

AJR - Wendy Rose Williams Transcript

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Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:44 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Wendy Rose Williams with us on this show today. Wendy believes she was baseball legend Joe DiMaggio in a past life. In addition, she's had two NDEs where she met angels and other spirits. Now you know I'm going to be asking her about DiMaggio's relationship with his wife, Marilyn Monroe. So you want to stay tuned for all of that. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go talk with Wendy, this episode with your family and friends. Now let's go talk with Wendy. Wendy, I'm so thrilled to have you on the show today.

0:01:30 - Wendy

Thank you for taking the time to join us. Oh, my absolute pleasure, Julie. Thank you for having me as your guest. You bet.

0:01:36 - Julie

You have had what an odd near death experience, or more than one near death experience. Tell us what happened.

0:01:44 - Wendy

I had two a few days apart. It was August of 1997, and I was newly pregnant, just over the moon. My husband and I were so excited because there'd been years of infertility and I'd also had two ectopic pregnancies and we had a toddler. So we were very, very excited. I'd had just one visit to the OBGYN and everything's going great.

But I was noticing two odd things. I just had this relentless heartburn and I'd checked with the doctor several times and they said, oh, just go ahead and take Mylanta, that's safe to take in pregnancy but wasn't doing a darn thing for me. And the other thing was I was having this incredibly vivid dream almost the same dream almost every night. And what would happen? I would see this big ship out at sea and this terrible storm would come up and everything would just tear off the ship, like the winches and the cleats, the masts would all break and the ship would go down. So it doesn't take a master dream interpreter to tell you, Wendy, your ship's about to go down. But I didn't understand. I didn't know the concept of prophetic dreams and anyway, what could you do about it? Dreams, and anyway, what could you do about it?

So I was working at home on and I'm alone on the day of the first NDE and I just didn't feel right. So I ran into the bathroom thinking I'm going to be sick. I don't know what's wrong, but I just I suddenly got this sense of impending doom. Sense of impending doom and I ran into the bathroom and the sudden just searing pain in my abdomen it felt like an organ burst was the only thing I could think of. I cried out to God for hope and I went down. I passed out on the bathroom floor and I only came to because there was this insistent male voice and he kept

saying urgently Wendy, Wendy, you've got to wake up or you're going to go home. And I knew exactly what he meant that I was going to die if I didn't get help. And so I opened my eyes and I was disoriented because I was laying on my side, I'm curled up in a fetal position, just clutching my midsection, and, Julie, all I could see was all this light. My bathroom was so lit up and there were four or five large angels and there was just so much love coming from them, so much light, but again this urgent message. So my response to this male angel was I understand, but I can't walk, I don't know how to get to the phone Because it's 1997, so we don't have a cell phone glued in our hand or glued in our back pocket like we often do now.

His answer to me was very telling because I think it was on multiple levels and what he said was you just have to be willing to try. And I think in hindsight I think he was referring to free will, because we've got to do our work. But, yes, also I had asked for help. So I managed to get up on my hands and knees and the minute I did that, my belief system is just like being blown wide open. It's like falling away. I'm like trying to catch up with everything happening. And it was like being gently picked up with so much love and compassion and being assisted. It was like being gently moved or flown the short distance to get to that landline that was on the nightstand next to my bed.

So I reached up. I'm still on the floor. I reached up, I'm trying to grab the phone and I'm thinking, ok, who do I call? He just said call for help. I never thought to grab the phone and I'm thinking, okay, who do I call? He just said call for HALT. I never thought to call 911. If there'd ever been a moment, that was it. But I was a healthy 36-year-old. I'd never called 911 in my life.

So I decided to call my husband at work because he worked five minutes away from home. So I called and again, I was being so assisted because I get him on the phone right away. I had never reached my husband at work and I give him a lot of credit because all I said to him was I need you to drive me to the hospital now. Can you take me to the hospital now? And all he said was on my way. So he slammed down the phone and I make the next call to the OB office. I tell them what's happening, I tell them this incredible pain and I tell them that my abdomen is just getting bigger and bigger, visibly distending. And they said that's great, your husband's bringing you because at this point he's going to get you here faster than 911 will. So when you get here, don't park your car. We're going to be waiting for you curbside with a wheelchair. We don't want you walking. And again, fortunately for me, my OB office was located at the hospital and I think that was also key. So that's exactly what happens. Key, so that's exactly what happens.

I get whisked upstairs to the doctor's office and helped up to up onto the ultrasound table and they're trying to get a clear view of what's going on and I can't see anything on the screen. So all I it just it just all looks black. And I said to the ultrasonographer is your machine on? Is your machine working? I don't understand. And she just gently said to me I'll be right back, I'm gonna get the doctor. That's not what you want to hear, this is what you want to hear. Right? My husband, like I don't know what's happening, but that's not good. So she's back very quickly with not only a physician but with a certified nurse, midwife. And that did strike me as kind of humorous, because everyone's like trying to juggle into this like tiny little ultrasound room that's meant for two people. We've now got five of us jammed in there. So the doctor adjusts the equipment and he realizes what's happening and he says to me Wendy, the machine's working fine.

What's going on is you've got a major abdominal bleed. I can't visualize where it's coming from. All that black. It's blood. There's a lot of blood going everywhere where it should not be going. It's clearly not in your bloodstream. It's being lost. Your bloodstream it's being lost and that's why your abdomen is distending like this and that's why you're in so much pain. We need to admit you to the hospital now.

So someone ran and got a stretcher. I didn't even want to put me back upright in the wheelchair, get me on the stretcher and race me over to a hospital bed and lift me into the hospital bed and admit me bedside. And I worked in healthcare, Julie, so I'm kind of noticing more things than the average person might notice. I noticed they put me right next to the nurse's station, which I really appreciated, but I knew it meant they were really concerned because we didn't know what was going on. So they asked me my blood type at that point. Do you know your blood type? It's like, of course it's A negative.

I think everyone should know their blood type. This is a vital information and there's now free. It's called an ICE in case of emergency app phone app you can download. Have it on your phone. If there's ever a time when you cannot speak for yourself, you're gonna have your phone with you and the medics can get in there without knowing your phone code. Have your any allergies? You know any medication you're taking? Anything that's important, put it in there and just have it on your phone because it can be so important for helping you.

So I tell them my blood type and the nurse goes out to call the Puget Sound blood bank I was living in the Seattle area central blood bank to not be wasting this precious resource.

And she comes back in a few minutes later and does not look happy and says I cannot get because I've got the doctor with me, I've got a nurse with me, I've got multiple people with me and she says I can't get any blood from the regional blood bank because there had evidently been a train collision in Seattle a few days before and it had wiped out the blood supply of A negative, so that we had been discussing what was I going to go to surgery? But we don't have blood and clearly I need to be transfused and we don't know what we're operating on. And again, I'm pregnant. I'm 10 weeks pregnant at this time. So we make the decision to wait and watch.

I'm very comfortable with this decision. I know I'm being very closely monitored and I also need to explain. Yes, it was my local community hospital, but they were doing about 5,000 births a year at that time and I knew from working in health care myself I'd had my two ectopic pregnancy surgeries there. I delivered my baby had gone through the infertility treatment. I knew that meant they were very well prepared for any type of OB emergency.

0:11:15 - Julie

So we wait and watch for three days to see if this is going to Three days, three days, I'm listening to this story, when, and I'm thinking, why in the heck didn't they just wheel you into the ER and take you right into surgery to find out what the heck was going on?

0:11:34 - Wendy

It. Just it felt like the best decision because didn't want to rush into surgery with me being pregnant. They're monitoring my hematocrit. I know in hindsight it's crazy. Yeah, pregnant, they're monitoring my hematocrit. I know in hindsight it's crazy. It was a decision that we were making together very consciously and I knew my doctor very well because it hadn't been, as I said, just the delivery with him. It had been the infertility treatment, it had been the two topic surgeries. So I knew he was stellar. So on day three he lets me know. Okay, Wendy, you're officially bleeding out. Your hematocrit has just been dropping lower and lower each day. No surprise to you. You can see the blood we're going through. So we do need to do surgery and I agreed.

So I'm trying to relax that night in my hospital room. I'm alone, it's after dinner, it's around 4.30, 5 pm and the minute I try and visualize the best possible outcome. That was my thought, because there was some relief from having made this really difficult decision and the minute I picture the best outcome, I pop right out of my body. Oh, my gosh, that felt fantastic. I was no

longer in pain, I was no longer so terrified, and I look back over my shoulder and I see myself in the hospital bed as Wendy and I'm like, oh my gosh, look at her. She is whiter than the sheets. She is just in a really bad way. And I did have a humorous moment Like my sense of humor was really starting to come back in because I felt so much better in that pure soul format. And I did have a humorous moment like my sense of humor was really starting to come back in because I felt so much better in that pure soul format. And I'm like, oh my God, look at her hair. She looks like the wild woman of Barneo, because of course, there's been no mirror, there's been no hair brushing or combing going on for days.

So and then I'm like, wait a minute, why am I referring to myself in the third person? Who's that? Who am I? And that made me realize, oh, wow, I'm in pure soul form. I feel fabulous. And that's me in the body, as Wendy. It's this wonderful, important temporary housing for my eternal soul. But I just was very blasé about the body. It's like, oh, she's fine.

I wasn't fine at all, but, from the soul perspective, much more interested in following the light, because I see this beautiful white light. It's coming down like a triangle shape from the ceiling of my hospital room. So it's like, oh, that's where I'm going, I'm following that she's fine. So I start following that up with such excitement, such relief, so happy, and I pop very quickly out of the hospital. I look back briefly. I'm going faster and faster, getting further and further away. I don't know what that's called when, like an astronaut gets that view where you can start to see, like the curve of the beautiful planet we live on. I did have a brief thought Earth is so gorgeous, so important. She needs our help. And then I just I kept on going.

But all of a sudden, have you ever been in a car that ran out of gas? And that awful feeling when it's like stuttering to a stop and you're like, dang, I'm out of fuel, I have no more energy left, I'm just out of gas. Don't make me walk through that long tunnel, was my thought, because I won't make it home, I can't do it. And the minute I had that thought this gorgeous, because we are powerful creators and co-creators and we just create what we need this gorgeous escalator came in for me. There's no one on it, there's so much light coming off it and I knew it's my ride home, so I plop myself on it gratefully, and in doing so that made me realize, even in pure soul form, I was out of gas. I should have been like this beach ball of all this, like amazing energy, just you know, moving around and instead I'm like flatter than a pancake hanging over the railing, the handrail. So I just hang on there and get this ride back up to the light.

0:16:19 - Julie

So was it an escalator that was going vertically, or was it like one of those walkways in an airport where it's straight? It was going straight up Like the stairway to heaven kind of thing. The escalator to heaven, exactly.

0:16:32 - Wendy

Stairway to heaven. It was not like a people mover flat walkway like in the airport. It was going up Right. So I get this wonderful ride up the rest of the way, up to the light, up to home, and right there at the top of the stairs because I want to rush ahead. I'm like, oh my gosh, I'm home and I want to explore.

But I'm met right at the top of the escalator and there's this beautiful, there's this amazing reunion for me. It's my soul family, it's my soul group. There's 18 or 20 beings of light there, the people that I just know and love the best, and those same angels that were in my bathroom. There's four or five of them in the back. I can tell they're angels because they're larger, I can sense the wings and I just, you know, I just I knew they were angels. But there's also my soul family. Everyone gives me this group hug. I couldn't stay there forever. So, as I'm getting this amazing hug from everyone and recognizing Archangel, Michael starts speaking to me, and the minute he spoke I was like, oh, that's who was talking to me in my bathroom. Of course that

was Michael, and what he said was welcome home. We're so glad you're here. You've done nothing wrong. You're welcome to stay and I'm like well, of course I'd be staying.

0:18:01 - Julie

How did you know it was Archangel Michael? Did he say I'm Archangel Michael, or did you just know?

0:18:06 - Wendy

I just knew, I just recognized the energy. I just knew I recognized that voice. I'm very clairaudient that's my strongest psychic clair. So I'm very blessed I hear to beat the band and that those abilities were really opening, starting with those NDEs when I was 36. So he continues he says you're welcome to stay, but you're going to need to decide quickly. And I kind of flashback on that that body bleeding out in the bed, it's like obviously it's got no life essence. Obviously I'm going to need to decide quickly.

He says I can tell you three things to help you make your decision. Number one if you choose to go back, you will have a successful surgery tomorrow and you will fully regain your health. This is huge because, of course, that's been very much on my mind. Number two if you choose to go back, your baby will be born healthy. This is also huge because, as I said, years of infertility, ectopic pregnancies, I really felt this was my last opportunity to have another child. She was so wanted by both my husband and I. So this was really important to hear. And number three was the kicker, because now I'm starting to be like, oh well, should I go back? This is really amazing hopeful new information. And number three was the kicker.

And he continues and Michael says if you go back, if you choose to go back, your life will be very difficult, likely for many years, because you're not on your life path, you're not living your purpose. So I am horrified, I'm embarrassed, and of course I look at him. I'm like horrified, I'm embarrassed, and of course I look at him. I'm like, well, oh my gosh, tell me, what am I supposed to be doing, not doing? What should I embrace? What should I let go of? I want to do the right thing. No one wants to hear this, that they're not living their purpose. And he just shakes his head and I'm like, oh boy, he's not going to tell me anything else. But I'm like, well, wait a, a minute, I'm with my soul family and there's other angels here. Come on this group dynamics. It's got to be chatty, Kathy in the group, right, I start shaking down the crowd going around.

Hey, try to find out from all of a little information, please, so I can do the right thing. And no one will tell me. And I'm like, okay, I get it. You're not supposed to tell me. I need to work it out for myself. That's the way it's meant to be.

And so Michael then asks me what do you want to do? When he asked me that all I can see is Tara. I know I'm going to regain my health, I know my new baby's going to be born healthy and I'm just going to have to figure out the rest. So when he asked me that question, I said put me back in, coach, I'm ready, I'm ready to play. So I think it was just me like recommitting to more be in my body, more live my life, just more have the experiences I was meant to have. So everyone gives me another group hug at that moment, now that I've made the decision. And then we break it off and Michael puts me back down on the escalator and I'm looking over my shoulder and I'm just waving and everyone's in cheerleader mode. Like you can do it, you're so brave, we know you can figure it out. Get back in there.

So I just come back down the escalator and it just takes me perfectly right back into my hospital room and I gently flop back into my body and I have two immediate thoughts at that moment and the first is oh, why is she so small? So I'm still like reintegrating back into to me and I'm like she's why did I choose such a small body? Why is she five foot two? This is annoying. I would like a bigger body. I know my energy is so much bigger than this. So it's like,

well, okay, it's what I chose. And also it's like, oh, this is painful. I'm really ready for that surgery tomorrow and I just need to hold on to my knowledge, my belief, my trust that it's going to be successful and my baby's going to be born healthy. So I recover in the hospital for another three or four days. I go home to six weeks of strict bed rest. Believe me, I was weaker than a kitten. I couldn't have done anything strenuous if I tried.

0:23:04 - Julie

You're an absolute miracle that you are not only lasted that long, but that you're here now and you're healthy, to tell the tale.

0:23:13 - Wendy

I feel so fortunate and it really made me lean into what am I meant to do? I mean, I was so driven to figure that out.

0:23:24 - Julie

So did that lead you to your work as a past life regressionist?

0:23:31 - Wendy

It was not until another six years after the divorce. I had no interest in dating, meeting anyone new, and that's what would lead to my spiritual awakening in a really funny way I'll share with you. So my daughters are now 12 and 14, and life is going well. My mom and I have been able to build our dream duplex together. She's living in half, I'm living in the other half. Everything's going great. My daughters are doing great, got the career really going. And all of a sudden I was like what's missing? Oh, my gosh, I'd love to meet a great guy. I'm ready and it'll go well for my daughters at this point, because I just really focused on them for six years and I then was like, oh wow, where do you meet one? I haven't been on a date in 25 years. I have no clue.

So girlfriends helped me put together a profile to go on match and get a couple pictures and all that good stuff. And so I go on a couple of dates. I'm on there for a few months and you know, just you know trying to kind of knock the rust off because, as I said, it had been forever. And how do I have a conversation? And the minute I changed the geography and I put in 10 miles because the algorithm is based on how far apart you are. You live from one another. The minute I put in 10 miles, his profile came up. I knew I knew this man and I'm reading through it and nothing he wrote was predictable or trite. But it's like I was three sentences ahead of knowing what it would say. The last sentence in his profile was any woman on a spiritual journey, particularly one interested in an LBL we have to meet.

0:25:23 - Julie

So I immediately Google, tell everybody listening what an LBL is, exactly because I had no clue.

0:25:28 - Wendy

I want to make sure it's not a drug reference. It's life between lives. It's Dr Michael Newton's beautiful, very deep spiritual regression where you go to a very deep level and you go on home. You go in utero first in this lifetime. You find out why you picked your body, your parents, you learn your purpose and then you go back briefly into a past life, just as a launch pad to get back to back up home to heaven. Very similar to an NDE, but without the trauma. As you know, you're lying safely, you know, with with you, with your therapist leading you through this.

So the minute I read Life Between Lives Newton, journey of Soul and I'm reading the book, I read Life Between Lives Newton, journey of Soul and I'm reading the book. I'm looking at his website. I'm like this is it? This is it, this is it. This is crucial for me and I didn't know how. I knew that, but I immediately ordered the book from the library. It's back in. We're back in 2010,. So no Kindle instant gratification. I'm waiting for the book to come. And I email this

match and I said I know, I know you. Where do we know each other from? And I'm so interested. Are you talking about. When you say LBL, are you talking about Newton?

In Life Between Lives, he writes back right away and says, yes, have you done any past life regressions? Are you a spiritual seeker? I'm getting ready to go for my second LBL myself and it's just really profound and I said, my goodness, I wouldn't have described myself as being on that path, but I cannot wait for the book to get here. And so he and I then spend three weeks playing how Do I Know you? And that's how long it takes us to get together in person. And that, I think, was on purpose. I think that was purposeful because it gave time for the book to arrive and for me to devour the book. And I knew Journey of Souls was right. I knew it was just deep, deep truth for me. I knew I had to go for a past life regression. I knew I had to go for a life between lives and I could not wait to meet this match.

0:27:38 - Julie

You were led. You were led to do this work. I got a couple of questions for you on that. Yeah, first of all, you say that you were Joe DiMaggio in a past life. Tell us real briefly about that.

0:27:54 - Wendy

That came up, starting about eight years ago, and I started sensing Joe around me. I recognized him, I knew he'd been around me since childhood and I, just because Joe was well enough known, even though I was in Canada and you know he was of course just an American hero in so many ways, but he was on television, you know a little bit. So I'd see like the Mr Coffee commercials and I would be it's like, it's like I would go like and it's like I was like so tuned into it, like I wouldn't watch any other, and I would also hear some of his radio appearances or he'd be like at an all-stars game or being honored. My grandfather was a real baseball fan. He'd played minor league so he'd kind of instilled in we three granddaughters he'd instilled an appreciation for baseball. So I think I got a little bit more than a typical Canadian girl would necessarily get.

0:28:59 - Julie

So how did you realize that you had been Joe DiMaggio? What happened was eight years ago.

0:29:06 - Wendy

I start seeing and feeling and sensing him all around me and I can hear him talking to me I'm very clear audience by that point, as I mentioned and I can see Marilyn Monroe. So I'm hearing and feeling Joe and I'm seeing Marilyn and my spiritual teacher that I was working with she is a wonderful channel for Marilyn and she just called me out and she said Wendy, you've got something profound going on with Joe and Marilyn. I don't want to say any more, you need to sort it out for yourself. So she said Wendy, you've got something profound going on with Joe and Marilyn. I don't want to say any more, you need to sort it out for yourself. So she texted me one day and said Joe wants to talk with you. And I was like, oh boy, I kind of felt like I was being called to the principal's office. And she said you know, are you ready in the text?

And I went and meditated, I just laid the phone down, I went and meditated and I just cleared my energy, grounded, called in my wonderful guides and said okay, what's up with Joe and Marilyn? What's going on here? Why do I keep sensing and feeling that timeline? And Joe came right in and he said Wendy, it's time to deal with it, it's time to step to the plate, pun intended, you know who you were. You know we're the same soul. You've known that from since you were a child and just didn't know what to do with it and didn't want to deal with it and thought it was weird and too big and crazy. And it's just to deal with it.

0:30:36 - Julie

And thought it was weird and too big and crazy, and it's just you weren't ready before and you're ready now. Were you a good softball player in grade school?

0:30:41 - Wendy

I was not. I am the least person on the face of the earth. I love it, which is very typical because Joe DiMaggio and I we were we're past parallel life. We were both alive at the same time for around 40 years. So you know, here he is this. You know wonderfully coordinated athlete, you know tall American man, and here I am. You know this small Canadian gal with, with zero eye hand coordination. I love it so, and I believe that the soul can choose. We have so much energy as souls and we can choose to incarnate into multiple lives at the same time to get more experiences, faster, and then, you know, be uploading and just understanding and progressing. So when you choose that contrast. So he told me you need to know it and it's time to deal with it, because my life is impacting you too much in negative ways and it's time to clean it up, Wendy. And so I texted right back to my teacher and I said I know who I am, I know who I've been and I know who I was in that timeline. And she replied I'll support you any way you want. I know this is a big one and if you want to just keep that information to yourself, that's great, and if you're called at any point to share it publicly, know that it's because you're meant to and you're guided to do so.

Oh my gosh, it took me eight years to write the book and to share it publicly because, again, it was just really hard to come out and just say, oh my goodness, I really do have this famous, well-known past life. So what I did Julie to vet it was, even though my teacher confirmed, even though I knew it in my bones, I thought I want more information, I want more clarity on this. So I chose to go for a past life regression. I purposefully chose a friend, a new female friend, who I knew was just a gift at quantum healing, hypnotherapy trains, who's Dolores Cannon trained, and I knew she was level-headed as well as very spiritually connected, and I knew she wasn't a sports fan. And I was very careful with the questions that I wrote that I wanted to cover and I had lots of questions and requests from my higher self and guides to help me with. And I put in one softball question was I ever a professional athlete? That was the only thing. Well, it didn't matter what questions I wrote, because what comes up in the session is the energy that most needs to be healed and released. That's going to be the most beneficial for your life.

Now and I immediately went back into the past life as Joe and I was a little boy and I was like describing. I was kind of skinny and scrappy and I was describing like my knobby knees and I was describing playing stickball with the neighborhood kids on a sandlot and me as Wendy. After the session I'm like what's a sandlot? I didn't even know what that was. So, as Joe, you know, when I'm in the session he just talks differently than he talks like a. He talked like the session, he just talks differently. He talked like a little boy then and then in all the other ones was an adult male. He just talks like a guy and he talks like a guy who grew up in Northern California and the way he would play ball was he'd go ring doorbells, round up some of his brothers and go play on the corner sandlot, abandoned, you know, empty lot. That was sandy and grassy, right. Coming up in Quebec I didn't know what sandlots were. We didn't have sandlots like that, right, right. It just brought a level of validity to it because I was able to. I actually asked a friend who grew up in California. I said, do you know what a sandlot is? And she described it. I was like, oh, that's exactly it. So that sort of thing.

I ended up going for about nine sessions myself as the client because again so much would come through, so much healing, so much releasing, but there just was more, there was more, there was more. There was such heartbreak from his short marriage with Marilyn and that marriage ending in divorce in less than a year. In less than a year he was so key. I, we were so regretful for having regrettably struck her one time, having hit her, and I just felt so terrible about that because of not only the physical pain but the heartbreak and the humiliation she felt from that. Because she was filming at the time and she had to ask the makeup crew to hide the marks and I'm sure they knew it was a hand, it was a handprint. You know. They knew what had caused that, that she'd been hit by someone.

So and she, she, she filed for, she filed for divorce and they had a 10 or 12 year history together. It wasn't just that short marriage and they had reconciled. She had then remarried Arthur Miller and was divorced from Arthur Miller. Joe never had another relationship after Marilyn and they had reconciled and they were planning to remarry. And he I, was just over the moon, you know, to be forgiven by her and to get a chance to make it right and to have this happy marriage and, just you know, make her life easier and, just you know, support her and love her because he's retired and you know her career is really taking off. And instead her shocking death and he ends up burying her on what was going to be their wedding day. Wow, I cannot tell you how much emotional angst I can hear it in your voice even now Sessions.

0:37:16 - Julie
Are they buried?

0:37:17 - Wendy
together. No, no, she is in LA, in Forest Lawn. They're not. But she had made a request to him. I thought was quite interesting. Made a request to him, I thought was quite interesting. And she had said to him if I die before you, will you please bring me fresh flowers? And he had done that every week for almost 20 years after her death and that was part of how she was able to forgive him. Because what happened, Julie, was remarkable.

I had a client referred to me to have a session and she was a young gal in Europe and she came in. She had anxiety, she had depression, she had some things that really needed to be lifted up profound memories as Marilyn Monroe dating back to her childhood, also nightmares and some things around the death. So I zipped my lip because I did not want her to know. It wasn't appropriate to share with her that I was working through my own past life as Joe DiMaggio.

When she was referred to me, I was going through my own sessions actively. But it was perfect because of her being referred to me and me helping her, and she immediately recognized me when she, once she got in, she, she like me, she went directly into many scenes as Marilyn, many, many scenes of different ages and stages of her life, the ones that had the most emotional content, need some healing. Some of them were happy memories, some of them were very hard. And she immediately would say to me well, you know that Joe immediately would say to me well, you know that, joe, I'm like oh boy, what do I do with this? How do I handle this? And I just said to her I need to keep my hypnotherapist hat on to be here for you.

0:39:27 - Disclaimer
But we did get to a point where she said I forgive you.

0:39:29 - Wendy
What happened in our marriage was very hard. And then she explained the specifics of how it triggered her back to childhood abuse, because she had a very hard childhood. If people are not familiar with that history, her mother was mentally ill, could not care for her, she did not know who her father was. So multiple different homes and abuse, abuse, neglect, so she so it. Just that that one, that one backhand hit that he gave her, was so awful and so unacceptable. So just to have her forgive him me for that, it was a big deal.

0:40:26 - Julie
Would you say that?

0:40:27 - Wendy
when you discovered that you had been Joe DiMaggio in a past life, and then that client came to you who had been Marilyn Monroe in a past life, that that facilitated a profound healing for you that she was referred to me. We did two sessions. They were profound. She was in her late

teens at the time, but quite mature. She meditated and that just made her just really this ideal candidate. She connected easily with her guide. She could see multiple levels of truth. So it really it really was. It really was profound.

0:40:57 - Julie

I can hear it in your voice. I can hear it in your voice. Do you think that? Do you think that Archangel Michael, or some of your spirit guides or others in the spirit world led the the circumstances to get you two together so that she could heal her past lives and you could heal yours?

0:41:18 - Wendy

It was so wonderfully orchestrated because I don't know that she's ever had past life regression sessions with anyone else. It just was perfect and it really pushed me to be able to step forward, because Joe was still blaming himself for her death. He just so wished he could have prevented her death. So what that was doing for me, it was causing me to not have a romantic partner.

0:41:49 - Julie

That was my next question. How was that affecting your current life? It was affecting my health in multiple ways. Next question how did that? How? Was that affecting your current life.

0:41:55 - Wendy

It was affecting my health in multiple ways. I had a lot of problems with my right foot, which I didn't understand, and I'd had to have two surgeries on it and still was having a lot of issues with my right foot. So when I meditated on that and asked my guides what's up with the right foot, what is going on there? They said google a picture of Joe DiMaggio at bat. And I'm like what did I hear you right, I don't get it. They're like google it, Wendy, look for an image. So I did and the minute I saw it I was like oh, I get it.

Joe had an unusual batting stance. He was tall and he had a very wide-legged stance and he's playing back in the years before. Cleats are very good and he's got that right foot dug in the toes, dug in all the way behind him, ready to you know power, hit, hit that home run, hit whatever he can and race. And my right toes mysteriously dislocated. Sure, I had no injury, I didn't fall, I didn't stub my foot. And the podiatrist was like he's like, Wendy, you've got like two different feet. I don't understand. He's like did you do a sport where you were kicking or hitting? Were you right-footed or were you ballet on point? You know what's going on here. Why are you two feet so different? Because your left foot's great and your right foot is a hot mess. Past life energy.

So, we healed that. I am so grateful to be able to walk comfortably.

0:43:35 - Julie

So when you say you healed that, does that mean that by illuminating something in one of your past lives, that that eradicates the symptom in the current life?

0:43:52 - Wendy

Yes, realizing what happened in the past, going to the lifetime of origins, the concept right. I had a lot of physical injuries to my body that didn't make sense, that were from and what my guide said was because of Joe and I being parallel. They said you're actually a little too close, so you're carrying some of his baseball injuries that make no sense. They had one gift to me they helped prove to me that I was Joe DiMaggio.

0:44:27 - Julie

So, and then it was time, because of the injuries and because of the medical conditions that you had, that you could correlate with things that had happened.

0:44:36 - Wendy

Yes, and then that I was able to release them when I stepped to the plate, wrote the book and released it publicly, just so much more healing came in and letting go of that emotional angst too. Because he's born in early 1900s and so his model when he and Marilyn get married and he was of Italian descent, you know came from this big, wonderful Italian family where dads of fishermen, moms at home with all these children taking care of this big family they had, the parents, had emigrated from Italy to Northern California. And so Joe's model of, okay, we're married, now I'm going to take care of my wife, she needs to be the little Italian wife. He didn't have another model.

Marilyn was born to be an entertainer. She needed to act, to sing, to dance, you know, she needed to entertain and her career was really taking off and they just they couldn't reconcile that. So, but then that's why all that heartbreak came in when they didn't get to do it again, because he really saw it as a second, as a second opportunity to make it right and do right by her, and instead ends up burying her at 30, each 30. She's only 36.

0:46:00 - Julie

I know what a story it's been my experience too, in working with, again, tens of thousands of clients. And I don't do past life regressions, Wendy. I do what I call a past life scan, where I am led to the past life that correlates the most with what the person wants to discover in this life. Is there a connection between them? And there always is 100% of the time. It's fascinating and oftentimes, like what you've done with your lifetime as Joe DiMaggio, we can correlate and validate information that we receive from spirit in these past life scans with historic documentation online that's available. So I could talk to you for another hour, but I have one last question for you, and that is why do we incarnate?

0:46:53 - Wendy

I believe we incarnate because the soul is just really driven to progress and it does so by having experiences. I think what we're really here for is to just open our hearts and realize it's really all about love, and we're just here to let go of everything else and feel like I did that hug of being at home and just getting that unconditional love, and be that love and radiate that out to others.

0:47:22 - Julie

Right, right. Well, you obviously do a wonderful job. Of that, I can feel it with you. And what a remarkable story, my girl, not just about your NDEs, but about the whole DiMaggio thing too. I just am in awe of these stories that you've shared with us today. How can people learn more about you and your work?

0:47:45 - Wendy

Via my website is the best way to reach me, Julie. It's my full name, it's Wendyrosewilliams.com, and there you'll find out how to work with me privately and you'll also find there's an invite to some fun group events. I'm doing a come as you were past life regression party where we will be doing some group hypnotherapy together and just help people release and celebrate the past lives, because they're not the doom and gloom report, right, so it's just bringing forth what we need that's going to enhance our life now. And you can also check out my podcast, which is wakingupspiritually.com, and check out the books. They're on Amazon and Audible.

0:48:32 - Julie

Okay, terrific. Well, we'll put all of that in the show notes so everybody can see that. So in the meantime, everybody, that's it for today, sending you lots of love from Sweet Home, Alabama, and from the Seattle area as well, where Wendy is. We'll see you next time, thanks for joining us.

0:48:52 - Ann cr

Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit AskJulieRyan.com.

0:49:05 - Disclaimer

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