

AJR - Jean Slatter - Transcript

0:00:01 - Intro

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:51 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. We have Jean Slater on the show today. Jean's a mystic who helps people receive clarity, direction and purpose through accessing their higher guidance. Her book is called Hiring the Heavens and I'm looking forward to hearing what all that entails and about her own spiritual journey. Please remember to subscribe, leave a comment and share this episode with your family and friends. Now let's go talk to Jean. Hi Jean.

0:01:30 - Jean

Welcome to the show. Oh, Julie, I'm so excited to be here. Thanks for having me.

0:01:35 - Julie

Oh, my honor and delight. What's a mystic.

0:01:42 - Jean

Yeah, the name of my website is creativemystic.com and here's how that came about. I got really interested in spirituality, I want to say now, 20 years ago, and you know, when you are first introduced to that, it's all encompassing and you're studying and you're learning and diving deep into it and the problem is is that I had kids, a business and who has time to do all that? So I feel like today we are called upon as mystics to do it in between laundry and in between dishes and all of that. And the mystic in us is the one who is asking the big questions who am I? How did I get here? Does any of this matter? What is my soul? Those are the big questions that all mystics have contemplated on and that's why I call myself a mystic. But I had to get very creative to answer those questions and that's why my website is called Creative Mystic.

0:03:00 - Julie

Is everybody born a mystic Is?

0:03:03 - Jean

everybody born a mystic. I think that everyone at some point wonders those big questions who am I? Is this just random that I end up here in this life? Is there purpose to it? Is there meaning to my life's events? Or is it just a random series of sequences and has no meaning whatsoever? So I think everybody kind of wonders that at one point or another. So yeah, I would say we're all mystics.

0:03:35 - Julie

I agree, I think we all have telepathic and intuitive capabilities as well and we just kind of dampen them down, we don't utilize them, because normally as children we're told oh that's just your imagination, that's not really real. And then a lot of us are led when we're a little bit

older and in the middle of laundry and kids and cooking dinner and carpooling and all that jazz going yeah, but I get these signs. So what's that all about? And that's when we kind of ramp it back up. Would you agree?

0:04:12 - Jean

Oh, I would. And so those amazing synchronicities happen that you think to yourself wait a minute, that was orchestrated. There's no way that could have just been random. There was a purpose to that. And if the purpose is there, then what is it and how can I find out about it? And when we have those events, it makes us realize that there is something more than what we can see with our eyes. There's something beyond that, another dimension, and that became very, very clear to me probably 25 years ago now, when I had such an experience that changed my life, because up until that point, I was someone who said if you can't see it with your eyes, it doesn't exist, who said if you can't see it with your eyes, it doesn't exist, and I wanted to be in complete denial of anything beyond this physical. Yeah, so I do believe that when we have those experiences, they are there to tell us pay attention, wake up. There is something more.

0:05:24 - Julie

Well, now you need to tell us what the catalyst was for you to wake up. There is something more. Well, now you need to tell us what the catalyst was for you to wake up, because that was a heck of a tease that you just threw out there to all of us, so please share with us. Was there a catalyst, or was there a series of catalysts? What happened to get?

0:05:40 - Jean

you into the woo-woo, as I call it, oh, and I went heavy into woo-woo. So I'm going to start with how I was raised, because it goes all the way back to the beginning. For the first almost 20 years of my life, I was raised in what I would call a cult, and the reason I would call it a cult is because they had such strong mind control that if we were told to drink the Kool-Aid, we would have done that. You know, and the worst thing that you can do in a cult is question dogma. Right? You're not supposed to do that. Don't think on your own, just accept what is being spoon-fed to you and never question. But unfortunately, or fortunately, very fortunately for me I did question when I was about 20 years old and I started to actually research some of the church's doctrines and found out that they didn't make any sense at all. It seemed like baloney, and so I left that church, and when I did, it was like my whole world turned upside down, because everything I had believed in with my heart and soul was false, and I felt like I didn't have a leg to stand on, and so what I did is throw the baby out with the bathwater. I said goodbye to religion, spirituality, any word like God, angels, all of it. I said if it doesn't exist, if I can't see it with my eyes, it doesn't exist. It has to be real to me, otherwise I'm not going to believe in any of it. And people that talked about angels, I really thought they were crazy. And now here it is, fast forward, and I'm a spiritual teacher. So here's what happened for me. That changed everything.

At the time I was working as a traditional naturopath, and a naturopath is someone who studies all of the healing arts that are outside of the medical world, so herbs and nutrition and acupuncture, all of those different modalities. That's what I studied and I was practicing at working in my local town here, and we needed to do a technique called a resistance clearing for five neurotransmitters. And neurotransmitters are those chemicals in the brain like norepinephrine and dopamine and serotonin. When I would query the body and ask through muscle testing, do I have to name all five? The body came back and said, yes, you have to name all five. I came up with four, could not think of what the fifth neurotransmitter would be, and so I said to my client we need to reschedule so I have time to go home and study on neurotransmitters because your body keeps telling me we need to name all five, and I can only think of four.

Well, Julie, the first words out of my client's mouth were is histamine a neurotransmitter? And I thought well, that's really strange, why would she say that? And I said no, histamine is not a neurotransmitter. It's that stuff your sinuses produce when you have an allergic reaction. That's why you take an antihistamine, but it's not a neurotransmitter. And then, in the very next second, I turn around and I pull a book off my shelf that I had purchased one year prior but had never looked at. Well, the book falls open to a page where histamine is in the title, and that in and of itself was shocking. And I thought, oh, look at this, it's talking about histamine. And then, in the next nanosecond, it's as if something took my eyeballs and pointed them right at a line buried in a paragraph, and it said histamine is also thought to be a neurotransmitter.

That was my moment, Julie, when the hair stood up on the back of my neck, because I knew something very, very profound had happened and I had no explanation for it. So obviously that was what we needed to do. That was the fifth neurotransmitter we needed. We did the technique. I couldn't wait to get her out of my office so that I could sit there and try to grapple with that and figure it out, what just happened, because, honestly, I was freaked out. That is one of those experiences that you have that you cannot explain away with mere coincidence. Something made me turn around and pull a book off a shelf that I'd never looked at. Then something pointed my eyes and something had to whisper to my client to ask in the first place, is histamine a neurotransmitter?

So there I sat after she left and I thought I gotta have an explanation for this, because up until that time I wanted to study just with what I knew was physical and with what I could see in front of my eyes. But clearly there was something more happening. So so I thought to myself maybe, just maybe, Julie, I have a spiritual physician on this other side ready to talk to me and help me with my clients. So that day I thought I'm going to call upon that spiritual physician, and every day after that, when I would go to work, usually in my car, I would call upon this spiritual physician. I talked to them like they were sitting right next to me and I'd say, look, so-and-so is coming in today, and I know they have issues with their heart, and we also have a client over here that has some issues with blood sugar. Can you assist me? And then what would happen?

As I would be working with clients, I would receive information that I couldn't possibly know. It just would pop in my head to ask them about well, what's going on at home with your husband? It's like what, where did that come from? Or you know it? Just like how could I? I couldn't know that. Or even herbs that would be helpful, that I wasn't even familiar with. So then I thought to myself Julie, this, this is what changed my whole life.

I thought, well, if I have this spiritual physician helping me with my work, maybe there's something in this unseen dimension that's there for me for other aspects of my work. And I thought I need a spiritual marketer, a spiritual secretary, a spiritual time manager. I imagined hiring all of these positions in the spiritual world to go to work for me. So every day in the car I'd have a staff meeting. I'd tell them okay, did you see this schedule? I've got several openings, yet this week Can you fill that? And my spiritual marketer would be on the job. It's so much so that I was able, for the next 10 years, to work part-time and support our family of four children while my husband stayed home with them, and I never had to hire anyone on the physical level because all of that was taken care of for me. On the spiritual level and that's where my book *Hiring the Heavens* was born is by hiring from this expansive resource pool that's available to all of us.

And it didn't just stop there, Julie. At first I thought the only reason that I was getting help was because I was doing a good thing helping people with their health, and I thought that it made sense. You know, I'm doing a good thing, I'm helping people. Maybe they want to help me do that. Okay. But one day I thought I'm going to do something outrageous. I'm going to ask just for selfish reasons, just for me. And so I imagined hiring a spiritual wardrobe consultant. I

imagined hiring a spiritual TV salesman when I needed to go get a new TV. I imagined hiring a spiritual interior decorator Anything at all that I needed. I hired from the heavens what I call the spiritual temp agency, those quick hires as you're driving down the road. Then you say, okay, I need to find the perfect dress for tonight. You know, I need that spiritual wardrobe consultant to help me find that. And lo and behold, the most crazy things began to happen and I was clearly getting assistance, so much so that it's actually flat out miracles that ended up happening.

One time I had to give a presentation. That was four hours from my home and when I got to the location, just as I was pulling in, my engine is over in the red hot and there's steam coming out of my you know engine. And there just happened to be a gas station right there that had a repair station. And so I pulled in and he says well, you've got a serious leak here, oil leak, and you're going to have to leave your car overnight. And I said, listen, I can't think about that right now. I have a presentation to do. I'll come back in a couple hours and we'll talk about it. So after my presentation I came back, we talked and it looked like we were going to have to leave the car overnight and I said I can't do that. So I hired a spiritual mechanic. I said, listen, let the guy put in some oil, that would be fine, and just get me home, and then I'll take care of it. So it's another four hour drive home. Well, not only did I make it home, but I never had to repair that leak. The spiritual mechanic took care of it for me.

And then, as I started giving more and more talks about this, the miracle stories started coming in that were mind-blowing, flat-out miracles. I have to tell you a couple, Julie, because this will just blow your mind and give you goosebumps. My favorite is from a girlfriend that I had told all about this story. We had lunch one day and she said I have got to tell you what happened. And here she had been pruning in a huge yard and when she came in and she's taking a drink of water, her daughter noticed that an irregular shaped pearl in her ring was missing. And her heart sank and she knew immediately there's no way that she was going to find that irregular shaped pearl in this huge yard, that she was going to find that irregular-shaped pearl in this huge yard. So she remembered about hiring the heavens and how they can assist you with everything that's going on in your life. So she imagined hiring a spiritual jewelry sleuth and she said can you find my pearl and bring it to me Not long afterwards. She's sitting on the bed talking with her kids and the dog jumped up on the bed and her son said Mom, Callie's playing with something in her mouth. And she said drop it, Callie. And the dog dropped the pearl right in front of her hand. Wow, wow, yeah, you can't make that stuff up. You can't make that stuff up, yeah.

So then, after I told that story many times in presentations, it seems like the spiritual phone number for the, the spiritual jewelry sleuth, got out and I started receiving story after story of jewelry just reappearing. It's astounding, really. One such story came from a lady who had attended a talk of mine and on the way home she hired the spiritual jewelry sleuth to find her ring. She was a widow and her wedding ring had been missing for 10 years. Now I want you to really picture this because I want you to understand how this is just flat out a miracle. Her wedding ring had been missing for 10 years. She asked the spiritual jewelry sleuth can you find my ring and bring it to me? When she got home, she sat down on the couch, put her feet up on the coffee table. On the coffee table is a live plant that she had purchased a couple of years ago, she noticed that there was a dead leaf there. She reaches over to pull off the dead leaf and sees something shiny in the soil and reaches in and pulls out her wedding ring. That's not possible. That is a miracle. And that's the thing that ends up happening.

When you hire from the heavens is that you find that the spiritual dimension that is not restricted by time and physical location, like we are, then miracles can actually happen for you and they can arrange this for you.

In fact, I think they get a kick out of it. They enjoy it when they can assist us in our everyday life, even if it's just for you. And that was the thing that eventually set me on a spiritual journey, because over time, as I'm playing with this and having a ball and just being flat out in awe and amazement, eventually you have to ask yourself this very important question that was like in the back of my mind. It's like the question was what makes me so important that the spiritual world would pay any attention to me? Like why would the spiritual world help me find a good TV? Or why would the spiritual world help me with my interior decorating? Why? Why would they be interested, just what would make me important to them? And that question, yeah, that question, was in the back of my mind and had to be answered, and that set me on my spiritual journey.

0:21:56 - Julie

Okay, that's a lot to unpack. I got about five questions out of all of that. First of all, let's go back. What was an example of a belief that you were taught as a child in the cult that at 20 or 21 you realized wasn't authentic or wasn't valid? And has your opinion of what you were taught changed or does it remain the same as when you left the cult?

0:22:24 - Jean

Yeah, you know we had a correspondence course that we were to take and, by the way, I also went to the church college so total indoctrination.

You know it was heavy, but there was dogma on everything, not just with what the Bible taught but on, you know, husband and wife and raising children. And you know there's a whole, there's a whole belief system that goes with that. And what happened is that I took out that correspondence course and, as I'm studying it and it's saying that you could go to this verse in the Bible and it would verify what the dogma is, I actually went to the verse and I, instead of just writing it and not paying attention to the words at all, I actually looked at it and thought, wait a minute, that doesn't make any sense and that doesn't say that. So there were a lot of things that the church put out and I think they did it in an hoping no one would ever question yeah. And so I feel that there are aspects of the church that when you're raised in something that it takes a long, long time to examine your beliefs, like, for an example, the idea of heaven and hell.

I read a book, say Goodbye to God, by Templeton, who was the opening act to Billy Graham and I'm sure that many of your listeners know who Billy Graham is and he wrote a book called Say Goodbye to God, and in there, okay, we're going kind of deep, but it was a great question, so I hope this is all right. But in that book he talked about how, why he left the church, why he left the church, and one of the things that he talked about was the idea of hell. And as I read his understanding of hell and what he had been taught and what he had preached for so long, as I read that and as he explained how he then came to understand that that wasn't true, I actually felt deep shame that I had ever bought into it in the first place myself. You know, like there's a lot of things that we're told and if we never bother questioning them and we just go along in life just buying into it, questioning them, and we just go along in life just by buying into it, and then that one day that awakening happening happens and you go.

Why did I ever think that way in the first place? And for me there was shame behind it because it was, um, the especially the way he explained it in his book is something so horrific and ridiculous. So that would be an example of an old belief that I had to let go of and there were many along the way, and I think anybody that comes out of a strict religious background, especially as a child, and you're indoctrinated at a young age. Those beliefs they show their face as you go through life and you go. Oh my gosh, that's a remnant from my past and I need to question that. So yeah, it's been quite a process.

0:26:27 - Julie

And I think we believe it because people that we love and people that take care of us are believing it. And so if our parents and our grandparents believe it, well of course it's got to be true, because they wouldn't lie to us why would they tell us that? But they've been deceived as well in some instances, and it's just a way to control the masses. And what's the best way to control the masses With fear? We saw that in the pandemic and, my goodness, people did just crazy stuff because they were afraid. And I love when things come out now like how we were all.

I was in Trader Joe's yesterday and they still have those little remnants of those circles where you had to stand six feet apart from somebody. Well, Fauci's come out in Congress and somebody asked him well, where'd that six feet thing come from? And he said we made it up, we thought it sounded, sounded good. And the congressman said there wasn't ever any, you know, validation or testing, or you weren't going to some paper that had been published. He said, no, we just thought it made sense. Like my favorite with that was you walk into the restaurant with your mask on, yeah, and then they put you at a table that's three feet from the front door and you're allowed to take your mask off when you're sitting at the table, but you're not allowed to walk in the restaurant without your mask. Really, it was just nuts.

0:28:01 - Jean

That's a perfect example of kind of what cults are like, because in a cult you cannot question and what we went through during that period of time is you could not question it and things that didn't make sense like why is it okay for me to take my mask off now to take a bite? Why is that okay? That makes no sense, but don't question it.

0:28:27 - Julie

Yeah, on airplanes. I flew a lot during the pandemic. It was great. The planes were empty, the planes were empty, the airports were empty. I was flying first class for \$100 upgrade. It was wonderful, but you had to keep your mask on unless you were eating. It's all recycled air on the plane. Really, people. It was fascinating looking at it from that perspective.

We had a gal on the show last year named Perdita Finn, who is a. She's a woman who actually was a professor at Columbia. She was a writing professor at Columbia for many years and has written several books and she's an expert on on Madonna and the rosary and all of that. And she and her husband, Clark Strand, have started this global organization to say the rosary and people who are agnostic or atheists or from all religions and even non-Christian, and they say the rosary together. They've got 40 or 50,000 people on their website that pray the rosary together.

And every morning, before she gets out of bed, Jean, she has her checklist, she says her morning prayers and then she has her checklist and she'll say okay, mom, I need you to do this. Dad, I need you to do that. These are all her deceased loved ones in heaven. I need you to do that. These are all her deceased loved ones in heaven.

Saint, whomever, I need you to do that the patron saint of tonsils, Saint Anthony, right, Saint Blaise, I think, was the patron saint of tonsils. We used to get our throats blessed every year to keep our throats healthy. My mother and my grandmothers all said the prayer to St Anthony when they lost something. Tony, Tony, look around. Something's lost and must be found and inevitably whatever had been lost would have shown up. And I was exposed to that as a child and when you were talking about the jewelry sleuth, I thought it was probably St Anthony or one of his disciples that provided that jewelry.

And interestingly enough, I was a guest at a conference and I used that prayer and afterwards all these people mentioned well, here's the French version, Same principle but different

wording a little bit, and obviously it was in French. And here's the Spanish version, French. And here's the Spanish version and here's the Portuguese version. So I believe this concept of hiring the heavens has been around forever. Have you looked into the Druids and the Celts and the indigenous cultures? Do they have something that's similar? Certainly the Asians they call on their ancestors, and other cultures have different practices. Have you looked into that at all. I haven't.

0:31:20 - Jean

but I also know that Hindus they have a deity for just about everything for just about everything.

0:31:41 - Julie

And I think when you were talking about hiring the heavens in your book I love that name and you were just saying, hey, I need a you know heavenly marketing person or whatever. I am under the impression that most of us will go to deceased loved ones and relatives. And then when you were talking about that, I thought, well, what are the saints? We didn't know the saints, but we're taught to pray to the saints. Certainly, we Catholic people are taught to pray to the saints, so they've been doing that too. So what you're doing is perhaps just a newer version of ancient practices. Is what I'm gleaning from our conversation.

0:32:20 - Jean

so far, no doubt. You know, a lady who was clairvoyant called me to tell me her experience after reading the book. Now, I'm not clairvoyant, so I just take people's words for it when they can see angels. She said she's always been able to see angels since she was a little girl, but she had only called upon the big guys, archangel Michael and Archangel Gabriel, to do different things. She never thought of bringing in help from the heavenly realm for everything in her life. So after reading my book that day, she sat down and wrote out worksheet after worksheet and hiring entire committees, wrote out worksheet after worksheet and hiring entire committees. She had a committee for her marriage, a committee for raising her kids. She had a committee for her work. She had a spiritual committee for, you know, keeping the house, every different aspect of her life. She hired angel committees to come in and assist and she wrote out a task list. I'd like you to do this. I'd like you to do that.

Well, exhausted, she fell asleep the next morning. When she woke up she said Jean, I could not believe my eyes. Now, remember, she's clairvoyant so she can see them. She opened her eyes and she said there was so much commotion, there were so many they filled the room and there were even some that she hadn't hired coming up to her saying we heard you were hiring, have you got a job for me? And here's what I'm good at. So that was hysterical. I thought that was just so funny to the next.

0:34:32 - Julie

I talk about what happens in the operating room because I'm an inventor of surgical devices sold throughout the world and spent a lot of time in and out of surgeries developing products, testing prototypes, things like that. And when I, of course when I'm in the room I'm going to scan it right and also I don't have to be in the room, I can do it remotely and I do it for clients all the time when they have a loved one that's in surgery. But there is always a spirit or two surgeon spirit that's over the head of the surgeon that's doing the operation. The patient's guardian angel is always over the head of anesthesia and then at the foot of the operating room table, of the OR table, are these horseshoes of spirits that are deceased loved ones and friends that are there to help lend support. And interestingly enough too, Jean, it's been my experience that the more prayer that's being said for the patient, the more spirits that are in the room. So that piggybacks off of what your friend told you.

Who's clairvoyant? That's point number one. Point number two is everybody's clairvoyant. Spirit's been my experience. Spirit's going to connect with us and feed us information in the easiest way for us to hear it, to receive it, to learn it. So if you're a visual learner, a lot of the time I'm a visual learner the information will come in first to me visually, and then kinesthetically, and then other ways. So take my class, because you get really good at all of them. And what I found, not only for myself but for all of my graduates so there are hundreds of them from all over the world, all walks of life is, once you're playing with spirit and you're on that high vibrational level, the more you use it, the more all of those senses come into play. So by you saying, well, I'm not clairvoyant, which means she's not seeing things. Yes, stay tuned, take my class, we'll get you seeing stuff fast.

0:36:30 - Jean

Oh yeah, no, I very. I fully agree with you. You know what did it for me? Julie is learning how to douse with a pendulum. That is what opened me up so very much. I hear and I'm claircognizant as well, but no, I know exactly what you're saying. I one time met someone who was clairvoyant and had to Explain what the clairs are.

0:36:57 - Julie

There are people that don't know.

0:37:19 - Jean

I don't use those at all. So explain what's clairvoyant, what's claircognizant. How do you know that? I don't know how I know that, I just know. And then there's clairaudient, where you hear the words and it's as if somebody spoke them to you. There's clairsentient, where you feel someone says something to you or you think something, and you just get the tingles and the like. Somebody just put a feather on you, um, and then, uh, clairvoyant, uh, so that's where you can see energy, and um, I always thought that would be so cool to be clairvoyant, because you know, be able to actually see different things, that that would just be so amazing.

And then one day I met somebody who said to me you know, it was difficult as a child because she saw a world that no one else saw and she didn't know that other people didn't see it. And she said that was really difficult to learn the difference between the two. And after she explained that to me, I thought you know what? I'm just fine, just being able to hear and to know. That's fine, I'll just stick with that.

0:38:36 - Julie

Yeah Well, the others will come in the more you do this. So buckle up, girlfriend, because the others don't come in. All right, you're an artist who claims that the angels make you paint stuff. Talk to us about that. How does that commit? Is that that direct knowing thing that you just, you, just know? Okay, I need to paint an, an angel playing the guitar or whatever.

0:39:05 - Jean

Well, you know, this happened six years ago now, when I was at what I call one of my goddess gatherings and these are yearly events, sometimes twice a year, that I do with a select group of women. That we've been doing this year after year after year I've lost count how many years but when we get together for a week-long adventure, we do it with the intent that guidance is going to be there with us the whole time and direct us to the questions we need to ask and to the answers that we receive. We need to ask and to the answers that we receive, and that all of our answers will be ones that that, um, we can all share in the wisdom and get something from. So it's a very different kind of gathering than, uh, you know, you have girlfriends for different reasons. You have girlfriends that you get together just to, you know, have fun or to even, uh, complain or you know what. You have girlfriends for different reasons. This is a very different uh experience because all of it is about just getting together with guidance and having guidance, uh, the whole time with you. So, um, the whole time with you.

So six years ago, on our very first night, I asked the ladies what they needed to do to bring more joy in their life. And one by one, everyone went around the room and answered that question and when it came to me it was last I hadn't pre-thought it at all. I would pop the word diversify and I thought diversify, where did that come from and what does that mean? And so the next morning I thought I've got to know more about what does this mean, to diversify? So I had some oracles there and oracles are like tarot cards, angel cards, various sources of usually always card decks, but various sources of information from guidance. So I use my pendulum to find out which deck to draw from out of the very. It was a whole box of them. I pull out the deck, I shuffle it, I lay the cards out and I turn the card over and what's the card called Called diversify. So obviously of course it is.

0:41:32 - Julie

But back up for a minute before you go on with that story. How did you use the pendulum to pick the card deck? Did you line them all up and then the pendulum and you swung it, and the pendulum stopped on one card deck. Did you line them all up and then the pendulum and you swung it, and the pendulum stopped on one deck. How did you do that?

0:41:45 - Jean

Yeah, yeah. So I always have a pendulum with me. I have them in every single room. So I basically it's like is it in this section, that section you just narrow it down to which you know, okay, it's in this pile. And then is it this one, this one, this one? Okay, got it, and so it'll tell, my pendulum will tell me which deck to use.

0:42:09 - Julie

How does it tell you? Does it give you yes, no? Does it spin for it to the right for a left, like for a yes, and to the left for a no? What's the system that you use for that? I've never used a pendulum.

0:42:22 - Jean

You've never used. Oh my gosh, oh gosh. To me, this is the most self-empowering tool of intuition there is Because.

0:42:33 - Julie

I'll I just hear the answer in my head in a nanosecond. When I ask a question and that is so awesome. But I've been doing it for a long time with a lot of people Exactly, and for me starting out the pendulums I know are helpful to some people.

0:42:54 - Jean

That's exactly right, because, because in the beginning I was not intuitive, I installed mainframe computers extremely left brain, that's what I had done for work. So when I was introduced to the pendulum, what it did was open up a direct communication to my source. And yes, that practice of opening up that door and talking and using the pendulum for everything from what I should eat, the clothes I should wear, the Oracle deck I should pick, constantly communicating through the pendulum and through asking questions to source, it changed me into a very balanced left right brainer, you know, because I have both the logical side and the intuitive side, and that's why I love this and I always say to people that left brainers, and that's why I love this. And I always say to people that left brainers, you know, don't take heart, because the beauty of being very left brain and very logical is that you're very good at asking questions, and so the question is everything. If you want a good answer, you've got to ask a good question.

0:44:23 - Julie

Yeah, you've got to be concise.

0:44:25 - Jean

Yes, I agree, so ask a good question and you're very logical about it. You're going to get good answers. So I say to people that are left brainers yeah, you can be trained, just like I was. And now I would say Julie, I'm very much like what you're talking about, where I'll hear the answer. But in the beginning it wasn't that way and it took a lot of years of training.

0:44:54 - Julie

Well, you had talked yourself into that. Something wasn't real unless you had proof in the Pendulum Act as your proof that you were. You had enough. I would imagine enough circumstances where you asked a question. You got an answer from using the pendulum and then it ended up being correct. So that was your proof for your linear thinking mind. With that, back to the hiring the heavens for a moment. When you hire somebody, is it always an angel from heaven? Or is it?

a spirit, or it could be a spirit guide. It can be a deceased loved one, do you hear? Okay, this is Harvey, and Harvey is the marketing expert from heaven, and this is Madeline, and she's the one that's going to keep your calendar for you. And do you have names that come in? I don't.

0:45:48 - Jean

People you hire, I know, but just think about it as above, so below and vice versa. Just like we have people that are very talented in marketing and interior decorating here on earth, you can bet it, I think, has to exist first in the spiritual world. All those talents and abilities exist there. So I never get hung up on names and who this person is and, you know, I just ask for that ability and it comes in and sometimes, the most extraordinary things that I would never think of on my own, I'd have to tell you this story, which was a friend of mine.

This was back after the 2008 financial crisis and her home was in foreclosure and they had tried to get a loan modification for more than a year and just wasn't budging. They weren't having any success and she so wanted to keep her home. She was desperate and she called me up and she said Jean, I want you to hire the heavens for me. And I said but you can do this. This is so simple. You do this. She says I know, but I'm at my wits end, I want you to do it. And I said okay, let me come down to your office. So I went to her office and I said here's what we're going to do. We're going to do a little meditation and in your meditation I want you to imagine a boardroom and I want you to populate the chairs with all of that spiritual help that you could imagine you need. You're going to need a spiritual real estate agent, you're going to need a spiritual loan officer, you're going to need a spiritual negotiator, anybody that you think would help you on the physical level. I want you to bring those talents and skills in on the spiritual level.

So she did that. She's talking me through it about who all is in the room. And we're about ready to start our meeting, our imaginary meeting. When, all of a sudden meeting our imaginary meeting, when all of a sudden I saw it in my mind's eye, I said wait a minute, wait a minute. The door opens to the boardroom and in walks a gentleman, a portly kind of gentleman, with a three-piece suit and a top hat, and behind him are two other gentlemen with three-piece suits and top hats. And the guy in front comes around to the very head of the table, sits down in the chair and says quietly we will make them an offer they can't refuse. And I said to my friend oh my gosh, the mob is here. You needed clout. So the very next day she had her home, she had an offer to refinance it at 2.9%, something outrageous.

0:49:26 - Julie

What she needed was clout. Now, I would have never thought to bring in that ability and that talent and that skill, but they came. Oh my gosh, that reminds me of Mother Angelica. Oh my gosh, that reminds me of Mother Angelica, who's a nun, who's deceased would do the same thing and she would bring in whoever she needed to get what she needed done. It was a riot. She'd bring in mobster spirits and spirits of others that we would think would be a savory lot, and you know what? They got it done.

They got it done. Yeah, absolutely Two things on that. First of all, in the 1930s there was a book written called Thinking Grow Rich by Napoleon Hill. Yes, and he was, I forget, with the Rockefellers or some you know a billionaire family, and he had an advisory board of spirits like JP Morgan and you know all these other guys that they brought in, and his whole book is about that. That's where the mastermind group term originated, and now there are mastermind groups in you know all kinds of things.

When I had my surgical device manufacturing company, I belonged to a mastermind group of CEOs that was global and we would all had local chapters and we would meet once a month and blah, blah, blah, which was great because we would bounce ideas off of each other. That's number one. Number two I had a client one time who was the CEO of a company that was worth maybe a hundred million bucks or something like that, and he wanted to know if he had any spiritual guidance. So he had some stuff going on with the business and so we asked for spirit, business spirits to come in. Well, who comes in? Henry Ford comes in his spirit.

Who else? It was a banker, it might have been JP Morgan or somebody like that. It was Firestone, it was Sam Walton and it was Mary Kay Ash you know the Mary Kay pink Cadillac woman. And he said Mary Kay Ash. I said let me tell you something. Mary Kay Ash built this amazing sales force of housewives and got them to generate hundreds of millions of dollars in revenue. We can all learn from Mary Kay Ash. And she showed up, jean, with her bouffant white bouffant, you know bleach blonde hairdo and her jewels and all this stuff. It was a riot.

So, yeah, so I guess we were hiring the heavens, but I just didn't know that that's what it was called. I've done it many times since. Yeah, my main spirit guide is a dead Pope, pope Clement VI, who was in office during the Black Plague, when two-thirds of Europe died, and he's best known for his prayers for the dying and his prayers for the dead. So I find it interesting who shows up, who the spirits are, who the saints are, who the angels are. The other thing that's interesting to me is spirit guys will show up to me like a version of Father Time and then they morph into looking like what they looked, how they looked in the life they live. That correlates with what they're advising my clients about, and when you were talking about the guys coming in in three-piece suits and top hats, I was envisioning the banker from Monopoly.

0:53:00 - Jean

Yeah.

0:53:03 - Julie

You know kind of portly he's got his like a morning suit really is what those guys wore, but it's interesting that you got that they were mobsters.

0:53:13 - Jean

Oh, yeah, yeah, Because especially he used the line out of the Godfather we will make them an offer they can't refuse yeah funny, funny.

0:53:26 - Julie

Let's move forward and change gears here for a second. You say that you help people find clarity, direction and purpose. Do you have a formula that you espouse when you're helping people find those different things in their lives?

0:53:43 - Jean

Well, I use the term higher guidance to refer to that, anything beyond the intellect, now.

That might be your guides, your angels, your source, god. It's just that, something beyond the intellect. And what I do as a practitioner and then also as a teacher, is teach people how to connect with their own higher guidance and receive answers from that source, because your higher guidance has had to live with you all these years, and receive answers from that source, because your higher guidance has had to live with you all these years and knows you better than anybody you know. It's that part of you that knows every thought you've ever had, every life you've ever lived, and is privy to what you're doing here and what your purpose is in this life, why you incarnated at this time and who are your soulmates, what's your soul group, who are they and what role are they playing in your life. And so all of those answers can be found by connecting in with higher guidance. And, again, that could be getting information from your guides, it could be getting information from your guardian angels or just going direct to source, but it's all available to you because it is you.

0:55:15 - Julie

Yeah, yeah, collective consciousness, the universal consciousness and higher guidance. To me I call spirit. It's our spirit and they have access to everything in the spirit world and helping us live the human experience. If you were going to give somebody a piece of advice, who wanted to just delve into their spiritual life more, what would be their first action item that you would suggest?

0:55:46 - Jean

The very first I would say is start playing with hiring the heavens. And why is because you'll start receiving evidence very quickly that there is something assisting you and that there's more than just what can be seen with the eyes. And when these experiences happen to you and it's clearly not just coincidence you start saying again why is this happening and how is this happening? Why would this be? Uh, why would they be interested in little old me, you know, in helping me pick my kids up from school? You know, um, every, every little thing that is going on in your life. If you play with hiring the heavens and have that verification that you are getting assistance, you have to eventually ask yourself that question and when you do, then some very surprising answers come back. It takes you on this spiritual journey because you say, okay, how could I be that important to the spiritual world that they're going to assist me for things that are just for me? They're going to assist me for things that are just for me? Well, when you explore that, you find the answer is because of who you are, and I mean each and every one of us carries God with us. It is through us that God is experiencing, and when you think about it in that way, that's a very important mission. It means every one of us has an extremely important and powerful mission because we're carrying God with us and God is experiencing through us. And so now you understand why you're so important and why the entire spiritual realm is ready to assist you because of who you are, because of who you're carrying with you and who is experiencing through you. And then it starts to make sense. And when you understand that, now you asked how to begin a spiritual journey.

That's what began my spiritual journey is when I finally understood that. And then I said to my committees, my spiritual committees, my guides. I said listen, now that I understand that, then I need answers to those big questions who am I? How did I get here? What's my soul? How is a soul having an experience? How is it possible that God is experiencing through me? Why would that matter? Why would I matter? All of those questions that I had?

I asked my spiritual committees, I asked them can you give me the answers? And they said we can, but we don't want you to read about it, we don't want you to get your answers from any place else, because you had the experience of growing up in a church where you were spoon fed dogma and told what to believe. We don't want you reading any books because we want you to get it directly from us. We want to show you how to get your answers yourself.

So what I did is a three-year journey of asking questions of my angels and guides by journaling, asking a question and filling up binder after binder of answers that they would give me, binder after binder of answers that they would give me, and that began my creative, mystic journey of understanding this life. And then it was so cool. Afterwards, after the three years was up, I began to read books. Then I was allowed to read certain books and I would be. Everything would come just as they had told me I would read it in a book. So it was great to get it first from them and to get verification afterwards.

0:59:49 - Julie

I have a client who I got to talk to a couple of days ago and she's an actress that we would all know. She's been in movies and TV shows and things like that. We were talking about this and how she was saying who am I to ask for these things? Who am I? Exactly what we're discussing, what you were mentioning, and I said well, think of it as a movie or as a Broadway play. You got the stars, you got the you know the co-stars, you got the people that are in the crowd right, the chorus. You got the orchestra, you got the stage hands, you got the lighting guys, you got the audio guys, you got the ticket counters. It's all part of the Broadway experience and if one is not doing their role, it's going to mess it up for the people who are coming in to watch the show. And she said I never thought about it like that. She said we all strive to be the star of the show. And I said but everybody plays just such an important role, role.

And last spring when I was in New York took my grandson for his graduation present. He's majoring in theater and voice and stuff in college. So that's what we did and I said to him on more than one occasion. After we left the show, I said my God, the people in the chorus are so talented, they're just waiting for their break. You know, there's such a just a plethora of talent on that stage. And then we talked about that, we talked about the stagehands and everybody else, and everybody has a role to play. So I completely agree with you. Two last questions as we're coming to a close. Why do you think we incarnate?

1:01:48 - Jean

I believe that and this is again one of the questions that I asked in my journaling and the reason is because we are creators, and creators of what Experience? And what they explained to me is that experience is the only thing that's real and it's the only thing we take with us when we leave this life. We can't take our bodies, we can't take energy, we can't take anything except the experience and the wisdom that we gain from that. And God evolves in that way, because we're evolving all of consciousness, and so we are creators of experience. Why is experience so important?

It's because it's one thing to just fantasize or read a book about something Like I wonder what it would be like to climb Mount Everest, and you could read all the books in the world about it. It's quite another thing to actually attempt it and to do it. That is experience. And so when we are in the spirit world and we have that, I wonder, thought, I wonder what it would be like to and play a certain role. The only way you're going to know is to live it, and that's what experience is all about. So we are creators of experience. We incarnate to create an experience.

1:03:15 - Julie

Fabulous answer. That's the first time I've heard that and it makes so much sense. So well said, my girl, what a delight you are. You are just fascinating and just charming and make things very understandable, from the spirit world and to our human ability to grasp these very complex concepts. How can people learn more about you and your work?

1:03:45 - Jean

They can go to creativemystic.com. They can also go to jeanslater.com, and Slater is spelled with two Ts, and I know that that's not Slater, but that's what I have.

1:03:59 - Julie

Yeah, and where can they get *Hiring the Heavens*?

1:04:02 - Jean

And they can get that on Amazon, and I also have an audio version of it on my website.

1:04:08 - Julie

Okay, terrific, all right, everybody. That's it for this show, and sending you lots of love from Sweet Home, Alabama, and from California too, where Jean is. We'll see you next time. Thank you, Julie.

1:04:24 - Intro

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at [AskJulieRyan](https://www.instagram.com/AskJulieRyan), and like her on Facebook at [AskJulieRyan](https://www.facebook.com/AskJulieRyan). To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:04:39 - Disclaimer

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