

## AJR Show - Dec 14th Transcript

0:00:01 - Annncr

Julie Ryan, noted psychic and medical intuitive, is ready to answer your personal questions, even those you never knew you could ask. For more than 25 years, as she developed and refined her intuitive skills, Julie used her knowledge as a successful inventor and businesswoman to help others. Now she wants to help you to grow, heal and get the answers you've been longing to hear. Do you have a question for someone who's transitioned? Do you have a medical issue? What about your pet's health or behavior? Perhaps you have a loved one who's close to death and you'd like to know what's happening? Are you on the path to fulfill your life's purpose, no matter where you are in the world? Take a journey to the other side and ask Julie Ryan.

0:00:43 - Julie

Hi everybody, welcome to the Ask Julie Ryan show. I'm so delighted you could join us this evening. My intention in doing this show is to provide information, insight and comfort to people all over the world by helping to answer life's unanswerable questions. We got a whole bunch of collars on hold, but a couple of things first, before we get to them and their questions. It's always a surprise to me. I never knew who's going to call and I certainly don't know what they're going to ask. So that makes it really fun for this show.

A couple of things when I'm talking about a healing or describing something that I'm seeing, when I say on my radar, that's in my mind's eye, do your best to picture what I'm describing, because then everybody that listens to the show is participating in the healing. So those of you that listen consider calling in if you've got a question or you've got something going on, because it's a huge healing for you. It's similar to when there's a lot of prayer being said for somebody. When a lot of thought goes in for the same cause or the same reason. The healing is exponential. So keep that in mind. Picture what I'm discussing and then that's going to help you participate in the healing and the person who's calling in really appreciates that. Many of my students I tell them it's a great way to practice doing woo-woo because you can envision what I'm talking about, see if you get the same thing and then see what I say and then you can compare that to what you're getting. So it's a great way to practice as well.

A couple of reminders we're in the Christmas holiday season. I've had several people email me and ask if we could put up the sponsor links and that's everything for Amada face cream, for the Viome test, for Purity Woods cream, for beam minerals, all that jazz, and we just added it to the website. So askjuliryan.com If you go on there, you'll see a new tab that says sponsor page and there are big discounts on all that stuff up there. So if you're looking for something for a gift for somebody that's health related or you related to, then just go to askjuliryan.com, click on the sponsor link and you'll see all those links to the different companies and also what the checkout code is to get a discount on that.

Secondly, all my books. People give my books as a Christmas gift, not only to children, but everybody's going to lose a loved one at some point and so angelic attendance is a really good thing to give as a gift, just because you don't have to wait till somebody's dying to not be afraid of death. And this talks about how we're surrounded by angels and the spirits of deceased loved ones and pets. And then there are six children. There are four children's books and two books about the two minute rule that I talk about. So those are all really good Christmas gifts too. For the person that you can't think of what to get them, go to askjuliryan.com and you'll be able to see a few suggestions. Alrighty, let's go to the phones and see who our first caller is.

0:04:08 - Julie  
Shelly. Hi Shelly,

Shelly  
hi Julie.

0:04:12 - Julie  
How are you doing girl? Happy holidays, Merry Christmas.

0:04:16 - Shelly  
Thank you Same to you so much.

Julie  
Where are you located?

Shelly  
I'm in Nelson, British Columbia, Canada. Okay, wonderful, you got snow up there.

0:04:28 - Julie  
Yes, we do. Oh boy, get ready for Santa. I used to fret about that as a kid, because if we didn't have snow in Ohio, how was Santa going to land his sleigh Exactly right. Yeah, gotta have snow, Gotta have snow. Well, I'm here in the deep south, so you know we improvised, that's right. How may I help you this evening? You got a question for me.

0:04:54 - Shelly  
I do, Julie. Ten years ago I had a brain tumor and it was successfully removed. Okay, but just this year, which has been ten years since, I have to keep getting MRIs, and I went for my last MRI and they said it has regrown. And so now they said, this time around I cannot do surgery. That could be fatal. So my only other way to deal with it is through radiation therapy and perhaps a radiation mask, and I'm not really looking forward to either of those things and I was wondering if maybe you could take a look at it and see, you know what's going on in there and what we can do about it.

0:05:40 - Julie  
Absolutely, yeah, absolutely, all right. How this works is I'm going to raise my vibrational level to the level of spirit For those of you that are first-time watchers and listeners I'm going to watch a laser beam in my mind's eye come from my body here in Birmingham, Alabama. It's going to hook into Shelly up in Canada, and then I'm going to have a hologram of you in my mind's eye, Shelly. It's going to be as if I'm looking at an X-ray or a CT scan or an MRI. Something will be identified. There will be some kind of healing that will happen. That can take the form of something getting added, something getting removed.

I watch procedures all the time that emulate what I saw in surgery. For many years I'm an inventor of surgical devices and former manufacturers, so a lot of this stuff emulates what I saw in surgery. Sometimes I see healings that use methodologies and devices that haven't been invented yet and, regardless of what I'm seeing, I'm going to be very descriptive with you. Sometimes my analogies are hilarious, so prepare yourself. I may tell you your elbow looks like whipped cream or something crazy like that, but that's just how the images come to me, so we can envision them, because if we can envision them.

It helps integrate the healing into your body. So here we go. Here comes my laser beam from Sweden, Alabama, heading up to you in British Columbia. Alright, got you Shooting energy from your feet up through the top of your head. Okay, I can see the tumor. Tumors can look to me like they're either dark and they can look black and kind of sticky. Yours looks more like a

head of cauliflower. It's kind of lumpy. And so what I'm doing, Shelly, is I'm I spirit working through me and with me to help facilitate healing. I'm encapsulating that tumor so those cells don't go anywhere, removing it out of your head, and then what we're doing is we're using stem cell energy to regenerate brain tissue. Where we took it out, stem cell energy is a light amber color gel. It has sparkles in it. It reminds me of Dipity-Doo hair gel. Do you remember that? From the 60s and 70s?

0:08:03 - Shelly

I certainly do. I'm old enough to remember.

0:08:05 - Julie

Isn't that hilarious? Alright, there's a vortex spinning above your head and that centrifugal force is what is going to transform your stem cell energy into new brain matter. As soon as I watch the tumor get removed, it just disappears, it just obliterates it. So that's number one. What I'm doing, while it's regenerating that brain matter, Shelly, is I'm looking for the vascular system for that tumor, because tumors need blood flow in order to grow. So what I'm watching is all the tributaries of blood that are coming into where the tumor was and those are being cauterized, so kind of burned on the end, so that they just die. They don't have anywhere to go, so they're just going to be down on the end. Okay, so I've got that going.

Let's do a DNA healing on you, Shelly. DNA looks like strands of paper that you'd see strips of paper you'd see in a fortune cookie with the fortune written in it, and so what I'm watching is the letters on the DNA strands are ATCG. They represent nucleic acids. One strand can have 100,000 letters, can have a billion letters. I'm watching those letters get moved up and over, as if we're watching somebody play Scrabble in warp speed. So I'm watching them get resequenced, if you will. You have seven strands that have come out of an X chromosome. Girls have two Xs. Boys have an X and a Y. So I always see an X and again. This is a metaphor. This is an analogy for the energy healing that's happening. So I'm watching those get resequenced. Three of them are back in. We've got four more to go. We'll do a lymph cleanse in a moment and then you'll be good to go. How are you feeling?

0:10:10 - Shelly

I'm feeling great, just like I did the first time around, when I didn't even know I had a tumor until I got an MRI and they told me so I'm feeling fine, okay, good.

0:10:22 - Julie

I just want it gone. I bet, focus on that. Focus on that. You feel good. All right. So we got one more strand to go back in. That strand's back in. Okay, lymph cleanse, and there's a big clear tube in the front of your body. All your lymph material, your lymph fluids in there. Do you remember what lava lamps look like, Shelly?

0:10:45 - Shelly

I sure do I have one. Oh, you have one.

0:10:49 - Julie

You know how. The liquid in there is kind of globby looking. That's what this looks like to me. It's kind of an amber color again and it's spinning in this tube and then there's a hole that's opened on the bottom of each of your feet and the toxins come out the bottom of your feet. So it's reverse osmosis purification of your lymph fluid. There's a big dome that's come down on top of you that's pulling on any lymph nodes that have sequestered toxins, like the cancer cells Got that. That's pulling it out. You're being sprinkled with stem cell energy that's going to help you regenerate new lymph nodes. It's above your head, beneath your feet, on either side of your front and behind all spinning concurrently.

If you think about it, if you go back to your biology classes in grade school, we learned that every cell has a nucleus. Every nucleus is surrounded by cytoplasm. Cytoplasm's a watery gel like Dipodidu, and our bodies have a centrifugal force in them that spins, that causes those cells to divide and replicate to the tune of billions of them a day. So in these healings, I believe what I'm watching is I'm watching the body do it on its own, just in warp speed. So that's what's happening. Yeah, the healings will integrate into your body, and that can happen instantly. It can take days, weeks, months may need some kind of complementary care. It's certainly it's always our spirit's prerogative to utilize the healing in a way that best facilitates whatever it is our spirit's exploring in this lifetime. So keep that in mind.

0:12:37 - Shelly

You know, when you were doing it, Julie, I felt around my heart and the center of my body a whirling feeling.

0:12:44 - Julie

Well, good, that was that lymph cleanse. That's exactly what was going on. Thanks for letting us know that. Yeah, thanks, Julie. Consider looking up Thomas Seafreed S-E-Y-F-R-I-E-D PhD. He's a scientist at Boston College who's done a lot of research on cancer. The stuff that he talks about resonates a lot with me and it's different from what other doctors and what other scientists are espousing. So you may want to check him out Thomas Seafreed PhD, dr Thomas Seafreed and see the.

Hi, these from Boston, Boston College, Boston College. Yeah, yeah, okay, so I hope you feel better. Keep us posted on how you're doing.

0:13:33 - Shelly

Oh, I will, Julie. Thank you so much. I so appreciate you letting me have a few minutes of your time. Oh, my honor Feel better, thank you. Thank you so much.

0:13:44 - Julie

Bye-bye. Well, hi, Karen.

0:13:46 - Karen

Hi Julie, how are you? I love your little Christmas tree brooch.

0:13:53 - Julie

Thank you. I have this collection of vintage broaches that I like to wear and thank you because they were somebody's mothers or grandmothers and they loved them, and now I get to wear them and continue enjoying them, enjoying somebody's jewelry that they enjoyed. In this case, this was my mother's. So I buy a lot of vintage jewelry and broaches and then I, of course, I cherish the ones that were family pieces as well.

0:14:30 - Karen

Nice, yeah, it's lovely. Please tell everybody where you are. I am in Oaxaca, Mexico.

0:14:39 - Julie

Okay, Everybody Karen's been on the show. I don't remember what the episode is, but it was a couple of months ago, so you can find her if you go back. That was fun having you on the show.

0:14:52 - Karen

That was so much fun. Delighted to have joined.

0:14:56 - Julie  
Wonderful. Obviously, she's an Irish girl living in Mexico.

0:15:00 - Julie  
You can tell by her accent.

0:15:03 - Julie  
Yeah Well, you got a question for me. I do.

0:15:07 - Karen  
And it's actually connected back to Ireland, back to Poppy, the cast that you did a healing on a couple of years ago. She was attacked by a dog and was kind of left with no options and you did a healing and she was great. But lately she has been a bit poorly again and obviously mama is very upset. But she's been diagnosed with feline AIDS and severe anemia and they gave her a cortisol shot which can help with the anemia but seemingly can interact with the feline AIDS. So they're not sure how it will go. So yeah, maybe if you could connect in with Poppy and see how she's doing or what she might need.

0:15:52 - Julie  
Poppy's spirit's out of her body, so Poppy's not in good shape. Yeah, how old is?

0:15:59 - Karen  
Poppy, she's probably nine or 10. We're trying to figure this out. Yeah.

0:16:06 - Julie  
So when a person or an animal's spirit is out of their body, I don't scan them, because it's like trying to look at an x-ray in a pitch black room without any electricity. So I think she's in trouble right now. I'm sorry, are you going to? Ireland for the holidays.

0:16:27 - Karen  
No, I'm not, but mam was filling me in and obviously hoping for the best, but I was like, well, I'll ring in and see.

0:16:37 - Julie  
Yeah, all right, let's just talk to her. Poppy, are you going to check out anytime soon? She's saying yes, what do you need? Are you in pain? She's saying not really. She's not really in pain, okay. She's saying the steroids shot took care of that, Took care of pain, are you? Is there anything that Karen's mom can do for you, as you're at the end of your life? I think snuggle with her now, poppy, do you want Karen's mom to know that you're dying? She's saying yes, I'm surprised. I thought she might not. Do you want to be euthanized? She's saying not yet. She's saying that your mom will know when the time is right, when she can't control her bowels. That will be your mom's signal. I talked to a woman yesterday whose cat was asking to be euthanized and it was having trouble controlling its bowels. I hear that from dogs and cats. That's their telltale sign.

0:18:05 - Julie  
Sorry, I don't have better news for you.

0:18:07 - Karen  
No, look, that's how it is. Thank you so much At least she's got a pain and she's okay. I'm going to give her all the cuddles.

0:18:16 - Julie  
Absolutely. We'll have a wonderful holiday, Mexican style.

0:18:20 - Karen  
Yeah, you too, Julie, happy Christmas.

0:18:26 - Julie  
Hi Lori,

Lori  
Hi Julie,

Julie  
how are you girl?

Lori  
I'm good, I didn't get dressed up.

0:18:35 - Julie  
Oh, it's a good thing, you're a natural beauty, oh yeah, I'm in Atlanta. Right, you got a question for me.

0:18:45 - Lori  
Yeah, it's about my brother. Yeah, I talked to you some about my son, Garrett passing six years ago, but my son, I mean my brother, died in 91. He was 24 years old. What? Is his name Lori Bradley Dean.

0:19:04 - Julie  
Bradley okay.

0:19:08 - Lori  
I feel like I connect better to Garrett because he's my son, of course, and I knew him better. But with Brad I know he gives me signs by numbers, sequential numbers, Like he graduated from high school in 1986, so I see a lot of eights and sixes, or sixes and eights, you know, just going down the highway or on the TV or you know heck that. But I really don't feel him, feel his presence as much as I do my son, Garrett.

And I feel like I might be missing out, maybe on some messages. I know he's here and I know he hears me. He's just always been really quiet. He was in the Marine Corps, very serious type of person but like to have fun too. So I just feel like I may not be connecting with him as much as I could be.

0:20:08 - Julie  
So you want to ask him. He's right on your right and then Garrett's right next to him, so both your guys are there as soon as we think of them. It connects our satellite dish heads to their frequency and they come right in. So did you have a question for Brad, or for Garrett, for that matter?

0:20:33 - Lori  
Well, for Brad, we had to put my mom and dad in the nursing home in September because she fell and broke her hip and she couldn't take care of dad, and so they're in the nursing home and just trying to cope with that and applying for financial aid for their expenses and things are just really up in the air about that and just wanting to know how things are going to work out

when things are going to work out, Because they know I've read about stuff like this just nervous about this stuff and just wanting to know the outcome.

0:21:09 - Yeah.

0:21:09 - Julie

Because, that helps us feel safer. If we think we can control things, it helps us feel safer. We're just a total mirage. You know that, and so you also know about the two minute rule. Right, I practice that a lot. Yes, yeah, tell everybody about the two minute rule.

0:21:30 - Lori

If it's not going to kill you in two minutes, then you don't have. It's a fake fear, Just put it aside. In your book. I did buy your book and gave it to my daughters for a Thanksgiving present and it kind of helps us all to really think more positively. And, like my daughter, Taylor said with breast cancer, she said you got to have a plan. Mom said okay, Taylor, yeah. So you know, just making a plan to get things done, that's been very helpful with my mom and dad situation.

0:22:02 - Julie

Yeah. So what I'm hearing is your mom and dad are fine, everything's working out fine. Your mom still cognitively is in really good shape when I'm hearing she is sharp as tack, doesn't miss anything. Is that what you're finding?

0:22:18 - Lori

Well, they actually said her BMIS was lower than dad's. It was 11 out of 15.

0:22:24 - Julie

Okay, well, they're saying it's okay.

0:22:27 - Lori

When I talked to her Monday she was good.

0:22:30 - Julie

Yeah, that's what I'm hearing is she's not missing anything. She's not missing out on anything. And they're saying she's like a hawk, watching everybody and everything to make sure that she's taken care of and that your dad's taken care of. So she's good, dad's starting to decline more than your mom. That's what I'm getting. So the finances will sort themselves out for you. To just follow the protocols. Know that everything's working. All the wheels are turning. I'm seeing like gears on a clock, Lori. You know where a tongue and groove, one gear turns and it turns another gear and it turns another gear to move the arms on a clock. That's what I'm seeing that all the gears are kicking in to do that. So stay in clarity yourself.

Two minute rule Is this going to kill me in the next two minutes? If it's a yes, get out of the road. But for the truck's going to run you over, change the conditions. That's a real fear. The answer is no, then you know that's a fake fear and it'll keep you out of fight or flight. When we're in fight or flight, we lose clarity. So that will help you keep your clarity and then you're led. You're led. Okay, here's the next step. Here's the next step with that and then just ask spirit what's the best thing to do, what's in my parents' best interest? And you'll get a thought and then follow that and that'll lead you to something else and something else. As long as you stay in clarity, you'll be led. All the information you need is accessible. Okay, I hope that helps. You got your hands full, girl? Yeah, okay, all right. Well, two minute rule. That is the key. The more you do it, the more you're going to get used to it and then the more validation you get, the more validation you get, the more you trust it. Same with spirit. Say something to spirit. First thing, fast as you can snap your fingers. First thing comes in your head. That's going to be spirit answering you. If you think about it for more than a second or two, that's going to be your

brain talking to you. So ask it again. Be super specific when you ask, because spirit's really literal and they're going to give you always correct information, but how applicable it is is always going to be predicated on how you ask the question. So keep that in mind too. Look for the little miracles as you go through all of this and just when you're feeling stressed. Two minute rule two minute rule. Two minute rule. Okay, okay, well, hang in there. Thanks for calling.

We do this show every Thursday night, except between Christmas and New Year's, because I'm going to be on vacation that week being with my. I'll just be with my family. But we do this show normally every Thursday night at 80 Eastern, 7 Central and 5 Pacific. Just go to [AskJulieRyanShow.com](http://AskJulieRyanShow.com) and we'll connect you right in. You'll get, we'll get you on, we'll get your question answered. Remember everybody listening, regardless of when they listen to it. They're participating in the healings, they're participating in talking with deceased loved ones, all of that. So I say it's the best bang for your buck in woo-woo land. You know it's free, you call in, you get your question answered. I'm going to help you and so is everybody listening, either now or in the future.

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All right, the question this week is from? Let's see, it's from Johnny, and Johnny lives in Gadsden, Alabama, which is about an hour and a half north of me here in Birmingham. It's up near Huntsville and he says hi, Julie, I'm a 56 year old male with chronic back pain and he put in parentheses spina bifida and sciatica who wishes to work and take care of my family? Can you help? Can you help me? Thanks, johnny, and here's my response. Hi, johnny, sorry to hear you're in pain.

The answer is yes, I can't help you heal yourself. That's what all physicians, medical providers, energy healers like me, etc. Do. We guide and assist you in your journey to heal your own body. You know, nobody heals anybody else. If you think about when somebody has surgery, at the end of the procedure the surgeon's going to close the incision with sutures and staples. Surgeon doesn't make the person's skin grow back. The person makes their own skin grow back. It's the same with all healing we all heal ourselves. I went on to say to do that, I energetically connected with you so I could see in my mind's eye what was causing your pain.



Johns Hopkins Medical Center says spina bifida is a group of congenital conditions involving the failure of normal development of the spinal cord and vertebrae. Most of us have heard of spina bifida, but I think a lot of people don't really know what it is, so I wanted to get an official description. It goes on to say that open neural tube defects are typically diagnosed prenatally. Those not diagnosed through prenatal sonogram and maternal blood work are diagnosed by physical exam at birth.

Spina bifida will often result in varying degrees of weakness to the legs. It appears you may have had surgery as a newborn, because I'm seeing scar tissue in your back. Scar tissue looks like strands of a spider web and can restrict movement by tethering parts of the body together. I watched it get removed. Next I watched again in my mind's eye the clearing of your sciatica nerves going down the back of both legs. Imagine your nerves look like tubes and imagine a cork screw spinning and tunneling through that tubing to clear it of dead cells and other debris. After the clearing, both sciaticas were irrigated and filled with stem cell energy to regenerate the nerves. As we heard, stem cell energy looks like a light amber color gel, has sparkles in it and reminds me of Dipity-Doo hair gel. Stem cell energy is amazing and will heal and or regenerate any body part we need. Envisioning what I described will help the healing integrate into your body. After all, the body always believes what the brain tells it, even if the brain doesn't believe it to be true. Hope you feel better. So, johnny, thanks for submitting that question. I hope that healing helps you with your pain, helps relieve your pain and your back and going down the back of your legs.

The interesting thing about the brain thinking one thing and the body following it. Think of a movie or a TV show that you watched. Either it could have been scary and your brain knew what was pretend, but you felt like your heart was going to beat right out of your chest because it was so darn scary. Or think about a sad movie where you feel like crying or you end up do crying Again. Your brain knows that it's pretend, but you're feeling the emotion of it. So I think those are great analogies of how the body is going to believe what the brain is telling it, even if the brain doesn't believe it to be true.

The one sad movie that I always think of with that example is Terms of Endearment. I was in my 20s when that came out and I was on a date and we were sitting at a movie theater and it was a new guy. I'd only been out with him a couple of times and I remember holding my breath in that movie because I was afraid, if I let my breath go, that I would just go, you know, make some sobbing sound that I wouldn't be able to control, and I knew it was pretend, I knew it was just make believe, but I certainly was overcome with grief just watching it. I know all of you can come up with an example like that as well. So, johnny, I hope you feel better.

0:32:56 - Julie  
Hi, Beverly Hi.

0:32:59 - Beverly  
Hi

Julie  
How are you, my girl?

Beverly  
I'm okay, thanks. How are you?

0:33:04 - Julie  
I'm terrific. Thanks. Where are you?

0:33:07 - Beverly

I live in Western. Canada. Okay, by the Rock, by the Rock, wonderful,

Julie

well welcome. How may I help you?

0:33:18 - Julie

You got a question for me.

0:33:21 - Beverly

I do kind of. I was involved in a rear ender a couple of months ago on a highway and it really shook my whole nervous system and I've been having problems with my teeth because of it too, so it was kind of quite a blow, oh no, were you injured?

0:33:44 - Julie

Did you go to the hospital after the accident?

0:33:48 - Beverly

Well, I did go to the hospital and they said it was a bit of a whiplash. But no, it was a multi-car pileup.

0:34:00 - Beverly

I was the front car so I wasn't impacted as much, but I'm still doing physiotherapy on that and it's getting better. But yeah, it's kind of a healing journey, especially when it's impacting my teeth and that. Thank you, thank you, thank you, thank you, thank you, thank you, Thank you, thank you, thank you, thank you, thank you.

0:34:19 - Julie

What's happening with your teeth? What I'm getting is a concussion. I'm going to get you on my radar here in a second and we'll see what your head looks like, but what's going on with your teeth?

0:34:28 - Beverly

Well, I actually lost two teeth as a result of it after the accident. I think it was because of clenching down. So yeah, that's kind of where I'm at with that.

0:34:47 - Julie

Clenching down during the accident when you were hit. I believe so.

0:34:51 - Beverly

But it might be something else that was going on prior to that too.

0:34:56 - Julie

What is your dentist saying?

0:34:59 - Beverly

Well, it's not good news. They're wanting to remove several teeth and put in some. What do you call it? Not a retainer, but a partial plate.

0:35:13 - Julie

Okay, all right, let me go. I'm going to hook into you and get you on my radar. I'm going to check your head first and then we'll check your teeth. All right, because when you're talking to me, when I'm hearing somebody describe what's going on in a healing, I'm already getting

information. I call them divine downloads. I'm getting information downloaded into my head of places to look and things to consider, and I'm already zapping on you while we're chit chatting, and so then, when I get you on my radar, I just watch where the energy goes, but it's also guiding me. So, scar tissue, what happens is when we have an impact and concussions, the brain is not secure inside the skull, Beverly, and so it slams up against the bony skull and then it kicks back, and so what happens is it causes injury. That's what I'm seeing. And did they do a CT scan on you, on your head?

0:36:20 - Beverly  
No, they didn't know.

0:36:22 - Julie  
They didn't Okay.

0:36:23 - Beverly  
That's very Sorry. I was checked out by emergency physician and she didn't feel that it was necessary.

0:36:32 - Julie  
Yeah, they miss it a lot by not doing a scan on your head. So what I'm watching is I'm watching the area that was injured get removed. Imagine that your brain matter looks like thick cooked oatmeal, Beverly, and imagine if we took a spoonful of oatmeal. What's it going to do? It's going to leave a divot in that oatmeal and then we're using stem cell energy to come in. That's going to heal that brain matter. The amber color gel sparkles reminds me of Dipity 2 hair gel. There's a vortex that's spinning above it that's going to regenerate the brain matter. To do that.

When I see injury in the brain or scar tissue in the brain, it can include neural pathways, and the neural pathways in the brain look like laser beams that are part of a security system in a museum, perhaps that crisscross the room. Have you ever seen a movie where the thief is trying to steal a painting or something? They got a crawl under the laser beam or over the laser beam. That's what this reminds me of. And so, once the brain matter is reconfigured, those neural pathways light right up. Have you noticed that you've had headaches or are you having any like brain fog or anything like that?

0:37:56 - Beverly  
Yeah, Some brain fog, no headaches.

0:38:02 - Julie  
Yeah, that's pretty common. Really, up your omega-3 supplements. Be sure that they're purified and burpless, because it's fish oil usually. You know what it tastes like Fish oil it's nasty. So the ones that you buy, be sure they're purified and be sure that they're burpless. That'll say that on the label of the fish oil, so do that. All right, let me look at your teeth. The teeth where the energy went is your lower palate on the right side. Is that where you're having some problems? Exactly my hands. All right, let me see what's going on. And it's teeth that are kind of midway to the back, is what I'm seeing. All right, so you've got some nerves that have been damaged. I think what happened was you probably clenched your teeth and it damaged the nerve in doing so, and what I'm watching is I'm watching that nerve get cleaned out of the socket where the nerve goes in for the teeth. And so are they talking about doing implants or just doing a bridge that hooks onto other teeth?

0:39:21 - Beverly  
Right, it would be a type of a bridge. Yes, Okay. All right.

0:39:28 - Julie

You can't do implants. I don't think my body would take it no, okay, all right.

So I think you're going to be fine with that I would be. The most pressing issue is your brain, is the concussion. I would Google concussion protocol of how you can heal that, and I know big doses of Omega-3 are a really good place to start and that'll help your brain regenerate. Your teeth are going to be fine. You're going to be able to. I mean, they'll get you a bridge and you're going to be okay with it. But your brain is the big thing.

0:40:10 - Beverly

Right, good, okay, okay.

0:40:14 - Julie

I hope you feel better.

0:40:16 - Beverly

Yeah, thanks.

0:40:20 - Julie

You're most welcome.

0:40:22 - Julie

Hi Michelle,

Michele

hi Julie, thank you for taking my video. I am from Palm Bay, Florida, recently moved here. I just wanted to say I'm a teacher and I recently had a fourth grade student during my teaching say, oh, don't come here anymore. So she was talking. I found out to her deceased sister and I asked her to describe what her sister looked like and she told me blonde hair, blue eyes with a white dress.

That had blood on it and she's never been able to. I want to help the child and this is something that I still can't do. She said she's never heard her name called. So I asked the sister if she would reveal the name, and she did. She came back and said Isabella, and I had the chills, you know, the goosebumps, right away. So I felt like that was confirmation. But my question to you is oh one, the child is traumatized and I'm trying to help this child because nobody believes her. They think she's crazy, and she's definitely not. She just has a gift and her gift, obviously, is to be able to see her sister, as well as other spirits. So the problem that I don't understand is the sister comes to her with a dress that's red, that's blood.

She was in a car accident, apparently but, I, don't understand why she would come to her with a nut. That part I don't. I'm trying to piece together. So I was hoping maybe you could somehow give me some input, something that I can help this child with.

0:42:13 - Julie

She comes to her and shows her a knife. Is that what you said?

0:42:17 - Michele

Yes, and I know spirit is supposed to be all love and that's what I've been telling her and I've told her. I said please tell your sister that that scares you. You know that that's not how you want her to come. So I'm just not. You know the dress. I can kind of understand. But, the knife part. I don't get.

0:42:45 - Julie

Does she have surgery after the accident? Do you know? No, I don't know. I don't know.

0:42:51 - Michele

Okay.

0:42:51 - Julie

That's what came into me was that she had surgery, Michelle, so the spirit's name is Isabella.

0:42:59 - Michele

Yes, and the child is Malaya.

0:43:03 - Julie

Is what I'm sorry.

0:43:05 - Michele

The child is Malaya.

0:43:07 - Julie

Malaya, okay, let me let's. Isabella's already here. Isabella's next to you, so let's talk to Isabella. Isabella, what's going on with the knife? I'm hearing I had surgery and it didn't work. So tell her. So, something to do with surgery. She either had surgery or she didn't get surgery, or something like that. Talk to her about Isabella. Can you show yourself to your sister in a way that's not going to frighten her? She's saying oh yeah, sure, because see, in the spirit world, Michelle, nothing's good or bad, right or wrong. It's just an experience, and we interpret things based on our human frame of reference. So what grade is Malaya? Fourth, grade.

Malaya, fourth grade Okay.

0:44:10 - Michele

Imagine no one believes her and this poor child you know, people are thinking she's crazy, including her mother. So here I am stepping up. They're going to think I'm crazy. But, I have to, I have to feel good.

0:44:25 - Julie

Oh, god bless you for doing that. You've done this before with other students.

0:44:34 - Michele

I think I have some kind of gift, something that I'm able to sense it. You know, this has happened before with like two other students, so I feel like I need to be there, you know, as a person to guide them through. I think also, maybe Isabella hasn't crossed over completely.

0:44:58 - Julie

maybe that could be it too, no, no, she has All spirits go to heaven when they die. Yeah, yeah, she's in heaven. No, that's not it. I get it's related to surgery, that it's something to do with surgery. Maybe they had to cut her out of the car, you know like extract her out of the car, the jaws of life kind of a thing. It's something to do with her treatment, either when she was being extracted from the car, or her care, her medical care.

So the thing that I'm getting, Michelle, that you can do, is get a copy of my book Angelica Attendants what really happens as we transition. You have it. Show Malaya, okay. Okay, show her the drawings in there. Explain to her what's going on. Show her the drawings. Tell her that her sister was surrounded by angels in the spirits of deceased loved ones and the spirits of pets. She's a fourth grader. Have her read a story you know one of the stories about the

families with whom I worked and have her look at those drawings, because you know a picture is worth a thousand words is what they say, and I agree with that. So tell her that this is completely normal. Everybody has the ability, and just because grownups can't see doesn't mean that she can't.

I also would consider getting one or more of my children's books. No messages for kids would be a good one to start, because it talks about how we're spirits, how we choose our mommy and daddy, how, even if mommy and daddy can't see deceased loved ones, we can see them sometimes, and I would do either the cat one or the dog one too. And those are illustrated so they're big, beautiful pictures of angels and stuff that may even resonate with her more. I would do those. I would get a couple of the angel messages books and show them to her. Yeah, god, love you for helping these children. Yeah, and I have so many moms and grandmothers primarily, who've told me over the years Michelle, my child can see deceased loved ones, my child can communicate. My child knows past life information we can corroborate. My child wants to know what happens when somebody dies and that's what led me to write the four children's books, the angel messages series. So you may want to get one of each of those and just keep them in your library, in your classroom.

0:47:57 - Michele

Well, my fifth, my kindergarten kid, just to tell you real quick. He asked me the other day have you been to heaven?

0:48:07 - Julie

Oh, what'd you tell him?

0:48:09 - Michele

I said well, it's possible that I've been there. Have you. And he just looked at me yeah, yeah oh.

0:48:19 - Julie

Well, they do, and then they start shutting it down about the age of seven-ish or so. So the fact that she can still see them everybody has the ability, but the fact that she can still see them says a lot for her, and I'm thinking these children are being led to you. That's not a coincidence, since you've had more than one of these children in your class, so you can help them. I would get my children's books and keep them in your classroom library.

0:48:49 - Michele

I may, but I have to be very careful because I work at a church and you know how they believe it's Satan. You know they believe it's Satan, so I'm very what kind of church? What kind of church? I believe it's a Christian church. I'm actually Jewish, so it doesn't affect me.

0:49:11 - Julie

Well, I, my books are passed out, both the children's books and the angelic attendant books, by many, many, many churches and synagogues around the country. Number one and number two the Pope, Pope Francis, back in 2016, released a newsletter, kind of a thing, a bulletin, to his parish priests around the world saying welcome psychics and healers. They're doing the work of the Holy Spirit.

0:49:42 - Michele

Okay, and that's how, and I will get them to put in there because I feel that they need. So yeah, and if you.

0:49:51 - Julie

And if you need me to send you copies of that papal bulletin, I will be happy to share that with you.

0:50:00 - Michele  
Absolutely, I will Okay. Thank you

Julie  
All right, thanks, Michelle. Merry Christmas.

Michele  
Thank you, everybody.

0:50:07 - Julie  
Thanks, Michelle.

0:50:09 - Michele  
Thank you

Julie  
Hi, Carla

Carla  
hey.

0:50:12 - Carla  
Julie, how are you? It's nice to be here with you.

0:50:16 - Julie  
Wonderful yeah, oh my honor, where are you?

0:50:23 - Carla  
I'm in central Pennsylvania, okay.

0:50:26 - Julie  
Yeah, terrific. What's on your shirt?

0:50:30 - Carla  
Oh, I just. I went to Comic-Con with my kids so I got the boom house. Cute yeah it was a good time. Wonderful, you got a question for me. Yeah, so I've been at my same job for 13 years and I know that you also speak to your soul's purpose. I feel like I'm transitioning out of that right now and I'm looking towards a couple different routes to go. It's kind of so. I mean, unfortunately I'm still a bit old on couch, if you want, for fun, for a hobby or for career.

0:51:48 - Julie  
What if  
You didn't have to work.

0:51:50 - Carla  
What kind of art Portraits crafting things like that?

0:51:55 - Julie  
So you're a painter.

0:51:58 - Carla  
I love drawing.

0:52:00 - Julie

Okay, all right, that's what you're creating, that's what you're being led to do, so follow that. What can you do? That involves your art, your drawing, your whatever it is that you want to create, and you don't have to do everything all at once, like, don't quit your day job while you're doing this, but perhaps so do you do drawings for others.

0:52:33 - Carla

Like do you draw people or pets or just regular portraits?

0:52:38 - Julie

Portraits. So take a step in that direction, Carla. Start getting your information out there, start getting your work out there. Do you have a social media channel? Do you have a YouTube channel, anything like that, to get your portraits?

0:52:56 - Beverly

out there. Do you have pictures of the ones that you drew?

0:53:03 - Carla

I do have a couple photos. Yes, I'm just wondering. I'm a single mom with two kids. I need a job to pay the bills. You know, that's the type of thing where I'm like what can I do with both?

0:53:18 - Julie

Yeah, so, while you have your job that's giving you money to pay your bills focus on doing what you love, and then you're going to be led to the next step and the next step, and the next step, and that's going to help you figure out how you can do that for a living, eventually, and make money at it.

So when we focus on what it is that brings us joy. I mean we all think, oh, I got to get a job because I got to pay the bills and all of that, and that's how all of us are raised, right. But when we focus on what brings us joy, start off with that part time, start doing it just for fun, Start like an Instagram or and a Facebook page, start posting what those pictures look like your drawings. And then what's going to happen is people are going to see it and they're going to contact you and say, hey, Carla, can you draw a portrait of my child or my dog or my home or whatever. And you'll get commissions. And then what you can do is you can parlay that into something that you can do as a career and make money at it and love it.

So do it while you're still working. You know, just take a step, even if you spend a couple of hours on it a week. Take a step. Start moving in that direction. You'll have a thought to do something else. You're going to be afraid You'll think, oh, I'm not going to have enough time to do that. Oh, I got to work, I'm tired. I mean, you're going to come with a million excuses. So two minute rule. If I spend two hours a week on my art, helping to develop this into a career, is that going to kill me in the next two minutes? No, it's not. So it's a fake fear that lessens the fear. Take the step anyways. You'll be led to something else and it works great, you'll see.

0:55:17 - Carla

Okay, thank you.

0:55:19 - Julie

You're welcome. Happy holidays, merry Christmas.

0:55:23 - Carla

You too. Thank you, Julie.



0:55:25 - Julie  
You bet, I'm Melissa.

Melissa  
Hello Julie.

0:55:28 - Melissa  
Pleasure to meet you. Thank you, you too.

Julie  
Where are you?

0:55:33 - Julie  
Are you at the same time? No, where are you? Are you in San Francisco? You got Golden Gate Bridge behind you. You know what was your first clue yes, I'm proud.

0:55:39 - Melissa  
I'm proud to be a native Californian. I'm in the Bay Area.

0:55:44 - Julie  
Wonderful. How may I help you?

0:55:47 - Melissa  
So mine is a connection with somebody who has recently crossed over Love of my life past May 8th, David Marriero. He and I have been friends since elementary school and then we had a love affair for about 11 years. We split. We split in good terms. He had some health issues that he conveyed to me and then he passed, and I'm just wondering if he has any messages that he would like to convey, whether it's on behalf of his children or his family. I feel like something is unsaid or undone. It just hasn't sat right.

0:56:32 - Julie  
Did he die of respiratory stuff? He's telling me that he had respiratory issues. What's going on with that?

0:56:38 - Melissa  
So you know, I didn't hear anything about that. He had some liver issues. He had some kidney issues. The kidneys were failing. That's when we split. He was not wanting to be a burden on anybody and kind of went a different direction. If that is so, I wasn't aware of it. The autopsy said it was heart attack. That just doesn't sound right to me either.

0:57:02 - Julie  
Yeah, he's talking about respiratory failure which could cause a heart attack, something along those lines. He's saying that his cause of death is not accurate. It's respiratory failure of some kind. Was he in the hospital? Was he on a vent when he died? No, he was not.

0:57:26 - Melissa  
He fell asleep he has 16-year-old history kids. He fell asleep next to him. The dog started barking, woke them both up. He stood up and collapsed. They couldn't figure it out. I care very much for the kids. I want to be able to do anything I can for the family or the children. I feel like there might be something there.

0:57:55 - Julie  
He couldn't breathe. He told me that four times he couldn't breathe. Respiratory failure is what I'm doing, David. Is there anything that you want Melissa to tell your kids Are?

0:58:07 - Melissa

they with their mom? No, mom, she's got some medical issues. God bless her. She's struggled. She's bipolar and has had some struggles of her own. His sister has stepped in. His two older sons are trying to provide and protect. They're very young.

0:58:29 - Julie

There's a younger one, that they're providing and protecting the youngest one was the next one when it happened.

0:58:34 - Melissa

That's Roman, he's 16.

0:58:36 - Julie

16-year-old.

0:58:38 - Melissa

They've got one that is just in junior college and the other one is in early 20s.

0:58:44 - Julie

Okay. What he's saying is to tell them that they're stronger than they have any idea that they are. They're stronger than they know. They're going to get through this. Teach them how to talk with him. You know how this works. Explain to them how our heads are big satellite dishes. They receive and transmit frequencies. Every spirit has a frequency. They keep throughout all of their lifetimes. In order for them to communicate with their dad, all they have to do is think of their dad. If they're doing something random and they think of their dad, all of a sudden that's their dad letting them know that he's with them. Anything that they need to know, all they have to do is ask him. Then that sets up a two-way radio channel. That information is going to come in to them from their dad. He's saying teach them how to communicate with him, got it? He's saying if they're not ready for it, that's okay. Plant the seed. They'll come to you when they're ready. I believe that. Are you in touch with them?

0:59:49 - Melissa

Yes, Are you in touch with them? Yes, I am. I had some. He was in the military, he was a Marine. I had some dog tags made in Memoriam. Those will be gifted here upon the holiday. I'm checking in on the regular they reach for me they have over the years when they need anything. He's blessed that we're good there.

1:00:12 - Julie

You were with them when they were little.

1:00:13 - Melissa

it sounds like If you were with them for 11 years. Yeah, roman was, we were together.

1:00:22 - Julie

How wonderful that you were able to be with them during that time and that you still are. What a gracious thing for you to do. But that's his big thing is let him know he's around them, let him know they communicate with him. He's saying tell them that it's just like learning a different language. I'll do that To communicate. I'll do that. I appreciate that I appreciate that he's saying.

1:00:49 - Melissa

that will make sense to them from an analogy standpoint Got it Got it.

1:00:53 - Melissa  
Thank you Very helpful.

Julie  
All righty Right,

Julie  
, hi Linley,

Lindley  
hi, how are you?

1:01:01 - Julie  
I'm great. How are you doing?

1:01:03 - Lindley  
I'm good. I'm good, I'm calling from.  
Pensacola, Florida.

1:01:09 - Julie  
Do you have a question for me

Lindley  
I do. I've spoken to you last week about my grandma. I just want to see if anything may have changed or if progress, or in her stage of transition, and if she's still kind of aiming for the for the day of Christmas to depart us.

1:01:31 - Julie  
Yeah, I remember that you thought that she was going to leave on Christmas day. What phase was she in last week? I don't remember.

1:01:40 - Lindley  
She was in phase 10.

1:01:43 - Julie  
Phase 10. Okay, remind me of her first name Linley.

1:01:46 - Lindley  
I call her Mima, but her name is Annie. I had a Mima, I think my name. Yeah, I remember you saying that you had a Mima as well, yeah, my Mima was my favorite person on the planet.

1:02:03 - Julie  
Oh my gosh, that's just. Yeah. I had forgotten that she called your, your grandmother, mima. All right, so I'm connecting to you and from you to your Mima. All right, god, her, she's in phase 11. Yeah, she's.

The vortex is strong above her head, the there's angels on either side of her spirit bubble. The spirit exits through the top of the head. For those of you that think we're talking in secret code, we're not. If you go to askjulieryan.com the 12 phases, right Linley, there's a chart there that you can download of what the configuration is of angels and deceased loved ones. As we're approaching death and as we are like to about phase nine, the angels who are in their side of the spirit bubble that holds on to the top of the head, their wings, start to move and it creates drag and it causes a vortex to form, and that's what people with near death experiences talk about going through the tunnel. That's what they're talking about. They'll, they'll talk about

going through a tunnel or a vortex. That's what I see. The vortex is very strong. She's saying she never said she was going to leave on Christmas day. That's what you think.

1:03:15 - Lindley

So really Okay, well, we were. We connected with her son who passed recently. My mom and I and he had told us Christmas day and that's, that's that's what we had thought. But it's Okay, that's interesting. I really thought that Christmas day is when she was planning to depart. Do you know if there's any particular part in her, in her body, that's beginning to shut down to bring her to stage 11?

1:03:45 - Julie

All of them, all of them.

1:03:48 - Lindley

I know she struggled with her with her kidneys Some, I didn't know if it was. I also wondered if we received Christmas day very, very profoundly. But if that's not the case, I mean that's absolutely okay. But she's having a procedure done a couple of days before that. I assume that's that she has to go under anesthesia. For her, I assume that's what would trigger everything and it would kind of be a domino effect from there.

1:04:13 - Julie

But I think just let it unfold, you know when we try and control and know exactly what, the date and the time and everything is of our loved one passing. It's just you know. It just stresses us out and and just let it go. She's going to leave when she's ready. Nobody can affect that one way or the other. We all decide when we go, where we go, how we go, who's with us or not when we go and she's saying be less concerned about when she's leaving and more concerned about just just enjoying her and spending time with her.

1:04:49 - Lindley

Absolutely.

1:04:50 - Julie

Yeah, okay. Well, I look for the little miracles along the way too, because they'll be plentiful. So pay attention to those two. Okay, thanks for calling you bet. All right, everybody. That's it for this week. Send in you lots of love from sweet home Alabama. I will see you next week and then we're going to take a break at Christmas. We'll have an interview that's released that week. So enjoy the holiday season. Go see some lights, bake some cookies, do things to create joy in the season with those you love. See you soon. Thank you.