

AJR Show - Transcript March 14th

0:00:00 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan Hi everybody, welcome to the Ask Julie Ryan show.

0:00:46 - Julie

I'm so thrilled you've joined us this week. My intention in doing this show is to provide information, insight and comfort, along with practical ways for you to live a life of purpose and joy. We cover a lot of ground here on this show. If you want to join us with a question and have a conversation with me, go to AskJulieRyanShow.com. Need to be on camera. We will get you on. If you're watching on a live stream on YouTube, we're at AskJulie Ryan and you can put your question in the chat and we will be answering questions from both. So, Chris, let's bring in our first caller and see who she is or he is and see what their question is. I can set to. How are you? Very well, thanks. Please tell everybody where you're located.

0:01:40 - Conceptia

I'm in Boston, originally from Ireland, but I live in Boston.

0:01:44 - Julie

Okay, terrific. What's your question?

0:01:46 - Conceptia

So in part it's for me, but it's really about my partner. But if he's successful, I will be. What do you see from my partner's business in terms of substantial financial success? The business is a consulting practice attached to a startup technology that's currently looking for capital investors and his name is Steve D Waters.

0:02:09 - Julie

Okay, all right. So where is he right now? He's in the raising money stage. Has he launched yet?

0:02:17 - Conceptia

No, he's actually trying to raise money for somebody else and he's not just the fundraiser. He's going to be semi-partner, possibly with the. I don't even know enough about the company to explain it, but he's been working with the company for quite a while and he's been doing a lot of amazing work, so just waiting it over that hill, yeah, so obviously he needs to raise the money when I get.

0:02:45 - Julie

Once he raises the money, once they raise the money, the company will be very successful. But the key is going to be raising the money. So tell him to stay at it. Don't lose heart. Be creative because money is tight, because it's an election year it always is and have him be open to different ways to do it. Does that help?

0:03:11 - Conceptia

Absolutely. Thank you Good.

0:03:13 - Julie

Good Thanks for calling in.

Concept

Thank you for having me. Thank you,

Julie

Hi, Rajika Hi girl.

0:03:21 - Rajika

Hi, how are you? I'm great. How are you? I am well. Oh my gosh, I can believe I'm here live with you.

0:03:29 - Julie

Yeah, so fun. Where are you? Where are you located? I love your flowers in the background.

0:03:34 - Rajika

Oh, thank you, I am in Fairfax Virginia.

0:03:38 - Julie

Okay, terrific. Well, you got a question for me.

0:03:43 - Rajika

I do. I do. So my question is you know, up until now I've been doing some life coaching and I, you know, have some other modalities, but I'm noticing there's like an internal shift, either, I think, shift from kind of sticking with the same thing or perhaps incorporating other modalities, and would love some direction on what do you see like as my? I guess I think my purpose is to coach, so I think I'm in alignment with that, but with love for you to share it for any, any guidance and also perhaps ways or where I should be networking. I think I'm feeling there's a sense of I'm not aligned with the people I'm networking with.

0:04:43 - Julie

Okay, this is like. This is like career show here, where the first two colors are ready this evening, which I love, all right. So what are you coaching people about? What are you coaching on?

0:04:55 - Rajika

So so I do life coaching and it's really helping them to create a life which is in harmony and it's it's looking at you know four quadrants. So it's it's really kind of helping them to create a life that they love living and in all areas, like creating harmony in all areas of their life.

0:05:18 - Julie

Okay, and you're just not enjoying it. Or you need more business, or you want to expand it. What are you thinking?

0:05:26 - Rajika

Oh no, I absolutely love it. I would love to expand it. I would love to receive even more clients, for sure, as I'm open to that, yes.

0:05:36 - Julie

Okay, all right, so you've done it, that's, and you seem to enjoy it. And so how do people find out about you? Are you advertising on social media? Are you speaking at events? Are you getting information out in your community and elsewhere? What are you? What are you doing on that?

0:05:57 - Rajika

on those lines, so multitude of things, definitely social media. I have a newsletter, I do workshops. I'm really taking taking the taking individuals through through the process, through the principles that I teach. That's majority of where my clients come from, but I think what I'm, I put you know I post it every month but it's not having the proper attendance that I would love. So I think, there's a gap in that and I would love to publicize it.

0:06:31 - Julie

You got to publicize it more. People don't know about it. That's what I'm getting. So the other thing is and this is coming in, so you take this or you want it, but I'm getting to you for you to contact local churches and organizations and offer like a free workshop or something at a church and people can come visit the workshop. I mean, don't do your whole nine yards, but make it like a little mini workshop about increasing their spirituality to help balance their life, or something along those lines, or or just like a little workshop on, maybe, money.

You know Dave Ramsey. He's a huge financial consultant and he still puts his program through churches. That's how he did his whole marketing campaign was. It always went through churches and he would do these little mini workshops at the beginning to give people a taste of what his business was, what his business model was, and then they would sign up for his coaching sessions and the other programs that he had, and I would think, in your case, probably private clients as well that you can work with private clients personally, is that correct?

0:07:53 - Rajika

Yes, absolutely For sure, and I wanted to also expand with breathwork in my sessions to really include more breathwork, because right now it's all kind of, I would say, talk therapy, right, more of the the talk coaching, but incorporating, yeah, yeah.

0:08:12 - Julie

So I would call a bunch of churches of all denominations, I would call synagogues, I would call mosques, I would call all of those and talk to their kind of like, their, I don't know. They call it community affairs, but it's somebody that plans events for the community, for the church community, and offer something complimentary that maybe is an hour and then offer for free and then let people sign up and what's going to happen is words going to spread and you may want to do it. You may want to pick, like maybe 10 churches or more, and then and then offer it. See what happens if it's successful at some churches more than the other.

What I'm getting is maybe even do it quarterly and pick a different topic, because it's going to show that you're more diversified instead of just finances or just love life or something like that. So my last suggestion is take my class and then you can really ramp up your skills to help your clients in the areas where they need it, because you'll be guided by spirit to do that. But that came in really loud and clear with the churches. Is that something you thought of?

0:09:34 - Rajika

So I have that. I think a part of me was, you think a part of me had a hesitation, because it's you know, my work is not, it's not religion-based, it's more spirituality, it's more really connecting with self. They have hesitated.

0:09:56 - Julie

They like free.

0:09:57 - Rajika

Yes, yeah absolutely, and I I I'm okay with doing that, because that is how I can spread the word and really start helping and impacting people.

0:10:07 - Julie

So yeah, absolutely at my class. Askjulieryan.com forward, slash a AT or just go to askjulieryan.com and you'll find the information there. We're doing an online one, live online, may 18th and 19th and then we're gonna do an in-person one in Atlanta November 1st through the 3rd. But that will really help you, help your clients, and it will help you with guidance coming in from spirit about how to market this and where to go with it.

0:10:40 - Rajika

Which one do you suggest? I know you have like that angelic one, and then you have the longer course.

0:10:46 - Julie

I had. The big course is the one where you really get the full. It's angelic attendant training. The mini course is angels and enlightenment training and that's all online at self-paced. But you want to do the live one, which is angelic attendant training for what you're doing. I would suggest awesome, okay, good luck so much.

Okay, we got one from YouTube. Let's see what this says. It says fans is from fancy girl. Hello from Oregon. Hi, Oregon, my name is Enid and I'm looking for some spirit guide, help on what I should, on where I should move, what state-city country, thank you, I've been trying to move for almost two years. Okay, and you're in Oregon now. Well, you're gonna laugh when I say this, but I get Washington State, which is not very far. So I get Washington, I get Bellingham Washington, Washington State, Bellingham Washington, and hopefully you have a job that you can do remotely and then it's not really gonna matter, but I, I'm getting Bellingham Washington. So I hope that helps. Again, if you want to have a conversation with me, ask Julie Ryan, show comm. If you want to submit a question on YouTube, we're just sit. Ask Julie Ryan doing the live.

Julie

Hi, Sadie,

Saide

Hi, I'm in Evergreen Colorado.

Julie

Oh, terrific. How are things out there?

0:12:25 - Sadie

oh, we've got 40 inches of snow and it's not gonna let up till tomorrow night oh my gosh just in the last few days, yeah, yeah since yesterday I I've been, I gave up on shoveling. I'm just like you know what I? I can't even put a dent into it, so already inches girl, that's a lot that's almost four feet holy.

0:12:50 - Julie

My dog is only.

0:12:52 - Sadie

My dog is only two feet tall, so it's I had to shovel a place for him to pee.

0:12:58 - Julie

I yes, oh, my goodness. Well, I hope it melts quickly. I'm sure it's beautiful. Me too, me too so I'm just saying Sadie, I just need to tell you I walked in shorts and a t-shirt today in sweet home Alabama, so come on down.

0:13:16 - Sadie

I would love to. Yeah, alright. So I've had this pain in my left side kind of ovary area and I'm just trying to fit.

0:13:28 - Julie

No, how serious it might be, I don't have insurance, so I've been not going.

0:13:33 - Sadie

I I mean I paid cash for like a pap smear. I did two years ago.

0:13:37 - Julie

But I'm just trying to get a feel for what's going on. I'm here in assist. You got a little cyst on there, so let me get you on my radar and let me check it out. Let's see what's going on. How this works is I raised my vibrational level to level of spirit, Sadie, and I watch a laser beam come from my body here in Birmingham, Alabama. It's gonna hook into you out in Colorado, and then I'm gonna have a hologram of you in my mind's eye and it's gonna be as if I'm looking at an x-ray or a CT scanner and MRI. Some will be identified and then there will be some type of energetic healing that will happen immediately thereafter. So I want you to envision what I describe, and sometimes my descriptions are hilarious, so prepare yourself. I may tell you your elbow looks like whipped cream or something crazy, but that's just how the images come into my mind and they're designed for you to be able to envision what I'm describing and in doing that, it helps integrate the healing into your body, simply because the body is gonna follow what the brain tells it, even if the brain doesn't believe it to be true.

Think of when you've watched a scary movie on TV. Your brain knew it was pretend, but your heart might have felt like it was getting ready to jump out of your chest because it was just so darn scary. Everybody that's watching either now live or watching in the future. Listening in the future. Please envision what I describe, because one of the beauties of calling into the show with a medical thing, Sadie, is you get people all over the world along with me joining together to help facilitate healing for you. So you know, it's really a really a huge bonus.

When you call in, okay, here we go, comes my laser beam from sweet home Alabama cutting out to you. Okay, got you going in. I'm looking at you from behind, Sadie, you do have a cyst on your left ovary. It's in as I'm looking at you from behind. It's in your upper left corner. If I divided your ovary into quadrants, it's the upper left quadrant and so it's got some fluid in it. What I'm doing is puncturing it, like you puncture a water balloon or a balloon with air in it, and so it's deflating. And then what I'm watching is I'm watching a hot wire that cuts and cauterizes at the same time. Just scoop that off of your ovary and then putting I'm putting a little dollop of stem cell energy on that area where it was just removed, and I'm watching this stem cell energy seal that area and heal that tissue. There's a stem cell energy is coolest stuff ever. It's a light amber colored gel.

Has sparkles in it because it's woo, woo, got a hub sparkles it reminds me of Dipiti do hair gel back in the day in the 60s and 70s. Are you young enough to remember Dipiti? Do I remember Dipiti do? Okay, for those of you that don't know what we're talking about, just Google it and you'll see it was a hair gel at the 60s and 70s. So we've got that. There's a little vortex spinning above it which transforms the stem cell energy into new body parts. If it gets really painful, I would go to the emergency room for it. I don't think it's gonna give you problems. How long

has it been going on a few years, maybe four years, yeah yeah, so I think if it's really intense pain, go to the emergency room.

But hey, I think I think you're gonna be fine, so I hope that helps,

Sadie
Thank you

Julie
You're welcome bye, Sadie, bye.

Sadie
Thank you,

Julie
Hi Steve!

Steve
Hhey Julie, how are you?

Julie
I'm wonderful. How are you, sir?

Steve
Great thanks.

Julie
Where are you?

Steve
I'm in Boston,

Julie
Boston, okay, terrific, yeah, wonderful. Got a question for me?

0:17:56 - Steve

Yeah, so my partner actually had a question about me earlier and I have a question about her, so he so she has a memoir that she's published, yeah now as another book coming, and she's got a million ideas and she's trying to transform herself into a full-time and coaching sorry, life or relationship coach and she's really beginning to attract some people. But I'm curious as to what you see in terms of her trajectory and sort of when is the money coming in, kind of saying just looking to see what growth path she's on she's got to get out there.

0:18:42 - Julie

She's got to get her name out there because nobody knows about her yet. So you know, of course, social media and other methods to advertise her business. The growth path is kind of stalled at the moment, it looks like to me, whereas yours is. There's a lot of activity going on with yours. It seems like when you're out raising money and you're talking to potential investors, there's energy there. Hers is stagnant. So she's got to ramp that up. Ramp up the, the marketing of herself, if you will, and there are many ways to do that.

Social media is obviously one, and then others within, just within Boston, to again similar to what we talked about with our second caller, Rajika. You know get out there, offer a free little mini workshop at different places just to let people know and to create some buzz about that

and about her skills. So right now it's stagnant. So, with some activity, future events are fluid. There are a bazillion variables, Steve, that are gonna affect an outcome. So what I can give you is what I'm getting at this moment, and she's got to. Just got to get out there and make it happen. Yours is like yours is running down the runway. It's not airborne yet. But it's gonna be airborne. Hers is it. Hers is at the gate, just not has even left the gate yet at the airport. Needs to needs to back up from the gate and then start going down that. You're on the runway getting ready to be airborne. She's not even in the taxiing lanes yet. How's that for an analogy for you?

0:20:33 - Steve

I like that she can grab my tailwind and go from there exactly.

0:20:38 - Julie

Good luck with your projects.

Steve

Well thanks, yeah, so nice talk with you.

Julie

You too enjoy your evening

Steve

Thank you, you too

Julie

Let's see who we've got next.

Oh good, we've got another YouTube question. Let's see Evelyn. Hi, Evelyn, from Ireland, have you any guidance? You're a blade girl, my goodness. What time is it? So it's five hours, so it's 12 30 there, holy moly, all right. Have you any guidance on psychic development? Yeah, take my class, askjulieryan.com. Look at the trainings. Have you any messages from my grandmother, Mary? She's talking about the rosary, the. Do you have her rosary, by any chance? She wants you to say the rosary and ask for help, ask for guidance on your career trajectory, and you'll get it, but she wants you to say the rosary. So if you have your grandmother's, all the better. If not, when I? I'll say it at night, when I'm going to sleep. I never finish it cause I fall asleep first, but that's why God gave me ten fingers. You know I say a Hail Mary on every figure and so, yeah, that's that's what I'm getting. So hope that helps. Thanks, Evelyn.

0:22:08 - Julie

Hi, Denise. Hi, how are you?

Denise

I'm good,

Julie

How are you girl, so nice to see you!

0:22:13 - Denise

Thank you so much. Thank you,

Julie

Tell everybody where you are, please.

Denise

I'm calling in from Scottsdale, Arizona, scottsdale. Yes, we're gonna get some rain, which is always good for the desert. Yeah so I still have cancer, ovarian cancer, metastatic ovarian cancer I believe. I'm still on stage four. I hope you all have read Julia Ryan's book Angelic Attendance. It's just wonderful for explaining everything and it puts it in a good perspective so you don't have to worry about what's gonna happen when you travel upstairs.

0:22:59 - Julie

Yeah how you surrounded by angels and loved ones. Anybody that would like a free copy of my book, go to julieryangift.com and we'll send you a digital and an audio book version, julieryangift.com. Well, how are you feeling? You've been in phase 11 for a long time, girl. You're still in phase 11.

0:23:22 - Denise

Thank you. I know I kept saying that because I guess I wanted to be in phase 12.

0:23:28 - Julie

Well, 12 is you're being escorted to heaven. So you're still here and you're talking with us. So 11 is you're real close.

0:23:37 - Denise

Yeah, I feel really close and I feel how do I say? I feel really close and I feel like it's like so close that I'm telling people about it. I don't know that's acceptable and acceptable, but I feel like it's acceptable because.

I say to people I say well, you know, I have metastatic cancer and I'm not feeling so good these days, and everyone does the whole thing because they don't know. It's like when you get the cancer they don't know what to say, and when you're this close, they have no idea what to say. But I just let them say what they want, because it's making me feel better.

0:24:17 - Julie

I built Well, and what a blessing you are to everybody that you talk to, because you're willing to discuss it. And it's normally, at the end of life, people are just so afraid to discuss it, and last time I saw you, you were getting ready to go on a cruise Did you make it.

0:24:40 - Denise

I guess I don't have the energy, or I guess energy or I've lost a lot of weight. So I don't know what it takes for any more cruising or rotations. It's just not anymore. I'm just trying to. Am I trying to do this? I don't know.

I'm trying to get my taxes done, that's a name right now, but I just feel really close and I just feel like I'm sharing that with people where before I didn't want to share that with anyone. I had some changes in my life with relationships and I think that's making a difference, because I'm not a carpet anymore and I think that did a lot for me as a person. I don't know, I feel like I'm ready and I'm just. Do I have it? Can you see anything from like spirit guides or my family?

0:25:41 - Julie

Oh yeah they're all there. You're surrounded by angels. They're in a straight line, like if you were in a pad. They're in a straight line, but they're in a straight line at your feet. There are so many spirits there they're the Welcome to Heaven committee that they look like dots on the horizon and it says if there aren't any walls going out from you or behind you, there's just tons of them. There are several pets that are in the room. I saw a horse. I don't know if that's from this lifetime or a past lifetime, but did you have a horse.

0:26:17 - Denise

I've been looking into hospice. They let you do things and they said what would you like to do? Then I said I'd like to ride a horse.

0:26:27 - Julie

Okay, great, so well, there's a horse, there you go. There's a horse there to guide you. That's in the room other animals, so let's talk to your spirit. I mean, we're talking to you, but what the heck? Let's talk to your spirit too. There are three questions. As you know that I always ask somebody at the end of life and I know you're ready to go and you've been ready to go for six months.

0:26:49 - Denise

Yeah.

0:26:50 - Julie

Yeah, yeah. So let's talk to your spirit. You're not ready to go. Obviously human wise you are, but your spirit's not ready yet. What do you need more time? What do you need more time for? To explore the unknown? That's pretty open. And to explore the unknown like what, right in the horse, get a. Yes, there are other things you want to explore before you take off. Yeah, that's what I've been trying to do.

0:27:24 - Denise

It's like, and I keep going on these different directions. That's what I'm supposed to do, but I'm just getting so drained out.

0:27:33 - Julie

Yeah. Are you sleeping more or are you eating? I know you're eating less because you're not awake.

0:27:39 - Denise

Yeah, sleeping more. I sleep a lot more than now than usual, like at least almost 20 hours a day, yeah, but I out feel like I'm supposed to go and I'm taking my neighborhood trolley nowadays it's free. I can take it to CVS to pick up my drugs, that's explore Wonderful.

0:28:01 - Julie

Yes, you are. Yeah, and that's very common. I'm sure hospices told you at the end of life that you're going to sleep more. You're going to eat less.

0:28:09 - Denise

Yes, that's what they said, and I am doing that and I'm very comfortable with it. I'm like, come on, let's go. So I will make the worst back appointment this week. Yeah, I've been trying to get it. I just got a trust put in place at the end of the month last month and so I'm trying to get all the financial part of that taken care of and almost there, and then taxes I'm doing this weekend so I'm like trying to say okay and then I'd say, okay, is that it?

0:28:41 - Julie

Yeah, well, and then you'll come up with something else to do. So that's what you're doing, you're, you know you're getting everything in order and God, god love you, girl. You've, you've really been so remarkable as you've gone through this, and thank you for calling in and sharing this with us.

Denise

Okay, lots of love.

Julie

Okay, bye, Denise, bye. Hi Marion!

0:29:06 - Marion

I'm really moved by what Denise was just sharing, so I'm a. I know she's really a remarkable gal.

0:29:17 - Julie

She's been checking in for the last year or so periodically and letting us know what she is. He sends me these emails and she keeps it. Okay, I'm so ready. But then she's got other projects that she's doing, so I don't think she's as ready as she thinks she is. So, anyway, tell everybody where you're located. I'm in Los Angeles. Okay, terrific, you got a question for me.

0:29:44 - Marion

I guess I wrote in yesterday with a question and then I thought about it and now my question is it keeps shifting. There are so many questions. My husband died eight weeks ago, so I'm still really in the deep of it so very confused and quite numb, but I think I've been.

I really need to know if he's safe, because he wasn't safe when he was on Earth, like he was not okay, he was troubling and there was a lot of dark forces after him, things that I saw, things that he saw over the years, and especially over the past few years, I feel like, because he's death was very sudden and unexpected. But I feel like I watched him die in slow motion over the past few years and I'm really struggling with that now, with not being able to save him yet Seeing it happen without even really seeing it.

0:30:58 - Julie

I think the most important thing to remember, Marion, and God bless you. And and have you read my book Angelica Tendency yet Not yet.

Okay, go to Julie Ryan Gift.com Julie Ryan Gift.com and we'll send you a free digital and audiobook download, and I believe it will help comfort you and give you a lot of information. That's what I was just talking about, our caller before you. The main thing I want you to know is that we all decide when we go, where we go, how we go, who's with us or not when we go. Similarly, we all decide where we're born, when we're born, to whom we're born and the circumstances into which we're born, so that our lives can have a trajectory that will allow us to explore and experience whatever it is that we want to in this lifetime, and it's the same with our exiting. All the circumstances are all determined by the person's spirit. When somebody dies in a horrific way, or in a surprising way, or with a prolonged illness, or however, we look at that from our human perspective and we say why, in the name of God, would anybody choose that? That just doesn't make any sense. And yet we don't know what they came in to explore and experience in this lifetime their spirit number one and number two. We don't know what all their past lives have been that had led them on this trajectory to explore and experience, whatever it is this round. There's no way we can know. Having said all that nobody determines when somebody else dies. There's nothing that you could have done. There's nothing that anybody could have done, because we all make that decision.

And if you want validation of that, just read anything by a critical care provider, a nurse, or usually it's the nurses, even more so than the doctors, because the doctors aren't there that much. ICU, emergency room. Talk to somebody that's worked in hospice, talk to any funeral director, and they all have many, many stories that will basically have the same theme of we sat with grandma for three weeks. Aunt Susie was on duty. She left the room to get a cup of coffee and grandma slipped away while Aunt Susie was out of the room. And we want to say grandma, what was up with that? And yet that's how grandma wanted it to go.

One of my favorite stories a hospice nurse. No, I went to hospice. She was a ICU nurse. She was taking care of her patient and the patient died. The patient coded and she said to him you better wake back up because your brother's coming here and he wants to say goodbye to you before you leave. And the patient woke back up and the brother walked in the room and he died when the brother was in the room. Many, many stories like that. Now, what you're feeling is a normal part of the grieving process. Very, very much to be expected. Are you getting some counseling? Are you in any kind of? Are you getting support from a group or from family and friends? What's going on with?

0:34:36 - Marion

that, yeah, I have a support system. I started therapy and I started going to church again after years of not going, so I'm spiritually in a good place. Finally, it took me a while to get there. For a while I didn't even remember my dreams anymore. I was unable. I felt like I was really blocking him out. He's starting to come through. He's holding me. I can see him not all the time, but he's very persistent. He was an excellent communicator, so I think he still is. I just hope he's okay.

0:35:22 - Julie

Oh, he's in heaven, he's fabulous. Yeah, everybody goes to heaven. Yeah, he's fabulous, he's fabulous. A couple of things that can help you with that too. When spirit is communicating with us, spirit vibrates at a really high frequency because they don't have the density of the body to slow down the vibration. When our spirit's attached to our body, we vibrate more slowly because of the density of our body. I like to use the analogy of imagine trying to send an electrical current through a bowl of pudding. It's going to slow it down because of the mass of the pudding. Say something to him Whenever you think of him. Our heads are big satellite dishes and they receive and transmit frequencies. Every spirit has a frequency they keep throughout all their lifetimes. What's your husband's name? It?

0:36:18 - Marion

Louise was his first name.

0:36:19 - Julie

Louise. You just say hey, Louise, that tuned your satellite dish head to his frequency. It's like you're turning to the Louise radio station. It opens up a two-way communication channel. Then you say something to him and he's going to answer you. It's going to feel like a thought in your head how you know that's coming from him. Is it's that first thing, fast as you can snap your fingers or before. Oftentimes the answer will come in before you've even thought the thought out all the way. Continue to do that.

When you find that you're not able to communicate with him, ask him to come visit you in your dreams, because when we go to sleep at night our frequency automatically raises to the level of spirit. We go back to the factory presetting frequency, which is spirit. It's easier for them to communicate when they're on the same channel, similar to you're listening to classic rock and your husband's on the country music station. You're trying to communicate with you. You've got to get on the right station and that's the frequency of spirit. When you read my book Angelica Tenants, it's going to help a lot. It's going to, I think, give you a lot of comfort and a lot of information. Nobody ever dies alone. We're all surrounded by angels and the spirits of deceased loved ones and pets. Everybody, all of us will be as well, so I hope that helps, that's good, yeah, yeah, it does, thank you.

Julie

Thanks, Marion.

Julie

Looks like we may have another one from YouTube. Okay, let's see what this one is. This one's from Akiko.

Hi, Julie, I've been having pain on my right hip for six years or so. I've seen a lot of doctors and physical therapists, but nothing has helped. Can you please see what's going on? Thank you so much. Okay, right hip going in.

All right, got you Shooting energy from your feet up through the top of your head. It looks like it's you've got some cartilage that's starting to get worn down. The ball in the socket of the hip joint. Imagine she's in Long Beach. Okay, imagine that the ball looks like it's a little bit further back instead of in the middle of your hip joint.

So what I'm watching is I'm watching stem cell energy get applied, which is going to add more cartilage and it's going to keep it in the right position. So I'm watching that happen. Light amber color gels, sparkles reminds me of Dipity-Doo hair gel and that is. There's a vortex spinning outside of your hip and that's regenerating that All right. Now I'm watching you swing your leg to the front of the back. So funny with orthopedic healings, because Spirit always wants to test to be sure that the healing is working. So that's happening. Okay, I see you putting your leg out to the side, putting it behind you, putting it in front of you and then doing an arc with that leg, drawing a semi circle out and around. So I hope that helps. Thanks for your question. See who's next? That's what's so fun about this. I never know who's going to call

Julie

Sabrina. Hello!

Sabrina

Hi Judy, how you doing ?

Julie

Good, I'm good, terrific. Please tell everybody where you're located.

Sabrina

I'm in Jacksonville, Florida.

Julie

Okay, terrific, you got a question for me.

0:40:12 - Sabrina

Yeah, so I have. You know, my hands have suddenly become very dry and the knuckles and it's cracking and even bleeding a bit Like it's happening really suddenly.

0:40:28 - Julie

Okay. So that's your gut. Your gut's out of whack whenever that happens and what I'm getting is to rub coconut oil on them. And, in particular, I'm a big fan of the bulletproof brain octane oil, because it doesn't have any color and it doesn't have any flavor or scent to it. It's unscented. I don't know that you want to run around, smell like a coconut, but this doesn't have any scent to it and you can ingest it. But I get that your gut's out of whack and that's what's causing that. But that came in right when you first started telling me that your skin was dry and that was happening on your knuckles was to rub coconut oil on it.

Sabrina

You don't think there's any deficiency or ...???

Julie

Well, yeah, absolutely.

Your gut's out of whack. So I would do the Viome test v-i-o-m-e dot com. Do the gut biome test and check out, use Julie Ryan as the code and that will get you 60% off. So it's a fancy name for a poop test. You do it at home, you don't need a doctor's order to do that and it's going to tell you what's happening in your gut and there are cabillions of critters in there and when our gut gets upset, the bio system gets out of whack, the ecosystem. Then that's always the reason for any kind of skin issue. That's number one. Number two I would try beam minerals, b-e-a-m minerals dot com and I would do the minerals, the mineral boost, and I would do the electrolyte boost and use Julie Ryan at checkout and you'll get 20% off. Minerals are the foundation of ourselves being able to heal themselves when necessary and also maintain health once we get them there.

And I did a show, Sabrina, with the CEO of the company. Her name's Caroline Allen. I don't remember the number of the show, but if you just do an internet search on Julie Ryan, caroline Allen, you'll see it. And I learned so much from her that and I said wow so many times and at the end of the show I said I'm going to come up with a better word, because I said wow about 500 times just listening to you. So I would listen to that show and get some beam minerals beam minerals dot com, b-e-a-m as in Mary mineralsplural dot com, and use Julie Ryan in the checkout code and I would try those. They're liquid minerals. They don't have any flavor, they taste like water and I've been on them for three months and I noticed a huge difference in my energy levels and they were high to begin with. So I'm a big fan. I hope that helps.

Sabrina

Yeah, thank you so much.

Julie

Thanks for calling. Hi Marjie!

0:43:38 - Marjie

Hi Julie, oh, oh, I'm so happy to see you. I called in a while back for one of my friends. I'm in jail texting Terrific.

Julie

Well, welcome back,

Marjie

And I want to say I'm so glad to be back. You helped with a friend of mine who was trying to have a baby. Who's going to be 12 weeks pregnant tomorrow. She is so fabulous. I wanted to share that with you. That was the first time. I ever called in and she's successful. And I also want to say hello to Denise because I've seen her on here. I've been watching for a while and just it was good to see her.

0:44:16 - Julie

Oh yeah, she's a sweetie. God love her.

0:44:19 - Marjie

Yeah, she is, and she's very inspirational, and I just wanted to say hello because I've seen her on here before.

0:44:26 - Julie

Absolutely Well. Thank you for that. Do you have a question for me?

0:44:31 - Marjie

I do. I have a 10 and a half year old bulldog named Bessie and she's kind of at the end of her life and I just want to see where she's at, you know. I've got her on all kinds of pills, but I want to make sure you know what she wants me to do.

0:44:50 - Julie

Okay, I love her name. I love that Bessie. How cute is that.

0:44:56 - Marion

Yeah.

0:44:57 - Julie

When I was growing up there was a cow named Bessie that was the mascot for a big very company in Ohio called Bordens and Bessie the cow and at the state fair they used to make Bessie the cow out of butter full size. It was full size cow.

Oh, my gosh Made out of butter and they had her in this plexiglass tube. That was, or not tube plexiglass, like rectangle, that was clear. But it was refrigerated. So, Bessie, the butter cow would melt. I can still remember that. You know from when I was eight years old how funny Okay.

0:45:34 - Marjie

Okay, so she's named after my mother-in-law and her mother named her after her best cow. My mother named her best name is Bessie after a cow when Sorry.

0:45:47 - Julie

No coincidences in life, so, and here I am talking about. Bessie the cow. You know the mascot, oh my gosh, I love it. So, all right, I'm connected into you first, got you? Got Bessie, All right, Bessie, all right, Bessie. Spirits out of her body. It's hanging on the top of her head. It's in a speech bubble. I call it spirit bubble, configuration Margie and she. So that means she's dying when animals are dying, I know that.

Yeah, they're surrounded by angels and their litter mates, like humans are, but the spirit bubble is still visible to me. So, Bessie, are you ready to go? When my mom's ready, I'm ready. So when you're ready, she is ready. No pressure there, mom. How will she? Do you want her to euthanize you? Yes, do you? I know? How will you know that? How will she know that the time is right? She's saying when her back legs don't work, when she can't get up, okay, does she having? Trouble with her back legs and her hips.

0:47:03 - Marjie

No, not yet. She's still able to walk, you know. But I just euthanized another one a year ago. That's some bonfarm, good Lord. Okay, now it's okay. Yeah, I'll keep an eye on her back legs and I don't want her to suffer and I will do it. I love her to death, but you know what? I think there's a better place, so we're all good.

0:47:24 - Julie

Do you have a vet that will come to the house and euthanize her there at your home?

0:47:29 - Marjie

I don't, but I have a vet who's amazing that I can take her to. Does she want to be euthanized at home, though She'd?

0:47:35 - Julie

like to be euthanized at home if you can get your vet to come out, I'll find someone to, for sure, and I know that there are services for that. There are our companies in most cities that and I don't know the name of any of them. But my daughter-in-law, mallory, is a veterinarian and I know we've talked about it and I know there was somebody from one of those companies that came and talked to her in vet school to just let them know that that was an option, and more and more people are doing that. They're euthanizing their pets at home and then they'll take her body and they'll cremate her and then they'll bring her ashes back or, if you want, to bury her in your yard or whenever.

0:48:23 - Marjie

I'll bury her in my yard with all my babies.

0:48:26 - Julie

It's okay, yeah.

0:48:28 - Marjie

Thank you so much, though, because I've been, just, you know, having dreams and I'm like, oh my gosh, I have to find out. But thank you, julie, I really appreciate it.

0:48:37 - Julie

You're welcome.

0:48:39 - Marjie

All right, you have a good night, thank you.

0:48:40 - Julie

Bye-bye you too.

Marjie

Bye,

Julie

Hi Ivette. How are you this evening?

Ivette

I'm okay.

Julie

Where are you? Where are you located?

0:48:50 - Ivette

I am in Salem Massachusetts.

Julie

oh wonderful. You got a question for me,

Ivette

Well, I'm not sure if it's my heart or if it's my head or if it's my age, but going through some difficulties and I've been a warrior all my life, my entire life I mean, you give me a cause and you give me a person who needs somebody to stand up, and I'm there. Now that it's for myself and I've stopped fighting for others, I cannot hold it together. I'm trying to do all the processes that I need to do. I'm trying to stay calm. I know intellectually that things eventually will be

okay, but I just cannot hold it back. I can't hold it together and I don't know why. I don't know if I'm losing my faculty or it's my heart. I'm just not able to stay positive and work through these issues.

0:49:57 - Julie

So you're depressed. Is that what's going on? Are you have pain? Or when you say you need to work through issues, what are you working through?

0:50:07 - Ivette

I sold my car, I left my apartment, I quit my job, I moved thinking that I was going to move to another state. And I've ended up moving, but not exactly because I'm couch surfing and I just can't take it at this age. It's just I just have different marriage. It's just hard to stay alive and to understand that, and I know better. You know, I'm kind of making my own because I know better.

I've been a teacher for many years. I'm a trained professional. I've assisted many people through many crisis in life, but I cannot do this myself.

0:50:58 - Julie

So my suggestion is you got to get with a licensed therapist, a licensed professional. I am not a licensed professional, I do not espouse to be one, I don't have the training to help you. What I'm doing is I'm shooting energy from your feet up through the top of your head, but in the meantime it looks like you're staying with friends as you're going on different couches.

0:51:26 - Ivette

I'm staying with my sister, with my daughter, with friends.

0:51:31 - Julie

Good, good. So ask one of them and this is your big thing that you're wanting to experience, because you've taken care of everybody your whole life this is an opportunity you to receive and ask whoever the person is with whom you're staying, to help you get with a licensed professional therapist, a psychotherapist. There are all kinds of free services in Massachusetts, in wherever. You probably know this from when you counseled SAMHSA Go online. That's a government agency that will help you find somebody who's a licensed professional and you got to get with somebody who is trained and knows how to help you. So ask whoever you're with and whoever's home you're in and ask them to help you get to a professional. Ok, hang in there. Thanks for calling.

Ivette

Thank you,

Julie

Good night.

Hi Marie,!

0:52:35 - Marie

Hi Julie, where are you? I am in Topanga, California, part of Los Angeles.

Julie

Oh, yes, I know that. Yes, Wonderful.

Marie

I did speak to you a couple of months ago. And my dad passed away about a week after we spoke. You had told me that he was in phase nine and anyway. So he passed away on the 30th of January, and so I'm just wondering if you have any messages from him.

Julie

What's his first name Marie?

Marie

Lewis L-E-W-I-S.

0:53:13 - Julie

Lewis! Lewis... what do you want to tell your baby girl? Everything unfolded perfectly, you handled everything beautifully. You're handling his estate for him.

0:53:26 - Marie

My sister is. My sister is.

0:53:28 - Julie

OK, yeah, so you're helping your sister.

0:53:31 - Marie

Yes

0:53:32 - Julie

OK, he's saying that you guys are working well. Continue to do that, don't get wound up about anything, as you're putting all those things together. He's around you, he's advising you, he's showing me, he's sending you thoughts See if this makes any sense to you. He's sending you thoughts and he's showing me. They're like paper airplanes that he's launching, that when they get airborne they turn into energy and they come into your head. So he's sending you and your sister thoughts. He's saying he's chatty. Did he have a coin collection that you know of? Or coins? Did he have a bunch of coins?

Marie

Yes, he did.

Julie

Yeah, he's talking about those. He's saying take them to somebody that knows what they're doing with the coins, like don't just spend them, that, there's some value there.

So, be sure to take them. You know they have coin collectors and, like he's saying, don't just take it to any run of the mill pawn shop, take it to somebody that knows what they're doing with coin. Yeah, did you have another question for him.

0:54:49 - Marie

No, I just want to know is he OK? Is there anything he wants me to know?

0:55:00 - Julie

He says there's random collectors for everything, then a lot of them scour eBay.

0:55:05 - Marie

OK, that's good to know.

0:55:07 - Julie

Yeah, yeah, so I hope that helps. Condolences I'm at and you've read Angelica Attendance.

0:55:13 - Marie
Yes, I have.

0:55:14 - Julie
Good.

0:55:15 - Marie
It really was beautiful and it really has helped me a lot. I'd listened to it twice.

0:55:20 - Julie
Wonderful. Anybody that's read or listened to Angelica Attendance, please leave an Amazon review for it, because it helps others find this information, because when they put in a search word, that's how the algorithm works. So please just go to Angelica Tendons on Amazon and just leave a review. And that will be really helpful, and it's normally. It gets the information to people when they're in most need of comfort, Because they've either just lost somebody, Marie or they're in the they know it's imminent.

0:55:59 - Julie
Thank you for calling in.

Marie
Oh, thank you so much for all of your beautiful work.

0:56:08 - Julie
Oh my gosh, my honor, take care.

0:56:11 - Marie
OK, you too.

0:56:12 - Julie
Bye, bye, hi, Deanna.

Deanna
Hello, I'm in Aurora, Colorado.

Julie
Aurora, yeah, near Denver. Yeah, great, you got a question for me.

0:56:22 - Deanna
I'm so glad to be able to talk to you. My cat has been yowling. We've been to the vet. They gave us medicine. She's yowling. I can tell she's in pain. Every time. It's like eating and eating a litter box. I just want her to feel better, but I need to know what she needs, please.

0:56:49 - Julie
Yeah, what's her name?

0:56:52 - Deanna
Suggalishious.

0:56:54 - Julie
She's beautiful. Ok, Snug, what's going on? Why are you? Are she in pain? She's telling me her paw hurts. It hurts, yeah, her paw hurts, and it's that one I can see. Reminds me of the lion

that has a thorn in his paw. You know the children's. It's like a Grimm's fairy tale or one of those with the lion with a thorn in his paw. Yeah, does she seem to be limping at all.

0:57:27 - Deanna

Yeah, Well, I thought that. Well, limp was getting better. But I think she got her claw caught on the carpet and twisted it again.

0:57:39 - Julie

OK, all right, so maybe, but that's her paw, is what's the issue? So what I'm yeah, it's the paw. So what I'm doing is doing a chiropractic energetic adjustment on her, and I know they have pet chiropractors, so I would find out about that and see if you can get her to one, and I hope that helps. She's starling, she's purr, oh my god. I hope that helps.

Deanna

Thank you.

Julie

You bet, thanks for calling.

All righty, everybody. That's it for this week. We do this show every Thursday night at 8 Eastern and AskJulieRyanShow.com. If you want to have a conversation. Otherwise, you can join us on the live stream on YouTube at AskJulieRyan and you can submit a question online AskJulieRyan.com. My training, everything's AskJulieRyan, my Instagram, Facebook, all of that. So sending you lots of love from Sweet Home Alabama. Bye, everybody, See you next week.

0:58:45 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at AskJulieRyan and like her on Facebook at AskJulieRyan. To schedule an appointment or submit a question, please visit AskJulieRyan.com.

0:59:00 - Disclaimer

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