

## AJR Show March 21st Transcript

0:00:01 - Intro

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:44 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. I'm so delighted you could join us this week. This is where we combine spirituality and practicality to help us all live a life of purpose and joy. Along the way, we answer some unanswerable questions. We've got a bunch of calls on hold. They're joining us through YouTube live stream as well. If you want to call in and ask a question, have a conversation with me, go to [AskJulieRyanShow.com](http://AskJulieRyanShow.com). If you're on YouTube, or you want to join us on YouTube, just go to AskJulieRyan at [AskJulieRyan.com](http://AskJulieRyan.com) if you want to have a conversation. If you want to ask a question off of our live stream, just go to [AskJulieRyan.com](http://AskJulieRyan.com).

We'll be taking questions from both people that are calling in and people that are on YouTube. Let's bring in our first caller and see who that is. It's always fun, because I never know who's going to call or what their question's going to be, so let's see who's first.

Julie

Hi, Diana, where are you located?

Diana  
Utah,

Julie

Okay, terrific. For those of you that are listening and not watching, she's got this beautiful white, fuzzy pullover thing on and you kind of look like a glamorous polar bear girl. So is it cold there?

0:02:07 - Dianna

Thank you. No, it's actually almost 60 degrees here.

0:02:10 - Julie

It's lovely oh perfect, wonderful, what do you have a question for me.

0:02:15 - Dianna

I do, and I'm at the base of a canyon, so I'm close to the mountains all around. So that's why I'm looking fuzzy. Today you look beautiful. My question is about my mother. My mother is 96 years old. She's in hospice care. She has been for over a year now. She's tired, she sleeps all the time. She wheelchair bound, she's in pain. She says she's ready to transition. And then I was told to listen to your program, because you understand about transition and find out where she's at what stage. What can I do to help her?

0:02:51 - Julie

Yeah, okay, all right. What's her first name Diana?

0:02:55 - Dianna  
Rosemary.

0:02:57 - Julie  
Rosemary. Okay, what I'm going to do is I'm going to connect to you energetically how this works as I raise my vibrational level to the level of spirit, because we're all spirits attached to a body, having a human experience, and when we're attached to a body, we vibrate more slowly just because the body has mass. So I'm going to watch my laser beam come from my body here in Birmingham, Alabama. It's going to hook into you in Utah and then I'm going to go from you to your mom, rosemary. What Diana is talking about everybody is the 12 faces of transition, which is a series of events that we all go through at the end of life, where we're surrounded by angels and the spirits of deceased loved ones and pets, and it's how the sequence is, how they're lined up in the room. So that's what we're going to do. I'm going to check and see if she's in any of the phases of transition and then I'll ask her my normal questions. Have you read my book yet, Diana Angelica Attends?

0:04:01 - Dianna  
I have not, I have not. I am just looking forward to delving into more with you.

0:04:08 - Julie  
Okay, all right.

Well, if you go to Julie Ryan Gift Julie Ryan Gift dot com you will get, and just to request a copy, we'll send you a free copy and anybody listening same thing. Julie Ryan Gift dot com will send you a free copy. Thank you, you're welcome, and just say that you heard me on my show, that we'll know where that's coming from. So here we go. Here comes my laser beam from sweet home Alabama out to you in Utah. All right, got you Going from you to your mom.

Okay, rosemary is in phase seven of the 12 phases of transition. What that means, Diana, is she's surrounded by spirits and deceased loved ones and angels spirits of deceased loved ones and angels, and she and deceased pets as well. Her mother and father spirits are at her feet, her grandparents are behind them and then lots of other family and friends. If you go to askjulieriyan.com my website and you just look on the 12 phases page, there's a graph, there's a chart there that's an illustration of all the different phases. It's a free download, Diana. I suggest that you download it.

Anybody that's dealing with somebody at the end of life. Go on askjulieriyan.com, download that chart on the 12 phases page, save it on your phone, Diana, and then, okay, just ask in your head, or allow, just ask what phase of transition is my mom in, and you're gonna hear a number as fast as you can snap your fingers and then you can refer to the chart that's on the page. So let's find out. So, rosemary, are you ready to go? She said, oh, absolutely. Are you in pain? Yes, at times she's saying her pain isn't being managed well. Is that what she's telling?

0:06:12 - Dianna  
you? Yes, that's probably true.

0:06:14 - Julie  
Is hospice involved?

Dianna  
Yes!

Julie

Okay, I would talk to them because they they'll be able to help you manage her pain. That's why I always ask somebody when they're at the end of their lives, because we don't want them to be in pain. There's no reason for that. Hospice will be able to help you to that, for that. So, rosemary, what do you need? Peace of mind. She's saying peace of mind. What do you need peace of mind about? Do you have siblings, three older brothers? Okay, she's saying she needs peace of mind with her children. So, is there somebody that hasn't come to see her? Have you all told her it's okay for her to go?

0:07:00 - Dianna

You know, I don't know if my two oldest brothers have told her if it's okay to go. They see her frequently Every week. They are in the same town in Minnesota as she is. Then the other brother is in Seattle. He does not visit or contact her very often. I also have had a disorder or a disease, so it's possible she's got concern over me as well, as I was diagnosed with epilepsy seven or eight years ago, so it's been a challenging path for me up until recently. So it could be a combination of all of that.

0:07:35 - Julie

Okay. So if you can, you tell her it's okay to go. Just ask her to watch over you from heaven and ask your brothers to do the same, and the brother that's in town that sees her weekly, if he can get you guys on a Zoom or on a FaceTime where she can see you and you can tell her that that really works well, Diana.

0:07:59 - Dianna

Okay, all right, that's a good idea.

0:08:01 - Julie

Okay, yeah, yeah. So askjulieryan.com Download the 12 Faces chart. Go to askjulieryan.com Request a book. We'll send you one that's going to give you a lot of information about what happens at the end of life, how we're surrounded by angels, deceased loved ones, spirits, pets, all of that and how you can talk with them. And there are amazing stories in there about families with whom I've worked, and there's even a chapter about what happens in the operating room and the angels and the deceased loved ones and spirits that are in there assisting. So it makes it really fun.

And then I have one more favor to ask of you, if I may my head up Once you read the book anybody listening please leave a review on Amazon. Just go to Amazon, look up Angelica Attendant or put Julie Ryan in there and leave a review. Here's why the algorithms that Amazon uses to recommend books come off of reviews and people who are looking for comfort because they have a loved one at the end of their lives or they themselves are at the end of their lives. It just helps them find this information. So I would really appreciate if you'd write a review. And everybody listening please write a review on Amazon. Thanks, Diana. Good luck with your mama,

Dianna

Thank you,

Julie

you bet Bye,

Dianna

bye-bye,

Julie  
bye-bye Hi Norris!

0:09:26 - Norris  
Hi Julie, thank you so much for taking my call.

Julie  
You are most welcome. Where are you?

Norris  
I'm in Washington State.

0:09:37 - Julie  
OK. Terrific. What's your? What's your question?

0:09:42 - Norris  
So I? I lost my mother three weeks ago today.

0:09:48 - Julie  
Oh.

0:09:48 - Norris  
And I and I lost my father nine weeks before that.

0:09:54 - Julie  
Oh heavens and.

0:09:55 - Norris  
I was with them with. I was with them both for their transition with my father I was there through every, every stage of it and my mother I had meant to, but at three o'clock in the morning I went from the hospital, said I'm going to lay down for a couple of hours and when I came back three hours later she was taking she had just taken her very last breath and I, I have to say, julie, I feel, I feel badly that I missed that last part and I'm just wondering, you know, I'm an only child and I'm feeling very missing them and I'm wondering if there's any way that I can, that they might have something to say to me or that I could say to my mother. I'm so sorry about just that missing that last part.

0:10:48 - Julie  
Yeah, she's saying honey, it was perfect. So they come right in. Every spirit has a frequency they keep throughout all of their lifetimes and in order to get in touch with them, Norris, all you have to do is just think of them and that tunes our satellite dish head to their frequency and they immediately come in. Likewise, if you're doing something random that doesn't involve their memory, like folding laundry or scrubbing dishes or something like that, and they come into your head and you think of them, that's just them letting you know that they're close by and they're with you. So your mom's say, your mom's exact words were oh honey, everything was perfect, it all unfolded perfectly. Sounds to me like she waited till you got back before she took her last breath. I mean, my goodness, what a gift.

0:11:40 - Norris  
Yeah, she did right. There was the last sort of sound that came out of her body. You know I was there for but and she was so courageous and brave in her last day and I'm so proud of how she met her death. Yeah, and I just hope she knows that.

0:11:59 - Julie

Oh, she does, absolutely. She said you needed your rest and she's saying that she did. It took all of her might to stay until you got back because she knew that that would cause undue suffering for you if you weren't there at the very end, so she was wanting you to be there. I think the thing that's the most important part of this, Norris, is that we all decide when we go, where we go, how we go, who's with us or not when we go, and what the circumstances are that surround our departure. So everything unfolds perfectly from their perspective, from the spirit's perspective. And so your dad obviously you were there with him through all of his journey, and your mom was saying you didn't need to reinvent the wheel, you knew how it worked, but she did wait for you until you got back.

Now, that's not to say that somebody who passes before their loved one gets back, that they care any less or love them any less. That is not the case. It all has to do with that person's journey, the person who's transitioning, who's going to heaven, and everybody goes to heaven. So did they have a dog? Do you have a dog? Somebody's talking, they're talking about a dog. What's the dog?

0:13:29 - Norris

Yeah, that's my mom. Already she's been bugging. She was a dog person. When she lost her dog before she passed, she started bugging me about when am I going to get a dog? And I haven't yet and I just keep thinking since she passed. The next dog is somehow going to be related to her.

0:13:50 - Julie

What's your mom's name?

Norris  
Barbara,

Julie  
Barbara. She's saying get a girl dog and call it Rosie.

Norris  
Okay, really.

Julie  
So there you go, yeah, and she's going to help you, she's going to help you find it. And so just ask for her help. And she's saying that she'll help you find the dog, and the dog is going to bring you a lot of joy and it's going to help you in your grieving as well. So, and the other thing too, that just came into my head, Norris, is did you ever see the movie the Notebook?

Norris  
Yes,

Julie  
By Nicholas Sparks. Yes, you know how, and we see this not often, but certainly most of us know somebody that is part of a couple and they've been together for eons and they pass pretty quickly after one another. You know what a love story for them that they wanted to go so quickly Doesn't make it any easier for you, but if you can hold on to, oh my gosh, you know how wonderful that they got to go right, one right after the other.

0:14:54 - Norris  
Yeah.

0:14:54 - Julie

Read my book, Okay. It's going to give you a lot of comfort and a lot of. It'll explain a lot to you as well.

0:14:59 - Norris

Yeah, and my parents were 65 years together, so there you go.

0:15:05 - Julie

Yeah, yeah,

Norris

Thank you so much,

Julie

You're welcome. Okay, we've got a question it's Pet question from Angie on YouTube and she says we have one of three cats that's on the tail end of antibiotics for a UTI and there's been putting outside the boxes for months. Any insight on solutions or reasons why this is happening? I get that the Hi, Angie. First of all, thanks for joining us. I get that.

Your urethra, your kitty's urethra, is still swollen. It's not healed all the way yet and so it's harder when it's swollen to be able to control that, whether that be a cat or whether that be a person. And she's in Cedar Rapids. She just put up on the screen. Thanks, Angie. So it's harder. It's kind of like you know, think about when we have a UTI, it's harder for us to squeeze that your urethra to stop the flow of urine. So that's what she's saying, that she's not trying to be naughty, she's just having trouble controlling that because she's not out of the woods yet with those infections. So I hope that helps. She says hi and thank you. You're welcome.

Julie

Hi Eileen.

0:16:36 - Eileen

Hi Julie.

0:16:38 - Julie

Where are you, my girl?

0:16:40 - Eileen

I'm in Philadelphia.

0:16:42 - Julie

Okay, terrific, well welcome. You got a question for me.

0:16:46 - Eileen

I knew it's kind of a strange question. I love strange questions. Well, it's strange. I was wondering if there was anything from any of my past lives that I shouldn't even go to help me in my life right now.

0:17:03 - Julie

Yeah, lots. What, in particular, you're interested in learning? Is there a certain area like romance, money relationships? What big ones.

0:17:15 - Eileen

I think, love romantic, love, partnership.

0:17:21 - Julie

Love, love. I love fighting out about love. All right, here's how I have. You heard me do past lives, yet Eileen.

0:17:28 - Eileen

No, no, I just I just learned about you. A friend of mine was off the show last week and she told me to come in and check you out. So I'm thrilled we took my question. Thank you.

0:17:40 - Julie

Oh great, I love doing past lives because there's so much fun, because sometimes we can get information that we can corroborate, validate with historic documents online. So let's see what we come up with. Here's how I do past lives. Again, my vibration level is raised, as you heard when I was talking with Diana, our first caller. So I envision myself, Eileen in this endless hallway very narrow walls, very tall ceiling, like 40 feet up probably On the walls are perfectly aligned vertically and horizontally, these big square mirrors like 12 inches by 12 inches. Each mirror represents a different lifetime. We're going to ask a question and the lifetimes that correspond with that question are going to come out from the wall as if they're on a hydraulic arm, and then I'm going to ask okay, show me the one that correlates the most. That one will come out the farthest. And then I'm going to envision getting in front of it and it will be like I'm walking into a scene in the movie and we'll get where it was and when it was and some information, and then we'll see how it resonates with your current life. And it's really fun because who knows what's going to come up. So how about? Is our question? See if this is fair in your mind.

Does Eileen have any past lives that are affecting her ability to find a romantic partner to love in this lifetime? Does that sound good? Something like that Sounds like it. Okay, all right. So I'm in my hall of mirrors, which we had a guest on recently, and she's an Akashic Records expert, and she, I said to her, is my hall of mirrors, the Akashic Records? And she said absolutely, they are. It's just how I do it. So I learned this and just came in to me this way. So does Eileen have any past lives that are affecting her love relationships in this lifetime? Okay, there's a bunch of them that have come out, because you know, we all live lots and lots and lots of lifetimes. Okay, her ability to find a loving relationship, to participate in a loving relationship with a partner she can have a loving relationship with your cat right, or your kid or your great aunt Okay, with a partner in this lifetime, okay, fewer ones came out on that. It's really literal, so we want to tweak this so that we can be as concise as possible.

All right, show me the one that correlates the most. It's down on the left and this is always very convenient because there's a forklift, standing by when I need to be raised up. That I see, and so I'm going up, I'm walking in, all right, I see that the year is 1937. Okay, where are you living? Shanghai, all right, you're living in China. Okay, what's happening in Shanghai?

And how does that relate with this lifetime? Okay, I see you in a. You're wealthy in this lifetime, but you're a wife in that lifetime. You're married to somebody, but the man to whom you're married, just, you know, you're a baby maker and you're a convenience. You're like a trophy wife, done, paying attention to you, doesn't you know? Just want you to look good and speak when you're spoken to, and all of that. All right. How does that relate to Eileen's current life? I get that you've had, you've had men in your life like that, because, for those of you that are listening, she's gorgeous, first of all, stunningly beautiful, and have you had partners like that A lot? Yes, that you know you're like. You're like a trophy, trophy girl, trophy wife A little bit.

0:22:02 - Eileen

Okay, but I'm really not a trophy wife.

0:22:05 - Julie

So I can tell, yeah, you want somebody who's going to engage your intellect and somebody who's fun and, you know, wants you for more than just your beauty. So what I'm getting is that what you're exploring is figuring out how to discern who would be somebody that would be worthy of your time and attention, so that you don't end up in that situation again, cause remember, there were multiple mirrors that came out from the walls, which means you've been exploring this for multiple lifetimes, with a lot of other scripts, certainly, and so how this works is I'll see a semblance of a script that will repeat, and then we're looking at it from different angles, different variables, different time, different place, different culture. All of that In 2024,. You have a lot of advances. You have a lot of ways to meet men. You have a lot of opportunities as a woman to choose that, whereas before, a lot of times, the families chose for their women, you know, for their girls to be married into other families. Here's what I want you to do. I want you to go to [findinglove.co](https://www.findinglove.co).

Findinglove.co, and we'll put this in the show notes, and there's a woman there named Nancy Bruce. We had her on the show. I think we released it right around Valentine's Day. Eileen Watch that interview. She is a former ad executive who has a strategy for how to find love in midlife and what she espouses really resonates with me, although I've been married for 35 years. But you know, when you hear something and it just resonates, she's the best I've seen. So, [findinglove.co](https://www.findinglove.co), she's got workshops, she's got a podcast. She's fabulous. Nancy Bruce, [findinglove.co](https://www.findinglove.co), go there, check out her stuff and then utilize some of her strategies and then come back on and let us know how it's working for you.

0:24:27 - Eileen

Okay, I will Thank you.

0:24:30 - Julie

Okay, yeah, you bet. Thanks for calling in.

0:24:37 - Julie

Hi Deborah.

Deborah

Hello, I'm here from Memphis, so we're not too far apart.

0:24:45 - Julie

Wonderful.

Deborah

Thank you for taking my call.

0:24:49 - Julie

Well, wonderful Welcome. You got a question for me, I do.

0:24:53 - Deborah

Actually, I signed up for it next Tuesday as well, but I'm here now and I'm thankful. I've been having some type of odd medical situation, even though I'm not ill, and I've had some tests and things which I don't generally ever go to the doctor because I'm always healthy. But it seems to be, and this is just what I'm feeling. It's in my lungs but it's not anything to do respiratory, it's not anything to do aerobically. I can run, I can breathe. It's something I don't know, but we can't see. This has been going on since last July. At first it wasn't as prevalent. They sent me through a heart. I mean, I've been through a few gametes now because nobody really can get it, so I don't know what's going on. I think that. Well, I know that the lungs



represent grief from a spiritual perspective and I did lose my son, so I don't know. I'm just putting all of that out there. Oh goodness.

0:26:03 - Julie

Okay. So when you breathe, like when you take a deep breath, does it feel like your lungs don't expand all the way? What's the symptom that you're experiencing?

0:26:14 - Deborah

No, my lungs no, I don't feel it when I'm breathing. It's just sometimes and again. This is so hard to describe and it's probably why nobody can really get to it. It's not pain, but it's some type of discomfort. In the morning it does feel like a heaviness, but sometimes it feels it's in my back upper lobes or in the back lobes as well, mostly on the right hand side, but it is on both. Sometimes I feel a tenderness when I press on my lungs, but again, I don't have any respiratory or breathing problems.

0:26:52 - Julie

Okay, well, first of all, I'm so sorry about your son. My condolences to you and your family. Have you read Angelica Tendency yet my book?

0:27:01 - Deborah

No, because I also am new to you and I just was looking at your website and seeing that.

0:27:07 - Julie

Yeah.

0:27:09 - Deborah

But I'm new to you so I do that.

Julie

Yeah do that

0:27:12 - Deborah

Okay, thank you. I wanted a private session, but you're booking in September.

0:27:18 - Julie

Well, but if you read when you book. The key is get on my calendar and then keep the confirmation email and check the reschedule button periodically when you think about it, Deborah, because people reschedule all the time. I have multiple people every week reschedule. I have somebody that rescheduled today and they were scheduled for September and they're getting in next week. So people schedule out. Okay, so do that. Okay.

0:27:46 - Deborah

And I'll do that.

0:27:49 - Julie

For everybody that's listening. Which she's talking about for next Tuesday is we do an Ask Julie Ryan Live, which is just on the fourth Tuesday of the month and it's kind of like a slumber party where it's way more casual. I give away prizes, I give away sessions, I give away classes, I give away books, stuff like that, and it's a blast. It's so much fun, and that's from eight to 10 Eastern and it's every fourth Tuesday of the month. So just go to [askjulieryan.com](http://askjulieryan.com) forward slash live. If you want to join us for that, all right, let me get you on my radar. Let's see what's going on. I'm going to connect into you, Deborah, and then it's going to be as if I'm looking at a CT scan or an MRI or an X-ray. So I'm going to be identified, though We'll be healing.

I've already gotten some ideas that have been coming down into my head. I call those divine downloads while we've been chit-chatting. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to you and Tia's say got you All right? Shooting energy All right? Have you been to see a chiropractor? No, okay, find one. Talk to your friends and family. Find one that people like that they've gone to for a long time. I just watched a chiropractic adjustment happen and what it is is your skeleton is twisted. You're a bit of a twisted sister. So the right part of you is in front of the left part of you. It's going to take an adjustment, a chiropractic adjustment. They don't hurt, I promise they're wonderful.

0:29:33 - Deborah

I'm afraid of manipulation. No, no.

0:29:37 - Julie

There's no reason to be afraid. I've gone to the chiropractor once a month for 25 years. They keep everything lined up so you don't have pain, but this is skeletal and it's not going to show up on a traditional scan. So I'm watching that happen. I watched that your whole body's twisted, like your pelvis, your ribs, all of that. So find a chiropractor that can help you and they will get you in good order quickly, perhaps even by the time you leave after you're in there for about five minutes. It's really that fast.

0:30:15 - Deborah

Okay, yeah, well, I did have a CT scan and a lung x-ray and there was nothing. Nothing showed up.

0:30:21 - Julie

Right, this is a chiropractic adjustment needed. So give that a try and then I'll see you next Tuesday on the live.

Deborah

Thank you so much.

Julie

You bet, bye Deborah,

Julie

This is from Rajika. Hi, Rajika, could you please connect with my grandma? Does she have any messages for me? Yeah, this is Randall, but it's just coming in. She wants you to get a colonoscopy. I don't know when's the last time you had a colonoscopy, but she wants you to get a colonoscopy. So is she seeing a potential problem? Most likely not, but she wants you to get checked. So there you go. Grandma wants you to get a colonoscopy and then she's saying she'll be in the procedure with you, she'll be holding your hand. She's saying although you'll be drugged, you won't remember much, but they don't put you out for colonoscopies, they just give you a light sedation, so she'll be in there with you. Hope that helps. Okay, this is Ishii. Hey, Julie, my name's Maggie. Oh, Ishii's just her secret agent name.

In Santa Fe, new Mexico, in the late evening, I feel like there may be a spirit who pops in on occasion. Can you see if there is someone and do they have a message? Yes, I get it. It's your paternal grandfather and he's saying that you need to be more cognizant of your savings, you need to save some money, and he's saying, even if it's just a little bit every week, put some aside, because you're not going to miss it if you do that. He's saying, if you do just a direct he's very, he's very specific on this here. He's saying if you just do a direct debit out of your checking account right off the top, that you're not going to miss it and he wants you to focus on your savings. So hope that helps. He was probably a banker or something it is in his life or in a past life. It's fun how they will advise us on things when they do that. If you want to call in,

go to AskJulieRyanshow.com. If you're joining us on YouTube or want to join us on YouTube and ask a question, just go to @AskJulieRyan. That's a lot of A's @AskJulieRyan.

The other thing to remember, too, is we are having people sign up for my Angelica Attendant Training, and that's going to be May 18th and 19th. It will be live online. You will learn how to do everything I do. You will learn how to do all of this stuff in a weekend. We have lectures and discussion and then we have practicum, we have practice. So everybody that takes my class and many, many people from, I think, 14 countries so far have taken my class and everybody can do all the stuff that I can do Because, remember, I learned how to do all of this. So just go to AskJulieRyan.com and you can look at the training, or go to AskJulieRyan.com slash AAT for Angelica Attendant Training, because the class is starting to fill. So you want to get your spot in there?

Julie

Okay, we've got Bobby next. Hi Bobby, please tell everybody where you're located.

0:33:55 - Bobbie

I am in Eden Prairie, Minnesota, right outside of Minneapolis, Minnesota.

0:33:59 - Julie

Wonderful, well welcome, thank you. Got a question for me.

0:34:03 - Bobbie

I sure do. Nine days ago my brother-in-law Brian. He was kicked out of his memory care, which he had been in for three weeks, and they sent him to the emergency room and then they admitted him. So he's in kind of a holding pattern in the hospital right now until they can get some medication. His behavior we don't know if he has Alzheimer's or if it's dementia, I mean it's some sort of dementia and we're just we feel like we've fallen into this black hole with him because we're just there's really no facility that will accept him at this point with his behavior the way it is. And I guess I just really I'm really worried for him, I'm worried for my sister who is having his wife was having a real difficult time with this and I'm really trying to be step in and really help out with this and advocate for him in the hospital. But do you see his situation or I mean, it seems like they're getting some medication that's kind of helping him at this point, but it's like we can't do anything with him until this improves.

0:35:15 - Julie

For him so, because he's gotten combative and and yeah.

0:35:21 - Bobbie

He's very agitated, very, very agitated, and he doesn't want anyone to touch him. I mean, if they try to redirect him or try to help him, it doesn't help with the fact that he's almost illegally blind too. So that's very difficult.

0:35:34 - Julie

Oh, my goodness, stop. I do get that. He has Alzheimer's even before I get him on my radar because, as I mentioned, I get divine downloads coming into my head while we're talking. I do get that. Where is he located?

0:35:49 - Bobbie

He's in a hospital right outside of downtown Minneapolis.

0:35:52 - Julie

Okay, so he's local, all right.

0:35:54 - Bobbie  
Yeah.

0:35:55 - Julie  
Let me connect into him and see if we can figure out what's going on. So if he's in memory care, this has been going on for a while with him.

0:36:03 - Bobbie  
I think so, and I did not realize how bad it was until he actually, you know, got into the hospital.

0:36:10 - Julie  
Okay, I get that his meds aren't right and you already mentioned that, you know that but I get that they will be able to help him by changing up his meds. He's not on the right medication, let alone the right dosage is what I'm getting. So, okay, we'll work with that.

0:36:31 - Bobbie  
Yeah, and they've got psychiatrists that are in there that are you know we have a psych team that comes in, but they're not specifically geared for Alzheimer's or memory care. That's the top part here, because we need to get a neuropsychologist, right, right, psychiatrist in there, right?

0:36:52 - Julie  
So but I'm getting. The neurologists are missing it. You got to get a psychiatrist in there to help, yeah, and somebody that specializes in that. So, okay, I'm going to connect to you and then from you to Brian and then I'll ask if I can scan him. Okay, got you, got Brian. Brian, he's in phase five of the 12 phases of transition.

0:37:19 - Bobbie  
So yes.

0:37:21 - Julie  
Yeah, so he is dying. That doesn't mean, bobby, that he's going to check out anytime soon, because the phases can happen instantly. They can take days, weeks, months. They may need some kind of complimentary care. But yeah, he's in the phases of transition. He's in phase five. Have you read Angelica Tenants yet?

0:37:47 - Bobbie  
I have, but I've read it so long ago I think I need to read it again.

0:37:51 - Julie  
Yeah, okay, okay, yeah, or listen to it. It's an audio book as well, yeah.

0:37:56 - Julie  
I'm an audio book girl, because I multitask.

0:37:58 - Julie  
I'm listening to books yeah, me too. Me too. I'm making dinner, I'm full laundry, I'm doing whatever.

0:38:05 - Bobbie  
Yeah, so okay, do you think it makes sense to get hospice involved? Do you get?

0:38:10 - Julie  
that sense Absolutely

Bobbie  
Okay

0:38:13 - Julie

Yeah, all right, because they're going to be able to handle his meds Okay Right Better and keep him comfortable. Okay, can he go back to his memory care place once they get?

0:38:27 - Bobbie

his no, they won't take him back. They won't take him back. So that's where we're just in this really horrible situation of I don't even know where he's going to go at this point.

0:38:37 - Julie

And he can't go home because your sister can't deal with that.

Bobbie

No, yeah, it's too hard.

Julie

I would absolutely call hospice in. I would absolutely check to see if because there will be a lot of hospice agencies there in the Twin Cities, yeah, and who has an inpatient facility that perhaps you can utilize that? But let's ask him my three questions. Bobby so Okay, Brian, are you ready to go? He says absolutely not, absolutely not, okay, absolutely not, not. He's not. Oh, are you in pain? No, I heard absolutely not. Again, he's not in pain, okay, okay, what do you need for them to get me out of here? He doesn't want to be poked and prodded, is what he's saying. Which Uh-huh, that just comes with the territory when you're in the hospital. Do they have him restrained in the hospital?

0:39:38 - Bobbie

No, they have to have an aide in his room 24-7. So we're just trying to cover going in and sitting with him as well.

0:39:45 - Julie

So yeah, oh God love you. Wow, it's tough. Yeah, I bet my heart goes out to you. I would yeah, I would get go through the social services department at the hospital.

0:39:58 - Bobbie

Okay.

0:39:59 - Julie

And tell them that you want to bring in hospice, if not hospice, at least palliative care.

0:40:06 - Bobbie

Okay, hospice is-. Oh, that makes sense.

0:40:08 - Julie

Yeah yeah, hospice is available for in most instances six months before the person passes. I think a lot of people are mistaken in their belief that you just call hospice in. In the last few days or last week or so, hospice can come in and they can manage things for a good six months. And if they won't do hospice, then tell them you want palliative care, you don't want medical procedures to happen. How young is Bill or Brian? I'm sorry.

0:40:42 - Bobbie

He's 74.

0:40:43 - Julie  
74.

0:40:44 - Bobbie  
74.

0:40:44 - Julie  
Okay, yeah, yeah, and then you can get a doctor, right? So I think I would go for hospice first and then, if they won't do that, then do palliative care, and eventually you'll be able to bring hospice in.

0:40:58 - Bobbie  
Great Create advice. Thank you so much.

0:41:00 - Julie  
You are most welcome. Good luck with all of that. Appreciate it, your sweet sister, to help.

0:41:06 - Bobbie  
Oh, I'm trying. Thank you, you bet.

0:41:10 - Julie  
Bye Bobbie.

0:41:10 - Bobbie  
Yeah, bye, take care.

0:41:14 - Julie  
Alrighty, let's see who's next.

We kind of, here we go. Kim is on YouTube and she's saying my ankle has hurt for three years. I'm petrified of doctors because my mom's and husband's experiences and working in medical for a long time so her mom and her mom's husband must have not had great experiences. Is there anything I can do now for my ankle to war and talk without pain? Okay, energy is going to your right ankle, Kim, and if you can type in where you are, I'd love to hear that I can find you. You can be in a galaxy far, far away and my laser beam is going to find you regardless of where you are. But, located in Fort Worth, mom and husband passed 2020 within a month of each other. There you go, what we were just talking about earlier, that it adds a little bit of comfort to know that when couples are together for a long period of time and they pass one right after the other, I think it's just an indicator of how bonded they were and how close and how much they loved each other. How sweet is that? So, okay, ankle, right ankle. I've got that.

What I'm watching is I'm watching stem cell energy. It looks like you broke it. I can see bone chips in there, and so what I'm watching is and again it's spirit working through me and with me to help facilitate healing. I'm watching stem cell energy go in there and it's going to regenerate where those bone chips were. But I saw a cannula like a little suction device going a little tube and suck out those little bone chips. First they look like little pieces of very fine gravel and when I've seen this many times and when those bone chips are in there, it's got to like they're rattling around and they're irritating the tissues and it can leave some sharp, sharp, jaggedy edges on the joint. So stem cell energy light amber colored gel sparkles reminds me of DipDee Dee Doo hair gel from the 60s and the 70s when I was a kid, and I'm watching that smooth out those rough areas and there's a little vortex spinning outside of your ankle and that's going to transform the stem cell energy into new body parts.

This stuff is the absolute coolest stuff because it will regenerate any body part that we need. I have watched it regenerate whole organs before that show up on subsequent scans and it freaks out the doctors. That's a riot when that happens. So I hope that helps and I hope you feel better. Hope that helps with the pain. Anybody that wants to have a conversation, come in askjulieryanshow.com. We do this show every Thursday night at 8 Eastern and so you can reach me for a conversation, askjulieryanshow.com. If you want to come in on YouTube live or live streaming, go to at Ask Julie Ryan and you can ask a question there.

Julie

Alrighty, let's see who's next, Eugene. Hi, Eugene.

0:44:39 - Eugene

Hi there, how are you? I the first time can you hear me Okay?

0:44:44 - Julie

Yes, sir, are you a pirate's fan?

0:44:46 - Eugene

No, actually it's a Puma, hat I? Actually I play golf, so this is just a Doesn't all my game, but he's got a hat on everybody, that's, that's just listening.

0:44:56 - Julie

He's got a hat on that has a big P in it. I thought, well, okay, are you pirates? But oh wow, there you go Wonderful.

0:45:04 - Eugene

I have a question. I'm gonna be relocating Down to Florida might. My sister passed away from the nursing home negligence. We just buried her February. So I'm moving down to Florida to spend time with my mother, who's 85, and I wanted to see how do you recommendations for me? I'm leaving Rhode Island, moving to Delray Beach, and I just wasn't sure if you had any insights or recommendations about how to make that transition smooth and if he had any recommendations.

Julie

Do you have a house to sell, Eugene?

Eugene

I already sold it, yeah.

I sold my house in Lincoln, rhode Island.

0:45:39 - Julie

What I heard was get a condo down there and perhaps a rent, because then that'll give you the opportunity to not feel pressured to find Something quickly that you may regret. But I'm getting do that, for do do a six-month lease if you can, and and even even a VRBO or a Airbnb kind of a thing, or a regular lease, but, but it's good for you because you'll be going down there once all the snowbirds are head north. There's not that much.

0:46:13 - Eugene

Yeah, I already secured rent rental place Already, so I've already done that Right. But she's 85 and I don't think she has many years left. That's right and I just wanted your insight into her health and well-being

Julie  
What's her name?

Eugene  
Beverly.

0:46:29 - Julie  
Beverly. She's thrilled out of her mind that you're coming.

0:46:34 - Eugene  
Yeah, that's what I'm thinking.

0:46:36 - Julie  
She's just like Thrilled, thrilled, thrilled.

Eugene  
Yeah, yeah, you know my father died, so yeah, you know,

Julie  
it's really cool about adopted mothers when, when babies decide to incarnate before they are conceived, their energy attaches to the mom's energy field and it looks like a bubble above the right shoulder, looks like a. I know you've seen, seen orbs and photographs maybe family photographs before and so that baby spirit will attach to the mom's energy field, sometimes years before they're conceived. And here's where you come in adopted babies attached to the adopted mom's energy field as well. No, as the birth mother, the birth mother's the portal, but you chose your adopted mom as the woman that you wanted to raise you, and so I think that's really amazing and I've seen it a lot. Yeah, I want to share a quick story about the first time that I saw it, and then we'll ask your mom some more questions.

I Was at a party and this woman Was a friend of mine. She said can you scan my friend? Her friend had no clue who I was or what I did, and because she wasn't feeling well, so I so I skim her and I said are you pregnant with twins by any chance? I mean, she didn't look pregnant and and she's? She burst into tears, Eugene, and I thought, oh, good heavens, I've upset this woman Well, and she said no, no, no, it's okay. We're adopting twins, and I were flying to Guatemala on Thursday or something of week because the babies are supposed to be born Via c-section on Friday.

We're gonna be there for the delivery and that's the first time I saw adopted babies energies, and there was one above each shoulder, and so that's what? And that was many years ago, but that was the first time that I saw how adopted babies but touched to their mom's energy field.

0:48:49 - Eugene  
Yeah, that's yeah, man. She's a good woman, she's a wonderful mother. I mean through my whole life, yeah, yeah.

0:48:57 - Julie  
Oh, she's so excited you're coming. She, she hopes, she hopes that it's sooner than later. She can't wait for you to get there and she, she tries to take care of you when you're around. Right, she cooks for you and does stuff like that still not as much.

0:49:13 - Eugene  
She's disabled, she's partially blind. So she I do more stuff for her, but that's okay.



0:49:19 - Julie

Yeah, but she's gonna be. She's gonna be working on doing stuff for you. She's she's got like these dishes and stuff. She's talking about cooking things for you, so I don't know if she's gonna have you cook them or she's gonna bring somebody else into cook on, but she wants to feed you.

0:49:34 - Eugene

Well, that's nice. That's nice to hear. Yeah, that's a couple more years left, so

Julie

oh, she's not dying her spirits on her body.

Eugene

Oh, okay.

0:49:43 - Julie

Not dying at the moment, yeah, and I think you going down there is gonna prolong your life.

0:49:48 - Eugene

Well I she went into diabetic shock when I was less down there after my sister died because we buried her, and when I came home she was unconscious and in the chair. I had to call EMS. They had to give her dextrose and Reliever in the room and then brought her to the. You know. So that that prompted me to move down there, and after we buried my sister was no reason for me to stay here.

0:50:07 - Julie

So yeah, yeah, her spirit on her body. She's not dying and she's looking forward to you being down there, and and so plan on her feeding you.

0:50:16 - Eugene

Thank you, okay, appreciate it Thank you. Thank you very much.

0:50:25 - Julie

Okay, we've got another question from YouTube. Hi, Julie, does my son call and have a message for me? Thank you so much, mom. You're the best mom ever. And he's showing me peanut butter and jelly sandwiches on white bread like Wonder Bread. So I don't know if you made those for him or not, but that's what he's showing me and you know how sweet is that that. He's remembering Speaking of cooking for our children. She's doing that. All right, Colin, is there anything else? Mom, I'm happy, I'm healthy, I'm whole and I've got the giraffe.

I'm seeing a picture of, not an actual giraffe giraffe but of, like, a Sophie the giraffe the toy, the chewy toy that Babies, teething babies, can chew on, and I saw a picture of Sophie. Now, Sophie the toy giraffe. When spirit sends us a sign, what happens is we need to remember to be open to the interpretation of that. A Sophie the toy giraffe may be just a metaphor or symbolic for another, another giraffe toy, or a giraffe book, or a giraffe in, or you may see a picture of a giraffe. You may see a giraffe painted on the side of a van. You may see a giraffe in a movie or a documentary. Just be open to that. I would do the same for peanut butter and jelly sandwiches, because he showed us that first. But the giraffe, especially, I Think, is a sign For you from your baby, Colin.

Okay, here's one from Martin and Martin from South Africa Hi, please connect with the my dachshund buster.

I need to know if he's ready to transition. Is he in pain? Okay, buster, are you in pain? Yes, at times. Are you ready to transition? Anytime is good, whatever works best for you. How will your mom know that it's time to do you want to be euthanized? Yes, please. Well, he's a polite dog. I don't hear please, very often from pets. How will your mom know when I stop eating he's saying that he's yeah. Do you want to be euthanized at home, if possible? If not, it's okay. So I hope that helps and Remember his spirit will always be around you and you can talk to him, just like we can talk to any Spirit that's ever lived.

We can talk spirits that are attached to a body. We can talk to any animal spirit that's live, any animal spirits that's deceased. You just think of them. That tunes your satellite dish head to their frequency. You say something, either allowed or in your head, and they're gonna answer you, and then you can carry on a conversation with them.

We all have the ability, yeah, so here's, here's back from Sue Ann about the giraffe. She says thank you so much. My mom painted a picture of him with a toy giraffe. There you go, that's it. Thanks, sue Ann, for letting us know. That's a great example of when spirit sends us a sign, whether it's it's someone that we knew or it's a spirit guide or an angel. Oftentimes they're gonna send us a sign that's gonna make sense to us and it's a sign that we would, I would know. I mean, I didn't know that, I just report what I get. But the toy giraffe is is a great sign and that's why he gave you that, sue Ann, was because you knew exactly what he was and you knew that it was him. He was the person with, he was the spirit with whom we were, we were chatting. So thanks for letting us know on that.

Julie

Okay, let's see if we have anybody else. Maybe we can get one more question in Angie. Hi Angie, where are you located?

0:54:39 - Angie

Peter Rapids. I asked a question on YouTube about the kitty.

0:54:44 - Julie

Oh great, okay, You're cat. That's not the UTIs.

0:54:48 - Angie

Yes, but thank you. Thank you for answering that. Yeah, so I am in Peter Rapids, Iowa, and I have a couple of options now in my life to branch out on my own from being an employee to being a business owner. I'm trying to decide if I should go more of the clinical route, the health coach route, or If I should tune more into and lean into my Reiki and Angel Mentorship and training that I've received and I am watching you because I found you from Rachel Corpus's Podcast

Julie

Well, first of all, take my class, angelica attendant training.

0:55:34 - Julie

Yeah, May 18th and 19th you can sign up for it online I Get do a combo platter, combine the two. And that's what I do, because we combine. As I always say at the beginning of the show, we combine spirituality and practicality because that we're here to have the human experience and the healings Angie happen on the energetic level and they're part of the healing equation and then they Integrate into the body and we can help them integrate by things on the physical level that have to do with health. And so I say do a combo platter, and then that's a differentiator for you from others who are just health coaches or just Just healers, kind of like what I do.

You know, I was in the medical supply industry for 30 years, not as a provider, but certainly in that arena, and I know a lot about a lot of things. I know a little about a lot of things, and so when I'm doing a healing, as I mentioned, it happens on the Energetic level, and then I'm getting these divine downloads of things to mention to my client and my callers to Help integrate the healing into their body. You can do the same, everybody can do all this stuff that I do, so take my class, angelica attendant training.

Angie  
Thank you,

Julie  
you're welcome.

0:56:57 - Angie  
Thanks for bringing you combo platter message

Julie  
And good luck with your cat.

0:57:01 - Angie  
Thank you. Thank you,

Julie  
You're welcome, alrighty, everybody. That's it for this week, sending you lots of love from sweet home Alabama, and we will catch you next time again. Remember to like, remember to subscribe, remember to share this with friends and family, and I'll see you next week. Bye, everybody.

0:57:28 - Intro  
Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at ask Julie Ryan and like her on Facebook. At ask Julie Ryan to schedule an appointment or submit a question. Please visit [askjulieryan.com](http://askjulieryan.com).

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