

AJR - Elissa Hope Transcript

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Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Elissa Hope with us on the show today. Elissa went through a near-death experience during a routine medical procedure, went to heaven, met God and was given a mission. I'll be asking her about the nuances of her NDE and how it's affected her life. I'm also going to be finding out just what her mission is and if she's fulfilling it. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go talk with Elissa. Elissa girl, welcome to the show. I'm so thrilled to have you join us today.

0:01:34 - Elissa

Oh, thank you, Julie. I'm so happy to be here. It's my pleasure.

0:01:40 - Julie

You had a near-death experience. What happened?

0:01:44 - Elissa

Actually, many years ago, when I was only 14 years old, my mother was going to be going through a divorce and she did not have the money that she normally had to take me to my regular dentist. So a clinic opened up about a couple of minutes away from our house. So she thought nothing of it. She took me to the clinic. He gave me an overdose on nitrous oxide gas which it cut off my oxygen supply and I had no pulse. It stopped my heart. I had there were. I was told that they were going to give up on CPR because they could, just they just couldn't get a pulse back. So during the time that CPR was being performed on me, my soul left my body and it traveled through a long, dark body and it traveled through a long, dark, speeding tunnel. I just remembered thinking like you know where am I and where's this going to lead me to? But I do think that I knew at a subconscious level that my body was back behind the dentist's chair and it was just my soul flying through this long, dark, speeding tunnel at such a quick pace. And finally, at the end of the tunnel it came out and opened up into the brightest light and my three guardian angels were waiting for me in the light and they told me that I was safe with them, that they were sent to wait for me in the light. And they told me that I had an accident back at the dentist and I died. And you know, they really wanted me to stay in heaven with them. They said if I stayed with them in heaven, I would have far more greater happiness with them in heaven than if I returned to my life. And they said because I kept saying I have to go back, my mom really needs me because I was my mother's only daughter. And my guardian angel said to me before you make up your mind, they said we have something that we want to show you. And all of a sudden I'm seeing my old funeral, what it would look like had I decided to stay in heaven. That's how my funeral would be, and everybody was very upset. But the only one who was inconsolable was my mother and she kept throwing herself on top of my coffin. She was screaming, crying Elissa, Elissa, my baby, don't leave me, Elissa, come back to me, I love you. Baby, don't leave me, Elissa, come back to me, I love you. So I said to my guardian

angels see, I have to go back, she really needs me. So my guardian angels again said you know? They said of course your mother will be very upset, they said, but in time she'll be much better than she was being her at my funeral.

So when they said that to me and they kept saying I would just have eternal bliss in heaven, you know there was this big white door and I kept inching closer to the door when they would say I would have, you know, eternal peace and happiness. And they said to me, once you pass through this door there is no turning back. Then you have to stay and you will be so amazed at who was behind this door and so much more of glorious heaven. So when they would tell me that and promise me eternal peace and happiness, I would say, okay, I think I'm going to stay and I would inch a little closer to the door. But then I would see and hear my mother flinging herself on top of my casket again, screaming Elissa, Elissa, I love you, come back to me, baby.

So then I would inch away from the door again and you know I was crying. I said I just don't know what to do. And then all of a sudden I hear footsteps and God. I'm standing face to face with God. And God said to me what's the matter, my child, why are you crying? Why are you so upset? So I said I have to go back. My mom really needs me.

And as soon as I said that, god said to me I understand. And he turns to my three guardian angels. He said send her back immediately. And then he said to me but I'm sending you back with an important purpose. And he said once my soul's back in my body. I would not remember what my full purpose is until the time is right. Because he said I was much too young, at such a young age only 14 to handle such a big responsibility. You know, I mean, to be God's messenger is a huge responsibility, you know, but especially as a teenager. So I told him that I understood and something else went on in heaven, that I'll save it because I don't want to ruin it for people who are going to read my book Hope from Heaven. So something else you know fascinating happened. So something else you know fascinating happened.

But so, as my soul was going back through that long, dark, speeding tunnel again, I saw and I heard CPR being performed on me in the dental chair and the hygienist I felt, I felt her doing. You know the three thrusts on my chest and the three breaths in my mouth. And I heard the hygienist say to the dentist there's still no pulse. And the dentist, he was frantic, he was screaming oh my God, oh my God, this never happened before. Don't give up, don't give up. We have to get it back. So again she did. You know the three thrusts of my chest, the three breaths of my mouth. And then a couple seconds later she said there's a pulse. Now we have her back. And all this time my mom, she's in the waiting room, she's oblivious to it. You know she had no idea that he just killed her own, her only daughter. And he just said to her I couldn't, something went wrong with the nitrous oxide. I couldn't finish filling the cavity, have her go home and rest. He said if she doesn't feel well, take her to the emergency room. And I know what he said that a couple of years later, on the news, my mother and I were watching the news and we heard that a 17 year old girl from the Bronx, she died the same way, having a cavity filled at the dentist.

But it would. I would have flashbacks of heaven, you know I would. It could be like when I'm sitting in class at school or walking through the park with friends, and it was like a jolt of electricity going through me and it was just like. It was so strong it almost felt like being struck by lightning, you know. And I would have all these flashbacks of my time in heaven. And when, like the last final piece of it fell into place, my full purpose was when my beloved boyfriend, Todd Urban when I didn't even know he died. He came to me in a visitation dream and he held me and told me he loves me, will always be with me, and when I woke up I found out he died. So, as you can imagine, I mean I was in shock and I collapsed. I was beyond, you know, devastated. But I said to myself but he just came to me, you know, and he was holding me and told me he loved me, will always be with me. So I knew then he was still with me spiritually.

0:10:07 - Julie

So let's go back to your near-death experience when you were 14. When you got out of the tunnel and the angels met you did you feel like you were flying through the tunnel horizontally. Can you remember any of the nuances or details of when you were in the tunnel?

0:10:26 - Elissa

I couldn't see anything. I just remember flying through it and it seemed to go on for miles and miles. You know it felt like for a couple minutes, but maybe it really wasn't. You know, I'm not sure, because when your soul is out of your body there's really no. You know there's no time then, because you know in heaven there's no time Right.

0:10:52 - Julie

How did you know it was God, first of all? Secondly, what did it? Did he appear a certain way to you, did you get a feeling? How did you know it was God?

0:11:04 - Elissa

He was in human form. He looked like Jesus, but older. His face was more mature, but he was just so. You know, he had such a strong, magnificent presence and he had, you know, long, wavy brown hair and he had a beard. I always wanted blue eyes, but when I saw his beautiful, his eyes were brown, with so much like depth and dimension to it. You know, I never wished for blue eyes again.

0:11:38 - Julie

Yeah.

0:11:39 - Elissa

And he walked with a cane and he had gladiator sandals on and he had gladiator sandals on. You know, he had also a long white robe on with this like tassel fringe belt. And you know, even though it happened so many years ago, I feel like you know, just happened yesterday. And getting back to when my full purpose was revealed to me was on the morning of Todd's memorial service. You know I was upset. It was the morning of his memorial service.

But I look out my window and in all the years that I'm living here, I live on the water but we only have, like seagulls or geese, never, never, ever had a swan in the water. So when I looked out into the water, it was. It was a pair of, um, it was a pair of swans. And I knew immediately this is a sign from my Todd from heaven. So when they were almost out of my sight, they turned around towards me and their necks entwined and their bills touched, kissing. And it was just so, such a beautiful, breathtaking sight, because I just knew this is a spiritual sign from Todd to me. So I run back in my house and I Google what does a pair of swans mean spiritually? And sure enough, it came up, a pair of swans are the twin flame spirit animal and they represent the eternal love of oneness between two beings. And twin flames are one soul that was split into two bodies and share the same consciousness. And they're only sent here during their last lifetime, when their soul is very advanced. And they're sent here as a light worker to raise the vibration of love and energy throughout the world. What I feel is that Todd is guiding me now from heaven, helping me to complete our Twin Slings mission together, and once my purpose is served here, then Todd and I will merge back as one soul in heaven where we'll be one with God for all of eternity.

And you know it was very therapeutic for me. The day after I found out that he died I sat down because I wrote my near-death experience, part of my book. I wrote that Seth Experi's part of my book. I wrote that about eight years before it was published. And then, when Todd passed away the morning afterwards that I found out he had died, I sat down and I wrote the rest of the book, part three, twin Flames, all about you know, todd, and my beautiful, you know

spiritual love story. And so it was so therapeutic and I knew, I knew that Todd's going to help me get it published. And sure enough, you know, I did get it published very quickly.

0:14:58 - Julie

Let's, let's go back a few steps. That's a lot to unpack here. Yeah, what astounded you most in heaven? What surprised you the most when you were in heaven?

0:15:11 - Elissa

Standing face to face with God in heaven. You know, I don't think anything could be greater than that. You know, although I do have to say, something even more extraordinary happened to me Two weeks after Todd died. I was woken up from my sleep and all of a sudden, you know, I look up on my ceiling and I see a whirling mist with light in the center and it keeps whirling down, closer and closer to me until I see arms extend and this magnificent light is radiating down throughout both arms and when it's close enough to me, both arms, with all of that magnificent light radiating, it wrapped around me and my back lifted up, and all that light and love and healing energy, it was just being poured into me. I was 100% healed.

So this went on maybe for, I would say, a minute, and then it just disappeared. I jumped out of bed. My heart was not broken anymore, I was completely healed. I thought at the time that it was Todd's spirit who came and healed me. But I went and I spoke to a priest and a rabbi and they both said, no, that could only have been God's spirit, because only God can completely heal you.

And I was healed not only from Todd dying, but from any past, anything bad I ever went through in my entire life, because I wish I could really explain what it felt like. All that light and love and God's healing energy. Just it was pulsating into me. I can't even explain it, and so it even felt more incredible than when I stood before God in heaven. I am like so, so I'm the strongest now spiritually. There's nothing that I can't go through, that I that you know, because of, I always think back to how I was so healed, because I always think back to how I was so healed, you know, I feel like I could just get through anything.

0:17:48 - Julie

Now yeah, well, it sounds like you've been through a lot. Do you still get messages from heaven after that episode, after Todd had been gone, and, if so, from whom?

0:18:02 - Elissa

From Todd and also my mother, who I came back from heaven, for she passed away last year and she gives me the most beautiful afterlife communication too. I even you know I had a dream that she died the night before she died. But I you know, but I have to say, a lot of the times I feel like part of me still is in heaven and really never left, because I'm just so. I have that higher consciousness to heaven all the time. So I think that's why, also, I'm able to connect with my loved ones in heaven and I'm so happy that I get to help heal others spiritually, which was why I wrote the book Hope from Heaven, because for me to know that one life has breathed easier because of you, that is purpose and my purpose, and by me helping to heal others spiritually, it heals me in return too. So I always tell people you know, feel free to reach out to me on my what, the website. There's a contact form and my email address, and I'm always happy to help as much as I can.

I want everybody to know that true love never dies. It is endless. We just leave our bodies behind physically, but spiritually you're more alive than ever and you know, dying is just as natural as being born, only a different process. So I always tell people don't be afraid to die, you know. I say been there, done that already, you know. And when people say to me, you know why do I think, why was I the chosen one? So I just kid around, I say God only knows.

0:19:59 - Julie

Right right. Your book Hope from Heaven has the subtitle A True Story of Divine Intervention and the Girl who Came Back as God's Messenger. What was the divine intervention?

0:20:16 - Elissa

The divine intervention. I would just say you know how my purpose was revealed to me by my beloved twin slain, Todd Urban. Because I have to back this up and tell you that long before I ever met Todd, years before I met him, I started having the same reoccurring dream. I met him, I started having the same reoccurring dream and in my dream I had no idea who it was, but it turns out that it was Todd at the age that he was when I met him, years later. And also I saw a picture of Todd when I was a teenager. I saw a modeling picture of him and I declared him my Prince Charming because you know he in that picture he looked like the Prince from Cinderella. I said that that's my Prince Charming, we're going to be together one day.

And then I kept having the same exact reoccurring dream that my mom is walking me down the aisle, I'm getting married. My mother's walking me down the aisle and there's this mature, handsome man waiting at the altar. And as soon as we get down to the end of the aisle, this handsome man, he puts his hand down to take my hand. And always when we just about take each other's hand, I would wake up from the dream and I would say who is this man? And then when I met Todd, I couldn't believe it. I said you know, it's you. You're that man I kept dreaming about all these years because he was the same age that he was when I met him, and when I met him I was 50. He was 62 years old and it makes perfect sense. They say you know that it's your twin flame. Very often you dream about your twin flame years before you ever meet. You know.

0:22:20 - Julie

So how did you guys meet? And if you lived on the West Coast and you lived on the East Coast, how did that happen?

0:22:27 - Elissa

Right. So, you know, I always thought about him from time to time over the years and how we actually met. One day I was walking into my daughter's playroom and all of a sudden, I like had this vision and it said, you know, that I should contact Todd Urban, you know. So I was like you know, I always listen to the signs and messages that I receive so I just Googled it on my computer and I saw that he's now a licensed marital family therapist in Santa Monica, California. And I saw his email address on his website and you know it was on Valentine's Day. So I said, you know, dare I do this? You know me, you know, I always say I'm shy with guts, you know. So I just sent a really cute poem. Since I'm sweet 16, I've had a crush on you. Will you be my Valentine? And I said, rsvp by midnight. And I sent a picture, of course, one good one from my modeling days and then a recent picture, and I really didn't expect to hear from him. But I couldn't believe it. I did, you know, and the rest was history.

And then that summer and this is like also faith I already like had plans that I was going to spend the summer in California, my daughter. She didn't want to go to sleepaway camp, she said. She said, mom, can we just go to California and hang out on the beach for the summer? So I was like, yeah, of course you know. And then I did you know book. I rented a condo right near where Todd you know lives. So it was all just like you know everything. My guardian angels in heaven told me every second of your life is already written in the book and once you're born, not a second of it can be changed. So this was all predestined already, you know.

And as soon as we met Todd and I and our eyes locked, that was like forget it, you know. And as soon as we met Todd and I and our eyes locked, that was like forget it, you know, we just fell so deeply in love. I just wish that, you know, we had more time together here, but I'm just so thankful for however much time that we did get to have you know. And you know this is

fascinating too. And you know this is fascinating too, my last conversation with Todd before he died he said to me he said, you know, I did what I was supposed to do here.

I've helped so found deceased in his therapist's chair when his last client left for the day. So I mean, you really could get chills from that, right. And that was my last conversation with him, and then he came to me in that dream from heaven. So I just feel that, though, that there was a reason that Todd and I met, you know, shortly before he did pass away, that we were each other's last love. You know, it's just really fascinating, and I think everybody who reads the book they tell me, you know they can't put it down. You know they can't put it down. They read it in one sitting just because it is that, you know, really interesting and fascinating, right.

0:26:27 - Julie

Other than the fact that you were young. Why do you think your purpose wasn't immediately revealed? And what is your purpose? What was your mission that you were assigned, and how did you finally figure out what that was?

0:26:41 - Elissa

Well, it all just like fell into place, almost like those two swans, just gently, you know, gliding along throughout my life since I did come back from heaven. It was just like all you know, bits and pieces, until I was, like, mature enough to handle all of this, because, you know, I wouldn't have been able to have done all this when I was 14 years old, you know, I said now I'm ready to devote the rest of my life, you know, teaching other people all about God's light, relationship with God, and they pray to God every day. Their purpose will be revealed to them too when the time is right, and you'll know that you're on your right path when you really feel like you're living your life with divine awareness, authentic power, peace, clarity, love and purpose. And you know my, I feel that I am fulfilling my purpose, not only that, by getting my book published, because it has worldwide, you know, distribution.

I also reach out to people, especially parents, who have lost their, you know, like their children in the most tragic ways. I reach out to them and I try and heal them spiritually. So, and a lot of times, you know, it is comforting for them when they hear about what I've been through and when they hear that my guardian angels in heaven told me every second of your life is already written in the book and to have prevented, you know, the tragedy from happening. Because a lot of times people they say you know, I could have stopped it from happening. You know, if only I didn't do this or that, or if I didn't go here, this wouldn't have happened. So I think that you know that I am helping people just to get my story out there.

0:29:20 - Julie

You think that that free will is a thing? How do you think free will plays into the equation?

0:29:28 - Elissa

Well, a lot of yeah, a lot of people have said to me if every second of your life is already written in a book and once you're born, not a second of it can be changed, you know then, why did I get a choice when I was in heaven to stay in heaven or return to my life? So I say that it's because God already knew the choice that I was going to make. So it's kind of like, so we still feel like, you know, we have choices that we get to make in our life, you know, but it's really already all predestined device with other, perhaps family members or other loved ones who are close to us before any of us are conceived and incarnate.

0:30:27 - Julie

Do you have a thought about that, one way or the other?

0:30:30 - Elissa

I wasn't told this in heaven, but I've heard that we then get to choose who our parents will be. Choose our hair, who our parents will be. This is what you know, this is what I've heard. I just know. When I was in heaven, my guardian angel said every second of your life is already written in the book, and once you're born, not a second of it can be changed, but but so I do believe, though, that we are a part of you know, mapping out our lives before we're born, you know, I. I do believe, though, that we are a part of you know, mapping out our lives before we're born, you know, I do believe that.

0:31:06 - Julie

So what did you tell your mom and your family after you got home from the dentist, and did they believe you?

0:31:13 - Elissa

Well, I did not tell anybody except my best friend Amy. Tell anybody except my best friend Amy. So I went with Amy later on that day to get her haircut and as we were waiting for because you know for the hairstylist to cut her hair, I told her what happened. I said, you know, I died at the dentist from the night, just from the. I called it the laughing gas at the time. You know, teenagers call it the laughing gas. So I said to her I met God in heaven, I said, and he sent me back to my life. And she said in typical teenager talk, she said wow, that's so cool, you know. And she said thank you for telling me. Now I won't be afraid to die.

But I didn't tell my mother. You know, I almost feel that because, you know, when you're a teenager, teenagers always get blamed for everything, like their parents. So I think I almost felt like maybe my mother's going to, you know, for some reason, blame me why it happened. So I just didn't feel ready to share with her. I needed time to like come to terms with it myself. I actually blocked it out for several years and and they and the only reason why I did tell my mother was a couple of years later when we saw that girl on the news died the same way at the dentist having a cavity filled from too much nitrous oxide. So that's when I said to my mother, that's what happened to me at the dentist, you know. And I said to her I had a choice to stay in heaven or return to my life. And I said I only came back for you. And she said thank God. She said that she would not have survived it, you know, but she really would have, because the angels told me that she would have. But you know, of course she was thrilled that I chose to come back to my life for her. So when my mom passed away, you know, I at first I like had to really get used to her being in heaven and me here, because I came back for her. But then, with all of her beautiful after death communication, I feel like she's still with me and Todd is still with me. So it's much easier now.

You know, heaven and earth are a lot more intertwined, closer than you think you know. Say more about that. Well, I just feel like there's a very thin veil between heaven and earth and that's why our loved ones are able to make contact with us spiritually and why you know contact with us spiritually and why you know a good medium is able to communicate with our loved ones on the other side. Because it's really just, you know you're transitioning, but I think it's just much closer than people realize, even though, like when my soul was going through that long speeding tunnel, it just felt like, you know, kind of like not really that far away from where I was. Do you know what I mean, even though I mean maybe it is very far, far. I can't say you know for sure, but you know we'll all have all the answers right when we leave our bodies behind physically. But I can only tell you what I've gone through and it's been an extraordinary journey that I was able to come face to face with God in heaven and then, you know, his spirit came down to me and healed me physically here.

So I just I try and tell people, because some people who I reach out to, who lost, you know, a child, they say to me they don't believe in God anymore, and I say no, no me, they don't believe in God anymore, and I say no, no, you have to. I said you must never turn your back on

God, because God never turns his back on us. Even in our darkest hour, you know, there's a light. God is always with us. He does not give us anything more than we think that we can handle, even though sometimes it may feel that way. Right, but it's all a part of our spiritual growth and the only way we really grow spiritually is through the most challenging, hardest times in our lives. So you know, you could imagine how much I've had spiritual growth right with all that I've been through and it's really all just so fascinating. So when you're going through something very difficult, that is when you really have to turn to God and pray to him. And I'll just tell you one thing A gentleman who read my book, he reached out to me and he said you know, he was not close with God at all and then his son got very ill.

So, this gentleman, he started going to church and he started praying and developing a closer relationship with God and then a couple months later his son was completely healed. So I always say the power of prayer is very strong. And also I want to say that people ask me do you reunite with your pets in heaven? And you absolutely do. My childhood dog Shag that came in a visitation with Todd on my daughter's 16th birthday and Todd said to me look who is here, look who I have with me to visit you. And it was my childhood dog Shag and he was running around circles. He was young and healthy again and just like so excited, I guess, to see me, you know. And I woke up so, so happy just to know that our pets are waiting for us on the other side too. They're with our loved ones waiting for us, and all of my royalties from my book goes towards animal rescue. My mission is to expand a good, no-kill animal shelter Wonderful.

That's one reason why I was sent back here too. Another reason you know I'm the biggest animal lover. If you spell dog backwards, god. If you spell dog backwards.

0:38:11 - Julie

God, yeah, good point, good point. Does everybody have a purpose in life?

0:38:15 - Elissa

Yes, every single person.

0:38:21 - Julie

How about?

0:38:22 - Elissa

somebody that's a criminal or a mass murderer. Every single person has a purpose in life and no matter how big or small, we all have a purpose. And people do say to me, you know, like, like how could God allow that you know to have like people you know, oh, might kill somebody else. So I say, well, you know, it could be that they're paying for a past life karma. You know, maybe they did something terrible for a past life karma. You know, maybe they did something terrible in a past lifetime. So everybody has a purpose in life and I always tell everybody try and do a good deed every single day, because then you will have good karma. You know, I feel that it's greater to give than to receive. So nothing makes me happier knowing that I made somebody else's day a little bit brighter you know what is karma to you?

0:39:22 - Julie

What's your definition of karma?

0:39:26 - Elissa

Doing good deeds. That's my definition. You know there's good karma and bad karma, and when you do good karma, it will come back to you. If you do something bad, you're going to experience it and if not in this lifetime, then in your next lifetime. And I tell people, people, if you serve and complete your purpose in this lifetime, then you know you don't have to come, you don't have to reincarnate again if you don't want to. But if you don't serve your purpose, when

you get back to heaven you're going to be sent back here again and you will experience. If you did something bad, you'll experience it in your next lifetime. So that's the difference between good karma and bad karma.

0:40:19 - Julie

So do you think that this is your last lifetime or do you think you'll come back in the human existence?

0:40:25 - Elissa

No, no, no. This is it. This is it for me, 100%, and I do feel, like you know, that I am serving my purpose fully. And now, when I go back home to heaven again, this time I'm pleading with God please let me stay for all of eternity. You know, I'm done here. This is it for me and I don't feel like I have any reason to come back here again, you know.

0:40:56 - Julie

Interesting. How would you describe the progress in your purpose? You first started out and talking with people. Have you seen that it's kind of expanded and grown and your reach has expanded as well? Tell us a little bit about that journey.

0:41:20 - Elissa

Yes, definitely. Because, well, when I came back from heaven, the only person I had told about it was my best friend, amy, and then I just wanted to be a normal teenager, you know. So that's why I blocked it out. But then, you know, in my early twenties something you know my guardian angels, when I was in heaven, they warned me. That's why they wanted me to stay with them in heaven too. They said if I returned to my life, they said something bad. I was going to go through something very bad that I didn't even think I would get through it. They said but you will get through it, because we're going to be watching over you to make sure you get through it. So, sure enough, I did go through something very bad in my early 20s. And then, after I went through that, you know, that's when I started doing my soul searching and that's when I wanted to then, really, you know, think about why did I have my near death experience, you know? And why was I allowed to come back to my life? You know, that's when I really did all of my soul searching.

And then I started to tell people about it, and usually I would first say are you spiritual? And if they said, yes, that was all I needed to hear. And then I would say I had a near death experience. I died, I came face to face with God in heaven and I was sent back to my life.

And, you know, most people believed me. But I felt like maybe a couple people may have looked at me like, yeah, sure, you know, but most people believed me. And then a lot of people would say, well, you know, you should write a book. And I would always say I will when the time is right, you know, and when my full purpose is revealed to me. So I feel that I really have like, with all that I've gone through, I just knew the time was right. Right after Todd died, I, like I had that. I had to finish writing my book. You know I had to do it. And then, by just going on podcasts, you know, I feel like I'm really able now to do what I was sent back here to do, and this is exactly you know here to do and this is exactly, you know, how God planned for me for this all to unfold the way that it did.

0:43:57 - Julie

Okay, last question why do we incarnate?

0:44:00 - Elissa

We come back here to learn the lessons that we didn't learn in our past lifetime, you know, to get it right in the next lifetime. That's what I truly feel with that. That would probably be the best way, you know. Yeah, yeah, I have to say yes, I had a dream just before I got. I have a beautiful

exotic cat. He's a, a dwarf. So it's um, it's a Sphinx hybrid. It's Sphinx Munchkin, American Curl. And I never had a cat before. I always had dogs. So my beautiful dog, Frankie, he passed away and he gives me beautiful afterlife communication too. He was a miniature dachshund afterlife communication too, he was a miniature dachshund.

So just before I got my cat, Simba, I had a dream that Frankie's soul reincarnated into Simba's body. And then, when I woke up, you know, I went to the airport because Simba was shipped to me from the breeder and I said you know, if that is true, that Frankie's soul reincarnated into Simba's body, I need a sign to know this. So as soon as I brought Simba home I live in a very big house, immediately, Simba, it was like he knew the whole house already and he runs upstairs, runs to the other wing of the house, runs into again the playroom. There must be something with the playroom. That was where I was told to contact Todd Urban, remember, contact Todd Urban, remember. So he runs into the playroom and he, like, opens up Frankie's toy chest of toys and he just goes inside there, curls up in there and goes to sleep.

Now I have to tell you, I had, you know, beds for Simba. I had it like in my bedroom, I even had it in the playroom. So he just went and ran and opened up you know, Frankie's toy chest and just went in there. I was like, ok, that's confirmation that Frankie's soul reincarnated into Simba's body. So our pets do come back to us, and I've heard other people tell me stories like that too. So you have to know, I would like to leave off with that. True love never dies, it is endless. I think that really is comforting to know.

0:46:46 - Julie

I agree. How can people learn more about you and your work?

0:46:50 - Elissa

Sure, they can go to my website at Elissahope.com and there's a contact form. They can get in touch with me and my email address and I would say you know everything's on my author website.

0:47:08 - Julie

Okay.

0:47:09 - Elissa

And also I would like to say that my book *Hope from Heaven*. It's on sale now for a limited time, so it's a wonderful time to get it and a lot of people are buying it for the holidays because it's a wonderful, you know holiday gift to give a beautiful spiritual book, you know so.

0:47:32 - Julie

Wonderful, it's the perfect time. Yes, oh, terrific. Well, everybody, that's it for today, sending you lots of love from Sweet Home, Alabama, and from New York to where *Hope* is. We'll see you next time.

0:47:46 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

0:48:00 - Disclaimer

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