

AJR Show - Aug 8th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask.

0:00:42 - Julie

Julie Ryan Welcome welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have a couple of reminders. First off, I'm going to give away a free session here a little bit later in the show. So you want to stay tuned and see if you are the lucky winner, and that means that you'll have a whole hour with me and it will be my joy and we can talk about anything. You want, anything and everything you want out of my buffet of psychichness. So in order to be considered in the drawing, all you have to do is just leave a review anywhere you listen to or watch the show. We're on YouTube. We're also on all the podcast networks and on Alexa. I haven't figured out if we can leave a review on Alexa yet, but I just mentioned we're on Alexa too. So leave a review. Let us know about the show. Also, let us know if you have any people that you'd like for us to invite on for the interview shows. We're always looking for interesting people to talk to. So that's number one free session. Leave a review. If you want to be entered into a drawing for a free class Angels in Enlightenment training class then just subscribe on YouTube. So those of you that are listening on a podcast network next time you're in front of your computer or you can even do it on your phone when you're when you're done driving, of course just go to ask Julie Ryan on youtube and subscribe and you will automatically be entered into a drawing for a free class as well.

Speaking of classes my angelic attendant training class, November 1st through the 3rd in Atlanta, Georgia, and people are signing up for that. I have many people tell me I'm thinking of coming to Atlanta to your class. Well, if you're thinking of coming, you need to go ahead and sign up, because we have a block of rooms reserved at a highly discounted rate and you want to get one of those. So hotel rooms are going along with people signing up. Just go to AskJulieRyancom and sign up for Angelica Tendon Training in Atlanta. It's going to be a ball and we've got lots of people signing up already, so hope you can join us too.

Okay, Chris, let's take our first question,

Julie

Hi, Enid, how are you?

Enid

I'm good,

Julie

Terrific. Where are you?

Enid

I'm in Oregon,

Julie

okay, wonderful, well, welcome. You got a question for me.

0:03:12 - Enid

I do I have like 50 of them, but I know I only get one, so I'm kind of an embarrassing one, but I don't care Whatever. So I've had chronic constipation for 30 years, yeah, and it's bad. And it's gotten so bad now that I can't go at all without laxatives.

0:03:33 - Julie

Yes.

0:03:34 - Enid

And that's not healthy for me. I've tried everything under the moon, including going to shamans and actually taking shamanic classes and acupressure and energy work classes and working on myself and having other people work on me and then doing dietary stuff and I've done everything I can think of and I'm exhausted.

0:03:54 - Julie

I bet.

0:03:54 - Enid

And I just hope that maybe you'd have an answer for me as to some guidance or what's going on. Yeah.

0:04:01 - Julie

Yeah, you got to increase your good fats. Oh, more good fat, that's the key. Everybody focuses on fiber. Well, if you don't have enough good fat, all that fiber just gets stuck in there.

So, good fats the thing that works the best and I always refer people that are having surgery to this is a very highly refined coconut oil called brain octane oil, by a company called Bulletproof Okay, and it doesn't have any flavor, it doesn't have any color and you know how, if you haven't experienced this anybody that's ever had surgery between the anesthesia and the opioids you know you really could get stopped up. So I always say, as soon as you're even drinking broth post-op, you want to start on the brain octane oil. It's an MCT oil in it, but I like it for two main reasons. Number one it's highly refined. It's C8. Most MCT oil is C12. And the C8 oil causes more ketones, which makes your brain work better, makes your bowels work better. It's a natural antifungal and you can't absorb it as it doesn't make you store fat in your body.

I have enough fat. Thank you very much. I don't need any more. Yes, I don't know any women that want more fat. No, they're on their bodies, maybe in their bodies but not on their bodies. Maybe in their bodies, but not on their bodies. But yeah, it's, you need more fat In the meantime.

What I've done is I'm in the middle of your colon and there's like a big corkscrew in there not big, but there's a corkscrew in there and it's grinding through all that sludge just to loosen it up, so it'll be easier for you to get it out and then we'll irrigate it to give it a little bit of a push. And for those of you that are first time in joining us on this show, how this works is I raise my vibrational level to the level of spirit, because we're all spirits attached to a body, having a human experience, and when we're attached to a body we vibrate more slowly, simply because the body has mass. So I raise my vibrational level, takes me a nanosecond and I watched a laser beam come from my body here in Birmingham, Alabama, hooked into you up in Oregon, and then I had a hologram of you in my mind's eye and I envision going into your colon. You know, if I've got you for an hour on a private session or you in a session, then we can, you know, really do a deep dive and all of that, but on the show I don't have time, so we just get

right to the get right to the issue. So it's being ground up, being irrigated. That's going to help Start off a little slowly with the brain octane oil, because it can cause stomach distress if you do too much too soon.

But I would start off with, you know, maybe a couple of teaspoons of it work up to a tablespoon and I've used it for years and it's the number one thing that's kept me from craving sugar, because you know I've been sugar sober for five years, I've been sugar for five years. It's the number one reason. Why is the brain octane oil? Okay, yeah, helps you not crave sugar and it'll help things move.

0:07:08 - Enid

Okay, so is the constipation the reason that I'm having shoulder and neck and lymph system issues, like just because I'm so backed up. Is that all?

0:07:17 - Julie

connected Partially. Yeah, the lymph certainly, but the shoulder and back and stuff. You know I need to scan that and see what's going on there. You look like you're very fit and so you know there may be something going on along those lines. So schedule an appointment with me and then we'll have a whole hour and we can talk about whatever you want. We can do medical, we can talk to your deceased loved ones, we can do past life stuff. It's a blast and we cram a lot in an hour. Awesome Talk, fast and we cram a lot. So, yeah, I hope that helps. Brain oxygen oil. Thank you very much, it'll work. You're welcome. Thanks for calling. Bye-bye, bye.

We're at AskJulieRyanShow.com and we're also on the YouTube live stream at Ask Julie Ryan. So join us with your question and we'll see what spirit has to say as an answer. Remember to subscribe, remember to share this episode with your family and friends and let's see who our next caller is. It's always fun.

I never know who's going to call. Okay, Ava, hi Ava, from Tampa, Florida.

I just got a new kitten, oh, and I think he has the same spirit as my cat who just passed away. Can you help me figure it out? Thank you. I get a no on that, Ava. I get that he doesn't have the same spirit, but I get that your cat that passed away helped send him to you. So it's kind of like he picked that cat. He or she your deceased cat picked that cat and helped you two get together. So I don't get it's the same spirit. However, so enjoy your kitty. Send us a picture, I'll post it online and then we'll go from there. It online and then we'll go from there.

Yeah, hi, Judy.

Judy from Phoenix. My younger brother had an unexpected heart attack. He is fine. Can you tell how my heart is doing? Sure, your heart is all for glad because your little brother had a heart attack too. Okay, here we go. Here comes my laser beam from Sweet Home, Alabama, heading out to you in Phoenix, shooting energy from your feet up through the top of your head. All right, the energy went to your heart and then it immediately went to your left carotid artery in your neck.

So what we're going to do is we're just going to roto-rooter your vascular system, including around your heart. Plaque looks like, just looks like kind of sludgy stuff in the arteries. Imagine the vascular system looks like tubes and the plaque looks like kind of almost like bacon grease sometimes. Sometimes it's dark, sometimes it's light. I've actually seen it in surgery get pulled out and it looked like calamari rings, you know, before they're deep fried If you get that as an appetizer at a restaurant. I mean, it's that distinct when it comes out of the arteries. So I get your carotid artery, left side of your neck, and so we're just going to do your whole system.

Imagine there are a bunch of corkscrews that are spinning inside your whole vascular system. They're grinding up any kind of plaque that's in there and then we're going to irrigate it and then we're going to use stem cell energy to regenerate it. So I don't know if you're young enough to remember the Pac-Man game, but that's what it reminds me of, because these corkscrews divide and multiply and back in the day the little Pac-Man would eat the dots. It was like an early video game that those of us that are young enough to remember that in the 70s and 80s, those of us that are young enough to remember that in the 70s and 80s and so that's happening. It's down to your hips now, so we've almost got it through your whole body, okay. And then it's any kind of plaque and debris being irrigated out the bottom of your feet and it comes out the end of your toes, so imagine that your feet look like sprinklers. That's what's happening. Now here comes the stem cell energy. Light, amber colored gel sparkles, because it's woo, woo, gotta have sparkles. And it reminds me of Dippity Doo hair gel, which was a thing in the 60s and 70s. If you don't know what that is, you can look it up online, and Amazon still sells it, which I think is hilarious that that happens. There are vortices spinning above your head, beneath your feet, on either side of you, front and behind, all spinning concurrently, and that is regenerating all of that vascular system for you.

For those of you that are listening and watching, I want you to envision what I'm describing as well, because these analogies come in from spirit into my head. I call them divine downloads and they're part of the healing process, and they're intended for the person with whom I'm working to envision the healing, because it'll help integrate it into their body. For anybody listening, when you envision it too, it's like all of us sending a healing, collectively together, to the person who's asking the question or who's calling in. I like to compare it to the power of prayer. So I want you to envision it too and remember time doesn't exist in the spirit world. Time's a human creation. So if you're listening to this show, five years down the road and you're envisioning what I'm describing, you're still sending a healing to the person who's called in or submitted a question on the YouTube live, which I think is way cool that we can do that. So I hope that helps you feel better. We cleaned you out.

By the way, plaque in the arteries is caused by inflammation. It's not caused from eating fat like animal fat. You want to eat good fat but don't eat the. You know the seed oils and things like that. But it's kind of like a scab, almost it's a protector. The body's trying to protect your arteries when you have plaque in the arteries. So how you heal, that is, you clean up your diet. God made it, eat it. If man made it. In fact, you do your best to avoid it. Easiest way to think about it. So I hope that helps. Alrighty, let's see who's next.

0:13:39 - Julie

Chloe girl. Hi honey, how are you?

0:13:44 - Chloe

Good. How are you, Julie? Good?

0:13:47 - Julie

Wonderful to see your cute face. Everybody, Chloe, called in what how long ago? A year ago, yeah, about your granddad. Yeah, yeah, a year ago. And her granddad had passed and she wanted to know if there was a message for her grandmother. And he said take her a daisy, one daisy. And then we found the give her a daisy, a day song. When somebody emailed in and said, hey, he's talking about that old time song.

0:14:13 - Chloe

So yeah, Well, how are you? I'm doing pretty good. Last time I talked to you, we were talking about how I've been to Greece to do IVF and everything. And yeah, I've been there twice and did two cycles of IVF. At both times it didn't work, and so we're we're planning on going back. But before I go back, um, I'm planning to like. So I'm going to go see the fertility specialist here

and I'm trying to figure out if I need to do like any kind of surgery before I go back, because I have endometriosis and so I'm not. I think maybe I need to get surgery again. Or I've gotten like three laparoscopies now, which is the endometriosis surgery, but I'm thinking about getting a hysteroscopy, which is where they go inside the uterus instead of on the outside. So I was hoping you could scan me and see if you think that's something I need to do before I go back to do IVF again.

0:15:07 - Julie

Yeah, let's get it out of you energetically. Let me get you on my radar and let's see what's going on. Have you gotten pregnant from the IVFs and you just didn't, it just didn't take, or what happened when you went to grief?

0:15:19 - Chloe

So the first time I got like a positive test but then it went negative so they classified it as a chemical pregnancy. And the second time I didn't get a positive at all.

0:15:29 - Julie

Okay, all right. Do they have to harvest more eggs, or are you good on that, just when you?

0:15:35 - Chloe

have three embryos. Oh yeah, Three embryos frozen.

0:15:38 - Julie

Okay, all right, perfect, all right, here we go. Tell everybody where you are, I'm in Montana.

0:15:43 - Chloe

How are you?

0:15:44 - Julie

Montana, all right. So here comes my laser beam from sweet home, Alabama, heading out to Montana. All right, got you shooting energy from your feet up through the top of your head. Yeah, you got endo internally. Some of it is old, it's been there a while, yeah, so endo can look really pink. And that's active endo, yours. It looks like it's kind of dried out some of it. So what I'm watching happen is kind of an energetic DNC and getting all that. I'm seeing a laser be used internally on the active stuff and then I'm watching the old endo get scraped out, kind of like with a device that looks like a putty knife almost, and it's getting on it. You know what creme brulee is, the dessert. You know, if you get your spoon underneath that sugar layer, that crista caramelized sugar on the top, and you can sometimes just take that whole layer off in one chunk. That's how this looks as it's coming off. How are you doing on the sugar? Are you craving?

0:16:52 - Chloe

sugar, no. So I actually have been working with a functional medicine doctor for like almost two years now and I actually just did again. He treated me for SIBO, like a year ago, and he treated me with oregano and allicin. I did that for three weeks and then I took a week off. I just did it again because I was starting to crave sugar again, so not anymore. I've also been on a really, really strict diet this whole year. I was on a super strict elimination diet. I did your gut biome test. I've been following all their recommendations and taking their supplements too Great. So I've been doing a lot of that kind of stuff.

0:17:33 - Julie

Okay, all right. Well, maybe that's why some of that endo is dying off. So I'm watching that. Is it in Chloe's best interest to have this surgery to remove the endo before she goes back to

Greece? I'm getting a yes on that, so you may want to consider that. The other thing, too, chloe, that I'm going to recommend and I had Saskia Rowell on the show a few weeks ago. If you go rate with her moms and it's clearing up blocks, so a lot of moms and future moms work with her and how you can find her at Saskia Rowell and her website is getpregnantnow.com Getpregnantnow.com.

0:18:30 - Chloe

Okay, I think I've looked into her, actually from hearing her on your podcast.

0:18:34 - Julie

Yeah, so I would highly recommend that you do a consult with her as well. You know, let's just hit this from all sides, and then there are two baby spirits over your right shoulder, so I believe you will conceive and have at least two babies from what I'm seeing. So you know, let us know, keep us posted on what's going on. Good luck with that.

0:18:56 - Chloe

Awesome. Thank you so much, you bet.

0:18:58 - Julie

Bye, honey, tell your grandmother hi,

Chloe

I will Thank you.

Julie

Okay, bye, askJulierianshow.com. If you want to have a conversation with me and we're on YouTube live stream at Ask Julie Ryan, remember to subscribe, remember to share this episode with your family and friends. Heck, share all the episodes with your family and friends. My team and I, we work very hard to bring information to all you guys, to you know, to help you live amazing lives and answer your questions, not only spiritual but also the physical, because I always say, you know, it's blending practicality and spirituality here on this show and it's a, it's a multi-pronged approach. So keep that in mind too. Alrighty, let's see who's next. All right, bree from Australia. Hi, girl, she's texting us in real time in the future here, because it's already Friday over there. She says hi, Julie, I've been experiencing severe grief for up to six years now.

Oh, but have no idea why. Also have strong painful stomach pulse, any thoughts? All right, so let's go on the grief first, since you asked that. So I'm assuming that you've lost somebody with the grief thing. The grief thing is everybody grieves in their own way and the thing about grief-free is people will say, oh, it's been six years, you know, you got to get your act together. Well, you're going to get your act together when you want to get your act together.

As far as the grief goes, the number one thing that we've found for helping grief, including university-based research is to be able to talk to your deceased loved one's spirits. So come back in sometime, call in, or come in on the Zoom, or schedule a private appointment and we can talk to whoever you want to. That's in heaven. Their spirits are in heaven, know they're around you all the time. In the meantime, you can talk to them yourself. All you have to do is just think of them and that tunes your satellite dish. Our heads are like big satellite dishes and it tunes it to that loved one's frequency. All spirits have a frequency they keep throughout all their lifetimes. In order to get in touch with them. All you do is think of them and that tunes you into their frequency, and it's like a two-way radio is set up and you say something either ask a question, make a statement, whatever and you're going to hear them, and it's going to come in like it's a thought in your head and it's the first thing that comes in as fast as you can snap your fingers, boom, first thing. What most of us do is we'll get a thought in our head and then we'll think, oh, that's just my brain, that's just my imagination, that's not really my

grandmother talking to me. Well, yeah, it is. It's that first thing that comes in, even if it's before your thought is thought out all the way. Because, remember, time doesn't exist in the spirit world. Time's a human creation. So they've got your statement or your question and they're answering you. That's how fast it is. So try that.

One of the things, too, Bree, that you can do is you can ask your loved ones to come visit you in your dreams, and a lot of the time that's easier for them to get to you because spirit doesn't communicate on the I feel crappy channels, because the vibration is too low and grief is a low vibration. It feels bad. Anything that feels bad is low vibration. Spirit's a high vibration because it's pure love. So when we sleep at night, our energy levels, our frequencies, go back to the spirit level. You know it's like the factory preset frequency of spirit. So just ask them to come visit you in your dreams and they will. They're around you. You just can't perceive them through the grief. It's like you've got the really dark, dark, dark sunglasses on that are blackout shades because of the grief. But when you can do it in your dreams, then you're at the high level and you got your rose colored glasses on while you're dreaming and you'll be able to see them and perceive them and communicate with them. That's a real good way to start. So I hope that helps. Also get my book Angelic Attendance what really happens as we transition from this life into the next, and anybody that wants a free copy, just go to Julieryangift.com, Julieryangiftcom, and we'll send you a free digital and audio book version and hopefully that'll give you a lot of information, a lot of comfort as well. Hope that helps.

Brie, okay, this is from Angie. Angie from South Georgia, can you tell me if my son Cole comes around me? He's around you all the time. Yeah, Cole, do you have a message for your mama? My toy train sets are going to be enjoyed by somebody else if you let them go. Else, if you let them go, that's what I'm hearing. So maybe a Thomas the Tank train set or something that you've been holding on to? I still have all of Jonathan's Thomas the Tank stuff. I'm saving it for my grandbabies. But in the meantime he's saying with his train sets to consider giving them to somebody who is little and can enjoy them. So give that some thought. But yes, he's around you all the time and what I just said, you just think of him, tune your satellite dish head to him and then say something to him and he'll answer you and it comes in as the first thought in your head instantly. If you think about it for more than a couple of seconds, that's your brain talking to you. So start over and ask it again or make this statement again, and that'll help a lot. So good luck with that. Go find his train set. How cute is that?

A lot of the time, we think our loved ones are going to give us some big, meaningful something, something Angie just put a heart back in, so I guess she's got a train set that belonged to her son, and they don't. They come in with this simple stuff. They just want us to be happy and know they're around us and they'll give us symbols and signs and simple things. Like you know, give my train set away to somebody that can enjoy it, or take it out and play it with it yourself. Angie, you can play trains with yourself too, if that lets you enjoy it, alrighty, let's see who's next.

0:25:35 - Julie
Hi Marina,

Marina
hi Julie.

0:25:40 - Marina
First of all, I want to thank you for the great interview with Brian Smith that was reposted recently.

0:25:50 - Julie
It's amazing You're so welcome.

0:25:51 - Marina

Tons of information. Oh, and thank you for this interview. My question is about myself. In 12 days it will be first anniversary of my son passing. Since that I have been having all GI issues, but last three months I cannot eat anything at all. I have nausea 24-7. I went to GI doctor. I went to PCP doctor. GI said you have to take antidepressants and I cannot take them because they cause even worse nausea. PCP prescribed me acid suppressant medication which make my nausea even worse. So I'm losing weight. I lost 33 pounds in one year.

It's a third of my weight because I cannot eat anything at all, and it's constantly here. Can you help me with this?

0:26:53 - Julie

Yeah, and have you read Angelica Tendons yet my book, or listened to it? I?

0:26:58 - Marina

downloaded an audio book and I tried to listen, but by the end of the day my brain, you know, goes crazy. I listen little by little, but I can't read anything at all. I have several books that were recommended. I cannot read anything at all.

0:27:17 - Julie

That's all right. That's all part of the grieving process, absolutely. So what I'm going to do is I'm going to get you on my radar. We'll see what's going on. Tell us your son's name,

Marina
Eugene

Julie

Eugene. Okay. So he's right on your right, so he's going to be helping with this healing, and so what I got I get divine downloads before I even get you on my radar, and what I got was to check for a hiatal hernia in your chest. A hiatal hernia. Do you have reflux and burning? Does it feel like it's burning in your chest? Is it hard to swallow or you just don't have any appetite?

0:27:57 - Marina

I don't have appetite. I have nausea all the time. Everything, even. I cannot eat, even what I used to love, like fruits candies. I cannot eat anything of this because it's nausea since the moment I opened my eyes till the moment I closed my eyes, okay, and this started after your son passed. Yes, but it became much worse after his birthday. His birthday was in April, and then it was Mother's Day, it was Father's Day and now we're preparing for his anniversary. So everything is very difficult.

0:28:35 - Julie

Yeah, I know I can. Only I don't know. I can only imagine. I know I'm hearing you how hard it is. Okay, here we go.

Here comes my laser beam from Sweet Home, Alabama, heading up to you in New York, got you shooting energy. I'm seeing a hiatal hernia, that's what I was getting in my head. So it looks like it's a sore in your esophagus and so what I'm doing is I spirit working through me and with me to help facilitate healing, scooping it out and then putting stem cell energy in there to regenerate that esophageal tissue. Stem cell energy again, light amber color gel sparkles. Reminds me of dippity-doo hair gel, and then there's a vortex spinning outside of your chest and that's helping to recreate that.

In the meantime, down your GI tract and in your stomach there's this white balm being applied and it reminds me of really thick white face cream. Marina, you know what Nivea face cream is in the blue jar? Any kind of face cream that's just really thick and it's and you can. When you put it on, it feels cold. When you put it on your skin, not noxzema cause, that feels kind of stingy, but the but more like a face cream and so that has anti-inflammatory properties in it and it's going to help heal your stomach and your GI tract too. So, as far as the antidepressants and all of that, you're grieving. You know you're supposed to feel sad right now. You're doing it perfectly. Are you staying hydrated? At least Are you able to drink water or some other kind of liquid it became difficult for me lately to drink water.

0:30:21 - Marina

I used to drink enough water, but now I literally have to force myself to drink.

0:30:27 - Julie

Yeah. What else are you drinking besides water?

0:30:30 - Marina

Water and black tea nothing else?

0:30:33 - Julie

Okay, all right, well, stay hydrated. If nothing else, you know you've got to do that and I would suggest you talk to Dr Maria in London. You can do a Zoom call with her and it's D-R-A-M-A-S-A-N-T-I.com. Dr Amasanti.com. She is the queen of helping you get your gut healthy, and she's an Oxford-educated general practitioner MD. She does functional medicine, holistic medicine, lots of different kinds of medicine, and she's a graduate of my class, so she does energy medicine too. I believe that she can help you heal your stomach so that you can eat again and be healthy.

0:31:16 - Marina

Would you recommend aloe vera gel or not now?

0:31:22 - Julie

No, no, I think. Stay hydrated. Get in with Dr Maria. You can usually get in to see her within less than a month, within a couple of weeks. Usually Send her an email On Zoom, on Zoom, and you'll love her. She's just a doll, you will absolutely love her. Just a doll, you will absolutely love her. So, Rachel, put the put her email up in the chat on the YouTube and then she's in all the show notes as well. So, d-r-a-m-a-s-a-n-t-i.com. Dr Maria, everybody I send to her that I get to talk to afterwards they say, oh my gosh, you are so right. She is just amazing and amazing and such a doll to work with as well. Thank you.

So I hope that helps. All right, sending you a big hug, we'll be thinking of you on your son's Angelversary.

Okay, thanks for calling in, Marina. Let us know how you're doing. AskJulierianshow.com. If you want to have a conversation with me, we're on the YouTube live stream at Ask Julie Ryan. Subscribe. Share this with your family and friends and then they can go in and get their questions answered too.

By the way, if you're scheduling an appointment with me, I'm booked out a little bit. I do have urgent appointments. You can get in soon on those, but on my regular appointments I'm booked out a little bit. But here's the key you guys, I tell people this all the time, and all the time. Every week I have somebody that gets in. I talked to somebody today. She said I was scheduled for next year and I checked the reschedule button on my confirmation email and I got in in less than two weeks. People reschedule all the time. So the key is get on my schedule

whenever it's available. If you're not seeing anything for a few months, keep scrolling till you find a month where there are appointments available, get that appointment and then, once you get the confirmation email, then, when you think about it, click on the reschedule button and you just don't know. You may get in in a matter of days. Happens all the time. So askJulieryan.com if you want to schedule an appointment.

All righty, let's see who's next.

0:33:36 - Julie
Hi Claudia.

0:33:37 - Claudia
How are you Good? Thanks, I love your show. Just wanted to let you know I'm calling from Switzerland..

0:33:44 - Julie
Switzerland. Oh honey, it's the middle of the night there. Yeah, it's 2 am in the morning. Oh well, I'm so honored. Thank you for joining us and staying up, or getting up to talk to us. Yeah, thanks.

0:33:59 - Julie
You got a question for me.

Claudia
Yeah, I have a question. Actually, it's about my mom's dog, who Gisha is her name. She was just recently operated and had a huge tumor removed from her spleen oh geez, a cancerous tumor, right? They just did a blood transfusion as well, and I just wanted to kind of check her status. She seems to be doing okay. Is she home or is she still at the vet? No, she's still at the vet. Okay, what?

0:34:27 - Julie
kind of dog is she? She's a Shih Tzu. Oh, she's a foo-foo dog. Her spirit's out of her body right now. Claudia.

So the 12 phases of transition for humans. The spirit exits the body through the top of the head, looks like a speech bubble, hangs on, and then angels and deceased loved ones, spirits and all that happen With pets. Their spirit exits through the top of the head. It's still holding on and sometimes we see that after anesthesia and after surgery. It doesn't mean she's dying, it just means I can't get a read on her because I'm like a human MRI and the spirit is the power source for the body. So it's like I'm trying to look at an x-ray in a pitch black room with no electricity. But we can talk to her spirit. So let's talk to her spirit. So, geisha, are you dying? She said no, I'm just floating around and hallucinating. Okay, good, that's pretty cute. Are you going to make a full recovery, she's saying. She said, oh, yes, yes, just like that. That's when I heard Claudia. Oh yes, all right. So why is your spirit out of your body? She's saying because of the drugs.

0:35:40 - Claudia
Oh, okay.

0:35:41 - Julie
I have a girlfriend after surgery. I was scanning her when she was in the post-op, you know, recovery room and her spirit was flying around the room. It was like Casper, their friendly ghost. That was a cartoon when I was little. And so I said you need to get back into your body. And she wouldn't listen to me, so I called in her mom's spirit. Her mom came in and she goes

Angela, you get back into your body right now. And she did. It was hilarious, okay, so funny. So, geisha, can you, will your spirit be back in your body soon? She said she goes. Yeah, but I'm really having fun with this. So, yeah, yeah, she's. You know, it's like she's on an LSD trip or something. It sounds like it. I think she's going to be fine. I think she's going to be fine. Are you going to recover completely? Yes, are you going to be around for a while? Yes, oh, that's nice.

0:36:30 - Claudia

Yeah, she needs to eat too. Apparently, she hasn't been eating.

0:36:35 - Julie

Yeah.

0:36:36 - Julie

Well, and sometimes Maybe it's normal too, right?

Well, yeah, we think, especially for humans, and with pets as well, we think, oh, you got to eat, you got to eat, you got to eat. But bottom line is, the body is so wise, the body knows what it needs, and a lot of the time the body is going to spend the energy healing itself, more so than trying to digest a bunch of food. So, as long as she's hydrated, they probably still got her on IVs, I would imagine. Yeah, as long as she's hydrated, she's good, She'll be good, okay, that's good.

0:37:08 - Claudia

Great, okay, that's good news. Well sweet dreams.

0:37:12 - Julie

Thanks for staying up to talk to us,

Claudia

no problem, okay, thank you as well, bye-bye,

Julie

bye-bye, askJulierianhow.com on the live stream on YouTube. We're at Ask Julie Ryan, so you can submit your question there or call in to have a chat. I love that.

So let's see who Chris has up next. Here we go, Elizabeth. Hi Elizabeth, I've had small amounts of blood in my urine for months. I've had some tests, but I'm concerned about what it could be and if it's connected to me not feeling well. Yes, obviously it is. Okay, let me get you on my radar. You got to tell me where you are, if you can, if you can type that in, and then Rachel will get that through. My radar is going to find you, but we always like to know where you're calling in from, so, or submitting a question where you're located. So here we go, and here comes my laser beam from Sweet Home, Alabama, heading out to you. All right, got you.

The first thing that came into my head, Elizabeth, was kidney stones, and I do see some of those. We'll pummel them, but I'm also seeing that there's it looks like phlegm in your urine. There's this kind of mucousy looking stuff in your urine. So let's work on the kidney stones. First You've got some in both kidneys. They're small but they look like aquarium gravel to me, so I'm watching a you know what a jackhammer looks like when they put a flat thing on them so it can pound stone or rock. That's what I'm seeing happen. It's pounding these stones, it's just pulverizing them, kind of like a jackhammer in your kidneys Energetic one same thing. I don't of like a jackhammer in your kidneys energetic one same thing. I don't see the actual jackhammer, but I see the plate that's pulverizing the stones, turning them into dust. All right, left, one's going there, let's get the right one and get those out of there too. Okay, being irrigated out through your body, so they'll come out through your body, so they'll come out in

your urine, the little dust. And then I'm watching a spiral of energy spin in each kidney. They're spinning simultaneously Think of the Milky Way galaxy. That's what the spiral looks like and it's spinning really fast and it's just cleaning out your kidneys too and that's going to help with the phlegmy looking stuff that's in your urine. I think the blood in your urine is from the kidney stones and you've probably been passing little tiny ones and you just didn't know it and so it's irritating all those tender tissues as it's coming out, and that's why you're seeing that.

I would suggest you talk to Dr Maria too, d-r-a-m-a-s-a-n-t-i.com, and work with her and have her. She'll help you reverse, engineer those symptoms and figure out what you can do to help your body heal as well. The healings happen on the energetic level. They've already taken place. Now they'll integrate into your body and that can happen instantly. It can take days, weeks, months. It may need some kind of complementary care, like change in diet, physical therapy, whatever. But it's always our spirit's prerogative as to how we wanna implement the healing.

Remember, nobody heals anybody else no doctor, no healer like me, or chiropractor, acupuncturist, no medical provider. We all help you heal yourself, and my favorite analogy is you go into the emergency room with a big old cut. They're going to stitch you up, but the ER doc is not going to make your skin grow back, you're going to make your own skin grow back, and that's, I think, a great analogy of how all this works. You're welcome, liz. I hope you feel better. She just put a little note in that said thank you. Okay, let's see who's next. Hi, gina from Chicago. Any message from my twin who passed?

Okay, I don't edit anything, you know, it's just no matter how random it comes in. I am seeing grape popsicles. Your twin is showing me grape popsicles she's got a purple heart, by the way, at the end of her question. So and they're not the thin popsicles. It looks like the shape of a fudgesicle, gina, but it's a grape flavored popsicle. So I don't know, maybe you guys ate grape popsicles as kids, maybe you like them now. I don't know, but that's the sign that they sent. So that'll be fun to hear if that makes any sense to you. By the way, when spirit sends us information, sometimes it doesn't make sense right away, but later, when we think about it, it does, or it can pertain to something that hasn't happened yet. So Gina may be going to like a Cubs game or something and they're selling lots of grape popsicles there and she'll say, okay, that's a message from my twin. So just be open to the interpretation of that. Or you may see somebody eating a grape popsicle, or you may see an ad on TV, or you may see an ad in a magazine, or you may see grape popsicles at the grocery store that are on sale and they're you know, they're spotlighted. So you just never know. Just be open to what spirit's going to tell us.

Okay, let's go to who our winner is and who the lucky winner is. So here we go. Oh, Chris, look at you Fancy pants, he's got the drum roll. Oh, how cute is that. I love it. Okay, this is from somebody on YouTube who has the moniker Jet6110. Jet6110. She says, honest to goodness, it's so cool how accurate you are. You were so accurate about everything. I asked you. Love you, Julie, from Karen. So Karen, who goes by KarenJett6110, you are the winner of a free session with me and we'll have a whole hour to talk about whatever you want. We could talk to your dead loved ones. We can do past life stuff. We could do medical stuff. You know all this stuff we do on this show, and every time I get to talk to somebody, there's always a multitude of things that we do.

So, Karen, also known as Jet, all you have to do is go to AskJulieRyan.com At the top of the homepage. It'll say Ask Julie a question and then just put a note in there and say, hey, I'm the winner of the free session. So then Rachel, my assistant will help you get on my calendar and we'll find a date and time. That works for both of us. By the way, if you want to submit a question online, just go to AskJulieRyan.com, click on the Ask a Question, and then that's where we get our material for my blog. Each week, we send out a note to everybody that just is my answering that question that's been submitted online. We choose one each week, and it

also has reminders with all the call-in information on the show and all of that. If you want to get that email weekly, just go to AskJulieRyan.com and you can subscribe. Just scroll down to the bottom and it'll say subscribe to Julie's weekly email and then you'll get a reminder with all the call-in information. So, Karen, looking forward to talking to you.

Oh, here's the girl on the purple popsicles. She's saying, yes, we ate those a lot. There you go. Okay, great example of Samaritan just giving us random stuff like purple popsicles and doesn't mean anything to me. It means something to her, though, and that's all that matters. And, honestly, it took me several years of doing this just to trust that first thing that came into my head and to be able to put it out there, even if it didn't make sense to the person right away. So, purple popsicles, you see, one eat it. You could eat it as a celebratory thing to our gal that submitted online tonight on the youtube live.

Okay, let's see who's next. We've got time for a couple more questions.

Hi, Susie

Susie
, hi, I love your show.

0:45:58 - Julie
how are you, girl?

Susie
am good. Thank you so much for doing this. Oh, this is so great and so much fun too.

Julie
Where are you?

Susie
I am in near Toronto, canada, ontario. Okay, my question is how do you connect better with spirit, guides and angels? I've been meditating for four years now. I was wondering if you could help me with that. I guess maybe it's just trusting, but that's what everybody says, but I just I'm not sure what that means. Not really.

0:46:27 - Julie
Yeah, it's the same thing, what you do. Remember, our heads are like big satellite dishes and they receive and they transmit frequencies, every spirit, whether it be a spirit guide or an angel, or a deceased loved one or somebody who's deceased that you've never met. Like you don't want to talk to Napoleon or somebody George Washington, mother Teresa, it doesn't matter. You just think of them and that tunes your satellite dish head to their frequency and then you just say something, either aloud or in your head, and they're going to answer you. So the first thing I would do would be just ask who's your main spirit guide. Say hey, who's my main spirit guide, what's your name, and see what you get. Try it right now. Well, say hey, main spirit guide. What's your name?

0:47:13 - Susie
Hey main spirit guide. What's your name?

0:47:18 - Julie
What's the name that comes in your head?

0:47:21 - Susie
That's what I mean. I'm just not getting anything.

Julie

I think yes, you are you laughed?

0:47:27 - Julie

So what did you get? Just share it. That's what I'm saying. We out where we're thinking What'd you get?

0:47:32 - Susie

Oh, I guess I got a name called Seba, I don't know why. There you go, but is that just somebody that I'm just thinking Okay, oh, I don't know, it's not like anybody's related to me or connected to me.

0:47:44 - Julie

Well, spirit guides usually aren't connected to us, because spirit guides come in based on what we're dealing with at any one given moment. Our deceased loved ones are there as well, but spirit guides are usually specifically with us to help us go through different phases in our lives, kind of like you know you got a first grade teacher and then you got a 10th grade teacher and they're teaching you different stuff. So imagine, your first grade teacher is your spirit guide when you're six and your 10th grade teacher is your spirit guide when you're 15. And so that's what happens with spirit guides, same thing with angels. So Seba is your main spirit guide's name. Don't overthink it. When you hear something, it is boom. It is that first thing in your head. Now ask what your guardian angel's name is and see what you get.

0:48:33 - Susie

All right, my guardian angel, what's your name? I got Ariel.

Julie

There you go

Susie

Something with an A Ariel, I think Ariel, ariel.

0:48:46 - Julie

So now you know Seba and Ariel.

0:48:49 - Susie

Is it just the first thing that comes into my mind. Is that what it is? Or is it just me thinking this?

0:48:56 - Julie

It's all the same thing, like how do you know the difference? Because it's that first thing, fast as you can snap your fingers when you think about it for more than a second, that's your brain. Okay, so it's that first thing. And the more you do this, the more you're going to learn to trust it. The more you do it, the more validation you get. Then it's easier and you trust it more. So I've been doing this over 30 years, so I just trust it. You know, I've been doing it a long time.

But graduates of my class, you know, at first I talked to one this morning and she felt like she was having a block doing a past life thing, and I said you're not having any blocks, let's do it right now. You know what she just went right in. When we go into fear, we go into a low vibration, like, is that just my brain? Am I imagining this? What are you doing? You're in fear. Spirit doesn't communicate on the I Feel Crappy channels because the vibration's too low. So re-ask the question and then just pay attention to that first thing. That comes in. Great job.

0:49:59 - Susie

Great. Thank you so much. Thank you for what you do. Y

Julie

ou're welcome.

0:50:02 - Julie

Thank you All, righty. Thanks for Thanks for calling in. Bye, alrighty, we've got time, I think, for another call, maybe two or questions submitted. So AskJulieRyanShow.com, if you want to have a conversation with me, we're at. Ask Julie Ryan on the YouTube live stream as well.

Okay, let's see. This is from. It says time. I'm going to put my glasses on for this one One moment, please. Okay, it says time G from Belgium.

I'm in my first love relationship. Oh, how fun is that. There's some drama, but generally feels like the universe might benefit from us together. What do the souls say? Please tune into us. Love you and the audience. Okay, time Gee I think her name is Gee from Belgium. Okay, gee from Belgium. All right, let's ask the spirits and beyond what do you think about her with this guy?

The word I urge you because you know I don't edit anything is right now it's really good practice for you. It has a way to go to develop into a lifelong love affair, but right now it's really good practice to you because you even mentioned it's your first love relationship. So some of you have heard me say I was a sorority voluntary, sorority advisor at the University of Alabama for 12 years and 450 girls in the chapter over 12 years. That's a lot of girls and a lot of love life stories that I heard, and I always told them this and gee same to you when you end a relationship. I'm not saying this one will end G, but I'm just saying, if it does.

When you end a relationship, I want you to remember one four-letter word, and it's next, next, n-e-x-t, next, because think of every relationship that you're in, every love relationship that you learn from it, and whether it lasts for a long time or not, it's good while it lasts. And then next, I even have my girls will say to me, even when they're out of school, they're like in their late 20s or 30s and they have a breakup. They'll say I can hear you in my head saying next, oh gosh, okay, here she says blessings everyone. I can feel that this audience, I see, is a great environment for healing and growth, even if your question doesn't get addressed physically. Tune in to the solution. We are in it together. You are so right. My Belgian girl, absolutely. So, yeah, keep us posted on your love life. I think that it's very exciting to be in love, so enjoy it. Okay, chris, I think we can get in somebody else, hi.

0:52:55 - Rochelle

Rochelle. Oh hello, it's so good to meet you. Thank you, you too. Where are you, my girl? I am calling you from Bloomington, Minnesota. Oh, terrific, well good. How are things up there? Silly, rainy and chilly, oh my gosh, yeah, everything's blooming. Question for you I have had what's diagnosed as eczema in my ears for about 12 years. Itches like crazy. I'm wondering if you've got any suggestions for me.

0:53:32 - Julie

Yeah, it's all coming from your gut so low on the food chain. It's all gut related. Dr Maria, again I sound like a Dr Maria ad tonight. Dr Maria, dr Maria, dr Maria, dr Maria, dr Maria, dr Maria, dr Maria, dr Maria, dr Maria, dr Maria, dr D-R-A-M-A-S-A-N-T-I.com she will help you get your gut healthy.

What I'm doing first is I'm washing out your ears. There's a. What I'm watching is a four by four gauze pad that you would use as a wound dressing. It's been soaked in this solution. The solution's clear, but it's got sparkles in it. You know, of course, woo-woo I always see sparkles

and stuff that's healing. And have you ever cleaned out a dog's ears that? You know that gets like that brown, junky stuff in there. That's how we used to do our dog's ears. You know we'd soak a four by four in a solution and then clean them out. That's what I'm watching happen, excuse me, on both ears.

Looks like your right ear is worse than your left. To me Looks like you've got more of it in your right ear and it looks like it gets oozy and it gets crusty at times and itches. Do you find that? Yes, yeah, that's what it looks like. So that's getting all cleaned out. I'm watching that crusty stuff get removed. Most of the work's happening on your right ear, a little bit on your left, but way more on your right.

And then I'm watching this. This, um, how can I describe it? Do you know what A&D ointment is? It's kind of like a gold color and it's almost like Vaseline, but a little bit thicker, that's getting put inside your ears to just help with the itching and with all of that. So I would work with Dr Maria. Get your gut healthy. In the meantime, stay away from sugar, stay away from anything refined and stay away from, you know, weed and just if God made it, eat it. If man made it in a factory, do your best to avoid it and it's going to go away. It's healable. Your eardrum looks fine, your eustachian tubes look fine. It's just all coming from your gut and you think well how. You know that's my ears, but it's an allergic reaction to your gut being out of whack. Julie, thank you so much. You are most welcome. I hope you feel better.

All righty, Chris, I keep saying one more. I've said that like four times, but this is good. These are all quick, easy questions.

Julie
Hi Suleeka, how are you girl?

0:56:04 - Suleeka
Good to see you. I watched a lot of your video again and again and again so amazing.

0:56:13 - Julie
I'm so honored. Thank you, thank you.

0:56:17 - Suleeka
I'm so happy to know your YouTube and you and all that. I have a question today. Okay, I want to know who. I have a question today. Okay, I want to know who I was in past life.

0:56:30 - Julie
Oh, okay.

0:56:31 - Suleeka
Two, three days ago, I see you was a hypnosis and all that your past life and all that and I was watching and I love it.

0:56:38 - Julie
Wasn't that wild. For those of you that don't know what we're talking about, I had Simon Bowen on the show it's unfortunate to know it and he hypnotized me and we asked you know, was I a healer in a past life and where did it originate? It took me to another planet. You guys want to watch that episode. It was wild.

0:56:55 - Suleeka
I was watching live and I was thinking wow, I want to ask everyone next time.

0:57:01 - Julie

Exactly. Tell everybody where you're located.

0:57:04 - Suleeka

I'm located in Minnesota, mercado, Minnesota, sunny, beautiful today.

0:57:08 - Julie

Okay, I'm not going to be able to go through all your past lives because I'm not going to live long enough to do that. There's hundreds, if not thousands, of them, so tell me a question that you want to know, and then we'll find out what your past life is that correlates with that who I was.

I do I was, what kind of job I had it or what kind of family I had well, but you've got hundreds of past lives, so what in particular like in your most recent past life? Yeah, okay, we can do that in your most recent? People will say that all the time they'll say, well, tell me about my past lives. I'm saying, yeah, I'm not to live long enough to tell you about all your past lives.

0:57:47 - Suleeka

We're just starting to knowledge in your YouTube. I have no knowledge of what's past life and all that, and I'm happy to learn it.

0:57:56 - Julie

I know it's wild, isn't it? First time I heard that I was talking to somebody about that today, I saw a little boy on Oprah, probably 30 years ago, and he was talking about being a Confederate soldier in the Civil War and he knew his dog tag numbers. He gave his name, he gave where he was stationed, all that stuff, and they were able to corroborate all that historically with data. So I was like what? Yeah, that was a long time ago and you know many times since. Okay, here we go.

How I do past lives is. I envision myself in this endless hallway very narrow walls, very tall ceiling. On the walls are 12 inch by 12 inch mirrors that represent each lifetime. When we ask a question, the mirror that corresponds with that question will come out from the wall as if it's on a hydraulic arm, and then I'm gonna envision walking into it. So, show me Zulika's most recent past life. So it's right up here in the front. It's on the right. Okay, mirrors come out. I'm in front of the mirror, I'm walking into the mirror. Oh, I get 1937 in Hungary. So that's like between the world wars going on there. What are you doing in Hungary? You're a shoemaker. Do you love shoes. Do you have a lot of shoes?

0:59:19 - Suleeka

Oh, I have a whole bunch of shoes. I like shoes and jacket. That's it. You were a shoemaker and you made oh, you don't need to buy the hardware spree, that's super serious.

0:59:39 - Julie

Yeah, so you, you made really high end shoes. I mean leather that feels like butter, it's so soft and you would take care of all the counts and countesses and all the nobility and all the people with a lot of money, and they would come to you and you would make them custom shoes. So that's why you love shoes in this lifetime. Yes, thank you. I really appreciate that. That's fun. We can explore that another time. Make an appointment with me and we'll do a deep dive on it and get more information.

1:00:03 - Suleeka

Definitely, that's what I want to know. I need to have a whole house by my own so I can enjoy it.

1:00:08 - Julie

That'll be good. By the way, you were a man and your name was Rolf.

1:00:12 - Suleeka

Rolf, rolf. Do I have a kid or family, or just a boy was single.

1:00:18 - Julie

No, you had a family. Yeah, you had seven kids and a wife, yeah, and a wife, yeah, yeah. So, and your two oldest sons worked with you in the business. So there you go.

1:00:28 - Suleeka

Good. Thank you, I appreciate that.

1:00:30 - Julie

You're welcome. Okay, thanks for calling in.

1:00:32 - Suleeka

Nice to see you, Julie, and you and your team, my two love from Minnesota.

1:00:36 - Julie

You too. Same right back at you, babe. Oh, how fun is that. Past lives are so much fun. It's one of the most fun things I get to do. So that's it for this week, everybody, I'm sending you lots of love from Sweet Home Alabama. And sign up for Angelic Attendant Training. The rooms are filling up Atlanta November 1st through 3rd. See you there. Bye, everybody, have a great weekend.

1:01:10 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:01:20 - Disclaimer

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