

## AJR Show Aug 22nd Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan Hi everybody, welcome to the Ask Julie Ryan Show.

0:00:47 - Julie

It's where we blend spirituality and practicality to help you live a life of purpose and joy. We've got my peeps with me tonight. We got Chris handling the colors that are coming in on Zoom. If you want to have a conversation with me, come in at [AskJulierianshow.com](http://AskJulierianshow.com). And we've got Miss Rachel who's helping the YouTube live streamers. If you want to ask a question, we're at Ask Julie Ryan on YouTube and if you want to ask a question, just put it in the chat and please put your first name and where you're located and then your question and Rachel will help us with that. It's so much fun to do this show every week because I never know who's going to call in, I never know what their questions are going to be and I never know what Spirit's going to have to say. So I'm getting information downloaded from Spirit and then it mixes with my comments and information and that's the answer that you get. So it's always fun. A couple of reminders here we're going to be giving away a free angels and enlightenment training class a little bit later in the show, so you'll want to listen, see if your name is called and that'll be fun. So we'll do that.

I'm leaving in the morning. I'm flying to Phoenix because I'm speaking at the Helping Parents Heal Conference this weekend, and so if any of you listening are coming to Phoenix for the Helping Parents Heal Conference, come see me, and I got a big hug for you, so I'm looking forward to that. I think they're going to have 1,100 people there this year. I did it a couple of years ago too. That was their second conference. I think this is their third, and what a joy to be with all of those people, so that'll be fun. And then next Thursday I'm going to be on a plane heading to the Emerald Isle.

You guys, I've been invited to a weekend party in Ireland. One of the graduates of my class is having a big shindig at a castle. You can imagine that. So you know I'm going to have stories for you on that. I'm going to be looking to see what's going on in that 800-year-old castle, and so we won't be doing a live show, we will play one.

That is one of our faves from the past, and how you find out if we're doing a live show or not is follow me at Ask Julie Ryan on Instagram, and also on Facebook and TikTok and all the other social media sites, because we'll always post a note the day of the show. Hey, call in. Here's the number, here's the website where you get in if you want to ask a question, or the YouTube live stream. So follow me on Instagram, at [AskJulieRyan](https://www.instagram.com/AskJulieRyan), and on Facebook at [AskJulieRyan](https://www.facebook.com/AskJulieRyan), and that's our handle on all of the social media sites, and then you'll have a note that'll say we're doing a live show, which we usually do most weeks out of the year, and when we're not doing one, we'll let you know that too. All righty. Well, Chris, let's see who's first. Who's our first caller or questioner on the YouTube live stream. Let's see. Okay, we've got Myra.

Myra from Dothan, Alabama. Oh, you're close by girl. She's just right up the road a couple hours. Can you scan my left eye to see what's going on? I lost part of my eyelashes and my

dermatologist and ophthalmologists are trying to find the problem, but so far no success. Okay, myra, here we go here.

How this works is I raise my vibrational level to the level of spirit I'm going to watch a laser beam come from my body here in Birmingham and then it's going to hook into you in Dothan. Well, you know, I'm confused. It was a blonde moment. Dothan is south of me, you guys. It's on the way to Florida, so she's in Dothan, that's a couple hours south, okay, so it's going to go down and hook into you in Dothan and then I'm going to have a hologram of you in my mind's eye. Something is going to be identified, there will be a healing. I'm going to describe it all in detail and so, myra, I want you to picture what I'm describing, because it's going to help integrate the healing into your body and everybody listening or watching I want you to envision what I'm describing as well, because then we're all working together to help the person who's got a question in a healing. It's kind of like the power of prayer. You know, when a lot of us are focused on the same outcome, we send lots of energy and love and grace, and so it works great. All right, myra, here we go. Here comes my laser beam from Sweet Home Alabama to Sweet Home Alabama. Myra, here we go. Here comes my laser beam from Sweet Home Alabama to Sweet Home Alabama, down in Dothan. All right, got you Shooting energy from your feet up through the top of your head. I can see where the eyelashes are missing on your left eye. What happened?

The first thing that I got in my head, myra, was that it has something to do with how you're. In my head, myra, was that it has something to do with how you're taking your mascara and your eye makeup off. So you want to use something that's really gentle, like some kind of a. I use the cleanser, wipe things, you know, the eye remover, eye makeup remover pads, and I even bought on Amazon. I got baby washcloths, the really soft ones, and I use those on my eyes because I was noticing that my eyelashes were getting thinner. So give that a try. I'm not seeing an allergic reaction. I don't see inflammation.

What I'm watching is I'm watching some hair plugs of eyelashes go in your eyelid, kind of like. I don't know if you ever had a baby doll. I had a chatty Kathy when I was a little girl and my rate is you ever have a baby doll that had those hair plugs in it. That's what I'm watching in your eyelashes. And then there's a little bit of stem cell energy being applied Light amber color gel sparkles reminds me of Dippity-Doo hair gel from the 60s and 70s and there's a vortex spinning outside of your eyes.

So hopefully that will help you with that, but I would pay attention to how you're removing your eye makeup. That's what's coming in for me, so I hope that helps. I hope you get luxurious long lashes that grow in. I hope you get luxurious long lashes that grow in. If you want to have a conversation with me, askJulieryanshow.com. If you're on the YouTube live stream, put your question in on the chat where it asks Julie Ryan. Again, just put your first name and where you're located and what your question is, and then we'll get it from there. Okay, let's see who's next.

0:07:47 - Erica

Hi Erica, Hi, how are you girl? Oh, I'm so excited I'm fangirling right now.

0:07:55 - Julie

Oh, I'm fangirling with you because you've got a shirt on that says La Brea Tar Pits. I was. It's really cool, isn't it? Amazing? Don't eat what that is. Everybody is. It's in the middle of LA and it's where they found like dinosaur bones and stuff in these tar pits and they got all these big fossils and woolly mammoths and jazz like that. So I'm assuming you're in LA with that shirt on, absolutely not.

0:08:24 - Erica

Oh, where are you? Colorado, ignacio Colorado.

0:08:29 - Julie

Oh wonderful, all right. Well, see, you fooled me. I didn't have my radar on. I might've known that. Yeah, anyways, you got a question for me I do.

0:08:41 - Erica

Okay, Julie, so I have a birth certificate from well, let me start from the beginning. Sorry, I'll go back. My mom passed away about 15 years ago and I was going through some of her stuff, found the birth certificate. It's not like the original, it's the little hospital birth certificate that they give you with the little footprints and everything and my date of birth or my sorry, my time of birth on it is 3.06 am. That's the same time. That's on my original birth certificate, but in writing and writing it says 2.40 pm and it's my mom's handwriting, and so I'm a little bit confused because I never got to ask her. I know that the story she had told me, it was a long, dramatic, 36-hour birth, and so I'm just curious where this 240 is coming from, just because I'm still exploring some things with astrology, human design, those types of things, and so, down to the minute, it is actually kind of really important information to have, as you know. So I was hoping maybe she would give you some insight. Yeah, what's your mom's first name? Veronica.

0:09:51 - Julie

Veronica. Okay, so she's right on your left. As soon as we think of them, you know, they come right in because our heads are like big satellite dishes and they receive and transmit frequencies. Every spirit is our frequency. They keep throughout all their lifetimes. All right, veronica, so it's 310 versus 240.

0:10:09 - Erica

306 am versus 240 am. 306 is what they have on the. Excuse me the document, but 240 is what he wrote down in a brown pencil.

0:10:22 - Julie

Okay, veronica, were you. Was Erica born at 240 a AM? Yes, what? What's the 3.10? They made a mistake, they made a mistake, so she goes. Trust me, I was there, I know and and so, yeah, it was a tough birth you're saying, so did they. Were they all wound up with you when you came out that you were having, you needed special care or something?

0:10:49 - Erica

I don't think she just went through 36 hours and they were trying to do a c-section is my understanding, and she was like, no, I'm doing this on my own, I am getting her out. So, um, I know that she did a lot of pushing and kind of a long traumatic experience, but yeah, I mean I was just like, yeah, she's saying it's a mistake, they wrote it down wrong, and she's saying that 240 is the actual time.

0:11:16 - Julie

So for astrology and all of that, use the 240 time. Listen, when I was born in Ohio in the late 50s, and like I think it was mid 50s to mid 60s, some rocket scientists that worked for the state decided that we didn't need times of birth on the birth certificates. My birth certificate doesn't have a time of birth, and neither do my siblings. There's not a time of birth on there, and so when I was having my chart done for the first time, my mom was already in heaven, and so I had to call her and ask her, like what we're doing with Veronica, same thing, yeah, yeah, because I asked my dad, he was still alive and he's like I don't know. We were in a waiting room with fluorescent lights and no windows. I have no memory of what time any of you guys were born. I went oh, yeah, thanks dad.

0:12:05 - Erica

I asked my dad too, if he knew what this was, and he's like uh no, I've got no clue, but I wouldn't expect a guy to really have that information.

0:12:15 - Julie

So out of their wheelhouse. Yeah, so go with it. She said go with a 240.

0:12:20 - Erica

Okay, thank you so much.

0:12:23 - Julie

Great question. Thanks for joining us. Thanks for calling in. Thank you, bye, Erica. All righty, askJulieryanshow.com. If you want to have a conversation with me, come in on the YouTube live stream. We're at. Ask Julie Ryan. Just put your question in the chat and Miss Rachel will help you.

The queen of all things. Ask Julie Ryan. She's my right arm and Chris is my left arm, so you know I got my peeps with me. Alrighty, let's see who's next. Okay, Linda.

Hi, Linda from New York, I just started listening to your podcast and I'm loving it. I'm hoping you can scan my body. I've been having back issues and received my MRI results which are not promising. Okay, Linda from New York, let's see what's going on with that. Here we go. Comes my laser beam from Sweet Home, Alabama, heading up to you. I close my eyes just to focus. Helps me focus on where my laser beam's going until I hook into you. And then you know we're girls so we can multitask. It's one of our superpowers. All right, got you Shooting energy from your feet up through the top of your head.

Okay, you look like you've got some degenerative disc disease stuff going on, especially on the left side. So think about those discs. Look like those refreezable ice packs that are a royal blue color and when you have degenerative disc disease they're not as fluffy as they were originally. So what happens then is that those vertebrae can start to collapse a little bit and then it makes you lean and it causes extra stress. So what I'm watching are these little spacers, Linda, that remind me of the spacers that a tile mason uses when they're laying a tile floor or a countertop or something like that, and then they will put the tile down and then they'll put all the grout in between the tile so that's what I'm watching get propped up. I'm watching little dollops of stem cell energy get put on those discs and then this little netting gets applied from the upper to the lower vertebra for each disc and think of goldfish netting that's what it looks like to me and then there's a big vortex spinning outside of your back and what it's done is it's straightened you up so you're not pulling on one side, and then it causes pressure on the one side where the discs are getting smaller, and it kind of leaves gaps on the other side. So no wonder you're in pain.

I hope that helps. Thanks for your question. Let us know how you're doing. Hope you feel better, all righty. AskJulieryan.com. AskJulieryanshow.com. Hi Susan, how are you, my girl?

0:15:23 - Susan

Oh my gosh, I actually just discovered you, Julie, Dave Asprey, who I also just discovered, even though he's been around forever.

0:15:32 - Julie

He's my buddy. I just adore him. You know he's the one that five and a half years ago helped me stop eating sugar. Brain octane oil. He goes Jules, you've to start using the brain octane oil and it'll keep you. And I have not had sugar in five and a half years. I've been sugar sober and

it's because of him I really give. I mean me too. Obviously I'd stay away from it, but yeah, yeah, he's a dear friend. I was just texting with him a little bit ago.

0:16:01 - Susan

Oh wow, oh, a little bit ago. Oh wow, oh wow, yeah, where are you? I am in Las Vegas, Las Vegas, Nevada, where it's, you know, very, very hot. Yeah, well, it's August it's supposed to be. Yeah, it is, it is.

You got a question for me? I do so. I'm really. I mean, it's a general question, I am actually nearing 50. A general question I am actually nearing 50 and I'm finding myself in a kind of career job transition and I really have never found purpose. And I know that's strange to say, I have some interests, but I don't know, you know, and I've worked, I just I don't know that I'm, you know, following or in my purpose. I'm not even possible to be so late in the game and not know. I mean, I must be just rolling along and it's doing what it's supposed to do. But I sort of want to want to do something. Yeah, what are you doing now? Unfortunately, nothing, okay, I'm just kind of floating along, I'm just waiting for something. You know, I left something that was definitely not for me, okay, and it was a lot of stress.

0:17:11 - Julie

Yeah.

0:17:12 - Susan

And I'm just hoping to hop into something that I just want to do. I mean, I feel like I'm in a different stage. My body will tell you I'm in a different stage of life. I just want to do something that's more compatible for me.

0:17:29 - Julie

Yeah, stage of life I just want to do something that's more compatible for me. Yeah, yeah. Well, I applaud your golden ovary courage to leave a job that you hated and give yourself a moment to figure out what it is you want to do. I'm thrilled for you that you had the opportunity to do that. Most people don't, so good for you.

0:17:43 - Susan

It's stressful now. I'm not going to lie. It might not have been the smart thing to have not decided that step.

0:17:49 - Julie

But no, I'm getting that. It was a good idea. So let me ask you this. If you were a trust fund baby and you had more money than you could ever spend in your whole life and your kids would be taken care of and your grandkids, you know like you have generational wealth, can't spend it all what would you do for fun? There's just so many things I mean, I definitely feel like I have a lot of interest. What's the first thing that comes in your head?

0:18:15 - Susan

I mean, I want to take classes. I would love to you know do ceramics or design?

0:18:29 - Julie

Okay, those are things. And travel. There you go. So those three things take classes, do ceramics and travel. Okay, so what can you do that combines those?

When we look at what interests and that provides an echo yeah, absolutely. When we focus on what it is that we enjoy, we focus on what it is that we enjoy. When we focus on what we're interested in learning more about, we're being led. And then our brain kicks in and goes oh,

you can't make any money doing ceramics and school and travel. Those are all things you spend money on.

But who's to say that you can't take a step in the direction of all three things? Like, let's take ceramics, for instance. You know right off the top of my head where ceramics made Portugal, Italy. You know lots of places, right. So you take a step let's use Portugal just because that came in first and you do some research on that, and you can. A step let's use Portugal just because that came in first and you do some research on that and you can look into.

Is there something, maybe in a museum that you can get involved with? Is there something that involves travel that you could work for a travel company, like for one of the airlines or for one of the hotel chains. Is there something that you can do as a tour guide? It doesn't mean that that's what you're gonna do, but that's where you're being led first, and the key with this, Susan, is take action. Go to a website, go to the library, read a book, look at documentaries, look at YouTube videos, whatever. When we say, oh, I don't know what it is, and you know. And then it's not. I don't know how I'd make any money, you're just stagnant, you're just putting up roadblocks for yourself, nothing's going to happen until you start to take action. And how it works is you'll be led to look at a site and then maybe you'll go to another site and another site. Before long you're at the seventh website and you think I don't even remember how I got here. But that's how it works. We're led. And then you'll get guidance. Okay, well, maybe you want to check out the pottery in Portugal, and then you'll be led to check. Okay, well, maybe I'll check and see if there are any tours that they need coordination, help with, either on the ground or, even better yet, on the tour. And that's how it works.

Regardless of what the niche is, just be open. But when you follow what it is you're interested in, you're going to be amazed at how the magic happens, and the people you need to show up are going to be amazed at how the magic happens, and the people you need to show up are going to show up right when you need them, and the circumstances that you need to show up are going to show up then too. So start off with just those three, and then, when you have another thing that you think okay, well, I'd like to explore alligators, start reading about alligators and see where that leads you. It's really that simple. We make it so hard on ourselves and we don't need to. Okay, and remember one other thing. I know you're thinking, yeah, yeah, it's not that easy. It really is.

The thing that I want you to remember is be open to how it's going to unfold, because we have a set idea in our minds of well, I can't make any money off of this. I can't do that. So change that. I can't do. What if? What if I could make money off of doing a porcelain or a pottery tour to Portugal? What if I could go to work for one of the airlines and I could travel wherever I want? What if? That's number one. Number two be open to how it's gonna unfold, because there are things that you don't know about those industries probably a lot that you don't know that you will find out, and sometimes positions are being made that haven't even existed before. They're going to have everything in them that you're looking to enjoy. So just be open, just remember what if, what if, what if, what if?

0:22:36 - Susan  
All right.

0:22:38 - Julie  
Best of luck. Let us know what happens.

I will Okay, thank you so much Thanks for calling Good luck AskJulieRyanShow.com. Or at Ask Julie Ryan on the live stream YouTube. Remember to subscribe, remember to share this episode with your family and friends, and remember to follow me on Instagram and Facebook. At Ask Julie Ryan TikTok. Ask Julie Ryan. Everything's at Ask Julie Ryan.

So see, I never get lost because it's all in the same name. Ask Julie Ryan. It's all easy. They make it easy for me, all right, Nancy. Hi, Nancy, she's from Ontario, Canada.

What phase is my 96-year-old dad in, or has he entered the 12 phases yet? His name is Don. All right, Nancy, I'm going to hook into you and then from you to your dad, don, here we go. Comes my laser beam from sweet home Alabama heading up to Canada. What Nancy's talking about is, as we're dying, we all go through what I call the 12 phases of transition, and it's how we're surrounded by angels and the spirits of deceased loved ones and pets. You can go to my website, askJulieryan.com, and there's an illustration of all 12 phases that's available for a free download. So, Nancy, you want to download that. Save it on your phone in the pictures, and then you just ask save it on your phone in the pictures, and then you just ask what phase is my dad in.

I get your dad's in phase seven of the 12 phases of transition. So he's got angels around him. There are spirits of deceased loved ones that are with him as well. There are also pets that are in the room. There are three questions I always ask Are you ready to go, don? Are you ready to go? He's saying absolutely not. That's a big statement for a 96-year-old. Absolutely not. Are you in pain? Yes, at times. What do you need? Better pain management? So you may want to check with his nurses or staff, like if you've got hospice involved. Phase 12 is when they're being escorted to heaven by the angels, and so if he's in phase 12, he wouldn't be with us anymore, but he's in phase seven right now.

So download that chart of AskJulieRyan.com, go to the 12 phases tab and save it in your pictures on your phone and then just ask what phase is my dad in and you'll hear a number and then you can refer to the chart. It makes it really easy. Also, if you haven't read my book Angelic Attendance what Really Happens as we Transition From this Life Into the Next attendance what really happens as we transition from this life into the next, anybody that wants a free copy digital and audio book, just go to Julieryangift.com. Julieryangift.com. And we will send you a free digital and audio book copy. And then that details all the phases and there's some really wonderful heartwarming stories in there of families with whom I've had the honor to work and it just it adds a glorious component to the dying process, which is just always so heart-wrenching. So, excuse me, askJulieryan.com. Download the chart. AskJulieryan.com. Download the chart. Okay, let's see who's next, Christy. Hi, Christy, excuse me, from Georgia.

My daughter's doggy has severe anxiety. She moved into her own place now and Swift does not want to go outside. What can we do to help Swift and what is she trying to tell us? All right, swift, why are you not? I'm going to connect Christy from you to your daughter and then from your daughter to the dog. Here we go. Here comes my laser beam. All right, got your daughter, got the dog.

Swift, why don't you want to go outside? He smells stuff that doesn't. That scares it, the dog. She's saying that it she's smelling other animals out there that are scaring her. So she's saying if your daughter goes out with her, it's okay, but she doesn't want to go out by herself. And when I'm she, she likes it. She likes it when your daughter goes with her and I'm seeing your daughter pick a rob. I don't know if that's happening or not, but I'm getting that as an, as a visual, and that tells me that she's she's afraid of something that's out there and she's picking up the scent of something. So what I'm getting is keep doing it with her. Eventually the scent will fade and eventually she'll be fine with going out. So I hope that helps. AskJulieryanshow.com, if you want to have a question and have a conversation with me about your question, and then Ask Julie Ryan on the YouTube live. So let's see who the next lucky caller is.

0:27:58 - Marina

Hi Marina, hi Julie, I'm so glad to be on your show. Hi Marina, hi Julie, I'm so glad to be on your show and I want to thank you for last time when you helped me with my stomach and nausea. After your show, at least for five days I was okay, yay, wonderful.

0:28:18 - Julie

Please tell everybody where you're located. I'm located in New York City. Please tell everybody where you're located.

0:28:23 - Marina

I'm located in New York City, portion of Staten Island.

0:28:27 - Julie

Okay, terrific. Well, thanks for that update. How are you feeling now?

0:28:32 - Marina

There was one year anniversary of my son passing two days ago.

0:28:36 - Julie

Yeah.

0:28:36 - Marina

Yeah, this answers your question. Yeah, so my question is, as I said, it has been a whole year since he passed and the whole year I've been asking him every day please come to my dream. And he never came. Or maybe he came one time, but I completely don't remember anything. His name is Eugene. Can you ask him why he doesn't come to my dream?

0:29:05 - Julie

All right, Eugene, he's right next to you on your right. Mama, I come almost every night, is what he just said. I come almost every night. Okay, so can you help us with your mom so that she'll remember it? Do you sleep on a feather pillow?

0:29:29 - Marina

No, but I do take some pills, so I suspect they may be the obstacle. I sleep very bad, so I take at least two different pills.

0:29:39 - Julie

There you go, Marina, that's it right there. It's knocking you out. He's saying he's going to leave a feather for you. You're going to find a feather on my pillow. He's showing me a feather. I don't know if it's going to be on your pillow, but you're going to find a feather and you're going to know it's from him. He says he comes every night, rocky. Yeah, he comes every night.

So you know, you just say something to him. Our heads are big satellite dishes. They receive and transmit frequencies.

Every spirit has a frequency they keep throughout all their lifetimes. You say hey, Eugene, or you just think of him and then say something to him and he's going to answer you and it's going to feel like a thought, come in your head as best as you can snap your fingers I'm trying to snap my fingers. They're not working. There we go and they were working, I just couldn't hear them. And then it's going to come in that fast and if you think about it for more than a second, Marina, that's going to be your brain talking to you. So you want to.

It's that first thing. And sometimes it comes in even before you've finished thinking the thought, because time doesn't exist in the spirit world. Time's a human creation and they've already got



whatever it is we're saying to them and they're responding. So there's that you may want to consider taking one of my classes. I've got the online one and then I've got the one in person in Atlanta November 1st through the 3rd, and then you'll be able to go to the practice groups and you'll get really, really good at being able to communicate with him. Can you try a couple of nights without your sleeping medication? What do you take? An Ambien or something like that?

0:31:18 - Marina

No, much stronger. Lorazepam and Zopidem.

0:31:22 - Julie

Okay, yeah, so that's what's going on. That's why you're not remembering it.

0:31:26 - Marina

You had it all figured out by yourself. So that's what's going on. That's why you're not remembering it. You had it all figured out by yourself. Funny that you said about feather, because we went on the beach today and we go there every day and today I found it feather, white feather. There you go, I think it is from our son.

0:31:39 - Julie

I think it's from your son too, because I have full body chills on that one girl, yep. So you know it's. So. Look for the feathers. Look for the feathers. That's him letting you know he's around you. I love that. That. You saw it today.

0:31:55 - Marina

What about butterflies? Yesterday I saw a huge butterfly. I never saw something like this in my. Can it be signed from him as well? Like this it's from your mother.

0:32:06 - Julie

It's from your mother, from my mother, from your mother. Wow, yeah, yeah, thank you, and they're together. They're together. Wow, yeah, no, okay, well, look for the feathers, let us know. Thanks, okay, well, look for the feathers, let us know. Thanks for calling and thanks for the update. I'm glad you're feeling better. Thank you, bye, marina, bye.

Oh, don't you love it when that stuff happens. You know, the spirit comes in with these random things like are I going to leave a feather? Feathers and butterflies are usually, you know, what we hear about and they really are. They're just random signs that they're going to give us. And then they make sense to us when we think about them. And sometimes they apply when things haven't even happened yet. But in this situation it's already happened and now she's going to be looking for feathers, she's going to see them all over because she's going to be looking for them and she's going to be able to notice them. So, and also the thing about her, you know, taking medication to sleep. Of course, she's not remembering her dreams. That makes total sense. So here you go. All is explainable. AskJulieryanshow.com or on the YouTube live stream at Ask Julie Ryan, put your first name and where you're located in the chat and your question, and we're pulling from both places. Chris, who's next? Hi?

0:33:33 - Francis

Frances, thank you so much for this opportunity. Oh my God, I have a lot of admiration for the beautiful dawn that you have. So thank you to exist, thank you to be lighting for the war, and please, oh you, sweet girl, please. My English is not so good, so I try the best, okay.

0:33:58 - Erica

Yeah, where are you? Where are you located?

0:34:01 - Francis

Okay, I am from Ecuador, in Quito, Ecuador, Ecuador. Yeah, where are you? Where are you located? Okay, I am from Ecuador, in Quito Ecuador, Ecuador.

0:34:06 - Julie

Great, you got a question for me.

0:34:09 - Francis

Yes, I have a big problem economy since 12 years ago because my son has diagnostic schizophrenia. So I am just taking care from him. I live to take care of him, but that's why I am not able to go out. I never go out, uh, alone, it's just with my son. So I stay a lot of time at home. So my question is if I have some block in my money economy, if there is a solution for that or not, because I don't know what to do. If no, I would like to ask my father once one person like you, can I talk with my father and he wanted to tell me some message for me.

0:35:12 - Julie

So which question, Francis, is your most important one? Because I limit it to one question so we can get as many people on as we can. So do you want us to talk to your dad, or do you want to do the economic thing?

0:35:25 - Francis

Economic, because it's very hard for me. No.

0:35:30 - Julie

Well, what I got when you were talking about it was find something to do from home, find something to do online like customer service. There's a lot of customer service jobs that you can do from home. I know the airlines, the hotels, lots of big companies have their customer service. People work from home, and that's the first thing that came in was something in customer service that you can do from home on your computer.

0:36:00 - Francis

Yeah, I am just very lost. I don't know what to do.

0:36:06 - Julie

Yeah, you got it. You got to take action. What I was talking about before with Susan is when we don't take action, we're just stuck and then we're in fear and then we get paralyzed because nothing's happening. But you got to take action. So go online, look at a bunch of different companies. Look at the airline companies, look at the travel industry, look at the hotel companies, look at other companies like that. That are the companies that have online customer service people, and usually you can choose your own hours that you want to work and you work from home and you work on your computer, and I think that's going to be a great place for you to start and, even if it's not something that you want to do as a career, it will lead you to something else. But you got to take a step. Take that step. Go online, start looking, just start with customer service. You may find something that's even more interesting to you, but that's a place to start.

0:37:09 - Francis

Yeah.

0:37:09 - Julie

So I hope that helps.

0:37:11 - Julie

Thank you for calling. Thanks for calling in. Okay, bye, bye, Frances. Okay, askJulierianshow.com or on the YouTube live stream at Ask Julie Ryan. Let's take another caller, Chris, and then I'll announce who our winner is for the Angels in Elatement training class. So we can do that. That's what I was talking about with Marina. You know, I do the live one in Atlanta and then there's an online one. Hi, Claudia, hi Hi.

0:37:42 - Claudia

Claudia. Hi Hi, Julie, how are you? My dear, I'm good, thanks. I called in a couple of weeks ago about Gisha. I just wanted to let you know she's doing really great.

0:37:53 - Julie

Great. Tell everybody who Gisha is.

0:37:55 - Claudia

Gisha is the dog that had a serious operation and got her spleen removed and lost a lot of blood and really made it through and is recovering super well right now. Yay.

0:38:06 - Julie

We worked on her Wonderful. I love the updates. Please tell everybody where you're located. I'm in Switzerland.

0:38:13 - Claudia

So it's early in the morning for me. I had a question actually for my mother right now, who's sleeping or has difficulties to get up to connect with you, because she has cancer on her face. She also has osteoporosis. Okay, she's very crooked and I was just wondering if you could maybe either scan her or help her a little bit.

0:38:35 - Julie

Yeah, what's her first name? Claudia Sabine. Sabine, she's also in Switzerland. Okay, is she there with you or is she in a different home?

0:38:46 - Claudia

No, she's in a different home. She lives down the road from me, not too far away.

0:38:49 - Julie

Okay, all right, so I'm going to connect to you and then from you to your mom. Here we go. Here comes my laser beam from Sweet Home, Alabama, got you Go into your mom. Okay, sabine, I'm talking to Claudia. May I have your permission to scan you energetically? She said yes, by all means, is what I heard? Yes, so I think you probably.

Probably. Yes, I did you set that up. Good job on that, all right, yeah, so the cancer on her face looks like basal cell cancer. Is that what the doctors are saying? I'm seeing some of it on, eyes on. Yeah, it look yeah it's running.

0:39:29 - Claudia

She's had it cut out a few times already, quite a few times already.

0:39:32 - Julie

She goes regular there, yeah it doesn't look like melanoma to me, which is the really deadly kind. It looks like basal cell. So cutting it away? Actually, it's not being cut, it's being sanded, like with sandpaper, it's just being sanded down to the layer below it.

All right, got that. And osteoporosis, taking I spirit working through me and with me to help facilitate healing. When I say I, you know it's always spirit working through me. So, pulling her skeleton out of the top of her head. She does have osteoporosis. Osteoporosis Claudia looks like holes in the bone, think of sea coral, the kind with the holes in it, and then osteopenia looks like a divot in the both. That's how I can tell the difference. So, pulled her skeleton out of her body, dipping her into a big vat of stem cell energy. Light, amber colored gel sparkles Cause woo, woo, you gotta have sparkles. And it reminds me of this hair gel dippity doo. That was a thing in the 60s and 70s when I was a kid. Yeah, look it up if you don't know what I'm talking about.

0:40:48 - Claudia

Yeah, I know what you're talking about. You know what I'm talking about.

0:40:50 - Julie

They still sell it on Amazon, which I think is hilarious, and it probably has a shelf life of a million years, although I looked at the ingredients and there's really nothing toxic in there. So what the heck?

0:41:04 - Claudia

That's nice to hear right. I know Especially these days, I know it.

0:41:08 - Julie

So her skeleton's back in her body, Claudia. There's a vortex spinning above her head, beneath her feet, on either side front and behind, all spinning concurrently, and that's going to regenerate the bone in her body. Bone broth will be really helpful. Yep for her if she can do bone broth. The other thing is does she get any sunshine? Does she? Is she able to walk in the sun or sit in the sun or something like that?

0:41:38 - Claudia

she walks out during the day, we are like, if she's going out a bit, yeah, she does get some sun, yeah, and she tries to protect her skin too, with the cancer on her face, right?

0:41:48 - Julie

know. But what they're finding is that we know sun because of the sunscreens is not good either, because vitamin d is what makes the calcium and you gotta to have sunlight so you know she can cover her face. But have her get some sunshine on her arms and her legs, especially before it gets cold.

And not all day, but like for 20 minutes or 30 minutes in the morning when the sun's not super strong. But the incidence of melanoma has skyrocketed since the advent of sunscreen. If you do an internet search on that, you would. Most people don't know that, but it's much worse. It is because we've all been taught to be afraid of the sun and the sun's good for us, so I hope that helps. Yeah, also, I'm so glad about your puppy. I love it. That's wonderful.

0:42:48 - Claudia

Yeah it's really great news there. Thanks a lot for that. That was really great.

0:42:52 - Julie

Thanks for the update. Thanks a lot for your help, then, and thanks for staying up late to talk to us.

0:42:57 - Claudia

Oh, no problem. Thank you for your great advice you bet and your great show.

0:43:02 - Julie

So it's already Friday over there. It's already Friday in Switzerland, so I love these side podcasts.

0:43:07 - Claudia

Friday in the morning.

0:43:08 - Julie

Okay, let's see who the winner is of the Angels and Enlightenment training.

Here we go, the winner. Her name is Kim Dorney. Kim Dorney, 7714. Thank you again for another wonderful show. I look forward to your beautiful smile every week. Oh, how sweet is that.

I love to hear you talk about the death process and that we are never truly alone when we pass. I was a hospice RN and I was comforted by my patients talking about the angels, deceased family and pets and even Jesus that were at their bedsides. You bring comfort to families and the person going through the dying process, telling everyone that they go to heaven, which is true, everybody goes to heaven, and a memory she goes on to say, a memory that has stuck with me throughout life, was my grandmother, and she was terrified of going to hell and was so afraid to die because she thought she had sinned during her life and her sins were unforgivable. Thanks to you and your book, the dying process is peaceful and comforting to the patient and the family. God bless you, sweet lady Kimmy from Wyoming. So, Kimmy from Wyoming, when you're listening, go to AskJulieRyan.com and you'll see. On the homepage it says ask Julie a question. Just put a note in there and say hey, I'm Kimmy from Wyoming and I won the free class, and we will get that information to you so we can get you your prize.

If you want to be involved in these drawings, I do one for a free session on the first Thursday of the month. All you need to do is just leave a review, anywhere you listen to the show or watch the show. You can also leave a review on Amazon for any one of my books, because we take I think this one came off of Amazon actually, and well, maybe not, I don't remember, but we take them off of Amazon as well. We'll choose one every month for our free session. Just leave a review if you want to have the opportunity to win a free class, angels Enlightenment Training that's my online class. You know, my Angelic Attendant Training class is the one we're doing live in person in Atlanta in November 1st through 3rd, and if you want to be entered into the drawing, for that you've got to subscribe on YouTube and leave a review. So just, these are easy, you guys, and they're worth a lot of money. So free things that we give away every month. Just enter yourself into the drawing.

Okay, let's see who's next. Congrats, Kim.. Okay, Melanie. Hi, Melanie, need guidance for serious menopause issues with depression, irritability and eating too much. What can I take to improve these symptoms? Okay, Melanie, please put in the chat where you're located and so I can let everybody know. All right, here comes my laser beam from Sweet Home, Alabama. I'm hooking into you. Here we go, got you. Yeah, when I see a woman that's in need of hormones, she looks like a wilting plant that needs to be watered, and so I'm shooting energetic estrogen into you and that's gonna help you feel better.

These are all common symptoms to perimenopause and even menopause. Menopause is when we haven't had a period for at least a year, and perimenopause can last like 20 years or more. I mean, it can go on for a long time, and these symptoms are just a few of them. The late Suzanne Somers was so funny. She used to crack me up and she wrote a bunch of books on women's health and she said when we're in perimenopause, it's like the seven dwarfs of menopause sleepy, itchy, cranky, grumpy, whatever. I always thought that was really cute, but memorable.

Okay, bioidentical hormones is what you want to look into. Call a compounding pharmacy in your area, Melanie. That's a pharmacy that's going to make medications specifically for you and ask them who's prescribing bioidentical hormones through them. Then ask them if any gynecologists are any of the doctors that are prescribing bioidentical hormones through them. Then ask them if any gynecologists are any of the doctors that are prescribing through them. Here's why I like gynecologists for this. They're experts on girly parts. They know female anatomy better than anybody. When you have a consult with them, it'll be covered under your insurance, as will your blood tests and your urine tests and things like that. And then, lastly, if they want to do an ultrasound, they have that equipment right there in their office.

For those of you that don't know, bioidentical hormones are the exact molecular composition that our bodies make when we're young and fertile and popping out babies. As we age, our hormone levels diminish and mother Nature says, ah, she's not propagating those species anymore, so we don't really need her. And that's when degenerative things start to set in. So we want to fool Mother Nature and make her think that we're still fertile when we're old enough to not be fertile. But they're not going to know if we're replacing the hormones. Be fertile, but they're not going to know if we're replacing the hormones. Synthetic hormones are made from pregnant horse mare urine Not a fan, unless hay is your favorite food. And also they have extra molecules added to their formulas so they can be patented, and those are the ones that you hear the problems about. So, bioidentical hormones One other thing if for some reason you don't want to do the prescription bioidentical hormones, which is my first choice then there's a company called Amata A-M-A-T-A.

Go to amatacom and my dear friend Dr Christiane Northrup MD, who is the fairy godmother of women's health. She has a line of products that are sold over the counter and they use herbs and there's a product called Prairie Murifica that she formulates her products out of and it's been used in Thailand, I believe, for over 700 years for menopausal symptoms. So that'll help. The other thing, one last thing too, melanie, is studies are showing that women that start on bioidentical hormones perfectly in their 40s or 50s are 40% less likely to have dementia and Alzheimer's. That's a big number, 40% less. So that alone, I think, is a reason to look into them and either use the prescription ones or get Dr Northrup's product over the counter. So I hope that helps, hope you feel better. You're going to feel better like in 24 hours when you get some hormones going, it really works great. Okay, see you next. Hi Whitney, where are you located? Oklahoma? Oh good, all right. Well, welcome. You got a question for me.

0:50:31 - Whitney

Yes, so I have had quite a few miscarriages and as well as a full-term loss. So I was wondering yeah, I was wondering if you had any insight on any of that.

0:50:45 - Julie

Yeah, and everything's checking out okay with the doctors when you go get checked. Okay, all right, first of all, there's a woman named Saskia Rowell, s-a-s-k-i-a. Her website is [getpregnantnow.com](http://getpregnantnow.com). [Getpregnantnow.com](http://getpregnantnow.com). And we released a show with her, I want to say, in the last couple of months. So if you look back through my shows, it's worth listening to this woman's amazing Whitney, because she has a 95% success rate in helping women get pregnant and become moms. I mean, I always send people to Saskia because she's really that good and she doesn't give you any drugs. You know, none of that stuff. It's all that. A lot of the time there's a block there, like an energy block, yeah, and so how could there not be? You've had a bunch of miscarriages, right. You've had a baby that you know you conceived, that didn't make it, and how could you not be scared? So she helps you get over that stuff. Number one. Number two can I may I get you on my radar? Just check out your girly parts.

0:52:05 - Whitney

Yes, please

0:52:06 - Julie

Make sure everything's looking good. Okay, here we go. Here comes my lady from Sweet Home, Alabama Hen to you in Oklahoma. All right, got you Shooting energy. I'm looking at you from behind. There's a hologram of you in my mind's eye. All right, you from behind. There's a hologram of you in my mind's eye. All right, I'm rotor-rootering your fallopian tubes, especially the one on the left. Imagine that there's a little corkscrew that's going through it and just any kind of little debris or you know, dead cells or junk like that. It's getting removed out of there. The one on the right looks good.

Okay, let me look at your ovaries, the one on the left. I see several viable eggs in there. Looks like you're going to ovulate from the left side. Next, because imagine that when an ovary is getting ready to ovulate, where the egg is going to pop out, it looks like one of those swollen big red zits. Did you ever have one as a kid? Didn't have a head on it, but it was like an underground zit. That's what it looks like. I've been in surgery with them. Obviously, that's what it looks like. So it looks like you're going to ovulate on the left side. All right, let me see the right side. Yeah, you got eggs.

I'm going to put a little stem cell energy in there in both ovaries just to well, just to regenerate a few more eggs for you. I mean, what the heck Got you on my radar mind's? Well, I know, right, and it's all the same DNA. It's all your DNA. So that's good. Okay, got that.

They're these little like finger things that are at the end of the fallopian tubes that grab the egg when it ovulates. I think they're called villiae or villi or something like that. So stem cell allergies get put on those, Whitney, and that's just gonna elongate them because as we age they get shorter. But we want those little fingers to be able to grab that egg and pull it into the fallopian tube. It reminds me of have you seen seaweed or seagrass? You'll see it in a movie maybe on the bottom of the ocean and it just kind of sways in the water. That's what they remind me of. So I've got that going All right. So I'm watching those. Both fallopian tubes are slick. It's like going down a slide that's just been fixed with wax paper. When I was a kid, we used to use wax paper on the metal slides to make them slicker, and so there's just and not as hot.

Not as hot. Well, yeah, you had to be careful with that. All right, so got that. And then, looking at your uterus, got that going. Your lining looks a little thin in your uterus and that may just be part of your cycle. So where are you in your cycle? Are you like, did you just have a period?

0:55:09 - Whitney

Um, I think I just ovulated yesterday.

0:55:13 - Julie

Okay.

0:55:13 - Whitney

So I got my LH peak on Tuesday.

0:55:17 - Julie

Okay, all right, so I'm watching stem cell energy get injected into the uterine lining just to puff it up some, just so you have stronger you know fluffier lining that that egg can implant in there. Okay, you have three baby's spirits over your right shoulder and baby's energies attached to the mom's energy field before they're conceived, and they look like little orbs. Now they're not multiple bursts, but they're lined up one behind the other, kind of like. It always reminds me of planes coming in to land in an airport, you know, with their landing lights on. You can see them

stacked out in the distance waiting for permission to land. So that's what that looks like I get. You're going to be a mom, I think, with more than one baby. Thank you, yeah, yeah, yeah, yeah, I think I think you're. I think you're going to have two, maybe three.

0:56:14 - Whitney

Good, yeah, I feel that.

0:56:16 - Julie

Yeah, I think you will. I just hope I'm done with the losses. That's a lot. I'm so sorry, but you know what? Those baby spirits are all around you and they will be for forever. So you can talk to them. Her head's a satellite dish.

0:56:32 - Whitney

And I've learned a lot.

0:56:33 - Julie

Think of them. I bet have you read my book Angelic Attendance?

0:56:37 - Whitney

No, okay, no, I just found you last week or earlier this week, so I'm going to be reading that.

0:56:44 - Julie

Julie Ryan Gift. I'm trying to figure out how to put it in the camera so that we can see it. Okay, camera challenge here. Angelic Attendance, there we go. Okay, camera challenge here. Angelic attendance, there we go. What really happens. Chris just helped me so that we could put it in. Yeah, Julieryangift.com, and then that'll help you, I really believe, with your grieving and knowing that they're around you and they can talk to you anytime and you can talk to them anytime, and they're just pure love. So, yeah, getpregnantnow.com, do a consult with Saskia and tell her I'm sending her my love.

0:57:25 - Whitney

Okay, thank you so much, I really appreciate it, keep us posted.

0:57:29 - Julie

I will Okay. Thanks, Whitney, appreciate it, Chris. Do we have time for one more question? Yep, Deborah, hi, Deborah Hi, how you doing girl, I'm okay, wonderful.

0:57:44 - Debra

Where are you? So I'm in Wisconsin. Okay, you look like you're in a nail salon. I am. I'm a nail tech.

0:57:52 - Julie

I see all the polishes behind you. I got mine done this morning. Mine were done this morning, yeah, so well, wonderful Welcome. You got a question for me.

0:58:05 - Debra

Yes, my mom is ill. She has vascular dementia and was just recently hospitalized for 10 days. Oh boy dementia and was just recently hospitalized for 10 days. Oh boy, and they literally thought we were going to lose her. Tuesday and Wednesday she did better. We just moved her back to hospice today, or into hospice today at her assisted living place, and I'm just wondering where she is in her. Is she transitioning? Is she where is she in transition, or what phase is she in?



0:58:38 - Julie  
Okay, what's her first name? Debra.

0:58:39 - Debra  
Gail.

0:58:40 - Julie  
Gail. All right, I'm going to hook in to you and then I'm going to see. We'll then go from you to your mama. So here we go. Here comes my laser beam from Sweet Home, Alabama, up to you in Wisconsin. By the way, the Crimson Tide, the Alabama University of Alabama, is playing Wisconsin at Wisconsin this year. Oh yeah, so my girlfriend's going, she and her husband. Okay, that's how I know about it. Okay, got you going to your mom.

She's in phase two, so she's not very far into it. So, phase two the angels are just about ready to come in very early. They can come in and out of the phases too. Just because they're in a phase doesn't mean that they're going to exit stage left anytime soon. They can move up and back and when they're early, especially coming out of the hospital, like that, you know a lot of the time they can be in the early stages and then go back and come out of them. So, gail, are you ready to go? She says yes, more than ready. Are you in pain? She's saying no, she's not in pain. She says no, not at all. Yeah, does she tell you that? Does she tell you she's not in pain?

1:00:00 - Debra  
Yeah, she said. We ask her all the time if she's in pain. She says no.

1:00:03 - Julie  
Yeah, she told me not at all. That's a big statement. Yeah, what do you need Rice Krispie bars? Oh, does she like Rice Krispie?

1:00:13 - Debra  
bars. She loves everything sweet Okay.

1:00:17 - Julie  
Yeah, so what the heck? Take her Rice Krispie bars If she can chew them. You know, I don't know, right, yeah, you might be able to find like little pieces of them in a little pack or something, and of course you're not going to give them to her if it's going to be a choking hazard. But that's what she'd like. She'd like Rice.

1:00:42 - Marina  
Krispie bars have you read?

1:00:43 - Debra  
Angelic Attendance, yet my book I absolutely have Yep, good Yep, I have. Yeah, yes, yes, I was referred to by my friend Dana, who you have also done readings on, so yeah, Dana says hi, hi, dana, there she is.

1:01:06 - Julie  
Hi, Dana, yeah, all of a sudden, you guys that are listening on the radio, we just saw this forearm with a hand waving at the side. It was hilarious. Waving at the side, it was hilarious, dana. So it's Dana. Oh, you two are bad news together. Oh my God, watch out, watch out. Wherever you are together, I can tell. I hope you have fun. Oh, bad news in a good way. Yeah, yeah, yeah, yeah. So you know this.

Debra, you just asked what phase of transition is my mom in? You're going to hear a number right as soon as it. You know, as fast as you can snap your fingers, if you can download that

graphic on AskJulieRyan.com on the 12 phases page, that's going to save it as a photograph on your phone. Okay, and then ask what face is my mom in, and then you'll hear a number and then you can refer to the chart that's going to give you a lot of information. When she gets to like 7, 8, 9, 9 especially, then you're going to want to get the family in there. Okay To you know, be with her. Yes, and you can do that from anywhere, right, you can ask what faces my mom in from anywhere, right? So I hope that helps you absolutely yes, thank you, thank you.

And you are more than welcome. Bye, Dana.

1:02:25 - Erica  
Bye.

1:02:29 - Julie  
Oh funny, all righty, everybody. That's it for this week and remember, no live show. Next week I'm going to be flying to Ireland, so I'll hopefully have great stories for you of spirits. I read into in the castle maybe, and if you're going to the Helping Parents Heal Conference, come to my talk and I got a big hug for you. So everybody sending you lots of love from Sweet Home Alabama. We'll see you in a couple of weeks.

1:02:59 - Ann-cr  
Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook.

1:03:05 - Disclaimer  
At Ask Julie Ryan To schedule an appointment or submit a question please visit AskJulieRyan.com distributing it Assume no responsibility for listeners' actions based on any information heard on this or any Ask Julie Ryan shows or podcasts.