

## AJR Show - Jan 5th Transcript

0:00:01 - Anncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening. Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. I'm Julie and I'm so delighted you could join us this week. My intention in doing this show is to provide information, insight and comfort people all over the world by helping answer life's Unanswerable questions. We got a whole bunch of callers on the show and this is the first show of 2024. And you know, once a month, on the first Thursday of the month, I always give away a free session valued at \$250 and it's an hour with me, and you know I'm a buffet of psychedness. So we can talk about medical stuff, we can talk to your deceased loved ones, I can scan your pets, we can do past life stuff, we can do spirit guides, angels, whatever you want to talk about. And normally in the hour that I have with clients we do a multitude of things. So I just say up front Okay, tell me what you want to talk about, and then we just go boom, boom, boom, boom, boom and Cram as much into that hour. So stay tuned because I'm gonna announce the free session winner a little bit later in the show.

Hope you all had a wonderful Holiday. It was very busy around here. I had two formal dinner parties, one with 14 and one with eight the following night, with the good China and the crystal and the silver and the whole nine yards, and we had company in from out of town. My brother and sister-in-law from Chicago came in and Jonathan, his majesty, and his wife Mallory, our son Jonathan, was in, so it was just wonderful. We had a ball. I hope your holiday was good too. Alrighty, Chris, let's see who our first caller is.

Julie

Hi, Kim, hi, how are you?

0:02:26 - Kim

I'm terrific. How are you? Happy New Year. Happy New Year, thank you. You bet when are you located? I'm in Exton, Pennsylvania, okay. Where's that? I'm right outside Chester County, like maybe 45 minutes from Lancaster, okay terrific, Well welcome.

0:02:47 - Julie

Do you have a call? You have a question for me? I.

0:02:51 - Kim

Do so. I have a question about my son, Jude, who is eight years old. I think he he's definitely spiritually connected Through stories and instances that he's had at night when he wakes up in the morning. But on the other side he also has a Learning disability, with severe like working memory issues. So he's in second grade, he's a non-reader and non-writer. So I'm wondering if this is somehow connected. I can give stories of like things that he said to us, though, like that we know spiritually, things he's revealed to us. If you don't, please do, please.

Um, so my, his great-grandparents he's always had a connection to them. He would wake up when he was like five years old and would tell us stories about them. And they passed away when he was only nine months old and he would tell us vivid memories of them. Just this week he woke up and said Papa thought had the best singing voice. I can't believe. He got to sing at your wedding sitting next to Mama Mary in that wheelchair, and my Husband's grandfather sang Danny boy at our wedding and we never showed him pictures or told him.

And then, about two years ago, my husband's dad passed away Unexpectedly and the kids were with him when they found him. But they didn't see any of it. They were in the car and it was so unexpected. We didn't know where to bury him because there was no plans. And and Jude woke up one morning and said don't worry, I know where to bury. Grandpa will bury him with Maggie. And so we were all like who's Maggie? And there's a plot in Virginia and that's where all of his dad's family was buried and their family dog, Maggie, is buried there and he we didn't know. We had to go to the family, like my father-in-law's family, to say who's Maggie? And so we listened and we buried my father-in-law in Virginia because of what was revealed to my son, who's only eight. And then our dog died a month later and our dog was very, very close with my father-in-law and I was so upset because someone made a comment to me that dogs Can't go to heaven.

And I was like, so upset about this because to me I want to. When I die, I want to see my dog. And Jude woke up the next day and said don't worry, I'm Grandpa and Duke are in heaven. They look like angels but they still have wings and they're kind of see-through, but they're them and he's like they're running through the green pastures and he can vividly tell you what Jesus looks like, and we've never like showed him pictures or anything.

0:05:33 - Julie

Yeah, yeah, so he's obviously connected and all dogs go to heaven, like all people go to heaven too. Whoever told you that is mistaken. They heard that from somebody and they're wrong. It's just and the. And have you read my book, angelic attendance, yet, Kim?

0:05:50 - Kim

So I just heard about you yesterday and I've been binge watching all of your videos today, so I'm I already signed up to get it. Great, okay.

0:06:00 - Julie

Okay, well, it Describes how deceased loved ones spirits and the spirits of deceased pets are around us as we're transitioning, as we're dying, in the dying process, and so, yeah, it's very sweet. I had a client today that we were talking to her deceased dad and he was talking about a dog and and the dog was a beagle and I think his name was Rufus and I said, and that's such a random name, you know it sounds like a dog name but. But I said he's talking about a beagle named Rufus. And she goes that's his dog. Okay, so, yeah, so is.

Is Jews learning disability. So I've got a couple things I want to mention. First of all, when I'm listening to you, I'm getting information downloaded into my head. Kim, I call it divine downloads. It's God and the angels and your spirit guides and my spirit guides, the whole crew Downloading information and I'm being led to. Does that sound southern enough for you being laid? I love, they say down here in Alabama to tell you about the Irlen program.

Helen Irlen, irl EN, is a woman who about 45 years ago I think, she was getting her doctor at UCLA and she discovered that 30% of the population has an issue with processing light. Okay, properly, it's not a eyeball thing, it's a brain thing. I happen to be one of those people. I heard her on a podcast about 10 years ago, driving home from Atlanta back to Birmingham. I thought, holy Moses, this woman is describing me. Does Jude seem to be sensitive to light when he goes outside? Does he squint a lot? Does he want sunglasses? Does he like if there's

a bright light, does he turn it off? Does he position himself with his back to the, to a bright window? Have you noticed that?

0:08:01 - Kim

No, not that I've noticed. Yeah, I haven't noticed that. I'll try and see from now on.

0:08:07 - Julie

Okay, well, she's got a website. It's called Irlen IR LEN dot com and if you go on the homepage there Kim, they're on the homepage there are a bunch of different colored sunglasses up at the top of the page and if you click on the different colors it will change the color of the home screen. Play with that with Jude. See if one color makes a difference than another. I'm getting that if you get him tested. The Irlen method and how they correct this is with colored lenses. Wow, my colors, aqua. I have aqua transparencies on my laptop, on my Kindle, on my iPad, on my desktop, all of it.

I have glasses and and it helps the brain process more, when I was being Tested, they sat me under this really bright ring of like string of lights, like floodlights. Yeah, it was so bright, it was so uncomfortable for me. I thought I'm gonna throw up. This woman doesn't stop with these lights. I thought I would be an awful spy. They just have to shine me under, shine bright lights at me, and I'm telling whatever they wanted.

Anyways, she had me read a paragraph and I was skipping words in the paragraph and she said you're just really smart, so you're getting the gist, but your skipping words, and then she had me read this block of numbers, Kim and I was skipping numbers, and she said how were you in math? I said I wasn't very good. I understood it. When the teacher did it did the problem. But then for me to recall how to do it, I didn't. I didn't remember how to do it. Yeah, I'm getting. That's what's going on with Jude, so that would be my first line with him. It's fixable. I have so many clients whose children they all said they had learning disabilities, it's, they got a DD, they got whatever, and they were tested for the Irlen syndrome. And guess what? They got them glasses With these colored lenses in them and voila, wow, one went away.

0:10:14 - Kim

So I'm being like he is in special ed now. We're in the process of like further testing. So that's good to know, because that we're trying to decide if he needs to get have a special school or not.

0:10:26 - Julie

I Would get him tested. Irlen Irlen Dot com. I will. The other thing, the other thing, too, that's really interesting about this is I have a Mom who told me recently that her little boy who's, I think, seven they forgot his glasses. They were on the way to school. He had his mom turn around and go get his glasses because it made such a difference for him. Yeah, so give that a try. I think also that his intuitive abilities are being enhanced because he's he's Utilizing those instead of just all of his regular Skill sets, which I think are there and I think they're normal. But I think this is helping enhance his intuitive abilities.

So look up my children's books angel messages for kids, for dogs, for cats and for truth and it will help you have the conversation about how does he know about his grandparents and his great-grandparents, how does he know about the dog? How's this information coming to him? And it's their picture books, so the illustrations are beautiful. I think they can help the conversation a lot. Okay, perfect, thank you. You're welcome. Let me know what happens and I'll share with everybody. Okay, thanks for having you bet bike him. Bye,

Julie  
Hi, steven.

0:11:50 - Steven  
Hi Julie, how you doing. I'm doing pretty well, pretty well. How are you?

0:11:57 - Julie  
Where are you? I'm great Thanks. Where are you?

0:12:01 - Steven  
Charlotte, North Carolina.

0:12:03 - Julie  
Charlotte, the Queen's City. Yes, yeah, that's right. Got a question for me.

0:12:12 - Steven  
I do. I do so often on. For the past 15 years I would say I've dealt with debilitating anxiety and depression. I was raised in a Christian, very strong Christian family, took that faith on myself but went through a time of deconstruction from that over the years and specifically the anxiety and oppression has had a lot of fear of afterlife, hellish stuff because I started spiritually seeking and started getting into Indies and I would come across really hellish Indies and that would really kind of just duke me in and I tried to get past that.

But I still have a hard time that those Indies and some of the things I've heard other people's experiences just still sit there in my brain. I'm like, well, what if? What if? I did read your book, angelica Tenants, and that was a big help, so I thank you for that. My question, I guess, is if you could do a scan, maybe, of me and see I'm just really curious if this is. Is this just something wrong with my brain or is what is the root of this? I've been just kind of chasing after healing on for a long time.

0:13:44 - Julie  
Yeah, yeah, I bet. Well, it's all based on what you learned as a child. You know we are taught by adults, whether they be parents or grandparents or teachers or whomever, about certain things that they believe. And it's all based in fear, obviously, and fear is used to control the masses. We certainly saw that during the pandemic within the last few years and people did bizarre stuff because they were so afraid and they were listening to somebody who was a so-called authority telling them to do something and it just didn't make any sense, but they were doing it anyway.

So, first of all, all spirits are pure love. That's been my experience in doing this work for 30 years. I've heard that thousands and thousands and thousands of times from spirit. All spirit is pure love. And, interestingly enough, as you read in my book in the first chapter, the whole reason I wrote that book was because my main spirit guide, pope Clement VI, asked me to write it because the whole death process in the heaven and health thing has been so bastardized over all of the millennia and used to control the masses and it's just not true and people are so afraid to die and it's crazy, it's glorious, there's nothing to be afraid of.

0:15:03 - Steven  
Right.

0:15:03 - Julie  
Here's my take on the. Here's my take on the NDEers who perceive hell. That has to do with their beliefs and what they need to perceive in that NDE. When they go through an NDE, it's a different experience than the phases of transition, and I think that's where we get hung up. The

phases of transition are when somebody's dying and NDE is a glimpse of the afterlife that's being processed through their belief system. Okay, does that make sense?

0:15:41 - Steven  
It does yeah.

0:15:43 - Julie  
I have never, ever, ever heard from anybody who's a end of life caregiver, whether they be in an ICU or a CCU or surgery in an emergency room or hospice or death doulas or anybody like that. Ever I have never heard of anybody in the dying process. When they're seeing visions of deceased loved ones and pets and Jesus and angels and stuff like that, it's comforting. When they see things that are upsetting, they're hallucinating. There's a very big difference between hallucinating and visioning. So I think that's a thing to hang on to. In the medical community and Chris Kerr, Steven K-E-R-R, he's an MD, phd, he's a doctor, doctor. If you go back in my library and you find Chris Kerr MD, if you just Google Julie Ryan, Chris Kerr, you will see that episode. According to that episode, we talk about that at length and he says in the medical community, when they're seeing something that's upsetting, they're hallucinating. End of life visions are comforting. So does that help?

0:17:02 - Steven  
That definitely helps. Yes, yes, Thank you. Yeah.

0:17:07 - Julie  
You are so welcome. Happy New Year. Thanks for calling in.

0:17:10 - Steven  
Yeah, Happy. New Year, thank you.

Julie  
Hi Ching,

0:17:13 - Ching  
Hi Julie, how are you? Happy New Year.

0:17:17 - Julie  
I'm wonderful, happy New Year to you. Thank you, please tell everybody where you're located.

0:17:22 - Ching  
I am in Weymouth, Massachusetts.

0:17:26 - Julie  
Okay, near Boston. Yes, yeah, Terrific, you got a question for me.

0:17:33 - Ching  
Yes, I was wondering if you could do a medical scan for my father.

0:17:39 - Julie  
Sure, yeah, yeah, absolutely. Where is he Ching?

0:17:43 - Ching  
So he is in Taiwan. So Taipei, Taiwan Okay.

0:17:48 - Julie  
All right, Terrific Ann. What's going on with him?

0:17:54 - Ching

So he had a comprehensive also. He is 81 years old and he had a comprehensive physical examination this past summer but because of his age he couldn't do an upper GI endoscopy. So the colonoscopy because of his age. So it turns out that he didn't have like it's nothing critical from the examination except for hearing loss, glaucoma, and then he is high risk for cardiovascular disease and then he also has GERD. So I've been hearing from him, like at least a couple of times, that he has had diarrhea like a few days, like at least two times within the past like six months. So I was wondering if there's anything that we need to pay attention to or maybe bring him to see a doctor for that.

0:19:04 - Julie

Okay, all right, let me.

I'm going to get him on my radar. I'm going to connect into you and go from you to Taipei and hook into your dad. Then I'm going to ask his permission if I can scan him. Okay, and if he says yes, I will, and if he says no, I won't. But we can still talk to his spirit. So everybody that's listening if you haven't been on the show before and heard how this works is I raise my vibrational level to the level of spirit.

I'm going to watch a laser beam come from my body here in Birmingham Alabama. It's going to go really far to Taiwan. I'll watch it go across the U? S and then go across the Pacific and hook into your dad in Taiwan, and then I'll have a hologram of him in my mind's eye and then I'll envision shooting energy into him, Ching, and it'll be as if I'm looking at an X-ray or a CT scan or an MRI. So I want you to envision everything I describe and everybody else listening envision the same thing, because then it's like there's a lot of prayer being said for him. We're all working together to heal and to send a healing to him when we all are focused on the same thing. So here we go.

So I'm going to bounce from Birmingham. Here comes my laser beam up to you in Massachusetts. Got you bouncing back over head and West. All right, it's got to take me a second just to get to Taiwan. All right, it's like those apps you know where you see a plane flying. I'm watching the line and it's over Arizona. It's going over California now and then heading across the Pacific. Okay, all right, got your dad. So, dad, is it okay? If I may I have your permission? I'm talking to Ching. May I have your permission to scan you see what's going on with your gut. He said please do. Good job, Ching. Did you line that up with him In my mind and your mind? Good job, telepathic, all right. So, shooting energy from his feet up through the top of his head.

He has yeast overgrowth, Ching, and it's probably from some kind of medication that he's been on or a lot of times. If there's a mold issue in his home or some place where he goes a lot. Is he still working? Does he go to an office? No, he's retired. Okay, all right. So that's what's happening. What I'm doing is I'm clearing out the yeast out of his system. He has what's known as leaky gut. So here's some pointers. Have him stay low on the food chain. If God made it, eat it. If man made it in a factory, have him do his best to avoid it. If he's going to eat, does he eat a typical Asian diet? Does he eat like a lot of white rice and stuff like that?

0:22:00 - Ching

He is vegetarian and he has cut down rice for quite a while and he doesn't eat sweets.

0:22:11 - Julie

Okay, if he wants to eat rice, it's okay. But here's a trick have him freeze it, have him cook it, or get it cooked already, freeze it and then reheat it, and then it's what's called a non-resistant starch and it won't spike as blood sugar. So that'll help with that. So have him do that. Have

him avoid things that are refined he sounds like he's doing that anyways. Have him avoid fermented foods Vine, beer, alcohol, kimchi, sauerkraut, yogurt, vinegar, all that kind of stuff because his gut's a fermentation factory right now. So you want to have him avoid anything that's fermented. If he's going to eat fruit, Ching, have him peel it, because there's lots of yeast on the peel of fruit. I don't expect him to peel a blueberry or a grape, but certainly other kinds of fruit that like an apple, a peach, a pear, a plum. Do they have special fruit in Taiwan that we don't have here?

0:23:17 - Ching

I guess. But there's some, yeah, like dragon fruit.

0:23:23 - Julie

Yeah, but you can get that here now.

0:23:26 - Ching

Yeah, at Whole Foods or Chinese supermarkets.

0:23:31 - Julie

Yeah, yeah, they have it in Publix and Sprouts down here in the South. Oh yeah, how about that that is. But anyways, have him peel it. If he's going to eat fruit, have him freeze and reheat leftovers, because yeast gets on leftovers in the fridge overnight and you think of yeast and mold as nature's garbage disposal. It makes things disintegrate, all right, decompose and disintegrate. So there's that. And then I would have him do the gut biome test. Ching, go to viome.com and use Julie Ryan altogether. Julie Ryan has one word at checkout and he will get I think it's 60% off. My team has negotiated a really good discount. That's going to tell him hear his superfoods, hear the foods for him to avoid. Here's everything else. And then, lastly, does he speak English? Yes, okay, I would do a consult and you may want to be on the phone with him, with Dr Maria Amosanti. It's A-M-A-S-A-N-T-I.

0:24:45 - Ching

Put.

0:24:46 - Julie

D-R-A-M-A-S-A-N-T-I, and we'll put it in the show notes. Dr Amosanti.com, she's the goddess of the gut. She will help him get his gut fixed in short order, so that'll all help. Other than that, I think he looks good.

0:25:02 - Ching

Thank you.

0:25:04 - Julie

Yeah, he looks good,  
Well, I hope he's feeling better. Thanks for calling in.

Ching

Thank you very much,

Julie

We each week pick a question that somebody has submitted online, and this week's question comes from Albin, from Essen, Germany. He says Hi, Julie, I often talked with my late father about spirit when he was alive, but he didn't believe anything. I said he was an engineer and kept saying spirit doesn't exist. I'm wondering what he thinks now. Thanks, and all the best to you in 2024. Albin. So here's my response. Hi, Albin, to get some information for you, I energetically connected to you and from you to your dad.

This spirit came right in Our heads, are like big satellite dishes and they receive and they transmit frequencies. So to get in touch with any spirit, all you have to do is think of them and boom, that turns your satellite dish head to their frequency and you can talk to them. And I just said that in my blog. So to connect with any spirit, just think of them. That tunes your satellite dish head to their frequency and opens a communication channel. And then I have in parentheses all spirits keep the same personal frequency throughout all of their lifetimes and you don't have to have known a spirit to when they were alive, to communicate with them. I mean, you want to talk to anybody. Whether you knew them or not is irrelevant, just think of them. That connects you to their frequency. I want to say I then told your father you were interested in knowing what he thinks about spirit now that he's in heaven. He chuckled, his dad chuckled and said quote it's been an enlightening journey, an indescribable journey and an experience unlike anything he had ever imagined.

End quote. Your dad said his fear of an afterlife, in case it was something bad, was what kept him from wanting to discuss it. He also said he hid his word behind his linear thinking mind. It was a good excuse to change the subject. Your father said he wants you to know it's beyond glorious in heaven, he's around you a lot and he likes your new red car. Do you have a new red car? For more information about how to communicate with your dad, please check out my book, angelica Tendons what Really Happens as we Transition From this Life Into the Next, and my online Angels and Enlightenment Training. They'll help you get really good at communicating with your dad and anyone else you wish to connect. So there you go, Albin. Great question. I loved it and I hope you got a new red car. Let me know and I'll let everybody else know.

Julie  
Hi Brenda

0:28:06 - Brenda  
Brenda. Hey Julie,

Julie  
how are you? My girl?

Brenda  
I'm doing pretty good. Got a little cold right now, but other than that I'm okay.

Julie  
I'm sorry, be healed.

0:28:19 - Julie  
Well, that's out by the where you located.

0:28:26 - Brenda  
I'm located in St Mary's Georgia.

0:28:30 - Julie  
Okay, terrific, got a question for me other than you want your cold gone.

0:28:36 - Brenda  
Well, I'd really like something else gone. My husband passed away about four months ago and right before he passed away I got this rash and it's little bumps all over my body and it is just like crazy. I've been to two doctors a regular doctor and a dermatologist and they can't seem to help me, and I was just wondering if maybe you could help me.



0:28:57 - Julie

Yeah, absolutely. Have you been on any antibiotics or steroids or anything like that recently, Brenda before the rash started?

0:29:05 - Brenda

No,

Julie

Okay. And what have the doctors said?

0:29:11 - Brenda

Well, they said it wasn't shingles and the dermatologist said that if it's a little bump, come up to go back to her so she could draw some stuff out. But it doesn't really come up in a bump, it kind of comes up and gets a scab on it. But it's just like crazy and I have it on my legs, my arms, my back. It's just kind of all over me.

0:29:35 - Julie

It almost sounds like some kind of poison ivy or poison oak or something I know.

0:29:40 - Brenda

but I haven't been around anything. I don't go out much, especially in the cold.

0:29:47 - Julie

You haven't been out rolling around in the dirt or in the flower beds. You know, trying to howl at the moon or something. All right, let me get you on my radar and we'll see what's going on.

Here comes my laser beam from Sweet Home, Alabama, heading next door to Georgia. All right, got you Shooting energy from your feet up through the tub of your head. Okay, I can see that it is some kind of. I get that it's some kind of a poison something, something that you've been exposed to. Let me. What I'm doing is I'm forcing it out of the tub of your head. I just learned I didn't know this, Brenda, but I just learned that cashews are part of the poison ivy family. Did you know?

0:30:30 - Brenda

that no, when I had been eating cashews.

0:30:34 - Julie

So stop eating cashews. Maybe you're the reason why I just learned that. Like in the past 24 hours, I've learned that and I thought, well, yeah, it's their beans and they're part of the poison ivy family. Yeah, my hair dresser, I gotta tell you a funny story about that. My hairdresser one time we were talking about but such and such, it's all natural. She goes yeah, but poison ivy is all natural too. You're not going to wash your hair with it, so I would lay off the cashews, okay.

0:31:06 - Brenda

I would do the okay, I would.

0:31:10 - Julie

I would do the Viome test Viome.com. Use Julie Ryan at checkout. It's a poop test. You do it at home, you don't need a doctor's order and you send it in. Sounds disgusting and it is, but it's easy to do and the package is pretty cool and then you send it in and it's going to tell you the status of your gut. That's what's out of whack.

And that's always the root cause of rashes, if it's not some kind of topical thing like you've been exposed to poison ivy or poison ivy. But that's what it looks like to me, is it looks like some?

0:31:49 - Brenda

kind of she thought I might be allergic to something, but I haven't changed anything like detergent or anything, so I don't know.

0:31:58 - Julie

Yeah, it's internal. It's internal. So the other thing is Dr Ammasanti dramsantii.com.

I would do a consult with her. Look in my show notes. You'll see her website. I will show notes brand new. She'll be able to reverse engineer this and help you be able to figure out what's going on with that. She quercetin in the meantime Q-U-E-R-C-I-T-A-N, I think quercetin it's a. You can get it at the store. You know, with all the vitamins and minerals, that's a natural antihistamine, anti-inflammatory. You may want to get some of that. I order mine from Amazon but you may want to get some of that and see if that helps calm it down a little bit.

So I hope that helps. What I did in the meantime was I forced it looks like a liquid. I forced it out of your body, out of the top of your head, and then I put stem cell energy, I spirit working through me and with me. If you facilitate healing, I, I slathered you with stem cell energy, which is a light amber color with sparkles, and it reminds me of Dipity-Doo. Do you remember Dipity-Doo? I do.

0:33:19 - Brenda

I used to as a teenager.

0:33:22 - Julie

So imagine being slathered in Dipity-Doo that's what it looked like and then there was a vortex spinning above your head, beneath your feet, on either side of you, front and behind, all spinning concurrently to help heal that rash. Well, thank you, I hope that helps.

0:33:39 - Julie

Thank you. I hope you feel better.

0:33:41 - Brenda

You bet Bye-bye,

Julie H

Hi Julie.

0:33:47 - Julie

Hi Julie, great name. Yes, love your name. Where are you? You look like you're out in outer space, on the space station.

0:33:57 - Julie H

I couldn't get a normal background, so I'm like I have to go with this one. It's beautiful. Oh, thank you. I'm in Mechanicsburg Pennsylvania.

0:34:07 - Julie

Okay, two PA girls calling in tonight. Yep, not far from Exton. Yeah, great. Well, you got a question for me.

0:34:16 - Julie H

I do. My husband died just about a year ago, December 29th of 2022. And we had his funeral on his 60th birthday, which is coming up January 13th, and I was. He was in the hospital for 54 days. He had a stem cell transplant that went wrong, and I was just wondering what message does he have for?

0:34:46 - Julie

me. What's his first name? Tony. Tony, all right, he's right on your right side. That's where they always come in. Now they stand on your right side, tony.

What do you want Julie to know? You're Julie, not me, the other Julie. What do you want her to know? Do whatever you need to do for the ceremony to give you and the family comfort. He's around you, where he is in heaven is glorious.

Think of this. You do it for him, but it's really he wants you to do what's going to give you comfort. So, anything you want to do, he's game for it. He will be there. He's saying he's going to be sitting right next to you holding your hand the whole time. He's saying that when you have people come up to you and tell you stories, just let them sink in and if and don't worry about your makeup. You're beautiful, but you're probably naturally beautiful too, but he's saying, don't worry about your makeup. He's saying you may not even want to wear eye makeup to the funeral if you think you're going to cry, but he's saying, you know, just do whatever you want to do that you think he'd enjoy, and by doing that it's going to bring comfort to you. Does that help? Are you, are you? Well, we already had this funeral.

0:36:10 - Julie H

We had it, okay, so it's been a year, okay, so I think I maybe misguided you with the question because his birthday's coming up. We had his funeral a year ago.

0:36:26 - Julie

So I'm okay, I thought you were having his funeral now. No, I'm sorry, All right. Yeah, no, that's all right. So you know, memorial service on his birthday or something special for him on his birthday.

0:36:38 - Julie H

Uh, two of my sisters are coming into town and then also I plan to have him buried at Arlington.

0:36:48 - Julie

Oh, wow, so that's his funeral too, so that makes sense. Everything I told you, do what comforts you, do what you think he'd enjoy, and then that's gonna help you feel better. Everything you think he'd enjoy, it's gonna help you, and is that?

0:37:08 - Julie H

makes sense. Is he fine? Is he happy? Is he with our dog?

0:37:14 - Julie

Absolutely. He's with all your deceased loved ones. He's with all of his deceased loved ones. He's saying he's talking about something, about a flower, a flower. Do you know somebody named Flower? It does he talk he's talking about? I heard the word flower. What's going on with the flower? Is it a? He's saying I'm a flower, I'm with flower. Was flower a pet or a flower? I don't know Flower. No, it may. It may not make sense to you right now, julie, but it may make sense later if you think about it, and or it may make sense to you in the future. Okay, that happens a lot. They'll give us some name and then we'll say, well, I don't mean anything to me, and then they'll find out.

Here's a great example On one of my lives. A few months ago we were talking with a woman and her, I guess, deceased mother, I think, and she said, yeah, all the pets are with me, even the monkey and her daughter who you know was on my live. She said the monkey, that doesn't make any sense to me. Well, during the break, Julie, she called her aunt and her aunt said that the woman that lived next door to her, their grandmother, had a pet monkey that lived in the house with them and all the kids used to go over and play with it, and so there's something with flower. It's going to come to you. Flowers and animal flowers, a dog he's showing me a picture of a dog. Looks like some kind of a spaniel, kind of a dog like a King Charles spaniel or somebody like that, and its name was flower. Huh, I'll have to.

0:38:51 - Julie H

Yeah, I'll have to ask about that.

0:38:53 - Julie

Yeah, and when are you going to? When are you going to take him to Arlington?

0:38:59 - Julie H

I just got the approval that he's qualified. You know qualifies to go, but we don't have a date yet. It takes 16 months.

0:39:08 - Julie

Oh, my, all right. Well, that's what he's talking about. He's talking about that funeral that's in the future, so he's going to be right there with you. For those of you that are listening, that are outside of the US, Arlington is the military, it's the cemetery that military veterans who've passed and it's really a huge honor to be buried in Arlington. That's where President Kennedy is buried and you know it's. It's a very, very special place. So how wonderful that you're going to get to do that.

Julie H

Yeah, you bet. Okay, take care,

Julie

You too, hi Dayna.

0:39:47 - Dayna

Hi, how are you?

0:39:49 - Julie

How are you my girl?

0:39:53 - Dayna

I'm good, I'm terrific. Thank you, nice to see you again.

0:39:58 - Julie

Thank you. Please tell everybody where you're located. I'm in Wisconsin. Okay, terrific. How are things up there? Cold?

0:40:08 - Dayna

We haven't had a lot of snow but now it's getting cold, so it's cold down here.

0:40:16 - Julie

I know it, I spent in the thirties here at night.

0:40:19 - Dayna

Yeah, I'm in the thirties for the deep south, I'm sure. How are your pansies holding out?

0:40:25 - Julie

My pansies are looking a little peaked actually, but it's 60 during the day, so it's 30 at night and it's 60 during the day, so you know they get warmed up. It's usually when they stay frozen. That's when we get into trouble. But thank you for asking about my pansies. Speaking of flowers, I remember you talking about those, so.

0:40:45 - Dayna

Yeah, yeah. So my question today is in March of 2022, I had a retinal tear in my right eye that was repaired, and then in March of last year 2023, it seemed like I might have had a tear again in the eye. After getting an examined again, I was told that the cataract and that I had grown and that can happen because of trauma to the eye, and I qualified for both of my eyes to have cataract surgery. So in August of the last year I had my right eye done and then three weeks later, I had my left eye done and then about mid November I noticed in my right eye that I had like a film over it again. So I contacted the doctor who did the surgery and they said oh, that's normal.

A lot of times scar tissue can form behind the cataracts and it's just a simple laser and we can get rid of it. However, when he was examining my right eye, he said what happened is the scar tissue from the retinal care that was repaired had detached and was still attached to the retina. I had to go see a retinal specialist. There's nothing he could do. So a week later I saw the retinal specialist. He goes well. The good news is it fully detached? So that way it's not at least pulling on the retina, but it might dissipate, it might not. So I'm very disappointed because I feel like I had cataract surgery for nothing, because his eye is really bad again. So if they could zap the scar tissue that would have been behind the cataracts, why can't they zap this scar tissue that came from the retina?

0:42:40 - Julie

So I don't know. Okay, let me get it on my radar. Let me get your eyeball on my radar and we'll see what's going on with your eye. Here we go. Here comes my laser beam from Sweet Home, Alabama, heading up to you in Wisconsin. Got you. It's in your right eye. Looks to me like the vision is cloudy in the lower right quadrant. Is that what you're seeing?

0:43:04 - Dayna

Yes, Excuse me, I got glasses for, like a post-reading, but it doesn't help, yeah, when you have that film. It's not going to help if you get glasses when you have a film.

0:43:19 - Julie

Right, right. So you know, when, dana, when you get a new cell phone and it comes with the plastic cover on the screen and you got to peel it off, that's what I'm watching happen. I'm watching that get peeled off of that lower quarter of that right eye. And then, in the meantime, what we're going to do is we're going to go and we're going to remove that scar tissue.

Scar tissue in the eye and throughout most of the body looks like imagine kind of a fibrous material. It reminds me of a spider web, like a spider web strand, but it's thicker, it's more fibrous, and so I'm watching it get pulled out. And imagine that we grabbed a spider web and we pulled it all out at one time. That's what it looks like to me. There are strands that are coming out. Sometimes scar tissue can be in a blob, but yours is coming out in strands. So I'm watching that get removed. I'm watching stem cell energy go in. Behind the cataract on that retina, that amber color gel sparkles, dipty-do watery gel centrifuge. There's a vortex spinning in front of your eye. We're going to replace that new interocular lens that was put in when you had the cataract surgery too. So I'm watching the lens that was put in in your last surgery get

removed. I'm watching another one get put in. It looks like a contact lens, basically and then there's one little stitch on the outside corner of your eye that I'm watching and there's a vortex that's spinning outside of your eye and that is going to regenerate your whole eye.

Now what I'm doing is I'm lighting up your eyes, because sometimes one can be up a little higher than the other one. It's pretty funny how this works. That reminds me of back in the day when headlights needed to be adjusted in the car. Sometimes you had your head. One headlight was up higher than another one. So I watch an actual contractor's leveler that they'll put on a board to make sure it's level, and I'm watching that. Get put it over the bridge of your nose and I'm watching the eyes get lined up with that leveler so that you're seeing clearly. So hopefully that will help. Are you going to need is Dana going to need more surgery on that eye? I get it may be a laser thing, but it's what the word I heard was. It's a minute surgery. It's not like a big full blown something something, but they're going to be able to fix it and you'll get all your vision back.

0:46:14 - Dayna

Yeah, what was described to me is when they repaired the retina. It's like putting superglue down to the eyes, so it's still considered a tear, even though they kind of like repaired it that way. So it was interesting to hear all of this, but anyway, well, thank you so much.

0:46:33 - Julie

You're welcome. Did they put the gas bubble behind the retina while it was healing? That's very common that they'll put a gas bubble in the eye and then it dissipates over time and it helps the retina form properly as it's healing. I don't know, does that ring a bell? No, no, good, okay, well, as I'm looking through your eyes from the back of your head and I'm looking from behind out, through your eyes themselves, you got clear vision.

0:47:04 - Dayna

Yay, yeah, I'm so happy, I hope it helps.

0:47:08 - Julie

This will integrate this healing. It's already happened on the energetic level, dana, and then it'll integrate into your body. That's how all these energetic healings work, and that can happen instantly. It can take days, weeks, months. It may need some kind of complimentary care like surgery or whatever, but certainly it's always our spirit's prerogative to utilize a healing in a way that's going to best facilitate whatever it is we're exploring in this lifetime and you know as well as anybody no doctor, no healer like me, no medical provider heals anybody else. We all heal ourselves. That incision that was made to put that new interocular lens in there in your eye, there was probably one little stitch that was put in there to hold it in place. That's pretty common. Well, the doctor doesn't make your eye heal, you make your own eye heal. So these visualizations that we can do, the body's going to follow what the brain tells it. So keep envisioning clear vision and go to the doctor too, but when you envision the clear vision, it's going to help your eye heal. Thank you so much. You're wonderful, you are most welcome. Oh, you too. Happy new year. Yes, you too. Clear, clear skies ahead. Right, that's right, that's right, alrighty.

So our winner this month is somebody that calls themselves Sharon Donaldson 1080. And she left a review and she said so much fun. Listening to Julie's show from five years ago. She's my favorite person in the entire world and she was just as good back then as she is today. This woman is an angel. Well, I'm glad somebody thinks I am. How about that? So, Sharon Donaldson 1080, you are the winner of a free session with me If you contact us through [AskJulieRyan.com](http://AskJulieRyan.com).

Just go on the Ask Julie page and say hey, I want a free session, and then my assistant, Rachel, will help you find a date on my calendar and your calendar that works together and I'll be thrilled to get you for a whole hour and we can talk about whatever you want. If you're interested in being in the running for a free session, just leave a review. Anywhere you listen to podcasts. You can leave a review on YouTube. You can leave a book review on Amazon Just for any of my books. If you go to AskJulieRyan.com, forward slash books, go to the books tab. Leave a review on my books. Leave a review on Instagram or Facebook, any one of my social media Anywhere you leave a review. We choose from all of those different places. So if you want to enter the drawing, just leave a review.

0:50:10 - Julie  
Hi Patty,

Patty  
Hi Julie, how are you? I hope that you had a wonderful holiday?

0:50:17 - Julie  
I did wonderful holiday. I hope you did as well.

0:50:23 - Julie  
Oh, thumbs down.

Patty  
Yeah, Patty from Queens, new York, what happened was on Saturday night after dinner my heart started to race and it was very uncomfortable Usually when I haven't felt that racing for more than 20 minutes and more than a year and a half at this point. So I went to the hospital. I begged them for an IV because I think that I was dehydrated. He says no, you're fine. And they gave me IV anyway. Nothing was wrong. So I came home and I went back to the hospital a half hour later because when I came home I felt feverish. My temperature was 99.5. When I went back to the emergency room, the nurse says this is anxiety test because your temperature is 98.5. So they gave me a Tylenol and I waited. The doctor said to go home and I didn't want to go home and then I requested a urine test because they didn't take a urine test. They said the doctor says I didn't need it.

But after I had the bronchitis, after I took the antibiotics, every so often I felt a burning in my urine. So I said, okay, I don't drink enough water. Maybe that's what the problem is. So I asked them to please check my urine and it came back that I had high blood cell, white blood cells. Tuesday morning I woke up with a fever 100 and my pulse 114. I went to the emergency room that morning and they said oh, there's nothing wrong. They checked my urine. My white blood cells went down, so the antibiotics I took did a great job. But they found that I had high protein in my blood and my urine which didn't show two days earlier, and they gave me IV fluids and now I feel better. But Tuesday I had a hard time peeing after I got the IV. So I'm still scared if I have high protein in my urine.

0:52:26 - Julie  
So it sounds like you had a UTI. Did you have a urinary tract infection, Patty? That's what it sounds like to me.

0:52:34 - Patty  
Well, yeah, because I made me realize that I shouldn't sit something a few weeks ago.

0:52:39 - Julie  
Yeah.

0:52:42 - Patty

I keep thinking about it.

0:52:44 - Julie

Yeah, let me catch on my radar and we'll just irrigate out your urethra and get you all those things are so painful. They are awful.

0:52:57 - Patty

After I took 60, bronchitis UTI.

what is it Now? Everything I never got before is all coming they decide to come now.

0:53:09 - Julie

All right, here comes my laser beam from Sweet Home Alabama heading up to you in Queens. All right, got you Shooting energy from your feet up through the tub of your head. Yeah, your bladder still looks inflamed to me, so what I'm? Inflammation looks like red fog on body parts, so I'm putting anti-inflammation energy on there, which is a royal blue color. You know that You've listened to the show for a long time, and so getting that calm down. And then what I'm watching is I'm watching, there's this I see this a lot, patty, and it's like a really thick white salve. Reminds me of the what's that Nivea cream in the blue jar.

0:53:56 - Patty

Yeah, my mother had it. My mother had it too.

0:53:59 - Julie

That really thick face cream and that's that's coating the inside of your bladder and also your, your arethra and, you know, all those urinary parts. That stuff is great because it has anti-inflammatory properties in it and it's got some kind of rocket booster fuel in it to heal tender tissues. So I'm watching that. I believe what's going on with you is you're in the cycle of the leaky gut. You take the antibiotics, the antibiotics whack your gut by home, and then it whacks your immune system, because that's where the immune system's based, and then you get sick again and then they give you more antibiotics and then you're just on this hamster wheel. So what I would do is do a consult with Dr Amassanti again. She's the goddess of the gut. Let's get your gut healthy, patty, and then what we'll do is that will help your immune system recover and you'll stop getting all these, you know, irritating, different illnesses that are just a pain and make you feel badly. That'll help a lot, dr Amassanti.com.

0:55:11 - Julie

Yeah, but you know, and she'll be able to talk to you about spirit is that nobody says I need IV flu.

0:55:19 - Patty

But something told me I need IV flu. It's Saturday night, oh good Right.

0:55:23 - Julie

You followed your intuition.

0:55:25 - Patty

Right, and then she told me to say something about the urine. Found out, then went back to the hospital, yeah, and then all of a sudden I found out I had a high protein which could have been dangerous, had you know, maybe if I didn't do anything about and yeah, Well and high protein. High protein, your blood and urine. What does that mean?



0:55:46 - Julie

Well, you know. You know what, Patty. The bottom line with all of this is follow your intuition. Good for you that you did that, because we're the CEO of our bodies. Yes, and we, we know our bodies better than any doctor or medical provider or healers ever going to know. So pay attention to those thoughts that come in. I'm so proud of you. You get a standing ovation for that, my girl. Good job. I sure hope you feel better. Happy new year.

0:56:15 - Patty

Thank you and God bless you.

0:56:17 - Julie

Okay, you too. All right, everybody. That's it for this week. I appreciate everybody who's called in. If you want to join us, we do this every Thursday night Just go to [AskJulieRyanShow.com](http://AskJulieRyanShow.com) and we will catch you on and get your questions answered. Send in your lots of love from Sweet Home Alabama. Bye, everybody. See you next time.

0:56:43 - Annncr

Thanks for joining us. Be sure to follow Julie on Instagram and YouTube at [AskJulieRyan](https://www.youtube.com/AskJulieRyan), and like her on Facebook at [AskJulieRyan](https://www.facebook.com/AskJulieRyan). To schedule an appointment or submit a question, please visit [AskJulieRyan.com](http://AskJulieRyan.com).

0:56:57 - Disclaimer

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