next step. And I think that's where people get stymied, that and they stay in fear. Fear is a low vibration. Spirit doesn't communicate on the I feel crappy channels. Vibration is too low.

0:46:29 - Kimberly

And you know you brought up something that is so important. I just want to reiterate it and expand on it. If you get a nudge from spirit and you do nothing, you're not going to get the next step. You have to take the first step and once you do, then they'll give you the information for the next step, and then the information for the next step, and then the information for the next step and also affirming what it is you want. It's like put me in coach, put me in coach, and they'll get busy helping you out with that, but you got to take the next step because they're not going to give you, you know the whole plan all at once. They're going to feed it to you a little bit and watch what you do, Right.

0:47:08 - Julie

Well, and along those lines, I think a great analogy is when we're stopped on the freeway because there's an accident or there's some kind of traffic, and you know the traffic has come, the cars are all stopped. Well, the GPS can't direct you anywhere except where you're headed on the freeway, unless you get off at the next exit, and then it's going to reroute you into wherever the next turnoff is or how you can get to whatever the destination is. And life is like that. If we don't take that step, spirit can't help us, because that's where the free will comes. And that's number one. Number two, the other thing is it's been my experience that spirit knows more of what it is we really want and what's going to be the most elegant, resourceful, easiest way to achieve that. Because we're going off of our own experiences and our frame of reference, we don't know what are other pathways, because we can't envision them, because we haven't experienced them yet.

And I think that most of us have had a situation where we wanted something, we wanted to live in this neighborhood, and so we didn't get the house that we wanted, and we were all depressed and all of that. And then, guess what, another house came on the market and we liked that went even better. So we got to the same end result. But perhaps we took a circuitous route to get there, and so I have found and I'm sure you have too, I'd love to hear your thoughts on this that when we trust that we're being led step by step, that the outcome's always going to be as good of, if not better than, what we'd originally envisioned, outcomes always going to be as good of, if not better than, what we'd originally envisioned?

0:49:08 - Kimberly

Yes, and that always. I am always so impressed with that. That happens continually, at least in my life, and I see it in other people's lives as well. Whatever it is we're focused on, if we allow the universe to kind of do its little magic, it comes out so much better than I ever would have asked for myself, like magically better. And the interesting part and I've been fiddling with this almost all my life to fiddle with the energy, to have just enough energy to imagine how the outcome would feel, but not get in the middle of how it's going to materialize. Correct, If I can let go and just imagine oh, that one thing, you know that one thing. It feels like this, it feels like this, and then everything just builds itself out to being so much better. That is such a cool school. They need to teach that in kindergarten. Being so much better, that is such a cool school.

0:50:00 - Julie

They need to teach that in kindergarten. Well, and I think I always think of Steve Jobs with that point, when he was coming out with, you know what was it called? The iPod, and then the iPad

and the iPhone and all of that. And he was being interviewed one time and somebody said, well, did you do a bunch of focus groups to you know, to come up with what this was going to be, this technology? And he said no, and the interviewer said why not? And he said because people don't know what they exactly want. You've got to show them. You know they don't have a frame of reference for this iPhone that does all this stuff, that they say that the iPhone is more powerful than the computers that landed men on the moon, you know, back in the 60s. And I think that's a really good example of let's see what's going to happen.

I've told this story before, but I think it bears repeating here. I was flying into LA, I was going to see my doctor and it was Mother's Day. I was in town for like two or three days and that was the only day I was going to be able to see her. So she came in on Mother's Day and she had children and I wanted to get her some flowers as a thank you for Mother's Day. Mother's Day, my plane was late, I needed to pick up a car and I was not going to have time because she had a Mother's Day brunch to get to or something. I was texting her once we landed and so I thought, oh gosh, I'll just check in the gift shop and maybe I'll find some flowers I can take her. So I get off the plane. Kimberly, I'm not off the plane more than three minutes, maybe four minutes.

This woman walks by, she's got this huge bunch of gladioli in her hands, in her arms, and I said, oh, your flowers are lovely, they're beautiful, happy Mother's Day. And she said here, take them. And I said, no, no, no, no, no, no, they're intended for you. She said, honey, I'm flying to New York City. They're going to be way more of a hassle. They're going to be a mess by the time I land. Please take them and enjoy them. So I took them, I gave them to my doctor. She was thrilled. Voila, you know, I got flowers, not in a way, I intended to get them for free and they were not the flowers that I intended to buy.

0:52:27 - Kimberly

They were even better. So I think that's a great example. It's a beautiful example and it also talks to how connected you are, the fact that that was just a focus and boom. Your guides are good.

0:52:34 - Julie

Well and I let go of the outcome if I wasn't able to stop at Trader Joe's or Ralph's or someplace out there, you know, to pick up flowers, okay, well, you know, I'll just have to send her flowers another time or something. So you also talk about the activation of humanity. What are you saying with that? What does that mean to you?

0:53:00 - Kimberly

I think it's the, it's us connecting with that source energy and I think that probably it would not be incorrect to say that most of the people on the planet right now are not really connecting with that source right now are not really connecting with that source.

And I think once we activate, when we click in to that energy and start working with our lives more in an energetic fashion than a cultural fashion, than a norms you know, like get up, go to work. You know, do all the things that you know, like get up, go to work. You know, do all the things that you know we've been instructed as a good life, when we start living more from that energetic center, that's when we're really going to start opening up. And you know, we are incredible beings, we have these incredible bodies, we're super resilient, we have the ability to connect with each other in a way that I don't think we've even scratched the surface on right now, and there's so much potential in what we are, who we are and how we can connect with each other. I think that that's going to be a critical part in the shifts that are going to be happening on the planet in the next several years.

0:54:25 - Julie

When you say the energy of humanity, can you expand on that a little? Are you talking about humans in general connecting with each other? Are you talking about the bone and the blood and the skin and the physical body of humanity? What are you referring to when you say the energy of humanity?

0:54:48 - Kimberly

I think it's more to do with our consciousness, to expand our consciousness, start working with our consciousness, start.

One of the things that I have a problem with technology is that it has in a way stopped our growth for connecting in a more well, the way that you connect with spirit, the way that you connect with those in non-physical, because now we can just text somebody right away.

And the first time I saw a phone, you know way back when they had the little flip phones, I looked at that and I thought, or we could have developed our telepathy. And I think that that is one of the things that we have to be careful of as a collective that we don't stop the evolution of our consciousness, our ability to connect on a frequency level, that we don't rely too much on screens, that we don't get, you know, screen hypnotized, that we stay focused on the fact that we're consciousness in a human body. And how can we use that consciousness? I don't even think we've scratched the surface, particularly right now. Maybe in other parts of the civilization of humans on earth they might have been more connected spiritually, energetically. I think right now we're kind of at a low point and we could certainly be well served to start really expand consciousness and start connecting in a more energetic spiritual way than we do right now consciousness and start connecting in a more energetic spiritual way than we do right now.

0:56:28 - Julie

Well, it saddens me when I'm in a restaurant and there's a couple and they've got, they're both on their phones and they're sitting across each other and it's like the other person isn't there. Or what even upsets me even more is when there's a couple there with a child or two at the table, is when there's a couple there with a child or two at the table and the child's just sitting there and the parents are both on their phones and they're not interacting with the child. I just want to go. What are you guys doing? Yeah, what to?

0:56:50 - Kimberly

your child. Yeah, you know it's so interesting. I was watching a fascinating interview and I'll give you the details on it, Julie, a little bit later, but it was with a neurosurgeon who has done a whole lot of work and just some health issues and stuff that is going on right now, and he was really contrasting and comparing the fact that when we were young we were outside, people weren't inside. What do we do? We played in the dirt, we built forts in the dirt, we rode our bikes, we went outside, and you go back home when the streetlights come on. That was the game.

Now people are inside and this blue light from the screens is not good for us. And blue light is on our computer screens or on our phone screens and it really does impact the dopamine receptors in these human bodies. And I think that, you know, in the course of my lifetime I've seen a real shift in human behavior where people used to always be outside. We were outside, we were doing stuff, we were walking there, going here, doing that. We weren't sitting in the house all the time and I think that we are a lot more than we used to be. We're spending a whole lot of time sitting in front of screens instead of actually interacting with each other, and I don't think that that's, I don't think it's serving us in the long run.

0:58:17 - Julie

Well, I think most of us would go through a withdrawal if we didn't have our phones with us for, you know, a certain period of time, I know, even for me, when I've left the house and I've driven somewhere and I've left my phone at home, and initially I panic and I think, oh God, I left my phone at home, what if I need it? And then I thought I didn't have a phone for the first 25 years of my life in my car.

0:58:43 - Kimberly

I had the same experience. There's a gal I don't know if you know her, her name is Cynthia Sue Larson and she specializes in the mandala effect and she has clear memories of other incarnations into reality systems that were really control-based, and she has such a clear memory of that that she has never gotten a cell phone, because that was one of the mechanisms by which they controlled the civilization in that reality system. In that incarnation of her. She has never had a cell phone, never Now.

I was getting ready to interview her and I was going out in the morning and I was thinking about her and I thought I wonder what it's like to not have a cell phone.

By golly, Julie, within three minutes I had lost my phone and I spent the whole day. It ended up being found, but I spent the whole day without my phone and it was an interesting little experience because I noticed the anxiety that I felt as a result of that and it really made me realize that maybe we're just a little bit too connected to that technology and maybe it's not in our best interest, and so it was an interesting experiment, first of all, that I was thinking about what is it like to not have a phone boom, losing my phone three minutes later fell off my golf cart. I live in a community where we drive around in our golf cart, so it fell off my golf cart. And then the anxiety, and then I worked through it like you did. It's like, wait a minute, I was not born with that cell phone, you know. Let's just think this through and it actually ends up being a nice sense of freedom.

1:00:31 - Julie

Well, the cell phones can tell, even when they're off, where we are and where we've been. They're tracking it. They or they are, are tracking us to. You know where we're going and all of that. I laugh. I think it's like we're living in the Jetsons world. You know, we've got the TV phones and we've got the computers and the robotic maids and the I don't. We've got flying cars in the form of drones that are dropping packages off places and cars that drive themselves.

My girlfriend rode in one of those taxis or kind of like an Uber in San Francisco. That's a driverless car and she said it was wild. She said it has this little bubble thing on the top of it and had her initials on it when it picked her up and she said it was kind of freaky. She was sitting in the back seat, she could see the steering wheel turning and all that.

And I do have a friend who's in the trucking business you know big, huge company that does international or national, primarily freight and he said they've had driverless semi trucks for 15 years but they haven't put them on the freeway yet because they thought the public would freak out if they were driving next to a, next to a 18 wheeler and there's no driver. You're going well, what's going on with that? But it's coming, it's coming. If you look back on all of the different things that you've heard from your guests on your show and other experiences, is there anything that stands out as being something that has been really profound for you in learning it and or in hearing it for the first time and then implementing it into your life?

1:02:22 - Kimberly

You know, yes, I've had a few moments that really kind of like set me back and really created, kind of shifted my understanding of reality. I think one of them is an ongoing person that I

interview we do a monthly who is from the Pleiades, has incarnated under earth for this time because things are shifting and understanding how far we have come away from our true nature as humans. And she said to me you know, human beings should be able, from age 12, to exist completely on the planet, in other words, food, shelter, water, all of it, that all that information should be on board at age 12. And I thought, wow, you know, my kids at age 12 could show you where the stores were in the mall, but they certainly couldn't, you know, forage for food or build shelter.

They knew how to do a microwave, how to use a microwave Exactly you know, or all the different remotes for the TV I don't even own a TV, so I don't even have to deal with that TV. I don't even own a TV, so I don't even have to deal with that. But it really made me realize how far away from the true, important knowledge that we've come. So that was one thing, and the other is a true understanding of frequency, and that was. It is a far.

It is an unusual concept when you first get it and it sounds complicated, but it is so simple. It is nothing more than choosing the better feeling thought and it is almost so simple that you can't even believe that. That's the secret and that's what I do now. It's like I don't. When I was younger I would critically think about things you know and that whole thing. Remember you would take a piece of paper and draw a line down the middle and it was the pros and the cons. You know that critical thinking and I laugh about that now. All I do now is I feel one decision okay, feel the other decision which feels better. That's the one I do. It's as simple as that. And when we realize that, that little antenna and you had a word for it earlier- yes, it's an internal.

1:04:53 - Julie
It's an internal yeah.

1:04:54 - Kimberly
Yeah, that is, in my experience, 100% correct all the time.

1:05:04 - Julie
Oh, absolutely, when we go against our gut feeling or our intuition. It seems like it's called gut feeling for guys and intuition for women, but it is absolutely. Whenever we go against that, I would say 99.999% of the time we regret it because that's our spirit leading us. And back to the concept that we're all a fractal of the divine. It's big spirit leading us. It's God, your deceased loved ones, the angels, your spirit guides the whole nine yards and our spirit too, all leading us in that direction. Yeah, well put, I agree with that. What do you hope your message of your channel brings to your viewers?

1:05:52 - Kimberly
You know, I want to answer the question of what is the true nature of our reality and, to be honest with you, I am just so curious about that uncovering what is real, what has been placed upon us as, maybe, a control system or information in order to lead us in different directions. I want to know who we really are, what is our true history on the planet which I think is very different than what we've been told and what our potential is as humans, because I think that we're just barely scratching the surface of who we are, a collective that is cohesive and loving, and then the next step is actually getting off the planet and becoming a space-based, you know, civilization, maybe going to other planets. So I think that we're on our way to someplace great, and I do feel like we're just kind of in that uncomfortable period where the systems have to break down in order for us to create something new and exciting, and I want to be there and I want to know all the stuff. That's true.

1:07:09 - Julie
Kind of shatter the old to bring in the new, right Kind of concept. What is it that you think we've been misinformed about of our history? You've mentioned that a couple of times. I'm interested

to hear your thoughts on that. Oh my gosh, that would take like a three hour. Okay, give us the cliff notes, give us the synopsis.

1:07:30 - Kimberly

Well, one thing I know for sure is that the history that we have been taught it has nothing to do with reality, it has nothing to do with the true origins of man. It has nothing to do. You know, history is written by the winners. So are you talking?

1:07:50 - Julie

about, like Darwin's theory of evolution. What are you talking about?

1:07:54 - Kimberly

Yes, all of that and more.

1:07:56 - Julie

Okay, Like, can you expand on that a little Well?

1:08:00 - Kimberly

I could, but it's just going to create a whole lot of questions.

1:08:03 - Julie

Well, that's all right, we're winding down, so we'll just have you back to answer all the ones that we don't get.

1:08:07 - Kimberly

Well, first of all, you know evolution we were actually seeded here by another race. You know, homo sapien was genetically created as a worker for another collective that was here on the planet, involved in something that required labor, and they didn't have enough people to do the labor. And so they're master geneticists and they use some of their DNA, combined with DNA of Homo erectus that was already on the planet, to create Homo sapien and then eventually Homo sapien sapien. So the whole genetic, you know, the whole theory of evolution is not doesn't have anything to do with reality. It is a construct in order to smooth over the true nature of how we originally got here.

And Earth itself is a living library and we have such a variety of plant life, animal life on this planet because we are a library for the cosmos. In other words, when something, we're a storehouse for all of this creation, and that's why things are so varied. I don't know that there's many planets that have the quite the variety of plant life, animal life that we have here, because we are a library. And one thing that's important to know when something goes extinct on Earth, it's not extinct, it's just been moved somewhere else, so we don't have to worry about losing things. Nothing gets lost in the cosmos. It just gets either genetically modified into something else that's more suitable for the environment, or it gets moved to somebody else. So that's just part of it.

And if you look at the work of Paul Wallace and Mario Bellini and oh my gosh, there's so many people that are doing such great work with the true story of our past it's much, much different than what we've been told, and I think that that's fascinating and interesting, I mean, and that could be a whole new channel right there. Of course, billy Carson is doing a good job on that?

1:10:28 - Julie

Okay, I'm not familiar with any of those guys, but I'll look them up, see what they have to say. You were talking about the flora and the fauna and all of that, and living here in Sweet Home, Alabama. They say that Alabama is the Amazon of the Americas, because there are more species of plants and more species of certain animals here than any place else in the

Americas. Yeah, which I didn't know, but like there are coast. Yeah, which I didn't know, but like there are. Let's say, there are three or four different species of an oak tree I'm using this as an example, you know throughout the rest of the country and there are 17 of them here, or there's. It's fascinating.

I have a book about it that you know. It's one of those coffee table books that I'm going to read one day that I haven't read yet. But I heard the author speak and his presentation showed all these different plants and animals and like fish and stuff like that in the Alabama ecosystem. That was really fascinating. I had no idea about that. So the entities that originally seeded the Homo sapiens here on Earth did they come from a galaxy far, far away, in your opinion?

1:11:55 - Kimberly

I think that they were more of a line of beings than the word on the street is. They're originally from Nibiru, but I don't know if that's true.

Julie

What's Nibiru?

1:12:10 - Julie

Is that a galaxy? It's a planet, Okay. Where is it? Is it?

1:12:14 - Kimberly

I don't know Far far, far away, far, far away I do love that, the Star Wars thing, the galaxy. Far, far away. Isn't that exciting that there's so much to learn? I mean, I think that's exciting. I think it's exciting that Alabama has a wider variety of plant lives than any place. I mean, that's exciting. There's so much to learn about this planet. It's an amazing, an amazing reality system we have here.

1:12:45 - Julie

When we were laughing about a galaxy far, far away, I could see Carl Sagan jumping up and down and clapping, you know, like having a fun time listening to this conversation and skirting around the edges of all this stuff from different galaxies and all of that. And I think that that has been a really strong interest for a lot of people for a long time and it's been poo-pooed, if you will, but like the whole flying saucer thing, you know the whole space vehicle thing. They've known about that for forever. There are so many fighter pilots and you know, and all those people.

We had Tom Palladino on the show, I think it was last year, and he was talking about how those space vehicles I'm using air quotes here they use scalar energy in order to do that because it's not limited by gravity. So we've got a fighter jet that's going after this UFO that just disappears or it turns on a dime and is moving faster than anything ever witnessed by human eyes before, and all of that. So I think people that don't believe in that it's a little short-sighted really. How many galaxies are there? How many planets in the galaxies and stars and all of that? Really, is it a little short-sighted that we're the only ones. Yeah, I know, I know.

1:14:14 - Kimberly

But here's the interesting thing and it cracks me up, Julie, every time I think about it they actually convinced us, with billions of planets in the sky, that we were the only ones. Just think about that. I mean, when you think about that level of programming, when it just takes like the most basic understanding of a logic to look up and see billions of and know there's billions of planets out there and realize there's got to be life other places. And yet we were readily convinced that, oh, we're the only ones.

1:14:48 - Julie

Well, Galileo was our role model on that right To keep your mouth shut with your thoughts, because it didn't do him well for a long time. All right, last question why?

1:14:59 - Kimberly

do we incarnate? Oh, to learn, and particularly here to learn, because there's such, you know, the density here and the duality. You know it's out of wounds there's wisdom is born. So it's like that's. You know, this is such a rich, rich environment for learning.

1:15:19 - Julie

Who's learning we are, who's we Our soul.

1:15:24 - Kimberly

There you go. Brackville of God, yeah, Brockville of Prime Creator. I heard that word, prime Creator. I love that.

1:15:30 - Julie

Yes. Yeah, source too I think is very descriptive of how I believe it. You are so lovely and so bright and eloquent and interesting and fascinating and all of that, thank you.

1:15:47 - Kimberly

Back at you. You are just such a joy and you're doing such good work, and I'm so impressed with the ease at which you took this very you know boots on the ground career and just worked right into this total spiritual life. It's just so impressive. So thank you for all the work that you're doing. Oh, you're welcome.

1:16:09 - Julie

How can people learn more about you and your work and your channel?

1:16:13 - Kimberly

Wonderful. You can join me on YouTube or Rumble at Journey to the New Earth. Journey to the New Earth and also we've recently started a very fun, very interactive, lively community over on Locals. So if you're looking for people that understand where you're coming from, they're there and you can find that at journeytothenewearth.locals.com.

1:16:35 - Julie

I'm not familiar with Local.

1:16:38 - Kimberly

It's kind of like a Facebook group, only without the censorship. Okay, I never heard of gonna have to.

1:16:42 - Julie

It's kind of like a Facebook group, only without the censorship. Okay, I never heard of it. Huh, yeah, I'm checking out. Alrighty, okay, everybody. That's it for today, sending you lots of love from Sweet Home, Alabama, mwah, and from Florida too, where Kimberly is. We'll see you next time.

1:16:56 - Ann cr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:17:10 - Disclaimer

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