

## Ask Julie Ryan Show - Jan 18th Transcript

0:00:01 - Intro

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan Hi everybody, welcome to the Julie Ryan show.

0:00:47 - Julie

I'm so delighted you could join us this week. My intention in doing this show is to provide information, insight and comfort people all over the world by helping to answer life's Unanswerable questions. We got a whole bunch of callers on hold. So let's see what their questions aren't, see what spirit has to say for an answer. So let's, let's go to our first caller.

0:01:10 - Pam

Hi, my name is Pam. I'm from Ho Kesson, Delaware. My mother-in-law is in memory care. I'm nonverbal and I'm curious if you pick anything up. She's in the in Delaware, in the Wilmington area, and I was just wondering can you tell what phase she's in?

0:01:37 - Julie

I'm so sorry You're seeing a difference all of a sudden, Pam?

0:01:42 - Pam

Would say so. In the past six months we brought in hospice.

0:01:48 - Julie

No, all right. What's her first name?

Pam

Janice,

Julie

Janice, all right. What I'm gonna do is I'm gonna connect from you to Janice and Then I'll see if she's in any of the phases of transition, which, for those of you that don't know where Pam and I are talking about, sounds like we're talking in secret code. Pam, it's. It's how we're surrounded by angels and the spirits of deceased loved ones and pets as we are getting near the end of our lives, and we'll be able to tell how close to death she is based on what phase she's in, if she's even in any of that phases. That's number one, exactly number two.

Yeah, yeah. Number two how this works is I raise my Vibrational level to the level of spirit. Now, pam, you know I learned how to do all of this stuff and I teach people all over the world how to do it, and so I'm gonna Connect to you. I watch a laser beam of my mind's eye go from my body here in Birmingham, Alabama. It's gonna hook into you up in Delaware and then I'm gonna go from you to your mom and then we'll see what's going on with her. So here we go. Here comes my laser beam from sweet home, Alabama, heading up to Delaware. I close my eyes just for an instant because it helps me focus and I can see better with my eyes closed. I know that sounds crazy, but in my mind's eye I can see better with my eyes closed.

Okay, got her. She is in phase nine of the 12 phases of transition. So anybody listening, if you go to my website, askjulieryan.com, and you go to the 12 phases page, you will see a chart of all the phases. It's a diagram and it'll show you how the angels are positioned to how the deceased loved ones are positioned. It's a free download. So, pam, I suggest you do that. Go to askjulieryan.com. Download the 12 phases chart, save it on your phone and Then, when you want to know, you just ask in your mind's head. You know. In your head you just ask what phase of transition is my mom in? And you're gonna hear a number. It's gonna come in as fast as you can snap your fingers and that's gonna be Spirit answering you with what phase she's in. Is she able to communicate with you?

0:04:10 - Pam

I Don't even know. She knows who I am now. This is my mother Right yesterday it was quite interesting, she was Saying words, but now there's really no communication, sleeping a lot.

0:04:28 - Julie

Which they do at the end of life. That's, that's very common. But but let's ask your mother-in-law the three questions I always ask someone when they're dying, and that is number one Janice, are you ready to go? He said oh, yes, absolutely. Was a rancher? Sure, yes, absolutely. Number two are you in pain? She says no, she's not. Yeah, what do you need? Just forgot to take me.

0:04:59 - Pam

Yeah, so she had a bad fall and I just said she wouldn't want to be like this. So yeah, 90 she'll be 93. It will be a blessing. I know that may not sound well to others, but it truly would be a blessing. I Can't continue to keep watching. Keeps hurting yourself. I appreciate. Yeah, thank you.

0:05:28 - Julie

And you know, I think it makes it easier on the family when we get to that point when we say, oh my gosh, it would be just such a blessing if she just go on and go to heaven. By the way, everybody goes to heaven. You know that movie all dogs are having. Well, all people, yeah, all people, go to heaven. To my mother, I agree with him. When somebody was suffering at the end of their lives, she'd go light a candle at church and pray that that God would just take them, that they would just go ahead and go to heaven. And so we, we got to teasing her and we called them killer candles. Oh, we say, nana, go, go, like what are you Candles? So?

but I think it makes it so much easier on the family when somebody's you can tell they're just ready to go and she's ready to go. So download that chart, save it on your phone. Just ask in your head or loud, hey, what phase is my, hey, god, or hey, whomever, what phase is Janice? And you'll hear a number and then you can refer to the chart, and and that all they stay in that phase, do what like?

0:06:35 - Pam

will she stay in phase nine? For a while I kind of looked at it for the. It just depends.

0:06:44 - Julie

Yeah, it depends. Everybody decides. We all decide when we go, where we go, who's with us or not when we go, what the circumstances are, and so she may be in phase nine for a while. If you see that she's moving the phases pretty quickly, like nine, ten, eleven, you'll know that the end is near. It can speed up. They can go backwards to any. In rare instances they come completely out of the phases. My guess is she's not gonna come out of the phases. Has she talked about seeing Anybody in the room, like her mother or her husband or a deceased loved one?

0:07:26 - Pam

No, because she's not able to put those words out where her husband did with me. But no, no, and I actually have some mediumship abilities, so they all know. Okay, so when they pass on, they're supposed to. I am not a Julie Ryan, by all means, but yes, it's been with me my whole life, but I don't actually really practice.

0:07:56 - Julie

So everybody has the ability. We all come in with it. It's just a matter of developing and enhancing it, and I learned how to do it, and you can do all the stuff that I do. Take my class, either take it online in May or take it in person in November.

0:08:10 - Pam

I saw that. I saw that. Yeah, yeah, I do continue to take classes. It's just having that extra. I think it's great to kind of see how others work, so I've been kind of watching you for a while. No, I'm so honored.

0:08:30 - Julie

I've been watching you Thank you Pocos yeah. Thank you. Have you read Angelica Tendency yet? Have you read my book Angelica Tendency yet? Okay, yeah. Get a copy of that. It's what happens as we transition from this life to the next. It's in paperback, digital and audio book, pam, and it'll describe all the phases. It'll describe what's going on. I believe it will give you a lot of comfort and then you can share it with your family members, and it will help comfort them, too, as you guys navigate this.

0:09:04 - Pam

Yeah, okay, thank you so much. I really appreciate you.

Julie

You are most welcome.

0:09:09 - Julie

Good luck. Look for little miracles along the way.

PamThat'll be plentiful Bye.

0:09:16 - Julie

Diana, hi, girl,

Diana

hi, how are you, can you hear me?

Julie

Yes, I can.

0:09:23 - Julie

Everybody. Diana is a graduate of my Angelica Tendency training. So nice to see you.

0:09:32 - Diana

It's my first time, so I usually listen without participating. So thank you, you bet, and everybody.

0:09:39 - Julie

She lives in Honolulu, I don't have to wait for you to tell me when you are, but she lives in Honolulu. Maybe we can get you to do a little hula for us at the end of your question. I'm

kidding, oh God. Well, so wonderful to see you. You have a question for me? Yes, my mother is 97 and you know that.

0:10:04 - Diana

But just in the last maybe three years I've been doing a lot of things. She has had pneumonia and it's trying to resolve itself, and it's a couple of weeks ago I thought maybe she was already ready to go, but then she took a turn. So I don't know where she is now in terms of that. Energy levels come back. I don't know if she still has pneumonia, infertile traits, all the things we were battling with. So she just started two weeks ago with. So she just started two weeks ago on some prednisone, which seems to be some kind of a anti-inflammatory miracle in a drug form, and I don't know if that is a reality or just a temporary placeholder, if you know what I mean, and so but she's still got a lot more energy. Still weak, lost a lot of weight, still in good spirits now that she feels better. But we've just brought in a lot of help. So that's where we're at.

0:11:16 - Diana

And you know my mom and she's hanging in there. She's just moving around, so it's not like she's in bed all the time, and so I've asked the questions. It's just that it changes, and I'm so close to her that sometimes it's kind of hard to know which voice I'm hearing. So that's why I'm happy to have you plug in and see what's happening.

0:11:41 - Julie

Well, and you're very wise to do that, Diana, because when we are close to a loved one who is at the end of their lives, there's so much emotion involved that you gotta get help to get some validation. And that's why you have the angelic attendant training community and me, you know, to help you be able to just get some clarification. When my Mima was dying, my beloved Mima, I saw the spirit. I saw her spirit attached to the top of her head and I disregarded it. I thought, oh, I'm just seeing things. I will never do that again, but it's because I loved her so much and I didn't want to see it. And so you're very wise. Are you getting that? She's in one of the phases when you check, what are you getting?

0:12:32 - Diana

I really felt last week that, or before the prednisone, and two weeks ago, that she was ready in phase 12. That seemed to me, or 11, really close. I don't think she's there now, I don't, yeah. So it did feel like that. We worked really hard to bring her back and I think she asking the questions Is she ready? No, I don't think she's in any pain and what does she need? I get that. She just wants to continue getting some loving and attention and you know, that's what it. That's what just came to me when I asked those questions.

0:13:17 - Julie

Just yeah, and you know it's that first thing that comes into your head as fast as you can snap your fingers. You've heard me say that a million times. Right, but that's just how it works. Yeah, so I do get. She's in phase nine right now. So I think she probably has decided that she's going to rally a little bit. Obviously, you're seeing that with her. Her energy levels and that's very common at the end of life as well is what's called the rally, and we think, oh, they're getting better, they're going to be around for a while and they it's just kind of like like a last for raw, and then they check out and they just go to heaven. So I've got her on my radar. She's in phase nine. There's so many spirits in the room there to welcome her. She's surrounded by angels, the angels on either side of her spirit bubble. Their wings are moving. What? What I'm mentioning for those of you that haven't had a chance to read Angelica tenants, my book, yet, or look at the phase of transition chart is there angels that show up about phase five, six ish, that are on either side of the spirit bubble, in addition to angels that are in a circle around the person as they're dying. Their wings move and they've created a vortex that's begun to form

above her head. I can seal it. It see it. It's not super strong yet, Diana, but I can see that it's formed. So it will become stronger as she gets closer to her departure date and time.

So let's ask her the three questions. Let me ask her Violet, are you ready to go? Not quite yet, is what she's saying. What do you need to? She's. She needs more, to spend more time with you. She does not want to leave you alone because you guys are so close. So are you in pain? She's saying no, not at all. What is it about Diana? She's saying that she's this is cute. She's saying I'm not sure she's going to do very well without me. She's unsure that you're going to be okay. So when you're talking to her about it, just say Mom, when you're ready to go, it's fine, you just watch over us from heaven and you, you know you're going to be able to, I'm going to be able to talk to you from heaven and you know will. Our relationship will be the same. You just won't have a body, you'll just be in spirit form. But she's she's worried about leaving you. Are you an only child?

0:16:10 - Diana  
No.

0:16:10 - Julie  
I have a brother? No, yeah, but you're closer to her than your brother.

0:16:17 - Diana  
Yes, I'm just yes. I'm very connected to her.

0:16:21 - Julie  
Yeah, so you're kind of like a little child.

0:16:23 - Diana  
It's been a long time, I mean seven.

0:16:25 - Julie  
Yeah, yeah, yeah, well, you know she was, you know you were a miracle baby because she had you at 65, right she's, that makes you in your 30s, right, okay? So yeah, she, she. I had that with one of my friends Actually there's a chapter in my book about it, in Angelica Tenants about it. And and this girl was an only child and she, her parents, were married 17 years before they had her, her mom back pregnant with her and it was a total surprise. So it was like the second coming of Christ with her and she, her mother, just kept saying I just don't want to leave Joe Marie alone. I just don't want to leave her alone. I'm getting the same thing from your mom she doesn't want to leave you, don't want to leave you, she doesn't care, it's like that, she doesn't care about others, but it's you.

0:17:25 - Diana  
So she likes spending time with me, so it's yeah.

0:17:30 - Julie  
Yeah, yeah. She's not ready to give up her baby girl yet in the human form.

0:17:38 - Diana  
So I'm wondering. I probably know the answer to this, but when you scan her because she's already in a phase, is that they're not in ability to look and see what's going on physically and do any kind of work there?

0:17:56 - Julie  
Correct. Yeah, if you remember that from the class, it's the spirits out of the body. It's like I'm looking at an x-ray in a pitch black room without any electricity. So the spirit is the power

source for the body. So when somebody's in one of the phases, they've already started the dying process, and so the spirit's not in the body.

0:18:21 - Diana

So yeah, Can you see if her mother is there? Oh, absolutely Her mother's running a show yeah Her Japanese mother.

0:18:33 - Julie

Yeah, yeah, yeah, they're really little. They're little women. I would feel like an Amazon at 5'9 next to them. Yeah, your grandparents are there on both sides. Yeah, there's lots of spirits that's what I was saying Like thousands of spirits that stretch out into the distance, and those are the welcome to heaven committee spirits that are there to welcome her, and they will continue to grow in numbers. They are spirits from all of her lifetimes that come to welcome her to heaven and it's really so comforting to know that she's surrounded by angels in the spirits of deceased loved ones and all of that. There's some dogs there with her. There's a bunny rabbit with her. Does somebody have a bunny rabbit?

I don't think so, okay, there's a bunny rabbit. Maybe it was a bunny rabbit that was in her yard, that she used to see. I don't know. Do they have bunny rabbits in Hawaii?

0:19:42 - Diana

Oh well, yeah, we do, but I don't see them running around. They're not running around.

0:19:51 - Julie

Do they have them? When she was grown up in Japan?

0:19:55 - Diana

You know, I'll ask her. I don't call a story about any bunny rabbits, but I can. I'll ask her.

0:20:02 - Julie

There's a bunny rabbit. There's a white one with black on it, black spots and black on its ears. That looks like it was a pet. And then there's, like a Peter cotton tail, that's a gray one with a real you know cotton tail looking tail on it. So there's bunny rabbits, and then there's dogs. There are dogs too. Did she have dogs? Did you have dogs growing up? No, all right.

0:20:26 - Diana

There are dogs there.

0:20:27 - Julie

So maybe I don't know maybe there are friends dogs, there are family members dogs. She might have had dogs through that, she maybe at a friend's house or whatever. There's quite a few dogs there.

0:20:42 - Diana

Wow, that's interesting.

0:20:44 - Julie

Yeah, ask her about the bunnies. Let me know, I'll tell everybody next week I'll let you know.

0:20:52 - Diana

That's a thank you, Julie. I'm so glad I called and you had time for me today.

0:20:58 - Julie

You bet Good luck with all of that. Thank you. Yeah, love you too.

0:21:03 - Julie

Okay, we'll be in touch Long time away. Look for the miracles. Okay, okay, we'll do Bye, honey. Love you, thank you.

0:21:09 - Diana

Bye, bye.

0:21:10 - Julie

Hi Mary Ann

0:21:12 - Mary Ann

Hi, how are you doing? Did you have a question? I'm in the process of taking writing classes. I've been a writer for years and years, but I have never done copywriting and copy editing, and that's what I'm wondering how to do so.

I think the big question is I feel like I'm on the right track. I feel like I'm needing to write to help other people, but I'm not the type. It's more. I need more purposeful things to write about. I just don't feel like just writing to promote a I don't know puppy shower or whatever no offense to them but I just need to. Am I on the right track? Basically, I mean, I talked to my angels and it's like they keep saying keep going. And I got the God and saying keep going, you're on the right track. I just want to kind of get input from you. I saw you on that, Alex, the other night. Oh, yeah.

I watched him. He's so adorable. He is.

0:22:44 - Julie

He's so awesome.

0:22:47 - Mary Ann

And I mean, I have done so many spiritual things in my life and had so many experiences and I wondered if I was supposed to get back into my what I was into before. You know, I'm cleared houses and done all kinds of things, but I don't know. I just don't feel that's quite the direction I'm supposed to go. Yet as far as helping people, Okay.

0:23:20 - Julie

Where are you located? Where?

0:23:21 - Mary Ann

I'm in Owasso, Oklahoma, right now.

0:23:31 - Julie

Okay, all right. Okay, so what I'm getting which means spirits telling me in my head, I'm getting information downloaded into my head, I call those divine downloads is yes, you're being led to write and for you to not worry about specifics, just write, start writing at least 20 minutes a day, and then spirits going to flow through you and you're going to be channeling information, which is what all writers do, all writers, all composers, but they're all channeling all actors, I mean all those guys painters, artists, we all do.

So I'm getting just sit down and start writing. If it doesn't make sense, that's fine, Just tie. Do you tie up or do you write with a pen and paper? Both, both.

0:24:31 - Mary Ann

And I'm an artist too. That's my stuff on the walls. Oh, it's beautiful. I've done all kinds of things throughout my life, but anyway, yeah, but I think that's the problem You're going to put yourself down to do one thing.

0:24:49 - Julie

Yeah, yeah, yeah. But you know, analysis, paralysis, right, and then you don't do anything. So just set a timer, pick 20 minutes a day, start off with 20 minutes a day, just start typing. See what comes through. What's going to come into your head is it's going to start to take shape on its own. And don't worry about editing it, don't worry about punctuation, sentence structure, spelling, none of that jazz. Just write and then stop and then tomorrow do the same thing, and then the next day and the next day and before long, what you're going to have is you're going to have a theme that's going to emerge, but what you're doing is you're training yourself to be able to receive that guidance from spirit, and you're going to be amazed. Every writer I know, including myself, we all they talk about getting in the zone. We get in the zone and we write stuff, and then you come back and you say, oh, you remember writing that, but it's pretty good. So that's what will happen to you, yeah, yeah. The other thing to Marianne is.

Okay, great. Well, the other thing is just trust that the people you need to show up are going to show up exactly when you need them. So you can hire an editor, you can hire a book format or you can do all of that. So don't worry about that. Just get the information down and then you give it to an editor and let them put it together so that it flows and it makes sense.

0:26:35 - Mary Ann

So it doesn't sound like then I'm not on the right track then, because I'm doing your other right track is the writer as the writer but not the editor and the, not the editing and the copywriting, like advertising type thing.

0:26:55 - Julie

When you want. You got to get it written first. You got to get it written first, and then you can make a decision what the next step is. Is that help, Um?

0:27:12 - Mary Ann

it's a little confusing because I'm learning how to do copywriting and copy editing.

0:27:18 - Julie

And for other people, other people. Yeah, yeah, that's fine, but on your own book, just write it first.

0:27:27 - Mary Ann

Okay, well, that I get. I get, because that's what I do. I write all the time.

0:27:33 - Julie

Well, not all the time but yes, it's a good day.

0:27:36 - Mary Ann

But I think I just needed some guidance on whether I was on the right track at Writing for Other People.

0:27:44 - Julie

Yeah, but I'm getting more than that for you to write yourself. Write for yourself Way more. There's way more energy on writing for yourself than writing for other people. Being an editor for other people is fine, but you're being led to write your own stuff Way more than that, that's fine.



0:28:06 - Mary Ann

Okay, thank you. That does help you bet. Thanks for calling.

0:28:13 - Julie

You bet this week's question comes from that was submitted online. If you want to get your question answered, just go to [AskJulieRyan.com](http://AskJulieRyan.com) and you can submit a question and yours might be chosen for the question of the week. So this week we've got Christina from Gilly, Switzerland, and she says Hi, Julie. First of all I'd like to send you millions of thanks for what you do, providing closure and so much love. You are an amazing being and the light within you shows through all your pores. How sweet is that? My question is about purpose.

I was born in Romania in a time when abortion wasn't legal and my mom made it very clear all my life that I wasn't in convenience. Until my teens I wondered if I was adopted, because I never felt loved and maybe because of that, I always felt I didn't belong to this world. Throughout my life I've had numerous strange she's got strange in parentheses. I've had numerous strange events happen to me, mostly in dreams, where I talked with people who died that evening or I found out about children yet to be born. My life has been extremely difficult, but made me realize my intuitive strength and that I need to pave the way for other women who are in the place I was for a very long time. Could you please tell me if this is my calling? I keep asking for signs and feel like I'm out of touch with guidance from spirit. Thank you from the bottom of my soul. I hope you feel the gratitude I'm sending you now, wishing you an amazing year ahead, Chris. So here's my response. Hi, Chris, thanks for your thoughtful comments. It's wonderful to hear such encouraging words and to know that my experiences can potentially help others on their journeys.

You're absolutely right about the importance of paying attention to the guidance we receive from within, often referred to as intuition or divine inspiration. Life presents us with countless ideas and opportunities, and when those thoughts resonate with us, it's a sign that we're aligned with our true selves and our higher purpose. It's as if the universe is whispering to us, urging us to explore new avenues and make positive changes in our lives. I've come to realize a profound concept about the vibrational frequency of our thoughts. Just like tuning into a specific radio station, we need to attune ourselves to the frequency of the ideas and guidance we receive. When we're in sync with these higher vibrations, we're more likely to manifest our desires and turn our ideas into reality.

The notion that if we receive an idea, it's achievable, is a powerful one. It reminds us that our dreams and aspirations are not arbitrary. They come to us because we have the potential to bring them to fruition. It's our self-doubt and fear that often hold us back from pursuing these ideas. This is a huge concept, you guys. We can't get an idea in our head if we don't have the ability to manifest it. It's kind of like I'm not going to get an idea of how to become an NFL pro quarterback on a football team because I don't want to be an NFL quarterback. But somebody who does will get ideas of how they can do that. When you get an idea in your head and most of us go there, we all think, oh, we can't do that, and then we come over the million reasons why we can't do it Instead of doing that. No, if you're getting the idea, you're able to manifest it. You just take a step at a time. Important, important idea for us all to remember.

I went on to say my book, the Two Minute Rule the Key to an Amazing Life is a valuable resource for anyone seeking to overcome their irrational fears and an embrace of life filled with meaning, joy, fulfillment and purpose. It's essential to recognize and address these fears so they don't paralyze us and prevent us from taking action. What analysis paralysis? We all over-analyze the outside of everything. We just need to take action. Take a step Regarding the reason behind the tough times we go through can be inspiring. Perhaps those challenges were meant to provide us with the wisdom, empathy and experience necessary to support and

guide others facing similar situations. Thank you for submitting such an uplifting question and, in doing so, inspiring us all to take that first step towards the next phase of our life's journey. May this information serve as a beacon of hope and encouragement for anyone seeking positive change and personal growth.

When you get an idea, take a step. That step may be. You just look something up online or you watch a YouTube video or you do something along those lines. Take a step and then the next step will be revealed. And the next step and the next step. We get paralyzed when we think I don't know how many accomplishes, I don't know what else is going to be involved, it doesn't matter. That's part of the adventure. You're not supposed to know. You're supposed to trust and take a step. Take a step. Take a step. As long as it's fun and it's interesting. You're being led, so follow it and remember. If you want to submit a question, just go to [AskJulieRyan.com](http://AskJulieRyan.com) and your question may be chosen for the question of the week next week.

Julie  
Hi Nicole

0:34:04 - Nicole  
Hi Julie,

Julie  
How are you my girl?

0:34:10 - Nicole  
Well, almost three o'clock in the morning here, just wanted to let you know. Oh my gosh, where are you? Spain, Madrid,

Julie  
oh my gosh, Madrid,

Nicole  
yeah.

0:34:20 - Julie  
Well, I'm so honored that you got up to talk to us.

0:34:25 - Nicole  
Well, I actually didn't go to bed, so it's an honor to be here.

0:34:29 - Julie  
Well, I'm honored that you stayed up to talk to us.

0:34:32 - Nicole  
My pleasure, my pleasure.

0:34:35 - Julie  
Got a question for me.

0:34:36 - Nicole  
Do you want me? Yeah, I do. Actually, I have an almost 16-year-old cat, ramses, who has had all sorts of health problems throughout his life. But he's a resilient guy and the thing is that since his sister died two years ago they were very, very close he very quickly went into the call of cat dementia. So he's senile Plus he has some health issues. They're not anything life-threatening, but his brain just goes. I mean, I never know what kind of cat I'm going to have.

His personality changes. It's really interesting. The thing is, although I can usually read animals very well, I am so emotionally attached to him that I mean he's like my baby. I would really like to know if he's ready to go, if he's ready to pass, because I get mixed messages and I don't know if it's my feelings that are getting in the way or if it's just because some days he's ready to go and then the next day he's not. So, if you could, he was sleeping and he's woken up, so he knows what's going on.

0:36:04 - Julie

He knows, we're talking about him. Oh yeah, oh my gosh, okay. So, Nicole, what I'm going to do is I'm going to connect into you and then from you to Ramses and then see what's going on with him. So here we go. Here comes my laser beam from Sweet Home, Alabama, heading over to you in Madrid. All right, got you Ramses His spirit's out of his body, Nicole. So, on the 12 Faces of Transition, if you go to my website, askjulieriyan.com, the chart is there.

0:36:35 - Nicole

I read the book.

0:36:36 - Julie

I read the book Okay great, the animal spirits come out the top of the head, like it does with the humans, and it hangs onto the top of the head and it looks like a speech bubble or a cartoon caption bubble where the characters' thoughts or words are so he is in the dying phase right now. Ramses, are you ready to go? He's saying yes. Is there a time when you want to go? He's saying as soon as possible. Are you in pain? He's saying. Sometimes he is, but a lot of the times he doesn't know he is yeah, no, that makes sense.

Maybe that's part of the dementia. What's going on with the behavior he's saying? His brain just doesn't work right anymore. Yeah, that's his explanation. His brain doesn't.

0:37:30 - Disclaimer

Does he?

0:37:30 - Julie

get snarky with you. Does he get like aggressive? No, no, no, no Good.

0:37:35 - Nicole

Okay.

0:37:39 - Julie

What happens when you say he's not acting normally?

0:37:45 - Nicole

It's just like I say that his brain is like a Christmas tree, which light bulbs go on and off and he's it's totally unpredictable what. What he likes, what he eats. He Some days he likes one thing, the next day doesn't like the next thing. He is just like total chaos, which isn't really an issue, but at this point it's going on two years and I'm exhausted. I'm exhausted, yeah, and I've had this feeling for a while that he's ready to go, but I didn't really trust, you know, because I'm so exhausted. It's like, and you know, I Wasn't sure if that was the case.

0:38:34 - Julie

Yeah, yeah, yeah, he's ready to go. He's saying his quality of life is not good, and you just said your quality of life isn't good either. He's saying he doesn't remember what he likes, so that's why it's so his behavior is so erratic, he just doesn't remember. He's saying sometimes he feels like he doesn't know what to do with the food.

0:38:57 - Nicole

Yeah, like In the food and put it in his mouth, so, and then he's like, oh yeah, that's what this is for. Yeah.

0:39:06 - Julie

Yeah, yeah, yeah. He's saying he doesn't remember, so he's saying whenever you're ready, he's ready and His spirit will be around you all the time. Yeah, who do you have? A pink satin pillow or a pink satin pillowcase? Is there a satin pillow or satin pillowcase or something? I have a pink pillow he's showing me a pink satin pillow, I Don't know it may make sense to you after the fact?

Hmm, okay, no, but he's saying he's showing me a pink satin pillow. It doesn't look like a different decorative pillow, Nicole. It looks like a pillow, like a sleeping pillow, like on your bed. So, Ramses, what do you want her to know about the pink? He wants you to get a pink satin pillowcase and know that he'll be with you, snuggled up next to your head on the pink satin pillowcase.

0:40:08 - Nicole

Okay, I.

0:40:12 - Julie

Don't know it may become apparent to you. You know, I think I think of pink and red, the color of love, like Valentine's Day.

0:40:20 - Nicole

Yeah, yeah, yeah but he knows the pink is one of my favorite colors, yeah there you go.

0:40:25 - Julie

That's it. He wants you to get up satin one.

0:40:29 - Nicole

Yeah, okay, satin will do.

0:40:33 - Julie

Okay, that nurse elk. Do you want Ramses? You want satin or silk. He's like soaks. Fine, if you don't want silk, satin would be okay too. Okay okay, yeah yeah, I know it's so hard. Well, I've been getting ready for this for a long time, yeah oh just you want you to get another cat, though he wants you to get another cat once he goes. Okay, yeah, I'll keep that in mind. Okay, call it Ramses too.

0:41:18 - Nicole

Guys.

0:41:21 - Carolyn

Yeah, well.

0:41:22 - Julie

Nicole, god love you. Thank you for staying up to talk with you Go have some sweet dreams

Nicole

thank you. I will bye, bye,

0:41:35 - Julie  
Hi Leslie.

0:41:38 - Leslie  
Hi Julie.

Julie  
How you doing ?

Leslie  
oh, I'm going through a rough time right now.

Julie  
I'm sorry, where you located yeah, I

Leslie  
'm in Canada 45 minutes okay, Winnipeg.

0:42:03 - Julie  
Okay terrific. Well, how may I help you?

0:42:05 - Leslie  
Yeah, Well, I like maybe some some of your vortex. I I just had two major surgeries, one a year ago and one 12 weeks ago, for Abscess ovaries. I went abscess septic last year, oh no, and so I had one major surgery. Yeah, I have one major surgery to kind of just clear it out, and Last October I had everything out. It was a six-hour surgery to clean all my ovaries and uterus and everything out. But now I just got my call today as I have kidney stents in. Then I need another surgery because it's full of scar tissue my utero tubes, which is the tube that goes from their bladder to your kidney.

0:43:09 - Julie  
Okay, so you have scar tissue from when you had the hysterectomy.

0:43:15 - Leslie  
Yeah, all the, all the infection that was in there for over a year and the Fibroid that was pushed up against it. I guess it got all crimped up in that tube and Pushed in it and it developed a lot of scar tissue inside.

0:43:35 - Julie  
Okay, all right, let me get you on my radar and then we'll. We'll do a healing and I'll describe it to you, Leslie, okay, so here we go. Here comes my laser beam from sweet home, Alabama and southern part of the US, going up to you near Winnipeg in Canada. So let's just give it a second to get up there. It's like I'm watching a laser beam go across a map Is how I see it in my mind's eye goes across oceans, goes across states and countries and stuff. It's a riot. So, got that All right, got you on my laser Beams. Got, got you on my radar.

Okay, scar tissue, Leslie, looks like spider web material but a little bit thicker and it just kind of criss-crosses Inside your body. So what I'm doing is I'm watching it get cut out with a pair of scissors and Scissors like they use in the emergency room, and they just cut the scar tissue out. And then what I'm watching is there's a spiral of energy in there that's just cleaning everything out. Imagine that it's spinning really fast and it's just smoothing those areas where the scar tissue was joined, kind of like if you Cut something but you can't get it as close to the

edge as you'd like with the cutting, so you want to use maybe a Piece of sanding paper or something to make it smooth. That's what I'm watching happen. Yeah, I'm watching.

0:45:17 - Leslie

Go ahead. What he said is he put dye in the tube and it's not going through it.

0:45:28 - Pam

Yeah, like so. That's what I was just ready to say.

0:45:32 - Leslie

We'll die off.

0:45:35 - Julie

Right. So there's a little spiral like a corkscrew of energy that's in that tube and it's spinning and it's grinding up anything that's inside of there. The scar tissue that I saw was outside and inside. It was just kind of like a spider web over the whole middle part of your lower abdomen. So what we're doing is we're working on the tubes now and there's one looks like it's really affected. The other one looks like it's okay, we're gonna clean that out anyways.

So corkscrew spinning in there and imagine that as it's, as it spins, it's just grinding up any kind of debris that's in there, any kind of scar tissue or anything in there. So I'm watching that. It's being irrigated out now and I'm putting stem cell energy in there. Stem cell energy is a light amber color gel, Leslie. It has sparkles in. It reminds me of a watery hair gel when I was a kid, called Dippity-Doo, and it's just amazing because it'll regenerate any body part we need. So I'm watching that. Are they gonna have to open you up or they gonna be able to do it through a scope?

0:46:48 - Leslie

No, they're gonna do it on the same surgery I had already on the same tooth. Both of them have been 10 inches long Right down the middle, oh my wow it was only 12 weeks ago that I had that done and they said maybe in three or four months they'll do it, but just right now I just gotta get some energy back again.

0:47:17 - Julie

Yeah, so I shot some energy into you. This should help. The healing's happened on the energetic level. Now it's gotta integrate into your body and sometimes that needs surgery on the human level. But know that you will make a complete recovery because it's already happened on the energetic level.

0:47:36 - Leslie

Okay, thank you. You're welcome Good luck.

0:47:40 - Julie

Thanks for calling. Hope you feel better.

Leslie

Thank you, Julie!

Julie

You bet!

0:47:47 - Julie

Hi Carolyn,

Carolyn

Hi Julie,

Julie

How are you, my girl?

Carolyn

Oh, I'm just doing dandy, thanks for taking me.

0:47:58 - Julie

Oh gosh, please tell everybody where you're located.

0:48:01 - Carolyn

I live in the Oakland Hills California.

0:48:05 - Julie

Okay, northern California, right, okay, yeah, okay, great, how may I help you?

0:48:13 - Carolyn

Well, I have been dealing with my mother, who is 86, living with us for two years now with dementia and I've read your angelic attendance. I've had private sessions with you and we spoke about two years ago and I'm kind of on the other side of all the legal stuff that I had to go through to get my mother back to the Bay Area and deal with some of her ex husband stuff. But she's just got that feisty Italian dementia is what I would call it and so I'm now wondering and I sent you an email today Is this can we check what phase she's in and can you see if there's anything I could be doing for her to help her? She wants to go home, she wants to be with her mom and dad. She says that every day and I just would love to help her do that.

0:49:19 - Julie

Yeah, she's in phase 10 of the 12 phases of transition, Carolyn. The fact that she's saying that she wants to just be with her mom and dad she's seeing her parents. I'm sure she's seeing her parents for her to say that Does she know you?

0:49:38 - Carolyn

Sometimes, yeah, she knows me and yeah, sometimes, not always.

0:49:45 - Julie

Yeah, so let's ask her our three questions. So remind me of her first name Maureen. Maureen, all right, god bless you. You're going to be nominated for St Hood. I think they probably have the canonization papers already ready for you for when you get to heaven, oh goodness, oh, no yeah.

Well, I know a little bit about what you've been through. Yes, I think that's the case. All right, so, maureen, are you ready to go? Absolutely the sooner the better. She's saying are you in pain? She's saying little aches and pains. Occasionally she's saying just, she says she feels like she has creaky bones. Oh, that's pretty cute. She says I just feel like I have a bunch of creaky bones. All right, so what do you need? What do you need Carolyn to do? She says just, let me go. I'm sure you've told her that it's okay to go and just to watch over you from heaven. Yeah, yeah, you put it in a letter to her.

0:51:01 - Carolyn

Yeah, my masseuse told me to write a letter, create an altar, put a picture of her parents, a candle and some I create. I made my own holy water this week. I'm a good Catholic girl Wow.

0:51:15 - Julie

Yeah, yeah. Well, that's St Hood thing. See, that's coming into play. So what do you mean? You need Carolyn to let you go. She's saying, emotionally you're still not ready. She doesn't feel you're ready emotionally. So what will convince you that she's ready for you to go, that she's okay with you going? Oh, she wants you to give her kind of a to-do list of what she can do to help you when she's in heaven. That's pretty cute. I've never heard that before. Like what I heard was a task list, but kind of like a to-do list of what she can do for you when she's in heaven. She's saying she owes you so much. You've been such an angel. Her exact words. There's a.

We did a show with a woman called Perdita Finn and she is a riot. Look at, you know, go back. I don't remember what the episode number is, but Perdita Finn and she, every morning you'll love this Every morning she says the rosary in bed and then she gives assignments to all of her deceased loved ones and her saints and her angels. So she'll say Mom, I need you to do this. Dad, I need you to do that. You know, angel, whoever, can you do this for me? Saint Teresa, can you do that for me and she said every morning she does that she has her to-do list that she gives to her saints and her angels and her deceased loved ones and every time it works she's at 100% at the time. So your mom, try that. Make out a to-do list of stuff that you want your mom to help you with from heaven, and she's saying that that will help her know that you're really ready for her to go.

0:53:18 - Carolyn  
Okay.

0:53:20 - Julie  
I do. That's pretty cute. I've never heard that before.

0:53:23 - Carolyn  
Yeah, I do that, that thing that Christiane Northrop taught me. It's with my spirit and the help of my guardian angels I accept divine love into my body, soul and mind and I ask that divine love help me with my mom and help her to go be with one. You know I do the whole thing every night and I do the hour of thought with her before bed.

0:53:45 - Julie  
Yeah, yeah, absolutely.

0:53:48 - Diana  
Do you say the?

0:53:49 - Julie  
rosary with her. I don't Try that, because I'll bet you she'll say it along with you. Usually, those old Catholics, those old Catholics, she says the hour of father with me.

0:54:04 - Carolyn  
Yeah, she'll say the hour of father. She'll say, hey, I'll marry with me every time. Yeah, so.

0:54:09 - Julie  
Yeah, do the rosary with her and then.

0:54:13 - Carolyn  
Not sure I know, I have to look it up.



0:54:16 - Julie

No, but you can do that and they have apps that will talk you through it. Okay, so you can just they have audio apps that you can, or even just go on YouTube or someplace and they'll do it, and then you can just say it along yeah, yeah, that's what I was getting to say, the rosary with her.

Carolyn

Okay, we'll do. I hope that You're still my favorite intuitive psychic.

Julie

Oh you, sweet girl. Well, god love you and you know 12 phases. You just ask what phase is she in? You'll get a, you'll get a number in your head and then refer back to the chart.

0:54:59 - Carolyn

So I do

0:55:01 - Julie

Look for the miracles, okay.

0:55:03 - Carolyn

You're welcome, thanks.

0:55:04 - Julie

Julie, all righty, everybody. That's it for this week. Thanks for joining us. Send any lots of love from sweet home Alabama. We'll see you next time.

0:55:17 - Into

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube. At Ask Julie Ryan and like her on Facebook. At Ask Julie Ryan To schedule an appointment or submit a question. Please visit [askjuliereyan.com](http://askjuliereyan.com).

0:55:32 - Disclaimer

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