

## AJR - Marc Hartman - Transcript

0:00:01 - Intro

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan. Hi, everybody.

0:00:44 - Julie

Welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have paranormal author Mark Hartzman on the show today to talk about his research validating the afterlife. I'm going to be asking Mark about his findings, why we're so fascinated with spirits and ghosts and how, or even if, this information can affect a person's life. Remember to subscribe, leave a comment and share with your family and friends. Now let's go chat with Mark. Mark, I'm so thrilled to have you on the show. Thanks for joining us today.

0:01:25 - Marc

Yeah, thanks for having me, Julie, I appreciate it.

0:01:27 - Julie

Well, I thought it would be fun to bring in somebody who'd researched ghosts and spirits to see what you come up with and what you've corroborated and what you've debunked and all of those kinds of things, and I know that you love researching this stuff. So let's just start out with is there a difference between a ghost and a spirit in your opinion?

0:01:53 - Marc

You know that's a good question To me. I've kind of used them interchangeably only because to me I see it as the presence of someone on the other side, some being that's passed on. Whether you define it as a ghost or a spirit, to me I see it as the same thing, but I think different people maybe have different thoughts around that, but maybe that's my broad view of it.

0:02:20 - Julie

Yeah, what led you to start researching ghosts? Could you see ghosts and spirits when you were little, or what's up with that?

0:02:29 - Marc

I could not, but I was interested in it. Since I was little I've always been fascinated by it. I actually got really so. I always liked it. As a kid I did read books on this kind of subject.

But I got really into it when I started researching the beginnings of the modern spiritualism movement, mainly with the Fox sisters in 1848.

And then everything else was going on really immediately after that the different kinds of seances that were being held, how mediums were working, how women became so prominent in that field At a time when there weren't a lot of great job opportunities for a woman in the late 1800s or 1900s. But here they suddenly gained this status of goddess, someone who could connect with the dead, and had this enormous power and had scientists studying them constantly. And it was amazing to see the kind of research that was being done around them

and how they were convincing scientists that they were communicating with the dead in all sorts of amazing ways. So I grew fascinated by that. I was buying a lot of the old books. I love the stories within these old books from the 1800s and I knew I just wanted to tell more of that story and share it in the book which became Chasing Ghosts and that gets into much more in spiritualism. But that was sort of, I think, the origin point for my particular interest.

0:03:48 - Julie

When my nephew Jimmy was little, he would say read me a spooky story. He loved spooky stories. I mean, this kid was like three, and so my husband is a great storyteller Tim we just say Tim's tall tales. He can make up a story out of no place, and so he'd make up some kind of spooky story. And when the kids were little, my nephews and my son Jonathan, we used to go to Charleston, South Carolina, on vacation, and that's very historic, of course, and they have ghost tours there. And back then they gave them this little device that looked like a TV remote and that's very historic, of course, and they have ghost tours there. And back then they gave them this little device that looked like a TV remote what we have now like, think of a Roku remote. And if there was a ghost present, you know, the energy was present, these little remote, things would light up and these little squirts were walking around Charleston. You know, just so excited to see ghosts. So were you one of those kids?

0:04:51 - Marc

I went. I was there probably my mid-20s. I did a tour in Charleston with my wife. We didn't see anything, but we didn't have any gadgets either. But the stories were great. And I remember I think we ate at one of the restaurants. They said it was haunted. I was like, okay, let's go eat there. I want to see something. You know. But I've done a bunch of these different ghost tours and of course nothing's happened to me. But you know, you can't expect a ghost to appear on demand either. They're not there for, you know, for our show and our entertainment.

0:05:19 - Julie

Well, actually we can make them appear on demand. I do all the time. We just bring them in, we think of them and that tunes our satellite dish head to their frequency and they come in, whether you knew them or not. But on those ghost tours when the kids were little, it was funny because they'd hear the story and they'd wait to see if their little device lit up. And then they'd look at me because they knew I learned how to do this stuff. I didn't have ghosts chasing me as a child. I learned how to do all of this stuff and so I think that there's in all cultures. Would you agree with this? All cultures and civilizations. There are always stories about spirits. My goodness, it's in all the holy texts. You know it's. Just why is that? Why do you think that is?

0:06:05 - Marc

Yeah, it's one of the things I find really fascinating and I get into a little bit of that in the first chapter of chasing ghosts out all these cultures. It's really been something that's been with us throughout the human experience. You know, and part of that I suppose it is because it's it is the age-old question of is there something else after life, right, like it's one of the two things where we come from, and is there something else after life, right, like one of the two things where we come from? And is there something else right? It's what we all want to know. So I guess every culture has had the same kind of questions.

But what's been fascinating is that so many of the stories are very similar. You know the way they go about it, the way the different rituals or the thoughts about the afterlife and what happens. There's a lot of similarities I called out in particular among the uh, the Aztecs and the Egyptians. So this is two civilizations spread apart. You know time and distance a lot. There's no contact, right? There's so many similarities in terms of you know, the Egyptians had the book of the dead and sort of the journey afterward that you would go through, and there was a similar type of journey within the aztec culture as well, um, in preparations things that you

would go through, and there was a similar type of journey within the Aztec culture as well, and preparations things that you would be given to help on that journey, you know, after death.

So I was just fascinated to see how there were these very similar concepts and ideas between different cultures from all around the world, and not just those, those are just that's just one example, but other cultures as well, from you know Japan, and then you know Japan, and then you know across Europe, obviously, here, um, so yeah, I think it's amazing. I think that we just we all have that same basic question and desire and, and you know, hope that there's something more, and I think that leads us all to kind of find ways to to find answers you think it's just like a, an innate human curiosity that we all share.

But like an innate human curiosity that we all share. Yeah, I think so. I mean, who doesn't wonder that? You know, who doesn't have those questions right? One thing that makes us unique is a species.

0:07:55 - Julie

And when we lose a loved one. It's been my experience too, Mark, that not only are we heart sick going through the process of this person's end of life journey and all of that, but it makes us all question our own mortality because we're going to be there in their shoes at some point. Nobody gets out of this and I think it makes us face our own mortality and that creates the sense of wonder too, like oh, what's going to happen next?

0:08:30 - Marc

Absolutely. It's the kind of thing you don't want to think about. But how can you not? I actually ended the book with basically that kind of question of there's people who believe and who don't believe. And I'm walking the line. I offer thoughts on both sides in the book, but really it comes down to which would you rather believe? And I'd rather believe there's something, then believe there's nothing, because to me to believe there's nothing is so bleak, you know it's so, that's so sad, it's like I don't want to go in a box and that's it and it's just nothing. I like the idea that there could be something else out there and that we can still have some sort of consciousness or connect in some way. I think that's the more peaceful thought to have.

That's one thing I thought was fascinating about spiritualism, particularly in that late 1800s era. This was a time when it was so popular. I mean, there were millions of people practicing spiritualism, this belief that life doesn't end, and were so convinced that they could talk to the dead. And it was such an interesting time in history too, because a lot of things are going on. You have telephone, for example. Right was invented. All of a sudden I could talk to people through invisible waves across long distances. All these possibilities were happening, and so you had these people who must have had this incredible comfort with that belief that they could definitely talk to people, I think more widespread than maybe any other time. This was also post-Civil War, when you had thousands, millions of people trying to connect with lost loved ones, so it was definitely sort of a heyday at that point.

0:10:04 - Julie

Well, there's several things I want to unpack about this. First of all, back to the Aztecs and the Egyptians. I want to talk about the different cultures and the similarities that you found in their rituals to connect with the dead. I want to talk about that in a minute, but before we get there, I want to go to the pyramids, because pyramids are all over the world and there are scientists who are archaeologists and other quantum physicists that believe that the pyramids had some kind of a communication system with one another. It's no coincidence that many of them are on the same latitude and longitude coordinates and or they face a certain way or what this does way above my pay grade, and I'm wondering if you researched any of that and is that perhaps a way that they were communicating? I heard an archaeologist say it was kind of like a galactic internet. That was ancient. Have you heard anything or studied anything about that?

0:11:10 - Marc

A little bit. I've heard similar types of thoughts like that. I mean it's a little similar to what I've heard about Stonehenge as well. It was built in such a way to actually transmit. I think the kind of rock that was used I think it was quartz, which could transmit as well. So there's lots of thoughts about that kind of thing.

I haven't studied the structure or the locations of the pyramids in terms of relativity to each other that much. So yeah, I don't know. It's a good question. I mean there's a lot of interesting thoughts about those. That kind of I touched on a little bit in my other book too. *We Are Not Alone*, because, people, there's a lot of thought about the ancient alien theory that's been brought here from another civilization. I'm not sure I'm convinced about that, but there's interesting certainly interesting theories about that. I mean it is one of the mysteries for sure is how were they built and what was their true purpose? And did they do more than we can know? And have we lost that knowledge and do we ignore that possibility at this point?

0:12:12 - Julie

How did those Egyptian pyramids get built? I mean, they don't have the technology that we have now and I don't know that they could be built now. So one of the great mysteries of the world. The other thing that I thought was interesting about the pyramids is I've always thought of Egypt and I never thought much about elsewhere in the world. But the Aztecs have their pyramids, that's those Aztec temples or pyramid shape. The Asians have their pyramids. Apparently there are pyramids in America, on the mainland of America, and I know there are pyramids in Hawaii as well, in Bosnia and throughout Eastern Europe and elsewhere.

Fun story about that One of my graduates of my class. We were communicating with her deceased grandma's spirit in heaven and the grandma said you need to get involved in the political thing in your area because there's a power company that's trying to build an electrical plant in the jungle where the pyramid is and it's going to disrupt the ecosystem not only of your island but the other, all those islands in the South Pacific. We're going what? And so she looked into it and sure enough, there was a pyramid in the jungle. She had to go through some elders in the Hawaiian you know, hierarchy, culture thing, not the politicians, but the actual native Hawaiians. And they did some more digging and, sure enough, there was a company that was trying to develop a power plant in that area.

And here's grandma in heaven, her spirit, giving us all this information. She even gave us latitude and longitude coordinates and we were saying what? Yeah, it was really interesting, and they got it stopped. They got it stopped, they got it stopped. So, yeah, so the pyramid thing is fascinating to me. I'm going to find somebody who's an expert on that, see if we can have them on the show too. But that may be an explanation of how those rituals were similar in cultures that there's no way they could have interacted with one another. Tell us about what you found in your research with the similarities of the rituals for contacting spirits.

0:14:34 - Marc

Well, a lot of it was really just in terms of the preparation. You know that, both in Egypt and in Mexico or Central America you'd have, you would have things given to the, to the dead right. They would provide you with different tools, maps, different kinds of things you would need for this journey. It was always like a very arduous journey. You know, like um, you know it sounds like an adventure movie or something you're going through all these different kind of levels, uh, to get to a final location where you'd have this sort of you you know eternal life if you could pass through these different levels. So that was the main similarity.

The details are not fresh in my head at the moment, but it was a sort of get through these different levels, these different trials. They were complicated and so that's why you would have

these tools or these maps, or even like almost like a cheat sheet of things to know and to say and to get through. So that, to me, is what really struck me. And these were not. You know, this was sort of a long process to get through as well. So the fact that they both had that kind of thought and that preparation to me I just found quite striking. And again it's that idea of like it's not just you just don't just die and go in the ground, but there is this whole other pathway that you go through and then from there is there further connection.

0:15:52 - Julie

I think there's different thoughts on that, but the journey is what really struck me. So the journey of the person who died or the journey of the person who could communicate with spirit, or both.

0:16:01 - Marc

The person who died. Okay, yeah.

0:16:04 - Julie

Kind of like in the chambers in the pyramids, that they went through the different chambers and that's why they had food and riches and stuff and all the chambers.

0:16:14 - Marc

There would be things like that. Yeah, so again, all these preparations to help you get through different levels.

0:16:20 - Julie

Did the Aztecs do the same thing?

0:16:23 - Marc

Similar yeah, Interesting Similar types of props that you would be given, things you would need for the journey.

0:16:30 - Julie

You had brought up Stonehenge a minute ago. One of my best girlfriends just got back from a trip to Europe and they went to someplace kind of like Stonehenge in Ireland, but not well-known, and they had a private tour and they were the only people there and she said they had to climb up this really big mountain to get to it. And she had been to Stonehenge right, there's an N in it Stonehenge, yeah. And she said, oh my God, the energy there was so incredible. She said it was like twice as potent as what she felt when she was in England at Stonehenge and I thought it was interesting that it wasn't well known. I'm not sure I haven't heard all the details about how she had researched it, but that may be something kind of fun for you to research at some point.

0:17:23 - Marc

Yeah, yeah. And there's other kinds of, like, odd structures like that that you wonder how did that get there? How was that, you know, erected that the way it was? And then they do have these sort of amazing, you know, uh, significance with, like how the sun hits at a certain point and creates certain shadows or lights, or tells you different times of the you know seasons, wherever it might be. So there are, are these structures that don't seem to just be there, to be there, they seem to have meaning and have purpose, that they figured out somehow thousands of years ago. Again, it's one of those mysteries, but I love thinking about that kind of stuff. How do they know? How do they figure it out? How do they build? To begin with, was there more to it than we know now?

0:18:03 - Julie

Easter Island is another great example.

0:18:06 - Marc

Yeah, yeah, that one's fascinating too. I also talked about that in we Are Not Alone, and how they may have been able to drag these stones and build them, but it's still. It's remarkable. They're massive, and why.

0:18:19 - Julie

And the carvings in them as well seem to be pretty advanced from the pictures that I've seen, and I believe too that a lot of these areas are based on the energy that's in the land. Have you studied ley lines and vortices in the land in different parts of the world, and all of that as well?

0:18:43 - Marc

I didn't get too much into the ley lines A little bit in Chasing Ghosts, but not too much. It was more about more specific stories and different accounts. People have had, different people who've experienced things haunted places and so forth and some scientific thoughts about how either science can help detect the presence of a spirit or ghost or explain a paranormal experience, which I find both fascinating.

0:19:10 - Julie

Yeah Well, I want to get to that. I want to unpack that in a minute. I live in Birmingham, Alabama, and there's an area here called Gravity Hill. Have you ever heard of Gravity Hill?

0:19:21 - Marc

I think I know what you're talking about, but tell me.

0:19:24 - Julie

Okay, If you do a Google Maps thing, I mean it's even on the Google Maps so you can get there, but it goes down to a state highway and it's a hill and it ends with a stop sign onto the state highway. So the premise is you position your car facing the highway and you put your car in neutral and that pulls it up the hill backwards. Yeah, I have heard of that. Have you heard of that?

Yeah, so, a few years ago, my son was home for Thanksgiving and we were going to my daughter-in-law's family's home one of our aunts or somebody and it was out near Gravity Hill, and so I recruited my husband and my son, John, and I said, okay, we got to go do Gravity Hill. And they're like, oh God, mom, really. I said, no, no, we got to, so we have to, so we go there. My husband, Tim, puts the car facing the highway, puts it in neutral, honest to God. It pulled the car back up the hill like five miles an hour and they were going whoa, what is this? We did it three times in a row, went back down the hill, put the car in neutral.

The car was pulled back up at about five miles an hour and many universities have come to study it to see what's going on, and nobody's figured it out yet. So of course I had to scan it, you know, being a psychic medium and a medical intuitive. So I scanned it and I thought there's probably some Indian burial ground or something up there that you know has a bunch of spirits pulling the car backwards or something like that. No, it wasn't that exciting. There was a vortex that I could see that was.

There was a vortex that I could see that was pulling the car back, almost like if we put a chain on the car, you know, like a wrecker was coming to pick up your car that broke down on the highway and it pulled it up back up the hill and then there was a burial ground further out because I could scan the terrain and see what was going on. But it's similar, I think, to the vortices that people talk about and that I've seen in Sedona, Arizona. When I'm up on a

mountaintop in Sedona it looks like a bunch of little vortices, like a bunch of little dust devils that are spinning in the valley and people talk about. The vibe in Sedona and other places is just so amazing. The other place I felt it was in New Mexico, Santa Fe, and places that are really high up in the mountains in New Mexico, which you know. There's all kinds of stuff going on in New Mexico, but that's another conversation with the UFOs and all that jazz it is.

0:22:05 - Marc

I was just thinking absolutely. There's a lot of mysterious things there.

0:22:09 - Julie

Yeah, I know you've done research on that as well. So back to what have you found about the spiritualists? They were based in England, right, and tell us about their. It's a church. Tell us about their. It's a church, isn't it. Tell us about what that whole movement was and how it originated and how it's developed.

0:22:34 - Marc

Well, the modern spiritualist movement really started in New York, in Hinesville, New York yeah, western New York with two young girls like 13, 11. Their ages differ based on the source but they're young and obviously there was things happening before them, but they are kind of marked the start of what's called modern spiritualism. And so they claim to be communicating with a ghost that was in the basement, someone who had died and been buried in the basement, and they told their parents and they're communicating through, you know, wrappings, knockings, basically going through the alphabet, and you know two knocks. One knock would be an A, two knocks would be a B, so on and so forth. So there's a lot of knockings to get through the alphabet. And then they would do things where they could mimic they could snap their fingers and they would snap and mimic it. So they started communicating that way and word got out. Neighbors are flocking to witness this for themselves. And then word just spreads and they had an older sister living in Rochester, about 20 years older, who came over and brought her sisters to Rochester and they started holding sciences there and drawing big crowds and they went down to New York City and drew big crowds and they went down to New York City and drew big crowds, started traveling the country. Then they went overseas to England and performed all over um through Europe. So these, these young girls and their sister were, you know, just a sensation when trying to communicate with the dead and, you know, having people come and witness this and, and really you know, exploring the whole thing because following them, very shortly you have mediums coming up all across the country, thousands of them very quickly in fact. They were followed by two brothers called the Davenport Brothers, also near Buffalo, New York, so same kind of area who were doing their own kind of performances and seances with instruments which was very interesting and spirit cabinets. So this was really the spread and it took off again over the decades that followed.

You had different kinds of mediums, sort of evolving the way they were communicating with the dead. You had slate writing where they would take a slate. You'd ask a question and an answer would appear within the slate. A piece of chalk would create the answer. And there were again, there were people who were doing that. Some of them were caught cheating, others uncertain how they were doing things.

One of the ones I thought was most impressive in terms of the spiritualists, who actually didn't call herself a spiritualist was Leonora Piper. I'm not sure if you're familiar with her. She was around the turn-of-the-century era and she would go into a trance. She turn of the century era and she would go into a trance. So she was more of a trance medium and and she would just fall into a trance and then tell people things that would be true that there was no way she could know, and it really at that time again it'd be harder. I mean, you could send there's people who, who might be fraudulent mediums, who might send scouts out, collect information, that kind of

thing, to then be able to convince people that they were legitimate. The stuff Leonora Piper was doing just seemed beyond that possibility. I don't know how she could have done it.

There was one case where she was in, if I remember correctly, in the Boston area and she talked about one of the professors was visiting her and doing a reading with her and she talked about how, I think his aunt had passed away or something down and around New York, so you know, separated by hundreds of miles, and that person got a letter the next day announcing that his aunt had passed away, just as she said. So how could she have even gotten news that quick, even if there was something? So things like that I thought were really remarkable. Just that she had this ability and she actually claimed like I said, she didn't claim to be a spiritualist.

People kind of put her in that category at that time. She wasn't sure how she was getting information. She said I don't know if I'm getting it from spirits, if I'm getting it from other human beings, which kind of started to raise the idea of more like ESP, could I be transferring, or thought transference, could it be something like that that's going on with her. So I thought that was a particularly interesting case. And again, there were all these mediums doing amazing seance performances with table levitations, things appearing in rooms, spectral faces, hands, ectoplasm stuff from Ghostbusters was really happening that green slime stuff, stuff like that was coming out of people's mouths and usually that was something they would swallow cheesecloth or something and pull it up.

0:27:03 - Julie

All kinds of things were happening, so that was fake yes, yes, but these were the things that they were manifesting at this time pulled up and all kinds of things were happening.

0:27:06 - Marc

That was fake, yes, yes, but these were the things that they were manifesting at this time, and some of it. There was another woman, Eusebio Palladino, who was also quite fascinating. She was an Italian woman, again around the turn of the century era, and she would do all these things the table levitation, making things appear, voices, the knockings, all these kinds of different things were happening and she had a researcher named Herward Carrington studying her a lot. There were a lot of scientists researching her. But Herward Carrington, are you familiar with him at all?

He was a big psychical researcher at this time.

He wrote a lot of books on this topic and he was very much convinced that Palladino was legitimate, that she was one of these authentic mediums at the time, and he brought her from Italy to New York and people were studying here in New York as well, and there were some people who were finding that she was doing certain things to cheat, to basically say, okay, you're not really doing this, you're using your foot in such a way and you're manipulating things in a certain way. And so Carrington said that might be true, but she might be doing that only because she's trying to please everybody who's constantly coming to see her perform, and she can't always perform on demand, so sometimes she has to just put on a show, which I thought was interesting also, yeah, you can. He could have said, okay, she's just faking it and she's, you know, becoming a celebrity from it, but he chose to believe that, no, she's real. She just can't always be real. So again, interesting perspective, interesting for a researcher to come up with that conclusion.

0:28:47 - Julie

Back to the you know the parlor tricks and stuff. I find it fascinating that the Ouija board was best selling game period in the world and was Milton Bradley's number one selling game, and it's patented. Mark, I'm an inventor of surgical devices sold throughout the world. I have patents. I know how hard it is to get them, and can you imagine being the patent examiner in



that meeting when he's seeing the proof that the Ouija board works? I would have loved to have been a fly on the wall for that. Can you even imagine?

0:29:29 - Marc

Yeah, it is amazing that this is available in every toy store Target, but that was also it's patented, I'm thinking, wow, trademarked I get, but patented is a different story.

0:29:44 - Julie

And when it became something considered to be evil was when it was used in the Exorcist movie, that's right, yeah. Yeah, because before then every house had one. We had one, and there wasn't any spirit stuff going on in my house that I knew of. I mean Catholic stuff, maybe praying to Saint Anthony when my mom lost something, but not not, uh, spirit stuff by any means the Ouija board.

0:30:12 - Marc

you know I was mentioning how there were different ways. You know, the fox sisters were doing knockings and wrappings and you had the slate writers and the. The Ouija board was kind of a way to be more efficient. You know, we don't want to wait till you get to, you know, knocking up the W or something. It's going to take forever. Let's just move this thing over, you know. So it was kind of developed to help make more efficient communication. That said, I talked about various writings through the Ouija board in Chasing Ghosts.

So there's a lot of different mediums who claim to have channeled different writers, which I find fascinating. Shakespeare, for example I love the idea that he's so prolific in the afterlife. You know he didn't stop. That didn't stop Shakespeare, so he wrote. I have a quick excerpt from Hamlet in Heaven in the book that came through a Ouija board. And Mark Twain as well wrote a book which I actually have on my shelf behind me called Jap Heron, this whole book written through the Ouija board and the mediums. There's an intro from the medium. He talks all about the experience and I'm trying to picture that, like you were talking about the patent guy, which I think is a crazy visual. I'm trying to picture this medium taking down every letter of a book, and there were several, I mean there were quite a few that were doing this kind of thing. Again, this was like early 1900s.

0:31:35 - Julie

We used to do this in the 1970s, in 60s, late 60s Well, yeah, probably late 60s, early 70s at slumber parties. We weren't that fancy but we would use the Ouija board and my you know, my girlfriends and I would be at somebody's house and there'd be 15 of us or something spending the night and they had this movie on Friday nights in Columbus, Ohio and it was called Chiller Theater. It was some kind of a ghost movie and so we'd all watch that and, you know, scream and get scared out of our minds and stuff like that. And then of course we'd try the Ouija board and we'd try and get somebody to levitate. We'd try and levitate somebody, try to get somebody's body, and I could remember all of us putting two fingers from each hand underneath the body and of course we always chose the smallest, lightest weight girl. I never got chosen because I was big, but you know, 5'9". Even in seventh grade we'd try and get her lemp teeth. It never worked for me.

But I have talked to other women that say that was kind of like a typical slumber party thing to do, and I have talked to other women that said that they were able to get information from the Ouija board and also make one of the girls levitate at the slumber parties. So yeah, that would be a new chapter in your next book. You know, slumber parties of the 50s, you know whatever with the Ouija board and all of that. So back to the turn of the century. I know what is it? The London Psychic Society or the Seance Society or something like that. It's a real club that was there.

0:33:18 - Marc  
The London Ghost Club.

0:33:20 - Julie  
No, it was like the London Seance Society or something like that. I've read about that that it was a real thing and it was there for a long time and it was basically the blue bloods of town that belonged to it the men, of course. The women weren't allowed to do any of that and that when somebody would die they would go and have a seance at this club and they would go and reach the person who died. I'm pretty sure it's the London Seance Society, something like that.

0:33:57 - Marc  
I'm not surprised, I mean it was very popular and part of it was, you know, for the reasons you just said, and part of it was for some. I think it was entertainment, it was something to go do and it was fascinating. And in that whole era I mean Queen Victoria, victorian era Queen Victoria was a huge spiritualist Really. Oh yeah, yeah, she had seances in Buckingham Palace. She communicated with her ex-husband, prince Albert, who supposedly she got guidance from in terms of how she governed policymaking. I mean, there's some amazing stories about Queen Victoria.

0:34:34 - Julie  
Wow, can you share one? Does one come off the top of your head?

0:34:41 - Marc  
I have to dig back in the book here, but I know that she had a young medium at the beginning and then she switched to another medium. The young medium was, I think, like 13 or something. So he was quite young. Hang on one sec.

0:34:55 - Julie  
Well, and while you're looking that up, certainly Merlin the Magician in King Arthur's court was a medium and an astrologer and all of that, and all of the kings and the popes and the rulers, for pretty much in every civilization, had somebody in their court like that that could help them predict the future and could look at the stars and whatever else, and they were all getting guidance from spirit. I have several clients that are CEOs of major companies that are publicly traded that you wouldn't believe, you know, and I do sessions with them, I have appointments with them and they, you know they want guidance from their spirit guides or their, their counsel. The um, think and Grow Rich by Napoleon Hill.

Are you familiar with that book? No, it was published in the 1930s and I want to say that he was involved with the, with Rockefeller, and he was like an intern for him. He was like an apprentice kind of a thing, but in financial ways, and he talks throughout that book about having a mastermind group and the mastermind group was all spirits, that Rockefeller and Ford and Edison, and you know those big dogs, Harvey, Firestone, those big barons in business back in that time they all had spiritual groups that were, I say, groups like spirit guides that would come in and advise them on business things. And Napoleon Hill wrote about it and it's probably the best-selling sales book ever written. Yeah, think and grow rich.

0:36:54 - Marc  
I'm not surprised and, like you said, I think a lot of people do have these advisors. I'm having trouble finding this right now, but it reminded me of another story, which I'm on the page here now, from President Lincoln and his wife, Mary Todd. Lincoln was a big spiritualist. Again, this was that same era, you know mid-1800s. Again, this was that same era, you know mid-1800s. And so she used to have mediums at the White House, often having seances and finding out information. And so there's a story that one of those mediums spoke to Abraham Lincoln and

warned him that you know, he might be assassinated, and I think Lincoln kind, kind of he brushed it aside. I think he was thinking like, look, I know, like there's a lot going on and there's people who don't like me, so not maybe the most shocking thing here that could happen.

But this medium had actually met with John Wilkes Booth just before this, because John Wilkes Booth was also in a spiritualism. He had a brother who had died and tried to communicate with him, and they were out drinking and John Wilkes Booth, I think, had a little too much to drink and said a little too much about his plans, and so this medium went to tell Lincoln what he found out. Um, obviously that wasn't heated advice and we know what happened, but I thought that was a pretty fascinating story that a media may have actually gotten information from the living. Who was going to do the deed? Because the LSU wants you to drink.

0:38:25 - Julie

Yeah, well, and what do you do with that information? Hey, there's a good chance you're gonna be assassinated, okay, well, what do you do with that?

0:38:32 - Marc

information. Yeah, well, you can't. Yeah, what are you gonna do? Stay in the room all day, I mean, but still, you know, interesting, interesting moment. And Mary Todd Lincoln also was one of the early people to have a spirit photograph taken by William Mumler where you see the faint outline of Lincoln behind. So that's a whole other category of spirit photography.

0:38:54 - Julie

In the White House or in her home after she left the White House, or what?

0:38:58 - Marc

No, that was. I'm trying to find a picture. I have that in here. So are you familiar with William Mumler? No, so Mumler.

0:39:07 - Julie

This is why I wanted you to come on, because I don't know any of this history and I'm interested in it, so I think my audience is probably going to be interested too.

0:39:14 - Marc

Yeah, it's really fascinating. Where is probably going to be interested too. Yeah, it's, it's really fascinating. Uh, where's, where's? Here you go, 96 200.

So William Mumler was the first spirit photographer and this was in Boston, um, like late 18, mid 1860s. Um, here's the picture. How well you can see that? Here I got a bit of a glare, but yeah, I think you can see there, right. So so Mumler would take these photos.

They started off kind of just by accident taking a self-portrait and he saw this sort of ghosted image behind him and he didn't really think anything of it, maybe just didn't clean the plates properly and ended. A friend who was in the spiritualism said I think you got something here. You should keep doing this. It seems like you're capturing spirit. And keep in mind, photography is new at this point, right, it's not like today where you take pictures of everything all day. You would have to go, spend a lot of money to get a photo taken. So a lot of people had no photos. They might have children who had died very young that was a common thing back then right, with no photographs of them at all. And I think he charged about ten dollars per photo, which, again in the 1860s.

0:40:21 - Julie

That's a lot of money, so you know they they um took photos of corpses in their casket yes, which was like what yeah, yeah yeah, that was pretty common back then too, wasn't it? So was he doing? It sounds like he was doing some of that, perhaps for some of his clients as well I don't know that he did.

0:40:41 - Marc

That was post-mortem photography. I don't think he was doing that, he was. This became his, his specialty of doing ghost photography basically spare photography. And so he would have people come and they would. They would swear that the figure that would appear behind them was someone that they recognized friend or lost loved one, family member. And he did this for many years. And then, of course, there were people who were saying you're just tricking people and you're taking their money. And he would have these different photographers say okay, come to my studio and try and replicate with my equipment, because the photographer would know, like, this is my, my stuff, there's nothing you've done to it. But he would still do it. And it was amazing. There's I have a you know letter in the book about that from one of the photographers, like how, how is he doing this with the other person's equipment or being watched by another photographer? So at that point, um, again, this is all like late 1860s, early 1870s.

Pt Barnum thought that of course, this is a big humbug, you know, it was kind of his thing, like he would present things that weren't real, but he would be more. He would say like, let you decide, I wasn't telling you that. This was really the thing. I'm just presenting it to you and you come away with your own decisions. But he thought, okay, this is ridiculous what he's doing. I can have a photographer do the same thing and of course, Barnum does have photos of him with the ghost behind him, created on purpose. So a case was eventually brought against Mumler and he was taken to court and there's spiritualists on one side and other people on the other side going against him and he was exonerated because no one could prove how he was doing what he was doing, which I thought was fascinating. There's a I actually have on my wall another room cover of harper's weekly with all the different ghost images and Mumler about the court case.

0:42:26 - Julie

It's pretty fascinating and PT Barnum being the circus guy. Yes, yeah, Barnum and Bailey exactly, yeah.

0:42:35 - Marc

Yeah, then spirit photography spread from there, um quite a bit overseas as well. There are a couple french photographers who did beautiful square photography. In fact, I should have kept this open. I'll show you another picture. But these photos, I mean they're, they're amazing. Another one was brought to court for the same thought that, like this is you're, you know you're defrauding the public. Here's more of the Mueller photos. First of all, On those pictures.

0:43:02 - Julie

For those of you that are listening and not watching, the one that I noticed the most, Mark, is a man, and there's a spirit of a woman standing behind him. Who is that?

0:43:16 - Marc

I forgot who this man is specifically. I think a lot of these were just regular people.

0:43:21 - Julie

Okay.

0:43:21 - Marc

Yeah, they weren't all celebrity types, like married celebrities, but in some cases they were children and there were no. So you could say that, like I had a photo of this person preexisting and I was able to ghost it in the background with you know, double exposure kind of thing, but in some cases no pictures existed of these people. Usually children and parents would recognize their child, so either something's going on or did they just want to believe that that was their child and convince themselves. This is another one Again, sorry for those who aren't able to see, but it's in the book, but I love this one. This was by a french photographer, um named bouge, and, and he was actually caught. They, they found that he had a bunch of props, the whole staff that was helping create these images, which are, I mean, it's beautifully done, again, very creative. Like as a creative guy, I totally appreciate what they were able to pull off.

But when he went to court, one of the spiritualist, um William Moses, was so convinced about the cases that seemed legitimate that he was convinced that he was only, uh, admitting to fraud because he was being forced to do so by the government. So he was still convinced, even though he admitted it was fake, that it was, it was real. So again, he had a lot, of, a lot of people competing for what was what was legitimate, what was not. Um, but again you had a lot of people competing for what was legitimate, what was not.

But again, just a fascinating time of what people were doing and how much of it. You know how many were legitimate, how many were fraudulent and taking advantage of the public. So there's a lot of things were going on at this time. Houdini was a huge, he was a believer and he wanted to expose those who were fake. Houdini was a huge, he was a believer and he wanted to expose those who were fake. Houdini very much wanted to believe in the afterlife, but he was not a fan of the fraudulent mediums and because he was a magician, he could very easily replicate what they were doing and show how they were pulling off different stunts. So he's another interesting figure in this whole story.

0:45:17 - Julie

Well, and in anything, you've got frauds and you've got the legitimate people as well, so it's not a surprise that that was the case back then. Today, let's fast forward today to photography. People send me photographs all the time and it's been my experience, mark, that our digital phones take and cameras. It's been my experience, mark, that our digital phones take and cameras. Most people just use our phones to take pictures, that they take the picture so fast that they can capture a lot of the time spirits that are in the picture, and a lot of times they show up as orbs, and if you take the picture and put it on your desktop monitor and you blow it up, often you can see a face inside the orb.

So people send me pictures all the time and again I learned how to be a psychic medium and medical intuitive and people send me pictures all the time and they'll say, well, who is this? And I'll say, well, it's your Aunt, Francine. And then I'll say, blow it up and see if you can see a picture. And sure enough, a lot of the time there is a face in there. Furthermore, when a baby before it incarnates, its spirit attaches to the mom's energy field, which is like that aura that you showed the picture of before, and it looks like a little orb that's hanging on to the energy field. One of my graduates who's a physician in London, she sent me a picture of her friend and it's her LinkedIn picture and she said check this out. And I looked at it on my phone and I didn't see anything and I said, yeah, what do you want me to see? And she said, no, put it on your desktop and blow it up. There is a face in there, there are eyes in there and it looks like one of those people from the Avatar movie, the blue people. That's what I thought. It looks like the Avatar movie. I'm thinking. Did James Cameron channel this? You know how these people looked at his screenplay.

And sometimes and I'm interested to hear your take on this it's been my experience, Mark, that sometimes when spirits are coming through our dense reality, because spirit, you know, is a high vibration, it's just energy, but we have a dense reality here in our human existence. There was one story in particular my girlfriend was telling me about this spirit that was coming through her front door and it was an evil spirit and I said well, all spirits are pure love. She goes, not this one, and I said no, yes, it was. Oh, she got up, you'll love this. She had an umbrella stand near her front door and her son's golf club was in the umbrella stand. So she got the golf club and she went to go swing at the spirit and she said you're not allowed in my house, fine, fine. So she's telling me about it, and so I did an instant replay on it, and this was years after it happened. I didn't even know her when it happened and what I saw was, as the spirit was coming through the front door, she had a very thick wooden front door. It distorted its image, much like the robbers used to put a you know, a pair of pantyhose on their face to distort their images. That's what it looked like and we were able to communicate with the spirit and it was a Confederate soldier who had died in battle and he was looking for his daughter and we got his name, we got where he was from, we got other information about him, we got his daughter's name and it turned out that his daughter had reincarnated as my friend's daughter. And we got all this information that we could corroborate with historic documents online, which was so fun. Yeah, it was wild. So we can do instant replays where it's kind of like in a football game and if you're watching it on TV and somebody makes a touchdown and then they go replay the touchdown. It's a similar situation.

I have thousands of stories like that about spirits giving us information that's so random that it just wouldn't make sense to anybody except the person with whom I'm conversing and it means total sense to them immediately most of the time. Like somebody showed me these tomato plants with big red beefsteak tomatoes and I'm talking to these twin women, the sisters, and I said your dad spirit. He showed me these big tomato plants with these gigantic beefsteak tomatoes and they both squealed and I'm thinking this is so random, I'm almost embarrassed to say it, but they said my dad was known for his beefsteak tomatoes and not only did our family enjoy it, he gave it to all the extended family, he gave it to the neighbors. He was known as the beefsteak tomato guy. So they'll give us these signs and symbols and things, plus information too.

You know in sentence form that I just there are so many times that I think, oh, my God, I'm going to sound so crazy when I convey this information, but I don't edit anything because I would say 99.9% of the time it means something to the person with whom I'm speaking and if it doesn't right at that moment, it will in the future. Sometimes that pertains to something that hasn't happened yet. So I find that interesting. Yeah, is there a part of the world or a culture that you find that this is more part of that culture's zeitgeist? I think of England, maybe because of the Harry Potter movies and Dickens with the Christmas carol that goes to Christmas, past, present and future, and I think of Shakespeare and Hamlet and I think of, you know, other Europeans, like Plato's Republic. I mean, there's spirits through all of those different classical texts. Have you found that it seems to be more prevalent in European societies just because they're older.

0:51:36 - Marc

I mean you're definitely right about that, Even like Greek, also Greek mythology, the Odyssey you have the underworld and you have spirits in there as well and the idea of improper burial being a reason for spirits to continue to walk the earth. So it really does go. I mean this goes back to earlier conversation. It goes back to early history throughout various cultures. I would say I mean there is a lot. Just I think Victorian England there was just a lot of it, probably because of Victoria is a big part of it.

Dickens was a big part of it as well and had his own odd experiences and his book, his last book, the Mystery of Edwin Drood I think I got that title right. I actually have it on the shelf

behind me as well. That was I don't know if you know, but he didn't finish that book because he died. He almost finished it. There's another author who later claimed to have finished it through the spirits of Dickens later, which is an interesting little side note.

So I would say that's definitely one that certainly there's a lot of belief there and a lot of Victorian mourning traditions, things like that. But also, like I mean you have Mexico, the Day of the Dead. I mean there's a lot of cultures you know Mexico, South America, I think that's just, it's nothing new Like they believe that there's life after death and it's not like an odd thing like it is in this country, where you have people who question or don't believe. I think it's more of a given in all of other cultures and they think that we're probably weird for even questioning it to begin with. So I think it really does vary, but the belief is there.

0:53:10 - Julie

All Hallows' Eve, right Halloween, the Feast of All Saints' Day the following day, with all of that and elsewhere. Where do you find books on this stuff? Do you go to like a Diagon Alley Is that what they call it in Harry Potter? You know where they have all the magic wands and all that kind of stuff. Where do you find this stuff? Is it readily available, or do you really have to scour different old bookstores and online sources to get this information?

0:53:42 - Marc

I mean mostly now it's online places. I mean I wish I knew more bookstores I could go and find these things, but there's a lot of. I mean eBay is a huge resource for finding these books. There's a few sellers that kind of specialize in these things, uh, which I love, so I go there.

There's another website I forgot what it's called exactly um, it's like I could probably look it up quickly isp, op, something like that. Um, I'm probably mixed up a few letters, but it's basically a website that has all of the spiritualist probably mixed up a few letters, but it's basically a website that has all of the spiritualist, uh, newspapers and the publications, um, scanned and available online so you can read through. There were lots of different publications, like the medium and daybreak and the banner of light these you know, newspapers basically for spiritualism, and you can comb through these pdfs and read all these different articles about what people are experiencing. You can find, like the classified ads for mediums advertising their services. I mean it's just, it's all there, it's all. You can find all that stuff online. And then the books I've collected I've bought mostly through eBay and various sellers online. Like I said, you need to specialize.

0:54:53 - Julie

You mentioned in some of the trials that the spiritualist was in the trial you know maybe was on the jury or whatever. Were the spiritualists considered to be like a religion, or they considered to be a political group? How? Were they a religion.

0:55:13 - Marc

Yeah, it still is. In fact, when I was researching, I went to Lillydale, New York. Are you familiar with Lillydale Assembly?

0:55:21 - Julie

I've heard of it, but tell us about it for those that aren't aware of it.

0:55:25 - Marc

Yeah, so this is a small community in western New York. It's not too far from Buffalo, so again kind of close to where the Fox sisters were, and sort of everything originated in this country. In fact they had the Fox Sister house in Lillydale until it burned down. Now you can still see a marker for where that house was. But it's a small community and you walk around, it's gated. They have events all summer long. So if anyone's listening, you can check out their website.

They've got events all the time and I mean almost every house there has a medium sign out front and you can meet with different mediums. They have a place called Inspiration Stump where there's a lot of energy from a tree stump that's been there for a century or so and they have mediums that work with audiences there. But yeah, and then they have the Church of Spiritualism there and basically you walk inside and there's like the tenets of spiritualism and I think the first one says we do not die and it goes through these different levels of what the religion's about.

0:56:25 - Julie

So yeah, it's considered a religion Interesting. What is something that surprised you the most? When you came across the research to corroborate a claim and you thought, oh, there's no way that this is real. Is there anything that stands out?

0:56:45 - Marc

So a few things I'll mention. One was Leonora Piper, who I mentioned because I'm amazed how she was able to find information that she seemed to have no way to have access to, other than some sort of paranormal means. So I thought that was fascinating of ghosts getting or ghost delivering messages through through mediums, um through, I guess it was called, like evp, um through electronic voice transfer, um. And there's a system called the estes method the couple guys came up with at Estes Park where the Stanley hotel is, which is where Stephen King was inspired to write The Shining, and they would do a thing where they'd have one of them would have like complete sensory deprivation, so he'd have a mask on and he'd be in a separate room and he had headphones on and another person would be in a totally separate room and would ask questions and an answer would come through this, you know, a spirit box, basically through like a transmission into his headphones, and so the guy with the headphones, who would have no idea what the question was, just asked somewhere else and he can't see or hear anything, he would just say whatever comes through the headphones, if something came through, and then they would compare answers to questions later and they had enough hits. And I spoke to someone else who worked at the Trans-Allegheny Lunatic Asylum in West Virginia, which is said to be very haunted, and she also had these amazing results were very spooky, and I list some of those in the book but some of those stories, but again it's like okay, how, uh, it's a weird coincidence to have these answers to these questions were being asked. So I thought that was odd.

And then I mentioned briefly earlier about science and and one thing I thought was really, really interesting was a guy his name was Vic Tandy. In the 70s he was researching in England and he was working in some industrial sized factory manufacturing company or something late at night and he was also into fencing, so he had his fencing, his foil. He had a tournament the next day, so he had that out, polished up or whatever that night while he was working and he stepped away and came back and he saw that the foil was like kind of wobbling like that. But there was no reason for it to be and this place was also said to be haunted. So he was trying to figure out like what's going on here.

People said they'd seen things shadowy figures, you know the different kinds of haunted tropes, and he discovered that there was something called infrasound coming through one of these industrial-sized fans in the place. And that was this I think it's an 18.6 hertz wavelength that we don't detect, but it affects our eyeballs and our minds. So it vibrates the eyeball, not that you would feel that it's that minute, but that would cause shadowy figures to appear and it causes fear in some people. And so we realized like, okay, here's this weird wavelength that seems to have this weird effect on our brains that's causing people to have sensations that seem to be paranormal. And so we started measuring places like cellars and corridors, narrow corridors and he was finding infrasound present in those locations as well.



And he thought, okay, is this an explanation for why people think they're seeing these kinds of things? And he thought he kind of tapped into something which might be true, but he acknowledged that this doesn't explain everything by any means. But here was something that seemed to explain some things through science, which I thought was really interesting. Like is there things happening with our brain that cause us to fill in the answers on our own with okay, I, I saw something, and so I'm going to define what that was. Um, because I I don't know what it was so well, I assume I saw a shadowy figure it was a ghost of, but maybe it was some sort of effect from infrasound on the eyeball. So to me that was really interesting, like, okay, we tapped into something here with how the brain works and how science interacts with it.

1:00:41 - Julie

Oh, I think absolutely, because when I'm scanning a situation where somebody is at the end of life and I'm working with the family about what I have coined the 12 phases of transition, how we're surrounded by angels and the spirits of deceased loved ones and pets and I raise my vibrational level this is what my graduates do too to a really high level, in a nanosecond, and I can describe to them okay, there's a woman there that has white hair or hairs in a bun, she's gone on a pale yellow sweater, it's got pearl buttons up front. They go oh, that's Grandpa Barry. And I'll say and there's a, you know, there's a dairy cow there, and there's a horse there and there's, and I'll describe what they look like and they'll say they know who these spirits and who these animals are because the spirits of deceased animals are there as well. And interestingly enough, mark, university-based research shows that 90% of people at the end of their lives see the spirits of deceased loved ones and pets either in dreams or visions 90%. I've done university-based research on surgical devices.

It is not an easy thing to do, and just to get it through the review board at the university level is an act of Congress in itself. So I find that really fascinating. So perhaps it was that those people that were seeing those spirits, or those shadowy figures, as you called it, were able to access that frequency and they were able to transmute it from the frequency into the pictures that came in into their mind's eye, much like what I and my graduates do. It's really fascinating stuff and I can't explain it and I don't try and explain it, and I can't explain it and I don't try and explain it, and I don't know who made the quote or who said the quote of. Just because you don't believe it doesn't mean it isn't real.

1:02:39 - Marc

Yeah, well, absolutely.

1:02:40 - Julie

With everything.

1:02:42 - Marc

I had an interesting experience recently researching my next book, and I'm kind of wondering if you've ever experienced any of this. It sounds like maybe you have to some degree, but have you ever explored remote viewing?

1:02:54 - Julie

Oh yeah, all the time. Do it every day, many times a day.

1:03:02 - Marc

So I've been writing about that and I took a class with someone who did it for the government for about 10 years or so and I kind of freaked myself out with the results. I was getting Like how? Because I just did what he said to do. I just tried to follow the process exactly as he said to do it, because he would give us an assignment, basically, and then we'd submit it and then we'd see what the place was and compare, and I was shocked that I was getting these impressions that could be that close to where he was, when he could have been anywhere in

the world, you know. So I thought that was fascinating and you mentioned before, like how you can tap into, kind of get that line into a different spirit. This was the same kind of thing like a line into information yeah, yeah, well.

1:03:45 - Julie

I teach remote viewing in my classes because when I'm scanning somebody medically I'm like like a human MRI, so I connect into them and then I'll see a hologram in my mind's eye of their body and I can see in my mind's eye broken bones, torn ligaments, viral infections, bacterial infections, cancer, whatever. I worked with a client earlier who has lung cancer and I could see the tumor. I had scanned him a couple months ago or something and it was interesting because I haven't seen this I don't remember. Maybe I have, but I didn't remember where I could see the tumor. But around the tumor was like a shadow of where it had been and the tumor was shrinking. So there was still some of the energy of the tumor that was larger around the tumor. I didn't get that. It was like a halo or an energy field around the tumor. It was where the tumor had been and had been larger and then it had come down.

And I scan people in surgery all the time, real time, and the family member will say, okay, we took that back to surgery and I'll say, okay, I'll check on him when he's in there and I can tell you how many surgeons are in the room. I can tell you where they are in the procedure. I can read the anesthesia equipment. That's all non-local reality. Everybody has the ability to do all this stuff. It's just being able to reach those high frequencies. The movie, if you haven't seen it, is Third Eye Spies. Have you seen that documentary?

1:05:20 - Marc

I just watched it because I just spoke with Russell Targ.

1:05:23 - Julie

Yeah, isn't that great.

1:05:25 - Marc

Yeah.

1:05:25 - Julie

Third Eye Spies. Tell everybody about the Third Eye Spies.

1:05:30 - Marc

So Third Eye Spies. So this was part of this government research project that goes back to the early 1970s and two physicists at Stanford Research Institute, Russell Targ and Hal Puthoff, started running experiments. They got the CIA to fund this and ended up becoming a program within the Army in different divisions, but basically they worked with a couple different psychics. They worked with a guy named Ingo Swan who coined remote viewing and would you know, see these, what was happening in different places. So, like Russell would stay with Ingo and how will go to a location in the bay area and Ingo would describe it and, of course, no one knew other than Hal where he was going and they found this amazing accuracy. They worked with Uri Geller as well, the Israeli psychic who's best known for bending spoons, but he was doing these things as well. And then they worked with another psychic named Pat Price, and both Pat Price and Ingo were viewing a secret military location in West Virginia with amazing accuracy, pulling names off of file cabinets, code names, and one of the CIA guys in Third Eye Spies talks about how problematic that was. People came in angry like how did they know this?

So it's a fascinating documentary about this program and how these two guys got this started and they got lots of amazing quotes from people within the CIA talking about it and the information that they were able to gather from it. So it's it's a couple. There's a lot of

precognition in as well. There's Pat price had viewed a secret location in Russia where they were working on weaponry and talked about. Things were very accurate and then he included these giant 60-foot spheres. They were building bell spheres in the basement. They weren't there and they thought like well, he's wrong about that. But several years later they discovered that they were there, they were being built. They just haven't been built yet yeah, which is crazy.

1:07:21 - Julie

And they, they could uh, I believe they could locate where the russians were moving their portable ICBMs from a latitude and longitude coordinate standpoint, and I don't believe that we had the satellite capability to do that yet. It's really a great. It's called third eye spies for those of you that are interested in that kind of thing. Okay, a couple more questions as we're winding down. I could talk to you all day. A couple more questions. Obviously, you're led to research all this stuff and I'm sure you're probably still trying to figure out why exactly you've been led to do this. Has this, how has, if it has, has this research and this journey for you affected your life, and have you had feedback from people who have read your books and heard you in interviews tell you how it's affected their lives?

1:08:22 - Marc

Well, I would say one thing I thought was I didn't actually mention this earlier in terms of things I found especially interesting mentioned this earlier in terms of things I found especially interesting, but as I talked to people about this book friends who I've known for years, sometimes coworkers as well they would tell me stories that they had, experiences that they had which they'd never shared with me before, and they were pretty amazing experiences, and a lot of them were from when they were children, but not always. So it was very interesting to see these people having these you know, people I know having experiences. It's one thing to hear different stories from people you don't know, but hearing it from people that you're close to.

1:08:54 - Julie

What kind of experiences in particular?

1:08:59 - Marc

Generally seeing some kind of spirit, a ghost of some sort, and the way that the story unfolds is you know they're interesting. And the way that the story unfolds is you know they're interesting, like one of them was a friend who was visiting an aunt when he was a kid and could not sleep in his room because he felt that there was an old man hiding in the closet and he had this weird feeling and freaked out, couldn't stay in the room. Years later he never said anything about it. Years later he said his aunt had gotten rid of the house and said she could never sleep in that room because there was something weird in there. His aunt had gotten rid of the house and said she could never sleep in that room because there was something weird in there. And they found out later that the neighbor said that the previous owner was an old man who was grumpy and had died in there or something like that. So it was like these weird things that like oh, that's yeah, that's extra creepy when you hear that Like okay, that gives some credence to what he was saying and experiencing. You know, not just a kid with imagination, there's something to it. So to me that just kind of added to the belief that, okay, there's something to all this, and I think that they felt also, reading through these stories and seeing other people's stories, that it kind of gives them, I think, a bit more validation for what they were experiencing as well.

For me, I mean, the thing I just mentioned to you about remote viewing has been been that's been a powerful experience, because I mentioned, like talking to friends who have had experiences as powerful, but I hadn't had something myself. I've been on the ghost tours, you know I've. I'm certainly open-minded, but I hadn't had anything where I thought like, wow,

that's definitely something that makes me, that convinces me, because I personally experienced it, which is just a big difference than reading about it or hearing about from others, which is just a big difference than reading about it or hearing about it from others. But the remote viewing, that was fairly transformative, just because I know what was in my own head, I know what I saw in my head and I know what he showed me, and I don't know how that was possible, other than maybe there being something to this, all the research, the stories we just talked about. I mean it's happening in some way. It would be amazing to find out how you want to know.

1:10:56 - Julie

I can tell you how. Our heads are all big satellite dishes. They receive and they transmit frequencies. When we think of someone, or we think of a place or we think of something, that tunes our satellite dish head to that frequency, and it's kind of like you're tapping into the frequency of that situation. So, when I'm scanning somebody who's having surgery, I'm thinking of that person in the operating room, I go into that frequency and it's like there's a satellite feed that comes into my head and I get information, I get visuals, I get what I call divine downloads. That's what you're doing when you're remote viewing. You're tapping into that frequency of that information, and it's quantum physics, it's all in the plasma field. So you're tapping into that information, and that's how you're able to get that, those details, and it is really fun, though, to be able to do that, and you're obviously just beginning to do it. Okay, one more question why do you think we incarnate?

1:12:10 - Marc

getting to do it. Okay, one more question why do you think we incarnate? Oh wow, that's a big question. That's a whole other topic. I actually was going to ask you about that earlier, because you kind of touched on it. I wrote a I don't, I don't know, I don't know why. A big question is is that everybody, you, you know, do we all do that? Is that?

1:12:33 - Julie

some we all incarnate. We all incarnate, we're all born yeah, but do we all reincarnate? Oh yeah, that's a different topic. I mean, why are we born in the first place, do you think?

1:12:45 - Marc

oh well, again, there's the science reason for that right. But that gets back to the why are we here question. I suppose the angel question, because I think we're what you're getting at. So I don't know. I hope to live lives that are beneficial and help others live good lives. You know, I don't know.

1:13:17 - Julie

Well, for you. Certainly one of your life missions seems to me see if this resonates with you is to research this stuff which helps people access some nuance of their spirituality and perhaps helps them on their journey of discovering their spirituality and discovering that perhaps there really is life after death, that I'm convinced there is. I mean, you can't convince me otherwise because I see it every day. I talk to dead people every day, Mark, and they're great, they're lovely, and so certainly you are serving a purpose and benefiting people and yourself. In the meantime. Look at all the things that you're experiencing and learning. So what a fun things that you're experiencing and learning. So what a fun, fascinating conversation with somebody like you who's researched all this stuff and is so knowledgeable on the history of the. You know, I call it the woo-woo space, and I just learned that woo in ancient Chinese.

I just learned that Wu in ancient Chinese, whatever means the source, means the center, means the center of everything, and I've been using the word Wu Wu for a long time. And then I was interviewing a guy named Sun Ching who's a Tao master, and he used the word Wu and I said oh, wait, a minute, you just used my favorite word and he said well, it means I think he

said it means the center of everything. It is the center of all creation. I didn't even know. Yeah, so there we are. How can people learn more about you and your work?

1:15:04 - Marc

So you can find me at [markhartzman.com](http://markhartzman.com) or [markhartzmanbooks.com](http://markhartzmanbooks.com). It's Mark with a C H-A-R-T-Z-M-A-N. Books.com. You can Google me. I'm on Instagram at Mark Hartzman, twitter at Mark Hartzman, so I'm pretty easy to find. But yeah, this is you'll find Chasing Ghosts wherever you buy books, as well as my other books as well.

1:15:25 - Julie

Yeah, and we'll put all that information in the show notes as well. Yeah, and we'll put all that information in the show notes as well. So, Mark, thanks for taking the time to join us today. What a fun conversation. So, everybody, that's it for today, sending you lots of love from Sweet Home, Alabama, and from New York too, where Mark is.

1:15:43 - Disclaimer

We'll see you next time. Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at [AskJulieRyan](https://www.youtube.com/AskJulieRyan), and like her on Facebook at [AskJulieRyan](https://www.facebook.com/AskJulieRyan), to schedule an appointment or submit a question please visit [AskJulieRyan.com](http://AskJulieRyan.com).

1:16:01 - Disclaimer

This show is for informational purposes only. It is not intended to be medical, psychological, financial or legal advice. Please contact a licensed professional. The Ask Julie Ryan Show, Julie Ryan and all parties involved in producing, recording and distributing it assume no responsibility for listeners' actions based on any information heard on this or any Ask Julie Ryan shows or podcasts.