

AJR - San Qing Transcript

0:00:01 - Intro

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:44 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. It's where we blend spirituality and practicality to help you live a life of purpose and joy. I have such a treat for you today Taoist Master San Qing is with us. San is a prolific channeler and healer with a reputation for direct access to the spirit realm, and you're going to love this guy. Please remember to subscribe, leave a comment and share with your family and friends. Now let's go talk to Son. Son, welcome to the show. I'm so delighted to have you. We have struck up a friendship here that is going to be, I think, really fun to watch it unfold. So welcome, welcome.

0:01:28 - San

Well, thank you for inviting me on your podcast. It's a real honor and I'm very grateful. You're just a magical expression of true source energy in all different ways and forms and I was very grateful to have you on mine and I'm really excited to have you on mine and I'm really excited to have a conversation today.

0:01:49 - Julie

Right back at you, babe. Everything you said ditto, right back at you. Let's just get right into it. You combine ancient spiritual practices with modern neurology to help people manifest their desires, so please tell us about that.

0:02:07 - San

Well, it's an interesting thing. I spent many, many decades focusing on more smaller groups and probably, if you look at the up and down the peninsula within Northern California, silicon Valley, I was entertaining a lot of people that needed the guru, the healer. It was in the thousands, but I got to a certain point where I was conflicted. I needed to really start reaching the masses in the millions, and so, through my talking to my teachers, I was able to bring my teachers. I channel my source, energy, latsu, three pure ones.

I then decided to abandon that sort of more boutique sort of environment and get into a larger scope. So, with their guidance, we created a visual, audible experience evoking a kinesthetic, visceral response. That comes in the form of this app that I developed so that people can sort of literally fall into this sort of state of knowing and activate sort of like a gamma brainwave in moments. And so you then, through my own measurement over over my career, I've measured my brain waves all the time when I'm in the state of like healing, and it always ends up between 40 and 400. Hertz is the sort of the, the margin of frequency, sort of like variable, and so that, using the neurology and understanding how that works from from the integration of a spiritual practice, because the indigenous practices come right back to the visceral response of incantations, scripture, words, things that are creating this response from a DNA perspective, where you're evoking the words, the letters, the numbers, the symbols, and that is you speaking to yourself and most people feel it from their heart.

They get an expansive or a contractive response, and so I wanted something a little bit more detailed and through that, through this experience that I created Visual Audible, you're able to really measure your neurological response in almost well instantaneous after the first time. So basically, you expose yourself to it. The Visual Audible experience creates the kinesthetic response and you literally have what's considered 10 pina coladas, a full body massage in 10 days in the Bahamas, in seconds, and people are like, how does this even work? I don't have a belief system, I don't have it. So when you get into that state, the ability to heal is now, and so this way I'm able to broaden the scope of helping people remember who they are, and so there's sort of an integration of these things, relying on the five senses as a baseline, and then, of course, as you envelop that sensory perception, it gets bigger and bigger by the second and the idea of five senses turns into a hundred and it's really based on your imagination. Hopefully that answered your question.

0:05:26 - Julie

I need to unpack that a little, Okay. So first helping people know who they really are.

0:05:40 - San

Who are they really? Who are people really? Well, it's a remembrance that we reference within Taoism and it's called returning to the mother, the mother of all things, the Tao, and that entry point is between the breath in and the breath out, the yin and the yang. We call it the Wuji, the stillness, and that can be activated from a seeker's journey of coming to the realization of the Wu Wei, the effortless action that takes place for you to realize that you are this present moment. And by doing that you're sort of teleporting what you do as your default realization, bringing perfection back into this sort of state of distortion, which is really the 3D reality that most people are operating in. They're subject to their life experiences, their emotional state, which creates more distortion in their own sort of like journey.

And the first thing you want to do is realize your emotions don't control you. You control your emotions, and when that starts to happen, magical things take place and you do get to reset. So emotions are like, from a macro to micro being, that you are the universe, the universe is you, all is one, one is all hermetic principle, as above as below. Then you start to realize the emotions are basically distorting the ecosystem of your universe and you want to bring that universe back to synchronicity you mentioned woo, something did you mean?

and wu-wei. Wu-wei is a definition of the seeker's journey and it refers to the fluidity of the universe. So the flow of all things within dhows and we speak about all rivers return back to the fluidity of the universe. So the flow of all things within Taoism we speak about all rivers return back to the ocean. And that's that center point which, from a geometry perspective, or a sacred geometry perspective, the center of all things. And once you hit that center point, we call it the Wu Ji, which is between the breath in and the breath out, which is the effect of the polarizing duality that everyone starts off at, and so that center point is really the center point of all energy, which some people would refer to as the Big Bang. But this is how you start to understand that everything has an energetic profile, and that center point is where you start.

0:08:06 - Julie

Wow. Why I'm so fascinated is because, as you know, I call myself a businesswoman who learned how to do woo-woo and I'm a buffet of psychicness and I'd never heard that term before. So I'm thinking well, did I channel the woo-woo? I guess I did, because woo is the point where everything originates.

0:08:25 - San

Yeah, the woo-gee is where. Guess I did because woo is the point where everything originates. Yeah, the woo-gee is where it's the center point of all things. And you know it's like there are no coincidences, my dear friend. You're just, you're picking up what I'm putting down, but you

already you picked it up a long time ago, but you're just remembering that you picked it up and it happens to be similar to the way I pick things up, kind of thing.

0:08:44 - Julie

Well, and it's so much fun and I know you've experienced this too where I always say I love it when science catches up with woo-woo, because woo-woo has been around a whole lot longer and I love the definition of woo from you. That's a big thing for me and we're only into this five minutes.

0:09:04 - San

Yeah, I mean, we're both feeling the visceral effects, that's the energetic charge that we're both experiencing right now, which the audience will experience.

0:09:12 - Julie

Yeah, and so you're dropping golden nuggets in the first five minutes. I love it. What about when you say people can heal? Are you talking about emotionally, physically, health-wise? All of the above Say more about that.

0:09:27 - San

All of the above. And so you know a dear friend of the channel, Jules, from a bio. Well, basically, her reference point of what she calls healing, she steps above the perception of, you know, senses, the perception of duality, the perception of the universe, and she goes straight to what she calls the direct source, which is so funny. When you listen to her it's almost like listening to you, it's like really interesting, because you get right in there and you start describing the DNA and how it's morphing and turning and elevating and expanding.

And you know, I mean physical healing was something that I was exposed to, you know, 30 years ago, almost instantaneously in my journey, and I'm sort of like I don't want to sound like spoiled, but it's a standard sort of like response that I see, which really, when you look at the hierarchy of energetic profile, it would be at the lowest so for something to manifest into a physicality.

You've really been holding on to this thing for many lifetimes, or perhaps how far your lifetime and what you've experienced your lifetime and what you've experienced. So, yes, I'm talking about physical healing, flesh transmuting back to its original state within moments, bones fusing energy. The first thing I saw was gangrenous flesh transmute back to a pink color in 40 minutes and that was the first thing I saw. And so you know, bones fusing, uh, a tumor is shrinking, all that kind of stuff. Yeah, I, I'm never. It's never a dull moment, I'm never not excited to witness it, and it's really a resonance and you know, from my observation and your mastery, you you're coming in probably a similar way that I am. We're bringing a resonance that that person can remember it and then retune themselves to perfection. Manifest is what we call it within Taoism.

0:11:34 - Julie

Right and it's so much fun I know it is for you too where I'll see new things, and I think that just appeals to my inventor brain and sometimes I feel like a little bit of a ninny and I'll say, oh, this is so cool, I haven't seen this before, and I'm describing some you know healing that's happening, and then it seems like once I see it, then I'll see it with other clients or other people who've called into the show. So it's rearing to your point of resonance, of frequency on something that is allowing spirits, allowing it to come in. And then, once it's in, I got it and I'm saying, oh, ok, well, we're going to do this again, and so that's what makes it kind of fun. What's the way?

0:12:24 - San

The way is basically the definition of what Tao means. Tao in of itself means the way, the path, the golden path to your realization of returning to who you really are, and that's, in definition, what the Tao means. And so people are, the seekers are always looking for the way, their way, the only way, and you know, that's probably a really good reason why I called my app the way. 126.

0:12:55 - Julie

Yeah, what's the 126 signify?

0:12:57 - San

The way 126 down. Now we get into numerology right, and I'm not, I'm not hooing numerology, but the numbers when we talk about them within Taoism are really profound, sort of like pinnacle, and a lot of this stuff is coming back right now, especially with a lot of historians, people that are getting into psychogeometry. The numbers always return to nine. Now we talk about 440 hertz, which has been sort of a bastardized frequency for many centuries and it's been standardized, but it's actually creating incoherence and a disturbance within your own ecosystem, the resonance of what we call the heart center or the balance within the universe. And when we talk about the heart center, we talk about the pink, green aura of what someone would call their heart chakra. What is that relevant to? It's the electromagnetic spectrum of the light source of the sun as it transmutes through the magnetic field of the earth, and you have that light spectrum and that's why it's relevant to the chakras within the physical body, the energetic components. That's the center of the rainbow, that's the center point again. So we go right back to that center point and so within, within the, the systems of numbers, they're finding all this correlation, right down to da vinci and um other scholars over history that keep resorting back to these numbers and it's self-evident throughout. You know the pyramids. I mean, people are getting their minds blown and the number nine is the highest number for a Taoist and we use the mirroring effect of that. So when we hit 81, it comes. It now is turned in reverse, so it turns into 18, and so we go back down in nines, from 81 down to zero, and so it's a complete mirroring effect. So within Taoism, we have this really powerful incantation, which is basically a power abundant in its giving you will receive.

Unifying the body with the spirit, the spirit with the energy, bringing heaven to earth. Transcending all is one, one is all. Revealing perfection, manifest. That is your gift, that is your offering. That is your gift. That is your offering. That is your gift. That is your offering. That is your gift, that is your offering. That is your gift, that is your offering. Now, the charge you got from that meant that you were feeling whatever I was putting out there, my friend, and that is part of the mirroring effect when you look at it closely. Unifying the body with the spirit, the spirit with the energy, is the mirroring effect of the duality that is absorbed into what we call the center point which reveals all is one, one is all, that is the present moment. And so, yeah, it's like oh yeah, we know what we're talking about right now.

0:16:01 - Julie

Well, the interesting thing about that is when you were just reciting that, my whole body was buzzing. I wasn't getting goosebumps which is what I'll get a lot with validation of something from spirit but I could feel my whole body going while you were saying that.

0:16:18 - San

Tell us more about the.

0:16:20 - Julie

Tao. Is the Tao a religion? Is it a philosophy? I know it's ancient, I know it's ancient. Tell us what the Dao is.

0:16:29 - San

Yeah, yeah. So the Dao was sort of like a realization when you go right back to what they call the sparking seed of Daoism. That we regress back to on paper 6,000 BC. But, quite frankly, being in concert and communication with all my teachers, ie, for example, the origins of the Yellow Emperor, who was the first known evidence of the construct of Chinese landscape, he presided 6,000 BC and we were using pictographs and, like um oracle bone reading as a ledger to to basically transcribe history. And that merges into basically today's contemporary offering, which is simplified Chinese, which is Mandarin, and then you have traditional Chinese, which is Cantonese, but then that goes back seven emperors and each emperor would alter the dialect and the actual characters of this language through that morphing. And so Taoism started with the yellow emperor coming down from the heavens on a celestial dragon and then he was basically magnetized to the earth for 18 days and nights, downloading all the information for the infrastructure of Chinese culture as you know it today. And that has the seed of the Taoist alchemy that I teach people, which is an inner working of separating electric from magnetic and merging conscious and unconscious process. But the alchemical response is where you get into the secret source, where we activate what you would call a chakra we call them dantians which is the energy field, and so we work with ni dan, which is internal alchemy, activating ni gong, which is basically internal power, and that infrastructure is what all seekers for thousands of years, and especially consciously for human history, have been pursuing the internal alchemy. Because we're second to none with that and, quite frankly, I've yet to see anything that comes close. We're second to none with that and, quite frankly, I've yet to see anything that comes close. Potentially there's evidence of some elements of that within the Rosicrucian sort of like practices, but it still doesn't hold a candle to what we pull out of the internal alchemy stuff. So then that was transcribed into Chinese medicine culture.

Everything that you know about China came from, from yellow emperor, and within that there was a. The daoist alchemy was the. The center point of that is being able to absorb the riches. We call it absorbing the riches, which is sourcing the whispers of the universe and using yourself as the tuning fork. So it's the seeker's journey.

You could reference it to potentially a parallel to Gnosticism, a Gnostic journey where people know who they are and they're reminded of that and they have what we call a monologue, not a dialogue with source information. Now, my teachers, which I channel and have been for 30 years, their dialogues that I have, their facets of what we call, within Taoism, perfection manifest, which is the diamond. The diamond is perfect and we look at each facet as another entry into that perfection. And that's just what, in new age information, my teachers would be called the Akashic Records, the Halls of Amenti Another friend of mine, Julie, calls it the Yugo system and, of course, your own offering, Julie. What do you call your source information? The woo-woo Spirit, spirit, right, spirit, yeah, yeah, which is all of the above yeah.

So Taoism is basically an identification of all these different facets and there's an offspring of that where the Tao Te Qing, which is what people are most familiar with within Taoism. Where the Tao Te Qing, which is what people are most familiar with within Taoism, is a transcribing of the Latsu, one of my teachers that I channel on a second-by-second basis. He had a moment with the universe where he transmuted the information, channeled it directly and created the 81 incantations within the Tao Te Qing. I just transcribed it for the 2024 version. I just published it. We call it the magical register, so each verse is an incantation and it has 81 levels to that incantation, with a frequency and a color and a shape that goes with it, and it's like a magical mystery, right? People get high as a kite using this stuff and then you start moving from the magical register into what I teach people, which is Taoist rites, where you use the shapes, the colors and the frequencies to evoke instant healing.

0:21:36 - Julie

Interesting. We had a guy on the show not too long ago named Tom Palladino who's?

a scalar energy and plasma energy scientist and he clarified, I clarified, he informed me about things that involve plasma energy that I've seen for a long time in my mind's eye and he said that that's where all the healing happens and what you're talking about the frequencies. He says it's. It means spirit working through me and with me to help somebody heal themselves. Nobody heals anybody else, and no medical provider you don't, I don't. We're helping them heal themselves. And he says the reason why I see that vortices is because that's plasma energy inside.

The vortex, much like a tornado, has plasma energy on the inside. And to your point just a couple of minutes ago, plasma energy can separate molecules and join them back together in a different form. Meaning you got a broken leg. The plasma energy can work on that and take that apart and reheel the leg, and it can be in a nanosecond or it can take time to integrate into the body. When you find that it's taking time for somebody to integrate a healing into their body, do you find that there's an emotional component at play as well and how do you deal with that?

0:23:31 - San

Yeah, I mean, that's really the foundation of Chinese medicine is, and I think there's a lot of like variables, vedic sort of like processes, sanskrit, hindu sort of realization of that type of healing system. But in essence, within Chinese medicine, within Taoist alchemy, taoist realization, there's an emotion and a virtue attached to everything. And so when you regulate the emotion you reveal the virtue. And so we go through the first nine energy centers that are in the construct of the physical body and you regulate those, and through that there's an ecosystem, the five elements, the lungs, the heart, the liver, the kidneys and the spleen, and each one of them reveals an emotion to virtue, and in most cases people are excess or deficient, depending upon some of their life journey, and that comes to form, a thought, feeling and emotion that is generated. And then you create this cluster, this disturbance, what my dear friend Martin, from there's a Buddhist monk, calls the dukkha, the distortion, and so that's the weight that is transmuted within the physical flesh. And so potentially, yes, there the reality is, is I'm not, I'm not going to, if you, if you want to refer to laws of anything, if we want to craft a hermetic principle, the law of assumption, if you want to put it like that, which the evidence, evidence-based, is this Everything is the present moment.

So if you realize this, no matter what healing is now and if there's a prolonged processes for that healing, it can be problematic for the seeker or the healee or the healer because of the resistance to this idea that everything is a duality which comes from being distracted by your emotional content. And you believe you are this human body, you believe you are the reflection in the mirror that defines you as your personality, this human flesh and blood that you see before you, when, in actuality, right from one of my teachers, jade Emperor, when you accept you are not of this body, what can harm you? Nothing, yeah. And so I would absolutely agree with you that emotional content would be problematic and could potentially prolong someone's instant realization of returning who they are and in that is a side effect, you get a physical, mental, emotional, spiritual healing from that realization. So, yes, the emotional content will prolong potentially someone's instant event, but most cases when you access that, as I've seen with you, you're doing it on a weekly, on a daily. It's, it's now, and people experience that like woof.

0:26:39 - Julie

It's been my experience that there's always an emotional component that's connected to any kind of medical condition before it manifests. And once we illuminate, where did that energy block I call it begin? We don't need to relive all the drama and trauma. We get to the root. We

get to the core. Instead of peeling an onion a layer at a time, let's take the onion out by the root and then it gets rid of all the rest of it. It's been my experience. Then the body has the healing to be instant, or days, weeks, months, or need complimentary care like physical therapy or change in diet or surgery or whatever. But it's again I it's been my experience it's spirit working through me to help that person heal themselves. And and that sounds like that's what you're doing as well- yeah, yeah, it's so.

0:27:44 - San

I love, I love listening to the, the, the incredible. As I always say, there's a million ways up the mountain. There's no right or wrong way, that just is. And and you know, when we all come to our own realization of this present moment, it, it translates into the same thing. And when you're referencing the scalar waves, it's interesting. I've actually had Tom on my channel. I haven't published it yet, but it's an interesting thing because you're looking at scalar waves. But I just want to be very clear to the audience. What I know, Julie to access and myself, goes way beyond that.

So you know, the mother being the Tao, is not on the same electromagnetic spectrum as what we speak of when we're talking about a wave or a frequency. Because within Taoism we talk about the cultivation of the middle dantian and we have this energetic practice of building that alchemy it's called the death of a star, the raising of the red phoenix and the revealing of the black hole energy, which is one cultivational practice that activates the fractal pattern within that middle dantian, which consists of 81 chambers, that has a spiraling effect, that is, in a clockwise fashion. And so the upper dantian has a counterclockwise spiraling effect, with 81 chambers. And then the lower dantian has the circle, the full form, the 81 dimensions of the most profound perfection, which is the circle, which is the center point of all things. So when you merge these two together you get an alchemical processes which merges the conscious and unconscious process. Or in turn, you can separate yang from yin and move the electric from magnetic.

And then you know I don't call it party tricks, but you know, when I'm doing electric charges on people, I get them to stand on a wet rag on the floor, because it's as if you put your finger in an electric socket where you get a bump. And I mean I don't get that detailed, it's a super charge, it's like you got electrocuted. Now I've gone through and trained under masters and yogis across the the, the earth, and two of them actually have have so much juice they have to. They put a a leaf, they carry a leaf in their hand and they touch you with that leaf and you're standing on a wet rag or that will literally fry you, and so there's a degree of energetic potential. I've never really got that excited about it. I mean, I get into that cultivational practice but it's not my favorite. My favorite is watQing physical healings, but it will reset and charge your whole physical body instantaneously. It will reset and charge your whole physical body instantaneously.

0:30:43 - Julie

It's interesting that you talk about the vortex which I see with stem cell energy. There's always a vortex there, but I also see what you I believe is what you were referring to when you mentioned a spiral of energy or just a circle of energy, and it looks to me like the Milky Way galaxy and it's spinning like that and it's different from the vortex energy that I see and it happens in other healings like stem cell energy. I always see a vortex. That other energy I see a lot as well, but it's very different. So do you think that's what I'm seeing in my mind's?

0:31:24 - San

eye, absolutely. I mean it resorts back to the framework of the universe, and that's why people reference sacred geometry, because it always comes in that same form. And so the stillness for a Taoist is the center of the tornado, which is the oneness, right. But everything has that fractal pattern and that circular fashion is the infrastructure of the universe, and you can take it right

down to a subatomic particle, up to the cowlick on top of your head, to the sun. We all present this same characteristic, the same fractal pattern. It's in variables. So if you look at it under a microscope or you look at it as a macro, it will present itself in every way, shape or form. That's the creation of the universe.

0:32:13 - Julie

The interesting thing too, Son, is that when somebody is dying as they're you know, I've got my 12 phases of transition that I described with angels and deceased loved ones and pets, spirits around the person who's dying, there's always a vortex that forms at the end phases. It starts at about phase nine, and that's been my experience when I watch. That's how the spirit separates from the body, but it goes through that vortex and it's in the middle of the vortex that you just referred to where everything is still, and it's one.

And that's part of the. Is that an alchemic?

0:32:57 - San

Yeah well, it's an alchemic.

0:32:59 - Julie

What's going on?

0:33:00 - San

Well, it's an alchemical process, so I've had the great fortune of witnessing transitions myself also, and it's really, you watch, what some people would call the chakras we call them dantians. They shut down and the spirit starts to separate from the physical flesh and it moves through that, what you would perceive as a portal, entering a higher dimension, and in some cases, depending upon what it is that that person's journey or how they're they're operating within their incarnation, you're going to get a different viewpoint. That could be problematic, because you could potentially be earthbound, depending upon your circumstances. Now, the essence of Taoism is that everything is like a bellows it contracts and expands and contracts and expands, and we remind the seeker that man is not like that. And so when you embody the idea that you are this human flesh, you limit yourself and separate yourself from the now, the truth, and that makes you, of course, not accessing the immortality. That is the true essence of who you are, and so that comes down to lengthening your telomeres, increasing your longevity, which is really the seeker, any Taoist seeker, that's the main objective is to increase the length of their lifetime, to level up their consciousness or, as my dear friend James Tooney would say, spiritual consciousness, because I feel like it's kind of problematic and he makes a good point that there's this ongoing sort of like undercurrent of really separating someone, but it's a distraction.

By calling it consciousness or conscious agency, we're missing the point where we're identifying as the human, and that's the big mistake. When you want to really level up, it's sort of like you know the secret. The biggest downfall of the secret was they asked the individual what are your values? And of course you know, if you're not the present moment, which is the place? No person, no thing. How can you acquire this resonance? Because you're looking at your values, you're separating yourself, you're now identifying. Does that make sense?

0:35:20 - Julie

It does. Yeah, okay, let's change gears for a second here. Let's go to something that's, you know, not like way above my pay grade here. Were you raised in a specific religion or do you come from a spiritual family? Obviously you come from abroad, outside of America. I know where you're from, but tell everybody else, tell us a little bit about your family. And how did you get into all this? You know this Dow stuff. The woo-woo.

0:35:51 - San
The woo-woo.

0:35:53 - Julie
I love that you taught me that today, yeah.

0:35:57 - San
Yeah, so you know, I think, if I had to recall my coming from a single parent household, being raised by a radical feminist offspring of sort of like a delusional state, back in the feminine nature, the divine feminine, the intuition, this yin energy, just due to my environment, because I spend most of my time around women and I think that sort of created this connection and remembrance of what was in past lives. But that sort of turned into I wasn't really motivated by any specific spiritual state, I just had a very high intellect, a very high gamma. So I was a top 1%, tall, academically inclined super brain you would call it, and so I spent most of my time that shows today.

0:37:00 - Julie
I don't know about that. That still shows today.

0:37:03 - San
I don't know about that, but I spent most of my childhood warding off proglodites, Neanderthals, people that potentially couldn't understand the purpose of their presence, and they couldn't understand how this kid was just like so smart and didn't do anything other than look over their shoulder. Because I was constantly being verbally, physically, harassed as a child and that's where I would viscerate people verbally because they attempted to take out their mommy and daddy issues. After their mother drank a bottle of bourbon the night before, beat the life out of them, and so they came to school and went. Drank a bottle of bourbon the night before, beat the life out of them, and so they came to school and went. How do I let this out? Oh, this guy. I need to beat the crap out of him because I'm going to feel a hell of a lot better when I do. He's too weird. But the will aspect of my essence was I never backed down and they couldn't understand that. So in certain points of my childhood I had anywhere from eight to 10 kids stomping on me. I mean doing horrible things that would be defined as a bullying sort of scenario that would not be accepted in today's society, and so I think I grew from the licks.

It took me at the age of 10 to resort to something a little bit more physicality wise. So I picked up this thing called the education of a bodybuilder by Arnold Schwarzenegger, and I was like you know what I need? I can viscerate someone with my, my words, and that is really the most powerful, as you felt the resonance. But then again I needed to feel grounded, embodied by this superpower that I realized I had. So I started bodybuilding and powerlifting and by the age of 16, 17, I was 187 pounds and competed 4% body fat. I was doing these types of things, lifting stupid weights, and even back in those days, intuitively, I was eating one meal a day and I was getting stronger. I was eating one meal a day and I was getting stronger. Now people start to understand, from a nervous system, neurology, nutrition aspect, the power of what we call, within Taoism, resting, which some people would call fasting, and so I was very familiar with nutrition as a young boy and I've used it over the years as a massive element. And within Taoism, the optimal resonance is one meal every second day and you'll feel like you've got 20 cups of coffee, superhuman. And so that led me into spending most of my teenage years developing this skill even though I had no religious beliefs. And then I had this moment where I was getting into silly weights 500 and 700 pound squats and deadlifts and there was a voice in my head saying you must find more. And I'm like, okay, what does that even mean? I've been listening to the other voices, I guess why not the meditation Now, back in those days, meditation was Hare Krishnas and weirdos from that era where we're just coming out of accepting the Beatles and the Yellow Submarine and all that LSD stuff into the 70s and 80s

where this is excess, it's time to get into the rat race and Hollywood and Americana and all that kind of stuff.

But much of that just left me empty and I was still pursuing this physical thing. And then I got that voice. I was like, okay, meditation seems weird. I pick things up, I crush them, I throw them around. That's what I'm good at. I don't think I know what it's like to be still. This is what I was given the definition of you, you know, be quiet in your mind, just still. Everything down now, little to my knowledge. I was doing that my whole life. The ability to be myopic and focusing and literally laser focus to create anything I want, and at a superhuman light speed pace. So this voice told me go and find meditation. I'm like, I don't know.

So I found this sort of like freebie at a rec center and you get to a ghetto area. This woman's like the little 50 pound wet, wet, nothing, you know, grandmaster. I'm like, oh, okay. And I'm thinking I'm sitting there as a gorilla, overgrown gorilla, sitting there attempting to twist myself into lotus position. My back was aching. I've got noise outside because we're in this youth center in that ghetto. I literally lost my life getting to the front door and I'm hearing ambulances, dogs, all this kind of weird stuff.

I'm thinking this is really not going to work for me. You know, I'm sitting there looking around the room. There's half a dozen misfits, just beggars. We're all beggars. We're like, hey, a freebie, oh, you're going to teach me how to meditate. So I'm looking around the room, going I'm just one of those oddballs like the rest of them. I mean okay.

And so this woman's like now I want you to listen to my voice. I'm like, okay, I've got dogs barking, screaming, the whole thing, Just craziness. And I'm thinking this is not going to work and I'm not as weird as the rest of these weirdos in here, but it's a freebie, right. So I'm like, now listen to my voice, and when you listen to my voice and I stopped talking, everything will fall away and I'm like, and just like that mesmerizing effect you and I are having the charge you're getting. Then she, the second she said that he went silent and then I would look at her and she's like.

I was just like. I don't know what this is, but this is the most powerful thing I've ever accessed in my life. Forget about the weights, forget about crushing things, forget about I stopped. I don't know what. It is. Time sound. Everything was instantaneous right now and I'm like I'm onto something Now. Of course, that was a profound effect. It was like probably someone's equivalent to an LSD, the psychonaut experience, because it was so visceral and it was so now that I'm like man, if you could switch things on and off like this, this is insane. That I'm like man if you could switch things on and off like this, this is insane. That same. That's the following week, I took a channeling class and I channeled Latsu for the first time, and so I instantly accessed Latsu. Now that teacher at the time had 60 years experience in channeling and he was just like what the yeah really.

0:43:39 - Julie

I mean, let's just go to one of the most important teachers ever.

0:43:43 - San

Right and he's like, why you? Why you? This overgrown ape that comes to me like looking for crumbs, thinking he's going to find something, and I've been doing this 60 years and all of a sudden you walk in here and poof, and I mean, everyone in the class was I had so, which is a visceral thing. But when I channel him directly and I'm always in concert with him and talking to him on a second-by-second basis, and most of the things that come out of my mouth, if they're in any way intelligent, they're not mine, so they definitely come from him. But, moreover, it's like the people in the class were like using sticks and marshmallows, cooking their marshmallows because I was transmitting so much heat and energy from his presence. And

that happens now every time I channel him, whenever I do individual channeling or whatever. It's been the same way for 30 years. So I go from that and then I have this event where I'm starting my training and the first thing I experience is you know, I'm doing sort of literally a specific ritual in distance healing and this is kind of like a sort of a thing where it's like do this, this and this, you've got this like chart. You click off the chart. Now I attribute it to look at everything at face value, I just accept it. Right, the present moment. Now we understand. It's like, oh, the present moment. And so I finished this program.

Anyway, in those days there's rotary phones. My friend calls me up and says, look, I can't meet you today. I've got a sprained ankle. And I'm like, oh, that's disappointing. Anyway, I'll catch up with you next week. And I'm like, whoa, hang on, hang on. She's like what? I'm like, let me try this thing. I was learning it today in class. It's called distance healing. And she's like really, what is that? Let me just try it. What's the worst thing? That happens, nothing. So I'm.

I said what I'm going to do right now is I'm going to go through this checkoff list in my mind and in the end you're going to hear me repeat an incantation, what they call an incantation, and let's just see what happens. Cause I'm just like, well, look, you know this is going to happen, anyway. So I go through the list and then I finish off with the incantation and she's going will you hurry up? Because whatever you're doing, it's not working. So why don't we just meet next week? And she's like, okay, and I'm like, hang on and now I'm going to do the incantation Heal, heal, heal, heal, heal, heal.

And then next minute I hear the what, the what, the fuck Like. She screamed it through the phone. I'm like what, what, what? My ankle just shrunk down before my very eyes and I'm standing on it now. I'm no pain. I'm like you're foolish, you're full of the old, you're full of it. And she's like I'm not kidding you, I'm serious. I'm like yeah, yeah, yeah, yeah, yeah, sure, I drive over to her house and she runs to me and she was staying at her mother's house, right? So she runs to me, gives me a hug and I'm like what's going on here? And her mother is literally something out of like some Hollywood movie.

So a real affluent sort of person doesn't believe in doctors. Her idea of a good time is a bottle of vodka and a pack of cigarettes. She was in her 70s, living her life the way it is. I'm just happy I got money, don't disturb me, I'm going to do whatever I want. And she's sitting there puffing away, right back in those days where inhaling secondhand smoke was fun, you know what I mean. And so she's puffing away and her daughter's giving me a hug and I'm like what's going on here? She shows me before and after polar, polar, polar. What is it? Polarized, yeah, and I'm like this is unreal. And I'm like I, I don't know, I'm still, I'm a skeptic. I'm like, nah, no, and you know I look well, one week ago I'm lifting weights. Next minute I'm some, some enlightened guru stopping sound and time. I don't know. This is a lot. This is a lot.

And the mother's like I always knew you were a healer. And I'm like what are you talking about I knew you were a healer about? I knew you were a healer. And I'm like now this, this family goes deep into all this sort of like weird, sort of like belief system crap. And I'm like all right, I think I need to time out. I've got to go. And she's like you can go, but I want you to come back in a couple of days because I got something wrong with my foot. And I'm like, okay, have you heard of a doctor? No, you are going to take a look at it. I'm like what am I going to do? Listen, all right, all right, all right, you know, I had the girlfriend. I'll appease the mother. Sure, whatever, sure, sure, sure, whatever.

I turn up there and like she's got a distended stomach. She sits in this like royal throne. Basically everyone panther around her tell her what she wants to hear, and she's puffing away drinking her vodka and she's a mess. She's a man, I mean a mess. And so she's gonna foot up on the stool with a sock on and she's like my foot's been hurting for a while, can you take a

look at it? And I'm like, okay, okay. So I get down there. She can't see anything past her stomach. She's sitting there puffing away and I pull the sock off.

I go in my mind. I'm like holy crap, this is like a gangrenous foot, like it should be amputated at this point. Like you know, I'm no doctor at this point, I just know I've seen horror movies and this stuff is freaking me out. I'm freaking out and I'm like, oh. And she's like, how's it going down there? I'm like in my mind, I'm like, really, we need to get this woman in the car right now, take her to the hospital ASAP. And Latsu's chiming in at this point. I'd already connected with him. No, we're not. I'm like what? What do you think we're doing? You're going to witness a healing. I'm like what do you mean I'm going to witness a healing. What are you talking about? I mean, my mind is blown at this point with all this weird stuff going on. I don't even know what end is up. And he's like you're going to witness a healing, really Okay. And I'm having this dialogue with him and I'm like she's like so what's going on down there?

0:50:08 - Julie

I'm like I'm talking to this dead guy.

0:50:11 - San

Pretty much. And then next minute, literally Julie, in 40 minutes, that gangrenous flesh goes back to pink in color and I'm just like I was sold pink in color and I'm just like I was sold. At that point my hobby was I had this thing where I would heat up like sebaceous cysts, raise them to the skin, have them pop open and then seal back up. And that was like my hobby. At that point I was like this is crazy stuff, man, and it's fun. It's like a lot of fun and you get into the energetic signature of it.

I think that following and you get into the energetic signature of it, I think that following, you know, I think it was in a month or so, I had this woman who had a cantaloupe-sized like an infection that looked like a football in her chest from breastfeeding. And when I got to her, her and I witnessed this thing bubbling up, expanding her flesh, opening up, a liter of pus pouring out. Then it's sealed up before our very eyes and we're just like this is. I mean, I was hooked. I had the, the spiritual crack pipe it was. That was my journey, that was it, and so embodied within, that was the daoism and that came from the Latsu, and so you know, over this last 30 years I've been teaQing people the inner workings of internal alchemy and energetics, and so this has been my very mild entry into what we would perceive as reality. I guess I don't know, you and I are used to it.

0:51:40 - Julie

Mild. I don't think there's anything mild about it. Yeah, I think it's. I love the stories.

0:51:48 - San

Oh my goodness, you've got to make this stuff up.

0:51:51 - Julie

Yeah, yeah, I know, and I say that all the time too. How can I make this stuff up? And it's with people that we well, you knew your girlfriend's mom somewhat but it's normally with people that we don't know, and we don't know what their circumstances are, and we don't know what they've been through in this lifetime, let alone their past lives, and what's going on. Now we're just being presented a set of facts as they're describing them, and then we're watQing it all take place energetically. It's fascinating and it's so much fun too and I know that you think it's fun as well, and I think that's surprising to people, because they think everything's so serious and spirit's pure love. We're supposed to have fun when we're doing this stuff. That's why I say woo-woo. It makes people laugh. And now I know why I'm saying woo-woo to you. All right, let me see what else I got for you. I got so many questions. Okay, here's one ordained priest and 66th generation lineage holder and 126th generation lineage holder of Taoism.

0:53:08 - San
What the?

0:53:08 - Julie
heck, does that mean.

0:53:10 - San

Well, it means that I've gone through an ordained processes and I've trained in the structured monastic sort of like path and then through that, you go through processes as a sort of a seeker, then you become a disciple, then you become an ordained priest, and so that happens over a period of time several years, it depends. I normally, if I ever ordain anyone as I am a priest, it's normally a long process and most people fall out within the first 12 to 24 months, because what it takes to find yourself is not necessarily what they're looking for. They're looking for the instant hit. And you want to make sure. And there's one thing that I really appreciate about you is you're clear on who you are.

And I think a lot of people, when they get into the healing game and I'm going to call it a game because that makes it fun is that they lose sight of the fact that they're looking to distract themselves from the fact that they have a myriad of issues of their own that have still not been realized. And if you can't heal yourself first, it becomes problematic if you're taking on the issue of finding that resonance, bringing it in for someone else, and they become very separate. And when they become separate. That individual takes on all the traits of all their garbage and vice versa, which is the trap of healers in 2024. And I've noticed that over the last 30 years is they make it about themselves I'm the next coming of Jesus, I'm the Messiah, I'm the healer. And that makes it problematic. So they take on all the physical traits. So you get the massage therapists, the light workers, and they're all like I'm exhausted, I'm channeling, I'm exhausted. No, I've got more energy the more I immerse myself in this, just like yourself, because we're not tapping into our life force energy, we're tapping into the source and it's not ours. And so within that, those lineages, there's a processes and you develop a skill and then you become ordained and from that I take the rituals and the training and I embody that and teach people the internal alchemy practices and they're even more enriched by direct source with my teachers. And I can safely say there isn't another person on the face of the earth in the Western world that could teach internal Taoist alchemy practices better than myself. And it's the real stuff, not the fragmented rubbish that seems to be floating around the internet. And it's the real stuff, not the fragmented rubbish that seems to be floating around the internet and it's been very sort of like it is. It's like it's. You've never found a direct source where you can actually cultivate Some people call it the Fajin where it's a substance that you acquire when you activate the energetic body, the infant structure, and you're practicing in Ni Gong, the internal power, using the Ni Dan, the internal alchemy, where you have cultivated a substance and you're not having questions about it, you know exactly where it goes, how it happens, what you do with it and you can literally move it around like icons on a computer screen, as it should be.

You need to be very clear, and I mean knowing who you are and knowing where you're going is one of the most profound things. That, as a healer or someone seeking to be that center point that reminds people who they really are, is really the most important essence that you could embody. Is that and most people are not there and you know this, and most people will consider a resonance that Julie and I bring into a space as overly confident and kind of arrogant You're a little knowing, a little too knowing. No, it's just the now, and what happens is that evokes a response within the seeker, who's basically subjected to duality and it raises their stuff up.

We just recently talked about their emotions and then they pointed us going I'm deficient because of you. And that's not the case. It's got to do with. The resonance is so high. You either embody it or you break from it, which is part of what the energy does. It makes you remember, and when you remember, all of a sudden these things will present themselves, which is the delusion of the emotional content. Does that make sense?

0:57:45 - Julie

It does. And I have talked to several healers and been interviewed on lots of shows, like you, and they say, well, a lot of healers say they're exhausted. At the end of the day I said, well, I'm jazzed, I need to, you know, discharge so that I can go back to my regular life and fix dinner and do laundry and, you know, take out the trash and stuff like that. But it is energizing and it's so fun and so much joy.

And in my classes I tell my students and I'll be eager to hear if you do the same thing I say this is 10% technique, this is 90% transfer of energy from me to you. We do it over a period of time and, yes, I lecture and we have slides and we have discussions and stuff, because what else are we going to do for two days while we're together, while you're getting used to swimming in the high vibe, and people find that hard to understand just because of how we're all educated. You know you memorize something, you spew it back on a test and we worry about whether we get it right or not. It's been my experience and this is what I teach and I'd love to hear your take on this as soon as you go into fear, you're knocked out of alignment with spirit, because fear is a low vibration and spirit doesn't communicate on the acrobat channels because the vibration's too low. Do you agree with that?

0:59:15 - San

Oh, 100%. I mean what people need to understand if you're emotional, you're suggestible. That means if you're emotional, you're unconscious. So to be conscious, to be one with all things, is if you're thinking, you're not knowing. If you're knowing, you're feeling. That feeling is evidence-based, self-evident, and it starts and ends there.

And so all the semantics of the learning which, within my teaQings, within one of my teachers, jada Emperor, he reminds you if you have to learn it, you do not know it. If you know it, you don't have to learn it. And so, whenever you're in the presence of myself or Julie, we're helping you remember. And so the humanistic aspect is they enter into this new realization with this human condition, and the human condition is what you start, you must finish. So this is what we call a heteroaction from a psychologist's perspective. You need to be able to rationalize it within the intellect instead of accept it within the intuitive. And when you do that, center point being right here, which is the versica, which is also the center point, the wuji, the difference between conscious and unconscious, intelligence and intellect or intuitive sorry is this center point. And so you cross over into the stillness, and so that merges together as one, and what you do with. You bring that juice, you bring the woo, woo, the.

I mean, you know, for all my OGs, any of my students that watch this interview, they just feel the palpability of your presence because it's the real deal. It's a resonance that cannot be manipulated or it cannot be faked, and a lot of people fake stuff. They, for the old expression, fake it till you make it. It's like, oh please, the hollywood cliché throwaways which there seems to be, this sort of like need to. You need to start somewhere. Your intuition is telling you come find Julie, come find sun Qing, that's great. And then from there you are going to remember the resonance that we bring in. Because let's look at this reality, light wave particle to matter, that's the sum of all things. It's just a light spectrum. What we're doing is from that light spectrum.

Your attention, intention creates energy, a cluster, a thought, feeling and emotion. That energy has a vibration. The vibration has a frequency. The frequency, if you obtain that frequency and you're going to hold the line, there's the resonance and that's all it is. Once you hold that

resonance, which is a natural state that Julie is in, it's like boom, I'm there and that's a mastery, I imagine, from your own admission. If you look back at your progression, there was a period of time that you cultivated up to the boom I'm here. It may have taken you a few minutes, a few days, a few weeks, but there was a progression of development.

But that palpability is second to none and that's where I find that substance that we speak of. Within Taoism, it's the chi. Within Hinduism, it's the prana. Within other belief systems, it's God, universe, buddha, whatever it is. You will know that it is present and it will alter this moment right now. And that's that part where we're no place, person or thing, we're just the now and we're absent of title. So we go from what I like to call first person, third person, no person, and when you're no person, you are realized and it will be self reality, which is coming from what you call the high five, the 5D. It's not from this electromagnetic spectrum, it's a different light.

1:03:27 - Julie

Two more questions as we're winding down. As you know, you and I can chat for hours, and it feels like it's five minutes. Whenever we get together, I just say, okay, wait, we got to do the show because our time window here is going to expire. Is there a difference between prayer and meditation, or is it the same thing?

1:03:49 - San

It's the reverence that you bring, it's the embodiment of what that means. And if we look at it from the simplicity of a lens of the scientific model which you referenced, so I'll use it for your audience. You have this infused letters, symbols, numbers, embedded into your very subatomic particle expression of a DNA strand that you would identify. That is within you. That's the visceral effect. That's why people gravitate to scripture, they gravitate to words. Now, that goes ancient, that's deep rooted into the ancient understanding and the infusement of the seekers finding it through that. And so prayer to meditation is your level leveling up. In my opinion, meditation is a starting point to realize that you have choices outside of the very moment you have right now. And prayer is like your secret sauce leveling up, taking that ability to be aware, to find that focus point and then transmuting it into a visceral experience that will be self-evident.

1:05:05 - Julie

I had Father Sean O'Leary, who's a PhD wonderful fellow Irish priest, retired Catholic priest and I asked him that question and he said this was his take. So I'd love to hear your opinion about this. He said he looked at prayer as more of you talking to God, you talking to source, you talking to spirit and then receiving information, whereas meditation is more of a download. He sees prayer as more of a two-way communication and meditation is more of a okay, I'm getting this information. I call those divine downloads where information just comes into our heads. Does that resonate with you?

1:05:51 - San

Yeah, yeah, sure, I mean, the ultimate goal from a Taoist seeker is from going from a dialogue to a monologue. That's when you know, all things are realized. So I would say that's a you know. It depends on the reverence, it depends on the validation and the meaning of the individual seeker, what that script, what that prayer means. But there is a, there's a jump off point, there's a starting seed which is the ultimately, once you realize that dialogue, there's a gateway to the monologue and that's when things, the secret sauce, that's when things happen, which is now Right.

1:06:54 - Julie

Last question why do we incarnate?

1:06:56 - San

Last question why do we incarnate? You see, that's a very interesting thing. I mean, 2024 came around and you know, everyone's asking Latsu, latsu, what's going on? What's going on? And he's a little cheeky, latsu, but his answer was quite simple. Imagine you're like a grain of sand, asking the beach what are we doing today? Fall back into the beach and be realized. And to a lot of people they're like holy moly. To me, I'm like man, I sound like I know what I'm talking about. Wow, because that oneness is the be, allall and end-all. And what most people tend to sort of like get caught up in is you know how do I put it? They separate and they don't realize that the now is all beginning, end everything. But you need a method to cultivate that.

1:08:05 - Julie

Right, right, interesting. You know, I just am one of your biggest fans and I'm so delighted that you're in my life and just wanted to let people see how fabulous. See your fabulousness. How's that for a word I made up. Well, thank you, my dear friend so how can people learn more about you and your work?

1:08:32 - San

Okay, you know you can check me out at the Way126 Experience, me out at the way 126 experience, uh, which is a basically where you can pick up, um, my digital books, uh, ie the transcription of the dowdy Qing, which is the magical register, always start off point. You can get me on social media and the way 126 or within the podcast world consciousness of the way, and that's on 20 platforms for the youtube iters, the way 126 experience, and you know, um, I developed that, the app that I I think I spoke on maybe I did or didn't, but in any case, that app will get you pretty much going and I like to use that as a. You know you could do, if you do nothing, but just spend the first nine weeks enveloping and synchronizing your nine energy centers, because that's what it does. It synchronizes your energy centers and the general side effect from that is you get John Smith, the janitor, going. I healed myself, I healed my dog. I get attorneys and accountants going. I had hemorrhoids. It's gone. All I did was sit there and listen to this thing and it just completely centered me because it's all energy, frequency, vibration, and so bringing that into a digital offering makes it really palpable and for a seeker.

I always tell people you spend two months on that app and you develop a skill because it's creating information energy highways, creating new synapses in your brain, developing and tuning your neural network, that you can repeat this instantaneously after the first go and it's yours forever. So it's two months on. The app develops your mastery of your emotions. So you don't control you. Control your emotions, emotions don't control you. Within nine weeks, you will be the master of that and if you walk away from that and never use it again, you have a skill for life that will never leave you. And I give people exercises on how to measure their development from a day-by-day basis so that you're not going hey, I'm spending 27 minutes a day, what am I getting? People tell me, wait a couple of months, you'll start floating and speaking to angels and pixies. No, within the first time you ever expose yourself to this app, you will be able to test it Now.

I always tell people as a joke hey, go out and create conflict after you finish the first session, go and get all up in someone's grill and I'm like I'm just kidding, but you will. Most people. What they do is they get into an experience and they get an incredible synchronization, which is a reset, the return to who they are and what happens in most cases within the digital world. They go and they do the thing and they're like I'm so relaxed and they come out of their room after they've finished their app, whatever it is, and then one of their kids runs to them and says, oh, I've got a poopy diaper and the bills need to get paid and my wife's telling me I'm late for dinner, and their life just crumbles. This is self-evident. You will be able to move that emotional state like an icon on a computer screen and toss it in the corner of the room, tell it to sit down, turn over, roll over and play dead. That's the mastery, yeah, and that's the observator.

1:11:49 - Julie

Wonderful. Well, everybody, that's it for this session, Sending you lots of love from Sweet Home Alabama, and from Nevada too, where son is Son. Thanks for joining us.

1:12:07 - San

What a wonderful conversation, thank you. We'll continue it another time. Yes, I'm looking forward to it.

1:12:10 - Julie

Bye, everybody.

1:12:12 - San

Bye.

1:12:14 - Intro

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan, and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

1:12:29 - Disclaimer

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