

AJR - Ginette Biro Transcript

0:00:01 - Intro

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:44 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. I'm delighted to have Ginette Biro on the show today. Ginette survived a near-death experience and she's a medium who communicates with spirits. I'm looking forward to learning about Ginette's journey and if her NDE gave her any new insights about the spirit world. It's sure to be a fun conversation. Please remember to subscribe, leave a comment and share this episode with your family and friends. Ginette, welcome to the show.

0:01:23 - Ginette

I'm so delighted to have you. Thank you so much for having me. This is fun. I'm so looking forward to this.

0:01:30 - Julie

Yeah, well, I got questions for you, girl, sheets of them. Oh, excellent, excellent. You were born a medium. Tell us about that.

0:01:40 - Ginette

Well, I mean honestly, I was born retrospectively. I could say, yes, it makes sense. Did I understand that when I was five? No, I didn't understand what was happening to me. I didn't understand why I could feel people in my room but they weren't there.

And the thing is is I didn't grow up in a family that had mediums or anything like that, or psychics, and not that it wasn't talked about, but it wasn't really relevant, and so I didn't really have a resource or or someone to say Don't worry, you're not crazy kiddo, you know. And so I mean, for me it was just this progression of, like you know, why would I know when my mom was hiding chocolate bars in the upper cabinet when I'm not in the kitchen? Why would I know that my mom was hiding chocolate bars in the upper cabinet when I'm not in the kitchen? Why would I know that, right, like, I would know these things or feel these things, and my gifts really kind of evolved over the years into, you know, when I finally started to see spirit in my teens and hear them, and and and then by the age of 20, is when I decided not to be terrified and realize something significant had been occurring my whole life. So it was this retrospect that makes so much sense now, but at the time was just really whirly.

0:02:55 - Julie

I believe everybody comes in with the ability and it's just a matter of developing and enhancing it. And little children don't know that they're not supposed to be seeing or feeling those things, until somebody says, oh honey, that's just your imagination, that's not really real. And then they learn to shut it down. But it's been my experience, and I'd love to hear if it's been yours as well, as an adult, where little children come up with this stuff that there's no way they could have known, like you knew, where your mom was hiding the chocolate bars. And and the

adults are the adults are afraid of it. That's why they tell them it's not real. Have you encountered that with your own children, or perhaps hearing about it through other children?

0:03:44 - Ginette

Yeah, absolutely. And I mean I remember asking my mom very like specific questions when I was six and seven that I remember noticing how it would kind of throw her a little bit because it would either be so deep or so much more mature for my age. And it was just these little pieces of like questions I had. And I've noticed that in my kids, and especially my daughter. My daughter has come in as such a wise little soul like she's come in with so much consciousness that's already available to her. And even from the age of five I remember her asking me these questions of like, asking me these questions of like why souls don't remember when they come into this life. Or, you know, why is it that people don't believe that there is other life out in the universe? Why wouldn't they just know that? Right, like little five year old, little six year old version of her asking these deep questions.

And and it just I find it so interesting to see how the consciousness level has changed in children and what they're coming in with.

And I also think parents are becoming less fearful and more embracing of what their children are doing, so that's changing what's available for them as well, because I remember when I was younger, talking about certain things that I would see or know or feel, and people would just be like what are you talking about? That's not, that's not what we talk about, or that's not the right thing, or you're crazy, or sometimes I couldn't even explain why. I was afraid of something like I didn't know or didn't have the language to say I'm feeling an energy of something. I don't know if it's an entity or the environment, but something is not right here. I need to figure it out, like that's what I would say now. At the time it just would send me into a tizzy of like panic and people would wonder what the heck's wrong with her right. So I I'm grateful for the awakening and the evolution that is supporting more children nowadays than when you were growing up.

0:05:51 - Julie

I think it's going back to supporting children, because I think that's only originated in the past, maybe 150 years, as we've become more well educated, because every culture has some type of mediumship, whether they're reading tea leaves or tarot cards or prayer beads or whatever and as we've become more well-educated, it has been something that we say, okay, well, if there isn't proof right now for it, then it must not be real. Well, that's crazy. Just because you don't believe in it doesn't mean something isn't real. Parents and as grandparents at my age we are I think a lot of us are more spiritual than ensconced in the dogma of religion, and more of the spiritual fosters us understanding this. I laugh.

I always say it cracks me up how a baby who can't talk in sentences yet, perhaps isn't even walking yet, knows how to use an iPhone or an iPad. How's that work? They know how to use it better than I do, right? So they're just building on the generations that have come before them and we've done the same thing. My generation discovered things that your generation built on, and now your kids are doing the same thing. I know that you've had a near-death experience. Tell us about that.

0:07:35 - Ginette

Yeah, so this happened in 2019. And prior to my near-death experience, I was already comfortable in my mediumship and working as a medium and had talked to many, many souls who'd crossed over, and so I felt I had a very good understanding of consciousness and I don't mean that in a cocky way either, but I felt comfortable in what I was in. It wasn't scary anymore. But what was so interesting is, when I had my near-death experience, that, just like, whatever door was open maybe it was like a front door well, like the barn door is opened with my near-

death experience. And so this happened, like I said, in 2019, and I had been hemorrhaging quite severely from my monthly cycles and it finally got to a point where I was going to have a surgery. Because there was just there was no options at that point. And I remember, leading up to the surgery, um, I had had a couple people mention different things of like fear for my wellness in the surgery and maybe I shouldn't do it because I was too sick. Um, I had somebody else tell me they're like I think you're gonna die, die. And I just, yeah right, I just had this knowing that I needed to do this. But it was like a calm, just kind of move out of my way and let me do this kind of a feeling and everyone was expressing their concerns from their heart space, right, like I hold space for that, but I knew I needed to do this and I remember the day of my surgery. I hold space for that, but I knew I needed to do this and I remember the day of my surgery. I felt so much joy and I mean you could attribute that to just having been so sick and stuff, but there was this joy level within me of, like I say, like you know, that feeling when kids are waiting to go down the water slide and they're sitting in the slide and they're ready and they're waiting for that lifeguard to give them the nod, for just fun times. That was a feeling I had as they were wheeling me into the OR and I've had surgery before and I'm not usually so joyous for it, and so when they put me under, I remember just this feeling of like high five, I'll see you later. I remember just this feeling of like high five, I'll see you later.

And I suddenly appeared on the other side and I knew it instantly where I was on the other side, my bare feet on the most beautiful green grass that you can imagine, and I knew I was on the other side because it was more like it was annoying, but it was also more visceral than any other experience I'd ever had from an out-of-body experience, any of the mediumship sessions, because in mediumship sessions I always feel like I'm sort of looking through a window or gazing upon something and what they show me, whereas this was all of me felt there, and so I was bare feet on the grass and I could zoom into any blade of grass if I wanted to, just by looking at it and then zoom right back out and it was so natural and everything about the energy there was like perfection and bliss and harmony, and not bliss in excess, like I think. Sometimes we think blissful states here is like an excess of something, but this was just harmony. And so I was walking up this hill and the sky was just this beautiful summer blue and I happened upon this like picnic kind of barbecue scene, like picnic kind of barbecue scene, and it was all of my family and friends that had passed from this lifetime and beyond and it was just the happiest, most beautiful reunion with all of them and I remember just giving everybody a hug and being like what have you been up to, where are you at now? And it didn't matter if they were lifetimes ago or from this lifetime. I had time to spend with every single person and it just was this amazing amount of time, although the time wasn't the same because I felt like I spent all day into the late afternoon there.

And then, after I'd spent all this time reconnecting and reunions and laughter and all of this, my grandmother, who was in spirit, came and took me then to this other place and she took me to what I call the room of the blueprints, because in this white room it was all white and outside of the windows was where the universe was creating itself is the only way I can explain it. And in this room there was this big boardroom table and my guides and my counsel were there and they rolled out these blueprints and I remember thinking like, oh my gosh, they're like literal blueprints Like these look like blueprints on earth, right, like an architectural drawing. Yes, yes, except for more simplistic, but it was blue. And down the center of this blueprint was this iridescent line, kind of like when you see on a subway, you know, like the subway stops and stuff that have like the main line and then different stops, there was this line that was still pulsating with this like iridescent energy. So I knew that, although I was on the other side, I was also still alive, like there was life in that line.

And we went through a life review and so, with my guide, we went through everything I had done up until that point guide. We went through everything I had done up until that point. And at that point is when they then asked me if I wanted to stay or go back, and I remembered being like, oh well, I want to go back. And they were like okay, well, if you want to go back with

what's remaining of your life, which was about like six inches long, but I't. I can't see past my guide shoulder in my memory of how long was the beginning part, so I can't gauge it anyways, but this last amount they were like you can change some things around if you would like.

And so when I looked at it, there was like it looked like different fuses, kind of in a fuse box, and those juncture points and each of those represented like kind of life journey, destiny points that we, you know, design. Before we come into this life. And so I was like I can just rearrange them. And they're like yeah, and so they're like you'll remember everyone or you'll remember. Sorry, you won't remember any of them except for the first one.

And so I remember taking the first fuse out and I remember holding it and being like it's really this simple. And they're like yes, and I took the fuse out of chronic illness, because I had always been dealing with chronic illness in some form. I was just known as, like that canary in the coal mine person in my family that if anyone was going to get something it was going to be me. And I got to take that fuse out and then put a different one back in. And then I did that with a couple other ones along the way.

And so in doing that, after I rearranged those, they asked me again. They said would you like to stay or do you want to go back? And it was interesting because in this moment I also got to have a conversation with my higher self, and my higher self looked very much like I do now, although I knew it was my higher self, and I could also experience my higher self talking to me both at the same time and it made absolute sense there and I remember hearing and experiencing the absolute love and joy that my higher self had for my lifetime, for the life experience I'd had, and how amazing and how much our higher selves value our human life, like how important it is. And I was like, no, I definitely, I want to go back. And so they're like, okay, if you're, if you're going to go back, because they said it would be very easy, it would be as simple as a switch to just have my heart fail on the operating table and it would be done. They're like it's, it's that easy if you want to stay. And I was like, no, I want to go back. And so there was like an agreement that, if it wasn't like a promise, I guess I promised that if I went back, I would share what I had learned and I would continue to share messages and instead of just doing mediumship, kind of like just through word of mouth and not really talking about what I do, I would just be who I am. And so it was interesting is, in that moment once I said, yes, I'm coming back, everything these next things happened so fast.

But essentially I heard the nurse in the recovery room say, Ginette, are you awake? And I could still see my grandmother in spirit with me and I felt my soul, my spirit, just go like back into my body in a split second. And then I felt and heard my higher self speak through me. And I am not someone who's clear when I come out of surgery, I'm quite funny. I just medicine in me is funny, we'll put it that way.

And my higher self said to the nurse right away, like I fooped into my body, my eyes were still closed, and I said to her I need you to write these four things down. It's very important. I need you to write them down on a piece of paper, fold it up and put it in my hand. And so she said OK, honey, what is it you want to say? And I gave her these four kind of words, phrases that don't really make sense to anybody else, but they would be these key pieces to remind me of everything I experienced. And I had her do that.

And it was after that that she asked you know, how is your pain? Do you want any pain meds? And they gave me pain meds and so they wheeled me into recovery and I remember being able to open like one eye at this point, and my mom came in and I gave her the paper and I said you can't lose this. I need this, it's so important. And so then, a couple of days later, once I was home and there was no more pain meds in my body, my guide said it's time to look at that paper. You need to, you need to look at it.

And so I remember I got it out and I read those four things and then it just flooded back to me and I had remembered pieces of it already. I knew I went somewhere, I knew something was different, I knew I had been on the other side, because everything about being back on this planet after was unbelievable. And then it all flooded back to me and they specifically had me write those things down so that I wouldn't question the validity of my experience if I had talked about it after. I'd had pain meds, because I'm a very kind of sciencey spiritual person, and so it needed to be clean and yeah. And so then the story came through and it made a lot of sense and it took a while to integrate being back here after. I think it took me about a year and a half to really merge with being back.

But that's my NDE kind of.

0:19:02 - Julie

in a nutshell, Okay, let's unpack that. Yeah, you got lots, lots of stuff. I'm writing down questions here, so I remember to ask them too. First of all, the fuses. Did they, when you remove that first fuse and you put another one in in its place to eradicate the chronic illness? Was it a fuse that you moved from further down the line, or was it just like spare fuses over to the side for other things? And did you know what you were replacing and what you were substituting with those fuses?

0:19:34 - Ginette

That's a great question. It was a different fuse, so not one that was down the line, but it was one of like better health, like general health. I'd removed the need for chronic health lessons. I learned a lot through my chronic health issues of surrendering, of asking for help. I was always someone that was like I'll do it myself, I can do it myself, right. So that was a big journey for me and so I knew I was putting in something better.

And I remember thinking like, okay, guys, yeah, yeah, we'll see, because I'm the one that's been living this chronic health thing where she gets sick all the time. So we'll see. And I remember for a good year after noticing how I wasn't getting sick, I didn't get sick. If my kids got sick, I wouldn't get sick. And like the amount of things I didn't get sick from was unbelievable, I was. And I remember it took a good year for me to really realize, ok, I'm not a sick person anymore. I don't need to identify as a sick person anymore because that's not needed in my journey. And so I still do get sick sometimes, for sure, but I am often quite healthier than a bunch of people in my house. So it's so neat.

0:20:49 - Julie

So do you remember if there was perhaps a bowl or a basket or a container of fuses or did you just think I want to eradicate, I don't want to be sick anymore and that fuse materialized? Do you remember that kind of detail?

0:21:05 - Ginette

Or can you go back and get it? No, I just remember being able to pick up a different one, Maybe. I mean, it could have been that it was offered as a different one, but it was like there was an alternate option.

0:21:18 - Julie

And so I was able to pick that alternate option. Cool, all right. The choice to go back. I'm trying to. I was scribbling while you were writing and I'm now trying to read my own scribbles here. The choice to go back. Do you there have been who knows how many NDEs there are lots of them every year that are reported and I think, way more that are not reported by people. Do you believe everybody has that choice? I've heard people that have experienced NDEs say I was told by my grandfather or Jesus or whomever, that it wasn't my time I was supposed to go back. How do you think that works?

0:22:06 - Ginette

So that seems to be the most common thing. I haven't come across many people at all that chose to want to come back. I've heard the same as you Mostly the time they're made to come back. I don't know why that is and I can't say I know exactly why mine was different compared to theirs. I just know that the choice was so inherently my own because I was shown how it could be ended or how it could continue, and so I don't know if it was to be able to allow me to bring that information forward of how it can be sometimes.

Or maybe there was a full completion of that first phase of my life, or perhaps I was ready to take on a whole second phase that maybe would have been brought into the next lifetime. I don't know exactly, but I just know that I felt no pressure to stay or to come back, that it was 100% up to me, and I mean I had reasons to want to come back for my family and my kids. But I also, when I saw the way that my higher self valued this lifetime so much, it was like why would I give up on what has already been created? Why would I not go back and work from that point?

0:23:24 - Julie

interesting. Okay, I'm an inventor of surgical devices sold throughout the world and former manufacturer of surgical devices, so I've been in the operating room a lot in my 30-year career, before I was doing this full-time, and I have been in surgeries where things did not go well. Probably the most poignant one was I was in a surgery for abdominal aortic aneurysm and it blew in the operating room and there was this fountain of blood that went flying up in the air and I watched the surgeon save this guy's life. Having said all that, did your doctor, did your surgeon allude? Or in the medical notes, in the surgery notes? Was anything noted that there was anything amiss? Did your blood pressure go wonky? Did your pulse rate any of that? Any complications that were noted in the surgery notes? Post yeah, no, nothing.

Yeah, interesting. That would be interesting for you to read that.

0:24:43 - Ginette

I know, I know I'd be curious.

0:24:45 - Julie

Because you're going to get copies. You know we're all have privy to our own medical records. For heaven's sakes we need to, but that that would be interesting. I'm hearing from spirit that there wasn't anything that went amiss, that everything went smoothly, and it sounds like your doctor didn't allude to anything being problematic during your procedure.

0:25:06 - Ginette

Not that I've heard no.

0:25:08 - Julie

Yeah, yeah, interesting, okay, and then what were the four things that you had the nurse write down and what were?

0:25:15 - Ginette

the four things that you had the nurse write down. Yeah, so they were like keywords for me to remember phases of it, right. So like one it was great baba tree roots, time to entwine and I went far right. So it doesn't really relate for anybody else, but those were like four different phases of my experience and when I read them it's like they unlocked everything I needed to remember of the whole experience and it was just this instantaneous flooding of everything. And I remember I was at my parents' house at the time after the surgery, as my husband had the kids out while I was recovering. Parents house at the time after the surgery, as my husband

had the kids out while I was recovering. And I remember when it all flooded in I was like I need to tell you guys a story, and so my mom actually captured a picture of the first time I told them the story in the backyard and then after that I sat down and I just I wrote my book about it all.

0:26:11 - Julie

And how was it received by your family?

0:26:14 - Ginette

Um, really well, and it was my dad, who has a brain quite like mine in many ways. He was like, wow, so that really happened, hey. And I was like, yeah, it did. And he's like, and you didn't have any pain meds at that time. I'm like, no, dad, that's why I had the paper and they were really open to it and yeah, interesting.

0:26:41 - Julie

A little different from when you were a kid, it sounds like, when you were coming up with all this wild stuff that you were seeing and talking about. Is there anything that has changed in your abilities as a medium since you had your NDE? Do you believe that your skills have maybe been heightened or improved?

0:27:07 - Ginette

Yeah, definitely.

So it opened up a faster communication and also like a higher reach and frequency, and so I've noticed that um in.

You know, in addition to connecting with deceased people or spirit guides, I've also been able to connect to much higher levels of consciousness and channel some beings as well, not some beings, but specifically these, the three guides of the light that I channel, um and a lot of that, and how fast it opened and how fast I noticed almost like the brain circuitry and my head moved after my surgery took a while to adjust to as well, and even, um, like my ability to hear energy not not just feel it, but almost like hear it change.

So there was a lot that changed for me after the surgery as well, which is what really like when I say the barn doors flew open. They really did in a lot of different ways, and the amount of spirit that I would see on a daily basis moving around the house or you know, would be different. What would maybe happen, maybe once a week, once every two weeks, randomly, when I'm not tuned in, would become like a daily event, and so it really did change the influx of energy that would come through, and it was something I had to create new boundaries with and ground into and adjust to for sure.

0:28:37 - Julie

When you say you're able to reach higher levels of consciousness. What does that mean?

0:28:42 - Ginette

It would be, you know, a greater ability, say in astral traveling or astral projection.

0:28:48 - Julie

Explain what that is to people that are listening that have no clue what that is.

0:28:56 - Ginette

Okay. So that's like being able to propel your consciousness somewhere outside of your own body to be able to see something, whether it be on this planet or in a different dimension, a different planet, a different galaxy. And with that also came the ability to communicate with different beings in different dimensions, different galaxies. To communicate with different

beings in different dimensions, different galaxies, not of this planet. And tuning into that and trying to bring that into my daily reality is what took a lot of time to kind of integrate and understand. So, yeah, hopefully that makes sense.

0:29:35 - Julie

Okay, yeah, yeah, in a galaxy far, far away is what I'd like to say from Star Wars, because I believe George Lucas channeled all that stuff, because I've seen it when I've been with clients and I think this looks like something out of a Star Wars movie and there are things that I see that then I'll see later in something else. I've seen that before in working with a client and so maybe we're on the same planet, in the same I don't know center on the planet or something along those lines. Do you turn your abilities on and off or do you just walk around and you see spirits and energies and things like that? How does that work for you?

0:30:23 - Ginette

I try to be so OK. Do I turn them on and off? Yes, in a sense, but they are also always with me so they can get my attention at any point and I can choose whether that's an appropriate time to tune in further or not. It also depends on what's coming through. So I mean, I don't walk around a grocery store tuning in and feeling people because that's too busy, that's too overwhelming for me. I can't do it.

Before I sit in client sessions I do properly tune in so that I can be the most available in their session. But yes, at nighttime, if I'm watching TV or just relaxing, spirit will come through. I'll sometimes see them move through the room or they'll talk to me. If I'm doing dishes or I'm driving, my guides love to come in and have a chat. So it is very much a part of my life on the daily. But I do like kind of turn up the volume and turn down the volume for sure. And then there's times too where I just um, I take a break for a little bit and I just do very human things to recalibrate Cause I think sometimes if we spend so much time tuned into those higher energies all the time, then we kind of get pulled out of our reality of presence here and I think sometimes it's nice to just be human without the interactions on the other side. So try to balance it out.

0:31:50 - Julie

I agree, we're here to live the human experience and then we can access spirit when we need it to help guide us. But I agree with you I do laundry and fold laundry and cook dinner and go to the grocery store and all that jazz as well. What have your spirit guides? Have they been guiding you on a different path? Been guiding you on a different path, like before your NDE and then after your NDE? Have you noticed a definitive shift in how or to where or to whom you're being guided since your NDE, especially since you were saying that you can reach higher levels of frequency? Now, are you noticing that they're guiding you in different ways? And have your spirit guides changed, or have they remained the same?

0:32:48 - Ginette

Have they changed? Yes, some of them have. There has been like a change of guard. For sure, there are still a few that are the same same, but definitely many new ones.

That kind of work with the energy signature that I am now and what I do has changed as well. So before, like like I said, I would spend a lot of my time connecting with past loved ones and spirit guides and bringing messages through, whereas now I find a lot of my work tends to be on sharing knowledge with people of, say, how my guides will explain to me the consciousness of water and how that consciousness can communicate with us in different ways, or how the energy body works and we can awaken dormant frequencies in our bodies. Like I find my guides have been bringing through a lot of information to try and put it into a very palatable, tangible way for us to bring in new ideas, and none of it is to convince anyone of anything, but rather just be a resource of knowledge of things, if people are interested, right Things about

consciousness and ascension and awakening and galaxies and that kind of stuff. So I find that that expansion of knowledge has been about sharing what I get for those that wish to listen.

0:34:07 - Julie

Well, I agree, it's been my experience, same thing and the more I do this and I think some of it just comes with age too, with wisdom that I don't feel like I need to convince anybody of anything. If this is something that they resonate on the topic and they want to know more, great. If they don't, we can talk about something else, it doesn't matter. And the need to not have to convince somebody of something is really freeing, I find. Do you find the same thing?

0:34:40 - Ginette

In the beginning of my journey and I'm not sure if this happened for you, but when it was first really opening up and I was trying to make sense of it by trying to convince other people was also to then reassure myself that what I was experiencing was in fact real and valid, right.

And so to be able to prove something of, like you know, your grandfather's here and he's showing me his old shoes, that connected to horses and did he ride a horse in this cowboy song? Like you know how spirit brings to these things, to have these validators and the person say yes, then I would be like, see, I'm not losing it, I'm not crazy. Right In my mind I would be thinking like half there, crazy. Right In my mind I would be thinking like, ha, there, whereas I completely agree now, like it's so real for me, as I imagine it is for you, it's so real and it's so a part of your reality. And the fact that we know everybody has their own reality and I'm not going to convince anyone of mine, but I'll share it if someone wants to hear. But I have no need to convince anyone of it. So it is very freeing. I find it very, very freeing.

0:35:46 - Julie

Well, and I believe, too, that Spirit's going to give us signs and symbols and things to give to their loved ones, because their loved ones, this may be their first experience at talking with their loved one in heaven and it may be that that's what they need to give them a little bit of a step in the direction of exploring this further, to give them that tangible proof of what's going on. And I always end up saying with the caveat. End up saying with the caveat okay, future events are fluid. Be open to how this is going to show up. And if they tell us this is your sign, it may make sense to you right now, it may make sense later when you think about it, or it may pertain to something that hasn't happened yet. And, at the same time, be open to how it's going to show up. I had a client yesterday and we were talking with her deceased son in heaven and she said I don't feel like I'm able to connect with him and I don't feel like I'm getting any information or signs from him. And he said for her just to look for the word mom, m-o-m. And I said he's telling me to tell you to just look for the word mom. Now Be Open. You may see that in a story that you're reading. You may see the word in an ad. You may see it on a billboard. You may see it in an Instagram post. Just be open.

And she was laughing and I said what? And she said before he died, he had cancer and was sick for several years. And she said before he died, the month before he died, he insisted that we go to a tattoo parlor and the word mom was tattooed on my forearm and he paid for it. And I said well, so he's saying every time you see the word mom, no, he's with you. And she said I never would have put those two together.

I said but that's why he chose that, because it's something that he knew that was easily accessible for you on your arm, for heaven's sakes, and also it's something that he wanted you to do and he even paid for it.

So I thought that was, and I, like you, I'm sure I have thousands and thousands and thousands of examples like that and it gives them so much peace and so much comfort that their loved ones are happy and healthy and whole and in heaven and they're around them all the time and

that kind of a thing and they're around them all the time, and that kind of a thing. I think it's interesting, too, how you're being led to spread this information on a broader scale and I find that to be the case with me and with lots of other of our colleagues as well, and it seems to me that all of us working together are causing somewhat of a groundswell in this, because people are hearing you say the same thing that I'm saying, that other colleagues of ours are saying and they're saying, okay, well, maybe there really is something to this.

And it gives them yeah, it gives them the opportunity to really put down their guard and say, okay, well, I'm going to take a step, and I'm going to take a step and I'm going to explore this further, and then that just leads them into their own spirituality. What's a walk-in soul experience?

0:39:12 - Ginette

A walk-in soul is when you have so a natal soul. If I start there, the natal soul is soul that is connected to the one that is born, the body that is born, so that's the soul that is brought in. That will be the baby, grow through childhood into adulthood and then at some point there will be another soul, which is the walk in, which is something that's already agreed upon before the incarnation happens in the first place. It's not a possession or anything, but they will do either like a soul braid or soul exchange, in which the walk-in soul will then kind of take over or completely take over and the natal soul will leave to carry on.

Whatever the soul mission is of that walk-in, whatever the soul mission is of that walk-in, and walk-in souls will do that because the whole journey of moving from a child in through adolescence into adulthood is a lot of time and a lot of kind of dormant time, if I put it that way, and there are a lot of souls that want to come in straight into action and so it's easier for them to do a walk-in versus being a natal soul. And at the same time there are many souls who will make this agreement with a walk-in and be like hey, I'll be the natal soul, because there's some aspects that I really want to work on as a child and so I'll come in first. Once I'm done that part, then we can essentially kind of trade spots and you can carry on, and so that's a very simple, rudimentary way of explaining something that has much more intricacy and delicacy to it. But yeah, there are more walk-in souls happening these days because of the raising consciousness on our planet.

0:40:57 - Julie

What happens to the natal soul if a walking soul comes in?

0:41:01 - Ginette

So the natal soul will usually cross over and basically go back to the other side. They can also sometimes take more of a back seat and allow the walking soul to come in for a period of time and then sometimes the walking soul will then leave again and the natal soul will kind of carry on forward with some of the lessons from the walk-in soul. Other times I have seen on occasion where the natal soul will then move into another lifetime, somewhere else, without much soul time on the other side. That doesn't seem to be as common in my own experiences. In my own experiences, but it's never any partnership in a natal walk-in soul scenario is never leaving one in the dark or in the dust. There's always an agreement beforehand for this switch to take place.

0:41:54 - Julie

Do you find that there's a personality change when there's a walk-in soul that comes in, or or is it frequent, or is it once in a blue moon, or?

0:42:04 - Ginette

walk-ins um, aren't, as I mean, they're becoming a bit more common. There's something that's talked about a little bit more now um, I wouldn't say it's a 50 of the population, but um, it is

becoming a bit more common and there is definitely a personality change. That's definitely a thing. There's either a very big shift in career or focus, even sometimes health habits. Sometimes it can be as extreme. I've heard in some cases as if somebody was in a coma and the exchange happened there. They wake up from the coma and they have different understandings of their heritage or language ability or intellectual ability. Maybe they have a very engineering brain going into it and they come out and they're very artistic. So there's definite significant changes that occur in the walk-in, definite significant changes that occur in the walk-in.

However, sometimes walk-ins can happen in the situation of a coma. Sometimes it can happen more sort of instantaneous. Most often, though, there's a bit of a blend that happens for a certain amount of time, where it's like the natal soul shows the walk-in soul around for a little while and then the walk-in soul takes over. So there's like an extreme phase of about a year or two, sometimes a little while, and then the walk-in soul takes over. So there's like an extreme phase of about a year or two sometimes a little bit less, little more where this massive transformation happens for people. Now, that doesn't mean every massive transformation we have in our lifetime, though, is a walk-in. We also go through personal revolutionary times in our lives where we can grow and change and evolve. The walk-in is when it feels like a very different frequency altogether, and oftentimes walk-ins have a feeling that there are walk-in, or, if they read up about it, there's a deep soul resonance of like, oh, I think this is me, I think this is what happened, this is that missing link that I didn't understand.

0:43:59 - Julie

Is there a correlation between walk-ins and schizophrenics?

0:44:02 - Ginette

I've always wondered that too and it's something I would actually love to study. I would love to study that at some point, because sometimes I wonder if, if, in fact, or even multiple personality disorders, if it's like, if there are different souls, kind of being like a revolving door within that being, within that person, what facilitates that. I don't know, I don't know if there's a fracturing that happens. Again, it's something I would love to learn about in the future and do some more study on it.

0:44:32 - Julie

Because, from a medical research point of view, when somebody has a multiple personality disorder, you know, is it really a disorder? Well, that's how it's been labeled by the medical community. They're like somebody can be a diabetic in a different personality and then they switch back to a subsequent personality and they're not diabetic anymore and they can see that through blood work, or they have high blood pressure or they've got something else in their vision changes or their whatever. And so I've often wondered that. And then the other thing that's interesting is I've heard stories throughout the years of to your point earlier when somebody's in a coma and they wake up and they speak a totally different language fluently and they don't speak their native language, and everybody's saying what's up with that? How does that work? So it seems that, especially from what you're saying, that multiple souls can inhabit a human body simultaneously. Is that what's been your experience?

0:45:44 - Ginette

It's a bit more of a rare occurrence in that regard. I think the blend between one to another for a walk-in purpose yes, Several, though I don't think that's usually a predetermined walk-in scenario Again, I think it's too difficult to just say it's A, B or C. I think it's very individualized. But trying to put them into categories as such, I think in some cases it is possible. In walk-ins there definitely is an exchange between one soul and another, sometimes shared for a little bit, where one kind of takes the backseat, one at the front, but always with a purpose on the soul level of the journey, Like there's always a reason behind it. It's not just for fun, or hey, let's walk

in, and a reason behind it. It's not just for fun, or hey, let's walk in and shove this soul out. It's not that Like we have our sovereignty over our soul connection with our body. It's a predetermined thing.

0:46:37 - Julie

I get to know that it's not a common thing that multiple souls are in the same body at the same time. A couple of more questions on that, because I think this is a fascinating topic and I'm glad that we stumbled onto it. When there is an organ transplanted, like the heart or kidneys or livers or something like that, oftentimes the organ recipient finds that their personality can shift or they crave M&Ms, chocolate M&Ms or something, and they weren't into candy before. So I guess my question along those lines is do you believe that that organ donor's soul, or a fractal of that organ donor's soul, is in that organ that is transplanted into the recipient?

0:47:31 - Ginette

That's a great question. I have pondered that I haven't met anyone to be able to have that conversation with them. Who's had those personal experiences? Scientifically, though, like we know that the organs carry different cells that are we could compare them to brain cells, right? Like we know the heart carries emotion. We know the stomach carries emotion. We know organs carry more energy than just the organ job, right. And so I think in any transplant we do take in the essence of somebody else in that organ. So I think that definitely happens.

Do I think there can be a soul aspect that is connected? I would imagine there are, because our souls can definitely break into fragments or split into fragments. Is it also the energy of that person's spirit being bonded with the person carrying their heart for a while? At that point too, it could be being bonded with the person carrying their heart for a while. At that point too it could be. Is it more prominent when, say, that recipient visits the donor's family? It could be the influence from the spirit coming around as well. So I mean, again, that's something else I would love to dive into and have conversations with people who are recipients to see what's different.

0:48:43 - Julie

Yeah, I've talked to a heart transplant patient before and he says that there are a lot of things that changed in his personality. He got he in his fifties got the heart of a 19 year old girl that died in a car accident or that was injured in a car accident. She was a donor and he's been with her family. And he said there are, there are a multitude of things that changed in his preferences and his personality and things and he said he's this. This was really interesting, I think, to me he said they all enhanced his life experience and enhanced his personality. There wasn't anything negative because we think, oh, you know, somebody was snarky, had a snarky personality and they were the heart donor. Does that mean I'm going to have a snarky personality? And I didn't get that from him and that made sense to me as well. When do you believe the natal soul joins a person that's incarnating? Is it at the moment of conception? Is it when they're born? Have you gotten any guidance on that from your spirit guides?

0:49:54 - Ginette

I know that in the moment of conception there is like an agreement the soul is ready to come in, there is a conception that happens and the soul is going to spend time connecting into the body at various times. I do know from my own experience that you know the soul of going to spend time connecting into the body at various times. I do know from my own experience that you know the soul of a baby will come in and out during the pregnancy and sometimes we feel like there's no movement happening, but the soul is spending time here connecting to the body, but also soul time on the other side as well. And I know I saw this a lot, even in my own pregnancies and most specifically with my daughter. I would see her soul energy, which is vibrant green, pop in and out of my belly at different times. And that was after I'd learned some things about this and I was curious how it actually happened. And the most interesting thing

with her was when I actually was in labor with her and had her. I saw her when she, when I was actually having her, I saw her floating above in kind of the corner of the room and I remember she came out and I remember I looked at her soul energy and I saw it go into her body and then she started crying. And I saw it go into her body and then she started crying and it was so beautiful to see that because I was like, oh my gosh, it's true, right. Like what they've been saying is true.

What I've heard is true in many cases, that a lot of people, a lot of souls, will wait until the baby is fully born before they come in to not experience the actual movement through the birth canal.

However, I have talked to some people that have had vivid memories still of that experience of being born. And then, in addition to that, though, I've also had experiences and also talked to people where, after the baby is born, when they're still really little, they are still kind of coming and going, more of like an out-of-body, still connected to the body. But I remember one time nursing my son and he was this blue energy and I remember he popped out and I could hear him so clearly being saying hi, mom, and then pop back in and I was just like, oh, oh, my goodness. So, yes, I believe that, um, there is a link and there is a connection, um, but I also think that, like the true deep connection is once the baby is born, um, because they'll often wait to come in after, at least of how I've seen it at least of how I've seen it.

0:52:32 - Julie

Yeah, I have experienced many, many times in an exercise that I do with somebody who's dying and is afraid to let go because they've been inundated with you're either going to go to heaven or you're going to go to hell, and they're afraid that they're going to go burn for eternity. And I say, well, everybody goes to heaven, and they go. Yeah, well, I don't know that. I believe you. You're not an authority on my church. Nevertheless, I'm able to separate my spirit, my soul Part of it stays in my body and separate it and do kind of like a dress rehearsal what's going to happen when they actually transition, and it gives them a lot of comfort. It's been my experience too that everybody's spirit does that. We do that when we sleep, we do astral travel to what you alluded to earlier, defined for us. So I believe that's what's going on with all of that great explanation. How do you define the difference between destiny and our free will? Is it one and the same? Is there a differentiation between the two? What do you think's going on?

0:53:42 - Ginette

Yeah, this was something that I was shown when I got to see my blueprint, and this is one of the lessons that was deeply imparted to me in my whole near-death experience was the blend of destiny and free will. And so, like when we're creating our soul blueprint I'll call it that on the other side, before we come in, we're creating these different junctures or fuses of lessons. We want these destiny pieces Like what does my soul need to experience in this lifetime, based on where I've come from, what I've completed, what do I need to take on? Now? I'm going to put in these different destiny pieces that are going to help bring about, hopefully, this lesson, this awareness, this understanding through the learning, hopefully, this lesson, this awareness, this understanding through the learning. And then we, you know, we roll up that blueprint and we head on in to earth and it is in our free will of how we choose to deal with those each and every time they come up.

That dictates how quickly we move through those destiny pieces, and so the way that they explained it to me is like we have a river design, right, we have a certain meandering river design of our destiny, but we're given a boat and then, with that boat. Our river is flowing this way, but we can spend our gasoline going back and forth, side to side. We can go up river if we want. The free will is how we maneuver the destiny points that we've put in for ourselves, and so we can choose to refuse them. We can, that's our free will. We can choose in any given moment to dig deep and learn anything and everything we can from that moment and move

through it. But we put those destiny pieces in and we also get to choose, as the human being, what we want to do when we confront them. That free will piece is always huge and front and center in our experience I agree.

0:55:36 - Julie
Why do we incarnate?

0:55:38 - Ginette
for soul expansion, soul wisdom, lessons to learn to, to be the universe experiencing itself. I think we incarnate onto earth specifically for the experience of destiny and polarity. Emotion Humans are very emotional, which is something that is both beautiful and challenging, but through emotions we get such deep lessons and learning, and so I really feel we incarnate when we're ready to take on a new experience, when we want to learn something new. We come into a lifetime to do that for the most part. I mean that's very general.

I think there are I've come across some people who come in for the joy and they have like a resting lifetime where they don't gain a ton of wisdom and knowledge. But they come in for the joy and they have like a resting lifetime where they don't gain a ton of wisdom and knowledge. But they come in because they're like you know what? I've done four lifetimes of big, challenging things. Instead of staying on the other side, I'm going to go back, but I just want to enjoy the fruits of humanity, and so that might be the person that lives till they're 105 and and they smoke and they drink and they never have health issues and they're always financially abundant and they travel everywhere. And you think what is with that? Um, I know I've had someone come through before as a spirit and they said I had a resting life and I just came back to enjoy because the ones before were so poor, so so negative and uh, so, so negative and uh. So I think our lifetimes are just these valuable opportunities for experience and wisdom.

0:57:14 - Julie
Well said, what a delight you are. You are just full of wisdom and information and and you're so eloquent and you do such a great job of communicating all this spiritual stuff in understandable languaging. So what a treat to get to talk with you today. How can people learn more about you and your work?

0:57:38 - Ginette
They can find me at avalonspirit.com that's our main hub, and otherwise I'm on YouTube as Jean Ginette viral medium. I do lots of information there. There's Ginette viral podcast. Uh, social media, yeah.

0:57:56 - Julie
Okay, alrighty, everybody, that's it for this time, sending you lots of love from sweet home Alabama, and from Canada to where Ginette is.

0:58:06 - Intro
Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan.

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