

## AJR Show - Aug 15th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We've got Chris who's running the show. He's in the main headquarters tonight and we've got Rachel on the YouTube live stream, so got my peeps with me tonight. They're both fabulous, as is everybody that works with us at Ask Julie Ryan. A couple of housekeeping notes for those of you that are calling in If you want to have a conversation with me, just go to [AskJulieRyanShow.com](http://AskJulieRyanShow.com). That will get you right in. And please stay in front of your computer, stay in the middle of your screen, because you'll be on camera. And for those of you that are joining us on the YouTube live live stream I guess is what we call it you can submit a question in the chat. Please just put your first name and where you're calling from and then what your question is. We limit it to one question per person just so we can get as many people on as we can in our hour together. So Chris, who's first? Looks like we got a question from our YouTube live stream and again we're at Ask Julie Ryan on the YouTube.

Hello, Sandy from Vegas. Hi, Sandy from Vegas, will you ask my grandson Micah how I can better help him navigate this world? He's got Asperger's yes, all right. So how this works is I'm going to connect from you, Sandy, to your grandson Micah. I've already got him. So we're communicating telepathically and I've watched a laser beam come from my body here in Birmingham, Alabama, it's hooked into you in Vegas and then it's gone from you to your grandbaby. So, Micah, how can your Grammy help you? How can your grandmother help you?

What I'm hearing from his spirit, Sandy, is to compliment him and help him focus on things that he's really interested in. So he needs to have wins. You know they're going to ask him to sit in a classroom and study this stuff in school and he's probably going to be bored out of his mind. Most Asperger's kids are really, really smart. So if he's interested in rockets or bunnies or rainbows or whatever, help him learn more about those items and help him develop those skill sets in finding and researching about those items. The one thing that I've heard from experts throughout the years, both on the show and also in articles that I've read many of them over the years, because I have a lot of clients who have a child on the spectrum, either a child or a grandchild. So I try and stay up on the latest research on it. But it's give them a win, give them something that they're really interested in doing and foster that love, and then it may change. He may be interested in bridges for three months and then he goes to cars and then he goes to horses, just it's whatever the flavor is that he's interested in at the moment. So I hope that helps.

Thanks, Sandy All righty, let's see who's next. [AskJulieryanshow.com](http://AskJulieryanshow.com). And also we're on the YouTube live stream at Ask Julie Ryan.

Hi, molly Molly.

Please tell everybody where you're located.

0:04:21 - Molly

I'm in Northern Virginia, right outside Washington DC.

0:04:24 - Julie

Okay, terrific, you got a question for me.

0:04:27 - Molly

I do so. I've talked to you a couple times about this and I also called into a July show about this. As you know, and just a reminder or just to let everyone else know, I had a really bad experience last year where I was living in this apartment that ended up having a terrible mold and infestation and I got extremely sick while living there and the property manager wouldn't fix it. They refused to let me out of the lease. It was just a really terrible, traumatic experience and I'm looking for new apartments now after staying with friends and family for quite a long time. And last time I called into your show, which was in July, you told me to look in Arlington. No-transcript obviously has a bedroom, one bedroom.

0:05:34 - Julie

I'm getting from Spirit. I'm getting go after the one bedroom. I'm also getting that. Yes, you're going to love it there. And you guys, Molly was really, really sick when we met, so congratulations on you restoring your health. Number one and number two you've been couch surfing with friends and family for a long time, so I'm thrilled that you're going to get your own place and be able to resume your life. And, yes, I think you're going to love it there and I think you're going to thrive and I think the apartment's going to be just great. The one bedroom is what I'm getting.

0:06:11 - Molly

Okay, awesome Thank you so much, Julie. Finding a happy apartment is so important to me as my next step, so I really appreciate that reassurance. Thank you, you bet Thanks for calling in.

0:06:25 - Julie

Always a treat to see your cute face. Of course I'll see you soon. Okay, bye, maul. AskJulieryansho.com. We're on the YouTube live stream at Ask Julie Ryan. If you're going to submit a question on the live stream, just remember to please put your first name in and where you're located and then ask your question, and we're gonna be taking questions from both. So let's see who the lucky next person is.

All right, Elizabeth. Hi, Elizabeth from Arizona. I have cancer on my face and some abdominal issues. Can you help? Yeah, absolutely Okay.

So what I'm gonna do is I'm gonna get you on my radar, and how that works for those of you that are first time listeners is I raise my vibrational level to the level of spirit I'm going to watch. A laser beam come from my body here in Birmingham, Alabama. It's going to hook into Elizabeth in Arizona. I'll have a hologram of her in my mind's eye and it's going to be as if I'm looking at an x-ray or a CT scan or an MRI. Something will be identified along those lines. I'm going to go right to her face and we'll see what's going on. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading out to you in Arizona, the other A state. All right, got you shooting energy from your feet up through the top of your head. I got the hologram of you in my mind's eye. Okay, I can see where the cancer is on your face. Looks like basal cell to me, so I'm watching it get removed, I'm watching it get scooped out, it gets encapsulated and then I watch it get removed. And then there's stem cell energy. That's going

in Elizabeth and it's place where that divot is, where the cancer was removed. And then stem cell energy looks like a light amber color gel. Has sparkles in it. Reminds me of Dippity Doo hair gel from the sixties and seventies. You don't know what that is. Look it up. They still sell it on Amazon. It's hilarious. And so there's that. There's a vortex spinning above your face and above your head, basically, and that's transforming this stem cell energy into new skin.

These healings, when I describe them, first of all the person with whom I'm working whether you're submitting a question on the YouTube live stream or you're calling in when we're doing a healing I want you to envision what I'm describing, because it's going to help integrate the healing into your body, because the body is going to always follow what the brain is telling it, even if the brain doesn't believe it should be true, can always follow what the brain's telling it, even if the brain doesn't believe it should be true. For those of you that are listening, I want you guys to envision what I'm talking about as well, because then we're all seeing the healing happening in our mind's eye and we're sending that energy healing to the person who's asking the question. It's kind of like the power of prayer asking the question. It's kind of like the power of prayer. By the way, there's lots of research. I interviewed a gal recently who has her name's, Lynn McTaggart will release in the next couple of weeks. You guys are going to want to watch that show because she's done research and she calls it the power of eight and she has groups of eight people focus on a certain intention. It's miraculous the stuff that happens because that energy goes to the person that's asking for help.

So, Elizabeth, I hope you feel better. I hope that helps with your face. As far as your gut goes, you got leaky gut. So Dr Maria Amasanti A-M-A-S-A-N-T-I.com, d-r Amasanti.com she can help you fix your gut and that's going to help you keep your immune system healthy. So I hope you feel better. Thanks for your question. Let's see who's next.

0:10:20 - Pam

Hi Pam, hi there, how are you Great? How are you? I'm doing good. We're going to talk in a couple of weeks Terrific.

0:10:28 - Julie

I'll get you for a whole hour.

0:10:30 - Pam

Tell everybody where you are, please. I'm from northeast of Fort Worth, Texas.

0:10:36 - Julie

Okay great what you got for me.

0:10:40 - Pam

Well, tomorrow I am having a diagnostic mammogram and a couple of years ago I am having a diagnostic mammogram and a couple of years ago at least two other past mammograms I've had to go back for diagnostic and they've not found anything. But the last time I had it done, when I had to go back, they said I had some weird tissue where it was like breast tissue inside of breast tissue and it was hard to really get a good look. But they never, they let me go and they said every, you know, just come back again. You know, get tested again. So I just was wondering if you could scan me and see if you see anything. I don't remember what side, it is Okay.

0:11:16 - Julie

All right, when we're chit-chatting, I'm getting information downloaded into my head. I call those divine downloads, pam. And so I was getting to go to your left breast first. So here we go. Here comes my laser beam from Sweet Home, Alabama, to Fort Worth, and got you shooting energy from your feet up through the top of your head. I'm looking at you from behind

the hologram that's in my mind's eye, gone over to the left side of the left breast. I'll check both of your girls so we'll make sure to see what's going on there.

And do you wear an underwire bra by any chance? Yes, yeah, I see a lump on the left side of your left breast, kind of where that wire comes up under your arm. Well, under the arm, okay, under the arm. And then I see little tiny. They look like little blisters. Have you ever gotten a sunburn where you get a bunch of little teeny blisters? Yeah, when I was a kid I got that, and then I just used my fingernail and pop all of them in a row. That's what it looks like underneath your breasts too. This is from your underwire bra. Okay, it's not malignant. It does not look malignant to me. Okay, so I am. What I'm watching is encapsulated removed. I always watch any kind of mass get encapsulated, even if it's benign, because we don't want those cells spreading Right. So encapsulated removed leaves a divot in the breast tissue. We don't want you having dimply breasts, for God's sakes.

So stem cell energy going in there, light amber color gel sparkles, dippity-doo hair gel and you're probably not old enough to remember dippity-doo oh, I do, I sure do, I do, okay. And then vortex spinning in front of your breast that's regenerating it, getting all these little beginnings of things underneath the wire. Let's go over to the right breast. Same thing on the right breast. The same thing. The one on the left is bigger than the one on the right, so, removing it, they're pink.

When I see malignancy, they look brown or black and they can look kind of lumpy. Picture a head of cauliflower. You know how it's not even you know you got broccoli stalks, but cauliflower is just kind of all one big cauliflower mass, but it's lumpy. That's what cancer looks like to me. I'm not seeing any of that. Okay, what I recommend is do some bra shopping I would go online, I have been, yeah and find some better technology. It's out there, the technology exists. Even wear a sports bra. It's going to be better than wearing the underwire thing. If you have to wear the underwire bra for, like, a fancy dress or occasion or something, do that, but for every day, find something that'll give you the support you want and not have the underwire. I see this a lot, Okay, and they always, they always just makes the radiologist nuts and they always have to go back for more tests and stuff like that, and I would say 99% of the time it's benign.

It's just from the underwire bra.

0:14:37 - Pam

Okay, well, I appreciate it. Thank you, you are so welcome. Let us know how it goes. Okay, I will Thanks again.

0:14:44 - Julie

Alrighty, thanks, pam. AskJulieryanshow.com. Ask Julie Ryan on the YouTube live stream. Come join us If you want to ask a question. If you're on the live stream, remember put your first name and where you're located and then your question in the chat and Rachel will help. Remember to subscribe.

We're on all the podcast networks we're on YouTube. You know we have Ask Julie Ryan Espanol and Portuguese is next. We're going to try and get Ask Julie Ryan Portuguese up in the next month and then we've got several other languages that are going to come after that. So trying to help people learn all this stuff and communicate with spirit. Okay, let's see who's next.

All right, bev, hi Julie. You're Bev, from Melbourne, Australia, hoping you're able to scan my 18-year-old daughter and she has anxiety. It's been really tough for a long time. I'd love to know if there's some key reason we can attend to. Thanks, okay, here we go, what we're going to do. I

think it's B actually, not Bev. B Hi B. Sorry, I'm reading out one of my glasses on, so I look like Bev at first. Here we go. Here comes my laser beam from Sweet Home, Alabama, heading down under. I watch my laser beam go on the curve of the earth. You know it goes underneath the globe. You guys remember the old fashioned globes. I still have my globe in our playroom and it was Jonathan's actually our son's and so got that going in. Okay, got you B? B. I'm going to your daughter asking her permission if I can scan her. She said absolutely not. All right, I always ask permission If somebody wants me to scan somebody else. If they say no, then I won't do it. It's an ethical thing with me, but we can talk to her spirit bee. So what's causing all of your anxiety that you're dealing with right now? I'm getting its remnants of the lockdown before with the pandemic, but I'm also getting that her diet is less than optimal. So try and get her to avoid sugar and processed anything. Try and have her stay low on the food chain. If God made it, eat it. If man made it in a factory, do our best to avoid it.

There's a guy named Chris Palmer who's head of psychiatry at Harvard University and he treats the sickest of the sick, of the mentally ill, and he shows that when his patients go on a ketogenic diet, that not only can they get off all their meds the ones who have been sidelined for decades in some instances and on disability, they come off disability and they return to work and normal life. And he says it doesn't just eradicate the symptoms, it really heals their brains. And he also does that with anybody that's got depression. Anxiety is on the spectrum. I mean that diet is just amazing If you can stay low on the food chain. You know meat, veggies, fruit, that kind of thing, eggs, veggies, all that, and that's going to help her a lot. So, Chris Palmer, md, Harvard. You can find his stuff online and lots of information out there of how effective this is. So B, I hope that works. [Chrispalmermd.com](http://Chrispalmermd.com) is his website. Alrighty, hope that helps.

Okay, let's see who's next. Sue, hi, sue, sue from Chicago. Hi, Sue from Chicago. Can you tell me my spirit guide's name? I got Alfred, before I even heard myself say the whole question for you, sue. So I get Alfred.

So you know you want to connect with Alfred. You just think of him and remember spirits don't have a gender, but they don't care if we think of them with a gender, just because it's easier for us from a human perspective and our heads are big satellite dishes. They receive and transmit frequencies. Every spirit has a frequency they keep throughout all their lifetimes. So in order to get in touch with them, you just think of them and that tunes our satellite dish head to their frequency and it's like it opens a two-way radio communication and you just say something. You either ask a question or make a statement and they're going to answer you. How you know that it's coming from a spirit is it's that first thing that comes into your head Boom, fast as you can snap your fingers, and if you think about it for more than a couple of seconds, that's going to be your brain talking to you.

So, and a lot of times when we first start doing this, we don't trust what we get. But the more you do it, the easier it becomes. It's kind of like a muscle. The more you do it, the easier it becomes. It's kind of like a muscle. The more you do it you'll get information. The more validation you get, the more you trust it. And then it's just second nature. Everybody has the ability to do this. Everybody's doing it. We're just not paying attention and we're discounting what we get in our heads. So hope that helps With. Alfred Sounds like Batman's butler to me, but I don't think that's who it was. Okay, I'm cracking myself up here [AskJulieRyanShow.com](http://AskJulieRyanShow.com). Ask Julie Ryan on the live stream on YouTube. Let's see who Chris has. Next there's Nancy. Hi, Nancy.

0:20:35 - Nancy  
Hello, can you hear me?

Julie

Yes, ma'am, how are you?

Nancy

I am well and so grateful to be here. I'm from Ontario, Canada.

0:20:43 - Julie

Wonderful.

0:20:45 - Nancy

Welcome, thank you. Thank you. I have an older sister. There's only two of us. She's 72. I'm 67. I've never gotten along with her. I have feelings from a past. My question is can we carry feelings from a past life? I have been told that she was my husband and abused me and my children, and as soon as I heard this, this really resonated. But I also know I'm here to get my shit together this time around.

0:21:21 - Angie

Yeah.

0:21:22 - Julie

Yeah, that's a great question, Nancy. And yes, the answer is yes, we do. We can bring in feelings and things from past lives. Everybody that you know in this lifetime has been a soulmate in past lives, perhaps many past lives. Everybody that you know in this lifetime has been a soulmate in past lives, perhaps many past lives. It's not that we feel badly towards somebody because of something that happened in a past life. Rather, what we're doing is we're exploring a similar script different perspective, different time, different place, different gender, different set of circumstances, but same basic script, in that you're feeling abused, you're feeling like you don't want this person in your life. You're feeling like you know, I don't know what's up, but I just know I don't want to be around her. And I believe why that's in your path right now is for you to learn to be able to set boundaries. And just because somebody is a blood relative doesn't mean they have to be in your life. If they're snarky to you, that's not okay, and it's okay to set boundaries Send her love, say I hope you have a great life and move on. So I believe that's the big thing that you're exploring in this lifetime, and I like to use the analogy of Hamlet a lot when we talk about past lives.

If you think about it, how many times has Hamlet been performed since Shakespeare wrote it in 1602? Who knows right, probably billions. But you think about it, it's the same script. But then we go into what are the variables? When was it performed? Where was it performed? By whom? What language? What was happening in the world at the time? Who were the actors? Who was the director? Who was the costumer? Was it inside, was it outside? All those different perspectives.

Tumor Was it inside, was it outside? All those different perspectives same script. So that's what I'll see with past lives. There'll be a semblance of a script that will repeat in our lifetimes, subsequent lifetimes, many scripts you know, with like lots of subscripts, and then we can create out of that. It's like, okay, you started in kindergarten and then you went to first grade, through 12th grade. Well, when you're in sixth grade, you don't need to go repeat kindergarten because you already got the stuff that you learned in kindergarten and you're building on it. You're creating through that. That's the same thing, in my opinion, as how past lives work, does that?

0:23:55 - Nancy

help. Yes, boundaries. Yes, it does make sense. Thank you so much, okay.

0:24:02 - Julie

Yeah, and it's not just with her. I think it's. What I'm getting from Spirit is that it's boundaries in many areas of your life, perhaps professionally, family-wise, friend-wise and in other areas. So it's just an opportunity to create the life that you want when you know what you don't want Exactly.

0:24:25 - Nancy

Thank you so much. Thanks for calling.

0:24:28 - Julie

Take care. Bye Nance. AskJulieriyanshow.com. Ask Julie Ryan on the YouTube live stream. If you're going to put something in the chat, just put your first name and where you're located and Rachel will help us with that. She's the YouTube queen tonight.

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On my Ask Julie Ryan Live the fourth Tuesday of the month I believe it's 28th this month and I give away a bunch of free stuff there too. So join us on that. AskJulieriyan.com forward slash live and that's a blast. We do that every fourth Tuesday of the month.

Okay, let's get another question up. Hi Angie,

Angie

hello, how are you?

Julie

What a beautiful top you have on.

0:26:24 - Angie

Oh, thank you.

Julie

Where are you, my girl?

Angie

I am in Sun City, Arizona, okay, but I'm originally a Georgia girl.

Julie

Oh, hello darling.

0:26:33 - Julie

Yeah, college football is starting down here real soon, all over the country. You know, the Southerners just think college football only happens in the South. It's hilarious. I am a graduate

of the Ohio State University and they're always in the top two or three to one, two or three and it's a big deal. A lot of other places in the country. It's hilarious.

0:27:01 - Angie

So anyways, I'm well aware I digress. Are you a UGA fan? I am a UGA fan. Good, good, I have son and daughter-in-law that graduated from UGA.

0:27:14 - Julie

Wonderful, Beautiful campus. By the way, I read an article about that. One of the sorority houses is haunted there at UGA and I thought oh I need to go help them. I don't know about that?

0:27:27 - Angie

Yeah, you do.

0:27:29 - Julie

I do. I need to go help them. So, anyways, I'm a big Bama fan, plus Ohio State. All right, enough, did you?

0:27:36 - Angie

have a question for me. I do have a question, and it's about my daughter. Yeah, what's her name? Her name is Nicole Okay, and she lives here in Arizona as well. She's lost hearing in her right ear Not long and the doctor says it may or may not come back.

0:27:59 - Anne

Oh boy.

0:28:00 - Angie

And so it's kind of strange. I don't know that he's really pinned with exactly the cause, but I was just wondering if you could scan her. And she did give her permission, good girl setting that up.

0:28:19 - Julie

All right, I'm going to hook into you and then I'll hook into Nicole. Here we go, I'm getting it's viral. But while you were telling me about it, it might to. My download is this is a viral thing, that's happened with her. So here we go, comes my laser beam from Sweet Home, Alabama, and it's hooking into you in Arizona. All right, got you going to Nicole. Nicole, I'm talking to Angie, I know it's fine. Here's what she's saying Okay, look into her ear.

Yeah, the eardrum usually looks pink to me and hers looks gray and hers looks gray. So let's what I'm watching. Is you know the, the plastic cover that comes on the face of your cell phone, that you peel off when you get a new cell phone? There's yeah, that's that's like a coating that's on her eardrum and it's almost like it's her eardrum and it's almost like it's suffocating the eardrum. I know that doesn't make sense from a medical standpoint, but that's the vision that I'm getting in my mind's eye from spirit. So I'm watching that membrane get pulled off and I'm watching stem cell energy get applied light, amber color, gel, sparkles, dippity-doo, and then there's a vortex spinning outside of her ear and I'm watching a spiral Picture in the Milky Way galaxy spiral versus a vortex that you're looking at sideways. This is a spiral that you're looking at on the top and it's spinning in a clockwise direction and what that's doing it's throwing the virus out of her ear. Viruses look to me like real watery beef broth and when I see a bacterial infection, I always see energetic antibiotic energy Energetic antibiotic energy. I get applied and it's a fuchsia color, like more pink than purple. So this is viral for her. Yeah, I'm watching that. As that spiral is spinning, what's happening is it's getting the virus out of her eardrum. Her eardrum's being repaired in this healing. While that's happening, I'm

watching a corkscrew go down and clean out her eustachian tube on that side. Then that's irrigated to get any kind of debris out. The eardrum looks okay. It doesn't look perforated. She doesn't have a keloid on it. The eardrum looks all right. I get this is viral. So let's see it's still spinning. Let's give it another couple of seconds to finish. All right, just finished.

Now I'm watching the eardrum get stretched. I see this all the time in an ear healing. Imagine stretched. I see this all the time in an ear healing. Imagine that we put a round clock on her eardrum and the membrane on the eardrum is getting pulled in the one o'clock position. Now it's getting pulled in the seven o'clock position, the four o'clock, the 11 o'clock, three and nine, and then I'm watching musical notes and sound waves bouncing off her eardrum and then it gets tightened in some other areas.

It reminds me, Angie, of a pair of bongo drums. The tone of the drum will be predicated on how tightly the membrane is pulled, you know, on the drum. So I always see that, always interesting to me that I see musical notes and sound waves because I would think they would be one in the same when this is getting tested. But the audio engineer that put in my studio with all this red foam and, you know, wired up everything, he said that musical notes have a different frequency than other sound waves and that's why they elicit an emotional response with music. So made sense to me. So hopefully that'll help. Thank you, yeah, I would just encourage her to get really healthy. The gut is the immune system headquarters. So tell her to be really diligent about her gut health and I believe it'll come back. Okay, thank you, you're welcome. Thanks for calling in.

0:32:46 - Angie

See you in November, yay.

0:32:49 - Julie

Yay, yay, yay, she's talking about angelic attendant training in Atlanta. So, yeah, November 1st through 3rd Fabulous, oh, it will be one of the most just, enlightening, life-changing, fun weekends you've ever spent. You will have, you will. You will have a ball with us. So anybody else that wants to come join Angie and the rest of us, come on, askJulierne.com, go to training and you'll get all the information there. Okay, let's see who's next, Elizabeth. Hi, Elizabeth, she's in Ireland. Great, you got a question for us.

I will be in Ireland in a couple of weeks too. You guys, I was invited to a weekend party at a castle in Ireland. Does that sound amazing? So I'm going to be scanning it to see, you know, if I see any druids, like druid spirits or whatever, but I just think that's going to be a ball. Okay, here she is, Elizabeth. I've got so much going on from head to toe body and lots of pain, skin extra dry, as always, severe pain in low back. Please scan my body. Okay, here we go, Elizabeth in Ireland.

So it's the middle of the night, girl, thank you for staying up to talk to us. Here comes my laser beam from Sweet Home, Alabama, heading over to you. I love landing in the Dublin Airport when I've been there before, because all these planes are there and they all say Ryanair on them, like, oh, these are my people. I got Ryanair jets how better does it get than that? I got Ryanair jets how better does it get than that? Okay, got you Shooting energy from your feet up through the top of your head so you are full of inflammation. I've turned you around the hologram that's you in my mind's eye, going in to see you've got a bulging disc left side, low back. You've got some vertebrae collapsing. Imagine that there's a spacer that a tile mason would use to prop those vertebrae up. And what's happening is when they collapse, when they start to collapse, they push the disc out and then the disc is pinching a nerve. It's like pushing on a nerve. So propping up the vertebrae, getting that disc pushed back in, adding a little bit of stem cell energy on the disc, because it's looking like you got a little disc degeneration too, which makes it not as fluffy as it needs to be to hold those vertebrae up, and then that's back

in. And then there's this netting, Elizabeth, that gets administered. I always see this in back healings and it's think of a goldfish net to get a goldfish out of a bowl or out of an aquarium and it's put between the upper and the lower excuse me vertebrae and it's going to keep that disc in so it's not bulging and pressing on that nerve. And what's happening now is there's a vortex in front of your back and that's going to help heal all of that Fun factoid about these back healings. When I get to talk to you, I'll remember you, but I'm not going to remember what we did in the healings. And so when I go back in and I'll be looking at somebody's back that I've worked with before, I'll say, did we do a healing on your back Because you got this netting stuff between the vertebrae? And they'll say, yeah, you did. I'll say, okay, great, because I don't normally see it unless I watch it get installed. So, Elizabeth, I hope that helps. And she says, yes, exactly, I love you, Julie. I love you back girl. Okay, thanks for staying up to talk to us. All righty, let's see who's next Eva. But it says all right, let me put on my glasses. I can't read this one.

Jamie from Sydney, Australia, my partner needs to go back to work. I wish he didn't have to. Do you have any guidance, advice, please? Thanks so much Because you don't want your partner working. What's up with that? There's a story there. Okay, he has to go back to work. Can you be more specific with the question? I get it's going to be good for him. It's going to be good for you. You know work isn't just good to give us income. Work is good for our psyches and our bodies and our self-esteem and everything else. So that's why people who retire but live a long time, usually they're volunteering somewhere and they're doing some kind of a group effort with people. We're pack animals. We thrive on interaction with other humans. So I think it's a good thing he's going back to work. Yeah, so I'm just getting. It's a good, it's a good thing. The other thing that just came in is have him go ahead and start working. Don't wait for the perfect job to arrive, because once he gets in with a company or an employer, he'll be promoted. Have him just do the job that he needs to do to help pay the bills and help take care of you guys, and then he'll climb to better positions once he's there. That came in really loudly into my head, so I hope that helps. Thanks, it's already Friday.

There we're talking to her real time in the future. It's like a sci-fi movie. I love it. AskJulieryanshow.com. Ask Julie Ryan on the YouTube live stream. So what's your question? We will ask the spirits and beyond and see what kind of answers we can get for you. When these answers come into my head, it's an amalgamation of spirit which is God, the universe, your angels, your saints, your deceased loved ones. You know all the spirit guides everything, the whole source thing, and mixes with my brain, and then that's where we get the answers, which makes it always fun. It's always new. I got to see a bunch of new healings today with my clients, which is always a blast for me. Even though I've done this with tens of thousands of people, I still see new healings.

Okay, Chris, who you got next? Hi Julie, hi Peter, how are you, sir?

0:39:30 - Peter

I'm okay. I'm calling from Orcas Island in Washington State, in beautiful Saratoga County. Yeah, wonderful. I was recently diagnosed with heavy metal poisoning and I have a lot of lead in my system. Okay, and I'm going through a chelation therapy right now with a naturopath and I'm just wondering if there's anything you can help me with with a scan, yep, or if there's any guidance that you might be able to offer, because I'm a little bit at what's end.

0:40:02 - Julie

Yep, only eat fish once a week, even if it's well caught, because our oceans are polluted and there are lots of heavy metals in there, and so you know it used to be. We were told to eat fish more than anything else, but you're really your best bet is grass fed beef, if you can get a hold of that. So fish, you can look it up, salmon's okay, but, like, once a week, stay away from the really big fish, the swordfish, the sea bass, the you know, the shark, that kind of stuff because

it's full of heavy metals. Number one, number two doing a heavy metal detox on you, peter, imagine there are two big U-shaped magnets that are on either side of your body. They're joined in the metal. They're going up and down your body Like think of a great elevator. You know it goes up and down all day long and then it turns a quarter of a turn until it gets all the way around your body. All right, just finished. Pulled out metallic particulates they look like little pieces of glitter. They can be sparkly like glitter, they can be dull. They can be sparkly like glitter, they can be dull. And then also fibers of metals. Some were silver, some were coppery looking, some were just kind of metal-y looking, some were kind of brown looking, but those fibers remind me of a piece of a steel wool pad that you'd use to scrub pots and pans in the kitchen. And so those are out, irrigating any kind of metallic dust left and there's there's irrigation fluid that's come in through the top of your head and it's flying out the end of your toes. So picture, picture your feet look like sprinklers, then the water's coming out the end of your toes. So that's what that looks like. You'll completely heal from this, you'll be fine. And then the other thing is I just added anti-inflammatory energy to you just to help calm down the inflammation.

There's a liver cleanse happening too right now. Peter, that just started on its own. So imagine if I'm looking at your liver from behind. There's a spiral spinning in your liver and it's when it goes. It's spinning clockwise. So as it comes on the right side, comes down on the bottom, comes up the left side, it's throwing off this sludgy looking stuff that's in your liver just toxins. And so as more and more of it gets removed, the liver's turning pink and looking healthy. So that'll help a lot.

Be careful with the chelation. Be careful with any of the detoxes you do If you're starting to feel really bad, back off on it, because sometimes there's so much toxicity that needs to be removed that it just overwhelms our organs and our bodies. So use your intuition on that. Pay attention to how you feel. I have many clients that'll take five steps forward and seven steps back because they go through the detoxification too fast. So I'm sure your doctor will help you with that. But just be cognizant of that.

Thank you, I really appreciate it, you bet. Thanks for joining us. Hope you feel better. Thank you, alrighty, take care.

AskJulieryanshow.com If you want to have a conversation with me, we're on Zoom. That's where that takes you is to my Zoom link and then we're on Ask Julie Ryan live stream on YouTube at Ask Julie Ryan on the YouTube live stream. So we've got that. Remember to subscribe. Remember to share this episode with your family and friends. If you remember, if you know anybody that's a Spanish speaker, send them. Ask Julie Ryan Español. That's growing really fast, getting wonderful comments from the Spanish channel, from people that are watching from all over the world. Actually, you know saying thank you, thank you for making these in Spanish. So my team's just doing a great job on all of this, working hard.

Okay, Chris, who's next?

Here we go, Jen. Hi, Jennifer, in Texas. Can you please help me nail down the source of my fatigue? Leaky gut, that's what I'm getting. That just came into my head, Jen. Leaky gut. So many potential reasons, it's hard to figure out. Thank you so much. All right, let me get you on my radar. Here we go. Laser beam, sweet home, Alabama, heading to you in Texas.

As I've mentioned many times, I immediately start getting information downloaded into my head. It gives me a guide of what to look for. It's kind of like I hear the answer in my head and then I'm going to go validate it by getting you on my radar and I'm like a human MRI, so I'll see what's happening. All right, got you. Yeah, yeast, overgrowth, leaky gut. The yeast in your GI tract is let's see what I'm looking for. It's thick enough that it reminds me of a roux when you

mix flour and water together to form a sauce or a gravy, make gravy. That's what it looks like. So I'm clearing that out, stitching up your leaky gut. So when the intestines get these little separations in the wall of the intestinal membrane looks like if your intestines, if I took a box, cutter in there and made little slits and then what happens is microscopic particles of food and toxins from the gut get into the bloodstream and then you get this plethora of symptoms that don't seem to match and nobody can figure out what it is unless you've been trained on that. So leaky gut.

Dramasanti.com, she's the girl, she's your girl, goddess of the gut. D-r-a-m-a-s-a-n-t-i dot com, oxford educated. She's brilliant. She's a MDE general practitioner. She does functional medicine, holistic medicine, naturopathic medicine, like all these other kinds. She's graduated my class, so she does energy medicine and she will help you get your gut healthy in no time and so the fatigue will go away with that and you'll love her. She's a doll.

By the way, we just re-released when I interviewed her on my show and it's one of our favorite episodes. So if you go to AskJulieRyan.com, click on the show button, you'll see Dr Amasanti and it's on all the podcast networks on YouTube. Watch that video and you'll get a feel for her and you'll see, you guys, why I recommend her so much. I mean, she's just really extraordinary. She works with people all over the world via Zoom. She's based in London, but the good thing about that is she can't give you any prescriptions. But let me tell you, everybody I send to her not only loves her, but they get well. So, dr Amasanti, d-r-a-m-a-s-a-n-t-i dot com.

All righty, thanks for your question. I hope you feel better,

Kelly. Hi Kelly, hi Julie. I'm in Spring Texas.

My 91-year-old dad has had a major stroke and mini stroke in Beaumont Texas. He's in a Beaumont Texas hospital not doing well. Can you tell what transition number he's in? Oh, Kelly, I'm so sorry about that with your dad. What she's talking about For those of you that think we're talking a secret language, we kind of are the 12 phases of transition is what all of us go through as we're approaching death, and it's a configuration of angels and the spirits of deceased loved ones and pets that are there with us as we're transitioning loved ones and pets that are there with us as we're transitioning.

So, hooking into you, Kelly in Texas, going to hook into your dad in Texas All right, got him. He's in phase seven of the 12 phases of transition. What that means is angels are in a horseshoe around him. His parent spirits are at his feet. There are pet spirits there. His spirit is attached to the top of his head. It is out of his body Looks like a speech bubble or a cartoon caption bubble. There are angels, two extra angels on either side of what I call the spirit bubble, and so let's ask him my three questions. I always ask somebody as they're transitioning Are you ready to go?

He's saying oh, absolutely. It's pretty emphatic. Are you in pain? He's saying at times, but they're doing a pretty good job of managing his pain right now. He says when the meds wear off, the pain can ramp up. What do you need? Just for them to let me go. All right, who's them? Your family, my family and the doctors, is what he's saying.

So check him and be sure he doesn't have a. If he doesn't have a, do not resuscitate a DNR. Get that in place. Be sure he's got a living will, be sure that he has his regular will. If you can get all that put together, you can have a notary from the hospital that will come witness him signing it. Even if he signs it with an X, don't matter. Just if you don't have that stuff in place, go ahead and get it in place while he's still with us.

The other thing is anybody that wants a copy of Angelic Attendance what really happens as we transition from this life into the next. We'll give you a free download of the audio book and the digital. Just go to Julieryangift.com. Julieryangift.com We'll send you our free copy. So if you haven't read this yet or listened to it, it's going to help you a lot as you go through this with your dad. Share it with your family and friends. So, Julieryangift.com, anybody that wants a free digital and audio book download and we'll send it to you. We give away thousands of these, and the notes that I get back from people are just so heartwarming about how it's helped them, you know, navigate their loved one's end of life journey and then helps the person who's dying too. If they can't read, play the audio for them in the room. Hearing's the last thing to go, even if they can't communicate, and that'll help give them comfort and peace as well. Thanks for your question. Good luck with your dad. Okay, who's next? Hi Ann, hi Julie.

0:50:40 - Anne

How are you, my girl? I am doing okay. I'm actually calling about. I could talk to you for a full hour about me, but I'm focused on my daughter right now. She has breast cancer. Oh no, they did surgery. She had four chemo treatments and she's having a bunch of side effects. They're going to do surgery again then radiation, and my question to you is she going to make it?

0:51:10 - Julie

Yes, she is. Tell me her first name, Lana, in California.

0:51:15 - Anne

Lana.

0:51:16 - Julie

Okay, where is she in California.

0:51:19 - Anne

Santa Monica.

0:51:20 - Julie

Okay, all right, and where are you? Is that where you are?

0:51:23 - Anne

I am up in the mountain there, Big Bear Lake, Arrowhead.

0:51:27 - Julie

Okay, yeah, I know where it is Okay, beautiful, okay. Yeah, I know where it is Okay, beautiful, okay, all right. So I'm going to hook into you, Anne, and then I'm going to ask Lana for her permission if I can scan her, all right, did you talk to her about us scanning her tonight by any chance?

0:51:42 - Anne

I didn't get a chance to. She's always going 20 miles an hour.

0:51:45 - Julie

Yeah, okay, all right. So here we go, comes my laser beam from Sweet Home, Alabama, up to you in Lake Arrowhead. Got you All right Going to Lana. It's going Southwest from Lake Arrowhead down to Santa Monica. All right, go in there, Lana, I'm talking to your mom. May I stand you energetically? Will it help me? Yes, it could. Okay. She says yes, then yes is what she said.

0:52:14 - Anne

So does she have children? Yes, I have two granddaughters, 16 and 14.

0:52:18 - Julie

Okay, all right. So shooting energy from her feet up through the top of her head. I'm looking at the hologram of her in my mind's eye from behind. Okay, I can see where the surgery's been performed. It looks to me like it has metastasized. Now I don't edit anything I get because everything's healable. Okay so, and I figure, who am I to decide what you need to hear Spirit working through me and with me.

So it's in her lymph nodes. What we're going to do is we're going to do a lymph cleanse. Imagine there's a vertical oval tube in the front of her body. It's inside her body but it's on the front. All her lymph fluid and has gone into this tube Reminds me of one of those tubes that you see at the drive-thru at the bank where you put the little container thing in there and it sucks it into the building. That's what it reminds me of.

We're doing reverse osmosis purification of her lymph fluid, like what they do with purified water. You know, you read the side of a Dasani bottle. It says reverse osmosis, purified. That's what we're doing. There's a hole that's open on the bottom of each of her feet. Any kind of the toxins in her lymph fluid are coming out the bottom of her feet. So, like purified water, we're keeping the fluid, we're getting rid of the toxins. That's number one. There's a big metallic dome that's come down on top of her body, Anne, and it reminds me of the metal dome that would be on a plate of food with room service in a hotel when they deliver your meal. As it lifts off, it pulls out all the lymph nodes that have sequestered toxins. Toxins and lymph nodes look to me like little vitamin D capsules. They're amber and when they've sequestered toxins they can have black or brown inside of them. So those have all just gotten sucked out of the top of her head and now she's being sprinkled with stem cell energy and there are vortices that are spinning above her head. Beneath her feet, on either side of her front and behind are all spinning concurrently. That's generating new lymph nodes, heavy metal detox, like what we just did with Peter caller. Before you, two big U-shaped magnets joined in the middle, around her body, going up and down her body, they turn a quarter of a turn until they get all the way around, pulling out the metallic particulates. So we've got that.

Let's do a DNA healing on her. DNA is the recipe that tells the cells how to behave when there's a mutation, that's when things go awry. So DNA looks like a strip of paper that you'd see inside a fortune cookie, with fortune written on it. And DNA is comprised of four nucleic acids. Atcg are the letters that represent those acids. One strand and can have 100,000 letters on it, can have a billion letters on it.

I'm watching those letters get rearranged, resequenced. If you will Imagine playing Scrabble and Warp Speed where you move a letter up and over to form a word. Once that strand has been reconfigured, it snaps back into an X chromosome, because you know, you remember, girls have two Xs and boys have an X and a Y. So I always see an X chromosome that comes out. You didn't know you were going to get a review of your fifth grade science class, did you? The night I'm calling in, but yeah, you are.

So there are seven strands of DNA that have come out of the X chromosome and there are three strands of mRNA. What happens on those? How I can tell the difference is it's a clear background instead of like a piece of paper. Think of a return address label. Those letters just get wiped off. We want to neutralize that. We don't want her being in a heightened immune response. So we've got that going Okay.

She's not dying. Her spirit's very much in her body. I wouldn't be able to do all those healings on her if she was, because when the spirit is hanging on to the top of the head, the spirit's the power source for the body. So when the spirit's out of the body, I can't see what's going on inside the body. In my mind's eye it'd be like looking in an x-ray in a pitch black room without

electricity. I'm not going to be able to see anything. So schedule a full hour with me. Whether she wants to do it or not, you and I can work on her together. She's already given us permission. So get on my schedule. Let's do an hour together. We'll do a deep dive and we'll you know we'll do all of that.

0:57:12 - Anne

Can you do me a favor? Yeah, Julie. Yeah, nobody's been able to do this to her. Could you get her to slow down and calm down? Yeah, I tried.

0:57:22 - Julie

Well, tell her this. The number one personality profile of breast cancer and gynecological cancer with women is they're wonderful caregivers, not so good at receiving. Yep, because what's happening is her body's forcing her to receive. Yes, from the doctors, from the health care providers, from you, from her other friends and family. So that's what's going on and that's always present. Anytime a woman has breast cancer or any other kind of female cancer, it's always learning to receive, and when we're really sick, you know, it stops us in our tracks and we're being forced to receive.

0:58:10 - Anne

I know that. Yes, I know that one, yeah.

0:58:14 - Julie

Yeah, so schedule an appointment with me and we'll, we'll, we'll, really do a deep dive on her. Okay, she's going to be. I think she's going to come through all of this. I, I really believe she will.

0:58:25 - Anne

I'm going tomorrow to be with her and do some Reiki on her. Great. Give her some mommy love. She needs mommy love.

0:58:31 - Julie

Yes, absolutely Okay. Well, good luck. Keep us posted on how she's doing.

0:58:37 - Anne

Thank, you Will do.

0:58:38 - Julie

Thanks, Anne. Oh, that's so hard when someone you love is, you know, in trouble like that. Well, that's it for this week, everybody. Thanks so much to those of you that joined us. If you'd like to join us again, [askJulierianshow.com](http://askJulierianshow.com) and Ask Julie Ryan on the YouTube live stream. We do it every Thursday night at 8 Eastern, so come join us next week, sending y'all lots of love from Sweet Home Alabama. Bye, everybody, have a great weekend love from Sweet Home, Alabama.

0:59:12 - Ann-cr

Bye, everybody, have a great weekend. Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit [AskJulieRyan.com](http://AskJulieRyan.com).

0:59:25 - Disclaimer

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