

AJR Show - July 11th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan Hi everybody, welcome to the Ask Julie Ryan Show.

0:00:47 - Julie

It's where we blend spirituality and practicality to help you live a life of purpose and joy. If you want to have a conversation with me this evening, please come in on AskJulieRyanShow.com We've got Chris manning the phones on that end and if you're joining us off of the YouTube live stream, just go to Ask Julie Ryan on YouTube and Samantha from my team is manning the chat. You can put a question in the chat. Just put your first name and where you're located and then your question. I limit it to one question for everybody whether you're calling in or whether you're calling in or whether you're joining us from the YouTube live, just so I can get as many people on as possible. Hope you all had a wonderful 4th of July. We did. We didn't do a show last week, obviously because of that, so I'm delighted to be back in the saddle here.

A couple of announcements we're going to give away a free session with me tonight, and so stay tuned for that. See if your name is called. If you want to be entered into that drawing. I give away a free session each month. Just go to anywhere you listen to the show YouTube, any podcast. You can even leave a review on Amazon for one of my books and we choose one of those. Just leave a review, tell us what you think about the show, let us know if you have a suggestion of a guest you'd like for us to invite and we can do that. If you want to win a free class with me, then you just need to leave a review on YouTube and subscribe and then you'll be entered into a drawing for a free class and we'll do that in a couple of weeks.

One other thing we do have people signing up. Speaking of classes, we have people signing up for my Angelica attendant training in Atlanta November 1st through the 3rd. We're in the Kempton Hotel. We've rented out most of the hotel. We have a special rate on rooms. It is so life enhancing you guys, you learn how to do all this stuff that I do the whole buffet of psychicness and it's a blast. So seats are limited. Please, if you're thinking about it, go ahead and sign up. Askjulieryan.com. Angelic Attendant Training November 1st through the 3rd in Atlanta. Come join us.

Okay, Chris, I'm ready for our first caller, our first question off of the YouTube live, again, askjulieryanshow.com, and we're at Ask Julie Ryan on the YouTube live stream. So looks like let's see who our first caller is. Oh, looks like we got a YouTube question. Hi Julie, I just watched your video with Jeff Mara and I'm very interested in being able to ask you a question. I know the show hasn't started yet, but could you please direct me on how all of this works? Yeah, just put a question in your chat and Samantha will help us, and then we'll get your question answered. So, ms Beth, just put a question in your chat and Samantha will help us, and then we'll get your question answered. So, ms Beth, just put a question in your chat or, if you want to have a conversation with me, call into AskJulieRyanShow.com. So let's see who else we've got. Okay, Steph. Hi Julie, this is Steph from California. Hi, Steph, from California.

I had a job interview today for a workforce development job. If I get the job, should I pursue it or is there something better coming my way? As I was reading that out, Steph, I got pursue it,

absolutely pursue it. If something else is coming your way, you'll find out about it and then you can make a decision then. But what's that old saying A bird in the hand is better than nothing. I don't know what the rest of the saying is, but yeah, absolutely. I heard pursue it in my head. Those are divine downloads that I get when I'm asking spirit questions, and sometimes, before I even get the thought out all the way, I'm getting divine downloads too. So good luck on that. Let us know how it goes for you. Okay, let's see who's next. Hi Tony, hi Julie.

0:04:52 - Tony
Can you hear me?

Julie
Yes, sir, how are you

Tony
Well, I'm doing great. How are you?

Julie
Terrific! Where are you?

Tony
I am in Cincinnati, Ohio.

0:05:04 - Julie
Oh, you know, I grew up in Columbus. Did you know that O-H, I-O baby, and I am a graduate of the Ohio State University.

0:05:12 - Tony
So Me too. We share that in common.

0:05:16 - Julie
Oh you must be way cool.

0:05:18 - Tony
Well, you know, I guess it depends on who you talk to, and I guess maybe you'll learn something more here in a few. But yes, all right Great.

0:05:24 - Julie
Got a question.

0:05:27 - Tony
I do have a question. So here's my situation. I have a 94-year-old aunt who is, I think, in her end stages of life, okay, okay, and I am trying to figure out how to make her transition, her end of life, better and make it a little more comforting to my family. So that's where I'm at. Her name is Barbara Rader, r-o-e-d-e-r.

Julie
Okay, where is she?

Tony
She is in Cincinnati, also in Mainville, Ohio, in a nursing home.

0:06:14 - Julie
Okay, terrific. Is she coherent, Tony? Is she able to communicate at all?

0:06:19 - Tony

There are bits of communication that are still left. It comes and goes, it's more often in the later mornings and early afternoons, and after that it turns pretty much incoherent agitation, things like that.

0:06:38 - Julie

Is hospice involved at this point?

0:06:41 - Tony

Yes, hospice is involved?

0:06:43 - Julie

Okay, great. And when she becomes agitated, do they help her with medication to ease that?

0:06:50 - Tony

They are helping her with medication. Yes, they're working on the right mixture, but I think we're getting there.

0:06:58 - Julie

Great, great, Aren't you a sweet nephew. To call in about your auntie? She's more like my mom. Oh God bless her and you and the rest of the family. What I'm going to do, Tony, is I'm going to connect into you and from you to Barbara, and then I'm going to look and see if in fact, she's in one of what I call the 12 phases of transition. Have you had a chance to read my book yet, Angelica Tendence?

0:07:29 - Tony

I haven't read the book, but I have scoured your website and at least have a brief understanding of the 12 stages, but not to the level of detail that I'm sure you address in your book.

0:07:41 - Julie

Okay, so my book Angelica Tendence I just happen to have one right here Let me get it on this screen here, if I can get it. There we go Angelica Tendence what happens as we transition from this life into the next. Just go to julieryangift.com julieryangift.com and you can get a free digital and audio book download of it. Or you can just go on AskJulieRyan.com and it's right on the top of the homepage. Anybody listening or watching. If you want a copy of the book AskJulieRyanGift.com or AskJulieRyan.com will get you that. For those of you that don't know what Tony and I are talking about, it sounds like we're talking in secret code, maybe to somebody that doesn't know what we're referring to it. Has Aunt Barbara said anything about talking to deceased loved ones or said anything about seeing them or deceased pets?

0:08:52 - Tony

Yes, she has. She has talked about her husband. She has talked about her mother, my grandmother, but that's been some time ago, not recently.

0:09:02 - Julie

That's okay, because it can last days, weeks, months, even years, so that her saying those things, she's starting to be able to see spirits, like she's got one foot in this human reality and she's able to perceive spirits, and university based research shows that 90 percent of people at the end of their lives can see the spirits of deceased loved ones and pets. 90%, that's a big deal. So what I'm going to do is connect into you. We'll connect into Barbara. I'll see what phase she's in, even if she is in the phases, and then we'll talk to her. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to you in Cincinnati. Got you

All right, going to Barbara. She's in phase seven right now, Tony, and so she's surrounded by angels and the spirits of deceased loved ones and pets.

There are three questions that I always ask someone when they're at the end of their lives. So, Barbara, are you ready to go? She's saying more than ready. Are you in pain? Not really. She's saying some achiness at times, but does she lay in the bed most of the time? Is she mobile? She?

0:10:19 - Tony
is mobile, but that is rapidly declining.

0:10:23 - Julie
Okay, all right. So you know, like when you're sick and you're in the bed for a day or two and you're just kind of like, oh my God, I'm just achy from laying in the bed. That's what she's telling me. What do you need, Barbara? What do you need Chocolate? Is she a chocolate girl?

0:10:40 - Tony
Oh, she loves chocolate.

0:10:42 - Julie
Okay, she wants you to bring her some chocolate. Yeah, how cute is that? So you know, we oftentimes think they're going to come in with some esoteric, you know, life-altering something, something. And it's very common that they'll ask for chocolate, or they'll ask for cake or a sweater or magazines or stuff like that. That's pretty generic. So take her some chocolate. Does she like dark chocolate better? Or milk chocolate, dark chocolate? She's saying she prefers dark chocolate. Yeah, so she wants you to bring her?

0:11:18 - Tony
Yes, she does.

0:11:19 - Julie
Yeah, yeah, she wants you to bring her some dark chocolate. And one suggestion, if I may, Tony, download that 12 phases of transition chart as well as the book. Share it with your family members. Save it on your phone. It's a free PDF download. And then you just ask what phase is Aunt Barbara in and you'll hear a number and then refer to the chart that's on your phone and if you're seeing that she's progressing quickly through the phases, you want to be sure the family that hasn't seen her yet, if they want to see her, have them come in and see her. And if people can't get there because they live far away, get them on the Zoom or get them on a FaceTime.

0:12:04 - Tony
They live far away get them on the Zoom or get them on a FaceTime. Okay, that's good advice, because there are several of her closest loved ones my children that are many, many miles away, and she helped raise them.

0:12:21 - Julie
So interesting that she's telling you that. Yeah, so hearing is the last thing to go, and even if she seems like she's incoherent, go ahead and get them on the FaceTime or on the Zoom and just hold the phone or the computer or the iPad next to her ear so she can hear them, even if she doesn't have her eyes open, because she'll hear them. The stories are endless about people. When I get to talk to their spirit, when they're in heaven and we're talking with their loved ones that are still in human form, and they'll tell us what they saw, what was going on. So they get it. They get it. I hope that helps. It does help, thank you. Please share my book with everybody in your family.

0:13:03 - Tony

I will absolutely do that.

0:13:05 - Julie

One last thing, tony look for the little miracles along the way, because they'll be plentiful. Like she wants you to bring her some chocolate. I mean, how sweet is that? That's what I consider one of the little miracles, so I hope that helps.

0:13:20 - Tony

I agree, totally agree. Thank you so much. You bet have a nice evening.

0:13:23 - Julie

You too. Have a nice evening, you too. All righty, askjulieriashow.com. If you want to have a conversation with me, if you're joining us on the YouTube live, we're at. Ask Julie Ryan Do the show every Thursday night at 8 Eastern, 7 Central, 5 Pacific, so you can call in and get your questions answered, or put them in the chat and we'll answer those too. If you're coming in on YouTube, just tell us your first name, where you're located and then what your question is, and we'll get those answered as well.

Who do we have next? Chris Got Molly. Hi, Molly.

0:14:03 - Molly

Hi Julie, it's good to see you again. How are you?

0:14:06 - Julie

I'm doing well. Great Molly has been to several of my lives, you guys, which we do on the fourth Tuesday of the month, and it's kind of like the show, but I give away more prizes and I have more time with everybody, and so AskJulieRyan.com forward slash live. Come join us for that too. Yeah, it's awesome. Yeah, you've joined us for several of them.

0:14:30 - Molly

Yeah, many, yeah. So my question tonight actually it's kind of a follow-up question to a question I had asked late last year on one of the monthly group get-togethers. So late last year I found out that I was going to have to move. Unfortunately, I was facing a really bad mold problem in my current apartment and I had to move out.

I've been staying with family and friends and I had been thinking about moving out of the area, was asking you about where to go, but now I want to stay in the area that I'm in for a little bit longer, because I recently got very involved at my church and it's just been a really nice community for me. So I guess I'm just kind of wondering if that's a good move for me in general and if so, I'm just feeling so indecisive right now. I've been under a lot of stress this year and I'm looking for some guidance from spirit on where I'm in Northern Virginia, outside Washington DC, like where in the Northern Virginia area I might be the most happy and kind of fulfill my goals and just be family member to save money, and I would love some advice on whether that's a good idea for me or not. I'm not. It'd be nice to save money, but I'm also not sure if I'm going to be happy rooming with somebody long-term or not. I got to Arlington.

0:15:56 - Julie

Virginia Wow, outside of the DT area. That came in when you, right after you, asked the question where should I go? I heard Arlington Wow in. When you, right after you, asked the question where should I go, I heard Arlington Wow. And then, is it in your best interest to live with your family member that you're considering? I got a yes on that as well, okay, okay, so you

moved out of the moldy apartment and you're thinking of going into a new apartment with a family member. Is it a cousin you're thinking of rooming with?

0:16:25 - Molly

He's actually my nephew, but we're only five years apart, so he's almost like a little brother and yeah. So are you getting anything about whether we should get an apartment, a condo, a townhouse? We're kind of not sure what to look for. Apartment Apartment Okay, and with a short term lease. A short term lease Okay, yeah, that's, that's good to know too.

0:16:46 - Julie

I was thinking about that, like even even month to month or six months at the max, because it's like you're just testing your test, driving it to see how it's going to work, because how old is your nephew?

0:17:01 - Molly

He's in his early 30s.

0:17:03 - Julie

Okay, and he's single? Yeah, okay, all right, is he? Is he dating somebody?

0:17:08 - Molly

He's got a long distance relationship going on. She lives very far away.

0:17:13 - Julie

Okay, what I'm getting is that his dating schedule may get on your last nerve. So I was asking all those questions, so I would do a short term. Yeah, a short term lease, even if you can get month to month, would be great.

0:17:28 - Molly

Okay, that's interesting. Yeah, that's good to know, cause you know he's thinking about moving out of the area and just wants to be around here for a few more months maybe, and I just kind of want to get into a new place. But you know I eventually want to be on my own again, so that makes sense, yeah.

0:17:44 - Julie

And the church is really good because you're going to meet a love interest there. Oh, that came in too. Wow, yeah.

0:17:51 - Molly

Is it somebody I've already met or I haven't met yet? Yes, okay, you've already met them. All right, that's so, and you know. You know who it is too, don't you I do? Yeah, I know, I've actually kind of had a feeling about that for a while now.

0:18:07 - Julie

That came in really strongly. The other thing, Molly, is you may want to make the first move, oh, like suggest you go out for lunch or coffee or dinner and go to an event. Maybe what I'm hearing is the Kennedy Center. Go see something at the Kennedy Center. So I don't know, maybe there's a concert there.

0:18:27 - Molly

It's a really fun place, so I like that advice. Okay, I was kind of wondering if I would have to make the first move. So that's really interesting, because I've just been getting that feeling that there might be something there, but that I'm not sure if we would make a move. Yep, yep.

0:18:44 - Julie
Interesting. Okay, well, keep us posted. Good luck.

Molly
Thanks, Julie, I will. Thanks so much.

Julie
Okay, bye, ma.

If you want to have a conversation with me, askjulieriashow.com. If you're joining us on the YouTube live, you just want to go to Ask Julie Ryan and put your question in the chat First name, where you're located and then what your question is, and then we'll get them answered. I never know who's going to call you guys know that. That's why this is so much fun, because Chris is bringing them in and I don't know who's called. I don't know what your question is going to be. So it's like a crapshoot every week. It's fabulous, makes it really fun.

Alrighty, let's see who's next. Who's the next lucky caller? Oh, next lucky YouTuber? Hi, Beth, I live in Byron, Georgia, so not too far from me. Here in Sweet Home, Alabama, I have two family members who are in heaven and I truly want to know how I can communicate with both of them. Please Can you help me? Yeah, absolutely Okay.

So, Beth, all spirits have a frequency that they keep throughout all their lifetimes and in order to get in touch with them, all you have to do is think of them, because our heads are like big satellite dishes and they receive and transmit frequencies. Every spirit has a frequency they keep throughout all of their lifetimes and when you think of them it just connects your satellite dish head to their frequency. It opens up something similar to a two-way radio communication channel and then you just say something to them, either a question or a statement, and they're going to answer you. And how you know it's coming from them is it's that first thing, fast as you can snap your fingers, that first thing that comes into your head. And, like you've seen already tonight, oftentimes the spirit will give us information halfway through the thought. And a lot of people get kind of hung up on that. They say, oh, that's just my brain. No, that's spirit answering you, because it's that first thing that comes into your head, even if it's before you even have the thought out all the way. The other thing to remember too is that time doesn't exist in the spirit world. Time's a human creation. So they've got our thought before and a lot of the time they're answering us before we've even thought it out all the way. So I hope that helps.

Take one of my trainings. Come join us in Atlanta for Angelic Attendant Training November 1st through the 3rd. Or you can always take my online training, which is self-paced, and that's Angels and Enlightenment training, and that's really fun too. The key with both of those trainings, you guys, is that they have live practice sessions, and that's the most important part, because we don't really grasp things until we experience them. We can read a book, we can listen to a show, we can take a class online or in person, but until we start using it ourselves and connect with spirit and get information and then get that information validated, then we learn to trust it. The more we trust it, the more we use it, the easier it becomes. So the key for me, for both of my classes, the most important part, is the live practice groups. So keep that in mind. So, ms Beth, give one or both a try. I think you'll enjoy both of them. All righty, askjulieriashow.com. Julie Ryan on YouTube. Hi, Marguerite.

When someone is slowly dying from brain disease and the spirit is out of his body, where does this spirit travel to? I'm asking for Umberto on phase 11 for over a year. Oh, it's Daisy. Hi, Daisy, from Ocala. Oh, Daisy, I love Daisy. Daisy's a long-term client, okay, and we've talked about him before. You know, everybody's spirit is. It's on their own journey,, and we just can't predict how long it's going to be. He is still in phase 11. I just scanned him and I had a woman

call into the show, for I think it was two and a half years and her dad was in phase 11 for two and a half years.

He had Alzheimer's and she kept saying what does he need, what? When's he going to go? When he's ready? Because we all decide where we go, when we go, how we go, who's with us or not when we go. So you know, it just is up to them. And remember, time doesn't exist in the spirit world. So we're waiting for a year or longer for somebody to pass, may not even be a blip on the radar screen in heaven. So, Daisy, sending you lots of love. I love you girl. She's just a doll. Alrighty, thanks for sending a question in.

Let's see who's next. Star, hi Julie. Star, hi, Julie. I am a fan, a Chinese living in Bangkok, Thailand. Wow, thank you for joining us.

I had a cranioplasty surgery on February 13th. Could you help scan my skull bone? Is my skull bone healing good? Sure, absolutely, okay. She says her name is Star. And then she says I think it's Zao Chun, sorry for butchering your name if I did, okay.

So here we go. Here comes my laser beam from Sweet Home, Alabama. I'm going to hook into you in Bangkok. The way that this works for those of you that are first time joining the show is I raise my vibrational level to the level of spirit. I'm going to watch a laser beam come from my body here in Birmingham, Alabama. It's going to hook into you, star, in Bangkok. I'm going to have a hologram of you in my mind's eye. I'm going to envision shooting energy from your feet up through the top of your head. We're going to go right to your skull, because that's what you're asking me to do. When I have you for an hour, we make several passes to see what's going on in your whole body, but we'll do that as soon as something's identified. There will be a healing, and I'm going to describe that in detail, and my analogies oftentimes are hilarious, so hang in there with me with that. But it's just the way that spirit communicates to me, so we can have a frame of reference for this woo-woo stuff from our human perspective. So here we go, comes my laser beam from Sweet Home, Alabama, heading over to you, got you Shooting energy from your feet.

Okay, I'm seeing on the left side of your brain, of your brain, left side of your skull, I'm seeing it looks like a mesh is being added and think of a gauze bandage like a four by four, four inch by four inch gauze bandage. If you look at that you can see the vertical and the horizontal threads that have been woven together to weave that to make that bandage, if you will. So I'm watching that. That's going into your skull on the left side, kind of behind your ear, like over behind your ear down going to your neck, and I'm watching that. And then it's being covered with stem cell energy. Stem cell energy is a light amber colored gel, has sparkles in it because it's whoa, whoa, gotta have sparkles to make it fun. And it has a watery consistency to it, like a watery hair gel. There was one called Dippity-Doo when I was a kid, so it reminds me of Dippity-Doo in the 60s and 70s.

And then there's a vortex that's spinning outside of the left side of your head and that's regenerating the bone. When I'm watching the bone grow, what's happening is have you ever seen one of those animated shows where you can see vines and it's like the vines are multiplying and they're spreading. That's what I'm watching happen with the bone. It's like a vine is spreading and then it's populating and it's wrapping around that netting that I saw get put in there, almost like if you have a trellis for roses or for tomato plants or whatever. You know some kind of a support to help the whatever the plant is grow. This is a support that's helping your bone grow. So it looks like you're healing nicely.

Great job, I hope you feel better. My gosh, that's a big surgery. So thanks for joining us. I know that it's daytime there and it's in the future, because it's already Friday there. I love talking to people real time in the future. It's like a sci-fi movie. Okay, askjulieriashow.com. Join us on

the YouTube live. Ask Julie Ryan. Remember to subscribe on YouTube. Remember to subscribe anywhere you listen to podcasts. We're on all the networks, so you can do that too.

Julie

All right, let's see who's next. Hi, John, how are you, sir?

0:28:31 - John

I am pretty good, considering a lot of things. I want to thank you for everything that you do.

0:28:40 - Julie

First of all, oh you sweet thing, where are you, where are you located?

0:28:47 - John

In New York City. Okay, great, okay, so I have plenty of questions I could ask, but one I definitely have to ask you, so we'll focus on this one. Okay, there's a. In the Jewish tradition they do an unveiling of the headstone or whatever is going to be commemorating. In this case it's going to be a plaque and we had to have some conversation about the language of that and we mostly have that sorted out, but I wanted to see if we could check and see if my wife is cool with what we had come up with.

0:29:27 - Julie

I am so sorry you lost your wife a year ago. Yeah, if we could check and see if my wife is cool with what we had come up with. I am so sorry you lost your wife a year ago.

0:29:35 - John

Yeah, oh heavens, John, I'm so sorry. Was she sick?

0:29:39 - Julie

Yes, she was ill for about five years.

0:29:41 - John

Oh goodness, what's her name? What's her first name? Heidi, or also known as Pooja, is her spiritual name Pooja? All right name.

0:29:47 - Julie

Pooja. All right, she's on your right. Soon as we think of them what I was saying earlier. You know, your head's a big satellite dish and as soon as we think of them they come right in. So she's on your right. What's your question for her?

0:29:59 - John

So I want to know if she's okay with the language on the bronze, because she's the only person we couldn't ask.

0:30:08 - Julie

She's saying it's all good with her as long as it's good with you, because all that stuff is for the living. She's in heaven, she's great, she's around you all the time, and your other loved ones and she's yeah, they don't care. Honestly, I know that's not what you want to hear, but I talked to so many spirits and their family will say, well, did you like the funeral? Did you, did you like the park bench that we put, you know, erected in your name and whatever, and they'll say, yeah, it's great, as long as you're happy with it just because I'm a bit of a student of yours.

0:30:43 - John

That's exactly what I expected, but yeah I have the luxury of being able to call in and ask you that question, and I thought it would be nice and respectful for her to be able to do that, so yeah, she's thrilled.

0:30:55 - Julie

She's thrilled, she's saying as long as it brings you comfort, she's telling me. She's telling me for you to get some blueberries and eat them. Does she like blueberries? Do you okay? Do you like blueberries? What's up with the blueberries? Yeah, blueberries are kind of a big deal. Okay, they're a big deal to both of you.

0:31:15 - John

Yeah.

0:31:15 - Cindy

I mean yeah.

0:31:16 - John

Yeah, Her email address was even 23 blueberries and it was a oh wow. Yeah, it's a whole Okay.

0:31:25 - Julie

All right, so that's her giving us information. That's so random, I mean. Who would ever think of that? But it means something to you and and so you probably heard me say, John, that when you get a thought in your head like that and I and I've just learned over doing this for decades that I just trust that first thing that comes in my head, even if it doesn't make any sense to me. We're talking about a plaque and she's telling me about blueberries, but she's letting you know that so that, or she's telling me that so I can let you know that it's really her with whom we're chatting and she's sending you more love than the moon and the stars and all the galaxies combined, is what she said. Yeah, so that's a lot, that's a lot of love.

0:32:20 - Cindy

That's a lot of love.

0:32:21 - John

Yes, Because of you I'm able to deal with this and I talked to her and before I read your book and we talked to once online and had a question. It was just unbearable, so thank you.

0:32:41 - Julie

Oh, you are so welcome. Come to Ennis in Atlanta if you can.

0:32:45 - John

Yeah, I'm not able to do that right now. The five years also was me leaving my job and staying home with her, and so there's a lot of financial mopping up to do. I'm in housing court. We're possibly facing eviction. We've got a lot of things going on right now my kid and me.

0:33:03 - Julie

I'm so sorry, okay, all right, send me an email through the, through my website, you know, just askjuliere.com and that says ask Julia questions. Send me an email so I can have your email, so I can stay in touch with you. Thanks Okay, alrighty John. Thanks for calling, sending you lots of love. Thank you so much. Like the galaxies and beyond, like your girl tells you that's word for word.

0:33:27 - John

That's word for word what she would say.

0:33:30 - Julie

And she's saying, as far as the housing thing goes, even when it looks grim, it's going to turn out to be really a good thing. So she's saying keep that in mind that it's all unfolding perfectly and it's going to be really really good.

0:33:52 - John

Wow, okay, that's amazing.

0:33:54 - Julie

Yeah Well, it's hard. When we're in the middle of drama and trauma, especially with what you've been through over the last five years, it's hard for us to remember that, but when we know that everything's unfolding perfectly and envision most of the good stuff that's coming to us. So just expect it and it's coming.

So, maybe that's how you get out of where you are, because where you're going to be next is going to be even better for you and your son. Okay, okay, John, thanks so much. Thank you All, rightly. Thank you so much. You bet, join me AskJulieRyan.com, for you know, everything you need is at AskJulieRyan.com. Askjulieryanshow.com is what I meant to say. If you want to ask a question this evening and if you're joining us on YouTube on the live, just go to Ask Julie Ryan on the YouTube and we'll go there.

That's such a great example. Spirit just gives us this random stuff and I promise you there were many years when I thought I cannot say to this grieving husband that your wife is talking about blueberries, but then you saw his reaction and you saw how much it meant to him. And that's how it works. Ninety, nine, point, nine percent of the time. It's pretty rare when I get a comment from the spirit that it doesn't make sense to the loved ones that are still here in human form. And oh, what heartwarming you know messages that we get just from one word blueberries. How fabulous, all rightly.

Julie

Who's next? Chris, cb, hi, beautiful,

CB

hi, honey, hi,

Julie

oh, you guys, CB is a graduate of my Angelic.

0:35:49 - CB

Attended Training. It is an honor and a pleasure to be here this evening. I want to say that my heart goes out to John so much and actually when we have our practice session tomorrow with graduates, I'm going to bring you up, John, even your child to reach, so we'll be sending extra energy your way as a collective of graduates.

0:36:12 - Julie

Yeah, yeah, aren't the practice sessions really the most important part of the classes? They are. Wouldn't you agree with that? They are.

0:36:20 - CB

Yeah, I totally agree with it. It has made such a difference in my journey and opening up my own spiritual experience.

0:36:29 - Julie

Yeah, and CB was one of those graduates, you guys, who'd said I can't do this, I'm not going to be able to do this. I don't. I just don't think I'm ever going to be able to do it and, oh my God, she is just so fabulous at this now because of the practice groups, the practice groups.

0:36:47 - CB

Yeah, all the foundation was laid with what Spirit has given you to teach, share with all, and then the practice makes all the difference. So, yes, well, tonight I wanted to ask you Got a question, I do so. We have a one-year-old border collie named Oz who is struggling to behave, oz, like Wizard of yes, like Wizard of Oz.

0:37:12 - Julie

And, by the way, everybody CB is in Georgia. She's in Georgia, I know where she is, yeah.

0:37:20 - CB

Oz All right. So he's struggling to behave for us and I said to my husband earlier today I said if we could just read his mind and so when I was realizing that your show was coming on, I was like I'm going to see if Julie can look into Oz and I'm also going to take it to the session through the practice group tomorrow. I think this moment I'm too close to Oz and frustrated with his behavior to communicate with him, but I would love to see if you can get anything from him.

0:37:54 - Julie

Is he chewing everything CB? Is he chewing on a lot of stuff?

0:37:58 - CB

. He's not chewing on stuff in the household, but when he goes on walks picking up everything with his mouth, which is causing digestive issues.

0:38:09 - Julie

Yeah, that's what I'm getting, that he's chewing on a lot of stuff and it's on your last nerve, so that would make sense. What does he have? The runs in the house and you're having to clean up after him? Yes, yeah, that's what I was getting too. Yes, yeah, that's what I was getting to. Okay, so Oz, I love his name. What kind of dog is he? He's a Border Collie. Border Collie you said that. I'm sorry. Okay, so he looks like a mini Lassie.

0:38:35 - CB

Yeah, well he's black and white. Yeah, yeah, he's a black and white one.

0:38:40 - Julie

Yeah, mini Lassie. Different flavor. Yeah, all I see different flavor. Yeah, all right Oz. He's telling me he's teething and it makes his gums feel better and his teeth feel better. So I'm wondering if there's something. Plus, see me, he just said I'm a dog. That's what I'm supposed to do. I'm a dog, like dogs make up sticks. How cute is he. All right, oz, if your mommy gets you something to chew on in the house like a toy.

0:39:24 - CB

Rawhides, I guess, are not good for them anymore, but I'm sure there's something that we can give them. Yeah, I mean, he has plenty of things that we are purchasing to for all of that. I'm just wondering if he's, if he's trying to say anything to us. You know, are we providing enough loving care, are we? You know? I just anyway.

0:39:45 - Julie

Yeah, he adores you guys. He's teething. He's like a one-year-old with his teeth coming in, you know like a toddler. You got grandbabies, you got toddlers and they chew on everything that isn't nailed down. I know kids that have chewed on table legs before when they were teething. You know like bite marks in the dining room table's legs, which is hysterical. But yeah, no, he's just teething, he'll outgrow it. It's a phase and you live out in the boonies, so there's so many fun things for him to chew on. That's true, that's true. So right, well, thank you, no, he's just teething, he's just teething.

0:40:28 - CB

Yeah, I'm just ready for this phase to be over. Oh, send me a picture of him. Okay, I will. I will Thank you for all that you do.

0:40:36 - Julie

Oh honey, it's like having a toddler you know they drool, they teethe and then they outgrow it, and it's just a phase. He's in, he's darling and he loves Jeff doesn't he?

0:40:54 - CB

Yes,

Julie

he loves your husband.

0:40:55 - CB

Yes, they are best friends, they are very much besties, so I am thankful for that.

Julie

Does he ride in the car with Jeff ?

CB

Constantly Yep, yeah,

Julie

that's what he's showing me Him in the car with Jeff Yep, that's funny, I love it oh okay, well, thanks for calling in. What a nice surprise.

0:41:07 - CB

Thank you for all you do for everyone. Love you, love you.

0:41:13 - Julie

Oh, all righty, oh, it's so fun. I'm like a mama bear when I see my graduates because it's like, oh, I'm so proud of you guys and all this stuff that you could do, and most of them come in and they don't know how to do any of this woo-woo stuff. So, yeah, all right, let's do the free session drawing Drum roll please.

0:41:42 - Julie

That's a knock, that's not a drum roll. Okay, let's see. This is somebody named Suzette. And Suzette said just want to say a big thank you to Julie for her kindness and the amazing work she does to assist and heal people. Oh, how sweet is that. I don't heal anybody, we just help you heal yourself. Nobody heals anybody else no doctor, no healer, nobody. We all heal ourselves. She went on to say for a few years now I've been on this spiritual awakening and I've read her book. Thank you, in parentheses, on the angelic attendance. With great delight, I

pass her videos to my family and friends who would love to know about how gifted Julie is and how she can help them. Thank you so much. Kind regards Suzette.

So, Suzette, you've won a free session with me in order to cash in on your prize. You know, like if you're at a casino in Vegas or whatever, you got to go cash in your prize. Just go to AskJulieRyan.com and click on the button, ask Julie a question and then just say hey, I'm Suzette, I'm the one that won the free session and we'll we'll coordinate your calendar and mine and we'll get you in and I'll get you for a whole hour. How fun is that going to be and we can talk about anything you want from my buffet of psychicness. We can do past lives, medical stuff, animal stuff, talk to your deceased loved ones. We can talk to your angels, your saints. We can tell how close to somebody is Basically all this stuff that we do on this show each week and we cram a lot into an hour. You're going to be amazed at how many things we can cover.

Again, anybody wants a copy of Angelic Attendance what Really Happens as we transition from this life into the next. Just go to julieryangift.com or askjulieryan.com and we'll send you our free digital and audio book download. And please share it with your family and friends, because this information's not readily available about what happens as we're dying. There's a lot of information about near-death experiences, about the afterlife, but not much about what's happening as we're dying. And that's lot of information about near-death experiences, about the afterlife, but not much about what's happening as we're dying. And that's what everybody's afraid of and it's glorious. So there you go.

Okay, let's see who's next. Carol, hi Carol, from South St Paul, Minnesota, can you tell me my spirit guide's name? I got Alfred. I heard Alfred, Alfred. By the way, when I look from side to side. I'm hearing. That's what people who are auditory learners do. I'm a visual learner so I look up, but when spirit's communicating with me, watch my eyes. I never noticed it until I watched one of my own videos. I thought oh my God, I'm looking side to side. I just watched myself do it just now and I'm hearing it. It's coming into my head. So, Alfred Carroll, so if you want to talk to Alfred, just say hey, Alfred, he's saying you can call him Alfie. If you want, what's it all about Alfie? You could sing to him whatever, but just think of him and that will tune your satellite dish head to his frequency and then that will open that two-way radio communication so you can communicate with him. Remember, first thing, that comes into your head. That's the key.

All righty, hi, this is Elise from South Africa. My gosh, we have an international show of mystery tonight. You guys? Hi, Julie, love you and your show. Well, thank you, I love you.

Back, any information on the cause of my anxiety and issues with my right breast? Well, yeah, if you've got issues with your right breast that's going to cause anxiety, let me connect into you and then we'll see what's going on with your right breast. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading way far south to South Africa. I see it going. I see this laser beam going like curving around the bottom of the globe. You know if there's a globe there? Oh, passion Globe. I got one in our playroom here. It's probably 100 years old but I still like it All right, got that going. In Looks inflamed on the right side of your breast. I don't see any malignancy, but it's inflamed. If you wear an underwire bra you may want to switch to a bra that doesn't have underwire in it, because where the inflammation looks like it's starting from is where that wire ends, where it comes up underneath your armpit on the right breast.

The anxiety is when we use our imaginations to envision things that we don't want to happen and then we suffer over them. So they're totally made up in our head. Stop it. Just ask yourself is this going to kill me in the next two minutes? If it is, get out of the road before the truck runs you over. If it isn't, it's a fake fear and that will keep you out of fight or flight. When we have lots of thoughts that are scary, we go into fight or flight Body doesn't know any different between a real fear and a fake fear. So you just want to ask is this going to kill me in the next two minutes?

I call this the two-minute rule. The beauty with the two-minute rule, you guys, is it's free and it's convenient. It works anywhere. Your brain is your brain's usually with you wherever you are. So it's convenient. You can use it unlimited times in a day and it works in any situation. So two-minute rule, it's the key. Make it a habit and then you're gonna live a life of joy.

When I have a thought that feels badly, that's an internal GPS system. We all have emotion. And when I have a thought that feels badly, I immediately go into the two-minute rule, instantly. I don't even think about it, and a lot of the time I'll laugh and I'll say oh God, ryan, quit being such a drama queen, because I'm running late for an appointment or something.

Today I was getting my nails done early this morning and my nail salon is next to a dentist's office. Something happened in the dentist's office because the ambulance came, the fire truck was there, that I don't know who else, or a bunch of cars, and they had the parking lot blocked. So of course I'm saying a prayer for the person that needs the EMS guys. And at the same time I'm thinking, oh, I got to get home because I got appointments and stuff and they've got the parking lot blocked. And then I thought, right quick, being a drama queen, it's all going to work out fine. And it did. They left about 10 minutes later and I had plenty of time, you know, for my first appointment, so it's not worth suffering over it.

But I immediately went into the two minute rule. If I'm late for this appointment, is this going to kill me in the next two minutes? And I got a no and I chuckled. And then I thought, well, I could just sit in this parking lot in my car and talk to my client, don't matter. So you keep your clarity when you're not in fight or flight. Alrighty, let's see who's next. We've got time for a couple more callers. Hi Amy, hi girl, you are so much fun.

0:49:10 - Amy

You are unstoppable. Okay, I got a whopper. I got two blobs on my belly, one on the right and one on the left, and then behind my knee I have PAD, or peripheral arterial disease is what they diagnosed it as. But the two on my belly have been there a long time and I've ignored them. It's totally my responsibility. And they want me to have a colonoscopy, but I'm skeptical and I turned it down because I don't want it to. If they went in there and something broke and it was bad news, it could really be to me a disaster. I don't know, but anyhow, they're going to have me get an image on my belly instead. But anyhow, the good, bad and the ugly, Julie, let it rip.

0:49:54 - Julie

All right, tell everybody where you're located, please. Oh, I'm in California. She's in California, San Diego, right?

0:50:02 - Amy

Yep San Diego. We are nice hot summer day Called in before.

0:50:08 - Julie

Okay, so when you say lobs, what does that mean? Like a growth?

0:50:14 - Amy

Yeah, they're like if I lay down, I have a potted belly when I stand up and I lay down, I have a potted belly when I stand up, and if I lay down, I can literally put my left and right hand on each one and they pretty much fill up my palm. Yeah, they're lumps.

0:50:26 - Julie

Oh for heaven's sakes. Wow, all right, I think it would make sense for you to have the colonoscopy. They look suspicious to me, Amy. What I'm doing is I'm encapsulating them so that the cells don't go anywhere, and then taking them out. When I say I it's spirit working

through me and with me to help you heal, they look suspicious to me. So I think it makes sense for you to go ahead and do the colonoscopy as the first step. See what your scan shows with that. But I think that they need to come out. That's what I'm getting.

0:51:07 - Amy

I sent in a fecal sample at the end of May and they never gave me the results. But I got paperwork back that they want me screened for malignant. Yeah, as another colon.

0:51:20 - Julie

Yeah. So what I watched happen was I watched them get removed and then I watched stem cell energy go in your colon to heal those areas and I'm watching a corkscrew go through your colon that's spinning really fast and what it's doing is it's kind of roto-rootering your colon, if you can imagine that. But I think it's really important that you follow up with that, follow up with a scan and if they, the colonoscopy may not even be necessary, but at least go and get the scan done and work with your physician on these.

0:51:59 - Amy

Okay, great, Thank you so much. Keep us posted.

0:52:02 - Julie

Amy, I will All rightly. So you know, the work that I do is energetic and the healing happens on the energetic level and then it'll integrate into the body and that can happen instantly. It can take days, weeks, months may need some kind of complimentary care, like something from a physician or a physical therapy or whatever, but it's always part of the healing equation. I always think of healing as a multi-pronged approach and there are lots of things that we can do to heal ourselves, and sometimes medical care is very much part of that equation.

When you guys are listening to the show, especially when I'm doing a healing, you please envision what I'm describing with these fun analogies that come in, because then we all work together to help the person who's calling or submitting a question via YouTube, and it's like the power of prayer. You know we're sending lots of energy to a person together and we just magnify it. So, and time doesn't exist in the spirit world. I think I've said that three or four times already this evening. I think I've said that three or four times already this evening. So if you're listening to this show in five months or five years, it doesn't matter, because the person's still getting the energy and getting the healing even at that moment. So always try and envision what I'm describing when somebody is submitting a question.

Julie

Okay, let's see who's next.

Cindy

Hi Julie,

Julie

Hi Cindy, hi, how are?

0:53:39 - Cindy

you, I'm okay, okay, okay. Thank you for everything. What an honor to be here again. I have a couple of things. My brother, Mark, I was 54 and he passed July 1st and I was wondering. My mom was his caregiver and she said he bled out at the end. It was a little difficult, so I just didn't know if he's around, if he would come in and if he has anything to share with me. We used to always joke when I saw him when he passed and I said I will see you on table tip and I hope you come in. And she used to always joke with me about the spirit of the world hour we pass. And I said you know, I will see you on table tip and I hope you come in. And she, uh,

because he used to always joke with me about the spirit world and you know being kind of crazy.

And then I had a health question. If we have time,

0:54:27 - Julie

Did he think that you were nuts when you talked about the spirit stuff.

0:54:35 - Cindy

Kind of, kind of yeah yeah. Sometimes he would call me up and he'd say now I had this thing and I was holding that rose quartz rock or whatever you gave me. If you tell anybody,

Julie

first of all tell everybody where you are please.

0:54:50 - Julie

I'm in Plymouth, Massachusetts,

Julie

enjoyed the fireworks from up above this this 4th of July and that he loved it because he's saying they were exploding all over and he could see lots of them all at the same time. Was he a guy that liked the fireworks on the 4th?

0:55:09 - Cindy

He did. His mom and him used to sit out on the on the balcony type of thing and watch them. Yeah.

0:55:15 - Julie

Yeah, yeah. So he's saying it was great balcony type of thing and watch them. Yeah, yeah, yeah. So he's saying it was great. He's saying it was like he's giving me sound effects. He was like you know, they were going off here, they were going off there or whatever. So he said that and then the there was OK, I've forgotten already what else did you want me to tell. So what he said, the other thing he said he just put it back into my head. He said, when you were talking about him saying, yeah, I was holding that rose quartz and if you tell anybody I'm going to come after you. He said damn it, you were right about all of it. It's exactly what he said. Damn it, you were right about all of it.

So that's hilarious as far as your mom goes. He wants your mom to know that he didn't suffer at the end. He's saying he popped out before it got really bad. And so he's saying he's apologizing, as he said, for the horror movie that she went through. That was his term. He apologizes for that, but he popped out right away. And he's saying he did not suffer at the end. There, you know right when he transitioned. So I hope that helps. Have you read the book Angelic Attendance I?

0:56:32 - Cindy

haven't read it all through yet. I haven't, though, yeah.

0:56:35 - Julie

All right, get it to your mom.

0:56:38 - Amy

Yeah, All right.

0:56:38 - Julie

Get it to your mom. Yeah, good idea, get it to your mom. It's going to give her a lot of comfort and she'll probably recognize some of his behavior near the end too, where he was probably maybe looking like he was seeing somebody he was seeing. He's telling me he could see the spirits in the room. Yeah, he's telling me there was a white horse in the room. Who's the white horse? Do you know who that is?

0:57:04 - Cindy

I don't know my grandfather had horses, but I'm not sure my mom might know more. He was very into movies and music and all of that.

0:57:12 - Julie

So he's showing me a white horse, and he's showing me something that looks like George Washington in his military uniform, sitting on top of the white horse. So I don't know what that's all about.

0:57:24 - Cindy

He's got a military family, so his grandfather was military.

0:57:27 - Julie

Okay, the American Revolution. He's showing me yeah With, yeah, Washington, all of that. So my condolences to you and your family. You know how to talk to them. Just think of them and just ask them a question or make a statement, and teach your mom how to do it too.

The other thing too, Cindy, that's really important to remember, especially at the beginning when we're grieving, is ask him to visit you in your dreams, because our heads rest, you know, our brains rest when we sleep and we all come in with the vibration of spirit and we go back to the factory pre-setting every night when we sleep, and so spirit's going to communicate on that spirit channel. When we're in grief it's a low vibration and spirit's a really high vibration. And I know you've heard me say spirit doesn't communicate on the I feel crappy channels because the vibration's too low. So you want to, you want to just say hey, Mark, visit me in my dreams tonight, have your mom do the same thing and keep asking him every night. He'll come in, he'll come in. And you know one last thing before I let you go Visits from our loved ones feel like they're in high depth.

You know, the colors are super vibrant and the feelings and the emotions and all of that. It's like your senses are just heightened and you remember really specific details about the dream. So that's how you can tell if it's a visit versus just a dream. But what the heck take, whatever you can get right, I'll do that. Yeah, I hope that helps. It does. All right, sending you a big hug. Thank you so much. All right, thanks for calling in. Alrighty, everybody. That's it for this week. I love when you call in and when you submit questions on YouTube, and so remember, subscribe, you'll be entered into a drawing for a free class. Leave a review anywhere you listen to the show or, if you're on YouTube, leave a review there. You can even leave a review on my books on Amazon. We give free stuff to them too. So until next week, sending you lots of love from Sweet Home, Alabama. Bye everybody.

0:59:54 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:00:08 - Disclaimer

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